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Special Issue



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EDITORIAL BOARD

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Publisher	:	Rev. Lalzuithanga
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A chungu thu awmte

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AGAPE SILVER JUBILEE

Kum 1986 July thla atanga Kohhran Hmeichhiate tihchhuah Agape Chanchinbu chuan July, 2011 hian Pathian hruainain kum 25 (Silver Jubilee) a lo tling ve ta. Pathian chungah kan lawm em em a ni. He hun a lo thlen hian Agape chanchinbu latu, ngaisangtu leh chhiartu zawng zawngte Silver Jubilee pualin Editorial Board chuan Chibai kan buk a che u.

*Agape Editorial Board chuan Agape Silver Jubilee hriat reng nan hengte hi buatsaih ni se, tiin a rel a: (1) **July, 2011-ah Special Issue** siam ni se (2) **Agape-a Article tha deuh deuh 50 thlan chhuaha a bua siam ni se** tih leh (3) **January 2011 atangin a kawm two colour ni mek chu full colour-a tih ni se**; tih te chu Central Hmeichhe Committee-ah thlenin, Committee chuan tha a tiin hmalak zui a ni a. January, 2011 thla chhuak atang khan a kawm chu full colour-a tihchhuah tan niin, tunah July thla Special Issue tihhlawhtlin a ni thei hi a lawmawm hle a ni.*

Jubilee hial kan han thleng ta hian kan hruaitu hmasaten ruahmanna mumal, tha leh fel tak an lo neihzia a rawn lan chhuahtirin thangthar awm mekte leh awm zel turte tan Chanchinbu hmanga thu rawngbawlna ngelnghet leh ro- tling min hnutchhiah hi a ropui a, Agape Chanchinbu hlutzia pawh kan la hre zual zel ngei ang.

Agape Chanchinbu tihchhuah a nih atanga kum 25 a nih theih nana sulsutu zawng zawng te, kut hah man pawh dawng lova thu ziak tha tak taka rawn chawmtu zawng zawng te, rilru senga ngaihtuahna tha rawn hlantu zawng zawngte chungah kan lawm tak meuh a ni. July Special Issue atana thuziak tura kan sawmtun hun chep tak karah thu tha leh tling tak tak, duhsakna leh lawmpuina thu in rawn ziak hi lawm thu kan sawi baw. Agape Chanchinbu hmanga Pathian ram tizau

tura kan thawh hona hian hma sawn zel se tih hi kan tawngtaina a ni.

Tunlai thangharte (a bik takin hmeichhiate) kan vannei hle; kum 1994-Gospel Centenary, 2004-Kohhran Hmeichhe Centenary, kum 2006-Revival Centenary, kum 2010 - Buhfaitham Centenary te, PWF (PCI) Silver Jubilee leh NEICCWA Silver Jubilee te, kum 2011 - Kohhran Hmeichhe Inkhawmpui Lian Golden Jubilee leh July 2011- Agape Silver Jubilee te kan lawm a, kan hmang hi thil lawmawm leh danglam tak a ni. Thuthlung Hlui hunah chuan Jubilee a lo thlenin leiba nei an inngaidam a, inrem lote an inrem a, saltang te chhuah zalenin an awm thin. Hetianga Jubilee a lo thlen te hian i nunah, in chhungkuaah, Kohhranah eng nge rah tha a chhuah ve thin le?



BIAL KILKHAWR INKHAWMPUI LIAN KALNATUR PAWISA PETE (Thla hmasaa mi chhunzawmna)

Bial hming	Pek zat
1. Hlimen Bial	5,000
2. Kanaan Kohhran	2,000
3. Leitan Bial	4,200
4. Dawrpui Vengthar Bial	9,000
5. Zotlang Kohhran	2,000
6. Luangmual Bial	2,000
7. Vaivakawn Bial	3,000
8. Durtlang North Kohhran	1,000

Chhuak hmasaah khan Armed Veng bial leh Chaltlang bial tihnawn palh a ni a, Armed Veng Bial 5,800 leh Chaltlang Bial 2,000 tih tur a ni e. Petu zawng zawngte chungah lawm thu kan sawi nawn leh e.

CHIBAI BUKNA

- *Rev. Lalzuithanga*
Executive Secretary
i/c Kohhran Hmeichhia, etc.

Mizoram Presbyterian Kohhran Hmeichhe rawngbawlna peng pawimawh tak pakhat Agape Chanchinbu chuan Pathian hruaina leh malsawmna avangin kum 25-na (Silver Jubilee) hmel a lo hmu ve ta reng mai hi thinlung takin ka lawmpui a. Khang hun kal ta zawng zawnga tluang tak leh bahlahna awm lova a kal zel theihna tura tha leh tui, hun leh ngaihtuahna senga lo buaipuitu kan Editor te, Joint Editor te leh Circulation Manager zawng zawngte leh Editorial Board-te kha an fakawm ka tiin, an chungah lawm thu ka sawi tak meuh a ni. An thawhrimna leh inpekna ropui tak avangin kan Chanchinbu Agape chuan Zoram chung mai ni lovin ram pawn thlengin kohhranah te, chhungkuaah te, khawtlang leh ram tan rawngbawlna ñangkai tak thawkin, hmasawmna tam tak minrawn thlen tawh a, min thlen mek zel a, min la thlen zel ang tih pawh ka beisei a, ka ñawngñaina pawh a ni.

Kohhran Hmeichhiate hian an din tirh añangin Buhfaitham leh Kristian Chhungkaw din kawngah theihtawp chhuahin hma an la a, heng bakah pawh hian ramthar rawngbawlnaah te, kohhran leh a rawngbawlna peng hrang hrangah te an thawh hlawk ñhin hle a ni. Chutianga an thawh hona kawnga inhriat pawhna tur leh a ñul ang anga infuih leh inzirtirna tura Chanchinbu Agape an han tichhuak leh zel hian kawng tinrengah a tiñangrualin, a tipumkhat ñha em

em a, khawpui aṅanga thingtlang kilkhawr ber thlengin a hnuk khawm a, rawngbawlna kawngah pheikhai rual takin a kaltir mek a ni. Chuvangin, he Chanchinbu Agape hi Kohhran Hmeichhe rawngbawlna huang chhungah mai ni lovin mi mal, chhungkua, khawtlang leh ram tan a hluin a ṅangkai a, a pawimawh em em a ni.

Hun lo kal leh zel turah pawh he chanchinbu hian nasa zawk leh ṅangkai lehzuala mi mal, chhungkua, kohhran leh ram tana rawng a bawl zel theih nan a buaipuitute, ṭhahnemngai taka thuziak rawn thawh ṭhintute leh a chhiartu zawng zawngte SILVER JUBILEE pualin duhsakna sang ber hlan chungin CHIBAI ka buk e.



Sual inthupte lakah hian mi tifihtmlim ang che.

Thil tisual lui lo turin i chhiahhlawh hi mi chelh tlat la; ka chungah thu neihtir suh ang che. Chutichuan, ṭha famkimin ka awm ang a, bawhchhiatna nasa tak lakah sawisel bovin ka awm ang.

Aw Lalpa, ka lungpui leh mi tlantu, ka kaa thuchhuakte leh ka thinlunga ngaihtuahnte hi i mit hmuhah lawm tlak takin awm rawh se

Sam 19:12-14

AGAPE HMING SAK THU

- Rev. Robawia

Zoram kohhran hmeichhe chanchinbu Agape chuan kum 25 (*Silver Jubilee*) lai a lo thleng ve ta reng mai. A chhuah tirh aṅanga tun thlengin Pathian hruaina azarah tuang takin a rawngbawlna duhawm tak a kalpui zel thei hi a lawmawm tak zet a ni. Lâwm thu han inhrilh bik tur awm lo mah ila, kan vaia kan ṅan tlanna a nih rualin a bikin a enkawltu Editorial Board-te ṅhahnemngaihna rah a tih loh theih loh; chuvangin, Editor leh Board-ho chungah lâwm thu ka sawi a ni.

Agape-ah hian thuziak thawh tam lo mah ila, a hming saknaah ka tel ve avangin ka rilru takin ka intineitu ve a; chuvangin, a kalhmang leh article te hi ka lo bih ngun ve viau ṅhin a ni. A hming awmzia nen pawh hian a thu kal dan tlangpui hi inhme hle pawhin ka hre ṅhin. Min tibengvar satliah mai lo va, mihring khawsak dan chungchang thuah, ei leh in thuah te, hriselna kawng thuah te, chhungkaw khawsak thuah, fate enkawl leh Kristian Chhungkaw thuah te kaihhruaina ṅha tak, chanchinbu chhuanawm tak niin ka hria. Kohhran mi tin

hian tun ai hian ngaihven leh zual ila tih hi ka duhthusam a ni. A thlawna zirtirna ṅangkai hlawk tak, chhungkua leh nunphung tinrenga awm dan thiamna mi tinin a taka kan zawm leh tih nghal mai theih thu min hrilhthu chanchinbu pawimawh tak niin ka ngai a ni.

Chhiartute leh a neitu bik deuh Kohhran Hmeichhe hruaitute hian a hming *Agape* hi a awmzia kan ngaihtuah zui ngai em aw! A hming kan sak hian committee pawhin kan duhtui viau mai a, chanchinbu hming awmze nei deuh, lam nuam deuh tur si kan dap nasa viau va, rawtna chi

hrang hrang kan sawi ho nak nak a, lungawi tlanna kan nei thei lawk lo va; a tawp lamah kan la sawi tel loh tuna mi, "Agape tih hi Mizo ṭawng a ni lo va, a ṭha phian lawng maw?" ka'n ti zauh va, kan sawi zui ta nak nak a. Aawmze tlangpui kan hre tlang bawk a. Kan lungruual ta phian mai a, kan remti tlang ta a ni. A nemngheh nan Theological College-in Didakhe chanchinbu an lo neih thute kan sawi kai nual a. Didakhe chu 'zirtirna' tihna a ni a, zirna College chanchinbu hming ni âwm reng pawh a ni. Chutiang bawkin Agape chu 'hmangaihna' tihna a nih angin Kohhran hmeichhe chanchinbu atan inhmeh tak a ni. Hmangaihna chanchinbu han tih teh tawp chuan Agape awmzia a phawk chhuak zo chiah si lo va; chuvangin, Agape (Greek ṭawng) hi kan ṭawnga letling lova Agape han tih hian a tihlu riauvin a lang. Amen tih te, Halleluia tih te kan ṭawnga letling lova kan hmang ang

mai hian Agape han tih mai hian Pathian hmangaihna chhui chhuah rual loh hi rilru lamah a tifiyah riauvin a hriat a ni.

Kan Bible-ah hian hmangaihna tih thu hi a lang tam hle a, a tam ber chu Pathian hmangaihna thu hi a ni. Chu chu Grik ṭawngin Agape an ti. A awmzia chu - mi dangte tana inpe zo, inphal zo vek khawpa hmangaihna a ni. Kan Lal Isua tuarna kraws hian a tifiyah Chiang ber.

Paulan I Korinth 13-a a sawi hian a tifiyah hle bawk. Hmangaihna -

- (1) A dawh thei a
- (2) Ngil a nei a
- (3) A itsik lo va
- (4) A infak lo va
- (5) A uang lo va
- (6) A che mawi lo lo va
- (7) Mahni hma a sial lo va
- (8) A thinur duh lo va
- (9) Suallam angaihtuah lo va
- (10) Fel lohnaah a lawm lo va
- (11) Thutak a lawmpui ṭhin
- (12) Engkim a tuar hram hram
- (13) Engkim a ring
- (14) Engkim a beisei

(15) Engkim a tuar chhuak thin tih hian.

Hetiang tak hmangaihna hi Pathian hmangaihna *Agape* an tih chu a ni. Chu ngei chu kan chanchinbu hming *Agape* kan tih awmzia chu a ni.

Bible-a hmangaihna tih kan hmuh tam ber hi Pathian hmangaihna sawina a ni. Hmangaihna hi a hmangaihtu thinlung lama mi a ni a, hriat thiam har tak a ni. A hmangaihtu tan erawh chuan a fiah a. Mi dang rilru lama mi a nih avangin hmangaiha tan pawh a awmzia tak hriat har tak a ni. Chuvangin, Pathian hmangaihna chu kan hriat thiam theih nan Hla Thlan Khawmbu chuan moneituin mo a hmangaih ang hi Pathianin a mite a hmangaihna chu niin a sawi. Tin, Isaia chuan Pathianin a mite a hmangaih dan chu nuin a

fate a hmangaih ang hi niin a sawi (Isa. 49:15). Hosea leh a nupui Gomeri chungchang hian Pathian hmangaihna awmzia min hrilhfiah chiang hle bawk. Pathianin Hosea chu nawhchizuar nupuia nei turin a ti a, a nei ta a. Fa pahnih lai a neih hnuin a uiresan a, nawhchi te a zawrhsan leh tak hnu pawhin nei leh turin a ti a, a nei leh hi Pathianin a mite a hmangaihna lantir nan a ti a ni. Hetiang tak hmangaihna hi *Agape* chu a ni. Nuin a fate a hmangaihna hian *Agape* chu a teuh deuh berin a lang a; chuvangin, Kohhran hmeichhe chanchinbu hminga *Agape* tih hi a fuh hle a ni. A bu chhung chheh dan hian famkim takin *Agape* awmzia phawk chhuak zo vek lo pawh ni ta se, chanchinbu dangte ai chuan a hming a pu zo zaw berin a lang.



AGAPE CHANCHINBU LO INDIN DAN LEH A ṬHAN CHHOH ZEL DAN

Lalrinkimi
Co-ordinator

1. Thuhmahruai

Mizoram Presbyterian Kohhran Hmeichhiate chanchinbu 'AGAPE' chuan Pathian hruainain kum 2011-ah hian kum 25 (Silver Jubilee)-a lo thleng ta reng mai a; bahlahna awm hauh lova vawiin thlenga chhuah a ni hi a lawmawm hle mai. Kawng engkima min hruaitu leh mal min sawmtu Pathian chungah lâwm thu kan sawi a, a enkawltu Editorial Board member zawng zawng chungah te, chanchinbua thu chhuah tur ziaktu zawng zawng chungah te, lo chhiara lo ngaih lutu zawng zawng chungah te lâwm thu kan sawi a ni. Agape Editorial Board-in Silver Jubilee lawmna *special issue*-a chhuah turin "*Agape chanchin bu lo indin dan leh ṭhan chhoh zel dan*" ziaq turin min ruat a, Agape chanchinbu bul ṭanna a thil ṭul tinreng buaipuitu lo nih vena laiah min lo ruat takah chuan hnial lovin theihtawp chhuahin ka han ziaq ve ta a ni.

II. Agape chanchin bu chhuah hma thu

Central Kohhran Hmeichhe Committee wawi 56-na chuan rawng-bawl na atan thil ṭangkai tak a nih beiseiin Magazine chhuah chungchang a ngaihtuah a, "*Inkhawm-*

pui Lian zawhah Hmeichhiate hian Magazine chhuah ve ṭhin a ṭhain kan hria a, remchang hmasa berah hei hi neih ni se kan ti," tiin kum 1981 khan an lo rel a (CC 56:5 of 10/4/1981). Central Committee wawi 57-na chuan, "*Chanchinbu chu kum*

khatah vawi khat chhuah ni se tiin sub-committee atan hetih laia Office Bearers ruatin an bawhzui turah a dah a. Editor atan Vice Chairman Pi Malsawmi an ruat a" (CC 57:3 of 19/5/1981).

Sub Committee Member (hetih laia Inkhawmpui Lian Office Bearers)-te chu –

1. Pi Thangdailovi,
Chairman
2. Pi Malsawmi,
V. Chairman
3. Pi Zomuani,
Gen. Secretary
4. Pi Saptawni,
Asst. Secretary
5. Pi Hmingliani,
Treasurer
6. Pi Lalnguri,
Fin. Secretary

Chanchinbu (Magazine) chhuah tur Sub Committee-te chuan hman la zel a, Magazine hming atan "*Kohhran Nu*" tih an rel a (CC 59:3 of 28/3/1981). Nazaret Press-ah Copy 5000 chhut tura tih a ni (CC 62:2 of 5/2/1982).

Magazine-ah Inkhawmpui Lian hruaitu ding laite thlalak chuantir tura tih chu tunlai angin offset printing te a la awm lo va, Kolkatta (Calcutta)-ah Block an siamtir a, Rs. 92.58 an seng a ni. Tichuan, Magazine hmasa ber hi 1982 March-ah chhuah a ni a, a chhut manah hian Rs. 15,000/- sen a ni. Amaherawhchu, Magazine hi a lo chhuah chuan a hmingah '*Kohhran Hmeichhia*' tih a ni. Kum tina chhuah tura rel a nih angin March 1983-ah chhuah leh turin hman la a; mahse, article te an hmuh that loh avangin an chhuah chhunzawm thei ta lo va, a hlui hralh bang te a la awm bawka, kum 1983-ah chuan chhuah loh mai an rel ta a (CC 72:7 of 14/3/83).

Kum 1984-ah hian 1985-ah Inkhawmpui Lian Silver Jubilee Souvenir buatsaih tum a nih avangin chhuah a ni lo. Kum 1985 Inkhawmpui Lianah chanchinbu

chhuah chhunzawm chungchang a lo lut a, *"Hei hi chu hna awm sa a ni a, Central Committee-in lo bawh zui se tiin rel a ni a"* (Ref. 8 of 29/3/1985)." Tichuan, Inkhawmpui Lian te a zawh hnuah Magazine chhuah duhna chu ding rengin magazine chhuah turin rel leh a ni a. Sub Committee awm sate bawh zui turin an rel a. Member-te an ruat belh bawh a (CC 97:4 of 12/7/85) hetiangin :

- (1) Pi Malsawmi, Editor,
- (2) Pi Zomuani, Convener,
- (3) Pi Saptawni,
- (4) Pi Varhmingliani,
- (5) Upa C. Sangzuala.

Amaherawhchu, kum 1985-ah hian Magazine chu harsatna eng emaw avangin chhuah a ni leh ta lo va; mahse, heti chung hian, *"Kum thar lamah zing zawkin thla hnih dan zelah (Bi-Monthly)-in chhuah thei ila, kan rawngbawlna tangkai tak tur niin a rinawm a; chuwangin, 1986 Hmeichhe Inkhawmpui Lianah thlen*

ila kan ti" tiin Central Committee-in a rel leh a (CC 101:13/12/1985).

III. Agape chanchin bu a lo piang

Kum 1986 Inkhawmpui Lian, Kawnpuia neihah Kawnpui Bial atangin *"Kohhran Hmeichhiaten Chanchinbu chhuah ve ni se"* tih a lo lut a. Central Committee-in Chanchinbu chhuah tura a lo rel tawh dan leh kum 1986-ah chuan thla hnih danah (Bi-Monthly) chhuah ni se tia a lo rel te Secretary-in a sawi bawh a. He Inkhawmpui Lianah hian Kohhran Hmeichhe Department-ah Assistant Women Worker Nl. Lalrinkimi kan neih thar kum a ni a, thawktu lamte inhuam dante zawh a ni bawh a, phur takin chanchinbu thla hnih dana chhuah tur chuan thu tihtluk a ni ta a ni (Ref. IKP 26:2 of 21/3/1986).

