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A chungga thuawm te

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Editorial

Kohhran Hmeichhiaten kan din chhan zinga pakhat *“Tanpui ngaite Krista hminga tanpui”* tih chu tihlawhtling turin kawng hrang hrangin hma kan la hlawm a ni a, mahni bial leh kohhran malah te, khawtlangah nen mi rethei leh harsa, vanduinana avanga mi dang tanpuina mamawhte tanpuia, theih ang anga kan thawk tlang thin hi a va lawmawm em! Mi dang kan tanpui thin dan kawng hrangte hi a hriat a nuam khawp mai: thenkhatin mi hlo te an thlawhsak a, thenkhatin dam lo an tanpui a, thenkhatin nau hnuchham te an enkawlpui a, thenkhatin sum leh pai leh ei tur tein mi harsate an pui baw. Hetianga tanpui ngaite Krista hminga kan tanpui thin hi a dawngtu tan a hluin Lalpa hnena lawm thu sawina tam takah a luangliam thin a, hriat loh hlanin kan Lalpa chung a thil tha ti kan lo ni reng baw.

Kan hriat angin hun rei tak ata kan lo tuak tawh, mi harsa leh tanpui ngai te, sual hliam tuar vanga rahbi tleu te leh chawikan ngai chi hrang hrangte chhan chhuahna tur **WOMEN CENTRE** chu a mite

kaltlangin Lalpan a sakna tur hmun min han pe a, a sakna tur sum pawh Lalpan a mite hmangin a rawn luanluhtir mek baw a ni. Mi hausate *ro bawm* Lalpan a hawng zel a, Ei chawp zawngte pawhin thawh theihna min petu chu Lalpa a ni tih hriain ui lo takin kan ni khat tha te kan pe khawm mek zel baw. Thenkhatin rawra te an chhu a, thenkhatin Jumble sale an siam a, a thenin hlep neiin thil an zuar a, thenkhatin Committee thawhlawm te an siam a, thenkhatin thing te an phur baw. Women Centre sak nana member zawng zawngte ni khat hnattlang koh chu thil huphurhawm viauva a lan theih laiin Lalpan mi thilungah hnattlan dan tura remhriatna tha tak tak a pe zel a, an hmalak dan te han hriatin a ngaih-nawmin a phurawm hle mai.

Lalpa tana insengso te hi tu mah inchhir an awm ngai lo va, insengso ve ngai loten an neih ve hauh loh lawmna thuruk chuan an nun a chhengkhat zawk thin a lo ni. Chuvangin, Women Centre sak zawhna tur leh a puitlin zelna tura mamawh te chu kan rin Lalpa hian min pe zel dawn a ni tih hi i ring tlat ang u.

Kristian Chhngkua

**FANAUTE
KRISTA HNENA
HRUAI**

*Chhiar tur : 1 Sam. 1:25-28;
3 Joh. 4; Thuf. 22:6;
19:18; Deut. 6:9;
Sam 127:3*

Tunlai khawvel hmasawn zelna leh than zelna avangte leh سوالنا lo pung zel avangte hian fanaute thlarau nun kawnga hruai hi tih tak zeta kan vei a hun tawh a ni. Hei hi Pathian pawhin min phut tlat a ni. Mi thiamte pawhin naupang enkawl that hlutzia hriain, *“Puitling pakhat i chhandam chuan, mi pkhat i chhandam a, naupang pakhat i chhandam chuan mi tam tak i chhandam a ni,”* an lo ti a ni.

1. PATHIAN LAKA KAN MAWHPHURHNA

Thufingte 22:6-ah chuan *“Naupang chu a kalna awm kawngah chuan zirtir ula, a upat hun pawhin a thlah lo vang”* tih kan hmu a ni.

(a) Hebrai nu leh pate chuan an fate sakhaw lam zirtrnaah Pathianin ti tura a phut leh thupekte chu an ngai pawimawhin, hlen chhuah ngei an tum a, an fate chu an tawng theih tirh atangin Pathin thu an zirtir thin. An sakhaw dan te hi hnute an hnek lai atangin hnuteuiah an hne tel a ni an ti thin.

(b) An fate chu Pathian thu an hrihl loh chuan Setana tan an khek a ni an ti thin.

(c) Lal Isua nun atangin kan hmu, a nu leh paten an zirtir thin.

(d) Naupangte taksa leh thlarau nun Isuan a ngai hluin a hmangaih a ni.

Baptisma thuthlung hi a pawimawh em em a, nu leh paten Pathian hmaah thu kan tiam a, kan thutiam chu tiam satliah mai ni lovin, zawm ngei tur a ni tih kan theihngihl fo thin a ni, hei hi a pawimawh em em a ni.

2. A NIH LEH ENG TIK HUNAH NGE KAN TAN ANG

(1)Nau pai lai atangin: Nausen chu nu pum chhunga a awm lai atangin

enkawl ngun tur a ni e, tiin mi thiamte chuan an sawi. A dik awm hle pawhin a lang. A chhan chu, nu thisen leh naute inzawm lai a nih avangin, nu ei ang ang kha nautein a dawn avangin, inenkawl that a tul a ni. Chuti ni lova, nuin zuk leh hmuan leh ruih theih thil a tih chuan naute khan a lo dawng ve vek mai a, a paw em em a ni. Upa pakhat sermon ka ngaihthlak ka hriat reng chu, an nuin nau a pai lai atangin a lu chungah kut nghatin a tawngtaisak thin a. An fate pawh mi puitling tak tak, ramin a hriat larte an ni. Heta tang ringawt pawh hian nu leh pa pawimawhna a lang chiang hle a ni.

Korean chuan an kum chhiarin nau pai lai atangin an chhiar thin an ti. Nu pum chhunga an awm lai atangin thil tam tak an zir a ni, an ti ve tlat. Chutiang a nih pheichuan, nau pai lai atangin a pawimawh hle tihna a nih chu.

(2) Nau pian atanga kum nga: Psychologist-ho chuan, nausen chu a pian atanga kum 5 a nih thleng hian a dam chhunga a mizia tur zaa

sawmriat (80%) vel chu a khawl khawm hman tawh niin an sawi. Hemi hun hi nu leh pate tan te enkawl hun hlu ber (golden ages) a ni e, an ti a ni.

A chipchiarin kan sawi hman dawn lo va, keini chuan naupangchhia, naupang â kan tih hun lai a ni a, eng mah hre lo nia kan hriat laiin an dam chhunga an thil hriat tur chanve aia tam an lo hre der mai a lo ni. Naute chuan a nu hnute a hnek laiin a nu mit meng atangin a thinrim leh rim loh an hre thei vek a, vawi khat an hmuh atangin nel tur leh tur loh an hre nghal thei a ni.

(3) Pathian biak in ngainat-tir tur: Nausen chu an tet lai atangin biak inah hruai thin tur. Kan fate an tet lai atanga Pathian biak ina hruai than hi an lo than chhoh zelna atan a pawimawh a, biak inah chuan lo tap bengchheng deuh mah sela, inthlahrun lutuk tur a ni lo, an tet lai atanga kan enkawl dan kha an rawn than lenpui tur a nih avangin a pawimawh em em a ni. Chuti ni lova, nu zawk nalh taka

incheia nau hruai lova biak ina kal daih kha a mawi loh bakah, an tet lai atanga Pathian thua kan thanlentir loh chuan an len hunah phei chuan thil harsa tak a ni. KHB No. 541 “Jerusalem nuten an fate Isua hnenah an hruai lain zirtirte chuan anmahni an lo hnar pawhin Lal Isuan naupangte te ka hnenah han kaltir ula hnar suh u, Pathian ram chu hetiang mite ta a ni si a, a tih kha, naupangte a ngai pawimawh em em a ni.

Pathian thu hrilh turin kan sawi thiam lo mai thei, nimahsela, an tet lai atanga Pathian biak inah kan hruai zat zat chuan, an puitlin hunah pawh humsual lo daiin سوالنا kawng zawh mah sela, inhmuhchhuah hun an nei leh thin a ni.

Naupang enkawl that leh that loh chu Sunday Sikul zirtirtute leh ni tin sikul zirtirtute hian an hre thei khawp mai.

(4) Tawngkam hman fimkhur tur: Naupang hian nute mizia an rawn zir chhoh zel avangin tawngkam hmanah fimkhur a ngai em

em a, nu vin tak chuan fa vin tak an nei ngei ngei thin. A chhan chu, nuho chu kan buai theih thin em avang hian naupang min biaknate pawh chhang tha mumal mang lova han vin tuar tuar mai emaw, ‘ninawm’ han tih maite hi kan ching thin a, hei hi thil pawi tak a ni. An thil min zawh hi tha tak leh dik taka chhan thin hi an lo than chhoh zelna atan a pawimawh em em a, thudik kan hrilh ang a, chiang takin thil awmzia kan hrilh thin tur a ni a, hetih hun lai hian Pathian thu-te kan hrilh thin ang a, pathian thu te kan zirtir thin tur a ni a. Thil awmzia kan hriatthiam tawh thin loh avang hian, naupang fel tak tur kha naupang â takah te, naupang سوالنا te kan chhuah mai thin a ni.

