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Editorial**NI TINA THIH**

Tu mah hi hlim takin kan awm reng lo va, hrehawm ti taka kun tlawk tlawk chang a tam mai. A chang chuan kan tliak hnawp a, tho chhuak leh tur kan awm tawh dawn lo em maw kan inti hial a. Khawi lai pawh hi a hnim ruh maiin kan hre ṭhin. Kan mangang a, ṭap zawih zawihin Pathian hnenah kan ṭawngtai a, min chhangtu tur a awm ta lo em maw tih turin a reh vung vung mai si. Heti taka rum ṭhin chhan chu MI NUNG kan nih vang a ni. Mitthite chuan nâ an hre lo va, engtin pawhin ti ila min tilet thei tawh lo.

Lal Isuan, “Tu pawh mi zui duh chuan mahni hrehawm pawisa lovin, ni tin a kraws puin min zui rawh se,” a ti a. Paula pawhin ‘Ni tin ka thi ṭhin’ a ti bawk. Kan mihring hlui zia hi ni tin krawsa chin ral zel a ngai a ni. Kan thih kim loh vang te, kan thih chian loh vang te hian kan na em em fo mai. Kan duh loh zawnga mi min sawi kan hriat te hian kan thin ur hle ṭhin. Hei hi hria ila – mihring hlui vui liam tawhte nun chu Kristaa thuhrukin a awm a, he khawvel thil hian a tibuai tawh lo. Lungngaihna leh harsat manganna ruam aṭang pawhin LALPA-ah an lawm zel ṭhin.

Ringtu nun hi khawvel dan nen chuan a letling thawk a: tuar chunga damna, ṭap chunga hlimna, thawpik chunga engthawlina, innghahna nei lo tan pawha innghahna tling a ni. Kristan kan kawng zawng zawng hi a lo zawh chhuah vek tawh avangin huai takin i kal zel ang u.

Min thawsaktu tan ni tin, darkar tin thih zir ila. Krista, Lalber chu hmahruaituah hmang ila, amah chu innghah nan i hmang zel ang u. Mahni inhmangaih berna ram aṭang hi chuan nunga Lalpa rawngbawl hi a har ṭhin.

Kristian Chhungkua**CHHANCHHUAH HNA**

– Rev. C. Thalai
Saiha

Tunlai khawvelin a buaipui em em chu zu leh ruih theih thil hi a ni. Thalai sang tam tak ni tin, thla tin thihna thlan khur lamah an liam a, khawvelah an lo kir leh tawh lo vang.

Tunlai hun hi hmanlaia Aigupta rama fa tir zawng zawng, lalθhutthlenga ḡhu Pharaoh fa tir aṭāṅga bawihnu fa tir thlenga an thi ang mai khan, tunlaiah chhungkuaah fa u ber aṭāṅga fa naupang ber thlengin anmahni duh zawng zawngin an awm vek tawh a. Chuvangin, chhungkaw tam tak chu lungngaihna chhum thimin a khuh mek a nih hi. “*Kan tukverhahte thihna lâwn lutin, kan lal inahte a lut tawh si a; pawn aṭāṅgin naupang tibo tur leh, khawlai ata tlangval tibo turin,*” (Jer 9:21) tia zawlneini a lo sawi kha tunah hian a lo thleng ta a nih hi.

Zu leh ruih theih avangin kan khawpui ropui, kan chhuan em em ḡhin chu lungngaihna khawpui a lo ni

ta. Bible aṭāṅga sawmna âw chuan, “*Mipuia khat ḡhin khawpui kha khawhara a ḡhut tak chu! Hnamte zinga ropui ḡhin kha, hmeithai ang a lo ni ta a!* ... *Zanah lungchhe vankaiin a ḡap a, a biangah mittui a luang e...*” (TH 1:1,2) tiin Zawlnei Jeremian Jerusalem khawpui chu a au a ni.

Chutiang bawkin kan khawpui, mihring tamna hmun apiangah thihna a tam deuh deuh va. Chung zingah chuan thalai an thi tam ber a, an khawngaihthlak hle a ni. Mitthi ruangte chu khawlaiah ui angin an tlu a, buh sentuin buhphal a theihngihlh angin tu mahin an huih khawm leh tawh lo vang, Lalpan a ti.

Kristian chhungkaw pawimawhna hi kan sawi ḡhin

a; nimahsela, a tak taka vei erawh an tlem hle mai. Mi lian leh thiltithei hnenah beisei leh dil kan neih chuan kan dawhthei a, kan nghak peih hle. Chhungkuua Pathian be tur erawh chuan kan buai leh hle thin si a. ‘Kan buai em a, chhung inkhwam kan nei thei thin lo va ni,’ tih mai hian thiam kan chang zo ang em le? Kan duh zawng leh chak zawng ti tur chuan hun kan nei thei viau va, Pathian be tur erawh chuan hun kan pe thei lo va, kan tu leh fate laklawh pawh kan nghak peih lo va, kan dawhthei lo hle thin a ni.

Chhungkuua inkawmna hun neih te hi a hlu em em a. Amaherawhchu, chhungkaw thenkhat chuan heng hun hi inzilh nan leh inphun nante kan hmang thin. Eng mah kan tih theih tawh loh hnu, thih ni a lo thlen hian kan inngai a, kan tap a, an thil tihtatte kan sawi thin a. Heng hi a tangkai tawh lo. Chuvangin, kan tih dan tihdanglam a pawimawh hle. Kan dik lohna leh kan tihsualte inen

khumsak ila; kan dam chhung hian inchawimawi ila, ṭawngkam tha takin inbia ila, chhungkuah chanchin tha lam thute sawi ho ila, thihna kan tawh pawhin kan inchhir lo vang.

Evangelist ropui tak Billy Graham-a chuan, “*Hun liam ta te kha hman that leh theih ni ta se, ka chhungkuah ka hmang tam zawk ang,*” a ti. Chhungkuua hi a pawimawh takzet a ni tih a tilang hle. ‘*Miin ama hun pawh a inhre si lo, sangha len hlauhawma man leh, sava, thanga awk ang maiin; mihring fate pawh an chunga lo thleng phutin hun tha lovah an awk thin,*’ tih a nih kha.

Kan rilru put hmang hi mita kan hmuuh theih ang hian inhmuhksak vek thei ila a buaithlak hle ta ve ang. Nupui pasal inkarah pawh inremna a awm thei awm lo ve. Thawhpuite, thenrual leh thenawmte nen kan inkarah pawh inremna a awm thei lo vang. Rilru ngaihtuahna kan inhmuhksak thei lo hi engkim ti thei Pathian hmangaihna

avang a ni. Chuvangin, Pathian hnenah lawm thu i sawi ang u.

Lung in tang chanchin zirtute chuan, “*Lung ina tangte hi chhung inkhawm nei ngai lo an ni,*” an ti. Hei hian chhungkaw inkhawm hi ngaih pawimawha, ngaihsak lehzual a ṭulzia a tilang hle. Pathian thu chuan, “*Naupang chu a kalna awm kawngah chuan zirtir ula, a puitlin thlengin a thlah lo vang,*” a ti.

Hmuhnawm chi hrang hrang en tur tam hle ta mai. Chung en tur hrang hrang chu kan in chhungah kan inchhawp a. Heng hi chhung inkhawm neih loh phah nana hmang duh hialte kan awm ta, ṭan lak a ṭul hle mai. Tawtawrawt hnuhnung ber rik hunah chuan Lalpa hmaah kan inlan vek dawn a. Kan dam chhunga Isua eng mah lova ngaia, chhungkua pawha be duh lote kha min hre chiang dawn si a. Kan chungah roreltu a ni dawn si a, hlau leh thlabarin kan la awm ngei ang.

Hmanlai Israel fate chu an nu leh paten ṭahnemngai takin Pathian biak dan an zirtir a, an kaihruai ḥin. Keini chuan kan fate baptisma kan chantirin – kan fa chu a sei lena a puitlin thleng Krista lama kaihruai turin kan intiam a; mahse, kan zirtir leh si lo. Chuvangin, kan tu leh fate chu zu leh ruih theih thil ruamah an tlan lut hum hum mai a ni hi!

Nu leh pate zingah mahni in chhunga Bible chhiar ngai lo te, ṭawngṭai ngai lo te, zu leh ruih theih thil ti ḥin te, kan hun awl pawh TV en nana hun hmang mai ḥinte hi an khawngaihthlak hle. Tun aṭang chuan fanau hlu tak, Pathian thil thlawn pek min kawltirte hi Lalpa lamah hruai i tum theuh ang u.

