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Editorial

Tûnlaiin hmasâwnna leh changkâna a nasa hle mai a, hêng hmasâwnnate hian thil ða a chhuahpui laiin thil ða lo a keng tel zêl bawk a. Lehkha thiamna kawngah kan intlânsiak a, hausakna kawngah kan inel a, hêng thilte avâng hian kan khawtlângah leh kan kohhranah, kan chhûngkuaah eng harsatna nge lo thleng thei? Chhûngkaw tam takah chuan a thleng mêk a, chu chuan chhûngkua min chawk buai mêk a ni.

Pathian khawngaihna Kohhran Hmeichhiate chuan Women Centre kan sa zo va, puanthui zirna pawh August thla khân kan han ðan ve ta a ni a. Puanthui zir tûr interview-ah te khân rilru khawih tak tak thil hmuh tûr a awm a. Nu leh pa inthen vânga chhûngkaw kehchhia te, pa ber ngawl vei vânga hmeithai ta kan ramah hian an lo tam hle tih a hmuh theih a ni.

Ruihlo chi hrang hrangin kan tu leh fate a tibuai a, chhûngkaw tam tak chu kan rûm a ni. Chutih laiin zu khuahkhirhna a han dul a, chu chuan nasa lehzualin chhûngkaw kehchhia a siam em ni aw a tih theih a ni. Eng pawh ni se, a chhe tawh hnu chu kan siam ða thei tawh lo a nih pawhin, a chhe zêl tûr hi chu Pathian chakna rinchhhanin kan vêng thei dâwn lâwm ni?

Ruihlo avânga rahbi tleu leh tisa leh thlarauva hliam tuar mêkte tuam dam nâna Women Centre, Hmeichhiate INPUI tia kan sawi ve mai theih, Kohhran Hmeichhiaten ðahnemngai taka thawhlawm kan thawh aţanga kan sakah hian, a mamawhten damna chang sela, thiamna zir chhuak sela tih hi kan tum ber a ni. He hmunah hian chutiang tûra bul kan han ðan thei hi a lâwmawm êm êm mai a, kan tu leh fâten lehkha zirna kawng pawh zawh hlei thei lova an nun leh hun an hman mêkna ata tun din an niha, an lo din chhuah leh ngei theihna tûrin, kan in saka chêngte tân hian theihtâwp i chhuah zêl ang u. Anmahni enkawltute pawhin ðahnemngai taka, Pathian rawngbâwl hna pawimawh a ni tih hre renga taima taka an thawh zêl theih nân i ðawngtaipui reng ang u.

Kristian Chhungkua

CHHUNG INKHAWM HNUHNUNG BER CHU

– *Upa Lalhriata*
Jubili, Mission Vengthlang

Kohhran bêl thîn mi pângngai chin chuan ‘Chhûng inkhâwm’ tih tawngkam hi chu kan hre lâr hle theuh âwm e. He khawvêla chhûngkuaa kan chên honaah hian ‘Chhûng inkhâwm’ hi a pawimawh êm bawk a, infuih pawh kan infuih nasa hle thîn a nih hi.

Chhûngkaw thenkhatte vânduaina kawng hrang hrang avâng leh chhûngkaw member thenkhat an hel leh tlat thîn avânga chhûngkaw maichâm an kîl kim theih loh laia, dam tlâng tak leh lungruâl taka chhûng inkhâwm hmang tûra kan han thû kual pap mai hi chu a hlu thîn mang tak e aw!

Mahse, he chhûngkaw maichâm hlutna laipui ber chu dam tlâng taka kan tel kim thei hi a ni ringawt lo va; he maichâm kaltlânga mal min sâwm tûra chung lam aţanga min telpuia min uap thîntu Lalpa hi a ni zâwk.

Ani chuan he hun hlu tak kan buatsaih tûr hi nghâkhlel takin min lo thlîr

reng thîn hian a rinawm hle a. Hun chêp tak kârah pawh chhûngkaw maichâm kan han buatsaih hrâm hrâm thîn te hian kan Lalpa khi a tilâwm hle thîn ngeiin a rinawm khawp mai a ni.

Chutih laiin thinslung leh tih tak zetna tel lova, a serh thian ang leka tlingtla ta mai mai thînte kan awm a nih chuan min telpui tuma nghâkhlel taka min lo thlîr rengtu khi kan tihrihhai hle thei ang. Lalpa telna tlâk, Aman ropuina a chan ngeina tûr leh amah nêen kan inzawmna tinghettu, a malsâwmna kan dawnna kawngka pawimawh tak ni thei tûr chhûngkaw maichâm

hlu tak buatsaih ðeuh tûrin chhûng tinte inbuatsaih zêl ang u.

Mi ðenkhath chuan chhûngkaw kima dam tlâng taka chhûng inkhâwm kan han buatsaiha, lungruah taka Lalpa hmaa kan han kûn tlâng dial dial te hi thil awm phung pângngai ni maiin kan hria a ni mai thei a, a hlutna êm êm pawh hre lovin kan lo tel ve satliah pawh a ni mai thei. Chutianga ‘satliah’ taka kan lo ðu khaw mawi ve mai mai a nih chuan a hlutna kan pawh phâk hauh lo mai thei rêng a ni. Chhûngkaw programme pakhat, *minute* tlêm te chhûnga tlingtlâk mai tûra lo inzep ve satliah lek anga ngaih mai pawh a awl khawp ang.

