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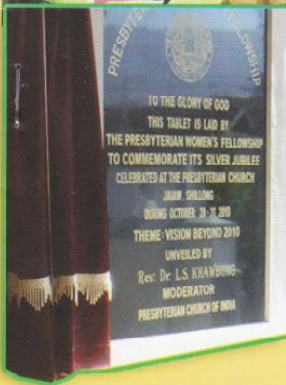
JANUARY 2011



PWF Biennial Conference Vawi 13-na & Silver Jubilee Report: Page -15



PWF hruaitu tharte 2010-2012



TO THE GLORY OF GOD
 THIS TABLE IS LAD BY
 THE PRESBYTERIAN WOMEN'S FELLOWSHIP
 TO COMMEMORATE ITS SILVER JUBILEE
 CELEBRATED AT THE PRESBYTERIAN CHURCH
 JULIAN SIKLING
 DURING OCTOBER 28-31 2010
 THEME: VISION BEYOND 2010
 UNVEILED BY
 Rev. Dr. L.S. KHAWBUNG
 MODERATOR
 PRESBYTERIAN CHURCH OF MIINA

AGAPE
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A chhunga thu awmte

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Editorial :

KUMTHAR CHIBAI

Kan nghah kumthar lawmawm chu a lo thleng leh ta a, Agape chanchinbu latu leh chhiartu zawng zawngte kumthar chibai kan buk che u a, kumina in hun hman zel turah duhsakna kan hlan baw k che u a ni.

Kumin hian Agape Chanchinbu chuan kum 25 (Silver Jubilee) a lo tling chho ve dawn ta a. Agape Editorial Board Committee chuan kum 25 a tlin denchhenin January thla atang chuan a kawm hi full colour-a tih ve ni tawh se, tiin a rel a. A wawi khatna atan leh a hnu leh zel atan pawh Agape Chanchinbu chuan hmasawmna rahbi thar rapin a kawm chu tihdanglam a lo ni ve ta.

Kan Chanchinbu hian Pathian malsawmna kawng tam takin a dawng a. A man pek chungchangah Agent te leh a latute tangtlangin ba ral mai loin a latuten Agent hnenah a lakna man pein Agent ten a man an rawn chhung zel a; heng avang te hian mahni intodelhin a la kal thei zel a ni. A latu pawh an pung zel a, Synod hnuaiia chanchinbu tihchhuah zingah Copy sem chhuah tam ber niin Copy 30,000 chuang zet thlatina sem chhuah a lo ni ta. Heng bakah hian Bial, Kohhran mal leh mimal/ chhungkua thahnem tham takin Missionaryte tan laksakin an thahnemngaihna leh inpekna zarah tunah hian Synod hnuaiia thawk Missionary zawng zawngte chu Agape Chanchinbu dawng veka ngaih an ni.

He kumthar lawmawm takah hian inpekna thar leh rilru tharin rawngbawl na peng hrang hrangah kan thlen chin atanga hmasawm zel turin i tang tlang zel ang u.

Kristian chhungkua:**KAN FATE ENGTINGE KAN ENKAWL?**

*Lalhmingliani Hlondo
Msc. in Child Development,*

Nu leh pa te'n, fate kan enkawl duh dan leh enkawl thin dan a inanglo hle awm e, nu leh pa tamtak te hi chuan kan nu leh pa te min enkawl thin dan angin fate kan enkawl veleh tlangpui thin .Tin, thenkhat chuan tawnhriat leh mite sawi atanga 'tha' nia an hriatte pawhin an enkawl bawk thin a, thalo nia hriat te paihin; a tha zawk a ngaih kan senglut thin bawk. Kan thiam ang tawk theuh in fate kan enkawl theuh thin. Hetiang lam zirmitte chuan fa enkawl dan hetiang hian an thliar hrang a, engtiang ber hian nge kan lo enkawl ve thin i lo enchhin teh ang.

1. THUAWIH TURA KHAWNG TAKA ENKAWL (*Authoritarian parenting*) : Hetiang anga fa enkawl te chuan an thu reng reng a kawi a ngil a zawm turin an beisei thin a, an fa te ngaihdan leh duhdan an rawn chhin ngai lsova,; nu leh pa duhdan a lal em em thin. fate thununna kawngah an khawng hle .Tin, vin te, hrem te, vau te, sawisel te,tihelna tawngkam te an hmang uar hle bawk.Entirnan "I tih loh vaih chuan" emaw, "ka sawi angin ti rawh" tih ang tawngkam te hi an hmang uar hle.

A nih loh vek leh thiam

takin an rilru sukthlek an thunun thin a, nu leh pa te duh dan anga an awm loh chuan, duat lohah leh ngaihsak loh ah te an vau thin. An fa te tlin leh theih bak dinhmun sang ah dah an tum thin a, naupangte duhdan leh ngaihdanin kawno a su lova, naupang duh dan chu up beh sak tlat a ni thin.

Hetiang anga enkawl naupangte chu an hawihhawm (*polite*) in; thu an awih em em a, mahse an hlim lova, hlauhthawwna an ngah a, mahni inrintawkna an nei lo (*an confi lo*).Midangte aiin an inhmu hniam

hle thin, naupang pianpui mizia tih bo sakna a ni.

2. THUAWIH TURA ZIRTIR (*Authoritative parenting*): Hetianga fa enkawl thinte hi chuan an fate thiltih an hriatpuuin an tel tampui a, an fate nen inlaichinna thatak an nei. Chutih rualin an fate an thunun danah naupangin an pawm thiam zawng turin an hrihfhah a. Khawng tak si; lutuk si lovin thununna an keng kawh thin. Tin, an phak tawk leh rintlakna zawnah an ngaih dan leh thutlukna siamtir an ni thin. An fate ngaihdan leh duhdan an sawi chhuahtir a, an upbet sak ve ngai lo. Nu leh pa te nen an thu a lo inhmuh loh chang pawhin an sawiho tlang thin.

Hetianga enkawl seilen naupangte hi an nun a hlim a, an mahni an inthunun thei a, an in ring tawk bawk. zirna kawngah pawh an hlawhtling tlangpui thin. Tin, an thiante nen pawh an in rem thin a, khawtlang nunah leh sakhaw nunah an puitlingin, puitling te duhdan te, ngaihdan te an dawngsawng thiam bawk.

3. NU LEH PA THILPHAL TAK (*Permissive Parenting*): Hetiang ang nu leh pa te hi chuan

an fa te an hmangaih in; an duat hle a (*a thenah chuan duat sual tih theih*) fate thunun leh khuahkhirh chungchangah an hlawhchham hle thung. Naupangte chu an duh dan danin an khawsa a, *entir nan* - an faten an duh hun hunah chaw an ei a, duh duhna hmunah an in chawisawn a, tin, an duh hun hun ah TV enin an duh hunah an mu a, an leng a, an leng an lo haw a. Nu leh pa ten an fa te rilru tihnatsak leh an hlim loh an hlau hle. Naupangchhia mai an nih lai atangin thu tlukna an siamtir thin. Nu leh pa thenkhat chuan hetiang enkawl hi tha zawkah an ngai a, amaherawh chu a then te hi chuan an duat lutukna lamah fate tih ang angin an awm a, hei hi an thunun theih tawh loh vang a ni mah zawk.

Hetianga enkawl thin naupangte hian an nu leh pa te leh aia upa te zahna an nei lova, anmahni an inthunun thei lova, an chak zawng leh duh zawng ang hlin an awm thin. Mahni an in hmangaih em em a, mahni hma an sial bawk. Thiante an rem thei lova, an duh dan an dah lal a, zirna lamah an hlawhtling lo tlangpui.

4. **FA ENKAWL NA A INRAWLH LO** (*Uninvolved parenting*): Hetiang ang nu leh pa te ve thung hi chuan chhan eng eng emaw avangin fate hmangaih hle mahse, an fate tan hun an pe lova, an buaipui ngai lo bawk ani. Hetiang a nih avang tak hian an fa ten an mawmawh an sawite pawh a chhan leh a tulna hriatpui tum lemlo in; an fate thil ngen awlsam takin an tih sak zung zung thin. Naupang mawmawh an pek nghal zung zung hian hlim a; lungawiin an ring a, an duhtawk em em a ni. An fate nun kawng dik hrih te, an hlimna leh lawmna ti tipui te leh an vui vaina ngaihthlaksak te, home work tih pui te leh an fa te awmna leh an thiltih thin pawh hriat tumna leh tul tihna an nei lova, an ngaipawimawh hek lo.

Eizawmna avang te emaw nupa nun a hlim loh avang te leh thil dang rilrua luahkhattu awm vang te pawhin naupang ten ngaihsak an hlawh lo thin.

Hetiang naupang te hi kawng engkimah an rilru leh taksa, thenrual kawmnaah te zirnaah te an hmasawmna tur a thuanawp phah thin. Tin, nunkawng dik lo zawh an awlsam bawk.

