



Chhuah fan

1986

AGAPE

Vol. XXXIX No. 409

AUGUST 2026



Chhungkuaa Pathian biak

Phek – 2

Siamtu themthiam

Phek – 7

SERMON

KRISTIAN CHHUNGKUA

ARTICLE

EI SIAM DAN

HRISELNA

Kum 39-na No. 409

August 2026

Lak man : Kum khatah ₹ 100.00
Copy khat ₹ 8.33

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Account hming : Agape MPC Kohhran Hmeichhia
Account No. : 35578510786
Bank : SBI, Mission Veng Branch
IFSC : SBIN0007058

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A chungha thu awmte

1. Editorial	1
2. Kristian Chhungkua : Chhungkuaa Pathian biak	2
3. Siamtu themthiam	7
4. Tûnlai mite thiam loh chantirtu tûr	9
5. Bible-in nuhote Social Media hman dan tur min zirtir dan	11
6. Lalpa ngaiha mi lian	16
7. Lalpa Aw	19
8. Nau châwmna petute leh an châwm zât (Office lama dawn)	21
9. Ei siam dan : KFC style-a arsa kan dan	25
10. Trinity Sam	26
11. Hruaitute Chanchin : H.C. Lalfakawmi	28
12. Hruaitute Chanchin : Lalmani	29
13. Thil thaa tihkhah	30
14. Online / Bank kaltlanga tanpuina (Donation) pe duh tan	31
15. Kohhran Hmeichhe budget pek theihna account number	32

Editorial**A TAK TAK ANGAI TA!**

Khawvel hmasawnnain min hrut ve zel a, hmasawwna hrulah kan nun pawh insiamrem a ngai ve zel a. Social Media thang chak takin kan nunah thuk takin hmun a luah chho mek zel, tangkai taka kan hman lai hian kan nih dan tur tidanglam thei a lo ni dawn khawp mai.

Tunah pheichuan Artificial Intelligence (AI) hmangin thil nasa tak a lo tih theih tawh a. Nuho tan pheichuan a lem leh a tak pawh thliar thiam a har ta! Hei hian kan nunah a lem leh a tak thliar thiam lohna emaw, chik peih lohna emaw nasa takin min thlen theiin a lang.

Kan nunhonaah hian kan mamawh ber chu a tak tak hi a ni. Rawng kan bawlhonaah pheichuan a ni leh zual. Kan inngaihsakna kawngah te, kan inngaihpawimawhna kawngah te, kan inlawmpuina kawngah te leh kan intuarpuina kawngah te hian Social Media kal tlang ringawta intuam dam kan tum ta zel a nih chuan a pawitheikhawp ang.

“In dam loh ka lo hria a, karawn tlawh hman ngang lo che a ni, min lo hre thiam hram dawn nia..”, “In chhiat tawh kan lo hria a, pawikan ti lutuk a, mahse, kanrawn lang thei si lo..” “Kan lo tawngtaipui reng che u ania, in tha leh mai ang..” “I birthday ka lawmpui lutuk che....”..tawngkam mawileh duhawm, thil lawmawm tak chu a ni e. WhatsApp hmang ringawta inngaihpawimawhah kan tawp mai ang tih a hlauhawm ta!

‘Chutiang bawkin in eng chu mi mit hmuhin eng rawh se, chutichuan in thil tih thatte an hmu ang a, in Pa vana mi an chawimawi thei ang’ (Mt 5:16). Kan nunhonah hian kan thil tih thatte hi hmuh theih, a tak tak ni thei zel se a va duhawm dawn em!

Kristian**CHHUNGKUAA PATHIAN BIAK**

- Sapvengi
Mission Veng

Chhungkuaa Pathian biak tih hian chhung inkhawm neih ho thin mai ai mahin nun ho dana Pathian biak tihna lam a kaw mah zawk. Chhungkuaa Pathian biak ho thatzia hi chu a ti thin te bawh hian an zawngchhang a ni.

Aw le, chhungkuaa Pathian biak hi kan nuna thil pawimawh ber tih loh theih loh a ni. Milem pathian biate pawhin heti khawpa an pathian biak hun an ngai pawimawh a nih chuan keini Kristiante pheih chuan fate nena Lalpa biak ho chu kan phur em em tur ni mai se a tha hle ang. Hmasang atang tawhin Pathian mite chuan chhungkua, nupa, mi mal ang pawhin Pathian lehkhahu chhiarin, tawngtaiin, fakna hla te an sa ho thin a. Tichuan, Biakin kha chhungkuaah mahni chenna inah an lo hmang thin a ni. Hei hi Deuteronomy 6:6-7 (Tin, heng thu waviina ka pek che

u hi in thinlungah a cham reng ang a; in fate thahnemngai takin in zirtir ang a, in ina in thut lai te, kawnga in kal lai te, in mut lai te, in thawh hun tein in sawi thin tur a ni) atanga inphun nghet tawh a ni.

1. A pawimawhna: Chhungkuaa Pathian biak ho hian rinna lamah nghehna a siam a, chhungkua a titangrual a, a huhua Pathian biak ina, Pathian biak hona atana rilru lo buatsaih lawkna pawimawh tak a ni.

2. A hlawhtlinna: Tih thana nei tur chuan tumruh tlatna nei a, chhumbung mai mai lo leh pawt chhe mai lovin,

awlsam tea kan tih hian malsawmna a keng tel a ni tih hi hria ila. Chhungkaw nuna tel ve tlat tura ngaih mai a tha.

3. Thlarau lama hlawkna :

1) Thlahte lo awm leh zel turah Pathian laka rochun, rinna nghet leh tlo a siamsak.

2) Pathian thuneihna hnuaia seilen hian chhungkua a ti pumkhatin a tiinlungual a, inngainat tawna ril leh zual a siam a ni.

3) Nun kawng pen thiamna atan mi a buatsaih a, thlarau lama sawngnawina, puitlin theih lohna leh khawvel buai em em fo hmachhawn leh tawn thiamna turin nun a buatsaih a ni.

4) Chhungkuaa member tinte tan Kristian nun dan tha zirtirna atan hun thawl leh tangkai a siam a ni. Kristian zirtirna pawhin 'Chhungkuaa tawngtai ho thin chu an inlungual nge nge' tih pawh a nih kha.

5) Nunna pe thei thlarau lam thil a nih avang pawh hian chin thana neih tawp hi a ngai a ni. Tu leh fateah, thlahte lo awm zel tur tana chin thana neih tawp mai tur a ni ber mai. Mihring nunah hian hnam/chi hrang hrang te pawh chin than (tradition) kan nei ang hian chhungkuaa Pathian biak pawh hi chin than thil (tradition), thlah chhawng zelte tan pawha inhnutchhiah tur thil hlu ber a ni. Hei hi khawtlang nun hona atan pawh tul tak a ni.

6) Chhungkuaah chak loh bikna nei te hnuchhuahna tha niin intanpui tawn dan kawng dap tlan nan te a pawimawh. Inlungual leh zep then nei lo va inhawng taka hun hman ho hian harsatna te kan inhriatpuiin kan inpui tawn thei a ni. Tichuan chhungkuaa Pathian biak hona hun chu sualin min lo beihnna kan harsatna te sawi chhuahna hun tangkai a lo ni thei baw. Amaherawhchu, chhungkuaa nu leh pa emaw chhungkaw hotu ber mi dang an nihnaah pawh thil dang tih

duh leh tui zawng dangin a tlak buak a, hetiang hun pawimawh pawh chhiat ching te kan nih pheih chuan thlarau mamawh dah pawimawh hmasak ngai kan ni tih min hriat chhuah tirtu atan a hman zawk pawh a tha hle ang.

