



Estd 1986

# AGAPE

Vol. XXX No. 293

NOVEMBER 2016



**Chhungkaw maicham**

Phek 2-na

**Grace Home chanchin**

Phek 18-na

Kristian Chhungkua ♦ Sermon ♦ Article ♦ Ei siam dan



## Editorial

Pathian hruaina leh awmpuina azârah kumin (2016) November thla kan lo chuangkai ta a, Kristiante tâna hun ropui leh hun hlimawm tak, kan nghahhlelh êm êm Krismas kan lo hnaih leh ta hle mai.

Chhûngkaw hrang hrangte hi kan dinhmun a inchen vek lo va, thenkhat khawsak awlsam deuh leh neinung deuh an awm laiin khawsak harsa tak takte pawh kan awm a. Mite hnêna thilpêk ðha tak tak leh ropui tak tak pe thei an awm laiin, thenkhat chuan pêk tûr kan nei mang lo a ni thei e. Amaherawhchu, thilpêk chu a lian emaw, a tê emaw, eng emaw tal chu kan pe thei ðeuh âwm e. Pêk duhna thinlung neia, duhsakna leh hmangaihna nêna kan pe a nih chuan kan thilpêk chu thil tê tham tê pawh ni se, a dawngtu tân chuan a hlu êm êm tho a ni.

Kan hma lawka Krismas lo thleng tûr atan chhûng tinte kan theih ang angin kan inbuatsaih mêk hlawmin a rinawm a, kan tu leh kan fate tân thil thar eng emaw tal leisak ngei tumin nu leh pa, pi leh puten ðan kan la hlawm ngein a rinawm. Chutih lai chuan, kan hriat reng atâna pawimawh chu, mite neih ang neih tum kher lova, kan chhûngkaw lâk luh mila kan phâk tâwk hriat hi a ni. Chutih rualin neinung zawkte pawhin kan aia harsa leh rethei zâwkten an awh ngawih ngawih tûr leh an rilru tihrehawm tûr khawpa tu leh fate tâna thil leisak hi ching lo hrâm ila. Keimahni chhûngkaw bil tâna insêngso vak vak lova, mi harsa zâwk leh mamawh ngawih ngawihthe tâna insênso hi uar ta zâwk ila. Tute emaw hlimna kan thlen chuan keimahni tak pawh kan hlim ðhin. Mite hnêna thilpek pe ðhangte chuan pêk chhuah tûr an nei reng mai a ni.

Kohhran Hmeichhiaten kan tih fo ðhin – mi harsa zualte dap chhuaka, Krismas hlim taka an hman ve theih nâna thilpêk kan pe ðhin hi a va hlu êm! Kumin Krismasah pawh hian kan theih ang angin, a tê emaw a lian emaw, tu emaw tân thilpêk pêk ðeuh tum ila, Pathianin A Papa mal neih chhun Isua Krista ui lovin min pe si a.

“Vawiinah hian tu emaw tâna malsâwmna min nihtir ang che,” tih hi kan ðawngtâina ni thei se a va duhawm êm!

*Kristian Chhûngkua*

## CHHÛNGKAW MAICHÂM

- *Upa C. Lalengzauva*  
*W. Phaileng*

Thuthlung hluia maichâm siam dân leh Thuthlung Thara kan tâna Pathianin maichâm min siamsak, krawsa a Fapa mal neih chhun a rawn hlanna thu pawh kan hre tawh a. Keini hun hnuhnunga miten maichâm kan siam dân tûr leh, a awmzia sawi kan tum dân a ni.

**1. Maichâm awmzia:** Kan hun atâna maichâm awmzia ber nia lang chu Krista inpêkna leh inhlanna avâng a thlarau lam chaw tha kan lo dawnna leh, Krista tâna kan chhûngkuaa kan inhlan vena hi chhûngkaw maichâm awmzia leh a tum ber chu niin a lang. Hei hi Thuthlung Hlui aţanga Thuthlung Thar leh tûn hun thlenga Pathian hmaa maichâm kan siam dân tûr pawh a ni zêl ang.

Chhûngkaw maichâm siam hi Pathian duh zâwng a ni ang tih a rinawm tlat a. Bible thu tlawh chhan ngei pawh hian, “Pa, lei leh vâna chhûngkaw tinrêng hming chawi chhana hmaah chuan ka tîngthi thin a,” (Eph 3:16) a ti a ni. Chu chu Pathian famkimna tinrêng

tluka tih khahin a awm theih nân a ti a ni.

**2. Setanan chhûngkaw maichâm tihchhiat a tum:**

Setana thil tum chu, chhûngkaw maichâm (chhûngkuaa Pathian hmaa tîngthitna) min tihchhiatsak hi a ni. Thlarau Thianghlim chuan chhûngkaw maichâm tundin zêl hi a tum ve thung a. Chhûngkuaa Pathian hming min lam tlêmtir tial tial hi setana thil tum a nih avângin kawng hrang hrangin tan a la reng a ni tih hi kan theihngihl hlauh chuan kan rin loh takin kan chhe thut thei a ni. Vawi khat pawh mi hausa tak hian a hming chawia neih atan khaw pakhat hi lei a tum a, chhûngkaw tam ber chuan an phal mai a. Sum tam tak an neih theih dân

avângin, mahse chu khuaa pa pakhat chuan a phal lo tlat mai a. A chhan chu a pa hming chawia chu khua chu din a nih avângin a pa hming reh a phal lo. Keini pawh hi kan chhûngkaw hming chawi chhan ber, Isua Krista hming hi a reh kan hlauh chuan, engmahin hralh kan phal tûr a ni lo vang.

Ni tina kan chhûngkuain a hming kan lam thin 'Isua Krista' hi suma hralh emaw dam chhûng ropuina lemin emaw kan hralh ve mai chuan, "Mi â, zaninah hian i thlarau an lâksak dâwn che a ni, i sum deh chhuahte kha tu ta nge ni ta ang le?" tih angin kei pawh hi min la ti ve tho lo ang maw?

### **3. Chhûngkaw maichâm siam hi Pathian thil tum a ni:**

Adama a siam a, chhûngkua a din nân a kawppui âwm mi Evi a siam leh tih kan hria a. Chuta tang chuan Pathian chuan leilung luah khata chhûngkaw tam taka awm tûrin min lo buatsaih a ni a. Ephesi 1:4, 'Hmangaihnaa thianghlim leh sawisêl bovin ama hmaah kan awm theihna tûrin, leilung pian hmaa Kristaa min thlang ang khân' a tih pawh hi,

chhûngkaw tha dinna tûra buatsaihna a ni ang. Pathianin chhûngkua a ngaih pawimawh dânah pawh a hriat a ni.

Kan Pathian chuan chhûngkua chu ama tân amah aţangin, amah avângin a siam a ni. Pathian chuan mi mal aiin chhûngkua a ngai pawimawhin a lang. Chu chhûngkaw tha chu Kohhran pawhin a thatpui a, chhûngkaw khat leh mi mal chu kohhran a nih mai loh avângin, Krista thisena lei chhûngkaw thaah chuan kohhran tha tak chu a lo inrem chho ve zêl a ni. Amaherawhchu, chhûngkaw tha fu anga lang, Pathian leh a Kohhran tâna tangkai vak lo chhûngkua a awm theih awm e.

Lal Isua rawngbâwla a zin vêl lai pawh khân chhûngkaw tha Marthi te unau inah a thleng thin a. Vawi khat pawh an nuţa Lazara dam loh thu an hrilh a, a tlawh mai loh avângin a lo thi hman a, Lal Isua a va kal meuh chuan ni li lai thlânah a lo awm hman leh tawh a. Lal Isua meuh pawhin Lazara thi chu a tah tih kan hria; mahse, Lal Isuan aw ring takin, "Lazar, lo chhuak rawh," a han ti a. Lazara chu a

lo nung leh ta a ni. Lal Isua thlen in nih chu a hlu hle mai. Hei hian Lal Isua hming lama chhûngkaw maichâm siam thînte chu an mangan hunah a tanpui thîn tih a lang.

Chhûngkaw maichâm siam tûrin hun kan nei thei lo te kan ti fo thîn, kan ngaihtuah Chiang lo a ni. Thil tûl dang kan ngaih pawimawh viau tân hi chuan hun kan nei thei hle a. Chhûngkaw Maichâm kan ngai pawimawh tâwk loh avângin sualin min tibuai a, min hneh zêl a, kan fate pawh kan thunun zo ta meuh lo a ni. Chhûngkaw maichâm tih takzeta siam thîn chhûngkua chu, chhûngkaw kehchhia an awm ngai lo. Chhûngkaw lungruai, naupang pawh thlamuang taka an chênna chhûngkua a lo ni thîn.

Mizo Kristiante hian tan la tharin Lalpa hmaah i ding zêl ang u. Chhûngkuaa Pathian biak hona kan hlamchhiah chuan Thlarau Thianghlim pâwlna kan dawng tlêm tial tial ang a, chu chuan kohhran pawh a la nghawng hun a awm dawn a ni. AD 5-na vêl laia, Islam sakhua in Kristiante a tikhawloh vekna

chhan pawh kha, chhûngkaw nun hona maichâm an ngaihtuah vâng a ni an ti.

