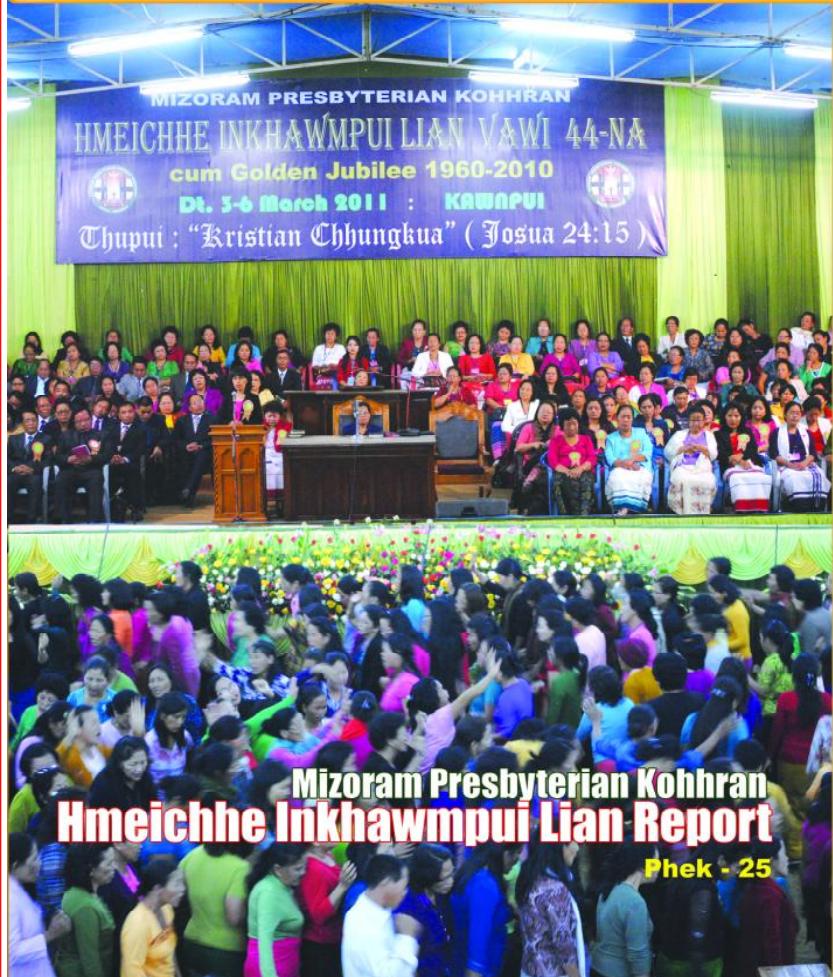


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**Hmeichhe Inkhawmpui Lian Report**

Phek - 25

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*Editorial***INKHAWMPUI, RINGTUTE INTIHCHAK TAWNNA**

*Inkhawmpui leh Golden Jubilee chu tluang tak leh kham lo takin kan hmang zo ta a. Ram changkang leh hausa zawkah pawh mipui sang tam tak Pathian thu avanga han inhmuh khawma intawhkhawm chu thil awlsam lo tak a ni tawh a. Chutih laiin keini ram rethei leh thawk awm lo zawkten kum tin tih theih maia inkhawmpui tê leh lian tham tak tak pawh pawl leh kohhran hrang hrangten kan la nei zel thei hi thil lawmawm tak a ni.*

*Presbyterian Kohhran hmeichhiaten Inkhanmpui Lian kan neih ṭhinah pawh hian kum tina ram pum huapa kan thawhho tur leh kan kalphung turte kan ngaihtuahho ṭhin a. Kuminga kan hman zawh tak Inkhanmpui Lianah pawh hmachhawp tam tak neein ro kan rel a; hma kan laho zel dawn a ni.*

*Thlarau lama hma kan sawn zel nan thu leh hlaa infuih tharin thu ṭha tak tak te kan ngaithla a. Zaipawl mawi tak tak an zai a, kohhran mipuite pawh mahni taksa ngei hlanin Pathian kan chawimawi a, chhim leh hmar chhak leh thlang aṭanga kal khawmin hlim taka Pathian kan han fakho te khan kan taksa, rilru leh thlarau a tichak a ni.*

*Pathian thuin in Inkhanmpuite hi ka ning tawh .... tia a lo sawi ang hi kan chungah thleng ve lo se, Inkhanmpui nung tak, Lalpa hriatpui tlaka kan hman zel theih nan ṭan i la zel ang u.*

***Kristian chhungkua*****KRISTIAN CHHUNGKUA LEH INRENCHEM**

- *Liankimi*  
*Central Committee Member*

Bible-ah Pathianin a mite mamawh a pek ڻhin thu hmun tam takah kan hmu a. Lal Isuan a mite chu kan mamawh kan dil chuan min pek a tiām a, ni tina kan ڻawngtāinaah pawh ‘Ni tin kan ei khawpin chaw min pe ang che,’ tiin kan dil ڻhin a. Kan dilnate hi chhangin Pathian chuan kan mamawh min pe ڻhin a ni.

Kan sum hmuh leh thil dang kan neih te hi Pathian min pek a ni tih kan pawm ڻheuh va; chu vang chuan Pathian hnena lawmthu sawi nan thawhlawm pawh kan pe ڻhin a ni. “Thil zawng zawng hi i hnen aṭanga chhuak a ni a, i ta chu kan rawn pe leh mai che a ni si a,” tiin I Chronicles 29:14-ah kan hmu a ni. Amah leh thawhlawma kan pek bak kan sum la kawlte hi Pathian min pek tho a nih avangin fimkhur taka hmang tur kan ni tih hi kan ngai tuah ngai em? Kan sum hman ralnate hi Lal Isua hriatpui tlak, Lal Isua ni se a hman vena awm reng a ni ang em tih te hi kan rilruah awm fo sela a ṭha viau ang. Dik taka sum lak luh inzirtir a pawimawh tlukin dik taka sum hman kan inzirtir a ṭul a ni.

Inrenchem kan tih hian sum leh thil dang kan neih ang hmang phal lova kawmpui tlat lam a kawk lo va, kan neih ang ang ruahmanna fel tak nena hmanga, daihzai zawk leh ڻangkai zawka hman a kawk a ni. Kan ngaih dan dik lo deuh pakhat chu mi inren thiamte hi mi uikawm, mahni it ngawih ngawih pawh lei ngam lo, mi ti kher kher leh mi rual pawl lo leh kawm hrehawm niin kan ngai ڻhin. Hei hi a dik lo a ni. Mi inren thiamte chu mi fing, mahni invawng fel, mahni inthunun thei leh mi remhriate an ni zawk a ni. Lal Isua ringtute chu inrenchem nachang hria, a hmanna tur pawimawh taka fimkhur taka pawisa hmang ڻhin; mahse, mamawh loh lei

nan chuan sum hmang mai mai  
lo mi kan ni tur a ni.

### **Eng vangin nge Kristiante hi inren tur kan nih?**

1. Inrenchem hi Pathian duhzawng a ni. Pathianin malsawmna min pekte hi ṭangkai taka kan hman tura min pek a ni a. Tlaran taka kan khawsak a, leilung hausakna min pekte ren lo taka kan hman ral mai mai chuan min petu hi a lungawi lo vang. “I sumin Lalpa chawimawi la, i thil lo pung hmasa ber zawng zawngte nen,” tih Thufingte 3:9-ah kan hmu a ni.

2. Kan neih ang angte ren taka kan hman chuan a daihzai ang a, harsa lo zawk leh rilru hahdam zawkin kan awm thei ang.

3. Kan ram hausakna te, kan sum leh paite remchem taka kan hman chuan kan tu leh fate tan kan kheksak tihna a ni. Kan hun laia ren lo taka kan thil neihte kan hman chuan kan thlahten hman tur an nei ve dawn lo a ni.

4. Mite tan malsawmna kan nih theih nan kan

inrenchem a ṭul a ni. Entir nan ren taka electric leh tui ka hman chuan mi dang lo chang ve pha lote pawhin an chan ve phah thei ang a, ren lo taka ka lo hman mai chuan khawi laia mite emaw chuan an lo chan loh phah thei a ni. Inrenchem hi Kristian rilru nen a inmil a ni.

5. Inrenchem loh hi corruption bul a ni fo. Nu berin pawisa kan hman thiam loh chuan kan indaih lo reng mai ṭhin a, pa ber tan chuan nupui fanau mamawh ang pe thei lo nih ai chuan dik lo deuh pawha sum hmuh dan zawn mai a awl ṭhin.

Inrenchem chungchang kan sawi turah hian sum leh pai chauh ni lovin, kan vela boruak leh tui te, thing leh mau te, leilung hausakna hrang hrangte pawh hi a huam tel vek a. Amaherawhchu, nu kan nih angin sum leh pai leh in chhung khur hi kan ngaih pawimawh hmasak a ni lo thei lo va, chu chu sawi hmasakah kan nei dawn a ni.

**Sum leh pai :** Rim taka hna kan thawh a, kan hlawh chhuah te hi a enkawl dan kan thiam

loh chuan ho takin a ral leh mai mai >this a ni. Chuvangin, pawisa kan hlawh chhuahte hi tangkai tak leh daihzai taka kan hman hi mal min sawmtu duh dan pawh a ni.

Kan sum lak luhna kawng a inang lo viau hlawm ang. Loneitu te, sawrkar hnathawk te, sumdawngte leh ni tina ei chawp dapte pawh kan ni ang. Ni tin emaw, kar tin emaw, thlai thar lai emawa pawisa la lut kan nih pawhin kan lak luh ang ang kha renchem taka kan hman thiam a ngai a ni. Sum thawk chhuak tur chuan rim taka thawh a ngai a, taihmak leh remhriatte a ngai tel bawk a. Chutiang bawk chuan sum renchem tur chuan remhriat te, taihmak te, hmangchang hriatte a pawimawh em em a ni. Inrenchem tura kan tih theih thil harsa lo te te han sawi dawn ta ila.

