

Estd. 1986

AGAPE

Vol. XXIII. No. 216

June 2010

Kum 24-na No.

June 2010

Lak man : Kum khatah Rs. 40.00
Copy khat Rs. 3.50

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Agape Phone. No. : **(0389) 2326372**
9862068537

A chhunga thu awmte

*Editorial***HLAUH TUR DIKTAK ENGE NI ANG?**

Hun leh ni te a inher danglam zel a, mihring nunzia leh khawsak phung pawh chang kang zawngin a her chho zel a; tunah chuan kan sitting room atangin eng hunah pawh tihtheih maiin khawvel leh lam chet dan leh hawiher te hmaichhanah kan hmu ve ta reng mai. Chu mai chu niloin Information & Tecnology hrang hrang - Internet hmang te, Media hmang te, Telephone, Mobile phone te leh inkalpawhna hmanraw chi hrang hrang thlawhtheihna, Rel leh lir thei te avangin khawvel hi a te sawt ta hle. Tin, pawisa thu hlaah pawh, lekhka khawng te reuhte hmang hian neining deuh fate chuan khawlhiltihtheihna hmangin pawisa cheng sing tam, nuai tel teh meuh pawh an dahin an la chhuak zung zung tawh leh nghal a.

Hetia kan changkan sawt em em lai hian hun hmasa lama mi thenkhatin khawchhak lungpui lo lum tur hlau a chungkuuaa hmun him zawka ngaiha an han inbengbel te kha thil mak a sawi ni thin mahse, tun huna changkannain min han chim tak tak chuan hlauh tur hi a lo tam sawt dawn khawp mai! Ram changkang leh hausa apiang thil hlauhawm siam chhuah kawngah an changkang a, nuclear bom te, silai changkang tak te, chhinchhiahna chi hrang hrang te, natna khirh tak te, hlauh tur hi a tam sawt dawn khawp mai.

Chutihlaia Pathian thu ding reng Pathianin hlauh tur dik tak min hrilh chu, "Taksa tihluma thlarau tihlum thei lotute chu hlau suh ula, Gehena-a thlarau leh taksa tiboral theitu erawh chu hlau zawk ang che u," (Mat.10:28) tiin min hrilh a ni.

Chuvang chuan - sakawlh tih te emaw, bomb chak chi a ni emaw, engemaw chhinchhiahna danglam tak emaw, natna tha lo/hrileng hlauhawm emaw te chuan kan taksa chu a tihlum thei pawh a ni ang. Amaherawhchu, taksa mai ni lo kan thlarau nen lama kan chung a rorela thuneitu, Pathian hi kan hlauh ber tur chu a ni dawn lawm ni.

Kristian Chhungkua

NAUPANG ENKAWL

(chhonzawmna)

*Upa Lalthlengliana,
Tlangnuam*

Thla hmasa lamah khan nausen lo piang hlim chungchanga nu leh pa te hriattur leh mawhphurhna kan sawi tawh a. Tunah an lo leh hret hnua enkawl chhoh zel dan tur kan zirho dawn a ni.

Nausen chu kumkhat an tlin hma, thla ruka upa an nih aṅangin thil an zir tak tak ṅan tawh a. Nu leh pate ningkhawng an hrethiam thui hle tawh a ni kan tih tawh kha. Inchhunga awm ran vulh leh thildangte an hming aṅangin an awmna lam an hrethiam tawh a ni. Thilmak tak mai chu naute chhawnchhaiha chhawnchhaih hi an duh vak lo. Ṽhian kawmna thutak deuh va titipui hi an lawm tlat zawk. Hetih hun lai aṅang hian an rilru a ṅhang nasa hle tawh tihna a ni. Chuvangin naute chu ama khawvela chenpuiin, a kum levelah a ngaihtuahna leh suangtuahna khawvela zuk chenpuia ṅhian kawm ṅan tawh tur a ni. Pathian remruat mak tak chu a va ni em! I fa nausen kha han chhin teh, ṅhian kawma i kawm khan nangmah aṅangin finna nasa tak a zir ṅan tawh tihna a nih chu. Nu leh pa tam berin kan tihsual ṅhin chu naute cheiin kan cheibawl a, kum sawmthum/

sawmli miin a suangtuahna khawvela zuk chenpui lovin kan chhawnchhaih ṅhin. Puitling khawvvel a danglam tih chhinchhiah tlat tur a ni.

Naupang leh uite chuan a chhawnchhaih peih apiang an nel ṅhin, tih a nih kha. Anmahni hmangahtu leh duhsaktu an hai tawh lova, hmangaihtu leh duhsaktu kut lum an hai tawh lo. Chhungkaw tam tak chuan naupangte chu an tlat tlatin an tlattir a, fimkhur taka enkawl a ṅulzia an hre phak lo ni in a lang. Chhungkaw hlawhtling ni tur chuan hetih lai aṅang hian mar pata ṅan lak a hun. I fa khan i hmangaih tih a hre ngei tur a ni.

Kum khat an lo tling chhova, ṅawng an zir ṅan a. Ningkhawng an lo hre tak tak ṅan a. A la hmuh loh khawvelah a rawn chen chhoh tak avangin **MAK TIHNA** khawvelah a lo cheng ṅan tih a hriat tur a ni. A thil hmuh apiang chu hriat a chak

a. A nu hnenah chuan zawhna tawp thei lo a rawn zawt òan ta a ni. *'Ka nu, hei hi engnge ni'* tih chu chhan sen loh khawpin a zawt a. Nu leh pa tam tak chuan an chhang peih lova, chhan vek turah an ngai baw lo. A nuin a thil hriat chak ber maite chu dawhthei takin a hrilh melh melh tur a ni. Nu leh pa khawvel kha a hniamin a mawl lutuk a, ngaih pawimawh tham a ni lo reng a ni.

Hetih lai tak hi a pawimawh lai ber chu a ni baw si a. Nu leh pain naupang thil hriat chak ngawih ngawih an hrilh thei lo a nih chuan an fate tan thil beidawn thlak ber a ni a. A nu leh paten, *'Ka ning, va leng rawh, i thiante va zawt rawh, ka buai, ka hrilh hman lo che,'* tiin kan hnar mai òhin. Hei hi a pawizia kan sawizawm zel ang Naupang chuan a thil hriat chak ber hre turin pawn lam a pan a, a thiante aòangin a zir òan ta òhin a ni. A nuin a hrilh peih lova a thiante hnena a tir mai òhin a nih chuan a fa khan a nu chungarinna a nghah pumhlumna kha a bo nghal a, a thiante chungarinna a nghat pumhlum òan òan ta òhin a ni. ***Hei tak mai hi chungkaw hlawhchhamna bul inòanna a ni.*** Kan Kohhran leh kan ram hlawhchhamna bul inòanna a ni tih pawh a dik ang.

Naupang chuan a nu leh pa chungarinna a nghah theih tawh loh avangin a nu leh pa te kianga awm aiin a thiante kianga awm a thlang tawh zawk a. A nu leh pa te khan an fa laka an hloh tawh, an fa ten an chungarinna an nghah òhin kha neih let leh theih a ni tawh lo tih chhinchhiah tur a ni. Leng chhuak lo turin han hreng bet òhin mahse an fa rilru chu pawn lamah a cheng tlat a, lenchhuah a chak et et tawh a, a nu leh pa ten han hauvin han hrem òhin mahse a sawt tak tak tawh lovang. Nu leh pa tam ber chuan naupangte chu an tlat tlatin an tlatir a, an tui zawng tiin pawn lamah an hun tam ber an hmang a, aòhen chuan khuang a ranna lam apiangah an kat an kat a, aòhen lahin thenawmte ina lengin an titi zuah zuah a. Pawipang insiam chawpin an fate thlarau leh taksaa chawm len aiin anmahni tuina lam lamah mahni hmasial takin hun an hmang òhin hi kan Kohhran leh kan ram hmasawna daltu lian tak a tling a ni. Nu leh pate tan khua a tlai zo tawh òhin.

An nu leh pate laka rinna an hloh tawh avangin nu leh pa thu leh hlain annunah awmzia a nei thei tak tak tawh òhin lo. An thiante chungah an rinna pumhlum an nghah tawh zawk

avangin an nu leh pate kianga awm aain an thian kianga awm kha nuam an ti tawh zawk baw k a ni. Hetiang dinhmunah hi chuan a nu leh pain thu tha tin reng hrilhin zilh thin mahsela a kawngro a su tak tak thei tawh lova, an tan thil tha zirtir a har tawh thin a ni Puitling chin pawh hian rinna kan nghah ngam miah loh mi kianga awm ai chuan rinna kan nghah ngamna mi kianga awm kan thlang zawk a nih hi mawle.

Nu leh pa tamtakin, *Ka fa ka thunun thei tawh lo, thu tha tinreng pawh hrilh mah ila a sawt tawh lo*, an ti a. Hei hi engvang nge ni ang tih bingsika ngaihtuahin a chhanna dik tak chu naupangin a nu leh pa lakah confidence a hlauh tawh vang a ni mai. A fa khan a nu leh a pate lakah rinna neiin a nu leh a pa kha ring ber se, engvangin nge an zirtirna a ngaih pawimawh loh ngawt ang? Engvangin nge an kianga awm an thlakhlelh loh ngawt ang? Nu leh pa ten kan hmangaih tih hi engvangin nge kan fate hian an hriat fuh theih tak loh? Naupangte hian anmahni hmangaihtu an hai lova, hmangaihtu kut lum an hai lova ni. Bible-ah Isuan, ... *(Berampu).. chuan an hma a hruai a, beramte chuan an zui*

thin, a aw an hriat avangin (John 10:4) tiin min zirtir kha. Kan rama zawhna lian ber pakhat chu, *Engati nge kan fate hian kan aw an hriat theih tak loh va, kan thu leh hla an ngaih pawimawh tak loh?* tih hi a ni. Khawvel thang chho zelin a hrin a ni tia kan intawng thlamuana, ngaih kan ti tha ngawt a nih chuan inenchian a ngai hle tihna a ni ang.

