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Kristian Chhungkua ♦ Sermon ♦ Article ♦ Hriselna Huang

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A chungu thu awnte

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*Editorial***LALPA MITE**

Pathian chuan a mi hmangaihna chu fak tlâkin a lantîr thîn tih a thuin min hrilh a. Kan tâna tha tûrin engkimin min thawhsak thîn tihte pawh kan hmu. A châng chuan kan chung a Pathian ro a rêl dân hi hriat thiam a har thîn ngawt mai tirawh u!

Min hmangaih êm a, mi fel lo, dai thêlh thîn, ngaihtuahna pawh thianghlim lo thîn kan nih hi Lalpa hian a hre Chiang êm êm a. Amah kan hlat lohna tûra min kohna hmanruate hi i ngaihtuah ngai em?

A rawngbâwl tûr te, a mi ni tur leh a taa awm reng tûra min duh avâng hian kan duh takte hmang hian min ko fo mai. Kan tu leh fate hian sual lam kawng zawh hi nuam an ti bik hauh lo a, a nin pawh an ning ve tho. Mahse, Lalpa hian amah ka auh rengna tûrin kan duh takte, ka tunu ka tupa, ka fanu ka fapa hi a hmang thîn a ni.

Kan nun a lo tlâwmna tur leh kan rilru a chapo loh nân beng hniam kan ngai fo a, min beng hniam thîn. Mite tuarna kan hriat thiama, kan rawngbâwlnaah ei tûr a lo awm zâwk theih nân min kai kûn fo thîn. Lalpa hman tlâk, rah chhuah thei kan nih theihna tûrin kawng hrang hrangin kan tân a thawk zâwk a ni. Pathian thu chuan, ‘Mi inngaitlâwm chu a chhandam ang’ tih te, ‘Mi rilru inngaitlâwm chuan chawimawi a hlauh angm,’ ‘...i Pathian hmâa inngaitlâwm tûr leh hre thiam tûra i thinlung i pèk tih nî aţang khân i thute chu ngaihtlâk a ni a, i thute avâng chuan ka lo kal a ni’ a ti (Job 22:29; Thuf 29:23; Dan 10:12).

*Kristian Chhungkua***CHHUNGKAW NUN REL FEL**

- *Upa Lalnunmawia*
Bawngkawn Chhim Veng

‘I chhungte khawsak dan tur relsak rawh, i thi ngei dawn si a’ tih thu Lal Hezekia hnena Lalpa thu thleng hi a pawimawh hle mai. Juda-te lal atana Pathian ruat a ni a. A dam chhung hun a rei tawh dawn lo va, a chhungkaw nun rel fel turin he thu hi zawlnei hmangin hriattir a ni. He thuah hian keini pawhin zir tur kan nei; a ti thei nu leh pa chuan tu leh fate tan sum leh pai te, ram te, in leh ro thil dang te kan khawl khawm thin a, hei hi mihring nun kawngah a pawimawh reng a. A pawimawh ber kan fate thlarau lam nun ngaihthah a hlauhawm hle. Pathian thuin, ‘A ram leh felna zawng hmasa ula, thil dang chu a p?k belh chhah ang che u,’ min ti a ni.

1. Fanaute chungka kan mawhphurhna: Fanaute hi Lalpa laka kan rochan, rila rahte hi a lawmman min pek a ni tih Pathian thuin min hrilh a. Ram leh in te, lei rosum te hi nei teuh mah ila van thlengin kan chhawm thei dawn lo a ni. Van thlenga kan chhawm luh theih tur chu kan fate chauh an ni. Chuvangin, chhandamna an chan theih nan theihtawp kan chhuah a ngai tak zet a ni e.

Nu leh pa hi vanramah kan lut ang a, kan fate hi

hremhmunah an liam si ang tih hi a hlauhawm asin! Chhandamna hi chhungkuaa chan tlan tur a ni a. Kan ro tak tak chu, Isua leh fanau malsawmna kan dawnte hi an ni. Lei ro kan khawl khawma, kan lak luh dante hi mahni inbih Chiang ila, heng hi Isua zara ka ta, kan ti ngam em le?

Pathian thu chuan, ‘Tu pawh mahni chhungkhat leh lainate leh mahni chenpuite ngei pawh ngaihsak lo chuan rinna chu a phatsana, ringlo

mi aiin an sual zawk,' a ti tawp mai a. Pathian hian chhungkua hi a ngai pawimawh hle a ni.

Kan rama sualna pung chak lutuk ta pawh hi chhungkaw kehchhia kan tam vang niin a lang. Nu leh paten tangruala theihtawpa kan enkawl a tul lai hian, mi dang kutah an awm ta thin a, a va pawl tak em! Chu chuan tunlai natna leh ngawlveina a hring ta a nih hi.

2. An naupan laia ngaihsak an tul: Chhandamna hmu khawpa tifing thei, Pathian thu thianghlim chu, a naupan tet aṅanga hre tawh leh zirtir a nih avangin mi dang leh kohhrante tan Timothea chu a tangkai hle a. 'Naupang chu a kalna awm kawngah chuan zirtir la, a upat hun pawhin a thlah lo vang,' Pathian thuin a ti a. Kan rochan fanau enkawl leh zirtir pawimawhzia hi kan sawi vek seng lo ang.

Ka rilrua awm ve thin pakhat chu an pasalte hnathawh nei reng si, nu

thenkhat chu duham vangin sumdawn an intihhmuh thin. a. An fate sikul bang rawn hawte chuan in lamah nu ber lo chhawn tur awm ta lo chu, an sikul ipte an paih lut thlawrh a, an leng nghal ta mai thin ka hmuh hian ka rilru a na vang vang thin. Chungte chu ka han chhui zui ve a, tam tak chu nun khawloin an awm zui ta. Chhungkuaah hian nute hi in lo va pawimawh tak em ve aw! Fate chhiat thatah, an thlarau nunah nute hian mawh an phur a ni. "Thir chu a lin laiin deng rawh," tih angin naupangte hian kan thu an awih theih lai leh siam that theih lai hian thahnem ngai taka kan enkawl a ngai a ni.

Lal Isua pawhin naupangte a ngai pawimawh a, 'ka hnenah han kaltir rawh u,' a ti a ni. Kan fate hi zirna leh thil dangah kan duhsak theuh a, mahse, an thlarau lam nun kan ngaihthah leh si hi kan tisual a nih hi. Pu Thankiman, "Kan fate hi B.A leh M.A pawh ni se, Lal Isua an neih loh chuan, ramhuai

B.A leh M.A an ni mai” a tih hi a dik hmel e. Thiamna leh finna hi Pathian tihna leh hriatna tel lo chuan kan hmelma an ni thei. Mahni chhungkua tibuaitu chuan thli a rochung ang a, Lalpa tihthu chhiahhlawh a ni ang. Kan fate kan zirtirna sum leh kan dahna sikul thate hi kan deh chhuah leh hlawnen a inmil em le? ‘Lalpan in a sak loh chuan, a satute chuan kan thawkrim thlawn dawn khawp mai. Chuvangin, sum thianghlim ngeiin i fate enkawl ang che.

3. Pathian hnena thilpek:

Lalpa tana thilpek - Sawma pakhat pawh hi chhungkua hmuh lai ngeia daha tawngtainaa hlan zui hi kan fate tihhmuh tur tha tak a ni. Nu leh pa kan awm tawh loh hnu pawha an hnena tuhna tha tak a ni. Chhung inkhawm pawh hi kan ro chante nena Pathian kan biak hona a ni a, kan faten an rawn chin zui zel atan remchang zawn zel a tha. Kan fate hian, ‘Isua chanchin min hrilh rawh u, ka nu leh ka pate u, Isua

hmuh kan duh e,’ min ti asin. Nu leh paten Pathian hmaa min tawngtaisaknate hi a va hlu em! Tun thlenga taksa leh thlarau malsawmna kan dawn zawn zawn hi min tawngtaisakna avang a ni. Kan fate an meng rei lutuk leh tho har lutukahte hian mawh kan phur asin. Kan tuh rah hi kan seng mek a, kan la seng zel dawn a ni.