Mahse, chhûngkaw dangten an tawh ang harsatna kan la tâwk ve ang a; chhûngkaw kima chhûngkaw maichâm siam thei lovin, natna khumah emaw, *jail* lamah emaw, thil ðûl dang avâng pawhin emaw kan la inñhen darh ve nuaih mai thei

a. A nih loh vêk leh member zînga ðenkhath an hel tlat avânga khingbai inti taka kan tih hrâm hrâm hun a la thleng mai thei bawk. Chutih hunah chuan hun ðha kan neih laia kokim taka kan ti dal dal ðhin hlutzia hi kan hre hnahnawh a nih pawhin a tlai tawh mai thei si a ni.

Chu ai pawha hun hrehawm leh lungchhiatthlâk zâwk chu kan la tawng ðeuh dâwn. Tûnah chuan chhûngkaw kimin dawhkân pakhat kîl tlângin maichâm hlu tak in siam a ni mai thei. Eng tik niah emaw chuan dawhkân ni lovin i ruang kilin an la ðhut hual ang che. Chutih hunah chuan chhûngkhat laina zawng zawngte kim vek mah sela, nang chu a laiah ngawi rengin i zâl ang a, chu chhûng inkhâwm chuan i tân hlutna rêng a nei tawh lo vang. I pual liau liauva buatsaih ni siin, i tel ve tawh hauh dâwn si lo a ni. Lâwm vâng ni hauh si lovin an biangah mittui a luang nguai nguai ang a, hlim hmêl pu thei rêng an awm tawh lo vang.

Pangpâr mawi tak tak leh puan ða pui pui an rawn theh khâwmte chu hmangaihtu mittui ko chhuaktu mai an lo chang zo tawh ang a. Chawimawina leh duhsakna a nih rualin kumkhuaa in mangtha hlenna entirtu a ni zâwk mah dâwn si. Chhûngkhat lainate thinlung nâ chuan engkim tâwp vek tawh angin an hre hial mai thei a ni. Boruak rit tak hnuaiah, châk lo teh mah se ðulh theih a ni hauh dâwn si lo! Naktûk atân emaw, nakum atân emaw khêk theih lah a ni dâwn bawk hek lo. Chutiang hun chu chhûngkaw dangte chungah a thleng mêk a. Keini chhûngkua kan nih avânga kan pumpelth reng theih bîkna chhan tûr a awm miah lo. Nî e, engtik niah emaw chuan kan chungah a la thleng ve ngei ang. Naktûk lawkah emaw pawh a ni thei.

Thusawi rêng rêng chu i pual vek ni mah se, i ngaihthlâk ve atân an ti hauh dâwn lo va. Nangmah fakna hlîr an sawi a nih pawhin

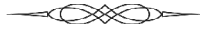
lainattu thinlung chu an thawi dam zo chuang lo vang. I ðatna zawng zawng, i dam laia an sawi duh loh ða ða an sawi lai chuan nang chu chatuan hremna hmunah hrehawm tinrêng tuarin i lo rûm mêk si a nih pheih chuan tu ðawngkam thiamna mahin chuta ðang chuan an sawi fihlim zo chuang lo vang che. Siam ðat theih a ni tawh dâwn lo va, chatuan a ni vung vung tawh mai dâwn a ni.

Chutianga **chhûng inkhâwm hnukung ber** chu hman zawh a nih hnuah chuan, eng tikah mah he leia in chhûngkaw maichâm kîlnaa tel ve ngai tawh lo tûrin YMA tlâwmngaiten thlân-mual lamah an la liampui ang che. I ðhutna tûr chu a ruak kumkhua tawh ang. Chutiang hun chu lo thleng ngei tûr mah ni se, Pathian zahngaihna azârah tûnah chuan kan la him rih e. Chuvângin, chhûng inkhâwm pawimawh tak hi hlut nachang hriat a va tûl êm! Kan duh huna tela, kan duh huna tel lo vel mai mai thei

kan nih miah loh hun a la
thleng ngei dâwn si a.

Chuvângin, chhûng
inkhâwm pawimawh tak hi
ngaihluin, i ngai pawimawh
zêl teh ang u. Chu chuan kan
hring nun a ral huna kan
chatuan hmun tûr chung-
chângah pawh kawng ro thui
tak a su ngei dâwn si a.

Chhûngkaw maichâm
thianghlim awm lohna in
chhûngah tu nge tlângnêl
zâwk ang – Setana nge
Pathian? Tu zâwk nge ro min
rêlsak tûra kan duh? *Maichâm
chunga mei chu tihnun reng
tûr a ni a, a mit tûr a ni lo*
(Lev 6:12).



***FATE ENKAWL NANA
THU SAWM PEK***

1. *Pathian thu hmangin zirtir rawh.*
2. *A dik leh dik lo hrilh thin rawh.*
3. *Pathian thilthlâwnpêk an ni tih hre rawh.*
4. *Pathian lamah hruai rawh.*
5. *Thunun rawh.*
6. *I hmangaihnaah tiam chin nei suh.*
7. *Tithinur suh.*
8. *An zah tlâkin nung rawh.*
9. *An taksa mamawh pe rawh.*
10. *Rin tlâkah ruat rawh.*

(Source : Kristian Encyclopaedia)

*Sermon***LALPA CHUNGA LAWMNA CHU CHAKNA**

Nehemia 8:10b; Habakuka 3:17,18; Sam 1:1-3

– C. Januari
Ramhlun South

Ṭawng bul lamah chuan Lâwmna tih hi mihring chhûngril lama ṭhatna, lâwmna, hlimna, khawngaihna, mawina, duhawmna, etc. sawina a ni hlawm. Chûng chhûngril lama ṭhatna, lungawina, hlimna, mawina, khawngaihna leh duhawmna lan chhuahtirna chu ‘Lâwmna’ tiin sawi ṭhin a ni. Chumi ep chiaha thu awm chu lâwm lohna, rilru chhûngrila vuina, lungnih lohna te kan lan chhuahtir ṭhin hi a ni.