(5) Sikul kal rual an nihin: Sikulah thil tam tak an zir a, an hotute thu an ngaichangin an thu an awih em em a, nu leh pa thu ai chuan zirtirtute thu an awih zawk a, thil tha kan hrilh loh phei chuan thian an kawm a, an thiante atangin thil tam tak an zir chhuak a, khawvel a thang ang bawkin an rilru

pawh a thang nasa a, nu leh pa aia thil hre zawkah an inggaih avangin thu awih loh an ching tan a, hriatna lamah leh thiamna lamah pha lo mah ila, Pathianin kan enkawl tura min pek an nih miau avangin, Pathianin finna te, remhriatna te min pe ngei ang tih ring ila, tih tak zeta Pathian lam kan hawi chuan, hmelmapha lak atangin Pathianin min chhanhim ngei ang. China thufing chuan, ***“One mother worth hundred teacher”*** tiin a sawi a, chu chu ***nu pakhat hian zirtirtu za a tluk***, tihna a ni.

Kan fate hi kan enkawl that loh chuan, ni tin sikul zirtirtute kutah kan dah a, eng emaw chen chu a that viau rualin, naupang enkawl tha tak tak tur chuan zirtirtute aiin ***“Nu leh pa kan pawimawh zawk.”*** In **chhungkhura naupang enkawl that loh chu sikulah pawh naupang tha an ni ngai lo vang**. Kan fate Sikul kalna tur kan buaipui a, Sikul tha, man to pawh sawi lovin kan kaltir a, kan buaipui em em laiin, an thlarau nun lam kan hlamchhiah leh lawi si, an

lo thanglian a, sual kawng an rawn dai chho a, a tawpah kan buai leh si. Kan fate enkawl tha tur chuan nu leh pa tluk an awm lo.

Nu leh pate chuan kan fate hi lehkhathiam thei, zu in lo, mi fel tak, ram leh hnam tan leh kohhran tana mi tangkai neih kan duh theuh a ni. Mahse, chutiang chu an ni vek thei si lo, chutiang ni thei chu mi tlem te chauh an ni si.

Kan fate zirtirna tha pe chuang si lova fa tha leh mi entawn tlak, lehkhathiam neih kan duh leh si a, kan enkawl dan leh kan ngaihsak dan en chuan fa tha tak neih chu a harsa duh mai thei a ni.

Nu leh paten kan fate zirtirna tha kan pek loh avangin, chhungkaw tam tak chuan kan tuar mek niin a hriat a. Thu tha kan hrih mawlh mawlh chung pawhin, thenkhat chuan sual rawng an bawl lui tlat mai bawh a. Kan hrih loh phei chuan eng kawng nge an zawh ang tih hi ngaihtuah tham a awm ang.

Chutiang a nih avang chuan kan fate theuh hi an kalna tur kawng zirtira, Lalpa thununnaah leh zirtirnaah enkawl thin ila chuan, chhungkaw nuam leh chhungkaw hlim chu Pathian khawngaihna kan siam thei ngei ang.

(6) Nu leh pa tanruual a tul: Kan fate enkawl tha tur chuan nu leh pa tanruual, an dik lohva hauh an ngaih changin, a tu zawkin emaw lo chhan te hi a paw em em a, sualna kawng an zawhna hmanrua pawimawh tak a ni.

Kan faten thil min dil/ ngen emaw a nih pawhin kan phal lo emaw, kan nei lo emaw a nih chuan phal loh tlang law law tur a ni a, chuti ni lova, kan hauh hrep hnuah emaw ka nei lo kan tih hnuah kan tihsak leh lawi si ang te hi thil tha lo a ni.

Naupangin thil an tihsual changa hauh hrep ringawt hi a tha ber lo va, chu ai chuan a fuih lam hian a siam tha zawk thin. Nu leh pa fing chuan hau hrep lovin an fuih sauh sauh zawk thin.

(7) Kan fate tana hun tam zawk: Nu leh pate hian kan

fate tan hun tam thei ang ber kan pek a hun tawh tak zet a, lo nei mi kan ni emaw, office kai mi kan ni emaw, hna kan thawh bakah chuan, in chhungkhurah kan fate nen a tam thei ang ber hun hman tum te, nu ber thenawm khawveng a lengkual zut thin emaw, pa ber pawh tih tur sawi tur awm mang si lova, len khawthawn mai mai ang chite ai chuan chhungkuaah kan fate nena hun kan hman tam hi chhungkaw in nelna/inkawmngaihna a nih avangin a pawimawh em em a ni.

Kan fate kan kawm ngeih phawt chuan, thu tha hrilh pawh a awl zawk ngei ang, chuti ni lova, vin deuh chung leh zil pah chung a kan tih chuan kan thu zawm harsa an ti thin. Kan fate hi Diabola nen kan in chuh tak meuh meuh tawh a ni.

(8) Fate duhsak bik neih loh tur: Nu leh pa thenkhat chuan kan fateah hian duhsak bik leh duat deuh bik kan nei chawkin thin, ani chu thu a awih thei a, ani chu a awih lo, tih te kan ching a, hei hi a pawimawh mai,

eng mah sawi lo leh hre awm lo taka an lan laiin an rilru chhungril a na thin hle a ni tih kan hriat a tha. Thenkhatah phei chuan sual rawng bawl duhna thin-lungte an put phah hial a, chu bakah chuang riaua inhriatna leh hmangaihtu nei lova inhriatna te an nei duh a; chuvangin, inang tlanga fate enkawl hi tum hram hram a ngai.

Kan faten thawmhnaw/pheikhawk, etc, lei ngen ta ang sela, e.g. ‘pawisa kan nei lo,’ tia hau hrep mai lovin, Mami/Mama, lo nghak hrih la, sum kan tuak ang a, lei dan kan ngaihtuah dawn nia, tih chuan, a ngen

tu tan pawh a ngaihthlak a nuam zawk ngei ang. Chuti ni lova, kan fate hnenah a theih loh thu kan fah hrep ringawt chuan, an rilruah beidawnna leh retheihna kan tuh palh ang tih a hlauhawm khawp mai.

(9) *Thutak hrilh thin tur:*
Keini Mizote hian naupang te dawt han hrilh maite kan ching a, fiamthua han chhah nawmna hrih maite ang chite leh biak nawmna hrih maite kan ching a, hei hi thil pawh tak a ni a, dilchhut taka thil min zawh pawhin a nihna dik tak hrilh thin ila, mi puitling ni tura kan chher chhuahna a nih avangin a pawimawh em em a ni.

(Chhunzawm tur)



HRIATTIRNA

Rorel Inkhawm Wawi 6-na Rorel No. 4-a rel angin Kohhran Hmeichhe Ni-ah Women Centre tan thawhlawm lak khawm thin tur a nih kha hre tlang ila a tha ang e. Kumin Kohhran Hmeichhe Ni Programe-ah khan tar lan loh palh a ni a, Kumin Kohhran Hmeichhe Ni atangin thawhlawm khawna Synod Office-ah Bial Tresurer kaltlangin theh luh tur a ni e.

PASAL SUN HI

Lalrinkimi
W/o Rev. Thangdela (L)

Pathianin mihringte awm dan tura a ruahman hi a ropui hle mai. Inneihna thianghlimah mipa leh hmeichhia chu pum khatah a siam a. “Eng atan maw?” PATHIAN MI, FA THA TAK HRING TURIN” (Malakia 2:15) chi thlah kal zela a rawngbawl tur chhungkua dina, a ram tihzau zel hi a tum pawh a ni.

Kan duh ber leh min duh ber tu nena inneih te hi a va hluin a va duhawm tehlul em! Kohhran mipuiten Pathian biak inah kan inneih min hriatpui a, min lawmpui a, duhsakna tinreng min hlan a. “A nuamah pawh, a hrehawm ah pawh, hrisel lai leh bawrhsawm lai pawhin... thihnain min then hma loh chuan...” tiin thu kan tiam a. A va hlimawm em! Kan dam chhunga kan ni ropui ber a ni reng a ni. Nupa nun kan tan a, engkim mai hi a

hlimawm a, khawvel hi a mawiin a nuam takzet a ni. Chhungkaw tharah min lo lawm a, kan inhmangaih tlang nghal mai a. Hun a kal zel a, fanaute kan han nei a. Chhungkua kan han din a. Bawrhsawm hun leh harsatna hrang hrang paltlang hunte, hun hlimawm leh hlawhtlinnain min tihlawm hun te kan tawng chho zel a. Kan pasalte hian min thlamuan a, min uap a, hun harsa leh nuam paltlang turin min tichak a, min tanpui a, kan tan inngahna ban an tling takzet thin. Anni nen chuan engkim tuar a nuam thin. An duh zawng leh duh loh zawng te kan han hre chho va, an chawhmeh duh zawng siam te kha a va nuam thin em! Han chhuah hlek pawhin in lamah min nghakhleltu an awm tih hriaain kan tlan haw dawr dawr thin kha a ni a. An zin chhuah chang pawhin in chhung a ruak thinzia hre chiangtu kan ni a. An awm chuan chhungkua a zahawm a, a phuisui a, naupang pawhin thu an awih bik thin a ni.