**1) Ei leh barah :** Ei leh barah hian sum kan seng hnem theuh awm e. Kan taksa hrisel tur chuan kan ei kan tihtat pawh a ngai a, chaw >this leh kan taksa mamawh thil dang kan ei a ngai a, chuvangin sum

senna lian ber pawh ni awm tak reng a ni. Amaherawhchu, ei leh barah hian tul lo takin sum kan khawhral nasa hlein a lang. Kan inrenchem theih zawk nan mi tinin kan tih theih theuhe han tarlang ila.

a) Chawhmeh kan leiin kan it zawng ringawt lei ai chuan kan taksain a mamawh lei a >this. A tlawm tih vanga kan chhungkuain kan ei tawk aia tam kan lei hian kan tichhe leh mai mai a, sum sen ralna a ni.

b) Ei rawng kan bawlin kan chhungkaw ei tawk awm vel hriat a >this khawp mai. Kan ei sen loh kan pail hian sum kan pail a ni tih hria ila. Mi thenkhat chuan a laklawh tih vangin kan ei tawk aia tam kan siam a, a >this kan pail leh teuh teuh >this. Lal Isua pawhin ei bang pail a phal lo va, a ruhtir leh vek a nih kha.

c) Kan taksain a mamawh pawh ni lo, puarna tak tak tling si lo hmawmsawm lei nan pawisa kan hmang nasa. Hei hi naupang nei chhungkuah hian a tambik. Kan tu leh fate ei tur >this pek aia an duhzawng hmawmsawm, an pum pawhin

a ngeih lem lohte kan leisak fo hian sum hehna bakah an hriselna thlengin a khawih pawi thei a ni.

d) Nu tam tak chuan thingpui dawra ei tur lam mai hi kan ching. Thingpui dawra mi ei aiin mahni ina siam ve mai hian pawisa a hek lo. Dawra mi pahnih ei man zat khan in lamah mi 5 ei a siam theih a, a thianghlim zawk bawk si. Hemi tur hian inzir peih ila.

**2) Thawmhnawah :**  
Mizote hi incheina lamah kan sang hle mai a, inchei pawh kan uar sawt a, hma kan sawnna kawng tak pawh a ni awm e. Amaherawhchu, kan neih mil tawka inchei hi kan inzirtir a pawimawh khawp mai.

a) Mahi inhmeh zawnga inchei thiam kan zir a țul hle. Mi mawipui ang kha ka mawipui ve kher lo mai thei. Chuvangin miin kawr man to tak an haa an nalhpui avang khan neih ve i tum lo vang u.

b) Kan neihin a tlin tawka inchei hi a mawi a ni. Ka thiannu neinung deuhvin kawr man to tak a hak avang khan

neih ve kher ka tum tur a ni lo. ‘I venchte thawmhnaw awt suh’ tih a nih kha.

c) Puk chawp/ba/ instalment-a thawmhnaw neih hi chin loh a țha khawp mai. Ka pawisa neihin ka thawmhnaw duh kha a lei thei lo a nih chuan ka neihin a tlin hun nghah emaw a nih loh chuan neih loh emaw ngam mai tur. Tin, nute hian hetiang hi kan chin chuan kan fateah kan tuh sam khawp mai.

d) Second hand hi a țha em em a, thawmhnaw țha tak tak he laia kan hmuh phak ve loh la thar tak takte tlawm tein kan lei thei a, thlasik lai phei chuan manhla tak a ni. Mahse, a lehlamah chuan second hand hian kan mamawh lem loh min leitir hnem khawp mai. Hmuh chawp duh chawp hi kan ngah phah. Chuvangin kan mamawh tak zawn bik kan nei a nih loh chuan second hand en kual vel mai mai hi kan mamawh lem loh leina a ni duh khawp mai.

e) Kan tu leh fate thawmhnaw man to tak tak haktir hi chin loh a țha. An naupan lai ațanga thawmhnaw

man to an hak ᲅhin chuan an seilen hnuah pawh a man tlawm kha an hmusit mai ang a, an hautak viau ang. A to apiang hi a ᲅha a ni kher chuang lo. Thawmhaw a man a tlawm avanga hnualsuat mai kan ching hi a dik lo.

f) Pawisa ah chhuah tam loh a ᲅha. Hei hian thawmhaw kan hmuh chawp; mahse, kan mamawh lem loh lei maina lakah min veng.

g) Kan thil lei tur hi kan mamawh vang nge kan it zawng a nih vang maia lei tum kan nih tih hi inngaihtuah fo a ᲅha.

### **3) Thil dangte**

a) Kan choka almirah-ah hman ngai reng reng loh tea set leh dinner set kan tlar tuarh a, hei hi kan intihmu khawp mai. Ka mamawh reng reng loh kha sum tam tak sengin ka lei tihna a ni.

b) In chhung bungrua - sofa set, dawkhan, tar mawi etc. man to tak tak kan lei a, kan enkawl ngun zui leh si loh hian ho takin pawisa kan seng ral mai mai tihna a ni. Kan bungrua neih ang te hi uluk

takin enkawl ila, rei tak min daih thei a ni.

c) In chhung khawsakah inren kan zir a ngai a, hmangchang hriat a ᲅul. Sahbawn them hi a tharah hmehbelin a tawp rak thleng a hman theih. Mombati bung dah khawmin chhuan tuia a thar chhun nan a hman leh mai theih. Hetiang hian thil tam tak ren dan a zir theih.

d) Electric leh tui ren kan zir a ngai. Nichina kan sawi tawh ang khan kan mamawh bak hi hmang lo ila kan bill a tlem sawt ang a, pawisa kan save tihna a ni. Chu bakah mi dang tan kan khek a ni a, mi tana thil ᲅha ti kan ni.

e) Mi tam takin pawisa kan sen ቴuh ቴuhna; mahse, kan sawi tam duh vak lohna hi chu mobile bill-ah hian a ni. Nute chu a seng tlem pawl tak chu kan ni ang. Mahse, kan fate thawh chhuah la nei si lote hian ren lek lovin mobile an hmang a, a tuartu chu nu leh pate kan ni leh tho si. Chuvangin kan fate pawh hi ᲅul lova mobile hman vak vak

hi pawisa a hek tih i hrilh fo ang u.

f) Zuk leh hmuam leh kuhva manah pawh hian kan seng nasa khawp mai. Kan taksa tana pawi turah hian sum kan seng ቴuh ቴuh reng mai a ni. Hei hi ngaihtuah chian a ngai khawp mai.

g) Thing leh mau, kan ram hausakna te hi kan mamawha kan hman tura Pathian min pek a ni. Mahse, ren miah lova kan hman bawrh bawrh chuan engtik niah emaw an la ral dawn. Thing leh mau kan suat nasa lutuk hian kan boruak a tilum a, tuihna a tikang a, harsatna tam tak min thlen a ni. Kan ram hring nuam tak mai, boruak thianghlim tak hi tichhiain kan thlahte tan thlaler kan hnutchhiah mai dawn em ni?

### **Kan tih theih dangte**

1. Kan sum hman dan turah hian ruahmanna fel tak siam lawk a ngai a ni. Kan chhungkuain pawisa kan lak luh aia tlema khawsak kan zir tur a ni. Nu ber remhriatna a pawimawh khawp mai. Kan thla tin buhfai mamawh zat,

gas, naupang fee, bazarna etc. mamawh zat chu nu ber hian kan hre ቴueh va, hemi aṭang hian ruahman lawkna kan lo siam thei a ni. Nu ṭhenkhat chuan thla tirah hian an sum hmanna tur hriat lawk, entir nan bawngchnute bill, electric leh tui bill, naupang fee, bazarna, etc. te kha envelope-ah an dah hrang sa thliah a, hei hian indaih lohna lakah a veng em em a, an zawngchhang hle a ni.

2. Tunlaiin nutling fate kawrhnuai takngial pawh ṭhui thiam lo kan tam ta em em mai a. Nau puan tlang thleh pawh man chawiin kan ṭhuitir ta zel hi chu a zia lo deuh a ni. Kawr nalh taka ṭhui kan thiam lo a nih pawhin kan mamawh zualpui tal intum thei turin i inzir ang u. Chutiang bawkin laphiar leh thil dangah pawh mahni intodelh i tum ang u, nasa takin pawisa kan save a ni mai. Nute hian kan fanute kan zirtir a va pawimawh em!

3. Bank emaw, mi mal emaw, hmun dang emaw aṭanga pawisa puk hi fimkhur a ngai khawp mai. Loan kan lak dawnin emaw pawisa kan puk hmain emaw a rulh lehna tur

ruahman fel sa kan nei a nih loh chuan loan te hi lak mai mai tur a ni lo. Sawrkar aṭanga loan kan lakte hi bat ral mai mai theiha ngai mi tam tak kan awm. Hei hi a dik lo, eng hunah emaw chuan kan rulh leh tho a ngai. Tin, engtin tin emaw lo sawi bo thei pawh ni ta ila, Kristian tih atan chuan a mawi lo.

5. Inrenchem tur chuan taihmak a ngai a ni. Kan pawisa hmanna kan chhut fel fo a ngai a, a tir lamah phei chuan kan mamawh zat tur kan hriat loh avangin lo inrin lawk dan kan thiam dawn lo va, chuvangin taima taka kan mamawh zat kan chhinchhiah a ngai dawn a ni. Tin, mi dang kuta kan in chhung khur inrel dan kan dah NASA lutuk hian min tihautak a ni.

6. Nu leh pate hian kan fate hi an mamawh apiang kan tihsak a, hei hian inrenchem tulna a hriat lohtir a, pawisa khawl tulna pawh a hriat lohtir a ni. Marwari-ho chuan Rs. 3000 an neihin Rs. 300 hman tur neiah an inngai a, a dang zawng chu khawl turah an ngai mai an ti thin. Kan rama vai mistiri-te hi

kan tluk lo em em a ni. An khaw lama an chhungte thawn tur hi an khawl thei reng a ni.