Thufingte 31:27-ah, hmeichhe khawsak tha chungchang sawiin, “An chhûng khawsak dân a en tha a, dawngdahna chhang a ei lo,” a ti. Chhûngkaw nu hi an pawimawh hle a, dawngdahna chhang ei lo tûrin tang sauh sauh ang u. Pathian tih chhûngkua chu Pathianin a rel felsak zêl a ni tih i hria ang u. Thufingte 12:7-ah pawh khan, “Mi fel chhûng erawh chu an awm reng ang,” a ti. Pathian lam kan hawi zêla, a lama kan tlûk luh zêl chuan, kan mualpho lo vang tih hi i ring ngam ang u. Kan chhûngkua hi Lalpa hriat kan ni kan ti ngam em? Pathian Thlarau chênchilh chhûngkua, kan inti ngam em? Thlarau Thianghlim chênchilh chhûngkua kan nih vek theih nân inngaitlâwm takin Pathian tân maichâm siam i theihngilh lo vang u. Kan Pathian hi chungkaw thua hian a thikthu a che viau a ni ang, 1 Samuela bung 2-na kan chhiar chuan Elia chu Pathianin puithiam atân a ruat a, a faten thil soal tak an tih pawhin a

zilhau na lo va. A tâwpah chuan Pathian hremna tuarin puithiam Elia leh a nupui fanaute chu thih dân râpthlâk tak takin an thi ta tih kan hria.

Tirhkohte Thiltih bua mi sipai za hotu Kornelia chhûngkua ang hian Pathian ngaihsak ila, Pathian tih ila, mite hnênah thil pek ching ila. Pathian hmaah an tawngtai fo angin keini pawh Pathian hmaah i kun fo vang u.

Lota te chhûngkua Pathianin a chhanchhuah dân chu hnung lam (Sodom khaw lam) hawi lo turin a tia. Hei hian tûnlai hunah chuan, “Khawvêla hlâwkna leh ropuina lam ringawt

ngaihtuah suh u,” min tiah ngai ang u. Abrahamah chhûngkuaah pawh Pathian ruahman loh fapa Ismaela a awm ve avângin Pathianin a ngaimawh tlat a, hnawt chhuak tûra thupêk a nupui Sari hnên aţangin a dawng a ni. Pathian hriatpui tlâk loh kan in chhûngah a awm chuan, chu chu Lalpa huat zâwng tak a ni.

Kan chhûngkaw chêt dân zawng zawng hi Pathian hmuh leh hriatpui tlâk a nih theih nân leh a duh zâwnga chhûngkua kan kaihhruai zêl theih nân Chhûngkaw Maichâm i hlamchhiah lo vang u. Lalpan a thu malsawm rawh se.

---

### BIBLE MI TIN TAN

Naupang deuh tân	- Engtia nun tûr nge hriat nân
Upa tân	- Engtia thih tûr nge hriat nân
Mi mâwl tân	- Finna
Mi thiam tân	- Inngaihtlâwmna
Mi hausâ tân	- Mi khawngaihna
Mi rethei tân	- Nun nawmna
Suangtuah mi tân	- A taka hman atân
A taka titu tân	- Mi puhih nân
Mi chak lo tân	- Chakna
Mi chak tân	- Engtia tih tûr nge hriatna
Mi inngaitlawm tân	- Chawimawina
Mi buai tân	- Muanna
Mi sual tân	- Rin nghehna
Ringtu zawng zawng tân	- Nun hruaitu

*Sermon***PATHIAN THUTAK**

2 Tim 3:14-17

*- F. Khamliana**Serchhip Bethel Kohhran*

(M) 9862190302

Hla siamtuin ‘Ngaih dân a tam, pawm dân a tam, keimah chuan kal ngaihna ka hre lo’ a lo tih angin, Pathian thu hi ngaih dân leh hriat dân, pawm dân a lo inang lo thei viau a ni. A ngial a ngana sawi te, tehkhin thu te, entîrna nei te, chhui dawn tur tein sawi a ni a. Mi hrang hrangin hun hrang inkâr hlat tak taka an ziak chhâwn te, ÷awng hrang hranga lehlin chhâwn te, ÷awngkauchheh inang lo te a lo ni bawk si a.

Lalpa Pathian pakhat, lei leh vân siamtu a awm a, chu chu “Pa leh Fapa leh Thlarau Thianghlim” tia sawi a ni a, pumkhat an ni a, Fapa chu Isua a ni a, Pathian fapa a ni a, mihring a ni bawk a. Chhandamtu a ni a, amah chu mihring leh Pathian, Lal leh Chhandamtu a ni. Amah ngeiin “Kei hi kawng leh thutak leh nunna ka ni,” a ti a. Chhang nung, ei tûr tak, chatuan Pa, Remna Lal a ni a, amah chu biak leh rin tûr a ni.

Tu pawh Pathian Fapa ring apiang chu an boral lo

vang a. Chatuana nunna kan neih nân khawvêlah a rawn kal a, krawsah khen behin awm a, a thi a, phûmin a awm a, a lo tho leh a ni. Tu ma khâr loh tûra vânram kawngkhâr a hawna a ni bawk. Amah duh apiang, amah pantu zawng zawng a hnar ngai lo. Amah ringtute chu a tlante an ni a.

A nih leh vânram, chatuan nunna chu chang ve tûrin eng nge ka tih ang? Hla siamtuin, ‘Tui zawng zawngin ka sualna a tlêng thei lo’ a ti mathlâwn lovin,



Nunna tui, Lal Isua thisen chauhvin sual a tlêng fai thei a. Rinna avânga khawngaiha chhandam, Isua ringtuten Pathian thu an awihin an zâwm tûr a ni a. Thil tha ti tûra chhandam an nih ang ngeiin thil tha an ti tûr a ni ang.

Chatuan nunna neih nân Pathian fapa Isua Krista, kan sual aiawha a thihna, min tlanna, min chhandamna, krawsa a thiha, a thawh lehna, a tuarna avânga Pa Pathian lungawina hi, mi sualin ngaihdamna leh chatuan nunna, vânrâm kan chan theihna chu a ni e. Chu Isua thihna chu lo rin ve tawp mai tûr, lo tawmpui ve mai tûr a ni. “Rinna avânga khawngaiha chhandam in ni e,” Pathian thuin min ti a ni.

He lei kohhran dân zawnzawng hi zawm famkimin, inkhâwm, lênkhâwm te, hnatlâng, kohhran programme zawnzawng hi zâwm famkimin, thawhlâwm chi hrang hrang bakah, sâwma pakhat pe zat zat ila, dân zawm tûr pawh zâwm

famkim mah ila, chhandama awm nân a tling zo lo. Hêng zawnzawng hi chu ringtu kan nih avânga kan tih ngei ngei tûr a ni zâwk.

“RING” tih hi sawi fiah han tum ila. Lal Isua rin hle emaw, rin êm êm te, rin vak lam emaw, ngaihsân êm êm te, ngaih ropui hle pawh a ni lo. Lal Isua ring, amaha awm, amaha chêng, amaha inngat, a nun tawmpui, Lal Isua neitu, ti tein sawi ila a fiah mai em aw? Lal Isua ringtu chu ‘chhandam’ a ni a. Hla siamtuin, “Chhandam nih inhriat, pianthar awmzia chu Pathian, Isua rin hi a tawk e,” a ti a.

Lal Isuan ringtu, a tlan sa, mi thianghlimte chu khawvêl tâwpah vânrâmah, chatuana awm tûrin a la rawn hruai dâwn a. A tlan sate hruai tûra a rawn kal lehna hi, “Mi thianghlim lâwr” an ti a, Bible-in ‘Lalpa Ni ropui tak leh hmingthang tak’ a ti a. Thupuan lamah ‘Kum sâng rorêl’ a ti baw k a. Inlârna hmutuin, “Sakawlh, Dân-bawhchhepa, Boral fapa” a

tih hi a lo lan zet loh chuan kan Lalpa Isua hi a rawn kal dâwn lo (2 Thes 2:1-12). Lal Isua lo kal leh hunah chuan, Vâh chhâm zîngah Pathian tawtawrâwt ri ruai ruai nên, vântihkoh chungnung ber âw nên, ropui takin a rawn kal ang. Isua ringtu tân, ‘lâwmna ni ropui’ ringlo tân ‘hlahawm râpthlâk!’ a ni dâwn a ni. Mitthi zawng zawng an tho leh vek ang a, mit tinrêngin an hmu dâwn a ni. Hla siamtu bawkin, ‘Sual leh ramhuai tâwmna ni chu, chhandam fate kan zalêna tûr chu’ a tih chu a ni.

Khawvêl pum puiah kawlphe angin a rual vek dâwn. Mî zawng zawngin an hre vek ang a, vawi khat bâk kan Lalpa Isua hi khawvêlah a rawn kal tawh dâwn lo a ni.

Chuvângin, Lal Isua rawn kal lehah chuan Setana leh sakawlh hian eng mah tih theih an nei dâwn lo, hremhmunah a paih vek dawn (2 Thes 2:8). Vâh thiltihtheihna tihngîn a ni ang a, lei hi a kâng ral vek

ang a, a chhe vek dâwn a ni (Mt 12:29,35; 2 Pet 3:10-13). He rorêlna ni ropui, Lal Isua rawn kal hun tûr hi rûkru lo kal hun tûr hriat lâwk sa a ni lo angin tu man hre lâwk lo mah se, a thleng ngei ngei dâwn.

I dam lai ngei khân, inringin lo inpeih diam rawh, chu hun lâwmawmah chuan amah ringtu zawng zawngte chu Lal Isuan VANRAM-ah min hruai lût vek ang. Vâhram chu Bible-ah hian sawi dân hrang hranga a sawina kan hmu a. Khaw thianghlim, Vâh Jerusalem thar, khawpui thar tih tein sawi a ni a, a dangte pawh a la awm ang. Kan Lalpa Isuan ‘ka lâwmman’ a tih, mi tin an thil tih ang zêla an hmuh tûr a sawi te, Nunna Lal lukhum chhe thei lo, vuai thei lo, rangkachak lallukhum ti tein a sawi a ni.