7) Kristian inneihna chhunga nupa kan nih leh nih loh pawh tilang chiangtu a ni thei. Nupa kha Pathian mi tak ni ve ve mah se, an thlarau nun than len dan kha a lo inkhuangrual rual lo ve thei a, entirnan, pasalin ama pual thlarau lam thil pawh ni se, a hrang a hraia mi dangte nena programme lo siam fo te, tawngtai hun a ni emaw, Pathian Thu zir hona pawh lo ni se, lo inlak hran fo ang te kha a fuh ber lo. Chutianging nupui pawhin ama duh leh ngainat zawng thil dang rawngbawl na a ni emaw pasal tel lova hmun leh hun danga a tei chhuah fo pawh a tha lo a ni. Nupaa hun hmana beih dun ngai kha ngaih pawimawh a, tawngtai dunna hun hman dun tama, Pathian nena inpawl ho thin a

pawimawh zawk a ni. Mahni tui zawng, pawimawh tih lama tal hran fo hi a fuh lem lo. Thlarau inpumkhatna, Pathianin nupa inneihnaa a siam hi kan lo bawhchhe fo em tih te pawh hi inngaihtuah a tha hle a ni. Mahni mi mal thlarau lam tuina a hranpa ve vea zawn fo hi nupa nun leh Kristian nupa inpumkhatna atan a tta lem lo a ni.

8) A thatna dang leh chu naupangtê têtê hian Biakina Pathian biak awmzia chhungkua atangin, hriat loh karah pawh an lo zir reng tawh thin a ni. Pathian biak awmzia leh a zahawmna an lo hre vek tawh thin. Pathian biak chhunga biak ina luh leh chhuah tawn sek te hi Pathian zah lohna chi khat a ni tih chhungkua atangin an lo zir fel vek mai a, a tha hle ani. An hriat thiam zawnga thusawituin a sawi lem loh puitling tan bik pawh lo ni se, Biak ina awm dan, Pathian bia nia inhriatna kha an than len pui ve mai thin. Tunlaiah naupang lam tuala lam chak em emte pawh hi

hlim takin Pathian chawimawia lam an nihzia te hi chhungkuaah kan inzirtir thei. Hawklak taka lam chhuah ve mai mai chi a nih lohzia te pawh naupangtê an nih laiin chhungkuaa Pathian biak hona atanga inzirtir chi pawh a ni khawp mai.

Engpawhnise, zawm tlat atana tha chu Pathian hian chhungkaw lu berte hi amah biakna atana an chhungkaw kaihruai turin a beiseiin a lo duang tlat a ni, tih hi. Fate rilrua mahni inrintawkna leh mahni mamawh inbuaipui thei tura zirtir pawh hi thil pawimawh tak a ni. Mizo chhungkuaah hian High School kal rual tawh Admission test pe tur pawha Nu/Pa/chhungte kalpui neih talh tum emaw, nu leh pate pawhin anmahni ring zo lo va kalpui kher chu sawi loh, awmchilh nilenpui thak te pawh kan awm thin hi a veiawm ka ti. Chhungkuaa Pathian biak honaah te mahnia ding thei leh inenkawl thei tura huaissen, mahni inring ngam tura zirtir nan a tha em

em a ni. School zirtirtuteah inngnat lovin, fate nun kawng hi chu nu leh pa mawh a ni (Joshua 24 : 14-15). Bible-a kan hmuh chhungkaw Pathian biakna atana tangkai bikte lo tar lang ila:

Sam 78:5-7 (Jacob-ho zingah thuhriattir a tinghet a, Israel-ho zingah dan a ruat a, chung chu thlahtute hnenah thupekin a pe a. Anni chuan chung thu chu an fate hnena hriattir turin; Thangthar lo la awm tur, naupang lo la piang turte chuan, an hriat theih nan; chungte chu an thawh a, an fate an la hrilh chhawn zelna turin. An beiseina chu Pathianah an nghah theih a, Pathian thiltihte chu an theihnghilh loh va, A thupekte chu an zawm zawk nan). Ephesi 6:4 (Tin, nangni pate u, in fate tithinur suh ula, Lalpa thununnaah leh zilhnaah chuan enkawl zawk rawh u).

Chhungkua anga kan lo tih ve thin, kan fate pawhin an puitlin hnua tha tia an sawi ve thin tlem lo zep tel lawk

ila, a hun laiin thaah kan ngaih a ni ve mai a, entawn tur atan pawh ni chuang lovin, sawi lan ve mai mai atan ni se.

1. Kar tawp Inrinnia Bible study neihpui.

2. Chhungkaw zan – infiam, games khelh ho, ei leh in te siamin, chhuata mut ho hun te kan nei thin a, a hlimawm thei hle.

3. Mi mal tinin vei zawng leh rilrua awm te sawi chhuahna hun kan nei thin bawh, kan fate an lo tleirawl a, star deuh an neih te hian kan hnenah an sawi hmasa ber thin.

Tum khat chu, a nuihzathlak deuh naa, ka'n sawi tel ve mai mai ang e. Kan fapa leh a classmate American missionary fanu hi an lo in star ve deuh a, dating a cinema en an duh a, kan fapa chu kan pa'n motor-in a va hruai a, a thiannu lah chu a pa missionary chuan a rawn hruai bawh a, chutiang chuan engkim hi kan hriatpui vek thin a ni.

Chhungkuua Pathian biak thupui hian a tum ber chu chhung inkhawm neih ho mai ni lovin, inpawhtlang taka nun hote hi Pathian kan biak hona pawimawh tak a ni tih sawi lan a tum chu a ni e.

Spain lal pakhat Alfonso XIV chuan, naupangho chaw an ei dawna lawmthu sawi nachang an hre lo thin chu a vei em mai a. Tihbo tumin an tan ruai a thehsak a. Kutdawh naupang pakhat hi a lo tel ve a, a ei zawhah ngawi rengin a chhuak ta daih a. Naupangho chuan, "Lal ruaitheh a ei a, lawmthu sawi nachang pawh a hre lo," an lo ti a. Lal chuan, "Nangni pawh in Pa vana mi hnen atangin ni tin eng, boruak leh chaw te in dawnga, lawmthu sawi nachang in hre lo va. Kutdawh naupang ai khan lawm nachang in hre lo daih zawk," a lo ti daih a.

- Our Daily Bread

SIAMTU THEMTHIAM

*- Laldineni
Luangmual*

Zaia hril ka nuam e, siamtu themthiamzia,
Thilsiam alaia mawi ber dinchhuaktu chu.
Lunghlu sen aia hlu zâwk,
A bûk tâwk rangkachakin a hen loh siamtu chu.
Nu hnâp mah se, chhûngril pâ takin a din a,
Mittui far chung a hrehawm tuar dai thei tûran.
Awm nêam tak, khauh thei tûra duan a ni.
Bel keh awl, tlo tûra buatsaih a ni si.
Ruh a hman vâng em ni a fei êm êm!
Hmun harsaah pawh mawi taka a pârchhuahtîr theih ni.
Lalpa, i duhsak bîk a ni lo maw,
Vânlal nau, paia, enkawl seilian tûra i ruat ni?
'Kal chhet chhet, kal chet chhet' ti tûra i thlan le!
Krawsa i tuar laiin samsei rual zîngah hmangaih Johana a tel ve,
I vohbîk vâng em ni?
Tholeh taksa hmu hmasa tûra Mari Magdalini i thlan ni.
Ropui leh huaisen taka i siamte hi an va hlu êm!
Miriami'n tuipei sen kamah khuang bêngin lâam hma a hruai a,
Debori'n indonaah hmahruaiin Baraka'n a zui ve.
Jaeli'n indonaah hmingthat a hlauh chhuak.
Lalnu hmeltha leh huaisen Estheri chu,
Boral hlauhawm kârah hnam chhan tûrin a pêh chhuak ta.
Ruthi'n hmangaih vângin ram dangah a pasala nu a zui.
Hani'n thutiam hlenin a fa neih chhun Samuela a hlân.
Tamari, Rahabi nawhchizuar leh Moab mi Ruthi te,

Thlahtu ropui zînga i telh ve hian,
 I hmangaih thûk leh zauzia a târ lang.
 Mari'n tlâng rêl leh denhlum hlauhawm kârah,
 "I thu ang zêlin ka chungah thleng rawh se" a ti thei.
 Dorki'n a vêla mite tân ui rêng a nei lo.
 Keini pawh i tâna mi hluah min siam ve rawh.
 Lalpa, i duhsakhote hi, hmangaihna, rinawmna,
 Huaisenna leh beiseina nungin min thuam la.
 Chutin i tân pâw mawi chhuah thei tûran.
 I hming tiropuituah min siam la,
 Chatuana i hming fak tûrin.

