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Kristian Chhungkua ♦ Sermon ♦ Article ♦ Hriselna huang

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A chhunga thu awmte

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Editorial

Zirtawpni ropui - Good Friday kan thleng leh ta reng mai. Min chhandam turin Lal Isua Krista chu he khawvelah a lo kal a. Pathian Fapa chuan mihringte dinhmun, a chhe lai ber thlengrawn tawmin kan chhandamna chu a thawk chhuak a. Lei leh van lalber ni siin, ama thil siamah a rawn changa, mi rethei ber pianna hmun aia tlawm zawkah a lo piang a. Hrehawmna, hmuhsitna leh tuarna nasa tak, krawsa thihna thlengin a tuar a, chung zawng zawng chu hnehin, min tlanna hna chu a hlen chhuak ta a ni.

Ziaktu pakhat chuan Lal Isua chungchang heti hian a ziaak: *“Nunna Chhang chuan riltamin a rawngbâwlina a tan a. Nunna Tui chuan tuihalin a hun tawp a hmang a. Krista chu mihringte angin a rilam a, mahse Pathian a nihnain rilamte a hrai puar thung a. A chau va, mahse chaute tân hahchawlhna a ni si. Chhiah a chawi a, mahse Lal a ni. Ramhuaizâwl tiin an puh a, mahse ramhuaite a hnawt chhuak a. A tawngtai a, mahse kan tawngtaina a ngaithla thin. A tap a, mahse kan mittui a hru hul si a. Tângka 30-ah an hralh a, mahse min tlan chhuak si. Beramno talh tur ang maia hruai a ni a, mahse Berampu Tha a ni. A nunna a hlan a, Thihna hmangin thihna vek chu a hneh si,”* tiin.

Lal Isua min tuarsakna hi a hlu a, Chanchin Tha bu ziaktute pawh hian an ziaak hnem hle a, Matthaia leh Marka hian hmun thuma thena hmun khat vel ve ve an ziaak a, Luka chuan hmun lia thena hmun khat vel lai awhin a ziaak bawk a, Johana phei chuan a zatve deuh thaw hi Lal Isua tuarna lam ziaak nan a hmang a ni.

Lal Isua tuarna hian i nunah eng chen nge a luah ve le?

Kristian Chhungkua

THU KA PE CHE A NI LAWM NI? CHAK TAK LEH HUAI TAKIN AWM RAWH

(Jos 1:9)

- Rev. C.M. Zalenthanga
Chanmari

Josua bung khat thua hian hruaitu ropui Mosia thih hnuah amah thlaktu Nuna fapa Josua hnenah Lalpan thupek ropui tak a pe a. Jordan lui kân a, ram a pekah kal a, an kephaha an rah apiang chu a pek tur thu kan hmu a. Josua hnenah chuan ram zau tak a pe a. A dam chhung zawng chuan tuman an chelh lo vang a, a hnenah Lalpa a awm tlat dawn a. Amaherawhchu Lalpa dan chu ding lam leh vei lamah a pensan tur a ni lo. Jordan lui kân a, Lalpa chuan Kanaan rama Israel fate hruai lut turin Josua hnenah he thu hi sawiin, “Thu ka pe che a ni lawm ni? Chak tak leh huai takin awm rawh; hlau suh la, zam hek suh; Lalpa i Pathian chu i kalna apiangan i hnenah a awm zel dawn alawm,” tiin a sawi a (Jos 1:9). Keini pawhin chak tak leh huai takin Lalpan thu angin Kristian chhungkuaah hma lak i han tum teh ang.

C h h u n g k u a an zirna lamte hriatpui a ngai
inkaihhruainaah : a. Nu leh paten an mamawh
Chhungkaw inkaihhruainaah kan hriatpui lohva anmahni
hian nu leh paten chak tak duh thu thua an khawsak
leh huai taka tu leh fate chuan chhungkaw
hnenah hma lak a ngai. inenkawlna kawngah
Chhungkuaah chuan nu leh inkaihhruai a harsa thin.
pate hi a mawhphurtu ber Kan sum hmuh leh hman
kan ni. An mamawh puhru chungchangah te pawh
tura tan lak reng a ngai a. chhungkaw rorelna fel tak
Ei leh bar, silh leh fen te, a awm loh chuan

chhungkaw budget a buai thei thin. Kan sum hmuh tawk anga kan inenkawl thiam a pawimawh. Mi hausa leh ropuiten an neih ang hi chhungkaw harsa zawkte chuan kan nei ve thei lo. Kan sum neih tawk atanga khawsak kan thiam loh chuan rualawhna lamah kan tlan ang a, kan chhungkaw nun - taksa leh thlarau nun thlengin min tichau thei. Eng nge ka eiin ka in ang a, eng nge ka silhin ka fen ang aw tiin Lal Isuan kan taksa thu lungkham lo turin min hrih a. Ei tur aiin nunna a thupui zawk a, a ram leh a felna zawng hmasa zawk turin min zirtir a ni (Mt 6:25 ff).

Kan tu leh fate hi tisa thilah tuamhlawm tha fu mah ila an thlarau lam nunah chi tha kan tuh si loh chuan inchhirna leh phurrit tak kan la phur ngei ang. Kan tu leh fate hnena chi tha thehtu kan nih chuan thlaraua mi chatuan nunna kan seng dawn a ni (Gal 6:7,8). Thenkhat chu kan tu

leh fate zu leh ruihtheih thila fihlim lote an ni. Heng harsatna avang hian nupa leh chhungkua inhauhna leh buaina vawi tam tak kan tawk thin. Kan hmelma pa duh ang taka chhungkuaah buaina a lo awm hian kan fate leh nupa inhau buai mai lovin hmelmapha Setana hi Lal Isua thuneihnaa phuarin dodal thin ila a va tha dawn em! Pathian kan hnaih a, Diabola kan dodal chuan anin min tlan bosan ang (Jak 4:7). Kristian chhungkuate hian chak tak leh huai taka tu leh fate kaihruaia, enkawl turin Lalpan min duh a ni.

I n h m a n g a i h tawwnaah : Nupa in hmangaih tak chhungkua atang lo chuan inhmangaih tawwna neih hi thil harsa tak a ni a. Nupa inhmangaih takte hian a takin an fate hnenah inhmangaih an zirtir a ni. Nupa inkar thu hi Paula pawhin nupui chu pasal lakah a intulut ang a, pasal pawh an nupuite lak a vin lo turin a sawi a ni (Kol 3:18-19). Hmangaihna hi

Paulan a dah sang hle a, hmangaihna hi phuar famkimna a ni a ti baw (Kol 3:14).

Chhungkuaah nu leh pate inhmangaihna mai ni lovin tu leh fate nena inhmangaih tawn hi a pawimawh hle. Nufa, pafa leh unau inhmangaih a tul tehlul nen chhungkaw thenkhatah chuan indona a tleng fo thin. Unau inbeihna te, nufa/pafa insualna thlengin boruak tha lo tak tak a awm thei thin. Mi thenkhat chu pawn lam lan danah pawh unaute hmangaih thiam tak, Pathian rawngbawltu tha tak an nih a lang fo thin. Hmangaih Johana chuan, “Miin ‘Pathian ka hmangaih e,’ tiin a unau haw si sela, amah chu dawthei a ni; a unau a hmuh tawh reng mah a hmangaih loh chuan Pathian a hmuh ngai lohva chu engtin nge a hmangaih theih ang? Ama hnen ata he mi thupek hi kan nei. ‘Tupawhin Pathian a hmangaih chuan a unau

pawh a hmangaih baw tur a ni’ tih hi” (1 Jh 4:20-21).

Mahni unaute chungah eng mah pawisak nei lo, nu leh pate thu pawh awih lo mi tam tak kan awm mek a. Nu leh pate thih hnua ro inchuha Court-a inkhing bur bur duh tawh lah chu an bo lo. Krista avanga inhmangaih a, thil tihsualah pawh inggaidam tawn thin mi kan nih a va tul em! Peteran, “Lalpa, ka unauin vawi eng zat nge ka chungah thil tisual sela ka ngaihdam tur? Vawi sarih thlengin em ni ang?” a ti a, Isuan a hnenah vawi sarih thlengin, ka ti lova che, ‘Vawi sarih hmun sawmsarih thlengin ka ti zawk che a ni’ a ti (Mat 18:21,22). Pathian kan hmangaih chuan kan unaute kan hmangaih ang a, ngaihdam an tul chuan Pathian hmingin kan ngaidam tur a ni.

