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In tur mi pe rawh

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Amen

Phek 9-na

Kristian Chhungkua ♦ Sermon ♦ Article ♦ Ei siam dan ♦ Hriselna Huang

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A chhunga thu awmte

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Editorial

Mihring maktaduai tam tak khawvelah hian kan cheng a, kan hmeh leh pianphung zawng zawng hi inang lo a. Kan kut ziate pawh hi mit lawnga han en chuan inang vekin kan hmu a, a en thiamte chuan ‘mi maktaduai tam tak zingah pawh hian kutze inang a awm hauh lo’ an ti tlat mai! Mi inang leh sa inang emaw kan tih zingah pawh danglamna chu a lo awm vek mai. Hengte avang pawh hi a ni ang e, nupa te, unau te, chhungkua te, hnathawkhote leh rawngbawlhote inkarah pawh inpumkhat theih lohna a awm fo thin.

Lungrual leh inpumkhat taka khawsa ho tur chuan ‘mên’ kan tihzau a ngai khawp mai. Inngaitlawmna nen mahni aia mi dang tha zawka kan dah theih zel chuan inpumkhatna thlentu pawimawh tak kan ni thei ang. Ropui leh chungnun duhna hian inremna kawngah min tibuai thei khawp mai. Mi dangte dik lohna hre thei riau mai nih te, mi dangte tihsual chhinchhiah thei tak nih te, mi dangte fel lohna leh dik lohna sawi nuam tih tlat mai te hian kan chen hona leh kan rawngbawlina a tibuai thei a, inpumkhatna a tichhe vek thei a ni. Pathian thuin ‘Elrel leh inngaihhlut avanga eng mah ti lovin, mi tinin inngaitlawm takin mahni aiin mi dang tha zawkah ruat theuh rawh se’ tiin min hrilh kha.

Khawsak honaah hian thil hre lutuk nih te, fing fal bik nih te, intifel bik nih te hi a hnawksak thei khawp mai. Chutih laiin mahni thiam lo ngawih ngawi leh mi dang tluk lo em ema inngaihna pawh hi a tha chuang lo. Pathian hian min hre Chiang a, chuti chung a kohte kan ni. Chuvangin, hmasawn tuma, tiam chin lam pana kan tlan ngat ngat erawh a ngai a ni.

*Kristian Chhungkua***NU - CHHUNGKUA AH**

(Thuf 12:4; 14:1; 31:10,29)

*- Pro. Pastor Lalthananga Zote
Mission veng*

Chhungkuaa NU mawhphurhna kan zir dawn avangin PA emaw, chhungkuaa mi dangte emaw mawhphurhna kan thlir tel dawn lo va. Chutih laiin mi dangin eng mah mawhphurhna chhungkuaah an nei ve ta lo anga ngaih chi chu a ni lo vang. Nu mawhphurhna han tih hian chhungkuaa nu dinhmun luahtu ber kan sawina ni sela. Fa nei leh nei lo te, pasal kawppui nei leh nei tawh lo (thihna avang emaw, nupa țang țhen avang emaw) te, pasal la nei lo pawh chhungkuaa nu chanvo mawhphurhna chelhtu tu pawh huamtir ila a sual awm lo ve. Chipchiarin kan zir hman dawn lo va, sawi hona lam atana kan rilru kaihhraina tur ang chauhvin kan zir dawn a ni.

1. NU - chhungkaw khaidingtu: Nute hi chhungkuaah a laipui ber, a fawng chelh dingtu tih an phu hle. Chhungkaw inlaichinna țha leh mi dangte hlim taka siamtu chu nute hi an ni. Chhungkuaah engkim fel leh tluang taka a kal theih nan nu ruahmanna leh uapna țha a ngai a ni. Nuin in chung a uap lum țhat loh chuan inrelbawlnain tawrh hun a la nei nge nge țhin.

2. NU – rilru thawidamtu (Psychiatrist): Chhungkuaa mi tu pawh rilru lama țanpui ngai, thinlung kehsawm, rilru nâ leh

manganna inbunruahna atan nu chu a lo inpeih sa reng a ngai a. Hlim leh lawmna thilah pawh thinlung taka lo lawmpuia lo phurpui tura rilru inhawn a ngai. Țapte tan ngenchhan tlak, thinlung ngui tana chakna thar pe tura fuihtu rinawm leh rin tlaka awm reng nu tan a ngai țhin.

3. NU – Tisa damna leh enkawltu ngilnei: Taksa lama damlo leh natna neiin a thlakhleh ber țhin chu duat leh lainat taka enkawla dawmtu a ni fo. Doctor thiam leh damdawi țha chu damloin a

beiseiin a mamawh ngei ang, mahse chu aia thuk zawk mamawh a neih chu a taksa nâ nena lak hran theih loh a thinlung nâ damna a ni. Natna khuma mu tan nu kut tluka nachhawknâ tha a awm thei lo vang. Hlau leh thlabara na tuar tan nu thlamuanna ankâ nem leh thinlung sawhkeha nu tawngtâina tluka thlamuanpui-awm a awm thei dawn em ni? Chuvangin, nu hi chhungkaw doctor pawimawh ber chu a lo ni ngei mai.

4. NU – thuremtu: Chhungkaw tualthu chhia remna kawngah nute hi tan bik nei lo roreltu, thu lai latu nih a pawimawh hle. Chhungkaw buainate hi hmeh mih zung zung loh chuan thu ho tea intanin tualthu chhiaah a chang thuai thin. Chuvangin, nuin rilru dam dap maia thuhretu leh thuremtu nih a thiam chuan rem thu a leng leh thuai thin.

5. NU – rorelpuitu (Co-Judge): Bible chuan ‘Hmeichhe lu chu mipa a ni...’ a tih mek laiin inneihna laimu (heart) vawngtu chu nu an ni a tih theih awm e. Inneihna hlawhtling din tur chuan ‘lu’ leh ‘thinlung’ a inchawm that

a pawimawh. Hmanah chuan mihring ngaihtuahna chu thluak hnathawh bikah ngaih a ni thin. Tunlai zirmite chuan mihring ngaihtuahna vawn thatna atan thluak leh thinlung a tan kawp a tul tih an hre chhuak tawh. Thinlung (heart)-in thluak a thawhpui that chuan finna leh hriatna a lo chak telh telh thin. Chutiang deuh chuan nu thinlung leh pasal thluak an tanrual that chuan chhungkaw inrelbawlâna a lo fel duak duak thin.

6. NU – zirtirtu tha: Nute hian fate zirtirna kawngah rilru pe taka beih a ngai. Hnathawh kawngah pawh nu tha chuan ‘eng tikah nge min awl theih ang aw...?’ tih aiin, hlim leh lawm, phur taka hna thawh chakna rilru pu thei tur zawnga an fate kaihhruai an tum thin. Hnathawh hi phurrit leh hahthlaka ngaih tlatna leh, hlimhlawp thila hun khawhral mai mai hi nuam zawka ngaihna rilru piangsual laka ven tlat hi nu mawhphurhna a ni awm e. Nu chuan fate theihna tihpun leh an panna laia dawm kang thei zawnga fate enkawl thiam a tul hle. An zirlaiah fuiha, tumruhna nei

tura rilru lama lo ñanpui reng a ñul a. ‘An zirlai eng mah thiam ka nei ve lo’ tia inthiarfihlimsan mai lovin phur taka an zir theih nana an rilru lam lo buatsaih a pawimawh a ni. Naupangte hian nute hi an thiam loh zirtirtu ang ni lovin an zir theih nana lo buatsaihtu an nihzia an pawm thiam theih nana an rilru buatsaih chu nu mawhphurhna pawimawh tak a ni.

7. NU – fatu hotu: Nute hi chhungkaw ei in thuah a thluak bur ber an ni a. Ei bar intodelh, sum leh pai hman, ei tur buatsaih (menu) zawng zawng hi nuin ‘ka mawhphurhna a ni’ tih a inpawm phawt chuan choka lam rorelna chu a fel duak nghal phawt mai. Khawsak relna lamah pawh nuin ñan a lak tak tak chuan pa leh fate hrawk a tlai nge nge tih nuten hriat reng a ñha a ni

8. NU – chhungkaw puithiam: Naupan lai añaanga naupang ñawngñaina te, Bible thawnthu te, inkhawm awmzia te zirtira, Biak Ina fate hruai ñhntu leh sakhaw nuna bul ñantu chu nute an ni fo ñhin. Nute hi chhungkaw sakhaw nunah an pawimawh em em a, pasal

fanaute thlamuang taka rawngbawl theia in lama lo ñang tlat ñhin pawh nute an ni. Nute hi chhungkaw sakhaw puithiam hmasa an lo ni e.

Tlangkawmna: Heng bak pawh hi sawi tur a la awm thei ang, wawi khata sawi kim sen a ni lo va, sawi vek pawh a harsa. Heng kan sawi takte hi rilru kheuh hawnna atana a tlangpui keu thuk thuk ang chauh a ni a, ngaihtuah belhel a ñha awm e.