1 Timothea 5:8-ah
“Nimahsela, tu pawh mahni chhungkhat lainate ngaihsak lova mahni chenpui chhungte ngei pawh ngaihsak lo chuan rinna an phatsan a ni, ringlomi aiin an sual zawk,” a ti. Mahni in chhungkhura

rawngbawl pawimawhzia hriat chian a țul em em a, Bible-in, “*Chhuan khat an liam a, chhuan dang an lo chhuak a...*” a tih angin, tuna rawngbawltute hi an liam ang a, chhuan dang an lo kal zel dawn avangin kan tu leh fate hnena Chanchin Tha chi kan tuh a pawimawh.

Kan tu leh fate Isua Krista hmel kan hmuhtir theih chuan pastor tha te, missionary tha te, ram hruaitu tha te, doctor tha te, officer tha te, zirtirtu tha te an lo chhuak zel ang a, kan ram chu ram duhawm tak, Krista ram leh

malsawmna hnar, tui fim tak luanna ram a lo ni ang.

“*Thi tura an hruaite chu chhanchhuak la, thah mai turte chu chhanchhuak nghal rawh.*” Tunah hian kan ramah sualna thlipui chu chak takin, cyclone ang maiin a tleh mek a, zu leh ruih theih thil avang hian thihna chu luia rulei an vuaka, sangha leh rannung zawng zawng an ruia, man an tawk ang hian, thalai tam tak an thi mek zel a, an la thi zel dawn ni pawhin a lang a. Chhanchhuah hna hi țahnemngai taka kan thawh zel a țul takmeuh a ni.



Synod Bookroom Book News

- 1. Hermon Daifim :** Thupui 15 hmanga kohhran chawmna tur thu pawimawh awmna lehkhabu belh chian dawl tak chu Rev. Zoremthanga, tuna Arunachal Field-a Tato Bial vawngtu chuan a rawn peih fel hlauh mai. A man ₹ 100.
- 2. Robert Arthington :** Sap millionaire, khawvela Chanchin Tha hril ringawt âtchilh, keini Mizote'n Mary Winchester-i kan lo man avanga Chanchin Tha kan mamawhzia hriaa missionary – Pu Buanga leh Sap Upa rawn tir vang vangtu chanchin hi hriat chian lehzual a chakawm tehlul nen, hmuh tur a vang si. L.L. Rokhum chuan khawi ațang emawin a chanchin a nei hlauh mai a, Mizo țawnga chhiar tur kan nei ta. A man ₹ 150.

Sermon**LAL INNGAITLAWM**

(Zak. 9:9; Phil. 2:5-11)

– Rev. P.C. Pachhunga
Executive Secretary
i/c Kohhran Hmeichhia

Mihringah chuan lal leh roretute zingah mi nun tlang leh fel tak tak awm bawk mah se, a tam zawk chu intilal leh chapo te, duham leh nawmsak thlahlel te, san leh hmingthanna ngainate an ni awm e. Lal Isua hi he leia ram bial zim tea lal pawh ni mai lo, lei leh vana thuneihna zawng zawng neitu ni mah se, amahah hian uanthuanna leh chapona a awm lo va, mahni sanna leh hmingthanna emaw, mahni nawmsakna lam emaw a engto hek lo. A rawngbawltu nia inchhal tam tak hi chuan Lal Isua zia hi kan phawk lo viau mai awm asin.

Zakaria 9:9,10-ah hian lal lo kal tur chungchang hrilh lawkna kan hmu a, mi fel leh inngaitlawm tak, hnehtu a nih tur thu leh remna thusawi tur a nih thu hrilh lawkna kan hmu a. Lal Isua chungchang hrilh lawkna anga ngaih a ni.

Lal Isua chanchin hi zawlneiten an hrilh lawkna a ni emaw, ama chanchin ziakna a ni emaw, lal nunrawng leh chapo anga sawi a ni ngai lo va. Amah

ngeiin a insawi dan pawhin, ‘*thuhnuairawlh leh rirlua inngaitlawm tak*’ a ni (Mt 11:28-30). Paula pawhin ‘*mahni leh mahni intitlawm*’ tiin a sawi (Phil 2:5-11).

Lal Isua ropuzia leh tlawm sizia hi sawi thiam phak loh khawp niin ka hria. Hetiang hian han sawi ta ila –

1. Lei leh van lal ni mah sela, thingtlang kilkhawra nula tlawm tak lakah, nausen khawngaihthlak tak angin a lo piang a.

2. Lei leh van lal fa lo piang ni mah se, nau piang lawm tura van miten an sawmte chu naupiang lawmna thilpek ken tur pawh nei lo, dai pawn beram venga inhlawhfa, berampute an ni.
3. Leilung leh a chhunga thil awm zawng zawng hi amata ni mah sela, mi rethei ber angin ran chaw pekna thlengah muttir a ni a.
4. Naupang chaw fun khat mai hmanga mipui sang tam tak hrai thlai thei khawpa thiltithei ni mah se, chhung-kaw rethei tak angin thingrem siamtu chhungkuah a lo sei lian a, kum 30 a nih thlengin mi tlawm tak angin hna a thawk a.
5. Kum thum chhung lek Pathian ram Chanchin Tha hrila a vah vel lai pawhin, amah chawimawina ri aiin amah an beihna leh an duh lohna thawm a ring zawk a; mi challang leh thiltitheite huat a hlawh a ni.
6. Lalte chuan office nuam leh zahawm tak tak an neih laiin, Lal Isua chuan, Lal ni mah se office takngial pawh a nei lo va, in leh lo a nei hek lo.
7. Mite chuan university aṭangin degree ropui leh chhuanawm tak tak an neih laiin ani erawh chuan college pawh a rap lo va, lehkhabu pakhat pawh a ziak lo.
8. Lal tam tak chuan ram hla tak tak an tlawh leh an zin chanchin hi an titi tui a nih laiin, ani erawh chu a sei lenna aṭanga km. 200-a hla pawh a zin ngai lo.
9. Tlangval kum 30 mi awrh chauh ni mah se, mipui ngaih danin amah a do va, thil sual eng mah ti lo mah se mi sual ber anga rorelsakin a awm a.
10. Lei leh van lal ni mah se leia lalte rorelsakin a awm a, thiam loh an chantir a.
12. Nunna petu ni mah sela tihhlumin a awm a, mi sual leh mi sual inkarah kher kher lehngthal krawsah khen behin a awm a nih kha.

Heng zawng zawngh hian a phunnawi lo va, complain eng mah a siam lo.

13. Kum zabi 20 lai liam tawhah mualpho taka tihhlumin awm mah se, tun thlengin mi tam tak thinlung chhungirl ber changtu a la ni reng a ni.

Phillip Brooks-a chuan, "Sipai rual tam tak leh lawng rual tam takte, ram rorelnaa ḫhu khawm ḫhin zawng zawngte leh roreltu, leia lal zawng zawngte ropuina pawh infin khawm mah se, he mi pakhat (Lal Isua) hi an tluk phak chuang lo," a ti.

Heti hian i ngaihtuah leh teh ang –

1. Khawvel lalte chuan sipai rual ropui tak an nei a, Isua Krista erawh chuan zirtir 12 chauh a nei.

2. Khawvel lalte chuan mi tam tak thisen chhuahin ram an la a, Lal Isua erawh chuan ama thisen ngei hlanin ram a din a, kum sangbi ral hnuah pawh khawvel hmun tam

takah a ram a la ding thar zel a ni.

3. Khawvel lalte chu mahni tana nungin an thi a, Isua Krista erawh chu khawvel tan, nang leh keia nun theih nan a thi a ni.

4. Khawvel lalte chu kum-khuua awm tawh lo turin an thi a, Isua Krista erawh chu chatuana nung turin a thi.

Chu Isua Krista chu kan Lal, kan Pathian a nih si chuan, nang leh kei hian eng vangin nge khawvelah hian ropuina leh sanna leh nawmsaknate hi kan thlakhlelh bik ang? A hniaka kan zuina turin entawn tur a hnutchhiah a ni lawm ni? 'He rilru, Krista Isua pawha awm bawk kha nangmahniah awm rawh se'.

He thu tawi te ka ziak lai hian ka ngaihtuahna chu Lal Isua dam lai khawvelah a cheng a, thinlung hlim leh lawm tak, mahse, lawm avanga mittui parawl ṭeuh chungin ka suangtuahna chu a vak vel a. Isua hniaka ka zui lohzia ka inngaihtuahin

keimah leh keimah ka inhua
a, a chanchin tawi te hian a
hniaka zui turin min tur ut ut
a ni. Chhiartu duh tak, nang
pawh ka sawm a che, Krista

rilru pua, a hniaka zui tur
hian.

Lalpan a thu malsawm
rawh se. Amen.