Chhungkuaa Lalpa biak honaah :

Kristian chhungkaw tinin kan thlakhleh em em chu chhungkuaa Pathian fakho

theih hi a ni. Ni tina Lalpa pawl a fak thinte nunah chuan inhmangaihna te, in remna te, lawmna leh hlimna te a awm a, chuvangin Lalpa Pathian hi kan fak fo tur a ni (Deut 10:21). Lalpan Mosia hnenah, ‘Maichama mei chu a nung reng ang a, a mit tur a ni lo’ a tih angin ringtu chhungkua zawng zawngte hian chhungkaw maichama mei hi mit hauh lova ni tina chhem nung reng tur kan ni. Kan tlin lohna leh fel lohnate hre rengin Lal Isuan a thisenin min tlan a, min chhandam a, a fa atan min pawmin roluah tuah min siam a. Chumi avang chuan thlarau lam hlate saa amah fak fo tur kan ni.

Chhungkuua Lalpa biak hona leh amah pawl hona nei tha thei lo tur hian hmelmapa Setana hian chhuanlam hrang hrang hmangin min tibuai fo thin. Kan ni tin eizawna hna avang te, thil dang kan ngaih pawimawh zawk avangte hian Lalpa kan

pawlin kan fak hman thin lo. Sam ziaktu chuan, “Ka unaute hnenah i hming ka hril ang a, inkhawmhote zingah chuan ka fak ang che, Lalpa thitu te u, Amah chu fak rawh u” a ti a. Englai pawhin Lalpa kan fakna chu kan kâah a chhuak fo tur a ni. Chhungkuua Pathian be hote hi Thlarau Thianghlim chuan a chenchilh reng a, an tawngtaina leh thilpekte hi hriat reng turin Lalpa hnen a thleng thin (TT 10:1ff). Chhungkuua Lalpa faka chawimawi thinte hi Lalpan a hre reng a, taksa leh thlarau lam malsawmna tam takin a vur thin.

Kan rama kristian chhungkaw chungchang inzirtirna leh tan lakna hian rah duhawm tak a chhuah mek a ni. Chutih mek lain nu leh pa thu awih lo tu leh fate an lo chhuak mek bawka. “A nu emaw, a pa emaw, anchhia lawhtu chu thimtham lai berah a khawnvar tihmih sak a ni ang” a lo ti hial a ni (Thuf 20:20). Sual

thiltihtheihna chuan hmanraw chi hrang hrang hmangin kan tu leh fate inkarah intihbuaina thlen òthin mahse, Lalpa rinchhan a, chak tak leh huai taka ding tlat tur kan ni. Kristian chhungkuaten eng lai pawha amah kan fak a, kan chawimawi a, kan òtih tlat chuan taksa leh thlarauah

malsawmna kan dawng ang a, kan rah chin apiang hi kan ram a ni zel dawn a ni.

“Thu ka pe che a ni lawm ni? Chak tak leh huai takin awm rawh; hlau suh la, zam hek suh: Lalpa i Pathian chu i kalna apiangan i hnenah a awm zel dawn alawm” (Jos 1:9).



Pennsylvania khawthlang lam thingtlang khaw mawi tak chu thlipuiin a nuai vak mai a, rei lo te chhungin khaw ram ang maiin a lo chhe zo ta vek mai a.

Pa pakhat chu a in chhe sawp bulah chuan a lo òtap hawm hawm mai a, mahse a chànnà nasa tak avanga òtap ni lovin lawm avanga òtap a lo ni zawk. A fapa chu mak tak maiin a lo him tlat a ni!

An òthenawm pa lo haw chuan a òthenawm mipa naupang chu hmanhmawh takin a rawn phur haw a, thlipui nà tak an hmachhawn dawn tih a hriat avangin car àtang chuan a pawt chhuak a, khuarkhurumah a namthlaa, a chungah amah chu a zu bawk ta a. An òthenawm pa chu thlipui avangin a thi a, mipa naupang erawh chu an òthenawm pa taksain a hlih tlat avangin a him thei ta a lo ni a.

- Edward H.Morgan

*Sermon***ISUA LUNGNGAIHNA***(Mt 26:36-39; Mk 14:34; Lk 22:41-44)**- Rev. Darchungnunga
Zotlang*

Isua lungngaihna thu hi Chanchin Tha ziaktu Matthaia, Marka leh Luka ten an ziaak theuh va. Luka chuan a thlaphan em em thu a sawi a. Matthaia leh Marka chuan amah Isua ngeiin a lungngaih thu a sawina, “Ka rilru a lungngai em em a, thihna khawp hial a ni,” a tih thu an ziaak a. Zawlnai Isaia pawhin, “...lungngaihna nei mi leh natna hre mi a ni a...,” a lo ti baw a (Is 53:3). Isua lungngaihna hi hetiang hian lo thlir zui ila.

1. Isua lungngaihna hi a nasa a ni - Isua hian mihring famkim a nihna hian kan mihring nihna hi a famkimin min chanpui a ni tih hi kan hre reng tur a ni. Gethsemani huanah khan amah ngeiin a lungngaih thu a sawi chhuak kha a ni a. Ṭawngkâa a sawi hian a lungngaihza a la tifiaw taw lo vah kan ngai a nih pawhin, a chetzia hian a tichiang a ni. A zirtirte hnenah pawh, “Mi venpui rawh u,” a ti hial a. Hemi zanah hian a ralthuam ṭha ber leh a thlamuanpui ber ‘ṭawngṭaina’ pawh a bei ngawrh nangiaw mai. A changin ṭhingṭhiin a ṭawngṭai

a, a chang pheih chuan bawkkhup thlawp thlawp khawpin a ṭang a, nasa takin a bei a ni. A chang chuan a Pa hnenah, a chung a tuarna lo thleng tur, a no in tur chuan amah a pumpelh theihna turin a dil hial a. Mahse, ama duhzawng aiin a pa remruatna zâwm tur a nih inhriain, “keima thu ni lovin, nangma thu thu ni zawk rawh se,” a ti thei a. Kan Lalpa hi lungngaih tak tein a lungngai a ni. Luka chuan, “...a thlan chu thi far lian tak angin leiah a far,” a ti (Lk 22:24). He a thlan far hi e Exercise kan laknaah emaw hna kan thawhrimnaah emawa kan

thlan far ang mai a ni lo. Exercise kan laknaa kan thlan a chhuah tam chuan, taksaa thil tha lo kha thlanah a chhuak a. Chu chu mihringin kan ngeih a, kan hriselin kan chak phah thin. He huna kan Lalpa tuar erawh zawng, lungngaihna boruak lum lutukin a tuam avangin lungngaihna thlan chhia leiah a far zawih zawih mai a ni. Hei hi Luka'n a hriatthiampui danah chuan, thi far lian tak, leia far koh koh anga na niin a ngai a ni. Mihring taksaa hliam na tak atanga thil lo awm thin nen a tehkhin a ni. Hei hi chu mihring tumahin an ngeih thei ngai lo. Hetih lai dinhmun hi sawi dan danga kan sawi chuan, zawh rual loh phurritin a delh a ni. Hei hi mihring pangngaiah chuan taksain a zo lo va, rilru leh thlarau pawhin a zo thin lo va, rinawmna pawh hloh a awl hle thin. Taksa a tichauvin thlarau lam nun pawh a pawt hniam thin a ni. Mihring nihna kim chanpuitu kan Lalpa Isuan chuti khawp lungngaihna chu a tuar a ni. 'Min venpui rawh u, a ti ve hial reng a nih kha. He

indona rapthlak tak hi hneh tura a hmaa tuar tur awm chu huaisen taka a tuar tlang theih nan, tawngtaia venpui a ngai a ni.

2. Isua lungngaihna hian nat bikna a nei - Pasaltha an zam hun a awm thin a, mi huaisen an lungngaih hunte, mi chak an tlawm hun te a awm bawh thin. Kan Lal Isua, "Sakeibaknei, Juda hnami, Davida bulpui," tih meuh hi enga ti nge chuti taka a lungngaih? Davida chuan khandaih leh fei tel lovin a beram vennaah savawm leh sakeibakneite pawh a tihlum thin a ni a. Chuti a nih chuan Davida chu Sakeibaknei aia chak a nih chu maw le! Hmangaih Johanani "Sakeibaknei, Juda hnam a mi, Davida bulpui" tia a sawi hi, Isua kawka sawi a ni si a. Sakeibaknei ai pawha ropui Davida tan pawh bulpui nih tling a ni a, heti em ema lungngaia a zam chhan hi eng nge ni ang le!

Martin Luther-a chuan, "Keini mi bawlhhlawh leh thinlung suala chawlawl hnute hian, rilru thianghlim leh

sualna tel lovin mite سوالنا راپثلاك tak mawh phura, a tuarna natzia hi kan hre thiam phak lo a ni,” a ti. Mi tha apiangte hian soal an vei na thin a, mi dik apiangte hian dik lo an ngai thei lo nasa bawk thin. Isuaah chuan dik lohna reng reng awm lo mah sela, mi dik lo leh soal berte aiawh a, an سوالنا avanga an tuar tur chu soal ve lo Isua chanvoah tlain, mi soal nia an puh tlat avanga mi soal thiha a han thi tur chu a na lo thei lo vang. A dikna leh thatna te, a rinawmna leh a thawhrimnate avanga chawimawina lawmman hmuh a hnêka, mi soal berte hlawh thin hremna sang ber han tuar tur chu a va na dawn tak êm. Beram No a hmul mettu hmaa a ngawi reng ang maiin thiam thu sawi a rem tawh bawk si lo. He dinhmun hi tu thinlungin nge na ti lova tuar thei tehlul ang ni?