1. Lungawi lohna khawvêl : Kan tûnlai khawvêl ei leh bâra harsatna leh mahni neih leh chana lungawi lohna khawvêl hian Kristiante lungawi taka nung tûrin min cho hle. Mi thiamte chuan Khawvêl ei leh bâr, sumdâwnna lama tlâk-chhiatna nasa lutuk hian khawvêla mi chi tin min khawih chhe tûrah an ngai a. Ram intodelh berte, ei leh bâra dinhmun ṭhate pawh manganthlâk khawpin an tlachhe ta.

Ṭhangtharte khawvêlah hian mi thiltithe i tak tak, infiamna, rimawi, zir thiamna leh finna, hmingthan leh lârna duha inelna sânzia hi kan chhût thiam pha lo vang. Mihring theihna leh thiamna a ṭhan nasat ang bawkin inelna pawh a sâng a, lâr leh mite hriat khawp tûr chuan a bîka talent nei ṭha chungchuang nih a ngai. Chuvângin, ṭhangthar lâr leh hmingthan duho chuan an thlarau Setana hnênah

hlânin an dam chhûng lârna leh ropuinain an thleng a. Eng ang pawhin inchhir mah sela, an nun an nei lêt thei tawh lo.

Chutiang khawvêlah chuan kan chêng a, kan fate anrawn sei lian ve mêk bawk si a, kan duhâm sawt tawh a, kan khawvêl thang mêk avângin tûn hmaa kan pi leh pu, kan nu leh paten an mamawh hauh loh kha kan mamawh, a lova kan awm theih hauh loh a ni ta zêl bawk si a. Ram tinah hel leh inrîkrâpna, leilung chhiat thut thutna thleng chanchin kan hre âwl lo va, kan Zoram Kristian ram ngeiah pawh hian thihna râpthlâk pui pui thâwm kan hre châmchi ta main, ngaiah kan nei ta zêl mai a nih hi.

Hêngah hian ringtute engtia awm tûr nge kan nih? khawvêl hausakna leh nawmna, neihnun leh finnate hi lungawina ni se Lal Solomona te, khawvêl ram changkânga kan mi hausa tawntawte leh milârte hi an lungawi ang chu. Mahse,

hausakna, finna ropuina zawng zawnga a bîka thuan Lal Solomona meuh pawhin ‘*Ni hnuaia thil zawng zawng hi engmahlo mai a lo ni*’ tiin khawvêl ropuina hi engmah lo mai a nihzia a hmu chiang êm êm a ni.

2. Lungawina tak tak :

Lungawina tak tak a neih theih ang em? Habakuka chuan, “Theipui thing pâr vul dâwn lovin, grep hrui rah dâwn hek suh sêng; Olive thing pawh rah lovin, lovin ei tûr chhuah dâwn lo sêng, Huang ata ran rual tibovin, ran inah ran awm lo mah sêng, ka lâwm zêl ang Lalpaah chuan, Ka chhandamna Pathianah chuan ka lâwm cheu dâwn,” a ti thlap mai. Hausa an tehna – buh, grep, olive leh ran rual ang chi, a neih zawng zawngte chu lâk kirsak emaw, chân vek dâwn emaw pawh ni sela, Pathian chu a chhandamtu a nih avângin a lâwm tho dâwn a ni. Keini hi han inen chiang ve ila, kan in leh lo, kan thil neih zawng zawng hi chân ila, Lalpa chungah

lâwm thu kan la sawi thei cheu ang em? Mi aia zahawma ka awm vâng te, mi aia ka fate an that deuh vâng te, kan zâwlpui nia kan hriatte aia vânehna kan dawn deuh vâng chauhva lâwm thu sawi thîn ringtu kan ni fo.

Lal Nebukadnezzaran Daniela thiante rangkachak milim chibai bûk tûra a thlêm khân, “Aw Nebukadnezzar....kan Pathian, a rawng kan bâwl thina chuan rawh tuina meipui ata min chhanchhuak thei si a....chuti lo pawh ni sela, aw lalber, i pathiante rawng chu kan bâwl dâwn lo va, i rangkachak milim din pawh chu chibai kan bûk hek lo vang tih hi hria ang che,” an ti tlat mai. “Harsatna tinrêng ațang hianin min chhanchhuak dâwn lo mah sela, lal dang chibai bûk thei kan ni tawh lo, Isua ringtute chu,” titu nun chu lâwmna tak tak nun neitu dik chu a ni. Kan harsatnate hian Pathian min hlattirin, lei malsâwmnaah

chauh kan lungawi ang tih a hlauhawm.

3. Lâwmna dik : Sam ziaktu chuan, “Mi suaksualte remruat ang awm ngai lova, Mi sualte kawng pawha ding ngai lova....A lâwmna chu Lalpa dânah a ni zâwk a; A dân thu chu a chhûn a zânin a ngaihtuah thîn. Ani chu tui luang kianga thing phun, A hun têa rah thîn, A hnah pawh uai ngai lo ang hi a ni a, A thiltih apiang chu a hmuingil zêl ang,” a ti a ni. Ringtu lâwmna chu leia thil awmah leh lei malsâwmnaah te ni lovin, eng dinhmun pawha Lalpa laka lungawi hi a ni. Chu lâwmna chu engtin nge kan neih theih ang?