Lal Davidan, ‘kan chhungkua chu Pathian hnena mi a ni lawm ni,’ a tih hi a va mawi em ve aw! Krista tel lova chhungkaw din hi zawn a tlo lo va. A tirin ropui tak ang leh nuam tak angin lang mah se, a daih rei thei lovin chhuan tam a daih thei lo a ni. Sam 92:12–14- ah chuan ‘Lalpan a phunte chu, kan Pathian Biak in hung chhung kawtlaihte chuan an duah hluah hluah ang a, tar hnuah pawh an la rah fo ang a, tui pai teuhin an hring hluah hluah ang,’ a ti a ni.

Inngaihtlawmna leh Lalpa tih man chu sum te, chawimawina te, nunna te a ni. *Lalpa tih hian man a lo*

nei a nih chu. Bible-ah hian amah țih̄tute mal a sawm nasat țhinzia kan hmu a, mi dangte tan pawha malsawmna an nih țhinziate kan hmu hnem hle. Kan rama chhungkua Amah țih̄tute pawh hi han chhut ila, Pathian thuin ka mi fel chu kalsanin an awm ngai lo va, a thlahte chaw khawn pawh ka hmu lo a tih hi a dik em em a, chhuan hnih chhuan thum thleng pawhin a en zui zel țhin a ni e.

Pathian thuin, ‘I thinlungin mi sual awt suh se, nilengin Lalpa țihin awm zawk rawh, lawmman a awm ngei dawn si a,’ a ti a. ‘Kei leh ka chhungte chuan Lalpa rawng a nia kan bawl dawn ni’ i ti tlat ang u, Lalpa rawngbawl hi taksa leh thlarau tan malsawmna a lo ni e.

Lota leh Nova te chhungkua ațangin lo inen leh ila. Lota chuan Lalpa rawn hmasa lovin Jordan phaizawl zawng zawng chu a thlang ta a, Lalpa rawn lova ram țha ringawt a thlan avangin an chhungkaw nun

a kehchhe ta, a va pawi tehlul em! A fanute leh an pasalte leh an nupui te leh a ran rual leh in leh lo zawng zawng a chan phah ta a.

Nova erawh kha chuan Pathian țih̄ chungin a chhungte a chhanhim nan lawng a tuk thung. A thu hi a va mawi hlei em! Lalpa țih̄tute kamchhuak hi chu a mawi țhin a ni. Pathian thuin “Mi fel chhung erawh chu an awm reng ang,” tih angin, khawvel pum pui tuiletin a chim a, thihna rapthlak a thlen lai khan, Lalpaa rinna leh a thuawihna avang khan an chhungkuain chhandamin an awm ta a nih kha.

Rorelna ni ropui lo theng turah hian, kan chhungkuain Krista chhanhimna lawngah hian kan chuang ve tawh em le? “Lungduh zawng zawng chatuan hmunah kim leh ni a awm ang em?” Kan dam lai ngei hian, kan chhungkaw nun hi kan rel fel a ngai a, keini vanah, kan chhungte hremhmunah a nih sih chuan a va pawi dawn em!

*Moderator thuchah***KUM THAR THUCHAH**

- *Rev. Lalrinmawia*
Moderator

Kan Lalpa kum 2015 kan lo chuang kai leh ta reng mai. AGAPE chhiartu zawng zawng kum thar chibai ka buk a. He kum thar hian tisa leh thlarauah malsawmna tam tak thlen che u rawh se. Synod Moderator thuchah ziaktu han nih ve dawn chu insit a na duh hle mai. Mahse, hetiang dinhmun ding tlaka min ngaia, ding theia min siamtu Pathian hnenah lawm thu sawi chu a ÷ul baw si. Kan rawngbawlnaa pawimawh nia hriat leh ÷ul tih zawng ka han tar lan erawh hi chu tih tak zeta min lo chhiarsak turin chhiartu zawng zawngte ka ngen hmasa a ni.

Kohhran hmeichhiate hmalakna Pathianin mal a sawm ÷hin a. Kohhran thlarau lam nunah ngat pheii chuan a keng nungtu berte chu hmeichhiate kan ni. Kan hmalakna pawimawh tak leh ÷ul ber Kristian chhungkaw din kawnga kan hma lakna hi chhui zui teh ang.

**1. Kristian Chhungkaw
din hi a ÷ul tawh tak zet -**

Lal Isuan in nghet leh nghet lo tehkhin thu a sawiah thlipui leh ruahpui a lo thawk a, chu in chu a nam nawn sawk sawk a, a chim lo tih leh a chim ta tih kan hmu. Tunlai khawvel ÷hang zelah hian chhungkua min rawn nam sawk sawktu, min rawn runtu an tam hle

mai. Sakhaw ngaihsak lohna, Pathian awm ring lo hial pawh Mizo zingah kan awm ta. Khawvel changkannain nasa takin min run a, um phak tumin, neih ve zel kan tumna chuan K.S.-ah leh hlep ruknaah min hruai lut mek baw. Tin, mi tam tak tisa chakna suala hruai luha awmin, inngaihna sualah leh

uirena sualah an tlu mek a. Chu mai a ni lo, ruihhlovin nasa takin mi mal leh chhungkua a tibuai mek bawk. Hetianga nasa taka chhungkaw tin sualin min run lai hian inngahna nghet leh tlo chhungkaw tinten kan neih a ʔul ta. Suat chu kawngka bulah a lo lut mai turin bawk reng a ni.

2. Chhungkua Pathianin a ngaipawimawh - Chhungkaw humhim hi Pathianin a duh a, Lalpa Pathian hre renga, chhungkua humhim tura bei tura fuih kan ni (Neh 4:14). Chu mai ni lovin chhungkua hi thlahte leh thlah kal zel thleng pawha malsawm a duh a. Mihringte zawk hian kan lo pal chhe ʔhin a ni (Is 59:20). Pathianin chhungkua a duh taka a din hi tihchhiat leh tihrehawm a phal lo va, hlim taka chan hona hmun atan ama duh dan ang taka a siam a ni. A tibuaitu leh tihrehawmtu pawh man zel a tum a ni (Thuf 11:29). Chhungkua hlim taka awm

theihna atan tih tur pawh Bible-in chiang takin min hrilh a. Pasal awm dan tur te, nupui awm dan tur te, fate awm dan turte chiang takin min hrilh (Kol 3:18-21). Hei hian chhungkua Pathianin a ngaih pawimawhzia a tilang chiang hle a ni.

3. Kristian chhungkaw din tura pawimawhte - Kan hriat angin bawhchhiatnain a nghawng nat ber chu chhungkua a ni a. Kaina chuan a nau Abela a lo that nghal a nih kha, chutiang a nih avang chuan chhungkaw ʔha din turin thinlung chhunga Pathian biakna hmun din a ʔul a ni. Kristian chhungkua din turin saltang chhuah phawt a ʔul. Babulon saltang chhuahten Temple an din thar a, an dinna pawh anmahni sum leh chakna hmang lovin Babulon lal sum hmangin an dih a nih kha (Ezk 6:4). Chutiang bawkin Kristian chhungkaw ʔha din turin Pathian chakna leh Thlarau Thianghlim thiltih-theihna hman a ʔul a ni. Davida chu

thisen chhuah hmang a nih avangin Temple sak phalsak a ni lo. Chuvangin, khawvel thil leh Pathian thil tham kawpten Kristian chhungkua an din dawn lo. Kristian chhungkua din turin Josua anga Pathian chauh rinchhan ngam nih a tul.

Kristian chhungkua din turin chhungkaw maicham siam a tul. Maicham hi Pathian leh mihring thil tih dunna a ni. Pathian thuchhuak chuan 'maichamah ka lo kal ang a, mal ka rawn sawm thin ang che u' a ti (Ex 20:24). Chhungkua Pathian tan maicham siam a, chhung inkhawm buatsaihna hmunah chuan chhungkaw neitu, chhungkaw dintu Pathian ngei chu lo kalin

chu chhungkua mal a sawm thin.

Khawvel sual leh a thiltitheihnain nasa taka Pathian mite pawh a tihbuaina khawvelah hian chhungkaw tin hi harsatna tawk lo kan awm lo. Mahni tawkah phurrit kan phur theuh, hetiang kan nih avang hian Kristian chhungkua kan ni lo tihna chu a ni si lo. Harsatna hi tisaa chin fel chi a ni lo va, phurrit pawh khawvel thila chhuak chi a ni si lo. Chung lam thlarau sual hnathawh a nih avangin Kristian chhungkaw din hi thlarau lam indona a ni. Krista hnenah chauh chhan chhuahna zawngah Krista leh a felnaa tuihalten Kristian chhungkua an din ang.