Ngaihtuah zui a tan:

1. *Tunlai leh hmanlai Mizo khawtlang nunah khawi zawkah nge nuten chhungkuua mawhphurhna an hlen ñhat zawk ang?*

2. *Nu zawk eizawngtu nihna in chhungah chhungkuua nu mawhphurhna hlen a harsat phah bik em?*

3. *Kohhran leh khawtlanga inhmang tak nu tan chhungkuua nu mawhphurhna hlen a hautak phah em?*

4. *Kan rama sualna tam tak ringtu nun tlukchhiatna thlen fotu hi mahni in chung uap lum lova nu ber chhuak tam lutukin a hrin a ni thei ang em?*

Sermon

IN TUR MI PE RAWH

- P.C. Laltlani
Bawngkawn East

‘In tur mi pe rawh’ (Joh 4:7) tih hi Isuan Samari hmeichhe hnenah a sawi a ni a. Isua leh a zirtirte Judai ram aṅanga Galili ramah an haw dawnin Samari ram an kal tlang a ṭul a. Chhun lai takah Samari rama khaw pakhat Sukar an tih kianga tuichunchhuah awmna an thleng a. Isua chu a kal hah avangin tuichhunchhuah sirah chuan a ṭhu chawt a. Chutia hotu ber hah vanga a ṭhut tak siah chuan zirtirte chu ei tur lei turin khuaah an kal ta a.

Isua tuichhunchhuah bula a ṭhut chawtna chhan hi a kal hah vang mai ni lovin, Samari hmeichhe pakhat, miten mi suala an ngaih a lo kal dawn tih a hriat vang a ni ang. Isuan hian a lo be hmasa a, Pathian thu tak a sawipui a ni.

Samari hmeichhia hian pasal panga lai a neih hnuah ngaihzwang, pasal angrenga neih lai mek a nei a. Miin nuthlawi lêrh tia a chanchin an sawi ṭhin avangin mi tui chawi hun, zingah leh tlaiah chawi ngam lovin chhun lai takah mi reh lain a chawi ṭhin tih Isua hian a hriat avangin a lo nghak a ni thei. Samari nuthlawi hi a tleirawl lai chuan hmel ṭha tak, intha zo,

zuanzang tak a ni a. Pasal neihah a vanduai avangin lêrh tak angin a lang niin sawi a ni a. Isuan in tur mi pe rawh tia a biak hmasak vanga mak a tih dan leh Isua a chhan dan aṅang hian nu vengva tak leh rual pawl thiam, hawihhawm tak niin a rin theih.

Isua leh Samari hmeichhe inbiakna hi a ngaihnaawm hle a, ngun taka chhiar chi a ni. Isua hi tuichhunchhuah sirah a ṭhu a, Samari hmeichhe pakhat tuichawi tura lo kal a hmuhin a lo bia a, “In tur mi pe rawh” a ti a. Hmeichhia chuan, “Nang Juda mi i ni a, kei Samari hmeichhia ka ni si a, engtizia nge ka hnena in tur mi dil?” tiin a zawt a.

Hmeichhia hian Juda-ten Samari mite an hmuhsitzia a hria a, hmeichhia lek phei chu an be duh lo tih a hriat vang a ni a. Isua lah chuan chungte chu hnam dan (culture) mai mai alawm ti ni awm takin a be chhonzawm a, “Pathian thilpek leh, ‘in tur mi pe rawh,’ i hnena titu hi hria la chu, nangin a hnenah i dil zawk tur a ni a, tin, anin tui nung a pe tawh tur che a ni,” a ti a.

Hmeichhe tan chuan Isua hian a insawi theih khum niin a ngaih theih ang. Mahse, hawihhawm takin a chhang a, khaina eng mah nei lo tan chuan tuichhunchhuah thuk tak atanga tui nung neih harsat turzia hrilhin tuichhunchhuah neitu Jakoba aia ropui zawk a ni em ni, tiin a zawt a. Isua chuan a zawhna chhang lovin ama sawi tum lamah a kalpui a, “Tu pawh he tui in apiang an tuihal leh ang, tu pawh an hnena ka pek tur tui in apiang erawh chu kumkhua in an tuihal lo vang...an kaw-chhungah tui hna a lo awm ang a, chatuana nun thlengin a chik chho vang” a ti a. Samari hmeichhe tan chuan

hriat thiam a harin, a beidawnthlak hle ang. A hawihhawmna zawng zawng sawm khawmin, “Ka pu, chu tui chu min pe rawh, ka tuihal loh nan leh, heng thleng thlenga tui chawi tura ka lo kal thin loh nan,” a han ti hram a, a tiel deuh a ni mai thei.

Isua chuan thutakah a luhpui theih dawn tih a hria a, “I pasal va ko la, hetah lo kir leh ang che” a ti a. Hmeichhia chuan, “Pasal ka nei hlei nem,” tiin tlang takin a chhang a, an inbiakna a tawp tawh turah a ngai ngei ang. Mahse, a rin loh ang takin Isua chuan, “ ‘Pasal ka nei hlei nem,’ i tih hi i tidik e, pasal panga i nei tawh, tuna mi i neih hi i pasal a ni lo reng a ni, he thu hi i tidik e,” a ti a. Hmeichhia chu a dang duh mai lo va, chutianga mi chanchin i hre thei a nih chuan zawlnei i nih chu, tiin Pathian biakna hmun dik a zawt a. “Keini thlahtute chuan he tlang (Gerizim)-ah hian Pathian chibai an buk thin a, nangni Juda-te lah chuan mihringin Pathian chibai an bukna hmun tur chu Jerusalem kuaah a awm, in

ti thin a. Tu biakna hmun nge dik zawk?” tiin a zawt a. Isua chuan, “Pathian chu thlarau a ni; a chibai buktuten thlarau leh tih tak zetin chibai an buk tur a ni,” tiin a chhang a. Pathian chu thlarau a nih avangin hmun tinah a biak theih a. Pathian chibai buk turin a hmun aiin a biak dan a pawimawh zawk a tihna a ni a.

Pathian chibai buk dan tur dik, Thlarau leh tih tak zetin tih hi Isuan Samari hmeichhia nena an inbiak laia a sawi a ni a, Chanchin Tha Johana ziakah chauh a lang a. Hei hian Samari hmeichhia hi Isuan thutak sawipui a, chhandam a duh a, mi dangte a ke bula hruai turin a hmang duh bawk tih a tilang.

Isuan Pathian chibai buk dan tur dik a hrilh hian hmeichhia chuan ka zawhna i chhang lo ti ni awm takin Messia Krista an tih a lo kal dawn a, a lo kal hunah ani chuan engkim min la hrilh ang, a tih khum a. Isua chuan a tum takah a khalh lut ta tih hriain, “Keimah, a betu che hi amah chu ka ni asin,” tiin

Messia a ni tih a inpuang ta a. Hmeichhia chu lawm bawk si, zak deuh bawk siin a awm ni ngei tur a ni, eng mah sawi lovin khuaa mite hnena hrilh turin a tlan nghal vat a. Hmeichhia hian a tirah chuan Isua chu mi pangngai zan lo, zawhna chhang lova, duh duh sawi mai mai, mahni insawi thei tak niin a ring phawt ang a, mi chanchin hre thei zawlnei a nih a ring leh deuh va. Pathian biakna tur hmun dik a zawt a. A duh ang chhanna a hmuh loh avangin Messia lo kal hunah min la hrilh mai ang, a ti a ni. Mahse hnung lam aţanga sa barh tih ang maiin a mi biak chu a buaina chin felsak tura a nghah Messia a lo ni reng tih a hre ta phut si a, hamhaih awm tak pawh a ni. A lawm lutuk vangin tuichawi tur a ni tih pawh a hre tawh lo va. Messia a hmu tih mite hnena sawi a chak a ni.

Messia a hmu tih mite hrilh tura a kal hlan hian Isua chu a zirtirten ei turin an ti a, “Zirtirtu ei rawh” an ti chiam a. Nimahsela, Isua chuan, “In hriat loh chaw ei tur ka nei

e,” a ti a. Zirtirten an hre thiam lo tih a hriatin, ‘Mi tirtu duh zawng tih leh, a hna thawh zawh tur hi ka chaw a ni,’ tiin a hrilhfiah a. Rei vak lo an nghah hnuah a beisei angin khuua mi Samari mi tam tak an lo kal a, a thu sawi an hriat atangin mite chuan Messia a ni tih an ring nghal a. An sawmna avangin Isua chu ni hnih khuaah a cham a, mi dang tam takin an ring ve leh a. Isua thu sawi hriaa ringtute chuan hmeichhe hnenah “Tunah zet chuan i thu sawi avanga ring kan ni ta lo; keimahni ngeiin a thu kan hria a, he mi hi khawvel Chhandamtu a ni ngei tih kan hre ta,” an ti a.

Samari hmeichhia hi Isua tuihalna tirehtu, zirtirte hriat loh chaw ei tur petu a

ni. Isuan ‘in tur mi pe rawh’ a hnena a tih lai khan a biak loh tur bia leh a dil loh tur dilah a ngai a, a hnial a hnial a. A hriat chian hnu chuan ama taksa mamawh tui in tur chawi theihngihilhin Isua tana in tur laksak turin a tlan nghal a. A nunah danglamna mak tak a thleng a ni.