(1) Mi suaksualte remruat ang awm loh : Mi suaksual remruatna chu eng engte hi nge? Ei ru thîn, mipat hmeichhiatna hmanng khawlo thîn, mi dangte rêl chîng, a dera sakhaw ngaihsak thînhoteah kan dah thîn. Chutiang mite chu an ni lo, keimah zâwk hi a ni, kei mihring remruatna leh duh zâwng hi Lalpa ngaihah

chuan a bawlhhlawh a, mi suaksual remruatna a ni. Ka thih ni thlengin rawngbâwltu ropui ber leh mite entawn tlâk nun nei pawh ni ila, ka remruatna hi chu mi suaksual remruatna a ni reng ang. Ka remruat leh ka duh dân anga ka awm lohva, Lalpa remruat leh duh dân zâwk ka nuna ka lantir leh ka nun hruaitu a nih hian, mi suaksualte remruat anga awm ngai lo chu ka ni chauh dân a ni. Lalpa duhthlanna zawh lova ka duhthlanna ka zawm zâwk hian mi sualte kawnga ding, hmusittute thutphaha thu ka ni thîn.

(2) Lalpa dân chu : Kan ramah hian Lalpa tâna rawngbâwltu aia kohhran rawngbâwltu hmuh tûr a tam. Intihthlarau mi siakna, pâwn lam leh mite hmuh theih chauhva thlarau mi nih tum tlatna zia, ni tin eizawna leh in chhûngkhur khawsakna lam thlarau lova ngaihna hi a ni. Lalpa duh zâwng leh Lalpa dân chu kan ei zawna leh kan awmna tûra rinawm taka

awm mai hi a ni a; nu, ei rawngbâwltu leh fanau enkawltu ka nih chuan chhûngkaw ei tûr chaw ka chhum leh chawhmeh ka thiam tawka uluka ka siam hi a a thlarau êm êm a ni. Kan nun, kan rawngbâwlnaah hian ka duh dân, kan kohhran tih dân aia Lalpa duh dân, tlâwmna leh mahni hmasial lo inpêkna kan lantir fo hi a va tûl êm!

(3) Lalpa chungalâwmna : Lalpa duh dân ni lo, mi dang phûtna, mahni tha leh hria intihna leh thawk tam bik intihna a lo awm a, chapona tlâng sângah kan ding thuai a, mi dangte tân rah tha a chhuah thei lo va, kan bula awm a hrehawm thuai thîn.

Kei mi sual remruatna aia ka nuna Lalpa remruatna leh a duh zâwng a lal zâwk zêl hian Lalpa dânalâwm ka ni ang a, Lalpa chungalâwm chuan ka rinna chu tihchakin a awm deuh deuh dân a ni.

Lalpa dân chu eng nge? Kan hriat theuh a rinawm, thlarau bo veina tak tak leh Lal Isua nun dân en chung a kal hi a ni. Mi dangte phôt tlata rawng kan bâwl a nih chuan kan dinhmun en chian a ngai ang. Lalpan khawngaihnaa rawngbâwl hna chanvo min pe ve hi a lâwmawm a ni. Ringtu nun lâwmna thinlung pu reng chu eng mahin a tichhe thei lo. Chu lâwmna chu Lalpa dân zawmna, Lalpa dân laltirna, chungnunna a nih tlat avângin. Kan nuna thil duhawm lo ber chu thihna, hmuhsitna leh hlohna, tlâkchhamna leh natnate ni

lovin, Lalpa duh loh zâwnga nun hi a ni. Lalpa duh zâwnga kan nun phawt chuan hêng zawng zawng hian min tinân min tihrehawm thei ngai lo.

Richard Sibbes-a Kristian nun tha leh hlim reng mai chanchin chu lehkhabu ziaktu hmingthang tak Isaak Walton-a chuan, “Vanrama a awm hma hauhvin amahah vanram a awm,” (Heaven was in him, before he was in heaven) tiin a lo sawi a. He thu mawi tak hi ringtute nun dân dik sawina tûr a nih ka ring.



Isuan a zirtirte a koh lai khân –

- *Petera leh Andria-ten lên an dêng a,*
- *Jakoba leh Johana-ten lên an siam a,*
- *Matthaia chu chhiah khawnin a buai a.*
- *Pathianin mi thatchhia a ko ngai lo.*

– *David Smith*

LÂWMMAN

– *Lalpianthangi*
Central Committee Member

Khawvêl mihring zawng zawng hi he leia kan dam chhûnga kan thiltih ang zêla lâwmman min pe tûr leh kan chung a rorêl tûrin kan Pathian hi a lo kal leh dâwn a ni.

David a hnênah Amalek tlangvâl chuan chanchin tha rawn thlena inngaiin Saula thih thu chu a rawn thlen a; mahse, David a chuan, “Ngai teh, Saula chu a thi ta tih mi pakhatin mi rawn hrih a, ani chu ka man a, Ziglag-ah ka that a, chu chu a chanchin tha rawn thlen mana ka lo pek chu a ni” (2 Sam 4:10).

He Amalek tlangvâl hian Gilboa tânga indona hmunah Saula chu a fei rinchhana dingin a hmu a, Suala chuan a dam chhuah leh pawh a inring tawh lo va. Amalek mi hnênah chuan, “Mangannain mi tâkbuak takzet mai, râl laka thih ai chuan mi that mai teh,” tiin a lo ngên a, Amalek tlangvâl chuan a that ta a ni. Saula chuan David a hi thah tumin a ûm reng a. Thil tha tia inngaiin, Saula thih thu

chu David a va hrih a; mahse, a lâwmman hmuh chu thihna a ni. A va râpthlâk êm! He Amalek tlangval hian thihna khawpin eng nge tihsual a neih? Saula duhthlanna leh a ngenna tihsak a ni si a.

Tûn hunah hian keini pawhin Pathian duh zâwn leh a lawm zâwna ngaiin a duh loh zâwn kan lo ti reng thei, pawh lo tûra kan ngaih kan tâna tha lo tûr kan lo ti thei. Inen chiang ang u. Thlarau Thianghlim meuh sawichhiat phe chu ngaihdamna a awm tawh si lo va.