Thinrim em em chung a i fanaute i hauh bawrh bawrh lain inlengin kawngka an rawn kik a, i thinrim an hla a tawp hmak theih chuan i insum thei tihna a ni. Thinrim lai tak hi insum hun a ni tih leh i insum thei tih hi theihngilh suh ang che.

- John Haggai

*Sermon***LAL ISUA A LO KAL LEH DAWN****(Tirh 1:11; Thup 22:12)***- Rev. J. Lalremsiama
Durtlang*

“*A lo kal leh dawn,*” tih ṭawngkam hi Bible-ah a awm chiah lo mah se, a lo kal leh tur thu hi Bible chang 24 dan zela awm anga ngaih a ni. Ngaih dan hrang hrang a awm a. Entir nan, “*Tisaa a lo pianna kha a ni,*’ tih te, ‘*Pentikos Ni kha a ni reng tawh alawm,*’ tih te, ‘*Ringtu a lo thih hian a tan a lo kal leh a ni,*” tih te a awm a. Mahse, Bible-ah ṭan chhan tur belh chian a awm em em lo. Thil lang chiang tak chu, “*Lal Isua, Amah ngei hi van lama a chho an hmu ang khan ropui takin khawvel pum pui hmuh theih leh hriat theihin a lo kal leh dawn a ni,*”(cf. Tirh 1:11) tih hi a ni. Kan Lalpa lo kal leh tur hi kan ngaih dan leh rin dan leh Bible chhiara kan hmuh ai hian a ropuiin a raphlak dawn si a. Khawvel inbuatsaihna aiin ringtute inbuatsaihna hi a nasa mai ang a! Ringtu tam tak chu kan phur vak lo, tam tak phei chuan kan hlau hial a ni awm asin. Lo kal ta mai se ringtute ngei pawh hi kan buai dawn tih a hriat reng mai. Chuvangin, kan thupui hi a pawimawh tak zet a ni.

1. Lo kal leh pawimawhna: Pathian thu zawng zawng thlen famkimna a ni a, ringtu nun hruaitu Arsi lian a ni. Lal Isua lo kal leh tur thu hi Thuthlung Tharah wawi tam tak a awm. Ringtu nun tinungtu leh tichaktu a ni a, Kristian Thurin zinga buaipui hlawh tak a ni. Kawng lehlama sawi chuan ringtu

nun tibuaitu, pawm dan inrual lo, innghirnghona tichhuaktu a ni. Kristian ṭhenkhat ngaih dante ngaihtuah phei chuan *Ngaihthah Thurin* ti pawhin a sawi theih. A fiah zawk nan kan kohhran ngeiah pawh kum khat chhung sermon ngaihtuahin sawi a hlawh lem lo a tih theih. Ringtu ṭhenkhatin an ngaihthah a, an

muang a; thenkhatin an nghakhlel leh lutuk a, an buai phah a ni. Vawi khat pawh kan zin honaah kan thian pakhatin uar takin hetiang hian a sawi a, “Kan Lal Isua lo kal leh hun tur chu Fapa pawhin a hre lo, Pa pawhin a hre lo” a ti ta mai a. Chuvangin, Bible keuvin fimkhur taka kan kalpui a ngai a ni. Lo kal leh tura hi a lo kal har avanga a lo kal ring tawh mang lo an awm tam tawh. A lo kal lehna ngaihthah, ngaihsak lo chu ringtu/kohhran hnungtawlh, tisa mi, ringtu beidawng, thi reng sia nung hmingpu a awm theih a ni. Thil Chiang tak chu, ***“Lal Isua hi a lo kal leh ngei ngei dawn,”*** tih hi a ni.

2. A lo kal leh hun tur: A hun tak hi hriat a chakawm khawp mai. Mahse, Bible chuan a remti lo a nih hmeh. Bible chuan, ***“Chumi ni leh a hun chu Pa chauh lo chuan tu man, vana vantirhkohte pawhin, Fapa pawhin an hre lo,”*** a ti (Mt 24:36). Hriat chian erawh chu

kan nei. Eng hunah pawh a lo kal thei (Mat 24:36); a kal leh chuan a rualin kan hmu ang (Mt 24:40; Lk 17:34). A lo kal lehna tur thua hian chhinchhiahna min pe a, tam leh hrileng, lirnging a lo thleng ang. Khawvel hriat thamin wawi tam a thleng tawh. Lir phei chu wawi tam fe a nging tawh. Ei leh bar, nupui pasal inneih te, zawlnei der leh zirtirna dik lo te an lo chhuak dawn. Pathian Thu tluksanna a hluar tial tial a (2 Tim 3:1-10). Tihduhdahna leh Krista dodaltu an lo chhuak ang. A lo kal leh hmaa thil thleng turte hi a thleng dik mek zel a, a hla tawh lo a ni ang. A lo kal lehna rin dan hi zir a ngai. ***Rin hnaih lutuk hi naupang zia a ni a, zirtirna dik lo a ni thei a, rin tlai lutuk a fel lo bawk.*** A lo kal leh hun tur hi khawvel thil thlengte nena khaikhin vak vak pawh a dik ber lo. Thlarau lam thil a ni a. A pawimawh ber chu Pathian leh keimahni inkar a ni. Eng tikah emaw chuan Khawvel tawp programme leh kohhran programme hi a la

fai vek hun a awm dawn,
Pathian kutah dah tur a ni.

3. A lo kal dan tur: Min hrem turin a lo kal dawn lo, a hmangaihthe min lam turin a lo kal dawn a, hlahu tur a ni lo. Kan hriat tur pawimawh em em chu *a lo kal dan tur hriat aiin a lo kal tur hriat chian hi a ni. Kan hria a, min hre ve em?* tih hi. Ngaih dan hrang hrang a awm a. Kohhran thenkhat rin dan te, Evangelist-te ngaih dan te, Kristian Thurinin a pawm dan te, Bible-in a sawi dante a awm a ni. Bible sawi dan hi luh chilh ila: Thuthlung Hlui sawi dan pawh a awm a, Thuthlung Thar sawi dan tlangpui tar lang ila:

(1) **Rorel turin a lo kal dawn:** Krawsa mi zawng zawng hmangaih vanga chhandam duhnain hmangaihna mitin ro a rel ang a, engkim saruak leh inhawng sain a lang iar dawn a ni. A hmangaihna hnawla soal lui tlatte chu chatuan hremhmunah an kal

ang a, rinawm taka a hnung zuitute erawh chu ropuinaa lawm luhin an awm ang. Chutah chuan kum sang ro kan rel tawh ang a, chutah chuan chatuanin kan êng reng tawh ang.

(2) **A lo kal hmasak nen a inang dawn lo:** A ropuina zawng zawng hlipa mihringa lo pianga kha hetih hunah hi chuan mi tin an thiltih ang zela rorelsak turin a lo kal tawh ang a; an dam laia rorelsaka awma, thiam loh an chantira kha rorelna lalthutphahah thuin mi tin an thiltih anga rorelsaktu a ni tawh ang. A hun hmasaa lamtang nei lova thia kha a lama tang lo nih chu a rapthlak ngawt ang. Inngaitlawm taka lo kal kha ropui rapthlaka inthuamin a lo kal tawh dawn a ni. Van khawpuiin amah chauhva an rawn tirha kha ama ropuina nen, a vantirhkohte leh a Pa ropuina nen a lo kal ang (Mt 24:31). Taksa pua hmuh theih a ni ang a, Amah ngei a lo kal dawn a ni (Tirh 1:11; Thup 1:7; Mt 24:30).

(3) ***Khawvel a boral ang a, Pathian thu a ding chang ang:*** Khawvel hi a chakna chawpa boral mek a, Pathian duh zawng titute erawh chu ropuinaa lawm luhin kan awm dawn a ni (cf. 1 Jh.2:17). “Lei leh van a boral ang a, ka thu erawh a ral lovang,” (Mt 24:35).

(4) ***A lo kal thut dawn:*** Pathian thuin ‘Fimkhur ula, Inring rengin țawngțai rawh u,’ a ti. A va rapthlak dawn em! Khawvela la thleng ngai lo accident rapthlak tak a thleng dawn a ni. Lal Isua lo kal lehna leh thihna hian inzawmna lai an nei a. Bible chuan, “Mi zawng zawng tan vawi khat thih ruat a ni; chumi hnuah rorelna a awm ang,” (Heb 9:27) a ti a. Hre lawk vek mah ila, thihna hi chuan min țhawng thut vek a ni. Chutiang bawkin Lal Isua pawh hi lo kal ta sela, thut a ni tho dawn a ni. Chuvangin, inring rengin awm tur a ni.