A nuin a thil hriat chak chu dawhthei takin a hrilh ang a, hun awl a neih chang a piangin Bible thu ngaihawm laite a hrilh melh melh ang a. Zan mut hmunah atana hriat tur thu tha a zirtir thin ang. A beisei ang ngeiin a nuin a thil hriat chak zawng zawng a hrilh thin a nih chuan a nu kianga awm nuam a tiin a tlei baw k ang a; a nu a ngainatna a zual baw k ang. A nuin chhun lamah hna thawhsan thin mahse a thil hriat chak zawngte kha a thiantehna hna zawt lovin a nu lo haw huna zawh atan a khek ang a, a nu lo haw hun nghakhlelh takin a thil thin dawn a ni. Tichuan nu leh pa te thu chu an ngai pawimawh ang a, an hmuh theih Pathian a ni tih an pawm thlap tawh ang. Thu tha an zirtir apiang chu an tan chaw tui ber a ni ang a, nu leh pate zirtirna lak atangin an peng bo tawh dawn lo nia.

Rual ban lote ni:**RUAL BANLOTE TAN MALSAWMNA NIH***Bible chang: Mk.10:46-52; Ps.146:7,8; Lk.4:18*

*- R.Lalchangliana
Director, Synod Revival*

Rualbanlote Ni hi kum 1997 aţangin Synod ni pawimawhah dahin programme hman ţan a ni a. Kohhran tam takah Rualbanlote puala thawhlawm la khawmin an mahni kohhran chhunga rualbanlote hnenah an sem ţhin a,hei hi thil lawmawm tak a ni. Rualbanlote Ni kan hman hian anmahni ngaihsak leh duat taka enkawl leh zirtir a ţulzia hriatnaah kohhranhote min tiţhangharh hi hmasawmna rah duhawm tak chu a ni.

1. Mizote leh Rualbanlote:

Mizote zingah hmasang aţangin pianphunga rualbanlote mi chi hrang hrang an awm ţhin a. Rualbanlote hi zirtir leh kaihhruai danin a zir phawt chuan mi pangngai taka siam theih an ni tih leh, mi pangngai tih theih ang an ti ve thei a ni tih hriatna kan tlak chham avangin mi pang ngaia siam tura ţanpui tumna rilru kan pu pha meuh lo chu a ni. Tunlai angin an tana hmasawmna tura inzirtirna hi tun hma khan a awm lo bawk nen, dawhtheih taka zirtir leh hmasawn tura inkaihhruaina rilru kan pu pu phak meuh lo niin a hriat a. Kan biak dan leh chhawncchhahih ţhin danah an tih dan kan zir a,nuihza siam nan leh fiamthu thawh nan hmangin

kan hmusitin kan tinawmna h fo ţhin. Chuvangin mi pangngai chanvo ang chang pha ve turah kan ngai pha lo tlangpui bawk. An nih ang angin kan en liam a, zirtir theih, kaihhruai theih an nihna kan rilru-ah a langsar teh chiam lo niin a hriat bawk. Tin, an chhungkaw pawn lamah vantlang zingah pawh mi pangngaia siam tura ţanpui tum na rilru kan pu pha meuh lo tih lanchianna chu mi pangngai biakin kan be lova, kan besawm/ be nawmna h a, kan hmusit ţhin.Chu-vangin mipui mimir zingah an chanvo tur ang chang pha lovin ngaihsak an hlawh lem lova, chhungte chawmhlawm kan ti a, mite hmuhsit leh en hnuai, nuihza siam nana an hman leh tihduhdah an ni tlangpuiin a hriat.

Mi pangngai anga en an hlawh loh avang hian mi khawngaihthlak an ni thin.

Tunah erawh chuan ram a changkang zel angin, an chung a rilru kan put dan pawh a danglam ve hret hret a, chu chuan an mahni kan en dan leh chhawncchaih dan pawh tun hma ngaihtuah chuan a danglam ta hle mai. Hei hi kohhran leh Sorkar hmalakna rah a ni kan ti lo thei lo. Rilru lam khawih rualbanlo an nih ngawt loh chuan zirtir theih, kaihhruai theih an nihzia kan hriatnain an mahni kan en dan leh an chung a rilru kan put danah beiseina sang tak min neih tir ta, a lawmawm hle mai.

2. Rualban loh dan chi hrangte: Rualbanlote hi pianphunga rual an ban loh dan chi hrang hrangin a sawi theih a. Synod Social Front hmalakna peng pawimawh tak pakhat a nih avangin kohhran tinah rualbanlo awm zat report tura an ngen angin report lut zat aṅanga a lan dan chuan kan ramah mi 4,338 vel an awm (*Report la thehlut lo kohhran engemaw zat erawh an la awma sawi a ni baw*). Rualbanloh dan chi hrang langsar zual hetiang hi a ni.

1) Rilru lama rual banlote

(*mi ang lo*)

- 2) Ri hriatna lama rual ban lote (*bengngawng etc.*)
- 3) Mit khawhmuh lama rual ban lote (*mitdel, mitpual, mitmu tha lo etc*)
- 4) Lei (*tongue*) lam tha lote (*tawng thei lo, tawngfiah lo etc.*)
- 5) Taksa leh chetvel lama rual banlote. Hei hi zeng, fuke dik lo, kim lo leh piangsualte an ni.

Heng bakah pawh tawh sual tawh avanga taksa peng engemaw a nih tur ang ni ta lo te an awm baw. Rualbanlote hi thenkhat chu piantirh ata lo awm ni baw mah se, thenkhat chu len hnu emaw puitlin hnu a natna leh vanduaina an tawh vanga lo piangsual ta tam tak an awm baw. Pian tirh ata anni emaw ni lo emaw an duh reng vang ni lova vanduai vanga rual an ban lo hi an khawngaihthlak a, kan khawngaih tur a ni. Vawi khat pian manah damchhunga mi pangngai nih chu an thil duh leh chak ber a nih ngei a rinawm.

3. Kaihhruai, zirtir, enkawl an mamawh: Rualbanlote zingah hian zirtir leh kaihhruai theih hauh loh, rilru lama rual ban lote chu mi tlem zawk an niin a lang

a. A tam zawkte hi chu kaihhruaia, zirtir a enkawl danin a zir chuan mi pang ngai tak, ðangkai tak leh fel taka siam chhuah theih an niin a lang. Enkawl leh kaihhruai danin a zir phawt chuan kut hnathawh pawh thawh theih loh, thiam loh an nei bikin a lang lo. Tunlaih chuan an talent kawl zawnchhuahna hun tha leh Zirna In tha te kan nei ðan ta hi anmahni leh an chhungte tan malsawmna hlu a ni khawp mai.

Mitdel leh Beng ða lote zingah pawh zai thiam tak tak, lehkha thiam thei tak tak, kut themthiam tak tak te leh ðing tak tak te, vantlang chunglam ni thei pawh an awm nual tawh niin an sawi. Dawhtheih tak leh hmangaih leh duhsakna nena enkawl leh zirtirna ða an dawn vang a ni. Tun hma ang khan ngaihsak loh ni zel ta ang se, mi tam tak chuan tuna an thlen ang dinhmun hi an thleng phak hauh dawn lo a ni. Hei hian dimdawi tak leh an dinhmun hrethiam chung a zirtirna leh enkawl na hian awmzia a neihzia a tichiang awm e. Amaherawhchu enkawl leh zirtir a kaihhruai chhung erawh in hun a duh rei bik dawn a ni. Taksa lama rualban lo, rilru lama mi pangngai tho si ang te

pawh mi naran chunglamah pawh an awm nual ta niin an sawi. Chuvangin mi ang lo let tawp an nih loh chuan mi ðhenkhatte hi chu mahni kutke-a ding thei tura kaihhruai, zirtir theih khawpa enkawl theih an nih a ti chiang khawp mai.

4. Chhungkua leh khawtlang an pawimawh: Rualbanlote hi an seilenna chhungkua a ðanga en dan te, biak dan leh enkawl dan leh zirtir dan in an nun kal chho zelah kori a tu thui ber awm e. Zun leh ûk thiar thu-ah leh intihfai leh kut hnathawh leh chaw eiah te, enkawl na hmun hmasa ber chhungkuaain mawh an phur thûk hle mai. Zirtirna pek loh a, an nih ang anga en liam ngawt chi a ni lo. Chhungkuaa an enkawl dan hian pawn lam miten an lo en ve dan turah awmzia a nei hle a ni. An chhungten mi pangngai takin an biain an enkawl a ni tih an hriat chuan tuman an hmusit ngam lovang a, an tinawmna ngam hek lovang.

Tin, mipui vantlangten pawimawhna thûk tak kan nei. An chhungten mi pangngai taka an enkawl laiin lo ðanpui tur a ni. Lo biak chhawahchhi leh tihduhdah emaw tihnawmnah emaw, nuihza siam nan lo hman

tur a ni lo. Chhungkuain siam puitlin hna a lo thawh mek chu tanpui zawk tur a ni. Hei hi inzirtir uar zel a tul. Dik tak chuan mi pangngai pawh hi vantlang mipui mi mirten min chhawnehhaih dan leh biak danah mi pang ngai hnuai deuhvin min chhawn chhaih ta vek se, mi pangngai rilru hian rei a daih bik lo mai thei a sin.

Tun hmain khaw thenkhatah an chhungte rilru tina khawpa lo tinawmnaah leh hmusit an awm thin. Hei hi sim ngei tur chi a ni. An nihna hriatsak a, zah sak a khawngaih a, tanpui zawk tur a ni. Chuvangin, vantlang miten rualbanlote chung a kan mawhphurhna hi kan hriat thiam a tha hle. Chhungkuain mi pangngai takin enkawlin kaihrui mah se, pawn lam mite en dan, biak dan leh chhawnehhaih danin a zir loh chuan an nih tur leh thlen tur an pha mawh tho tih hriat a tha hle a ni. Tin, pian phunga rualbanlote zingah zualkai bik, enkawl zui ngai tak, chhungkaw eizawmna thlenga an harsat phah pui an awm fo bawkw avangin rualbanlote chauh ni lovin an chhungkua an

khawngaih thlak em em a ni.

5. Rualbanlote tan malsawmna nih: Kan Lal Isua ze ropui leh duhawm chu ‘tanpui ngaite tanpui’ hi a ni Harsatna chi hrang hrang neiten a hnen an rawn panin tumah beidawnga kir leh an awm ngai lo.