Tunlai dan thiam mite hian, manmi (police)-ten mi soal an zawmnaah rin mana, dâwpna atana rin vuakte hi an duh tawh lo. Mi soal lovin a tuar palh ai chuan mi soal chu man rih loh mai hi a pawl

lo zawkah an ngai a ni. Dan hian, سوالنا nei lo, tuar lo turin an tuar palh hlauh a hlau em em a ni. Chumi thlirna atanga thlir chuan Isua tuar hi a na lehzuol a, a na lawt lak a ni.

Isua ruala khenbeh ve pawh khan, an tuar tur reng an tuar nia inpawm thlapin, Isua kha chu thil tisual ve lovin a tuar tih a puang a ni. Thil thuhmun tuar si kha, an tuar a na hlei em em tih kan hrethiam theuh awm e.

Mahni hmangaihte, duhsak zawngte leh anmahni hmangaihtute tuar ai tuar chu miin an peih viau pawh a ni thei. Mahse, amah rawn hmelmato/hawtu سوالنا kha a سوالnaa bel let avanga mi soal tuar tur, سوالنا nei si lovin, a سوالنا avanga a tuar tur reng ang maia a han tuar kher kha zawng, tuarna azawnga na hleihluak a tling a ni.

Hei hi mi dang سوالnaah bel tur a ni lo. Kei leh nangma soal mawh kha a ni a phurh ni. Tun huna chhandam hlimna changa Chanchin Tha kan hlimpui hi kan Lal Isua tuarna rah a ni a sin!

3. Lungngaihna hriak arawn thlen: A lungngaihna hmun hi Gethsemani huan tih a ni a. He huanah hian Olive thing mawi tak takte chu an awm a. An rah duhawm tak takte chu a thatna vawrtawp an dawn theihna turin, hriak sawrnaachte chuan nâ takin, dimdawina awm hauh lovin an sawr a, olive hriak hlu tak chu an sawr chhuak thin. He hmunah ngei mai hian olive thing mawi leh a rah duhawm tak takte aia duhawm zawk Pathian Fapa sawisel bo chu mi soal ber chan changa rah sawrin a lo awm ta. Gethsemani huan hi khenbeh a tuarna hmun a ni lo naa, khawvel soalna phura rah sawra a awmna hi, a tawrhna nâ lai ber a ni hial awm e. He kan Lalpa rah sawrna

aţang hian, Hmangaihna lui, hnam tin damna chu a lo luang chhuak ta a ni.

A hmangaih, a chhandam turte soalna ngei chu a phurha, an ai a awm tluan chhuah si loh chuan, an soalna aţangin a chhandam thei dawn si lo. A tuarna hi nang leh keia vang a ni. “Ani chu kan bawhchhiatnate avangin hliamin a awm a, kan khawlohna avangin vuak thitlinin a awm a; kan thlamuanna tura thununna chu a chungah a tla a; a vuakna vualtea tihdamin kan awm ta,”

A lungngaihna hi lungngaihna thianglim a ni.

Chhandamna hriak sawr chhuahna a ni.

I tan leh ka tan a ni.

A tan eng nge kan tih ve ang le? AMEN



W.E. Sangster-a chuan a hun hnunung lam chu natna khumah chau tak chungin a hmang a, âw pawh a chhuah tha thei tawh lo va. Easter Sunday zinga a han harh chuan a fanu hnenah, ‘Easter Sunday zinga “Chhandamtu a tho ta!” tia auna tur âw han neih tak loh hi chu rapthlak ka va ti em! Chu ai mah chuan âw nei reng si a, Chhandamtu thawhleth thu au chhuahpui loh hi a la rapthlak zawk’ a ti a.

THAWHLEHNA THILTIHTHEIHNA

- Rev. Zoramsanga
Tuikhuahtlang

“...a thihna anpuia thiin, amah nen, a thawhlehna thiltihtheihna nen, a tuarnate ṭawmpuina nen ka hriat theih nan...” (Phil. 3:10)

Kristianten hun pui kan neihte zingah Easter hi a pawimawh ber niin an sawi ṭhin a, a duh thawh deuhte phei chuan Krismas-te hi chu Easter atana kan inbuatsaihna pakhat ve chauh a ni, an ti hial a. Isua thihna hneha a thawhlehna hun hriatrengna a nih avangin Kristiante tana a pawimawhzia hi sawi ûar lutuk theih pawh a ni lo hial awm e. Tirkkoh Paula phei chuan, *“Krista kha kaihthawhin a awm loh chuan kan thu hrilh hi eng mah lo a ni ang a, in rin pawh eng mah lo a ni bawk ang,”* tiin a sawi hial a ni (1 Kor 15:14).

Easter Sunday hi engtik aṭanga hman ṭan nge a nih Chiang takin a hriat theih lohva; amaherawhchu, zir mite chuan kum zabi 2-na hun laihawl velah kha chuan an hmang tawh niin an ring. Ringtu hmasaten an lo hman danah, Easter hi Thuthlung Hluia Kalhlen kut nen khan a inhnaih hle tih a hriat theih a; Kalhlen kut kha Easter hlimthla a ni ti pawhin a sawi theih awm e. Easter hi Grik ṭawng chuan **Pascha** tia sawi a ni ṭhin a, chu chu Hebrai ṭawng

Pesach tih aṭanga lak chhawn a niin, Juda-te Kalhlen kut sawina a ni. Aigupta sal tan laiin Israel fate chu beram no thisen hmanga chhanhim an ni a, hei hian Isua Krista thisen avanga chhandamna kan chan tur a lo entir reng a ni, tih hi ringtu hmasate pawm dan a lo ni awm e.

Tun laiin, Mizoramah ngei pawh ringhleltu leh ring lo tam tak an awm tawh a; Kohhran mite ngei pawh rinna aṭanga hruai penin an awm mek. Heng boruak

leng vel karah hian, Isua thihna hnena a thawhlelna hian ringtu leh ringlote pawh min cho va, he khawvel hun bi chhiar (*history*) chhungah ngei mai hian Pathian fapa chu lo lutin, a thiin a tho leh a, chu chuan amah zuitute leh mit ngeia hmutute nun a thlak danglam vek a, anniho nun leh thuhiril chuan khawvel kalphung a thlak danglam vek baw a. Rinhlelna leh buaina chi hrang hrang karah pawh he thu hian ringtute min tinghetin min thlamuan thin a ni.

Easter Thuchah - Bible chang kan tar lanah khian Tirhkoh Paula chuan Krista tuarna hriatpui a, tawmpui a duh thu a sawi a; chu chauh pawh ni lovin ***Krista thawhlelna thiltihtheihna*** pawh hriat a duh a ni tih a sawi baw. Krista thihna hneha a thawhlelna hian chatuan nun beiseina min pe a; he khawvela kan dam chhung ngei pawh hian, buaina leh natna karah pawh - tho leh Krista ringtute kan nih ang ngeiin - beidawng

mai lova beiseina thar nena hma lam thlir tlat tur kan ni, tih thuchah a keng tel baw a ni.

1. Kan do hi kan la hneh ngei dawn a ni - Krista thawhlelnain a ken tel tlat chu, Krista hminga thil kan tih leh a tana kan do apiangah hnehna kan la chang dawn a ni, tih hi a ni. Kristiante hian hei hi a thuin kan hre fo tawh a, a taka nun chhuahpui erawh kan harsat tlang hle; rinhlelna leh eng mah ti thei lo nia inhriatnain min awp bet fo thin. Isua a thiha thlana phuma a awm laia a zirtirte rilru ang mai kha kan put chang a tam zawk mah awm asin. Amaherawhchu beiseina pakhat mah an neih tawh loh hnuah thihna hnehin a tho leh tlat mai a, chakna reng reng nei tawh lo a zirtirte pawhin chakna thar neiin khawvel pumah a chanchin an puang darh ta a ni. Krista thawhlelna hi hnehna tluantling a ni a, hneh theih loh hmelma an awm thei tawh lo. Tun maiah hnehna hmelmhu

hrih lo mah ila, kan la hneh ngei dawn a ni.