Chhiartu duh tak, nang pawh ‘in tur mi pe rawh’ tiin Isuan a dil che a, engtin nge i chhan dawn? Tui nung, chatuan daih pe theitu dilna hi i hnawl dawn nge, mahni nihna theihngihilin Isua tan i thawk chhuak dawn? Buaina tam tak i nei a, hriat duh leh tih duh i nei t̄euh a, i tihlawhtling thei si lo va. I mamawh chhanna chu Isua a ni tih hria ang che.



America rama cheng hmasa hnam pakhat chuan mipa naupangin kum 13 an lo tlin hian ramhnuai, ngawah huaisen zir turin amah chauhvin an dah thin a. Naupang tam tak chuan an hlau hle thin a. Mahse, an pate khan an hmuh theih loh chinah ralthuam famkim nen an lo veng thin.

Keini pawh Pathian hian fiahna kan tawh a phal a, mahse kan bulah a awm reng thin a.

AMEN

- Pro. Pastor Michael Zorinpuia
Thenzawl Field veng

'Amen' tih thumal hi Mizo Kristiante chuan kan hre bel hlein a rinawm. Kan ṭawngṭai zawh apiangin 'Amen' tiin kan khar a; Pathian thu sawi ṭha tak kan ngaihlaklan kan duh zual laiah te 'Amen' kan lo ti a, Pathian hla kan sak pawhin ṭha kan tih lai leh kan rilru khawih laite chu 'Amen'-in kan chhu nawn ṭhin. He thumal hi kan hmang nasa khawp mai a, ṭawngkauchheh tihhausak nan kan hmang zel a, Pathian thu leh kohhran huang chhung kher lovah pawh, kan rilru mil zawng leh mil loh zawng, pawm leh pawm loh zawng sawi nan kan hmang fo mai. Entir nan, “Ka thu put luh chu Committee-in min lo ‘amen’-pui hle mai a, ka lawm khawp mai” han tih angte.

Kan hman dan atang hian a awmzia pawh kan hre fuh viau niin a lang. ‘Amen’ tih hi Hebrai ṭawng a ni a, ‘rin tlak,’ ‘rinawm,’ ‘dik,’ ‘lo’ tihmate a ni thei. Mi dang thusawi emaw, an thiltih emaw, an ngaih dan emaw lo pawmpuina te, lo tihchakna te, nemnghehna te leh kha an thusawi leh thiltiha lo intukluha lo inpek venate pawh a ni thei a ni. Bible-a he thu hman a nih dan kawng hrang hrang lo thlir thuak thuak ila:

1. Bible-a hmannate -

(1) *Thuthlung Hluiah:* Thuthlung Hluiah chuan ‘Amen’ tih hi thupek,

malsawmna, anchhia, fakna hla thu leh ṭawngtaina kharna atan hman a ni ber a. A hmaa thu sawi lo chhan letna (response) atana hman a ni ṭhin tihna a nih chu. Entir nan, Numbers 5:22-a hmeichhia uire-a puh chuan, Puithiam hremna thupek chu “Amen, amen” tiin a lo chhang tur a ni a, “Ni rawh se, ka chungah lo thleng rawh se,” a tihna ang a ni. Sam 89:52-ah te, 106:48-ah te chuan Pathian fakna tihtawpna atan hman a ni thung. Nehemia 8:6-ah pawh Nehemian Pathian a fakna thu chu mipuiin “Amen, amen!” tiin an lo chhawn a. Isaia 65:16-ah chuan Pathian chu ‘Amen Pathian’ (ṭawng bul

lamah chuan) tia sawi a ni bawk. Hei hian Pathian chu thutiam reng reng, chhemchham leh anchhia, malsawmna zawng zawng bul a ni tihna a ni. A tel lo chuan eng thil mah thleng dik tak tak thei a awm lo va, dikna leh nghehna petu bul a ni tihna a ni bawk.

(2) Thuthlung Tharah:

Hman dan tlangpui chu a dang lo viau. Paula hian a hmang hmem ber a, malsawmna leh fakna hla thu (*doxology*) khar nan ‘Amen’ hi a hmang tlangpui (Rom 1:25; 15:33; Gal 1:5; Phil 4:20). Paula chauh ni lovin Thuthlung Thar bu ziaktu dangte pawhin an hmang a; 1 Korinth 14:16-ah chuan, kohhran tiak tirah khan Pathian an biaknaah nemnggehna leh pawmpuina thu anga hman thin a nih hmel. Tuna kan tih ang tho hian tawngtaina te, Pathian chawimawina leh faknahte an lo ‘Amen’ thin (Thup 1:6; 5:14 te pawh en ila).

Thupuan 3:14-ah hian Lal Isua Krista chu ‘Amena’ tih a ni a, hei hian amah Krista chu a nihna leh a inpuannaah a rinawmin a rin tlak a, ani aia

thuhretu rinawm lei leh vanah an awm chuang lo tih a entir bawk a ni. Isaia 65:16 nen pawh khan a inzawm viau awm e. Chanchin Tha bu lamah chuan ‘Amen’ hmanna danglam tak, Lal Isua ka atanga chhuak kan hmu thung a. Mi dang thusawi lo pawmpui leh lo awih lam ni lovin, ama thusawi ngei “Amen!” tiin a nemnghet hmasa thin (Mat 5:18; Jn 1:51). Hei hian Lal Isua thuneihna a tilang a, a thil sawite chu a rin tlakin tu mahin an tihdanglamsak thei ve lo tih a entir a ni.

2. Inpekna a entir - Bible-a a hman dan tlangpui chu khatiang kha lo ni ta sela, keini tan hian he thumal pawimawh leh lar tak hian entir leh zirtir a nei ang em? - ‘Amen’ hian inpekna a entir a ni. Kan sawi tawh angin Thuthlung Hluiah chuan hrem tur chuan a chung a hremna lek tur thu chu ‘Amen’ tiin a lo pawm thlap thin. Luka 1:38-ah chuan Mari’n a chung a Pathian Thu lo thleng chu “Ngai teh, Lalpa bawihnu ka ni, i thu ang zelin ka chungah thleng rawh se,” tiin a lo pawm thlap thei tih kan hmu bawk.

Hetiang nun hi 'Amen' hian a keng tlat a ni.

Pathian remruat kan chung a lo thlengte hi pawm har tih tam tak kan neiin a rinawm. Rawngbawl na thua pawh kan duh loh, kan huphurh em em, phu loh chu sawi loh, tlin lo em em tura kan inngaihna hmuna dah kan ni ve tawh mai thei. Pathian hmaa vui lek lek te pawh hi a awl thin. Mahse, Lalpan heng zawng zawng karah pawh, kan lak aţang hian 'Amen' tih ri hi a phut tlat a ni. Sawi rik ringawt ni lovin, thinlung 'Amen' a duh a, nun 'Amen' a duh a ni. Mahni inkhawngaih reng mai, mahni dik inti riau, thinlung vuihmuipu kan Pathian hian a duh lo va, a rorelna leh a hnathawhte 'Amen' tia lo chhawn thin thinlung a duh a ni.

Lal Isua nunzia kan en pawhin a nun hi 'Amen' nun a ni kan ti thei ang. "Mahni duh zawng ti turin van aţanga lo chhuk ka ni lo va, mi tirtu duh zawng ti tura lo chhuk ka ni zawk e," a ti. Keini pawh mahni duh zawng ti tura kawhvela lo piang kan ni lo. Pathian duh zawng ti tur kan

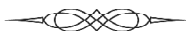
ni zawk. A awmzia chu kan nun pum pui hi Lalpa duh zawng tihpuitlin a nih theihna tura nun 'Amen' a nih a ngai a ni. Kan ch ak zawng leh ngainat zawng ni lova ama thu kan nuna a lal apiangin nun thiltithe, nun tam kan nei mai dawn tihna a ni.

3. Rinawmna a entir - Isaia 65:16-a 'Amen Pathian' tih hi Bible lehlin tharah chuan 'Pathian Rinawma' tia dah a ni. Thupuana Lal Isua 'Amena' tih a nihna chhan ber pawh thuhretu rinawm a nih vang a ni. Kohhran hmasaten fakna thu leh hlaa 'Amen' tia an lo chhawn thin chhan pawh, kha thu leh hlain a sawi kha a dikan a pawm tlak tihna a ni baw. Chuvangin, 'Amen' hian rinawmna a keng tel tlat a, ngheh lohna, dawt leh rinawm lohna nen a inkalh tlat a ni.

Chuti a nih chuan mi rinawm lo leh 'Amen' hi an inhmeh tlat lo. Kan Pathian hi Pathian rinawm a ni a, 2 Kor 1:18-a kan hmuh angin amahah chuan 'aw' leh 'aih' a awm ve ve ngai lo. Amah zuitu kan intih chuan mi rinawm kan nih a ngai. Mizo Kristiante kan ţhan

mawh bâwk pakhat chu kan rinawm rei thei lo hi niin a lang. Kan kâin 'Amen' kan ti reng a, kan nun hi nun 'Amen' a ni lawi si lo. A hmangaihna leh khawngaihnaah a rinawm avangin kan Pathian hian amatan min han ko thin a, kan lo 'Amen' ve bawka, mahse kan rinawm lohsan leh thin - a inhmeh lo a ni. Sum emaw, mipat hmeichhiatna emaw, ruih

theih thil emaw, chapona emaw, thlemna hrang hrang a lo kalin Lalpa lamah kan rinawm zo lo leh thin. A chhandamna 'Amen' tia kan lo pawm rual hian, kan Lal Isua tana tuar leh chan huama, amata na ding nghet reng turin kan nun hian 'Amen' rinawmna a keng tel tur a ni – Kan Pathian hi “Amen Rinawma” tia koh a ni tih i hre reng ang u.