KUTDAWH VANDUAI

*Kutdawh pakhat hi a awm a, a thawmhnaw pawh a chhe
hle a, ei tur nei lovin riltamin a awm thin a. Vawi khat chu a
awmna kawthlerah an ram lalber chu sakawrtawlailirin a rawn
kal tlang dawn tih a lo hre ve a, remchang lo lak a tum ran a,
a rawn hmuh theih ngeina turah chuan a lo awm a.*

*A beisei ang ngeiin lal chu sakawrtawlailir nalh taka
chuangin a lo kal ta a. Kutdawh chuan thil pe turin a lo dil
a. Lal chuan pe ta mai lo chuan, kutdawh hmaah chuan a
kut a rawn lek chhuak a, eng emaw pe turin a dil let ta zawk
a. Kutdawh chu a hrilhai hle a, a bawm atang chuan buh
fang thum a phawrh a, thinrim takin lal kutah chuan a pe a.
Lal chuan kutdawh bawmah chuan eng emaw hi a vawm lut
ve thung a, a kal leh ta nghal a.*

*Kutdawh chu a beisei anga lalin thil a pek loh avang
chuan a lunghnur hle a. Phur lo takin, lal chuan eng nge a
bawmah chuan a vawm luh tih a en a, buhfai zingah chuan
rangkachak tlang pathum a lo awm a. Chutah chiah chuan
thil a hre thiam ta. Lal chuan a pek zat chiah a pe let ve
thung a ni. “Aw...ka va â tak em! Hetiang tur a ni tih lo hria
ila chu ka bawma buhfai zawng zawng hi ka pe tur!” tiin a
inchhir hle a.*

(Source – Darthlalang)

LALPAN A DUH A NI

– C. Lalchhuanlian
Dintha Veng

Khawvelah hian eng vang a lo piang ve ngawt nge ka nih tih ka ngaihtuah fo ṭhin. Min siamtu hian chhan awm lo chuan min pian chhuah tir ngawt lo vang! Ka tan nun hlantu, ka thih ai thia tholeh rawngbawl tur hian kei hi siamin ka awm a ni.

1. Mi tling lo, fel lo leh famkim lo hi min duh :
 Rawl ring leh ṭha, pian ṭha deuh nih te ka duh a, rawl sin leh te deuh, pumraw te tak ka ni tlat si! Mahse, min siamtu hian a duhtawk chiahin, amah chawimawi nan leh a ropuizia tar lan nan ka taksa, pianhmangte hi a duang a lo ni! Darthlalang hmaah kan inen a, ‘Lalpa duh tak ka ni’ ka ti ṭhin. Min neitu hian min theihngihilh lo, min hre reng a ni. Ṭawmkailo hi a rawngbawl tura chhandam ka ni! Lal Isua hian ṭha, thiam, tling, thianghlim leh fel chauh hi thlang ta se, kei hi ka tel ve dawn lo tih ka chiang. Lal Isua zirtir 12-te kha an fel em em thu te, an thiamna san thu te, mi famkim an nih thu te

kan hre lo. Mi thianghlim, sawiselbo khan a hnung zui turin a thlang tlat si. A ruaitur, kotu leh thlangtuin tlingah a pawm miau chuan tun nge sawisel thei ang? Mi fel famkim thihna vanga mi fel ni ta, kan tlin lohna zawng zawng hai dera tlinga min pawmtu hian a rawngbawl ve min phalsak hi, lawm taka pawm mai tur kan ni.

2. Kan hunte hi a rawngbawl nan : Hunbi duangtu leh neitu hian ni khatah darkar 24 min pe a, kan hman liam dan theuh han chhut ila, kan Lalpa duh danin kan hmang em? Minute/Second 1 te mai pawh hi a hluin, eng atan nge hun hi ka lo hman liam ṭhin? Ka ngaihhlut zawng leh ngaih pawimawh

zawng atan hun tam ber ka hmang ḫin. Hunbi siamtu leh neitu nen hian darkar eng zat nge kan hman dun ḫin? Lalpa rawngbawl tur hian kan lo buai lutuk a, Lalpa rawngbawl hi kan hman lo mai ang tih hi a hlauhawm. Lalpa tan hman theih (available)-a kan awm hi a pawimawh. Lal rawngbawl hna hi ngaih pawimawh hmasakah nei ta ila chu, min bawh buaitu rual elna dik lo te, awhna sual lakah te hian kan fihlim ngei ang. Lal Isua rawngbawl hna, Chanchin Tha hril, a ram zauh hna hi ngaih pawimawh berah kan neih theuh chuan itsik, elrel, duhamnate hian hmun a nei tawh lo vang. Mi thil neih awhna hun te, kan hman ṭangkai reng reng lo bungrua chhek muk leh buaipui nan hunte hi kan hmang NASA lutuk palh hlauh ang e. Kan hunte hi a rawngbawl nan i hlan ang u. Kan dam chhung ni a rei si lo.

3. Lalpan a hmanrua a tat hriam : Kan hmanruate kan tat hriama kan tifai ang hian, Lalpa hian a hmanruate hi

rawngbawl hna hawk tura min tah hriam/tuai hriam fo a duh ḫin. ‘AMEN’ lo tih mai hi harsa kan ti ḫin. Chhungkuua zir ho ngai te, mi mala zir tlauh tlauh ngai te kan hmaah hian zirlai min chhawpsak ḫin. Rethiehna, bawrhsawmna, sawiselna, ruihhlo, beidawnna, etc. Zahna kawahte min dintirin, mahni ngei pawh kan inzahpui hun te a thleng ḫin. Heng kawng zawng zawng han zawh chhuah hi a va har ḫin em!

Mite sal tanna atanga hruai chhuak tur leh phurrit phurhpui thiam turin, chhawk thei turin, a mite natnaah hian kan nat a phal tlat a ni. Kan hmanrua kan tah hriama kan sil faite hian sawi thei se chu na an ti ve ḫin ang. Tuai hriamna hmun paltlang tawhte erawh hi chu mi tam tak tan malsawmna thlentu niin, tapte ṭahpui dan, lawmte lawmpui dan an lo thiam tawh ḫin. An eng chu miten an bawm a, chhandamna huangah mi tam tak an hruai lut ḫin.

4. Thlarau Thianghlim nei turin min duh : Eng vangin nge min duh le? Keimahni mai hi chuan eng mah kan nih lohzia hi Lalpa hian a hre chiang em a ni. A rawngbawl tur hian Thlarau Thianghlim tel lo chuan tih theih kan nei lohzia hi min siamtu, kan sam zai nen lama hre vektu hian a chiang a ni. Nghing ve reng thin Petera kha Thlarau Thianghlim a chan hnu chuan mi huaisen Petera, a Lalpa tana khen beh huam Petera a lo ni ta. Lal Isua Jerusalemah lal anga a luh khan a chuanna sabengtung kha mipuiin chawimawi an tum a ni lo. Mahse, a chunga chuang Lal Isua vang khan chawimawina puan phah raptu niin, Lal Isua vangin chawimawiin a awm ve tlat a ni. Lal Isua tel lova sabengtung an chawimawi zui kan hre lo.

Thlarau Thianghlim tel lo chuan kan rawngbawlna kawng hrang hrangah hian thahnemngaihna tak tak neih a har thin. Mihring tako thahnemngaihna hi chu mi

dang phutnaah te, beidawnnaah te a tawp fo mai. Thlarau Thianghlim tel lo chuan rawngbawlna tak tak aia chanvo leh nihna duha tal buai mai theih a ni. Thlarau Thianghlim nen chuan ‘Ka tih tur, ka mawhphurhna a ni’ kan lo ti thei a, mi sual ngaihdam khan, chhandam ngaite hnenaah chhandamna thu a hril ta thin a ni. Damna neitu emaw tia, tihdam lo tum mai te hi a va huphurhawm thin tak em! Tidamtu, simtir theitu kan ni lo va, hmanrua mai kan nih hi theihngilh loh a tha.

Thlarau Thianghlim zarah chuan kan tih ve tlem te pawh hi malsawmin a lo awm thin. Ama zarah ropui lo hi chawimawi niin, tih theih reng nei lo hi tihchaka lo awmin, thiltihtheihna pek lo niin, dawihzep kha huaisennaah thuamin kan lo awm thin. Kan nihna leh mamawh hre chiangtu hian Thlarau Thianghlim nei turin min duh a ni.

5. Voh bik chawimawina min pek a duh : Mahni pawh inchhiar tling zo lo te, sual hliam tuar hnute hi Krista vangin voh bik kan lo ni a! He khawvel hnehtu Krista zarah keini mi tling lote hi tlinga puan kan lo ni ta si a! Kan rumpui ṭhin, kan ṭahpui ṭhin, zahna kawna kan dinpui ṭhin, rawngbawlpuite laka kan inthlahrunpui ṭhin, thiam thu sawi chak sawi thei si lova kan hrehawmna zawng zawngte hi, kan Lalpa hnenah kan la dinpui dawn a ni. Lal hmaa kan din hunah chuan a hrehawm lai ber hi ngaihnawm a la ni dawn a ni! Indona hnehtu te chanvo, voh bik chawimawina lallukhum, kan phu loh kha, hnehtu Krista vangin kan tan

dahin a awm. Kan phu loh chanvo hi Lalpan min pek a duh a ni.