Kum 2011 khan Karbi Anglong Field-a kan thawh ve lain, Dongkamukam Pastor Bial chhunga khaw pakhat, Langamek-ah chuan ringthar chhungkaw pahni chu ring lohovin khua aṅanga hnawh chhuah ngei tumin an bei a, heng chhungkaw pahniha an pate ve ve chu kovin kut an thlak a, an vua a. Karbi rorelna sangah an hruai a, khua aṅangin an hnawt chhuak a, an in leh lo an chan vek baw a. Chutiang taka an tihretheih avang chuan he lai hmunah hian ringthar an awm leh theih pawh ring tawh lovin, beidawng takin kohhranhote an awm a. Amaherawhchu, a kum leha chuan mak tak maiin kum dang zawng aiin ringthar an ngah ta zawk a ni.

Isua hi hnehtu a nih avangin, amah ringtute pawh hnehtu kan ni.

2. Hma lam pan thei turin chakna min pe - Hma lam

thlir thei lova mihringte min siamtu leh min pawtlettu chu kan sualte a ni fo ṭhin. Mi dang ngaihdam ai mahin mahni inngaihdam a har zawk e, tiin an sawi ṭhin. Amaherawhchu Isua hi kan sualte avanga thi a ni a, chu chu hnehin a tho leh a (1 Kor 15:3); chuvangin, kan sualte leh kan nun hlui chu hnutchhiahin hma lam panin kan kal thei ta a ni. Amah Tirhkoh Paula vekin, *“...hnung lama thil awmte chu theihnghilha, hma lama thil awmte chu banin, Krista Isuaa Pathian chung lam koh chhan lawmman hmu turin, tiam chin lam chu ka pan ṭalh ṭalh a ni,”* tiin a sawi (Phil 3:13,14).

Hei hi Isua thawhlehma thiltihtheihna kan hmuhna langsar ber pawl a ni awm e. Khawvel thiamna aṅanga mihring nun dik lo siam ṭhat chu thil harsa tak a ni awm e; khawtlang ngaiha mi sual, mahni nun siam ṭha thei tawh lo tam tak hi psychology leh psychiatry hmangin an nun khalh ngilin khawtlang tana mi ṭangkaiah

chher dawn ta ila a har viau
mai thei. Amaherawhchu
Krista thawhlehma
thiltihtheihna avanga an nun
hlui kalsana nun thara nung
ta mi tam tak kan ramah
ngei pawh hmuh tur an awm
a ni.

**3. Beidawnna khur thuka
awmte tan beiseina thar
petu a ni** - Bible-a mihring
kan hmuhte zingah Joba ang
renga tuarna nasa leh
beidawnna khura lut thuk an
awm awm lo ve. Amahin a
chhan a hriat hauh lohvin
vanduaina chi tinrengin a
tlakbuak a. Khaw khat pa
hausaleh zahawm, a nupui
fanaute nena hlim taka
khawsa thin kha
thawklehkhatah a tla chhe
thut mai a; a hausakna leh
thil neihte a chan vek a, a
fanaute a chan vek baw a,
a nupui ngei pawhin a do
let tawh a, a hriselna a tla
chhia a, mi mit hmuhah mi
khawngaihthlak leh
hmuhsitawm tak a lo ni ta.
Chu beidawnna khur thuk
atang chuan tawngtaina hla
ni baw, hrilhlawkna ropui
tak ni baw a rawn puang
chhuak a:

*Ka tlantu chu a nung tih ka
hre si a,*

*Nakinah chuan leiah hian a
lo la ding ang.*

*Ka vun hi tihchhiata a awm
hnuin,*

*Ka tisain Pathian ka la hmu
ang.*

*Keima tan ngei ka la hmu
ang a,*

*Ka mitin a la thlir ang, mi
dang ni lovin... (Job
19:25-27)*

He khawvela cheng
mihringte tihlimtu leh dam
thlakhlehltirtu thil zawng
zawng chu Joba hian a chan
vek tawh a, beisei tur a nei
tawh lo va, dam zel chàkna
chhan tur a nei tawh lo.
Amaherawhchu, chu
beidawnna khur thuk atang
chuan beiseina hla a rawn
au chhuahpui a, a taksa chu
natna avanga tihchhiat vekin
awm tawh mah se, a Tlantu
zarah taksa thar neiin
Pathian hmaah a la ding leh
dawn a, Pathian chu a la
hmu dawn a ni tih a rawn
puang chhuak a ni.

Joba ang ema fiahna leh
harsatna tawh chu kan tam
lovang; amaherawhchu,

dam chhunzawm zel chak tawh lo khawpa taksa natna emaw, rilru natna emaw, dinhmun tlakchhiatna emaw tawk mek kan awm thei. Eng dinhmunah pawh ding ila, Krista thawhleyna avang hian siamtharna kan la chang dawn a ni tih hriain, beiseina leh hnehna au hla kan chham thei a ni.

America rama state pakhat, Wisconsin-ah khuan pianphunga rualbanlo enkawl na hmun pakhat, *Shepherd's Home* a awm a,

chutah chuan rilru leh taksa lama rualbanlo, an dam chung pawha that lam pan tawh lo turte an enkawl a ni. He home-a awmte hi tuk tin tukverhah an dak chhuakin, Lal Isua a lo kal tawh dawn em? tiin an thlir thin, an ti. Isua lo kal huna taksa thar, tha famkim an neih hun tur chu nghakhlel em emin an thlir reng a ni.

“Keini chu kan nung a, kan thi leh a; Krista erawh chu a thi a, a nung leh thung a ni.” John Stott



Ringtu tha tak Dan Richardson-a Cancer natna avanga thi chuan Cancer-in a tih theih lohte hetiang hian a sawi :

- * Hmangaihna a tidai thei lo
- * Beiseina a tibo thei lo
- * Rinna a tichhe thei lo
- * Thlamuanna a la bo thei lo
- * Inrintawkna a tichhe thei lo
- * Inthian thatna a tihlum thei lo
- * Hriatrengna a tibo lo
- * Huaisenna a tireh thei lo
- * Thlarau a tihlum thei lo
- * Chatuan nunna a tibo thei lo
- * Thlarauva tuihalna a tireh thei lo
- * Thawhleyna a tibo thei lo

MITEN TU NGE A NI MIN TIH?

(Mt 16:13-20, Lk 9:18-21, Gal 6:3-5)

- Upa Haukhuma
Chhingchhip Venghlun

Lal Isuan Jordan luih Baptisma a chang a, chumi hnuah thlemna a tawh a, Zirtir 12 a thlang a, a zirtir a, a rawngbawlnahte a hruai thin a. Mi tam tak a tidam a, Ramhuaite a hnawt chhuak a, mitthite a kai tho va, thlipui leh tuifawn pawh a hau reh a, damlo hrang hrang pawh a tidam a. Mipui 5,000 zet chhangper panga leh sangha pahnih lekin a hrai puar a. A hmel pawh tih danglamin a awm a. Tui Uaiin-ah a chantir a, hun eng emaw ti chen rawng a bawl hnuin miten tu nge a ni tih an hriat dan leh eng angin nge an ngaih tih hriat a duh ta a. A zirtirte, a kianga ni tin khawsa thin ngei te pawhin an hriat chian leh chian loh hriat a duh a, zawhna pawimawh tak a zawt ta a. “Miten, tu nge a ni min tih?” tiin a zawt ta a. “Thenkhatin Baptistu Johana emaw zawlnei Eliza, thenkhatin Jeremia emaw zawlnei tu emaw an ti che” an ti a. A nih nangnin tu nge a ni min tih?” a ti a, Petera’n, “Krista, Pathian nung fapa chu i ni” a ti a, Lal Isua’n Petera’n a hriatna chu tisa leh thisen a hriatna mai ni lo, Pathian hriattirna a ni tih a puang hial a ni.

Keini hian Lal Isua hi kan hre chiang ve tak tak em le? Pathian Fapa, khawvel chhandamtu a nih chu kan hre theuh awm e. Zu no dawm chung pawhin kan sawi zuah zuah thei a, amaherawhchu thinlunga hriat chianna tak tak, ‘keimah ngei min chhandam a ni’ tih hriat chian hi a va

tul em! Lal Isua kan hriat chian loh avangin kan ring tak tak ngam lo thin a, kan phatsan fo thin a ni lo maw? Hre chiang ila chuan kan hmangaih ang a, a duh zawngin kan nung ngei ang. Hre chiang apiangin hriat chian lehzual, hriat belh zel an duh a, ‘Hriat chian lehzual che ka va duh em!’ an ti thin.

Aman min hriat chian hi a va ṭulin a va pawimawh em! kan hmangaihzia te, kan rinzia te, a duh zawnga kan awm leh awm lohte hi min hriat chian a ṭul khawp mai. Khawvela mi lian leh thiltitheite pawh hi keinin hre chiang mah ila, annin min hriat ve miau loh chuan an duhsakna leh malsawmna pawh kan dawng thei lo vang.