NU...

George Washington-a nu khan a fapa kha Bible a zirtir
 ðhin a, ni tin chhungkaw ðawngtâina vawi hnih tal a
 neihpui ðhin. Indopui II-na laia General ropui Ferdinand
 Foch-a chu ðawngtâi mi a ni a, chu chu a nu zirtir a
 ni. James A Garfield-a nu chuan a fapa 4-te hnenah,
 "Lalpa ðih hi finna bul a ni," tih a zirtir ðhin bawk.
 William E Gladstone-a nu chuan a fapa kha kum 9 a
 nihin Krista hnen a hruai thleng. Oliver Cromwell-a
 nu khan a fapa hnenah, "Min tichak tuah chuan engkim
 ka ti thei" tih kha a zirtir ðhin. D.L. Moody-a nu khan
 a fapa chu New England-a farm enkawl chungin
 Pathian lamah a kaihruai a, kum 17 a nihin Moody-a
 chu a piangthar a. A nu vangin William Penn-a chu
 ringtu a ni a. Sir Isaac Newton-a pawh kha a nuin
 kum 7 a nih laiin a boralsan naa, a ðawngtâina avangin
 Pathian lamah a hruai.

- *Harry Albus*

Sermon**TÛNLAI MITE THIAM LOH
CHANTIRTU TÛR**

- Rev. Lalbiaknia
Tlangnuam West

Matthaia 3:2

"Sim rawh u; vânrâm chu a hnai tawh e."

Khawvel huap chu sawi loh, Mizoram chauh pawh thlir hian, Pathian thû-ah duh khawp lohna kan nei furin a rinawm. A tha lam hmuh hmaih chuang lovin, kan nun tha lo lam hi thlir ila, thawpikna tur hi a tam mai.

- Zu leh ruih hlo a hluar reng a, HIV/AIDS vei an pung. Nun thalo, Chanchin Tha awih lo leh zâwm lo hi kan tam a nih hmêl. Simna hun tha hi kan hloh palh ang tih a hlauhawm hle. Isua Krista chhandamna thu chu kan dawng tawh ngei si a.

Pathian thu hre reng si a awih lo leh Pathian thina nei lo te, Pathian biak ngaina lo nun te hi nun chawlawl a ni a. Thih hnua thlarau dinhmun tûr ngaihtuah ngai lo thinlung hi sual bumna hlauhawm tak a ni. Tûnlai khawvêl mihringte thiam loh chantirtu tûr te hi ngun takin i ngaihtuah teh ang u.

1. Seba lalnu :

Luka 11:31, Chhim lam lalnu kha, ngaihtuah hunah tunlai chhuante hnênah hian a tho ve ang a, thiam loh a chantir ang; Solomona fin ngaithla turin kawlkil ata a lo kal si a, ngai teh u, Solomona aia ropui zawk hetah hian a awm asin tiin Lal Isuan a sawi.

Solomona hnêna finna, ropuina petu chu Pathian a ni. Solomona finna hi chatuan nunna a tling lo, mihring famkimlo a ni ve tho. Chuti chungin a finna ngaithla turin Seba lalnu kha ram hla tak atangin a lo kal vang vang a ni. Chatuan nunna min petu Lal Isua ring

lote thiam loh chantirtu tûr chu
Seba lalnu hi a la ni dawn,
Solomona finna ngaithla tûr
mahin kawlkil aţangin a lo kal
vang vang, a ti a ni ber mai.
Isua pan duh lo, ring duh lo
nun hi dinhmun hlauhawm tak
a ni. Seba lalnu dinhmun
aţanga thlir chuan, Isua hi pan
rawk rawk tûr chu kan ni.

2. Ninevi khaw mite :

Luka 11:32 Ninevi
khuua mite chu, ngaihtuah
hunah chuan, tun lai chhuante
hnenah hian an ding ve ang
a, thiam loh an chantir ang.
Jona thuhiril avângin an sim
si a; ngaiteh u, Jona aia ropui
zawk hetah hian a awm asin
tiin Lal Isuan a sawi.

Jona thuhiril - “tun
achin ni 40-ah Ninevi khu
hi tihboral a ni dawn” tih kha
a ni mai a. Ninevi khuain an
sual an sim, Pathianin a rilru
lamletin a tichhe ta lo va.
Hmangaihna tel lo Jona thuhiril
tawi tak avâng maha sual sim
Ninevi khaw mite hian,
Hmangaihna avânga kan tan
Krawsa thi Lal Isua, lei leh
van Lal rin nachang hre lo,
tun lai khawvel, Isua thu awih

lote hi thiam loh an chantir
dawn a lo ni reng mai.

- Kristian hmingpu Pathian
ţih nachang hre lo.
- Duhâm leh pamham taka
mahni hmasial nun.
- Chapona leh a ruka sual
tih pawisalo nun hi thiam
loh chang tur chu a ni si
a.
- Sual sim lo, mahni thiam
inchantîr chawp nun hi,
Pathian hmaa thiam loh
chang tûr Chiang sa a ni.

3. Isua tan nung rawh :

Pathian inpuanna
famkim Lal Isua Chanchin
Ṭha dawngtu leh hretute hi,
Chanchin Ṭha awiha nunpui
tur hian kan theihna zawng
zawnga ţan kan lak a ngai a
ni. Nun leh thuin, thiltihin
Solomona aia ropui zawk,
Jona aia ropui zawk Isua
Krista tan i nung ang u. Sim tur
kan neih apiang sim a hun e.

*Nilengin vân kalkawng chu ka
ngaihtuah,*

*Ni tinin sualna chuanin minrawn
zui;*

*Mahse zahngaihna thuchah a lo
thleng,*

Inchhirin sim la i him ang min ti.

*Sermon***BIBLE-IN NUHOTE SOCIAL MEDIA
HMAN DAN TUR MIN ZIRTIR DAN**

*- Lalromawii Hlondo
Chhinga Veng, Aizawl*

‘Social Media’ tih ṭawngkam hi tunlai Mizoram khawvelah chuan kan hman lar berte zinga pakhat, Mizo ṭawng ang maia kan hman tawh a tih theih hial awm e. ‘Social Media’ chu eng nge a nih tih han inzawt ta ila, kan hriat theuh angin social media chu Internet hmanga awlsam taka, mahni awm hmuna inbiak pawhna, video sem darhna leh ngaih dan inthleng tawna hmanrua heng: Chanchinbute, Facebook, Instagram, Twitter/X te, WhatsApp etc te hi an ni.

Tunlai zir chianna an neihah chuan kristiante zingah, engin nge tibuai ber ṭhin che tih zawhnaah chuan Social media tih hi a chhanna a ni tlat mai. Bible ziah a nih lai hian Social media kan tih hi a la awm lo va, Bible ziah fel hnu kum sanghnih hnuah chauh social media hi hman a ni. Bible hian social media hman tur hi min zirtirna Bible bung leh chang hmuh tur a awm hran lo a, Lal Isuan WhatsApp-ah emaw Facebook-ah emaw post rawh

u tih pawh a awm lem lo a ni. Amaherawhchu Bible hi ngun leh chiang taka kan chhiar chuan social media-a awm dan tur leh hman dan tur min hrilh a ni. Social media kan hman dan tur tlem azawng han tar lang ta ila.