Kan chhuanlam neihte dah bovin Lalpa ram zau nan theihtawp i chhuah zel ang u. Thlarau Thianghlim zarah zam tur kan ni lo ve. Kan thawh rimna kan zawh hunah, kan zin kawng hian tawp ni a la nei dawn. Kan Pa hnena kan thlen hunah a fa duh tak tak chanvo min pe ngei dawn a ni. A va mak em! Voh bik chawimawina lallukhum changa kan han ding ve mai tur chu! Tu man, ‘I phu lo, i tling ve lo,’ min ti thei lo. Min neitu Lalpa hian phu leh tlingah min puang tawh tlat a ni. Lalpa chu fakin awm rawh se (Johana 20:23; Marka 11:3).



* *Vana lal lukhum khumtute zingah hian leia kraws pu lo tu mah an awm lo.* – C.H. Spurgeon

* *Kraws hi van kawngka luhna tura leilawn awm chhun a ni.* – George Dona Boardman

* *Khawvel hian Krista a duh lo va; mahse, a mamawh si a ni.* – Dr. Earle Stevens

BATHSEBI

*- P.C. Laltlani
Bawngkawn East*

Bathsebi hi nula hmel tha tak a ni a. A pa hming chu Eliama a ni a, Hit mi Uria pasalah a nei a ni (2 Sam 11:3).

1. A pasal awm loh hlanin a uire - Bathsebi pasal Uria hi Davida sipai huaisen thlan chhuah 37 zinga tel pha a ni a. Amona thlahte do tura Israel sipaite kal chhuak zingah a tel a. Indona hmuna a awm hlan hian Lal Davidan Jerusalem-a a in chung atangin Uria nupui Bathsebi inbual lai a hmu a. Hmeltha a ti hle a, a ina hruai turin mi a tir nghal a. Bathsebi'n Davida hnen a han thlen chuan Davida chuan a lo mutpui a, a duh anga a khawsakpui hnuah a in lamah a hawtir leh a.

A pasal awm loh hlana Davida laka a lo uire hi thil tha lo tak a ni. "Davida chu lal a ni a, Bathsebi tan hnial ngaihna a awm hlei nem," kan ti mai thei. Mahse, a fimkhur loh vang a ni. Pawnah a inbual vangin Davidan a hmu a, a it ta a ni a. In chhungah inbual se

chuan Davida hian a hmu lo vang a, a hmeltha tih pawh a hre lo vang. Hmeichhe tan mi hmuh theih tura inbual hi a dik lo hrim hrim a ni.

2. A uire vangin a pasalin a thih phah - Davidan Bathsebi a inah a hruaitir a, a lo mutpui lai kha Bathsebi thlatin thi neih lai a ni a, nau a pai a, Davida hnenah nau a pai tih a hrilh a. Davida chuan a sipai hotu Joaba hnenah Bathsebi pasal Hit mi Uria chu Jerusalem-a hawtir turin a ti a. Uria chu Davida thupekin ral ram atangin Jerusalem khuaah koh haw a ni a. Davida chuan a ina hawa, a nupui bula mu turin a lo hrilh a. Mahse, Uria chuan a duh lo va, a sipai puite ral ramah indona hmuna an awm laia nupuite bula lo mut bik chu dik a tih loh avangin lal chhiahhlawhte zingah a mu a ni (2 Sam 11:5, 6-13).

Davidan Uria chu a nupui bulah a mu duh lo tih a hriatin indona hmuna let leh turin a tir a. Sipai hotu Joaba hnenah lehkha a ziak a, Uria chu ral zualna lai berah hmatawtir a, ralin an thah theih nan thlahthlam turin a ti a. Raba khua lak tuma an hualin Joaba chuan Uria chu mi huaisente chauh awm ngamna lai turah a dah a. Raba khuaa mite chu an lo chhuak a, Israel sipaita chu an rawn bei a, ral hmatawngte an rawn that a, Uria pawh thah a ni a. Bathsebi uire vangin a pasal hian a thih phah ta a ni.

3. Davida nen an innei -
A pasal a thi tih a hriatin Bathsebi chuan a sun a, a sun hun bi a zawh hnu chuan Davidan lal inah a hruai a, a nupui atan a nei a.

Davida thiltih dan hi Pathian duh loh zawng tak a ni a. Davida chunga a thinrim thu hrilh turin zawlnei Nathana a tir a, ‘Hit mi Uria khandaihin a that a, a nupui a neih avangin khandaihin a in chhung a chhuahsan lo vang a, a nupuite chu chhun

enah mi dangin an la mutpui ang’ tiin. Davida nun kal zelah zawlnei Nathana sawi hi a chungah a thleng dik a. A fapa Amnona chuan nu hrang laka a pa fanu Tamari chu a tibawrhbang a. Absaloman a farnu phuba lak nan Amnona a that a. Absaloman a pa Davidan Uria nupui inbual lai a hmuhna hmun, in chungah ngei Davida hmeite a mutpui a. A pa lakah helin Jerusalem atangin a hnawt chhuak a. Davida lam tang leh a fapa Absaloma lam tang an indo va, Absaloma thah a ni a. Hei hian Pathianin sual a ngaizam mai mai ngai lo tih a tilang.

Hetianga harsatna zawng zawng a tawrh hnu hian Davida chu Israela thlah hnam pum pui chungah lal ropui tak a ni thei chauh a ni.

4. A uire fa a thi - Davidan a nupui ni tura Bathsebi an hruai hian naupai sa a ni a, fapa a hring thuai a. Mahse, naupang chungah chuan LALPAN kut a thlak a, a damlo ta hle a. Davida chu a fapa dam leh nan chaw

ngheiin a ṭawngṭai a; mahse, a damloh at̄anga ni sarih niah a thi a.

Lal upate chuan a dam lai pawhin chaw a ei duh lo va, khumah pawh mu lovin leiah a mu a, a fapa chu a ngaihtuah em avangin an hrilh ngam lo va. Davidan a chhiahhlawhte inbe ru lai a hmu a, a fapa chu a thi a nih a ring ta a. Chhiahhlawhte hnenah chuan "Naupang chu a thi ta elo?" tiin a zawt a. A thi ta a ni tih an hrilh chuan Davida chu a tho va, a intifai a, sahriak a inthih a, Lalpa inah a kal a, a inah a haw a, chaw a ei a. 'Naupang chu a lo kir leh dawn lo va, kei erawh chu a hnenah ka la kal ang,' a ti a.

Davida hian a sual vanga hrem nan a fapa hi LALPAN a la tih a ring a. Lalpa lakah a vuiin a titau lo va, biak inah kalin ngaihdam a dil a. Sam 51 hi a thil tihsual avanga ngaihdam dilna nia sawi a ni.

5. A fapa Solomona lal atan ruat a ni - Davida thiltih dan hi dik lo hle mah se

inchhirin Pathian hmaah ngaihdam a dil avangin Pathian malsawmna an dawng leh a. A uire fa a thih hnuah Bathsebi hian nau a pai leh a, fapa a hring leh ta a. Chu chu Juda lal ropui leh fing Solomona a ni.

Davida nupui dang Hagithi fapa Adonija chuan a pa aia lal nih a tum a. "Keimah ka la lal dawn hi maw!" tiin a inngai ropui hle mai a (1 Lal 1:5). Tawlailir leh sakawr chunga chuang mite a hmaa tlan tur a buatsaih a. Ran talhin ruai te a siam a, lal upate a sawm a. Hetih lai hian Bathsebi chuan Lal Davida hnenah a fapa Solomona chu lal atan siam turin a dil a, a hlawhtling a ni.

Davida chuan a upate a kohtir a, Solomona chu ama sabengtung chungah a chuantir a, puithiam Zadoka leh zawlnei Nathana-ten lal atan hriak an thih a. Davidan Solomona chu lal ṭhuttlengah ṭhuttir turin thu a pe a. Chutichuan, Solomona chu lal a lo ni ta a ni (1 Lal 1:11-14).

KA TAH CHHAN CHU KEIMAH VANG

- R. Zomawia
Tuikhuahlang

A thinur chu mit khap kar chauh a ni si a, a duhsaknaah chuan nunna a awm thin. Tahna hi riak turin tlai lamah a lo lut thei a, zingah erawh chuan hlimna a lo thleng thin (Sam 30:5).

"Hmanah chuan hlim takin ka nun ka lo hmang ve a, ti hian hma lam hunte ka lo thlir ve thin a, lehkha tha takin ka zir ang a, hna ka nei ve ang a, chhungkua tha tak ka din dawn a ni. Ka fate chu Pathian tih mi, lekhathiam tak, nu leh pa zah tak niin hna tha tak an thawk ve ngei ang. Hna ka hmu a, chhungkua ka din a, chhungkua ka chawm zo va, lehkha tha takin an zir a. Mahse, ka chhungkua leh fate nunin min titap ta tlat mai si a..."

