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Kan mamawh Kristian Chhungkua

Phek – 2

Jehova Jire

Phek – 7

SERMON

KRISTIAN CHHUNGKUA

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HRISELNA HUANG

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Editorial

LALPA MIT FÛKNA

Pathian khawngaihna leh hruainain January 2017 pawh a loral leh ta der mai a, February thla kan lo thleng leh ta. Kut chak taka min chelhtu leh hei leh chen min hruaitu hi i fak mawlh mawlh ang u. Kumin kum bul kan hman ḫan mēkah hian thinlung thar leh rilru thara Lalpa rawngbawl turin kan inhlau tawh hlawm ang a, kuminah hian kum tir aṭanga a tawp thlengin Lalpa mit hi kan chungah a fu reng dâwn tih i hre thar leh ang u. Kan hma lâkna kawng hrang hrang – chhûngkuah te, kohhran leh khawtlângah te Lalpan min thlir reng dawn a ni tih hre chungin hma la ila, sualna chhumpui zîng kârah hian min awmpui leh ḫanpu min tiam a ni tih i hre reng ang u.

A khawngaih rawngbâwl hna kan kova a nghah apiangte hi ama ropui nan hlen chhuah tum theuh ila. A ram leh a felna zawng hmasa zelin kum thar aṭanga a tâwp thlengin Pathian hi i au mawlh mawlh ang u. Ani chuan a lama rilru dik tak putute chungah a chakzia tilang tûrin khawvêl zawng zawngah a mit a lén ruai ruai ḫin a ni. Kum hluia kan tih dik loh leh fel lohte kalsanin, he kum thar kan hman mēkah hian theihtâwp chhuahin, rinawm takin a rawng i bawl zêl ang u.

He khawvêlin kawng hrang hranga changkânnâ kawng a zawh mēk lai hian keini Kristian nute pawh hi awm mai mai hman kan ni lo tih hriain hmasâwn ve zêl pawh tum ila. Lalpa mit fûkna kan ni tih hre rengin dâwngdahna chhang ei lo ila; Diabola hi hmun i kian ngai lo vang u.

Pathian mi hman ḫinte hi amaha intulût ḫin mite hi an ni. Chutiang mite chu a thlarauvina thuam a, a chêncihlh tlat ḫin. Lalpa mit fûknate hian nghet takin, tihchêt rual lohvin Lalpa hna ḫahnemngai taka thawk fovin i awm ang u. Kan thawh rimnate chu Lalpaah chuan a thlawn ngai lo tih kan hre si a.

Kristian Chhungkua**KAN MAMAWH – KRISTIAN CHHUNGKUA**

– Rev. Dr. C. Chawngghmingliana

Tunlai khawvel han thlir vang vang hian eng nge kan mawmawh ber ang aw? Kan hre theuhvin a rinawm.

Tunlai tako Family Guidance and Counselling Centre-a mite harsatna, an buaipui tam ber chu – nupa inthen, inneih leh duh si, an chhüngten inneih an phal leh tawh si loh leh, nula leh tlangval inngaizawng, an inneih hmaa lo che sual, rilru hah leh ngawltâwt, dam thlakhlelhna rêng nei tawh lo, thih chu la hreh angreng lawi site hi an ni an ti. USA-ah khuan nupa inthen lo fate aiin nupa inthen fate zîngah nupui pasal inthen duhna hi a lêt li laiin a sâng an ti.

A nupui nghâwngah a zai, tubohin a pasal a chhu hlum, a fanu nupuiah a nei, naupang kum tling lo a pawngsual a a that zui, a nupui leh a fapa a vaw hlum, a bialnu a that, a inâwk hlum, ruang an char leh tawh, etc. tih thawmthang te hi a va tam ta em!

Kan Mizo kût ropui ni thin Chapchâr Kût kan hman nia thil thlengte hi a va ngaihnawm lo thin ta ve! Hla siamtuin, “Thangthar nun ninga fam chang Thasiama ngei kha, lo thoavin han hawi vêl se, vawi 13 thi nawn hian ka ring ngei e,” a tih kha a rei ta fu mai. Tûnah phuah leh ta sela, vawi 13 mai chu a sawiin a rinawm ta lo.

Nula/Tlangval tam tak nu leh pa thu awih lova fawr kual mai mai, nu leh pain tih tûr an sawi hleka thinrim rum ûl mai, ei/in tûr tuihnai deuh an hawn chânga phûr leh hurh si, tih tûr ti peih ang bar si lo, tih loh tûr tih lama taima viau lawi si te, nupui fanau emaw, pasal leh fate emaw aia ruihlo leh thil dangngai pawimawh zâwk tam tak an awm laiin duat sual zawh loh khawpa fel tak tak, in chhüngah a tul ang thawk bawrh bawrh chung sia khawtlâng leh kohhrana an tih ve theih tâwk ti leh bawrh bawrh mai te, “Hei zet hi chu mo/makpa atân ka va ût tak êm!” an tih rûk ngawih ngawih an tam hle bawk.

Hetiang thawmthang han
hriat hian kan rilruah eng nge
awm ber thin le? Eng nge ni kan
mamawh tak chu ni ta ang? Ka
rilrua awm thin leh kan mamawh
nia ka hriat thin chu Kristian
chhûngkaw tha hi a ni. Hêng mi
sual leh chimawmte hi khawi
atanga lo chawr chhuak nge kan
tih chuan, Kristian chhûngkuia
atang thova lo chhuak an ni thin.
Khawvél mite chhûngkuain an
neih ve theih loh Kristian
chhûngkaw tha nun hi kan
mamawh tak chu niin a lang.

Dr. Kenneth Chaffin-a chuan, "Chhûngkua hi khawvêla mite inhlâwm khâwmna hlun ber leh tlo ber tûr a ni. Chhungkua a hlawhchham chuan khawvêla pâwl dang zawng zawng hi hlawhchham sa an ni; chuvângin, chhûngkaw tha din hi khawvêla hna pawimawh ber a ni," a ti a, a dik hle mai. Lal Hezekia kha thih ngamin a na a, a chhûngkaw thu a rel fel lo va, a hnêna Pathian thu lo thleng chu hei hi a ni, "I chhûngte khawsak dân tûr relsak rawh; dam chhuak lovin i thi ngei dâwn si a," tih hi a ni. Chhûngkaw thu rel fel hi a va pawimawh tak êm! Hezekia

KRISTIAN CHHUNGKUAA THIL PAWIMAWH ZUAL

1. Inneihna: Inneihna hi chhûngkaw bul ṭanna a ni a, a pawimawh hle. Sap thufing chuan, “A bul ṭan that hi a zatve zawh tluk a ni,” tihna a ni âwm e. Kan kohhran, ram leh hnam tlu chhe mêk hi kan vei tlâng theuh va, a siam that dân tûr pawh kawng hrang hrangin kan ngaihtuah thin. Mahse, siam that kan tum dân hi mahni chhûngkaw thlawh khûmin khawtlâng leh pâwl hrang hrang atangin kan bei thin a. Hei hi a tha lo hulhual chu a ni hauh lo. Mahse, hei aia bul zâwk chu chhûngkua atanga siam thatna hi a ni. Chhûngkua atanga inzirtirna leh kaihhruaina tha kan mamawh a. Chutianga chhûngkaw tha nei

tûr chuan chhûngkaw insiamna bul, ‘Nupui pasal zawn dân’ aṭanga kan ṭan ṭhat a pawimawh. A bul kan ṭan ṭhat chuan a zâtve zo tluk kan ni phawt dâwn a ni. Tûnlai ṭhangtharte hi puipunna leh facebook vêla inchhar chawpa innei ta mai mai sawi tûr an tam ta mai.

Kan fate hi nupui pasal inneih chungchângah nu leh pate hian zirtirna (Education) tha kan pe tûr a ni. Than thi an neih dâwn hnai aṭangin uluk takin kan fate kan sawipui keuh keuh tûr a ni. Tûnlai hian khawthlang ram changkanghovah khuan inneih tak tak hmaa nupa anga awm chhin an chîng hle nia sawi a ni a. Hetianga inneih tak tak hmaa nupa anga in luah hranga lo awm dûn ve ta mai hi Mizote zîngah pawh hian an awm nual tawh niin an sawi.

Hetiango chin dân tha lo hi ti ve lo tûra kan fate kan hrilh keuh keuh a pawimawh takzet a ni. Nupui pasal tûr hi chu Pathian remruat nghâk thiam tûr leh ngaichâng thiam tûra zirtir an ngai. Kum hniih khat leka kan inchhir leh vawng vawngna tûr

kawppui neih hi a hlauhawm takzet a ni.

Hmân deuh khân America ramah mi thiam rualten nupa tuak 2,000 hnênah research an bei a, “Inneih hi a bul ṭan ṭha leh dâwn ta la, tûna i kawppui hi i nei leh duh ang em?” tih zawhna chu, mipa 60% leh hmeichhia 70% chuan, “Duh tawh lo vang,” tiin an chhâng hem mai! An innin tawh hmêl hle mai. Kan Mizoram zîm têah pawh hian hetianga zir chianna hi nei ta ila eng tak ang ang i maw? Inneihna hi dam chhûng atâna awm dunpui tûr leh ṭhian bul ber, kawng tinrênga rinchhan tûr kawppui siamna a nih avângin a zawn hun laiin fimkhur hle tûr a ni. Kan fimkhur loh rah kan seng meuh hi chuan phêngphehlepa khua a tlai zo tawh thin si a nih hi.