Lal Isuan a lâwmman a pèk tûr chungchângah hian ngaihtuahna hrang hrang a awm thei a. Amah ringtute hnêna a pèk tûr hi, mi ropui

bikte chanvo ni lovin, amah ringtu, eng mah ni lova inhria, mahse, Lalpan a chhinchhiah tlatte hi an ni. Rawngbawlina langsar pawh chang lo, tar, tangkaina nei lova kan hriat, tap kila lo ṭawngṭai ṭhîn te, lâm bak tih theih nei lova kan hriat te, tin, rawngbawlina zau leh ropui zâwka bawlte

nen, a lawmman chu min la pe dawn a ni.

Lal Isuan, mi tin an thiltih ang zela Lâwmmman a pêk tûr hi ‘vânram’ a ni a. Lal Isua thihna leh thawhlehma ṭawmpuitute tan vanram chu Lalpan a dah diam tawh. A va ropui em! Lalpa chu fakin awm rawh se. Amen.



### PATHIAN THU ZIR DUH TAN

Presbyterian Bible School, Mission Vêng, Aizawlah C.Th. (Certificate in Theology) zir tûr lâk a ni leh dâwn a, dîl duh chuan hêng hi hriat tûr a ni e:

1. Admission Form hi Office-ah Rs. 10/- a lei tûr a ni a, November 29, 2016 (Thawhlehma) tlai dar 3:00 thleng Presbyterian Bible School Office-ah theh luh theih a ni. Dîltu chu Class VII passed/Middle School exam passed, kum 16 aia naupang lo, kohhran dân chhûnga awm a ni tûr a ni.
2. December 1, 2016 (Ningani) zing dâr 10:00-ah interview neih tûr a ni a, January 16, 2017 (Thawhṭanni)-ah class ṭan a ni ang.
3. Zir hun chhûng hi thla li (i.e. January - April, 2017) a ni a, zir laite hnênah thla khatah stipend ₹ 500/- pêk an ni ang. Hre Chiang duh tân Phone No. 2317343/2325082/9436198231-ah zawh fiah theih a ni. Hostel a awm lo.

Sd/-

Rev. Lalneihvura

Principal, Presbyterian Bible School

**KRAWS – PATHIAN THILTIHTHEIHNA****1 Kor. 1:18; Ephesi 9:19-23; 2:1-10**

– *Laihnuni*  
*Venghlui, Aizawl*

*“Kraws thu chu boral mêkte tân chuan âtna a ni si a, keini chhandam mêkte tân erawh chuan Pathian thiltihtheihna a ni zâwk e” (1 Kor. 1:18).*

Isreal fate chu Aigupa ramah Pharaoa thuneihna hnuaiiah hrehawm takin an awm a, saltâng an ni a, Pharaolan rim takin lainatna nei miah lovin a chhawr thîn a. An mangang au thâwm chu Lalpa a lo hre ta a. Pharaoa thuneihna hnuai ata chhanchhuah nân Lalpa chuan Kalhlên Kût a buatsaih ta a. Fa tîr tihboralna tûr leh Israel-te saltâng chhanchhuahna tûr chu. Chutichuan, Israel-te awmna in chu chhinchhiahna siam tûrin Lalpa chuan a hriattir a, kawngka lu chungah leh kawngka biang tawn tawnah chuan beram thisen an tât ang a, in chhûngah chuan beram sa chu an ei tûr a ni. Lalpa chuan, kawngka bianga thisen kai ka hmuh chuan ka kalhlên (kal kân) ang che u; tichuan, Aigupta ka hrem hunah chuan nangmahni tiboraltu tûr, in chungah hri rêng rêng a lo lêng lo vang. Tin, hemi ni hi in tân hriat rengna ni a ni ang a, Lalpa tân kût niah in ruat tûr a ni, a ti a (Exodus 12:6-14).

Chutichuan, Lalpa thu ang chuan kalhlên kût an hmang ta a. Beram thisen chu kawngka biangah an tât a, Israel chhûngte chu beram thisen chuan a chhanhim ta a ni. Beram thisen tât ve lo, Aigupta mite fa tir erawh chu an thi fai ta vek mai a. Pharaoa chuan, Mosia leh Arona a kohtir a, “Ka mite zîng ata chhuak rawh

u, kal ula, in sawi ang khân Lalpa rawng chu va bâwl rawh u,” a ti a. Kum 430 lai an lo awm tawhna ram chu an chhuahsan dâwn ta a, an sal nihna chu a lo tâwp ta a, nun thara nung tûrin an chhuak ta a ni. Hei hian Krista kraws ropuizia fiah takin a lo puang daih tawh a ni. A va ropui êm ve aw! (Exodus 12:31)

Keini pawh Israel fate ang khân, khawvêl Aigupta ramah kan awm a, dân hnuaiiah Setanan min sal bet a, Bible-in a lo sawi angin, tisa leh rilru duh zâwng tiin, kan tisa châknate angin kan awm vek a, Pathian thinurna tuar tûr rênga piang kan nih kha (lehlin thar); nimahsela, Pathian chuan khawngaihna a ngahin, a mi hmangaihna nasa tak avâng khân, kan bawh-chhiatnate avânga thi kan nih lai meuh pawhin Krista rualin min tinung ve a, khawngaihnaa chhandam in ni ta e, Krista Isuaah chuan ama rual vêka min kai thovin vân hmunahte ama hnênah min thuttir ta a.

Rinna avânga khawngaihnaa chhandam in ni; nangmahni thawh chhuah a ni lo va, Pathian thilpêk a ni; thiltih avâng a ni lo ve; chuti lo chuan, miin an chhuang dah ang e, thil tha ti atân Krista Isuaah chuan siana awmin, ama kutchhuak kan ni si a, chu thil tha tih chu kan awmna tûrin (kan awm dan tûrin – lehlin thar) Pathianin a buatsaih lâwk a ni (Ephesi 2:1-10).

Mi tu pawhin he Pathian khawngaihna leh, Krista Isuaa siam thar lehna te, thawhlelna nun min pek avânga zalênna ropui kan chan hi an hriat phawt chuan an hlimin an lâwm a, Lalpa an fak lo thei lo vang. He zalênna a chan hi amah chhuah zalêntu Krista hnêna intukluh nân an hmang ngei thîn a ni. Paula pawh Krista bawih a nih kha. Amah ngeiin hetiangin a sawi kha, “Duh pheii la, kei pawh tisa chungarinna nghat thei ka ni asin,” a ti a. Sakhaw lama mi ropui a nihna hrang hrang, mi bîk a nihna te hi chhiar teh (Phil 3:4-11). Hêng zawng zawngte hi Pathian thlarau ațangin a hmu fiah ta a, hnawmhneah lek a ngai ta a ni. Hêng zawng zawngte aia a duh zâwk chu Krista hriat te, a thawhlelna thiltihtheihna chan te, a tuar anga tuar te, a thih anga thih te a ni ta daih mai a ni. Krista pawns lamah chuan lâwmna leh thlamuanna tak ta a awm lohzia hre Chiangtu a lo ni ta. Krista pawns lama inngahna chu, “Tisa chungarinna nghahna,” a ti a ni.

Chuvângin, Paula chuan, chhuan tûr dang a neih tâk thu a puang a, “Kei erawh chuan kan

Lalpa Isua Krista kraws lo chu ka chhuan loh tûrzia mai chu, chumi zârah chuan khawvêl hi ka tân khen behin a awm ta, kei pawh khawvêl tân khen behin ka awm a ni, siam thar lehna lo chu serh tan hi eng mah a ni lo va, serh tan loh pawh eng mah a ni hek lo,” tiin (Gal. 6:14-15). Sual thiam loh chantirna kraws zârah chauh khawvêl nêna kan inzawmna chu tihchahin a awm a, khawvêl nên kan inñhen ta. Chu chu Kristaa kan thihna hi a ni. Chuvângin, Kristiante chuan, “Aw kraws, ka va ngaisang che êm!” kan ti lo thei lo a ni. A hlu êm a ni.

Lalpan Israel fate a ko va, thlalêr ni thum kalah a hnêna inthawina hlân tûrin a ti a, Aigupta ramri kâna kal chhuak tûrin a ko ang khân, keini pawh khawvêl Aigupta-ah kan awm a, Pathian thuin a lo sawi tawh angin, boruaka thuneitute lal, awih lote chung a tûna thawk mêk thlarau thu thua in awm kha...kan tisa châk zâwng ûmin kan tisa duh zâwng leh ngaihtuah zâwng kan ti ñhîn a (Eph 2:3, lehlin thar), zalênna rêng kan nei lo. Mahse, kan aiawhtu Krista

chu thlân ata Pathianin a kai tho leh ta. Ama rual vêka min kai thovin vân hmunahte a hnênah min ñuttir ta a. Chumi avang chuan, “Aw kraws, kei mi chawisângtu,” kan ti lo thei lo a nih hi.

He dinhmun ropuizia hi Pathian thu chuan a puang a, “Lalna te, thuneihna te, thiltihtheihna te, rorêna zawng zawng te, he khawvêlah chauh ni lo, khawvêl lo la thleng tûr pawha hming sak tinrêngte chung daihah, vân hmunah te a ding lamah a ñuttir a, thil engkim a ke hnuaiah a dah a, amah chu engkim chungah lû atân kohhranho hnênah chuan a pe a, kohhranho chu a taksa a ni,” tiin (Eph 1:19-23). A kohhranhote kan ropuizia hi, Krista taksa kan ni tlat. A va hlu êm! Krista zârah hming zawng zawnga hming chungnung ber putute kan ni.