BOOKROOM NEWS

1. Lawmna lekhathawn: Rev. Zosangliana Colney chuan Pro Pastor a nih lai khan Philippi lekhathawn zir hruaina hi a lo buatsaih tawh a. Chu chu kuminah Puitling Sunday School-in Philippi lekhathawn kan zir hian tanpuitu atan kan mamawh ngei ringin a rawn chhu nawn leh e. A man Rs. 30.

2. Entawn tlak hmeichhiate: Bible-a Juda hmeichhia, hnam tana hlu leh thawh hlâwkte chanchin, hnam dang daih ni si, Israel hnam tana kawngro su leh hmun pawimawh luahtute chanchin te bakah Mizo hmeichhiate zinga entawn tlak leh ropuite chanchin chu Dr. T. Vanlaltlanin a rawn buatsaih a, peih fel a ni ta e. A man Rs. 100.

3. Return from tomorrow: He lekhahu hi a ngaihnaawm piah lamah a danglam em em a Mihring nuna thil thleng zen zen lo a ni. Kum 20 mi chauh a nihin George Ritchie chu Army Hospital-ah a thi a. Minute 9 hnuah a rawn nung leh a. Chuta tang chuan chuan Isua Krista chu tawngin a nun zawng zawng a thlak danglam ta vek mai. Chhingpuii lehlin a ni a, Rs. 60 man a ni.

A HIM TLANGAH

- *Upa Lalhriata*
Jubili, Mission Vengthlang

Kan thupui mak deuh reuh tak hi mumang lam ÷awngkam a ni daih a. Mahse a hlu hranpa ve riaua hriain thupuiah kan han hmang ve ta mai a ni.

Mumang a÷angin bul kan han ÷an dawn chu a ni a. Mahse, a mumang ringawt chu kan ûmzui dawn a ni lo va. A ÷awngkam awmze nei takte chu sawizui kan tum chu a ni. He thupui awmzia hi chu ‘Himna tlângah’ emaw, ‘Tlâng himah’ tihna emaw a ni mai âwm e.

He mumang mak tak hi hun rei deuh tawha mi kha a ni âwm e. Kan ramah hian ruihhlo hi hripui angin a lo lêng dawn a; mite chu an banpuam pawh malpui tiat tiatin a la vûng êl ûl dawn niin a hmu a. Tunah hian a sawi ang chu a lo thleng dik ta viau ni pawhin a lang e. A sawi chhâwngtu chuan, “Keini chu min kal kân ang, kan kawngka biangah beramno thisen kan tât miau va,” tiin nui chungin a sawi a. “Beramno thisen tât” tih tak mai chu kan ûm zui tur chu a ni. ‘Beramno thisen tât’ tih chu a awmzia kan hre vek a, sawi zui thui a ngai âwm lo ve (Ex 12:1-14,21-23).

Chutiang hripui hlauhawm kârah chuan

÷henkhat fate an him laiin nu leh pa, kawngka bianga thisen tât thiam ve lo fate chu ruihhlo hripui lo lêng chuan thlipui ang maiin min nuai a, he khawvel sual thim zingah hian vawn tur hre lovin thlaphângin kan ÷ê vawn vawn ta mai a lo ni âwm mang tak e tih te min ngaihtuhtir ta a. Chutiang chhungkuua nau lo piang chu an vanduai bik êm êm mai a lo ni a; hmuhsitawm leh huatthlala lam ni lovin, khawngaih êm êm zâwk tur an lo ni tih te thlengin ngaihtuahna chu a kal ta zel a ni.

“K.S. te hi chhungkaw keh chhia a÷anga lo chhuak an ni châwk,” an ti ÷hin maw

kha? Kha chhungkua kha engati nge a kehchhiat? Chhungkaw kehchhiaa lo piang chhuak nih chu an duh bik rêng em ni? An chhungkua kha kehchhe ta lo se, tun ang hian an vanduai bik dawn em ni? Zawnha a tam hle mai.

Kan rama Kristian chhungkua inti tam tak hi vântlâng ngaiha ða ve âwm taka lan duhtâwk mai, a tak takah chuan kawngka bianga beram thisen tât ngai miah lo, a ðulna pawh hre rêng rêng lo kan lo ni mai em maw ni tak le! Vântlâng kan bum theih avangin kan lo lungawi ve ringawt ðin a; mahse, kan nihna tak tak chu kan fateah a lo lang chhuak ta si a ni thei mai ang em? Ralmuan laiin ða angin lang mah ila, kan duh hauh loh hripui a lo thlen meuh chuan kan nihna dik tak chu hai lanin a lo awm ta a ni thei ang em? ‘Anga lang’ ringawt hi chu a va tâwk lo êm! A pawh hun a lo thleng ngei ngei ðin.

Kan chhungkaw maichamte hi Setana hlauh tham a lo ni lo em ni ang le?

Kohhran Hmeichhe hruaituten, “Nangni chhung inkhawm in nei ziah em?” minrawn tih hunah, “Nei ziah e,” tia lo chhâng ve thei lo nih hrehin a hming maiin kan lo ti liam ve mai a; *record* buah ða taka min ziah luh ve chuan kan duh tâwk ta mai ðin em ni aw! A chhâng phei chuan chaw ei dawhkân kil kualin, tu emaw kan han ðawngðaitir a. A chhângin naupang tê tîn ðawngðai hla phuah sa an han sa a. “Naupang ðawngðai pawh rin vek tur, ðawngðai hnan tawh loh a ða,” tih a lo ni bawk si. Tichuan, nu leh pate chu kan âwl ta mai ðin a ni mahna. Chung zawng zawng chu belh khawmin, ‘Ni tin chhung inkhawm nei ziah,’ zingah kan inziak lut ve ta a; kan ngaih a ðazui ta êm êm mai a ni em? Naupang ðawngðaina chu kan ring ngam ngei tur chu a ni. An tân chanvo pawh kan siam ve ðin tur chu a ni ngei mai. Mahse, mahni inthiarfihlim duh vang mai a nih chuan a va ða ziktluak âwm lo êm! A Pathian biak hlutna lam aiin inchhiarna lama lan mawi kha

kan lo duhtâwk hle zâwk a nih teh chuan a pawî khawp ang le. ‘Thinlung leh tih tak zet’ hi a va pawimawh teh lul êm!

Chhung inkhawm bâkah chhunlai leh zanah, hun remchâng apiangah tih tak zeta Pathian hmaa thingthi thin kan nih loh chuan kan kawngka biangah beram thisen a kai ve lo mai ang tih a hlauhawm a ni lawm ni? Kawngka bianga thisen intât apiang chauh hlau thintu sual râl lian tân kan chhungkua hi hlauh tham kan ni lo êm a, min luhchilhin min suasaam ta bawrh bawrh mai te hi a lo nih hlauh chuan a pawî teh ang chu le. Mahni inkhawm tum mang si lova fate inkhawm tura tir ringawt thin kan nih pheî chuan a tâwk lo hle ang.

Kawngka biangah beram thisen kan lo tât thin chung pawhin ruihhlo hripui chuan kan chhungkua min nuai tho a nih chuan kan lo chawhlsan rei lutuk tawh a, a fiah tawh lo emaw, a khawro tawh emaw pawh a ni mahna! A thar zel, a thar zel a ÷ul ta a

nih hi. Kan *regular* hle chung pawha he hripui hian min nuai ve tho a nih chuan beidawng mai lovin, nasa lehzuala beih kan mamawh tihna a ni thei ang.

Ei rûk sum paipâwn haw chungin emaw, a rûka Setana lâwm zâwng sawi ru reng chung leh khawvel tukverha dâk reng chungin, Pathian hnena thinlung pe tak tak si lovin chhungkaw maicham hi mahni ngaiht̃hat nan kan buatsaih liam ve mai mai thin te a lo nih chuan a tâwk lo hle dawn a ni. Setana’n lalna a chan tlatna hmunah chuan Pathianin hmun a chang thei si lo. “Lalpa, Lalpa” ti nazawng tân Pathian ram chu hawn a ni lo a (Mat 7:21); Lal pahnih rawng lah bawl kawp theih a ni bawh hek lo (Mat 6:24; Lk 16:13).

Mumanga mangtu chhungkaw pa ber chuan an chhungkaw nuin, ‘A him tângah’ a pasal fanaute chu a lo thlawhpui niin a hmu a ni âwm e. Chu mang nung tak chu an chhungkuaah a thleng dik viau pawh a nih hmel khawp lehngal. He

chhungkuaah hi chuan pa ber aiin nu berin a thawh hlâwk zâwk a ang hle mai. Nuho tân entawn tlâk tak a ni ang.