7. Bank hman ṭangkai a tha. Vaiho hi chu Rs. 50 dah tur pawhin bank-ah an kal ṭang ṭang peih. Keini chu kan hman bang chauh khawl kan tum a, hei hi a dik lo a ni. Mizo zingah hian natna khirh deuh tuar dawl lo kan tam khawp mai. Pawisa kan lo khawl loh avangin natna emaw, harsatna emaw kan tawh hun a lo thlenin a manganthlak lutuk a ni. Sum khawl hi tum hram hram ila, eng emaw thulha harsatna kan tawh pawhin kan buai chhe lutuk lo vang a; tin, Pathian zara hetiang hun harsa kan tawng lo a nih phei chuan a vanneihthlak dawn hle a ni.

A tawpna atan chuan Pathianin malsawmna min pekte hi amah chawimawi nan hmang ila. Chu bakah chuan inren thiam takin daihzai taka hman tum bawk ila. Tul lo leh kan awh zawng mai mai atan hmang lo ila. Chutichuan, kan khawsak a lo awlsam ang a, kan hlim bawk ang a, Pathian pawh kan fak thei zawk bawk ang.

**Sermon**

**KRAWS THU**  
**(Lk. 9:23; I Kor. 1:18; Gal. 6:14)**

– Rev. Thangzauva

Khawvela hremna hmuhsitawm ber Kraws thu hian ril takah mihring nun a chhun ṭhin a. Kristiante chuan thuhril thuk leh mak berah an ngaih laiin khawvel mi chuan an hrethiam lo va, thil atthlāk berah an ngai. Kraws chungchang hi hetiangin lo sawi ila.

**Kraws awmzia :** Kraws chu Latin tawngin *Crux* an ti a, Grik tawngin *Stauros* an ti a, kawkalh, dik lo, duh lo, pahi, thaichhia tihna te a ni. Kraws hi Phoiniki leh Karthaki-ho, Mediterranean Tuipui kam vela awmte chin chhuah, Romhovin an lak chhawn tak zel nia sawi a ni.

Kraws siam dan hmang hi chi thum a awmin an sawi - Latin Kraws - X, Anthony Kraws - T leh Latin Kraws - †. Latin Kraws hi Isua an khenbehna kraws nia sawi a ni. Kraws ban ziding hi ft. 8-9-a sang a ni a. A khamphei hi mi sual khenbeh tur chu an puttir ṭhin.

**Kraws - khenbehna hmun :** John L. Mckenzie chuan,

‘Kraws chu sal te, tualthat te, suamh mang te, phiarruk hmang te, khua leh tui nihna phatsantute leh helhote hrem nan a hmang ṭhin,’ a ti (Dict. of the Bible p. 161). Persia-ho chuan van chu Pathian awmna a ni a, lei pawh Pathian siam a nih avangin a thianghlim a; chuvangin, kraws-a khenbeh tlaka mi sualte chu lei si lo, van si lova khenbeh turah an ngai. Juda-te pawhin thinga khai apiang chu Pathian anchhe dawng an ti (Deut. 21:23).

**Kraws mak tak chu :** Amaherawhchu, Isua Krista, Pathian Fapa meuh kraws-a khenbeha a awm aṭang khan kraws chuan awmze thar a nei ta. He hmunah hian mihringte

hriat thiam hleih theih loh thil mak tak a thleng a. Ni si, ni si lo te; Ni si lo, ni si te a tam mai (Christian Paradox). Kraws chu thihna leh nunna hnar, thimna leh enna hmun, mi sual ber leh mi tha ber thihna hmun, diriamna vawrtawp leh hmangaihna sang ber lanna hmun, thiam loh changte thihna leh thiamchanna tlang, tlawmna hmun leh hnehna hmun leh a dang tam tak pawh a awm. Hla siamtute pawhin mak an ti nangiang a; “A va mak em, thi thei lo thi, A tumzia mak tu nge sawi thei?” “Amahah leilung a her laiin, Leilungah amah an zalh a,” tiin an sawi.

**Kraws - atna leh finna :** Grik-ho chuan Pathian chu lungngaihna te, hlimna te kan hriat ang hi hre ve theiah an ngai lo. Pathian chu he leia thu tisaa lo chang a, tuar ve turah an ngai lo. Pathian fapa Lal Isua - he khawvela lo kal a, kraws-a tuara thia han sawi chu an tan chuan thu atthlak a ni. Khawvel chhandamma tura kraws sawi chu an tan chuan thu atthlak a ni. Chu chu hriain Paula chuan, ‘Kraws thu chu

boral mekte tan chuan atna a ni si a, keini chhandam mekte tan erawh chuan Pathian thiltihtheihna a ni si a (I Kor. 1:18). Mi fing finna chu ka tiboral ang a, remhre remhriatna chu ka pah thla ang,” a ti. Kan ngaihtuah dan atanga tha leh fing nia kan ngaih hi Pathianin fing a ti fo lo, kraws-a pah thlak a ngai thin. Chu chu finna tak a ni si a. Pathianin finna a tih lamah nge, khawvelin finna a tih lamah ka awm? ‘Kraws-ah khengbet rawh’ kan ti ve dawn nge, Isua tantu ka ni zawk dawn le?

**Kraws chu thihna hmun a ni :** Kraws chu mi sualte thihna, mualpho taka khenbehna hmun a ni a. Mi sual thiam loh chantirna hmun zahthlak ber a ni. Mahse, Paula chuan, ‘Kei erawh chuan kan Lalpa Isua Krista kraws lo chu ka chhuan loh turzia mai chü; chumi azarah chuan khawvel hi ka tan khenbehin a awm a, kei pawh khawvel tan khenbehin ka awm a ni a ti (Gal. 6:14). Paula chungah kraws thihna avangin sualin a chungah thil a tithei lo, Paula pawhin a hmangaih

Krista kraws avangin khawvel tan a nung thei lo. Kraws chu inthenna hmun a ni a, inthihsanna hmun a ni.

**Kraws pua Isua zui tur a ni :**  
 Lal Isuan mi zawng zawng hnenah, ‘Tu pawhin mi zui a duh chuan, mahni hrehawm pawisa lovin, ni tin a kraws puin mi zui rawh se,’ a ti (Lk. 9:23). Sadhu Sunder Singh chuan kraws leh ringtu nun inzawm dan sawiin, ‘Kraws putu chu kraws-in a pu let thin,’ a ti. Thomas A. Kempis-a pawhin,

‘Kraws chu hlim sara i put theih chhung chu kraws chuan a pu ve thung zawk ang che,’ a ti. Hla siamtu chuan ‘Chu chu khawngaihna hmun a ni, a thisen avang chuan,’ a ti.

Kraws kan hnaih poh leh kan inpumkhat thin a, tuarna kraws chu ringtute damna atana buatsaih a ni a, thihna hmun chu nunna hnar a ni a, kraws-a tuarna avang chauhvin inremna a thleng thei. Thil reng reng kraws atangin thlir ila, enremna kraws hmang ila, a fel mai thin a ni.



**Mizoram Presbyterian Kohhran Hmeichhe Inkawmpui Lian Golden Jubilee Souvenir Magazine** a duh apiang tan lei theihin Kohhran Hmeichhe Department, Synod Office-ah Rs. 50-in a lei theih a, a zuar chhawng duh tan pawh ngaihven theih a ni e. He Souvenir-ah hian article tha tak tak, Central Committee lo ni tawh zawng zawngte hming leh thlalak, Inkawmpui lian neih tawhna hun leh hmun leh thu zir te, Inkawmpui lian Project te, Inkawmpui thurel pawimawh lak khawm te, Inkawmpui Liana thil thleng langsar zualte leh a dang tam tak tarlan a ni a, neih ngei chi a ni.

**Hriselna huang:**

## **TLAKCHHAM NATNA TLANGLAWN ZUALTE**

- *Zonunpari*  
*Nutritionist*

Taksa mamawh chi hrang hrang leh tlakchhamma bawrhsawmna thleng thei tlanglawn tak zinga mi **Vitamin A tlakchhamna** hi tlem azawng han tarlang ila.

Vitamin A tlakchham avanga thil pawi tak thleng thei chu midelna hi a ni. Kum tin Vitamin A tlakchham avanga middel tam tak an awm thin hi a pawi tak meuh a ni.

Vitamin A tlakchham tirh lam hian mit mal kan tih mai, eng tha mang lova hmuh theih lohna a awm thin. Chu bakah mit a ro va, a chuarin a thap hruih thin. Chumi hnuah mit var laiah eng emaw rawn bawhtu ni awm takte a awm a, chu chu Bilot Spot an vuah. Hemi hun laia hriat chhuaha enkawl vat chuan a dam leh thei. Enkawl a nih loh erawh chuan tlakchham a lo nasa zual zel a, mit dum lai a rawn thleng a, mit dum fim ral tur kha a lo nu a, a nasat zual phei chuan a lo nem a, a puak keh a, mit a del ta thin a ni. Enkawl dam theih a ni tawh thin lo.

Naupang zingah a hmaa kan sawi tak protein energy malnutrition vei te, sentut leh kawthalo nei reng maiten Vitamin A hi an tlachham duh viau.

A enkawl dan : Vitamin A tlakchham natna hi enkawl vat a tul a, Vitamin A tui (2,00,000 IU) pek vat tur a ni a, Vitamin A tamna lam chi chaw pek uar a pawimawh bawk.

A venna : Vitamin A hi thinah a inkhawl theih avang in naupang in thla ruk danah 2,00,000 IU Vitamin A solution naupang in a lak thinin tlakchham natna lakah a veng thei. Hei hi sawrkarin Health Department kaltlangin a thlawnin a sem a, naupangte dawntir ngei a tha hle. Social Welfare Department kaltlangin Vitamin A telna multivitamin

emaw Vitamin A & D mum emawa sem a ni bawk.