France ram President Napoleon-III (1808-1873) khân a la belh chian hauh loh, a hmêl that êm avâng leh lal thisen kai pha chin a nih avâng ringawtin Mary Eugenie (1853-1870) kha kum 1853 January thla khân a nei thla rawk mai a. Rei lo te chhûng chu an hlim ker ker

viau. Mahse, Mary chu a phun reng avâng leh a thinrim reng tâk avângin an hlim zui thei ta hauh lo mai a. Napoleon III chuan, “Nupui hi nei tha leh dâwn ila chuan, eng anga mi lian leh ropui pawh ni raw sek sek, ka hriat chian ngai loh mi neih ai chuan, mi naran pawh ni sela, ka hriat chian leh ka hmangaih ngei chauh neih ka duh zawk,” beidawng takin a ti chuai ta raih mai a nih kha.

2. Nupa inlaichinna tha : Dr. Kenneth Chaffin-a chuan, “Chhûngkuaa nupa inlaichinna hian khawvélah hian eng ang mihring nge lo chêng dâwn tih a hril nghâl a ni,” a ti. Nupa inlaichinna tha chuan – nupa nunah, fanauteah, chhûngkaw zingah, kohhranah, khawtlângah ram leh hnamah chi tha tuhin boruak tha a lêntir thei a, nupa inlaichinna tha lo chuan mihring awm khâwm theih lohna tûr boruak a siam thei reng bawk. Nupa inlaichinna tichhe tûra zawhna pawimawh tak chu, “Tu nge thu zâwk?” tih hi a ni. Thu zâwk inchuhna a nasat zawh poh leh inlaichinna a chhe tial tial thin. Nu thuneihna tûr chin te, pa thu

pawhchah tûr chin te pawh nupaa insiam fel a tha. A theih chen chenah inrâwn tlâng zêla thutlûkna siam a tha ber ang. Nupa inlaichinna tha siam tûr chuan – mizia leh nungchang insiam rem te, thuneihna leh mawhphurhna insem tlân te, chhûngte inngaihsak tawn te a pawimawh êm êm a ni.

3. Chhûngkuaa mi dangte nêna inlaichinna : Chhûngkuaa mi dang – fa te, mo te, tar leh kum upa zawkte leh mi dang chêng vete nena inlaichinna tha siam hi a pawimawh êm êm bawk. Fate nêna inlaichinna tha nei tûr chuan kawmngeih te, an dinhmun leh an mizia hriat thiam te, hmangaihna lantir leh ngaihsak a pawimawh. Tin, tarte hi an naupang tha leh tih hriat tûr a ni a, an lâwmna ho tê, an thinurna pawh ho tê a ni thin, ngaihsak an mamawh takzet. Tin, fa mote pawh mahni fanute ang tak taka en a pawimawh. Chhûngkuaa inlaichinna tha neih nâna pawimawh ber chu Pathian tiha, inhmangaih tlan dial dial hi a ni. “Hmangaihnain a dawhthei a, ngil a nei bawk thin; hmangaihnain a itsik lo va;

hmangaihna a infak lo va, a uang lo va, a che mawi lo lo va, mahni hma a sial lo va, a thinur duh lo va, sual lamah a ngaihtuah lo va; fel lohnaah a lawm lo va, thutak erawh chu a lawmpui ḫin a; engkim a tuar hrâm hrâm a, engkim a ring a, engkim a beisei a, engkim a tuar chhuak ḫin,” tih a nih kha (1 Kor 13:4-7).

4. Naupangte Pathian thua châwm : Kan Pathian thu chuan, “Nangni pate u, in fate.... Lalpa thununna leh zilhnaah chuan enkawl zawk rawh u,” a ti a. Lalpa thua enkawl leh chawm hi nu leh pa mawh liau liau a ni. Tûnlai hunah hian kan fate hi ei/bar tûr ḫa chuan kan châwm hneh viau mai; mahse, thlarau lam chaw ḫain kan châwm hneh em? Kan fate hnênah hian chhandamna thu kan sawi tlêm chuan an lo puitlin hunah an buai thin. An

mamawh ber chu Isua Krista hi a ni. Tirhkoh Johana chuan, “Ka fate thutakah an awm tih ka hriat aliamâ lâwmna nasa zâwk rêng ka nei lo ve,” a ti (3 Jn 4). Fate Pathian thua chawmna hmanraw dang leh chu biak ina inkhâwmpui leh ni tin chhûng inkhâwm neihpui hi a ni.

5. Fate tâna hun pêk tam : Nu leh pate hian kan fate uap ḫa hman lova kan chhuah tam lutuk hian naupangin an tuar a ni tih mi thiamten an sawi hi a dik viau a ni. Hna avânga kan chhuah bosan bâk hi chu naupangte chiauau, uap lum, leh ngaihsak nachang hriat a tûl khawp mai. Loh theih lohva chhuahsan a tûl a nih pawhin pakhat zâwk tal hi chuan lo uap hrâm hrâm ila a ḫa ber ang.

“I chhûngte khawsak dân tûr relsak rawh; dam chhuak lovin i thi ngei dâwn si a.”

NAUPANG THUNUN

*Nu leh pate hian kan fate hnênah thil pawimawh ber tih loh chu kan pe phal vek, chu thil pawimawh ber chu **hun** a ni. An thusawi ngaihthlâk hun te, thil hriat thiampui hun te, tanpui hun te leh kawng dik kawhhmuh hun te ka nei thei meuh lo. Sawi maia a awlsam hmêl hle laiin a tak takah chuan thil harsa ber leh inpêk ngaih nasatna ber a ni âwm e.*

— E.K. Hulbert

Sermon**JEHOVAJIRE**

Genesis 22:1-14; Rom 12:1,2

– P.C. Vanlalnghaki

Genesis bu pum puia mi mal chanchin kan hmuu langsar berte zînga mi chu Abrahama chanchin hi a ni âwm e. Thuthlung Hluiah chauh pawh ni lovin Thuthlung Tharah kan Lal Isua ngei pawhin vawi eng emaw zât chu Abrahama chungchâng hi a sawi a ni. Chutiang khawpa hming lâr, rinnaa fak lo hlawh tawh, rinnaa kan pa Abrahama chungchâng Pathian intum chawpna (Jehova Jire) a lo chhuahna bul kan zir ho dâwn a ni.

Abrahama hi Pathianin, “I khaw lam ata leh i laichinteho zîng ata leh, i pa in ata chhuak la, ram ka la entir tûr che lamah kal rawh,” tiin a hrilh a. A kotu Pathianah a rinnna nghatin Aigupta ramah te kalin, mi ramah ‘hei chu ka ram’ tih tûr hniak khat pawh nei lovin, ringlomite zîngah, milem beho kârah puan in kaihin a va chêng ve ta kha a ni a. A kotu Lalpa khân, “Ram ka la entir tûr che lamah kal rawh, chutah chuan chi ropui takah ka siam ang che a, mal ka sâwm ang che,” tiin a ko chhuak a; rinnain a kotu rinawmnaah innghatin a chhuak ta a. Harsatna hrang hrang a tâwk a, a hnêna Pathian thutiam lah chu a lo thleng ta mai bawk si lo. Ram amah leh a thlahte tân a pe dâwn tih a sawi a, ka ram tih tur alawi

a la nei der bawk si lo. Chu mai chu ni lovin, a nupui Sari chhûl chu a la ping leh leh ta zêl a, chutiang harsatna kârah pawh chuan Lalpa chu a la ring tlat zel a! A tâwpah chuan a rin Pathian chuan fapa duhawm tak mai Isaaka a pe ta a, chutia a laka Lalpan a thutiamte tihlawhtlinga fapa duhawm tak mai a rîla rah ngei a pêk, a enchim loh Isaaka chu Lalpan a dil leh ta tlat mai a nih chu! Hemi chungchângah hian zir tûr pawimawh tak mai kan nei a. Ringlomite kârah, hmêl hriat lohte zîngah pawh a kotu Pathianah chuan a rinnna a ngat tlat a, mihring lamah beisei bo a nih tawh hnu pawhin rinnna tlachhamin a kotu rinawmna chu a ringhlel lo. Keini ngei pawh hi Lalpa ka ring, ka hria kan tih

tawh hnu hian keimahnia Pathian thil tum leh Pathian thil phût te, min hruai a tumna kawngte hi kan hmu fiahin kan hre thiam lo fo. Abrahama tân hian vuivaina tûr a tam dâwnin, hriatthiam a va harsa ngai dawn em! Hagari laka a fa Ismaela hnawt chhuak tûrin a lo hrilh tawh a, harsa ti hle mah se Lalpa thu chu thu awih takin a lo zawm tawh a. Tûnah a fapa neih chhun, a innghahna, a lâwmna ber chu inthawina atân hlan tûrin a ti ta! “Lalpa, ka chunga i rorêl dân hi hriat thiam a va har em! Ka tlin lo, hei chu ka ti thei lo, ka ngaih dân pawh a ni zozai lo,” han tih mai kha a awl dâwn khawpin a lang.

Abrahama hian thil harsa tak tak a lo pal tlang tawhin, hun khirh tak tak kârah pawh Lalpaar inna nghatin a thu zawmin a lo awm tawh thin a; fiahna leh tuarna chi hrang hrang ka lo pal tlang tawh a, “Tûnah chuan chungte chuan min liamsanin ka tân ni thar, hun thar a lo inher chhuak dâwn ta a nih hi le,” tih mai kha a âwm khawpin a hriat a. Amaherawhchu, chutih ahnehin hun harsa leh khirhkhân, fiahna leh thlêmna

hautak pui pui a lo pal tlang tawh thin aia nasa leh khirh zâwk chu a hmaah a rawn inchhawp ta! Chu chu a fapa mal neih chhun Isaaka, a ro luahlu tûr maichâma hlan tûr tih a ni. Sam 30:6-ah chuan, “Kei zawngin ka nun khaw nawm lai chuan, eng tikah mah ka nghîng lo vang,” ka ti a, tiin Sam phuahtuin a sawi ang mai kha Abrahama chungah a lo thleng ta a ni.

