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**'ZUK LEH HMUAM'-RUIHHLO
LEH A KAIHNAWIH KAILAWN**

Zûk leh hmuam hi Pathian duh loh zawng a nihzia te, kan hring nun atana chhiatna thlentu a nihna te kan chhiarin kan hre tam hle tawh ang. Chuti chungin heng zûk leh hmuam kan chin ðhin te hi kan sim mawhin a hluar zel zawk zamah awm asin.

Kan ram zim te, mihring nuai 10 vel tling awrh awmnaah hian zûk leh hmuama fihlim eng zat tak awm ang i maw? Bible chuan, mihring hmelma chu mahni hi a ni, tia a sawi angin mahni nun inhneh lo fe fe ringtu tam tak kan awm si a, kan châk leh duhzawng tak - meizial, kuhva, sahdah, khaini, tuibur etc., (hnam hnuaihning zawkten an chin ðhin) hi soal hian kan hmaah min rawn hlui zel bawk si a, hengte hi hnawl ngam loin kan pakhatpui leh nge nge ðhin.

Heng zûk leh hmuam te hi hmanlai aţang tawhin kan pi leh pute nunah khan a lo bet ngetin bu a lo khuar thuk hle tawh a, chuvang chuan tuna thlah kal mek te pawh hian سواله kan ngai thei tawh mang lo chu a nih ber hi! Zu leh ruihhlo ti ðhin mite tan chuan kailawn, rah kâ ðha tak kan lo dawh zui tawh a, chuvang chuan kan rama heti tak maia zu, ruihhlo leh a kaihhnawih lo hluar ta pawh hi thil âwm tak a nihna chen pawh a awm a ni. A rahka (step) pakhatna - zûk leh hmuam hi hmanlai aţang tawhin kan nunah a lo zalen rei tawh a; a rahka (step) pahnihna zu leh ruihhloa pen chhoh leh chu thil awlsam tak a ni tawh tlat. Tun thleng pawh hian kohhran rawngbawlanaa inhmang ve fe fe te, nu leh pa fate nuna zu leh a kaihhnawiha fir ve fe fe si, heng zûk leh hmuama fihlim miah si lo hi kan la kat nuk a nia. Zu, ruihhlo leh a kaihhnawih kan rama lo hluar ta em em mai kailawn siamtu, dawh zawmtu - zûk leh hmuama fihlim lo zingah hian ka tel ve em?



*Kristian Chhungkua***TUNLAI HARSATNA NU LEH PATEN KAN HRIAT TURTE**

*Rev. Lalthlengliana
Hailakandi, Assam.*

Tunlai khawvel in lum let chho zelah hian harsatna leh kan la hriat ngai loh tawn hriat kan ngah sawt ta hle. Ṭhalaite harsatna hi nu leh paten kan hriatpui lo fo a, chuvang chuan nu leh pa tam tak phe chu kan fate harsatna sut kianpui tur pawh hian kan ngawng hle a ni. Ṭhalaite hi eng ang khawvelah nge an chen a, eng thilin nge tibuai tih leh engtia sut kian tur nge tih te leh nu leh paten an harsatna kan hriatpui turte tawi te tein sawi kan tum dawn a ni.

1. Ṭhalaite sexplasion

khawvelah kan cheng: Sex hluar em emna khawvelah ṭhalaite an cheng m êk a ni tih kan hriat a ṭul. Sex hmansualna a hluar a, naupang te te kan tihte pawhin ngaihawng an nei fir fer a, sex hmang tur kan la rin miah lohte pawhin sex an hmang fo tawh. Naupangte an nih laiin virgin an hloh a, a tawpah mahni intihlum duhna a thlen mai ṭhin. Hei hi nu leh paten kan hriatpui a, kawng dik kan kawhhmuh a ṭul a ni. Sex hian ṭhalaite nun a fan hneh hle tih i hria ang u. Nu leh paten kan hriat miah loh hian Virgin nih

chu thil zahthlaka ngaiin an innuih zat ṭhin. Concert, picnic etc. tih velte hi sex an hman ṭanna hun leh hmun a ni duh khawp mai, heng hmuna kal hi nu leh paten phal loh a ṭha zawk hle.

Mahni mipatpui leh hmeichhiatpui inngaihawngna a hluar hle bawh. School tam takah chuan hei hi harsatna lian tak a tling der tawh. Patil leh hmeichhe pangngai ni lo, nu hnap ve ve inngaizawng tlat mai school tam takah an awm mek. Kan fate chu an ṭhian hmeichhiate nen inkawm pawh ni se, an inkawm dan

leh inlaichin dan te, an inkarah eng boruak nge awm tih nu leh paten kan hriatpui a tul hle mai. Mipa naupang Hostela awm tam tak hian mawng-kawhur nih an zir fo tlat. Hostela indah te hi a thatna a awm rualin thil tha lo an zir chhuahna hmun a nih theihna pawh a awm thei.

2. Media power chakna khawvelah thalaite an cheng: Information Technology-ah hma kan sawn nasa hle a, hengte hi thil tha tak a nih rualin thenkhat chuan thil tha lo zir nan an hmang mek a; Internet-ah te hian eng film nge an en thin kan hria em? Porn movies (*zahmawh film*) an en nasa hle thin a ni. An Computer check sak tak tak ila, zahmawh film, a bik takin mipain an nei deuh vek. An nei lo emaw kan tihte pawhin an nei thin. Hetiang kawngah hian kan fimkhurpui a, an computer te pawh check-sak fo thin a tha hle.

Facebook, Orkut, Frenzo etc. ah te an lut nasain thianah an insiam a, heng

social networking te hi thian siam nan a thatna lai awm bawk mahse a him lohna a tam a, inlaichinna an siam zui a, thil tha aiin thil tha lo a thlen tam zawk fo.

Media power a chak em avang hian advertise-ment-a thil chhuak tam ber ber, fashion chi hrang hrang - London, Paris vela Jeans leh incheina chi hrang hrang chhuak thar an hmu a, an awt a, a leina an neih si loh avangin mahni inzawrh phah nante an hmang a, a pawh thin hle. Hman deuh khan Jeans inleisak a hluar hle a. Hmeichhe tleirawl, pa emaw tlangval pawisa nei deuhvin emaw jeans kekawr te an leisaka sex an hmanpui theih an awm thin. Sex lama an insum theih loh lam ai mahin thawmhnaw thar, inchei dan dangdai neih an chak a, chutiang thawmhnaw duh vanga inzuar ta mai pawh an awm a ni awm e.

3. Hna hmuh loh (unemployment problem) nasatna khawvelah an

cheng: Hna a vang tial tial a, chutih laiin lehkha-thiam an chhuak tam tial tial thung. M.A, M.Sc. M.Com etc. passed thla khata Rs. 1500- a chhawr tur an tam ta hle. Hei hian hna thawh tur van tawhzia a tarlang. Nula leh tlangval fel tak takte hi nu leh pate lakah an inthlahrung hle thin tih kan hriatsak a pawimawh hle. Hna tha tak, hlawh tam tak neia thawh an duh, mahse hna a vâh tawh em avangin chutiang thawh mai tur a lo awm mai lo a; tihpuitu nei tha deuh tan lo chuan tihngaihna a awm lo.

Hna neih loh hrehawm an tih ngawih ngawih laia na taka thawh chhuah an neih loh thu au chhuahpui vak vak te chin loh a tha; buaina lian zawkah kan lut palh thei. Nu leh pate i fimkhur ang u.

4. Ngaihzwang neih an la na hle: Tunlaiin mahni intihlum sawi tur an tam sawt hle. He harsatna hi a theih ang chen chenah a pumpelh theihna kawng kan zawn a tul hle. A hmasa chuan kan fate boruak tawn mek kan

hriatpuia kan kawmngaih a tul a ni. Tunlaiin thalai tam tak chuan ngaihzwang an la runthlak hle a, an ngaihzwangte nena an inthen vanga awlsam taka mahni intihlum ta mai an thahnem sawt hle. Kan tu leh fate nun chik hi a hun khawp mai. Nula, tlangval te hian ngaihzwang kawp an hrat viau mai a, hei pawh hi thil tha lo tak a ni. Nu leh paten kan tu leh fate chu ngaihzwang neih mai mai that lohzia te leh ngaihzwang kawp pheih chu an nun kal zel atana a that lohzia te kan hrih ngun hle tur a ni. Ngaihzwang kawp vel hian thalaite nunah harsatna lian tak a thlen mek a nih hi.

Kan tu leh fate nun hi chik ila, an nunah danglam a awm em, rilru hahna an lo nei ru reng em? drugs khawih awmin an awm em, zû in te an lo ching ru ve zeuh zeuh em? Tute nge an kawm thin, tuai leh patil te an kawm tihte a theih chin chin chu hriat tum zel a hun khawp mai.

Nu leh pa tam tak chuan tunlai khawvel, hriatna leh thiamna sang zel kara kan awm avangin kan faten Internet, mobile phone, facebook an khawih te pawh hi han invil ngun viau dawn pawh ni ila kan hrethiam ve tawh si lo va, beidawn thlak zawng pawhin a ngaihtuah theih awm e. Amaherawhchu, tih theih kan la nei - chu chu Pathian thu awih zel mai leh bang lova Ṭawngṭai a ni. Kan tu leh fate nun chhan nan te, kan chhungkaw kehchhe tur chhan nan hian Lalpan kan hmaa tih tur a dah chu thu

awih taka hlen chhuah zel mai hi a pawimawh lai chu a ni. Nu leh pa ber Lalpa laka kan hel phawt chuan kan fate chu an hel sa a ni mai. Pathian thu chuan ṭawngṭaina leh dilna tinrenga thlaraua ṭawngṭaiin, tiin min hrilh a, kan tu leh fate nun hi ṭawngṭaiin i phuar tlat ang u.