Hmathlir tha tak nei nia ka inhriat lai leh chhungkua tha tak din tura khawvelah hun hei leh chen ka lo hmang ve thei hi ka lawm em em thin a, Pathian tih nia ka inhriat lai rengin chhungkua pangngai takin kan awm ve a, hlimnain min han tuam ve a; mahse, fate an lo puitling meuh chuan tunlai khawvel boruakin min nang ta. Pathian duh danin chhungkua ka hruai em maw ka lo intih ve kha tahna ruamah kan lo lut reng mai si a. Ngilneihnaa khat Pathian lam hawi tur chuan tawrh ve fet a lo ngai

tawh a, he ka tahna hi mi dang mawhpuh mai tumin mahni thiam ka han inchantir a, rilru fim taka han ngaihtuah vang vang phei chuan mi dang mawhphurh a ni lo, keimah vang a ni, Kristian chhungkua dik tak hi chhungkua ka lo siam lo em ni le? Ka nunin chhungkua ka lo kaihhruai dan chu hetiangin -

1. **Ka duh dan ka dah lal thin** - Tha nia ka hriat ve angin chhungkua ka vawng ve zel a, tha nia ka hriat kha Pathian hnенah nemngheh nan lekfang ka lo thlen thin

a, Pathian duh dan aiin ka duhdan zel kha a lo lal Ქthin a, fel leh Ქha niin ka inhre Ქthin, a chhan chu chhung inkhawmte pangai takin kan nei ve Ქthin a, thu Ქha kan inhrilh a, Pathian duhdan anga awm a hlawkzia leh sual kawng zawh lo tur te, khawvel thiamna lamah pawh zirna uluk turin kan inhrilh ve malh malh Ქthin.

An lo seilian zel a, kan duhdante hi kan dah lal em em a, keimahni mihring zingah chuan kan thute chu lo dah lal Ქthin mah ila, a la ziaawm deuh, min siamtu Pathian duhdan erawh kan zawm lo khawp Ქthin. Pathian hnenah kan mamawh leh harsatnate kan thlen Ქthin a, keimahni nawmsakna turin leh mi dang aia chungnung zawkin, kan fate pawh engkimah rawn hlawhtling chho se tiin, chu kan duhthusam chu Pathian hnenah thlen intiin, Pathian rawn kan inti a, mahse, a tak takah chuan Pathian kha kan duhdan kan han hrilh ve lek zawk hi a lo ni Ქthin, kan awmdan tурте amah kan rawn

tak tak ngai lo, Ქha nia kan hriat kha kan lo kalpui hrawk hrawk Ქthin. Heng hi ka chhungkua ka lo enkawl dan a nih avangin Pathian duhdan a ni lo tih hi ka chiang em em a ni.

2. A nawm vanglai tak -
 Khawvel nawmsaknate hi chuan min lo hip chak hle mai a, Kristian chhungkua ropui tak din ka duh a, khawvel chhungkua ropui din ka duh bawk si a, chhungkua mihring cheng hlawhtling leh ropui nih theuh duhna rilru nen chhungkua enkawl zet chu a hunlaiin a hautakzia hre lo mah ila, hriat chhuah meuh chuan hun a lo kal duai tawh thin a ni. Pawisa neih Ქteuh a, hausak ka duh a, ka duhna kawng ka zawh kha Ქha berah ka ngai a, dan angin Kristian chhungkua kalphung chu han zamin, han kalpui ve Ქthin bawk mah ila, thinlung tak hretu Pathian chuan ka chhungkua kalpui dan chu a lo hre teh meuh mai le.

Keimahni thawhchhuaha hausa emaw ka inti a, Pathian atanga malsawmna dawngah

ka inngai hmiah a, chu chu ka sawi tam ber ḫin pawh a ni. Mahse, ka thinlung tak takin ka lo sawi ngai lo va, chawhpawlh chhungkua ka lo din lek em ni aw? Kristian chhungkua tiin a langa mawiin, ka chhungkua ka lo cheimawina kha ka lo chhuang zawk hle a lo ni tih hi min hriat chhuahtir a ni. Pathian huatthu ka lo va sawi hnem dawn em! Ka thawh chhuaha Pathian hnena thinlung tako lawm thu sawi aiin ka theihna em maw tiin ka inhmu lian hle a lo ni. Keimah ka inhmu lian a, a hmingin Pathian malsawmna ka lo ti ve mai mai ḫin.

Chawhpawlh chhungkua din chu khawvel hmanrua a ni a. Khawtlangah challan loh kan hlau em em a, kohhranah lah chuti bawk. Miten Kristian chhungkua, Pathian ṭih mi tia kan nungchang pawnlawi tak an hmuhna hi dawt mai a va ni dawn em!

3. Chhum dum chu -
Chhungkua hlawhting tak din emaw ka intih lai mek chuan ka fate an lo puitling ve ta a,

ka duh dan angin thil a awm ta reng reng lo mai, Nu leh pa bum an lo ching a, talhtum lek dawnin a lo tlai tawh si a, a rukin meizial an lo zu a, a rukin zu an lo in a, pawisa dil chhuah nan thu awihawm tak takin nu leh pa hnenah an dil a, pek loh dawna ni mang si lo, pek loh dawna ‘tunlai ḫalai chu an nunphung a lawm, an duh dan hi nu leh paten kan pawl pha tawh lo, tunlai nunphung ve a nia’ tiin hruihrual kan hlin chu kan thlahdul telh telh a, mi thiamte rawnin thalaite enkawl dan kan zir a, mi thiamte thu zawm tur tiin Pathian thu nen kan chawhpawlh nuaih nuaih mai a, tunlai alawm tichung zelin kan intih tunlai avangin ka in chhungah chhumdum chu a rawn lut a, min chamchilh ta tlat mai, a changin inhauhna, chhungkua chawhlui kan kil ho thei tawh lo, mahni tlat tlatin kan tla a, pawn lam lan danah chuan buai teh hluai chu ni lo mah ila, a ruk tak chuan chhungkua nuam a ni reng reng lo tih a hmutu leh a enkawltu chhungkua pa ber ka ni si a.

Chhungkua enkawlnaah
Pathian duh dan aia ka duh
dan ka lo tihlal thin avangin
tahna chu ka in chhunga riak
turin tlai tin a lo lut a, zing
boruak thiang tak reng reng
ka siam hman ngai lo va, Lalpa
thatna leh ngilneihna chu a
nasat em avangin a hnena kal
turin min au lawm lawm thin
a, ngaihsak lova hun rei tak
chhungkua tha nia ka hriat
angin ka lo enkawlna rah chu
tahna leh lungngaih-na mai a
ni. Ka tahna hi tu dang vang a
ni lo, tu mah mawhchhiat tur
ka hre lo, ka tah chhan chu
keimah vang a ni.

"Thil dang ber aiin i
thinlung veng tha rawh,
nunna lo chhuahna a ni si a"
tih angin kan thinlung hi a ni
Lalpan a en thin, chhungkua
enkawl tha kan inti em em a
lo ni thei; mahse, kan ramah
hian Kristian chhungkua dik
tak, Lalpa pawm chhungkua
hi kan va tam awm lo ve! A
mawi hawiha inkhawm
emaw, chhung inkhawm

ringawt emaw ai chuan
thinlung leh tihtakzeta Lalpa
hmaa kan kun a ngai asin.
Kan thiltih rah zel hi kan la
seng dawn a, kan seng mek
zel bawk a nih hi.

Kan fate hi eng kawngah
nge chher puitlin kan tum le?
An nawmsak loh kan hlau va,
an ropui loh te, an hlawhtlin
loh te kan hlau va, sum tam
tak sengin kan enkawl a. Kan
duhsak luatah khawvel chaw
kan lo barh hnem hle a ni thei.
Keini pawhin Pathian kan tih
kan tih reng lai hian kan nun
hi Pathian lawm zawng a ni
meuh em aw, tih kan inchhut
a ngai a ni.

Bible duh dan angin kan chhungkua hi enkawl ila kan tifuh ber ang. Khawvel mi thiamte duh dan kan tih reng lai hian kan ram hian khuar-khurum, chhuah theih lohna hmun kan thleng mai dawn e. Lalpa chauh enin chhungkua din ila, chu chu Kristian chhungkua chu a ni ang.