Rualbanlote tluka tanpuitu leh hmangaihtu mamawh an awm bik lo. An chhungten hun, tha leh ngaihtuahna leh sum tam tak sengin an buai puina hriat thiam puin an tan enge kan tih ve theih tih i ngaihtuah fo ang u. Kan thenawma hmeichhe naupang pakhat tanngfiah tha thei lo chu kan farnuin tanng a zirtir a, a hlawkpui teh a sin. Tanng tha hlei thei lo kha hriat that theih takin a tanng thei ta a ni. Hun tam tak sen a ngai, dawhtheih pawh a ngai. Mi pangngai te zingah inthlahrung hauh lo leh rual pawl tak leh thlamuang tak leh hlim taka an khawsak ve theih nan kan hun te, kan finna leh thiamna te malsawm an dawn theih nan i pe phal ang u. Hmusit lovin tanpui ila, tinawmnaah lovin i hmangaih ang u. Engemaw tikawng talin an tan malsawmna nih i tum ang u. Lal Isua mite kan ni si a.

Hriselna huang:

**PUMPUI CANCER
(Stomach Cancer/Gastric Cancer) leh MIZORAM**

Dr. Eric Zomawia

Pumpui (*Stomach*) cancer hi Mizoram-a cancer hluar ber a ni a. Khawvelah Pumpui cancer hi cancer tam ber 4-na a ni. Kum tin mi 870,000-in an vei belh a, mi 650,000-in an thihpui thin. Pumpui cancer hluarna ramte chu Eastern Asia (*Japan, Korea*), South America (*Chile, Costa Rica*) leh Eastern Europe ram thenkhat an ni.

India ram bikah chuan Pumpui cancer a tam hle a, chutih laiin North East India, a bik takin Mizoramah chuan a sang hle thung. Mizoramah chuan Mipa cancer zawng zawng 23-25% hi Pumpui Cancer an ni a, hmeichhiaah pawh Chhul cancer leh Chuap cancer nen pakhatna an innih chhawk thin. Thil mak ang reng tak chu Mizoram Pumpui cancer hluar dan em em hi Japan leh Korea te tlukin kan sang hi a ni.

**1. A awm chhan
(Etiology/ risk factors):**

- (1) Ei leh In
- (2) Sa rep (*Smoked meat*) leh Sangha rep (*Smoked fish*) ei tam
- (3) Chi al (Salt) ei tam lutuk - a bikin Chi hmanga Sa vawn that ei tam.
- (4) Thlai hring leh Thei ei tam/ ei zinin eng emaw chen a veng.
- (5) Ei leh ina Vitamin C, Carotenoids (*Carrot leh Thlai Eng/Senah a awm*), Green Tea te'n a veng nia hriat a ni.
- (6) Pumpuia natna hrik pakhat - '**H.pylori**' in a let 6-in a ti tam.
- (7) Meizukin a let 2-in a ti tam.
- (8) Pumpui natna dang vei - Gastric Ulcer (pan), gastritis (lawng)-ah a tam zawk.
- (9) Genetic factor- 'Gene'-

ah dik lohna awm, inthlahchhawn theih, Pumpui cancer thlen theitu thenkhat awm nia hriat bawk a ni.

(10) Ram tam takah Pumpui Cancer hi a tlem tial tial, a chhan ni bera an hriat chu chawhhmeh vawn that nan Refrigerator an uar tak vang a ni.

(11) Mizoramah ICMR tenen Research 2001-2004 khan kan nei a, Pumpui cancer vei mi 329 leh vei lo (*Control*) mi 658 kan zir a, chuta kan hmuh danin heng thil a hnuaiamite hi ei/zuk/hmuam nasat hian Pumpui Cancer a let 2.5 atanga a let 3.5-in a tihluar - Sa -Um, Sa Rep, Sangha Rep, Meizuk, Tuibur, Sahdah.

2. A lan chhuah dan (*Symptoms*):

(1) Luak chhuak, Pum na, Thin thip, Kaw puar, Cher telh telh, Dawl dang (*Hb tlem*), Thi-a luak, Ek dum.

(2) Natna dang a an theih em avangin inngaihthah a awl a, Pumpui cancer

vei 80% lai chu an natna hmuhchhuah a nihin Stage III/IV a lo ni hman tawh a, tihdam a buaithlak tawh thin.

3. A hmuhchhuah dan (*Diagnosis*):

(1) Endoscopy (*Khawl hmanga pumpui en*)

(2) Barium meal X-ray

(3) Heta a landan a zirin Biopsy tih thin a ni.

(4) Insawisel hmaa inentir thin a tha.

(5) Khing a chunga a lan chhuah dan kan sawi khi kan neih pheih chuan a rang thei anga Endoscopy tih a tha.

(6) A bikin Mizo mipa kum 40 chunglamin a chhan hriat loh a Hb hniam (*dawldang/Anemia*) a neih chuan pumpui entir ngei ngei tur.

(7) Japan leh Korea ramah chuan Screening an ti a, insawisel kher lo pawh kum tin Barium Meal X-ray emaw kum 40 chunglam chu an inentir thin a, Pumpui Cancer a lo awm pawhin a tir deuh

(*Early gastric cancer/ Stage I/II*) tihdam a la awlsam lainn an hmuchhuak hma thei thin. Hei hi a man/senso erawh a to deuh.

4. A enkawlna :

(1) A tlangpuiin Zai (*Surgery*), Chemo therapy (*damdawia enkawl*) an hmang a; hengte hi Mizoramah a tih theih vek.

5. A invenna :

- (1) Kan ei leh inah fimkhur ila.
- (2) Thil rep, âl, um, ei tlem
- (3) Thlai hring (*Fresh Vegetables*) leh thei (*Fresh fruits*) ei tam/ ei zin. Thei hi nikhatah wawi 4-5 (helpings) ei a tul. Sa / chawhmeh dah that nan rep leh chi aiin Refrigerator uar ila.
- (4) Mei zuk loh. Tuibur leh Sahdah hmuam loh.
- (5) Endoscopy hmangin emaw, Thisen atangin emaw H.pylori natna hrik kan pai leh pai loh entir a, kan lo pai chuan Damdawi hmangin tih reh theih a ni a, hei hian

Pumpui cancer eng emaw zat chu a veng tura ngaih a ni.

- (6) Kum 40 chin chunglam tan kum 2/3 dan tala Endoscopy hmanga Pumpui entir thin.

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Courtesy: HRISELNA, Vol. XXIII Issue No.3, March, 2010 pp.20-22

Character Study:**HAGARI, SARI BAWIHNU**

*P.C. Laltlani, M.th.,
Librarian, ATC*

Abrahama leh Sari Aiguptaa an awm chhungin bawihnu an nei a, a hmingah HAGari an vuah a, Sari bawihnu tiin Bible-ah kan hmu a ni.

1. Hagari, a pi Sari hnen ata a tlanbo: Sarin fa a neih loh avangin a pasal Abrahama hnenah a bawihnu Hagari chu a pawl turin a pe a, ama lakah fa a neih nan a ti a ni. Abrahaman Hagari chu a pawl a, a rai ta a. Hagarin a rai tih a inhriat ve leh a pi Sari chu a hmu sit ta mai a. Chuvang chuan Sari chuan Hagari chu a tirethei ta hle a, chuvangin a tlanbo san ta a. Kal kawngah Sur panna kawnga tuikhur kiangah Lalpa vantirhkohin a lo hmu a. A pi hnena kir leh tur leh a thu thua awm turin a hrilh a. Tin, Lalpa vantirhkoh chuan, I thlahte chu chhiarsen loh khawp hiala tamin ka la tipung ang," a ti a. Tin, fapa a hrin tur hming chu Ismaela sa tur leh a fapa chu ram

sabengtung ang a ni ang a, mi tin a do vang a, mi tinin a ni pawh an do bawk ang a, a unau zawng zawng depah a awm bawk ang," tih a hrilh a.

Hagari chuan a betu Lalpa hming chu "Nang hi hmu theitu Pathian i nû" (Gen. 16:13) tiin a vuah a. Lalpa vantirhkoh thu awihin a pi Sari hnenah a kir leh a, Abrahama chu fapa a hrinsak a, a hmingah Ismaela an sa ta a.

2. Hagari leh a fapa Ismaela hnawhchhuah an ni: Hagarin a pi Sari a hmuhsit avangin tihretheih a tawk a, tlan bo phah hial khawpa hrehawm a tuar a. Tunah a fapa Ismaelan Sari fapa Isaka a nuihsan avangin Sari duh angin Pathian tirhin Abrahama chuan an nufa

chuan an in ata a hnawtchhuak a. Abrahaman a hnawhchhuah hnuah Hagari te nufa chu Beer-seba thlalerah an vak an vak a (*Gen. 21:12-14*). A fapa Ismaela tuihal avanga thi mai tur hmel chu a hmu ngam lovin hla takah a kal san a. Mahse, Pathianin a khawngaih a, a mit tihmensakin tuichhunchhuah a hmuhtir a. Pathian enkawlin Ismaela chu a lo sei lian a, thal kah thiam mi a lo ni a; Paran thlalerah a nu nen an awm a, a nu chuan Aigupta-a mi nupuiah a neihsak. "*Pathianin chi ropui takah ka siam dawn a ni,*" (*Gen. 21:18*) a tih angin Ismaela chu chi ropui tak thlahtu a lo ni ta a. A thlah ațangin Arab mi an lo chhuak a, chuta țangin Mohammed-a Mosolman (Islam) sakhaw hmuchhuaktu a lo chhuak a. Pathianin a lo tiam tawh angin Ismaela thlah Arab mite chu a unau Isaka thlah Israel-te depah an awm a. Galatia 4:2b-7 ah Paulan bawihnu laka piang chu tisa dan angin a piang a, bawih

lo nu laka piang chuan Ismaela leh Sari laka piang Isaka thu chu tehkhin thu atan a hmang ta a ni. Hagari te nufa ațangin zir tur chi hrang hrang kan nei thei:

(1) Sarin Pathian thutiam lo thleng tur nghak hman lova a ma duhna a rawn rawlh hian chhungkaw nunhonaah harsatna thûk tak, chhungkaw inthen darhna hial a thlen chu a ni ber mai. Keini pawh chhungkaw nunhonaah Pathian aw ngaichang hman loa mahni duh dana kan chet thinna hian rah duhawm lo tak a chhuah fo lo maw?