Mahse, kan thutiamah khan, “Thihnain min then hma loh chuan...” tih a nih kha. Thihna hian min la then dawn a ni tih a chian tehlul nen kan lo ngaihtuah tel ngai hauh lo mai. Hei pawh hi a lo tha e, kan hlimna a lo dal lo va. Eng tikah emaw chuan inthen a la ngai dawn tlat mai. A ruala nupa aC.C.ident-a boral an awm zauh zauh a, an tam lo. Thil vanduaithlak tawp a ni. Tu emaw an kal hmasak a ngai. Nupa thenkhat kal hmasak inchuhte an awm fo thin, mahse, kan duhthlan a ni si lo. Khawvelah hian pasal sun an va tam awm em! Tunlai kan Zoramah hian nupui sun aiin pasal sun hi an tam zawk fe niin a hriat.

Awm khawmna hmunah i hmelhriat nupui/ pasal sun han chhiar ru teh, a dikin i hria em? Mahni veng chhung te chhut ila, pasal sun hi tam zawkin a lang asin! Kan pa thih hlim khan kan inlengte hi ka lo chhut mai mai thin, a chang phei chuan tlar khatah te an thu ho tham thin!

Kan veng (Mission Venglai)-ah hian pasal sun kan thathnem deuh avangin mi pakhat chuan, “Thailand” (Hmeithailand) zu vuah ve ngawt a! Pasal sun hi sun ve lo tan hriat phak a ni lo va, hriat chian chi pawh a ni hek lo. Natna avanga te, aC.C.ident avang te, chhan hrang hrang avang tein kan pasalten min kalsan! Ti ringawt hian – chhungkaw mawhphurhna zawng zawng phur turin, a aiawh turin, a tul apiang chhunzawm turin, hmeichhe chak lo leh tlawm zawk hi min kalsan ta! A va lungawithlak loh em! Thenkhat phei chu la naupang tak tak, fa sen pawm te an la ni lehngal! Eizawngtu ber an awm loh chuan engtin nge maw ni ang le? Kan dam khawchhuak zo ve dawn em ni? Damdawi in tha ber berah inenkawl mah ila, kan chhan thei si lo. Kan pasalte hian min kalsan tur hian kan phal lo lutuk a, mi beidawn hnu pawh hian kan lo la beisei tlat fo thin. In enkawl nasa leh enkawl hman

loh te pawh hi - a inang vek mai, a na a ni. Khawvel tawng hian a sawi fiah phak lo. Sun tawh te kan inhriatpui a; mahse, sun dan te a inang loh em avang chuan a innat hleih tho baw. Hriatthiam a har a, eng vangin nge min kalsan mai, a chang phei chuan min ngaihtuah ta lo em ni tih te a awl hle mai.

Kan pasalte hian min kalsan ngawt a lo ni hauh lo mai. Chung lam thu a ni. An duh dan pawh a ni bik hauh lo vang. Nupui fanau an thlakhlleha, an ngaih em thin kha tiraw. Mihring tan vawi khat thih ruat a nih (Heb. 9:27) tlat avangin a hun a tawng ta mai a ni. A hun a lo thlen tawh avangin eng natna pawh a hmanruaah a hman ta mai a ni. Natna tuar lova a lak tak te phei hi chu an vannei viau a ni lawm ni? Mahni kan inkhawngaihna hian hman a chang tam thin mah mah a ni. Min la hmangaih se, thil engkim min la tihsak se kan duh ngawih ngawih lai hian an kal ta si. Kan hmangaih kal tate hi engtin mah kan ko kir

thei tawh lo. Mittui eng ang mah hian a au ei thei tawh si lo. Engtin nge kan tih tak ang le? Hengte hi i ngaihtuah ngai em?

- (1) **Ka pasal a dam ta:** Natna hrehawm tak tuara a awm, doctor-te pawhin an tihdam theih loh kha Lalpan damna famkim pein a hruai ta! A natna kha tuar reng tur khan kan phal em? Amah pawhin a duh zawk ang em?
- (2) **Kan inngahna ber a kal ta.** Kan pasalte hi inngahna tlak tak tak an lo ni lo. Kan Pathian hian amah ringa inngat turin, kan mamawh min tihsak a tiam a ni (Sam 37:5)
- (3) An duh zawng leh duh loh zawng te kan hria a, an dam laia kan ngaih pawimawh ang tho khan ngai pawimawh ila, kan hmangaihna lantirtu a ni ngei ang.
- (4) **An sulhnute hi** - An thawmhnaw inkhai zozaita leh tih tura an ruahman an tih hman tak loh te, ti hian awm mai

mai rawh se. An thawmhnaw khawih pah hian kan ngaihzia te hi sawi mawlh mawlh ila, kan zang ve huai thin nia!

(5) Pathianin pa nei lo leh hmeithaite a humhalhzia hriain i lungngai lo phawt mai ang u (Sam 68:5; Deut. 27:1).

(6) **Kan hun a lo thlen ve hunah hmuaktu tur kan va nei tha tawh em!** Lei nun leh van nun a inthlah em avangin min duhsak dawn teh mai asin.

Sawi sen a ni lo va, pasal sun te hian lunglen, khawhar damchhung daih kan nei a ni ber a. Chu bakah, an mitte kan lo tling tawk lovin keimahniah lawm lohnate an lo nei em tih mai mai ngaihtuahna te hian min tilungngai zual fo va. Ngaihtuahna a kal zung zung a, kan inhambuai fo thin. Mahse, hma lam pan tum talh tur a ni. Nupa hlim tak hmuh te hian kan hlim lai te ngaihtuah chhuak ve vat ila, kan awh viau te pawh hi eng

tik niah emaw chuan an la inkalsan ve dawm tih te hi kan ngaihtuah chuan awhawm tak tak pawh an awm bik lo a nia. Mittui lo tla mai thin te hi chu ngaiha neih tum ila, a zahthlak loh. Hmangaihtu pasal tha tak kan lo neih avangin Pathian hnenah lawm thu sawi nawn fo ila, Aman min hruai zel dawn avangin i lungngai suh ang u.

Setanan remchang hmanga min tihrehawm zual zel a tum tih hrethiam ila, Lalpa i bel tlat ang u. Pathian hnaih reng mai hi kan tan a tha ber si a. Ani chuan lungngaihna chhum chungah min chawikangin van boruak thianghlim min hiptir thin a. Belh tur nei lo tan belh tlak a ni tak zet mai. Aman min awmpui chuan tun hmaa kan la hriat ngai loh thlarau chenpuina tak tak kan dawng a, mahni chauh pawhin him takin, hlim takin, muang takin kan awm thin a ni. He thuruk inthup, pasal sunte tan Lalpa a buatsaih hi chang theuh ila a va lawmawm dawn em!



**SYNOD
MODERATOR KA
NIH CHHUNGA
KOHHRAN
HMEICHHIATE
NENA
RAWNGBAWL
HONA**

*Rev. C. Chawngliana
Dawrpui Vengthar*

Thuhma

Kohhranho duhsakna leh Pathian khawngaihna avangin 2010-ah Synod Moderator-ah ka awm ve hlauh mai a. Hemi chhung hian Kohhran Hmeichhiate nena thawh hona kan nei ve nual a, chungah chuan an duhsakna leh chawimawina tam tak ka dawn avanga lawm thu sawi nan rawng kan bawl hona thenkhatte ka han tar lang ang e.

Buhfaitham Centenary

Ni 11 March, 2010-ah Electric Veng Kohhran Biak Inah Buhfaitham Centenary ropui takin kan lawm a. Khami hun nena

inrual chiahin Synod aiawha ka palai ve vawi khatna tur KJP Sepngi Synod Inkhawmpui an lo ruat a. OM (Officer's Meeting)-in Buhfaitham Centenary kha a ngaih pawimawh bakah kei pawhin ka ngaih pawimawh em em a nih si avangin kan hotuten ka tel theih dan tur an ngaihtuah a, fel takin rem min ruatsak a, Centenary ka hman ve thei kha ka lawm hle a ni.

C e n t e n a r y programme-a a pawimawh lai tak thuchah sawina hun min pek bakah monument changkang tak kha ka hawng bawk a. Synod Office chhungah a kal apiangte hmuh theihna lai takah tar a ni ta nghe nghe a, vannei ka inti hle. Kha Centenary-ah khan hruaitu tam takin chawimawina Certificate an dawng a, an dawn ang kha ka dawng ve pha ve lo nain an dawn aia ropui tak chawimawina ka dawng tih ka inhria a, ka lawm khawp mai.