(5) ***Amah chauhvin a lo kal dawn lo:*** “Lalpa chu au thawm nen, vantirhkoh

chungnung ber âw nen, Pathian tawtawrawt ri nen, van ațangin a lo chhuk dawn,” (1 Thes 4:16). Ropui rapthlaka inthumin, a Pa ropuina nen, a vantirhkoh thianghlim ropuina nen, a lalțhutthleng ropui nen a lo kal dawn a ni. A lo kal hmasak khan vana mipuiten an rawn thlah a (Lk 2:13), a lo kal lehnaah pawh an rawn zui ropui dawn a ni.

(6) ***En rawh, chhum zingah a lo kal:*** Khawvel inbuatsaih peih hun a nghak lo. Mi zawng zawng rorelna hmaah kan la ding vek ang. Krista muhilde an lo tho ang a, keini nung dama awmten nen kan intawk khawm ang a; a nuam ngawt ang. Pathian lallukhum var ropui chu hun chhuah a ni ang a, chutah chuan thiam loh chantira khan lalțhutthlenga țhu mi tin hmangaihna rilru puin ro min relsak dawn a ni. Vanram leh hremhmun a ințan tawh ang a, inthenna ropui a thleng ang. “Hmangaihtu leh hmangaite inthên a țul tawh ang a, mipui

sang tam tak țahna nen hremhmun an her liam ang a, mi felte chu an Pa ramah ni angin an eng ang,” tih hla kha a takin a thleng ang.

(7) ***Vanramah kan awm tawh ang:*** Chutah chuan famkim lo kan awm tawh lo vang a, a famkim lova kan hriat țhin hi tihban a ni tawh ang a; țawng hriatloh pawh a bang tawh ang. Tling lo leh chak lo tak chung a rawng kan bawl hram hram țhinna pawh chhun leh zan chawl lovin kan bawl tawh ang (Thup 7:15). Awm lote avangin a nuam tawh ang. Riltam leh tuihal, tih leh nat, lungngaih leh țah te, nat te, hunbi reng reng, hun rei zawng te, chhun leh zan te, lum leh vawt te, sual leh ințhenna te a awm tawh lo vang. Mittui zawng zawng a hul tawh ang. A va nuam dawn em! Lo awm sate avangin a nuam baw k ang. Famkim lo khawvel ațang hian kan sawi fiah phak lohah chatuanin kan awm tawh dawn a ni.

(8) ***Lawmman sem a ni baw k ang:*** Bible-a kan hmuh angin

lallukhum Lalpan a hmangaihte chu min khumtir dawn a ni. Martarte hnenah Nunna lallukhum (Thup 2:10); Pastor-te leh Upate hnena pek tur Ropuina lallukhum (1 Pet 5:2); missionary-te tan lawmna lallukhum (Phil 4:18); Amah ngaitute tan felna lallukhum (2 Tim 4:18); hnehtute tana a khek lallukhum chhe thei lo, hnehna lallukhum (1 Kor 9:29) te min khumtir ang. A va mawi dawn em! Kan inhmeh ngawt ang.

TLANGKAWMNA: He hun ropui tak leh mak tak, rorelna ni turah hian, kal turin kan inpeih tawh em? He hmun chang tur hian fimkhur a ngai a; inring renga ngaihven a ngai baw k. A lo kal thut dawn a, a hmanhmawh dawn lo va; a tlai dawn hek lo. A lo kal tur thu buaipui aiin a lo kal tura nena kan inkar chin fel a pawimawh. Mi țhenkhatte hi chu an nun dan en hian an la inchhir dawn khawp mai. Mahse, a sawt dawn tawh si lo. A paw i khawp ang. *“Chhun emaw, tlaiah emaw,*

zanah emaw, zingah emaw inpeih ru, Mo neitu chu a lo kal thuai dawn,” (KHB No. 243) tih a nih kha. Pathian thuhritlu ropui D.L. Moody-a chuan, *“He leia kan hun zawng zawngte hi chatuan atana kan inbuatsaihna vek a ni tih hria ila. Rawngbawlpui duh tak, tun hun a i chan zawng zawng aiin nakina i chan/hlawkna tur chu ngaihtuah la, chu*

chuan a buk rit zawk em em ang,” a ti. A ni, “Khi lama kan chan tur khian he khawvelah hian min tirinawm pha rawh se. A lo kal lehna atana inbuatsaih dan tha ber chu kan ni tin nuna Pathian duh zawnga nunga, rinawm tak leh dawhthei taka nghah hi a ni mai,” a ti.

“Ngai teh, ka lo kal thuai dawn e. Amen lo kal ta che Lalpa Isu,” Amen.



AGAPE CHANCHINBU CHUNGCHANGA HRIAT TURTE

Kan thawh hona leh tan tlanna avangin Kohhran Hmeichhe Chanchinbu Agape pawh a la kal ve hram hram zel a, a lawmawm hle. Chanchinbu dang ang loin Agape hi chu amah leh amah intum tura tih a ni a. Mahse, a intum zo lo va, Kohhran Hmeichhe sumte a remchan anga pawh then thin a ni a. Tunah chuan Synod-in sum vawn dan a tihdanglam tak avangin pawh then mai theih a ni tawh lo va. Chutih laiin paper man a san avangin Press lamin kum thar 2015-ah a chhut man an rawn san leh a. Agape Editorial Board Committee chuan kum tharah chuan tuna kan dinhmun en chuan a man san mai awm a ni naa, san rih lovin a ngai ₹60-in kal leh phawt ni se, Agent Copy erawh chu free tawh loh mai ni se a ti a ni.

A lak man hi ba kan awm thin a, a man bate kan rawn thawn chhonzawm lo a nih pawhin kan inhre thiam dawn nia.

Kum tin January thla chhung ngeia la tur zat dik tak report vek zel thin ni tawh se a tha ang.

Circular Manager, AGAPE

I DIN THAR LEH ANG AW! (Ror 11:34-35; Thuh 5:4-5)

- Zokungi
Haflong

Pathian thu chuan ‘hning lama thil awmte chu theihngihlh a, hmalama thil awmte ban’ zawk turin min duh a; mahse, hun kal ta i han thlir kir leh hram ang aw! Kum 2000 chho ka han hawi kir a, khang hun laia KṚP hruaitu pakhatin, “Ka pi, Sermon ziak rawh, i ziah loh chuan, kan chanchinbu a chhuak thei lo vang,” an tih te chu ka va lawm tak em, a chang phei chuan zan dar 1:00 te ka meng thleng ṭhin a, fak lawm lo tu nge awm ang, mi mawl chu ka lawm zual ang chu! Ṭhahnem ngaih a zual duh asin aw! Mi mawl thinlung a harh chhuak ta. E! a ni tak maw! Mahni ta mai en lovin, “Mi dang ta pawh en ve rawh u” (Phil 2:4) tih a nih tak kha, tiin ka hre thiam ve ta a. Chuvangin, hei kum eng emaw zat chu ka lo chawhlsan ta a; chuvang chuan alawm, “I din thar leh ang aw!” ka han tih hluaina chhan chu.

Mihringte hian ngaih dan leh duh dan te kan lo siamin kan lo nei ve ṭhin a; mahse, kan duh dan leh ngaih dan hian a lo awm theih hauh loh mai. Kan ngaihsak lem loh leh kan ngainat lem loh pawh hi Pathianin ṭul a tih chuan tih a lo ṭul leh ṭhin a nih hi. Tunah kan thupui atana kan rawn thlan chhuah pawh hi kan chhungkaw dinhmun leh nihnain a phak loh avang leh a tlin loh avangin Kristian

chhungkua tih hi tling vea ka inhriat loh avangin sawi chakna pawh ka nei ngai lo va, vawi khat mah pawh ka la sawi lo va; mahse, Pathianin ka tlin lohzia min hriattir nan keimah ngei mai kha min hriattir a duh vanga min pekah ka ngai a ni.