Hriak/Ghee tam takah hian Vitamin A leh D te telh a ni a, tun hnaiah hian bawngnute pawh hi hmun tam takah chuan Vitamin A telh (fortified) a ni bawk (eg. Mother Dairies). Mizoramah pawh hian tih ve theih a ṭha hle awm e.

Vitamin A tamna lam chi ei tam tura inzirtir a

pawimawh hle bawk. A bik takin naupangten an ei duhna tura fuih emaw fak emaw thiam a ṭul a, bung hmasa lama kan sawi tawh ang khan Vitamin A (retinol) chu sathin, artui chhungmu, bawngnute leh nghapui thaueh te a tam a. Taksaa Vitamin A a chang thei carotene chu thlai hnah hrинг, thei leh thlai hmin lamah a tam thung.



### *Hriat atan*

Synod Executive Secretary-te hna chanpual chu remchan zawkna avangin thlak danglam hret a ni a. Kohhran Hmeichhe lam changtu Rev. Zosangiana Colney ni ṭhin kha tun aṭang chuan Rev. Lalzuithanga a ni tawh dawn a. Kan chanchinbu Punisher pawh ani hi a ni tawh ang.

## ***Character Study***

### **PHILIPA FANU PALITE Chang thlan : Tirhkohte 21:8-9**

**Philipa chu tu nge ni :** Philipa fanu palite chanchin kan sawi dawn chuan Philipa hi tu nge a nih kan sawi hmasak a ngai. Thuthlung Tharah hian Philipa hming pu hi pathum an awm a - (1) Apostol Philipa, Bethsaida khua; (2) Philipa, lal Heroda ropuia fapa leh (3) Philipa, Kohhran Upa, Chanchin Ṭha hriltu, Kaisari khuaa mite an ni a. Tuna kan sawi tum tak chu Philipa, Kohhran Upa, Chanchin Ṭha hriltu, Kaisari khuaa mi hi a ni.

Kaisari chu Rom ram awptu hmunpui a ni a, he khua hi Herod Ropuia din B.C. 13 vela mi tawh kha niin Jentail-te khawpui a ni a. A hnu zelah Kristiante hmun pawimawh tak a lo ni ta zel a ni. Philipa chu Kohhran Upa, Chanchin Ṭha hriltu, Kohhran mamawh leh mi rethei enkawl tura mi fel pasarih thlan zinga mi kha a ni. Stephana thih hnuah Samaria ramah thu a hril a, damlote pawh amah kaltlangin Isua hmingin an dam a. Ethiopia mi, mi tilreh lal tak pawh Isua chanchin a hrilh a, Isua ringin baptisma a chang a, Tirhkoh Paula pawhin a tlawh nghe nghe. Kaisari khuaah hian rei tak a awm a ni.

**Philipa fanu palite :** Tirhkoh 8:40; 21:8-9-ah Philipa fanu palite hi an hringtu nu leh a chanchin Bible-ah kan hmu lo va, an hming pawh tarlan a ni lo. Amaherawhchu, Bible-in heng unau pali (fanu pali) te nihna pawimawh tak te hi min tar lansak thung, hetiangin:

**1) Nula thianghlim an ni (Tirh. 21:9) :** Lal Isua paitu Mari kha nula thianghlim a ni tih Bible-in a sawi a. Philipa fanu palite pawh hi nula thianghlim (tuma la tihbawlhhlawh loh) an nih thu Bible-in min hrilh.

Roman Catholic chanchin chhuitute chuan Philipa fanu palite hi, “Kohhran hmasate zinga hmeichhe inserh

thianghlim hmasa berte,” (first nuns of the Christian Church) tiin an ziak hial. B.D. Alexander-a chuan nula thianghlim an nihna chu hetiang hian a sawi fiah a, “Inah an awm chawt a, Pathian thu an hril bawk a, chuvangin hmeichhe fel leh thianghlim an ni tih a chiang a ni,” a ti a.<sup>1</sup>

Bible-ah hian Philipa fanu palite hming leh an hringtunu chanchin lama ziak kan hmu lo va; amaherawhchu, an nuna Pathianin a ngaih pawimawh zawk, nula thianghlim an nihna leh Chanchin Tha hriltu an nihna chu a tarlang zawk a ni.

Tunlai kan hring nunah hian kan nula leh tlangvalte hian nula/tlangval thianghlimte hi an ngaihsanawmzia, an hlutzia leh an zahawmzia pawh kan ngaihtuah pha ta meuh lo a ni lo maw? Tleirawl, nula/tlangval inngaizawngte hian mipat hmeichhiatna hman hi a ken telah an ngai tel tlat tawh niin a lang. Nu leh paten kan tu leh fate kan enkawl danah hian

Philipa fanute anga ‘Nula thianghlim’ tih ve ngam turin an thianghlimna vawnhimpui turin tan i la ang u.

**2) Philipa fanute chuan Pathian chu an hril thin a :**  
Philipa fanu palite hi rawngbawltu fate ni âwm rengin an invawng thianghlim a, an pa rawngbawlna, Chanchin Tha hril hna chu an thawhpui a ni. Sapṭawng Bible (RSV) chuan ‘pasal nei lo fanu pali; zawlneite anga thu sawi,’ tiin a dah a ni.<sup>2</sup>

Philipa fanute hian Lal Isua ngaih pawimawh ber Chanchin Tha hril hna an thawk hi a ropui hle mai. Anmahni hringtu pain Chanchin Tha hril thupui bera a neih chuan a fate nunah thu a sawi ring hle a ni, ti pawhin a sawi theih ang.

Kan ramah, Mizo chhungkuah hmeichhe fa nih hi vanduaithlak a nihna a la tam a, fapa nei lova fanu hlir neih phei chu nu leh pa rilruah famkim lova inhriatna a la lian hle. Chutih laia Philipa fanu palite nun thianghlimna leh

<sup>1</sup>Thuthlung Thar Hmeichhia - Lalsangzuali Sailo, Philipa Fanute p. 74

<sup>2</sup>Thuthlung Thar Hrilfiahna : Tirhkothe Thiltih by Rev. Dr. Zaihmingthanga, p. 267

chanchin Tha hriltu ropui tak an lo ni hian Pathian ngaihah pawh fanute hlutzia a lo lang.

Philipa te chhungkaw nun hi a Kristian chhungkua hle mai a. Pathianin chhungkaw hmanga a thil tum - Pathian ram tizau tura beih, Chanchin Tha hrilh leh van hmunah khian mi thianghlimte nen Pathian chhungte ni tura chhungkua inbuatsaiah felna chu he chhungkuaah hian a awm a ni.

Chhungkaw pa ber hovin Chanchin Tha hril, Pathian rawngbawl chu an hna pui ber a ni a. A fanute hian a Chanchin Tha hrilhna chu thlawpin an nun pawh Chanchin Tha hriltu ni âwm rengin an vawng thianghlim a ni.

Philipa te chhungkua leh a fanu palite nun hi kan chhungkua theuh min chotu leh kan tu leh fate kan enkawlnaa kan nun chhuahpui tur lo ni thei se a va duhawm em!

### **PATHIAN THU ZIR DUH TAN**

Presbyterian Bible School, Mission Veng, Aizawl Session 22-na atan Certificate in Theology (C.Th.) admission hawn a ni a. Dil duhte tan a hnuaia tarlan hi hriat tur a ni e.

- Admission form : Office hun chhungin Rs. 5-in a lei theih.
- Dil hun chhung : May 9, 2011 (Thawhtanni) tlai dar 3 thleng.
- Dil thei chin : Class VIII passed, kum 16 chin, Kohhran dan chhunga awm.
- Interview : May 11, 2011 (Nilaini) zing dar 10:00
- Zir hun chhung : May – August, 2011
- Stipend : Zirlai pakhat hnenah thla tin Rs. 300 pek a ni.  
Hostel a awm lo.

Hre chiang duh tan Ph. No. 2317343/9436352792-ah zawh theih a ni.

Sd/- Rev. V. Lawmkima  
Principal

## ZAN TLAI CHUL RAM FAN CHU

**(chhunzawmna)**

*Rev. P.C. Pachhunga*

**Tawng thiam lohna lamah :** Kum 2001 Synod chuan Manipur Mission Field-a Field Secretary turin min ruat ve ta tlat mai a. Hun kal tawha Pathian min awmpui dan ka thlirin Manipur pawh ni se min awmpui ang tih ringin huphurh ngaihna vak ka hre lo va, ka nupui fanaute erawh chuan an huphurh hle mai. Kan thawhpui turten Airport-ah min lo hmuak a, hriat ngai lohte nen hna bul kan han တဲ့ leh a, khua a har thei hle mai. Zan tin maia bomb leh silai ri te, ni tin chanchina tualthahna thu hriat tur awm rengte chu ngaia neih a harsa hle a. Chutiang harsatna chu sawi sen a ni lo.

Harsatna tam tak kara Pathian awmpuina hlutzia erawh hmuh hmaih rual a ni lo. Manipura kum ruk kan awm chhung hi thawhpuite leh Kohhranho avanga Pathian hmaa ka တဲ့ leh mittui tlak tamna ber a ni a, chuti chung chuan Pathian faka hlim taka ka lam hnemna ber a ni bawk. Meitei hla saa ringtharte leh ringlote nen lam Pathian faka kan han lam tlang te kha, thinlung a hlimin a va nuam tak em! Lung a awi hliah hliah asin!

Pathian တဲ့ zia ka sawi hmaih hauh loh tur chu hei hi a ni. Kum a tam tawh vang pawh a ni mahna tawng ka zir peih lo va, ka thiam chak lo em em mai. Ka hnena lo lengten an sawi tur tam tak an sawite hian ka hriat loh a tam hle တဲ့ thin a, ka ‘aw’ liam mai mai chang a tam hle.