Kan hriat fo atana tul chu nu leh pa te hian kan fate kan duhsaka, rual kan awhpaina lamah mi fa te nih ang leh tih ang ti ve tura nawr te, midang te nena khaikhin fote hi a pawh a, naupangte an khawngaih thlak duh hle. An phak tawk leh tlintawk hriat sak a, an thiamna leh tui zawng te parchhuak tura phurpui thiam a tul a ni. Kan fa te tana hunawl hlimawm insiam sak tum hram a tha a, kan buai leh hah lutuk avang hian thin a lo chhia a, naupangten kan bula awm an peih lo thuai thin. Kan fate hi anmahni tawk theuh a Pathianin, "CIAL" tak vek min pek te an ni tih hrerengin; bei tidawng mai lovin tanlak a ngaihna laiah tan ila thar zel ang u.

Kumthar thuchah:**BEISEINA ENG**
Bible chang : Mika 7:7

*Rev. C.Lalsangliana,
Moderator, Mizoram Synod.*

Kum 2011 kum thar lawmawm min hruai thlengtu Lalpa kan Pathian hmingin chhiartu zawng zawngte chibai ka buk a che u. Kan hotu, Agape Editorial Board ten Synod Moderator thuchah ziaik tura min sawm hi ka lawm hle a. He dinhmun leh chanvo ropui min chantirtu Lalpa leh a Kohhranho chungah lawmthu ka sawi a. Agape chhiartu zawng zawngte Kumthar chibai ka buk che uin duhsakna sang ber ka hlan a che u.

Aw le, kum thar chu a lo thleng ta ngei mai a. Enge kan an le? A then lawma a then vanduai tahna tih ang maiin, In an tlan vek theih ni hek lo le, kan awm ang angin kan lo thleng ta chu a ni a. Lawmna leh beiseina thar nen, thenkhatin bul kan tan ang a. Thenkhatin vanduai inti tak chungin, beidawng leh chan chau inti takin hun bi kan chhiar tan leh dawn chu a ni si a. Eng rilru nge kan put ang a, engtin nge kan awm tak awm le?

Heti hian i ngaihtuah ngai em aw? Tuna kan hun tawn leh awm dan hi kan awm

hlen dan tur a ni lo va, kan duh emaw duh lo emaw, a la danglam dawn? Hringnun hi chhun khaw >ng leh lawmna a khat a ni lo va, zan khaw thim leh dur ringawt a khat lah a ni hek lo. Beidawna hi natna hlauhawm tak a ni a. Rah tha a chhuah lo va, a hlawk lo va, thim zawnga thlir mi chu a hriselna pawhin a tuar thei hial thin a. Mi beidawng thenkhat phei chu an mahni leh an kianga mite tan an hlauhawm thei hial a ni. An lainatawm tak zet a ni.

Chutih laiin rinna Pa Abraham a chu, "*Beiseina awm a awm loh pawhin*

(beidawng duh lovin) a ni chuan beisei takin a ring a... tin, rinna nghet lo chuang lovin... Pathian a chawimawi a, a rinna chu a lo nghet ta zawk a..." a lo ti a; Rom 4:18f. Sam ziaktu pawhin mahni lam in enin, "mi mawl leh engmah hre lo ka ni a, I lakah chuan (ram) sa ang mai ka nih hial thin kha," a han ti hmasa te te a. A han sawi zawm leh a, "Nimahsela i hnenah ka awm fo va ka kut dinglam hi i lo chelh thin a.... Nangin i remruatnain min hruai ang a.... ropuinaah khian mi lawm ang," tiin Pathian lama a beiseina thar chu a au chhuahpui ta a. Sam 73:22-24. A ropui hle mai. A dinhmun chau leh beidawn thlak tak karah zawlnei Mika chuan beidawng hauh lovin, "Kei erawh chuan Lalpa lam ka en ang a, ka chhandamna Pathian chu ka nghak ang.... Ka Pathian chuan mi ngaithla dawn a ni," a lo ti a. Ava ropui em (Mika 7:7).

Engvang nge ni ang?

Zawlneiten hetiang hian an chhang a. "Lalpa chu amah nghaktute tan a tha Lalpa chhandamna beiseia nghah veng veng chu a tha a ni.... Lalpa chuan kumkhuain a paihbo dawn si lova; Tilungngai mahsela, a zahngaihna nasa tak avangin a la khawngaih dawn a ni. Mihring faten tihrehawm leh tihvui hi a duh zawng a ni si lo....," tiin; Tahhla 325-26, 31-33.

Zawlnei Isaia pawhin, "Chau hnenachte chuan thiltihtheihna a pe thin a. Chakna reng neilote chu a tichak thin.... Lalpa nghaktute erawh chuan an chakna chu an siam tha leh ang a....," tiin min hrilh bawk a. Isa. 40:29, 31. Sam phuahtu pawhin, amah leh amah infuihin, "Aw, ka nunna, engahnge i kun reng? Engah nge ka chungah hian i buai ni? Pathian beisei rawh. A hmela damna avangin, Amah chu ka la fak dawn si a," a lo ti a. Sam 42:5.

Synod zaipawkin thiam taka -

*Thim zinga thuin, Mangan ritphurin
Hlimni reng i beisei ngam tawh lo maw?
Chunglam thlir reng la, Chhandamtu lam chu
Pathian hmel duhawm chu a lo eng ngei dawn e.*

*I thlarau chauvin, i thinlung a hliam
Lalpa thatzia chu i lo ringhlel ta;
Mahse nghak hram rawh, kawng hawn a ni dawn,
Pathian hmel duhawm chu a lo eng ngei dawn e.*

*I rilru lungngaia rumin, mangangin tap thin mah la,
I beiseina chu bo rih mahse, thim chu a kiang ang;
Khua a la var dawn, Pathian hmel duhawm chu a
lo eng ngei dawn e....*

He hun thar avangin beiseinna nung
lawmawm hi, beiseina thar hmu turin min hring leh a....
nen Lalpa a rinna nghet tak Chhandamna hun
nen i chhiar ang u. Ani hnuhnunga lang tura peihsa
chuan a khawngaihna nasa chu hmu turin, rinna avangin
tak ang zelin, mitthi zing ata Pathian thiltihtheihnaa ven
Isua Krista thawhlehna chu kan ni si a, I Pet. 1:3.

AGAPE CHANCHINBU MAN TIH SAN THU

Agape Chanchinbu chuan kum 2011 July hian Silver Jubilee
a thlen denchhenin a kawm hi Full Coloura siam ni tawh
dawn a. Chumi avang leh thil man sang zel avangin **AGAPE
CHANCHINBU** man hi **Kum 2011 January atang chuan
Rs.50/-** ni tawh se, tiin Committee chuan a rel a. Agape Agent
te leh Chanchinbu latu zawng zawngte kan han inheritir a ni e.

Hriselna huang:

THIN (LIVER)

Dr. Vanlalfaka Tochwawng

Taksa bung pakhat pawimawh tak THIN (Liver) chungchang hi i han sawi teh ang. Thin hi awm ruh chhung, pumpui dinglam deuhah a awm a; senduk buang lam rawng kai a ni. Thin hi a hrisel that chuan a nem a, a fan thei deuh bawk. Thin hian natna a neih chuan a lo ruh ve deuh talh thei bawk. Puitlingah chuan Thin hi a tlangpuiin sertawk lian lam deuh tiat vel hi a ni a. Pumrua azirin a inang lo thei bawk.

Thin hi ding lam leh vei lam thlar tiin an then deuh ber a. Thinah hian tisa mur chi hrang maktaduai 300 chuang mah a awm a. Heng tisa murte hi mir dawt (*Bile duct*) leh thisen zamin a pawh vek a. Chung mit dawtte chu inzawm khawmin dawt lian pakhatatah an inthlung khawm vek a, chu dawt chu a damdawi lam tawngin ‘Hepatic duct’ an ti. Chu Hepatic duct chu mit bawm (*Gall blader*) atanga dawt lo kal nen a inzawm leh a, chu chu mit hrui (*Bile duct*) an ti. Chu mit hrui chu pumpui hnunah lut thlain rilfangah a lut ta thin a ni.

He mit bawm (*Gall blader*) hian thin atanga lo kal mit tui chu a lo khawl a, lo titak (*concentrate*)- in pumpuia chaw luh rualin a luang lut ve ta thin a ni.

1. **Thin lo insiam dan:** Thin hi nu puma nau lo insiam atanga kar 4-na velah a lo lang tan a. Nau than anga lo thang chho ve zelin thlar (lobe) a lo insiam a; a thlar ding lam hi vei lam aiin a let 6 zetin a lian a ni. Nausen piang hlimah hian thin hi naute rih zawng hmun 100-a thena hmun 5 angin a rit a, puitling thin hi Kg khat leh a chanve vela rit a ni.