Boruaka thuneitute lal, thlarau sualte kan chungah an awm tawh lo va, an chungah kan awm tawh zâwk a ni. He thu ropui hi kan hriat chuan, keini ringtute lama a thiltihtheihna len nasatzia kan hre thei ta. Rinna

avângin Krista chu kan thinlungah a chêng ta a. Hmangaihnaah zung kaia phun nghehin kan awm ta a ni. Krista hausakna chhui chhuah rual loh zînga tlêm te han hriat ve pawh hi a va hlu êm (3:16-19)! Kan thla a muang a, kan huai sawt bawk a, Krista leh a kohhran thianghlimna leh ropuina, Thlarau Thianghlimin min hmuh fiatir thin a ni.

Chuvângin, rinnaa Krista taksa leh thisen changtute kan ni a, kan chanvo ropuizia hriat reng nân leh, Krista inpêkna hlutzia hriat reng nân te, Lalpa thihna entir nân te Lal Isua thupêk zâwmin Kalhlên kût aiah Lalpa Zanriah Sakramen kan kil a, kan eîin kan in thin a ni. Simna thinlung pua, lâwm thu sawi chungin, inpâwlna leh inpumkhatna ruai han kil chu hlu tak a ni. Krista sipai rinawm ni tura inpêkna thinlung nei chungakiltute chuan hlâwkna an hmu thin. Krista chuan a unaute tâna hmun him, Pa hnên min hruai thleng a, Pathian chhûngte kan lo ni ta (Eph 2:19). Pathian hriak thih kan ni a, vânah kan hming ziak a ni a (Lk 10:20), thutiam fate kan ni.

Chuvângin, kan zalênna hi Lalpa rawngbâwl nân leh a duh zâwng tih nân i hmang ang u, Pathian leh kan mihringpuite hmangaih tûra siam thar kan ni, Setana chuan thil hlu leh ropui tak anga lang, mahse, hnâwmhne ni si hmang hian min pawh thlâk a tum reng dâwn. Kan ît zâwng leh kan châk zâwng hmangin min thlêm a, mi tam tak chuan chu chu Setana bumna a ni tih kan hre phal lo thin; chu vâng chuan amahah kan awm reng a tûl a ni. Kan Bible-ah heti hian a sawi, “Nangni zawng ama hnên ata hriak thihna in hmuh kha nangmahniah a awm reng a, tu ma zirtir in ngai lo ve; ama hriak thihna chuan thil zawng zawng thu a zirtir zâwk che u avâng leh, dik tak a ni a, dâwt pawh a nih loh avângin, chu mi chuan a zirtir che u ang khân amahah awm reng rawh u,” tiin (1 Jn 2:27). Ama hriak thihna chuan min zirtir zêl dâwn a; chuvângin, thil dang ni lovin, Krista hnehna kraws chauh hi i chhuang zêl ang u.

Chhiartu zawng zawngte Lalpan malsawm che u rawh se.



## FAINA LEH THIANGHLIMNA

– *Lalbiakhluni*

*Central Committee Member*

Faina leh Thianghlimna han tih hian sawi tûr tam tak a awm thei ang a. Kan taksa vawn thianghlim te, ei leh in thianghlimna leh khawtlânga mi dangte nêna kan khawsak honaa thianghlimna chungchângte a huam thei ang a. Mizoram pawhin faina leh thianghlimna lamah hma kan sâwn zêl a, chutih laiin hmasâwnna tûr tam tak kan la nei bawk a ni. Nuhote hi kan pawimawh a, kan ngaih pawimawh lam hi chu a kaw deuh duak duak thîn a; chuvângin, faina leh thianghlimna pawh hi nuhoten ngaih pawimawhah kan neih chuan hma kan sâwn leh zual ngei ang tih a rinawm. Mi tin hian hlim kan duh theuhvin a rinawm a, hlim tûr chuan kan hrisêl a ngai bawk. Chutiangin hrisêl tûr chuan faina leh thianghlimna kan ngaih pawimawh a ÷ul a. Kan lo thianghlima hma kan sâwn theih nân hêngte hi han târ lang ila:

**1. Taksa thianghlimna :**  
 Kan taksa fai takin kan vawng tûr a ni a, a theih chuan ni tin inbual faia, thuamhnawte pawh fai tak inbel thîn tûr a ni. Taksa vawn fai loh leh thawmhnaw fai lo inbel hian rin aiin kan rimchhe awl a, kan bula awm te a nuam lo thei hial thîn, a bik takin hmeichhiaten invawn fai kan mamawh zual. Thi neih lai ni lo, kan nunphung pangngaiah pawh pad/panty liner hman a ÷ha, hei hian khawilo chhuah nikhuaah pawh mawng huh tlang thei lakah min vengin, rilru nuam lo min pumpelhtir thei a ni.

**2. Ei leh in :** Hêng bâkah hian kan ei leh in tûrte fai leh thianghlim takin kan sil thîn a pawimawh a. Ei leh in thianghlim lo aţangin natna tam tak kai theih a ni a; chuvângin, ei leh in siamtu, ei rawngbâwltute pawhin kan uluk viau a ÷ha a ni. Tin, ei rawngbâwl laklawh laia thil dang kan khawih a nih chuan, kan ei siam leh a hmanrua, chawhmeh chawhnate khawih leh hmian kut sil fai zêl ila. Chu bâkah khawlai aţanga ina kan hawin sahbawn nêh kut sil fai hmasak ber zêl a ÷ha. Hmun-phiah pawh in chhûng phiaha



a nih avângin sil fai ve fo a ða. Tin, pâwn lam aþanga kan thil khai hawte chaw ei dawhkana dah mai a awl hle a, hei hian kan thil eina hmun dawhkânah natna hrik a hnutchhiah theih avângin chîn loh atân a ða hle.

**3. Inthiarna :** Tin, ei leh in kan siamna (choka)/chaw eina hmun leh inthiarna hmunte inhnaih lo thei ang bera siam tûr a ni. A inhnaih chuan ei in siamna atân pawh a tuihnai lo va, chu bâkah a inthiar tûr tân pawh inhnaih lutuk chu a nuam lo a ni. A theih hrâm chuan bual in leh inthiarna a hranga dah a ða.

**4. Zûk leh hmuam :** Zûk leh hmuam hi Mizote hian kan uar hle mai a, zûk leh hmuam hian kan taksaah hrisêl lohna tam tak a thlen bâkah kan hmêl te a timawi lo thei hle; chu bâkah min tirimchhe thei hle bawk tih hi zûk leh hmuam ti ðhînten kan inhriat loh ai hian kan bula ti ve lote chuan an hre hle a ni. Nalh takin kan inchei a, kan sahdah hmuam kan han kawm leh a, a mawi loh bâkah kan kut te a lo fai lo thei a, min hmu Chiangtute ngaihah chuan kan hniam ngawt ta ve ang. Sapho lo zin pawhin,

“Mizote chuan mi dawnsawn pawh an thiam hle a; mahse, zûk leh hmuam an tih nasat avângin an bula awm a hrehawm,” an ti e an ti alâwm. Chu chu hnam dangten min hmuh dân a ni a, a zahthlâk hle mai. Tin, tûl lovah sum leh pai min sen raltîr hnem hle bawk a, chhûngkaw ðhenkhat phei chuan zûk leh hmuamah uiawm tham kan sêng ral a ni. Hêng zûk leh hmuama kan sum sên ai hi chhûngkaw tâna ða tûr, ei leh in tûr thil ða lei nân te hmang ta zâwk ila chuan kan hrisêl phahin chhûngkuain hma kan sawi ngeiin a rinawm.

**5. In leh a vêl vawn fai :** Kan chênna in leh a vêlte fel fai taka vawn a ða a, a lang lai chauh ni lo, kumkâr deuhte thlenga vawn fai a ða hle. Tin, faina atâna insênso pawh hreh loh tûr a ni.

**6. Vântlâng thianghlîmna :** Kan ram leh khawtlâng hi hrisêl ila kan duh chuan vântlâng thianghlîmna hi kan hlamchhiah thei lo vang. Aizawl bîkah chuan zingkârah kalkawng phiat faitu an awm a, a lâwmawm hle mai. Hei hi state dang aþanga Mizoram rawh tlawhtu pakhat

pawhin a fak a, Mizoram chu fai min ti a, entawn tlâk a ti a ni. Kan kawngpui dung chauh ni lo, vêng chhông kalkawngte pawh a bul hnaia miten phiah fai hna kan kovah dah ila a duhawm hle.

Bawlhhlawh leh thil eina kâwrte bawlhhlawh bâwma paih nachâng hriat a ðha a. Tin, vântlâng inthiarna hmunte pawh hman tlâka fai taka vawn tum ila. Kan hriat loh lai hian state dang leh ram dang aţang pawhin Mizoram rawn tlawhtu an awm ve reng a, Mizote hi eng ang ze pu nge kan nih tihte min lo chik ru reng thei a ni. Chuvângin, kan khawsak phung hrim hrimah mi dangte hmuh atân pawh kan fel fai a pawimawh hle a ni.

Mizote chu inthenawm hnai tê tê awm kan ni a, hei vâng hian mi dangte, kan thenawm khawvêngte tâna hnawh leh rimchhiaa awm hi kan hlau theuh tûr a ni ang. Ran te kan vulh a, kan vawk in leh ar in leh septic tank tui pût te, thenawmte leh kalkawnga kal velte tâna rimchhia a la tam mai a; chuvângin, mi dang tâna hnawksak leh rimchhe lo tûra kan siam a ðul hle a ni. Hmun

fianrial, mahni leh mi dangte tâna hnawksak lo tûr hmun kan nei lo a nih chuan ran pawh vulh loh mai tûr a ni.