Kan finna, thiamna te derdepin beitham hle mahse Krista hmachhuanin thim lal kulh tawn zel ila, Lalpa Krista chuan in hmaah ka ding zel ang, a tih kha i hre reng ang u.

BOOKROOM NEWS

Ka nu lawnglaina, ka pa thurawn : Mizote zingah mahni chanchin ziaka tlangzarh ngam mi tlem te kan neih laiin, Zaichhawna Hlawndo chuan ama nuna Pathian hnathawh leh Pathian avanga Bengali, Meitei, American, English leh hnam hrang hrang zinga a khawsak dan chanchin chu ngaihnaawm leh mi cho thei tak maiin a rawn peih fel ve leh ta. A man ` 100/-

Hringnun zin kawng : Hringnun zin kawng hi pheih vek a ni lo fo. Rinhlelhna, harsatna, kham leh suar tam tak paltlang a \ul \hin. Rinhlelhna leh harsatna kara rinna nun pui dan zirna lehkhabu, Melvyn Vanlalhlimpua buatsaih chu a lo chhuak ta. A man ` 180/- a ni e.

*Sermon***KRISTAA MI TAK APELIA***Bible chang : Rom.16:10**Kristaa mi tak, Apelia kha chibai ka bûk e**Rev. Laldingluaia
Kulikawn*

Bible-ah hian ringtute tana entawn tlak mi chi hrang hrang chanchin kan hmu thin a. A bikin Thuthlung Hlui lamah chutianga mi mal chanchin ziahna chu a lang tam deuh. Thuthlung Thar lamah hi chuan mi mal, entawn tlak tak, an chanchin sawi zau tur awm vak si lote hming a lang fo thung a, **Apelia** hi chung zinga mi chu a ni.

Apelia hming hi Bible-ah hmun khatah chauh a lang a. Rom 16-ah khan Paula'n a rawngbawlpui mi 26 vel zet an hming lamin chibai a buk a. Chung zingah chuan Apelia hming hi a tel ve a. Bible hmun dangah a chanchin sawi lanna emaw kan hriat loh avangin a chungchang sawi zau tur a vang hle. Mahse Paula'n Kristaa mi tak a tih te mai hian thu a sawi ril viau si a ni.

“Kristaa mi tak” tih chu eng nge a awmzia? Mizovin mi tak kan tih chu inhmuaup leh thupui fun

deuh te, intipuihu leh fekfawn deuh te an ni tlangpui a. Mi tak tih hi Bible-a a tawng bul lamah chuan **dokimon** tih a ni a. Thir te, tangkarua te, rangkachak te meipui sa taka an rawh hnuin a êk chhia a tla a, a lo thianghlim thin ang hian ringtu, fiahna tawh tawh, fiahna a paltlang hnua a nihna ze dik tak lo lang chiang ta sawina a ni. Tin, Paula'n, *“Chutianga Krista rawngbawltu tawh phawt chu Pathian lawmzawng mi a ni a, mihring fak pawh a hlawh thin”* (Rom.14:18) a tiha fak hlawh (dokimos) te kha mi tak chu an ni bawh. Chuvangin,

Apelia hi rawngbawltu, inhmuaup up satliah a nih hmeh loh. Krista avanga hrehawmna leh harsatna tuar a, fiahna paltlang hnu a “*ani hi zawng Krista ta dik tak a ni e,*” tih theih mi tak, mi fak hlawh a ni.

Apelia nun atang hian thil pahnih chhinchhiah tur a awm thei ang.

1. “**Kristian**” nih leh “**Kristaa mi tak**” nih hi thil thuhmun ni awm tak a ni a, tunlaih chuan a hrang deuh tlat si a ni! “Kristian” tih hi Thuthlung Tharah wawi thum a lang a (*Tirh. 11:26; 26:28; I Pet. 4:16*), Lal Isua zuitute sawina a ni. Anmahni chuan “**ringtute**” (*I Tim. 4:12; Tirh. 5:14*), “**mithiang-hlimte**” (*Tirh. 9:13, 32, 41; Rom 1:7*), “**unaute**” (*Tirh. 6:3; 10:23*), “**thlante**” (*Kol. 3:12; II Tim. 2:10*), “**Pathian Kohhranho**” (*Tirh. 20:28*), etc., an inti thin. Tirh. 11:26-a kan hmuh dan chuan Antiokei khuaah zirtirte kha “Kristian” tih an ni hmasa ber.

“Kristian” tih chu thu pahnih **Christ** leh **ianos** (pl. iani) tih atanga lo kal a ni a. **Ianos** tih chu mi bawih emaw, mi ta (*entir nan, mi sipaite*) sawi nan emawa hman thin a ni. A hnu zelah chuan “mi hnung zuitu” tihna atan te an lo hmang ta a ni. Tichuan, “Christ” “ianos” emaw “Kristian” emaw chu “**Krista hnung zuitute**” tihna a ni. A tirah chuan he hmang hi tihelna emaw cheksawlhna emaw niin a lang. Kohhran hoten anmahni insawi nan Kristian tih an pawm tan hi chu AD 80-120 inkar vel niin a lang a. Didakhe 12:4-ah he hmang hi anmahni insawi nan an hmang tih a hriat theih. Miin “Krista hnungzuitute,” “Krista pawlte,” “Krista bawihite” tia an koh elna kha anmahni nihna nen inhmeha an hriat tak avangin “Kristian” tih hmang hi an pu zui a nih hmeh hle a ni.

Keini Mizote hi “Kristian” a inchhal deuh vek kan ni a, “Kristaa mi tak” erawh chu kan ni vek lem lo.

Thenkhat chu kan nunah “Krista hmel” emaw “Krista ta”, “Krista zuitu” kan nihna hmuh tur a awm mang lo a, kan dazat a ni. Paula chuan, “Rinnaah chuan in awm emaw, mahni infiah ula, mahni inchhin thin rawh u” a ti a (*II Kor. 13:5*). Chuvangin, kan inenfiah fo a pawimawh hle mai. Apelia chu rawngbawltu ropui Paula’n “Kristaa mi tak” hmuhin a hmu a ni. Keini pawh mahni infak leh insawimawi chawp thin ringtu ni lova Kristaa mi tak hmuha miten min hmuh zawk hi a tul hle a ni.

2. **Ringtu tan fiahna hi a hlu a ni!** African-ho thufing chuan “Tuifinriat a fawn loh chuan lawng khalh thiam tak tak a hriat theih ngai loh” an ti a. Apelia chanchin tawi te kan hriat theihna chhan chu fiahna paltlanga mi tak a nihzia a lan vang a ni. I Peter 1:6-7

ah “Fiahna tinreng in tawha, in mangan pawhin hlim takin awm rawh u. In rinna fiahna tur a ni a, rangkachak chhe thei mah meia fiah a ni a, a aia hlu zawk, in rinna chu, fiah tur a ni asin” tih kan hmu a. Fiahna, harsatna anga lang thin te hi chona, Kristaa kan nihna lantirtu tur a ni. Fiah tlak mang loh ringtu awm ve theih a ni. Mahse, fiahna paltlang loh chuan takna a lang thei si lo. Chuvangin, kan nihna tak a lan theih nan kan chungah fiahna a lo thleng thin. Chung hunah chuan Pathian laka vuia phunnawi mai lovin, Kristaa mi tak kan nihna lantir thin tur kan lo ni e.

Fiahna tawka ding nghet tlat chu a nihlawh e, fiahna a awm hnuin Lalpan amah hmangaihtute pek a tiam, chawimawina lukhum, nunna chu, a chang dawn si a (*Jak. 1:12*).



*Hriselna huang***NAUPANG HA ENKAWL THAT A TUL**

*Dr. Lalchhuanawma
Dental Surgeon*

Ram a changkang a, khawsak a lo awlsam ta a. Naupangin hmawmsawm an ei nasa tual tual a. Naupang zingah ha nget leh ha na an tam sawt hle. Primary School naupang za zela sawmriat dawn laiin ha nget an nei a. A nat lem loh chuan an ngaihthah a, a lo nat chhuah meuh chuan tihngaihna dang a awm lo thin.

Nu leh pa tam tak chuan naupang ha hlam a lo to leh mai dawn a, a paw love tiin an ngai pawimawh lo thin a. Naupangin harsatna chi hrang hrang an tawrh phah a, hetiangin -

1. A hun hmaa ha hlam a tlak avangin mi tam takin ha tak to dik lo, mawi lo tak tak an neih phah thin.
2. Thanglai an ni a. Ha hlam hrisel taka awm kim thap hi naupang khabe ruh thang mek tan thil pawimawh tak a ni.
3. Tawng zirlai an ni a. Ha hi tawng tifiyah tu pawimawh tak a ni.
4. Naupang ha-hmai bal chu a thiante zingah a kimki chawk thin.
5. Naupang ha nget hi a lo nasat chuan harsatna dang a thlen thei a. An thaw rim a chhe theiin thiante zinga awm hrehawm an

tih phah thei a. Anmahni ngei pawhin hrehawm an ti fo thin.

6. Ha nget a tira enkawl loh chu a zual zel a. A thling a thlen pheih chuan a lo na a, zan mut theih loh phah nan te an hmang thin. Naupang thenkhat pheih chu a tira an enkawl loh avangin an hahniin a chhiat phah a, an khabe a lo vung vak a, mit pawh meng tha thei lo khawpin an hmai a vung hial thin.