Lal Isuan, “Pharisaite angin mi an hmuh leh fak an hlauh theihna tûrin, inkhâwmna inah te, kawthlêr pêng takah te mi vervêkte angin tawngtai suh u, an lâwmman chu an hmu zo

tawh,” tih min hrilh a (Mt 6:5). Pharisaite khân an ropuina tûr leh an hausakna tûrin, mi fak an hlawhna tûr chauhvîn thil an ti thîn a, an chungah Lal Isua a lâwm lova ‘mi vervêkte’ a ti a ni. “Hêng mite hian an lâwmman dawn tûr zawng zawng chu leiah an hmu zo tawh,” tih min hrilh. Kan rilru put hmang te, kan chêt vêlna kawng hrang hrang leh kan rawngbâwnate hi inenfiah ila. Kan ropuina tûrin kan thawk nge Pathian ropuina tûrin kan thawk le? Khawi hmunah nge lâwmman kan dawn ang – he leiah nge vânramah?

Hêng mi tê tak tê zînga pakhat hnênah hian tuisik no khat chauh pawh pe apiang chuan an lâwmman an chôn tawp lo vang (Mt 10:42). Lal Isua khân mi rethei leh chanhaite tanpui ngaite leh mi chhumchhiate lam a hawi tlat a. Amah pawh hetiang ang dinhmunah dîngah a indah a ni. “Ka ril a tamin nangnin ei tûr mi pe a, ka tui a hâlin in tûr mi pe a, mikhual ka nihin min thleng a, saruak ka nihin

puan mi sintir a, ka damlohvin min kan a, tân ina ka awmin ka hnênah in lo kal a,” tih Matthaia 25:35-ah kan hmu.

Amah kha hetiang chiah hian a awm a ni lo va. Hetiang mite hi a hmangaih a ngai pawimawh a, a rilru an luah tlat, hetiang mite chungah thât chhuah hi a lâwm zâwng a ni. ‘Mi rethei khawngaih chuan Lalpa a pûktir a ni’ tih a awm. ‘Hêng mi tê ber chungah ti hi ka chungah ti in ni e,’ tiin min hrilh. Lal Isua duh zâwng tih leh a ngaih pawimawh zâwng titute chuan a hnêna mi ngei lâwmman kan dawng dawn a ni. Kan thiltih thât tlêm tê pawh min chhinchhiahsak a, dik takin ro a rêl dawn si a.

“Krista an hmuhsitna chu Aigupta ram rote ai chuan sum ropui zâwkah a ruat a, lâwmman pêk tûr chu a thlîr thîn avângin” (Heb 11:26). Mosia chuan a hun laia lal ropui, mite zah leh ngaihsân êm êm Pharaoa fanu a fapa (lal tupa)-a vuah chu duh lovin, lal thinur pawh hlau lovin, Aigupta ram a kalsan

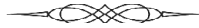
a, khawvêl ropuina te, sâna te, in leh lo, sum leh paiten a nunah hmun an chang lo, hmuh theih lohva chu a hmuh tlat avângin. Pathianin lâwmman a pêk tûr chu a thlîr tlat avângin rei lo tê sual nawmna hlimpui ai chuan a mite nêna tihduhdah tuar chu a thlang ta zâwk a.

Lâwm ulangin nasa takin hlim rawh u, vânah in lâwmman a awm hnem si a (Mt 5:17). Pathian hnêna kan lâwmman hmuh tûr hi Setana

hian min chhuhsak tumin a theih ang angin thil chi hrang hrang hmangin min bei a. Thlêmna tam tak tâwkin harsatnain min tlâkbuak mah sela, lâwmman kan lâk tûr chu i thlîr tlat ang u.

A tâwp thlenga tuar peih apiangten Pathian hnên ata lâwmman chu an dawng dâwn si a. Chu lâwmman hlu tak chu dawng tûrin hlim leh lâwm takin i thawk ang u.

Lalpan malsawm rawh se.



NGENNA

Agape hi Kohhran Hmeichhiaten tisa leh thlarauva hma kan sawn theihna tur leh kan rawngbawlnate inhriat tawn nana kan chanchinbu neih a ni a. Sermon tha tak tak leh kan ni tin khawsak nana tangkai tak tak kan chhiar tawh thin a. A lawmawm hle a ni.

Amaherawhchu, hmeichhiate hian mahni insit avangin thu chhuah tur han thawh te hi kan inthlahrung tlat thin hi a pawh hle a. Eng pawh, kan vei zawng apiang, kan rawngbawlanaa hma thar kan lakna emaw, kan testimony emaw pawh ni se, mi dangten an lo hlawkpui dawn a ni tih hre chung leh, Pathian ropui zel nan chhuah tura pek hi i inthlahrung lo vang u, tiin kan han inngen nawn leh a ni e.

– Editor

HMA I SÂWN ZÊL ANG U

(Phil 3:12-16; 1:29; 1 Pet 2:21; 4:1; Sam 126:5-6; 84:6-7)

– K. Ronghaka

Khatla East

Thuhma: Kristiante hi rinna, thlarau nun leh rawngbâwlina kawnga hmasawn zêl tûr kan ni a, chu chu Lalpan min beisei dân pawh niin a lang. Kan châng târ lan Phil 3:12-16 pawh hian chutianga thanga hmasawn zêl tûr chuan min kawhhmuh a ni. Chutih rual chuan thang lêm lo, dinhmun ngaia ding, mahni leh mi dangte pawhin kan hmasâwnna sawi tûr an hriat lêm loh ringtu hi kan ramah hian kan tam viau awm e. Rinna kawnga thang liana thlarau lam nun thar keimahnia luang liam, mi dangten a zâr an zo khawp nei tûr hian tan lâkna tûr hrang hrang kan nei ngei ang a, ‘Chumi chu ti ila’ tia chhawp chhuah tûr pawh a awm t̄euh ang. Chûng zîngah chuan ka rilru min luah rengtu, rinna leh thlarau nuna hma kan sâwna, kan th̄an lenna tûra kan mamawh, kan hlauh êm êm th̄in si leh kan hêl t̄awk t̄awk th̄in ni si chu Krista vânga tuarna hi a ni. Tuarna chungchânga kan Bible zirtirna tlêm azâwng i lo thlir ho dâwn teh ang.