Chuti taka တဲ့ awng thiam lo chung chuan Presbytery Moderator turin min ruat tlat mai a, ka တဲ့ awngkam thiam tawka ka phat pawhin min ruat miau si a, ka inpha zo ngang lo a ni. Inkhawmpui te chu an la urhsun hle si a, tawng thiam mang lo chunga Moderator ka nih chuan keimah avangin Inkhawmpui zahawmna a tlahniam ang tih ka hlau em em mai a. Inkhawmpui hun laia zin bona tur programme emaw damdawi ina awmna tur emaw pawh ni se Inkhawmpui မြုလာနာ tur a nih chuan ka pawiti lo va, Pathian hnena ka dil hial a. Mahse, Inkhawmpui a lo hun dawn chuan programme dang neih တူလာ eng mah a awm lo va, damdawi ina han awm turin hritlang takngial pawh ka nei bawk si lo.

Inkhawmpui hun a lo thleng a, Inkawmpui rorel ka'n kaihruai ve ta a, Pathian rintlakzia chu ka tan haider luih rual a ni lo. Rorelnaa palaite thusawi zawng zawng kha hriathiam loh pakhat mah ka nei hauh lo va, ṭawngkam buai leh hnawk awm hauh lovin ka khaikhawm vek a, ka thinlungah timma eng mah a awm lo bawk. Tuivawl leh Khawchhak Presbytery Moderator ka nih aia ka chet chhiatna a awm reng ka hre lo. Chungte chu ka tan chuan Pathian thiltihmak ropui a tling a, a hun tak zela Pathian ṭanpuina lo thleng ṭhin hi rintlak a ni hliah hliah a ni.

Kum 2008-ah Manipur aṭangin Aizawl Bawngkawn Bialah ka insawn leh ta a. Bawngkawn veng, thang tlawm tak ṭhinah pawh mi ṭha, Pathian ngaihsak mi an tamzia ka hmuhin ka lawm a, Pathian hnenah lawmthu ka sawi a ni. Veng tinah mi ṭha tam tak an awm tih hi ka ringhlel tawh lo. Kum 2009 Synod Inkawmpui thlen dawnin kan Upa Biakthanga, Synod Nomination Committee member chuan Synod Secretary (Jr.) atana min ruat thu min hrilh a. Chumi zan chuan ka mu tam lo hle, Synod

Secretary hna hautakzia ka ngaihtuahin ka huphurh hle a, chu ai mahin kei aia fel zawk tur leh anmahni ngei pawhin kei aia âwma inngai an awm ka ring a. Synod O.M member ni turin ka inngaihtuah chhin ngai lo. Inkawmpui rorelna hmunah pha ta ila min pawmpui ang em? Phatna tur ṭawngkam nen lam chumi zan chuan ka duang lawk vek a, chung ka ṭawngkam duan lawkte nen chuan Pathian hnenah ka hlan ta a. Mahse, ka ṭawngtai chhanna ka dawn chu '*tanpui i ngaih hun lain ka phatsan ngai che em ni?*' tih hi a ni. Chu chhanna ka dawn veleha ka thinlunga chiang em ema ka chhui kir leh chu Meitei Presbytery Moderator ka nih ṭuma ka laka Pathian rinawmzia kha a ni. Keimah avang ni lovin min kotu Pathian rinawmna avangin hna harsa tak pawh hmachhawn ngam a ṭul tih hai rual a ni lo. Ka tana Pathian ṭhatna leh rinawmna hi a va ropui em!

Bial vawn leh Synod Secretary hna kawp chu a hautak hle mai a, ka taksa chak loh dan lah chu ka hrethiam mang lo va. Khawsikin khum betin ka damlo va, gaut natna avangin eng emaw chen kal ṭha

thei lovin ka awm a, ka mita lungte awm avangin hun rei tak ata tawh ka buai bawk a. Mahse, chuti chung chuan Pathian ɻhatna leh rinawmna avangin mualpho lovin ka awm ve zel a. Ka thawhpuite an felin kan Bial chhung Kohhran lahin min hrethiam bawk a, mite ɻhatna hi ka tan a hlu hle mai. Heng zawng zawng ka ngaihtuah hian mite ɻhatzia hi a ropui ka ti em em a, ‘Engati nge pulpit thlenga mite sualzia kan ngaihthlak reng mai le? mite ɻhatzia sawi tur a tam tehlul nen! an thatna sawi lova sualna hlir kan aupui vak vak mai le?’ tih hi ka zaghna a ni.

Sawi hmaih hauh loh tur ka la nei. Synod Inkawmpui a zo va, hmabak hlen ang deuhin rilru a thawveng huai a, rilru hahdam leh ngaihngam takin December 17, 2010-a zai turin Durtlang Hospitalah December 15, 2010-ah ka in-admit ta a. Ka mita lungte (Saihlum tiat dawn lai 2) chu ɻha taka lak chhuahin a awm a. Damdawi in aṭanga ka chhuah dawn zan, December 21, 2010 chuan min zaitu Dr. C. Lalhmingliana te nupa an lo leng a. Chuta an nupa titi mawlh mai chu min

awmpuitu, ka fapa nen chuan ngaihnawm kan va ti tak em! Beng 10 lai neiha ngaihthlak tak a chakawm a ni! Pu Hminga chu Mizo zinga doctor thiam hmasate zinga mi, mi zai thiam (General Surgeon) a ni a. Anni hun lai chuan doctor an la tlem a, duh ni se khawi hmunah pawh a tan sum hmuhna tur a huphurhawm loh, sum leh paia hausakna zawng ni se nasa taka inhaivur thei tur a ni a, an engto zawng ni se concrete building ɻha tak nei ngei tawh tur an ni. Mahse, chutiang a ni lo, Pathian avangin chung hausakna te chu hawisanin Durtlang Damdawi In tan an inpe pumhlu a, kum 2011 January-a pensiona an chhuah pawhin, ‘hei hi kan in’ tia han invawm luhna tur pawh nei hauh lovin an awm a nih chu! Hei lo liama inpekna ropui hi a awm bik dawn em ni? Doctor thiam hmasa, mahni puala in chhe tê pawh nei lo khawpa rawngbawlna atana ihmang zo hi, vawiina mite hian chawimawina chang kan hre lo a nih pawhin a rawng a bawlsak, a Lalpa chuan ropui taka a chawimawi ni chu a lo la thleng ngei ang.

Engati nge hetianga mi rinawm leh Pathian tana mi

ṭhahnmngaite chanchin hi kan pulpit tlangahte hian kan aupui fo zawk loh? Mi duham leh mi pamhamte chanchin kan aupui chiam chiam laiin mi ṭha leh rinawmte chanchin hi kan thuk ru si ang maw? Pu Hminga chauh pawh a ni lo vang, amah ang bawka mi rinawm leh Lalpa tana inpe tam tak an awm ang. Mi sualte chanchin ni lovin heng mi ṭhate chanchin hi Kohhran mite benga ri tam ni zawk sela chuan kan rilru put hmang (mind set) pawh hi a dik zawk tur!

Kan ram sualin min beih buaia, ṭhalai tam tak an khawloh mek lai hian, kei zawng, kawng dik lo zawhtute hi kan rama chanchin sawi tur nei chhunte an niin ka hre lo va, ka hun liam tawh ka chhuikir vang vang pawhin mite thatna hi sawi sen loh hmuin ka inhria a, chung mi ṭhate chanchin chu ka thinlung luantu ber a la ni fo. Mi ṭha leh rinawm tam takte avang hian ka Pathian hnenah pawh lawmthu ka sawi a ni. Thu ziak thiamte leh thu sawi thiamhote hian thil tisualtute chanchin ni lovin thil ṭha titute chanchin hi mipui min zirtir fo zawk sela, ṭhangtharte nun hian kawng dik a zawh zawkin ka ring ṭhin a ni.

Mi sual leh Pathian pawisa lohote hi an hnenah vaukhanna thu aupui tur chu a ni ngei mai. Mahse, mi sualten sual dan chi hrang hrang an hriat tamzia thu hi kan pulpit rawngbawlna luah khattu tur a ni dawn em ni? I naupang enkawl lai kha mi sual chi hrang hrangte sual dan chanchin hrilh fo nge ṭhaa i rin, Pathian ringtu mi ṭha leh rinawmte chanchin hrilh fo? Vantlang leh Kohhrana zirtirna kan pek dan ngei pawh hi a ṭha tawk em tih i en chiang fo teh ang u khai. Tunlai khawvel hmanraw ṭangkai, Internet thlengin nu mawlmang deuh ṭhenkatten nula tlangvalte sual rawngbawlna hmanrua emaw an tih khawpin kan sawi sawp a, hmanraw tangkai a nih dan leh a tel lova tunlai khawvel hmasawnna um phak theih a nih lohzia leh hmang ṭangkaitu nih a ṭulzia inzirtir zawk tur a ni dawn lawm ni. Vantlang thil thlir dan tikhawlo dawrh khawpa thil chhe lam inzirtirna hi kan chhiatpui mek a ni. Heng thute hian ka natna tuar chu min chhawk zangkhai em em a, chu zan khawhar tak chu suangtuahna ramah hlim takin min feh chhuahpui a ni.

**BUHFAITHAMAH ENG BUHFAI NGE THAM TUR?  
TUTE NGE LEI THIN ANGA TUTEN NGE KHAWN  
THIN ANG? (chhunzawmna)**

*Prof. T. Vanlaltlani  
ATC, Durtlang*

**II. TUTE NGE BUHFAITHAM LEI ANG?**

Buhfaitham hi enkawltute tih dan a inang vek lo. Chenna leh khawsak dan inang lo tak taka miten buhfaitham kan hrallh chhuah hun te, hralhna zat te, lei tura kan ngaihte pawh a inang lem lo. Tih dan nghet zawm tur siam a awm bawk lo va. Khawsakna hmun azirin tih dan a dang mai a ni. Hmun/khua thenkhatah chuan mi harsa zawkte lei turah ngaih a ni a; mi khawsa thei pangngai tan lei ve tura ngaih a ni lo deuh. A thenah erawh chuan a duh apiangin an lei a, lei tur awm deuh leh awm lo deuh an awm lo. Hmun thenkhatah chuan mahni ei tura duh hauh lovin ranvulh ei tur atan lei an awm bawk. A eng chu nge dik ber Bible-ah buhfaitham chanchin a lang si lo.