Inkhawmpui Lian rorel chu bawh zuiin Central Committee-ten

hman la zela, chanchinbu chhuahna atana thil t̄ul hrang hrangte duan a ni a, chungte chu :

- (1) Registration
- (2) Editorial Staff
- (3) Circulation Manager
- (4) Article lak khawm hmang
- (5) Editorial nghet ruat
- (6) Magazine hming tur ruat
- (7) Feature tur.

Central Committee wawi 107-na chuan hetiangin a rel a (CC 107:3 of 17/7/86).

1. Chanchinbu hming : Chanchinbu hming atan Rev. Robawia, hetih laia Synod Moderator-in a rawt 'Agape' tih chu lungrual takin an pawm a. Roman hawrawpa Agape tih hnuaiiah Grik t̄awnga ziake Agape tih block-a chhut t̄hin turin rel a ni baw.

2. Regular Feature tur : Chanchinbu lo enkawltu leh article ziaktute kaihhruai nan regular

feature turin hengte hi thlan a ni.

- (1) Kristian chhungkua
- (2) Sermon tawi
- (3) Naupang pual
- (4) Testimony
- (5) Buhtham
- (6) Rawngbawlna report
- (7) Chanchin lawr khawm (ram chung leh pawn)

3. Editor atan Pi Zomuani, Gen. Secretary.

4. Circulation Manager atan Nl. Lalrinkimi

5. Editorial Board atan Magazine Sub Committee member awm sa bakah Nl. Lalrinkimi belh a ni.

6. A copy zat tur copy 3000

Heng thil t̄ul zawng zawngte hi Office lama thawktuten an bawhzui a, theihtawp an chhuahna azarah Agape chanchinbu kan lo nei ta hlawl mai le. Tichuan, Agape chhuak hmasa ber chu 'July-August' tiin Dt. 14/8/1986-ah chhuah a ni a, C-3000 chhut a ni a. A chhut manah Rs. 5,150/- sen a ni

a, thingtlang lamin an la
 tha hle a, khawpui lam
 kan muang zawk mah a ni
 tiin Secretary-in Dt. 27/8/
 1986 Central Committee-
 ah a report a ni. A kawm
 hmasa bera thu awmte :

Volume - I. No. I. 1986
 Christian Women's
 Magazine
 July-August
 Agape
 Chhuahtu
 Mizoram Presbyterian
 Kohhran Hmeichhe
 Khawmpui Lian

Agape Chanchinbu
 hmasa bera thu awmte -

1. Thuhma
2. Editorial
3. Moderator thu-
chah
4. Khawmpui Lian
thlir letna
5. Ni tin chung
inkhawm neih thu
6. Zir tan bu
7. Kashmir rama
Mosolman-te rin
dan leh Zofaten

rawngbawlna kan
tan dan

8. Magazine section
9. Orissa Bialah Lal
Isuan ram a din
10. Chanchin hrang
hrang

Agape chhuak hmasa
berah hian Greek
hawrawpa Agape tih chu
chhut kai a la ni lo
va. Circulation Manager-in
Greek hawrawpin Agape
Ἀγάπη tih a ziak chu
Block-in siam a ni a, a bu
hnihna September -
October 1986-ah chuan
chhut kai a lo ni ta a ni.

IV. Agape Registration chungchang

Agape Registration ti
tur hian pawl indin te a
ngai a, a hmingah '*Agape
Association*' vuah a ni a;
tin, pawl a din chuan dan
neih a ngai bawk a, dan
zam turin Pi Zomuani
Women Worker ruat a ni
a, sawrkar dan anga
engkim tih a ngai a ni.
Tichuan, '*Agape
Association*' hming hian

sawrkar-ah in-register a ni a, chanchinbu chhuahna tura Registration ngai chi hrang hrangte chu Office lama miten an buaipui a, sawrkarin ÷ul a tih zawng zawng chu kan nei kim thlap a ni. Hetiangin :

- (1) Registration of Societies Act XXI of 1860 No. SR 14 of 1987
- (2) RNI Registration No. 40876/88
- (3) Postal Registration N.E.1058/91
- (4) Postal Registration MZ - N.E.1058/99
(*Hei hi a ÷ul hunah renew ÷hin a ni*)

V. Volume leh Issue Number vuah dan

Agape chanchinbu chu 1986-ah neih ÷an ni mah se, a volume (kum zat) leh a issue number pek danah sawrkar hnuaia RNI kan neih a÷ang chauhva chhiar turin sawrkar lamin min ti a, kum 1988-a RNI kan neih

kum a÷angin Volume-I-na chhiar a ni a, chutiang bawkin RNI neih hnua issue hmasa ber chu bu 1-na tia chhiar a ni ta a ni. Amaherawhchu, kan chhuah ÷an kum 1986 a÷anga chhiarin kum 2011 hi a kum 25-na, Silver Jubilee hriat reng nan leh a lawm nan July 2011 chhuak chu Special issue - ah siam a lo ni ta a ni.

VI. Agape ÷han chhoh dan hrang hrangte

1. A man pun dan

- | | |
|---------------------|---------|
| (1) July - Dec 1986 | ₹ 7.00 |
| (2) 1987 - 1988 | ₹ 10.00 |
| (3) 1989 - 1990 | ₹ 12.00 |
| (4) 1991-1996 | ₹ 15.00 |
| (5) 1997 | ₹ 25.00 |
| (6) 1998 - 2001 | ₹ 30.00 |
| (7) 2002 - 2008 | ₹ 35.00 |
| (8) 2009 - 2010 | ₹ 40.00 |
| (9) 2011 - | ₹ 50.00 |

(*July - August 1986 a÷anga May - June 1996 thleng Bi-Monthly-a tihchhuah a ni a, July 1996 a÷ang hian Monthly-a tihchhuah a ni*).

2. A copy pun dan

<i>Kum</i>	<i>Copies</i>
1986	3000
1987	5500
1988	6000
1989	8200
1990	9500
1991	10000
1992	11400
1993	13000
1994	14450
1995	15700
1996	16500
1997	18200
1998	19000
1999	18850
2000	21200
2001	22000
2002	23100
2003	23700
2004	25000
2005	24000
2006	26000
2007	25700
2008	26200
2009	30000
2010	30000
2011	32000
2011 June	33500

*Note : A copy zat hi January-
a chhut zat zel dah a ni.*

3. A kawm design tihdanglam chhoh dan

(1) A a bu hmasa ber
July - August 1986-ah
Christian Womens
Magazine tiin a hming
Agape chu Roman
hawrawpin tarlan a ni a,
a hnuaiah a chhuahtu
Mizoram Presbyterian
Kohhran Hmeichhe
Khawmpui Lian tih ziah
a ni.

(2) Sep. - Oct. 1986
Greek hawrawpin Ἀγάπη
Agape tih tar lan tel a ni
a, hei hi March - April 1988
thlengin hman a ni.

(3) Sept. - Oct. 1987
aṭangin Publisher hming
leh chhutna Press hming
tar lan a ni a, Publisher-ah
hian Executive Secretary i/
c Women apiangte hman
an ni.

(4) Sept. - Oct. 1988
aṭangin design thar kraws
lian tak a khampheiah
AGAPE tih ziah hman a ni
a, hetah hian Mizo
ṭawngin **Hmangaihna** tih
a kawm hnuai lamah belh
a ni.

(5) Nov. - Dec. 1991 aţangin design thar kraws hnuai ah AGAPE tih zia k a ni a, tħuro te, Bible inkeu lai te, kut pahnih tawngtai lai entirna te tar lan a ni. Hemi aţang hian Christian Womens Magazine tih chu pai h a ni.

(6) Kum 2000 aţangin Design thar si am leh a ni a. Pu B. Lalhmunliana (tunah Bethlehem Venglai Kohhran Upa) design, mawi tak mai, Pathianin khawvel a hmangaihzia lantir dan khawvel pum, Bible leh Thlarau Thianghlim entirna tħuro lemtea design chu Jan. 2009 thleng hman a ni.

(7) February 2009 aţangin a kawm chu two colour hman a ni a, a chung lamah Agape tih zia kin a kawmah thlalak chi hrang hrangte a chhung thu mila dah tħin a ni.

(8) Kum 2011 aţangin four colour hman a ni ve ta a, Agape Silver Jubilee lawmna atana tih a ni a.

Hetah hi chuan Inkhawmpui Lian hruaitute chet velna programme chi hrang hrang thlalak te, feh chhuahna thlalak hrang hrangte tar lan tħin a ni ta a, a mawi thei hle mai.

4. Regular feature tħan dan

(1) 1986 – 1987

- (a) Kristian Chhungkua
- (b) Sermon tawi
- (c) Naupang pual
- (d) Testimony
- (e) Buh tħam
- (f) Ra w n g b a w l n a report
- (g) Chanchin lawr khawm (Ram chhung leh pawn)

(2) 1988 – 1991

- (a) Kristian Chhungkua
 - (i) Nupa inkar
 - (ii) Khawsak rel
 - (iii) In chhung enkawl dan
 - (iv) Fanau enkawl dan

Hriselna huang Sept.- Oct. 1988 issue aţangin telh tħan a ni a, sunna Sept. - Oct. 1990- issue aţangin

telh a ni bawk

- (b) Central Kohhran Hmeichhe chet velna chi hrang hrang
- (c) Bible-a hmeichhiate
- (d) Sermon
- (e) Ringtu Entawn tlak
- (f) 1992 aṭangin 'Naupangte pual' belh leh a ni.
- (g) (i) Child psychology
(ii) Bible study
(iii) Kristian chhung-kaw column-ah mo awm dan tur, mo enkawl dan, tar enkawl dan te telh ṭhin tura rawt a ni.

(3) 1992 – 2011

- (a) Kohhran Hmeichhe hruaitu thite 'sunna' tia chhuah ṭhin chu 1999 aṭangin "Kan rawngbawlpui kal Tate' tih a ni.
- (b) Kum 2001 aṭangin News items, thlalak, zin report - thil chhinchhiah tlakte nen telh a ni.
- (c) 2003 aṭangin hruai-

tute chanchin leh thlalakte telh a ni.

- (d) 2004 Rawngbawl na thlalak leh program.
- (e) 2007 aṭangin (i) Ei siam dan, (ii) Inchei dan
- (f) 2008-ah Agape Questionnaire siam a ni a, chhanna lak khawm aṭangin thurawn te lak a ni.
- (g) 2011 Incheina & awm dan mawi. Heng bakah hian a tir aṭangin mi tuite thuziak ṭha tihchhuah tel reng a ni bawk.

5. Editorial Board member ṭhan (tihlen) chhoh dan

- (1) 1981-ah Inkhawmpui Lian Office Bearers mi 6-te, Magazine sub-committee atan ruat an ni.
- (2) 1985-ah Inkhawmpui Lian O.B. bakah Upa C. Sangzuala, Kristian Tlangau Editor ruat belh a ni.

(3) 1986-ah Magazine Sub-Committee-te chu Editorial Board tia thlakin member ni sa bakah Circulation Manager Nl. Lalrinkimi member-ah ruat belh a ni.

(4) Kum 2002 aṭangin Ramthara thawktute tan Agape chanchinbu laksak theih a nih thu tar lan a ni a, Bial leh kohhran, mi mal missionary-te tana laksaktu ṭhahnem tak an awm a, a lawmawm hle.

VII. Hun bikah special issue siam ṭhin a ni

1. Kum 1995-ah *Kristian Chhungkaw dinhmun tehna kum 25* (1970 - 1995) tlin lawm nan May - June 1995 issue chu Special issue-ah siam a ni.

2. 1996 July aṭangin Bi-Monthly-a chhuah ṭhin chu *Agape kum 10 tlinna* denchhenin thla tin chhuah ṭan a ni a, kum 10 a tlin lawm nan May-June 1996 chu Special issue-a chhuah a ni bawk.

3. Kum 2002-ah *Agape kum 15-na* lawm nan May thla chu Special issue-ah hman a ni a, a kawm full colour-a tihchhuah a ni.

4. Kum 2011-ah *Agape kum 25 a tlinna Silver Jubilee* lawm nan July 2011 chhuak chu special issue-ah siam a ni a. Article pawh mi sawm bikte ziahtir an ni. Hei bakah hian Silver Jubilee lawm nan kum 25 chhunga Agape Article ṭha thlan 50 a bua siam tum a ni bawk.

VIII. Free copy pek dan

1. Agape Editorial Board member-te.

2. Kohhran chanchinbu dang nen a copy inpek tawn a ni. eg. Kristian Tlangau, Ramthar, etc.

3. Registration for Newspaper of India - C-2.

4. Agape Agent zawng zawngte hetiangin free copy pek a ni.

(1) Kum 1986-ah copies 15 la chin hnenah.

(2) Kum 1987 - 1999 copies 20 la chin hnenah.

(3) Kum 2000 aṅgin copies 10 la chin hnenah Agent a free-in pek a ni a. Amaherawhchu, kohhran pakhatah agent pakhat chauh awm tura tih a ni a, a copy an lak tam chuan Kohhran Hmeichhe Committee member-te Agent ṅanpui tura beisei an ni.

VII. Agape - amah leh amah a intodelh

Agape hi a tir aṅgin amah leh amah intodelh tura ruahman a ni a, ṅha si, tlawm thei ang bera chhuah tum a ni a, a man hi Bank-ah te dah luh zel a ni a, a ren thei ang berin sum te hman a ni a, a tel leh thawn chhuah te pawh hlawhfa la lovin Kohhran Hmeichhe Department-a thawkten buara hruiin kut durh phungin an tel a, a tuamna pawh press-a an duh loh lehkha tan bungte la khawmin chutiang chuan hun rei tak theihtawp chhuaha beih a ni ṅhin, tunah chuan a tel

turin hlawhfa te lain thawn chhuah a ni a, thawktute pawh hna ṅul dangah an inhmang tam thei ta a, hei pawh hi hmasawanna ropui tak a ni. A man hi kan kohhran chanchinbu dang eg. Kristian Tlangau, Ramthar, Kristian ṅhalai, Synod leh a Concern Committee-in kum tin sum tam taka a puih laiin Agape chu khawi aṅang mahin sum hmuh a ni ve lo va, thawktute ṅhahnemngaihna leh taihmaknain a intodelh chho zel a, kan Kohhran chanchinbu dangten a man an san hnu kum 2/3 hnuah an san ve chauh ṅhin. Auditor-te pawhin Agape enkawltute hi an fak thei hle a ni. Tin, a man hi ba ral tawk chu awm reng mah se, a tlangpuiin a latuten an pek ṅhat avang leh agent-te inpekna avangin amah a intum zel thei hi a lawmawm hle a ni.



*Jubilee Sermon***LAL ISUA RAWNGBAWLSAKTU –
HMEICHHIATE**

*Rev. C. Lalsangliana
Synod Moderator*

Thuhmahruai : Kohhran Hmeichhiate rawngbawlna peng pawimawh tak, Agape rawngbawlna chuan *Silver Jubili* a lo thleng ta reng mai a. A va lawmawm tehlu em! A tir ata wawiin thlenga a ngulpui vuantu leh Agape chhiartu zawng zawngte Synod aiawhin, kan Lalpa Isua hmingin chibai ka buk a che u. He chanchinbu hi a hming a mawiin a ropui a. Mi tam tak tana hmangaih rawngbawl hna thawktu, malsawmna thlentu lo ni zel rawh se.

Agape Silver Jubili thuchah ziak tura min sawm ve hi ka lawm a. A hun nena inhmeh tur thuchah ngun taka ka ngaihtuahin hmangaiha min zawng chhuaktu Lalpa Isua rawngbawlsaktu hmeichhiate chanchin tlem te tal han thai lan ve thain ka hria a. Ka han ziak ve a ni.

1. A pianna leh seilennaah : Lal Isua lei dam chhung nun pum puiah hmeichhiate an langsar hle a. Luka 1:30-38-a kan

hmuh angin nau pai dan pangngaiah chuan mipa leh hmeichhia an pawimawh a. Enkawl seilennaah nu leh paten mawh an phur bawk thin. Mahse, Lal Isua chu mipa tel lovin, risk puitling nen a nu Marin a pai a, a pasal hual Josefa rilru put dan tur dawn chang lovin, uirea puh leh lunga den hlum te, vantlang mipuite leh ama chhungte ngei pawhin an hriat thiampui loh leh an tuithlar mai theih tur pawh pawisa

lovin a pai a. Ama thinlung ngei pawh ngunhnama chhun tlangtu tur ni mah se, duat takin a enkawl seilian a. A mualphopui ngam kha a va ropui em! Mualpho leh hmingchhiat tinreng tuar huamin Juda nute tih dan pangngaiin a zirtir a. A hnukchah dawna, *"Ka pa, i kutah ka thlarau ka kawltir e,"* tia a inhlanna pawh kha Juda nuten an fate an tawng theih tirha an chul mut paha an zirtir thin tawngtaina a ni. A nu zirtir dan ang taka a hnukchah dawna a tawngtaina khan a nu rilru a va khawih nasa dawn tehlul em!

2. A rawngbawlnaah : Pathian ram Chanchin Tha hrila khaw lian leh khaw tete a fan laiin amah Isua leh a zirtir sawm leh pahnihte rawngbawlsakin hmeichhiate an awm zel a. Chungte chuan mahni thil neihin rawng an bawlsak thin tih kan hmu a (Lk. 8:1-3). Lal Isua tawiaawmtu pawimawh an ni tih kan hmu. An thuam mawi a, a rawngbawlna tihlawh-

tingtu an ni ngei mai. Mi chi hrang hrang an ni a, sual hliam tuar dam lehte an ni. Vawiin thlenga Lal Isua taksa, kohhranho leh mipate timawitu, tifamkimtu an la ni zel. An rawngbawlna hi ngaihnep chi rual a ni lo.

3. Hriak thih thu-ah : Chanchin Tha an hrilna apiangah, khawiah pawha sawi ve zel tlak khawpa rawngbawlna hlu chu hmeichhe pakhatin hriak rintang Lal Isua a thih thu hi a ni. Zirtir 12-te kha mipa hlir an ni naa, an thil tih hetiang taka Lal Isuan a fak leh a lawm hlawh zo a awm ve lo a ni ang e. A thatna leh a khawngaihna zar zo theuh theuh, heti taka Lalpan a chawimawi hi a vannei teh e. A mittuiin a kephah a lo far huh a, a samin a hru a, a kephah chu a fawp ngawih ngawih a, a fawp bang thei lo. He nu hriak rintang rawn ken lah hi a to hle si a. A va han ngaina tehlul em (Lk. 7:36-49).

Vawiin thleng hian Lal Isua avanga lam tam ber, tap tam ber leh tuar tam

ber hi hmeichhiate an ni thei mai lo maw? Vanramah pawh mipa aiin an tam zawk hial awm asin.

4. Tuarna leh khenbehnaah : Kalvari tlang pana kraws a put laia tap chungga zuitu pawh (Jerusalem) hmeichhiate an ni (Lk. 23:27). *"Nangmahni leh in fate tan tap zawk rawh u,"* tih hial khawpa Lal Isua hmanngaihtu leh lainattute an ni. An fate pawh hrechang lo hial khawpin Lal Isua hi an buaipui a nih hi. *'A hmel chhiat tur ka phal lo, a hming chuaia'n ka phal lo,'* tih hi a takin an lo chang tawh zawk a lo ni.