1. Chanchin Ṭhâ hrilh nan kan hmang tur a ni: Marka 16:15 ah chuan ti hian a inziak a ni- ‘Tin, an hnenah khawvel zawng zawngah kal ula, thil siam zawng zawng hnenah chuan Chanchin Ṭhâ

hi hril rawh u,’ tih hi. Lal Isua chuan khawvel mihringte awmnaah Chanchin Thâ hril turin min ti a. Keini nuho tan chuan thil harsa tak a ni mai thei. Amaherawhchu, social media kaltlângin kan phak ang tawh leh kan tawng thiam ang angin (Mizo tawng, sap tawng, vai tawng leh video) hmangtein Chanchin Thâ kan hril ve thei a ni. Mi thiamte sawi dan chuan social media hi khawvela khawmuâlpui ‘Continent’ lian ber a ni tawh a. Mihring pawh tluklehdingawn li aia tam awmna khawvel a ni tawh a. India leh China hi mihring tamna ber a ni a, chutiang ang vela tam chuan kan hmâng mek a ni. Social media chu mi tam tak awmna leh mi tam takin hun tam tak an hmanna (Physical leh Virtual) a ni. Chutiang khawvel a nih tawh avângin Chanchin Thâ hrilhna tur ‘Mission field’ tha lutuk a ni tawh a ni. Khawte reuhte teah pawh missionary kan intirh chuan, social media atâng pawh hian missionary kan ni thei a ni.

2. Van khua leh tui kan nih kan hre reng tur ani:

Social media hi kan mikhuâlna ram tur a ni a, cham hlen tur kan ni lo. Zin thin chuan mikhuâl awm dan chu kan hre theuh awm e. Mikhual leh khualzinte dinhmun chu a pawnlâng hle thin a ni. Rinna neia thi tate Abela, Enoka, Abraham-a leh Sari te khan mikhuâl leh khualzin mai an ni tih an inhrechiang hle a ni(Heb11:13). Mikhuâl chamrei mai an ni tih inhriain fimkhur takin hnung lama mit nei angin an nung a ni. Mikhuâl â ber pawhin thlên ina cham hlen an tum ngai lo. Ringtute hian kan mikhuâlna ram a ni tih hriain awm dan tawh thiam a tha, nuho pawh hi social media bawm (Group hrang hrangah) kan awm a rinawm a, eng group-ah pawh awm ila krista Chanchin Thâ nena inmawiin kan awm tur a ni. Kan sulhnu hi miten min chhinchhihahna a ni a, kohhran mi nihna nen an khaikhin thin ani.Kohhran bâwma/group-a kohhran em em,bâwmdangah khawvel

bâwm milin kan awm leh si chuan thil diklo a ni.

(Heb 13:8) ‘Lal Isua chu nimirah nen vawinah nen kumkhua pawhin a pangngaiin a awm fo ang’. Group bâwm hrang hranga tel tam hi changkanna a ni lo, kan nun mil loh bâwm chu kan chhuahsân ngam tur a ni. Mahni mil tawh zelin engkim hi kan chelek thiam a tul. Kan kum zât mil te leh kan hun neih ang tawkin social media hi chhawr i tum ang u.

3. Pathian hlimthla kan ni tur a ni: Bible kan zirchian chuan Thufingte, Sam zia te, Jakoba leh Petera lehkhathawna kan hmuhah chuan ‘I lei veng tha rawh, i thinlung i puanchhuahna hmanrua a ni’. A chang chuan i hmui kha veng tha rawh tih hi Bible-ah kan hmu tam hle a ni. Tunlaiah chuan kan hmui emaw kan lein emaw thu kan sawi kher tawh lo va, kan kutzungtangin kan type zet zet tawh mai a ni. Kan thinlung kan puanchhuahna hmanrua - kan lei leh ka te,

kan hmui leh kutte hi Bible chuan veng tha turin min chah mawlh mawlh a ni. Lal Isua zuitute chuan kan duh duh hi kan sawi ve a rem lo a ni. Tin, social media-a tam leh em em chu insawselna te, mi chanchin sawichhiatna te, inhauhna te, inhnialna te a ni. Matthaia Bung7-ah chuan sawisel suh, sawisela in awm loh nan tih min zirtir a ni. I Korinth bung 6- kan chhiar chuan Paula khan kristiante an inkhing chiam chiam a hmuh khan paw i a ti em em a, in sawi rem thei mai lo em ni a ti a, inhmangaih tawn tura tih kan ni si a. Kutzungpui lem leh tawngtai lem dawng dul si hian hmangaihtu nei lo hian a awm theih. Tawngtai lem hmangin mi hem kher tum suh, hei hi Pathian thil a ni. Tunlaiah chuan direct takin mi dang an chhaih nawmnah kher tawh lo va, an hming lang si lova a kaihhnawih tute emaw tan hriatthiam leh ngaihbel theih siin mi dang tina turin mi lem leh video te post an awm thin a. Kristiante chuan chutiang chu kan ti ve tur a ni lo. Tawngkam

dengkhawng leh thinkhei taka comment te hi kan pumpelh tur a ni. I lungngaih leh i ze khelh laiin social media hmang lo hram rawh. Tanpuitu nih hmasak chak aiin reporter hmasa nih chakna tunlaiah a pung hle a, thu belhchian dawl lo hi kan post zung zung tur a ni lo.

4. Bible-in Pathian hmangaih dan tur Chiang takin min hrilh:

Deuteronomy 5:5 ‘Lalpa in Pathian chu in thinlung zawng zawngin, in rilru zawng zawngin, in chakna zawng zawngin inhmangaih tur a ni’, min ti. A awmzia chu Pathian hi kan dah pawimawh hmasa ber tur a ni, social media leh a chhunga awmte kan dah pawimawh lutuk chuan Pathian kan hmangaih thei lo vang a ti a ni.

Social media hi addict tura siam leh duan a ni, min man bet tlat tura siam a ni. Psychologist leh Scientist tam takten thurawn tam tak social media company te hi an pe reng reng thin a ni tih hriat a

pawimawh hle a ni. Cartoon kan tu leh fa ten an atchilh em em nen hian a inang reng a ni. Social media notification leh message kan dawn hian kan thluakah hian dopamine ‘Phurna’ chawh tho theitu chemical chi khat hi a lo chhuak thin a, chuvang chuan nuam kan ti em em thin a, a ngawl hi kan lo vei ta thin a ni. He Dopamine tho hi alawm heroin te, meiziala nicotine, sahdah, tuibur ngawl min veitirtu tiin mi thiamte chuan an sawi a ni. Social media hi an duan danah chuan kan hun la hnem thei ber tur anga duan a ni a. Min man bet tlat tura siam a ni. Entirnan, video i duh zawng tak mai infiam lai emaw hla, sermon leh a dangte i enzawh ve leh click/hmeh nghal mai turin a rawn inlar nghal zut zut ang a, i click zel kha an duh dan a ni. Tin, whatsapp Chat-ah pawh hian i va biak zawh ve leh tu emaw khan ‘is typing’ nghak veng veng la tih kha an duh dan a ni.

Chuvangin kan harh chhuah a ngai a ni. Social

media ‘bawih’ah kan awm em tih hi inzawt fo ila a tha awm e. Tunlai kristianten an chin tha em em pakhat chu Social media fasting-phone (Phone hmanga social media inhrek) khawih lo va, Pathian pawl nana hun pek hi a ni. Social media fasting (inhrek) dan tha ber pakhat chu thawngtai leh Bible chhiar leh inkhawm te hi a ni awm e.

min hmangaih zawk em? tiin nang leh kei pawh hi min zawt reng a ni (Jn 21:15).

Hla chuan:

*Kristian kal fimkhur rawh,
Hlauhawm a hnai,*

*Hemi khawvêla i awm
chhung zawngin:*

*Setana thlemnain i vel a dap,
Setana hneh nan i Lalpa dil
rawh.*

Kan hmangaih berten kan rilru an luah ber thin a, an lâwm zawngte kan zawn bakah, an chanchin te sawi nuam kan ti thin. Lal Isua chuan nangin hengte ai hian

Van khua leh tui kan nih avangin chhumpui nasa tak thlirtuten min hual reng avang hian, min tihnawk apiang leh sual keimahnia bêt tlât chu i dah vê ang u (Heb 12:1)

PASTOR NUPUI INTAWHKHAWM, 2026

Kum tina kan lo neh thin angin Mizoram Presbyterian Kohhrana Pastor Nupui Intawhkhawm chu 15th October, 2026 hian Synod Conference Centre, Mission Veng, Aizawlah neih a ni leh dawn a. Pastor nupuite a tam thei ang ber tel turin kan insawmin kan inhriattir a. Kal theih theuh i tum ang u.