(2) A hun lova Sari chetna chuan tun hun zelah pawh an thlah kal zel (*Ismaela thlah kal zel Arab leh Mosolman*) ten khawvela inremn lam a thlen aiin indona leh lungngaihna a thlen fo niin a lang.

(3) Hagari te nufain hnawhchhuah an tawh hian chaponain hrehawm a thlen tih a lang hle.

NEICCWA Reports:**SILVER JUBILLE- CUM- 9th BIENNIAL
ASSEMBLY***Laldawnkimi**Member, Central Kohhran Hmeichhia*

- A Hmun : Pohkseh Presbyterian Church,
Shillong (*KJP Synod Minghi*)
- A Hun : 22-25, April, 2010
- Thupui : **“Thy Kingdom Come”** (*Matt. 6:10*)

Thuhma: India Hmar Chhak Kristian Hmeichhe pawl hrang hrang inzawmkhawm - NEICCWA hi kum 1984-ah din a ni a, kum 2010 hi a din cham 25-na a ni. A tirah chuan NEICCWC (Conference) tih a ni a, kum 1994 atangin NEICCWA (Assembly) hming a pu ta a, NEICCWA hming a put hnua Inkhawmpui hmasa ber chu 1994 ah Haflong-ah neih a ni. Kum hnih dan zela inkhawmpui neiin kum 2010 hi wawi 9-na a lo ni ta a ni. Unit 32 leh Associate member 2 awmna NEICCWA hian Shillong-a NEICC Office building-a Room pakhat chu NEICCWA Office atan a hmang a, Full time Secretary awmin, a ni hian Girls' Hostel Warden hna nen a kawp a ni.

He 9th Biennial Assembly hi Silver Jubilee nen hman kawp tur a nih vangin kum dang zawng aiin palai kan kal tam a, kan Synod atang pawhin mi 72 kalin MST Deluxe Bus 2 hire-in motor tea kal an awm nual. Mizoram atang pawhin Baptist, Salvation, ECM, Lairam Baptist atangin palai thahnem tak an kal bawk.

2. Kal dan leh hun hman dan tlangpui: April 22 (Ningani) zing dar 5-ah Aizawl atangin kan chhuak a, zan dar 12 pelh hretah

khawmpuina hmun kan thleng a, thlen in tur an siama min dah a kan intihfel meuh chuan zing dar 2 a hnai thuk mai. Hemi zan atang hian Programme tan a ni nain, kan tel hman ve ta lo a ni.

April 23 (Zirtawpni) zing karah Bible Study kan nei a, chhunah **Human Rights** thupui hmangin session thum ngawt Seminar kan nei bawk a, zanah thupui *“Thy Kingdom Come in Mission”* tih kan ngaihthla.

April 24 (Inrinni)

zingkarah Bible Study nei lehin Chawhma-ah Rorel, Chawhnu-ah NEICC Office banga bel tur Jubilee hriatrengna thuziak lungphek hawn a ni a, tlaiah hun rei lote mahni duh ang anga vahkual theih hun hawn an hawng bawk.

Zanah “*Thy Kingdom Come in tha Family*” tih Dr. T. Vanlaltlanin a sawi. Inkhawm banah hian **Cultural Nite** hman a ni a, Unit hrang hrangten an thiam thil hmuh nawm tak tak an entir a, kan Synod pawhin “*One in Christ*” “*Hnam hrang leh Kohhran pawl hrang hrang ni mah ila Krista-ah chuan pumkhat kan nih avangin inrem taka rawngbawlhlo tur kan ni e*” tih thupui hmangin lemchan tawi kan entir a, unit dangte pawhin an lawm ve viau nghe nghe.

April 25 (Pathianni) zingah Lalpa zanriah Sakrament kan kilhova. Hetah hian kan la hmuh zen zen loh hmeichhe Pastor Rev. Dr. Noksangchilla chu a buatsaihtu niin hmeichhe Pastor leh hmeichhe Kohhran upate, a thlengtu Kohhran Upaten an pui. Hnam hrang leh ÷awng hrang, khawsak dan hrang leh kohhran pawl hrang hranga awmten rilru hmun khat pua inpawlna

thianghlim kan changho chu rilru a khawih dan a danglamin a ropui hle.

Chhun lam chu Khasi rama an tih ÷hin danin mipui tam zawk ten an chhim theih nan Field-ah hman a ni a, hemi hman tur hian Shillong leh a chhehvel a÷angin mipui tam tak, naupang thlengin an lo pung khawm a, mipui ÷hutna turin khawi ami nge an lak zawh zai tih tur khawpa tam plastic chair chu field-ah an rem a, chutah chuan mipuite chu nihliap khumin an ÷hu a. “*A hma mite khan in nihliap tihnam deuh rawh u, kan hmu ve thei lo*” tih emaw : “*Inkhawm ava rei deuh ve aw!!*” emaw ti hmel pua eu eu te, lo ÷awng leh field sir-a lo vei sup sup te tumah awm lovin dawhthei takin an awm a, chaira ÷hu lote pawh field sir step chhawngah an awm ÷hup bawk. Keini palaite chu duhsak takin stage sir tawn tawna hulhliap zarah min ÷huttir a, chuta ÷anga mipui lam han thlir chuan nihliap tam tak, siam dan in ang lo leh rawng dang inpawlh nuai mai chu a mawi em em a. He *Nihliap* chi hrang hrang, a ÷hen a mala lak hran pawha mawi tak, a ÷hen erawh chu eng teh ual ni vaklote, a infinkhawma mawi leh hmuhnawm tak lo ni ta hian hetizawng hian min ngaihtuhtir

a- Mimal tinte hian a tlem emaw a tam emaw theih zawng engemaw kan nei theuh chungin mahni mai chuan kan famkim lova, kan infinkhawm chuan nasa takin hna kan thawk thei a ni tihte, NEICCWA ah hian hnam hrang leh ṭawng hrang hmang Kohhran pawl hrang hrang awmin kan rawngbawl dan inchen lo hle mahse, kan inthlunkhawmna avangin nasa zawkin hna kan thawk thei a, Kohhran ṭe tak ṭe pawh a liante zarah a ropui a ni tih te, Amah be tura heti zat hrehawm pawisa lova pungkhawmte PA mit hmuhah kan va mawi dawn em! tite rilruah a lo lang zut zut mai.. Chawhma inkhawmah *“Thy Kingdom Come in the Society”* tih kan ngaithla.

Chawhnu hi Jubilee lawmna hun bik atana buatsaih a ni a, chawhma aia tam zawk mah mipui an lo pungkhawm a, an Sound system a ṭha baw a, a thumin kan thum mup mup a ni ber e. Jubilee thupui *“Thy Kingdom Come in the Church”* tih kan ngaithla leh a, hmabak kan la ngah avangin tlai dar 5-ah kham lo takin kan bang ta a ni.

Chawhma ban leh chawhnu banah mahni thlen in theuhah chaw kan ei a,

chhungkaw tin an inhawng em em a, an inah a duh apiang tan ei theih a ni tih an sawi reng a, keini thleninah pawh mi za zetin chaw kan ei.

Zan lam chu Biak Inah kan chhonzawm ve leh thung a, hemi zan hian thusawi awm hran tawh lovin hruaitu tharte hmelhriattirna leh Pathian hnena hlanna neih a ni a, he hun pawimawh tak hi Rev. Dr. Lalmangaiha, NEICC President chuan a hmang a, tih tur dang dangte nen kham lo takin inkhawmpui chu kan ṭiak ta a ni.

April 26 (Thawṭanni) zing dar 3 a lo rik chuan Biak in kawta kan Bus dingah kan indah lut leh sang sang a, ṭawngṭairualna kan neih hnuin ni li chhung kan kalsan tawh kan ngaih em em kan chhungte hnen lam pan turin phur takin kan kal ṭan ta a, eng a awm loh vangin khawpui chhung chu a thim ṭhup a, duat taka min enkawltu Pohkseh mipui tui taka muhilde chu ngai tak leh rilrua mangṭha chungin kan tlansan ta vung vung a, kawngah harsatna lian lutuk awm lovin zan dar 11 thli leh ruah tam vanglai takin Aizawl kan thleng a, nghakhlel taka min hmuaktu kan chhungte nen inhmuin kan inkhawmpui zin

kawng chu kan zawh zo ta a ni.

3. RORELTE: Unit 32 awmah unit 25 aṅang kal leh hruaitute, mi pawimawh dangten rorel palai mi 509 kan ni.

- 1) AICCW nen inkungkaihna neih that rawtna chu Exe. Committee zir chian tura dah a ni.
- 2) Unit-ten hun pawimawh hmang turin Secretary sawm ṭhin se, senso NEICCWA tum tur.
- 3) NEICC Buildingah Secretary Qtrs tur dil nise,
- 4) Office -a hman turin Computer (Laptop) lei nise.
- 5) Unit tinin Human Rights chungchang Seminar buatsaih se.
- 6) 10th Biennial Conference chu 2012 ah Ribhoi Synod-in an thleng ang.

Hruaitu tharte: (2010-2012)

President : *Mrs. Zomuani, Mizoram Synod*

Vice President : *Mrs. S.M. Rapphap, KJP Synod Sepngi*

Secretary: *Ms. Sony Lamkhohoi Baite, (full time)*

Asst. Secretary : *Mrs. Lalthar-kim, EFCI*

Treasurer: *Mrs. Lalnunmawii, Mizoram Baptist.*

Fin. Secretary: *M s . M e b a Kharbudon, KJP Synod Mihngi*

Executive Member 7 (pasarih) an awm bawk.

Inkhawmpui thu belh:

1) Kan Synod hi a lian ber kan nih avangin kawng hrang hrangah min beisei sang em em a, min hmuh dan hrim hrim pawh pawh a sang, chutiang karah chuan chanvo hrang hrang nei - Rev. Dr. Lalhmangaiha, Pi Zomuani, Pi C. Lalhmangaihi, Pi Lalthansangi Fanai, Dr. T. Vanlaltlani, Pi K. Laltluangi, Pi Zohmingthangi ten hneh tak leh tlin takin an tih tur theuh an ti thei a, a lawmawm hle.

2) Mahni hnam thil zawrh tur ken theuh nise tih a ni a, keini pawhin Mizo puan, ipte, bag etc. thahnem tak kan keng a, mawhphurtute thahnemngaihna leh an remhriatna avangin kan Synod dawr a lun ber a, cheng singnga man zet hralh a ni. Hnam dangte pawhin kan Mizo thil hi an lo ngaisang ve hle.