A thlengtu Electric Veng Kohhran Hmeichhiaten Tripura Mission Field-a Field Secretary ka nih laiin min rawn tlawh a. Anniho hi an thlarau chan boruak a sang hle a. An haw dawn zanah zai leh tawngtaiin an tlaivar a. Noagang Compound chhungah an kal kual a. Ka mu tui lai zing dar hnihah min rawn kai tho a, Field Office Verandah an zinga khawih thlukna nei khan min din tlartir a. Ka tlu ve chuang lo vang tiin ka lo insang ruh a; mahse, ka rin loh takin ka tlu ve ta tho mai nia. Ka hneh lo a ni ber awm e. Buhfaitham Centenary lawmna dawng awm tak an niin ka hria.

Women Centre

Hlimen khaw bulah Women Centre din tumin eng emaw chen hma lak a lo ni tawh a. Kohhran Upa, kan ram hruaitute leh khawtlang pawhin tuipui takin hma an lo la tawh a. An chungah lawm thu sawi tur a tam mai. Amaherawhchu, a panna

kawng leh electric chungchangah te harsat-na a awm a, kan sum dinhmunin a tlin dawn loh avangin hma lo la hmasatute zah tak chungin hmun dang kan dap ta kha a ni a. Tuirial kawng lamah building awm sa vek leh hmun tha tak lei tur hruaitute nen kan en ho a, a remchang hlei thei lo a. A tawpah Phunchawnga Synod ram, a hmanna tur la ruahman loh chu inthlahrung takin SEC-ah kan dil a, annin phal takin min lo pe ta hlauh mai kha a lawmawm hle a ni. Central Kohhran Hmeichhe hruaitute nen Dt. 30 Nov. 2012 zing karah a hmunah kalin kan en a, tuna Building sakna mual, kawngpui sirah mi inthiarna rim nam rum rum pawh pawisa lovin kan tawngtai a, Pathian hnenah kan hlan a, kha hun kha hun hlimawm tak a ni. Women Centre hi hmanhmawha hawn thuai thuai tum lovin tha ziktluak taka hmanhmawh lutuk lova sak ni se, nakina kan lawmna tur a la ni zawk ngei ang.

Ram neih fel a nih hma hian Phunchawng kohhranin an khawtlang dinhmun ngaihtuahin an khawtlang tan tha dawn lovin an hria a, an veng chhungah dah lo hram tura an duh thu te an lo sawi ri a. Thil buaithlak a awm loh nan Kohhran Committee te nen Moderator programme-ah inkawm hona neiin kan hmalakna turte kan inhrilhfiyah a. Eng mah dodalna awm lova a kal tlang thei ta hi a lawmawm ka ti khawp mai. Phunchawng Kohhran Upate leh mipui hnenah lawm thu sawi kan bain ka hria.

Taiwan Kohhran Hmeichhiate nen

Taiwan Kohhran Hmeichhe hruaitute khan Mizoram an rawn tlawh a. An puala buatsaih Dinner tuihnai tak David's Kitchen-a kan kil honaah khan anniho nen kan inbe thei vak lo naa, chaw kha chu kan ei puar thiam tlang theuhvin ka hria. Thlalakte kha chu a chhuak ta lo a ni mai thei e.

Phulpui Kohhran Hmeichhe Centenary

Phulpui Kohhran in Centenary an lawmnaah Central Hmeichhe hruaitute nen min sawm ve avangin kan va kal a. An Pastor hovin hneh takin min lo dawngsawng a, chawhlui tuihnai tak an lo buatsaih nghe nghe a. An khua a lian vak lo naa, kum za lai rawngbawlina an lo kalpui tawh a, tluk loh rim an nam a, an fakawm ka ti hle mai. Nuho zingah Soloist tha tak tak an neih te kha an la zaithiam hle a, an awhawm hle mai. Souvenir tha tak min present bawk.

Phulpui-a han kal takah chuan khawthlang lama West Phulpui, Bru khua min ngaihtuah chhuahtir hle a. Tum khat chu ka Bial fan Sunday zanah vaihmite a tam khawp mai a, Petromax a tha lo va, a lum bawk si. Biak in chhung kha vaihmitein a khat ta mai em ni aw tih turin a tam a. Inkhawm zawng zawng

chu an inhiat sup sup mai a, kei pawh Pulpit-ah bari bo thakin ka inhaipawr ve a. Thusawi mumal theih a ni lo. Thosi muh lian pui pui sawm vel an han vai khu tak tak chu kan inhmu tha thei lo va, kan khuh sup sup bawka. Lungchhiat vang ni lovin mittui a tla phung mai bawka si a. Thusawi mumal lovin kan bang ta hial a ni.

Tum khat chu Sakramen tui sen an la nei emaw tiin ka keng lo va. Upahovin theihmu hi sawr ila tha mai ang an ti a. An han sem chu ni dang ang bawka thlum tur emaw an ti a, a lo thur viau mai si a, an hmai an tichuar nang nang leh mak tia an meng kual vel kha mitthlaah a la cham reng mai. Chu mai chu a la ni lo, Vai Kristian tlangval leh Bru nula ka inneihtir tuma ka buaizia te kha. Vaipain Mizo leh Bru tawng a thiam lo va, Bru nulain Vai tawng mumalin a thiam lo va, Mizo tawng erawh chu a thiam nual a, kei a inneihtirtuin Bru leh Vai

tawng ka thiam si lo. Thaw a sa khawp mai. Anni pawh kha engtin tak awm zel ang maw.

Dawrpui Vengthar Kohhran Hmeichhe Golden Jubilee

Pi Zomuani, Mizo hmeichhe B.D. hmasa ber, Central Kohhran Hmeichhe Chairman leh Secretary hun rei tak chelhtu lawina kohhranin May-ah Golden Jubilee ropui takin an lawm a. Thusawina hun tha tak min pein Pi Zomuani te nen kan hmanpui a. Ruai tuihnai tak kan ei a, kan tlai hle a ni. Anni Kohhran atang hian Pi Vanlalengi, Inkhawmpui Lian Chairman lo ni tawh te, Nl. Lalengmawii (L), Zaipawl Conductor lar tak te, Pi Hrangthan-chhungi, Secretary, NC.C.I, te leh Nl. Lalhmangaihi (Sini) Synod Choir-a term lina hmang mekte hi an lo chhuak tawh a. Hruaitu fel tak tak leh missionary eng emaw zat an awm bawka ni. An zinga hun ka hmang ve thei hi vannei ka

inti khawp mai.

Durtlang Kohhran Hmeichhe Centenary

Durtlang Lal M. Suaka'n Kristiante khua atana a din Durtlanga Kohhran Hmeichhiain an kum zana (Centenary) an lawm kum a lo ni hlah va. Hun nei tura min sawm ve avangin Dawrpui Vengthar Bial Zaipawl nen kan inkhawm ve a, a nuam kan ti khawp mai.

Durtlang Kohhran hi missionary leh Synod Hospital thawktute nena lawi ho an ni bawk a, an faiin an thianghlim a. Zai thiam kohhran an nihna an la vawng nung a, kohhran nghet tak an nihzia a la lang hle bawk. An zinga hun ka nei ve thei kha malsawmna ropui tak ka dawn niin ka hria. An Pastor a tha bawk a, a ho a thla kan lak pawh a mawi khawp mai.

Rawpuichhip Bial Hmeichhe Inkhawmpui, Tuahzawlah

Tuahzawl, a hming ka hriat fo thin, ka la tlawh loh khuaah Bial Hmeichhe Inkhawmpui ka hmang ve hlah a. Duhsak takin hunte min pe a. Kohhran Committee lamin chawhlui tuihnai tak an lo buatsaih kan kil ho va, kan tlai hle nghe nghe a. Thingtlang kohhran ni mah se an inkaih-hruaina leh kalphungah khawpui kohhranten kan tluk lo mah ang em aw tih turin an kalphung a fel a ni.

Hmangaihna In

Kohhran Hmeichhe Inkhawmpui Lian Vice Chairman Pi C. Lalneihkimi te nupa leh mi dangte nen Kohhran Hmeichhe rawngbawl na pawimawh tak Hmangaihna In kan tlawh a. Superintendent leh naupang enkawltute inpekna a fakawm ka ti hle mai. Hetiang rawngbawl na kan lo nei hi Pathian duh zawng ni hliah hliahin ka hria.

Hmangaihna Ina

www.mizoramynod.org

naupangte kan enkawl dan erawh hi chu en thata, hmasawn zawnga ke pen tul tihna a lian viau mai. Tunah hian kum ruk an tlin veleh lak chhuah zel an ngai a. An chhuah hnuah a enkawl tha thei vak lo tur hnenah pek leh te an ngai a, an dinhmun ngaiyah an lut leh a nih chuan an tan puitlin a har dawn a ni. Chuvangin, kum rei zawk enkawla, an sikul kalna turte pawh ngaihtuahsaka, mi puitling ni tura chher chhuahna hmun atan siam ni law law se a duhawm hle mai. Tuna kan kalphung hi chu thlai phun nun, a rah hmaa a kung phawi leh ang a ni ang tih a hlauhawm. Pathian zarah Kohhran Hmeichhiate hian kan ti thei ngeiin ka ring.