Kan pi leh puten ral hmaah pain an fate an tlan chhiatsan pawhin nu chuan an tlansan phal lo an lo tih angin, khenbehna hmunah pawh a zirtirten hla taka an thlir laiin Isua kraws kiangah, biak mai phakah a nu leh a nu laizawn Klopa nupui leh Mari Magdalini an ding a (Joh. 19:25). A chan chhiat ber lai pawhin a kiangah an awm a. Na tuar

manganga a awm lai pawhin an kalsan phal lo. An hmangaih a, an lainat em avangin eng mah tihsak thei lo chung pawhin mittui sur zung zung chungin an thlir ngawih ngawih mai a nih hi. A va ropui em!

5. Thlana phum leh a thawhleahnaah : Luka 23:55,56-ah leh Chanchin Tha ziaktu dangte pawhin hmeichhiaten thlan thlenga Isua ruang an zui thu te, thlana an zalh dante thlenga an hmuh thu an sawi a. Sabat a lo inñan dawn mai tawh si a. Eng dang mah ngaihsak lovin, Sabat zawha hnawih atan englo rintang an buatsaih thu min hrilh a. Sabat ral velelah thlana an kal tak thute kan hmu.

An duh lai, an hmangaih, a rawng an bawlsaka ngei kha an thinlungah a cham reng a. An theihngilh thei mawlh lo. Sabat ral hnua thlan thleng hmasa ber an

ni ta reng a. Mahse, an duhthusam aia ropui leh hrihhaithlak zawk thil a lo thleng ta. A tho leh ta tlat mai! A thawh leh thu hre hmasa bertu an ni ta reng a. Mari Magdalini phei chuan a awih lo hial a. A kianga tho leh Isua ding pawh chu huanpu emaw tiin, Isua ruang a la dil zui a. A hming lam meuhva Isuan a han koh takah phei chuan a tho leh tak zet a ni tih hriain a vuan chawt a. A thlah phal tawh lo ni ngei tur a ni. *'Mi vuan tawh suh'* tih hial ngai khawpin Lal Isua a ngainatzia leh a thlakhlelhzia kan hmu (Joh. 20:17). A thawh lehna thu hretu hmasa ber leh pawimawh ber chu amah hmangaiha, rawngbawlsaktu hmeichhiate an lo ni ta.

Tlipna : Lal Isua nun leh a rawngbawlna chanchina thil chhinchhiah tlak tak chu hmeichhiaten rawng an bawlsak dan hi a ni a. A pian atanga a nun pum pui, a rawngbawlna te, a thihna leh a thawhlelna thlengin kan hmu chhuak zel a. A ropui hle mai. Hei chauh hi hmeichhiate rawngbawlna a ni lo va, kohhran din tirh atanga vawiin thlengin, thangthar lo awm leh zel turte thlengin Lal Isua hmangaihtu hmeichhe rinawm leh chhuanawm tak takten a taksa kohhranah rawng an la bawl zel a. An zinga tela *"Bawih tha leh rinawm, i ti tha e,"* tia Lalpan kan hnena a sawi ve ngei theih nan he chanchinbu chhiartu zawng zawngte Lalpan malsawm theuh rawh se. Amen.

"Nu laka zep atana i duh tur eng mah ti lo la, sawi lo la, ngaihtuah bawh hek suh"

- Sri Aurobindo

*Topical Bible Study***KHAWVEL HI HMANGAIH SUH U**

(I Johana 2:15-17)

*Dr. Lalrindiki Ralte
Aizawl Theological College*

Thuhmahruai : Johana Lehkathawn Pakhatna hi a ziaktu Johana hian zirtirna dik lo theh darhtute a chhan letna leh kohhran mite rinawm tak leh thianghlim taka Lal Isua an rinna vawng tlat tura a fuihna a ni a. Kan chang thlan I Johana 2:15-17 hi kohhran mite tan a bik taka Johana fuihna a ni. Ringtu nghet tak, thlarau pawlna nung tak nei ngeite pawh engtik lai pawhin thlemna hian a titlu thei reng a, Tirhkoh Paula pawhin, “Chuvangin, dinga inring chu fimkhur rawh se; chuti lo chuan, a tlu dah ang e,” a ti a ni (I Kor. 10:12). Chutiang thlemnaa an tluk mai loh nan Johana hian kohhranhote chu ‘khawvel hmangaih lo turin’ a chah a ni. He fuihna thu hi hun leh kumin a pawlh dal theih loh, wawiin thlenga kohhranho leh ringtu mi mal malten kan hriat reng tur leh kan ngaih pawimawh em em tur an la ni reng.

I Johana 2:15-ah hian ‘khawvel’ tih ṭawngkam hi kawng chi hrang hrangin hman a ni a. Pathian siam khawvel, ṭha a tih em em (Gen. 1:31) sawi nan te pawh a hman theih a ni. Amaherawhchu, Johana lehkathawnah hi chuan

‘khawvel’ tih hi chu Pathian duh loh zawng ti tura mihringte awm khawmna hmun sawi nan hman a ni thung. Chu khawvel chu sual thu thuin a awm a (I Joh. 5:19; cf. Joh. 12:31; 14:30), thim hnuaia awm a ni (Joh. 1:5;

12:46). Chuvangin, Pathian rorelna a chungah a thleng dawn (Joh. 9:39). Mahse, chuti chung chuan khawvel chu Pathian hmangaihna dawngtu a ni a, khawvel sual ata chhandam nan a Fapa mal neih chhun, Isua Krista a pe a ni (Joh. 3:16).

Johana hian khawvel sualnain ringtute chu Pathian lak ata a tihrang ang tih a hlau a ni. Amaherawhchu, hei vang hian Kristiante chu khawvel leh a chhunga thilte haw tur leh khawvel aṅanga inla hrang turin a zirtir tihna a ni lo. Khawvela kan awm chhung chuan chu chu thil theih pawh a ni lo. Mahse, khawvel thilte Pathian ṅihna leh a thu awihna tel lova hman sual hi Pathian laka mi hranna a ni. Chuta ṅanga kan fihlimna tur chu mihringin tih tur leh tih loh tur dan kan zam duah zui leh zui loh ringawt ni mai lovin, kan thiltihna

apiangah, khawvel mawina leh hlimna te kan chen lai pawhin, 'eng hi nge Pathian duh zawng leh a lawm tlak ni ang' tih kan inzawh zelna aṅangin a ni.

'Hmangaih' tih ṅawngkam hi 2:10 leh chang danghte chuan mi dangte ngaihsakna leh khawngaihna sawina a ni a, kan hmangaihte ṅhatna tur ngaihtuahna a ni. 2:15-ah erawh hi chuan 'hmangaih' tih ṅawngkam hi kan hlawkna tur leh kan chākna hrik thlak nan ringawta mi dang leh thil dang ngaihven leh duh sawi nan hman a ni thung (Joh. 3:19; 12:43; II Tim. 4:10). Pathianin mihringte hi duh zawng leh chak zawng nei tura a siam kan ni a; chuvangin, kan duh zawng leh chak zawng neihna tura kan thiltihte hi sual an ni ngawt lo. Kan hman dan azirin sual a niin a ni lo thei mai zawk a ni. Ka rilṅam avanga chaw ka ei kha ka duh

zawng leh mamawh ka hmuhna a ni a, chu chu sual a ni hauh lo. Amaherawhchu, ei tur tha leh tui tam tak ka neihte keima tan chauhva ka hauh tlata, a nei lo leh chanhai zawkte ka pek ve phal lohna kha sual a ni thung. Mahni hmasial luat avanga kan duh zawng leh chak zawng a tam thei ang ber inhai vur kan tumna leh mi dangte chan ai pawh laksak kan hreh lohna hi Pathian duh loh zawng a ni a, Pathian hmangaih aia khawvel hmangaihna chu a ni.

I Johana 2:16 : Pathian hmangaihna leh khawvel hmangaihna hi thil inrem lo, inkawp thei lo a ni. A chhan chu khawvel thil kan hmangaih tam tak te hi khawvel aṅanga chhuak a ni a, Pathian duh loh zawng ze nghet tak an neih vang a ni. Khawvel thilte hi anmahni mai chuan sual an ni hran lo mai thei; mahse, sual tura thlemna

hautak tak, vawi tam tak Pathian duh loh zawng min tihtirtu leh nunna kawng aṅanga min hruai botu an ni fo. Khawvel thil, Pathian duh loh zawng pathum Johana tar lante chu -

(i) *Tisa chakna* - Hei hi tisa duh zawng tipuitling tura chakna tihna a ni a, sual bawiha awm mek mihring ze chi hrang hrang sawina a ni. Kan tisa chakna tam tak hi hman sual awlsam tak an ni a, ei leh in chungchang leh mipat hmeichhiatna chungchangte pheih hi chu kan hmang sual nasa hle a ni.

(ii) *Mit chakna* - Kan mita kan hmuhten kan thilnungah duhamna leh awhna nasa takin an chawk tho thin. Tunlai khawvelah chuan TV kan en aṅangin mi tam takin duhamna leh awhna kan neih phah a. Kan mamawh loh leh kan tana thil tha lo pawh neih ngei tumin sum tam tak kan

khawhral thin. A leina nei ve lote pawh kan thil hmuhten awhna thangah min hruai lut tho tho a ni. Film tha lo en aţangin mi tam tak chuan tisa chakna an hman sual phah a, a hluarna deuhvah phei chuan pawngsual leh hleilenna pawh a thlen thei a ni.

(iii) *Dam chhung ropuina lem* - Bible lehlin tharah chuan 'mahni sum uanpuina' tia dah a ni. Sum leh pai leh thil neih dangte chapopui tihna a ni. Khawvelah chuan sum leh pai leh thil nei ngahte chu mi thil tithei leh mi dangte ngaihsan pawh an ni mai thei. Anmahni ngei pawh mi fing leh mi dangte chung a leng ni angin an inngai fo. Amaherawhchu, Pathian tehna aţang chuan mi a an ni a, an thil neih zawng zawng pawh an dam chhung rei lo te atan bak a ni lo va; chuvangin, a lem mai a ni. Sum ngah hi khawvela kan dam chhan pawh a ni lo (Lk. 12:13-21).

Mi dangte aia neih hnem leh neih that zawng kan duhna te, kan mit chak zawng apiang neih kher kan tumna te, kan thil neih kan chapopuinate leh Pathian tel lova keimahnia awm thei emaw kan intihnte zawng zawng hi milem biakna chi khat a ni. Hengte hian kut tling lova sum lak luh duhna te, mi dangte bumna leh an chan ai laksak duhna te, uirena sual te, Pathianin kan mamawh ang tawh min pekte chung a lungawi theih lohnate leh Pathian thin aţanga chhuak dikna te, thianghlimna te leh insumtheihna te aia khawvel thil ngaih pawimawhna te an hring chhuak thin. Lal Isua ngei pawhin "Tu man hotu pahnih rawng an bawl kawp thei lo; pakhat huain pakhat an duh ang, a nih loh leh, pakhat tanin pakhat an hmusit ang. Pathian leh sum rawng in bawl kawp thei lo ve," a ti a ni (Mat. 6:24; Lk. 16:13).

I Johana 2:17 : Johana pawhin khawvel chakna boral mekte uma hman hlelhna te hi thil atthlakah a ngai a, Pathian rorelna hmaa thiam loh min chantirtu tur mai an ni tih a hria a ni. Amaherawh-chu, khawvel chakna bawiha intulut laklawhte chuan awlsam taka khawvel nen inremsiam mai an duh fo ðhin. Hei hi tunlai khawvelah pawh Kohhran leh ringtu mi mal leh chhungkaw tinte min ei chhetu an ni a, rapthlak takin a rah pawh kan seng mek zel a nih hi. A tawpah phei chuan chatuan hremhmuna min hnuk luttu turte an ni. Pathian hmangaihtu leh a duh zawng ti tlattute erawh chu khawvel thlemna karah pawh nghet takin an ding

a, a tawpah nunna lallukhum an la chang bawk dawn a ni.

Tlangkawmna : A chungakan tar lan khawvel chakna leh thlemnate hi a thu phung chuan Kohhran mite chuan Pathian duh loh zawng a ni tih chu kan hre ðheuh awm e. Heng thlemnaa tlute pawh kan khawngaih ðhin a, a chang leh kan dem viau ðhin ni te pawhin a lang. Amaherawhchu, keimah-ni ngei pawh kan tlu fo tawh a, kan tlu mek zel bawk a nih hi. Chuvangin, kan kohhranah leh kan khawtlanga thil thleng mekte hi chhut ngun fo ila, Pathian duh zawng, a ðha leh dik leh thianghlim chu eng nge ni tih ngaihven rengin i awm ang u.



CHANCHIN ṬHA LEH HMEICHHIATE

- *Upa C. Sangzuala*
Chaltlang South

Vanduaina lian tham deuh a lo thlen chang hian chanchin thar theh darhtuten mitthi zat te an rawn puang ṭhin a, chutiangah chuan heng zinga hmeichhe tel ve zat an tilang deuh zel ṭhin. Chanchin lawmawm lamah pawh chutiang deuh tho chu an tih dan a ni. He chin dan hian chhan leh vang ṭha tê a nei mai thei.

Juda sakhaw hruaitute ṭawngṭaina an sawi ṭhin chu, 'Aw Pathian, hmeichhiaa mi siam loh avangin lawm thu ka hrilh a che' tih hi a ni. India mite hi tun hma chuan pasal thi hal ralnaa a nupui hal ral ve ṭhin an ni a. Mosolman-te lah hi an mipaten nupui pali, panga neih phal an ni a, Osama Bin Laden-a pawhin nupui a neih duah kha. Chutiang khawvel, hmeichhiate tana thawven lohthlak takah chuan Lal Isua rawn put luh Chanchin Ṭha hi a lo lut a, hnam hrang hrang a rawn hmachhawn ta a ni.

Kan thupui pawimawh tak hi beng tivar thama ziak theih a chakawm hle a; mahse, a ziaktu hriatnain a tlin loh bakah, hmun pawhin a daih chuang bik lo va, kan hawl zau thei vak dawn lo a ni.

1. Chanchin Ṭha – hmeichhiate tan : A nih dan takah chuan 'mi tin ta tur' a ni zawk a (Lk. 2:10). A duhthawh zual Tirhkoh

Paula phei chuan thilsiam dang zawng zawng huapin a sawi hial a (Rom 8:19). Mahse, kan thupui hian tinzawn chiang tak a neih avangin hmeichhe lam bak chu kan hawi lo mai ang.

Chanchin Ṭha rawn kengtu Lal Isua mihringa a lo channa bawr velah hian hmeichhia an langsar hle mai. Pathian mihringa a lo chang hi thil mak ropui ber

a ni e an ti ðhin a, a mak ta rau rau, tu mah kaltlang lovin lo tualto ta nawllh se a mak lehzual tur. Mahse, paitu leh hringtu atan hmeichhia a rawn thlang tlat a - Mari kha. Hmeichhe nun uluk lo chu a duh lo va, nula thianghlim kher a thlang a ni (Isa. 7:14; Mat. 2:22,23).

Marin nau a pai tih a inhriat khan thingtlang lama a laichinnu Elizabeti hnenah a zin nghal a, a nau pai chu namen a ni lo tih Elizabeti khan a lo hrihl thei mai a, thla thum lai an khawsak dun chhung khan eng thute tak sawi dun ðhin ang maw (Lk. 1:39-44). Lal Isua a lo piana, dan anga Temple-a an va hlan laia lo dawngsawnga lo lawmsaktu pahnih zinga pakhat chu zawlnei pitar **Anni** a ni leh tlat bawk (Lk. 2:36-38).

Lal Isuan rawngbawl hna a ðan dawn khan zirtir bik tur mipa 12 a thlang ngei a, hei hi chu Juda hnam zia ngaihtuahin tih âwm reng a ni ang. Anniho

baka mahni duh thua amah bawr ðhntu chu hmeichhiate an ni (Lk. 8:1-3). An thurawn a zawm ðhin te (Tirh. 2:1-8), lainatna vawrtawp a lantirna leh sakhaw sadai ðhiat khawpa a hmachhawn ðhinte kha hmeichhia an ni (Mat. 9:20-22; Mk. 7:24-30; Joh. 4:1ff; 8:1-11). An rawngbawl na a pawm leh a faksak te (Lk. 10:38-42; 21:1-4), kraws thlenga zuitu leh a thawh leh hnua a inlar hmasakna te pawh kha mipa chu an ni lo (Mat. 27:50-56,61; Mk. 16:9-11).

Lalsangzuali Sailo (RIP) lehkhabu '**Thuthlung Thara Hmeichhiate**'-ah chuan, hmeichhia 43 zinga 4 emaw chauh Isua lam ðang lo an awm. Rev. Lalsawma pawhin, "*Isua pian hma te, a pian lai te, a rawngbawlnaah nen, a thih dawn thlengin hmeichhia an pawimawh zel,*" tiin a lo ziak ve bawk (Luka Hfn. 1965 p. vi). Heng kan sawi tak puat a ðang mai pawh hian Chanchin ðha hi mi tin ta tur a nih rualin hmeichhiate

tan pawh a nihzia a lang Chiang a. Lawmtu leh pu darhtu an ni kawp nghal a ni (Joh. 4:5-26, 28-30, 39-42).

2. Chanchin Ṭha – Mizo hmeichhiate zingah :

Chanchin Ṭhain Mizoram a lo thlen ve zet chuan thil a danglam nasa hle a, hmeichhe dinhmunah a nasa zual a ni. Chakai ang leka sakhaw nei lova sawi ṭhinte khan Chanchin Ṭha lo thlen aṅanga kum 10 bawrah Kohhran Hmeichhe Inkhawm an nei ṭan a (1904), tunah phei chuan kohhranah hruaitu chhuan-awm tak tak ṭhahnem tham fe an awm ta. Pal chhia ang leka thlak mai mai theiha ngaih ni ṭhin kha kohhran inneihna danin nghet takin a phuar khawm ta a; a lehlamah hmeichhia chauh uire theia ngaih ṭhin kha mipa pawh uire hmuhsit-awm an lo ni ve thei ta bawk. 'Hmeichhe finin tuikhur ral a kai lo' an lo ti ṭhin kha a ni a, tunah chuan thiamna lamah a hmatawng, sawrkar

hnaah pawh hna hniam zawk aṅanga a sang ber thlengin khar tin an lo awm ta. Eizawanna kawng dangah lah a tam zawkah a khaipa (khainu) an ni tawh a. Ram rorelnaah lah Minister dinhmun thlengin an luah tawh bawk. Mipa tam tak chu *thaibawihin in chhungah an tawmim* tawh a ni ang. Upa R. Vanengliana phei chuan 'Khawiah nge Mizo mipate?' tih bu a ziak hial kha.

Phat rual lohvin Chanchin Ṭha hi Mizo hmeichhiate tan malsawmna, anmahni tizalena chawi kangtu a ni tak zet mai. Ngaihtuah ngai erawh chu, a zar zo zel tum ngawt lova, tuna min thlenpui ang chen aṅanga kan ṭangkai let ve theih dan tur lam hi ni thei se a duhawm hle.

3. Nemnggeh rawngbawlna leh hmeichhiate :

Nemnggeh rawngbawlna chungchangah pakai ta daih ila, thil inzawm lo a ni bik awm lo ve. Kohhrana rawngbawlna thil bik phei zawng a ni a.