2. **Thin pawimawhna:** Thin hi thluak tih lohah chuan mihring taksa bung khata insiam phung ropui ber a ni a. Hnathawh a ngah em em a, taksa khawl a ni ringawt mai a ni. Insiam thar leh zual thei a nihna hi a hnathawh ropui tak chu a ni a. Entir nan, hmun 10-a thena hmun 9 hi hlep thla ta ila, thin hrisel tak hmun khat la awm khan rei lote

chhungin a len dan pangngai angin a siam thar leh thei a ni.

Kan thil eia chaw thate hi ril bang kal tlangin thisen zamah a lut a, chutia kal zel chuan thinah a lut ta thin a ni. Chu chaw tha thisenin thina a rawn ken luh chu thinin bawlhlo chi hrang hrangah taksa tan a lo siam tui a, chu chu taksa bung hrang hrangah pe darhin taksa chakna leh than nan kan lo hmang ta a ni.

Thin hian substance chi hrang hrang, taksa hriselna tur leh thanna tur a pe chhuak teuh a; entir nan:

- 1) Thin tisa mur awmte hian substance chi khat 'PROTHROMBINE' an tih chu siam chhuakin chu chuan thisen tikhhangnaah a pui a ni.
- 2) Tin, tisa murte hian Protein an siam a, chu chu thisenin taksa bung hrang hrangah a keng kual ta thin a ni.
- 3) Tin, thin hian chaknathahruai (*energy*) a khawl thei a, taksa tana tangkai tak tak substance chi dang-copper, iron leh

vitamin te pawh a khawl thei a ni.

3. Taksa control-tu a ni: Thin hian hengte hi a vawngin a khuahkhirh a ni.

- 1) Taksa tuihang tisa a awm zat tur dik tak a awmtir a.
- 2) Thisena thil thlum awm zat tur a thunun bawk. Thin hian thisena a thlum a tam lutuk dawn chuan hlumna siamtu 'Glycogen' chu thinah a chhek khawl tlat a ni. Thisen thlumna a lo tlem hnuin a pe chhuak leh mai thin.
- 3) Taksaa tuiril awm zat tur a khuahkhirh tlat a, tin, a insema darh dan tur pawh a vawng tlat a ni.
- 4) Thisena thlumna siamtu pakhat 'cholesterol' tam lutuk tur a veng a; a lo tam viau dawn chuan thil dangah a chantir daih thei a ni.
- 5) Taksaa damdawi hna-thawh dan tur hi a vawng a, a tulna laia hman atan a lo her rem vel vek thin a ni.

Tin, thin hian taksain a mamawh loh substance-te a paih chuak thin a; damdawi thenkhat taksa tichhe thei turte a veng tlat a ni.

4. **Thin hi taksa veng himtu a ni:** Taksaa natna chi hrang hrang dona kawngah hian thin hian hnathawh pawimawh tak a nei a. A bikin ril atanga natna lo awm hi a lo dotu ber a ni. Taksa bung hrang hrang tana hna a thawh nasat em avang hian thin natna hi a tam phah em em bawk a ni.

5. **Thin natnate:** Thinin natna a lo neih dan hi kawng 5, pui deuh a awm a :

- 1) Thin atanga mit tui a luan chhuah that loh in
- 2) Nau pian hma, pian lai vel leh nausen an nih laia natna an kai in.
- 3) Inthlah chhawn thil avang leh natna tai darh avangten.
- 4) Damdawi thenkhat leh tur (*poison*) hman avang in.
- 5) Thisen tam tawk loh in.

6. **Thin natna hriat theih dan:** Thin natna lo lan dan chu hetiang hian a ni :

- (1) Luakchhuak leh chaw ei tui lohna
- (2) Vun rawng enna leh mit rawng dalna
- (3) Zun rawng enna leh ek rawng danna (pale)
- (4) Chauhna leh thahrui neih lohna
- (5) Mut that theih lohna leh vun thakna
- (6) Luaka thisen tel leh ek thinna
- (7) Pum ruh tel tul leh puma tui tamna
- (8) Hrisel vang ni si lova buk rihna
- (9) Pum natna

Thin natna hi a nasat leh nasat loh dana zirin a lan dan a dang thei bawk.

Note: Reproduced from Hriselna (Monthly) Vol. XXIII No. 12 pp. 37-39

Family Budgeting:**CHHUNGKAW SUMPAT RUAHMANNNA**
(*chhonzawmna*)

Dr. Lallianzuali Fanai
Bethlehem Veng, Aizawl

II. Thenhnhinna

Chhungkaw tana sumpat ruahman(Family Budgeting) han tih hian thil harsa mithiam te tan chauhvah tih chi nia ngai tam tak kan awm awm e. mahse, thil harsa leh buaithlak a ni lo tih hi kei ni Mizo kristian nute hian kan hriat a ngai a ni. Chhungkaw sum pat ruahman (*family budgeting*) tih a kan hriat tur chu sum engzat nge thlakhat ah emaw karkhatah emaw kumkhatah emaw kan lak luh a, eng zat nge kan hman ral tih hriat a ni ber mai. Chutianga kan lak luhna tlangpui kan hriat hnu chuan engtingnge kan hmanral anga, engzat nge kan khawl ang tih a ni. Kan chhungkaw sumpat ruahman tura hriat tur pawimawh te:

1. A hmasa berin kar engemawzat a isum hmanna zawng zawng ziaak chhuak phawt teh. Hetia i sum hmanna chu han bih chiang leh zual teh, mak i ti mai thei ang i sum hmanna chu ho lam i tih tak takah te a tam mai thei a ni.
2. He tia i sum hmanna i hriat hnu hian ruahmanna (*budgeting*) chu i tan thei tawh ang. Engting nge i tan ang le? I sum hmanna leh hman zat tlangpui han ziaak chhuak phawt teh le.

S/N	Hman ralna	sum sen ral zat	S/N	Hman ralna	sum sen ral zat
1.	Pathian Ram	-	6.	Tui bill	-
2.	Faith Promise	-	7.	Bawngnhute bill	-
3.	Inkhawm thawhlawm	-	8.	Cable T.V Fee	-
4.	Chanchinbu man	-	9.	Telephone bill	-
5.	Electric Bill	-	10.	Buhfai	-

S/N	Hman ralna	sum sen ral zat	S/N	Hman ralna	sum sen ral zat
11.	Sa, chawhmeh	-	16.	Petrol, motor repaima	-
12.	Sahbawn, dal etc.	-	17.	kuhva, meizial	-
13.	Sikul fee, bus fare	-	18.	chini, thingpuife etc.	-
14.	damdawi	-	19.	sum khawl zat	-
15.	chhiatni/ that ni, damlo kanna	-	20.	mamawh dangte	-

I sum hmanna zawng zawng chu i han ziaak chhuak ta a, han belh khawm leh la. I belh khawm hnu chuan i sum lak luh atang khan han paih teh. Engnge tam zawk le? I sum lak luh a tam zawk chuan chu zawng chu dah tha la i khawl dawnnia. Amaherawhchu, i sum hmanral chu i lak luh aia a tlem chuan i inngaihtuah harh vat a ngai. Tul lem lova i sum hmanna kha hman tawh loh tum la, i hman tamna tihlem theiha i ngaihte ti tlem baw k ang che. Kan hma lam hun kan hriat loh avangte leh in sak te leh in chei that te, inchung bungrua thar lei te kan duh thin avang te, dam loh hritlana thla veng turin sum hi tlem tal thlatin khawl ngei ngei tum tlat tur a ni. Chu chu nu mawhphurhna a ni. Sumpai hmang tha tur chuan ruahmana fel tak siama a theih ang anga zawm tum baw k tur a ni. Sum hman dan hi chi hrang hrangin ruahman tur a ni, hetiangin:-

- a) Nitina sum hman dan tur;
- b) Kar khat a sum hman dan tur .
- c) Thlakhata sum hman dan tur (*hei hi Thlatina hlawh la leh kawpuia chengte tan chuan tih makmawh tur a ni*)
- d) Kum khata hmanna tur tlangpui te.

S/N	thil lei tur ruahman te	sum sen tur ruahman zat	hman ral zat	ruahman aia hman tlem/tamna
1.	Pathian Ram	3000	3000	nil
2.	Faith Promise etc.	400	400	nil
3.	Inkhawm thawhlawm	300	350	+ 50
4.	Chanchinbu man	150	150	nil
5.	Electric Bill	400	560	+ 160
7.	Tui Bill	110	110	nil
8.	Bawnghnute Bill	700	700	nil
9.	Cable TV pawhna Bill	200	200	nil
10.	Telephone/ Mobile Ph Bill	750	680	- 70
11.	Buhfai	1,500	1,500	nil
12.	School fee, bus fare etc.,	2,000	1,800	- 200
13.	Sahbawn, toothpaste	550	550	nil
14.	Chawhmeh sa, anhnah etc.	3,000	2,500	- 500
15.	thawmhaw	500	300	- 200
16.	Damdawi	500	100	- 400
17.	Sum khawl	500	1,100	nil

In chawhmeh lei thin uluk taka i ziah chhuah thin chuan engnge in ei zin bera eng chawhmeh nge in ei khat ber tih te i hre thei dawn a ni. In chhungkua in hrisel a balance diet in ei theih nan mithiam Dietician pawh i rawn thei a nga in chhungkua pawh

in lo hrisel zawk bawk ang. Chutianga Dietician rawn lo pawhin mithiam ten ei leh in chungchang an ziahna te i chhiar anga i ei rawngbawlah thlai chakna chi hrang hrang neite i siam theih phah dawn a ni. Dal, artui, alu ringawta i fate i chawm thin chuan an

mamawh tur ei tur tha tam tak an ei lo ang a , chawhmeh an van bawk anga mi zingah harsatna an tawk mai ang.