Nu tam tak chuan, “Kan pa hi alawm. Bible pawhin, ‘Hmeichhe lu chu mipa a ni,’ a ti a. Keini chhungkua hi zawng chhungkaw lu bul kan nih hi; tihngaihna a awm ngang lo a ni e,” tiin thiam kan inchantir thin a ni mai thei. Thiamthu sawi hun a ni lo ve, tan lâk a ngai a ni. Hmeichhe lu chu mipa zawng a ni ngei e (1 Kor 11:3). Mahse, chhungkaw pa ber chu a lu Krista nen an inzawm loh avanga Pathian be pawp thei lova inngai, mahni pasalte kaltlang chauhva Pathian dâwr tum kan nih chuan a dik dawn em ni? Nu ber hian *direct*-in Lalpa chu a zawm thei tur a ni dawn lawm ni? Mipa lu chu Krista a ni ang bawkin hmeichhe lu pawh Krista a ni ve tho lo em ni? Pa ber tel lo pawha ‘*chhungkaw lu bûl nih loh dan*’ hi a awm dawn lawm ni? Nu zâwk pawhin ‘A him tlângah’ chhungkua a hruai thleng thei tho a nih âwm chu! Nangni Kristian nu

duhawm tak takte u, tu mah dem lovin, chhungkaw buainaah mahni pasalte mawhpuha bûr bun vek mai bik lovin, tan i la thar tak tak ang u hmiang. Nupaa tan dun theih chu a tha ber. Mahse, a theih rih loh si chuan, sual chu inbawhbehtir mai lovin, a thei zâwk leh a hre Chiang zâwk na nâ nâ chuan chhungkua chu ‘a him tlâng’ lamah kan hruai mai tur a ni dawn lawm ni?

Unaute u, thahnemngaih a va na êm ti r’u maw! Ruih hlovin nasa taka min suasam bawrh bawrh zel tur chuan i inphal tawh lo hrâm teh ang u khai. Tunlai pheih chuan ‘Khepuam’ ri hi a ring hle lehngal. Hlauva khurh mai a awl mang e. Mahse, Krista pasaltha tam tak in la awm alawm. Lalpa rawn chung zelin hma thar lâk dan tur han duang chhuak zung zung teh u khai. A hmanhmawhthlâk ta êm mai!

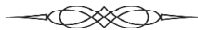
Mi thenkhat chuan kawngka bianga thisen tah kan ngaihthah avanga kan chhungkuaah buaina a lo awmin, mangang takin

kohhran rawngbawltute emaw, speaker-te emaw kan au leh ruai si em ni aw! “Kan Berampute hian an beramte hi min ngaihsak lo a nih hi,” tiin vui hmui kan pu leh si a nih chuan kan tidik chiah dawn em ni le? Keimahni ngei hi a bul tumtu tur chu kan ni e. Chuvangin -

*“I chènna chhungkua nih
kan duh e,
Lalpa, kan ngai che min
hruai turin,
I tel lo chuan lawm a kim
thei lo,
Kan thinlung hi a dam
zo lo.”* tiin Lalpa kan
au lawm lawm tur a ni dawn

lawm ni? Tichuan, hmangaih Pathian chuan min chhâng ang a, kan chhungkua min tidam turin a lo che thuai ang, min hmangaih êm si a. Tichuan, chhungkaw pa ber pawh a lu Krista nen inzawm turin Lalpa a siam thar mai dawn a ni. Hawh u, lungngaia indawm kun mai lovin, chung lam i thlir ang u hmiang.

*“Ṭap turin chhungkua
min dinsak lo,
Beidawng mai tur kan ni
lo ve;
Ni tin Lalpa pawlin kûn
ila,
Chhung tin rûn thim a
êng zêl ang.”* Amen.



George Muller-a chu Canada ramah Chanchin Ṭha hril turin a kal dawn a. Atlantic tuipuia lawnga an kal lai chuan chhum thim chhah mup mai hian a dang ta tlat a, an ding reng mai a. Lawng Captain hnenah chuan a hmanhmawh thu leh a tuk lawka thusawitu tur a nih thu a hrilh a. Captain chuan, “Eng mah a tih theih loh. En teh mah, saw chhum a zin phui tlat saw,” a lo ti a. Ani chuan, “Kei chuan chhum chhah mup saw ka en ve lo va, chhum siamtu Pathian chu ka en zawk thin” a ti a. Muller-a chu a ṭawngṭai a, chhum chu a kiang ta duak mai a, an kal leh thei ta a.

NEPAL MISSION FIELD KOHHRAN HMEICHHE INKHAWMPUI LIAN VAWI 9-NA

- *Lalthanzami, Chairman,
Nursery Veng Kohhran Hmeichhia*

A hmun : Kakarvita

A hun : 4th -6th March 2014

Thupui : In thawrimna chu Lalpaah chuan a thlawn
ngai lo tih in hre si a (I Kor 15:58)

Speaker : Rev.Lalrintluanga Ngente, Field Secretary

Nepal Kohhran Hmeichhe Inkhawmpui Lian hmang tura Nursery Veng Kohhran Hmeichhiate kan han tel ve hi engtizia nge pawh kan ti mai thei e. Nikum (2013) Zoram Hmeichhe Inkhawmpui Lian chhima lo kal Nepal Kohhran Hmeichhe aiawh mi 7-te kalna kan kohranin a lo tumsak vang leh an cham chhunga kan lo mikhuala, a tul anga kan lo buaipui kha an lawm hle a, an Inkhawmpui Lian hmanpui ve turin min rawn sawm let ve a ni.

Nepal Kohhran Hmeichhiaten Inkhawmpui hmang tura min sawmna chu Committee-in a ngaihtuah a, kal tur intirh ve ngei tha a ti a. Inkhawmpui hmang tur hian Upa Lalkhumtira hoin mi 7 kan kal a, March ni 1-ah Aizawl chhuahsanin Kolkata kan pan a, Kolkata-ah hian Synod House-ah kan thleng a, Pathianni kan cham a, Pathianni chuan Misssionary of Charity - Mother Teresa pawlte kan tlawh a, kan Kohhran

Hmeichhe hmingin tanpuina kan pe ve a, a thlanah tawngtaina kan nei a, hei bakah hian Mizoram House leh hmun dangte kan tlawh baw a ni.

Kolkata atangin Rail-in NJP kan pan a, Kolkata kan chhuahsan dawn hian Rev. Zochhuanmawia, Field Secretary chuan tawngtaiin min thlah a, a thlamuanthlak hle. Zankhuain kan kal a, a tuk zing dar 10:30-ah NJP kan thleng a hetah hian missionary 2-in min lo hmuak a ni.

NJP atang hian Siliguri Field Secretary Quarters-ah kan phei a. Kan kal hma khan Siliguri Mission Field tlawh kan duh thu Field Secretay kan hrilh chu lawm takin min lo dawngsawng a, tukthuan min lo buatsaihsak a, kan lawm hle a ni. Rev. B. Zobiaktluanga, Field Secretary-in tawngtaia min thlah hnuin kan Inkhawmpuina hmun tur Kakarvita panin kan chhuak leh ta a. Tlai dar 4 velah Kakarvita chu tluang takin kan thleng a; Bialtu Pastor Rev. P.C. Nghaklianmawia leh thawktuten min lo dawngsawng a.

Kan thlen zan hian Inkhawmpui programme a la awm lo va, kan thlen hma deuhna chhan hi Aizawl - Kolkata pana Pathiannia kal chhuah kha remchang lovin kan hria a, Thawhtannia kan chhuah chuan a tlai dawn baw si a, Inrinniah Aizawl atanga kan chhuah tak avangin kan thleng hma ta deuh a, chawlh hahdamna hunte kan nei thei ta zawk a.

March 4, chawhnuah Nomination Committee an thu

a, keini chu kan la tel ve loh avangin khaw thlir nante hun kan lo hmang ve a, missionary-te kaihhruainain, heta kan kal vel nan hian Rev. Lalrintluanga Ngente, Field Secretary-in a motor min hmantir a, kan lawm hle a ni.

Ni 4-3-2014 zan hi inlawm leh report inkhawm a ni a, Bial hrang hrang report kan ngaithla a, a ngaihnaawmin a bengvarthlak hle. Keini pawh Greetings sawina hun min pe ve a. A tukah intihsiakna hun an hmang a, Genesis atanga Thupuan (Bible hming) leh Thu Sawm Pek en lovin Kohhran hrang hrangte an insawi siak a, an la urhsun hle a ni. Kohhran thenkhatte chu an thahnem deuh va, a thente erawh chu 2/3 te an ni a. Chutiang chuan an tlem emaw, an tam emaw, an tih tur tha takin an hlen chhuak vek a, an fakawm hle a ni. Nilengin rorelna hun hman a ni a, zan lamah hian thupui ngaihthlak tan a ni a, zan inkhawmah hian zai tura sawm ve kan ni a, "*Aw Lalpa nangman Chanchin tha min pe*" tih hla kan sa ve a. Anni

lam pawh zaipawl hrang hrang an zai bawk a.

A tawp ni, March ni 6-zingkarah 2014-2016, hruaitu thar thlanna an nei a, chawhma inkhawmah hian Lalpa Zanriah Sakramen kan kil ho va, chawhnuah thupui ngaihthlak chhunzawm leh a ni. Chawhnu banah fellowship-in a zui nghal a, hetah hian zai tura telh ve kan ni a, a part kimin Nepali hla kan sa a, zai thiam min ti ve hle a ni ang, ni danga an tih ngai loh takin kut an beng dur dur mai a ni. A hnua Field Secretary-in a sawi leh dan chuan an zaipawlte hian soprano vekin hla an sa thin a, khatianga part kima mi tlem tein hla in sa kha an tan inzirna tha tak a ni ang a ti. Fellowship hunah tho hian Upa Lalkhumsiran thuchah tawi a sawi a, a tawp zanah hian Pi Lalnunpuii hnen atangin thuchah kan ngaithla bawk.