Sd/-

(DR. ZOHMINGLIANI HRAHSEL)

Secretary

Organising Committee

Sermon**LALPA NGAIHA MI LIAN****Luka 1:15**

- C. Sianglunmawii
Evangelist
Bairabi Dinthar

Mihring tung chhova kal, pianni leh thihni nei, Siamtu Pathianin chhan neia a siamte hi dinhmun inang lo tak takte kan ni a. Kan finna leh thiamna lah a inchen hek lo. Amaherawhchu, bul thuhmun leh unau vek kan ni.

Lalpan min siam chhan a nei vek a, amah nena inpawl a, amah faka rawngbawl turin. Kan fing emaw, kan mawl deuh emaw, kan zir sang emaw, kan zir hniam emaw, hausa emaw, rethei pawh ni ila, kan nih ang ang hian Lalpa tan kan inhmang thei a, atan hian kan va pawimawh em! A fapa Lal Isua Krista thisena tlan kan ni a, kan man hi a to em mai a, atan hian kan hlu em em a, chuvangin, ‘Lalpa Ngaiha Mi Lian’ kan ni.

Kan Bible chang tar lanah khian kan hmu a, Baptistu Johana chungchang kha ngaihtuah ta ila, a pa

Zakaria hnena Vantirhkohin Johana chungchang a sawiah chuan, “Lalpa ngaihin mi lian a ni ang a, uanin leh zu reng reng a in lo vang; a nu pum chhung atang rengin Thlarau Thianghlimin a khat ang” a ti a ni.

Johana hi Thlarau Thianghlimin a khat a, sanghawngsei hmul puan a sin a, a kawng chu savun kawnghrenin a hreng a; a chaw chu khaukhuap leh khawizu a ni, tiin Matthaia chuan a ziaak a ni. A zirna lam leh a finna lam ziaak a awm lo va, Lalpa ngaiha mi lian a ni, Lal Isua pawhin, “Hmeichhe hrin zingah

Johana aia ropui zawk an awm lo", a ti hial a ni. (Lk7:8). Nimahsela, Pathian rama mi tē deuh pawh ani (Johana) ai chuan an ropui zawk, Lal Isuan a tihah hian Lalpa ngaih chuan mi tē berte pawh hian ropuiin an va lian em tih hi a ni.

Chutiang bawkin keini hmeichhiate hi rawngbawl kawngah hian min neitu Lalpa hian min hre Chiang a, kan dinhmun a hai lo, kan nihna ang angin kan phak tawh tawh zelah min hmang duh a ni. Chuvangin, rawngbawlina chanvo kan neih te pha mai lovin kan theih tawkin, kan tlin tawkin, kan theihna leh chakna a beitham a nih pawhin tlan chhe mai lovin insang mar ila, Lalpa tan tiin i thawh zel ang u.

Ka nu K.Thangzauvi chanchin hi tlem han sawi lan ve zawk ka duh a, min lo hrethiam ula. Zirna lamah chuan ni khat chiah nau pawh chung a sikul kal a ni a. Thingtlang mi, nu thihsan hma, fa u, mahni naute

awmtu, retheihnain a hual vel a ni. Kum sawm (10) a lo tlin chuan Lo lam hna thawh tanin, thosi leh vaihmitê ur nana meizial zuk an zirtir kha a ni a. Ziak leh chhiar hi a pasal neih hnuah ka pain a zirtir a ni. Mahni hmang pawh inkhawm, thawhlawm, te a ziak thiam ve a, chhiar lam erawh hma a sawnin Bible chhiar hi a taima em em mai a, vawi tam tak a chhiar chhuak a, Bible bung leh chang te hi a hre thei hle bawh a ni.

A phak tawkin chhangchhiat berh lai pawhin kohhran hmeichhe rawngbawlinaah a inhmang ve zel a, kohhranah leh bialah pawh hruaitu ni ve zelin Pathian khawngaihna zarah kum sawmnga (50) chung chawl lovin, a thihni thlang khan hruaitu niin a hun a hmang ral ve a ni.

Ziak thiam lo chung chung pawhin hriatreng theihna tha tak Pathianin talent a pek avangin Secretary-ah te khan a tang

fo mai a. Engtin nge zia k
thiam lo, Secretary a nih
theih kan tih chuan, an
committee thu hi a
chhinchhiah vek a, a hawnah
ka pain minute buah an
committee thu ang thlapin a
lo ziah chhuahsak thin a ni.
Thupuan tur pawh zia k lo vin
a vawng mai thin a ni. Nupa
tangrual tak leh
rawngbawl naa inthlawp tak
an nihzia pawh a tilang awm
e, kohhran hmeichhiaa
hruaitu lo ni thar naupang
zawkte hi a lo kaihruiin a lo
pui ve thin a ni.

Hetianga ka han sawi
duahna chhan chu, ka nu te
ang zia k leh chhiar thiam
taw k taw k pawh hetiang
rawngbawl tura Lalpan a

hman duh chuan, keiniho
pawh hi min va duh dawn
tehlul em! Zam lo ila, Lalpa
tan hian kan nih ang ang hian
i thawk ngam ang u. Kan
khawsak kawngah pawh
nuamsa kan ni lovin, kan buai
ve rap rap thin zawk a ni mai
thei, mahse, kan chanvo, kan
kova tla hi kan hlen zel hi
Lalpan min duh a, kan
pasalten min thlawp lutuk lo
pawh a ni mai thei, mahse,
Lalpan min thlawp a, kan
pawl hneh theitu pawh amah
a ni a. Chuvangin keiniho hi
LALPA NGAIHA MI LIAN
kan ni vek mai a, Lalpa
rinchhanin tawngtaina nen tan
i la sauh sauh zel ang u.
Lalpan kan thu ziah te mal
min sawmsak rawh se.
Amen.

NUNA LANG

Nigeria ram Ibadan hmunah Miss Kathryn Dick-i
chuan rawng a bawl a. An ngaihsan em avangin
Nigeria citizenship an pe hial a. "Pathian i hriat duh
chuan Miss Dick-i hmu mai rawh," an tih hial
khawpin a nunah a lang a ni.

Article**LALPA AW****Sam 95:7***- Upa Ngurthansanga
Mission Vengthlang*

Lengzem hla lar tak pakhtah chuan ‘Anka rial ang a dai, chhingmit a kai’ tih a awm a. A awmzia chu ‘ka hriat chak, ka ngaihthlak nin loh i aw chu ngaihthlak tur a awm si lo va, ka khawhar lutuk hi ka mittui a tla, ka ðap deuh reng mai’ tihna a ni. Nula leh tlangval inhmangaihthe karah inbe tawn thei, lunglenna leh hmangaihna thu inhrilh tawn a, aw inhre tawn thei nih hi a thlakhlelhawm tak meuh chu a ni. Kan Kristian hlabuah hian ‘Lalpa i aw nema min kohna chu ka hria’ tih a awm a, he hla phuahtu chan hi chu a awhawm hle. Lalpa aw nem tak a hria a, chu Lalpa aw nem tak chuan a thisen hlu takin a sual a tlenfaisak tih a hrilh a ni. Kan Kristian hlabuah vêk hian ‘Ka hriat hi Lalpa i aw a ni e’ tih hla a awm baw. Heng hla phuahtute pahnihin Lalpa aw an hriat ang tak hi hriat ve a chakawm khawp mai. Ringtu tam zawk hi chuan Lalpa aw hi kan hre ve lo emaw ni, kan hria a nih pawhin, Lalpa aw a ni tih kan hre thiam lo pawh a ni zawk mai thei.

Hla dang leha chuan ‘Thuhnairawlh takin Lal Isuan min ko va, nangmah leh keimah min ko’ a ti nghe nghe a ni. Lalpa aw hi ðenkhatin an hre chamchi a, ðenkhat chuan duh ve em em mah ila kan hre ve ngai lo ni te pawhin a lang. Mi ðenkhaten an biak pawp laiin, ðenkhatte kohna a chhang duh hauh lo ni

te pawhin a lang ðin. Chu tak mai chu kan Pathian nih phung hi a ni ang em? ðhenkhatte chu thuhnairawlh takin, aw nem takin a bia a, a ko baw ðin nia a lan laiin, amah au vak vaktu mi ðenkhat lakah chuan a inthukru tlat ni awm te hian a awm a lang thung. Lalpa Aw chu kan hre ngai reng em? A Aw hre tur

hian Lalpa hian kan dilna min chhang thin em? Thahnemngai taka kan kohna hi min hmangaihtu Pathian hian a chhang thin ngei a, min chhang ta a ni tih hi kan ngaihsak leh thin em tih hi kan Pathian biak danah hian kan inen let ngai a nih hmel.