Table/Worksheet chi hrang hrang hi siam la, chutah chuan i ruahman zat leh Iihmanna ziaak zel la , tichuan thlakhata i sum deh ral zat leh i ruahman angin i ti thei em tih te, i hmanna tul lem lova ngaihte i hmang tawh lo emaw i hmang tlem thei bawk ang. Table emaw lehkha bu hrang hranga i ruahmanna keu a ziah zel a buaithlak i tih chuan nitin a i sum hmanna reng reng kha ziaak zel la, chu chu i hman zanah thil chi hrang hrang i ziahnaah khan ziaak lut thin ang che. Thlatawp zanah thlakhata i hman zawng zawng kha chhut chhuakvek la ngun takin i sum hmanna kha zir Chiang la a thlalah chuan i sumpai chu i hmang tha sawt ngei ang le.

SUMPAI hman dan chungchanga ruahmanna tha

tak i siam a chu mi chu i zawm theih chuan i riru hahna tam tak thin te, ba tam takin a delh che vanga mi hmai eng ien ngam loh fona te a bo ang a, in chhungkuain hmasawna in nei ngei ngei ang. Sum i hman dawn reng rengin i mamawh lei ching la i duh zawng ni lovin , mi zah vangin i thil lei duh lem lo lei ching suh i duh lohna lantir mai ang che . T h a w h l a w m chungchangah pawh in sum lakluh in a tlin loh chuan khawn te sep pawh pe loin emaw sum peipunna a tana thil zawrh emaw pawh lei lo ngam ang che. Miin tlawmngaia engemaw lei tura an tiche a nih pawhin tha takin in chhungkaw budget ina tlin rih lo a, a tlin remchang dangah a la awm ang tih i beisei a ni tih hrillh la an hrethiam ang che. Sawma pakhat erawh chu englai pawhin pe ang che (*Malakia3:6-12*), malsawmna i dawna hnar tur a ni sia.

PWF BIENNIAL CONFERENCE VAWI 13-NA LEH SILVER JUBILEE LAWMA REPORT

Lalthansangi fanai
Jt. Editor, Agape

Nghakhlel taka kan thlir Presbyterian Women's Fellowship (PWF) Biennial Conference Vawi 13-na leh Silver Jubilee Lawma October 28 - 31, 2010 hmang tura Sumo pakhat leh Bus pathum khat tlata Shillong lam pana palai 97 zet tlan chhuah hlimawm zia kha Kal chhuah hma, October 26, 2010-a Chanmari Kohran Hall-ah thu inhriattir tur inhriattir paha hla enlawk atangin kan nung sarh tawh reng a, hlimawm tak chu a ni e. PWF Committee-a tel tur ten October 26 zanah Shillong panin Aizawl an chhuahsan a, Bus pathum kengin palai dang zawng October 27 ah, Silchara riak turin tukthuan ei khamah an chhuak a, kan nula zaithiam Maggie leh Mami (*C. Lalthmingmawii*) ten kar tawp lamah min rawn zawm baw k a.

Pathian hruaiin Inkhawmpui hi duan lawk angin tluang taka neih a ni a. October 28, 2010 chhun lamah Nomination leh Standing Committee neiin, zanah Inlawma Inkhawm leh Souvenir tlangzarh hun hman a ni a. October 29, 2010 chhun lama thu lut te ngaihtuahhoa relin zanah Pathian Biak Inkhawm neih a ni a, Rev DC Haia hnen atangin thuchah ngaihthlak a ni. Inkhawm banah Dr. Hrangthanchhungi, Executive Secretary, NCCI Commission on Tribal & Adivasi, buatsaih

'The Mission of God for Social Justice' zirho a ni. October 30, 2010 nilengin Silver Jubilee puala hun hman niin, zan lamah Thlarau lam thupui *'Vision Beyond 2010'* (*Kum 2010 hnulam thlirlawkna*) NI. Zohmangaihi, Secretary Women's Relations hnen atangin kan ngaithla a. October 30, 2010 (*Pathianni*) zingah Lalpa Zanriah kilho in, chawhma lamah Rev. Catrin Roberts hnen atanga thuchah ngaithla-in, chawhnu lamah Rev. Irfan Rh. Roberts hnen atangin thuchah kan ngaithla thung a ni. Anni nupa hi Presbyterian

Kohhran, Wales atanga he Inkhawmpui min hmanpui tura PWF-in a sawm te an ni a, thahnem an ngaiin Wales ram anga hmarchhak ringtute kan tlukchhiat palh hlauin duhthawh takin min fuih sauh sauh a, an thu ken a nung hle. Inkhawmpui tiak zanah 2010 - 2012 Hruaitu thlan chhuahte Rev. Dr. L.S. Khawbung, Moderator, PCI-in a hlan a ni.

October 30, 2010 (*Inrinni*) zingah Silver Jubilee hriatrengna lungphun Rev. Dr. L.S. Khawbung, Moderator-in a hawng a. Chawhma lama Lawmna Inkhawmah Pi Zomuani (*PWF Chairperson hmasa ber*)-in thuchah sawiin, chawhnu lamah Variety Programme kan hmang a ni. He hunah hian lemchan tawi “*Vision Beyond 2010*” thiam ang tawka kan buatsaih chu kan entir a, kan naute pahnih Maggie leh Mami te an han zai ta a, a nung ngei mai. An aw mawi piah lamah an zai nung em em mai chuan ngaithlatute thinlung a fan hneh hle a ni. Inkhawm hun hrang hrangah zai tura koh an hlawh a, Pathian tana an inpekna a ropui e. Synod hrang hrang atanga

fuan khawm nafam chu, awmze nei entir tur chi hrang hrang a tamin a hlimawm tak zet a ni. Jubilee puala buatsaih ruai kil ho Jubilee pual hun hi a tawp a.

October 30, 2010 (*Zirtawpni*)-a thurel pawimawh kan hriat awm tak tak te chu :

- (1) AICCW Quadrennial 2011, Hyderabad - a January 20 -23, 2011 chhung neih turah palai 10, Mizoram Synod atangin 2, a bak zawng pakhat theuh intir tura rel a ni (*Mizoram Synod aiawhin Pi Zokhumi Vankung leh Pi Lalthansangi Fanai te kal tura ruat an ni*).
- (2) Kum 2009-a Theological Education Committee buatsaih Hmeichhiate Nemnggeh Rawngbawl zir-hona bawhzuiin Secretary, Women’s Relations-in Unit/ Synod tin Seminar emaw Consultation emaw buatsaih tura hriattirna thawnchhuah.
- (3) Presbyterian Kohhran, USA leh PCI hnuaia Kohhran Hmeichhiate Inzirtawn leh thawhho

- (Presbyterian Women Global Exchange Programme). Rs. 4,08,000/- budget atan ruahman a ni a (*keini hi Rs. 1,36,400/- thawk-chhuak tura beisei kan ni*).
- (4) 2010 - 2012 chhungin

(5) 2010 -2012 chhunga Hruaitu tur thlan chhuahte:

- Chairperson : Pi P Tiewsoh, *KJP Synod Sepngi*
 Vice-Chairperson : Pi Vahkoling, *Zou Synod*
 Secretary : Pi Zomalsawm, *CHT Synod*
 Asst. Secretary : Pi GP Pohshna, *KJP Synod Mihngi*
 Treasurer : Pi Rachelbon Myrboh, *Ribhoi Synod*

Mizoram Unit aiawha Committee-a awm te:

- Standing Committee : Pi Lalthansangi Fanai
 Pi Liankimi
 Pi H.Lalpianthangi

- Nomination Committee : Pi Khawlvuani

PCI hnuaiia Committee hrang hranga member awm te:

- Executive Committee : Pi P Tiewsoh
 Pi Zomalsawm
- Theological Education : Ni Zohmangaihi
 Christian Communication : Pi Lalthansangi Fanai
 Mission & Evangelism : Pi K Ranee

Inkhawmpui Vawi 14-na (2012) chu KJP Synod Mihngi in a thleng ang a, Thlarau lam thupui tur chu "*Rah chhuah*" (John 15:16) niin, thupui sawitu tur chu Pi Muani Darnei a ni ang.