3) Inkhawm apiangin Zaipawl engemaw zat a awm zel a, zaipawl member zingah an ṭan lutuk vanga Conductor solfa vai duh tawk lova mahni hmun a lo vai ve lawp lawp te, bula mite nena inkuah khawm

tlat te, sound ti ring tura duty te ban vaia lo ngen ngat ngat te an awm. He Inkhawmpui atan hian zaipawl an inbuatsaih nasa tih a hriat, an thiam hneh a, mahni part hneh takin an sa thei vek, an zai a nungin a ngaihnamw hle hlawm.

4) Inkhawm apiangin Zaipawl engemaw zat a awm zel a, zaipawl member zingah an tan lutuk vanga Conductor solfa vai duhtawk lova mahni hmun a lo vai ve lawp lawp te, bula mite nena inkuahkhawm tlat te, sound ti ring tura duty te ban vaia lo ngen ngat ngat te an awm. He Inkhawmpui atan hian zaipawl an inbuatsaih nasa tih a hriat, an thiam hneh a, conductor en pawh ngai an ti lo aniang, soprano tih loh chuan an en ha duh lo hle, mahni part hneh takin an sa thei vek, an zai a nungin a ngaihnamw hle hlawm a ni.

5) A dawngtu Pohkseh Kohhran hi Dec, 2003 a indang an ni a, dan zawhkim 1250 awmin member zawng zawng 2389 an ni. Pastor 1, Pro. Pastor 1, Kohhran upa 5 leh Committee member 18 an awm. Kohhran naupang te ni mahse Biak in leh hmun hma an nei tha a, an tangrualin min dawng zo hle. Pathianni tih loh chu Biak

inah mikhualten ei leh in hniar hnar takin kan dawng vek a. Kan thlen in theuhte inpekna pawh a thukin kan lawm tlang hle.

6) Chi hrang leh hnam hrang hrang kalkhawm kan nih avangin sapawng vek hman a ni a. Mahni tawng anih loh avangin thenkhat tan hriatthiam vek a harsa a, kan sawi duh ang leh min duhsaktute hnena lawmthu sawi let pawh duh ngawih ngawih chungin kan thei silo, kan lawm ani tih entir na n "*Hlim hmel*" kan hmuh tir a, tawng thiam zawkte han rawih nawk nawk pawh a awm. Hei hian Pa hnen kan thlen huna "*Van tawng*" kan hman hun tur min nghahhlehtir a, chutih hunah chuan tawng thiam loh a awm dawn tawh lova, chetsual palh hlauhna awm tawh lovin, kan swi duh ang midang min sawi sak te a ngai tawh lovang, ava nuam dawn em!!

7) A tawp berah chuan Kan Synod atanga kalte upat zawng leh thiamna a inchen lo hle a, chuti chungin upain "*Thih leh ruam khat, dam leh ruam khat*" an tih ang maiin kan awm a, hlim tak leh inlungual takin neuh neuh engmah awm lovin hun kan hmang zo thei a. Pathian min hruaina a lawmawmin a ropui tak meuh a ni.

ORISSA RAWNGBAWLNA REPORT

*B. Lalremtluangi
Bawngkawn*

December thlaa buaitaka tihdam rawngbawlna kan kal pui lai chuan zan khat chu Pathian Aw ka hre ta a ' *Orissa ramah he tihdam rawngbawlna ka pek che hian rawng zuk bawl la, nasa takin ka pui ang che* ' tiin. Tin, thu pathum a lo lang nghal bawk a:

1. Orissa rama kristiante mangang thlaphang zuk hnem la, an pemah hriak leh zuk thih rawh.
2. An mangan chu Pathian thu hmangin zuk hnem rawh.
3. A tiduhdahtute Isua hnena hruaia tawngtaisak turin.

Kan pa hnenah ka sawi a, rawngbawlna hmunah ka puang nghal bawk a, Pathian hnenah kan tawngtai ta nghal a.

Nikhat chu phone ka la a, ' *Pu. LR Colney-a ka biak pawh theih chuan Pathianin Orissa a kal a rem ti a ni ang* ' ka ti a, kan be chhin chu Aizawl a lo thleng chiah chiah niin. Kan inah lo lengin programme tih dan tur kan rel ta nghal a, India ram hmun hrang hranga rawngbawlna kan lo neih tawh dan te ka hrihl a sum chu Lalpan kan kal rem a tih chuan min pe mai ang kan ti a, Committee-te ruatin a hmingte kan phuah a lo ngai ta a, "**ORISSA, KRISTA TAN**" tih chu Pathianin min hriattir angin kan hmang ta nghal a. March 15, 2010 (*Thawhtan*)-ah chuan mi 7 kan kal ta a, kan kal niin zan dar 9-ah Orissa kan thleng.

March 17, 2010-ah chuan **Khandamal District** kristian an sawi sakna nasa tak hmun lam chu kan pan a, motor 2 in kan phei a, sipai Batallion tam tak nen kan in tlan pel a, kan chaw eina hmunah te ei ve zelin min vengtu tur an nih reng hre lovin kan in tlan pel reng a. Catholic Sister saruaka khawlaia an tlan tirna te, mi 8 an pawngsualna hmunte kan tlan pel zel a, naupang 2 an halhlumna hmun te kawng atanga lang phak in chhia leh tlu sawp zozai kan hmuh te chu kristian an nih avanga ring lo mihoin an vuak chhiat leh an suasamna hmun hlir a lo ni a, rilru a nain mittui tla zawih zawihin kan chek tlawk tlawk a kristian te tawrhna leh

retheihna chu Mizorama kan lo hriat aia nasa daih a lo ni a. **Baliguda** chu tlaiah kan thleng a, kan thlen tukah VHP Leader, India ramah pawh mi hnawksak thin RSS te nena inzawm vek chuan Baliguda chu a rawn pan ve a, telephone inbiak pawhna reng reng an chhu chat nghal vek a, boruak a ralkhel hle mai. Keini chu khawchhung atanga 2km vela hla ah tihdam rawngbawlina kan nei mup mup a, tihdam rawngbawlina kan neihna hmun zawng zawngah hian kristiante rilru khawih zawng milem leh thuziak tar te, aurinna hmanga mipui koh khawm te engmah a awm lova, a ni hmasa bera mi tlem lo kal te atanga damna chang ta te hi a thehdarhna tha ber an ni.

Kebai kal thei lo te an han kal thei a, bengngawngten an han hre thei ta mai chu mak an ti a, a tukah chuan beisei aia tam mipui sangkhat zet an lo kal a, damna chang an tam hle. Mi â, Pranu Bandhu an tih chu lo kal vein eng ti tura lo kal nge a nih ang aw hetiang mi â phun bul bul, tap si chu ka lo ti rilru a mahse Pathianin a ropui puan chhuah nan a lo tireng mai lo niin. A pum nat thu an rawn sawiin a rawn intlar ve a; ramhnuaiah kum 4 a awm tawh a, a hmuh ang ang a ei a, fur leh thalin awmzia a nei

lo. A tapng ngai tawh hek lo an ti a; tapngtaina chu rilru bet lo zet chuan ka hmang ta a, a tuk a report kan dawnah chuan, *nimin ami lo kal kha in a thlen veleh khan a fng ta phut a, a kut ke a samte an en a, mi â bawraw tak ka lo nih hi a tia a, a nu leh pate lo haw chu a lo be chul a, 'ka harh vek tawh, ka dam tawh, rawngbawltu nuin min tapngtai a' a lo ti chul ta mai a. Mi â a nih laia an inchung bungrua a tih chhiat avanga kan tlanchhiat san lai te, amah hlaua kan tahna zawng zawng te chu hun danglam tak maiin min rawn thlak thleng ta a, lawm avangin kan tap a kan in kuahkhawm ta zawk an ni'* an rawn ti a. Thuamhnaw a neih loh avangin lo kal leha rawngbawltu rawn hmuh leh pawh a duh a mahse a at laiin a thawmhnaw zawng zawng a lo ti chhe tawh si a an rawn ti a. *'E a thawmhnaw man tur kan pe ang'* ka ti a, Pastor RK Digal hnenah chuan Rs.1,000/- kan pe ta a, a tuk lawkah chuan amah leh a nu leh pa, a pute leh Pastor hote chuan an rawn hrui ta a, *'hei hi a nia Prano chu han en teh, a danglam tawh a nia,'* tiin Pastor chu kan room-ah chuan a lo lut a. Ka va chhuak chuan Prano a nimin piah lawka mi â rawva taka che thin tap tak mai chu Lal Isua Kraws thisenah chuan a bawlhhlawhna zawng zawng

silfai a lo ni a, ka va kuah a kan ÷ap dun ta a, *'Haleluiah, Lalpa chu fakin awm rawh se*, tiin Pathian kan fak a, kan ÷ap bang hlei thei lo, a lawm lutuk chu ka banah a mittui chu a luang zawih zawih a, a inhnit nasa hle a, kan ÷ap bang thei lo, kan vela mi zawng zawng ÷ap lo an awm lo, *'Lalpa I va ropui em nimin lawk a mi kha mipangai alo ni ta, Lalpa heng mi â te tana damna an chan theih nan Orissa a min kal tir avangin lawmthu ka hrilh a che'* ka ti a. Pranoa nen kan lawm avanga kan ÷ah duh hnu hian a nu leh a nauin min lo ban ve vat a, a nu chu a lawm lutuk a khur char char a kan inkuahkhawm a kan han ÷ap leh tak tak mai a, *Lalpa kan lawm e, mi â te pawh hnar ngai lo Pathian kan nei che hi ava ropui em!* tiin kan ÷e chul a, a pa leh a pu pawh an lo tel ve a, bianga mittui luang zawih zawih in min lo thlir a.

A pu pawh hi tunhma chuan kristian ÷ha tak ÷hin, harsatna chi hrang hrang an tawh ÷hin avang a Hindua in let leh ta a ni a, puithiamah hial te lo ÷ang tawh a ni. Hetia a tupa a lo dam takah chuan *'kan chungin kristianah kan in pe nghal vek ang'* tih chu a sawi tam ber a ni. Pranoa pawh hi Baptisma la chang lo mahse kristianah inpe thlapin zaipawlah te a rawn tel

a, kan thawmhnaw leisak a rawn ha a amah pawh a hlim hle a ni.