Pathian min hruai dan leh enkawl dante kum 80 thlenga min hruai dan kan ngaihtuahin ka lawm em em a. “Lalpa, min hmangaihna

ropui tak avangin i hnenah eng nge ka pek ve ang che? Eng mah nei lo leh theihna pawh nei lo, i tan t̄angkaina pawh nei lo leh mi sual mai ka ni a, ka neihchhun nangma min pek, rila rah malsawmna ka tu leh ka fate zawng zawng hi i tan ka rawn hlan a che. I ropui nan lo hmang la, nangmah chawimawia ram tana seng khawmpuitute ni turin, keimah pawh i hnenah ka rawn inhlan e. Min hruaina apiangah ka zui ang che'ng a, min dahna apiangah ka awm ang a, min pek apiang ka la ang" tiin ka inhlan a, thu ka tiam a, "Lawm thu i hnenah sawi zel thei turin min pui ang che" tiin.

Kan chhungkuaah Lalpa rorelna a lo thleng a, mihring lam ātang chuan 'Vanduaina' kan ti t̄hin a nih kha. Mahse, Pathian lam ātang chuan vanduaina ni lovin, Lalpa rorelna a ni si a. Mihring duh dan leh remruat a nih loh avangin Lalpa hnena lawm thu sawi mai loh chu sawi tur eng mah ka nei si lo va,

chutah tak chuan he kan thupui 'Kristian chhungkua' tih hi a lo in̄tan ta a nih chu.

Roreltute 11-ah khan Jephtha kha Gileada fapa nawhchizuar hnena a fa a ni a, a pa nupui faten an hnawtchhuak a, a tlan bo ta a. Amah hi mi huaisen, mi chak a ni a. Amon-hovin Israel-ho an rawn bei dawn a, an mangangin mi huaisen leh chak Jephtha chu an va ko leh a. Chumi t̄uma hnehna changa a haw tur chuan, a kawngkhara lo hmuak hmasa ber chu Lalpa tan, inthawina atana hlan turin thu a tiam a. Hnehna changin Lalpa a khaw lamah a hawtir a, a fanu neihchhun chuan khuangte kengin, a pa hnehna changa lo haw chu kawngkhar bulah a lo hmuak a. Chuta a fanu hnena a thusawi "Lalpa lamah ka k̄a ka lo ang ta si a, chu chu zuk leh thei ka ni si lo" a ti a. He thu hi a ni kei pawh Lalpa hmaah "Ka k̄a ka âng tawh si a, min pek apiang ka la ang a, min dahna hmun apianga ka awm ang a, min hruaina apianga ka zui ang

che” tiin thu ka tiama ka inhlan tawh si a; chuvangin, min dahna mittui tlakna leh zahna ruama min hruai luhnaah hian sawi tur eng mah ka nei lo.

Ṭap tlawk tlawk chung pawhin “Lawm thu ka hrilh a che” tih a ṭul si a. Chu chu ka ṭah hla tur a ni ta si. Mahse, “Lalpa, ka tisa mittui erawh min hruk hulsak ang che” tiin. Lalpa hmaah thu tiamin ka lo âng tawh si tih chu ka ṭah hla a lo nih tak si avang chuan engtin nge ka sawi ang a, thupui ah eng nge ka dah ang? tiin Pathian hnenah ka zawt a. Lalpa min channa chu ‘Kristian chhungkua’ tih chu ka thupui atan ka dah ta a ni.

Kristian chhungkua hi tu din nge? Eng nge a niha, khawiah nge a kal zela, eng thilte nge a thlena, eng anga pawimawh nge, tih i ngaihtuah tlang ang aw! Chhungkua hi Pathian din a ni a, chi thlaha lo punga, amah ngaihsak turin a din a ni. Keimahni duh thu a chhungkua hi din emaw ka nih kan tih chuan thil kan

tisual a ni tih kan hriat a ngai ang. Pathian hi a duhtuiin a fimkhur em em a, thihna chauh lo chuan a ṭhen tur a ni lo a ti a nih kha. Chuvangin, Pathian leh kohhran hmaah thu tiamin chhungkaw din turin kan inhlan a nih kha. Pathian hmaa chhungkaw dintu zawng zawngte hi Pathian hmaah a hrehawm leh a nuamah pawh dam chhunga nupui/pasal tak ni tura thu tiamtu kan ni vek a. Amaherawhchu, kan rin ang a lo nih leh si loh avangin mahni thutiam bawhchhetu kan ni leh ṭhin a, Pathian chunga thil tisualtu ka ni tih hi kan ngaihtuah ngai em?

Pathian hnena thu i tiam chuan ngaihthah suh, i tiam chu hlen ngei rawh. Thu tiama hlen leh si loh ai chuan tiam loh law law i tan a ṭha zawk. I kâ chuan tihsualtir che suh se, eng atan nge i âwka chhuakah Pathian a thinur anga, i kutchhuak thilte a tihboral ang le!

“Sawrkar hmasa ber chu, chhungkua a ni e” an ti a,

kohhran hmasa ber pawh chhungkua (kan mi thiamte tawngka kan hawh lawk ang aw). Zirna sikul hmasa ber chu ‘Nu malchung’ a ni an ti a, tunlai khawvel han thlirin mihring nun sual tawhzia leh rinawmna kan tlakchham tawhziate hi. Chhungkaw tha leh rinawm, Pathian taha thu tiam ding tlat, khawvel thilin a tihbuai ve ngai loh chhungkaw dintu, thutiam vuan tlat chhungkua, Pathiana innghat tlat nih a pawimawh a nih chu. Nu leh Pa, Lalpa hmaa ‘Tiam tlat e’ tia ka ang tawh zawnzawngte i inngaihtuah thar theuh teh ang u. Zirna sikul hmasa ber pawh Nu malchung a nih chuan Lalpa thua zirtir tiam tlattute u, kan thutiam kan hlen loh avangin kan fate Lalpa thua zirtir leh enkawl lovin, khawvel thawnthuvin kan awi mu a, khawvel sanna leh

ropuina kawng lamah kan zirtirin kan hruai a; chuvangin, kan lo awih mutna khawvel lamah an tlan a, chu chuan kan chhungkuaah harsatnate, buainaten ro a rel a, chhungkua kan lo buai thin a lo ni.

Hawh u, Kristian chhungkaw nu leh pa zawnzawngten baptisma kan chantira kan thutiam te, kan inneih nia Lalpa hmaa kan thutiamte kan hlen loh avanga kan lo tihsualte inhhira thupha chawiin Lalpa hmaah ngaihdam i dil ang u.

Min lo vaw tawh naa, min tidam leh dawn si a. Kan tu leh faten Kristian chhungkaw tha din tura Lalpa hmaa an thutiam an hlen theuh theih nan Nu leh pa zawnzawngte u, thupha chawia ngaihdam dilin Lalpa hnenah i inhlan thar theuh ang u.



* AGAPE November thla chhuaka Hmangaihna In tana Donation petu SI No 10-na Kawlkulh Bial Kohhran Hmeichhia tih kha Kawlkulh North Bial tih zawk tur a ni e.

ZU LEH RUIHHLO NGAITE HI DAMLO AN NI EM?

*Dr. Robert S. Halliday
Superintendent, Synod Office*

Tunlaiin zu leh ruihhlo ngaite hi ‘damlo an ni’ tiin mi tam takin kan sawi ðhin a. He ngaiah dan hian Kristian ram, Chanchin Ṭha puan darh tui puia neih ram hi min chiah hnehin sawi pawh kan sawi ri tam ta viau a, pulpit-ah thleng thlengin kan sawi ta. Mahse, he thumal hian a mi mal takin ka rilru chu a tiip deuh a, ngaihtuahna a hruai thui ðhin hle.

He ṭawngkam pakhat “damlo” tih hian Lal Isua hmangaihna leh a chhandamna ropui tak, sual bawiha tang mekte hnena kan puan chhuahna kawngah hian ringtute hi min hruai sual em? Damlo tih ṭawngkam hian mihring rilruah nghet taka thu a sawi fo ðhin chu ‘dam mah se nakin deuhah a natna chu a lo chhuak leh thei’ tih hi a ni. *Entir nan*, mi an hritlang a, damdawi an ei a, heta damdawi eitu leh a chawhtu rilrua lian ber ðhin chu a damdawi ei lai taka a hritlanna a rehna a ni a. Damdawi chu nakin hnu zela a hritlan leh tawh loh nana ei a ni hran lo a ni.