Inkhawmpui 2010 thlengtu KJP Synod Mihngi niin, Jaiaw Kohran Biak Inah nghah a ni a, palaite min thleng hneh hle a ni. Mimal in hrang hrangah palai te min thlen darhstir a, ei leh in erawh Dinam Hall-ah buatsaih a ni a, palaite kan inhmelhriat / inpawh that phah hle a ni. An chevel a zangkhaiin hmuh an nuam a, inthlahrung em em lovin hun kan hmang a, tisa leh thlarau lamah kan tlai a, Inkhawmpui ui taka thlah liamin mahni hmun theuh panin kan liam ta sung sung a ni.

BUHFAITHAM TESTIMONY

*K.C. Zothanmawii
Peniel Home
Venglai, Chaltlang; Aizawl*

Kumin buhfaitham Centenary Souvenir-ah khan ka testimony chu ka lo tarlang tawh a. Tunah hian a chhonzawmna angin han tar lan belh leh ka duh a. Mi tuemaw takin a lo hlawkpui tak hlauhin tih beisei chungin ka han ziak leh a ni.

Ka tesminony a ni miau a, a ngial a nganin han sawi ila. Kan Pastor tawng kam pakhat te mai vangin kan buhfaitham a pun phah thei hi a ropui danglam riauin ka hriaa, tarlan loh phal chi a ni lo a ni. Ani chuan, *“Thilpek leh Thawhlawma kan pun hauh loh chuan, kan thang lo a ni,”* a ti a ni. A tirah chuan **“A dik chiah,”** ka ti ve mai a, mahse, a hnuah chuan ka ngaihtuah nawn leh thin a, **PUNG LO** chu **THANG LO** a ni tih chu ka thinlungah a chiang tawlh tawlh mai a ni. Tin, he thu pakhat **THANG** tih hi tisa leh thlarauah ka lo mamawh hle mai a lo ni a, Nausen kan nih lai emaw naupang kan nih lai ang reng khan thang lovin a

ngai ngai khan awm ta reng ila vawiina kan tih theih hi kan la ti thei miah lo vang. Mahse, khang hun lai atang khan kan taksa mamawh ei leh in te kan ei a, kan in avangin kan thang chho zel a, mamawh kan neih tam angin kan eiin kan in tam chho va, kan lo puitling ta thin a ni. Hetiang chiah hian Pathian rawng kan bawl kan tih pawhin tih tur tul hrang hrang a lo chhuak belh zel a, chuvangin rinna kawngah pawh **PUITLING** kan lo ni thei a ni.

Chutianga kan Pastor thu sawi chu ka hriat thiam tak hnu chuan Buhfaitham pawh chu kan puntir a tul riauin kan hre taa. Kan chhung chu puitling pahnih

chauh kan ni baw k a, kan
 inlung rual phian a, kan punna
 tur zat erawh Pathian rawn
 thain kan hriaa. Hetih hunlai
 hi Pentikos Ni dawn vel a ni
 a, Pathian chhanna ni taa kan
 hriat chu **PENTIKOS NI
 behchhana kar khata NO
 sawmnga tham chu a ni ta
 a ni.** Tichuan May thla ni 30
 - atang chuan **kar khata kan
 tham tling khawm chu no
 sawmnga** a lo ni ta a.
 Chutichuan kar khata kan
 tham pun zat chu no
 sawmpasarih a ni a, ni khata
 chaw chhum apianga kan
 tham zat chu no sarh vel a
 lo tling ve ta a.

Hetia buhfaithama kan
 chungkuain hma kan han
 sawn ve thei hrim hrim pawh
 hi ropui kan tiin kan lawm a.
 Chubakah chuan, hetia kan
 pun tak hnu hian thil mak tak
 lo thleng chu, kan tupa,
 naupang chaw leh
 hmawmsawm lam pawh ei tha
 lo thin leh ei tlem tak, a eiin

tlem avanga a than pawh thu
 deuh, thang muang tak chuan
 chaw te a ei ve ta tan tan mai
 a, tlemin a thang ve tlat a ni.
 A hmaa ka sawi tak, kan Pas-
 tor tawngkam kha a dikna
 kan hmu ta a, buhfaithama
 kan han than rual rual khan
 kan tupa than thu deuh tlat
 chu a thang nghal ta tlat a
 ni. A ropui kan va ti tak em!
 Sawma pakhat pek
 chungchangah pawh kan
 LALPA hian fiah a cho kha.
 I awih mai ang u. A hlawkna
 teltu tur chu KEINI HO hi kan
 ni dawn a ni.

Tin, hei hian a tlang han
 kawm ila, Testimony zawng
 zawng hi a in ang kher lo
 va, a tehna pawh a awm lo.
 Kan TESTIMONY theuh hi
 erawh chu huaisen takin i
 puang thin ang u. Mi dangte
 tan pawh a hlawk thin a nia.
 Chhiartu zawng zawngte
 Buhfaitham Centenary chibai
 ka b<k a che u.

KUM KHAT CHHUNGA BIBLE AWLSAM TAKA CHHIAR CHHUAH THEIH DAN

Kan chanchinbu -ah hian kum khat chhunga Holy Bible awlsam taka chhiar chhuah theih dan tur January thla hian kan rawn tichhuak thin a, tun tumah pawh January - December 2011 thleng chhiar tur kan han tichhuak leh a, Pathian thu hi kan mamawh em avang zawkin Bible hi kan belh tam a, kan chhiar tam a tul hle. Bible chhiar tam tur leh chhiar chhuak turin kan han inngen thar leh a ni.

Date	January	February	March
1.	Genesis 1-2	1. Lev. 14-16	1. Joshua 7-9
2.	Genesis 3-5	2. Lev. 17-19	2. Joshua 10-12
3.	Genesis 6-9	3. Lev.20-23	3. Joshua 13-15
4.	Genesis 10-11	4. Lev.24-27	4. Joshua 16-18
5.	Genesis 12-15	5. Numbers 1-3	5. Joshua 19-21
6.	Genesis 16-19	6. Numbers 4-6	6. Joshua 22-24
7.	Genesis 20-22	7. Numbers 7-10	7. Roreltu 1-4
8.	Genesis 23-26	8. Numbers 11-14	8. Roreltu 5-8
9.	Genesis 27-29	9. Numbers 15-17	9. Roreltu 9-12
10.	Genesis 30-32	10. Numbers 18-20	10. Roreltu 13-15
11.	Genesis 33-36	11. Numbers 21-24	11. Roreltu 16-18
12.	Genesis 37-39	12. Numbers 25-27	12. Roreltu 19-21
13.	Genesis 40-42	13. Numbers 28-30	13. Ruthi 1-4
14.	Genesis 43-46	14. Numbers 31-33	14. I Samuela 1-3
15.	Genesis 47-50	15. Numbers 34-36	15. I Samuela 4-7
16.	Exodus 1-4	16. Deut. 1-3	16. I Samuela 8-10
17.	Exodus 5-7	17. Deut. 4-6	17. I Samuela 11-13
18.	Exodus 8-10	18. Deut. 7-9	18. I Samuela 14-16
19.	Exodus 11-13	19. Deut. 10-12	19. I Samuela 17-20
20.	Exodus 14-17	20. Deut. 13-16	20. I Samuela 21-24
21.	Exodus 18-20	21. Deut. 17-19	21. I Samuela 25-28
22.	Exodus 21-24	22. Deut. 20-22	22. I Samuela 29-31
23.	Exodus 25-27	23. Deut. 23-25	23. II Samuela 1-4
24.	Exodus 28-31	24. Deut. 26-28	24. II Samuela 5-8
25.	Exodus 32-34	25. Deut. 29-31	25. II Samuela 9-12
26.	Exodus 35-37	26. Deut. 32-34	26. II Samuela 13-15