Pathian hian a mite tân kawng a buatsaib a, hruai thlen tumna a nei a, chu chu kan mihring mihrinna hian a hmu thiam lo fo. Zau zâwka min hman theihna tûr te, mi dangte tâna nun chhenfakawm kan neih theihna tûr te, nun tam kan neihna tûr tein kan nun hi ama duh dânin min chher thin a. Chu a mi chherna leh a mi buatsaibna kawng erawh chu a hautakin mihring tân hriat fiah leh hriat thiam a harsa hle thin. Mahse, hla phuahtuin, “Thil eng pawh lo thleng se ka him a ni, a kutphah ropui chhûngah,” tia a lo phuah chhuah hi amah ring ngamtute tân chuan a lo dik zet mai. Rangkachak tihthianghlim nân mei an hmang a, rose par a

rimtuina lang chhuak tûrin nuai sawm a ngai a, beraw chu a rimtuizia hre tûrin hal ral a ngai. Chutiang chu keini a fate pawh hi kan ni tih kan van Pa, kan Pathian hian min hre chiang êm êma, min zirtirin chumi kawngah chuan min hruai thin a lo ni. Rinna chak tak nei tûrin fiahna namai lo tak tak pal tlang a ngai thin. 1 Petera 1:7-ah rangkachak meia fiah hnu pawha boral thin aia hlu zâwk chu Isua Krista inlâr hunah chuan fakna leh chawimawina leh ropuina tûr a lo nih theih nân, tiin Petera chuan min hrilh a. Joba kha Pathianin pa tha tak, pa fel tak ni satliah tûrin a duh lo va, mi ropui tak a nih theihna tûrin fiahna harsa tak tak a kal tlang Lalpan a remti a ni.

Aw le, unau duh tak, harsatna leh fiahna hrang hrang kan tâwkin kan hmachhawn a ni thei e. Hei hi i theihnghilh ngai suh ang u. Chutiang thil harsa a lo thlen lai pawh chuan Imanuela chu kan hnênah a awm reng tihhiringhlel ngai suh ang che. Abrahaman Lalpa kohna a chhân dân hi, “Heta hi ka awm,” tih a ni a. Bible-a kan

hmuh mi huaisen kal tate kha Abrahama ang bawk, “Heta hi ka awm,” tia Lalpa kohna chhângtute an ni. Tum ȳuma Abrahaman Lalpa aw a hriat chu ni dang mi nêñ a inang ta hauh lo mai. Thil dang dangah Abrahama hian Lalpa laka rinawmna te, a inpêkna te, a thu awihna te, kawng hrang hrangin a lo lantir tawh a. Tûn ȳumah zet erawh hi chuan a ngaihtuah thiam phâk bâk leh a hriat thiam theih piah lam thil a ni ngei ang e. A fapa a neih chhun hlan tûrin Lalpan a ti tlat mai le. Abrahaman hian a laka Lalpan a thutiamte mihring lamah chuan a tâwp, tih ngaihna a awm tawh loh hunah pawh rinnain Lalpa chu a lo vuan tlat tawh thin. Tûn ȳumah zet erawh hi chuan Lalpan malsawmna a pêk a fa, a rila rah ngei maia chu inthawina thilhlan atân a dîl ta tlat mai le!

He thuah hian eng nge kan zir chhuah tûr ni ve ta ang le? Eng nge kan Isaaka, kan duat, kan hmangaih kan neih chhuna chu ni ve ta le? Mi tam tak chuan, “Ka nupui, ka pasal, ka fate, kan sum leh pai, kan in leh lo, kan ngaihzâwng, kan ei zawnna kan

ti mai âwm e. Mahse, chûng chu a pahnihna a ni. Chuti lo ni se kan Isaaka chu eng nge lo ni ta ang le? E le, keimaha keimah, ka duh zâwng, ka châk zâwng, ka ngaih dân titu keimah ngeia hi ka Isaaka chu a lo ni. Keimahni nun invui liama, inphata, inkalsana, chu mi hmun aṭanga kan Pathian hi chibai bûka, inthawina nung, a lawm tlâk ni tûrin kei, keimah ngei hi ka ngaih dân, ka duh dân te, ka duh zâwngte thia Lalpa tâna inhlan tûr kan lo ni e.

Sam 51:17-ah chuan, “Pathian duh zâwng inthawina chu thlarau lungchhia hi a ni,” tih a ni a. Lalpan keimahnia a duh taka hi kan thil neihte a ni lo, kan thinlung, kan rilru, keimah titu ngei maia hi a ni Lalpan a duh chu ni. Abrahama hnênah, “I fapa, i neih chhun, i hmangaih,” tia Lalpan a sawi ang khân. Mihringin harsa a tih ber chu a ngaih dân, a duh dân, a duh zâwng thia inphata Lalpa hnêna inhlan hi a ni.

Heti hian i'n ti teh ang. Abrahama chhuanlam nei hauh lova a nupui pawh râwn chuang lova, a rawng a bâwl Lalpa duh

dân zawma a kal chhuah khan kawnglakah hnutchhiah a nei asin! Chûngte chu a chhiahhlawh tlangvâlte leh sabengtung an ni. Ni thum an kal hnu chuan, Lalpan inthawina tur tlâng a sawi Moria chu hla tak aṭangin a hmu a, a chhiahhlawh tlangvalte hnênah, “Sabengtung nêh hetah lo awm ula, naupang nêh sawtah kan va kal ang a, kan lo kîr leh ang,” a ti a nih kha.

Lalpa hnênah inthawina kan hlân ve ngei ang. He lai thuah hian Abrahama, a fapa hal ral tûra kal siin engati nge ‘Kan lo kir leh ang’ a tih? Hebrai 11:1,2-ah hian Pathian thuin rinna chungchâng a sawi dân chiang takin kan hmu a, chu a rinna chu a felnaa ruat a ni ta rêng a ni.

Pathianin a dîl chin chiah – a fapa vih hlumna tûr chemte, hal ralna tûr mei leh thing a keng a ni. A fapa khân amah hâl hlumna tûr thing a pu a, an pafain an kal ta a. He laiah tak hian kan Isaaka, keimahni ngei kan tih kha a chiang hle a ni. Isaaka khân zâwlnei leh puithiam hna a thawk a, Abrahama fapa a ni a, a pain Pathian hnêna maichâm a siam dân leh beramnote a hlan

thin dān a hre chiang hle ang. Maichâm an siamna tûr kawngah a pawimawh ber berâm a hmu tlat lo a ni! Amah kha halral thilhan tûr a ni tih rēng a la hre fiah lo a ni. A pa hnênah, “Ka pa, mei leh chemte a awm a, khawiah nge Lalpa tâna halral thilhan tûr beramno chu?” a ti a. Fapa petu Pathian leh a lo dawngtu Abrahama leh a dawn fapa Isaaka-te pathumah khân a petu duh dâñ a lal ber tûr a ni.

Engtin nge Abrahaman a chhân? A petu rinnain a chhâng! “E! Ka fapa, Lalpa chuan ama tâna halral thilhan tûr beramno chu a langaihtuah chawp mai ang chu,” tiin a chhâng a. A Pathian rinzia a lo lang ta. A hmun an thleng a, a fapa a tâwn hlawm a, ama thing put ngei mai chheh khâwm chungah chuan Isaaka chu a phuar bet a, chemtêin a tin ta mai a. Chutah chiah chuan Pathian intum chawpna Jehova Jire a lo thleng ta! Pathianin a pêk tawh sa (a fapa kha chhuhsak a tum a lo ni rēng rêng lo va, Abrahama te pafa thinlung a dîl a lo ni zâwk).

Tah zet chuan Pathian rawn a tawng ta a, “Abraham,

Abraham, i fapa, i fapa neih chhun takmeuh pawh mi pêk i hnial loh avângin mi hmangaih tih ka hre ta,” a zu ti a. Tin, Abrahama chu a han dâk a, a en a, tin, ngai teh, a hnung lamah chuan berampa a ki thing hnawka tâng tlat a va hmu a, a man a, chumi chu a fapa aiah hâlral thilhanah a hlân ta zâwk a.

A tâwp ber atân chuan Abrahama zin kawng hi kan zin kawngah lo dah ta ila. Khawngaihnain min chhandam a, ringtu nun pawh hi khawngaihna a lo ni reng a! Chu chu miin a hmuh fuh loh chuan fa a nihna chhuan a awl a, rawngbâwlta, zir thiamna leh thil dangte pawh a ni ang, chhuan a awl êm êm a ni. Hetah tak hian a tir lama kan sawi kan Isaaka keimahni ngei, entir nân – “Kan kohhran a harh lo êm mai. Rawngbâwlta, Pathian mi hman i ruai ang u,” tih nachang hretu, khawlâng veitu, Kohhran Committee, Revival Speaker-te ngei pawh hian Jehova Jire awm hmang Pathian intum chawpna tak tak hi kan man tawh em? (Engtin nge a intum chawp?)

Abrahaman a fapa Isaaka a vit hlum lo; mahse, a thinlung zawng zawnngin a vit hlum si. Chu tak chu Pathian thiltum a ni. Pathianin vit hlumah a pawm ta.

Abrahama Pathian kawhhmuh angin a hnung lam a en. Berampa a ki thing hnawka tâng tlat mai a lo awm. A ki thing hnawka tâng khawp a nih chuan a tuai a ni thei lo va, a chal, a tñankintawh tihna a ni. Chungeia chu a hlan ta a nih chu. He laiah hian Pathian Fapa, sual nei lo, kan aiah suala siama awmin lei leh van Lalber, engkim siamtu Fapa, Pathian Beramno, Kalvari kraws ânchhe dawng thing hnawkah min rawn pe. Ahmâwr bâwktu chu khawngaihna tho a ni. Beram kha ralkhata thlir pawha a chalzia tilangtu chu a ki a ni. A invênnna, a ropuina a ni.