Chutiang bawkin, hetiang rilru pu chung hian mi tam takin tih tur atana ṭha nia hre siin, phur chiah lovin heng sual bawiha tang mekte hnenah hian Chanchin Ṭha kan han hrilh ve a. Pathianin ropui takin heng kan unau sual bawiha tang mekte hi a chhandam thei tih kan rilru chhungrilah kan pawm ngam tak tak lo va, beidawanna khurah min hruai lut fo ðhin.

Pathian khawngaih-nain Pathian thu zirna lamah, a bik takin zu leh ruihhlo ngaite enkawlina lamah ka han luhchilh thuk leh zual a, he “damlo” tih ṭawngkam hian rilru a luah khat telh

telh a, zu leh ruihhlo ngaite damlo kan lo tih ve ngawtna chhan hi phak ang tawk tawkin ka han chhui ve a, a tira ka lo ngaih dan nen chuan a lo inpersan hle mai a. Damlo tih ṭawngkam lo chhuahna hi i han chhui teh ang:-

1. USA-ah khuan damlote damdawi inah a thlawna enkawl theihna dan a awm a, hei hian damlo leh an chhungte nasa takin a chhawk a, mahse zu ngawlveite leh ruihhlo ngaite chu ‘damlo’ tia sawrkarin a pawm loh chuan damdawi ina an senso zawng zawng chu chu anmahnia intum a ngai a. Chuvangin, nasa takin ‘damlo’ tia pawm turin an nawr a, an hlawhtling ta reng a ni.

2. Doctor-ten dam lohna anga an pawmsak chuan nasa lehzualin zu leh ruihhlo hnathawh hi an zir theih dawn avangin damlo tia pawm turin nasa takin nawrna a awm a ni.

3. Ram hausa leh changkangah chuan sawrkarin

research atan sum tam tak a pe ṭhin a, mahse heng research grant-te hi dam lohna tia a kohte hnenah chauh hian a pe ṭhin a. Hetiang sum hmanga miten zir an duh avangin, heng ruihhlo ngaihna leh zu ngawlveinate hi ‘dam lohna’ tia pawm turin sawrkar an nawr nasa ta a, sawrkar chuan a pawm ta reng a ni. Heng aṭang hian zu leh ruihhlo ngaite sawi nana “dam lohna” tih ṭawngkam hi hman a ni ta a. A lo chhuah chhan ber chu sum (economic) vang tih a lang Chiang hle.

‘Dam lohna a ni’ tia kan ṭan tlat chung hi chuan zu ngawlvei leh ruihhlo ngaite hian an mahniin mawh an phur miah lo va, natna an kai ve a ni, kan ti mai dawn em ni ang? Keini ringtute hian he ṭawngkam lo chhuah chhan hre lo hian kan tuipui lutuk ta deuh em? Ringtute hian heng ruihhlo ngaite leh zu ngawl veite hi chhandam ngai an ni tih hi tuipui zawk ila, Lal Isua ke bula hruai thleng ngei turin hma i la zawk ang u.

LAWM THU SAWINA

Kum 2014 hi Lalpan kan chhungkaw tan kum danglam takah min puansak niin ka hria a. Tling lo leh phu lo chungin a rawngbawl hna kan nupain min pe a. Kei phe chu Kohhran, Kohhran Hmeichhia - Central Committee programme nen kum chanve hma lamah hian Lalpan a kohhrante kal tlangin a thu vawi 8 lai min sawitir a.

Amaherawhchu, July ni 11 aṅgingin pum nuam lovin min tlakbuak ta a, hetih lai vek hian bekang ei sual avangin kei, kan monu Zomuansangi Varte leh kan nula Makhumi-te chu Hospital-ah kan luh a ngai ta thut mai a. Kan monu duh tak, fa te tak tē tē 3 nei chuan a natna tuar zo lovin July 30, 2014-ah chatuan ram min pansan ta a. Tin, kei pawh ka pum nuam lo sa, kan thin bula bawk awm enkawl turin August ni 18-ah Vellore kan kal ta a. Thisen cancer chi khat (Follicular Lymphoma) Stage-III-A ka vei a tih hmuh chhuah a ni.

Ni 13-14 September 2014-ah Vellore CMC Hospital-ah Chemotherapy wawi 6 lak turah a wawi khatna ka

la a, Aizawl lamah chemo la chhonzawm turin kan lo haw chho va, Pathian mite min ṭawngṭaipuina avangin ka kawchhunga bawk centimetre 5½ laia sei chu chemo wawi thum ka lak hnu hian ni 8.11.2014-ah doctor-ten C.T. Scan aṅgingin Cm 1½-a sei chauh a lo ni ta tih an hmu chhuak a.

Kan dam loh hmasa zawk leh thihna kan tawhah leh tuna thisen cancer natna ka veinaah hian kohhranhoten nasa takin min ṭawngṭaisak ṭhin a. Kohhran Hmeichhia - Central Committee te, Bial hrang hrang Committee, kan chanchin hria apiangte, chhungkua leh mi mal pawhin ngenngawl takin ka tan Lalpa Pathian in au a, AGAPE chanchin Bu-ah

pawh ka tana ṭawngṭaisak tura ngenna chhuah a ni hi ka lawm êm êm a ni.

Heng hmangaihna zawng zawng hi Pathian aṭanga chhuak a ni tih kan hria a, in zavaia chungah lawm thu kan chhungkua hian kan sawi a ni.

In mi ṭawngṭaipuinate Pathianin a chhang a. Kan lusunnaah pawh Lalpa hmel a lo lang ṭhin a, ka tute naupang te tē tē pawh nu tel lova enkawl an huphurhawm tehlul nen, enkawl harsa tu mah an awm lo va, Lalpa Thlarau Thianghlimin min awmpuiin min thlamuan ṭhin a ni.

Inthlahrunawm hle mah sela, in mi ṭawngṭaipuina zar nasa taka zotu kan nih avangin kei leh kan chhungkua tan min ṭawngṭaipui zui zel turin kan ngen che u a, chu chu kan inngahna ber pawh a ni.

Pathian leh in zaa chungah lawm thu ka sawi tak meuh meuh a, tisa leh thlarauvah malsawm ṭheuh che u sela tih hi kan ṭawngṭaina a ni e.

Pathian thu Rom 11:33-36 hmang hian Lalpan ropuina chang rawh se.

In ṭawngṭaina dawngtu, Rosangpuii, Central Committee Member, Ramhlun North Pastor Bial, *Dated 18.11.2014*



Puithiam awm khawm zinga puithiam pakhat hi a thinchhiat em avangin ‘ân cheha’ an ti ringawt mai a. Eng emaw hlekah mi dang dem reng rengin a âng leh chiam mai ṭhin a. Nakinah chuan mi dangte tihbuai lohva hmun fianriala awm turin thlalera in pakhat a va luah ta a. In chhunga tuibel pakhat chu vawi hnih vawi thum lai a tauh ta mai a, a insum leh thei ta pek lo chuan a tui chawpin a chawi lawk a, pawnah chuan a paih keh darh ta vek mai a. A tuibel keh chuan thu dik a rawn hriattir ta. A thinchhiat leh ân cheh chu mi dang vang ni lovin, buaina bul chu amah ngei a ni tih a inhre chhuak ta a.

Hriselna huang

NUTE MAMAWH – RILRU HRISEL

Thufingte 17:22; 15:30 Rom 12:9-21

- *Dr. Ruth Lalmuanpuii*
Psychiatrist

Taksa hriselna lam hi chu mi tin hian kan ngai pawimawhin kan ngaihven tawh hle a, rilru hriselna lam erawh hi chu a tam zawk chuan kan la ngaihven vak loin a lang. ‘Rilru hrisel’ tih hi sawi fiah dan hrang hrang a awm a, WHO-in a sawi fiah dan chuan, “Rilru hrisel chu nun nuam leh hahdam, mahni nihna leh theihna inhriatchianna, harsatna lo thlengte dawnsawn leh hmachhawn thiamna, hlawhtling tak leh rah tha tak chhuah tura hnathawh theihna, mi dang tan leh khawtlang tana tangkai nih theihna nun hi a ni,” a ti.