Paula khan a rawng-bawl naa hmeichhiate ÷ang-kaizia a sawi uar hle a, rawngbawl naa hmante pawh an awm ni awmin a chhuidawn theih hial a (Tirh. 16:13-15; 18:2; I Tim. 3:11). Chutih rual chuan kohhran inkhawma hmeichhiaten an zirtir leh thu an hril a phal lo tlat thung a, a chhan pawh a awm (I Kor. 14:34-36; I Tim. 2:11-15). He ngaih dan hi Petera pawh hian a ÷awmpui ni âwm tak a ni (I Pet. 3:5-7). Hmasanga kohhran pa an tihte hun a ÷anga hun laihawla Pathian thu thiamte hun thlengin hmeichhiate chu mipate thuhnuai a awm mai tura Siamtu ruat nia ngaihna nghet tak a awm a. Bible-a mihring siam a nih dante (Gen. 2:7), hmeichhia siam a nih chhan leh siam a nih dan te (Gen. 2:20-23), hmeichhiain Pathian dan bawh-chhiaa a pasal a kaihnawih ve tak thu te (Gen. 3:6) leh Paulan nupui dinhmun a sawi (Eph. 5:22-24) te hi an ÷an chhan

langsar zualte chu a ni âwm e. He ngaih dan avanghian hmeichhiate chu kohhran rawngbawltu ngheta nemnggeh chi niin an hre lo va. Tertuliana phei chuan khawvela soal lo lut leh Krista tuarna pawh Evi vang niin a ngai a ni âwm e. Roman Catholic Kohhran phei hi chuan tun thlengin puithiam atan hmeichhia an la nemnghet lo. Paula zia I Korinth 14:34ff. leh I Timothea 2:11ff. thute pawh hi nemnggeh rem loh chhana sawi tel ve ÷in a ni (*Presbyterian Women's Fellowship, Silver Jubilee 1985-2010 pp. 40,41*).

Kohhran siam ÷atna beitu Martin Luthera leh John Calvin-a te khan kohhran hruaina kawnga hmeichhe dinhmun an rawn sawi eng ta deuh va, Calvin-a phei chuan hnam zia leh rilru put dan azira thil awm dan danglam thei ang deuhvin a sawi a ni âwm e.

Tunlai hian hmeichhiate zinga Pathian thu thiamten

ngaih dan thar an rawn tichhuak a. Hmasang aṅanga ngaih dan ziding hnial pahin Genesis 1:27,28 leh 5:1,2 te an rawn tlawhchhan ve thung a. Paula zirtir dan te pawh hi a hun lai hnam ze mila ti ni mai turah an ngai a. Chanchin Ṭhahian hmeichhiate hi mipate ang chiaha kohhrana mawhphurhna vuan thei turin a rawn tizalen niin an hria a ni (ibid pp. 42-45). He thu hi Mizo kohhrana pawh hmeichhe hruaitute chuan an sawi ve ta fo va. Protestant Kohhran eng emaw zat chuan hmeichhia an nemnghet tawh nia hriat a ni a, Pastor hna tak tak an thawhtir leh thawhtir loh erawh chu he thu ziaktu hian a sawi Chiang thei lo. Hmeichhe nemngheh thu hi Mizote zingah chuan nawr chhuah ni nge hnam rilru inpeih hun nghah chi tih ngaihtuah chian a ngai aṅawme.

Tlangkawmna : Ni tina kan hmuh leh kan hriat aṅang hian hmeichhiate hi mihring zingatel ve mai chu an ni tawh lo tih a Chiang hle a. Hetiang a

lo nih theih chhan hi a bulpui berah chuan Chanchin Ṭhahian a ni kan tih theih a rinawm.

Hmeichhe ropui deuh mai pahnih Florence Nightingale-i (1820-1910) leh Mother Teresa (1910-1997) te kha an rawngbawl naa an inpek zawh avangin khawvelin a ngaisangin a zah a. Chawimawina ropui 'Order of Merit' leh 'Nobel Peace Prize' pek an ni. Mahse, Pastor emaw, puithiam emawa nemngheh chu an ni lo.

Chanchin Ṭhahian min zalentir dan kan ngaihtuah rual hian hnam zia leh rilru zawi zawia inher danglam ve mekte hi thlir tela nghah peih te pawh a finthlak viau mai thei a. Chanchin Ṭhahian avanga kan dawn theih nia kan hriat nawr chhuah tuma beih ai chuan Nightingale-i leh Mother Teresa te anga kan dinhmun meka kan ṅangkai theihna sang ber thleng tura inpek hi Chanchin Ṭhahian avanga lawm thu sawina fuh ber a ni mai thei a ni.



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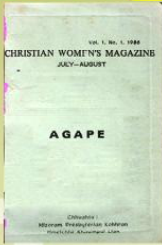
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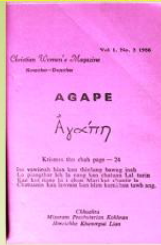
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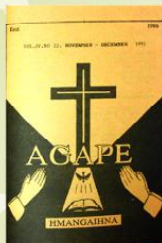
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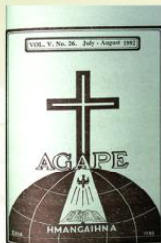
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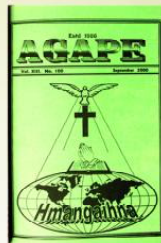
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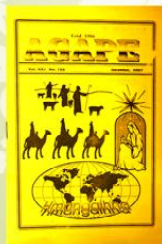
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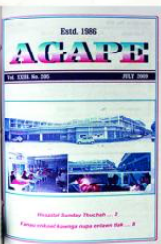
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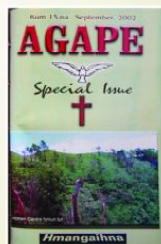
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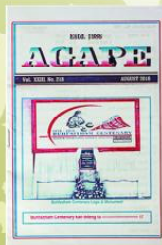
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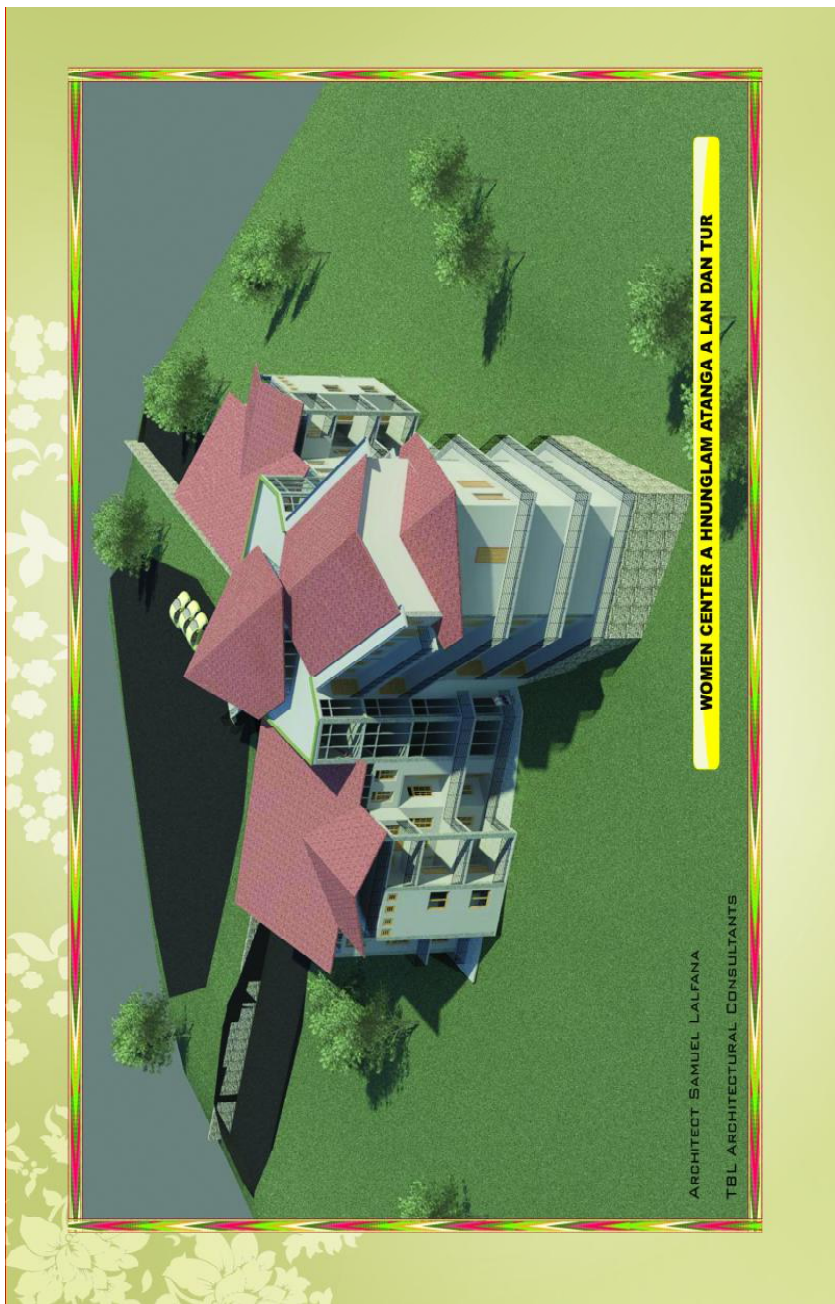
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ARCHITECT SAMUEL LALFANA
TBL ARCHITECTURAL CONSULTANTS

WOMEN CENTER A HNUNGLAM ATANGA A LAN DAN TUR

Hriselna

DEPRESSION

- *Dr. C. Lalhrekima*
Mission Veng

Rev. C. Rosiama hian hman deuh khan rilru lam natna chi khat, Panic Disorder an tih hi a nei tawh a. A buai nasa khawp a. Thi mai dawna inhriatna a nei a, a mangang thin khawp mai a. Mahse, a natna chu Pathian zarah a hneh ta daih a. Ka damlo enkawl thenkhat, Panic Disorder nei ve thote hi a hnenah ka tir fo. Panic Disorder neite lo counseling-a, a hneh dan lo hrilh turin kei aiin a tha zawk. Chu natna a neih chu a zep lo va, zahthlakah a ngai lo va, mi dang tanpui nan a hman ta hlauh va. Mi tam tak pawh a lo tanpui tawh reng a. Damlote hi an natna ang lo tuar hrep tawhte hian an hnem thiam a, hriatthiampuitu an awmin an thla a muang a, an thusawi pawh an awih bik tlat thin si a.

Depression neih chu a zahthlak!

Agape enkawltuten Depression chanchin ziak turin min ngen a. Pastor pakhat, ka ngaihsan tak mai, hmana Depression nei tawh chanchin ka hre bawh a, a chanchin chu ziak ila tiin amah ka kawm a. 'Depression neih hi a zahthlak lo va, natna pakhat a ni ve mai a, mi

tam tak an inthah phah si a, mahni inthat lova huaisen taka an depression hnehte chu mi ropui tak an ni leh thei,' tih lam ziah chhuah tumin ka ziak ngaihnam kwal vel a. Keimah paw'n ngaihnam ka tih tehlul nen, he chanchinbu buatsaitute hian a mualpho dawnin an hre chêk a ni ang chu, kan ziak lang

ngam ta lo va! Mental illness chungchang kan hriatna a la tlemzia leh kan thlir dan la dik tawk lohzia min tihre chhuaktu mai a ni ta!

Chu Pastor chuan Depression a neih laiin hla tha tak a phuah lehngal a. Cancer dam leh emaw, thihpui ngei chi natna khirh tak eng emaw a tanga dam leh emaw chu ni se Pathian ropuizia tihlan nan kan ziak ngam ngei tur hi a ni a! Mahse, Depression chu rilru lam natna a ni tlat a, a zahthlak a, a tihbaiawm bik tlat a, a mualphothlak bik ta tlatin kan hre miau hrih si a le! Chu Pastor chuan a nun a hlim loh tak tak lai chuan thih a duh ngawih ngawih a, Pathian hnenah thihte a dil thin a ni awm e! Depression nei tam tak, thih duh ngawih ngawiha mahni inthat ta mai an tam laiin ani erawh a inthat lo. Thi mai tur dam leh chu a ni ve chiang mai. Pathian ring tlat mi a

nih avangin a Depression chu damdawi pawh ei hauh lovin zawi zawiin a dam a, hun puma rawngbawl turin a inpek phah lehngal! Pumpui cancer dam leh, rawngbawl naa inpumpek ta ni se kan sawi vul nasa teh ang chu! Pathian ropuizia hahipin kan sawi ang a, a chanchinte chu chipchiarin kan ziak kur ngiai nguai tur hi a nia le! Mahse, a natna chu rilru lam damlo a ni miao va, Pathian ropuizia pawh kan puang chhuak tha ngam ta mang lo tlat chu a nih hi!

Depression hi natna pakhat a ni mai. Zunthlum tih nen inang reng a ni. Enkawl theih a ni. WHO chhut dan pheih chuan tun a tanga rei vak lova natna tlanglawn ber tur chu Depression hi a ni a. Rilru lam natna kan thlir dan te, a natna neitu kan hmuh dan te kan thlak lohva, maksak, zahthlak leh mualpho-

thlaka kan ngaiha, enkawl nachang kan hriat loh chuan inawkw hlum kan tam nasa mai ang tih a hlauhawm khawp mai!

Ka tum ang chuan ziak ngam ila, Depression nei tam tak, rilru natna neih chu zahthlaka ngaia rilru daktawr rawn ngam si lo tam tak hian, "E, ani pa ropui paw'n a lo nei tawh alawm le! A lo zahthlak loh tawp hi, ka va intihlum bik awm lo em, ka la ropui ve leh thei ang," an tih ngei ka beisei a nia.

Mi ropui tak tak, depression neia lo hneh tawh tam takte hian an testimony hi phawrh ngam ta se chuan kan thalaiho hian zahthlakah an ngai lo vang a, mahni intihlum pawh an tum bik lo vang a, chatuan nunna hloh tur tam tak chu chhandamna kim chang thei turin kan inchhan chhuak teh thei tur hi a nia le!

Depression chu

Mi tu pawh mai hian hlim loh ni leh ngui chang kan nei vek mai. Kan vela thil thleng eng emaw avang te, kan nuna thil duhawm lo thleng avangte a ni thei. A chhan puh fak tur hre lem lo pawhin kan ngui viau thei bawkw. Mahse, chu chuan rei tak a aw h ngai meuh lo va, kan hlim leh thuai thin. Rilru natna zinga lar tak pakhat, 'Depression' an tih maiah chuan chu hlim lohna leh nguina chuan rei tak a aw thin a ni.

He natna neite chu an nun a ngui a, an hlim thei lo va, han hlim zawkw chang chu nei ve bawkw mah se an hlim lohna chuan an ni tin nun a aw h hnem zawkw. Khawvel hi a ngui zo vek tein an hria a, a chhan awm chiah lovin thahte a chhuak a. Thil tih reng reng an phur lo va, an tui thei lo. Tun hmaa nuam an tih thin tak thil pawh nuam an ti hlei thei

lo. Tisa chakna thlengin a tlahniam a. An ɬawng tam peih lo va, an thin a chhe em em thei bawk. An chau deuh ngawih ngawih a, hna chhe te thawkin han che hlek sela an chau hma em em ɬhin.

Chaw ei a tui lo va, an cher tial tial thei a, an lo zang tual tual ɬhin. A ɬhente erawh chu an chaw ei a tui viau thei tho. Mut a tui lo va, an muhil thei lo va, an mu nghet lo ɬhin bawk. A chang leh hma takah an harh a, an mu thei tawh ngai lo. A ɬhen erawh chu an mu tam thei ve tho. An nun ngui leh chau chu mi dang pawhin an hmuh-pui a, an che te a muangin an zawi em em fo a ni. A ɬhente chu an awm hle hle thei lo va, an phi sek thei bawk.

An rilru a hah em em a. An ngaihtuahte a tawi a, rilru a mang a, an hriat rengna te a ɬha lo va, an khawvel chu a pik riau

ɬhin. An rilru hrehawmna chu sawi thiam hleih theih pawh a ni lo fo. Bei a dawng ngawih ngawih a, eng mah an ti hlei thei bawk si lo. ɬangkai lo em ema inhriatna an nei a, mahni inthiam lohnain an khat thei. Mahni an inhmu hniam a, sual bik leh lak tlak loh bik ni tein an inhria a, tu ma hmangaih tlak tawh loh, tu ma ɬanpui theih loh nitein an inhre ɬhin. Mi hian en deuh ɬupa inhriatnate an nei thei a, dam ve tlak lova inngaihate an nei ɬhin.

Khawvel hi an ning a, nun hian awmzia neiin an hre lo va, nun hlutna pawh an hre lo. Thihna lamin an rilru a luah a, an ngaihtuah tam a. Thih daih te an duh a, eng mah hre lova awm daih an chak em em a. Mahni nunna lak em chu Pathian an hlauh avanga an hreh laiin a ɬhen chuan mahni inthah hial duhna an nei ɬhin. A ɬhente phei chuan

an tum ut ut a, an
intihlum hial bawk thin.

Keini ram ang, ram
thang mekah hi chuan
taksa insawiselna lam a
tam duh bawk. Na chi
hrang hrang an ngah hle.
Heng an nate avang leh
an chauh ngawih ngawih
avang hian daktawr an
rawn a. Mahse, a chhan,
medical cause hriat tur a
awm thin si lo. Vitamin chi
hrang hrang an ei a, an
dam chuang bawk si lo.
Hrehawm takin, inthla-
hrung takin, ning em
emin an nun an hmang
thin a ni.

Natna hlauhawm tak,
tawrh hrehawm tak a ni a.
Hnuk pawh a hlat lo.
Mahni inthatho zinga za
zela 80 vel hi he natna an
neih vang hi a ni an ti. De-
pression nei zawng
zawng zinga zaa sawm
leh panga vel hi an
intihluma chhut a ni.

Eng vanga lo awm nge?

Depression hi eng
vang chiaha lo awm nge

hriat fiah kelh a har
khawp. Inthlahchhawn
ve theih a ni an ti a. Hring
nuna harsatna tawh tam
avang te, rilru hahna tur
thil hrang hrang avang te,
lusun leh inthen avangtea
awm thei a nih lain a
chhan han puh tur awm
miah lo pawhin a neih
theih. Thluaka nerve bul
thut, neurons tam tak
inkara thu thawntu neu-
rotransmitters te an nih
tur ang an nih loh vang a
ni thin.

**Depression neih hi a
zahthlak loh ve!**

He natna hi a tam hle.
Hmeichhiaian an nei duh
zual. Kum 20 leh 50 inkar
velah a tam zual bik. De-
pression hi tu pawhin kan
nei thei. Mi lian leh te a
thliar lo va, hausa leh
rethei a thliar hek lo.
Khawvela mi ropui tak tak
zingah Depression-in a
tihbuai tawh an tam
khawp mai. America
President ropui berte
zinga mi Abraham Lin-
coln-a te, rilru lam zirnaa

thawh hlawk em em Sigmund Freud-a te ngei pawh hi an tel. Hengho hian an depression an pal tlang a, thih an chak ve ut ut lai pawhin an intihlum lo va. An lo heti leh ta zawk a ni.

Mizote hian rilru lam natnate hi kan la hmelhriat tawk loh avang leh kan hmuh dan dik tawk lote avangin kan hre thiam lo va, a enkawl na lam pawh kan bangbo viau. Psychiatrist rawn nachang pawh kan hre lo fo va, a hre chhun pawh kan zak bawk.