Date	January	February	March
27.	Exodus 38-40	27. Joshua 1-3	27. II Samuela 16-18
28.	Lev. 1-4	28. Joshua 4-6	28. II Samuela 19-21
29.	Lev. 5-7		29. II Samuela 22-26
30.	Lev. 8-10		30. I Lalte 1-4
31.	Lev. 11-13		31. I Lalte 5-7
April	May	June	
1.	I Lalte 8-10	1. II Chro. 26-29	1. Sam 19-21
2.	I Lalte 11-13	2. II Chro.30-32	2. Sam 22-24
3.	I Lalte 14-16	3. II Chro.33-36	3. Sam 25-27
4.	I Lalte 17-19	4. Ezra 1-4	4. Sam 28-30
5.	I Lalte 20-22	5. Ezra 5-7	5. Sam 31-33
6.	II Lalte 1-3	6. Ezra 8-10	6. Sam 34-36
7.	II Lalte 4-6	7. Nehemia 1-3	7. Sam 37-39
8.	II Lalte 7-10	8. Nehemia 4-6	8. Sam 40-42
9.	II Lalte 11-14	9. Nehemia 7-9	9. Sam 43-45
10.	II Lalte 15-17	10. Nehemia 10-13	10. Sam 46-48
11.	II Lalte 18-19	11. Estheri 1-3	11. Sam 49-51
12.	II Lalte 20-21	12. Estheri 4-7	12. Sam 52-54
13.	II Lalte 22-25	13. Estheri 8-10	13. Sam 55-57
14.	I Chro. 1-3	14. Joba 1-4	14. Sam 58-60
15.	I Chro. 4-6	15. Joba 5-7	15. Sam 61-63
16.	I Chro.7-9	16. Joba 8-10	16. Sam 64-66
17.	I Chro. 10-13	17. Joba 11-13	17. Sam 67-69
18.	I Chro 14-16	18. Joba 14-17	18. Sam 70-72
19.	I Chro. 17-19	19. Joba 18-20	19. Sam 73-75
20.	I Chro. 20-23	20. Joba 21-24	20. Sam 76-78
21.	I.Chro. 24-26	21. Joba 25-27	21. Sam 79-81
22.	I Chro.27-29	22. Joba 28-31	22. Sam 82-84
23.	II Chro. 1-3	23. Joba 32-34	23. Sam 85-87
24.	II Chro.4-6	24. Joba 35-37	24. Sam 88-90
25.	II Chro.7-9	25. Joba 38-42	25. Sam 91-93
26.	II Chro.10-13	26. Sam 1-3	26. Sam 94-96
27.	II Chro.14-16	27. Sam 4-6	27. Sam 97-99
28.	II Chro.17-19	28. Sam 7-9	28. Sam 100-102
29.	II Chro.20-22	29. Sam 10-12	29. Sam 103-105
30.	II Chro.23-25	30. Sam 13-15	30. Sam 106-108
		31. .Sam 16-18	

July	August	September
1. Sam 109-111	1. Isaia 7-9	1. Jeremia 40-42
2. Sam 112-114	2. Isaia 10-12	2. Jeremia 43-46
3. Sam 115-118	3. Isaia 13-15	3. Jeremia 47-49
4. Sam 119	4. Isaia 16-18	4. Jeremia 50-52
5. Sam 120-123	5. Isaia 19-21	5. Tah Hla 1-5
6. Sam 124-126	6. Isaia 22-24	6. Ezekiela 1-3
7. Sam 127-129	7. Isaia 25-27	7. Ezekiela 4-7
8. Sam 130-132	8. Isaia 28-30	8. Ezekiela 8-11
9. Sam 133-135	9. Isaia 31-33	9. Ezekiela 12-14
10. Sam 136-138	10. Isaia 34-36	10. Ezekiela 15-18
11. Sam 139-141	11. Isaia 37-39	11. Ezekiela 19-21
12. Sam 142-144	12. Isaia 40-42	12. Ezekiela 22-24
13. Sam 145-147	13. Isaia 43-45	13. Ezekiela 25-27
14. Sam 148-150	14. Isaia 46-48	14. Ezekiela 28-30
15. Thufingte 1-3	15. Isaia 49-51	15. Ezekiela 31-33
16. Thufingte 4-7	16. Isaia 52-54	16. Ezekiela 34-36
17. Thufingte 8-11	17. Isaia 55-57	17. Ezekiela 37-39
18. Thufingte 12-14	18. Isaia 58-60	18. Ezekiela 40-42
19. Thufingte 15-18	19. Isaia 61-63	19. Ezekiela 43-45
20. Thufingte 19-21	20. Isaia 64-66	20. Ezekiela 46-48
21. Thufingte 22-24	21. Jeremia 1-3	21. Daniela 1-3
22. Thufingte 25-28	22. Jeremia 4-7	22. Daniela 4-6
23. Thufingte 29-31	23. Jeremia 8-11	23. Daniela 7-9
24. Thuhriiltu 1-3	24. Jeremia 12-16	24. Daniela 10-12
25. Thuhriiltu 4-5	25. Jeremia 17-19	25. Hosea 1-4
26. Thuhriiltu 6-9	26. Jeremia 20-22	26. Hosea 5-7
27. Thuhriiltu 10-12	27. Jeremia 23-25	27. Hosea 8-10
28. Hla Thlan 1-4	28. Jeremia 26-29	28. Hosea 11-17
29. Hla Thlan 5-8	29. Jeremia 30-32	29. Joela 1-3
30. Isaia 1-3	30. Jeremia 33-36	30. Amosa 1-3
31. Isaia 4-6	31. Jeremia 37-39	
October	November	December
1. Amosa 4-6	1. Luka 18-21	1. Galatia 1-3
2. Amosa 7-9	2. Luka 22-24	2. Galatia 4-6
3. Obadia - Jona	3. Johana 1-3	3. Ephesi 1-3
4. Mika 1-4	4. Johana 4-6	4. Ephesi 4-6

October	November	December
5. Mika 5-7	5. Johana 7-10	5. Philippi 1-4
6. Nahuma 1-3	6. Johana 11-13	6. Kolossa 1-4
7. Habakuka 1-3	7. Johana 14-17	7. I Thess. 1-5
8. Zephania 1-2	8. Johana 18-21	8. II Thess. 1-3
9. Hagaia 1-2	9. Tirhkohte 1-2	9. ITim. 1-3
10. Zakaria 1-5	10. Tirhkohte 3-5	10. ITim. 4-6
11. Zakaria 5-10	11. Tirhkohte 6-9	11. II Tim. 1-4
12. Zakaria 11-14	12. Tirhkohte 10-12	12. Tita & Philemona
13. Malakia 1-4	13. Tirhkohte 13-14	13. Hebrai 1-4
14. Matthaia 1-4	14. Tirhkohte 15-18	14. Hebrai 5-7
15. Matthaia 5-7	15. Tirhkohte 19-20	15. Hebrai 8-10
16. Matthaia 8-11	16. Tirhkohte 21-22	16. Hebrai 11-13
17. Matthaia 12-15	17. Tirhkohte 23-25	17. Jakoba 1-2
18. Matthaia 16-19	18. Tirhkohte 26-28	18. Jakoba 3-5
19. Matthaia 20-22	19. Rom 1-4	19. IPet. 1-2
20. Matthaia 23-25	20. Rom 5-8	20. IPet. 3-5
21. Matthaia 26-28	21. Rom 9-11	21. II Pet. 1-5
22. Marka 1-3	22. Rom 12-16	22. I Johana 1-2
23. Marka 4-6	23. IKor. 1-4	23. I Johana 3-5
24. Marka 7-10	24. IKor. 5-8	24. II Johana - Juda
25. Marka 11-13	25. IKor. 9-11	25. Thupuan 1-3
26. Marka 14-16	26. IKor. 13-16	26. Thupuan 4-5
27. Luka 1-3	27. II Kor. 1-3	27. Thupuan 6-9
28. Luka 4-6	28. II Kor. 4-6	28. Thupuan 10-13
29. Luka 7-10	29. II Kor. 7-9	29. Thupuan 14-16
30. Luka 11-13	30. II Kor. 10-13	30. Thupuan 17-18
31. Luka 14-17		31. Thupuan 19-22

Mizoram Presbyterian Kohhran
HMEICHHE INKHAWMPUI LIAN, 2011
KAWNPUI
INKHAWMPUI MIKHUAL THLENNATUR

COUNTER NO. I : BANGLA VENG (BAZAR)

S/n Bial Hming	S/n Bial Hming
1. Chawnpui	2. Leitan
3. Tuikual	4. Bilkhawthlir
5. Champhai Bethel	6. Muallungthu
7. N.E Khawdungsei	8. Kanghmun
9. Lungpho	10. Aibawk
11. Sumsuih	12. Buarpui
13. Lawngtlai Chanmari	

COUNTER NO. II : VENGTHAR (*Awithangpa Hall*)

1. Electric	2. Kulikawn
3. Tanhril	4. Khawzawl Vengthar
5. Champhai Kahrawt	6. Mamit Hmunsam
7. Thuampui	8. Kanhmun
9. Reiek	10. Baktawng
11. Hmuntha	12. Zokhawthar
13. Chawngte 'P'	14. Silchar
15. Thingsulthliah	

COUNTER NO. III : CHHIMVENG (*PuLalduhawma kawt*)

1. Mission Veng	2. Tanhril
3. Maubawk	4. I.T.I
5. Kolasib Diakkawn	6. Sairang
7. Champhai Vengthlang	8. Mamit
9. Darlung	10. Khawruhlian
11. Ratu	12. Ruantlang

S/n Bial Hming

13. Zawlnuam
15. Khawlailung Dinthar
17. Zamuang
19. Zote (*Champhai*)
21. Tuipuibari Centre
23. Hnahthial
25. Synod Choir.