1. Philippi 1:29-ah chuan, “Krista avânga amah in rin chauh ni lovin, amah avânga in tuar pawh phal a ni si a” a ti a. Heta phal tih hi phalsak, khawngaihna t̄awngkam, induhsakna t̄awngkam a ni. Tuarna hi thil hlu tak, a hlutna anga kan dawnawng thiam si loh, induhsakna anga kan ngaih theih miah loh a ni. Chu vâng chuan kan hmaa Krista

avânga tuar tûr lo awm hi kan hêl a, kan lo bêng per fo. Hei vâng hian rinna kawngah leh thlarau lam nunah nun haus, mi dangte hmuhpui tlâk leh mite chhiar tham nun kan thleng pha lo th̄in. Tlangvâl haus Lal Isua hnênah a kal a, chatuan nun a neih theihna tûr kawng a zâwt a. Lal Isuan amah chu a en a, a hmangaih ta a. Chu a hmangaihna

aṭanga hmangaihna âw rawn ri ta chu neih zawng zawng hralha, pachhiate hnêna pêk leh amah Lal Isua zui a ni. Tlangvâl hausa khân hmangaihna aw chu hmangaihna aw angin a dawngsawng thei ta lova, lungngai takin a kal bo ta a nih kha (Mk 10:21,22). Hmangaihna kha hmangaihna a nih angin dawngsawng thei se, kha tlangvâl kha a va han nihlawh dâwn êm! A betu, thupetu kha engkim neitu a nih a hre fuh lo ni ngei tûr a ni a, a pawî hle mai.

2. Tirhkoh Paula chuan, rinnaa a fa, thil ṭha a duhsak êm êm, Timothea chu, “Chanchin ṭha avânga hrehawm hi Pathian thiltihtheihna ang zia zian mi tuarpui zâwk ang che,” a ti (2 Tim 1:8). Fa, hmangaih takte hnêna thurâwn atân chuan a mak a ni. “Ka hrehawmzia te, lung ina ka tân te, vuak ka tuar nasatzia hmutu leh hre Chiangtu i nih kha, hetiang taka tuar kher lo pawhin vânram chu i kai tho ang, ka

tuar ang teh hrep hi chuan i tuar ve loh hrâm ka duh a ni,” intih zâwk âwm tak, tuar ve tûra a fuih tlat mai hi duhsakna mak tak chu a ni. Paula hian Krista avânga tuar hi a hlâwkzia hre lo ni se chuan tuar ve tûr hian Timothea hi a fuih lêk lo tûr a ni. Mahse, a hlâwkzia a hriat avângin a duhsak ve a ni. Hei chauh hi ni lovin “Krista sipai ṭha tak angin hrehawm mi tuarpui rawh... engkimah fîmkhur la, hrehawm tuar la...” ti tein a fuih zui zêl a nih kha (2 Tim 2:3; 4:5). Tuarna hian lukhâwng a neihzia Paula hian a hre Chiang hle mai.

3. Tirhkoh Petera chuan tuarna hi ringtute mamawh a nih hre Chiangin, “Krista pawh khân a tuarsak che u avângin, hetiang ti tûra koh in ni, a hniaka in zuina tûrin entawn tûr a hnutchhiah che u kha,” tih te, “Chutichuan, Kristan tisaa a tuar avângin nangni pawh chutiang rilrûk nain inthuan ve rawh u,” ti tein min fuih bawk (1 Pet.

2:21; 4:1). Ringtute kal-kawng hi tuarna kawng a ni tlat a, kan Lalpa Isuan a zawh hmasa a, a hnung zuitu Peterate, Paula ten an zawh ve a, keini Thuthlung Thar ringtute pawh, chu kawng zawh ve zêl tûr leh chu harsatna aţang ngeia Pathian Thlarau lam nun thar, nun chhenfakawm, mi dangte tâna par mawi rimtui chhuah nun nei tûrin kan Lalpa hian min duh a ni. Chutah chuan ringtu nun ũhan lenna, thlarau lam nun hmasâwnna, rawngbâwlna rahbi thar chu a lo inphum ru a ni. Fakna hla siamtu chuan, “Tuarna pumpelk kawng zawhtuten, kraws nunna kawng an hloh si ũhin,” a ti. ũap chung a kraws kawng zawh a va ũl êm!