Kohhran Hmeichhe Office

Office-a thawkte nen khan kan inpawh tha hman viau a. An hnaa

theihtawp an chhuah dan te ka hmu a. Thawh hona tha tak hnuaiyah, hlim takin an thawk tlang niin ka hmu thin. Hunpui lo thleng apiangah thusawi leh thuziak hun min pe ziahte kha ka lawm hle thin. Pi Lalrinkimi, Coordinator hi B.Th. kan zir laiin kan in-classmate a, nula zaidam tak a ni thin a (tunah chuan Pi a lo ni ta a), Office-ah fiam bawrh bawrh ngam a lo ni bawk nen ka hun awl neih apiangin anni hnenah hian ka hahchawl thin a ni.

Central Hmeichhe Committee te nen kan Committee ho tam vak lo nain a boruak hre tawk erawh chuan ka tel ve hman a. Synod hruaitute hi bang ta vek mah se anniho hian an khalh kal zo tho mai awm mang e ka ti thin.

Zoram Kohhran Hmeichhiate hma lamah kal zel se tih hi ka duhsakna leh ka tawngtaina a ni zel e.



*Sermon***LUNG HI CHAWI SAWN RAWH U
(Johana 11:39)***Kawlorodangi
Venghlui*

Mizo Kristiante ruihhlovin min tihbuai chungchangah Pathian miten mawh kan phur a ni tih kan ngaihtuah ngai em? Ruihhlo/zuk leh hmuamah rawngbawltu pawh kan bang lo leh kan insum lo ta lutuk hi inngaihtuah nawn turin Lalpan min duh a ni. Kan rama Kristianna a lo luh tirhin ruihhlo/zuk leh hmuamte hi Kristianna nen a inrem lo tih kan hre lo pawh a ni mai thei. Tunah erawh chuan a that lohzia kan hriain heng ruihhlo/zuk leh hmuam kan chinte hian a aia tha lo lehzual ganja, proxivon, heroin, etc. thlengin a hring chhuak a ni tih kan hai lo va, kan tu leh faten an thihpui mawlh mawlh a nih hi! Ruihhlo, zuk leh hmuam hrin chhuah piansualna raphlakin kan thalaite a sawisa a, thalai duhawm pui pui chhungkaw tana tangkaina nei lo leh eng mah thil tha ti thei lova ruihhlo, zuk leh hmuamin a sawisak mek han hmuh hian rilru a na vawng vawng a ni ti rawh u.

Ruihhlo ngaiten an sim kan duh theuh va, kan chhan chhuak thei mahna tia sum leh pai pawh ui lova pe thinte leh tha leh tui, hun hlu tam tak senga thahnemngai taka tawngtai thinte hian kan hriat hmaih hauh loh tur chu hei hi ni – ruihhlo, zuk leh hmuama kan fihlim lo a nih chuan keimahni ngeiin ruihhlo, zuk leh hmuam kan chin hi kan tu leh fate awhna thang a ni tih hriain kan sim ngei ngei tur a ni.
Ruihhlo, zuk leh hmuam

kan tih hian kan tu leh fa teah ruihhlo ngaihna chi kan tuh a lo ni a, inthlahrunna leh inthiam lohna pawh nei hauh lovin an rawn ti tan ve a, a aia tha lovah an lo lut ta zel thin a ni. Hur leh mipat hmeichhiatna hman ringawt hi tisa chakna a ni lo va, ruihhlo ngaihna hi tisa chakna chi khat a ni; chuvangin, ngaihthah lova kan sim vat a tul tawh tak zet a ni. Bible pawhin in tisa chakna puitlin turin eng mah insiam suh u, a tih kha.

2 Chronicles 7:14-ah Pathianin “Ka hming pu, ka mite chuan inngaitlawma, min zawna, an awm dan sualte an hawisan chuan, van atangin ka lo ngaithla ang a, an ram chu ka tidam leh ang,” a ti si a. Kan ram tidam leh turin Lalpan min nghak reng asin.

Joshua hova Kanan ram lutte pawh khan tihfuh loh an nei, mi tute emawin an rawn dawr a, ram hla taka awm angin an insawi a, Ipte hlui takah chhang hmuar te an ak a, pheikhawk chhe tak an bun a, an lo kalna a hlat em avanga chhia niin an sawi a, Kanan ram mite tan hnawksak phak lo tur ni awm takin an inlantir a, chungho chuan Joshua hnenah anmahni tiboral lo turin an ngen a, Joshua chuan chung lam Pathian rawn hauh lovin rem thu a thlunpui ta mai a, Nimahsela, chungho chu an bul lawk khuaa mite an lo ni reng si a, Pathian thupekah chuan Kanan ram mite chu tiboral vek tura tih an ni zawk si a. Keini pawh ruihhlo, zuk leh hmuam kan chin hian chung lam Pathian rawna nei hauh lovin kan tisa chakna rem thu kan lo thlunpui reng a ni lawm ni? Pathian chuan taksa thiltih te thlarauva tihlum turin min ti zawk si a.

Joshua leh a hoten Jeriko kulh ropui tak an hneh tum khan Pathian thu awiha, rinnaa an chet khan hnehna an chang a, mahse, chumi tum vek chuan hnehtu an nihna denchhenin hluihlawn thil an lo la a. Ai khaw te tak te an han beih leh khan an hneh ta hauh lo va, an tlanche ta a, mi 36 lai an thi ta hial a, eng vang nge ni le? Akaan hluihlawn thil a lo lak vang kha a ni. Joshua leh a rawngbawlpuite khan hluihlawn thil avangin hnehna an chang lo tih hre lovin Pathian hmaah an bawkkhup a, an puante an pawthler a, Pathian an au va, vaivutah an tal a, an tawngtai a. Pathianin engtin nge a chhan kha? Tho thuaia, an zinga hluihlawn thil te zawng chhuaka, tibo vat turin a ti a nih kha! Chutilochu, an zingah pawh awm a tum tawh loh thu a lo hrilh a ni. Tunah hian keini pawh Lal Isuan kan zinga hluihlawn thilte tibo thuai turin min hrilh ve asin, ruihhlo ngaite chhan chhuah kan duh tak zet chuan Lalpa lamah i tang ang u.

Ni li lai thlana mu tawh Lalzara chu Lal Isuan a kaihthawh dawn khan a farnu

Mari leh Marthii te hnenah thlan kawngkaa lung lian tak awm chu chawi sawn turin a ti a, anni erawh chuan Lalpa tunah zawng a uih tawh ang, a thihna ni 4 lai a ni tawh si a, tiin an ngaih dan hmangin Isua an dodal a nih kha, Mahse, Isuan, ‘I rin chuan Pathian ropuizia i hmu ang ka ti lo che em ni,’ a tih veleh an ngaih dan paihin Isua thu ang zawkin lung chu an chawi sawn ta zawk a, Chutah Lazara chu Isuan thihna ata a chhan chhuak ta a ni, an rin phak loh malsawmna an chang ta, tunah pawh Isuan ruihhlo ngai te chhan chhuah a duh a; mahse, a daltu lung lian

tak a awm a, chu chu hei hi a ni **“Pathian miten ruihhlo, zuk leh hmuam kan chin thin hi”** Hei tak hi a ni tun huna lung kan chawi sawn tur chu. Kan ngaih dan a nih chiah loh pawhin Mari te unau anga mahni ngaih dana Pathian thu hnial mai lovin, thangtharten Isua chhandamna an chan theih nan Pathian mi zawng zawng ten ruihhlo, zuk leh hmuam kan chin thin hi simin Isua chet theihna turin kan lung theuh i chawi sawn ve ang u. **“Lung hi chawi sawn rawh u”**

Lalpa thu chu thiltih nei lovin a kir dawn loh avangin Lalpa chu fakin awm rawh se.