Depression neih hi thil zahthlak a ni lo ve. Natna dang ang thovin natna pakhat, enkawl theih, dam leh hmiah thei a ni ve mai. Natna dang ang thovin a chhuak leh thei bawk.

Enkawlna

Damdawi leh inenkawl na chi hrang hranga enkawl dam theih a ni a. Counseling leh Therapy

chi hrang hrang hmanga enkawl theih a ni a. Tunlaih chuan depression damdawi ei tur tha tak tak a awm tawh bawk. America ramah phei chuan an damdawi hralh tam berte zinga mi chu depression damdawi hi a ni. Damdawi hi erawh chumum hnih khata hna han thawk mai chi a ni lo va, ei rei a ngai deuh. Ei rei avanga addict theih erawh chu an ni lem lo. Depression kan neih chuan inthlahrung lo leh zak hlek lova Psychiatrist rawn thuai tur a ni. Tichuan, nun nuam zawk, tangkai zawk leh hlim zawkin kan awm thei dawn a ni.

Depression hi damdawia enkawl loh pawhin a dam leh thei. Chumi damna tur erawh chuan damlo leh a bula miten mawhpurhna sang tak kan nei vek. Inhriat thiampui a, inchhawmdawla, inkhai chhuah theih a ni. "I rilru mai mai

a nih chu, i nep em mai, i no lutuk," ti satliahtu ni lovin hre thiamtu, ngaih-saktu, ñanpuitu an mamawh ñhin.

Depression i nei maw?

I nun a hlim lo va, i chau ngawih ngawih mai a, eng mah ti lova mut ngawih ngawih i duh ti raw? Natna dang avanga chauh ngawih ngawih hi chu han chawlh hahdama ziaawm theih a nih laiin depression vanga i chauhna kha chu chawlh leh mutin a chhawk meuh lo. Che tam lui zawk ang che. I phur lo ti raw? Eng tih mah a nuam si lo ti raw? Phurna hi nghah chhuah chi a ni lo. Nuam tihna hi tawn pawp chi a ni zawk. Che tam lui la, thawk tam la, i inche phur ang a, nuam a rawn awm chawp ang. Min rawn pantu pakhat, thosilen hnuaia kum hnih dawn tawm tlat tawh pawh a tawpah chuan peih lo em emin a tho lui a, a inchei lui a, a leng chhuak lui a,

a che lui a, tunah chuan harsatna a nei tawh lo.

I ñawngñai a, a chhanna i hmu lovin i inhria em? Pastor pakhat ñawngkam takin, 'Thawh-leh zana kan dil hi Nilai tuka a chhanna hmuh nghal kan beisei mai ñhin hi a dik lo.' Pathian chhanna hi a thleng vut vut lo fo. Kan dil ang chiahin min chhang lo fo baw. Pathian i ring tak tak a nih chuan tum dang a nei a ni ang tih ringin i tih tur puala tla kha ti chhunzawm lui zel rawh. Pathiana rinna nghing ngai lo mi tam tak hi an dil angin a chhang fo hauh bik lo. Pathian hian tum dang a nei fo, ring ngam la, nghak ngam rawh.

Zingah tho la, darthla-langah inen la, han nui lui phawt teh. Lawmna tur hi thlir zau peih chuan a tam asin. Ngaihtuahna chhe pui pui hi rilruah a lo lut zel mai tiraw? A lehlam zawnga ngaihtuah han tum lui teh. Thlir dan

dang deuhva han thlir chuan lawmna turte hi a lo awm zel asin.

I ngaihtuah a tawi tuk a, eng mah i hre rei thei baw k si lo. Zing a lo nih hian eng mah tih chak lohna baw k khan a rawn bei leh dawn che a. Chu vang chuan pen leh lehkhapuan la la, naktuka i tih tur ruahman chhin kha zia k chhuak la, chu chu zawm tum ang che. Depression neih lai chuan engkim hi tih luih a ngai deuh vek. Mahse, chu chuan rah tha a chhuah ngei dawn si.

Thih i chak viau a ni mai thei. Mahse, nghak hrih rawh. Nghah man a awm ziah. Tunlai thalaite

hian dawhtheihna kan mamawh. Thaw k-aphita thih tum zel mai hi a dik lo.

Thih daih chak ngawih ngawih, thih dila zan tin tawngtai thin; mahse, mahni inthat ta lova tuna mi ropui tak lo ni ta an va tam tawh em! Chung ho chuan thih leh dam chung a thuneitu Pathian chhanna kha nghak zo lovin anmahni kut zalin ro lo inrelsak ve ta se chu an chanchin kan hre der awm si lo! Hmana Depression avanga buai hrep tawhte kha tunah hlim takin an leng leh thei a nih chuan nang paw'n i thei ngei ang. Tin, doctor rawn hreh lo baw k ta che.

Chanchin thar - Hla phuah thiam Alfred Tennyson-a khan tum khat chu a zin veivah pahin a thian tha nu pakhat hi a tlawh a, chanchin thar a awm leh awm loh a zawt a, chu nu chuan, "Chanchin thar pakhat chiah a awm ka hria: 'Krista chu mi zawng zawng tan a thi' tih hi," tiin a chhang a. Tennyson-a chuan, "Chu chu chanchin thar hlui a ni a, chanchin thar tha a ni baw k a, chanchin thar ber a ni alawm," tiin a chhawn ve baw k. ***Nang, he chanchin thar hi i hre ve tawh em?***

AGAPE CHANCHINBU ṬANGKAINATE

Laldawnkimi
Asst. Secretary

John Wesley chuan, “*Lehkha chhiar ngai lo rawngbawltu chu a rawngbawlna aṭangin bang mai rawh se,*” a ti a, a sawi zelnaah “*Lehkha chhiar ṭhin ringtu chuan hma a sawn ṭhin. Ringtuin lehkha chhiar a bansan chuan a ṭhang thei ngai lo,*” a la ti deuh deuh. Charles William Elliot chuan, “*Lehkhabu hi ṭhian nghet leh thawm zawi ber a ni a, thurawn petu fing ber leh zirtirtu dawhthei ber a ni,*” a ti bawk. Agape chanchinbu hi Mizoramah thlakip chhuak chanchinbu copy ṭhahnem ber a ni awm e. A copy a ṭhathnem chuan chhiartu an ṭhahnem, chhiartu an ṭhahnem chuan ṭangkaipuitu an ṭhahnem tihna a ni. A ṭangkaizia a tawi zawnga sawi chuan rilru, taksa leh thlarau tan chaw ṭha min pe, kalna tur kawng dik min kawhnmuh, hriat tur dik min hriattir kan ti thei awm e. Sermon, Kristian chhungkua, character study, hriselna, awm dan mawi, ei siam dan, thianghlimna, hriatzauna leh bengvarna hrang hrang min hlui a, kan ei a, tui ti takin kan lem awl awl mai a nih hi.

1. **Man tlawm tea chhiar tur lehkhabu ṭha a ni :** Kan chanchinbu hi phek 32 a ni a, copy khat man Rs. 4.50 niin copy 12 (kum khat) lak man Rs. 50 chauh a ni. A tiatpui thla tin chhuak chanchinbu dangte hi copy khat Rs. 20 a ni a, kum khata lak man chu Rs. 240 daih a ni. Agape

kum khat chhuak hi han chilh khawm ila, Rs. 50 manah chuan hlu tak a ni. John Ruskin chuan, “*Lehkhabu chhiar tlak chu lei tlak a ni,*” a ti a, Agape chanchinbu hi chhiar tlak a ni a, lei tlak a ni e.

2. **Hmeichhiate hriat phak tawk tur Bible zirna leh sermon ṭha a**

awm : Hmeichhiate hian Bible thu ril pui puite kan hre thiam pha ve lo va, he chanchinbu hian kan hriat phak tawk leh kan chhawr thiam theih turin Bible chhunga mi chanchin te ziakin kan entawanna tur awmte min hrilh a. Tin, sermon ngaihnaawm leh tha tak tak awmte hian kan rinna a chawikangin Krista anna lama thanlennaah nasa takin min kaihruai a, a tangkai em em a ni.

3. Kristian chhungkaw nun dan tur leh awm dan mawi min hrilh : Kohhran hmeichhiaten kan thupui ber pakhat Kristian chhungkaw chungchang thu tha tak tak chhiar tur awm thin hi a tangkai tak meuh mai. Kristian chhungkaw nun dan tur te, inkaihruaina tha leh naupang enkawl dan thlengin chhiar tur a awm. Hengte hi inhrilha inzirtir turin seminar te, conference te ko dawn ila sum tam tak bakah hun leh

tha sen fe a ngai, kan thei lo va, kan hman bawh hek lo. He chanchinbu kaltlang hian hmun kilkhawr tak taka awm, kal chhuak thei ve lote pawhin mahni tapchhakzawlah ngei thu leh hla tha tak tak kan lo dawng thei a ni. Tin, ringtu/rawngbawltute hian awm dan leh chet dan mawi kan zir te a tul a. Kan nihna nen inmil lo taka kan khawsak chuan mi sawi zui kan hlawh thei. Kan chanchinbu atanga thil tam tak kan hriatte a tangkai hle.

4. Hriselna huang hi : Mi tin tan hriselna hi a pawimawh a, kan hrisel loh chuan duh angin rawng kan bawl thei lo va, chhungkuain a tuar, kan rinna thlengin min tichau thei a ni. He huangah hian natna chi hrang hrang - inthan dan, lan chhuah dan, enkawl dan leh inven dan te tihlan a ni. Mi tam tak tan kan chhungkaw dinhmun zir loh vang te, kan awmna hmun kilkhawr vangtein doctor

rawn a harsa ðhin. He huangah hian kan neih ang leh kan theih ang tawka inenkawlna turte tar lan ðhin a ni a, hemi kaihhnawih thianghlimna kawng hrang hrangte min hrilhin thurawn ðha tak tak min pe bawk.

5. Ei tur siam dan tui leh a thar min hrilh : Rev. K. Lungmuana chuan, *“Chaw chhum thiam leh chawhmeh siam thiamin chhungkua a tihlim, ei rawngbawl hi Pathian rawngbawlna a ni,”* a ti. Ei siam thiam leh thiam lo kar hi a inhlatzia kan hre ðheuh mai. Thil inang rau rauvah siam danin a zir chuan a tui a, ei nawn leh kan chak ðhin a nih hi. Behlawi bai ri chawrh chawrh a hman hmanin fiana hawlh chawt chawt ai chuan so phuan phûl hlap hlap chu a tui zawk ngei ang. Vawi khat chu Rev. Chawnghranga te inah ka leng a, a ðhiannu Pi Tani chuan arsa roast min eitir a, *“A va tui ve, engtia i siam nge”* ka ti a. *“Agape-a an rawn ziak angin*

ka ti chhin a, ka chhungten tui an ti lutuk a, a dang ka siam leh a nih hi,” a ti. He huangah hian khawsa thei deughten bawlhlo changkang hmanga an siam dan leh leina tur nei remchang lote thlenga kan siam dan tur te, thingtlang lama khawsate tan thlai thar tam laia ei sen loh kan paih leh tihtawih mai maite dah ðhat dan min hrilhte hi a ðha hle a ni.

6. Ziak hmanga Chanchin Tã hrilh darhna leh missionary kan chawm theihna a ni : Khawvel ðhang zelah hmasawna a chakin a hmanrua pawh a dang chak hle. Hmanah chuan chanchin inhrilh tawn nan ðawngka leh kut ziak te an hmang ðhin, tunah erawh chuan chutiangngawt a remchang ta lo. Tawngka chu lo ngaithla duh lo te, ngaithla hman lo te, beng ðhat loh vanga hre thei lote an awm, thu ziak hmanga tih hian thlen theih lohna a awm lo va; beng ðha lo, TV, Radio leh mi thusawi hre thei lote

pawhin an lo chhiar a, a va ðha em. Kan bulah chhiar tur a awm chuan kan chhiar nge nge. Thil kan hmuh leh hriat hnemte hian min hruai ðhin.

Tin, bial, kohhran leh mi mal pawisa pek ðing khawm hmangin missionary-te a thlawnin pek an ni a, missionary chawmna rem-chang tak a ni.

7. Hmeichhiaten thu-ziak hmanga rawng kan bawl theihna hmun a ni : Hmeichhiaten Pathian thu kan vei leh sawi chhuah kan chak te, awm dan mawi te, testimony te, rawng kan bawl na chanchin mi dangte hriat atana kan duh te, thu ziak kan thawh theihna hmun a ni.

8. Rawngbawl na inhriat-sak tawna a ni : Kohhran mal te, bial chhung te chu kan khawsakna a inhnaih avangin rawngbawl na kan inhre tlang viau. Hmun hla zawka mite nen erawh inhriat tawn a harsa ðhin. He chanchinbu kaltlang hian kan rawngbawl na

chanchin, ram pum huapa kan thawh hona te, internet kaltlangin khawvel ram zau zawka mite nen kan inhre pawh thei vek a ni.

9. Hruaitute hming hriatna a ni : Mi ðhenkhat chuan, "*A kawmah Central hruaitute hming inziak leh an chanchin tarwi inziakte hi a ðha khawp mai, an hming lam ngeiin ðawng ðaipuina kan nei thei a,*" an ti bawkw.

10. Hun awl hman ðangkaina a ni : Nu ðhenkhat chuan zing lam ei rawngbawl zawh tawh thil dang tihna hun awm tawh si lo, tuk ðhuan ei hma leh hetiang bawkw tlai lam hun awl zanriah ei hma hi Agape chhiar nan an hman ðangkai, ðhenkhat chuan zan mut hmunah inchwawpin pasalte hriat atan an chhiar ri bawkw, "*Agape chhiar zawha han muthilh chu mut a tui duh vang vang khawp mai,*" tite pawh an awm.

Aw le, sawi kim sen a ni lo va, a bu hi chhiar ila a ðangkaina chu kan hre mai awm e.

INCHEINA – KRISTIAN HMEICHHIATE TAN

*Thanpari Pautu
Chhinga Veng*

“...hmeichheho pawh inthlahdah lo leh inbel lutuk lovin, sam phiarin emaw, rangkachakin emaw, tuikeplungin emaw, puan man tam tak taktein emaw inbel lovin; amaherawhchu, (hmeichhia, Pathian ngaihsak intite chu inphu tawkin) thil tihthatin inchei sela ka duh,” (I Tim. 2:9-11).

Zemabawka Kohhran Hmeichhe Inkhawmpui Lian a awm tum khan Central Committee member kan nih ve avangin riak lut meuhvin kan thawk ve a. Suitcase puar tawh hian thawmhnaw inthlakna tur kan keng a. Ka thiannu chuan, “Ka faten, ‘Ka nu, thla thum lai em ni in cham dawn? In va inkeng hnem ve!’ min ti a,” tih thu a sawi a. ‘Kan thawmhnaw keng uar lutuk hian kan Bible leh Hla Bute hi kan khung leng lo mai ang e!’ tiin kan insawisa zui a, kan nuihpui bawh bawh naa, incheina thu sawi hian kha thil kha ka hre chhuak fo thin.

A ni lah tak a, Mizote hi inchei uar tak hnam kan ni tih chu phat rual a ni lo. Kan ei leh in ai pawh hian kan ngai pawimawh zawh hial em maw tih tur a ni. Kan thawmhnaw dahna cupboard te, wardrobe te hi han en ila, a khat el ul vek mai a. Kan in chhung leh khawlaite hi kan puanpho hian a kur ngai nguai vek a. A tam ber hi

chuan kan dam chhung daih hi thawmhnaw kan nei maw le. Mahse, mihring duham rilru hian duhtawh a nei si lo va. Chawlhni a lo thlen emaw, incheia khawilo kal a lo ngaih changte hian kan thawmhnaw khai nghek nghuk te kan en a, hak tur hre lovin kan buai tho va. Pathianni apianga kawr thar ha chi te, ni tina mipui hmaa

langhote pawh lan apianga kawr dang ha te, zai mi, Pathian hla sate pawh hla pakhat sak chhunga kawr tam taka inthlak hman te kan ni bawka. Secondhand addict tlat te hi kan awm a, Solomonan ama chungchang a sawi a, *"Ka mit it zawng apiang ka hlah lo,"* a tih ang maiin kan mit it zawng chu kan lei zel a. Kan dawrkai te lahin an dawr hla tulh tulh a. Bangkok mai pawh an duh tawh lo va, Hongkong te, China te an dawr tawh a. Kan hnawih mawi (cosmetics)-te lah hi foreign company te ngat lo chu kan duh tawh mang lo va. Foreign thil kan ngaisang lutuk te hi kan dik lohna chi khat chu a ni maw le. Foreign thil kan lei ngamna ang hian India thil hi lei ngam ila, a aia tha tha kan lei thei an tih hi a dik a rinawm. India hi chuan mi rethei lei tawk leh neinung lei tawk hi a siam thiam vek a, neinung tan chuan ram dang thil hi a ngai chuang hauh lo a ni an ti.

Thawmhnaw lei leh ngah kawngah hian Kristian hmeichhiate hian insum theihna kan mamawh khawp mai. Thawmhnaw thar, nalhpui hle tura kan inrin te pawh hi mahni bak mi dang hi chuan nalhpui min ti lem lo lehngal. Taksa nalh leh inchei inhmeikko hi chuan eng pawh inbel se an nalhpui tho mai a. A tlangpui thuin Sapho leh Vaihote hi a naran chuan an inchei thla zen lo khawp mai. Khawchhak lamho hian inchei an uar a, keini Mizo pawh hian kan la ve deuh niin a lang. Phaia lehkha kan zir laiin American chhungkua missionary hi an awm a. Inkhawm ban hian tlang mi Kristianho kha an inah hian min sawm ziah a. Keini tlang mi standard lo ve tak takte kha ei tur tui tak tak min chhawp a, fellowship hlimawm tak min neihpui thin a. An chhungkua chu an inchei mawl em em a. Thawmhnaw, man tam lo tak tak, a ngai deuh reng hi an inbel thin. Kha mite

chhung kha an ropui ka ti ðhin ngawt mai. Keini ve hi chu thawmhnaw man tam tak tak kan inbel a, thawhlawm lam te chu kan phal tlem leh fu si ðhin a. Sawrkar hna kan thawh ve tawh hnuin phaiah training-in kan kal chang hian min zirtirtu Vai nute hi sari leh blouse man tlawm te te hian an rawn inchei a, min han zirtir meuh chuan an subject kha an hre hneh leh em em a, an thawmhnaw lam kan ngaihtuah tawh lo. An zahawm tawp a ni mai. Rangkachak erawh hi chu an uar khawp mai. Keini pawh hian kan uar ðan. Bible-in a ngaih mawh tak kha a ni lehngal.