Unau duh tak, Lal Isua hnung kan zuinaah, a rawng kan bâwlnaah hian kan kawng hlîngin lo khat mah se, kan Lalpa lu kha ngaihtuah ila, amah avânga kan tuar ve min phalsak chhûng hi chuan amah avânga tuar ngam, amah avânga chên ngam, amah avânga rethei ngam, amah avânga

mualphona phur ngam ve tûrin inbuatsaih ve zêl ang u. Kan Lalpa hian tuarna min tâwptira, tuarna ruama min hnutchhiah a tum lo. A tâna tuartute tân thutiam ropui tak tak a nei asin. Thu tiam dêm dûma, a thutiama ding leh ngam ũhin lo Lalpa a ni lo. A thu phelh tawh ngai lova khân, “Kei kumkhuan, khawvêl tâwp thleng pawhin in hnênah ka awm zêl ang” a ti a ni. Hei hi a thupêk zâwmtute hnêna a intiamna a ni a, zâwm lo tân sawi ve chhên a remchâng lêm lo vang. ũahna ruam zawhtuten tuihna awmna an siam ũhin a, ruahtui tla hmasain malsâwmnain a khuh ũhin. Chakna aţangin chak lehzuálnaah an kal ũhin (Sam 84:6,7). A va ropui em! Mittui tla chung a tuhten hlim takin an ât leh ũhin (Sam 126:5). Lalpa avânga tuarna chuan hlimna, thlamuanna leh lâwmna famkim a thlen ũhin. Lalpa hnên aţanga kan duh zâwngte dawng tûr ringawta ũawngţai lova, amah avânga tuar ve tûra kan dilte pawh a va hun tawh êm!

A hnung kan zuina leh a rawng kan bâwlnaa hma kan sâwn zêl theihna tûra kan Lalpan khawngaih leh duhsak taka kan kawnga harsatna min dahsak hi, tuarna lothlawn, hremna leh min hawisanna anga dawngsawng lovin lâwm takin lo Amen ila,

tuarna kal tlanga hmasâwnna rahbi thar chuangkai zêl tûrin i inbuatsaih zêl ang u.

Fak hla siamtuin,
“I tana tuartuten chu ram chu an beisei,
Lei lâwmna an tân a vul ve si lo” a tihte hi kan dinhmun a sawina lo ni mawlh teh se.



CHÛNNÊM, TẶNG FAN FAN RAWH

– C. Lalhlunchungi
 Zamuang

Lenrual lungduh chûnnêm, lo ngai teh u,
 Rûn thim ên nân kal kan siam, Kristian Chhûngkua;
 Mahse, thinlai a dam zo lo,
 Sualna chhim thlipui iang a hrâng lua e.
 Chûnnu thinlai a nâ,
 Hring nun kal zai a rêl thiam lo;
 Beidawna lamtluang a zawh mêk e,
 Han dâwn chiang teh chûnnu.
 Rûn thim ên nân –
 Hmangaih silhpuan inbelin pheilai khai leh la;
 Beidawna leh lungngaihna lo thleng thim mah se,
 Tặng fan fan rawh ‘CHÛNNÊM’
 Hmangaihtu Lalpan a rêl sual ngai lo,
 Chhûng kim tea
 Chatuan ro hlu –
 Kan channa tûr a lo ni e.

PHARAOA FANU

- Dr. T. Vanlalhlani
Aizawl Theological College

Exodus bung 2-a Mosia pian thu leh thuhrûk a nih thu chhiar apianga lo lang nghâl chu nausên, a nuin a thuhrûk hmutu Pharaoa fanu hi a ni. He nula hi a hming kan hre lo va, eng ang mi nge pasal a neih tih te, fanau a neih leh neih loh lamte kan hre hauh lo. Lal fanu a ni a, luia inbual tûra a kal pawhin a bula kal ve tûr bawihnute a nei tih erawh kan hria. A mizia thuah chuan rinzâwn theih tûr hêngte hi kan hmu -

1. Khawngaihna nei mi a ni : Pharaoa fanu hi nula, pasal la nei lo niin a lang a; mahse, nausên a hman-gaih êm êm a ni tih a chanchinah a lang-sâr. Luia phairuang zînga bâwm a hmuhin a bawihnu a lâktir a. Bâwm chu a han hawn chuan nausên a lo awm a, a ÷ap ta nghe nghe a. A ÷ah chhan ziak a awm lo. Rei tak nu hnute hne tawh lo a ni mai thei; a ril÷am tuihâl ÷ap a ni thei; natna leh nawm lohna a nei a ni thei; nu pangti lum nghêng pha lova dah hran a nih avângin a thlabâr ÷ap pawh a ni thei; a hmuh ngai loh hmêl a han hmu thut hlau pawh

a ni thei. Eng vâng ber nge kan hre lo va; a ÷ah chhan chi hrang hrang a awm thei tih erawh a chhût theih. Pharaoa fanu chuan nausên a hmuha a ÷ap a hriat chuan Bible-in min hrilh angin, “Tin, a khawngaih ta êm êm a,” tih a ni (Ex 2:6). A ÷awngkam chhuak lo ri hmasa nia târ lan chu, “Hei, Hebrai fa a nih hi le,” tih thu a ni.

He nula hi nula fîng fel tak a ni ngeiin a rinawm a. Nausên nu emaw, a ûte emaw awmtu awm lova luia bâwma dah ngawt mai a hmuh chuan a pa nunrâwng

tak mai thupêk a hre ve reng a ni thei ang. A pa chuan Hebrai nausên mipa chu an pian hlimah tihlum tûr tiin nau chhartute pawh thu a lo pe tawh a. Chu chu a hlawhtlin loh avângin nausên mipa lo piang chu tuia paih tûr tiin thupêk a chhuah leh a. Hetiang boruaka nausên mipa bâwm chhûnga thuhrûk chu Hebrai fa a nih ngei a ring thei tihna a ni. A pa Pharaoa thupêk zawm duh se nausên tihlumna tûr remchâng a hmu chiang hle. Mahse, he nula hian nausên a khawngaih tlat tih ziak a ni. A pa thupêk chu a hre ve ngei ang a; mahse chu ai chuan pawh sawi lo nausên a khawngaihna chuan a nun a khawih thûk zâwk a ni ngei ang.