Isua hian a lalram hlimpuittam tak a nei a; mahse, kraws pua a tana tuartu chu mi tlem te an ni. – Thomas A. Kempis

KELKANGAH KA KAL VE A

– Rev. K. Rolungmuana
Synod Office

Nikum khan kohhran mipui mit chu Kelkang lamah a fu ʈhup mai kha a ni a. Kei pawh Leitan Kohhran rualin ka han kal ve a. Ka kal hma hian mite sawi ka hriat ʈhin a awm a, chumi chungchang chuan kal chakna pawh min neihtir bawk. Kum 2015 June thla tawp lam khan ka han kal ve ta hlauh mai. Rilrua zawn leh hmuh duh nei chunga kal ka ni a, chumi chungchang chu theih angin ka ngaihtuah bawk a. Ka kal hma aṭang rengin ʈhenkhat phei chu rilruah a awm lawk nghe nghe a ni. Bible kan en pawhin Pathian hian a mite a ngaihsak hian awmze nei lo leh tum mumal nei lo chuan eng mah a ti ngai lo tih hi a ni tih hi ka rilruah a chiang hle. Harhna lo thleng ʈhin pawh hi tum leh thuchah mumal nei lo chuan a lo thleng ngai lo a ni. Tun tum harhnain a thuchah leh a mite siam thar lehna tura a thuken nia ka hmuh ve chu thil pali a ni a, chung chu tawi te tein han tar lan ka tum a ni.

1. Inpekna : Mite chu tihluihna ni lovin Kelkangah kan kal sup sup mai a. Chu mai chu a ni lo va, thilpek mi tam takin kan keng khawm a, a khuaa mite lah mi dang tan an lo inpe hle mai bawk a. Mahni inbuapui chungin mi dang buaipui, ʈanpui chu kal khawmte nunah leh Kelkang mite nunah a langsar hle mai.

Thil ʈha ti tura inpekna

hi a pawimawh reng a ni. Thiante tana inpe te, chhungkaw tana inpe tak te, ram leh khawtlang tana inpete hi an hlu a, an inseng thlawn ngai lo khawp mai. Chutiangin khawvel thilah leh thlarau lam thilah pawh mi inpe tak tak te zar zovin mi tam takin hmasawnna leh himna kan chang ʈhin a ni. Lal Isua inpekna, mihringa chang tura a inngaihtlawmna thute hi kan entawn tur chu a

ni. Chu chu entawn tur dik a nih thu Peteran min hrilh bawk.

Thinlung pek thu pawh Bible hian min hrilh a, thinlung, rilru leh taksa a kima pek hi ringtuten Pathian kan dawr dan tur pawimawh a ni. Thil kan pek ngamna hmunah hian ṭangkaina leh pawimawhna kan nei ḫin. Chuvangin, ringtute hian inpekna kawngah, eng thilah nge, eng atan nge, tu tan nge tih ngaihtuahin inpekna dik leh ṭha zir chungin harhna hi dawngsawng ila, chu chu Pathian duh zawng a nih a rinawm.

2. Inngaihtlawmna : Hei hi Lal Isuan a nunin a lantir ḫin. Chumi chungchang chu sawiin Paula chuan, Pathian anga awm a, Pathian tluka awm chu thlahlel hlei thei loin, Mihring anga awma, mihring dinhmun hniam tak ‘bawih ang’ tih hiala awm tura nun chu a thlang ti thu a sawi a (Phil 2:5). Hrisel ṭha leh tluangtlam tak ni lovin tuarna tam tak tawk leh chutah

pawh thi khawp hiala thuzawm nun chu Lal Isua atang hian kawhhmuh kan ni.

Harhna beiseia Kelkang kalte chuan thawmhaw bal an pawisa lo te, ruahsur leh nisa te, khaw thim leh riltam te an indaltir lo kha chhinchhiah tlak tak chu a ni. Chu mai a ni lo va, hruaitu ruat chawp thu kan han awih em em mai te, naupang thu pawh hnial kahnal nei lova kan han zawm mai thei nun kha inngaihtlawmna tih hian a khai khawm ber awm e. Inngaihtlawmna nun min temtir thar lehtu harhna kha a hlu a ni. Chutih rual chuan Pathian hmaa tlawmna, inngaihtlawmna nun min kawhhmuh a ni tih hre lovin kan duh tawk palh mai ang tih erawh a hlauhawm, Krista rilru, inngaihtlawmna kha i vawng reng ang u.

2 Chro 7:14-ah chuan, 'Ka hming pu ka mite chuan inngaihtlawma an ṭawngṭaia, mi zawna, an awm dan sualte an hawisan chuan, van atangin ka lo ngaithla ang a,

an sualte ka ngaidam ang a, an ram chu ka tidam leh ang' tih kan hmu. Chhan tlak ṭawngṭaina, Pathian lawm zawng ṭawngṭaina chu inngaitlawma ṭawngṭai hi a ni. 'Mi rilrua inngaitlawm chuan chawimawi a hlawh ang' tiin Thuf 29:23-ah kan hmu a, Hmun dangah 'Inngaitlawm chu chawimawiin an awm ang' tih te, 'Inngaihtlawmna leh Lalpa tih man chu sum te, chawimawina te, nunna te a ni' tih kan hmu bawk. Chuvangin harhna changtute hi Lalpa hmaa tlawmtakin a tana mi huaisen, amah thawhpui ni turin i inbuatsaih zel ang u.

3. Hmun Thianghlim tlakhlehnna : Kelkang kalte tlawh ngei ngei chu an khaw daia hmun thianghlima an lo puan kha a ni. Pheikhawk bun luh leh thil dang ken luh loh tihte chuan zawm pawh a hlawh hle mai. Chep deuh mah se, hmun thianghlim tia an lo serh chu zah tak chunga lut a, tihtakzet maia an inhlan lai han hmuhte khan rilru a khawih hle mai. Chumai a ni

lova, in lama an lo haw hnu pawhin hmun thianghlim, Biak in leh a compound tlak hlelhna an nei a, ṭhenkhat phei chu chhuahsan thei lova inngaiin an riah chilh a, inkhawm leh zaikhawm nuam an ti hle mai tih kan hria. Hemi chungchangah erawh chuan hmun thianghlim zahna leh hlutna inzirtirna lamah hreruitute ṭan lak a ṭulzia te, hman dan dik inzirtir a ṭulzia te kan hmu thar a ni. Engpawh nisela hmun thianghlim tlakhlehnna leh ngainatna ringtu nunah min kawhhmuh thar hi a hluin a tha hle mai. Pathian chenna hmun chu 'hmun serh hran' a nih rualin, a chen lohna leh a hmuh phak loh hmun reng hi a lo awm lo. Chuvangin Pathian zahna leh atana ṭahnemngaihna nen kan ni tin hun hi hman tum ila, Lalpa auhna leh pawlna hmun atan kan hnathawhna hmun theuh hi hmangin Lalpa maicham i dinthar leh ang u.

3. Thu awihna : Tun ṭum harhnaah khan thil hlu tak kan hmuh chu 'thuawihna' a ni.

Harhna chang tur leh chan duha kan thuawihna kha harhna changtuteah thawk chhunzawm zel se tih hi Pathian duh zawng a nih a rinawm. Pathian leh kohhran thu awihna kawngah pawh kan than len zel hi harhna thuchah pawimawh, kan ngaih pawimawh zui tur chu a ni.

Thu awih chu Pathian duh zawng, a mitea a beisei leh phut a ni. Lal Isua meuh pawhin thu awih a zir thu kan hmu a (Heb. 5:8), hei hian thu awih hi zir leh ḥan lak ngaihna thil a ni tih min kawhhmu. Thu awih chu thil ḥa chan leh neihna, nun hlimna leh hlawhtlinna a ni tih Pathian mite aṭangin kan hmu. Abrahama hnena thutiamte chu thu awihna nen a inzawm ḥin tih kan hmu (Gen 22:18; 26:5; 27:43). Isa 1:19f-ah chuan thil ḥa chan theihna chu thu awihna nen a inzawm thu kan hmu bawk.

Heng aṭang hian mihring thar, ringtu siam thar leh tihchak thar, hriat tur dik hre

reng tura kawhhmu thatna hian a tum chu mahnia ding fal tur, mal din tur ni lovin, rinna siamtu leh tifamkimtu Lal Isua anna kawnga than lenna hi a ni. Paulan chu mihring thar, ringtu nun chu sawiin, "Mihring thar chuan in inthuam tawh si a, chu mihring thar chu hriat famkimna nei turin, a siamtu anpui anga siam tharin a awm mek a ni," a ti. Thahnemngai taka inpekna leh inngaih-tlawmna nen ngaihhlut tur dik kan ngaihhluta, thu awihna leh Lalpa ḥihna nun kan neih hi a duh zawng a ni. Chumiah chuan harhna dik hi a chan theih tih hi a chiang khawp mai. 'Ka hming pu ka mite chuan, inngaitlawma an ṭawngṭaia, mi zawnna, an awm dan sualte an hawisan chuan, van aṭangin ka lo ngaithila ang a, an sualte ka ngaidam ang a, an ram chu ka tidam leh ang,' (2 Chro. 7:14) Lalpan a ti si a.

Lalpan a thu malsawm rawh se. Amen.