### 7. **Bawlhhlawh senghawi :**

Kan bawlhhlawh senghawi dân pawh fimkhura taimâk a ðul hle. Kan bawlhhlawh chu ðawih thei leh ðawih thei lo thliar hrangin, ðawih thei chi hêng – chawhmeh tûr thlai thenna ang chite chu khur siam emawin paih ila, chuti lo pawhin huanah te paih mai ila, lei ðhaah a chang zêl a. Tin, ðawih thei lo chu hâl ral zêl a ðha a, hetianga kan tih chuan bawlhhlawh paih tûr a tlêm êm êm a ni. Tin, mi thiamte chuan poythene hi a ðawih ral thei lo an ti a, duhdah taka kan paih thin hi a pawh hle a ni. Keimahni aţangin paih kiang mah ila, a kal zêlna tûrah ram leilung tân a pawh theih avângin hâl ral emaw, bawlhhlawh paih motor-ah emaw paih hrâm ila a ðha. Thil fûn nân pawh polythene leh sarang aiah lehkha hman te uar ta ila a ðha awm e. Thil hman hnu hman ðangkai leh theih chi chu hman leh zêl a ðha a; hêng hian kan bawlhhlawh paih tûr nasa takin a titlêm dâwn bawh a ni.

## 8. Hotel leh restaurant

**siamte tân** : Han zin nikhua hian zin kawnga ei in lam a ngai thîn a; hêngah hian ei in lamna tûr hmun leh ei tûr thianghlim a pawimawh hle mai. Mi thenkhat chuan zin kawnga ei leh in lamna tlâk an hmuh loh thu an sawi fo mai a, hei hi ram leh hnam tân pawh a mualphothlâk a ni. Hma kan sâwn ve zêl a, hmasâwnna tûr erawh kan la ngah a ni. A hma lama kan sawi tâkte kha ngai pawimawh ila.

Hemi bâkah hian min dâwrtute tân ei châkawm taka ei tûr thianghlim taka buatsaih tum ila; ei siamna hmun leh eina hmunte thianghlim bawk se. Mi ei bâng chu mi dangte ei leh atân dah lovin paih mai ila. Chawhmeh chhawpna leh chaw ei fiante inṭawm lo tûra a hran veka chhawp ni bawk se a tuihnai sawt ang.

Zin kawngah mi chi hrang hrang inhre ngai lêm lote pawh motor-ah kan chuang ho thei a, chaw eina hmuna chawhmeh min inṭawmtir mai thîn hi chu thenkhat tân chuan a tuiawm lo ve duh khawp a ni. Chuvângin,

hêng kawngahte hian Mizote hian hmasâwn kan mamawh hle a ni. Tin, kut silnaah sahbawn chhawp bawk ila. Thlêng sil tûr hnawk nuaih kâra kut sil a ngai thîn te hi a nuam lo duh khawp mai. Chuvângin, kut silna leh thlêng silna a hranga dah ni thei se a ṭha hle ang.

Tin, zin kawngah chuan zun te a chhuak duh a, min dâwrtute tân inthiarna nuam leh thianghlim leh tui tam tâwk neih a pawimawh a, a thianghlim that chuan man chawi tûra siam pawh ni se mi tam takin an duh zâwk ang. Inthiarna hmunah kut silna tûr sahbawn dah ni bawk se a ṭha.

Thingpui dâwr siam te pawhin chhang ei tûr chhawp ṭeuh lovin, min dâwrtute ei duh tâwk zâwtin an duh zât kha chhawp mai tûr a ni a, an duh belh leh pêk belh leh mai a ṭha zâwk. Hetia kan tih chuan tho bawm hnu ei leh te a awm lo vang a, kan hrisêl sawt dâwn a ni.

Hêng kan sawi tâk tlêm tê chauh pawh hi kan zawm chuan Mizote hian nasa takin hma kan sâwn thei a ni tih hriain, faina leh thianghlimna kawngah ṭan i han la sauh sauh teh ang u.



## GRACE HOME CHANCHIN

– Dr. Lalchhanhima Râlte  
*Grace Home - HIV Hospice, Synod Hospital*  
 Ph. 9774539981

Kum eng emaw chen aţang khân Mizoram hian HIV tam lam tehna ‘Prevalence Rate’-ah India ram pumah pahnihna kan lo hauh ta reng mai. Hei hi kawng hnihin a thlîr theih âwm e. Pakhatnaah chuan, a lâwmawm loh zâwngin. Heti tak maia mihring chêng zât ang zêla chhûta, HIV positive kan tam ta êm êm mai hian ngaihthuahna a tithui hle. A eng laiah hian nge kan tihfuh loh? Inen lêt kan ngai hlein ka hria. A pahnihnaah chuan, a lâwmawm zâwngin. Chumi awmzia chu, tûnlaiah chuan HIV positive-te tân damdawi ţhate a awm tawh avângin, rei tak tak an dam ve ta zêl a, inenkawlna lam ngaihvena ţha taka pan an tam tak avângin, chu chuan nasa takin, HIV positive tam lam hi a tisang lo thei lo bawk a ni.

Kan kohhran pawh hian a pawimawhzia hre zêlin, kum 2004 aţang khân tûna ‘GRACE HOME’ (HIV avânga dam lohna tâwk mêkte enkawlna hmun) kan neih tâk hi MSACS (Mizoram State AIDS Control Society) nêţ ţang kawpin a din ta hial a. Grace Home hi Synod Hospital, Durtlâng compound-a sak a ni a. Tûna building ţha tak mai hi Presbyterian Church of Wales, CKTP leh mi dang ţhahnemngaite thawh khawm aţanga sak a ni a. Damlo 30 bâwr vêl enkawl theihna niin, damlo 20 eng tik lai pawha admit theiha kalpui mêk rih a ni a. India sawrkârin HIV lama fund-

ing an hmuhtlêm ţan tâk avângin, MSACS nêna kan thawh hona pawh chu April 2012 khân a tâwp ta a, Grace Home ang bawka HIV damlote enkawlna hmun, Champhai leh Lungleia mite phei chu kal zawm ngaihna a awm rih loh avângin khâr hial a lo ngai ta a ni. Keini erawh chu Pathian leh a kohhranhote zârah tâwp mai lovin, Synod aţanga budget hrang neiin, heti hian tûn thlengin he lam rawngbâwlna hi a kal ta zêl a.

Grace Home-ah hian kum tin damlo 400-500 bâwr enkawl ţhin an ni a. Chutia Champhai leh Lungleia lam an khâr tâk hnuah phei chuan, keini

hi hetiang lam tân bika enkawlna hmun awm chhun chu kan ni ta mai a. Doctor, nurse leh staff dangte pawh an thawk rimin, an inpêkna hi a lâwmawm hlein ka hria. Damlote hian khum, chaw man leh damdawi man an chawi lo va. Amaherawhchu, damdawi neih loh chin leh test/investigation ngai bik chi-ah erawh chuan an chawi a ngai ve thung. Kohhran emaw, thil dangah emaw pawh inthliarna a awm lêm lo va, tu pawh admit theih an ni, Kristan mi zawng zawng a hmangaih angin.

Kumin 2016 January aṅanga June 2016 inkâr khân damlo 257 enkawl an ni tawh a. Chung damlo zînga 18-te chu AIDS avângin an boral tawh a, chung zîngah chuan hmeichhia 12 zet an tel bawh. Damlote hi Mizoram hmun hrang hrang aṅanga lo kal an ni hlawma. Sawi hmaih miah loh tûr chu nutling, kum upa lamte pawh an bâng lo a ni tih hi. HIV kan hriat tîr lam, 1990 chho vêla kan lo inzirtir dân a fuh vak loh vâng te pawh a tih theih ang chu, he natna hi KS/drug addict-te natna tûra ngaihna nghet tak hi Mizo zîngah hian a awm niin a lang a. Chu chuan tûn thlenga kan en dan dik

lo leh mi kai tûra kan ngaih bikte pawh hi a siam niin a hriat.

Kei pawh heti lama ka thawh hma hi chuan, HIV hi chu KS/drug addict-te kai tûra ngaihna ka lo nei ve tawp a; mahse, a veite han buaipui tak tak chuan, a lo nih kher lohzia hre berte zînga mi ka ni ve tain ka inhria. Zoram thingtlâng hmun hla tak tak aṅangten, nutling tak tawhte hi an rawn positive nawlh nawlh mai a. KS an ni lo va, drug addict an ni bawh si lo. Khâng hmun hla tak tak, a then pheih chu tam tak tân chuan khaw hming vawi khat hriatna te a ni ang chu, chung hmunahte pawh chuan HIV a lo darh ve ta zêl a ni tih a Chiang hle, a tira kai tûra kan ngaihte piah lamah khân. Tûnah erawh chuan tu pawhin kan kai ta tih a Chiang a, hei hi kan mi thiam ‘natna hrik chanchin, a vên dân leh a ṅai darh lam zir mi’ (Epidemiologist)-ten a natna ‘general population’, mi nâwlpui zîngah a lût tawh an tih ang khân, kan ramah pawh HIV hian mipui nâwlpui a lût ta tih a tichiang hle âwm e. Naupang tê, sikul kal lai, college kal lai ṅhalai, tu pawh mai hi kan fimkhur loh chuan kan him ta lo a ang ber a.

Pasalte laka rinawm tak, raipuar nu thenkhat, fa neih dawn avanga HIV leh test dang hrang hrang han test-a, lo positive (HIV hrik pai) ta tlat mai te; nutling, damlohna avanga hospital ward pangngaia awm, thisen test hrang hrang leh HIV han test ațanga lo positive (HIV hrik pai) reng mai te han hriat hian ngaihtuahna a tikal thui thin hle mai.