Baliguda-a kan rawngbawl chhung hian, nitin mi sang chuang chaw kan hrai ziah a. *Rakhumi* kum 10 mi chu pian tirth ata la ÷awng miah lo a ni a, *'Haleluia'* ti tura ka tihin a ti thei ta vek maia a ropui hle. ÷um khat chu, ka che chhe hle maia zeng mipa pakhat hi an rawn muttir a, a keah te pawh a ngai a, lo vawn beh a ngai baw si a, ka kut leh lamin damlo ka khawih baw, en mang lo chuan ka kut vei lam chuan ka lo pawt ngar ngar a kan en chian chuan a sazu bawrah chuan ka lo pawt chu niin kan thlah chu a lian ta thur mai a, ka zak lutuk chuan puan a khuh ka tum a kan buai zo ta vek a, *'tho tir rawh u a kal thei tawh tho ang'* ka ti a, kan thawhtir a, a kal thei nghal a, kan hlim dar dar ÷hin khawp mai.

Pathian ropuina a lang nasa thei hle a, hemi khuaah hian zeng ringawt pawh sawm chuang an kal thei a ni. Baliguda-a rawngbawl na a tawp dawn ni hian mipuiin min bawr nasa lutuk a rawngbawl na pawh kan nei hleithe lo va, min chil hlum lo chauh a ni. Hmun nga (5) ah kan insawn kual a, sari kaih te an lawm em em a, ka sari khawih an tum a ka kut vuana chibai an duh ÷heuh a, kan awm

tawh lo huna in zut nan têt min ÷awngtair an tum theuh bawk a, a tawpah tihngaihna a awm tak loh ah Biakin chhungah min pawt lut a, Biakin kawngkâ kan kalh ta vek a, a chhunga la awm mi zathum vel kan khawih a, mit del, mitpual, mit khing del kan tih ang chi damna chang an tam mai a, kut zungchal ka en tir a kan hmuthei vek tiin a zat te an sawi dik vek zel a ni. Naupang pakhat piantirh ata mitdel pawh ÷awngtaina neih a nih zawhah *'min han en teh, min hmu em?'* ka ti a, *'Ka hmu thei vek che, I sam a kir a, mipui zawng zawng pawh ka hmu vek a'* a ti a; a nu lawm lutuk chu ÷ap chungin a ÷awngtai a Pathian hnathawh a ropui thei ngei mai.

Tarebari-ah rawngbawlina nei turin kan kal leh a, kristian awmna khaw hlang a ni a. Kan kal châk viau lai hian huphurhna lian tak pakhat a awm tlat a, chu chu Maoist hel India ram hmun hrang hrang chawk buaitute awmna hmupui a ni ve thung a. Aizawl lam pawh kan hrilh ngam lova, ÷awngtaina nen he khua kan pan laiin mipui tam takin min lo hmuak a, pa hoin dar ri thei zawng zawng an lo tum a, pangparthi nen khawlai min fan pui a, nula hoin hma an hruai a zai leh lam chungin rawngbawlina kan han ÷an a, kal

theilo te, mitdel te, bengawng ten ri te an hre thei nghal a; Maoist hel hote pawhin damna te an chang ta bawk nen Pathian a ropui hle mai. Hmun danga kan tih ang thoin nitin mi sang tel an lo kal a ruai kan ÷hehsak ziah a, kan Pain Pathian thu a sawi thin a, *'hetiang Pathian thusawi kan ngaihla kham thei lo'* an ti hial a, che lo chang loin an thu ÷ap reng a ni.

Tiladhandakia - a h rawngbawlina kan nei leh a, helai hmuna hian tawrhna a nasa hle a, an Biakin an tihchhiat avangin khawlaiah tumkau hnah an chih a, inkhawm an an hmang tawp mai a, Biak in sak ÷atna tur pek turin kan in tifel nghal bawk.

He khuaah hian Pathian hnathawh a ropui hle bawk a, pian tirh aþanga bengngawng te an dam a, ÷awng thei lo an tel bawk a, ban phar thei lo ten damna an chang a, nula pakhat khawngaihthlak tak mai chu kum 2007-a kristian ten buaina an tawh tumin a pa an thahsak avang a rilru buai ta, ÷awng thei tawh lo, leia danga bet tlat tawh chu an rawn hruai ve a, ka lainat hle a, a duh lo chung kan kar kau a, Lalpa ka au nasa hle misual thiltih chu Lalpan hnehna a chan ngeih ka duh a, *'Lalpa, ka kut hi I kut a ni a, a lei hi kar thlak sak ang che ka beidawng dawn lo'*

ka ti a, a kâ chung chu a ban vek a, Lalpa hming a theihtawp ka chhuah hnuah a lei chu ka kar thla thei ta hram a. *'Haleluia' ti rawh ka ti a*, zak tak chung leh hreh tak chung chuan a rawn ti ta hram a, a ÷awng loh rei tawh avangin a khawr hle a, reilote hnuah ÷awng pangaiin a rawn ÷awng thei ta a ni, *'Lalpa chu fakín awm rawh se'*. He khuaah pawh hian Pathian hnathawh tam tak kan hmu a, buaina avanga an tlanchhiatnaa khup tina, ke tliak tam tak an lo la awm a, an in hal lai an mitthla a la cham reng te, pa ber an thahsak te, an pastor in pawh an hal sak vek a, pastor hnenah Biak in min tundinsak leh hma chu kan khuaah hian lo kal tawh suh an ti a, pastor pawh hian Udaigiri khua a÷angin a va hmui a ni. Inngai tak leh in thlahlel takin kan chhuahsan leh ta a.

Cuttack khawpui lamah kan pheih leh a, engmah inbuatsaihna a awm lo, Biak in banga banner a khat intar awm chu a ni mai a. RIMS School naupanghoin zaiin mipui min awi hmasa a, kalkhawm an tam vak lo na a, a lo kal chhun te hnena Pathian hnathawh nasa taka lang chuak chuan mi a rawn ko khawm ta a. A tukah chuan damlo an lo kal ta ÷euh mai a. *Ragme Rekha* engineer zirlai damlo (*spinal chord*) chhe tawh

zeng kum hnih mu tawh leh kum hnih dang mu leh tura an tih chu an rawn hruai a, ka khup hmanga kan elh vak chu Lalpan mal a sawm ta a, a ngumruh kau chu a nih dan tur dik takin a in vuah rem ta a, a kal thei ta nghal a, a kun thei nghal baw k a. A lawm lutuk chu a rawn hruaitute zawng zawng nen inkaikualin an ÷awngtaí lai ka zûk hmu chu Pathian a ropui hle mai. Amah hi hindu ala ni chungin kristianah in pek a tum baw k a, a zirlai a chhonzawm leh tawh thu kan dawng baw k a ni.

Kum nga lai mu tawh te kein an kal haw a, hmun nga laia ruh tlak te an kal thei baw k. Nu pakhat ÷hu chung ringawta lo lut chu ka en reng a, din tur kan tih pawha ding ve ta lo chu ka en reng a *tun a÷anga reilote-ah i ding dawn* tiin ka phun mawlh mawlh a. Kum 12 lai ding thei tawh reng reng lo hi a lo ni a. Ka zawn a lo thleng chu Pathian hnenah a kal theih nan nasa takin ka ÷awngtaí a, chutia tha hah taka senga ka beihna chu Lalpan mal a sawm a, a ding thei tain ban a phar thei ta baw k a. ÷hu chung a lo lut kha kein a haw thei ta. Heng bakah hian hnute cancer baw keh vek te, pumna khawsik, ban phar thei lo te Lalpan a ti dam a. Hindu ÷halai hruaitu pakhat chuan, *ni 2 ka lo kal tawh a Pathian*

hnathawh ropui tak tak ka hmu a, hetiang thilmak hi ka la hmu ngai lo, mahse Pathian thlamuanna ka la hmu lo, a ti a. Thlamuanna hlimna a neih theih nan min tawngtai tir tawp mai bawk a ni. Kan cham chhungin RIMS hostel naupang pahnih damna changten Baptisma an chang nghal bawk.

Rawngbawlna hmun thenkhatah pitar tete ten *'mami tui in tur kan nei lo, hinduho-in tui chawi ve an phal lo a, an duhtawk an chawi hnuah an ti nu a km 1-a hla te zan rei tak tak thleng tui kang nghakin kan awm a'* an lo ti kauh kauh a. Tuichhunchhuah siamna tur Rs. 30,000/- kan pe nghal a, an siam mek bawk a ni.

Pastor pahnih an Bible an hal chhiatsak, bial fanna km10 a hla te kea kal ngai an nih avangin thirsakawr kan lei sak nghal bawk. In thilpek hlu tak hman a kan puih zawng zawng kan tar lang vek seng lo vang.

Nekapoli kuaah kristian nu pakhat chuan a thenawm hindu nu hnenah *'thiani, hei ramhnuaiyah kan tlan chhiat a tul dawn si a, ram a fel hnuah kan rawn la leh anga ka buhfai 15 bags hi min lo kawl that sak ang che'* a ti a, a buhfai chu a hnutchhiah ta a, ram fel hnuah a rawn haw leh hnuin lak leh an

tum chuan a thenawm nu chuan *'chutiang buhfai bag khat pawh i dah lo dawt sawi suh'* a ti ta tlat a, rilru na tak chungin kristian nu chu a haw ta a. Kar khat hnuah chuan zan khat chu sai a lo chhuak a, buhfai bag 1 pawh i dah lo titu hindu nu in chu a rawn chil chhe ta a, huana buhfai bag a thuhruksak chu a rawn thiar chhuak ta a. Kristian nu buhfai bag 15 chu a inah chuan saiin a rawn dah sak ta a. Amah avang a tuarte chungah dik lo taka che te chungah phuba a rawn la ta em ni? A mak hle mai.

Tunah hian mahni in la tung thei lo deuh vek an ni a, refugee camp hmun hrang hrangah an awm a, puan in leh silpaulin lum tak hnuaiyah ei leh in leh silh leh fen tur pawh nei lo in an khawsa mek a ni. Rawngbawlna kan neihna hmun a piangah miten kristian nih nuam an tiin an thlamuang hle a ni.