Naupang ha enkawl dan:

1. Mahnia ha an nawh thiam hma chuan nu leh pain nawh sak thin tur a ni a. An la tet zual lai chuan toothbrush kher a ngai lo. Puan nem fai takin, an chaw ei khamah hruk fai sak thin ila a tawh hle.

Kum hnih an tlin tawh erawh chuan naupang hman chi toothbrush lei sakin ha nawh zirtir a

hun tawh a. Puitling ha nawh rualin nawh tir ila. A khampheia nawt lovin, chung lam - chhuk zawngin, hnuai lam chho zawngin khuih tur a ni. Chutianga a ha zawng zawng khuih zawhah lei leh dang chung lam te khuih fai leh tur a ni.

Hasiai hi chi hrang hrang a awm a, a enga pawh hi hmang ila a pawl lem lo. Damdawi tel pawh a awm nghe nghe a. Hengteerawh hi chu doctor rawn lo chuan hman loh tur a ni a. Doctor-in hmang tura min ti a nih pawhin lem loh tur a ni. A bik takin flouride damdawi telna hasiai hi naupang ha nget vengtu tha tak mai a ni a. Mahse fimkhur taka hman chi a ni, lem hauh loh tur a ni.

2. Chaw ei khamah ha nawh tir ziah tur a ni a. Zariah ei khama ha an nawh tawh hnuah chuan thil thlum lam ei lo se a tha. A chhan chu zana kan muthilh hlan hian chil a tlem a, ka chhung a intleuh fai muanga, natna hrik tam tak ka chhungah a inthlah pung chak bik a, chung chuan ha tichhe thei thil thur a siam thin.

Naupang chuan a thil ei zawhah kam thua zel sela, kam a la thua thiam lo a nih chuan tuisik thianghlim fian hnih/khat lek intir ila, ka chhung rimchhe turte

a veng a, ha nget siamtu thil tam tak pawh a tlangfai dawn a ni.

Thla ruk danah ha doctor hnenah entir thin a tha hle. Naupangin ha nget a lo nei a nih pawhin phawi kher lovin a tihdam theih a. Thla ruk dana kan entir chuan a nget chhiat lutuk hman a tihdam theih ang a, ha nget avanga harsatna tam tak a pumpelth thei ang.

Naupang hian an infiamnaah an hahmai an sawh bal fo thin. A bal veleh a bawlhhlawh loh chuan vuah leh mai tur a ni. Vuah leh theih a nih loh chuan remchang hmasa berah ha doctor entir tur a ni.

Tin, zana ha naupangin ha na a tuar a damdawi pek mai tur a awm loh changte hian a buaithlak duh hle mai. Naupang ha nget chu uluk tak, dim te siin tifai la, tui hmuam nuam tawk vela lumin thua fai la, lapaw thianghlimin dep hul la, hasiai tat la, a na zualpui chu a ziaawm thei ang.

Ha enkawl chungchanga pawimawh ber chu ka chhung fai a ni a. Naupangin ka chhung fai tak a neih a, ha tha tak a neih theih nan nu leh paten mawh kan phur hle a ni.

(Courtesy: Hriselna Vol. XXV, Issue No. 2 pp. 21-23)

*Character Study***PHILIPA FANU PALI*****Tirhkohte 21:8-9***

*Dr. T. Vanlalhlani
Prof. ATC*

Philipa leh a fate hi Kaisari khuua awm an ni awm e. Engtikah khan nge “mi hmingṭha hlir pasarih” thlan ṭuma Jerusalem lama awm kha Kaisari-ah an lo pem a hriat chiah loh. Philipa hi chu dawhkana rawngbawl hna aiin Chanchin Ṭha hril darh lamah a kal ta niin a lang. Tirh. 8:5-ah Samari ram leh khaw lamah Philipa chuan Chanchin Ṭha a hril tih kan hmu a. A thusawi pawhin ngaihven leh awih a hlawhin amah hmangin Pathianin thil mak te a ti a. Mi eng emaw zatin baptisma an chang tih pawh kan hmu (*Tirh. 8:12-13*). Chung hnuah chuan a khualzin kawngah Ethiopia lalnu Kandaki hnuuia thawk mi tilreh chu Chanchin Ṭha a hrilh leh a, baptisma a chantir bawk a. Chung hnuah Azota khua te tlawhin Kaisari khaw thlengin khaw tinah Chanchin Ṭha a hril ta a ni tih kan hmu (*Tirh. 8:40*). hetiang a nih avang hian Philipa hi ‘Chanchin Ṭha hriltu’ tiin ziaktuten an chungchang an ziak chawk.

Philipa fanu palite hi nula thianghlim an nih ngawt pawh a ropui teh reng nen, Pathian thu hriltu an la ni zui bawk. Chanchin Ṭha hriltu hmeichhiate khan lawmman hmuin nge an thawh ve hmu lovin tih te, Kohhranin thuhiril turin an tir chhuak ve em ni tih te, tunlai hun ang hian thuhiriltu list-te siam fel vekin a awm em tih te hriat a ni lo. Mahse, Pathian thuhiril duh mi nula te, Pathianin zawlnei rawngbawl hna hial a thawhtirte

kha chu nula huatthlala tak zawng an niin a rinawm lo. Tun lain Mizo Kristian intite zingah ngaih dan atthlak tak a awm ve. Chu chu hei hi a ni. Hmeichhe sakhawmi te hi hrawn huphurhawm leh moa neih chakawm lova sawi ching leh chu ngaih dan nei chu an awm. Hetianga ngaitute hian an fate nupui atan chuan zu zuar, nula lehkhaden ching ṭhin leh nawhchizuar ai chuan Biak Ina Inkhawm mi chu an duh leh tho

thin a. Sual hnathawh avangin thenkhatin Pathian thu ngaina hmeichhiate hmuh sirhena rilru leh ngaih dan dik lo vawrh darh an duh a. Mi thenkhatte chu an bum mek reng bawk. Mizo Kristiante zingah hetiang ngaih dan neitute hi an سوال a ni hran lo ve; an tawn leh an hriat a tam loh avangtein Pathian thu ngaina awm taka lang, an chenpui tana harsatna siam tam site an tawn vang pawh a ni ve thei e. Eng pawh ni se, kan fanute leh kan tu leh fate enkawltu tur kan fa mo tur hian nula lepchiah nge kan duh ang a, Biak Ina inkhawm leh chhungkuaa Pathian pawl ngaina mi? A thlang سوال leh tisual a awm theih viau mai thei a; fimkhur zawng kan ngai ngei mai.

Marshall leh ziaktu dang thenkhatin heng Philipa fanu nula palite hian zawlnei rawngbawlna (*prophecy*) lam an thawk niin an sawi nghe nghe. Nula, mahni nulat thianghlimna vawng tha khiaute hi Pathianin hmanraw pawimawh takah hmangin thilpek leh kohna naran lo tak pawh a pe-in a hmuhtir tih hriat a tul. Tunlai hian kan ramah thianghlimna kan vawn that loh avangin natna raphlak inkai theih

kan inkai darh chak dan te pawh hi Kohhranhoten inzirtir a tul a. Chhungkuain Pathian pawlna kan neih hunah pawh hian inzirtir mawlh mawlh kan ngai tih i hria ang u. Nula thianghlimte, nupui pasal nei tawh mipa leh thianghlim taka invawngte hi Lalpa hman duhte an ni fo vang tih i hria ang u. Pathian hmantlak ni tura invawn thianghlim hi thalai leh nu leh pa ni tawh tan pawh a tul em em a ni. Pathian mi hriat kan nih hmaa kan lo khawsa tap a nih pawhin Pathian fa kan nihna kan hriat hnu chuan invawn thianghlim kan tum ngei tur a ni.

He mite unau li hi an chhuanawm reng reng mai, anni hunah kha chuan thla tin lawmman kan tihte hi an la neih hmel si lova, an pa hnathawh thin ang an thawk ve kha an ngaihsanawm hle a ni. An pa Philipa hi dawhkana rawngbawltu tura thlan zinga mi ni mah se, Chanchin Tha hril lam tuipuiin Kaisari khuaa Kohhran dintu niin an sawi a ni. A fanute pawh hi chhui zuitute chhui dan chuan Pathian tana mitangkai tak an ni zui zel a, an thlahte pawh hriat reng hlawh tak a ni.

HUN HMAN ZAI THIAM (Time Management)

*Dr. Vanlalhruaii
Principal,
College of Teacher Education.*

1. Hun hman zai thiam hlawkna:

- 1) Hun tlem sengin hna tam zawk a thawh theih.
- 2) Hun bi tuk chhungah a inkhung len theih.
- 3) Chhungkaw tan leh mahni duhzawng tih nan hun chuang a neih theih.
- 4) Kan thawhsakte tilawmtu a ni.
- 5) Hnathawh zeizia kan man chak.
- 6) Rilru a tinuam a, hnathawh phurna a siam.
- 7) Hun khawhral a veng.
- 8) Thawpikna leh enghelh a chhawk zangkhai.
- 9) Hna inchhek khawl tur a veng.

2. Zai zawka hna thawh thiam - Rah tha seng.

Thufingte 15:22, "Rem-ruat lawk lova thil tih a hlawhtling duh lo" tih ziak a ni. 16:1-ah, "Rilru lo ruahman lawkna chu mihring chan a ni" tih ziak a ni bawk. Chanchinbu pakhat chuan hnathawk-te 50% hian an ni tin chet dan tur an duang lawk ngai lo a ti. Chet dan tur ruahman sa

vek hi hun hman zaina tha ber a ni. A kawng hmang tha chu ni khat hna hi darkar bi-a sem sawm a ni phawt mai. Darkar tina ka tih tur leh thawh dan tur ruangam ka lo siam lawk chuan darkar tin mahni inveng reng chungin hun ka hmang ang a, a thlip thlep chiah chiaha zawm remchang lo mahse, a tlachawpin ziakin a siam rem theih.