Rilru hrisel lan chhuah dan: Rilru hrisel neite chuan rilru hrisel zia hrang hrang an nei thin a, chungte chu:

1. Lungawina nun an nei.
2. Dam nuam tihna leh dam chakna an nei a, an nun a hlim thin a ni.
3. An nuna harsatna thleng thin te an hmachhawn ngamin hlawhtling takin an su kiang thin a, harsatnain bawhbeh chang nei mah se, an tho chhuak leh a, nunphung pangngaiin an nung leh thei thin.
4. Thil thar zir chhuah zel an tum a, nun phung danglamna lian tak pawh lo thleng se mahniin an insiam rem thei zel thin.
5. An thil tih apiang hi mi tih avang emawa ti ve mai mai lovin, tih chhan tha tak an nei thin.
6. An thil tih an buk tawk thiam a, hnathawh hun leh hahchawlh hun te, thil tangkai tih hun leh intihhlim hun te, mi dang ngaihsak hun leh mahni inngaihsak hunte an hriain an buk tawk thiam thin.

7. Mi dangte nen inkung-kaihna tha an nei thin.
8. Mahni inngaihhlutna leh inrintawkna an nei.
9. Mahni dik lohnaah mawh an la ngam.
10. An rilru put hmang leh chet dan an thunun thei. Entir nan, an thinrimna an thunun thei a, tih chhuah dan kawng tha ber an ngaihtuah thin.

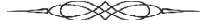
Heng avangte hian harsatna kan tawh thei:

1. Rilru lam dam lohna a bikin rilru na avanga dam lohna awm theite, *entir nan*, nun ngui leh beidawna, hlauh nei natna, chhiatrupna emaw, nun thawngtu lian tak awm thut avang emawa rilru lam harsatna leh cher duh luattuk avanga ei leh in lama harsatnaate hi mipa aiin hmeichhiaah a letin a tam zawk a ni.
2. Hmeichhiate hian thla tin thi kan neih theihna chhan *hormone*-te hi thi neih dawn te, nau pai tan te,

nau neih zawhahte leh thi hul dawnte hian a insiam zat hi a danglam vak thin a. Heng hunah te hian rilru lam dam lohna hrang hrang hmeichhiate hian kan nei thei a, heng hun hmachhawn tur hian rilru hrisel kan mamawh a ni.

3. Khawtlang nunah hmeichhiate dinhmun a hniam zawk avangin harsatna hrang hrang kan tawh nasa a. Kut thlak leh rahbeh kan tawh nasa bik a, henge hian rilru lam harsatna a thlen nasa em em a ni. Kan dinhmun hniam zawk avangin kan thiamna leh theihnain tlin reng mah se kan nih tur ang kan nih theih loh avangin rilru lam harsatna kan nei thei bawh.
4. Hmeichhiate mawh-phurhna hi a sang hle thung a. Chhengkua enkawltu ber kan ni a, tam tak chu sum la luttu kan ni bawh. Khawtlang leh kohhranah mawh-phurhna hlen tur a lo awm bawh a. Chhung-

kaw zingah buaipui ngai thiam loh emaw, heng karah
 bik an awm phei chuan harsatna dangin min lo
 nute hi an hah hle thin. tlakbuak emawte hian rilru
 Heng mawhphurhna lam harsatna awlsam taka
 hrang hrangte hi kan phurh neih a awlsam bik a ni.



KUM 2015 MIZORAM HMEICHHE INKHAWMPUI LIAN

A hmun: MAMIT

Pastor Bial hrang hrangte mi khual thlenna tur Counters

No. 1 - Luangpawl

1. Air Field Vengthar
2. Bawngkawn
3. Champhai Vengsang
4. Chawngte L
5. Chhingchhip
6. Darlawn
7. Farkawn
8. Hmuntha
9. I.T.I. Veng
10. Lunglei Chanmari
11. Mualpheng
12. Rabung
13. Rawpuichhip
14. Venghlui

No. 2 - Lungsir

1. Baktawng
2. Biate
3. Chanmari W

4. Damparengpui

5. Haulawng
6. Hnahthial
7. Kawnpui
8. Lawngtlai
9. Luangmual
10. Phainuam
11. Pukzing
12. Ramthar
13. Ratu
14. Serchhip Vengchung
15. Thenzawl
16. Zote

No. 3 - Hospital Veng

1. Bilkhawthlir Hmar Veng
2. Bukpui
3. Bungtlang S
4. Chalrang
5. Chawngte P

6. Darlawn Venghlun
7. Darlung
8. Hliappui
9. Kolasib Venglai
10. Maubawk
11. New Serchhip
12. Ramhlun
13. Rengdil
14. Tuidam

No. 4 - Field Veng

1. Armed Veng
2. Bilkhawthlir
3. Bungtlang Bazar
4. Cachar Kahrawt
5. Chawngtlai
6. Cherhlun
7. E. Lungdar
8. Guwahati
9. Kanghaimun
10. Kawlkuh N
11. Kawrtethawveng
12. Khawruhlian
13. Kolasib Hmar veng
14. Lawngtlai Chanmari
15. Reiek
16. Tanhril
17. Thenzawl Field veng
18. Tlangnuam
19. Venghnuai
20. Zawlnuam

No. 5 - High School Veng

1. Buarpu
2. Zait
3. Chawnpu
4. E. Phaileng
5. Hlimen
6. Hnahlan
7. Keitum
8. Khawbung
9. Khawhai N
10. Khawzawl Venglai
11. Khatla
12. Khuangleng
13. Lungpho
14. Mission Veng
15. N. Hlimen
16. Ramhlun N
17. Ruantlang
18. Sairang
19. Serchhip
20. Thingsulthliah
21. Zemabawk

No. 6 - Hmunsam

1. Bairabi
2. Champhai Bethel
3. Chhiahtlang
4. Durtlang
5. Electric Veng
6. Keifang
7. Lungsen
8. Madanriting
9. Mission Vengthlang

10. N.E Khawdungsei
11. Rengtekawn
12. Republic
13. Sesawng
14. Shillong
15. Sialhawk
15. Sialsuk
16. Silchar
17. Thingdawl
18. Tuikual
19. Tuipang
20. W. Phaileng
21. Zokhawthar

No. 7 - Bazar Veng

1. Bethlehem
2. Champhai Vengthlang
3. Kawrthah
4. Kanhmun
5. Khawzawl Dinthar
6. Khawzawl Vengthar
7. Lunglei Bazar veng
8. Lungleng I
9. N. Vanlaiphai DD Veng
10. Phullen
11. Ramhlun Vengthar
12. Saitual
13. Sihfa
14. Kawlkulh
15. Vairengte
16. Vaivakawn
17. Vanzau
18. Vaṭhuampui

19. Zawlpu
20. Zobawk

No. 8 - Charkawn

1. Dawrpui
2. Champhai Kanan
3. Chanmari
4. Chhinga veng
5. Hortoki
6. Tlungvel
7. Khawhai S
8. Khawlailung
9. Khawlailung
10. Kulikawn
11. Leitan
12. Lengpui
13. Manikbond
14. N. Vanlaiphai
15. Ngopa
16. Phuaibuang
17. Saiha
18. Sihphir
19. Ṭhuampui
20. Tlabung Zodin
21. Zawlpu

No. 9 - Vengthar

1. Champhai Kahrawt
2. Lallen
3. Lunglei Venglai
4. Marpara Ramthar
5. Sairang Dinthar
6. Suangpuilawn

- | | |
|----------------------|----------------------|
| 7. Sumsuih | 13. Sakawrdai |
| 8. Tlabung Chawnpui | 14. Sangau |
| 9. Tuipuibari Centre | 15. Sateek |
| 10. Tuithumhnar | 16. Sihphir Vengthar |
| 11. Vaphai | 17. Teikhang |
| 12. Zamuang | |
| 13. Zohmun | |
| 14. Zonuam | |

No. 10 - Dinthar

1. Aibawk
2. Bungkawn
3. Chaltlang
4. Dawrpui Vengthar
5. Kawnpui Chhim veng
6. Kelkang
7. Khawlailung Dinthar
8. Kohima
9. Kolasib Diakkawn
10. Lungdai
11. Muallungthu
12. Phuldungsei

Note: Kum 2014 Synod Inkhawmpuia Pastor bial thar apiang a nih chuan an awmna bial hlui a Counter-ah an bet ang. Tihsual palh leh hmaih palh awm thei a ni a, inthlahrung hauh lovin a hnuuia hming ziak hnenah hian thlen tur a ni e.