Chu lai tak chu thing hnawkah a tâng a, Pathian Fapa duat lai, a neih chhun, vân miten an chawimawi nin loh, sual nei lo chu tlâwm êm êmin khawvél leh a chhûnga thil awm zawng zawng phuar bettu tihna dân ânchhia ngei mai chu a ropuina hlip thlain, Fapa a nihna pawh lang lovin, Kalvari kraws thing

hnawk ber, ânchhe dawngte tihna hmunah kan sualin a tawn bet a. Hla phuahtuin, “Ka hrêng ropui vângâ ka Lal Isu” a tih kha.

Saruakin, a ropuina zawng zawng hlih thlaksakin a awm a, a ropuina kan lo chang ta! ‘A kin ta!’ a tih khân Pa thinlungah kan sualna zawng zawng a kin a, ngaihdam kan lo ni ta! Lalpa chu fakin awm rawh se - Halleluia! Chhûngkuaah, khawtlangah, nungchang dik loh avângâ mi thinlung kulh pâwn lama awm, mahni pawh inngaidam thei lo kan ni em! I hnuchhawn, i hnung lam han hawi teh le.

Ânchhe dawng thing hnawk Lal Isua Krista krawsah khân thiam i chan theihna tûrin a lo tuarsak tawh che asin! Chu thing ânchhe dawng kraws thing hnawkah chuan, i aiawh atân Pathian Beramno Lal Isua Krista chu i tân leh ka tân hlanin a lo awm tawh asin! Chu chu ringin a hnênah, a kutah inhlan ve mai rawh le. Kalvari thing krawsa hlanâ awma kha nang leh keia tân ngei a lo ni e.

Lalpan a thu malsawm rawh se.



CHHUNGKAW CHHANCHHUAKTU ABIGAILI

– *Lalremruati Tlau*
Mizoram Synod House, Agartala

Maon khuaa mi awm thei tak Nabala nupui Abigaili chanchin hi 1 Samuela bung 25 pum puiah hian kan hmu a. An chhûngkaw chhiatna tûr leh thih mang vekna lo thleng tûr laka chhanchhuaku a nih dân hi a ropuiin a ngaihnawm hle a ni. Tûnlai khawvel hi media leh electronic hmanrua hman sual vâng te pawh a ni thei ang, sualna chi hrang hrangin chhûngkua min nuai vêl hlawm a. Hêng sualna thlipui, ruih theih thil, hmeichhiat mipat hman sualna, Pathian hawisanna ten chhûngkaw tam tak na taka min chhêm pai awn awn lai hian, chhûngkaw nu, hmeichhe der dép takte hi kan chhûngkaw chhanchhuak tûrin kan din ngheh a tûl hle a ni. Sual thlipui nuai vêl chung chuan, *Ropuia ngamtu kan ni* tih hla lâmpui chu a nawm vak loh châng a awm thin. Mahse *Kan sual tlantu ISUA zârah*, Isua Krista chakna rinchhanin ropui taka ngamtu kan ni zêl dâwn a ni. Davida leh Abigaili chanchin 1 Samuela 25:2-44 atang hian lo thlir ila.

Lal Saula hlauva Davida ramhnuiaia a râltlân lai khân, amah rawn bêltu harsatna chi hrang hrang nei mi 600 vêl lai Davida bulah an awm khâwm tawh a. Ramhnuai pûkah te awmin an khawsa a, an ei leh in tûr pawh hautak tham tak a nih tawh a rinawm. An hmuh phâkah Maon khaw pa nei nung tak Nabala ran rualte an tla thin a. Davida leh a hote hian an khawihsak ngai lo va, an vênpui zâwk thin a ni. Chutiang vâng

pawh a ni thei e, Davida hian Nabala hnênah a mite a tîr a, hawihhâwm taka chibai bûkna tawngkam mawi nêñ ei tûr lo pe tûrin a diltîr a ni. Mahse, Nabala chuan a ran rualte chunga ngilneihna lantir thintu leh, a tuk a ral pawha chhuh tum lova tha taka rawn diltu Davida mite chu chapo takin a lo chhâng thla ta mai a! Davida a tithinur hle mai. Nabala ran rual leh a chhûngkua, a neih zawng zawng that chimit vek tûrin a mite mi

400 nén an thawk chhuak ta a, hmun nghâk mi 200 vél an dah bawk a. Chumi chanchin chu Nabala chhiahhlawh tlangvâl pakhatin a lo hre ru kar mai a, a pi Abigaili a hrilh a. Abigaili chuan sipai huisen Davida leh a hote thinur rawn thawk chu lo hmachhawna, a chhûngte lo humhim tûrin hma a lo la ta a ni.

Pasal innghahna tlâk loh

Nabala: Abigaili pasal Nabala hi mi khawsa thei tak ni mah se, ṭawngkam bung tak, biak hrehawm chi, a mi chhawrte tân pawh thil sawipui nuam lo tak mi a ni tih kan hmu a, zu in mi a ni bawk. A chapo leh a ât êm avângin an chhûngkua that chimit tûrin Davida a lo thawk tih pawh hre lo khawpin nuam a tâwl a. Abigailin theihtâwp chhuaha an chhûngkaw chhanhim nân a thawk chhuak tih pawh hre lovin zu a lo rui a, ruai a lo ṭheh hep hep mai a ni! Abigaili pawhin a hma lâkna pawh hrilh tlâkah a ngai lo va, a pasal hrilh kher lovin hma a la hmiah hmiah bawk a.

A bikin Mizote hian mipa ropui tak tak nei mah ila, Nabala ang vél chhûngkaw pa ber ve si

nupui fanaute tân rinchhan tlâk loh kan ngah ta mai em aw? Pa ber nihna ang pawha rawn tlâk loh, hna thawk ṭha peih bawk si lo, nupuite châwma vin ve hlur te kan awm nual tawh mai thei a ni. Tlangvâlte pawh hnathawh nei lêm lova bike nei nahl thei hle, hmeichhe pangngai tân pasal túra thlan ngamawm lohte pawh kan nei nual tawhin a rinawm. Bazar, dawrpui leh office-ah pawh mipa aiin hmeichhe hnathawk kan ngah zâwk hial âwm e. Mipa, chhûngkaw tâna rin tlâk lohte hi nu tân phurrit an tling thei a, Kohhran leh khawtlânga tel pawh a harsat phah a, inkil tawih phah awl tak tûr a ni. Mahse, pa ber an fel lo a nih pawhin Abigaili ang hian, hmeichhe ṭhenkhat chuan mawhphurhna keng kawh ngamin hma an la mîk a, an fakawm hle a ni. Tisa mamawh mai bâkah thlarau lamah pawh chhûngkua chhanchhuak tûrin hmeichhiate i ṭang zêl ang u.

Chhûngkua an him theih nân Abigaili a thawk rim:
Abigaili chuan hmanhmawh takin Davida pêk tûr, chhang hlâwm 200, beram 5 chhum túra

peih sa diam nêñ, vai bûk 5, grep rah pho ro 100 leh theipui hlâwm 200-te sabengtung a phurhtir a, chhiahhlawh tlangvâlten an zui a, râl hmatâwngah Davida tâwk tûrin a tlân thuai a. Davida leh a hote mi thahnem tak ei tûr, hetiang zat hmanhmawh taka a buatsaih hi a hah hle a rinawm. A mi tawh tûr Davida chuan engtin nge a lo dawnsawn ang tih chu thil huphurhawm tak a ni bawk. An intawh veleh chuan sabengtung aṭangin a chhuk a, hmai lei siin tlâwm takin Davida chibai a bûk a. A pasal thiam lohna zawng zawng pha hauh lovin ama sualnaah a inbel hmiah mai hi ropui tak a ni! Bung 25:24-ah, “Keiman ka pu, keimah ngeiin khawlohma chu ka hlawh mai ang e....Ka pu, Beliala mi Nabala chu engah mah ngai suh khai...” Chang 28-ah, “I chhiahhlawhnu sualna hi khawngaih takin ngaidam ang che,” a ti a. A thil sawi zawng zawng ngaihthlâksak tûrin a ngên tê tê a, a thilpêk kente nêñ Davida thinur a tinêm ta tlat mai! Davida chuan, “I remhriatna chu

malsâwmin awm se....nang chuan min lo hmuak thuai lo lang chuan, Israel-te Pathian nunna chhâlin ka sawi e, naktûk khaw ên thleng chuan Nabala chu naupang pakhat chauh pawh ka zuahsak tawp lo vang,” a ti hial ta a ni!
“Thlamuang takin i in lamah haw chho la; tin, i thu chu ka awih a, i dil chu ka pawmsak a che aw,” a ti ta a. A va thlamuanthlâk ta êm!

Hmeichhe thenkhat chuan pasalte thiam lohna leh fel lohna mahni inbelte chu a hnai lo mai, an titi tui ber a ni zâwk ḥin. Thenkhat lahin an pasalte fel loh avâṅga ngaihzâwng dang neihsan taah an insawi ve bawk a. Abigaili, pasal fel lo tak neitu hian ngaihzâwng dang a neihsan kan hre lo, a pasal nêp lutuk vâṅgin khaw dang a hawisan chuang lo va, hetiang pasal a neih avâṅg tak hian chhungkaw chhanhim chu a mawhphurhnaah a la ngam a, ngun taka ngaihtuahin rim takin a thawk a, a chhûngte leh an neih zawng zawng an him phah ta a ni. A pasal fel lohna zawng zawng inbel chungin,

inngaitlâwm takin, indah hnuaihnung si lovin hma a la ngam hi a entawn tlâk hle a ni.

Kristian chhûngkua kan lo din that tâwk loh avângin chhûngkaw tam takin kan tuar mêt a. Mahse a la tlai lo ve, Nabala tluk vêl pasal nei kan awm a nih pawhin nuten  an la z  l ila, kan chh ngte chhanchhuak t rin rim taka thawk chungin, b ng lovin i  awngtai z  l ang u. Kan belh Pathian hian remhriatnain min thuam z  l ang a, min  anpu a tiat tlat bawk a ni.