Orissa-a kriatianten mizo kristiante hmangaihna an mamawh em em a, tunah an hnam chawikanna turin ruahmanna siam mek a ni a, puanthui zirtir te, thlai chin lama hma an sawn dan tur te chu **Orissa Krista Tan Committee**-in a ruahman mek a ni. I thilpek hlu tak avangin Lalpan Orissa ramah a ram a zauh zel a ni.

'Lalpa ropui ber rawh se'

'YESHU BABA' MIN TI NIA!

- *Rualthankhuma
Lucknow*

Kan rawngbawlina hmuna kan unaute hian pathian tam tak awm an ring a, chhungkua emaw hnam/chi emaw hian biak bik an nei hrang a, chu an biak pathian hnena puithiam hna thawktu chu Baba an ti a, a chang chuan amah puithiama kha pathiana ngai pawh an awm a ni awm e. Baba hi tam tak an awm a, chi bilin an nei hrang bawk.

March 24-25, 2010 khan Lucknow aṅanga 44 km. vela hla, Samadha-ah crusade kan nei a, he khuaah hian ringtu pakhat mah an la awm lo va, kan thawhpuiten vawi 2/1 an va tlawha thu an va sawi tih loh chu tuman Pathian thu an la hril ngai lohna khua a ni. Crusade kan neih ṭum hian 135 in baptisma an chang a, chung ring tharte chu an duhawm hle. March 26-27, 2010 khan he khua aṅanga hla vak lo, Sahpur khua an tihah crusade kan nei leh a, chumi ṭum chuan mi 145 in baptisma an chang leh a, hemi ṭum hian kan nu nen kan kal a, baptisma kan chantir hmasak apiang an lu chungah kut ngatin a lo ṭawngṭai zel a, dam lo dam Tate pawh an awm ta ve ang!

He khaw hnihte hi

thingtlang khua, kan awmna Lucknow aṅangin a hla viau mai a; a rammi thawktu (*Field Worker*) pawhin an hlat hlawm hle a, a hnaih bera awm tan 17 km vela hla a ni. Heng thawktute hian Kohhran (Fellowship) 3/4 an enkawl a, anmahni hna pawh an thawk hman lo lek lek a, an tlawh hman bik lo a ni. Chutianga thingtlang khaw hla taka awm, Isua ringa baptisma chang engemaw zat awm chu tlawh zui leh ngaihsak zui lohva awm chu a fel lo hle a, va tlawh chhuah leh thuai tumin kan inbuatsaih a (T.T. 15:36 thu ang deuhin), tin, Bible pek vek kan tum bawk a. April 8, 2010 khan Pastor Lalṭhatluanga, Etawah (s/o Lalchhuanmawia, Kawnpui) hruaiin he khaw hnih tlawhin kan kal a, a hmasain Samadha khua kan

tlawh a. Gehu (Wheat/Atta) seng runpui lai, hna tul vanglai a ni a, chu bakah ni a sain khua a lum em em a. Khua kan va thlen chuan mi varanda remchangah inkhawmna kan buatsaih a, baptisma chang hlimte an rawn pung khawm tak tak a, 30 bawr chu kan tling awm e, a tam zawk chu hmeichhia/Nu an ni. *"In la hriat ngai reng reng loh Lal Isua chanchin leh Chatuan unna thu in hria a, in tih ngai loh baptisma in chang a; in thiltih kha a awmzia in hria em? Engnge a thatna?"* tiin ka zawt a. Nuho chuan mi chhan vak ngaihna an hre lo va, pa pakhat chuan a ban a hlim a, a lo hek deuh nuau mai a, crusade neih hnu khan electric current-in a lo man a lo ni a, *'Isua ring hman lo ila chu ka thi em em ang, Isua rin chu a tha a ni'* a rawn ti hial a ni.

"Isua ringa baptisma chan chu Chatuan nun neihna, nun thar neihna, ramhuai ngam loh nun neihna a ni a; a aia tha hi engmah a awm reng reng lo, chumi nei tur hian engmah sen a ngai lo va, thil tha a to teh lul nen,

Chatuan nunna erawh hi chu a tlawm em em a ni", tiin kan hrilhfhiah a, thu an ngaithla tha duh em em a; *"Ringtute in inhmangaih thiama in inpumkhat tlat chuan nuam in ti ang a, mi dangin in zinga tel an chak ang a, ring loten an rawn belh zel ang che u"*, tiin, ringtu an nih hnua an awm dan tur, an tih zui turte kan sawi nghal a, chumi ni a tang chuan Ningani dar 12:00 hi inkhawmna hun atan ruat ngheh a ni a, chuta tang chuan kartin an inkhawm ang a, zawi zawiin thilpek kan zirtir ang a, mahni kea ding turin kan zirtir zel ang. Chutiang chu Kohhran intan dan leh than dan, kan hmalak dan a ni.

Inkhawm zawh chuan thingpui in turin min sawm a, nu pathum baptisma chang duh an awm a. Mipa, an aia upa emaw an zah zawng hmaah hmai langin an awm meuh lo, baptisma chantir pawhin an inkhuh tlat a, puan chhanah kan thlawr mai thin. Hemi tum hi chuan *'in lu khuhna in hlip thei em?'* kan han ti a, *'thei e'* tiin awlsam takin an inhawng ve mai a, hmun tam takah chuan an

inhawng duh ngai reng reng lo. Thlawr hmanga baptisma chan kan Kohhranin tih dana a lo neih hi a vanneihthlakin a tha hle; lui leh dil a tawpin a vang baw k a, Lawi tak ngial pawh an inchiah duh mang lo, chungah chuan inhnim phum tum tlat ila a buaithlak dan tur hi sawiin a siak lo ve. Kuminah ring thar kan neih (*April 13 thlengin 563*) te hi hnim phuma chantir tur ni se chang theia lawi kan nei lovang, baptisma chang lo pawh ringtuah kan chhiar zel a nih chuan thuhan. Lu chungah tuia thlawr chu khawi hmunah leh eng hunah pawh a tih theih a, a awlsam hle, baptisma an chan tawh chuan an nghet phian mai lehngal a! Thusawi ngun taka an ngaihthlak hnuah '*la haw s'u, baptisma kan chang duh a nia*' an han ti a; zawhna kan han zawt a, '*Isua i ring em?*' **'ring e'**, an ti a; '*I ring tak meuh maw?*'; kan han ti leh a, '**ring tak meuh e'**'; an han ti leh a. '*A nih Lal Isua hi i dam chung zawngin rinawm taka zui leh phatsan tawh loh i intiam em?*' tiin kan zawt leh a, **'intiam e'** tia vai thingtlang nuten ti tak hmel pu tak leh

hlim hmel taka min han chhang chu baptisma chantir laite hian rilru chhungrilah lawmthu sawi pahin tawngtaipui nghal mawlh mawlh loh theih a ni lo.

Samadha-a hun kan hman zawhin 6 km. vela hla, Sahpur khua kan pen leh a. He khuaa crusade kan neih tumin kan hawn dawn, motor-a kan chuan hnuah nu pakhat hi a lo tlan a, 'engah nge in hawn dawn mai? Baptisma chan ka duh ve a, ka la chang hlei nem; a tih chu, 'kan lokal leh thuai ang a, i duh tak zet chuan lo nghak la, chumi hunah chuan i chang dawn nia' tia kan thlah kha rilruah a cham deuh bik a. Kan thlen chuan mi varanda-ah kan inkhawm leh a, hemi tum hi chuan Nu lam aiin pa valai lam an lo tel tha a. "Isua rin thatzia, bansan mai mai tur a nih lohzia, ringtute awm dan tur" tih chungchang kan sawi leh a, a hma a mi ang bawkin kartin Ningani dar 1 chu inkhawmna hun nghet atan kan ruat a. Inkhawm banah haw kan tum a, baptisma chang duh 14 lai an lo la awm a, kan chantir hlawm a; nu

pakhat, baptisma chang duh kha erawhchu bazaar-in khaw dangah a lo kal daih mai a, hun ṭha a chan leh ta rih a ni. Crusade neihnaah thawktuten theih ang tawkin counselling an nei a, an hmin hnuah Pastor hnenah baptisma chang turin an lo kal a, Pastor-in, *'Isua i ring tak meuh em?'* tiin kan lo zawt leh a, nu ṭhenkhat chuan, *'kan rin avangin baptisma chang turin kan lo kal a, zawh leh hran pawh ka ngai hlei nem'* ti tlat tawk an awm.

Crusade neih ṭuma Lalpa ring, baptisma an chan sup sup hian rilru la peng thil pakhat awm chu, 'heng baptisma chang tura lokalte hi an chiang meuh ang em aw? Ṭhiante tih vang maia lokal an ni ang a, ' tih hi; an rilru tak kan hre si lo va, engmah sawi

hmuh leh thlem an awm lo va, Lalpa thu kan sawi a, a ringa baptisma chang duh chuan chan tur kan ti mai a ni si a; 'Lalpa, a lem leh a tak kan thliar thei si lo va, kan tusual palh a nih chuan min ngaidam ang che'. Mak ang reng ṭhin chu, hetia an lokal sup sup hian ṭhiante tih vanga lokal ve thlarawk pawh an awm a, thil awmzia kan sawi a, *'Bajrang Dal-a tel ka la duh, baptisma chan ka duh lo'* ti te, *'Kei chuan ka duh lo'* tia kal ta vang vang te an awm a. Zawnha ṭhenkhatin min zawh ve ṭhin chu, 'baptisma chang ila, Ram! Ram! (*an pathian bia leh fakna*) ka la ti thei ang em?" tihte a ni a; 'baptisma chang duh chu an hmin thawkhat a ni ang' tih rilruah a awm a, kan lung a dam deuh ṭhin.

(chhonzawm tur)

EI SIAM DAN

I. TUMBU VAIPADEN:

1. Telh turte:

- | | |
|------------------------------|----------------------------|
| (1) Tumbu lian lo - 1 | (5) Tomato lian lo - 1 |
| (2) Sangha - zai lep 2 | (6) Dania hnah - kau 6 vel |
| (3) Purunsen - 1 | (7) Aieng - 1 spoon |
| (4) Sawhthing - inchi 1 tiat | (8) Chi - duh zat |
| | (9) Ajinomoto - tlem |

2. A Siam dan:

- (1) Tumbu chu kheh la, a chang deuh chu paihin i khehsa chu sil fai la belah dah rawh.
- (2) Tomato te, purun sen te, sawhthing te chu chan nawi la, sangha (hel) zai lep hnih leh chi, ajinomoto tlem nen bel-ah chuan dah la, tui tam vak lo leih la, a hmin thlengin chhum rawh. A tui ala awm chip chepah dhania chu chan nawiin telh la, suan mai tur a ni. I suan hnuah i chawk sawm dawnnia.