Hun bi kan intuk chuan awmze nei leh mumal zawkin hna a thawh theih a. Chuti a nih loh chuan hna pakhat lekin nileng a aw h thei. Darkar khat chauh kha hnathawh nan intuk ta ila, kan thawk rang ang a, a hlawk zawk ngei ang. Chutianga hun kan hman chuan kan thawhchhuah zat a tam sawt ang.

Mi hlawhtling tam tak, hlawk taka thawk thinten an ngaih pawimawh ber chu tih tur indawt list siam a ni. A tahtawlin, a number pakhat atanga indawta thawk chho zelin hmabak intukte thawh thiam a pawimawh hle. Inthlahdah hek lova, hman-hmawh chuang si lova kan tih tur t̄ul thawh zawh loh hlau lo leh inngaihtuah buai bawk hek lova thawh thiam a pawimawh khawp mai.

Tih tur list kan siam hian, a chi hrang hrangin a siam theih a. Pakhatnaah chuan, hna thawh tur pangngai kan neih a indawta ziah chhuah thlap; pahnihaah chuan, hna hlawm lian deuh eng emaw hun chhunga zawh fel ngai, pathumnaah chuan a darkar

bi-a thawh tur kan neihte leh palinaah chuan eng emaw hmabak pawimawh awm la tih ngai tur awmte.

3. Hun hman zai dan pawimawhte:

1) A pawimawh indawta thawh thiam leh a hun tuk chhung ngeia zawh tum.

2) Nakina tih atana dah loh hram tur. 'Nakinah ka ti mai ang' tih hi remchanna lei thiamlote awm dan a ni.

3) A tawpkhawka tih atana dah loh tur, a ching thinte kuthnu chu chhui leh belhchian a dawl lo fo. Mahni tan leh mi dang tan pawh a hlawk lo.

4) Hna harsa leh khirh deuh dah khawtlai te, thawh peih loh leh chak loh zawng pumpelh talh tumte hi a hlawk lo khawp mai, min ti hnufumtu a ni. Huphurh leh har tihte hlenchhuak ngei tura inthunun hi mahni inrintawkna siamtu a ni a, hun hman zaina t̄ha tak a ni.

5) Hna khirh leh huphurhawm deuh engtin nge kan hmachhawn ang?

- a) Hlenchhuah hram avanga rilru hah khawpa thatna, hlawkna leh mahni innawr erawh chu a tangkaina ngaihtuah hlawk lo.
- b) Thawh awlsam deuh tum khata a ngai renga tura thensawm thiam a, bur rei lutuk chu a hne awm a indawt te te a thawh duh a, rilru a chawlawl thei. zawh tum ngei a A theih anga thlak kual thiam pawimawh. a tangkai.
- c) Duhthusama thain chul chhenfakawm tak tak ni lem mam thei lo pawh ni ila, lo turah hun khawhral loh a tih loh ai chuan a tha. reng reng tih rilru put a tha. pawimawh.
- d) Mi dang hnena pek khalhtu leh hlan chhawn theih awm chi thliar thiam a tha.

4. Taima taka hun hmang tura hriat tur pawimawh zualte:

- 1) Hna uluk a tha a, mahse ngawrh lutuka tha leh hun kan senso belhchhah leh kan thawhchhuah an inhu tawh loh hunah chuan duhtawh thiam a ngai. A tira hlawk taka kan thawh bak chu a tesepa inham buai a hlawk lo.
- 2) Kan theihtawka thain kan thawk ang a, duhtui lutuk
- 3) Tum khata a ngai renga bur rei lutuk chu a hne awm duh a, rilru a chawlawl thei. A theih anga thlak kual thiam a tangkai.
- 4) Thil tangkai leh chhenfakawm tak tak ni lem lo turah hun khawhral loh a tha.
- 5) Hun bi intuk a tangkai. Kan hna tulte zawh hun tur kan insiam hi awmze neia min khalhtu leh kan hna pawimawhna delh kilhtu a ni.
- 6) Hun hlutna hriat reng a, vawng nghettu nih a tha. Thawh chhuak hnemte chuan darkar hlutna leh thiltihtheihna an hre thin. Darkar milin ruahmanna tha an siam a, an tih tur an chiang a, an sawi tur an hria a, thawh chin tur an intuk a, a dangah an kai zung zung.
- 7) Hma inchhawp tawhah chuan ngawrh taka thawh mai tur. Tluantling lova thil tih hi mi puitling lo zia a ni.

8) Kan thawhchhuah turah kan Chiang tur a ni. Hun neih hmang zai a, chumi chhunga hna intuk zawh fel ngei hi mi hlawhtlingte zia a ni.

9) Nuam ti taka kan thawh loh chuan, hna thawh a hlawk lo. Hlawhtlinna thuruk pakhat chu tui taka hna thawh theih a ni. Rilru sukthlek zirtu mi thiamte chuan mihring ropuina pakhat chu kan rilru hawiher leh kan ngaihtuahna sukthlekte kan duhzawngin kan her rem thei an ti. Kan mizia, nungchang leh awm dan te pawh keimahni ngeiin kan

thlak danglam thei a nih chu. Mi thiam pakhat chuan, "*Kan rilru leh ngaihtuahna putzia hi thangkam a ni thei a, zalenna a ni thei bawk,*" a ti. Chuvangin, "*A tha insiam mai rawh*" a ti.

Hun hman zai thiam te, hlawk taka thawh thiam te hi vawi leh khata chin thut theih a ni chuang lo. Zawi zawia, awmze nei taka tan lak chhohva, kan zia leh chin dan tha lo thlah thla hret hret a, a taka zirtu nih a ngai. Han zir chiah teh, i hma lam hun a eng ngei ang.

BOOKROOM NEWS

Presbyterian Kohhran chanchin: Presbyterian Kohhran mi chuan Presbyterian Kohhran chanchin hi a tawk a fang chuan kan hre ve ngei tur a ni. He lehkhabu Rev. Lalchhuanliana buatsaih hian Chanchin |ha thlenna tura Pathianin Mizoram a lo buatsaih dan atanga Mizoram min chhui \an puin Mizoram Presbyterian Kohhran chu Mizorama Pathian ram dinna atan leh Mizoram pawn lama Chanchin |ha puandarhna hmanrua atana din a nih dante Chiang takin min hrilh a. Kan Synod rawngbawlna peng hrang hrang tubul leh hmasawn zel dante tarlan a ni bawk. A man ` 100/-

Hmanlai leh tunlai Mizo hlate: Hnam ropui apiangin an tubul leh an thuleh hla hmasate an hlutin a zir ngun thin. Mizo hla hmasa lar zualte leh a hrilhfhahna bakah tunlai hla nena khaikhinna lehkhabu chu C. Chhuanvawra'n mitin zir theih turin a rawn chhawpchuak ta. A man ` 150/- a ni e.

HMANGAIHNA IN PUALA LAWMTHU SAWINA

*Pi H.Lalpianthangi,
General Secretary*

February 28, 2012 (Thawhlejni) hian Presbyterian Church of Wales aṭangin heng mite - Mrs. Sarah Ruth Morris (*Rev. Morian Morris Mission lama an hotupa nupui*); Miss Zoe Glynne Jones, Youth Officer leh Mr. Samuel Edward (*Pi Zosiami tupa*) te chu KṬP General Conference hmang turin an lo kal a, Pi Zosiami tupa Mr. Samuel Edward pheh hi chu thla hnih chhung vel zirna School-ah training nei turin Mizoramah a la cham rih dawn nghe nghe a ni.

Hmangaihna In tlak balna lai leh a phuisui tawk lohna lai hmu a ṭanpui nan hian Sap ram kan tih mai, Presbyterian Church of Wales te chuan kum 2009 aṭang tawh khan ruahmanna fel tak siamin hma an lo la ṭan tawh a. Kum 2011 chhung khan Kohhranhoten ṭhalai, naupangte chenin sum tuak dan kawng hrang hrang dap kualin hma an la a, heta an sum tuak tling khawm chu Great Britain Pound 30,000 zet a tling a (*India ram pawisa chuan cheng nuai sawmhnih pakhat zet hu vel a ni ang*). Hemi chung-changah hian Rev. H. Sangkhuma te nupa an ṭangkai em em a, sulsutu an ni zel a. Anni nupa hian

Feeding bottle 80 vel lai an rawn pe bawk a ni. (*Hmangaihna In sum tuak dan hi Agape Chanchinbu, November 2011, phek 20-27*)-ah ngaihnam takin Pi C.Lalrintluangin a rawn ziak tawh nghe nghe). Anni nupa leh chhungkaw chungah hian a tharin lawmthu kan sawi leh bawk a ni.