Keini mihringte pawhin fate min kohna chu kan chhang thin, fate kohna chhang duh tlat lo anawm ngai a nih chuan nu leh pa fel lo tak an ni ang. Hei hi zawng leilung dan a ni. Chu tho chu amah Pathian leh, a siam mihringte inkar pawh a ni a. A mite ngaihsak leh an dilna chhan thin hi Lalpa nihphung chu a ni zawk ngei ang. Nunna neia thu tak hriaah min duh a, chu mi chang tur chuan min sawm reng zawk a ni.

Ni e, kan Pathian hian kawng hrang hrangin min bia a, min ko va, min sawm a, a mi ngaihsakna hi kan bengkhawn loh luat avangin Pathian meuh pawh kan tivui hial thin. Bawngpain a pu chaw pekna thleng a hria a, ka mi Israel-te chuan min hre lo a ni tih ang khan. A aw kan hriatna hmanrua atan

kan ban phak rengah Bible, Lalpa Aw record sa in tinin kan nei vek. Bible ka chhiar hian Lalpan min bia a ni. Kan tawngtai hian Lalpa kan be ve thung.

Bible bakah Lalpa Aw hi chiang tak tak lo thleng thin tam tak a awm. Thlemna kan tawh changa kan tih chak zawng tak pawh ti lo tura inthlahrunna, timna, kan chhungmila lo thawk tlat mai te hi, Lalpa aw a nih lohin tu aw nge ni ang? Tin, insum zo lova mahni chakna tihpuitlin tum kan neih châng a awm, inthiam lo chungchunga kan bawhchhiat tak avanga inchhir veng vengna lo thawk thin te hi Lalpa aw chu a ni e. Khawi nge thil soal ka tih avangin kan inthlahrung teh ang kan tih avang te, kan inchhir teh ang kan tih avangtea lo thleng a ni lo. Automatic-a in-play mai tura Lalpa Aw record-sa a ni.

Keini ringtute tan hian Lalpa aw hi a lo va hnai em - kan chhiar thiam reng Bible-in 'ti suh' a tih leh 'ti rawh' a tihte hi 'Lalpa aw' chu a lo ni mai si a. A zawm leh zawm loh chu kan duh leh duh loh a thu a lo ni e.

NAU CHÂWMNA PETUTE LEH AN CHÂWM ZÂT (OFFICE LAMADAWN)

S.No.	Bial/Kohhran/Mimal hming	Chawm zât
22.	Chawnpui Bial Kohhran Hmeichhia	6
23.	Chanmari Kohhran Hmeichhia	5
24.	Lungleng-I Bial Kohhran Hmeichhia	1
25.	Farkawn Bial Kohhran Hmeichhia	2
26.	Mission Vengthlang Kohhran Hmeichhia	15
27.	Bethlehem North Kohhran Hmeichhia	4
28.	Chanmari West Hmar Veng Kohhran Hmeichhia	2
29.	Dolchhora Bial Kohhran Hmeichhia	1
30.	Maubawk West Kohhran Hmeichhia	7
31.	Darlung Bial Kohhran Hmeichhia	4
32.	Nursery Veng Kohhran Hmeichhia	8
33.	Hlimen Bial Kohhran Hmeichhia	2
34.	Airfield Vengthar Bial Kohhran Hmeichhia	2
35.	Aizawl Kohhran Hmeichhia	4
36.	Ramthar Veng Kohhran Hmeichhia	2
37.	Tuithiang Kohhran Hmeichhia	4
38.	Bawngkawn East Kohhran Hmeichhia	2
39.	Ramthar Veng Bial Kohhran Hmeichhia	4
40.	Lawngtlai Bazar Veng Kohhran Hmeichhia	2
41.	Shillong Bial Kohhran Hmeichhia	1
42.	Maubawk Kohhran Hmeichhia	2
43.	Chawlhmun Bial Kohhran Hmeichhia	4

44.	Sairang Bial Kohhran Hmeichhia	3
45.	Bethlehem Venglai Bial Kohhran Hmeichhia	6
46.	Dawrpui Kohhran Hmeichhia	10
47.	Bawngkawn Bethel Kohhran Hmeichhia	4
48.	Bawngkawn Bethel Bial Kohhran Hmeichhia	3
49.	Chaltlang Bial Kohhran Hmeichhia	5
50.	Kanghmun Bial Kohhran Hmeichhia	1
51.	Bethlehem Veng Bial Kohhran Hmeichhia	5
52.	Chhingaw Veng Bial Kohhran Hmeichhia	10
53.	Model Veng Kohhran Hmeichhia	2
54.	Aibawk Bial Kohhran Hmeichhia	1
55.	Ṭuahzawl Kohhran Hmeichhia	1
56.	Upper Republic Veng Kohhran Hmeichhia	2
57.	Thakthing Veng Kohhran Hmeichhia	7
58.	Ramthar Tlangveng Kohhran Hmeichhia	2
59.	Venghlui Bial Kohhran Hmeichhia	3
60.	Vaivakawn Bial Kohhran Hmeichhia	4
61.	Sakawrdai Bial Kohhran Hmeichhia	1
62.	Republic Veng Bial Kohhran Hmeichhia	4
63.	Bungkawn Kohhran Hmeichhia	1
64.	Thenzawl Kohhran Hmeichhia	2
65.	Assam Rifles Kohhran Hmeichhia	1
66.	Kolkata Mizo Presbyterian Kohhran Hmeichhia	4
67.	Bungkawn Bial Kohhran Hmeichhia	2
68.	New Serchhip Kohhran Hmeichhia	3
69.	Durtlang Bial Kohhran Hmeichhia	3

70.	N. Hlimen Bial Kohhran Hmeichhia	2
71.	Bawrai Bial Kohhran Hmeichhia	2
72.	Falkland Bial Kohhran Hmeichhia	2
73.	Armed Veng Bial Kohhran Hmeichhia	4
74.	Zemabawk North Bial Kohhran Hmeichhia	4
75.	Tuikhuahtlang Kohhran Hmeichhia	10
76.	Zote Bial Kohhran Hmeichhia	1
77.	North Hlimen Kohhran Hmeichhia	1
78.	Zonuam Bial Kohhran Hmeichhia	4
79.	West Phaileng Dintar Bial Kohhran Hmeichhia	2
80.	Vaivakawn Vengthlang Kohhran Hmeichhia	4
81.	Ramhlun Bial Kohhran Hmeichhia	2
82.	Tlangnuam Kohhran Hmeichhia	4
83.	Kanan Veng Kohhran Hmeichhia	3
84.	Thenzawl Field Veng Bial Kohhran Hmeichhia	4
85.	Chhinga Veng South Kohhran Hmeichhia	2
86.	Ṭhuampui Bial Kohhran Hmeichhia	2
87.	Chalrang Bial Kohhran Hmeichhia	3
88.	East Lungdar Bial Kohhran Hmeichhia	3
89.	Nursery Veng Bial Kohhran Hmeichhia	2
90.	Ramhlun Vengthar Bial Kohhran Hmeichhia	1
91.	Bawngkawn Chhim Veng Kohhran Hmeichhia	12
92.	Laipuitlang Kohhran Hmeichhia	2
93.	Khawhai South Bial Kohhran Hmeichhia	2
94.	I.T.I. Veng Bial Kohhran Hmeichhia	1
95.	Venghnuai Bial Kohhran Hmeichhia	5

96.	I.T.I. Vengchhak Kohhran Hmeichhia	1
97.	Chhing Vengthlang Kohhran Hmeichhia	5
98.	Chhing Veng East Kohhran Hmeichhia	6
99.	Tlangnuam Bial Kohhran Hmeichhia	8
100.	Hunthar Bial Kohhran Hmeichhia	4
101.	Hunthar Kohhran Hmeichhia	2
102.	Chanmari West Bial Kohhran Hmeichhia	2
103.	Chanmari West Chhim Veng Kohhran Hmeichhia	2
104.	Chanmari West Kohhran Hmeichhia	4
105.	Bethlehem Venglai North Kohhran Hmeichhia	2
106.	Tlangnuam West Kohhran Hmeichhia	1
107.	Maubawk Bial Kohhran Hmeichhia	3

Chhunzawm tûr...