HIV hi Pathian ațanga hremna anga kan ngaih tlatna te, a hrik lo kai ta leh damlote kan en dân dik lo te, India ram chhôngah Mizoram heti taka kan sân chhan hi kan statistics (inchhiarna) fel hlel vâng a ni ang tih rinna kan nei tlat te, nupui pasal neih hmaa mipat hmeichhiatna hman pawikan ti ta lo lutuk te (KTP member zingah pawh), nupui pasal inkâra rinawmna kan ngainêp ta lutuk te leh thil dang tam tak, kan hriat chian loh avâng leh kan inzirtirna a chian loh luatah tân dinhmun hi kan thleng niin a lang.

Heti a nih chuan rei lo teah pahnihna mai pawh ni lovin, India ram pumah pakhatna kan la ni thuai mai ang tih te pawh a ngaihtuah theih âwm e. Sawrkâr hma lak piah lamah hian kawng tam takin kohhrante hian hma

kan la ve thei a, tân aia nasa zâwka tan lak a ngai takmeuh a ni. Hetia mipui nâwlpuia HIV a luh tâkah chuan, kohhran pawh hian a invênna kawnga kan hma lâk dân te pawh ngaihtuah that a hun tawh mai thei.

Africa rama Uganda-ah chuan kum 1990 chho khân HIV darh zêlna laka invênna leh hmalak dân tur, inzirtirna dân ‘ABC Strategy’ an tih chu an hmang nasa a, HIV inkai darh zêl pawh kum dang aîn nasa takin a tlahniam tih hmuhchhuah a ni a. ‘ABC Strategy’ chu tawi tein han sawi fiah ila: ‘A’ tih chu - abstinence (nupui pasal neih hmaa thianghlimna vawn), ‘B’ chu - be faithful (nupui pasalte inkâra rinawm tlat) leh ‘C’ chu - Condom use (A leh B-a kan fihlim theih ngang loh chuan condom hman mai) tihna a ni ber mai. Mizo tawng chuan nupui pasal neih hmaa thianghlimna vawn, nupa kâra rinawm tlat, hemi piah lamah loh theih loh a nih chuan condom hman, tiin a dah theih âwm e. Zir bingna (Research) an beihnaa an hmuhchhuahah chuan, a pathum ‘ABC’ kha rualkhai taka kalpui a nih vâng a tân thleng pawha hlawhtlinga sawi thin a ni.

Lehlamah chuan kan unau, HIV avânga harsatna tâwkte hi an vannei hlein ka hria. A chhan chu, anmahni ngaihsak tlattu kohhran an nei hi a ni. Ram dangah heti taka ngaihsaktu kohhran hi an awm ve lo mai thei. Kohhran hrang hrang leh mi mal thahnemngai, KṚP, Pavalai leh Kohhran Hmeichhia kaltlangin tanpuina chi hrang hrang an hnênah hian a lût reng a. Kuminah pawh Kohhran Hmeichhiaten ram pumah Grace Home puala thawhlawm an han la khawm leh te hi a lawmawm hle mai a, Grace Home-a damlote aiawhin lawm thu ka sawi a ni.

Chutih rualin, HIV chung-châng kan hriat chian loh luatah hlauhna te, thinhrikna te hian bu a la khuar nghet hle lawi si. Tûn ai hian kohhran hian inzirtirna kawngah tan han la thar leh ta ila. Kohhran tluka inzirtirna hmun nei tha kan awm chuang lo va. Mite harsatna leh buaina hi kan harsatna, kan buaina a ni tih hi pawm thar ila, Pathian zârah kan ram pawh a lo dam leh ngei a rinawm.

*(He thu ziaktu Dr. Lalchhanhima Ralte hian kan sâwm angin thu bengvârthlâk tak a rawn ziah avângin Editorial Board-in lâwm thu kan sawi a ni.)*

---

## KOHRAN HMEICHHE SAM

*Phuahu : R. Lalsiamliana  
Sevênpul*

Hmanan min thlahtu, Eden huan chhûngkua,  
Dâwn chângin lung rêng a awi thei lo;  
Eden chhûngkaw nu, a sakhming Evi,  
Mit châknaa khat, a tlâwm lua e, sual tâwnah;  
A hruai sual e, a lungdumtu, a kawppui Adama;  
Mahse, chan tâwk khuarêl kan dang zo si lo,  
Chutin, Hmangaihtu Lalpa chuan, lei hring fate'n  
Nu tângnêm kan belh leh theih nân,  
Ui lovin a Fapa neih chhun min pe,

Chanvo ropui, nu dinhmun min khumtir leh ta!  
 Sual rethei hmun nei lo tân, a phal Vân Lal In khi!  
 Kan lâwm e, Lalpa, kan chawimawi che.  
 Hei erawh kan hriat a tha, khawvêl finna  
 Lo her sâng zêl hian, Lalpa, i hmêl mawi  
 Min hliahtir lo se; Chhûngkaw khai dingtu,  
 Ruthi anga pasala chhûngte tâna chhenfâkawm,  
 Hani anga, mahni fate Pathian thutaka kaihruaitu  
 Ni zêl thei tûrin, Lalpa, min tanpui ang che.  
 Khawvêl miten an hai fo thîn, nu hlutzia,  
 Hraichawi, naunâwn, sultum lo hâwng se,  
 “Khaw nge ka chunnu?” tiin awrawl an chhuah.  
 Chutin, zuapa pawh lo hawng se, “Khaw nge i nu?”  
 Tiin a hmui kawngkhâr a hawng fo thîn.  
 Chûn dang, chûn dang rêng an ngai bil lo,  
 An tân kan va hlu em! Nghilh har kan ti.  
 Aw Lalpa, hei hi kan dil ber che,  
 Kan rûn in chhûng thim tiêng tûra  
 I bêl ruat, Kohhran Hmeichhiate hian,  
 Kan din champha kan lo thlen hian,  
 Kan thiam kan finnote i tân kan hân.  
 Kan chênpuoi chhûngkuate i ke bula  
 Hruai tûrin, i Thlarauvin min chelh tlat la,  
 Kan ram leh hnam, chhûngkua, khawtlâng,  
 Kan damna tûrin Lalpa, hma min hruaisak la,  
 Chhûngkaw tâna Hebrai nau awm thiam  
 Kan lo nih ve theih nân kan mit min tihvârsak la,  
 Nu tling, mi zawng zawng nu ni thei tûrin,  
 Lalpa, min siam thar leh ang che.

*(November 25, 2016, Kohhran Hmeichhe Ni pualin  
 kan han chhuah a ni e.)*





### MITE TAN MALSAWMNA I NI DUH EM?

Pathian khawngaihna azarah Synod Tihdam rawngbawlina tluang takin a la kal zel a. Hei hi thawktute inpekna leh kohhran mite inphalna avang a ni a, he rawngbawlina atana thahnemngaitu zawng zawngte chungah lawm thu ka sawi e.

Doctor-te thiamna hi hlu hle mah se, investigation tihna tur khawl leh hmanraw hrang hrang tel lo chuan an thiamna pawh a tangkai tur angin a tangkai thei lo. Chutianga thawktu mi thiamte tanpui tur chuan heng khawl hrang hrangte hi kan mamawh hle mai a, mi mal emaw, pawlho emaw tân pawh mi dangte tana malsawmna nih theihna kawng a inhawng e. Heng mamawhte hi i pe thei a nih chuan petu hming bel/târ tûr a ni ang.

<i>Khawl</i>	<i>Rate</i>	<i>Mamawh zat</i>
1. X-Ray Portable	Rs. 1.8 Lakhs	3
2. CR (Basic) System Carestream Co (X-Ray machine)	Rs. 7.5 Lakhs	1
3. CR System Classic Standard (X-Ray machine)	Rs. 14 Lakhs	1
4. Power Drive Multitask ( <i>Ruh lam zaina khâwl</i> )	Rs. 4.5 Lakhs	1
5. Micro Multitask ( <i>Ruh lam zaina khâwl</i> )	Rs. 6 Lakhs	1
6. Anaesthesia Workstation ( <i>Hnimhlum khâwl</i> )	Rs. 11.5 Lakhs	1
7. Cardiac Monitor ( <i>Lung enna khâwl</i> )	Rs. 3.8 Lakhs	1
8. Nerve Stimulator ( <i>Hriatna thazâm tinungtu</i> )	Rs. 50,000	1
9. OT Surgical Table ( <i>Inzaina dawhkân</i> )	Rs. 5 Lakhs	1
10. OT Light	Rs. 2 Lakhs	1
11. Patient Ventilator ( <i>Damlo thâwktîrna</i> )	Rs. 15 Lakhs	2
12. Syringe Pump ( <i>Damlo na zual thisen chaw pêkna</i> )	Rs. 60,900	4

13. Air Conditioner	Rs. 45,000	2
14. Steel Almirah lian	Rs. 15,000	1

Hêng khâwl chi hrang hrang hmang hian kan Synod Hospital hi kan tihmasâwn zêl thei tih hriain, mi mal/Kohhran Hmeichhia/KTP/Pavalai, etc.-ten òan i la tlâng ang u hmiang. Aman chanve chauh tum thei kan nih pawhin siam rem dân a awm zêl tûrah ngai ila. ‘Nang malsâwmna ni ang che’ tih thu kha a takah i chantîr thei e.