Presbyterian Church of Wales aṭanga KṬP General Conference-a palai lo kalte hian Wales ram Kohhran aiawhin Hmangaihna In tana sum an pek te kan hman dan leh hma kan lo lak tawh dan te rawn en pahin Hmangaihna In tlawh an duh a. He hun atan hian an mahni te nen inremsiamin February 29, 2012 (nilaini) chawhma lam

ruahmanin hun hman ho a ni a. Central Committee-in a rel angin Office Bearers leh Hmangaihna In Management Sub-Committe ten February 29, 2012 (Nilaini) zingah Breakfast ei pui a ni a, chumi zawah Hmangaihna In tlawhpui an ni. Hun **(Programme) kan hman dan tlangpui chu hetiang hi a ni:**

Pi Lalplanmawii, Chairmanin kan hun a kaihruai a, Pi H.Lalpianthangi, General Secretary-in Report leh lawmthu sawina hun a hmang a. Central Committee chuan mikhualte hi Wales Kohhran aiawha Hmangaihna In rawn tlawh turte an nih avangin an hnena lawmthu sawi nan Present pek ni se, tiin a rel a, Mrs. Sarah leh Miss Zoe Glynne Joneste te hi puanchei ve ve pek an ni a, Mr. Samuel Edward hi Shawl lum pek a ni. Tin, Presbyterian Church of Wales General Assembly Office-a hun (dah) tur lawmthu sawina thuziak mawi tak pek a ni bawk. Mrs. Sarah chu an zaa aiawha thusawina hun pek a ni a; ani hi Hmangaihna In sum an tuaknaa hnarkaitu zinga

mi a ni nghe nghe. Hmangaihna In atana thahnemngai taka sum an tuak dan ngaihnaawm takin a sawi a, chutah Hmangaihna In chu a hmun ngeia an tlawh a, naupangte hmel an hmu thei te, naupangten an rilru an khawih thu te sawiin lawmthu a sawi. Anni hian pen leh note bute eng emaw zah Hmangaihna In an rawn pe bawk a ni.

Hmangaihna In tana Wales ramin sum an pek hmang khan building chung leh hnuai chhuat zawng zawng chu Carpet phah chhuah vek a ni a, a building te hnawih tharin fel fai leh mawi taka chei a ni a. Tin, sapram, sum min petuten an ngaih pawimawh tak, naupangte tan intihhligna bungrua tha tak takte lei a ni tawh a, naupanghoten an hlimpui hle. Heng bakah hian Hmangaihna In tilphuisuina turin Committee-in ruahmanna tha tak a siam angin Architect-in Plan leh Estimate a siam tawh te chu thlir ho a ni bawk. Hetianga min hringtu Kohhranten Hmangaihna In puala duhsakna an la rawn lantir zel hi kan vannei hle a ni.

FANAU ENKAWL LEH TUNLAI HARSATNATE

(*chhonzawmna*)

- V. Vanlalruati

10. Lirthei : Tunlai khawvelah chuan lirthei te hi a pung chak em em a, a hmei a pain neih duhna tleirawl/rawlthar leh thalai zingah pheih chuan a hluar chho mek a. Danin kum tling lo motor khalh 'phalna' a pek phal loh hi kan zahsak a thul a, rawlthar/tleirawl zingah chak tak taka lirthei khalh te, fimkhur lo te, chesual (accident) te an awm nual ta, thisen lum rualin lirthei an khalh hian chetsualna anmahnin an tawng mai ni lovin mi dangte pawh an su hlum thei a ni.

11. Incheina : Tunlai khawvelah incheina sanna ramah kan cheng a, an tet zual lai atanga mahni phak tawka inchei thiam tura zirtir a pawimawh. Mamawh chiah zel thil lei inzirtir a thul. 'Awh vang' chauhva lei hi a tha ber lo hle a ni. Mi dangte rilru chhia puttir thei zawnga inchei lo tura buatsaih te, ze dang deuh silh leh fen bel leh an ngainat zawng te fimkhur taka thlanpui an thul thei.

12. Mahni inpawm lohna : Tleirawl/rawlthar zingah an rualpuiten an pawm loh inhluar eng emaw zat an awm thih a, pian leh hmel lan

dan leh thianta zinga tlaktlum loh an hlau hle thih a ni. An pawm lam lan dan chu an hmel dik tak a nih loh thu leh an nungchang chet zia leh nunphung leh Pathian an thihna te chu an hmel tarlangtu a nih thute an rilruah kan tuh a ngai.

'I chhia' 'I cher chhiat-zia' 'I thau dan eng ung kha' 'Chumi chu a tha zawk' 'A nau/a u hi a tluk lo' etc. Chapona tel si lova mahni inpawm tur tea fuh an thul. A thul chuan 'Counselling' thiam panpui a tha.

13. Thatchhiatna : Naupang tam tak taima leh

tumruh an awm laiin lehkhawh pawh zir tha peih lo, chhungte tirhnaa kal peih lo, zir neih vang leh hnathawh vang pawh ni lova tho har leh tho peih lo hmel kan hmu tam chho hle, nu taima lutuk thenkhat chuan an fate tih ai an ti zung zung a, an fate chu mi thatchhiaah an chhuah phah thin.

An naupan lai atangin an phak tawk leh an thawh tawk sem zai a tul mipa fa bang lovin, hmun phiah, khum siam, dawhkan tihfai etc. te hian ulukna, taihmakna a keng tel a ni.

14. Zirna (education): Zirna hi a pawimawh em em a, chutih rualin an school kalna tur leh hostel thlengin kan chik pawh a tul. School leh zirna an kalpui dante pawh chik a tul. Tumruhna nei tura fuih an tul. Kan zirtir thiam lo a nih pawhin ngaihven peih leh vil peih a tul a, kan hriat thiam phak bak a awm pawhin an zirtirtute zawh emaw pan emaw hreh loh tur a ni. Inah fel mah se school lama an dinhmun hriatsak a tha, an school kal dan (attendance)

class-a a awm dan, test an pek leh zirtirtuten ti tura an tih an tihthat leh that loh te hriat a, hmalakpui an tul thei.

15. Mahni nihna hai (lesbianism/homosexuality):

Khawvel hian eng ang pawm pawm se, Pathian hian mipa leh hmeichhiaah chauh min siam a ni tih mihringte hian kan hriat a tul. Bible hmun thenkhat Leviticus 18:22-ah te, Rom 1:26-27 etc. ahte pawh Pathian thuin a duh lohzia kan hmuin kan chhiar thei a ni. Hei vang hian an 'aw' te chu lo danglam deuh mah se tu man chhaih nawmna kan phal tur a ni lo va, anmahni pawh inpawm kan zirtir a tul a; amaherawhchu, hmeichhia/mipa chet dan, inchei dan, inkhualtelem dan, thian kawm dana kan rinhlel te chu kan fimkhpui a tul, an tui zawng incheina thlengin an naupan zual lai atanga kan enpui a tul.

16. Nupa inlaichinna tha lo: Naupang tana nu leh pain an pek theih hlu tak chu nupa inlaichinna tha hi a ni. Tunlai

khawvelah chhungkaw rûm kan tam hle mai, inlaichinna ða lo chuan naupang a tibeidawng a, nu thinurin a ngam zawng fate ân khumah an tuan thei. Tunlaiah chuan Domestic Violence Act 2005 kan nei tawh a, hmeichhe chak lo zawkten in chhungkhura tihduhdahna an tawrh hi zualko theih a ni a. Pasalte emaw chhungte emaw lakah harsatna a lo awm a nih pawhin runluiha ruih theih thil tih emaw, awm loh lohva awm hi a pawl thei a, chu harsatna chu su turin ‘Counselling’ pawh pan mai a ðul thei.

17. Milem duk dak lo (*pornography*): Mi pat hmeichhiatna hman khawloh chhan tam tak hi chu milem duk dak lo en vang a ni. Naupang kum tling loten an kum tlin lohpuite an khawih chhiat chhan chu computer, video, mobile handset etc. aþanga milem ða lo an lo enpui vang te a ni fo. Hei vang tak hian chhungkua ðan rual a pawimawh.

18. Pathian ngaihsak lohna sual: Tunlai khawvelah chuan zu leh drugs leh sualna dangin a chim buai loh Pathian ngaihsak lo eng emaw zat an awm a, Pathian ngaihsak lo mi eng emaw zat an awm tho bawk a. Bible hmun tam takah hian Pathian ngaihsak lohna hi sual a nihzia thu kan hmu a ni. Pathian ngaihsak tura buatsaih hma an ðul, lehkha zir dawna Pathian hnena inhlan te, mut dawna Bible chhian emaw, ni tin Lalpa pawl tura chhung inkhawm neih hi a pawimawh hle a ni.

19. Face book: Tunlai khawvela thil thleng leh mite chanchin kan inhriat pawh zung zung theih nana an hmuh chhuah face book hi thil ðangkai leh rawngbawl nan pawha ða tak zet a ni. Nimahsela, a chhe zawnga hman chuan ðhian ða lo leh thil ða lo chhar theihna lekhazir ngaihthah ðhaka khawvel lam menpui pawh a hlauhawm a, a ða zawk a faten an hman theih nan hmalakna ða neih a ðul.

KUM 2012-A MISSIONARY-TE TANA AGAPE CHANCHINBU LAKSAKTUTE

Nikum 2011 chung khan Bial Kohhran Hmeichhia te, Kohhran Hmeichhe Committee te leh mi mal, chungkua thahnemngaihna vangin Synod hnuai Missionary tirhchhuah zawng zawngte (contract-a rawihte pawh) leh TBZ hnuai missionary thawk mekte hnenah Agape Chanchinbu Copy 1500 chuang zet thawn chhuah a ni a. Kumin 2012-ah pawh heng Missionary-ten Agape Chanchinbu an lo chhiar ve theih nan a hnuai Bial leh Kohhran leh mi malten Chanchinbu in rawn laksak leh hi a lawmawm takmeuh a, Agape Editorial Board chuan in chungah lawm thu a sawi a ni. A hnuai kan tarlante hi January - March 2, 2012 chungah rawn in-report kan dawnte an ni a, Missionary eng emaw zat Agape laksaktu la nei lo an la awm a, tlawmngaia laksak thei kan la awm chuan a lawmawm khawp ang. Laksak theite chu Synod office, Kohhran hmeichhe Dept. ah in-report zel theih a ni.