Keini ve hi miten eng angin nge nia min hriata, min ngaih? tih hi a va pawimawh em! kan ṭhenawm te, kan mihringpui te, ni tina hna kan thawhpui te, kan chhung te ngei pawh hian eng ang mi nge nia min hmuh, min hriat dan hi a va pawimawh em! Tirkoh Paulan Galatia 6:3-4-ah chuan, “Mi, eng mah ni si lovin, mi lian deuhva a inruat chuan a inbum chawp mai a ni si. Mi tinin mahni thiltih fiah ṭheuh zawk rawh se,” a ti a. Keimahnin ṭhaa kan inhriat dan hi mi min hriat dan a ni em? Pastor ni awm rengin miin min hria em? Upa ni awm rengin, Kohhran rawngbawltu, Hmeichhe

hruaitu, KTP hruaitu, Thuhriltu, Sunday School zirtirtu etc. ni awm rengin min hriain, min hmu em le?

Mahni inbih chian fo hi a va ṭulin a va pawimawh em! Miin i bula awm nuam an ti em? Lal Isua zuitu, ringtu tak tak ni awm rengin an hmu che em?

Hla chuan,

‘Miten min chhiar, min thlir reng e,

Ka awm dan zawng zawng an hai lo;

Krista nun mawi leh chanchin ṭha,

Keimahah hian hmuh an chak ṭhin.’ a ti.

Hebrai lehkhathawn ziaktu pawhin, “Chhumpui nasa tak ang thlirtuten min hual vel avangin min tihnewk apiang leh sual keimahnian bet tlat chu i dah ve ang u. Isua kan rinna siamtu leh tifamkimtu lam chu enin kan hmaa intlansiakna tur awmah hian chhel takin i tlan zel ang u.” a ti. Mahni ṭheuh i inenfiah fo ang u.

MIZORAM PRESBYTERIAN CHURCH
(*Presbyterian Church of India*)



CIRCULAR

(*Kan Kohhran mi pawl danga ordained pawm dan tur*)

Tunlai hian kan Kohhran mite zingah Pastor ni si lo, Reverend title invuah an awm nia hriat a nih vangin Synod chuan Kohhranhoten kan lo thliar/dawnsawn theihna turin a hnuaia mi ang hian Kaihhruaina a siam a, hei hi Kohhranhoten zawm theuh theih ni se.

Kum 2012 Synod Gen. 34; SEC 244:17; 245:15; 246:11 leh 2013 Synod Gen. 73 chuan, Kan Kohhran mi, pawl dangin an ordained dawnsawn dan tur hetiang hian a ruahman a ni :

1. Kan Kohhran mi, kan remtihna la hmasa lova pawl dangin an ordained-te chu an Ordination pawm loh ni se. Rawngbawlanaa chhawr tur an nih leh nih loh chu an Ordination-in hril lovin an inpeknain a hril zawk ang. Kohhrana an hming ziaak dan leh lam danah pawh 'Reverend' tih an ni lo vang.
2. Kan remtihna la hmasaa Thurin leh kalhmanga kan inkungkaihpui theih Kohhranin an ordain-te erawh chu an title pawmsak ni se, rawngbawlana huangah leh Church Court thilah erawh chuan an title-in awmzia a nei lovang a, rawngbawlanaah pawh an inpekna ena chhawr a ni ang a, an hming lam danah erawh chuan Reverend tih a ni ang.

(UPA H. ZOLIANA)

Secretary, Mizoram Synod

www.mizoramsynod.org

THUFINGTE 31:10-31

- C. Lianpari
Ex-Central Committee Member
Luangmual

Thufingte 31:10-31 thu hi chhungkaw nute hian eng zat nge zir chianga passed tawh awm ang aw? tih hi ka ngaihtuah thin a, Zoram dung leh vang leh ram pawn thleng phak Kohhran Hmeichhe chanchin bu AGAPE-ah hian zawhna hmangin i han inzir chiang teh ang u. Nupui fel, nutling nih kan duh vek a, kan ni vek rih lem lo in a lang a, chutiang ni tur chuan thiamna, finna, changkanna zawng zawng hmaah he thufing hi a awm a ni. Nupui fel kan nih theuh theihna turin taimak a tulzia min kawhhmuh nasa hle a, kan pasal, fanau, tu leh fate, kan chhungkua in leh lo kan enkawl na leh Kristian chhungkua kan dinna kawngah taimak kan mamawh a ni. Lunghlu sen mi hi a hlu hle a, *'Hmeichhe khawsak tha chu lunghlu sen mi aiin a hlu zawk daih si a'* Bible-in a ti a. Lunghlu sen mi aia hlu, Hmeichhe khawsak tha ni tura tan kan lak theuh theih nan heng zawhnate hi kan thinlung takin i han chhang teh ang :

1. Ka pasal tan thinlung taka rin ngam, chhawr nahawm tak ka ni em?
2. Chhe lam ni lova a tha lam hlira thawhsak thintu ka ni em?
3. Ka hmaa hna awmte lungawi tak leh hlim taka thawk thintu nge ka nih a, thinrim, phunchiar leh ang buan buan chung a thawk thintu?
4. Khawvar hmaa thova, chhungkaw tana ei tur chhawpsak a, chenpuite hnena hnathawh tur rel felsak thintu ka ni em?
5. Mahni kutkawih chhuah ngeia huan thlaite thawk chhuak thin ka ni em?
6. Chaknaa kawng hreng a, bante tichak thin ka ni em?
7. Zan thlenga hna thawk

a, khawnvar timit ngai lo ka ni em?

8. Mi rethei lama kut phar a, renchhamte thlenga ban phaktu ka ni em?

9. Ka chhungkaw member-te tan eng silhfente nge ka inbeltir ve thin?

10. Mi siam sa ngawt ring a, leitu nge ka nih, mahni kutkawih ngei inbel thin?

11. Ka pasal chu a r a w n g b a w l p u i t e , hnathawhpuite zingah engtin nge miin an hmuh ve?

12. 'Chakna leh ropuina' hi kan silhfen a ni ve em? hun lo la thleng tur atan ka hlimin ka nui thei em?

13. Tawngkam tha lo pui pui chhak chhuak a, se sea

thu lak ching nge ka niha, Finnaa ka ânga, ngilneihna thu chhak chhuaka, nunpui thin?

14. Dawngdah taka nunga, mahni in chhung rel thin nge ka niha, dawngdahna chhang ei ngai lo va, in chhung khawsak tha taka rel fel thin?

15. Ka pasal, ka fate, ka chenpuiten min fak thin em, Engthawli min ti nge ka bula awm thawpik thlak an ti thin?

Heng zawng zawngah hian Lalpa tihna atangin hma kan sawn thei a, Lalpa tihthu hmeichhia chu nupui fel a ni a, "Lalpa tihthu Hmeichhia erawh chu fak a ni ang" Bible-in a ti.



Thu 6 pawimawh ber chu, "Ka lo tisual palh a ni,"

Thu 5 pawimawh ber chu, "I ti tha lutuk tlat,"

Thu 4 pawimawh ber chu, "Eng nge i ngaih dan?"

Thu 3 pawimawh ber chu, "I remtih chuan,"

Thu 2 pawimawh ber chu, "Ka lawm e,"

Thu pawimawh lo ber chu "Ka," tih hi a ni.

-David Weiss

HMANGAIHNA IN-AH VANTIRHKOH KA HMU

- *Laldawnkimi*
Superintendent

K.T.P. General Conference wawi 54-na Thenzawla neihah Central Kohhran Hmeichhe Committee aiawha palai tura ruat kan nih angin ka ðhiannu nen hlim takin hun kan hmang a. Thalai zuan zang, tha tho, zai thiam, fai, hmel tha baw site bula han chet tlat chu a nuamin a khamawm loh hle mai. Programme kan hmang zo va, hlim taka kan haw chu kan inah office lam lehkhaw pawimawh takin min lo hmuak reng mai a. Ka han chhiar chuan Synod Office atanga Hmangaihna In lama thawk tura transfer-na order a lo ni a, duh leh duh loh sawi theih a ni lo va, “*Kohhran âw hi Pathian aw*” tia mi dangte pawh lo fuih ve fo tawhtu nihna chu a taka chantir

a lo ngai ta a ni. Ka hna thar chu vuanin chhungkuain Quarters-ah kan insuan lut ta a. Helai hmunah hian ka la thawk ve ang tih ka ngaihtuah thleng ngai lo va, mumang lamah pawh ka la mang hek lo, chutiang chu a nih avangin ka bangbo va, zir tur leh ngaihtuah tur a tam hle mai. Hna kan thawk a, kan bung chho map map a, chutah min lainata min tlawhtu, thil min petu, tawngtaisaktu, thurawn leh min fuihtu kan tawng ta tuk tuk mai, a tirah chuan heng hi dan pangngai leh naranah ka ruat mai a;

amaherawhchu, hun a lo kal zel a, heng mite hi Pathian Vantirhkoh, Lalpan a mite kan tur leh an mamawh pe tura a rawn tirh a ni tih ka hre chhuak ta. He ka hna thawhna hmunah ngei hian Lalpa Vantirhkoh chu ka hmu ta a ni ka ti a, ka va lawm em! Bible kan chhiar chuan Pathian Vantirhkohten mite an awmpui a, an thlamuanin an mamawh an pe thin a, awm dan tur leh tih turte hrilhin Pathian aiawhin thu an sawi thin a ni tih kan hria, hei ngei mai hi keini Hmangaihna Ina thawktute leh

naupangten kan lo hmuin kan lo chang ve ta a ni.