Bible-ah hian Kristian hmeichhiate inchei dan tura an duh chu Paula leh Petera hian an sawi a. A chung a tar lan bakah khian I Petera 3:3,4-ah Pathian mit hmuha incheina hlu zawk chu pawn lam incheina ni lovin thinlung lam ðhatna a nih thu min hrilh a. Tin, Deuteronomy 22:5-ah

chuan, *“Hmeichhiain mipa thawmhnaw an inbel tur a ni lo va, mipain hmeichhe silhfen an inbel tur a ni hek lo; tu pawh chutiang ti apiang chu Lalpa in Pathian ngaihin mi tenawm an ni,”* tih kan hmu baw. Saruakin khawvelah kan lo piang a; mahse, Pathianin mihringte hnena finna a pek hmangin kan taksa vawt leh lum lakah te, natna laka inven nan silhfen te kan siam a, kan inbel hi Pathian pawhin a phal ngei a. Mahse, chin tawh kan neih erawh chu a tirhkohte kaltlang hian min hrilh niah ngai ila. Hetiang hian keini Kristian hmeichhiate kan inchei dan tur ðha nia lang chu a tlangpuiin han tar lang ila-

1. **Biak inah :** Biak in hi kan hmun serh pawimawh ber a nih avangin incheina pawh fai leh uluk taka enkawl a ni tur a ni a. Biak ina inkhawmpui tur hi chuan kan ðhwei danah pawh ban nei ngei, a nghawng pawh zau lo, chuar nasa tak ni lo, tle

nasa tak ni lo bawkte hi ni thei se. Nu tan chuan par chhuai lam ai chuan rawng chi khat emaw, par dal lampang emaw hi a mawi bawk. Thusawitu leh tantu dinhmuna din dawn phei chuan uluk lehzual a tha. A chhan chu mi hmaa kan din dawn avangin an rilru la kawithei lo tur ang chikha a tha ber ang. Kan sam te pawh hi kan zial emaw, kan kilh emaw, a tawi a tihkir a nih pawhin fel taka siam ni se. Nu, tu nei hial tawhten sam sei te thlaha hma lama an theh chhuakte, sam tawi pawh ni se, hma lam khuh chhuma an dah te hi a mawi lo hle bawk. Nu thenkhat an sam suk ro lote thlahin inkhawmpui mai te an awm thin a. Sam huh hi a mawi lo chang ni lovin, a rim pawh a tui lo va. Chuvangin, inkhawm kan ngaih pawimawh tak tak chuan intihfaina hun tur chu kan insiam thei ngei tur a ni. Tunlai chuan puan leh kawr te rawng inchawih kan uar ta a, a tha khawp mai. Mahse, kawr

leh puan leh thil dang inchawih tawka ha reng tur chuan thawmhnaw neih tam a ngai fu mai a; chuvangin, rawng dum, var, hring leh pawl te nei ila, puan chu a tial, rawng chi hrang hrang mil thei vek te hi nei ila a tawk tiu teu viau ang. Pheikhawk phei chu a dum leh var neih chuan a tih theih deuh vek mai. Nei zo deuh te erawh chuan chi hrang hrang pawh an nei thei ang a; mahse, kan hriat reng tur chu biak ina kan kalin tu hmaah nge kan inchei tih hi a ni. Petera lehkhathawna kan hmuh anga Pathian mit hmuha hlu zawk kha hre reng thei ila a va tha dawn em! Pheikhawk ri ring tak leh chik tut tutte hi bun loh hram ni se. Lipstick sen tak te, mithmul rin kual ruih leh dum huma hnawih te, mit hnawih dum vak te leh tin hnawih dum tuar te pawh hi Kristian hmeichhia nen chuan a inhmelem lo. Tin leh

hmuite pawh hnawih chu a ṭha a; mahse, sen lutuk lo hman ni se. Perfume te pawh hi kan hman a nih pawhin nam che che chauh hi a tawk viau a ni. Tunlaia kan chin tak em em ṭha lo ka tih deuh chu kan hand-bag (vanity bag) te inkhawmnaa Bible leh Hla Bu ken nan kan hman uar ta hle mai hi a ni. Mizo tah ipite, a hrui tawi emaw, a sei emaw nalh tak taka ṭhui te a awm a. Ni tina kan ken bag te hi chu kan eng ilo, sahdah, zial leh kuhva te kan dahna pawh a lo ni thei a, a thianghlim lo va, a 'Zo' lo bawk a. Mizo ipite ngei mai hi a mawi bawk a, a hlu bawk a, chin thar leh atan a ṭha ngawt mai. Zaipawl uniform pawh hi kan uar ta mah mah a, ṭhenkhat tan phurrit a ni ang tih a hlauhawm khawp mai. Puan mawl (plain) a hmaa kraws lem awm, lua thun thawt theih, kawng thleng vel te hi nei se, zai dawnah ha leh mai ṭhin se a mawi tho vang.

Kan fate tleirawl kum 18 chin chung lam hi

chuan biak inah hian puan bih ve ngei se duhthusam a ni a. Senior leh Sacrament-a kal rualho pawh hi inkhawm nana kawr chhing lutuk lo an hak hi chu a mawi fe zawk a ni.

2. **Committee leh zing ṭawngṭai inkhawmnaah :** Kohhran Hmeichhiate hi kan committee ve fo va, a hmun hi biak in compound te a ni ṭhin bawk a. Hetah pawh hian duhdah tak leh bawrchhawr deuh taka kal mai lovin, fel taka inchei thlapa kal ngei a mawi a. Chutiang bawkin zing ṭawngṭai inkhawmna kal turte pawh hi fel fai taka inchei leh lu khuih pial ṭhat hi a mawi khawp mai. Tho hlawta a awm awm bat chhuaka kal mai lovin, Pathian hmun thianghlima kal kan ni si a.

3. **Khawlaiah leh hnathawhna hmunah :** Khawlai na na na chu a zalen deuh va. Thawm-hnaw lamah chuan mahni duh zawng deuh te pawh inbel ve ta ila. Mahse, nu tan chuan kekawr tlawn, tawn zau chi (skin tight)

tawt taka haka, kawr darbak leh nghawng zau tak, hnute phir lang thei khawp hak te a mawi lo va, a Kristian lo bawk. Nulate pawh Kristian chhungkua aṅanga lo kal an nih chuan kekawr kap tawi tak, kawng emaw, dul emaw lang hak te chin loh atan a ṭha khawp mai. Hnathawhna hmuna kekawr hak te hi kan intihmuh ta hle mai a. Mahse, hengah pawh hian nu leh nula upa lamten tawt tak mai zuih fe mai an han ha te hi chu tam tak mitah chuan a la mawi lo khawp mai. Zirtirtute phei chu naupang hmaah blackboard-ah te an han ziak a, kekawr tawt tak mai te an hak chuan a mawi lo va, naupang rilru pawh a la peng hial thei a ni. Pisaa thawkte pawh pheikhawk sang tak, kal zawnga ri tlut tlut te an bun a, an sam te hma lamah an hmel hmuh theih mang lohva a tla hnuang mai te hi a mawi lo va. Hnathawhna hmun hi incheina hmun tur a nih loh avangin hnathawhna

tinuam tura inchei kha a mawi zawk daih. Ram hnathawk mite tan erawh chuan kekawr tlawn hak hi thosi leh rannung seh thei lakah te a vengin bungbut zawnga thui tak a lang ṭhin te pawh a khuh bawk a, a ṭha khawp mai. Hnathawhna uniform ha ṭhinte pawh hi an form fel fai taka an hak hian a tizahawm a. Tunlaiin nurse ṭhenkhatten kawrfual chhing tak tak, tawt si an ha te hi a mawi vak lo. Office-a hnathawhnaah pawh hian jeans kekawr leh T-shirt ṭial buai hak te hi a mawi lo.

4. **Inneih niah** : Biak in hawng emaw, hawng lo emaw kohhranho inkhawm uluk a ni tih hriat reng a ṭha. Tunlaiin mo ṭhenkhat kawr te hi a nghawng a zauvin ban nei lote a awm ta zeuh zeuh. Biak ina inchei nan chuan a la mawi chiah lo deuh a ni. Court-a inneite chuan lo ti pawh ni se thu dang. Biak inah chuan mo kawr chu nghawng zau duar lo, ban

pawh nei ngei hi ni se a la tha zawk fo. Sap dan kan la ta rau rau a nih chuan biak in hawnga innei te hian a var hlak an ha a, chutiang tlin lote chuan a rawng dang an hmang thin. Tunlaia kan chin tha lo leh hnawksak angreng tak mai chu mo chhungten kawr inang, an mipaten an kawr rawng ang nectie te awrha, mo neitute lam lahin chuti bawk. He thil hi kan intihhmuh leh ta mek a, a hnawk leh ta khawp mai. Hmannia inneihna ka kalnaah chuan an pa chu clerk hnathawk ve mai a ni a; mahse, khitiang khian an ti tho mai. Thenkhat chuan an chhung leh khatte chu anmahnia kawr rawng inang chu ngaihtuah mai turin an ti a ni awm e. Lehlamah an fate chhawm tur thil lian tak tak te an dil kual bawk si. Hmanni lawka Kumpinu tuchhuan Prince William te inneih pawh khan an chhungten thawmhaw rawng inang kher chu an hak loh kha maw.

5. **Mitthi leh khawhar inah** : Mitthi vuina leh khawhar inah te hian a dum lampang hak kan ching ta hle a. A tha viau va. A dum kher kan nei lo a nih pawhin a rawng dal lam leh par sin lam te hi ni thei se a hmuh chu a nuam. Mahse, kawr dum kan nei loh vanga kal loh ngawt erawh chu a tih chi hauh lo. Thisen zawmpui leh chhung bul hnai te chuan lo ha pawh ni se, mi nazawngin a dum kher hak tur tihna a ni lo. Nula thingpui semten kawr awm zau tak te an hak chuan mi hmaa an kunin an awm thui tak takin a lang thei a, a mawi lo hle a. Puipunna hrim hrima nula che velte hian kawr awm zau lo leh kekawr tawt tak lo hi ha se a mawi khawp mai.

6. **Zin velnaah** : Kan zinnaa kan chuanna azir te pawh a ni ang a. Thlawhnaa kala bungruate pawh zangkhai deuh keng theite tan chuan puan bih mai te pawh a rem tho va. Mahse,

mi naran hi chu rel leh motor-a zin te kan nih thin avangin kekawr hak mai hi chu a tha zawk mah. Kekawr a nih pawhin a pangngai, tawt teng ni lo leh kawr pawh pangngai, nghawng zau leh thui lérh lam ni lo se. Hnam dang leh mipate nen thuhoh tur te kan nih hre rengin inchei a tha. Relah phei chuan kekawr hak ngei hi a tha ber. Zinnaa hotel leh house-a kan thlen inah mutkawr leh kawr mumal mang lo nen pindan pawn leh dining room-ah te kal a mawi lo hle a ni.

7. Raipuar lain : Rai hi thil zahthlak a ni hauh lo va. Pathianin hmeichhiate kan nihna tura a ruat, nupaten malsawmna kan dawna kalkawng a ni. Mahse, tunlai hian Sap film star-hote hian sum hmuh nan raipuar ruak thla te an la a. Heng kan en thin vang te hi nge ni, tunlai hian raipuar lian tawh takin kawr tawnzau (skin tight) hain khawlai an leng a, an

laipawng a lang hial hi a mawi lo hle a. Hei hi chu Mizo society atan leh Kristian hmeichhiate tan chuan la mawi lo tak a ni. Puan thui thiamten raipuar kawr nalh tak takin an thui thei a, hak reng tur a nih loh avangin man tam pawh a ngai lo. Heng ang hi Kristian hmeichhiate chuan ha ila a inhmeh zawk ang.

8. Mahni in chhungah : In chhung tih vanga bawrchhawr leh inthlahdah taka awm te hi tih loh tur a ni. Pasal leh fate tan pawh zahpuiawm leh hmuh hrehawm kan ni thei a; chuvangin, in chhung incheina tur pawh fel fai tak ni se, lu pawh khuih pial that fo a tha. Chaw eina hmun hi Sapho chuan an uluk khawp mai. Kawr ha lova chaw ei mai hi mipate hian an ching viau mai a. Hotel leh house-ah te pawh kawr ha mang lo leh towel bat chungah chaw eina hmuna kal te hi a mawi lo khawp mai. Mut

kawr haa nilenga awma, khawlaia vei vei te hi tih loh tur a ni bawk. Sam henna leh curlers vuah te, tanakhaa hmai hnawih var vu chung khawlai kal te hi a mawi lo bawk.

Tlangkawmna : Tunlaiin puan bih uar thar turin veng thenkhatten tan an la a, a tha viau a. Mahse, rem loh hunte a awm ve a nia. Sawi tawh angin zinna leh fehna hmunah te chuan kekawr hak hi a rem zawk a. Hmeichhe incheina chauh hi kan Mizona lantir thei a ni lo va. Mipa leh hmeichhia hian Mizo kan nihna lantir dan chu kawng tam tak a awm. Japan-hote pawh an kimono- a inchei emaw, Korean pawh an traditional dress (Hanbok) incheinaa inchei an awm ngai tawh lo va; mahse, khawvelin Japan emaw, Korean emaw chu

kan hai lem lo. Chuvang chuan, inkhawmna hmun leh serh leh sang kan tihna hmun te, hnam anga kan thiltihna hmunah te hi chuan puan chu bih ngei a tha e. Mahse, a nazawngah erawh hi chuan a awlsam lam ngaihtuah pawh a tul ve bawk thin. Keini Kristian hmeichhiate erawh chuan kan venthawn ber tur chu Pathian a ni tih hre reng ila. Tirhkohte hlauh ang ngeia rilru lam thatna aia incheina kan uar chuan Lalpa lawm zawng mi kan ni dawn lo a ni. Mit chakna te, dam chhung ropuina lemte laka insum tur hian tan i la thar ang u hmiang. Kan incheina ai te hi thawhlawm lamah te pe uar ta zawk ila, a nih loh vek pawhin incheinaa kan hman hi kan nihna leh sum lak luhte nen a inmil em tih te pawh hi en a tha.



TUNLAI KHAWVEL LEH MIZOTE

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Sawi hawna

Kan thupui hian a huam zau hle a, mahni duh tawk chinah rek bung ve hmawk mai ila a ṭha ang e. 'Tunlai khawvel' tih hian eng nge kan huamtir ang a, a hun thua eng chen nge kan huaptir ang tih pawh hi ngaihtuah tham tak a ni. Kum zabi 21-na boruak leh thil thleng min nawk hnaitu deuhthe hi kawhtir mai ila a ṭha ang. Tunlai khawvel boruak inlumlet chak tak kara Mizote khawthlir dan tur inkawhmmuhna lam kan hawi deuh ber dawn a ni.

Tunlai hi globalization khawvel a ni

Tunlaia ṭawngkam lar tak pakhat chu khawvel mihringte hi khaw pakhat (global village)-ah kan cheng ho tawh tih hi a ni. Football khel kan en pawhin London leh Manchester pa hovin 'A goal' an tih rualin Zoram kilkhawr ber aṅangte pawhin 'A goal' tiin tapchhakzawlah kan lo zawm ve nghal thei zel tawh mai. Khawvel hmun hrang hranga chengte hi

kan titi duh zawng te, ei tur tui tih zawng te, incheina leh kan ngaihsan zawngte a thuhmun ta deuh ṭhup ṭhup mai. Inbiak pawhnate a ṭha ta bawk a, khawvel hmun tina thil thlengte chawp leh chilhin kan hre nghal thei ve ta zel mai bawk. Globalization hian khawvel mihringte min pawt khawmin awlsamna pawh kawng tam takah arawn thlen a ni.

Kan duh emaw, duh lo emaw globalization tui

fawn chak tak hian min chim zel dawn. A lo hman țangkai dan tur kan zir chak a ngai a ni. Tuipui fawn khauh tak su zawnga hleuh țalh tum ai chuan tuifawn tha chakna hmanga thui tak thlen tum a fuh hle zawk ang. Ram hausaa sumdawng company lianten khawvel hmun hrang hranga inzar pharh an duh a, India ramah pawh heng company (Multinational corporation) liante hi an inbun ta thliah thluah mai. A thiam leh a fel deuhte tan chuan company lianah hna sang, hlawh țha bawk si thawhna kawng a inhawng zau ta hle. Lehkha kan zir pawhin thiamna bik a taka hman țangkai theih ngei tur zir chhuah tum a pawimawh ta viau. Computer lama thiamna te, management lama thiamna te leh a dang pawh hman tlaka thiam viaute tan chuan kawng a inhawng zau tial.

Tin, company liante hi sumdawng an nih tlat avangin hna bik thiamna mai bakah mi biang biak thiam te, mi dangte nena thawh ho thiam te, nungchang mawi, rinawmna leh taihmakna neite tan kawng a inhawng zau zual ang. Mizo tlawmngaihna nun mawi kha thiamna nen a inkawp fuh chuan a man a to sawt hle a ni. Heng kawnga rual el tura Mizote kan țanharh a hun ta khawp mai.

Globalization hian thil țha chauh chu a rawn thlen bik hauh lo tih hriat erawh a țul. Globalization au hla (slogan) chu 'nun dan pakhat, khawvel pakhat, suangtuahna pakhat' (one culture, one world, one dream) tih hi a ni. Hei hian khawvel mite zai khata luang turin min nawr chak sawt khawp mai. A țhat hmel viau rualin hnam lian zawkten hnam tenau zawkte an chimralna hmanrua a ni

thei. Tu culture nge, tu khawvel nge, tu suangtuahna nge chawisan a niha, tu culture, khawvel leh suangtuahna nge rah beh a nih tih hi ngaihtuah a tul hle. Globalization hian ram hausaa mite culture leh ngaihhlut zawng a chawisang deuh ber a, keini Mizote leh hnam tenau zawkte nunphung leh khawsak zia hi zahpuiawmah a chhuah mek thung. Entir nan, incheina chungchangah khawthlangho inchei dan kan ngaihsan em em rualin kan Mizo inchei dante chu kan hmusit rilru tan deuh a ang. Thalaite zingah Sap hla pakhat tal sa thiam mang lo chu an star that duh meuh tawh loh laiin kan khawhar hla sa thiam lote erawh changkanga ngai an awm tlat! Ei turah pawh khawthlangho chaw - pizza, burger leh coke - tui ti pha chinte chu changkanga kan ngaih rualin buh leh antam tui

hanga inhnawh puar ngawtte chu kan hmusit rilru tan em ni? Nun phungah pawh khawthlang mi mal nun dah sang (individualist)-ho rilru puin mi dang ngaihsak lo leh zahna nei hauh lova mahni mawi leh tha tih zawnga duh duha nung kan pung sawt hle. Mizote hi huho nun dah pawimawh hnam kan ni a, khawthlang tana tha lo turin mi malin duh duh tih ngawt a thiang lo. Patil leh tuai an inlar nasa tulh tulh a, mipa leh mipa, hmeichhia leh hmeichhia inkawpte pawh hmuh tur an tam ta hle mai. Henghote sawisel chu mi rilru zim leh hriatna nei zau lovah kan dah lek lek ta mai. Globalization-in khawthlangho nun dan a chawisan viau lai hian a tha lo chu hnawl ngam a, kan Mizo nun dan mawi leh Kristian nun tha chhawm nung tura tan lak hi thil tul tak a ni.

Tunlai hi hmang ral tam theite khawvel a ni

Globalisation nena kal dun tlat chu consumerism hi a ni. Consumerism chuan thil chhuak thar leh awh zawng apiang neih tuma insen ral huau huauna hi a kawk ber awm e. Tunlai hian awh tur leh duh tur thil thar a chhuak tam ta hle mai. Khawvel ram dangte thil siam mawi leh tha tak tak – car, electronic hmanrua, digital leh computer thil, hmai hnawih leh rimmtui etc. kan bazar-ah awlsam tea lei mai theih an ni ve ta. Chu bakah, TV, internet leh media dang hmangte in chhungah a awhawm thei ang bera pho langin min rawn zawrh ngar ngar ta mai. Hengte avang hian rilru piangsual kan tam tial tial niin a lang. Thil changkang leh chhuak thar apiang bawh huam huama neih nghal zel duh Mizote zingah pawh kan pung tual tual. Kohhrante

pawh hian kan tum ni lem lovin consumerist culture hi kan lo vawrh darh mek em? Kan biak in kan chei duh dan te, biak in chhung fashion leh sound system changkang neih kawnga kan intlansiak ta lutukte hian he lam hi a hawi ve lo maw?