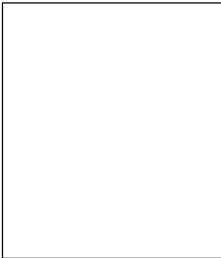
II. BAWNGSAREP LEH HMARCHAPUI BAI:

1. Telh turte:

- | | |
|------------------------------|-------------------------|
| (1) Bawngsarep - hrang 5 | (5) purunvar - mal 6 |
| (2) Buhfai - no chanve | (6) hmarcha sen - 7 vel |
| (3) Purunsen - 2 | (7) Chi - duh zat |
| (4) Sawhthing - inchi 1 tiat | (8) Ajinomoto - tlem |

2. A siam dan:

- (1) A chung a tarlan purusen, purunvar leh sawhthing te khi sawhsawm a, a dawng te nen khian cooker-a vawihnih vel phit tir tur a ni.
- (2) Cooker chu hawng la, a sa chu la chhuakin thetdarh la, Cooker-ah chuan dah leh la, minute 30 emaw 40 emaw vel chhum leh rawh.
- (3) Tha takin chawk la, a ei theih a ni mai.



KAN HRUAITUTE CHANCHIN

PI C. LIANKHUMI

Pi C.Liankhumi hi Pu C.Lalrosanga (L) leh Pi Zatluangi (L)-te fa 7 (mipa 3 leh hmeichhia 4) zinga mi a ni a, Kawnpui khuaah a piang a, kum 1983-ah Upa R. Zirkunga nen an

innei a, fa pathum leh tu pakhat an nei tawh a; tunah hian Republic Veng Bial, Republic Vengah-ah cheng mek a ni. Zirna lamah hian B.A. a zir zo a; tunah hian DP & AR (ARW)-ah Assistant hna a thawk mek a ni. Rawngbawltu chhungkua an ni a, a theih ang angin Bial leh Kohhran Hmeichhiaah pawh a inhmang hle, hetiangin: Bialah-

1997-2001 - Bial Buhtham ziaktu	2003-2007 - Secretary
1997-2001 - Com. Member	2007-2009 - Chairman
2001-2003 - Asst.Secretary	2010- - Vice Chairman

Kohhran Hmeichhe Committee-ah kum 1995 ațangin a tel țan a, chawlov in ala awm ngar ngar a ni, hetiangin:

1995-1996 - Comt.member	2003-2004 - Treasurer
1997-1998 - Asst.Secretary	2005-2009 - Chairman
1999-2002 - Secretary	2010- - Vice Chairman

Tualchhung Kohhranah pawh a awl chuang lo, Thuhrlitu, Puitling Sunday School Zirtirtu, Kristian Chhungkaw Committee member leh Kohhran School Managing Board member te a ni bawk. Republic Veng Bial aiawhin Central Committee-ah a rawn lut a, Term hnihna a hmang mek a, Agape Editorial Board member a ni bawk.

Sam 37 (*Misual leh tha tawpna tur*) leh IKor. 1:26-31 te hi a Bible chang duhzawng an ni a. KHB No. 61-na, *Nitin Isua ka thinlungin ka hmangaih che ...* tih hi a hla duh tak zing ami a ni.

Pi Lalkhumi hian, Pathian in a rawngbawl tur hian mi fel, chak, mi thiam leh thiltithe, talent nei tha te chauh a thlang lo tih hi a nunah lang Chiang hlein a hre thin a. Kohhranho kal tlang a rawngbawl hnaa koa inngat te hi a chan ve tura ngai lo mi leh Kohhran aw chu Pathian kohnaa a ngaih vang zawka pawm thin a ni. Amah hi mi inngaitlawm, mahni mawhpurhna hlen ngei tum tlat mi, mi rintlak leh mi pawisawi duh lo mi tak a ni.

HRIAT ATAN

AGAPE CHANCHINBU LAKSAKTU THAR

1. *Missionary 300 rual vel zet Agape Chanchinbu laksaktu nei lo an la awm a*, heng laksaktu la nei lo laksak tura kan inngenna chu a hnuai tarlan ang hian tihlawhtlinin a awm zel a, Agape laksaktu thar kan han tarlante chungah hian Editorial Board chuan lawmthu a sawi a ni.

- | | | | |
|----|-------------------------------------|------|----|
| 1) | Ramhlun Venglai Kohhran Hmeichhia | - 10 | |
| 2) | Khawhai North Kohhran Hmeichhia | - | 5 |
| 3) | Bethlehem Venglai Kohhran Hmeichhia | -10 | |
| 4) | Pi Lalthanpari, Kulikawn | - | 20 |
| 5) | Pi Biakeng Hmar, Shillong | - | 10 |

2. TIHDIKNA

- (1) January- December, 2009 Report Bu pheh hnunng bera *Pêk tur pe lut lo Bial*, tihah khan hetiang hian tihdikna kan han tarlang e:
- (2) Farkawn Bial hian WDP Programme an hmuh loh avangin pêk luh tur an neih loh thu an rawn hriattir.
- (3) Darlawn Venghlun Bial WDP pe lut lova tarlan hi Rs. 400/- chu an pe lut ngei a; amaherawhchu, Darlawn Bial pêk anga lo record a nih avangin Darlawn Venghlun hian WDP thawhlawm Rs. 400/ - hi an rawn pe lut ngei a ni.

2. BUHFAITHAM SUM HMUH ZAT TIHDIKNA

(Agape Chanchinbu May, 2010 thla chhuak a Buhfaitham sum hmuh zat, Budget khum dan te, a kum hmasa lam khumna zat te leh Budget kal lai mek kan rawn tarlan te kha, a kum zat kan rawn ziah lan-ah khan tihdik loh palh kan neih avangin a dik zawk kan han tarlang leh a ni, tihsual palhah ngaihdam kan dile. Ed.,.)

Kum 2009-2010 chhunga Buhfaitham sum Budget leh sum thawh dan lo tarlang ila:

April 2009-March 2010 - Budget	=	Rs. 560,00,000/-
April 2009-March 2010 - Hmuh zat	=	Rs. 673,58,648/-
April 2009-March 2010 - Khumna	=	Rs. 113,58,648/-
April 2008-March 2009 - Khumna	=	Rs. 64,74,062/-
April 2010-March 2011 - Budget	=	Rs. 590,00,000/-

2. Agape Chanchinbu May 2010 thla chhuak **page 29-a EI SIAM DAN** tihah khan 2. *A Siam dan tiha No. (4)-na "NO DAR DEUHAH 'ALU' CHU CHHAWP LA,"* tih tlarah khan 'ALU' tih kha "TUI" tih zawk tur a ni.

2009-2011 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Zomuani
Vice Chairman	:	Pi C. Lalneihkimi
Secretary	:	Pi Lalrinkimi
Asst. Secretary	:	Pi Lalthansangi Fanai
Treasurer	:	Pi C. Lalhmangaihi
Fin. Secretary	:	Pi C. Lalbiakdiki

Committee Member-te

- | | |
|--------------------------|--|
| 1. Pi Vanlalthangi | 17. Pi Malsawmtluangi |
| 2. Pi Lalhlimpuii | 18. Pi Biakengi |
| 3. Pi Vanlalthuangi | 19. Pi Vanlalmuani |
| 4. Pi Lalthanmawii Sailo | 20. Pi Liankimi |
| 5. Pi Haumawii | 21. Pi Laldawnkimi |
| 6. Pi Chalziki | 22. Pi Salvationthangi |
| 7. Pi C. Lalthanzauvi | 23. Pi Khawlvuani |
| 8. Pi Kamliani | 24. Pi C. Vanlalhmuaki |
| 9. Pi J.H. Lalhmangaihi | 25. Pi K. Lalthanpari |
| 10. Pi Lalhmelthai | 26. Pi Lalnuntluangi |
| 11. Pi K. Lalbiakzami | 27. Pi C. Lianpari |
| 12. Pi Lalkhumi | 28. Pi Hmingkhumi |
| 13. Pi C. Liankhumi | 29. Ni. Vanlalsawmi
<i>Asst. Co-ordinator</i> |
| 14. Pi Lalsawmliani | |
| 15. Pi Lalchawimawii | 30. Pi H. Lalpianthangi
<i>Asst. Co-ordinator</i> |
| 16. Pi Raldochungi | |

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1. Rev. C. Chawngliana, Synod Moderator
2. Upa Vanlalhuma, Synod Secretary (Sr.)
3. Rev. Zosangliana Colney, Executive Secretary i/c Women
4. Pi Zokhumi Vankung, Ex-Chairman

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan**
1. Kohhran pum rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.

Postal Regn. No. MZR/53/2009-2011
RNI Regn. 40876/88

**SYNOD BOOKROOM-A
LEHKHABU THARTE**

1. Bible Pathian thu :
Rev. Liangkhaia chuan Bible kan ngaih dan hi chhe sawt riauvn a hria a. Bible dikna leh \hatna hi humhalh tumn kum 91 a nih kumah pawh lehkhabu hmangin aw a la chhuah cheu mai. Mi pakhat talin 'Bible hi Pathian thu a lo nih tak hi' ti se tih hi he lehkhabu a siam chhan a ni. Aman Rs. 70/-

2. Lalpa Bawihnu : A mi thianghlime thawh rimna leh inpekna hai ngai lotu Pathian chuan, NI. Laldinpuii, TBZ hnuaia missionary senior ber leh, pasal atana Krista thlanga, kum tak tak thlarau bo zawnga khaw lum leh ral\itna hmun tinreng lo paltlangtu chu a thlahthlam ngai lo va. Krista awmpuina leh rin tlakzia puangzara a rawngbawina chanchin min hrihna hi \halaite min chotu lehkhabu danglam tak a ni. A man Rs. 80/-

Published by Rev. Zosangliana Colney, Aizawl, Mizoram on behalf of
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