**1. Buhfaitham lei hi mi harsate chan tura ngaihna a awm :** Dinhmun inthlau tak tak awmna vengah chuan harsa leh rethei deuhte lei tura ngaih hi thil tha tak niin a rinawm e. Damlo buhfaitham thei lo tan te, parawl leh hmeichhe awm lohna chhungkua tante hian thlei fai sa buhfaitham tling khawm lei chu an khawsak a lo sam phah thei. Buhfaitham hmunah chuan buhfaitham

hralhna rate a lo hniam deuh si chuan mi harsa leh retheite duhsak chu rawngbawlna hlu tak a ni ngei ang. Chutih laiin, a nei deuhvin an lo lei a nih pawhin inhmuhmawh phahna tur chi chu a ni lo vang.

**2. Buhfaitham chu a duh leh remchang apiangin leina hmun a awm :** Dinhmun inan deuh pet petna hmunah chuan a duh apiangin an lei a, thil dik lo ni lemin a lang lo. Buhfaitham

lei ve lo tur list siam thu a awm lo va; mi mal ngaih dana thil sawi vak vak pawh tul lo chin a awm thei ngei ang. Buhfaitham hralhna rate a lo tlawm deuh avanga hralh leh tuma leite chu thil tih chi vak niin a lang lo va. Mi dang chan aia tam chan tuma vir buai bik nih pawh a nalh hek lo. Mipui vantlang ngaiha a awm tawk ang deuh hi zui theih a tha a. Mi dangte tih baka thil tih tum leh chan tumte erawh ringtuten pumpelh a tha.

En mai leh han ngaihtuah pawha mihring ei tur ngeia miten buhfaitham thlahlel taka an lei laia, ranchaw atana buhfaitham hralh chhuah apianga chan tumte kan awm chuan a tha vak lo theiang. A tlawm deuhna it vanga thenawm khawvengte ei duh ngawihngawih ranchaw tura lei lo chuhhelh viaute kan nih chuan inngaihtuah ngun deuh pawh a tha ang. Hetia kan sawi hian ranchaw atana buhfaitham leitute hian sual lian tak an ti kan tihna a ni lo va. Mi dangte mamawh em em lo kiantu nih hi neinung zawk tan chuan a tha tih kan tarlanna a ni.

### **III. BUHFAITHAM HI TU KHAWN TUR NGE?**

Buhfaitham hi hmeichhe ta bik a ni lo va; Kohhran Hmeichhe rawngbawlna bik lah a ni lo tih hi kan Synod hruituten an sawi thin. A dik khawp mai. Amaherawhchu, buhfaitham khawn rawngbawl hna hi rawngbawlna dang anga ngaih chu a hlawh lo deuh em ni aw tih turin kum thara Rawngbawltu list-ah te hian buhfaitham khawntu tel ve a ni ngai lo.

**1. A tlangpuiin buhfaitham khawntu chu hmeichhia an ni :** Buhfaitham khawn chu mihring ngaihah chuan rawngbawlna sangah dah niin a lang lo. Kohhran enkawlna huang, Pastor leh Upaten an thawh thinah te tel a ni lem lo. Kohhrana rawngbawlna langsar dang chelhtute angin buhfaitham khawntute hming Biak Inah lam chhuah a ni ve vak lo (Kohhran thenkhatah chuan an lo lam chhuak mial mahna). Eng vang nge ni ang le? Kohhran Hmeichhe inkhawmna lamah chuan buhfaitham khawntute hming

lam chhuah chang a awm deuh mai thei e.

## **2. Buhfaiṭham hi mipa pawhin khawn theih a ni :**

Mipa Ქhenkhat chuan buhfaiṭham khawn hi chu hmeichhe tih turah an ngaih tlat avangin khawntu nih an hreh hle mai a; chutianga ngai lem lo mipa zingah tlem te chu an awm. {Aizawl Theological College Compound-ah chuan mipa Ქhenkhat, patling (Minister leh laymen) te, tlangvalte leh mipa naupangte pawhin}-in hlim takin buhfaiṭham khawn hna hi an thawk Ქhin. Hmun dangah pawh buhfaiṭham khawn rawngbawl hna hmusit lova thawk Ქhin mipa an awm ve beisei ila. ‘Hmeichhe Buhfaiṭham’ emaw ti Ქhin mipate pawh harh chhuah a hun ta viau mai. Rawngbawl hna hi engtin nge kan thlir tih hi buhfaiṭham tukverh aṭang hian han thlir ila lang chiang riau chin a awm ve Ქhin. Cheng nuai za tam tak thawk chhuaktu buhfaiṭham hi vawi khat tal pawh khawn lo hian kan dam chhung nite hi chhungkuua member tin hian kan hmang

liam palh ang tih hi hlau ila a tha khawp ang.

## **3. Buhfaiṭham khawn hi Pathian tana seng khawm hna tlawm tak a ni :**

Pathian rawngbawl hna te, chhungkaw rawngbawl hna te, nupui/pasal rawng inbawlsak tawnna hna te hi a hmei a paa thawh tlan nachang hria ila hma kan sawn ngeiin a rinawm. Nuin a buai leh nawmsam loh Ქuma, ‘*Paa tun thla hi kan buhfaiṭham khawn hun a ni si, ka dinhmun heti hi a ni a, min lo pui thei em?*’ a tih dek deka, ‘*A teuh lo, khawn lo tawp ula a ni mai; thaibawih nghal lova patlingin buhfaiṭham khawn duk duk*’ a tih hlur mai chuan chupa chuan buhfaiṭham khawn hi Pathian tana seng khawm hna tlawm tak, Ქangkai tak si a ni tih hre lo khawpin a lo chapo tihna a ni ang. Mizo Kristiante hian rawngbawl hna langsar hi chu kan tlan chhiatsan phal hauh lo va, Ქhenkhat phei chuan kan chak zek zek a; rawngbawl hna tlawm leh hniam leh langsar lo erawh hi chu kan thawk chak lo va, tlansan kan

hreh lo va, thawk tura ruat kan nih loh hian kan lawm ru hle Ჰthin. Buhfaitham khawn rawngbawl hna kher kher hi chu mipa tam takin an thawh hreh, an duh loh, an hnawl, thawh an zah zawng tak zuk ni tlat a. Mahse, Bible-a lang pawh ni si lo, Pathianin a rawngbawlna tura a hman duh em em a ni tlat si hi, thawk ve theia awmte chu kan lawm tur a ni ang. He rawngbawl hna hi chu a tlawm em a, a thawk turin tumah hnawl kan awm lo, lawm taka thawh zel chi a ni. Chhungkua eng ang pawhin buai ila lawm takin i thawk zel ang u.

Buhfaitham hi a Ჰhamtuin Pathian tana kan dah hran a ni

tih hre reng chungin tu pawhin lei dawn se kan ei ang ang kan Ჰham ve hi a Ჰha ber ang nge? Kan ei aia Ჰha kan Ჰham theih loh pawhin a aia chhia hi chu Ჰham lo thei ila, min hmu rengtu leh min chiktute mithmuhah a mawi zawk ang em? A leituten kan buhfaitham khan an chawte a titui ve deuh ang a, a Ჰha hle dawn lawm ni? Mi harsa kher lovin buhfaitham kan lo lei pawhin a Ჰha hlei hlei chu a Ჰha e. A khawntu tura ruat kan nih pawhin he rawngbawlna tlawm tak hi chhungkaw tinin hlím taka thawktu nih i zir ang u.



Thinur har mi chu finna NASA tak nei mi a ni a,  
Mi ti thawt thawt erawh chuan âtna a  
chawimawi.

Thufingte 14:29

**MIZORAM PRESBYTERIAN KOHHRAN  
HMEICHHE INKHAWMPUI LIAN VAWI 44-NA  
LEH GOLDEN JUBILEE LAWMLA REPORT**

*Lalthansangi Fanai  
Asst. Secretary*

Mizoram Presbyterian Kohhran Hmeichhe Inkawmpui Lian Vawi 44-na & Golden Jubilee Lawmla chu March 3-6, 2011 chhungin Kawnpui (Playground No. II)-ah tluang tak leh hlim taka hman a ni. Inkawmpui palai hi Inkawmpui tiak ni thlenga ni tin kan thlen belh zel avangin a zat chiah tarlan a har a. March 5, 2011 (Inrinni) chhun thlenga Reception lamin Palai riak lut an chhinchhiah zat chu 4153 a ni a, palai riak inziak lut lo leh langa kal thin eng emaw zat an awm bawk.

Kohhran Hmeichhe Inkawmpui Lian neih tan kum 1960 atanga chhiarin kum 2010 kha a kum 50-na a ni a. Central Committee chuan Inkawmpui Lian Vawi 44-na hman pahin Golden Jubilee hi lawm nghal nise a ti a, Inkawmpui Lian hi ni khata tan hma a ni ta a ni. Palaite hi March 3, 2011 (Ningani)-ah thleng khawmin, zanah Inlawmla hun hmangin Kohhran Hmeichhe Rawngbawlna Report ngaihthlak a ni a. Central Committee-in lehkhabu rawn tlak leh ro tling tur a buatsaib Golden Jubilee Souvenir Magazine chu Rev. P.C. Pachhunga, Synod Secretary (Sr.)-in a tlangzarh bawk.