S/n Bial Hming

14. New Serchhip
16. Shillong
18. Lawngtlai
20. Pukzing
22. Karbi Anglong
24. Zonuam

COUNTER NO. IV : CHHIMVENG (*YMA Hall kawt*)

- | | |
|-------------------------|------------------|
| 1. Ramhlun North | 2. Vaivakawn |
| 3. Luangmual | 4. Chhiahtlang |
| 5. Lunglei Venglai | 6. Saitual |
| 7. Serchhip Vengchung | 8. W. Phaileng |
| 9. Champhai Vengsang | 10. Khawlailung |
| 11. N. Vanlaiphai | 12. Sateek |
| 13. Thenzawl Field Veng | 14. Kelkang |
| 15. Vanzau | 16. Sesawng |
| 17. Zawlpui | 18. Cherhlun |
| 19. Kohima | 20. Manipur Area |
| 21. Suangpuilawn | |

COUNTER NO. V : VENGLAI (*Town Hall kawt*)

- | | |
|--------------------------|------------------|
| 1. Armed Veng | 2. Venghlui |
| 3. Khatla | 4. Kawrthah |
| 5. Khawzawl Venglai | 6. Serchhip |
| 7. Darlawn | 8. Kawlkulh |
| 9. Bilkhawthlir Hmarveng | 10. Hortoki |
| 11. Teikhang | 12. Chawngte 'L' |
| 13. Sakawrdai | 14. Madanriting |

COUNTER NO. VI : VENGLAI (*Zobuk*)**S/n Bial Hming**

1. Bethlehem
3. Kolasib Venglai
5. Khawhai
7. Vathuampui
9. Rawpuichhip
11. Vaphai
13. Haulawng
15. Manipur Mission Field

S/n Bial Hming

2. Venghnuai
4. Keifang
6. Bukpui
8. Hlimen
10. Saiha
12. Zobawk
14. Arunachal 'E' Field
16. Sound In-Charge

COUNTER NO. VII : VENGLAI (*Pi Vanlalliani kawt*)

1. Chaltlang
3. Champhai Kanan
5. Lunglei Chanmari
7. Lallen
9. Sialsuk
11. Bungtlang 'S'
13. Tlabung Chawnpui
15. Nepal Mission Field

2. Zemabawk
4. Chhingchhip
6. Biate
8. Rabung
10. Bairabi
12. Sangau
14. Guwahati
16. Jarkhan

COUNTER NO. VIII : HMARVENG (*Pu Zathangvunga kawt*)

1. Chandmari
3. Mission Vengthlang
5. Khawzawl Dinthar
7. Darlawn venghlun
9. Phullen
11. Sihfa
13. Marpara Ramthar
15. N. Vanlaiphai Damdawi In Veng

2. Bawngkawn
4. East Lungdar
6. Thingdawl
8. Lengpui
10. Farkawn
12. Tlabung Zodin
14. Barak Area

COUNTER NO. IX : HMARVENG (*Upa K.Thanliana kawt*)**S/n Bial Hming**

1. Chhinga Veng
3. Republic
5. Keitum
7. Vairengte
9. Lungdai
11. Phuaibuang
13. Cachar Kahrawt
15. Phainuam
17. Tripura Mission Field

S/n Bial Hming

2. Bungkawn
4. Kolasib Hmarveng
6. Thenzawl
8. Hliappui
10. Khuangleng
12. East Phaileng
14. Hnahlan
16. Manikbond

COUNTER NO. X : HMARVENG (*Bazar*)

1. Dawrpui
3. Sihphir
5. Kawrtethawveng
7. Damparengpui
9. Mualpheng
11. Zohmun
13. Lungsan
15. Arunachal West
17. Ngopa

2. Durtlang
4. Khawbung
6. Tlungvel
8. Lungleng - I
10. Sialhawk
12. Cachar Zai te
14. Rengtekawn
16. N. Hlimen
18. Phuldungsei

Note:

(1) *Pastor Bial thar a awm a nih pawhin an awmna hmasa (2010) bial-ah an la tel ang.*

(2) *Bial tih hmaih palh a awm chuan Counter No VI-ah an thleng ang.*

Contact -9862383206 (Secretary Reception Committee)

Ei Siam dan:**PUNJABI CHICKEN**
(Punjabi ho Ar kan Dan)**1. Telh turte:**

- (1) Ar chansa : kg 1 leh a chanve
- (2) Purunsen : kg -1
- (3) Tomato : kg 1 emaw kg 1 leh a chanve
- (4) Chi : a al tawk
- (5) Tel : no chanve aia sang deuh
- (6) Dhania : tel 2

2. A siam dan:

- (1) Purunsen kha chan sin vek tur
- (2) Tomato pawh sin te tea chan tur
- (3) Tel kha thir bela chuan lum a purunsen kha thlak a, tha taka chawh tur
- (4) A sen tan tihah tomato chan sin kha thlak a, chi thlak hnuin tha taka chawh tur
- (5) An zawr that dun a, a tel kha a rawn awm tuam tuam hunah arsa kha thlak a, tha taka chawh leh tur a ni.
- (6) Arsa hi tui leih miah lova hmin tur a nih avangin chhuan rei deuh a ngai a; chuvangin, a hmin hma loh chu vil that a chawh zeuh zeuh loh chuan a ut duh hle.
- (7) A hmin ta tihah a chhawpna tur thlenga chhawp hnuin dhania kha chansawm emaw channawiin a chungah han phul , a mawiin a tui duh hle.

*Note: Reproduced from: Centenary Cook Book (Revised & Enlarged, 2009):
Pub. by The Zarkawt Kohhran Hmeichhe Committee, Aizawl; p-86.*

**KAN HRUAITUTE CHANCHIN
PI LALHLIMPUII**



Pi Lalhlimpuii hi Zokhawsangah a lo piang a, a pa chu Pu Thankhuma a ni a, a nu chu Pi Zakhawli a ni. A nu leh a pa hian chatuan ram an pan ve ve tawh a ni. Pu Thangsavunga, Subedar nen inneiin fa - mipa 3 leh hmeichhia 2 an nei a, a pasal hian

July 31, 1994 khan a thih san leh a; tunah hian Zemabawkah an chhungkuain an khawsa a ni.

Nitin ei zawna lamah chuan Pi Hlimpuii hian Primary Schoolah zirtirtu hna a thawk a. Rawngbawlna lamah chuan Bial leh Kohhranah a theih leh phak ang tawk tawka inhmang thin mi a ni, hetiangin:

Bialah: 1999-2002: Secretary; 2003-2004: Vice Chairman
2005-2008 : Chairman, 2009-2010 : Treasurer, 2010-2011 : Com. mem.;
2010-2011 : Bial Buhfaitham Ziaktu

Kohhran Hmeichhia: 1993-1994 : Secretary; 1995-1996 : Asst. Secretary; 1997-1998 : Secretary; 2003-2004 : Vice Chairman;
2005-2010 : Chairman; 2010- 2011: Com. member te an ni.

A lawina Kohhranah Puitling Sunday School ziritrtu-ah te, Nilai Thupui hawngtu-ah te Kohhranah a hmang a. Central Kohhran Hmeichhe Committee-ah hian Zemabawk Bial aiawhin kum 2007 khan lo lutin Kum 2011 Inkhawmpui Lian zawhah a Term a hmang zo ang.

Pi Hlimpuii hian a nun chawmtu hla duh tam tak a neih zingah *Ni ai pawhin i eng zawk e*, tih KHB No.70 chu a hla duh ber zing ami niin, *I awm dan tur chu Lalpa chungah nhat la*, ... Sam 37:5 tih chu a chang duh ber zing ami a ni.

Pi Hlimpuii hian, mahni chhungkua theuh ngai pawimawhin fanau enkawl kawngah te tan la ila, kan chhungkua theuha tan kan laka chhungkaw enkawl kawnga kan thawhrim phawt chuan chu chu ram leh khawtlang hmasawna atan a tangkai dawn a ni tih chu a vei hle a. Helam kawngah hian Zoram nute tan la thar theuh turin a chah a ni.

Pi Hlimpuii hi nu hleitling tak a ni a, midang nek na lo, tlawm leh biakpawh nuam tak a ni. Central Committee-ah hian zin chhuah leh a tul ang anga Committee aiawha palai hna thawkin hun a hmang mek a ni.



**KAN HRUAITUTE CHANCHIN
PI K.LALBIAKZAMI**

Pi K.Lalbiakzami hi Pu Lalkhuma leh Pi Sangchhingi te fa niin Pu Zoliana nen kum 1982-ah an innei a, fa -3, mipa 2 leh hmeichhia -1 an nei a, an fate pawh an puitling tan ve tawh a; tunah Central Jail Vengah an chhungkuain an khawsa mek a ni.