BUHFAITHAM TESTIMONY

*Zonunpari
Kanan Veng*

“Tin, a zin pahin khaw engah emaw a lut a, tin, hmeichhe pakhat a hming Marthiin a lo thleng a, chu mi chuan laizawn pakhat a nei a, a hming chu Mari a ni. Chu mi chu Lalpa ke bulah a thu a, a thu a ngaithla a...” (Lk. 10:38-42)

Chhungkaw tin mai hian Lal Isua chenna In nih kan duh theuh awm e, Marthii te chhungkua hi an vannei hle mai. Lal Isuan thlen inah a hmang thin a, an nutapa Lazara a damloh pawhin lo

kala, rawn tidam turin an chah ngat a ni. Keini pawh hi Lal Isua thlen in mai ni lovin, a chen rengna chhungkua kan ni thei reng a ni. Marthii te chhungkua ai hian kan vannei daih zawk awm e. Bethani lama

a zin chang chauhvín a thleng thin awm si a, keini erawh chu eng lai pawhin kan hnenah a thleng reng thei a ni. Engtin nge kan ti mai thei a, Lal Isua hi kan chhungkaw member atan kan sawm ang a, ni tin chaw te chhum kepin kan chhungkaw zingah kan telh ve ang a, mikhual anga a chang chang chauh ni lovin ni tin, zan tin **BUHFAI THAMIN** kan zingah kan telh ve ang a, Mari ang hian kan duh hun hunah a ke bulah thuin a thusawi te, a rawngbawlna chanchin te kan ngaithla mai dawn a ni. Chanchin Tha Bu li-ah te hian kan duh hun apianga kan ngaihtlak turin Lal Isua chanchin te hi a chuang vek a ni. Tichuan, kan chhungkaw ruala eia in ve turin ni tin chaw kan chhum kep ang. A chang chauhva kan chhum kep erawh chuan mikhual ang lek a ni dawn a, kan chhung zingah a tel reng lo vang a, min zinsan leh daih thin ang a, a nih loh leh chaw chhum kep loh tuma a rawn haw sual te a hlau vang a, a tha lo vang. Marthii te anga a zin chang chauhva a thlen in ni lovin, eng lai pawha a chenna chhungkua nih i tumtheuh ang u.

Marthii te unau, a thlen inte chauh mah kha Lal Isua

lakah an tlaktlum em kha maw! Lal Isuan a hmangaih hle a nih kha. Keini a thlen in mai ni lova a chhungte chu min va hmangaih dawn em! A thlen in tlangval Lazara pawh kha ni li lai thlana awm tawh hnu a kaitho leh a, an lawmzia tur kha kan ngaihtuah thei awm e, keini a chhungte, a chenpuite pheih chu chatuan thihna ata nunnaah min kaitho vek ngei ang.

Lal Isua chaw chhum kep dan awlsam ber chu Buhfaitham hi a lo ni reng mai, Lal Isua kha tlangval puitling, kum 30 bawr vel a ni a, a lo berah pawh no khat vel ei turah ngai ta ila, chhungkuaa Setanan harsatna a rawn siam te hian Lal Isua chu a hah hle dawn a, chaw pawh a mamawh tam turah ngai ila, buhfaitham chu han dah tam sauh mai ila, Lal Isua chu chhungkaw roreltuah hmang ila, a fing awm si a, a finna chu mihringte chhui chhuah phak rual loh a ni dawn si; ei zawngtu berah hmang ila, a hausak ren rual loh a ni si.

Tichuan, buhfaitham hmanga Lalpa chenna chhungkua kan lo ni ang a, kan mamawh leh mangan hunah hmun hla taka mi koh ngai lovin kan kianga cheng

reng chuan min pui nghal thei chhungkua kan nih theuh dawn a ni. Buhfaitham theih nan Lalpan malsawm hmanga Lalpa chenna rawh se.

PASTOR NUPUIE HRIATTIRNA

Kum dang ang bawkin a hnuai hun leh hmun tar lan ang hian Pastor leh Pro. Pastor nupuite intawhkhawm leh tur a ni a. Mi mal hnenah hriattirna thawn chhuah a nih dawn loh avangin hei hi kohnaah ngaih tur a ni e.

A hun : Dt. 24/10/2012 (Nilaini) dar 10.00 a.m. - dar 3:00 p.m.

A hmun : Synod Conference Centre

CHAW HMA DAR 10.00 - 12:00

Hruaitu : Pi R. Lalnunmawii
w/o Rev. Thangzauva, Synod Moderator

Tantu : Pi Thangseii w/o Rev. Lalchama Durtlang Leitan

Thupui : **Pastor chungkaw thlarau lam nun**
(Lk. 10:41-42)

Sawitu : Rev. Lalsangbera, Kulikawn

CHAWHNU DAR 1.00 - 3.00

Hruaitu : Pi Lalrinpuii w/o Rev. Zosangliana Colney

Solo : Pi Zaichhungi w/o/Rev. G. Chhunthuama, Hlimen

Thusawi : Dr. Ruth Lalmuanpuii w/o Dr. K. Lallawmzuala, ATC

Solo : Pi Lalroutmawi
w/o Rev. Rammawipua, Champhai Kahrawt

Thusawi : Dr. Lalremmawii w/o Rev. F. Lalchuanmawia

Sd/-

THANZAMI

w/o Rev. Vanlalzuata

Sd/-

R. LALNUNMAWII

w/o Rev. Thangzauva (2-2)

Hriselna Huang

Hriatna thazam na

Mizovin tha na kan tih ngawt hian kan thil sawi tum a fiah zo lo chawka, hriatna thazam na han tih hian nerve tha lo lam a kawka, **tha na** tih ringawt chuan tha, tihrawl lam a kawka deuh turin dah ta ila a fiah thei awme. Damdawi lam tawngin **neuromascular** tih hian a pahnih hian a khaikhawma, **nerve system** tih hian hriatna thazam lam chauh a kawka ve thung a ni.

Tunah chuan hriatna thazam lam hi kan sawi tum zawka a ni a, hemipawhi hmun tam takah thensawm theih a ni a, central nervous system (thluak lam leh spinal cord), hriatna thazam pawnlawi, (peripheral nervous system) leh kawchhung lam (sympathetic nervous system) ang tein thensawm theih a ni.

Hriatna thazam pawnlawi ber hi han thlur bing ila, hei hian kut leh kea kan hriatna thazam kawka deuh berin sawi ila a dik lo hranawm lo ve, a zavai chuan sawi dawn ila a bu siam hial a ngai awme. Tunlaia mi tam takin

an vei leh pawimawh tak, inven theih ni bawka chu hriatna thazam pawnlawi kan tih mai hi a ni

A lan dan: He natna hi zawimuanga intan a ni tlangpui:

1. Ke mu churh churh emaw, za mem mem.
2. Kut hmawr mu/za.
3. Ke kham/na ngut ngut.
4. Ke vung.
5. Ke zawi/chak lo.
6. Khup durusuih
7. Ding nghet lo, a bikin maimitchhingin.

A awm chhan: A chhan zawn chhuah hi thil awlsam a ni lo va, hetiang hi thil tam takin a thlen thei a, a awmtir theitu lar zual han sawi ila –

1. **AC.C.ident:** Eng emaw avanga nerve chat palh (motor aC.C.ident, zai chhum palh, infiamnaa tih palh) a nih chuan hetiang hi a thleng thei, hemi vanga awm hi chu zawimuanga ni lovin a thleng thuai thin.
2. Zun thlum.
3. Zu in nasa.
3. Thyroid hniam leh sang.
5. Natna hrik HIV, Hepatitis C leh a dang thenkhat
6. Vitamin thlakchham: Vitamin B1, B6, leh B12 tlakchham vangin a awm thei, Vitamin E pawhi hian nerve tan Vitamin pawimawh a nih avangin a thlen ve thei tura ngaih a ni.

7. Tur (toxin) Cancer damdawi thenkhat leh suan (lead) te hian an thlen thei. Hetah hian tihlan ngei pawimawh nia ka hriat chu tunlaiin he natna (peripheral neuropathy) hi Mizo zingah a tam hle a, a ni ngei e tih zawng kan sawi thei lo; amaherawhchu, hetiang natna nei zinga a tam zawk (80%) hi chuan ni tin kuhva Rs. 20 man aia tlem lo an ei deuh vek tih kan hmu a, kuhva nghei thei lo ai chuan ngei theite chu an dam hma bik.

Kuhva rahah hian Arecholine a awm a, hei hian thazam (nerve)-a aretycoline receptors-ah direct-in hna a thawk thei a, hei hian kuhva kan eia kan thlan tla, luhai, mitvai luak chhuak, chil haw te a siam a, a dose a san deuh chuan luak leh zun leh ek cheh te a thlen thei a ni. Rei tak chhung hetiang nerve a chiah hian Hriatna thazam pawnlawi natna (peripheral neuropathy) hi a thlen thei tih hriat a ni.

Test leh Examination:

1. Thisen exam: Zunthlum neih leh neih loh, Thyroid test,

Vitamin level, Hepatitis leh HIV.

2. Hriatna thazama hriatna signal kal chak zawng enfiagna (electromyography)

3. **Biopsy:** Hriatna thazam pawimawh lo lai exam tura hleh.

4. **Scanning:** MRI leh CT Scan-a hnungzang thling (Spinal Cord) en pawh a ngai mai thei.

Enkawldan: A awm chhan azirin enkawldan pawh a danglam thin a, a tlangpuuin:

1. **Na chhawkna:** Hei hian hriatna thazam that loh avanga na lutuk hrehawm kha a tihziaawm nan pek an ni thin.

2. **Antidepressant:** Rilru hahna (depression) nei tihna ni kher lovin heng damdawi te hian natna avanga mut theih loh leh na lutuk kha a chhawk ve thei.

3. **Physiathrapy:** Tha zawi siam chak lehna turin exercise thenkhat an zirtir a, chu bakah khawl pakhat IFT Therapy kan tih hian electric current hniam te hmangin hriatna thazam kha an dep thin a ni.