Inkhawmpui hian Pathianni a huam lo va, a chhan chu Nepal-ah chuan Inrinni hi sawrkar chawlh (public holiday) a ni a, ni

dang zawng chu hnathawhni atana hman a nih avangin Inrinni hian Kristiante chu an inkhawm thin zawk a ni. Inkhawmpui hmang tura kan kal hi Pathian hruainain kan tuang hle a, kal lam leh haw lamah pawh Rail leh thlawhna te pawh tlai awm miah lovin kan kal a. A ram mi tan lo chuan ram riah check a awm thin an tih pawh min check lo va, voter ID phawrh mai thei tura kan inring ran chung pawhin vawi khat mah kan phawrh ta lo a ni.

A rama chengte nen kan inang tlang hle a, Mongolian thlah theuh theuh chu tawng inhre lo mah ila, rilru inpawh leh innel takin kan awm a, kan inngaina a, an bula awm nuamin a thlamuanthlak hle a ni. Anni pawhin lawm thu an sawi uar ve hle a ni.

Kohhran inrelbawl dan hmuhin thawktute thawh nasatzia a lang chiang hle a, Inkhawmpui an hman dan leh inkaihhruai dan a puitling a, Zoram kohhran nen danglamna a awm hran vak lo. Zai an ngaina a, an zai thiam viau bawk. Thawktute

thawh rah a ropui hle a ni. Inkhawmpui Lian tanpui nan hian Rs. 5,000 kan kohhran hmeichhe hmingin kan pe ve a ni.

Nepal Mission Field hi kum 2000-a hawn tan a ni a, tunah hian Field Secretary hnuaiah Pastor Bial 6 an awm a, Pastor Bial a inhlathlawm hle a, an lo kal khawmna hi Km 400/500/600 atangtein a ni hlawm. Thawktu zawng zawng hi 125 an awm a ni. Kohhran chhungkua 844 an awm a, kohhran member zat 2727 a ni a, hmeichhe member zat chu 911 an ni. Fellowship 58 an awm a, buhfaitham hi in 416-in an tham a, chhung inkhawm nei thin hi in 262 an awm bawk.

Kum 2000 a Field hawn tan atangin Inkhawmpui Lian neih nghal a ni a, he lai ang thoin kum khat danah an nei a, an neih loh kumah thalai lamin an nei ve thung a ni.

Kohhran Hmeichhe Ni hi kum tinin April ni 4-ah an hman thin a, April ni 4 hi hi Nepal rama Kohhran Hmeichhe inkhawm a hranga neih tan hun a ni a. Thu zirte an nei ve a, uar takin an hman thin.

Inkhawmpui Lian hi March 3 - 5, 2016-ah Katari-ah neih leh tur a ni a, Speaker tur chu Pi Maria Lalrampari, Kathmandu a ni ang, Thupui chu 'Pathian nen len dun' Mika 6:8 a ni ang.

“Kan inhmuh kan intawh leh hma zawng” tih hla sain Inkhawmpui kan tiak ta a ni. Kakarvita kan chhuahsan dawn hian Rev. Lalzedinga'n tanngtaiin min thlah a, tuang takin ni 8.3.2014 khan Aizawl kan thlang leh ta a ni.

Ram danga Kohhran Hmeichhe Inkhawmpui Lian hman theia Pathian min hruai avangin kan lawm hle.



Goliatha'n Israel sipaite a cho tum khan Israel sipaiho chuan, “A lian em mai a, kan that thei awzawng lo vang,” an ti a. Davida ve thung chuan a en vang vang a, “A lian em a, ka thelh hauh lo vang,” tiin hla fe atangin virvawmin a vawm thlu tawp mai a.

INNEIH NIA MO LEH A HRIATPUTUTE INCHEI DAN

Biak In hawnga inneite leh Mo leh a hriatputute inchei danah a awm tawk leh zahawm zawka inchei ni se tiin Inkhawmpui Lian wawi 45-na: x (4) of 09.03.2013 chuan a rel a. Central Committee-in lo bawhzui se a tih chu hetiang hian ruahmanna siam a ni a. He thu hi nikum lam khan kohhran tinah thawn darh a ni tawh a, tun tumah hian AGAPE-ah chhuah thar leh a ni e.

Thuhma: Inneih ni hi a ropui a, tu pawhin mawi tak leh nalh taka inchei kan tum ni a ni a. Tunlai hian Mo hian kawrfual (gown) hi an duh ber/mawipui ber nia ngaiin inneite hian an ha tlangpui a. Mawi pawh an mawi hle a ni. Chutih rualin kan Mizo zia lang thei zawnga kawr var mawi tak leh puanchei bih te hi a mawiin a zahawm a ni tih hi hre thar leh ila, mi neinung tak tak zingah pawh hetiang inchei duh zawk hi an la awm mek bawk.

Mizote hi hnam pakhat kan ni ve a, heng inneih nite hi kan hnam incheina chawi larna hun remchangah hman tum ila a duhawm ngawt ang. India ram state hrang hrangte kan en chuan inneih

niah an hnam ziarang hloh thaka inchei hi an vang viauin a rinawm. Khawchhak lam tunlaia Mizorama mi tam takin an ngaihsan Korean-hote hi an inneih niah chuan inneite hi an hnam incheiin an inchei thin an ti.

Biak In hawnga inneite, inneih nia mo leh a hriatputute inchei danah a hnuai tar lante hi zawm hram ni se. Tin, mo kawr 'design'-tu leh thui thinte pawh, mawi si, zahawm (decent) sia mo kawr te design a thui thin turin kan inngen a ni.

1. Kawr nghawng hma lam zau lutuk hi a zahawm lo va, a hatuin mahni inrin tawkna (confidence) a hloh phah

- ṭhin niin a lang. Chutiang bawkin hnung lam zau lutuk pawh hi a mawi lam aiin mipui tan hmuh a hrehawm lek lek zawk ṭhin a, a mawi tawk zawn hram ni se.
2. Kawr ban nei hak theih hram ni se. Ban nei lo (sleeveless) te, kawrhnuai bah (strap) chauh te hi a mawi lovin a zahawm lo va. Dar bah awm lo (strapless) te phei hi chu Biak In chhunga hak luh atan a mawi lo hle a ni.
 3. Kawrfual (gown) hi a hatu san zawng mil tawk zawn thiam a pawimawh. Fual lutuk, mi dangten zawnpui ngai khawp hi a buaithlakin, kan ram leilung nen pawh a inmil lo va. Chetsual palh te pawh a hlauhawm a, chuvangin, a hatu ena a awm tawka fual kan thlan thiam a pawimawh hle.
 4. Kawr arh uchuak pawh hi a buaithlak lam deuh niin a lang. Mo neitu nena inkutsuih dawn pawha, harsa khawp tur hi chu hak loh ngam a ṭul.
 5. Inneih hriatpui tura kalte pawh kan incheinaah fimkhur a ngai. Biak In ni lo, intihhlimna hmun danga kan kal anga kan inthuum a nih chuan Pathian kan biakna Biak In kan tizahawm lo a ni tih hriain Pathianna Biak Ina kan incheina ang tho kha inneih inkhawmah hian inbel mai ila. Chu chuan ṭhangtharte hnenah Pathian leh kohhran zahawmna nasa takin a hril ngei ang.
 6. Inneih nia, mo leh mo neitu chhungte inchei dan pawh hi kan in bih chian a ṭul tawh viauin a lang. Tunlaiin mo leh mo neitu chhung hnai deuhten kawr inang hak kan ching ta pawh hi, a lawmpuitu mi dangte tan a inthlahrunawm thei niin a lang a, hengah pawh hian kan insum thiam a pawimawh hle a ni.

CHANCHIN ṬHA SAM

- Zokhumi
Tlangnuam

Han hawi vêl ila, hmun tin leh kil tin
 Chhak leh thlang – chhim leh hmâra mi
 Kan vânni chungchuang ngei e.
 Zofate - âtna, mâwlâna leh retheihna
 Ramhuai hlau rêng rênga inthawi ṭhinte
 Chhanchhuahna râpthlâk ber leh ropui -
 Hmanrua âtn thingpui huan mi ngo Sâp
 Winchester-a nunna thisen hlu tak chu
 Chanchin Ṭha kan dawnna hnâr a lo ni ta.
 Ka hril thiam lo – ka sawi thiam lo a va thûk êm!
 Tuar ta lo se engtin Zofate hi awm ang i maw?
 Hmânah kan pi leh puten an hriat phâk loh
 Chanchin Ṭha – nun tidanglamtu – Lal Isua chanchin
 Hei aia hlu leh ropui hi a awm lo vang khuavêlah
 Chanchin Ṭha dawn hma Mizo hmeichhiate
 dinhmun chu hniam tak a ni.
 Mahse, Chanchin Ṭha chuan nun a her danglam zo ta.
 Thiamna – Finna – Hriatna – hmasâwnna ro hlu chu,
 Kan chhar belh zêl e – ram tinah.
 Hmasâwnna ropui tak mai chuan mipa fa mai ni lovin -
 Hmeichhe fate thlengin chawikânin kan lo awm ta.
 Central Service – Foreign Service an thleng sang tial tial
 Hêng chanvo ropui tak hi Chanchin Ṭha zâr vek a ni.
 Hun lo kal zêlin rahbi thar kan chhar belh zêl e.
 Chanchin Ṭhain kohhran leh kan khawtlâng nun
 A her danglam zêl chhûng tinte;
 Kan chênna in leh khawsak phungte
 Kan ei leh in, kan silh leh fên thlengin.
 Khâwl chi hrang hrangin khawsak phung tidanglam zêlin
 Kan duai bik ta lo khawvêl ram tin hrût pawhin
 Hêng zawng zawng hi Chanchin Ṭha zâr kan zo chu a ni.