March 4, 2011 (Zirtawpni) zing dar 6:00 atanga chawhnu dar 2:20 thleng Kawnpui Hmarveng Kohhran Biak Inah Inkawmpui Lian Committee neih a ni a, rorel palai 386 bakah chhimtu thahnem tak an awm. Central Committee sensovin tukthuan kil ho a ni. Thurel tlangpuite :

- (1) Women Centre Special Budget neih chhunzawm tha tih a ni a, Central Committee-in a ruahman tura dah a ni.
- (2) Bial Buhfaitham Ziaktu term chungchanga Pastor Bial Inkawmpui term zui rawtna, Bial Hruaitu nominate zat chungchanga rawtna leh

Presbyterian Church of India (PCI) hnuiai hmeichhe Pathian Thu zir chhuak a phu leh âwmte Pastor/Minister atan nemnggeh rawtna te chu SEC-ah thlen tura dah a ni.

(3) Bial Inkawmpui hun leh ni inang tlanga hman rawtna chu rawt anga Central Committee-in ruahmanna a siam tura rel a ni

(4) Inneih sawngbawl dan sawihovin, Synod-in Chhiatni Thatni Inkaihhruaina a buatsaiah chu zawma tihlawhtling turin kan inchah.

(5) Mizo hmeichhiae incheina chungchang thu lut chu Synod hmalakna ngaichang chungin Central Committee-in a tul anga hma lo la turin an kutah dah a ni.

Inkhawmpui Lian Project leh Budget 2011-2012 atan hetiang hian rel a ni :

### **Project**

- (1) Women Centre atan Rs. 7,20,000.00
  - (2) Inkawmpui Lian thlengtu tanpuina - Rs. 1,50,000.00
  - (3) Rorel Inkawm thlengtu tanpuina - Rs. 30,000.00
  - (4) Inkawmpui Lian sum Rs. 1,00,000.00
- Total Rs. 10,00,000.00**

**Kum 2011-2012 Budget**  
(sum hmuh leh hman tur) atan **Rs. 26,45,000.00** ruahman chu pawm a ni bawk. (He Budget-ah hian a chunga tarlan Central Project Rs.10,00,000.00 hi a tel a ni.)

Thurel zawahh Rev. P.C. Pachhunga, Synod Secretary (Sr.); Rev. Zosangliana Colney ES i/c Hmeichhia, Rev. R.T. Lianthanga, Kawnpui Pastor Bial vawngtu, Minister dang leh Update kaihhruaiin kum 2011-2013 chhung Hruaitu tur thlan a ni a, heng mite hi Office Bearers atan thlan chhuah an ni:

*Chairman*

Pi Laltlanmawii, Chanmari Bial (Synod ruat)

*Vice Chairman*

Pi Khawlvuani, Hlimen Bial

*General Secretary*

Pi H. Lalpianthangi, Asst. Co-ordinator (Synod ruat)

*Asst. Secretary*

Pi Laldawnkimi, Ramhlun Bial

*Treasurer*

Pi Lalsawmliani, Bawngkawn Bial

*Fin. Secretary*

Pi Liankimi, Mission Veng Bial

Anni bakah hian khawpui chhung Bial hrang hrang aiawh Committee member 29 leh member ni sa Coordinator Pi Lalrinkimi, Asst. Coordinator NL Vanlalsawmi leh Chairman kalchhuak Pi C. Lalneihkimi te nen (*Synod puipate chhiar tel lovin*) Central Committee hi mi 38 an ni a. Pathianni zanah Hruaitu tharte hi Rev. C. Lalsangliana, Synod Moderator-in Pathian hnenah a hlan a ni.

Kum 2012 Rorel Inkawm chu Tlangnuam Kohhran Biak Inah nghah a ni a, kum 2013 Inkawmpui Lian thlen dil erawh kan la awm lo a ni.

Mizoram Synod hnuai a awm Kristian Chhungkaw Dinhmun Tehnaa tel Bial 161-a Bial 156 report lut aṭanga khaikhawmnaah Kohhran zat 812 niin Presbyterian Chhungkua 92,912 kan awm a, Kohhran Hmeichhe member 1,45,242 kan ni. Ni tin Chhung Inkawm nei chhungkaw 45,698 (49.18%) niin Buhfai tham ziah chhungkua 89,342 (96.15%) kan awm. Report lut lo Bial te hi Cachar Kahrawt, Chawngte ‘P’, Farkawn,

Tuipuibari Centre, leh Zokhawthar te an ni. Kum 2010 chhunga Buhfai tham hmuh zat belkhawm chu 86,97,424.760 kgs. (quintal 86974 leh kg. 24) a ni. Kum 2010 Kristian Chhungkaw Dinhmun Tehnaah N.E. Khawdungsei Bial (chhungkaw 552 awmna) an sang ber a, Ni tin Chhung Inkawm nei chhungkaw 523 (95.61%) leh Buhfai tham ziah 100% an ni a. Chawimawina Trophy leh Certificate hi Pathianni Chawhma Inkawmah Rev. Zosangliana Colney, ES i/c Hmeichhia-in NE Khawdungsei Bial hnenah a hlan a ni. Anni hian Trophy leh Certificate hi tum kua lai an lakna a ni a, kan lawmpui hle.

March 4, 2011 (Zirtawpni) Inkawmpui Lian Committee that hlanin Chawhma Inkawm Pandal-a neihah Pi Lalengthangi, Missionary hnen aṭangin thuchah ngaihthlak a ni a, Chawhnu Inkawmah Pi P.C. Laltlani, Librarian ATC hovin II Timothea zir ho a ni. Zanah Inkawmpui Lian Golden Jubilee hawnna Inkawm neiin, Rev. Zosangliana Colney, ES i/c

Hmeichhiain Golden Jubilee hawngin thuchah a sawi bawk.

March 5, 2011 (Inrinni) hi **Golden Jubilee** puala hman a ni a. Chawhma lamah Golden Jubilee Lawmna Inkawm neih a ni a. Hruaitu hlui Tte inhmelhriattirin, Ex-Chairman hnenah Jubilee thilpek Synod Moderator Rev. C Lalsanglian a hlan a. Pi Lalzawmliani, Ramhlun Venglai hnen aṭangin *Lalpa Fak* tih kan ngaithla a, Lungdai Bial Kohhran Hmeichhe Zaipawl zai bakah Aizawl khawpui Bial Infin Zaipawlin *Jerusalem ka In ropui* tih an rem kan ngaithla. Chawhma Inkawm banah mi 10000 ei tur Central Committee-in a bik tak a Aizawl aṭanga a chah thlen chu tlai leh puar takin kan kil ho. Chawhnu lamah Zaikhawmpui hlim taka hmangin lamtual kan luah hneh hle. Zan lamah Inkawmpui thupui **Kristian Chhungkua** (Josua 24:15) then I-na *Kristian Chhungkua* leh Tunlai Khawvel tih hmangin harsatna chhung tinin kan tawh chhan, tawh dan leh chhan chhuahna te NL. Zohmangaihi, Secretary for Women's Relations, PWF

PCI hnen aṭangin kan ngaithla. March 6, 2011 Pathianni Chawhma Inkawm thupui then II-na *Chhungkuaa Lalpa Rawngbawl* tih hmangin thuchah Inkawmpui Lian Treasurer Pi C. Lalhmangaihi hnen aṭangin kan ngaithla a, Zan lamah thupui then III-na *Kristian Chhungkaw Lungphum Krista* tih hmangin thuchah Pi C. Lalthanauvi, Central Committee member hnen aṭangin kan ngaithla bawk.

Pathianni Chawhnu **Lalpa Zanriah Sakramen Inkawm** Rev. C Lalsangliana, Synod Moderator-in Sakramen a theh a. Amah puitu Pastor, Minister leh Upate Bial chhung leh khaw chhehvel Bial dang aṭanga lo kal hmel hmuh a nuamin, darkar chanve chhunga engkim felfai leh kimchang taka zawh a ni kha a ropuiin, Sakramen buaipuitute bakah Usher te leh anmahni kilkawia hmangchang zirtirtute an fakawm hle.

Kumin Inkawmpui Lian hian danglamna tak a nei a - ruah emaw, rial emaw, thlipui emaw tihbuai hauh lohvin duan

lawk anga hun hman a ni a. Kohhranhote ṭawngṭaina avangin Pathian hnathawh kawng engkimah a lang a, Pathian faka zaiho a nuamin a khamawm lo hle. Zan Inkawm bana thu leh hlaa Inpawlhon neih te, Zing Ṭawngṭai Inkawm kal dan te, Thuchah nung tak kan ngaihthlak te, Zaia rawngbawlna nung tak te leh Thlarau Thianghlim pawlna changa lamtual kan khat mup mup mai te khan Inkawmpui hlawhtlinzia a tilang awm e. Thlarau lam inbuatsaihna a nasat ang bawkin tisa lama inbuatsaihna pawh a nasa e - Thingpui pawh mipui sang tel el euhten minute 15 chhungin kan in fel duak zel te kha remruat fel a ngai nasa ngawt ang, a lawmawm e. Synod lam hruaituten taima taka min ho avangin kan lawm a, hun hlu tak senga min vil tlattu Media - Synfo, Zonet leh tualchhung lama Cable TV etc. - hnenah lawmthu kan sawi e.

Inkhawmpui Lian thlengtu Bialhian Organising Committee bakah Sub Committee 10 an

insiam a. Pandal Sub. Committee-in Rs. 5,00,000.00 budget-a neiin a sak nan Rs. 3,41,550.00 hman ral a ni a, a ṭhiah leh senghawi nan eng emaw zat an sen belh ngei ang. Pandal hi a dung ft. 168, a vang ft.169 a ni a, mi 6200 vel leng tura beisei a ni. Hnatlang tha 1776 leh hlawhfa tha 340 seng ralin pandal sak nana tha sen zawng zawng chu tha 2116 a ni. Kawnpui khaw mipui mimir che vel hmuh leh hriat a nuam e - Pandal saa Kohhran hrang hrang ṭang tlanga an thawk chhuak ṭhin te, palai min dawnsawn dan leh khual khuua palaite neitu awma awmin, tlangnel sarha min siam hian an ‘zepui’ a tarlang tih loh theih a ni lo. Tute mah min lawm huam lo; mahse, kan tlangnel tlat si khan thu tam tak a sawi a ni. Hun, tha leh zung, sum leh paia an inpekna zawng zawng a ropui e. Kum 2013-a Inkawmpui chu khawi hmunah pawh nghah ni se, chutah ngei chuan inhmuh leh beiseiin, lawm leh ringin Lalpaah i awm tlat ang u.