NUN KHAUWHRAL HLAU

Billy Graham-a rawngbawlnaa piangthar pa pakhat hi Pastor Ray Stedman-a'n a kawm a. Stedman-a chuan, "I piantharna hian eng nge a rawn thlen che?" tiin a zawt a. Chupa chuan, "Thih hi ka hlau leh tawh lovang. Mahse, nun khawhral hi ka hlau tawh zawk ang," a ti a.

A nihna takah chuan Pathian tana nun hlannaah hian engmah kan hloh lo va, Pathian thu kan awih loh erawh chuan engkim kan hloh.

Ei siam dan**KFC STYLE-A ARSA KAN DAN****Mamawhte:**

1. Arsa duh ang tiata chan
2. Butter tablespoon 2
3. Corn flour/Tempura powder
4. Breadcrumb
5. Sawhthing

A siam dan:

1. Arsa leh sawhthing zai sin chu chi telhin thir belah mei na lo tēin ur cherh cherh a, chawh deuh reng bawk tur. Ama tui a lo chhuah thlengin chhuana a tui a lo kang a, a hriak a lo chhuah thlengin a khat tawkin chawk rawh.
2. Butter telh la (butter-in a hnehin a tui bik) a hmin hnuin suan la dah dai rih ang che. Cornflour/ tempura powder kha tui nen chawk kawī la, tah chuan tal ang che, chumi hnuah breadcrumb-ah i tal leh dawn nia.
3. Tel sa lutuk lovah pahnih khat tē tēin kang la, a sen deuh thapah thur chhuak ang che. A lum laia ei hian a tui zual



TRINITY SAM
Gen 1:26, Rom 18:20

*Phuahtu : Upa H. Lalengvara
Hmuntha*

1. Pathianin mihring a siam dawn khan....
Amaha minung awmte chu rawn khawmin,
“Hawh u, Kan anpuin, Keimahni ang takin
Mihring siam ila, thuneihna I pe ang u,” tiin.
2. Amaha Minung pathum awmte chuan,
Anmahni ang takin mihring chu siam an lo ni ta.
Anmahniah chuan nihna pathum neiin,
Ruangam ropui taka siam an lo ni.
3. Chu mihring siam ruangamah chuan,
Thil pathum lak hran theih loh,
inkhawp si, inang si lo.
Thlarau, Rilru, Taksa ngei chu.
4. Taksa ropui tak chu Thlarau Thianghlim In.
Rilru nei, engkima pumkhat, thil hrang bawk si chu.
Pathian aia hnuai deuh chauhvah siam mihring chu.
Lak hran theih loh Pathian zia chu.
5. Chutiangan Pathiana minung pathum chu,
Pathian ze ril pho lanna lo niin,
Thil siamah Chiang taka lantir a ni a.
Chutin keimahniah a lo lang fiah.

6. Pathian ze ropui tak chu mihring fate zingah,
A miten kan hriat fiah theih nan...
Pa, Fapa, Thlarau Thianghlim pumkhat niin,
Pathian pakhatah minung pathum a lo awm a.
7. Pathian pakhata minung pathum chu
Lak hran rual loh inkawp, mahse hrang si
Thiltihtheihna leh ropuinaa intluk
Pathian ze ril thil siamte hriat phak loh chu.
8. Aw Pathian ze thuk leh ropui chu
Hringfate zingah sawifiah zo awm tak maw?
Pathian thu thuk leh rilzia hi,
Lei leh Van pawhin a sawifiah zo lo.
9. Aw Lalpa, I ropuiin I va mak ngai em!
I mizia tinreng hi eng tawng mah hian a hril zo lo!
Thenkhatten hmu phal lovin an sawichhe thin
TRINITY hi.
Aw Lalpa, an hriat loh vang a ni, ngaidam rawh.
10. Chutiang taka ropui Pathian rintlak chu,
Khawvel chhiarkawp dana chawhchhuah rual loh.
Mi pathum, pumkhat hi a hming MAKAN lo vuah.
Engkim tithei Pathian hi, kan Pathian I lo ni si AMEN.

**KUM KALTA LAMA AGAPE LAKNA MAN LA PE
LOTE CHUAN AUGUST THLA CHHUNGA PEK NI
SE ALAWMAWM HLE ANG.**

- Editorial Board

Hruaitute chanchin**H.C. LALFAKAWMI**

Pi H.C. Lalfakawmi hi Pu Chalhnuna (L) leh Pi Lalthangveli (L) te fa 6 zinga a 3 na niin Mualvum khuaah a lo piang a, Kawnpuihah pemin hetah hian a seilian a, kum 1984-ah Selesihah pem lehin Pu Lalhmingliana nen kum 1999 January ni 21-ah innei in fapa 1 an nei a, tunah in leh lo neiin Selesihah an khawsa mek a ni.

Rawngbawlna lam:

1. Central-ah: Kum 2025 - 2027 chhung atan committee member-in a awm mek.

2. Bialah: Durtlang Pastor bial kohhran Hmeichhiaah hian Secy, Asst. Secy te niin tunah hian Vice Chairman-in a awm mek a ni.

www.mizoramsynod.org

3. Tualchhungah : Kum 2010-ah OB-ah lutin Treasurer leh Fin. Secy niin, tunah hian Secretary in a awm mek a, Puitling sunday sikul zirtirtu leh thuhrlitu a ni mek.

Hla leh Bible chang duh zawng: Kristian hlabu no. 150 na, no. 261 na leh no 189 na hla te hi a duh zual te an ni a.1 Korinth 1:26-31, Philippi 4:4-7 Sam 46:1, Johana 15:9 Keimahah awm reng rawh u, kei pawh nangmahniah ka awm reng ang tih te hi a duh hle.

Thuchah: Ringtute hian Pathian khawngaihna hi hre Chiang ila, engkim mai hi a khawngaihna avanga kan dawn leh kan chan a ni tih hre chungin, in ngaitlawm takin Pathian tih chung leh lawm chung a rawngbawl zel tur leh a hnung zui zel tura inpe thar zelin, a khawngaihna chuah hi chhuang ila, kan rawngbawlna hi Lalpan a tinung ang a, rah duhawm a chhuah ngei ang.

*Hruaitute chanchin***LALMANI**

Pi Lalmani hi Pu Lianchhinga (L) leh Pi Vannnguri(L) te fa 9 zinga a naupang ber dawttu niin 1 Jan 1963-ah a lo piang a. Pu V. Lalthianghlina, Venghlui nen inneiin fa 4 hmeichhia-1 leh mipa-3 an nei a, tu-7 neiin Venghluiah an khawsa mek a ni.

Eizawna lam: Kum 1985-1990 chhung Education Deptt. ah Primary Teacher hna a thawk a, zirtirtu hna chu bansanin, kum 1991 Feb thla atangin Health Deptt. ah LDC in a lut leh a, 31 Dec 2022-ah Assistant in a pension a ni.

Rawngbawlina lam: Kum 2000 atangin Sunday Sikul zirtirtu rawngbawlina thawk tanin, kum 25 chhung Sunday Sikul zirtirtu hna chawl lova

a thawh chawimawina a dawng a ni. Tunah hian Puitling Sunday Sikul Zirtirtu, Thuhrilhtu, rawngbawlina a chelh mek a ni. Kum 2010-ah Aizawl Kohhran Hmeichhe Committee Member-ah a lut a, kum 2012 atangin OB niin, Post hrang hrang- Chairman, Secretary, Asst. Secretary, Treasurer, Finance Secy., te a chelh kual a, tunah hian Fin, Secretary a ni mek. Kum 2012 atangin Bial Committee-ah lutin, tunah hian Bial Committee Member a ni mek a ni. Kum 2015-2017 chhung Bial Buhfaitham ziaktu hna a chelh a ni.