Thil thlir d n inang lo tak nupa an ni: Nabala te nupa hi an thil thlir d n a inang lo hle mai! Davida tlangv lten Nabala hn na ei t r dila an va kal kh n, Nabala chuan David chu tu nge a nih a hriat loh thu leh, chhiahhlawh, pute tl n bosan an tam thuin a lo chh ng el v l a. Davida hi a hre lo tak tak niin a lang lo, a deusawh a ang mah z  wk. Abigaili ve thung chuan Davida chu '*Lalpa indonate dopuitu*' a ti (25:28). Lalpan Davida hn na a tiat anga Israel lala a siam hunah amah hre reng t rin a chah thlap

mai! T nlai  awng takin Abigaili hi a thlarau mit a meng that a, a thil thlir d n a fing a ni. Lalpa kut tuara Nabala a thih hnu pawh kh n Davidan a nupui at n a chhiahhlawhte a va hrueitir ta a. Abigaili chu ph r takin a tho va, hmai lei siin chibai a lo b k a, "*In chhiahhlawnu hi, ka pu chhiahhlawhte ke sil t ra chhiahhlawh ka ni e,*" tiin a lo inpe ta a ni. Abigaili nunah hian  awng chapo r ng r ng kan hmu lo. Tl wm takin a  awng a, huai takin ke a p n a, taima takin a thawk mai niin a lang. Pathian chhiahhlawh Davida lakah a tl wm a, a thu a ngaich ng hle a ni. Ngaihtuahna hris l pu chunga thil thlir kan zir a t l hle a ni.

Pathian thu leh a rawngb wltute ngaihhlut nachang hriat hi a t l hle mai a, naupangte hriata an tlin lohna lai sawite hi tih loh at n a tha hle. Rawngb wltute kan sawichhiat vak vak chuan miin kohhrana tel an ch k lo vang a, chuti a nih chuan kan hma lam hun chu a thim tial tial d wn a ni. Rawngb wltute pawh ngaihhlut

tlaka nung tûra beiseina sâng
taka thlir kan nih avângin fimkhur
a ngai ta hle a ni.

Abigaili nungchang vangin Pathian fakin a awm:

Davida, thinur taka phuba lâk
tuma thawk chhuak chu Abigaili
inpêkna leh rem hriatna avângin
a nêm ta ruai ruai mai a. Davida
hi rilru inlam lêtin a kir ta mai a
ni lova, Pathian a fak phah hi a
ropui hle a ni. Chang 32-ah
Davida chuan Abigaili hnênah,

*“Wawiina mi lo hmuak tûra
tirtu che Lalpa, Israel-te
Pathian chu fakin awm rawh
se....thisen chhuah thiam loh
channa laka min humtu...
chang 39-ah, A chhiahhlawh
thil tha lo ti lova mi khaptu
Lalpa chu fakin awm rawh
se...”* a ti bawk a ni. Phuba
lâkna thisen a chhuah tûr lo
dangtu atân Abigaili kha Pathian
tirh a ni tih a pawm a, Abigaili
kal tlanga Pathian hnathawh lo

lan avângin Pathian a chawimawi
a, a fak thei ta a ni!

Kanbulamitenkeimahnivângin
Pathian an fak ve thin ang em le!
Keimahnivâng hian Pathian leha
rawngbâwlna hi sawichhiat a ni fo
zâwk ang em? Kan nungchang
mawi loavângtehian mitenkohhran
mi nih ve an châk lo phah ang tih
hlauhawm tak a ni. Kan awm dân
avângâ Lalpa faka awm theih nân
kan awmhmun theuhah tân lâk a va
tûlem!

Chhûngkua, harsatna
thlipui chi hrang hrangin a nuai
mêkte chhanchhuak tûrin
Pathian hi a rinawm tâwk a, a
hmanrua ni tûrin hmeichhiate min
la hmang duh reng a ni. A duh
loh zâwngin chhûngkua lo awm
tawh mah ila, a lam hawi tûrin
min ko va, kan Lalpa Isua
chakna rinchhanin hmeichhiaten
i bei zêl ang u.

Lalpan malsâwm rawh se.

*Tunlai kohhranho mamawh ber chu khawl tha leh
changkanna a ni lo va, tawngtai mi a ni zawk. Thlarau
Thianghlim hi khawvel thilah a inpuang ngai lo,
mihringah a inpuang zawk thin.*

— E.M. Bonds

HMANGAIHNA IN CHANCHIN

– *Laldawnkimi, Superintendent
Synod Hmangaihna In*

Hmangaihna In chungchang hi Agape-ah kan tar lang zeuh zeuh tawh thin a, la chhiar fuh lo kan awm takin kan han tar lang nawn leh e.

A INTAN DAN LEH THAN ZEL DAN

Kum 1980 Synod Inkawmpui chuan, “*Synod huapa nau hnuchham enkawlha neih ni se, SEC-in chak zâwkin lo bawhzui rawh se,*” tiin a rôl a, Sub-Committee siamin hma lâk zui nghâl a ni a, Durtlanga Synod Hospital compound-ah in sak a ni. February 15, 1986 ah hawn a ni a. A building-in a zawh loh avângin kum 1999 thlengin naupang 20 vêl enkawl a ni a, kum 2000 atângin naupang 30 enkawl theihnaa siam a ni a. Kum 2011 atângin naupang 50 awm theihnaa tûra siam a lo ni ta a. A tîrah chuan kum hnih hnuai lam enkawl an ni a, kum 1998 atângin kum li thleng enkawl theihnaa siam a ni leh a, kum 2011 atângin kum ruk thleng enkawl theihna a ni ta a ni.

A DIN CHHAN

* Kristian nun dik an neih theih nân hmangaihna nêna zirtir leh kaihruai.

* Rilru leh taksa hrissel an neih theih nân enkawl leh zirtir.

* An phâk tâwk thiamna nei tûra tanpui.

* An chhûngte hnêñ hlim tako an thlen theih nân hma lâk leh tanpui.

NAU DAH LEH LÂK CHHUAH

Naupang hlamchhiah leh tanpui ngai, an chhûngten an

enkawl theih rih loh, hun eng emaw ti chhûng awm tûra dah theih a ni a, hnam leh sakhua, kohhran pâwlah intliarna a awm lo. Naupang enkawlha home te hi dän hnuia awm vek a nih avângin nau dah tumte chuan mahni awmna District Child Welfare Committee (Social Welfare)-ah interview phawt tûr a ni a, Aizawl District-ah kar tin Thawlehnapiangin interview hi neih a ni a, an office chu Laipuitlangah a awm. Annin phalna an pêkte chauh admit theih a ni. Phalna pêkte chuan

Synod Hospital-ah naute hrisêlna dinhmun en fiah hmasaktir leh tûr a ni. Child Welfare Committee-a interview hman lo, tûl bik tak avânga home-a lût an awm chuan a rang thei angin CWC member pakhat tal hnênah report tûr a ni a, hun remchâng hmasa berah interview tûr a ni.

Naupang enkawl theih zât aia tlêm home-a an awm chungchângah eng vâng nge tih zawhna a awm thin a. A chhan chu -

1) Naupangte hi home-a sei len aiin harsa tak chung pawha an chhûngte hnêna awm a that zâwk avângin sawrkar/ ICPS hian a tlêm thei ang ber home-ah dah a tum.

2) Keimahni ang bawka naupang enkawlna home dang a awm nual avângin naupang admit tûr an tam lo.

3) Loh theih loh, chhan tha tak a awm a nih loh chuan mahni District chhûnga home zêlah chauh naupang dah an ni.

Nau dahtuten an dah dâwna CWC-ah interview an

nei ang bawkin, lâk chhuah dâwnah pawh lâk chhuah phalna dil leh tûr a ni a, hetah hian home-in lâk chhuah rem a tihna lehkha lak tel a ngai.

ENKAWLTU

A. Management Committee

A tirah Synod Executive Committee hnuiaia Sub-Committee-in a enkawl phawt a, June 20, 1987 ațangin Synod Hospital Board-in a enkawl ve leh a, August 22, 1992 ațang khân Central Kohhran Hmeichhe Committee kutah dah a ni ta a, Central Kohhran Hmeichhe aiawhin Management Committee-in a enkawl ta a ni.

Chairman: Chairman, Kohhran Hmeichhe Inkhawmpui Lian
Secretary: Superintendent. Hmangaihna In

- Member-te: 1) Executive Secretary i/c Hmangaihna In
- 2) Co-Ordinator, Kohhran Hmeichhia
- 3) General Secretary, Kohhran Hmeichhia
- 4) Director, Synod Hospital
- 5) Pastor i/c Durtlang Bial
- 6) Pastor i/c Leitan Bial
- 7) Central Kohhran Hmeichhe Committee aiawh mi pahnih.

B. Home Management Committee

Sawrkar ruahman angin Home Management Committee a awm bawk a. Hei hi chu inrelbâwlna lama thuneitu ni lovin home thatna tûra ngaihventu leh thurâwn petu tûr a ni.

Chairman: District Child Protection Officer

Vice Chairman: Chairman, Management Committee.

Secretary: Superintendent, Hmangaihna In

Member-te: Counsellor, Case worker, Doctor, Home Mother, Protection Officer, CWC aiawh.

4. THAWKTUTE: Thawktu awm mëkte

Superintendent	: 1
Staff Nurse	: 1
Office Assistant	: 1
Counsellor	: 1
Case Worker	: 1
Peon-cum-Chowkidar	: 1
Puansu	: 1
Cook	: 1
<i>Nau awmtu</i>	: 12

Thawktu zawng zawng : 20

ENKAWL DÂN: SEC-in Inkaihhruaina Dân a siam anga enkawl a ni.