Rev. P.C. Pachhunga  
Exe. Secretary  
i/c Synod Hospital

---

### LAWM THU SAWINA

Women Centre-ah thilpek hlu tak tak kan dawng tawh òan a. Tunah bul kan han òan tâkah chuan mamawh leh òul thil tam tak a lo la awm zêl a. Chûng kan mamawh tak takte chu mi tlâwmngai leh òahnemngai, Lalpa tâna mi inphalten min pe zêl hi lâwmawm kan ti a. Chûng thilpêk kan dawnte chu hêng hi a ni:

1. Pi Rinchawii, Khatla (Chairman, Inkhawmpui Lian) te chhûngkuain **Gas thuk lian**
2. Upa R. Sangkhuma te chhûngkua, Khatlain **TV, Micromax 98 cm.**
3. Pu H. Thanga te chhûngkua, Bâwngkâwnin **TV, Micromax 98 cm.**
4. Pu Liansanga te chhûngkua, Khatain **Solar Water Heater, 100 Litres leh Pipe fittings-na**
5. Pi Lalzampuii te chhûngkua, Aizawl Vênglaiin **Swan Tuizem 2,000 Litres**
6. Upa V. Neihkunga te chhûngkua, Chanmariin **Gas connection (double cylinder)**
7. BSI, Aizawl South III-in **Holy Bible paruk.**

**AGAPE MISSIONARY TANA LAKSAKTUTE**

<b>SLNo.</b>	<b>Bial/Kohhran</b>	<b>Copy</b>	<b>Laksak kum</b>
1.	Zohmun Bial	20	2016
2.	Venghnuai Kohhran	20	2016
3.	Zokhawthar Kohhran	20	2016
4.	Mission Veng Bial	50	2016
5.	Pi Lalsiamthangi, Chekawn	7	2016
6.	Selesih Kohhran	10	2016
7.	Saikhamakawn	20	2016
8.	Mualthuam North	5	2016
9.	Kahrawt	20	2016
10.	Sesawng	10	2016
11.	Mi mal hming tar lang lo	10	2016
12.	Kulikawn	30	2016
13.	Pi Rohmingthangi, Kulikawn	5	2016
14.	Zemabawk Bial	10	2016
15.	New Serchhip	15	2016
16.	Sihphir Vengthar	10	2016
17.	Tlungvel Gate Veng	10	2016
18.	Dulte	6	2016
19.	Bethlehem Venglai	30	2016
20.	Piler	10	2016
21.	Chawnpui	30	2016
22.	Republic Veng	50	2016
23.	Khawruhlian Vengthar	10	2016
24.	Maubawk Sikul Veng	20	2016
25.	Mualpui Bethel	10	2016
26.	Tlungvel Venghlun	10	2016
27.	New Champai	10	2016
28.	Dawrpui Vengthar West	15	2016
29.	Chhinga Veng	14	2016
30.	Zuangtui	42	2016
31.	Hlimen	20	2016
32.	Bawngkawn	35	2016
33.	Chanmari	16	2016
34.	Chhingchhip Venglai	10	2016
35.	Armed Veng	40	2016

36. Zohmangaihi, College Veng	10	2016
37. Kanan	25	2016
38. Kolasib Venglai	120	2016
39. Venghlui	100	2016
40. Khatla 'N'	50	2016
41. Saipum Hmar Veng	10	2016
42. Model Veng	10	2016
43. Zotlang	20	2016
44. Pi Lalrinpuii, Zotlang	10	2016
45. Champhai Vengsang	20	2016
46. Chaltlang	20	2016
47. Aizawl Kohhran	7	2016
48. Lenchim	10	2016
49. Champhai Zotlang	10	2016
50. I.T.I. Veng	50	2016
51. Dawrpui	30	2016
52. Bethlehem Vengthlang	15	2016
53. I.T.I. Vengchhak	20	2016
54. Pi Rotuaki, Phullen Vengthar	10	2016
55. Khatla	50	2016
56. Electric Veng	93	2016
57. Dinthar Vengthlang	80	2016
58. Teikhang Bial	10	2016
59. Lunglei Venglai	10	2016
60. Zohmun Bial	25	2016
61. Tlangnuam Bial	50	2016
62. Zemabawk South	12	2016
63. Zemabawk North Bial	20	2016
64. Muallungthu Bial	30	2016
65. Kelkang Bial	20	2016
66. Biate Bial	20	2016
67. Bawrai	10	2016
68. Phuaibuang Bial	20	2016
69. Madanrtng Bial	20	2016
70. Champhai Kanan Bial	10	2016
71. E. Phaileng Bial	20	2016
72. Bungtlang Bial	10	2016
73. Champhai Kahrawt Bial	20	2016

74. Champhai Vengsang Bial	20	2016
75. Chhingchhip Bial	20	2016
76. Samthang	17	2016
77. Chhiphir	10	2016
78. Thenzawl Bial	20	2016
79. Champhai Bethel	10	2016
80. Pi Siamliani, Champhai Bethel	1	2016
81. Pi Kawlchuani, Champhai Bethel	1	2016
82. Thenzawl Vengthlang	20	2016
83. Sumsuih Bial	10	2016
84. Venghnuai Bial	50	2016
85. Tlangnuam	30	2016
86. Lungphun	5	2016
87. Maubawk West	25	2016
88. Maubawk Bial	20	2016
89. Khawhai 'S' Bial	20	2016
90. Durtlang	20	2016
91. Durtlang Bial	50	2016
92. Hmuntha Bial	20	2016
93. Kulikawn Vengthlang	5	2016
94. Leitan 'S'	30	2016
95. Salem Veng	20	2016
96. Kawlkulh 'N' Bial	15	2016
97. Dawrpui Vengthar	40	2016
98. Khatla 'E'	19	2016
99. Aibawk Bial	20	2016
100. Tlungvel Vengthar Bial	10	2016
101. Sialsuk	30	2016
102. Kolasib Diakkawn	110	2016
103. Keitum Bial	10	2016
104. Vairengte Hmar Veng	10	2016
105. Khatla South	20	2016
106. Durtlang North	10	2016
107. N. Lungleng	10	2016
108. Ramhlun 'N' Bial	100	2016
109. Chhinga Veng East	10	2016

***(Kan rawn târ lan hi August, 2016 thlenga a man pete an ni a, hun remchângah a dang chhuah chhunzawm leh a ni ang.)***

**N.E. KHAWDUNGSEI BIAL INTERVIEW  
(Ni tin chhûng inkhâwm chunghângah)**

Kan hriat angin N.E. Khawdungsei Bial hi ram pum huapa Kristian chhûngkaw intehnaah lâwmman pakhatna la ðhin an ni a. An hma lâk dânte leh an dinhmun kan hriata, Bial dangte pawhin hmasâwnna kan lo neih ve beiseiin interview kan han nei a ni.

*Editor : In bialah hian kohhran eng zât nge awm? Eng khua khuate nge?*

NEKD : Kohhran pali kan awm a, chûngte chu –  
N.E. Khawdungsei, Khawkâwn, Chiahpui, Vênglhun.

*Editor : Kristian chhûngkaw intehnaah hian lâwmman pakhatna hi vawi eng zât nge in dawn tawh?*

NEKD : Vawi 14.

*Editor : Tûnah hian eng nge in dinhmun ni mêk?*

NEKD : 98.28%

*Editor : In hmalâknaah hian Bialin ruahmanna a siam nge, kohhran mal zalênnaah in dah?*

NEKD : Bialin ruahmanna a siam chuang lo va, kohhran malin ðha kan tih angin hma kan la.

*Editor : Kohhran malin engtin nge hma in lâk?*

- NEKD :
1. Thla thar committee apiangin agenda-ah kan telh.
  2. Thla tin mahni bial ðheuhvah chhûng inkhâwm ni tin an hman leh hman loh inzawh ðhin a ni.
  3. Ni tin chhûng inkhâwm nei thei lote an awm chuan an harsatnate zâwt pahin ðawngtâina kan nei ðhin.
  4. Thla tin ni khat, awmni khamin kan ðawngtai ðhin.
  5. Pathianni tlai apiangin chaw ngheia ðawngtai kan nei.
  6. Kan trophy lâk lawm pahin Kristian chhûngkaw campaign neih ðhin a ni.
  7. In tin tlawh chhuaha ðawngtai.
  8. Thla hnih danah Bial Secretary hnêna kan dinhmun report ðhin a ni.

Editor : *Bialin engtin nge hma in lak?*

NEKD : 1. Bial Committee apiangin agenda-ah telh thin a ni.  
 2. Bial chhûng Kohhrante Kristian chhûngkuaa inelna kan nei reng a, chuta a ti tha ber kohhran hnênah Bial Inkhâwmpuiin lâwmman a pe thin.  
 3. Bial chhûng kohhrana chak lo berah Bialin hma lâk thin a ni.

Editor : *Thla khatah vawi eng zat nge in feh chhuah?*

NEKD : A tûl ang zêlin hma kan la.

Editor : *Harsa deuh bikte an awm em? Chûngte chu eng angin nge in beih?*

NEKD : Pastor leh Upaten hma min lâksak thin.

Editor : *Chhûngkuaa Pathian la be ve ngai lote in nei em? Engtiangin nge hma lâk in tum?*

NEKD : Kan Bial chhûngah hian ni tina Pathian la be ve miah lo chhûngkua kan nei lo.

Editor : *Bial standing hian hma an lâkpui che u em?*

NEKD : Lâkpui hran lo.

Editor : *In Bial chhûng kohhranten Kristian Chhûngkaw Committee an nei hlawm em?*

NEKD : Nei lo.

Editor : *Kristian Chhûngkaw Committee nên in thawk dún nge a hranpain hma in la?*

NEKD : Kristian Chhûngkaw Committee kan nei hran lo va, Kohhran Hmeichhiain hma kan la mai.