***Ei siam dan*****BAWNGSA ROAST DAN****Telh turte**

Beef	:	1 kg.
Ghee	:	200 gm. vel
Vinegar, Pepper, Chi	:	duh zat
Soya sauce	:	2 table spoon vel
Wine	:	2 table spoon (optional)

**A siam dan**

1. Beef hi fork-in tha taka chhun tur a ni a, chutah chi, pepper, soya sauce leh wine chulh la, chutah vinegar-in chiah la, zan khat emaw, darkar ruk vel emaw.
2. Pot roast nan bel chhah deuh ni thei se a tha a. Beef marinate sa chu dah la, a chung leh sir velah ghee chu dah mai la, mei na deuhvah minute 15 vel chhung a vaia i leh kuala a sen deuh hunah tuiso tlem leih la, chhin la, a hmin tawk turin tlem tlemin tui leih la.
3. A hmin hunah chem hriam takin pan te tein a ti kal lo zawngin zailep la. Tomato, purun etc.-in chei ang che.



## **Kan Hruaitute Chanchin**

### **PI LALTLANMAWII**

Pi Laltlanmawii hi Pu Thangchuanga (L) leh Pi Lalremi te fa niin Saichal khuaah a piang a. June 21, 1973-ah Upa J.H. Ramnghinglova nen inneiin fa pathum leh fanu pakhat an nei.

Pi Laltlanmawii hian rawngbawlna hrang hrang a chelh hnem hle a, tualchhungah kum 1984 atangin Office Bearer a chelh kim deuh vek tawh a. Bialah kum 1989 atangin O.B-ah lutin Treasurer tih loh chu a chelh kim vek tawh bawk. Tin, Central-ah kum 1991-1993; 1997-1999 chhung Committee Member a ni a, kum 1999-2001 chhungin Treasurer a ni leh a; 2011-2013 chhung Chairman atan Synod-in a ruat leh a ni. PWF rawngbawlna lamah pawh Standing Committee-ah kum 1994-1996 leh 2000-2002 chhung a awm bawk.

Kohhrana rawngbawlna lamah pawh a awmna Kohhran Chanmari-ah Thuhrltu, Ramthar leh Meitei Christian Fellowship Committee Member a ni a, Mizo Synod-in Missionary hmeichhia ram pawn a tirk chhuah hmasak ber pahnih zinga pakhat a ni a, Manipur Field-ah kum 1972 khan a kal a ni.

A Bible chang duh zualte chu : Matthai 28:18-20; II Korinth 5:16,15; Galatia 6:14 te an ni a, a hla duh ber chu Kristian Hlabu No. 399 ‘Lalpa i rawngbawla min koh hi’ tih a ni.

Kohhran Hmeichhe Member-te hnena a thu chah duh chu a hming lam meuhva ṭawngtaipui ṭhin turin a duh a, Central Committee Member-ten inpumkhatna, inh mangaih tawnna nena rawng an bawl theih nana ṭawngtaipui te, Kohhran Hmeichhe member tinte Kohhrana rawngbawlna bakah Kohhran pawn lam thila inhambuai lutuk lova mahni chhungkua ngai pawimawh tur te, Kohhran nuten tu leh fateah harsatna kan neih pawha Pathian nena ding tlat chunga Lal Isua kraws hnehna puang chhuak zel tur leh lawm chunga rawngbawl zel turin a chah a ni.



## HRIAT ATAN

### 1. ZIN REPORT

**1) Sihfa Bial Kohhran Hmeichhe Inkawmpui :** February 11-13, 2011 chhung khan Sihfa Bial Kohhran Hmeichhe Inkawmpui Vawi 8-na, Dil Khan Kohhrana neih hmanpuin Pi Raldochhungi leh NI. Vanlalsawmi, Asst. Co-ordinator te an kal a, Inkawmpui thupui chu '**Kristian Chhungkua'** (Josua 24:15) a ni a. Thupui hi tum li NI. Vanlalsawmin a sawi a. Inrinni zan inkawm banah Central hruate pualin hun an siam a, Pi Raldochhungin hun a hmang. Inkawm apiangin Zaipawl, Group zai, Solo, Recitation a awm ziah a, Sihfa Bial hi an Pastor Thanhawlan a zir bawk a, an zai thiamin Solfa an thiam hle. Bial chhungah Kohhran paruk an awm a, a thlengtu Dil Khanah kan Kohhran in 20 chauh an awm nain palai 200 chuang hneh takin an thleng a ni.

### 2. MISSIONARY-TE TANA AGAPE CHANCHINBULAKSAKTUTE

Mizoram Presbyterian Kohhran hnuia Missionary thawk zawng zawng, contract-a rawihte nen 1000 chuang zette tan Agape chanchinbu laksaktute mi mal, Bial leh Kohhran Hmeichhia eng emaw zat kan awm ta. In zavaia chungah Agape Editorial Board chuan lawmthu a sawi leh a ni. Kumin hian Missionary Contract-a rawih thar thahnem tham tak an awm a. Missionary thenkhat laksaktu la nei ve lo an la awm a, thahnemngai laksak thei kan la awm a nih chuan Kohhran Hmeichhe Dept., Synod Office-ah lekhka emaw, telephone emaw-a in-report theih a ni e. March 1-16, 2011 chhunga Missionary-te tana chanchinbu laksaktute:

Sl. Laksaktu No.	Copy lak zat			
1. Lalbuangi, Hmunthar	6	8. Baktawng Venglai Koh. Hm.	10	
2. Bawngkawn Koh. Hmeichhia	10	9. Hnathial Bial Koh. Hm.	10	
3. Bulfekzawl Koh. Hmeichhia	4	10. Kolasib Venglai Koh. Hm.	20	
4. Champhai Vengsang Koh. Hm.	10	11. Lunglei Venglai Koh. Hm.	10	
5. Electric Veng Koh. Hmeichhia	40	12. Lunglawn Koh. Hmeichhia	10	
6. Ngopa Chhimveng Koh. Hm.	10	13. New Capital Comp. Koh. Hm.	20	
7. Ngopa Bial Koh. Hmeichhia	20	14. Seling Koh. Hmeichhia	10	
		15. Serchhip Vengchung Koh. Hm.	20	
		16. Tanhril Bial Koh. Hm.	20	

## 2011-2013 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Laltlanmawii
Vice Chairman	:	Pi Khawlvuani
Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Pi Laldawnkimi
Treasurer	:	Pi Lalsawmliani
Fin. Secretary	:	Pi Liankimi

### **Committee Member-te**

- |                         |                         |
|-------------------------|-------------------------|
| 1. Pi V. Vanlalhmuaki   | 2. Pi Raldochhungi      |
| 3. Pi K. Lalthanpari    | 4. Pi Biakengi          |
| 5. Pi Malsawmtluangi    | 6. Pi Lalnuntluangi     |
| 7. Pi Lalchawimawii     | 8. Pi Hmingkhumi        |
| 9. Pi C. Lianpari       | 10. Pi Rochhungi        |
| 11. Nl. Lalthantluangi  | 12. Pi C. Lalneihthangi |
| 13. Pi Rosangpuii       | 14. Pi Zohmachhuani     |
| 15. Pi Parchhuaki       | 16. Pi Liansangi        |
| 17. Pi K. Lalthangmawii | 18. Pi Vanlapari        |
| 19. Pi C. Lalrinliani   | 20. Pi Ramngaihsangi    |
| 21. Pi Rochuangkimi     | 22. Pi Laltlanthangi    |
| 23. Pi Lalrotluangi     | 24. Dr. Vanlalhruaii    |
| 25. Pi Vanlaltluangi    | 26. Pi Lalthansangi     |
| 27. Pi H. Kapthangi     | 28. Pi Lalrinzuali      |
| 29. Pi Lalrindiki       | 30. Pi Lalrinkimi       |
| 31. Nl. Vanlalsawmi     | Co-ordinator            |
| Asst. Co-ordinator      |                         |

### **Ex-Officio Member-te**

1. Rev. C. Lalsangiana, Synod Moderator
2. Rev. P.C. Pachhunga, Synod Secretary (Sr.)
3. Rev. Lalzuithanga, Executive Secretary i/c Women
4. Pi C. Lalneikhimi, Ex-Chairman

N.E. Khawdungsei Bial chu Kristian Chhungkaw dinhmun tehna 2010-ah pakhatna an ni leh a, Certificate leh Shield mawi tak an dawng. Tun tum hi vawi kua an dawnna a ni a. Bial chhung Kohhran in 552-ah 523-in ni tin chhung inkhawm an nei thei a. Buhfa hi 100% in an tham a ni.



Mizoram Presbyterian Kohhran Hmeichhia chuan Logo thar neiiin Kohhran Hmeiche Flag pawh design thar a siam ta. Flag hi Bial emaw Kohhran ta tur emaw, Kohhran hming dik tak hrilhin Pu Buta, Silkscreen, Zodin Sq. Canteen Kual-ah order theih a ni e. Ph. No. 9436151063. A man ₹ 400.

#### MIZORAM PRESBYTERIAN KOHHRAN HMEICHHIA



#### CENTRAL COMMITTEE



Sihfa Bial Kohhran Hmeichhe Inkhawpui Vawi 8-na, Dilkhon Kohhran Biak In.

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