Naupangte ni tin hun hman dân tûr (Daily routine) siam a ni a, ei leh in mumal tak an neih theih nân ei leh in dân tûr (Diet Chart & Diet Scale) siam a ni bawk. Synod Hospital-a doctor-ten thla tin Home-ah medical check up an rawn nei thin. Naupang kum li chung lamte chu ni tin sikulah kaltir an ni a, Pathianniah Sande Sikul an kai bawk.

Home-a naupang awmte hi an chhûngte hnêna kir leh tûr an nih avângin, inlaichînna tha an neih theihna tûr leh an chhûngkaw dinhmun hre chiang tûrin an chhûngte tlawh chhuah (Home visit) thin a ni a, a remchân angin naupangte pawh hruai tel thin an ni.

PAWISA LAM: Kum tinin Synod-in department dang ang bawkin kum khat chhûng sum hmuuh leh hman zat tûr (budget estimate) a siam thin a. Kum 2016-2017-a budget chu Rs. 67,60,000/- a ni a, Nau châwmna leh thil danga hmuuh tûra beisei chu Rs. 13,30,000/- a ni a, hemi bâk Rs. 54,30,000/- chu Synod Grant atanga hmuuh a ni ang.

THILPÊK PÊK THEIH DAN: Hetiang hian ḫanpuina pêk theih a ni a, Hmangaihna In Office-ah leh Synod Office (Kohhran Hmeichhe Department)-ahte pêk theih a ni. Heng hi lo hria ila:

1. Tanpuina pawisa emaw, thil dang emaw pawh mahni remchân ang pêk theih a ni.

2. Nau châwm duhte tân
châwmna pêk theih a ni a,
pakhat châwmna thla khatah Rs.
500/- a ni.

Hmangaihna In tân thilpêk,
tawngtaipuina leh thurâwn tha
tak tak kan dawng thin a, kan
lâwm êm êm a ni

**ISU, KA THLA HMAGAIHTU
KHB №. 275**

He hla phuahtu Charles Wesley-a hi kum 1707 khân a piang a. Kum 1736 khân USA aṭangin England panin lawngah a chuang a. Thlipui nasa takin a nuai a, tui a fawn nasa hle mai a. An boral ngei ngei dâwn niin a lang tawh a. Chutiang hun hlauhawm kârah chuan, “Ka thih hun ni thleng pawhin ka Lalpa, min hruai zêl rawh,” tiin he hla hi a lo phuah ta a ni. Dr. Bodine-a chuan, “English hla tha ber a ni,” a ti hial. America rama thuhrltu lar Henry Ward Beecher-a chuan, “Wesley-a anga hla phuah thiam nih hi lei chunga lal zawng zawng hmingthanna ai hian ka duh zâwk a. New York-a pa hausa ber nih aiin he hla phuahtu nih hi ka châk zâwk. Khawvél ropuina a ral ang a. Tawtawrâwt hnuhnung arik hunah pawh he hla hi chu a la hlu fan ang,” a ti hial.

Source : Kristian Encyclopaedia

WOMEN CENTRE-A PUANTHUI ZIR FIRST BATCH HLAWHTLING TAKIN AN CHHUAK TA

—R. Lalrinpuui

Superintendent, Women Centre

Mizoram Presbyterian Kohhran Hmeichhiaten thi leh than pawlha kan thawh chhuah, Women Centre a taka kalpui a ni ta hi a lâwmawm hle a, a bul ṭan tirh tê aṭanga vawiin tlenga min hravaitu leh enkawltu Pathian chungah lâwm thu awm rawh se.

Women Centre hi kan hriat theuh angin, ‘Ei leh bâr zawnna kawnga rahbi tleu’-ten lei rem an rah ve theihna atâna thiam thil zirna tûra din a nih angin, a bul ṭan nân puanṭhui zirna buatsaih a ni a. Rin phâk bâkin kohhranhoten kan hlut a, first batch atâna hian diltu mi 202 zetin interview hmachhawnin mi 40 lâk an ni a, second batch atâna mi 40 lâk nghâl niin waiting list ah mi 10 dah an ni bawk. First batch atâna lâk mi pangaten eng emaw harsatna avâṅga an zawn theih loh avâṅgin second batch atâna lâk aṭangin an hmun awl hi hnawh khah nghâl a ni.

Rev. P. C. Pachhunga, Executive Secy. i/c. Kohhran Hmeichhe kaihhruaina hnuaih Central Kohhran Hmeichhe hravaitute, thawktute leh zirlaite nén August 4, 2016 chawhnu dar

1:00 khân Pathian hnêna inhlanna neiin Women Centre first batch chu ṭan a ni a.

August 8, 2016-ah class kal ṭan a ni a, first batch hi a course a rei loh deuh avâṅgin class ṭan a nih phat aṭangin zirtirtu leh zirlaite an bei ngawrh hle a, chhûn lama regular taka class kan neih piah lamah zan lamah class neih ṭhin a ni a, zirlaite pawhin an hlâwkpuui hle.

Zirtirtu pahnihten zirlaite hneh taka vilin an zirtir a, zirlaite pawn hma an sâwn nasa a, a lâwmawm takzet a ni.

Centre-ah hian zirlaite hi riak lût vek an nih avâṅgin puanṭhui thiamna mai bâkah taksa, rilru leh thlarau puitlinna kan ngai pawimawh hle a, discipline khauh tak hnuaih zirlaite enkawl an ni. Tin, September 2-3, 2016 chhûng khân Pi P.C.

Vanlalnghazi (Jehova Jire), Synod Revival Speaker hovin retreat hlawhtling tak kan hmang a, tisa leh thlarauvah kan hlâwkpuin Pathianah lâwmna thar kan chang vek a ni.

Khêl lovin zîngah fianrial hun kan hmang thin a, zan tin devotion kan hman bâkah Inrinni zan leh Pathianni nileng leh zan hun hi Phunchawng Kohhranah kan inkhâwm thung. Phunchawng Kohhranah tlangnel taka kan inkhawm thin te hi nuam kan ti hle a, kohhran hruiute chungah pawh kan lawm hle a ni.

Devotion hunah hian tawngtai rualna te hmangin, testimony sharing-te kan neih thin bâkah short sermon hunte kan hmang a, hnehma puangin zan tin kan au rual thin a ni.

Faina kan ngai pawimawh hle a, mi mal faina mai bâkah ni tin zîngkâr leh tlai lam hun âwlah building chhûng leh pâwn kan tihfai thin bâkah, a tul dân ang zêlin compound chhûng leh pâwn kan tifai thin.

Centre tâna mi thahnemngai leh inphal tak takte Pathianin min

pe zêl a, kan zirlai thenkhatte mess fee peksaktu mi eng emaw zât kan nei a, chu mai piah lamah pawisa, Bible, thawmhaw leh bungrua chi hrang hrang, kohhran leh mi mal hnen ațangin kan dawng reng a, in zavaia chungah kan lâwm êm êm a, a lêt tam takin Pathian malsawmna in dawn ngei kan beisei tlat a ni.

First batch chhûng hian harsatna neuh neuh te tâwk ve bawk mah ila, Pathian awmpuina kan chang nasa a, kan lâwm takzet a ni. Chutih rual erawh chuan kan zirlaite zingah hrisêl lohna avânga zir tluan ve thei lo mi pathum kan nei a, pawi kan ti hle a ni.

Puanthui zir mi 37-ten hlawhtling takin course an zo thei a, Dec. 15, 2016 chawhnu dar 1-ah khân first batch khârma hun hi Central Kohhran Hmeichhe hruiute nêñ hman a ni. Closing function hi Pi Rinchawii, Chairman-in a kaihruai a; Pi H. Lalpianthangi, Gen. Secretary-in thu a sawi a; NL R. Lalrinpuii, Superintendent-in report tawi pein zirlaite ațangin zaipawl bâkah special item 2 neih a ni bawk. Rev. H. Lalrinmawia,

Synod Moderator kal chhuakin certificate semin, fuihna thu ̄ha tak a sawi bawk a ni.

Women Centre hi kan hruaitute leh office lama kan hotuten min ngaihsak êm êm a, kan mamawh kan thlen apiang min ngaihtuahsak a, vawi eng emaw zât min tlawh bâkah an hnêñ aṭangin fuihna thu ̄ha tak tak kan dawng reng a, hei hian thawktute pawh chakna thar min pe nasa a, kan lâwm takzet a ni.

August 2016-a course ṭan a nih aṭanga vawiin tleng hian Pathian awmpuina leh kaihruaina kan chang nasa êm êm a, kan mamawh ang zêla kan hnêñ Pathian a inpuang thin hi kan lâwmna tizualtu a ni. Tluang leh hlawhtling taka first batch course kan zo thei hi thahnemngai taka in tawngtaina rah a ni tih kan hre chiang hle a. Theihtawpa tawngtinaa min lo ṭanpui zêl chuan Pathian hnathawh ropui tak kan hmu zêl ang tih kan ring tlat a ni.

Presbyterian Kohhran Hmeichhiaten hmeichhe rahbi tleu, lei rem rah ngaihna hre tawh

loten lei rem an rah ve theihna tura an hma lo lakna hi Pathian duh zawng tak a ni ang, Pathianin heti em ema mal a sawm hi. In ̄thahnemngaihna rah duhawm tak hmutu kan ni hi thawktute pawh kan lawm takzet a ni.

Kan hruaituten hma an la zel ang a, puan̄hui bak trade dang kan hawn theih hunah phei chuan mi tam zawk he lai hmunah hian an awm thei ang a, Pathian hnathawh kan hmu nasa lehzual turah kan ngai a, an kut themthiamna mai bakah, an nungchang leh an thlarau lam tlenga lei rem rahtir hi kan hruaitute duhthusam a ni a, chutiang ti thei tur chuan thawktute pawh ṭan lak zel kan tum a ni.