4. Vitamin leh hepatitis enkawl na te pawh a awm chhan azirin a tul mai thei.

(Source: Hriselna April 2012)



HMEICHHE PATHIAN THU THIAM MISSIONARY AH

Dr. (Mrs.) Marina Ngursangzeli Behera, Mizoram Synod hnuuaia Hmeichhia, Pathian thua doctor kan neih zinga mi, Pu Hazarika Rinmawia leh Pi H. Vanlalhluti te fanu, Ramhlun South, Aizawl chu CWM hnuuaia Synod missionary atan lak a ni a; a pasal Isaac Behera leh an fanu Anna Lalhminghlui thla ruk mi nen September 1, 2012-a a hna zawm turin an chhungkuain August 2012-ah Aizawl atangin an chhuak.

Hna hming: Professor of
Missiology

Thawhna hmun tur: WC.C.
Institute of Ecumenical Studies,
Bossey, Geneva, University of
Geneva (Theology Department),
Sweetzerland.

Dr. Marina Ngursangzeli hian u mipa 1 leh nau hmeichhia 1 a nei a, hun puma rawngbawl tura inpein Pathian thu a zir dan leh a rawngbawl tawh dan lo tar lang ila –

B.A. a zawh hnuin kum 1997-ah Bishops College atangin B.D. a passed a, 1999-ah M.Th. Missiology, Serampore College

atangin a zo leh a, Kum 2005-ah D.Th. History of Christianity chu FFRC Kerela-ah a zo leh a ni.

Rawngbawlnaa a inhman dan

June - Dec. 1999: ATC, Durtlang-ah Voluntary-in zirtirtu hna a thawk a, January - September 2000 chhungin Synod Mission Board buatsaih Imphal beihpui programme-ah a thawk leh a, July 2005 - August 2012 thleng United Theological College-ah Associate professor hna a thawk a, History of Christianity Department-ah Chairperson a ni baw. Heta a thawh lai mek hian zau zawka rawngbawlna CWM Missionary turin 2012-2016 thleng atan lak a lo ni ta a ni. Hei bakah hian WCRC (World Communion of Reformed Churches)-ah kum 2011-2018 chhung atan Dialogue Team member a ni mek baw. India ram chhung leh pawna programme pawimawh tak takah paper present-in hengah te hian a kal baw: Malaysia, Taiwan, Australia, Fiji, U.K, Scotland, Israel, Sweetzerland, Rome, etc. Hetiang taka mi thiam leh rawngbawltu inpe kan nei hi a lawmawmin a chhuanawm hle a ni.

WOMEN CENTRE THU THAR

Women Centre sak mek chu a side ding lam leh vei lam Basement 2 slab chhun a ni tawh a, a main building (a lai) pawh a beam, dt. 24/8/2012-ah an chhung zo va, slab chhun turin an buatsaih zel. Hnathawktu 30 rual an bung mek. Women Centre tan mi mal leh Kohhranhote sum an rawn theh lut zel a, September thlaa chhuah bak kan han tar lang e. Ui lova sum, tha leh zung petu zawng zawng chungah lawm thu kan sawi e.

- | | |
|---|---------|
| 1. Kolasib Venglai Bial Kohhran Hmeichhia | ₹5000 |
| 2. Cherhlun Bial Kohhran Hmeichhia | ₹380 |
| 3. Buarpui Bial ni khat hnatlang | ₹335 |
| 4. Pi Thanpari Pautu, Chhinga Veng, Ex .Vice Chairman | ₹2000 |
| 5. Pi Rinchawii, Khatla Ex Treasurer | ₹2000 |
| 6. Bilkhawthlir Bial Kohhran Hmeichhia | ₹5000 |
| 7. Tuikual Bial KH zan inkhawm thawhlawm | ₹5150 |
| 8. Kelkang Bial KH (1) Ni khat hnatlang | ₹6500 |
| (2) Inkhawm thawhlawm | ₹700 |
| 9. Pi Vanthangliani, Dawrpui | |
| A pasal Pu R. Lianbanglova hriat reng nan | ₹30000 |
| 10. Dr. Lalremsiama leh Pi Lalbiaksangi te nupa | |
| Dawrpui, an nu Lianthuami hriat reng nan | ₹30000 |
| 11. Dawrpui Kohhran Hmeichhia, ni khat hnatlang | ₹204600 |
| 12. Pi Saptawni, Electric Veng, Ex C.C. | ₹2000 |
| 13. Kawlbem KH (Teikhang Bial) ni khat hnatlang | ₹4370 |
| 14. Pi Lianhliri Thakthing, Ex Fin. Secretary | ₹2000 |
| 15. Dr. R. Lalmalsawmi, Ramhlun 'N' | |
| A pa Ex Sub. R. Lalzama (L) Kulikawn, hriat reng nan | ₹50000 |
| 16. Teikhang KH (1) Member tin ₹5@ | ₹445 |
| (2) Ni khat hnatlang | ₹3550 |

17. Pi Vanlaltluangi, Chaltlang Ex C.C.	₹3000
18. Pi Lalduhveli, Vaivakawn Ex C.C.	₹1000
19. Pi Lalengmawii, Vaivakawn Ex C.C.	₹2000
20. E. Phaileng BKH (1)Zan inkhawm thawhlawm	₹1142
(2) Ni khat hnatlang	₹10600
21. Ramhlun BialKH Inkhawm thawhlawm	₹2017
22. Luangmual BKH Inkhawm thawhlawm	₹1565
23. Pi Zokhumi Vankung, Zarkawt, Ex Chairman	₹10000
24. Kawnpui Bial KH Inkhawm thawhlawm	₹2487
25. ITI Bial KH (1) Inkhawm thawhlawm	₹1285
(2) Nikhat hnatlang	₹61880
26. Pi Lalsawmliani, Tanhril Vengthar, Ex C.C.	₹1500
27. Pi C. Vanlalthmuaki, Thuampui, C.C. dinglai	₹1500
28. Pi Raldochhungi, Kanan C.C. dinglai	₹1500
29. Pi Lalnuntluangi, Hunthar, C.C. dinglai	₹1500
30. Pi Rochhungi, Ramthar, C.C. dinglai	₹2000
31. Pi Ramngaihsangi, Aizawl Venglai, C.C. dinglai	₹2000
32. Pi Siamdingi, Bungkawn, Ex Treasurer	₹2000
33. Guwahati Bial KH (1) Inkhawm thawhlawm	₹1850
(2) Ni khat hnatlang	₹17900
34. Pi Thanpari, Tuithiang, Ex C.C.	₹2000
35. Hlimen Bial KH Nikhat hnatlang	₹30000
36. Armed Veng BKH Inkhawm thawhlawm	₹2025
37. Bethlehem Bial KH Inkhawm thawhlawm	₹2101
38. Pi Biakengi, Khatla 'S' C.C. dinglai	₹2000
39. Chawngtlai Bial KH: Inkhawm thawhlawm	₹590
40. Dawrpui Bial KH: Inkhawm thawhlawm	₹3145
41. Muallungthu BKH: (1) Ni khat hnatlang	₹71440
(2) Inkhawm thawhlawm	₹1460
42. Lunglei Chanmari BKH: WC tanpuina	₹8800
43. Champhai V.S BKH Inkhawm thawhlawm	₹747

44. Vaivakawn Bial KH Inkhawm thawhlawm	₹1962
45. Maubawk BKH Inkhawmthawhlawm	₹1300
46. Pi Hmangaihzuali Armed Veng Ex C.C.	₹2000
47. Lungdai BKH NIKhat hnatlang	₹10000
48. New Serchhip KH WC tanpuina	₹5000
49. Pi Denghliri Chanmary, Aizawl w/o K. Thanzuala	₹30000
50. Lallen BKH Inkhawmthawhlawm	₹765
51. Lungleng I Bkh Inkhawmthawhlawm	₹620
52. Zonuam Bial inkhawmthawhlawm	₹1680
53. Pi Vanlalpawli, Mission Vengthlang Ex C.C.	₹5000
54. Republic BKH Inkhawmthawhlawm	₹2086
55. Khawbung Bial Inkhawmthawhlawm	₹1150
56. R. Lalbiaknungi Sakawrtuichhun Ex C.C.	₹1500
57. D. Vengthar BKH: Inkhawm thawhlawm	₹2805
58. Champhai Vengthlang BKH: (1) Ni khat hnatlang	₹280000
(2) Inkhawm thawhlawm	₹3910
59. Durtlang Bial KH: Inkhawm thawhlawm	₹5862
60. Pi Zachhungi Venghnuai Ex C.C.	₹2000
61. Chaltlang Bial KH Inkhawm thawhlawm	₹4325
62. Bawngkawn Bial KH Inkhawm thawhlawm	₹2820
63. Pi Lalhmingthangi, 1st AR, Ex C.C.	₹2000
64. Electric Veng BKH Inkhawmthawhlawm	₹1885

HRIAT TUR PAWIMAWH

Women Centre sum hi Head li (4) a thehluh tur a ni a, hetiangin-

1. Ni khat tha (hlawh)
2. Fund Raising thawh chhuah
3. Thawhlehan zan (August 14, 2012) thawhlawm
4. Kohhran Hmeichhe Ni thawhlawm te an ni.