**JANUARY-JUNE, 2016 CHHUNGA
HMANGAIHNA IN TANA THILPEK
DAWNTE**

– *Laldawnkimi*

Superintendent, Hmangaihna In

1. Rebek Zonunmawii, Lily Veng	Rs. 10,000/-
2. Lalrochani, Zarkawt	Nestogen, etc.
3. Maubawk Sikul Veng Koh Hmeichhia	Rs. 2,000/-
4. Hriat loh	Hmarcha ip
5. Hriat loh	Rs. 2,000/-
6. Danny-a leh a thiante	Rs. 2,500/-
7. Rebeki, Chanmari West	Rs. 1,000/-
8. Rosangkimi, RIPANS	Rs. 2,700/-
9. Lalchhanchhuahi, RIPANS	Rs. 2,700/-
10. Lalsangliani, RIPANS	Rs. 2,700/-
11. Mapuii te thiante dun	Ei tur
12. Little Lambs Pre-School, Durtlang	Rs. 1,000/-
13. Durtlang Kohhran Female Voice	Rs. 1,000/-
14. Lungleng I Bial Hmeichhia	Rs. 2,500/-
15. N. Lungleng Koh. Hmeichhia	Ei tur leh hmunphiah
16. Hmawngbu Kohhran	Rs. 1,500/-
17. C. Lalhmunmawia, Chhingga Veng	Rs. 1,000/-
18. Govt. Zirtiri College, BCA Final Year	Rs. 7,200/-
19. Mr. & Mrs. Jeff Aurisch	Rs. 2,000/-
20. K.T.P., Bukpui Bial	Rs. 2,000/-
21. Damparengpui Bial Koh. Hmeichhia	Mizo buh & Rs. 430/-
22. Ratu Bial Hmeichhia	Rs. 5,000/-
23. Lalrinngheti, Khatla South	Rs. 5,000/-
24. Hming thup	Rs. 10,000/-

25. Kelkang Bial Kohhran Hmeichhia	Buh hum, buhfai & Rs. 5770/-
26. Lallen Bial Kohhran Hmeichhia	Rs. 5,000/-
27. Tanhril Bial Hmeichhia	Rs. 5,000/-
28. Bilkhawthlir Bial Kohhran Hmeichhia	Hmunphiah
29. Deeana, Mission Veng	Rs. 50,000/-
30. Mission Veng Sakrament Dept	Rs. 3,100/-
31. Aizawl Kohhran Sakrament Dept	Rs. 1,050/-
32. Nisapui Kohhran Hmeichhia	Hmunphiah
33. Khawruhlian Bial Kohhran Hmeichhia	Rs. 3,000/-
34. Ruatfela, Aizawl Venglai	Rs. 1,500/-
35. Kanghmun Bial KTP	Rs. 2,000/-
36. V.M. Hardware, Bawngkawn	Rs. 10,000/-
37. Tlabung Chawnpui Bial Hmeichhia	Rs. 2,000/-
38. Sesawng Bial Kohhran Hmeichhia	Rs. 3,000/-
39. Govt. Aizawl College, Education Dept.	Naupang mamawh hrang hrang
40. Khatla Branch YMA	Rs. 3,000/-
41. Zawlpui Bial Hmeichhia	Rs. 2,600/-
42. H. Lalhrualitluanga, Chanmari West	Rs. 2,000/-

Hmangaihna In tana thilpek chi hrang hrang petute chungah kan lawm em em a. Lal Isuan, "Heng mi te ber chunga in tih hi ka chunga ti in ni," a tih angin, heng naupang chanhai leh fahrahte chunga in tih hi vanram lehkhabuah chhinchhiah vek a ni ang tih kan ring. Hmangaihna In tana thil petute chungah leh Hmangaihna In ɣawngtaisaktu zawng zawng chungah lawm thu kan sawi nawn leh a. Lalpan vengin awmpui che u sela, malsawmna tam takin vur theuh che u rawh se, tih hi kan tawngtaina a ni e.



*Mi fel kâ chuan pawm tlak chu a hria a,
Mi suaksual kâ erawh chu chalatlai takin a tawng chhuak thin.*

NGENNA

Kohhran Hmeichhe Rorêl Inkhâwm vawi 8-na, March ni 11-13, 2016-a neihin Budget leh thawhlawm chi hrang hrang, bialin kan thawh tûra min beiseite a hma lama pe tûra kan inbeisei chu, Bial eng emaw zâtin an pe tawh a. Chutih rualin, la pe lote pawhin kan budget tuakte kan tlin veleh muangchang lovin Kohhran Hmeichhe Office-ah pe zêl tûrin kan inngêñ nawn leh a.

Thawhlâwm hunbi tuka thawh tûrte pawh kohhran hrang hrangten a rang lamin mahni bialah theh luh thuai tum ila. Kum tawpah intur vak ngai lo tûrin Budget leh thawhlâwm pêk tûr kan neihte pe theuh ila. Report bu-ah kim taka târ lan a nih theih nân Bial leh kohhran malte pawh tan la sauh sauh tûrin kan inngeñ thar leh a ni e.

Budget kan pek turte

1. Central Budget
2. Women Centre Budget
3. Inkawmpui Lian Thawhlawm (Fee)
4. WDP
5. PWF
6. Hospital Chirity Fund (Tum hniih inkawm thawhlawm)
7. HIV/AIDS veite tanpuina
8. Agape Budget (Khawpui bial tan chauh)



(RALLIANTHANGI)

Finance Secretary

Mizoram Presbyterian Kohhran

Hmeichhe Inkawmpui Lian

www.mizoramsynod.org

Hriselna Huang

NATNA TENAU ENKAWL DAN TLANGPUI

Tun Ȳumah chuan natna tlanglawn Ȳhenkhat, mahnia inenkawl mai dan tlangpui kan tar lang ang a. Damdawi thiam rawn mai theih loh leh rawn remchan loh hun riau te, laklawh thil tak te pawh a awm theih avangin heng enkawl dan mawl te te, Ȳangkai tak tak si hi kan tar lang dawn a ni.

LU NA

1. Mut hahchawlhтир.
2. Na chhawkna pek.
3. Balm emaw hnawih.

4. Lei chhuah tirin minute hnih vel chhung tal kutzungtang pahnihin lei chu chelh beh tur.

PUMNA THUT

(ACUTE ABDOMINAL PAIN)

1. Damlo chu eng mah eitir loh tur.
2. Tawng thlamuan tur.
3. Damlo chu a nuam thei ang berin muttir tur.
4. A na lai chhawk nan tuilum ipin deh tur a ni.
5. Tui tam tak intir tur.
6. Damdawi in lamah kalpui vat tur a ni.

THAWCHHAM

(ASTHMA)

1. Damlo chu Ȳhut muttir tur a ni.
2. Boruak thianghlim a mamawh avangin damlo bulah chuan awm Ȳeu loh tur.
3. Tuihu hiptir tur a ni a, tuilum intir tur a ni.
4. Damlo chu damdawi inah kalpui vat a tha.

IRHFIAK

1. Tui intira thaw lovin muang tein intir tur.
2. Plastic bag chhungah thawktir tur.
3. Tuiah baking soda tlem telh la, intir ang che.

ZUNG ȲHA THEI LO

1. Tui herh haw ri bulah awmtir tur.
2. A pum hnuai lamah tui lum ipin deh tur.
3. A serh vel tui luma deh tur.

4. Chawhtawlhah tui lum dah la, ṭhuttir rawh.
5. A la zun theih loh fo chuan damdawi inah kalpui vat tur a ni.

HRITLANG NARAN

1. Chhungten an kai ve loh nan hahchhiau zawngin hmui huptir tur.
2. Tui so hu hip tur a ni.
3. Tui lum thianghlim a tam thei ang ber in tur.
4. Taksa na them thum te, lu na te an neih chuan, na chhawkna lam, paracetamol emaw, cete-rezine emaw, aspirine emaw eitir a ṭha.

KHAWSIK

1. Tui tam tak intir tur.
2. A chalah tuiin deh tur.
3. A taksa pawh tui lum pip pepa puan tihhuhin hrruk tur a ni.
4. Na chhawkna lam, paracetamol emaw pek tur.
5. Damdawi inah hruai tur.

HMANHMAWH THILA NAU CHHAR DAN

Nu tam tak nau pai, nau

neih hnai tawh tih inhre chiang lote tan leh, chhungkhat laina leh thenawm khawvengte tan hriat atan a tha.