Editor : *In dinhmun anga bial dangte an din ve theih nân thurâwn pêk duh in nei em?*

NEKD : Tha thlah lova, Pathian chakna rinchhana beih a ngai a. Chawlh hman a ni lo va. Committee lungruual taka tan tlan a pawimawh êm êm a. Inthlahdah a ngaithei lo va, eng lai pawha tan mar reng a ngai a ni.

Editor : *In chakna thurûk min han hrilh teh.*

NEKD : Châwl lova kan theihtâwpa kan thawh hi Pathianin mal a sâwm a, chu chu kan chakna thurûk chu a ni.

*Ei siam dan*

## MEAT BALL

Bawngsa ti	- 1/2 kilo	Sawhthing	- inch 1
Artui	- 2	Purun var	- mal 5
Aieng	- 1 teaspoon	Meat masala	- 1 teaspoon
Hmarcha dip sen	- 1 teaspoon	Tomato	- pum 1
Chi	- a al tawk	Oil	- 1 tablespoon

1. Sa her dipah khân sawhthing leh purun var den pawlh la, artui pum hnih leh chi nen hmeha, ball siam tur.
2. Tel chhuang sa la, hmarcha dip sen, chi, masala leh aiengte pawlha, tomato chawh kawi bawk tur.
3. Chumi hnuah tui leiha, a so hunah ball thlâk tur. Minute 20-ah a hmin mai ang.

## VAWKSA LEH ALU KAN PAWLH

Vawksa	- 1 kilo	Tel	- 4 tablespoon
Ançam chi	- 1/2 teaspoon	Purun sen	- 1 lian deuh
Sawhthing	- kezungpui tiat	Dhania dip	- 2 teaspoon
Peeper	- 1/2 teaspoon	Aieng	- 1 tablespoon
Jeera	- 1/2 teaspoon	Tomato paste	- 1 tablespoon
Vinegar	- 1 teaspoon		

1. Têl chhuang sa la, ançam, chi leh purun sen thlâk la, a senduk deuh thlengin kang rawh.
2. Purun vâr, sawhthing, alu chan sa, dhania dip, peeper, jeera leh aiengte thlâk la, alu chu a hmin hma deuh thlengin chhuang rawh.
3. Tomato paste, vawksa leh vinegar-te chu thlâk la, gas simah dêrkâr 1 emaw, vawksa hmin thleng emaw ur rawh.



*Hruaitute chanchin***PI LALNUNTLUANGI**

Pi Lalnuntluangi hi Upa Vângghâka (L) leh Pi Neihpuii (L)-te fâ pali zînga a upa ber dawttu niin Lunglei Bazar Vêngah a piang a.

Kum 1975 khan Upa Dr. Lalruanga nênn inneiin fapa pakhat leh fanu pathum an nei a, tu pariat an nei tawh. Tûnah hian Electric Veng, Aizâwlah an chêng a ni.

Kohhran Hmeichhe rawngbawlna lamah chuan Electric Vêng Kohhran Hmeichhe Committee-ah Asst. Secretary leh Secretary a lo ni tawh a. Tûnah hian Vice Chairman a ni mêk a, Electric Vêng Pastor Bialah hian Bial Buhfaiþham ziaktu a ni tawh þîn a; tin, Bial Secretary te lo ni tawhin tûnah hian Asst. Secretary chanvo a chelh mek a ni.

Tualchhông Kohhranah chun tûnah hian Puitling zirtirtu, Inrinni zân leh Pathianni chawhnu thuhritu leh Kristian Chhungkaw Committee member a ni mêk.

Khawtlâng rawngbâwlna lamah chuan Electric Vêng MHIP-ah OB post hrang hrang a lo chelh tawh þîn a, tûnah hian President a ni mêk.

MHIP Gen. Hqrs.-ah Executive Member a lo ni tawh þîn a, Financial Secretary term khat a chelh tawh bawk.

Mizoram Florists Association-ah President leh Vice President-te a lo ni tawh þîn a, tûnah hian President a ni mêk.

State Commission for Women-ah leh Social Welfare Advisory Board Member-ahte a lo tel tawh bawk.

Bible châng a ngainat zualte chu Sam 116:12 leh Galatia 2:20 a ni a, a hla duh zual eng emaw zât zîngah KHB no. 52-na, ‘Lal Isua hming i fak ang u’ tih leh KHB no. 61-na, ‘Ni tin Isua ka thinlungin ka hmangaih deuh deuh va’ tihte hi a rilru khawih êm êm þînte an ni.

*Hriat atan***SYNOD BOOKROOM BOOK NEWS**

1. **Mizoram Welsh Missionary-te chanchin** : Pioneer Missionary an tih mai – Rev. William Williams, Rev. F.W. Savidge (Sap Upa), Rev. J.H. Lorrain (Pu Buanga)-te chanchin mai bâkah Welsh Missionary pangngai 31 leh tihdam rawngbâwlina lama thawk bik Medical Missionary 15-te chanchin ngaihnawm taka Prof. J.V. Hluna ziak hi rawngbâwtute tân hmaih phal chi a ni lo. A man Rs. 150/-
2. **Hmangaih vângin China-ah** : Tu man “ka ui ka ar” an tih hauh lohna hmun, China rama râl kêra ring rawlha Krista tâna rammu, Hudson Taylor-a’n a chanchin leh a rawngbâwlina ngaihnawm taka a ziak, Rev. Lalramliana Pachuau lehlin hi ringtu zawng zawng leh missionary zawng zawngten chhiar thei ila, thlarau lamah hlâwkna kan hmu ngei ang. A man Rs. 60/-
3. **Thupuan chhuah chhui zauna** : Nakkum 2017 hian Puitling Sunday School-ah ‘Thupuan’ kan zir dâwn a, chumi atâna puitu tangkai ni thei a lo chhuak ta der mai. Pathian fa, ro luahtute tâna kan chan ropui tûrzia leh hlutzia kan hriat theihna tûr, Major Sangzuala rawn buatsaih hi Rs. 200/- man a ni e.
4. **The Revd Chuauþuama** : Mi chi hrang hrangten Revd Chuauþuama an hmuh dân an ziah dah khâwmna lehkhabu – K. Remruatfela, C. Lalbuatsaiha leh Rammuanthanga-te buatsaih, chhiar manhla tak mai chu a lo chhuak ta. A man Rs. 100/-

## KUM 2015-2017 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Rinchawii
Vice Chairman	:	Pi K. Vanlallawmi
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Pi Sailuti
Treasurer	:	Pi Maria Lalchhanhimi
Fin. Secretary	:	Pi Rallianthangi

### COMMITTEE MEMBER-TE

- |                       |                           |
|-----------------------|---------------------------|
| 1. Pi B. Zomawithangi | 2. Pi C. Romawii          |
| 3. Pi Lalsiammawii    | 4. Pi Lalbiaki            |
| 5. Pi C. Zopari       | 6. Pi R. Rengkhumii       |
| 7. Pi Tlangmawii      | 8. Pi Lalhmingmawii Sailo |
| 9. Pi Zothanpari      | 10. Pi P.C. Nuzawni       |
| 11. Pi Lalpianthangi  | 12. Pi Lalbiakengi        |
| 13. Pi Lalfeli        | 14. Pi C. Chawngpuii      |
| 15. Pi Vanrammawii    | 16. Pi Zopari             |
| 17. Pi Lalrokimi      | 18. Pi C. Thanthuami      |
| 19. Pi B. Bualchhumi  | 20. Pi Denghmingliani     |
| 21. Pi Lalrinpuii     | 22. Pi Liansangi          |
| 23. Pi Lalnuntluangi  | 24. Pi Lalhmingthangi     |
| 25. Pi Lalnunsiami    | 26. Pi Lalhliapi          |
| 27. Pi Sangthuami     | 28. Pi R. Vanlalruati     |
| 29. Pi Lalbiakhluni   | 30. Pi P.C. Lalmangaihi   |
| 31. Pi Vanlalpari     | 32. Pi C. Nuntluangi      |
| 33. Pi Lalduhthangi   | 34. Pi Rothangliani       |
| 35. Pi Vanlalnghaki   | 36. Pi Lalmuanzuali       |
| 37. Pi Sawithangi     | 38. Pi Lalbiaksangi       |
| 39. Pi Thangthuami    | 40. Pi Lalmachhuani       |
| 41. Pi Lalramthangi   |                           |

### Ex-Officio Member-te

1. Rev. H. Lalrinmawia, Synod Moderator
2. Upa H. Ronghaka, Synod Secretary (Sr.)
3. Rev. P.C. Pachhunga, Executive Secretary i/c Women
4. Pi Lalfakmawii, Co-ordinator
5. Pi C. Lalmangaihi, Ex-Chairman

### KOHRAN HMEICHHIA

*Thupui : Thuhretu atana koh (Tirh 1:8)*

- Thil tumte:
1. Kohran pum rawngbawlina tihlawhtling tura thawh ho.
  2. Kristian chungkua din nghehtir tura ÷an lak.
  3. ÷anpui ngaite Krista hminga ÷anpui.
  4. Chanchin ÷ha puan darh.



Postal Regn. No. MZR/ 53/ 2015 - 2017 RNI Regn. 40876/ 88



East Phaileng Kohhran Hmeichhia Leadership Training



Farkawn Bial Kohhran Hmeichhia Leadership Training



Vairengte Bial Kohhran Hmeichhia Leadership Training

To \_\_\_\_\_  
\_\_\_\_\_

Published by Rev. P.C. Pachhunga, Aizawl - Mizoram On behalf of Agape Association.  
Printed at Synod Press, Mission Veng, Aizawl - 796001 Copies - 40,500

[www.MIZORAMSYNOD.org](http://www.MIZORAMSYNOD.org)