1. Lunglei Ramthar Kohhran Hmeichhia	- 20
2. Khawruhlian Vengthar Koh. Hmeichhia	- 10
3. Lunglawn Kohhran Hmeichhia	- 10
4. Leitan South Kohhran Hmeichhia	- 30
5. Chawnpui Kohhran Hmeichhia	- 10
6. Kulikawn Kohhran Hmeichhia	- 20
7. Kanghmun Kohhran Hmeichhia	- 10
8. Samlukhai Kohhran Hmeichhia	- 10
9. Khatla North Kohhran Hmeichhia	- 10
10. Dawrpui Kohhran Hmeichhia	- 20
11. New Champhai Kohhran Hmeichhia	- 10
12. Diakkawn (Kolasib) Kohhran Hmeichhia	- 50
13. East Lungdar Vengthar Kohhran Hmeichhia	- 10
14. Maubawk West Kohhran Hmeichhia	- 10
15. Tlangnuam Kohhran Hmeichhia	- 10
16. Sesawng Kohhran Hmeichhia	- 10
17. Chhingchhip Mualpui Kohhran Hmeichhia	- 6
18. Dawrpui Vengthar West Kohhran Hmeichhia	- 24
19. Champhai Vengthlang Kohhran Hmeichhia	- 6
20. Khatla East Kohhran Hmeichhia	- 49
21. Phullen Vengthar Kohhran Hmeichhia	- 10
22. Bethlehem Venglai Kohhran Hmeichhia	- 10
23. Champhai Kahrawt Kohhran Hmeichhia	- 20

24. Ramhlun North Kohhran Hmeichhia	-	25
25. Model Veng Kohhran Hmeichhia	-	10
26. Maubawk Sikul Veng Kohhran Hmeichhia	-	15
27. Chanmari Kohhran Hmeichhia	-	78
28. Zotlang (Ruantlang Bial) Kohhran Hmeichhia	-	10
29. Kolasib Venglai Kohhran Hmeichhia	-	40
30. Salem Veng Kohhran Hmeichhia	-	10
31. Bethlehem Vengthlang Kohhran Hmeichhia	-	10
32. Durtlang Bial Kohhran Hmeichhia	-	10
33. Thingsulthliah Kohhran Hmeichhia	-	10
34. Electric Veng Kohhran Hmeichhia	-	65
35. Venghnuai Kohhran Hmeichhia	-	12
36. Durtlang North Kohhran Hmeichhia	-	10
37. Sialsuk Bial Kohhran Hmeichhia	-	20
38. Lungleng - 1 Kohhran Hmeichhia	-	10
39. Thenzawl Bial Kohhran Hmeichhia	-	20
40. Armed Veng North Kohhran Hmeichhia	-	30
41. Chawlhmun Kohhran Hmeichhia	-	10
42. Lungleng-1 Bial kohhran Hmeichhia	-	20
43. North Lungleng Kohhran Hmeichhia	-	10
44. Champhai Vengsang Bial Kohhran Hmeichhia	-	10
45. Thingsulthliah Bial Hmeichhia	-	10
46. Hospital Veng (<i>Thingsulthliah</i>) Kohhran Hmeichhia	-	10
47. Chhingchhip Venglai Kohhran Hmeichhia	-	10
48. Ramhlun Vengthlang Kohhran Hmeichhia	-	10
49. Chhingchhip Bial Hmeichhia	- 10	57. Lalsiamthangi, Chekawn - 4
50. Kelsih Kohhran Hmeichhia	- 0	58. Pi Lalhluni, Reiek - 1
51. Dilkhan Kohhran Hmeichhia	- 10	59. Pi Lazuiliani, Chanmari West - 3
52. Vanlalsiami Ralte, Chawlhmun	- 10	60. Pi Laltpuii, Khawrihnim - 1
53. Pi Lalparengi, Tuikual, Aizawl	- 10	61. Pi Thangliani, Kolasib Venglai - 2
54. Aizawl Kohhran Hmeichhia	- 10	62. Piler Kohhran Hmeichhia - 4
55. Selesih Kohhran Hmeichhia	- 10	63. Pi Rampuii, Chawlhmun - 2
56. Aibawk Kohhran Hmeichhia	- 10	64. Dulte Kohhran Hmeichhia - 6
		55. Pi Lalliani, Kelsih - 3

Note: *tihswal palh a awm chuan ngaihdam kan dil a, a rang lama Editor, Agape hnena inhriattir ni se, a lawmawm ang.*

**AUGUST - DECEMBER 2011 CHHUNGA HMEICHHE RAHBI TLEU
PUALA SUM PETUTE**

(Agape October 2011 a tarlan bak chhunzawmna)

S/n RC No.	Bial/Kohhran Hming	Amount in Rupees
1. 227	Khawzawl Venglai Bial	- 1,000
2. 244	Sesawng Bial Kohhran Hmeichhia	- 2,000
3. 247	Farkawn Bial Kohhran Hmeichhia	- 5,000
4. 251	Bethlehem Bial Kohhran Hmeichhia	- 8,500
5. 254	N. Vanlalpai DD Veng Bial Kohhran Hmeichhia	- 1,000
6. 271	Rengtekawn Bial Kohhran Hmeichhia	- 2,200
7. 273	Champhai Kahrawt Bial Kohhran Hmeichhia	- 5,000
8. 279	Tuikhuahtlang Kohhran Hmeichhia	- 5,000
9. 288	Kohima Bial Kohhran Hmeichhia	- 800
10. 301	Khawbung Bial Kohhran Hmeichhia	- 3,600
11. 303	Shillong Bial Kohhran Hmeichhia	- 5,000
12. 332	Phullen Bial Kohhran Hmeichhia	- 2,000
13. 365	Tuipuibari Bial Kohhran Hmeichhia	- 795
14. 369	Chawngtlai Bial Kohhran Hmeichhia	- 3,000
15. 377	Phuaibuang Bial Kohhran Hmeichhia	- 300
16. 422	NE Khawdungsei Bial Kohhran Hmeichhia	- 5,000
17. 449	Khawlailung Dinthar Bial Kohhran Hmeichhia	- 3,000
18. 469	Bawngkawn Hmarveng Kohhran Hmeichhia	- 1,000
19. 479	Kawkulh N Kohhran Hmeichhia	- 1,000
20. 485	I st A R Kohhran Hmeichhia	- 1,000
21. 487	Tachhip Kohhran Hmeichhia	- 1,000
22. 491	Venghnuai Bial Kohhran Hmeichhia	- 2,000
23. 506	Mualpheng Bial Kohhran Hmeichhia	- 500
24. 514	Suangpuilawn Bial Kohhran Hmeichhia	- 1,000
25. 524	Ngentiang Kohhran Hmeichhia	- 500
26. 528	Hualngohmun Kohhran Hmeichhia	- 5,000
27. 536	Lunglei Venglai Kohhran Hmeichhia	- 2,100
28. 543	Kolasib Electric Veng Kohhran Hmeichhia	- 1,000
29. 549	Borai Kohhran Hmeichhia	- 1,000
30. 553	Rengtekawn Bial Kohhran Hmeichhia	- 500
31. 568	Nursery Kohhran Hmeichhia	- 2,000
32. 573	Baktawng Bial Kohhran Hmeichhia	- 2,000

*Hriatzau nan***INTERNATIONAL WOMEN'S DAY
KHAWVEL PUM HUAP HMEICHHIATE NI****Kum 2012 Thupui: Thingtlang Hmeichhiate tihchak- Riltamna leh Retheihna Um Bo***Dr. Vanlalhruii**Member, Mizoram State Commission for Women*

International Women's Day kum tin 8th March a kan hman thin hi engtia lo intan nge ni le?

Kum 1908 khan America leh Europe leh ram dangah, hmeichhiate an hnathawhna hmunah hamthatna leh dinhmun tha zawk ngiatin, nawrh pui te huaihawtin, beihpui an thlak a. Kum 1910 -ah International Conference of Women chu Copenhagen-ah neih a ni a. Ram 17 atanga hmeichhe 100 rual vel kal khawm chuan he beihpui hi chhonzawm chhoh zel ni se, 8th March hi khawvel pum huap 'Hmeichhiate Ni' atan puanzar ni se tiin a rel baw a.

Kum 1911, March thla laihawl velah mi maktaduai chuangin Europe ram hrang hrangah Rally lian tham tak an huaihawt a. Heng Rally hmang hian, hmeichhiate tana vote thlak ve theihna te, sawrkar leh ram inrelbawlanaa thuneihna sang zawk leh chanvo chelh ve te, hnathawk thei tura training buatsaih te, hnathawhna hmuna hmeichhiate chungah hleih neih awm thin tihbo te, hmeichhe hnathawk dinhmun siamthatte au chhuahpui niin, movement lian tak a lo intan ta a ni.

Kum 1975 khan, United Nations-in 8th March chu Khawvel pum huap Hmeichhiate

Ni atan a nemnghet ta a. Chuta tang chuan, ram changkang leh hnufum ah te pawh, ram politics leh sum leh pai leh ei leh bar inrelbawlana leh khawtlang nun thanlen chhoh zelna atana hmeichhia-te pawimawh zia leh an chanvo dik humhalh a tul zia puanchhuahna atan hman a ni chhonzawm ta zel a ni.