Sd/-
(NGURTHANSANGA SAILO)
Secretary
Reception Committee
Ph: 8974668835



* Nu ber taihmakna inah chuan pasal bengtla lo deuh pawh awm mahsela, fa ropui tak tak an nei thei a. Nu sual leh bengtlalo enkawlina atang erawh chuan mi ropui an chhuak ngai lo.

- *Napoleon*

* I pian chhuahna chhungkua aiin i din tur chhungkua a pawimawh zawk.

- *Ring Larinen*

**MIZORAM PRESBYTERIAN KOHHRAN
HMEICHHE INKHAWMPUI LIAN VAWI 46-NA**

A hun : March 6th - 7th, 2015
 A hmun : GSA Playground, Mamit
 Thupui : I nunna turin tlan chhuak rawh (Gen 19:17)
 Speaker : Rev. Vanlaluata
 Thuzir : Thupuan 2&3 'Kohhran 7-te'
 Zirtirtu : Nl. Lalzuimawii Tlau, M.A., BD
 Synod Higher Secondary School

Dt. 6.3.2015 Zirtawpni - thlen kim ni

Zan 6:30 p.m. - PALAI LAWMNA LEH REPORT

Hruaitu : Pi C. Lalhmangaihi, *Chairman*
 Ṭantu : Pi Lalnghinglovi, *Zamuang Bial*
 Reports : 1. General Secretary
 2. Bial Report Khaikhawm
 Thuchah : Rev. Lalrinmawia, *Moderator*
 Zaipawl : 1. Kawrtethawveng Bial Kohhran Hmeichhia
 2. Sairang Bial Kohhran Hmeichhia

Dt. 7.3.2015 Inrinni: 9:30 a.m. - PALAI ROREL

Dar 10:00 a.m. - Rorel hlân inkhawm

Hruaitu : Mamit Pastor Bial Kohhran Hmeichhia
 Ṭantu : Pi Vanlalbiaki, *Zaite Bial*
 Thusawitu : Pi Lalzuiliani, *Missionary, Karimganj*
 Zaipawl : 1. Saitual Bial Kohhran Hmeichhia
 2. Thingdawl Bial Kohhran Hmeichhia

Thu zir - chawhnu 2:00 p.m.

Hruaitu : Hmunsam Pastor Bial Kohhran Hmeichhia
 Ṭantu : Pi Sangthuami, *Lungleng I Bial*
 Thu zir : Thupuan 2 & 3 'Kohhran 7-te'

Zirtirtu : Nl. Lalzuimawii Tlau, M.A., B.D
 Zaipawl : 1. Sumsuih Bial Kohhran Hmeichhia
 2. Chhingchhip Bial Kohhran Hmeichhia

Zan 6:30 - Pathian biak inkhawm

Hruaitu : Pi Rochuangkimi
 Ṭantu : Pi K. Zodinsangi, *Khawllailung Dinthar Bial*
 Thuchah : Free Sermon
 Sawitu : Pi C. Lalmangaihi, *Chairman*
 Zaipawl : 1. Phullen Bial Kohhran Hmeichhia
 2. Tlangnuam Bial Kohhran Hmeichhia

Dt. 8.3.2015 Pathianni 10:00 a.m. - Pathian biak inkhawm

Hruaitu : Pi C. Lalmangaihi, *Chairman*
 Ṭantu : Pi H. Lalthianghlimi, *Champhai Vengthlang Bial*
 Sunna : Pi Liankimi, *Central Committee Member*
 Thupui : I nunna turin tlan chhuak rawh
 Sawitu : Rev. Vanlaluata

Kristian chhungkaw dinhmun tehna Trophy & Certificate hlanna

Hlantu : Rev. Lalramliana Pachuau,
Executive Secretary i/c Kohhran Hmeichhia
 Zaipawl : 1. N Vanlaiphai DD Veng Bial Koh.Hmeichhia
 2. Mission Veng Bial Kohhran Hmeichhia

Pathianni chawhnu 1:30 - Pathian biak inkhawm

Hruaitu : Pi Rochuangkimi, *Vice Chairman*
 Ṭantu : Pi Lalbiakthangi, *Ratu Bial*
 Thupui : I nunna turin tlan chhuak rawh
 Thusawitu : Rev. Vanlaluata
 Zaipawl : 1. Reiek Bial Kohhran Hmeichhia
 2. Kolasib Venglai Bial Kohhran Hmeichhia

Pathianni zan 6:30 - Pathian biak inkhawmHruaitu : Pi C. Lalmangaihi, *Chairman*

Thupui : I nunna turin tlan chhuak rawh

Sawitu : Rev. Vanlalzuata

Hruaitu thar hlan

Hlantu : Rev. Lalrinmawia, *Moderator*

Zaipawl : 1. Venghlui Bial Kohhran Hmeichhia

2. Mamit & Hmunsam Pastor Bial

Zaipawl infin

Zing tawngtai inkhawm: 6:00 - 7:00 a.m.**Inrinni** - Hruaitu : Pi Ramngaihsangi, *C.C. Member***Pathianni** - Hruaitu : Pi Lalrindiki, *C.C. Member***Inkhawm ban thu leh hla-a inpawl hona****Inrinanni zan**Hruaitu : Pi Vanlaltluangi, *Finance Secretary***Pathianni chawhma inkhawm ban (inpawl hona)**Hruaitu : Dr. Vanlalhruaii, *Asst. Secretary*

Thupui : Women Centre,

Sawitu : Pi Lalfakmawii, *Co-ordinator*
*i/c Kohhran Hmeichhia***Pathianni zan inkhawm ban Lengkhawmpui:**Hruaitu : Pi C. Lalneihthangi, *Treasurer*

**Kan ei bar zawna leh ni tin khawsakna
kawng tinrenga rinawm taka kan tih zel hi
Pathian min kohna leh Amah kan
chawimawina a ni.**

- John Calvin

Hriat atan

1. Dt. 7-10.11.2014 chhung heng hmunahte hian Leadership Training leh Kristian chhungkaw campaign neiin kan hruaitute an feh chhuak a, Pathian hruainain tuang takin hun an hmang thei a, a lawmawm hle -

(1) Chhingchhip Biala Hualtu Kohhranah Dr. Vanlalhruaii, Asst. Secretary, Pi C. Chawngpuii leh Pi Lalhmingmawii Sailo.

(2) Kolasib Diakkawn Bialah PiLaltlanthangi, Pi Zohmachhuani leh Pi Vanrammawii te an kal.

2. Inkhawmpui Lian chungchanga hriat tur pawimawhte:

(2) Inkhawmpui Lian Rorel-a tel turin Bial aiawh mi pahnih theuh tirh tur a ni.

(2) Inrinni zan inkhawm banah thu leh hlaa inpawl ho a ni ang.

(3) Pathianni zan inkhawm banah hlaa inpawlho a ni ang.

(4) Inrinni zan inkhawm aṭangin thilpek lak khawm a ni ang.

(5) Bialtinin a thlengtute theih ang angin ṭanpui leh theuh ni se.

(6) Inkhawmpui Liana chanvo nei zawng zawng tan te, a thlengtu tur tan leh Inkhawmpui Lian hruaitute i ṭawngṭaipui ṭhin ang u.

3. Counselling mamawhte tan -

Mi mal, nupa, fanau, chhungkua, nula tlangval, ringtu nun, etc.-ah harsatna i neih chuan Family Guidance & Counselling Centre pan ṭhin la, an lo ṭanpui ang che. Telephone leh internet hmang pawhin biakrawn theih an ni.

Mission veng, Aizawl - (0389) 234443;

Chanmari, Aizawl - (0389) 2306693;

Vaivakawn, Aizawl - (0389) 2344324;

Champhai - (0389) 234055

email - synodfgc@gmail.com



Biate Bial Kristian Chhungkaw Campaign & Leadership Training



Hmuntha Bial Kristian Chhungkaw Campaign & Leadership Training



Bethlehem Venglai Bial Leadership Training

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan :**
1. Kohhran pum rawngbawlna tihlawhtling tura thawhho.
 2. Kristian chungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



Postal Regn. No. MZR/ 53/ 2015 - 2017 RNI Regn. 40876/ 88



Shillong Bial Kristian Chhungkaw Campaign & Leadership Training



Madanring Bial Kristian Chhungkaw Campaign & Leadership Training



Bungtlang Bial Kristian Chhungkaw Campaign & Leadership Training

To _____

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