Hei erawh kan inenfiah fo a va pawimawh êm !
 Kan Chanchin Ṭha dawn hi a bo mai loh nân.
 Chanchin chhiain chhûng tinte min ei chhiat mai loh nân
 Kohhran Hmeichhiain thupui bera a neih –
 Kristian Chhûngkua – Ni tin chhûng inkhâwm leh
 Lalpa chanpual Buhfaithâm leh thilpêk –
 He leiah ro thil dang a awm lo –

Chanchin Ṭha chauh lo chu.

Kan Chanchin Ṭha dawn hi ngawih bopui mai lovin
 A hre ve lote i pe chhâwng zêl ang u.
 Kan inthlahdah hun hunah khawvêlnain
 min ei chhe thuai ang

Tawmpui mai lovin – puanven sawi chhing sauh sauhin
 Kan awmna hmunah leh kan phâk tâwk theuhvin
 I hril zêl ang, i puang zêl ang Chanchin Ṭha chu.
 Chanchin Ṭha avânga Mizo faten khawvêl hriat
 kan hlawnhna chu

Kan Buhfaithâm –

Lalpa chanpual rawngbâwlina tâwm tê hi a lo ni.
 Chhûng tin leh intin luh chhuaktu Buhfaithâm, i va hlu êm!
 Chawlhsan mai leh bânsan phal chi i ni mawlh lo.
 A hlutna hretu leh a zâr zotute lo pung zêl rawh se.
 Chanchin Ṭhain a thawh chhuah ropui tak chu a va ni êm!
 Zoram dung leh vângah Chanchin Ṭha hlutna hian
 hriat nawn hlawnh thar mawlh rawh se.

Chanchin Ṭhain kan ramah ramhuai a ûm bo tawh.
 Kristian chhûngkaw tinah Setana khawi ngam lovin
 Chanchin Ṭha hmangin i ûm bo zêl ang u.

Kan ram leh hnam tana hlu ber chu

Chanchin Ṭha hi a lo ni e.

Aw Lalpa lâwm thu kan hrilh a che,

Chanchin Ṭha min pèk avângin

*Chanchin Ṭha hi Zofate tâna malsâwm tinrêng
 kan dawwna hnâr lo ni zêl rawh se.*

Hriselna Huang

TLEIRAWLTE HRISELNA

*- Dr. Sangthuama Ngente
Luangmual Vengthlang*

Tleirawl kan tih chu naupang ni tawh si lo puitling la ni chiah bawk si lo, kum 13-19 inkarte sawina a ni. Sapho chuan ‘Teenagers’ emaw ‘Youths’ an ti a. Heng tleirawl thanglai mekte hi an hriselna enkawl that leh zirtirna tha pek hi khawvel ram changkang zawkte chuan an ngai pawimawh em em a. India sawrkar pawhin ‘Adolescents Health Care’ (Tleirawlte hriselna) chungchang hi kum 2005-ah khan programme pawimawh takah a telh hial a ni.

Tleirawl lai hi mihring rilru leh taksa chhungril lamah nasa taka insiam danglam a ni a, an duh vang reng ni lovin, an la tawn ngai loh leh hriat ngailoh thil thar mak tak tak an neih lai hun anih avangin, kaihhruaina tha tak leh enkawlna tha an mamawh hle a ni. An mamawh ang enkawlna an dawn chuan khua leh tui tha, hrisel leh tangkai Pathian leh ram tan pawh a mi tangkai an lo ni thei a. Kan hlamchhiah chuan ram tan mi hnawksak, khawtlang leh chhungkaw tana phurrit an ni mai dawn a ni. Nakin lawk a kan ram hruaitu leh neitu kan nghahfakte an ni a,

chhungkaw tinte nakin hun tur hi tuna tleirawlteah hian a innghat tlat a; chuvangin, enkawlna tha leh zirtirna tha pek an ngai a ni.

An taksa a dang lamna thleng a, kum 10-12 velah taksa a lo insiam danglam tan a, hnute leh khel bawr a lo thang lian a. Kum 12-13 velah than thi an nei tan tlangpui. Chenna boruak leh ei leh in te avangin kum 16-17 vela nei chauhte pawh an awm thei.

Tleirawlte hian fing leh fel niin an inhria. An titau awlsamin, an lungawi hma hle bawk. An inngaihtuah nasa thei hle. Mi dangte tih

dan an man chakin an la chhawng thuai thin. An ngaihsan leh ngei zawng an tilang na hle. Thil thar hmuh leh hriat an chak a, tihchin ve duhna an nei thin. Inchei an uar a, hmeltha an inti em em bawk. Nu leh pate aiin thiante an ngaina zawk. Mahni in chhung aiin khawlai an ngaina a, huau huau nuam an ti. Mi dangte hriat leh ngaihsan, fak leh duat an beisei nasa hle. Kawng dik lova hruai an awlsam lai a nih avangin hruaitu tha leh a bik taka thurawn petu an mawmawh lai tak a ni.

Kum 18 chin hi sawrkar pawhin puitling china a ngaih an ni a. Chu chuan an nunah phurna kawng tam takin a siam a, chutih rual erawh chuan an rilruah harsatna a thlenin, hlauhthawna nasa tak a pe tel thei. Mite awm dan anga awm ve loh hlauhna te, mi dang aia tha leh fel a lan duhna te an nei nasa hle. Kaihhruai leh tanpui an mamawh em em a ni. Enkawlna tha dawn loh chuan rilru leh taksa hrisel lo leh nun puitling lo tak mi

hnawksak leh mi beidawng nun a thlen thei.

Tleirawlte hi naupang atanga puitling ni tura taksa leh rilru inbuatsaih mek an nih avangin, an rilruin a hmaa an tih ngai loh leh hriat ngai loh tih ve chin chakna an lo nei a, thenkhat chuan A ruk a mi bum emaw ruih theih thil tih te, dendrite leh petrol hnim ruih te, khaini leh sahdah hmuamte an ching a. Damdawi ruih leh meizial, ganza thlenga zuk ruk ching te, tatoo chhut chingte pawh an awm. Bengverh mai duh tawk lo hnar, mit ko, hmui verh chingte hial pawh an awm a ni.

Hmeltha tih riau leh ngainat ruk riau an nei tan a. An mahniah tleirawl tisa mawina a lo insiam a, mi hipna nasa tak an nei bawk. Anmahni ngei pawhin nalh leh hmeltha an inti thin a ni. Mipat hmeichhiatna hman chhin chakna leh tih ve chhin chaknate an nei a. Init tawna te, inngainatna leh inthlakhleh tawnnate an lo nei thin.

Tleirawl nun hman dik loh chuan kum tling lova sawn pai te, nau tihtlak te, hri tha lo kai te, sum hmun nan a nawhchi zawrh te a thlentir thei a; chuvangin, an tleirawl nun hi dam chhung hun hriltu a ni tih hriain, nu leh pate thuawihin fimkhur taka hman a pawimawih. Thu an awih chuan an la lawm dawn a, thu an awih loh erawh chuan nakinah an la tap dawn si a.

Hengte hi hriat a pawimawh -

1. Insawiselna neih chuan doctor pan vat tur.
2. Regular taka taksa sawizawi leh kut hnathawh tam a tha.
3. Thlai hring thei rah leh tui thianghlim ei/in tam tur.
4. Intihfai ngun tur a ni a, tui vawt hmanga inbual a tha.
5. Thian tha kawma, lehkhabu tha chhiar tur.

Tih loh tur te:

1. In chei lêrh leh pawn chhuah tam lutuk loh tur,

ngaihzwangte nen a fâla inkawm loh tur a ni, hum sual dai a awl.

2. Nupui/pasal neih hmain sex hman loh tur a ni.
3. Ruih theih thil – meizial leh sahdah, etc. tih chhin loh.
4. Mikhual hriat chian loh chu ngaihzwang loh tur a ni a, nupui then tawh te, mawngkawhur, tuai leh patil te nel lutuk loh tur.
5. Hmawmsawm ei uar loh tur.

Tleirawl lai hun dik lo tak leh fimkhur lo taka hman vanga hri tha lo vei mek, thih phah tawh leh, mualpho leh zak taka dam lai hun hremhmuna hmang mek mi tam tak an awm a ni. An tleirawl lai hunte fimkhur takin hmang se zawng hlim takin an awm tur hi an ni a.