Sumdawng company liante hian anmahni kan dawr zel theih nana mi phuar beh dan an thiam hle. Mobile phone ringawtah pawh hian offer chi hrang hrang a tam sawt ngawt mai. Ruih theih thil zuarhovin ruih theih thil la ti ve ngai lote chu a tir lamah chuan man lo pawhin phal takin an pe fo thin an ti. An duh ber erawh chu ching dawklak ve sela tih hi a ni. An nghei theih tawh loh hnua dawrtu nghet an nei tih hriain man sang tak takin an leitir leh si thin. Chutiang chiah chuan mobile phone companyte hian an duh ber chu mi tin hian kan mobile hi

hum mai mai lovin a tam thei ang ber hmang dawklak ila, tih hi a ni. Tunhmaa biak phak pawha kan ngaih loh kha tuk tin zan tin biak turah kan ngai nghet ta hle. "Ka balance a zo dawn, engtin nge ka top-up ang" tih chu zanriah thlak tur neih loh ai chuan kan engto mah zawk tawh a ang! Sumdawng lianten an thiam em em chu nei lo chung pawha kan pawisa bawm min hawntira, anmahni pawisa bawma min khungsak zel hi a ni. Tunhmaa Afghan snow hmai hnawih tur neiha lawm hlum lo chauhte kha tunah chuan Avon, Oriflamme, Revlon, etc. tel lo chuan kan tlei thei ta meuh lo a nih hi!

Tunlai khawvelin a buaipui ber pakhat chu mahni thawh chhuah aia hmang ral tam zawk mihring an pung tual tual hi a ni. Khawvel sum leh paia tlakchhiat mekna (global economic crisis)

pawh hi hmang ral tam si thawk peih si lo khawvelin fa a ngah lutuk tawh vang hi a ni thui hle. Mizote hian eng lam nge kan hawi ve le?

Tunlai hi inelna khawvel a ni

Globalization-in a ken tel tlat free market ideology te hi a that hmel viau a. Khawvel hi bazar pakhat a ni a, tu pawh a leitu a ni thei a, a hralhtu a ni thei bawk an ti. "Mi tin tan bazarah hmun a awm" an ti a ni ber mai. Mahse, a tak takah chuan ram hausate thilsiam chhuah keini ram rethei zawkte hian kan lei mek a ni. A nei sa pek belhna leh a nei lote chhuhsakna hmanrua a ni thui hle. Awh tur leh it tur a tam tawh em avang hian nei leh nei lovin, a then pheih chuan puk chawp te, ruk ruk hmangte leh mahni inzuar hialin thil chhuak thar hi lei kan duh ta. Tunlai khawvelah hian

ram dang mite duh zawng thil tha hralh tur kan neih ve si loh va, a leitu ngawta kan tan zel chuan kan hnam hian boralna lam kan zawh zel a ni tih hriat a hun ta hle. Khawvel inpawh tawna leh insumdawn tawnnate hi hlawkpui ve tur zawnga Mizote harh a hun tak zet. Internet hmangte hian mi ram thalai tam takte chuan sumdawna an kalpui mek a ni. Internet sumdawna hmune-bay leh sumdawna website dangachte hian mi an bazar nasa em em tawh a, kan Mizo thilsiam chhuah ram dang mite pawhin an duh ve ngei tur thilte hi pho chhuah a hun ve ta hle mai. Khawvel hian bazar kan inawm tawh a, a hralhtu ni lova a leitu ngawta kan tan reng bik chuan rei kan daih lo vang.

Look east policy te hian khawi lamah nge min vawrh dawn le? Khawvel inzarzawmnain

a nghawng chhuah pawimawh tak chu India sawrkarin khawchhak lam (South East Asia) ramte nen sumdawna leh kawng hrang hranga inlaichinna tha nei tura hma a lakna hi a ni. Look east policy kan tih hian khawchhak ram thenkhat China, Singapore, Thailand, Burma, etc. te nena hmasawna tura India sawrkarin inthian thatna kawng a zawna hi a kawkerawm e. He India policy tihhlawhtlin nana hmun pawimawh tak luahtu chu keini India hmarchhak ram (North-east India) hi kan ni. India sawrkar hotute ruahmanna tuna chak taka kalpui mekah hi chuan keini hmarchhak state-te hi khawchhak ram hausate nena insumdawn tawna turah hian a kawtchhuah kan ni dawn a ni.

Sumdawna kawtchhuah ni tur hian Mizote kawng hrang hranga kan

inbuatsaih a tul. Sumdawanna khawvelah chuan mi rinawm leh taima, thiamna leh finna kawngah pawh mite lehkhalhtute hian hlawhtlinna an hmu thin. A bik takin tunlai globalization khawvelah chuan eng kawngah pawh inelna (competition) a lian em em vek mai. I hna thawhah i rin tlak a, mi aia i thiam bika chhawr nahawm i nih si loh chuan a ram neitu i nih avang ngawtin tu mahin rawih che an ba ngawt lo. Look east policy hi lo hlawhtling ta ngat sela chuan dan rual lovin sumdawng hausa kan ramah an lo lut ang a, state danga mite leh khawvel ram danga sumdawn thiamte nen kan tualchhungah kan intlansiak dawn a ni. Silchar Vai lehkha thiam lo te te pawh sumdawanna kawngah chuan pha thei lova kan inngai tlat reng a nih chuan kan ropui vak lo mai thei. Thalai lehkha

thiamte kan thiamna chhawr tak tak tura intuai hriam a hun ta hle mai.

Tuna Mizote awm dan aţang ngawt hi chuan India look east policy hi a hlawhtling palh ang tih a hlauhawm mah zawk. Kan hnathawh dan (work culture) hi insiam that kan ngai nasa hle. Thawhrinna, rinawmna, chhelna leh thiamna tak tak neih kawngah hma kan sawn a ngai. Sawrkar office-a zelthel taka hna kan thawk mai mai ang hi chuan din chhuah ngaihna a awm lo vang. Tunlai inelna khawvelah chuan hna thawk tha peih lo tan hmun a awm lo. Tuna kan ram thalaite nun luah mektu 'meng rei - tho tlai culture' nen pheih hi chuan thil kal dun thei a ni lo. Hnathawk ni mang si lova tlaivar dawn dawna meng thei, chhun hnathawhna hun tha mu bo leh daih site tan chuan din chhuah a har hle ang. Ei tur duh tui, thil

thar ṭha ṭha hre thei tak, thawk chhuak peih si lo Mizote zingah hmuh tur an awm ta nual mai. Hetianga thawh chhuah nei lo nuam tawl mai kan nih chhoh zel chuan keini aia taima leh fingten kan ram ngeiah hian min la bawh bet ngei dawn. Hnam taima leh rinawm chim ral an ni ngai lo, hnam thatchhia leh dawngdahte an ral ṭhin. Hna thawk tak tak thei tura intuai hriam a ngai hmasa ber a ni.

Kan ṭhanharha, kan insiam ṭhat erawh chuan Mizote aia hlawhtling tur bik an awm lo vang. Khawchhak ram hausa tam takte pawh khi pian hmang leh hmelah chuan keimahni ang tho an ni.

Khawthlang ramte pawhin China, South Korea, Singapore, Japan, etc. te hi an ngai hniam hlei thei tawh lo. A chhan chu tunlai insumdawn tawna khawvelah hian a hlawhtling ber ber ramte an nih chhoh mek vang a ni. Mizo, Kristian ni bawk site tan hian huphurh tur eng mah a awm lo. Kristian pawh ni lo pianhmang leh hmela keimahni ang tho khawchhak mite heti taka an hlawhtlin theih chuan, kan tan hlawhtlin theih lohna bik tur hi a awm lo. Krista leh kan ram tan tiin hmasawna minrawn chimtu hi min vawrh kangtua hmang turin keimahni lam i inbuatsaih ang u.



SAKHUA - Abraham Lincoln-a kha sakhuaana chungchanga a ngaih dan an zawt a, Indiana khuaa putar pakhat Glenn-a ṭawngkam hawhin ti hian a chhang, "Thil sual ka tih hian hrehawm ka ti ṭhin; chu chu ka sakhua chu a ni," tiin.

Hriat zauna

NU MALCHUNG CHANG ZO LO TUIN NGE LO KUANGKUAH?

- *Dr. Vanlalhruaii*
Member, Editorial Board

Tleirawl leh ṭhalai rualte zingah awm dan dik lo, nun kal sual, zu leh ruihhlo ngawlvei, mihring chung a paw khawihna buru tak tak lo punlun zelin khawvel a tiluhaiin a chawk buai hle mai. Ngaihsak leh ngaihtuah ṭalnain khawvel a nawr nat em avangin, zir chianna (research) lamah mi thiamten hma an la ta reng a. A chhan leh vang zir chianna U.K-a research beihpui thlak result chuan naupangte kum thum an nih hmaa nu leh fa inkara inlaichinna, inzawmna ṭha leh ṭha lo lamah kut zungṭang a kaw k ta vang mai le. Nute u, kan fate kuah lum hman lovin, khawvel sualna hmachhawn turin kan chhuah ta mai em ni le?

Tun hnai maiah eng thilte nge lo thleng kha –

- Tlangval kum 18 mi lekin a nu leh pa mu lai a chhu hlum der mai.
- Tleirawl pakhat chuan patling eng emaw chen a veh hnuah rawng takin a tihlum a, ‘Nuam chen ka ni’ a ti.
- Tlangval pakhatin nu upa tawh tak a

pawngsual a, a sawisa hlum zui.

- Sikul kal lai naupang pahnihin an ṭhianpa an sawisa hlum.

Sawi tur a va han tam em! Holland-ah tun hnai maia research neih aṭanga rilru zir mite zirnain a hmuh chhuah chu naupangte kum thum an nih chhoh thlenga nu leh fa inkara inthlun zawmna

tha leh tha lo, nghet leh nghet lovin naupang rilruah an puitlin chhuah thlenga mi dangte laka an rilru sukthlek, awm dan leh thlun zawm dan tur riruung (model) a lo chhiep fel sa vek tawh, a ti. A tha lamah mahni inrin tawkna leh mi dangte nel taka biak pawh thiamna a siam thei a. A chhe lamah rilru natna, hlauhthawn-na leh thlabarna, khawtlanga hnawksak zawnga chet duhna te, mite chung a rawng taka kutthlak duhnate a siam thin.

New Zealand-ah naupang eng emaw zat an pian tirh aṅanga kum 21 an nih thlenga zir leh chhui zuina neih a ni a. Kum thum an lo tlinin tute nge rilru lam natna leh harsatna nei thei tih te, ziarang dik lo neia sual thil tiha inhnamhnawih awlsam turte (risk group) an lo chhui a. Chung naupang (risk group)-a dahte chu kum 21 an lo tlin meuh chuan zirtu mi

thiamten an lo hisap aia let hniha tam chu sual thil tiha inhnamhnawih avanga tan ina khung ngai hial an lo awm tawh a, a let thuma tam chu mizia leh nihphung pangngai lo, kawlhse, thinrim awlsam, mi dangte ngaihsakna leh tanpui duhna nei miah lo an ni bawk.

Neurobiology thiamna chhawr ṅangkaiin thluak scanning, khawl thiamna sang tha leh thar ber hmanga naupang chi hnih - naupang enkawl that loh, ngaihsak hlawh lo leh a lehlamah hmangaih leh ngaihsak hlawh naupang, rilru thlamuang taka awm te, an thluak hnathawh leh awm dan zir chianna neih result chhuak chuan an inan lohzia Chiang takin a finfiah. Amaherawhchu, hmuh chhuah pawimawh tak dang chu eng ang pawhin naupang thluak leh a duhna nawr kaltu chu kawhmawh bawl nan te, nunrawn nan te, ngawlvei

nan te, anmahniah electric hrui angin lo inzam tuk tawh mah se, siam that theih a la ni an ti. Nu leh fa inkara inlaichinna siamtu Pathianin a rel leh duan ang chiaha nuin a naute a kuah lungawi leh thlamuan chu sual dan chahna hmanraw tha tak a nih chu.

Naute, a pian chhuaha thluak la insiam tha chiangkung lo kha kum 2/3 an nih chhoh chuan chak tak leh chi tinrenga chher leh hrealin a lo awm a. Hetiang taka thluak insiam leh inthlak danglam nasa, taksa bung leh peng hrang che vel leh rilru put zia leh sukthleka nghawng nei na, thununtu leh hawiher thlak vektu lian ber chu nu leh fa inkara inlaichinna leh inthlun zawmna a ni tlat mai. Rilru thlaphang leh hlauthawng dinhmuna naupang dah a nih tam poh leh nasa taka thluak insiam danglam mek kha hliam leh tihchhiatin a lo awm thin.

Naupang thluaka hlauthawwna rilru cham tlat chuan do let emaw, tlanchhiat emaw enghelha na damdawi tur a hmet per thin. Naupang rilru leh taksa chu raltiin a dah ta reng mai a. Chu hlo hlauhawm tak chuan thluak chu acid angin a ei chhia a. Mi dang va pawh duhna kawng te, hriatna chakte a dang chat vek thin. Naupang chuan rilru him pu thei lovin mumang hlauhawmte neiin a ngaihtuahna a kal ding thei lo va, thlabar takin a awmtir thin. Hun reiah pheih chuan a lo punlun a, na taka chetna te, tharum thawhna te, mi tihnat duhna lamte a nunin a lo awn tial tial thin.

Naupang thanlenna leh hual veltu him lo, tithlabartu, theihnghilh harsa an tih, an thluak kil khata an dah khang chu kum eng emaw zat hnuah rawn thawk chhuakin, a chhawkna tur remchang zawngin rawng takin mite

chungah an che ðhin. An thluaka hlo awm an taksa fan chhuak tawh khan mi sawisak, tihnat, tihlumte chu an hrehawmna chhawk zangkhaitu nia hriatna a siamsak a, ruihhlo hlauhawm tak hnathawh ang chiah a ni. Lainatna leh khawngaihna a bo va, ngaihtuahna an nei tawh lo va, khawngaih hriat thiamna a kiam tawh. Film kan en a, robot, a chhunga awm khawl che tura duan tawh, a li herh ðang at ang an ni tawh. Tu emawin a mitmeng, awm dan, ðawngkam chhuak, thiltih emawa an rilru tiderthawng zual zawnga a nawr sual leh tihnat palh vaih chuan pawisak leh lainat awm hauh lovin na takin an che tawh mai ðhin.

Kum eng emaw zat kal ta chhunga Mizorama thil thleng - tualthahna, pawisawi lo chung a na taka kut thlakna, râwng taka insawisakna te, zu leh ruihhlo ngawlveina te, insual buai te, kum tling lo pawngsual leh thahte a punlun chho zel kan tihte hi a titutea chhan leh vang awm lova rawn thawk thut, sual tla fal an ni mai lo. Naupan tet laia nu kuah lum loh, nu mal chung chang lo, an ðah vak vak pawha chul leh awih lungawi hlawh lo te, thinrim hmel hmu te, vin leh hauh hlawh fo ðhin te, hrem leh sawisak, rilru, taksa leh thlarauva hliam tuartu te, chuti taka khawvel tiraltitu an nih chuan nute mawh a va sang lehzual em!



“Þhian chuan eng lai pawhin a hmangaih reng a, mangan ni atana unauva piang a ni.”

Thufingte 17:17

EI SIAM DAN

- Malsawmi
Mission Vengthlang

A hmasa berin Agape chanchinbuin Silver Jubilee a lo thleng ta mai hi rilru takin lawmpuina ka hlan e. Kohhran Hmeichhiate tana lehkhabu hlu tak hi Lalpan tinung zel se tiin duhsakna ka hlan e.

A hmasain ei leh in siam tur chu a faiin a thianghlim tawk tur a ni a, ngap leh bawlhhlawh ang chi lakah kan fimkhur hle tur a ni. Ei leh in tur chu a chhawp dan te, a mawihnai leh tui hmel taka rem dante pawh hi a pawimawh tih hriat a ñul awm e. A zai lep dan te, a chan sawm dante pawh hmangchang hriat a ñha.

Ei leh in siam thiam tur hian taihmak leh zir peih a pawimawh em em a. Kristian chhungkaw hmalakna atan a ñha hle a, chhungkaw ñhenkhatten kan la ngai pawimawh thiam vak lo mai thei a, i chhungkuate tan an hriselna te hriatpui chungin an taksa leh an thlarau nun thleng khawih thei a ni tih hriain a tui tur ringawt ni lovin hriselna atana ñha turte ngaihtuah chungin nu inzirmi ni la, ei leh in tur taima takin siam ñhin ang che. Tichuan, i pasal leh tu leh fateho an hlim dawn nia.

Hnam dangho chuan an ei siam danah eng huna ei chi nge tih te an ngaihtuah diam a, chaw ei leh chaw ei inkar rilñam hun anga coffee emaw, thingpui emaw nena ei dun chite an nei deuh va, a tui hawp lam leh thlai hel eite an ching em em a ni. Pan cake ang chite hi tukñhuan (break fast) atan an hmang deuh va, a tuihang lampang hi zanriah ei hma darkar chanveah te hian an ei tlangpui ñhin a, chaw ei dawhkanah hian antui hang (soup) an chhawp ve lem lo va, sertui (cordial) erawh chu an chhawp thung ñhin.

Ei tur siam sate chu a chhawp dan mawihnai te, eng ang thlenga chhawp chi nge, eng fian nge hman chi, thirkut, chemte, etc. engtia hman tur nge tih te hi chhungkuaah zir ila, Pre-School aṭangin inzirtir ni sela, heng zawng zawng hi education an tling vek a ni.

MU MU

(South Pacific vawksa pum siam dan)

South Pacific lampanga Papua New Guinea ram Southern Highland Province-ah chuan vawk hrim hrim hian an hnam nunah kawngro a su em em a, an sa duh ber leh ei nasat ber pawh vawksa a ni a, a pumin an ur hmin a, tui danglam tak a ni a, a a rual hian ar pawh an ur hmin tel ve baw ṭhin a, keini Mizote pawh hian ti ve ta ila, a tui kan ti hle ang.

Mamawhte

Vawk pum khat (sum li bawr vel)

Lungchang ṭha

Balhla hnah chang

Thing tuah tur emaw, meihawl emaw

Anhnah eng pawh

Thlai rah chi eng pawh (bal, iskut, zikhlum, kawlbahra, thlai hnah chi hrang hrang)

Balhla hel

Bal, etc.

A siam dan

Vawk pum chu fai ṭha takin puah tur a ni a, a a kawchungte lak chhuah vek a, a hranpaa chhum tur a ni. A vawk pum chu balhla hnah chang ṭha taka fun tur a ni a, telh tur dang ziah lante hi telh ngei ngei tur tihna a ni chuang lo va, duh chuan telh tur tihna chauh a ni.