*Ei siam dan***NIMBU SQUASH****Telh turte:**

Nimbu tui	1 litre, Chini	2 kgs
Tui	1 litre, KMS	3 grams

A siam dan:

1. Chiniah tui 1 litre chu leihin chhuang so bawrh bawrh rawh.
2. Chini tuiah chuan Ser tui thirfian lian hnih telh la, a tui tlema a lo hnan deuh thlengin chhuang la, suan ang che.
3. A lo daih deuh hunah thli fim la, a vawh raih thlengin dah dai ang che.
4. Ser tui i sawr sa chu thli fim la, chini tui daih chuan pawlh la, chawhpawlh ang che.
5. KMS 3 grams tui lum fiante chanve lekah titui la, pawlh ang che.
6. Saidawium faiah dah that mai theih a ni e.

PATHIAN THU ZIR DUH TAN

Presbyterian Bible School, Mission Veng, Aizawl-ah Session 27-na atan Certificate in Theology (C.Th) Admission hawn a ni a. Dil duhte tan a hnuai tarlan hi hriat tur a ni e.

Admission Form : Office hun chungin `10-a lei theih a ni

Admission form

thehluh hun tawp : November ni 28,2012 (Nilaini) tlai dar 3:00 thleng

Dil thei chin : Class VII passed, kum 16 chin, Kohhran dan chungang awm

Interview : December 4,2012 (Thawhlejni) zing dar 10:00

Class tan hun : January 14,2013 (Thawhtanni)

Zir hun chung : January - April, 2013

Stipend : Zirlai pakhat hnenah thla tin `500 pek a ni. Hostel a awm lo.

Hrechiang duh tan phone number - 2317343/8575308007/2350082-ah zawh theih a ni.

Sd/- Rev. R. Lalengmawia
Principal

Hruaitute chanchin**C. Lalrotluangi***Central Committee Member*

Pi C. Lalrotluangi hi Pu Zaivawrthanga leh Pi Lalthansangi te fa niin ni 17.6.1962-ah Reiek khuaah a lo piang a, phak ang tawka Lalpa rawngbawl thin a ni a. Thlarau bote veiin 1980-ah missionary-in Tripura-ah a kal a, a thawhpui H. Vanlalzuia nen dt. 5.2.1982-ah Sip khua, Tripura-ah an innei a, 1983-ah Aizawl lamah lo chuang chhuakin tunah Lawipuah an chhungkuain an awm. A Pasal Upa Vanlalzuia hi Synod Rivival Speaker a ni a. Fapa 2, fanu 1, tu 3 (a naupang ber a boral) neiin in chhung enkawl hna a thawk a ni.

Rawngbawl naa inhman dan: Bungkaw n Bialah 1993-2007 Committee Member, Maubaw k Bialah 2008 Committee Member, 2009 - 2010: Bial Buhfaitham ziaktu, 2011 atangin Maubaw k Bial

aiawhin **Central Committee-ah** a awm mek.

Kohhran Hmeichhiaah: 1991 - 1992: Committee Member, 1995 - 2000, 2005 - 2008, 2011: Secretary, 2001 - 2004: Chairman, 2009: Asst. Secretary, 1993 - 1994, 2010, 2012: Finance Secretary;

Kohhrana nihna chelhte: Naupang Sunday School Department hrang hrang Leader leh Zirtirtu a ni thin a, 2003-2005, 2009-2012: Puitling zirtirtu; Ramthar Committee, Kristian Chhungkaw Committee leh Bible Society-ah Secretary leh Collector-ah te awm tawhin tunah Kristian Chhungkaw Committee Member a ni a, Pathianni Chawhnu Thuhriltu a ni mek baw k.

Bible chang duh zawng: Tirh. 24:16 “Chumi vang chuan Pathian hnen lamah leh mihring hnenah pawh rilru sual lo mawlh vawn fo ka tum thin”

Hla duh zawng: KHB. 45-na “Thahnem ngaih nachang kan hriatin ka tan malsawmna”

Zoram nute hnena thuchah: Thlarau hruaina leh Thlarau thilpeka thahnem ngaia, sual huatna leh dona tak tak nena tu leh fate kaihhruaia, Kristian Chhungkaw tha tak din tum theuh turin Zoram nute a chah a ni.



Pi Lalthansangi

Central Committee Member

Pi Lalthansangi hi zirtirtu Lianvela (L) leh Pi Kawlhuni (L) te fa sawm zinga a naupang ber niin 20th August 1950-ah Champhai khuaah a piang a. Pu R. Lalpiangliana F.A.O. SCERT/Seri. Deptt. nen 4th July 1970-ah an innei a. Fanu pali leh fapa pakhat an nei a.

Eizawnaah chuan puanthui dawr siamin Dinthar Kawnah kum 2005 thleng an awm a. June 2005-ah English Medium School siamin Ramrikawnah an chhuk thla a, tun thlengin an chhungkuain an awm a ni.

Rawngbawlina lam: Dinthar Kohhranah:

1983 - 1993 Beginner Department zirtirtu, 1997-1998: Dinthar Kohhran Hmeichhe Committee, 1997-1998, 2001-2002, 2005 Jan-June thleng: Finance Secretary, 1999-2000, 2003-2004: Treasurer,

Ramrikawn Kohhranah:

Ramrikawna an chhuk June 2005 atanga 2006: Kohhran Hmeichhe Committee member, 2007 & 2010: Asst. Secretary. 2008 - 2009 & 2011: Secretary, 2012: Chairman Inrinni zan leh Chawlhni chawhnu thuhritu, Puitling Sunday sikul zirtirtu, 2006-2010: Ramthar Committee Treasurer, 2011-2012: Ramthar Committee member. 2012: Bible Society Collector.

Biala Rawngbawlina:

2008 & 2012 Tanhril Bial Kohhran Hmeichhe Committee member, 2009: Bial Secretary, 2010-2012 Bial Buhfaitham ziaktu. 2011 atangin Tanhril Bial aiawhin Central Committee-ah a awm.

Khawtlang rawngbawlina Dinthar Branch MHIP-ah Treasurer-in kum 10 chhung a lo thawk tawh bawk a ni.

Bible chang duh zawng:

Joh. 14:6; Mt. 11:28-30

Hla duh zawng: KHB No. 3 Lalpa chu chawimawi r'u.

Zoram nu zawng zawngten Kristian Chhungkua din turin tan i la thar leh theuh ang u tiin a chah a ni.

Hriat atan

1. **RENGDIL BIAL:** July 20-23, 2012 chhungin Rengdil Bialah Leadership Training leh Kristian Chhungkaw Campaign neih a ni a, Pi Laldawnkimi, Asst. Secretary, Pi Biakengi leh Pi Lalthansangi, Committee Member-te an kal a, mitthi an neih avangin programme tihdanglam leh sukuk deuh a awm chungin hun hman zawh theih a ni a, bial chhung kohhran 4 atangin member tel pawh an tha a, hun tha takin an hmang tih Pi Lalthansangi hnen atangin kan ngaithla.

2. **MAMIT HMUNSAM BIAL:** August 10-13, 2012 chhungin Mamit Hmunsam Bialah Leadership Training leh Kristian Chhungkaw Campaign neih a ni a, Pi Laltnanmawii, Chairman, Pi K. Lalthanpari leh Pi C. Zopari, Committee Member-te an kal a, tuang takin hun an hmang tih hi Pi C. Zopari hnen atangin kan ngaithla.

3. **ARUNACHAL EAST FIELD, NEW KHAMLANG:** August 16-21, 2012 chhungin Arunachal East Field, New Khamlang-ah Central Presbyterian Women Fellowship Inkhawmpui vawi 2-na hmanpuiin Pi Liankimi, Fin. Secretary, Pi Malsawmtuangi leh Pi C. Lalrinliani, Committee Member-te an kal a, tuang takin hun an hmang tih Pi C. Lalrinliani hnen atangin kan ngaithla.

4. **Agape June 2012** mahni kohhran lak aia tam lo thleng a awm chuan **Redirected to Sender** tih ziakin Synod Office-ah khawngaih takin rawn thawn kir turin kan inngen a, khawpui chhunga mite chang lo an la awm tam tlat mai.

5. September 2012 thlaa tar lan Women Centre tana pe N. Vanlaliphai Bial Kohhran Hmeichhe pek kha ₹5000 ni lovin ₹4000 zawk a ni e.



Saitual Pastor Bial Kohhran Hmeichhiaah
Leadership Training neih a ni



Rengdil Pastor Bial Kohhran Hmeichhiaah
Leadership Training loh Kristian Chhungkaw Campaign neih a ni

To,

Published by Rev. Lalzuithanga,
Aizawl - Mizoram
On behalf of Agape Association.
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