Mizoram chhung leh ram pawn aṭangin Kohhran, chhungkua, mi mal, ṭhianzaho, NGO, pawlho etc. aṭangtein kan mamawh chi hrang hrang a lo luang lut ruih ruih mai. Pawisa, thawmhnaw, ei tur, naupang lawm chi hrang hrang leh Home mamawh dang min rawn pek zozate hi a va ropuiin kan va lawm tehlul em. Krismas thilpek ei leh in tur hrang hrang, Home mamawh leh naupang lawm, pawisa (khawl bawm, coins dah khawm, scholarship, Carol, Concert, Birthday, Bonus, thawmhnaw leina leh anmahni Toys leina ai) chi hrang hrang kan dawng a. Thil phalna hi neih tam vang a ni lo va, thinlung aṭanga lo chhuak, Pathian mite chauhin an neih a ni. *“Iṭawngṭaina leh i thilpek thute chu hriat reng turin Pathian hmaah a thleng chho ta”* tih ang khan in thilpekte a luang ral lo va, Pathian hnenah rimtui atan van lamah a chho nguai nguai a ni. In thilpek avangin Krismas pawh hlim

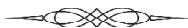
tak leh hnianghnar takin kan hmang a, mi lian fate ang maiin thawmhnaw ṭha leh mawi tak takin kan fate an inthum a, mawi an inti hle mai. Ei tur tuihnai leh toys hrang hrangte hi an hlimpui teh a nia. Thil min petute hi kan tan vantirhkoh in ni e, a mal malin in hmaichhan ngeiah lawm thu sawi kan duh a, mahse a theih si loh. He thu ziaak hmang hian in hnenah thinlung takin lawm thu kan sawi e.

Kum tinin Hmangaihna In enkawlina atana Synod-in Budget a siam ṭhin a, kum 2013-2014 Budget ₹45,69,000-ah ₹9,17,000 hi Nau chawmna, donation leh thil dang aṭanga hmu tura beisei kan ni a, a bak ₹35,52,000 erawh hi chu Synod-in min pe ang. Rinnain kan kal a, Pathianin a mite hnenah thu a sawi a, hmuh kan tumte kan tlin thei ṭhin a, kuminah pawh kan tlin leh ngei ang tih kan ring. *“Heng mi tē berte chung a in tih hi ka chung a ti in ni,” “I thil tihin lawmman a nei dawn e”*

tihte hi Lalpa thu chhuak a ni. thil petu zawng zawngte Lalpan malsawmnain vur theuh che u rawh se.

Tunah hian naupang 35 - Mizo, Vai, Chakma, Bru leh hnam tenau dangte an awm a, Sakhuana lamah chuan Kristian, Hindu, Budhist leh Muslim kan ni nawk mai. Dinhmun khirh taka ding mek nu/pa thihsan, âtsan, tlan bosan, kawppui dang neihsan,

retheihna avanga enkawltu mumal nei lote an ni, a mal malin an chanchin sawi dawn ila, dinhmun inang lo, khawngaihthlak tak tak vek an ni. In ṭawngṭaisakna leh thilpek hrang hrang avangin tuang takin kan kal zel a, kan lawm hle mai. Hun lo kal leh zel turah pawh ṭawngṭaina, fuihna leh thurawn kan mamawh reng e.



Chrysostom Ropuia an tih mai chu Rome lalberin a man a, theih tawp chhuahin Krista hnungzuitu a nihna chu phat leh mai turin a thlem a, a hlawhchham der mai a. Lal chuan a khawnbawlho hnenah engtia tih tur nge ni ang tih a zawt a.

Lal : Lei hnuai puk thimah ka dah mai dawn em ni ang?

Khawnbawl pakhat : Ni lo ve, chutiang hmun fianrialah chuan tuma tihbuai lohvin a Pathian kiangah a awm thei dawn a, a chak zawng tak a ni ang.

Lal : A nih leh ka tihlum mai dawn em ni ang?

Khawnbawl dang : Tihlum lo vang, a thih chuan a lawm ngawt ang. A thih huna a Lalpa hnena awm a chakzia thu a sawi fo ṭhin asin.

Lal : A nih leh engtin nge ka tih dawn?

Khawnbawl dang : Kawng khat chiah a awm, Chrysostom hian sual chiah a hlau. Sual turin zirtir ila, chu chiah chuan a tina thei ang.

Hriatzauna

George Washington-a nu khan a fapa chu Bible hmangin politics leh vantlang nun dan tha te ngun takin a zirtir thin a. Ni tin Chhung inkhawm vawi hnih an nei ziah a, Bible chhiarin an tawngtaiho ziah thin.

Indopui pahnihnaa General hmingthang tak, Ferdinand Foch kha a nuin Pathiana rinna nghat tlat tur leh tawngtai thlahthlam hauh lo turin a zirtir ngun hle a. A hlawhtling ni ngei tur a ni, a hote pawhin, “General Foch chu tawngtai mi, zawlnei, Pathian nena inpawl thin a ni e,” an ti hial a ni. A dam chhung zawng khan a nu hnen atanga zirtirna a dawn, tawngtai a thlahthlam ngai lo reng reng a ni.

England rama mi lar tak William E.Gladstone pawh kha a nu zirtirna hnuaiah kum 9 mi a nih laiin a piangthar a, vawi khat mah a hnungtawlhsan lo a. “Ka ngaihtuahna te, ka thu ziaak te, keimah pawh hi a pumin Isua Krista hnenah ka inhlan vek a, a bak inngahna tur ka neih reng reng ka hre lo ve,” a ti a ni.

Oliver Cromwell-a nu pawh khan Bible hmangin a fapa chu ngun takin a zirtirna a pe thin a. A zirtirna pawh a hlawhtling ngiang mai. Cromwell-a chuan, “Min tichaktu Krista avang hian engkim ka ti thei a ni,” a ti hial a ni.

D.L.Moody-a nu pawh kha hmeithai rethei tak ni mah se, a fapa hnena Pathian thu zirtir a thlahthlam ngai reng reng lo va, a thawh rah vang liau liauvin D.L.Moody chu kum 17 mi a nihin a piangthar a; a nun zawng zawng chu Krista tan a hlan ta a ni.

Sir Isaac Newton-a nu pawh khan a fapa chu ni tin a tawngtaipui thin a, kum 7 mi chauh a nih laia thihsan ni mah se, a hlawhtling hman tho a ni. Newton-a chuan, “Kristian chhungkuua piang ka ni a, ka nausen lai atanga Pathian tana serh hran ka ni,” a ti ngam ngat a ni.

Hriselna Huang

HIV/AIDS DAMLOTE ENKAWL DAN

- Dr. Lalchhanhima Ralte

Diploma HIV & Management (South Africa)

Synod Hospital, Durtlang

Miin HIV + a ni tih a inhriat chhuah rualin zawhna tam tak a nei nghal a. Mi dangin hria se engtin nge ni ang? Engtin nge ka kawppui, ka chhungte, ka thiante ka hrilh ang? Lo hre ta se engtin nge min ngaih ang? tih leh rilru buaina hrang hrangten a chim nghal thin.

HIV avanga damlohna hian taksa, rilru, thlarau, mi dang nena kan inlaichinna, kan chhungkaw nun leh khawtlanga kan dinhmunte nasa takin a khawih tel a. India sawrkarin National AIDS Control Organization (NACO) hmangin Mizoramah pawh Mizoram State AIDS Control Society (MSACS) kaltlangin nasa takin hma an la a. Sawrkar leh NGO tih tura dah mai lovin, mi tin hian a enkawlna lamah engtin nge ke kan pen chhuah ve ang le?

Grace Home (Synod Hospital, Durtlang hnuaia HIV AIDS enkawlna) a damloten an sawi fo thin chu *“Mi hian min hrethiam se, HIV avanga vanduai tate hi*

damdawi inchiu thin emaw mipat hmeichhiat buan chak lo kan ni vek si lo a. In endawngna leh in hmuhsitna hi chu awm ta lo se, ka dam phah ang” an ti fo thin a. Heng atangte pawh hian damdawia taksa natna an enkawl theih piah lamah hian, mi tin hian tih theih kan nei tih hi a Chiang viau a ni.