Lei (dirt) chu 3' or 4' vela thukin laih khuar tur a ni a, vawk len zawng chu a sei zawnga hman mai tur a ni. A hmasa ber atan thing leh meihawl sa takin lungchang emaw brick emaw chu ling huam khawpa tihsat ni sela, chung lung sak chu vawk pum hmun hrang hrangah dah thluah thluah tur a ni a, phui ðha tawkin hnah chang chuan tuam tur a ni. Tichuan, meihawl emaw, brick emaw sa tak chu lei laih mawngah dah ðeuh tur a ni a; tichuan, vawk pum fun ðhat chu zu dah luh tur a ni a, dah luh hnuah hian a sir tuakah ngun taka lung sate chu rem ðhain a sira dah hnuah a chungah meipui chhem tur a ni a, meipui chhem hi a remchan loh chuan meihawl emaw brick emaw sa takte chu a chungah dah tawh mai tur a ni. Mei te hi a chang changin leh ðhat tur a ni. Mei hi a sa tawk en reng tur a ni.

Tichuan, darkar 4/5 velah chuan vawk chu a pumin a lo hmin ang a, a bula thlai hnah leh rah etc. te nen hul phuk siin a hmin tlang a, ruai ðheh nan emaw chhungkaw chaw ei khawm siam ðum atan a ðha hle a ni.

A chhawp dan leh chan sawm nalh dan lam chu mahni duh dan anga lian leh felfaia chan tawh mai tur a ni. Tuipui ral ram mite chuan dawhkanah balhla hnah nalh takin an phah a, a tlangte an tikir a, mawihnai takin an chhawp a, thei tui te, chhangthawp te nen an ei ho ðhin.

Hetiang hi a siam dan tlangpui awlsam tur chu a ni a, tlem tea tihchhin duh chuan vawksa kg. 2 vel emaw a bawp emaw tichhin la, tui i tih chuan i chhunzawm zel dawn nia.

MIZO CHHANGBAN KAN TUI DAN

Mamawhte

Chhangban fun : No 1 Rs. 20 man chi ang
 Chhibung : No ½

Chini : No ½
 Cooking oil eng pawh : 5 tea spoon full. Oil hi rim na lo chi chauh hman tur a ni.

A siam dan

Chhangban chu hmun riat velah at la, thirbel chhah deuhvah hriak chhuang sa la, chhangban chu kang la, ut lovin sen thapin. Tel tel lovin chhahwchhi kanhmu (ut lo tur) chu chini tihdip nen pawlh la, i chhangban kan sa kha a la lum lain chini leh chhahwchhi-ah chuan tâl la, ei turin chhawp theih a ni ta e (hetiang hi chhun thingpui hmeh atan pawh a tha khawp mai).

KAWLBAHRA (KAU KAU - South Pacific Food)

Mamawhte

Kawlbahra : 1 kg.
 Butter/Margarine : 2 tea spoon
 Chini : 2 tea spoon
 Chi : hmet lek
 Tui

A siam dan

Belah bawlbahra kg. khat hmin tawk turin tui telh la, hmin lutuk lovin chhum la, a la so bawrh bawrh lain chini leh chi hi telh la, a la phawk deuh lain suan la, dah dai rawh. Tichuan, chemte hriam tha takin i duh ang angin intiat sang siin i zailep ang a; tichuan, butter (hriak) chu chulh mawm la, rual takin timawm ang che.

Frying Pan-ah mei sa lo berin i ur cherh cherh ang a, a lo sen rual deuh thap hunah i suan ang a, a sat lain emaw a daih hunah pawh ei turin chhawp theih a ni ta, i duh chuan i dah wawt thei bawk.

Hetiang hi chhun thingpui hmehah a tha hle, hmun thenkhatah chuan zing chaw atan thil dang nen an hmang ve bawk thin.

AGAPE (Hma lam thlirna)

*- Laltlanmawii,
Chairman,
Hmeichhe Inkhawmpui Lian*

‘Pathian chu hmangaihna a ni...’ (I Johana 4:16).

Agape chanchinbu chhiartu zawng zawng te, Kohhran Hmeichhe member zawng zawngte kan Lalpa Isua Krista hmingin Agape Silver Jubilee chibai ka buk a che u.

Agape (Hmangaihna) chanchinbu hlu tak hian Mizo hmeichhiate hruihrual khatin min phuar khawm a, thahnemngaihna leh inpekna thuk tak nei thei turin min fuihin min cho baw k thin. Kan rawngbawlhona peng hrang hrangte fiah takin min hrilh a, Pathian thu nung chhiar nuam tak takte leh kan mihring nunin a mamawh chi hrang hrangte tarlangin min zirtir baw k thin.

He Agape chanchinbu a lo puitlin theihna atan sul lo sutu kan hrang hluite Silver Jubilee kan thlen hian an ngaihawm zual hle. Rilru ruahmanna fing tak leh hma thlir thui tak nei chung a hma an lo hruai hi an va hlu em!

Agape chanchinbu hian nasa takin hma a sawn a, kan Kohhran chanchinbu dangte ai pawhin a copy kan chhu

tam a, tunah hian thla khatah copies 33500 zet mai kan tichhuak thei a ni. Kohhran miten thahnemngai taka tan kan lak bakah missionary-te tan copies 1150 zet mai, Bial, Kohhran, chungkua leh mi malin kan laksak thei hi a lawmawm zual bik baw k.

A man thua pawh kan pe tha hlawm hle a, lo pe tha lo palhte kan awm

a nih pawhin thahnemngai takin pe thei turin hma i la zel ang u. Kohhrante tana thil lawmawm tak chu Agape kan chhuah tan tirh mai bak kha chu amah leh amah a intodelh reng thei a, a vanneihthlak khawp mai. Tunah phei chuan sum eng emaw zat a tling khawm ve tawh a ni. He chanchinbu rawngbawl hna mahni hma theuhva theih ang tawka kan thawh hian hma lam min thlirtir theiin hma min sawntir ngei ang.

Agape-ah hian 'Kristian Chhungkaw' thu chhuah tel ziah a ni thin a, heng thu chhuah tha tak takte hi chhawr tangkai turin tan la zel ila a tha ang. Kan rawngbawl na pawimawh ber 'Chhungkaw Maicham' mei hi mit lova vawng nung zel turin i tang ang u. Tichuan, kan Kohhrana in pakhat mah hmah lova ni tina chhung inkhawm kan neih theih thlengin i tang zel ang u. Hun inherin

keiniho min her liampui hun pawha kan tu leh fate tana kan 'thurochhiah' hlu tak a ni thei ang. Kan chungkua, hnam leh ram ang pawha kan lungphum hlu ber chu Lal Isua Krista laberna hi a ni si a.

Agape chanchinbu hma lam thlirna tih kha kan thupui a nih avangin chu lam chu lo hawi dawn tawh ila.

1. A hmasa berah chuan Agape chanchinbu hi Kohhran chanchinbu a nih kan hriat reng a ngai awm e. Chuvangin, chhiartute nun tihang a, chawm lian theitu Pathian thu nung chhuah zel turin thahnemngai takin tan i la zel ang. Ringtuten taihmak chhuahin thlarau pawlna kan dawnte mi dangte tan pe chhuakin hma i la zel ang u. Tin, kan chanchinbu hi pawl dang NGO-te chanchinbu ang a nih loh avangin khawsakna kil hrang hrang pawimawh nia kan hriat tihchhuah thin

kawngah pawh uluk deuhva hma kan lak pawh a ngai baw k ang.

2. A kawm hi colour (rawng) mawi tak taka kan chhuah thei ta hi a lawmawm hle, hei mai bakah a chhunga thlalak emaw thil dang lem emaw pawh ni se colour- a tihchhuah theih tum a ṭha hle ang. Tin, a bu chhunga kan paper hman hi a la ṭhat taw k loh deuh avangin a bu chhungah pawh hian pa- per ṭha (e.g. malitho pa- per) ang te hi hman ve theih a duhawm hle. Chanchinbu chhuak ṭhinte hi han en mai pawha mit la riau a awm ṭhin a, a chhungah thu ṭha tinreng a awm bakah chhiar chakawm hlih hlih tura ṭha tichhuak thei turin ṭan i la zel ang u.

3. Kohhran hmeichhia- tena rawngbawl na hma kan lakna hrang hrang - Kristian Chhungkua, Buhfaitham, Hmangaihna

In, Women Centre leh Hmeichhe rahbi tleute re- port hi hun bi neia kimchang taka chhuah ṭhin a ṭha hle. Kohhranten mahni theih ang tawka sum tuaka hma kan lo lakna, kan insensona chanchin hi a ngaihnaawm bik ṭhin a ni.

4. Tin, hma kan sawn theihna atan a bu tihlen emaw a phe k tihtam emaw pawh a ṭha hle lo maw? Chanchinbu mit la, chhiar nuam, thlarau malsawmna hmanrua, rinna kawnga hma min hruai thei a nih theih nan hmasawn turin ṭan i la zel ang. Zorama keiniho chauh ni lo, ram danga kan Mizo hmei- chhiate pawhin thlahlel taka an lak a, an chhiar ve theih nan Mizorama chanchinbu ṭha leh hlu ber entawn tlak ni turin ṭan i la zel ang u.

A tawp berah chuan hma lo hruai ṭhintu kan Editor lo ni ṭhin leh Edito-

rial Board-te an fakawmin an ngaihsanawm hle. Kan Editor-te - Pi Malsawmi (L) (1986) a bul lo țantu te; Pi Zomuani (1987-1991); Pi Lalrinkimi (1991-2001 April) leh Nl. Vanlalsawmi (2001 May ațanga tun thleng)-a lo thawktute avangin Agape chanchinbu hian Silver Jubilee hial kan lo thleng thei a ni. Heng kum chhung zawng zawnga min hruaitu Pathian kan fakin kan chawimawi tur a ni ang.

Aw le, țhahnemngai taka kan rawngbawlnaah leh kan thawhhonaah hian kan hmalakna kawng hrang hrangah Pathian leh a Kohhranten Krista rawng-bawltuah leh Pathian thuruk enkawltu nih tlinga min hmuh theihna tura țan la reng leh infuih reng chungin kan thlen chin ațang hian hma i sawn zel ang u. Kan hmahruaitu Lalpa ni zel rawh se.



CANCER - Cancer vei mekte chu an nun hlutna a en lettir țhin a, an tih apiang chuan awmzia a nei bikin an ti tak tak bik țhin. Mi thenkhatte pheii chu cancer an vei hnuah chiah mi pangngai angin an khawsa a, an nun dan pawh a mumal chauh țhin. Kan la thi vek dawn tih chu kan hria; mahse, cancer hi chuan thihna chu a hmachhawntir a. Hringnun an hman hi mi dang aiin an hmang țha a, an hun tawp apiang chu a țha thei ang bera hman an duh țhin: thihna chu a hmaihma ngeiah an hmachhawn tlat avangin. Cancer veite hi an thi mek hauh lo mai, an nung zawk a ni. Cancer vei vanga mahni intihlum ka la hmu ngai lo ve.

- *Palmerston North Evening Standard*

KAMCHHUAK

▣ Agape tih hi 'Pathian hmangaihna' tihna a ni a, Jubilee hi 'hlimna' tihna a ni bawka. Chutichuan, Agapa Jubilee lo thleng hian kan inhmangaih tawwna te, kan induhsak tawwna te tizual sela, thinlung ngui leh chau tawhte pawh tihlim thar leh sela, thinlung sak tinemin rilru tithianghlim deuh deuh zel rawh se.

- *Rev. Vanlazuata*
Sr. Executive Secretary

▣ Agape chanchinbuin July 2011 hian a kum 25-na 'Silver Jubilee' a thleng ta a ni tih ka hriatin ka lawm tak zet a, Editorial Board member-te lawmpuina chibai ka buk e. A hming ang tak hian phu loh hmangaihna rawngbawl hna tluang taka a thawh zel theih nan duhsakna ka hlan e.

- *Rev. Thangzauva*
Editor, SL&PB

▣ *Chawl ngai lo, hmanhmawh lo, êng anga dimin,
Chham lo leh kiam chuang lovin ro i rel si'*

tia Pathian ka fakna hla thu kha Agape hian changin nun chhuahpui zel se ka duh e.

- *Rev. Dr. Lalsawma*
Publisher hmasa ber

JT. EDITOR NI TAWHTE AṬANGIN

▣ Kohhran Hmeichhiaten Agape kan chhuah aṭangin kum 25-na Silver Jubilee a lo tling ve dawn ta der mai a. Heng kum 25 chhunga Pathian hruaina kan dawn

hi a ropui ka ti. Zawi zawiin hma kan sawn zelna hmuh tur a tam hle a ni. Amah leh amah a han intodelh thei te, mite mamawh leh chhiar duh zawng chi hrang hrang kan neih belh zelte hi a lawmawm ka ti a, thu chhuah tur chi hrang hrang rawn thawh thintute leh Zoram puma kan rawngbawlpuite, ngun taka lo chhiar thintute avang pawhin Pathian hnenah lâwm thu sawi kan va ba nasa em!

- *C. Lalneihkimi*

▣ Agape chanchinbu kum 1986 ațanga lo buatsaih tawh hi a hlu em em mai a, Lalpan mal a sawm a, kan Kohhran hmeichhe tan mai pawh ni lovin ram pum huapa ringtute, a chhiar apiang tan chawikanna leh hmasawmna kan dawn chhoh zelna a ni a; hun lo la awm zel tur atan duhsakna sang ber ka hlan e.

- *Zokhumi Vankung*

▣ Agape chanchinbu kum 25 chung malsawma tițhang liantu Lalpan ropuina chang rawh se. He chanchin kaltlang hian a buaipuitu te, tlawmngai taka thuziak thawh thın te leh a chhiartu ten taksa leh thlarauva malsawmna an dawn zel theih nan duhsakna ka hlan e.

- *K. Vanlalrawni*

▣ Kohhran Hmeichhe chanchinbu Agape-in kum 25 (Silver Jubilee) a lo tling ta reng mai a, kum 25 chung tuang taka a chhuah theih nana hruaitu LALPA chu fakin awm rawh se. Agape enkawltu leh buaipuitu Editor leh a thawhpui zawng zawngte ka lawmpuiin duhsakna chibai ka buk e. A chhuah țan tirh ațanga tun hun thleng hian hmeichhiate chauh ni lovin,

kohhranho zawng zawng tana țangkai thil tam tak min zir chhuahtirte han ngaihtuah hian a ropuiin a va han hlu em! LALPAN hmangin malsawm zel sela, hun lo kal leh zel turah kohhrante tan taksa leh thlarau lam malsawmna hnar a lo nih zel theih nan duhsakna ka hlan e.

Agape chanchinbu dam reng rawh se.

- Zohmingthangi

■ Mizoram Presbyterian Kohhran Hmeichhe chanchinbu 'AGAPE'-in kum 25 hmel a lo hmu dawn ta mai hi a lawmawm ngawt mai. Bul lo țantute rilruin a hre reng. Chungte thawhrinna azarah a tir lamah copy tam ni lo mah se, tunah chuan copies 33500 chhut a lo ni ta. Mizoram chhung mai ni lo, a pawn lam thlengin chhiartu kan pung zel. Mi țahnemngaiten missionary-te tan an lo laksak bawk. Kawng hrang hrangin Agape kaltlanga rawngbawlina kan changho hi inpumkhatna ropui tak a ni. Thuziakah te, mi dangte tana laksak chungchangah te, a bu chhiartu lo pung zelah te, a sem chhuah chungchangah te leh a bu lo buatsaih chungchangah te rawngbawlina kan changho hi a ropui tak zet a ni. Amah leh amah intuma mumal taka kal chho thei tura office lama mite thawhrinna a ngaihsanawm bawk. Mizoten hma kan sawnna tur lehkhabu țha chhiar hi niin ka hria. He lamah hian inzirtir chho zelin hma la zel ila, chumi atan chuan Agape chanchinbu chhiar hi a hmanrua pakhat a ni. A chhunga thuziakte pawhin a hawl zau sawt hle. Țan la zelin mawhpurtute duhsakna hlan zelin Agape chanchinbu țhang zel rawh se.

- K. Lalliantluangi

■ Mizoram Presbyterian Kohhran hmeichhiate buatsaiha chanchinbu chhuak hmasa ber KOHHRAN NU/KOHHRAN HMEICHHIA chu 1982-ah kum khata wawi khat chhuak a ni. Chhunzawm zel tura beisei chu Kohhran Hmeichhe Inkhawmpui Lian Silver Jubilee lawmna 1985 atan Souvenir siam a nih tak avangin chanchinbu chu chhuah zawm a ni ta lo va. Kum 1986 July-August aṅangin thla khat dana chhuak AGAPE buatsaih thar leh a ni a, May-June 1996-ah kum 10 a pumhlum ta a, July 1996 aṅangin thla tina chhuah a ni ta a ni. He chanchinbu thu tak leh chatuan nunna mite kawhmuha kawng dika hruaitu hian kum 25 hmel hmu a, Silver Jubilee a lo hmanng ta hi a va lawmawm em! Lalpa hmanraw ṅangkai, mite tana malsawmna thlentu lo ni zel rawh se.

- *Lalthansangi Fanai*



CHIBAI BUKNA

■ Mizoram Presbyterian Kohhran Hmeichhiain a enkawl Agape chanchinbu chuan a chhuah ṅan aṅangin Silver Jubilee a lo thleng ta reng mai hi keini Association of Theologically Trained Women of India (ATTWI), Mizoram Branch member-te chuan kan lawmpui tak zet a, kum 25 chhung a chhiartu tan malsawmna a lo tawh ṅhin angin mi dangte tana malsawmna thlentu chanchinbu ni zel turin duhsakna kan hlan e.

- *Rualzamawii, Secretary
ATTWI, Mizoram Branch*

▣ Agape kum 25 tluang taka hruaitu Pathian chu fakim awm rawh se.

He hun ropui takah hian buaipuitute leh chhiartu zawng zawngte Lal Isua Krista hmingin chibai ka buk che u a. Agape hi mi tin tan malsawmna a nih zual zel theih nan ka duhsakna sang ber ka hlan a ni.

- *Lalnipuii, Chairman*
Mizoram State Women's Commission

▣ Kohhran Hmeichhiaten Agape chanchinbu harsatna tam tak kaltlanga kum 25 (Silver Jubilee) lai an lo thawk chhuak hi lawmawm ka ti a. Tin, huaisen taka Kristian Chhungkaw Campaign bul țana an lo kalpui hi ropui ka ti tak zet a, hun lo kal zel turah Pathian malsawmna an dawn zel nan ka duhsakna ka hlan e.

- *Zothankimi, Chairman*
Mizoram State Social Welfare Board, Aizawl

▣ Mizoram Presbyterian Kohhran Hmeichhe chanchinbu Agape-in a kum 25-na (Silver Jubilee) a thleng thei hi ka lawmpui a, a enkawltute Lalpan hruaiin tichak zel sela, harsatna tam tak an lo paltlang tawhte theihngilha, hma lam pana ke pen zel tur leh chhiartute tana hriatna tuikhur hnâr lo ni zel turin duhsakna leh chibai bukna ka hlan e.

Liansangluri
Secretary, YWCA



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1. Kohhran pum rawngbawlna tihlawhtling tura thawhho.
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WOMEN CENTER A HMA LAM ATANGA A LAN DAN TUR

Women Center chu hetianga a hlimthla (Master Plan) tarlan ang hian August, 2011-ah sak tura ruahman a ni a. August 2011 hapta hmasa ni remchangah a lunghum pawh phum tura tih a ni.

To,

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