Khawvel pum huap Hmeichhiate Ni-ah eng nge kan lawm a, eng vanga lawm nge kannih?

1. Hmeichhia kal tawhte tumruhna, taimakna, dawh-theihna leh tuarchhelna avanga ei leh bar leh sumdawnaah,

khawtlang nun ho leh inrelbawlah te, politics-ah te pawh, hmeichhiaten hma kan sawn chho zel a. Heng tihhlawhtlin theih ropui tak kan neih te lawmna 'Ni' a ni.

2. Kum za liam ta chhunga hmeichhe huaisen leh chhuanawm tak tak ten, an hnu leh zel dawn a, kum zabi tam tak lo inher chhuakah pawh, hmeichhia te rahbeh leh hnuaichhiah leh neksawra kan awm lohva, zak lo leh zam lova kan lu sang taka kan chawi kana, kan dam chung hun hlu, thahnem tak leh chhen-fakawm taka kan hman theihna tura tan an lo khawh nasatzia hriatrengna leh lawmna Ni a ni.

3. Mi huaisen leh hrat khawkheng, hmeichhiate chanvo leh dikna humhalh duh avanga, an hnathawhna hmuna Factory-a kalh hnana awma kanghlum ta te, vote kan neih ve theihna tura wawi tam tak lung in tangte hriatrengna Ni a ni. Kan hamthatna tura nasa taka an tuarna leh an sual chhuah hlutzia hriat tharna hun a ni. Chu hriatna chu hmeichhiaten min tichak thartu atana kan hman ngei pawh a tul reng ang.

4. Chumi rual chuan, mahni theuh tan la thar a, keimah ngei pawh hian mawhphurhna ka nei a ni tih hriat chhuah nan Hmeichhe Ni hi hman thei ila. Inpekna leh inhlanna thar nena kan hnu zela hmeichhia lo awm turte dinchhuahna tham kawng sialtu kan nih mawhphurhna sang tak kengkawh tur leh hlen chhuak tura intukluhna Ni a ni.

Hma kan sawn ve zel laiin, kan khawtlang nun leh chhungkaw nun leh mi mal nun te kan bih chian erawh chuan, duhtu a la sam lo hle mai. Hmeichhiate chung hleilenna te, thleibikna te, neksawrna te, retheihna te, tihduhdahna te, baihvai taka insiamna te a la hluar hle mai. Eng kawng pawhin, a tuar bertu leh chan chhe ber chu hmeichhia kan la ni zel. Do let tur leh hneh ngei tur chuan hmeichhiate thukhat vua-a kan luan ho thiam a va pawimawh em. Hringnun khawvel hi hmun nuam zawka chantir turin, hrui khat vuana lungruak taka kan thawh ho va, inpumkhatna nghet tak hmanaga kan thanlenna daltu leh chotu, tawn khirh tak taka langte kan hmachhawn ho thiam a ngai ngei ang.

Hmeichhe ropui leh chhuan- awm tak tak hniakhnung zui a, an thahnemngaihna tawmpui a, lungrual taka kan thawhho hi kan dinchhuahna tur a ni. Hmei- chhiate mawina, zahawmna, hlutna, thianghlimna leh tang- kaina leh thatna vawn him leh vawn nun a nih ngeina turin theihtawp i chhuah zel ang u.

Kum 1996 atanga “**Khawvel Pum Huap Hmeichhiate Ni**” thupui ken telte chu hetiang hi a ni:

- 1996** : Tun hma hun avanga lawmna, nakin hun kalhmang tur riruat fel
- 1997** : Inremna dawhkanah Hmeichhiate
- 1998** : Hmeichhiate leh mihring dikna leh chanvo humhalh
- 1999** : Khawvel pum, hmeichhiate chung a hleilenna laka fihlim a siam
- 2000** : Remna leh muanna thlen tura hmeichhiate zai khata luan ho
- 2001** : Hmeichhiate leh Inremna: Hmeichhe remhriatna leh finna hmanga inngeih lohna leh inbeihna tihbo
- 2002** : Afghan ram hmeichhiate: An hun hmachhawn mek leh hun remchang inhawng tur
- 2003** : Mipa leh Hmeichhiate intluklanna: Kum zabi thara hmasawmna thlentur
- 2004** : Hmeichhiate leh HIV/AIDS
- 2005** : Kum 2005 piah lama Mipa leh Hmeichhiate intluklanna: Nakin hun him leh ngialnghet hma hruai
- 2006** : Hmeichhiate: Rorelna hmun a thu
- 2007** : Hmeichhiate chung a hleilenna thleng thin pawt lohna leh pawikhawhtu pawh hrem lova chhuah mai thin tihtawp
- 2008** : Ram ti Hausa tura Hmeichhiate tangkai leh thawk hlawk tura thuam
- 2009** : Hmeichhiate chung a hleilenna titawp tura Mipa leh Hmeichhiate zaikhata luan ho
- 2010** : Chanvo leh Dikna leh Remchanna intluk tlang: Mi tin tan nun hmasawmna
- 2011** : Zima leh thiamna, Science leh Technology kal pawhna kawng, chhawr theih tura hawn zau. Hna tha, ngialnghet leh him chelh thei tura hmeichhiate tana kawng sial
- 2012** : Thingtlang Hmeichhiate kut tihchak - Rilamna leh Retheihna um bo



Ei siam dan

**SA, A THAKA KAN DAN
(HOT PEPPERED MEAT)**

1. Telh turte:

Sa	:	1 kg (<i>vawksa, arsa, bawngsa, kelsa</i>)
Thingmarcha	:	3 thirfian (<i>rawtsawm sa</i>)
Butter	:	thirfian 2
Tel	:	thirfian 3 (<i>eng chi pawh</i>)
chi	:	tlem

2. A siam dan:

- 1) Sa ti kha kutzungpui tiatin a sei lam kut zungchal chenin zai sang rawh.
- 2) Sa zai chu hrang khat te tein chhu per rawh.
- 3) Sa chu chi leh thingmarcha rawtsawm nen hmeh pawlh tur, chutah purunvar pawlh leh la, tel leh butter nen khian hmeh pawlh vek la, minute 15 fridge chhungah dah ang che. Chumi zawhah mei sa vak lovin chhum la, a sa hmin hma chuan tui tlem tlem leih zelin a hmin thlengin chhum la; tichuan, ei theih a ni mai. A tui erawh chu a kang lo deuh chauh tur a ni.

Note: Courtesy : Centenary Cook Book (Revised & Enlarged) 2009.; p. 59)



KAN HRUAITUTE CHANCHIN NL. VANLALSAWMI

Nl. Vanlalsawmi hi Pu K. Thanzuala (L) leh Pi Rualthankhumi (L) te fa pali zinga a upa ber dawttu a ni a, Champhai khuaah piangin Aizawlah a sei lian a, pianpui unau hmeichhia pahnih leh mipa pakhat a nei a, an nuṭa neih chhun hian kum 1995 khan a thihsan a, a nuṭain a thihsan a nupui leh a fate pali nen Vairengtea an inpuiah an awm ho a, rawngbawl hna avangin Kulikawnah a nuṭa fate nen hian an khawsa mek a ni.

Nl. Sawmi hian B.A a zir zawhin kum 1985 khan hun puma rawngbawl turin kohna a dawng a, chumi atan chuan Synod tirhin kum 1986 khan B.D a zir a, a zir zawhah Nov. 1990 khan Synod Office-ah Asst. Co-ordinator, Kohhran Hmeichhe Dept.-ah (*mi aiawh*) a thawk turin koh a ni. Kum 1994-ah thawk nghet tura lak a ni ta a, he hna hi March 2012 thleng a thawk a. April 2, 2012 aṭang hian SEC-238:34(2)-in a rel angin Synod Archive Dept.ah Archivist hna a thawk ang. Ni tin rawngbawl hna bakah Synod-in Presbyterian Hmeichhe Hostel a din naupang 20 awmnaah Warden hna hi June 2006 aṭang khan a la thawk chhunzawm zel bawk.

Nl. Sawmi hian B.D (*Bishop's College*) a zir zawha Synod Office-a a thawh hnuah Synod remtihnaian Presbyterian Theological Seminary, Seoul, South Korea-ah kum 1995-1997 chhung khan M.Th., (*Christian Education*) a han zir zo leh a, Mizo hmeichhe zinga M.Th., (*Christian Education*) zir zo hmasa ber *Chawimawina Certificate* a dawng ve nghe nghe. A zir zawh hian Synod Office-a a hna ngai a rawn chhunzawm leh a ni. Synod Office, Kohhran Hmeichhe Dept-a a thawh ngheh aṭang khan Bial leh Kohhran Hmeichhiaah Ex-officio niin a inhmang a, PWF Standing Committee-ah Secretary, Asst. Secretary leh Standing Committee-ah te ṭang tawhin, NEICCWA leh AICCW-ah te Executive Committee-ah a awm tawh bawk.

A hla duh tam tak zingah KHB No.257, *Aw kraws nang kei mi chawisangtu, ka tlansan ngam tawp lo vang che*, tih leh Deut.28:1-68-a "*thuawihna*" hi a duh ber te zinga mi an ni. Amah hi *ze khel*, kan tih ang chi *ze rama* Lapan a hruai a ni a, hrehawm tam tak tuar chungin Pathian ram kan lut tur a ni reng a ni, tih hi a nuna bet ve tlat, hrehawm chi hrang hrangin a bawm ve reng a ni. Zoram Kristian nute hi, tisa fa an hrina lungawi mai lo a, thlarau fa hring ngei turin duhsakna a hlan a ni.