Tun hma lam kha chuan miin HIV hrik a lo paiin, thi mai tura inngaihna a awm thin a. Tunlai anga ART (Anti Retroviral Therapy) – HIV damdawi tha a la awm loh avangin thi maia tura an inngai pawh a awm viau mai. Amaherawhchu, tunah chuan damdawi tha tak tak eitur a awm tawh a, natna an kai hnua kum 20 dawn

lai damte pawh an awm ta.

Inenkawl pawimawhnate –

1) ART damdawi ei that chuan rei takin nunna a pawh sei theih a ni.

2) Beidawnna, thih mai chakna leh rilru hrehawmna tam tak chhawk zangkhai nan, rilru leh thlarau lam dam nan enkawl na pek theih a ni.

3) HIV hrikin taksaa harsatna/natna dang a thlenin, enkawl vat a nih theih nan.

4) Thisen var tam zat hriat khan ART damdawi ei a ngai nge ngai lo tih a hriat theih.

5) Sawrkar, kohhran leh tlawmngai pawl hrang hrangte kaltlanga hamthatna awmte a hman tangkai theih.

6) HIV AIDS chungchang chiang leh zawkin inzirtir theih a lo ni ang.

7) Mi mal hriselna piah lamah, khawtlang leh ram pum ang pawha hmasawnna tur a ni a. Africa ramah chuan inenkawl na lamah hma an lak chak loh avangin nu leh pa rual an thi nasa em em a, chu

chuan an ram khawsakna a khawih buai a ni.

Inenkawl na awmte leh inenkawl dan tur: India ram kan vanneihna bik chu sawrkarin hma a la nasa a. Inenkawl na tur chi hrang hrang, man tam tak tur hi a thlawnin a sem a, hei hi thil lawmawm tak a ni.

HIV damdawi: Tun thleng hian HIV hrik thahna tur damdawi hi hmuhchhuah a la ni lo a, tuna kan damdawi pek thin ART hian natna hrik a that lo va, a hrik inthlahpung tur kha a lo veng mai a ni. A damdawi hi ART centre – Aizawl, Lunglei leh Champhai Civil Hospital atangtein a lak theih a ni. Heng bakah hian taksaa natna dang a rawn thlente enkawl na tur damdawi tam zawk chu a thlawnin sawrkar damdawi in leh Grace Home, Durtlang-ah pawh a awm a ni.

Counselling: Inenkawl na hlawhtling tur chuan damloten an damlohna an pawm thlap a tul a, rilru hahna tur a tam avangin counselling hi an mamawh zual a ni. Counsel-

ling hian rilru put hmang a thlak danglam thei a, a eng zawnga hma thlir thiam dan te, damna famkim – taksa, rilru, thlarau damna atan te a pawimawh a ni. Heng hun khirh tak mai hi an thlarau tuihal zual laite pawh a tih theih awm e.

Chhungkua hriatthiamna:

Damlote hian an chhungte leh kawppuiten an natna an hriatthiampui hi an mamawh hle a. Heng natna vei, an chhungte hriatthiampuie hi chu an rilru a zangkhaiin an hahdam bik thin. Hmangaih taka enkawlte chu damlote tan pawh dam sawng sawnga a ni.

Ei leh in tur tha: Taksa a hrisel zel nan leh natna dotu thisen var a lo insiam chak zawk nan ei leh in tha a pawimawh a. Ei tur tha han tih hian a tharlam, a thing ni lo thei se tih hi duhthusam a ni. Chu bakah thil mawm leh uih lutuk te, ka chung tipilh awlsam thei emaw kawthalo siam hma thei tur ang chi chu ei loh a tha ber.

Chin tha lo bansan: Taksa tichhe thei ruihtheih thil, zu,

kuhva, sahdah, meizialte hi bansan hmak a ngai a ni. Chutiang bawkin mipat hmeichhiatna lamah fimkhur a tul a, nupa pawh a hrik pai tlem zawk khan a hrik pai tam zawkin a pek belh thei a ni.

Grace Home: HIV+ te enkawlina atana din Grace Home-ah hian englai pawhin in-admit theih a ni a. Awm man chawi a ngai lo va, daktawr, nurse, counsellor leh thawktu inpe tak takten an vil reng a. ART damdawi ei lai mek enkawlina leh counselling-na hmun a ni a.

Sawrkhar/NGO: Sawrkhar leh tlawmngai pawl hrang hrangten an tan tanpuina an siam a, ngaihven theih reng a ni. *Entir nan* - a thlawnin MST bus-ah a chuan theih a, a thlawnin naupang tana ei leh in tur tha te, eizawn atana a training-na hrang hrang, mobile chhe siam, beautician, leh a dangte pawh a awm.

Eng nge Anti Retroviral Therapy (ART) damdawi chu? : HIV hrik hi mihring taksa a luh chuan a chhuak leh tawh dawn lo. *Entir*

nan- Malaria hrik chu thosi seh vangin mihring taksaah a lut a, a damdawi ei chuan a hrik chu a thi ve leh mai thin. HIV-ah chuan a ni ve lo va, taksaah a hrik a lo luh tawh chuan a thi ve thei tawh lo. Mahse a inthlah pung zel tur leh taksa chak taka a tichhe tur chu ven theih a ni ve thung. ART damdawi hian HIV hrik chu that lovin, a inthlah pung tur a veng thin. Tun thleng hian a hrik that thei damdawi hi hmuhchhuah a la ni lo.

A hrik tam dan leh natna lo lan chhuah dan a zirin damdawi chu pek an ni thin a. India ramah chuan a thlawna sem a ni a, khawvel ram tam takah chuan a thlawnin an sem lem lo. Lei tur ni ta se, thla khat ei hi cheng sing man dawn a ni. He damdawi hi dam chhunga ni tin ei tur a ni.

ART damdawi ei turte tana hriat tur pawimawh -

1) Dam chhung ei ngai a ni a, hunbi neiin, darkar 12 danah ei thin a ni.

2) Dam chhung ei ngai a nih avangin inhrilhfi ahna tha tak

an dawn hnuah anmahni duhthlanna ngeiin an eitir chauh tur a ni.

3) ART ei tan ni atanga ni 5 tal hi HIV thiam bik Doctor-te enkawl na hnuaiah inenkawl a ngai thin a. Hei hi a tir lama side effect leh natna rawn lang chhuak theite venna atana ruahman a ni.

4) Ei that loh leh ei theihngilh a paw hle. Damdawi taksa hnathawk tham lova a awm hian HIV hrik hi a inthlak danglam thei a, a inthlak danglam hlauh chuan damdawi chu ei tha leh hle mahse HIV hrik kha a hneh thei tawh dawn lo a ni.

5) Ruihtheih thil nghei/sim hmak tan chauh damdawi hi ei a tha. Ruihtheih thil tite chuan a hun biah damdawi an ei hlei thei thin lo va, a natna hrik kha a tidanglam ang tih a hlauhawm a ni.

6) Natna dotu thisen var tam zat hi thla ruk danah en ziah tur a ni.

7) Damdawi chak tak a ni a, taksaah side effect tam tak a thlen theih avangin centre-ah inentir thin tur a ni.

Enkawltute hriat tur thenkhat :

1) A hun taka damdawi an ei theih nan lo hriatpui tur.

2) Thla 6 danah thisen var tam lam hi en ngei tura hma lakpui.

3) Doctor-te'n anrawn ang zelin inentir tura hma lakpui.

4) Ei leh in, mutbu, inthiarna etc inhman tawm atangin a kai theih loh va. Thisen chhuak a awm erawh chuan fimkhur tur a ni. Pan/pilh an neih chuan tuam tur a ni.

5) TB an vei a nih chuan khak, inkhuh khum leh hahchhiau khum atangtein a inkai theih avangin fimkhur ni se.

6) Hmul mehna, toothbrush, nail-cutter etc inhman tawm loh tur a ni.

7) Ruihhlo leh taksa tichhe thei dang lakah an fihlim a pawimawh hle a. Ei leh in tha a pawimawh a, insawizawi pawh an ngai pawimawhin an ti thin tur a ni.

8) A inkai theih dan leh theih

loh dan chiang taka zir a, hman tangkai tur a ni.

Tlangkawmna :

Natna tihtam theih loh ni mah se, enkawlna tha tak a pek theih mai bakah Kohhran chuan damna famkim Krista kan thlenpui thei a ni. Miin a hrik a kai dan pawh hre chiang mang lova kan ngaih dan kan sawi vak vak leh thiam loh chantir ngawt kan chin hi bansan ang u.

AIDS hi mi an sual vang renga Pathian hremna anga ngaih tlatna hi kalsan a hun tawh tak zet.