Tin, January 10, 2017 khan 2nd Batch atana zirlai lak mi 40-te an lut fel leh ta a, anni pawhin tluang takin an zir turah ngai ila. Heng kan zirlaite leh thawktute tan hian bang lovin kohhrante i tawngtai zel ang u.

“Lalpan thil ropui takte min tihsak a, kan lâwm hle a ni”(Sam 126:3).



I RAWN INKHAWMPUI VE DAWN LAWNI

– *Upa H. Lalmuanpuia*
Secretary
Information & Publicity Committee

Mizoram Kohhran Hmeichhe Inkawmpui Lian vawi 47-na a lo hnai ta hle mai. A dawngtu tûr lam pawh kan phûrin, mawngvawmba ang sekin kan phe ta suau suau mai. He hun rawn hmang tûr hian engtin nge a tam thei ang ber an rawn kal ang tih hi kan rilru luah lian bertu a ni ta. Rawn râlsai mai lovin, puanthuah tel ngeia rawn inkawmpui tûrin kan sâwm che u a ni.

Serchhip khua hi....

Serchhip khua hi khaw hlun tak, Mizo lal Lallula lo chen thinna, Mizo lal ropui tak, Lalpuithanga fapa Bengkhuia khua a ni a. Kum 1871-a Mary Winchester (Zoluti) an hawnna hmun, Kawlri tlâng bulthutah tûnah hian a inzâr pharh thla zêl a ni. Tûn dinhmunah Serchhip District-ah hian mihring 64,875 (2011 Census) awm anga chhût a ni. India ram pum huapa District ziak leh chhiar thiam tam lam tehnaah pakhatna (98.76%) a ni. A sân zâwng hi metre 888 (ft. 2,913) a ni a, Mesopotamia ram ang deuhva lui pahnih kârcheh, Mat lui leh Tuikum luiten an châwm khua a ni. Mizoram map hi chhuk zâwng leh phei zâwngin a lai tak ve yeah

han rin ila, chuta rin pahnih insutna lai tak chu Serchhip hi a nih avângin Ramlai tiin kan inchhâl ve thin. Zoram khawi hmun aṭang pawhin kal pawh a awlsam a, mihring phur lirthei tân pawh ni khata ban hman vek a ni.

Thlasik vawt vîn lutuk a reha, nipui boruak sâng lutuk la awm hma si a ni a, ruah a sûr a nih loh chuan boruak a nuam tawk hle tûrah ngai ila, mutbu leh thuamhnaw ken chungchangah pawh tih sual lutuk a awm lo vang. Tin, Serchhip hi tui harsatna khua kan ni lo va, inthlahrun lutuk a ngai lo vang. Nûl antam leh zikhlm thar vanglai tak a ni dâwn a, chawhmeh tlânglawn ber pawh zikhlm a nih dâwn hmêl a ni.

Aw le, Serchhip khua hi darh deuh nuaih a nih avângin km. 10 huam chhûng vêla kan inmikhual a ngai dâwn a. Amaherawhchu, pandal awmna Leisekawt Field hi khawpui chhûnga hmun laili, chhim leh hmar zawng pawha kal pawhna nuam a nih avângin kan thleng zung zung thei zel dawn a. Pandal aṭanga chhim lama mikhual thlenna leh hmâr lama mikhual thlenna hlat zâwng hi a inang vêl tûra ngaih a ni. Town Bus, Taxi leh Auto Ricksaw tlân tawn zung zung thei tûr a awm avângin lirthei keng lo tân pawh harsatna a awm dâwn lo a ni.

Lo kal ngei ang che....

Inkhâwmpui hmang tûra i lo kal a nih chuan chhim lamah Sailiam Kawnah Advance Counter a lo awm ang a, hmâr lam Advance Counter Kikawn-ah a awm bawk dâwn a, Advance Counter aṭang hian in thlenna tûr counter-te chiang lehzualin an lo kawhhmuh dâwn che u a ni. Tin, in thlenna tûr counter chiang takin motor-ah in rawn tar theih phei chuan kan awlsam phah lehzual ngei ang.

Aizawl aṭanga Bus-a Inkhwmpui lo kal turte tan Seling lam emaw, Thenzawl (World Bank Road)-ah lo kal a ṭhat kan ring a. Motor têa lo kal tur tan chuan Muallungthu dai aṭanga pena Khumtunga chhuah chhoh emaw, Hmuifang aṭanga pena Chhiahtlang khaw daia chhuak turin a kal theih bawk ang. Champhai leh a chhak lam aṭanga lo kal turte tan chuan East Lungdar lam aṭanga lo kal a fuh ber ang.

A tâwp berah chuan, he inkhâwmpui dawng tûr hian nasa takin kan inbuatsaih a, Serchhip khawpui chhûnga Pastor Bial pathum (Serchhip, New Serchhip, Serchhip Vengchung)-ten phûr takin kan inthlen ṭawm a, chhûng tinte nasa takin kan inbuatsaih avângin rawn tel ve ngei tûrin kan sâwm che u a ni.

A thlengtu lamte hian thlarau lama hlâwkna pawh kan beisei a, chutiang tûr chuan palaite pawh kan beisei a. Inkhwmpui hlimawm tak kan hman theih nân kan ṭawngtai ṭhin a, nangni pawhin min lo ṭawngtaipui zêl dâwn nia.



Hriselna Huang**HRISELNA LEH SA THIANGHLIM EI**

– Dr. Thangthuama
MVSc (Public Health)

Kan thupui hi ‘Hrisêl nâna sa thianghlim ei’ pawimawhzia leh tangkaizia târ lanna a ni ber a. Sa ei thin chuan a tuizia leh kan puarpui thinzia kan hre theuh. Anih tûr anga a nih famkim theih nân kan sa ei thin chu a thianghlim tûr a ni tih hi kan sawi zau deuh dâwn a ni.

Aw le, kan thupui kan luhchilh thûk hmain a behbâwm sawi fiah ngai tlêm azawng han sawi fiah hmasa ila.

A hmasa berin ‘Hrisêlna’ kan tih fo hi eng nge? Tun tuma kan sawi hi chu ‘mihringte hrisêlna’ chungchâng a ni dâwn a ni. ‘Hrisêlna’ awmzia chu hei hi a ni: pianusalna (pianto fel lo) leh natna nei lo chauh ni mai lovin, rilru, taksa leh hawiher/che vêla damna famkim hi a ni a (WHO, 1948); tin, chu bâkah (an belh thar leh chu), khawsak hona leh intodelhna kawnga rah chhuah thei nun/nun tam a ni bawk tûr a ni (WHO, 1978). Chutiang chu WHO-in hrisêlna a tih chu a ni (WHO – World Health Organization).

Tin, sa hi eng nge ni han ti leh ila. ‘Sa’ chu chaw chi khat a

ni, kan ti phawt mai ang. Mi thiamte chuan chaw hi kan dawnna hnâr azirin hlâwm hnih lian pui puiah an then a, pakhatnaah chuan, hêng – buh leh bâl, thei leh thlai leh anhnah hrang hrangte hi ‘Food of Plant Origin’ an ti. Tin, a pahnihnaah chuan ran leh ramsa atanga chaw chi hrang hrang, hêng – sa, hnute, artui leh a dangte hi ‘Food of Animal Origin’ an ti. Food of Animal Origin zînga pawimawh tak pakhat chu sa, ‘sa thianghlim’ hi a ni.

Sa thianghlim han tih leh kher hi eng nge a awmzia? Sa thianghlim chu ‘bâl lo’ ni satliah mai lovin, engkima thianghlim, bawlhhlawh leh natna hrik kai lo, ran hrisêl sa, thianghlim tako puah leh buatsaiah a ni tûr a ni. Chu chu Sap ṭawng chuan

'Wholesome meat' an ti ('Clean meat' a ni mai lo).

Tichuan, sa thianghlim kan sawi avâng hian a thianghlim lo pawh a awm thei tih a lang. A chhan chu sa hrim hrim hi ei tûr tha a nih avângin thil nung tinrêngin an duh a, an ngeih êm êm. Chuvângin, natna hrikte pawhin an ngeih a, an pung chak thin. Chumi a nih avâng chuan, ran hrisêl kan talh pawhin, kan sawngbâwlha leh puah vêlna, hmunhma leh hmanruate, dah thatna hmunte pawh thianghlim theihtawpa enkawl leh buatsaiah tûr a ni. A vawtah te pawh kan dah tha thin; a chhan chu a vawh poh leh natna hrik lo chambang palh an awm pawhin an pun chak loh vâng a ni. Chutiang chu sa thianghlim kan neih theih dân thenkhat chu a ni.

Tichuan, kan thupui kan luhchilh tawh ang a. Tin, ka han sawi hmasak leh duh chu – kan sawi tak ang taka mi hrisêl nih kan duh chuan, sa ei thinten sa thianghlim ngei ei kan tum tûr a ni tih hi a ni. Sa hi ei tûr tha a ni kan ti leh ringawt thin a, eng nge a chhan? Mihring taksa tân than nân te, siam that leh siam thar

(repair/renew) zêl nân tea tîhrâwl leh timûrten an mamawh êm êm 'protein' tha hi saah a awm vâng a ni. Chaw leh thlai leh thei dangah pawh protein chu a awm tho mai. Be lampangah phei chuan protein hi a awm thahnem hle. Amaherawhchu, saa protein awm hi 'taksain a mamawh ang taka tha famkim (complete) a ni a, thlaiah chuan a kim lo. Chuvângin, chaw bâkah thlai leh thei chi hrang hrang ei a lo ngai thin a ni. Kan sawi awmzia chu – protein-a awm, taksain a mamawh ngawihngawih, Essential Amino Acid (EAA) an tih hi saah chuan a kim biaiin a awm a, a tangkai bik a ni. Thlaiah chuan EAA a kim lo.