KAN HRUAITUTE CHANCHIN PI LALRINZUALI



Pi Lalrinzuali hi Upa Hranghleia (Durtlang Kohhran Upa) leh Sister Lianchhungi (L) te fanu a ni a, a pasal Pu R. Lalnghakliana nen hian July 3, 1982-ah Kohhran Dan Thianghlina inneiin fa pali (fapa -1, fanu-3) leh tu pakhat an nei a. Zemabawk Bial aiawhin Central Hmeichhiaah a lo lut a, an chhungkuain Zemabawk North, Tlangvengah an khawsa a ni.

Ni tin eizawna lamah chuan Pi Rinzuali hian Zirtirtu (Private School)-ah a thawk a, a pasal hi Electric Worker niin P&E Dept. ah a thawk bawk a ni.

Rawngbawlnaah hian theih tawk chhuahin Bial leh Kohhranah a inhmang a. **Bial Hmeichhiaah** hetiang hi a dinhmun a ni:

Com. member - 1998; Asst. Secretary - 1999-2002, 2009-2010
Secretary - 2001-2004, 2011-2012; Chairman - 2007-2008.

Kohhran-ah: Com. member - 1995-1996; Chairman- 2007-2008
Asst. Secretary- 1997-2000, 2005-2006, 2009-2010,
Secretary-2001-2004, 2011-2012

An lawina Kohhranah hian Sunday School zirtirtu- Beginner, Senior leh Puitling-ah te a tang tawh a. Tunah hian Puitling SS zirtirtu leh Nilai Zan thupui hawngtu a ni.

KHB No.553 *Aw Lalpa i malsawmna hlu, kan engkim chungah a lang, tih hla leh Sam 37:5, I awm dan tur chu Lalpa chungah nghat la, Amah chu ring la, aman a ti vek ang, tih hi a Bible chang duh ber zinga mi a ni.*

Pi Rinzuali hian Zoram nute chu mahni chhungkua theuh mission field-a ngaia chanchin tha hril nan hmang turin a duh a. Nute hi kan chhungkaw tan missionary kan nih inhre thar leha Lalpa tana thahnemngai taka mahni inchung thim tieng tura tan la thar theuh turin a chah a ni.

Pi Rinzuali hi mi tang tam lo tak, ngun leh uluk taka thil ngaihtuah mi, rintlak tak a ni a, a bula awm a hahdamthlakin biak pawh a nuamin, amahah hian rawngbawltu zia kan hmu a ni.*

HRIAT ATAN**1. Zin Report:**

- (1) January 27, 2012 khan Rawpuichhip Pastor Bial Kohhran Hmeichhia Diamond Jubilee hmanpuiin Pi H. Lalpianthangi, Gen. Secretary leh Pi C. Lalrotluangi, Committee Member an kal a, “**Kristian Chhungkua**” tih thupui Pi H. Lalpianthangi’n a sawi.
- (2) **February 10-12, 2012** chhung hian ram pum huapin Bial Hmeichhe Inkhawmpui neih a ni a, Central Kohhran Hmeichhiaten an hmanpui a, an kalna hmun leh hmanpuitute kan han tarlang a, Inkhawmpui hi Pathian awmpuiin tluang takin an hmang t̄heuh a, a lawmawm hle.
 - (a) **Marpara Ramthar Bial:** Pi Liankimi, Fin. Secretary, Pi K. Lalthanpari leh Pi Raldochhungi, Committee Member te an kal. Inkhawmpui thupui chu “Kristian Chhungkua” tih a ni a. Committee Member-te hian an insawi chhawk.
 - (b) **Manikbond Bial:** Pi Lalrinkimi, Co-ordinator, Pi Lalnuntluangi, leh Pi Lalthantluangi, Committee Member-te an kal a, Langkhanphong Kohhranah Inkhawmpui hi neih a ni.
 - (c) **Bungtlang ‘S’ Bial:** Pi Biakengi, Pi C. Vanlalhmuaki leh Pi Liansangi, Committee member-te an kal. Inkhawmpui Thupui chu - “Lalpa hnenah i kir ang u.” tih a ni a. Member-te hian an insawi chhawk a ni.
 - (c) **Durtlang Bial:** Ni. Vanlalsawmi a kal a, Inkhawmpui hi Durtlang Kohhranah neih a ni. Inkhawmpui thupui “I rah chin apiang i ram a ni zel ang.” tih chu Ni. Vanlalsawmi’n a sawi.
 - (d) **LIKBKHP Inkhawmpui - Saiha:** February 9-12, 2012 chhunga Lairam Isua Krista Baptist Kohhran Hmeichhe Pawl Inkhawmpui, New Saihaah neih a ni. Pi Laltlanmawii, Chairman leh Pi Rochuangkimi, Committee member-te an kal.

- (3) 5)February 4, 2012 (Inrinni) khan Tuikual Kohhran Hmeichhiate chuan Tuikual Kohhran Golden Jubilee an lawm a; Jubilee lawmnaah hian Central Committee-te sawm an nih angin mi 11 an kal a, Pi Laltlanmawii, Chairman-in Jubilee thuchah a sawi, Jubilee hi ropui takin an lawm a ni.
2. **ATTWI buatsaih Seminar:** January 26, 2012 nilengin R.D. Hall, Chanmari, Aizawl-ah ATTWI buatsaihin Seminar neih a ni a. Thupui chu Re-Reading the Bible with Women's Perspective tih a ni. Hetah hian Pi Lalsawmliani, Treasurer, Pi Raldochhungi leh Pi Liansangi, Committee Member-te an kal.
3. **Seminar On Christian Songs:** January 28, 2012 nilengin Aizawl Theological College-ah Calvin Study Centre huaihawtin Zarkawt Kohhran Hall-ah Seminar On **Christian Songs** neih a ni a, Central Committee aiawhin Pi Laltlanmawii, Chairman leh Pi C. Lalneihthangi, Committee member-te an tel.
4. Synod Inkhawmpui 2011 chuan Pastor Bial thar - Ramhlun Vengthar Bial a hawn belh a, hetiang a lo nih takah chuan Ramhlun Bial aiawha Central Committee-a awm mek Pi Laldawnkimi, Inkhawmpui Lian Asst. Secretary ni mek chu Ramhlun Vengthar Bial chhunga awm a nih si avangin Ramhlun Bial aiawha Central Committee-a tel tura Central Committee-in Ramhlun Bial Hmeichhia chu a ngen angin Pi C. Zopari chu Ramhlun Bial Hmeichhiain a ruat.
5. January 26, 2012 (Ningani) zan khan Pi Hmingkhumi, I.T.I, (*I.T.I Bial aiawh*) Central Committee member ni mek pasal Upa S. Lianchhuma chu lungphu chawlin a thi a, a tuk January 27, 2012 (Zirtawpni)-ah an chenna In leh ITI Kohhran Biak Inah ropui taka vui liam a ni a, Central Kohhran Hmeichhe Committee member thahnem takin an tawiawm. Pi Hmingkhumi hi a rawngbawlpui Central Committee-ten kan tuarpuiin amah leh a tu leh fate tan Pathian thlamuanna i dilsak ang u.

2011-2013 INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Laltlanmawii
Vice Chairman	:	Pi Khawlvuani
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Pi Laldawnkimi
Treasurer	:	Pi Lalsawmliani
Fin. Secretary	:	Pi Liankimi

Committee Member-te

- | | |
|-------------------------|-------------------------|
| 1. Pi C. Vanlalmuaki | 2. Pi Raldochhungi |
| 3. Pi K. Lalthanpari | 4. Pi Biakengi |
| 5. Pi Malsawmtluangi | 6. Pi Lalnuntluangi |
| 7. Pi Lalchawimawii | 8. Pi Hmingkhumi |
| 9. Pi C. Lianpari | 10. Pi Rochhungi |
| 11. Ni. Lalthantluangi | 12. Pi C. Lalneihthangi |
| 13. Pi Rosangpuii | 14. Pi Zohmachhuani |
| 15. Pi Parchhuaki | 16. Pi Liansangi |
| 17. Pi K. Lalthangmawii | 18. Pi Vanlalpari |
| 19. Pi C. Lalrinliani | 20. Pi Ramngaihsangi |
| 21. Pi Rochuangkimi | 22. Pi Laltlanthangi |
| 23. Pi C. Lalrotluangi | 24. Dr. Vanlalhruaii |
| 25. Pi Vanlaltluangi | 26. Pi Lalthansangi |
| 27. Pi H. Kapthangi | 28. Pi Lalrinzuali |
| 29. Pi Lalrindiki | 30. Pi C. Zopari |
| 31. Pi Lalrinkimi | 32. Ni. Vanlalsawmi |
| Co-ordinator | Asst. Co-ordinator |

Ex-Officio Member-te

1. Rev. Thangzauva, Synod Moderator
2. Upa D.P. Biakkhuma, Synod Secretary (Sr.)
3. Rev. Lalzuithanga, Executive Secretary i/c Women
4. Pi C. Lalneihkimi, Ex-Chairman

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh. 1:8)

- Din chhan**
1. Kohran pum rawngbawlina tihlawhtling tura thawhho.
 2. Kristian chhungkua din nghehtir tura ÷an lak.
 3. ÷anpui ngaite Krista hminga ÷anpui.
 4. Chanchin ÷ha puan darh.



Durtlang Bial Hmeichhe Inkhawmpui : February 10 - 12, 2012



Manikbond Bial Hmeichhe Inkhawmpui : February 10 - 12, 2012



Marpara Ramthar Bial Hmeichhe Inkhawmpui : February 10 - 12, 2012

To,

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