Bible chang leh hla duh zawng: Philippi 2:5-8 & KHB No 140.

Thuchah: Tunlai khawvelah sualna chi hrang hrangin chhungkua min luhchhilh mek lai hian kan tu leh fate, kan chhungkua chhandamna kan chan theih nan, nute hi in chhungah a theih anga tam awm ila, chhungkua i awp tlat ang u. Pathian hmaah kan chhungkaw tana ding tlat turin tan i la thar sauh sauh ang u.

THIL ṬHAA TIHKHAH

Tin, ‘Ka chhuahna inah khan ka kir leh mai ang,’ a ti a; tin, a va thlen chuan, in chu ruaka, phiah faia, chei mawiin a hmu a. Chu veleh a va kal a, amah aia soal zawk ramhuai dang pasarih a hruai a, chutah chuan an lut a, an awm reng ṭhin a; chu mihringa awmze hnuhnung chu a hmasa aiin a lo ṭha lo zawk ṭhin a ni. Mt 12:44-45

Thlarauva khata kan awm hi a ṭul hle a ni. Bible chhiar, inkhawm hi kan tihmakmawh a ni (Eph 5:18).

Thil dik, zahawm, fel thianghlim, duhawm leh a thang mawite kan ngaihtuah a ṭul. Ngaihtuahna tenawm leh thianghlim lo lakah kan fimkhur tur a ni. Tun laiin Media hrang hrang avangin tharum thawhna leh mipat hmeichhiatna tichhuak thei bakah thil dik lo ngaihtuah phahna tur a tam ta hle. Kan fimkhur a ngai hle a ni.

Kan nun hi thil ṭhain tikhat ila, dawt sawi banin thu dik sawi ila, mi dang tibwaitu ni lovin, ṭanpuitu nih i tum ang u. Thil ṭha lo kan ti a nih pawhin i sim ang u.

*Lal Isu, bawlhhlawh eng mah awm phal suh la,
I thisenin kai dum zawng zawng sil fai rawh;
Silfaina chu engkim aiin ka ngaihlu,
Tunah min sil la, vur aiin ka var ang.*

Thil ṭha lo paihin, thil ṭhain i tikhat ang u.

I nun Pathian kawltir la, i hman thiam aia tamin a hmang ang che.

~ DL Moody

ONLINE / BANK KALTLANGA ṬANPUINA (DONATION) PE DUH TAN :

1. Hmangaihna Ina 'NAU CHAWMNA' pekna

Account hming : Hmangaihna In Synod Grant
Account No. : **97002177873**
Bank Name : Mizoram Rural Bank
Branch Name : Durtlang
IFSC : SBIN0RRMIGB

2. Hmangaihna In 'Ṭanpuina / Donation' pekna

Account hming : Hmangaihna In Donation
Account No. : 97001711333
Bank Name : Mizoram Rural Bank
Branch Name : Durtlang
IFSC : SBIN0RRMIGB

Hmangaihna Ina pawisa thawn tum tana biakna - Phone 7085257549

3. Synod Hospital, Durtlang ṭanpuina (inkhawm thawhlawm ni lo)

Account hming : Synod Hospital
Account No. : 25026013652
Bank Name : Mizoram Rural Bank
Branch Name : Durtlang
IFSC : SBIN0RRMIGB

**Pawisa thawn tum tana biakna - V.L. Zonuntluanga,
Accountant, Synod Hospital, Phone 9862340364**

4. John Williams Hospital, Lunglei ṭanpuina (inkhawm thawhlawm ni lo)

Account hming : John Williams Hospital
Account No. : 002501870000003
Bank Name : Apex Bank
Branch Name : Chanmari Branch, Lunglei
IFSC : YESB0MAB001

**Pawisa thawn tum tana biakna - Lungmuana, O/A,
J.W. Hospital, Phone 8575305974**

KOHRAN HMEICHHE BUDGET PEK THEIHNA ACCOUNT NUMBER

Account -a pawisa dahtu chuan a dah zat, eng tur nge tih leh dahtu Bial / Kohhran hming chiang taka ziakin *phone no.* **9233437689** -ah WhatsApp message hmanga inhriattir ngei ni se.

1. Central Budget, Inkhawmpui Lian (IKPL) member fee, WDP, PWF, Rahbi Tleu Tanpuina pekna tur

Account hming : MPC Kohhran Hmeichhia
Account No. : **35918210644**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

2. Inkhawmpui Lian Special Budget, Hospital Pual Inkhawm Thawhlawm, Kohhran Hmeichhe Ni Thawhlawm

Account hming : MPC Kohhran Hmeichhia
Account No. : **97015036270**
Bank Name : MRB, Khatla Branch
IFSC : SBIN0RRMIGB

3. Women Centre Budget/ Donation pekna tur

Account hming : MPC Kohhran Hmeichhia
Women Centre
Account No. : **35576785404**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

4. Agape chanchinbu man pekna

Account hming : Agape - MPC Kohhran
Hmeichhia
Account No. : **35578510786**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

KUM 2025-2027 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi K. Vanlalrawni
Vice Chairman	:	Pi Vanlalhlamuani
Gen. Secretary	:	Nl. H. Vanlalruati
Asst. Secretary	:	Pi Lalthansangi
Treasurer	:	Pi Vanlalhluni
Fin. Secretary	:	Pi Zohmingliani

Committee Member-te

- | | |
|-----------------------------|----------------------------|
| 1. Pi C. Lalnunpari | 2. Pi C. Rosangpuii |
| 3. Pi Chuauzikpuii | 4. Pi H. Lalthasiami |
| 5. Pi H.C. Lalfakawmi | 6. Pi Hranghmingthangi |
| 7. Pi J.C. Ronghaki | 8. Pi K. Lalrinpuii |
| 9. Pi Thantlungi | 10. Pi Lalʔanpuii |
| 11. Pi Lalbiaknungi Sailo | 12. Pi Lalhlimpuii |
| 13. Pi Lalmalsawmi Sailo | 14. Pi Lalmani |
| 15. Pi Lalmuanpuii | 16. Pi Lalrammawii |
| 17. Pi Lalramngaii Renthlei | 18. Pi Lalramthangi |
| 19. Pi Lalrawngbawli | 20. Pi Lalrindiki |
| 21. Pi Lalrizapi | 22. Pi Lalrokimi |
| 23. Pi Lalthangmawii | 24. Pi Lalthanzami |
| 25. Pi Lalthanzami | 26. Pi Lianhnuni |
| 27. Pi P.C. Lalmalsawmi | 28. Pi R. Tlanghmingthangi |
| 29. Pi Soni Pun | 30. Pi Tlangthanpari |
| 31. Pi Vanlalchhuangi | 32. Pi Vanlalduhi |
| 33. Pi Vanlalnunsiami | 34. Pi Vanlalsangi |
| 35. Pi Zodinpuii | 36. Pi Zohmangaihi |

Ex-Officio Member-te

1. Rev. John Raldosanga, Moderator
2. Rev. B. Zohmangaiha, Synod Secretary
3. Rev. Dr. K. Lallawmzuala, Executive Secretary
4. Pi Zothanpari, Ex-Chairman
5. Pi Ruth Lalhmangaihi, Asst.Co-ordinator

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

Thiltumte : 1. Kohran rawngbawlina tihlawhtling tura thawh ho.

2. Kristian chhungkaw ʔha din tura ʔan lak.

3. ʔanpui ngaite Krista hminga ʔanpui.

4. Chanchin ʔha puan darh.



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HIV/AIDS Trainers' Training, Saitual District



Rawpuichhip Bial, Kristian Chhungkaw Seminar



Bawngkawn Bethel Pastor Bial Kohhran Hmeichhia : Leadership Training

16

*Published by Rev. Dr. K. Lallawmzuala, Aizawl, Mizoram on behalf of Ağape Association.
Printed at Synod Press, Mission Veng, Aizawl - 796001. Copies – 46,000*

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