Tin, saah hian protein (EAA) chauh ni lovin taksain a mamawh, heng – Vitamin B chi hrang hrang te, mineral chi hrang hrang (Zinc, Phosphorus leh Iron)-te hi a awm nual bawk. Saa awm thir (Iron) hi thlaia awm aiin taksaah a insem darh awlsam zawk a, a tha hle. Vit B12 & D phei hi chu heng sa leh ran atanga kan chaw dawnah chauh hian a awm. Sathin pawh

hi vitamin leh thil tha tinreng awmna kan ti thei hial ang. Ei tur (chaw) tha tak a ni.

Tichuan, heng kan han sawi tak atangte hian, hrisel nana sa thianghlim ei pawimawhzia chu kan hre thiam mai awm e. Kan taksa hmun ngaa then hmun khat (20%) hi protein a ni a, Protein tha ber ber leh pawimawh ber ber chu saah a awm. Chuvangin, protein kan tlakchham chuan kan taksa hi a nih tur ang a ni thei lo vang.

Heti fakauva sa thianghlim ei kan sawimawina chhan dang chu – India ram hi chawmna tha tawk lo dawng naupang (Malnourished children) tam berna ram a ni. Eng vang nge ni ang? Thlai leh thei ei tur tha tinreng dawng phak si lovin, sa kan ei tlem hle bawk si hi a nih hmel hle a ni. US (America)-ah chuan mi pakhatin kum khatah sa kg. 100 vel ei ang an ni. E.U. ramah chuan mi pakhatin kum khatah kg. 90 vel an ei. India ramah chuan mi pakhatin kum khatah kg. 7.5 vel chauh kan ei. ICMR chuan mi pakhatin kum khatah kg. 12 tal eit urin a recommend. Mizoramah chuan A.H. & Vety.

Department, Statistical Cell chhut dan chuan kg. 14 vel kan ei a. Mahse, thingtlang khaw tam takah chuan an phak lo hle ang. Aizawl mi lianho chuan an ei tam ve fu mahna. Buh leh bal, thei leh thlai duhtawk ei tur nei si loten sa ei mumal bawk si lovin, chaw leh chawhmeh chi hnih khat chauhte an ei avangin an taksain a nih tur ang a ni lo thin (malnourish an lo ni). (E.U. = European Union; ICMR = Indian Council of Medical Research).

Chutichuan, hrisel nan sa thianghlim ei a tul kan tih hian – chaw leh sa chauh i ei thin ang u kan tihna a ni lo. Thei leh thlai, chawhmeh dang pawh kan ei thin ang a. Sa hi ni khatah mi pakhatin kezungpui tia nel nawl (grm 34) tal i ei thin ang u kan tihna a ni. Chumi awmzia chu – chhungkaw member 30-in ni tin sa kg. 1 ang vel ei ila tihna a ni. A tlem hle ang. Ni tin tak tak ei chu a har ang. A khat tawkin, vawi khatah ei tawk lem lovin, kum khata mi pakhat ei chawhrual hi kg. 12 aia tlem lo ni thei se tihna a ni. Chuvangin, ram changkangho chuan hrisel nan leh taksa

mamawhna avangin sa an ei tam hlawm hle. e.g. US, China, etc.

India ramah chuan South Indian -ho khuan sa an ei tamin ka hria. Lehkha zirin kum hniah lai Kerala State-ah ka awm ve a. Mi awmthei deuh chin chuan ni tin Zirtawpni tih lohvah chuan sa an ei thin (Zirtawpni hi sa ei loh niah an hmang). Kerala State hi mihring an tam hle a, an sum lak luh chawhrual pawh ram pum chawhrual aia hniam a ni. Mahse, hriselna an ngai pawimawh hlein ka hria. Hriselna chungchanga tehfung hrang hrangah India ram entawn an tling a, a sang ber ber an ni. Ram inrelbawlna that vang te,

lehkhathiam tam vang te a ni thei ang. Chu bakah an ei leh in phung hi a nih ka ring – sa thianghlim ei tam pawh an ngaihthah lo hle bawk. Lehkathiam tam lamah chuan Kerala dawttu kan ni thin a; mahse, inenfiahna tur kan la ngah hle.

Health for all (Mi zawng zawng tan hriselna) chung-changa campaign hla 8 zinga pakhat chu ei tur tha hi a ni a. Sa thianghlim hi ei tur tha a nihna kan sawi zo chiah. Chuvangin, sa thianghlim hi a tawk chauhva mumal taka kan chawah ei tel thin a pawimawh hle. Chu chu hriselna hnar pawimawh tak pakhat a ni e.

Minister pali hi “Eng Bible lehlin nge tha ber?” tih an zâwt a. Pakhat chuan, “King James Version. A chhan chu a English a hlui a, a nalh a, a zahawm bawk,” a ti a. A dang chuan, “New American Standard Bible. A chhan chu a original Greek leh Hebrew a hnaih ber,” a ti a. A dang leh chuan, “Living Bible. A chhan chu ka kohhran enkawlte an naupang a, hriat nuam an ti ber a,” a ti a. A palina chu a ngawi vung vung a, “Kei chu ka pa Bible lehlin a tha ka ti ber. A chhan chu a ni tin nunah a hmang a, Bible lehlin ka hmuh tawhah chuan mi a hneh ber,” a ti a.

– Kristian Encyclopaedia

Hruaitute chanchin**PI P.C. LALHMANGAIHI**

Pi P.C.Lalhmangaihi hi Pu P.C. Lalmawia leh Pi Lalliani, Kanan Vêngte fa pakaw zinga pasarihna niin, ni 12.10.1960 khan Ngopa khuaah a piang a. C. Hrangchhuana, Ramthar Veng, Aizawl nen inneiin fapa pakhat leh fanu pahnih an nei. Tunah hian Ramthar Vengah an awm a, Directorate of Social Welfare-ah UDC hna a thawk mek a ni

Kum 2001 aṭangin Kohhran Hmeichhe Committee-ah a tel ṭan a. Kum 2003 aṭanga tûn thlengin Office Bearer-ah awmin, tûnah hian Asst. Secretary a ni mek.

Inrinni zan thuhrltu a ni a, Pangpar Sub-Committee-ah leh Kristian Chhungkaw Committee-ah member a ni a. Ramthar

rawngbawlna lam hi a tui hle bawk.

Kum 2010 aṭang khan Bial hruaitu, Office Bearer post hrang hrang chelhin, tûnah hian Committee member a ni mîk a. Bial Buhfaitham ziaktu te pawh a lo ni tawh a ni.

Khawtlâng lamah chuan tûnah hian MHIP Adviser a ni a. Anganwadi Co-ordination Committee member a ni mîk bawk. Kum 2003 khân MUP, Ramthar Veng Unit chuan kum tam tak an member-te a lo buaipui ḫin avângin Chawimawina Certificate an hlân a ni.

Kut hnathawh nuam ti mi a ni a, tûn thleng hian puanbu kuta tah chi neih loh lai a la nei meuh lo.

A hla duh chu KHB no. 23-na, ‘Kan Pathianin min hruai zel ḫin’ tih hi a ni a, Bible chang a rilru hneh ḫintu chu Matthaea 16:24-25 hi a ni.

“Phu loh hmangaihna leh khawngaih rawngbawl hna min petu Pathian hnенah lawm thu i sawi ḫin ang u” tiin chhiartute min chah a ni.

SYNOD BOOKROOM BOOK NEWS

1. **Bible hriatna hlu** : Bible bu pum awlsam taka zir theihna bu leh Bible hriatna exam hmachhawn tûr tâna lehkhabu râwn tlak tak chu Rev. Lalramliana'n a rawn peih fel ta. Bible hrilhfiahna ni lo mah se, chhiartu tâna fiahna tam tak thlen thei a ni e. A man Rs. 500/-
2. **Kristianna leh Tûnlai Khawvêl vol. 3** : Kristianna leh Tûnlai Khawvêl chhuak hmasate kha mipuiin kan duhin kan hmang tangkai em em a, hrалh pawh a tla hle. A buatsaihu ngai, C. Lalnuntlinga bawk khân ziaktu ropui tak tak mi 10 lai thlang chhuakin, tûnlai khawvêla ringtute harsatna mil thupui hmangin chaw tak min rawn hlui e. Tawngtai thiltihtheihna, khawvêla Kristiante tihdudhahna, networking connecting, purity ring leh thalaite, same sex marriage leh tûnlai thalaite, pornography leh a nghawng tihte bâkah tûnlai issue ngaihnawm tak tak a awm. A man Rs. 120/-
3. **Fakna hla thlan khawm** : Khawhar hla 82, thalai hla 83, Fak hla chuam 68 leh Krismas hla 33-te lehkhabu khata khung khâwm hi khawhar in leh kohhran pâwl bîk awm lo puipun nikhuaa hman atân a ïtawm khawp mai. He hla bu dangdai tak hi Khuma Memorial Foundation buatsaih niin Rs. 150 man a ni.
4. **Mizo la deh leh la thlan** : Kan pi pute aṭanga kan puan tah leh ze thlan mawi leh hlu tak takte kha hlut nachang kan hre lovin kan tichhia niin Boichhingpuii, Art & Culture Dept.-a Director hial lo ni tawh chuan a hria a. Humhalha ro hlua chantir leh tumin lehkhabu hial a rawn tichhuak ta. A man – hard bound Rs. 580, soft bound Rs. 450.

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Thupui : Thuhretu atana koh (Tirh 1:8)

- Thil tumte:
1. Kohhran pum rawngbawlna tihlawtling tura thawh ho.
 2. Kristian chhungkua din nghehtir tura ḥan lak.
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Women Centre puan ihu 2nd Batch, Central Committee, O.B.,
Thawktute leh Phunchawng Kohhran Committee

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