“Keiin ka tanpui loh chuan tu nge tanpui chuang ang?” tiin Samari mi tha khan suamhmang tawh a hmuh khan a ngaihtuah a ni ngei ang. Eng vanga suam nge a nih? Eng ang mi nge a nih a, eng ti tur nge a nih? Tih kha a ngaihtuah lo, tanpui a ngai tih a hmu a, a tanpui mai a ni. Chutiang bawkin Isuan tihtam rawngbawl hna min hnutchhiah hi i chhunzawm zel ang u.

*Hruaitute chanchin***PI VANRAMMAWII**

Pi Vanrammawii hi Pu Thangchhawna (L) leh Pi Lalkhawchhani (L) te karah lo piangin unau pariat zinga upa ber a ni.

Kum 1974-76 chhung khan Primary School zirtirtu niin, kum 1977 ațangin Tuikual M/S-ah zirtirtuin a awm leh a, tunah hian Tuikual Govt. M/S, Tuikual 'S'-ah zirtirtuah a la thawk mek a ni. Kum 1980 khan Upa T. Thandanga nen innein fapa 4 an nei a, a pasal hian kum 2009 khan chatuan ram a pansan tawh a ni.

Rawngbawl na lam - Kum 1972 ațangin Tuikual Kohhran Naupang Sunday School-ah zirtirtu niin, kum

1974-1980 chhungin KTP Committee Member-ah a awm a. Khawtlang lamah pawh YMA Committee Member leh O.B. te niin kum 1989-1996 chhung khan MHIP-ah O.B a ni a, khawtlang tan pawh theih tawp a lo chhuah ve thin.

Kum 1991 ațang khan Tuikual Kohhran Hmeichhe Committee-ah a tel tan a, Treasurer tih loh chu O.B. post pawh a lo chelh kim ve tawh a ni.

Bialah chuan Committee Member a nih thin bakah hian Secretary leh Asst. Secretary chanvo a chelh tawh a. Tunah hian Tuikual Bial Kohhran Hmeichhe Committee-ah Asst. Secretary a ni mek a ni.

Tualchhung kohhranah Puitling Sunday School zirtirtu leh Pathianni chawhnu inkhawma thuhriltu a ni.

A Bible chang duh chu Isaia 60:12, *"Irawngbawl duh lo hnam leh ram chu a boral dawn si a, Ani, chung hnamte chu tihchhiat hlauhvin an awm ang."*

PI C. CHAWNGPUII

Pi C. Chawngpuii hi Pu Thangchungnunga (L) leh Pi V.L. Auvi (L) te karah lo piangin unau panga zinga upa ber a ni.

Kum 1984 khan Pu K. Ropara nen inneiin fa 3, hmeichhia 2 leh mipa 1 an nei a. Tunah hian Zuangtui veng, Aizawlah an chhungkuain an khawsa a. Eizawna lamah chuan PWD, Project Division II-ah UDC hna a thawk mek a ni.

Kum 1993 atangin tualchhung Kohhran Hmeichhe Committee-ah a tel a, Secretary leh Finance Secretary-ah te lo tang tawhin tunah hian Asst. Secretary hna a chelh a ni.

Thuampui Pastor Bialah Committee Member, Secretary leh Asst. Secretary te ni tawhin tunah hian Bial Asst. Secretary a ni baw.

Tualchhung kohhranah pawh Sunday School department hrang hrangah zirtirtu leh Leader-te pawh a a ni tawh a. Tunah hian Puitling Sunday School zirtirtu leh Inrinni zan thuhrltu a ni.

A Bible chang ngaiat deuhte chu Sam 73:25, 28 *‘Vanah khian nang lo chu tu nge ka neih? Leiah pawh hian nang lo chu ka duh tumah an awm lo... Keia tân erawh zawng Pathian hnaih hi a tha a ni: Lalpa PATHIAN chu ka inhumhimnaah ka hman a, A hnathawh zawng zawng thu chu ka hrilh theih nân.’* tih te, Johana 3:16 *‘Pathianin khawvel a hmangaih em em a, chutichuan a Fapa mal neih chhun a pe a, amah chu tupawh a ring apiang an boral loh va, chatuana nunna an neih zawk nan’* tihte leh 2 Korinth 8:9 *‘Kan Lalpa Isua Krista khawngaihna chu, a retheihna avanga in lo hausak theihna turin hausa mah sela nangmahni avang ngeiin a lo retheih tak kha in hre si a.’* te hi a ni. A hla duhzawng chu KHB No. 34 *‘Thil tha kan hmuh ang hi’* tih leh KHB No 173 *‘Imanuela thi zaman’* tih te hi a ni.

Hriat atan

* Kan hruaituten heng hmunahthe hian Bial Inkhawmpui (Dt 79.2.2014) an hmanpui a, Pathian hruainain tuang takin hun an hman-

- i) Cachar Kahrawt Bial, Telkata kohhranah Pi C. Lalmangaihi, Chairman leh Pi C. Romawii
- ii) Mualpheng Bial, Lenchim Kohhranah Pi Rochuangkimi, Vice Chairman leh Pi Maria Lalchhanhimi
- iii) Zohmun Bial, Zohmun kohhranah Pi Laltlanmawii, Ex-Chairman leh Pi Tlangmawii
- iv) Teikhang Bial, Hrianghmun Kohhranah Pi Rosangpuii leh Pi Lalbiakengi
- v) Bairabi Bial, Bairabi South kohhranah Pi Zohmachhuani

* Dt 7-9.2.2013 chung khan Lawngtlai-ah LIKBKHP Inkhawmpui Palai turin Kohhran Hmeichhe Inkhawmpui Lian aiawhin Dr. Vanlalhruaii, Asst. Secretary leh Pi Lalrinzuali te an kal a, khawmpui hlimawm tak an hman.

* SEC-in a phal angin kum tinin Hmangaihna In dincham February 15 leh Naupangte ni November 14 hi Home ni pawimawha hman a ni tawh dawn a. Dt.15.2.2014 khan Hmangaihna In dincham vawi 27-na chu thawktute, naupangte leh Management Committee-ten zanriah kilhova hlim taka hman a ni.

* Hmangaihna In-a Nurse thawk turin N1. Shalome Ramdintluangi Hnamte, Leitan South chu lak a ni a. Feb. 1, 2014 aṭangin a hna a zawm a ni.

* Kum 2013-a Kristian Chhungkaw dinhmun tehnaa sang zual Bial 10-te :

- | | |
|--------------------------|------------------------------|
| 1) N.E. Khawdungsei Bial | 2) Ngopa Bial |
| 3) Tlangnuam Bial | 4) Mission Vengthlang Bial |
| 5) Luangmual Bial | 6) Dawrpui Bial |
| 7) Ramhlun North Bial | 8) Phainuam Bial |
| 9) Mualpheng Bial | 10) Champhai Vengthlang Bial |

KUM 2013-2015 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi C. Lalhmangaihi
Vice Chairman	:	Pi Rochuangkimi
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Dr. Vanlalhruaii
Treasurer	:	Pi C. Lalneihthangi
Fin. Secretary	:	Pi Vanlaltluangi

Committee Member-te

- | | |
|----------------------------|---------------------------|
| 1. Pi K. Lalthangmawii | 2. Pi C. Lalrinliani |
| 3. Pi Parchhuaki | 4. Pi Ramngaihsangi |
| 5. Pi Laltlanthangi | 6. Pi Rosangpuii |
| 7. Pi Rochhungi | 8. Pi Lalthansangi |
| 9. Pi Zohmachhuani | 10. Pi H. Kapthangi |
| 11. Pi Lalrinzuali | 12. Pi Lalrindiki |
| 13. Pi B. Zomawithangi | 14. Pi C. Romawii |
| 15. Pi Lalsiammawii | 16. Pi C. Zopari |
| 17. Pi R. Rengkhumu | 18. Pi Tlangmawii |
| 19. Pi Lalhmingmawii Sailo | 20. Pi Zothanpari |
| 21. Pi Rallianthangi | 22. Pi Maria Lalchhanhimi |
| 23. Pi Vanlalhruaii | 24. Pi P.C. Nuzawni |
| 25. Pi Lalpianthangi | 26. Pi Sailuti |
| 27. Pi K. Vanallawmi | 28. Pi Lalbiakengi |
| 29. Pi C. Chawngpuii | 30. Pi Vanrammawii |
| 31. Pi Liankimi | 32. Pi Lalrokimi |
| 33. Pi Lalbiaki | 34. Pi Lalfeli |

Ex-Officio Member-te

1. Rev. K. Lalhmuchhuaka, Synod Moderator
2. Upa H. Zoliana, Synod Secretary (Sr.)
3. Rev. Lalramliana Pachuau, Executive Secretary i/c Women
4. Pi Laltlanmawii, Ex-Chairman
5. Pi Lalfakmawii, Co-ordinator

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan:**
1. Kohran pum rawngbawlna tihlawhtling tura thawhho.
 2. Kristian chungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



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Hmangalna Ina thawktu le, naupangte leh Management Committee-le



To

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