Pi Biakzami hian nitin inchhungkhur enkawl leh fanaute kilkawiin a tul tul thawkin a hmanhlel hle. Rawngbawlna lamah a inhmangin Bial leh Kohhranah heng chanvo te hi a chelh tawh a ni:

Bialah: 1999-2002: Secretary; 2003-2004: Vice Chairman 2005-2008 : Chairman, 2009-2010 : Treasurer, 2010-2011: Com.mem.; 2010-2011 : Bial Buhfaitham Ziaktu

Kohhran Hmeichhia: 1993-2011 thlengin O.B. dinhmun hrang hrang - Chairman, Vice Chairman, Secretary leh Asst. Secretary hna a chelh thin a, tunah Chairman-in a awm. Tanhril Bial aiawhin Central Committee-ah 2007 khan a lo lut a, tunah Term hnihna a hman mek.

An Kohhranah hian Thuhrlitu, Puitling Sunday School zirirttu leh Kristian Chhungkaw Committee-ah te an hman a ni.

Pi Biakzami hian hla duhzawng a neih zingah *Ka Lal duhawm ka zahpui lawng* (KHB. No.189), tih chu a duh ber zing ami niin, *Kei hi kawng leh thutak leh Nunna chu ka ni, tia Lal Isuan a sawi* (Johana 14:6) chu a chang duh ber zing ami a ni.

Pi Biakzami hian thinlung leh tihtakzeta kan tu leh fate Lalpa hnena hruaia tan la thar theuh turin zoram nu leh pate a ngen a, kan tu leh fate ngaihhlut tur dik tak leh ngaihsan tur diktak kan hrilhhriat a an nunah kan tuh ngei pawh tul hlein a hre bawk a ni.

Pi Biakzami hi mi nungchang zawi leh ngawichawi angreng tak, mahse a thawhna leh a tulna mualah chuan fiamthu thiam, mi hlim thei tak a ni thung, chuvangin a bula awmtan an ngainain a bula awm nuam an ti thin hle. Thuhrlil mi a ni a, Central Committee-a awm chhung hian Bial leh Kohhranah pawh Central Committee aiawhin a feh chhuak tamin koh apianga ei mai thin mi a ni.

HRIAT ATAN

1. **Phunchawng-a Synod ram Women Centre** atana kan dil chu kan dil angin SEC chuan min phalsak ta (**SEC: 230:17**). Dt. 30.11.2010 (*Thawhlehni*) zing karah Synod Moderator Rev. C.Chawngliana hovin Women Centre Sub-Committee Member pariat te nen he hmun hi tlawh a nia, Aizawl - Sairang Road Kawngpui an ram tha tak, mual hnih, bigha nga vela zau a ni a, a ram chhungah Teak kung 225 a awm a, Synod-in a sak Assam Type in pakhat a awm bawk. Women Centre sakna atan hian hma lak tan mek a ni.
2. Tuna kan Inkhawmpui Lian Chairman nilai Pi Zomuani (2009 - 2010) chu a pasal, Rev .Roger Gaikwad, Principal, Aizawl Theological College chu National Council of Churches in India (*NCCI*) General Secretary atana ruat a. An chhungkuaa kal a tul si avangin Inkhawmpui Lian Chairman ni mek, Pi Zomuani chuan a hna a chelh zui theih dawn tak loh avangin SEC chuan Pi C. Lalneihkimi, Vice Chairman, Zarkawt chu Inkhawmpui Lian Chairman atan ***Term dinglai a zui ang***, tiin a ruat. Central Committee chuan November 29, 2010 khan Pi Zomuani thlahna hun a nei a; ngaihhuina thilpek pein chawhlui kilpui a ni bawk. December 6 khan Aizawl chhuahsanin Nagpur an pan a, an hna pawh an zawm fel tawh a ni.
3. November 16-21, 2010 chhung khan Rev. Zaidarhzauva te hmalakna leh CWM tanpuinain PCT, Paiwan Presbyterian Women's Ministry leh Presbyterian Kohhran Hmeichhiaten Intlawh tawn (*Exchange Prog.*) hun tha tak hman a ni. Paiwan Presbytery atang hian hmeichhia pariat - Ordained Pastor pali, Pro.Pastor pahnih, Co-ordinator pakhat leh Pi Sapvengi te an lokal a, ni 16-ah Aizawl lo thlengin ni 21.11.2010-ah Aizawl an chhuah san leh (*report kimchang Feb. Issue-h tihchhuah ani ang*)

4. December 14, 2010 khan Hmangaihna In Durtlang leh TNT tlawh a ni. Hmangaihna Inah hian naupang tan *Ball, kekawrlum leh kawrlum* thahnem tham tak pek a ni. Hmangaihna Inah hian naupang 23, mipa 14 leh hmeichhia 9 an awm a, thawktu nghet mi - 7, Contract - 8, daily - 3 leh puansutu - 1, an vaiin mi 19 an awm a ni. Naupang 50 awm thei tura tihlen a ni tawh a, lawmawm kan ti hle. He mi zawhah hian TNT-a naupang kan dahte tlawh nghal a nia, Pi Zokhumi Vankung, Pi Lalsawmliani leh Pi C.Lalneihkimi te an kal. TNT-ah hian Rs. 10,000/- pek a ni bawk..
5. Synod Inkhawmpui Vawi - 87, December 7-12, 2010 chhunga Zarkawt Kohhran Biak Ina neihah palai Hmeichhia sawm leh pakhat an kal, hetiangin:
- 1) Pi Lalrinkimi, *Secretary - palai nisa* 2) Pi C.Lalneihkimi, *MSSU - palai nisa*
 3) Pi Lalthansangi, *Music - palai nisa* 4) Pi Lalropuii, *Edn. Board - palai nisa*
 5) Pi Zirkungi, *Edn. Board - palai nisa* 6) Pi Lallianpuii, *Edn. Board - palai nisa*
 7) Pi Lalfakmawii, *MSSU - palai nisa* 8) Pi K.Lalliantluangi, *Azl. Bethel Preby. - palai thlan*
 9) Pi Ramfangzauvi, *Medical Board - palai nisa* 10) Pi C.Liankhumi, *Aizawl East Preby. - palai thlan* 11) T.Upa F.Kungliani, *Lunglei 'W' - palai thlan*
7. **Synod Office building thar luah:** November 11, 2020 dar 2:00 p.m. khan Synod Office Building thar hlanna inkhawm neih tak chu Office tan ni January 5, 2011 (Nilaini)-ah luah tan nghal a ni.
8. Aizawl Khawpui Bial Infin zaipawl: Hla - Aw mi sangtam tak zaiu te chu - aiah Jerusalem ka in ropui tih sak tur.

2009-2011 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi C. Lalneihkimi
Secretary	:	Pi Lalrinkimi
Asst. Secretary	:	Pi Lalthansangi Fanai
Treasurer	:	Pi C. Lalmangaihi
Fin. Secretary	:	Pi C. Lalbiakdiki

Committee Member-te

- | | |
|--------------------------|--|
| 1. Pi Vanlalthangi | 17. Pi Malsawmtluangi |
| 2. Pi Lalhlimpuii | 18. Pi Biakengi |
| 3. Pi Vanlaltluangi | 19. Pi Vanlalmuani |
| 4. Pi Lalthanmawii Sailo | 20. Pi Liankimi |
| 5. Pi Haumawii | 21. Pi Laldawnkimi |
| 6. Pi Chalziki | 22. Pi Salvationthangi |
| 7. Pi C. Lalthanzauvi | 23. Pi Khawlvuani |
| 8. Pi Kamliani | 24. Pi C. Vanlalhmuaki |
| 9. Pi J.H. Lalmangaihi | 25. Pi K. Lalthanpari |
| 10. Pi Lalhmelt̄hai | 26. Pi Lalnuntluangi |
| 11. Pi K. Lalbiakzami | 27. Pi C. Lianpari |
| 12. Pi Lalkhumi | 28. Pi Hmingkhumi |
| 13. Pi C. Liankhumi | 29. Ni. Vanlalsawmi
<i>Asst. Co-ordinator</i> |
| 14. Pi Lalsawmliani | |
| 15. Pi Lalchawimawii | 30. Pi H. Lalpianthangi
<i>Asst. Co-ordinator</i> |
| 16. Pi Raldochungi | |

Ex-Officio Member-te

1. Rev. C. Lalsangliana, *Synod Moderator*
2. Rev. P.C. Pachhunga, *Synod Secretary (Sr.)*
3. Rev. Zosangliana Colney, *Executive Secretary i/c Women*
4. Pi Zokhumi Vankung, *Ex-Chairman*

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan**
1. Kohhran pum rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.

Postal Regn. No. MZR/53/2009-2011 RNI Regn. 40876/88



January 5, 2011 (Nilaini)
khan Synod Office Building
thar luah tan a ni a, Office
dawr duh te tan building thar
pan zel tawh tur a ni.

November 16-21, 2010 chhun-
gin Paiwan Presbyterian
Women Ministry-te leh
Mizoram Presbyterian
Kohhran Hmeichhia-te intlawh
tawn (Exchange Programme)
neih a ni.
(Report kimchang next issue
ah tichhuah a ni ang)



To,

*If undelivered, please return to
Co-ordinator i/c Women
Synod Office
Aizawl-796 001
Mizoram*

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