Kan taksa hi Pathian in a ni a, chuvangin, thianghlim taka vawn tur a ni. Min siamtu Pathian hian kan taksa tihchhiat hi a phal lo va, a tichhetu chu a tichhe ve dawn a ni.

BIBLE HI ...

- Mihring nihna chanvo, thuchah bulpui a ni
- Dikna leh khawngaihna innghahna a ni
- Mi dangte tanpui duhna thinlung min pe
- Krista Pathianna leh mihrinna min hriih
- Sual laka chhandamna a tar lang
- Rilru leh thlarau tan thlamuanna a pe
- Mite duh leh huat a ni kawp
- A thute hi a tlo va, chatuan atan a nung reng
- Mi pawimawh ber Isua Krista chanchin a puang
- A thlen chin a hneh zel
- Lehkhabu hralh tla ber a ni
- Mihring chanchin ziakna bua rin tlak ber a ni
- Mi tin tan a pawimawh vek
- A chhiartu tu pawhin thil tha dawn tumin an chhiar
- Indonaa thi turte tan inhnemna tling a ni tlat
- A chhung thu kan zirin vanram par rimtui kan tem thin
- Mahni intichhe mek tan pawh beiseina thuchah nung a keng
- Mi zawng zawngte dikna a hriatpui a, a vawng nung tlat bawk
- Tihboral tumte pawhin a aia thil tha zawk tundin tur an nei chuang lo
- Suala tlu mek chhandamna thuchah kengtu a ni.

- C.E. Holmes

... I TAN ENG NGE A NIH VE LE?

*Ei siam dan***BIRD'S NEST**

(Alu leh Artui hlawm kan)

Telh turte:

Artui	:	6
Alu	:	1/2 Kg
Purun var	:	rawt sawm
Sawhthing	:	rawt sawm
Purun sen	:	sin te tea chan nawi

A siam dan:

1. Artui chu chhum hmin hmasak tur.
2. Alu chhum hmına rawt sawm tur.
3. Ghee fiante hnih chhung sa la, purun sen chan nawi thlak la. A lo sen deuh hnuah sawhthing leh purun var rawt dip leh aieng tlem thlak la, a lu chu thlak rawh. Tha takin chawhpawlh tur a ni.
4. Artui chhum kha kheh la, aluin tuam la, artui vuak phawnah thlakin bread crumb-ah tal leh la, tel tam tawkah fry (deepfry) tur a ni.
5. A dung zawngin zailep la, ei atan chhawp tawh mai tur a ni.

LAMKHUANG HEL KAN**Telh turte:**

Lamkhuang rah sen lutuk lo	
Purun lian tak	: pakhat
Purun var leh sawhthing rawt dip	: fiante khat ve ve
Tomato	: 2
Garam masala, Chi leh hmarcha	

A siam dan:

1. Lamkhuang chu vel la, sa hrang ang velin chan rawh
2. A chungam mi khi sa kan pangngai angin tui no 2 vel nen cooker-ah vawi thum vel phittir la, arsa kan a ang ve khawp mai.

*Hruaitute chanchin***PI TLANGMAWII**

Pi Tlangmawii hi Pu S.L. Dinga (L) leh Pi Lalhmingliani te fa paruk zinga upa ber a ni a. Chhinga vengah sei lianin Primary leh Middle school pawh Chhinga vengah a zo va.

December 15, 1978 khan Pu Haudingliana Dawrpui nen Dawrpui Biak inah an innei a. Fanu pahnih leh fapa pakhat neiin Chhinga Vengah an khawsa mek a ni. Ei bar zawna kawngah chuan in chhungah a tul tul thawkin a awm a ni.

A nulat laiin atangin Naupang Sunday School Department hrang hrangah zirtirtu a ni thin a. Tunah chuan Puitling Department-ah

zirtirtuin a awm a ni. Kristian chhungkua leh Ramthar Committee member a ni a, Nilai zan thupui hawngtu a ni bawk. An kohhran Hmeichhe Committee Secretary a ni a, Bialah Secretary a ni mek bawk.

A Bible chang duh zawng chu Sam 8-na leh Phillipi 2:5-11 thu hi a ni a. A hla duh ber berte chu KHB No. 261 '*Isua neih ka duh zawk*' No. 173 '*Imanuela thi zaman*' No 184 '*Engtin nge ka chhandamtu Thisenah hlawkna ka hmuh*' tihte hi a ni.

Zoram nu leh pate hnenah, 'Pathian ropuina nasatzia leh mihringte min hmangaihna a nasat em avanga fapa mal neihchhun min petu chuan, thil dang kan mamawh zawng zawngte pawh ui lovin min pe thin a; chuvangin hmangaih let ve a, a rawngbawl ve tura inbuatsaih turin kan tu leh fate hrilhna hun tha kan neih lai hian tan i la sauh sauh zel ang u,' tiin min chah a ni.

Hriat atan

- * **Leadership Training** - Dt.14.6.2014 khan Luangmual Bial-a Luangmual kohhranah Leadership Training neih a ni. Dr. Vanlalhruii Asst. Secretary leh Pi Maria Lalchhanhimi te an kal a, tuang takin hun an hmang.
- * **Buhfaitham Documentary film** - Buhfaitham Centenary denchhena Buhfaitham documentary film buatsaih chu zawh fel a ni ta a. Dt.13.6.2014 (Zirtawpni) chawhnu dar 2 khan J.M. Lloyd Hall, Synod office-ah Rev. Lalramliana Pachuau, Executive Secretary i/c Kohhran Hmeichhia-in Pathian hnenah hlanin a tlangzarh. Documentary Film hi Synod Office, Kohhran Hmeichhia-ah Rs. 100-in lei theih a ni e.
- * Central Committee chuan Women Centre sakna turin Synod-ah Rs. 50,00,000 (Nuai sawmnga) a dil a. Kum 2015-2016 budget-a dah a remti a ni.
- * **Siver Jubilee lawmnaa tel thu** - Association of Theologically Trained Women of India (ATTWI), Mizoram Branch chuan kum sawmhnih panga a lo tling ve ta a, May 29,2014 (Ningani) khan I&PR Auditorium-ah Siver Jubilee lawmna hun hi hman a ni. Hetah hian Pi C. Lahmangaihi, Inkhawmpui Lian Chairman chu Khuallian a ni.
- * Dt. 27.6.2014 zing 3:45 khan Pi Liankimi, Central Committee Member, Vaivakawn chuan Cancer natna avangin chatuan ram min pansan a, kan ui hle. A pasal Pu H. Sangchhunga leh a chhungte i tawngtaipui zel ang u.
- * **Nl. Lalawmawii O/A-in pasal a nei** - Nl. Lalawmawii, Kohhran hmeichhe office-a Office Assistant chu Dt. 6.6.2014 khan Tv. Saidingliana Sailo, Luangmual nen Biak In hawngin Luangmual kohhranah an innei a, kan lawmpui hle.

KUM 2013-2015 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi C. Lalmangaihi
Vice Chairman	:	Pi Rochuangkimi
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Dr. Vanlalhruaii
Treasurer	:	Pi C. Lalneihthangi
Fin. Secretary	:	Pi Vanlaltluangi

Committee Member-te

- | | |
|---------------------------|---------------------------|
| 1. Pi K. Lalthangmawii | 2. Pi C. Lalrinliani |
| 3. Pi Parchhuaki | 4. Pi Ramngaihsangi |
| 5. Pi Laltlanthangi | 6. Pi Rosangpuii |
| 7. Pi Rochhungi | 8. Pi Lalthansangi |
| 9. Pi Zohmachhuani | 10. Pi H. Kapthangi |
| 11. Pi Lalrinzuali | 12. Pi Lalrindiki |
| 13. Pi B. Zomawithangi | 14. Pi C. Romawii |
| 15. Pi Lalsiammawii | 16. Pi C. Zopari |
| 17. Pi R. Rengkhumii | 18. Pi Tlangmawii |
| 19. Pi Lalmingmawii Sailo | 20. Pi Zothanpari |
| 21. Pi Rallianthangi | 22. Pi Maria Lalchhanhimi |
| 23. Pi Vanlalhruaii | 24. Pi P.C. Nuzawii |
| 25. Pi Lalpianthangi | 26. Pi Sailuti |
| 27. Pi K. Vanlallawmi | 28. Pi Lalbiakengi |
| 29. Pi C. Chawngpuii | 30. Pi Vanrammawii |
| 31. Pi Liankimi | 32. Pi Lalrokimi |
| 33. Pi Lalbiaki | 34. Pi Lalfeli |

Ex-Officio Member-te

1. Rev. K. Lalmuchhuaka, Synod Moderator
2. Upa H. Zoliana, Synod Secretary (Sr.)
3. Rev. Lalramliana Pachuau, Executive Secretary i/c Women
4. Pi Laltlanmawii, Ex-Chairman
5. Pi Lalfakmawii, Co-ordinator

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan :**
1. Kohhran pum rawngbawlna tihlawhtling tura thawhho.
 2. Kristian chungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



Postal Regn. No. MZR/ 53/ 2012 - 2014 RNI Regn. 40876/ 88



Chawngtlai Bial Leadership training leh Kristian Chhungkaw campaign



Hortoki Bial Leadership training leh Kristian Chhungkaw campaign



LIKBKHP Inkhawmpui

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