Nu nau pai (raipuar) nau neih hun, nau nei mai thei dinhmuna ding, nau vei pum na leh serh aṭanga bawlhlawh leh thi chhuak an nih chuan nau an neih a hun tihna a ni a. Nau nei tura damdawi in panna hla bawk sia an awm chuan, a theih anga ranga damdawi in panpui tur a ni a, pan thei tawh lo, pan hman tawh lote tan hetiang hian inbuatsah tur a ni. Doctor emaw, Nurse emaw koh vat tur a ni a, an lo thlen hmain hetiang hian lo inbuatsah tur:

1. A saisir in (veilam zawngin) muttir tur a ni a.
2. A kâ a thaw tur a hrilh tur, a nat laiin sang mai lo hrih tur a hrilh tur.
3. San a pek pawhin sang nghal mai lova ka a thaw hrih tur a hril tur.

4. Ei tur sak deuh pek loh tur a ni a, thil tuiril lam ei tur a ni a, zu lampang pek loh tur a ni.
 5. Dettol emaw, antiseptic awm ang angin emaw nu serh leh a bul vel chu lo hruk fai tur.
 6. Nu mutnaah chuan puan fai tak phah tur a ni.
 7. Tui chhuang so la, sakawrbakcheh emaw, blade emaw chhum thianghlim la, naute laihrui tawnna tur khawlla emaw, lachhum emaw chhum thianghlim tel ang che.
 8. Nu chu santir la, na vak lovin, naute lo chhuak tur chu i lo veng ang a, lapua te lo inchhawp la.
 9. Naute lu lo lang chu a nu malpui lam a hawi hunah lo chelhin, zawi tea lo pawh chhuah tur a ni. Naute chu a nu malpui karah dah la, a laihrui mar lutuk tur veng chungin a laihrui chu a pum aṭanga inch $2\frac{1}{2}$ velah lachhum faiin tawn tur a ni a. Hmun hnihad i ṭawn ang a, chumi inkarah chuan hmanraw thianghlim takin cheh chhum tur a ni a, cheh chhum hnuah a thi a la chhuah reng chuan nghet takin ṭawn nawn leh ang che.
 10. Naute mit leh ka fai tako hruka, puan faiin tuam lum tur.
 11. Nu hlam kha zawi zawia pawha, a hlam a lo chhuah mai theih loh chuan zawi zawiin nu pumah i kutin i rawn nawr thla ang a, a lo chhuak kha a kim leh kim lohte en fiah tur a ni.
 12. Tichuan, nu chu sil faia, pad hrentira mut hahdamtir tur a ni.
 13. Thi put a tam chuan damdawi inah kalpui vat tur a ni.
-

Hruaitute chanchin**LALHMACHHUANI**

Pi Lalhmachuani hi Pu Thianga (L) leh Pi Nungi (L)-te fa palina niin Sawleng khuaah a lo piang a. Puitling thlenga dam unau mipa pahnih leh hmeichhia pakhat a nei. Kum 1979 December thlaah Pu Vanlalmuana nen an innei a, fapa pakhat leh fanu pahnih an nei a, tu panga an nei bawk. Eizawnna lamah chuan Govt. Bethlehem Vengthlang M/S I-ah zirtirtu a ni mek.

Rawngbawlna lamah chuan Venglui Bial an nih laiin Bial Buhfaitham ziaktu a ni a. Kum 2003-ah Bethlehem Veng Pastor Bial an ni leh a, Bial Buhfaitham ziaktu, Asst. Secretary, Treas-

surer leh Secretary-te a ni. Kum 2016 atangin Synod-in Bethlehem Venglai Pastor Bial a siam tharah an awm a, Bial Secretary a ni mek.

Tualchhung kohhranah Inrinni zan leh Pathianni chawhnu thuhriltu, Puitling Sunday School zirtirtu a ni a. Kum 25 (1989-2013) chhung chawl lova Sunday Sikul zirtirtu chawimawina ‘Diploma’ a dawng a. Kum 1995 atangin Kohhran Hmeichhe Committee-ah a awm tan a. Asst. Secretary, Secretary-te chelhin, tunah Vice Chairman a ni mek.

A rilrua hla cham reng thin chu KHB No. 71-na ‘Aw ropui ber Haleluiah’ tih a ni a. Naupang a nih lai atanga a Bible chang innghahna leh inhnemna ber chu Sam 126:5-6 hi a ni.

“Zoram nu leh pate hian kan fate hi chhungkaw hotu, ei zawngtu, roreltu leh sakhaw puithiam la ni tur an nih hre rengin uluk takin i enkawl ang u,” tiin min chah a ni.

Hriat atan

1. Dt. 3-6.6.2016 khan Leadership Training leh Kristian Chhungkaw Campaign neiin kan hruaitute an feh chhuak a, Pathian hruainain tluang takin hun an hmang.
 - (1) Zamuang Bialah Pi Lalsiammawi, Pi Sanḡthuami leh Pi P.C. Lalhmangaihi, Com. Member-te an kal.
 - (2) Pi Tlangmawii, Pi Lalduhthangi leh Pi Lalrokimi, Com. Member-te an kal.
2. Dt. 29.6.2016 khan Synod Service Board chuan Women Centre-a contract-a thawk turin heng mite hi a la:
 - (1) Superintendent - NI. R. Lalrinpuii d/o R. Thangliana, Bungkawn, Aizawl.
 - (2) Peon-cum-Chowkidar - Pu H. Lalmuanawma s/o Rozika (L), Kelsih.
3. Women Centre-a puan̄thui zirtirtu tur leh zir tur lak tur chungchang pawh hetiang hian Kristian Tlangau, Vanglaini leh Aizawl Post-ah chhuahtir a ni.

Zirtirtu tur

- 1) Puan̄thui thiamna certificate nei, kum nga tal a hnaa experience nei, puan̄thui zirtir thiam tak a ni tur a ni.
 - 2) Presbyterian Kohhran dan chhunga awm.
 - 3) Lak tur zat : 2 (Pahnih) Nos.
- Screening Test hun : Dt. 14.7.2016, 11:00 am
 Interview hun : Dt. 19.7.2016, 11:00 am

Puan̄thui zir tur

Rahbi tleute tan puan̄thui zirna a buatsaih a, a zir turin mi lak thar tur a ni.

- 1) Seat awm zat : 20 (Sawmhnih) Nos.
 - 2) Thiamna : Pawl VIII (Pawl riat) pass
- Interview hun : Dt. 13.7.2016, 11:00 am

(AGAPE August buatsaih lai hian puan̄thui zirtirtu leh zir turte lak an la nih loh avangin tihchhuah theih a la ni lo a ni. – Ed.)

KUM 2015-2017 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Rinchawii
Vice Chairman	:	Pi K. Vanlallawmi
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Pi Sailuti
Treasurer	:	Pi Maria Lalchhanhimi
Fin. Secretary	:	Pi Rallianthangi

COMMITTEE MEMBER-TE

- | | | | |
|-----|--------------------|-----|------------------------|
| 1. | Pi B. Zomawithangi | 2. | Pi C. Romawii |
| 3. | Pi Lalsiammawii | 4. | Pi Lalbiaki |
| 5. | Pi C. Zopari | 6. | Pi R. Rengkhumi |
| 7. | Pi Tlangmawii | 8. | Pi Lalhmingmawii Sailo |
| 9. | Pi Zothanpari | 10. | Pi P.C. Nuzawni |
| 11. | Pi Lalpianthangi | 12. | Pi Lalbiakengi |
| 13. | Pi Lalfeli | 14. | Pi C. Chawngpuii |
| 15. | Pi Vanrammawii | 16. | Pi Zopari |
| 17. | Pi Lalrokimi | 18. | Pi C. Thanthuami |
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| 21. | Pi Lalrinpuii | 22. | Pi Liansangi |
| 23. | Pi Lalnuntluangi | 24. | Pi Lalhmingthangi |
| 25. | Pi Lalnunsiami | 26. | Pi Lalhliapi |
| 27. | Pi Sangthuami | 28. | Pi R. Vanlalruati |
| 29. | Pi Lalbiakhluni | 30. | Pi P.C. Lalhmangaihi |
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| 37. | Pi Sawithangi | 38. | Pi Lalbiaksangi |
| 39. | Pi Thangthuami | 40. | Pi Lalhmachhuani |
| 41. | Pi Lalramthangi | | |

Ex-Officio Member-te

1. Rev. H. Lalrinmawia, Synod Moderator
2. Upa H. Ronghaka, Synod Secretary (Sr.)
3. Rev. P.C. Pachhunga, Executive Secretary i/c Women
4. Pi Lalfakmawii, Co-ordinator
5. Pi C. Lalhmangaihi, Ex-Chairman

KOHHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thil tumte:
1. Kohhran pum rawngbawlna tihsawtling tura thawh ho.
 2. Kristian chhungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Ṭha puan darh.

Postal Regn. No. MZR/ 53/ 2015 - 2017 RNI Regn. 40876/ 88



Chawnpui Bial leadership leh Kristian Chhungkaw Seminar



Tiungvel Vengthar Bial leadership training & Kristian chhungkaw campaign



Zamuang Bial leadership training & Kristian chhungkaw campaign

To

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