2. Mihring nunna zah thiam leh humhim duh mi a ni : Nausên hian anmahni tihnat leh tihlum duhtu an bei lêt ve thei lo va; bei lêt ve tûrin finna leh chakna, tumna leh theihna an nei hek lo. Pharaoa fanu nausên

hmuh pawh hian ÷ah ngawt bâk chu tih theih a la nei vak lo; hnute chu a hne thiam tûrah ngai ila; a bâk eng tehchiam ti theiin a lang lo a ni. Mahse, amahah nunna a awm a; chu chu amah chhartu nula hian a zahin a hlutsak tlat mai. Chuvângin, he nausên hi a pa thupêk, tihlumna tûr dân râpthlâk tak aţangin chhanchhuaha humhim a duh ta tlat mai. Pafa pawh hi an inang bik love ti rawh u. Pain pawh sawi lo nunna lâk a duh a; fanuin nausên la mawlmang tak nunna hum a duh thung.

Nausên awmtu zawnsak duha nausên û (Miriami) a rawn tlan vat khân, zawhna zawh awm tak tak awm thei tûr zâwt eih lovin naute awmsaktu tur zawng tûra a kal chu a remti nghâl der mai. A va koh tak kha nausên nu ngei a nih chu he nula pawh hian a ring thiam lo bik dâwn em ni? Nau awmtu koh thu rawn sawi vattu pawh kha nausên hmêlma ni lovin a laichin a

ni ngei ang tih kha chu mi pangngai tân chuan rin loh chi a ni lo. Mahse, nausên nunna humhim duhtu nula ngilnei leh khawngaihna nei mi chuan, nausên leh a vêngtu leh nau awmtu a va koh tâkte kha Hebrai mi an nih leh nih loh thu te, engtia khatianga nausên dah mai nge ni tih te zawh a tum lo. Nausên lainatawm tak a hmu a, a nun humhimsak a duh a; chuta tâna mi pawimawh amah lo enkawltu tûr a hmu thei kha a duh tâwk a. Hei hian nausên a khawngaihna nasatzia a lantir Chiang êm êm a ni.

3. Mite ringhlel mai lo, hmêl hriat loh pawh ring tâwk êm êm mi a ni : Pharaoa fanu tân hian rinhlelhawm tak an a hnai vai hle. A pa thupêk kalha nausên mipa thukrutu chu a pa tâna mi hlauhawm an nih pawh rin âwm tak a ni. Mahse, he nula hian rinhlelhna thu eng mah a chhâk chhuak lo va; nausênin awmtu a

mamawhzia hriain a awmtu tûr koh a remti a. A awmtu tûra an koh pawh a ringhlel eih lo va; a kuta nausên dah chu a hlauthâwng miah lo. A fîmkhur lo kan ti ang nge, amah a rinawm anga, mi dang pawh rinawm tûrah a ngai thei kan ti ang. Hetiang khawpa hmêlhriat loh ring ngam mi hi hmuh leh sawi tûr an tam lo vang. Mahse, hmeichhe pahnih rinawm ve ve han indâwr hi a tua mah inbum lovin an inbiak remna angin an tih tûr an hlen ve ve a, an entawn tlâk hle a ni. Hnam dang daih si, inhmuh vawi khatnaah an inring tawn a; an rinawm ve ve hi a ropui ngawt mai.

4. Mi retheite a thlâwna chhawr aiin lâwmman pêk duh mi a ni : Pharaoa fanu hian duh ni se Hebrai hmeichhia tu pawh hi a nausên chhar enkawltu tûr hian a thlâwnin a chhawr thei ngei ang. Mahse, chutianga mite chungtlâk leh a pa lalna leh thuneihna hmanga mi chungtlâka,

intilal chi a ni lo va. A fa awmtu chuan an hnathawh hlawh chu an hmu tûr a niin a hre tlat a, a tiam nghâl a. Naute awmtu chuan a awm ðang lian a; tichuan, Pharaoa fanu hnênah a hruai a, a fapa a lo ni ta a. A hming a sa a, tui ata a lâk chhuah a nih avangin tiin Mosia a phuah ta a ni (Ex 2:10).

Hei hi a entawn tlâk a ni. Mahni hlâwkna a nih dâwn phawt chuan mite tha leh zung chhawr fe mai pawî ti lovin kohhranhote hi kan awm hlauh dah ang e. He Aigupta nula thiltih hi a entawn tlakin, Kohhran Hmeichhiate hian zir tûr kan neih ve a rinawm. Mahni inen nân i hman ang u.



NGENNA LEH HRIATTIRNA

Inkhâwmpui Lian thlengtu puihna chungchâng: Inkhâwmpui Lian thlen hi a hautakna lam ngawt ngaihtuah chuan a hautak lo tih loh rual chu a ni lo. Amaherawhchu, Inkhawmpui ðatzia leh ðangkaizia chu a kal ðhînte chuan kan hria a nih kha. Hetiang hi a nih avângin kan hruaitu hmasate pawhin, Inkhâwmpui Lian thlen diltu an awm loh pawhin Central Committee-in lo ngaihtuah ðhîn se, an lo ti hial a ni.

Chumi kal zêlah chuan, kumin Rorêl Inkhâwm agenda atân Inkhâwmpui Lian thlengtu ðanpui nân member tinin ₹ 10/- thawh ni se tih hi a lo lût ta hial a. Mahse, chutiang êma intuk chu rit deuhvah ngaiin, Inkhâwmpui Lian thlen hi a hautak êm avângin thlengtu ðanpuina hi Bial tinin uar deuh zâwka pêk ðeuh tum ni se, tiin Rorêl Inkhâwmah khân kan inchah ta zâwk a. Chuvângin, nakkum 2017 Inkhâwmpui Lian thlengtu tûr Serchhip Bial hnênah thlengtu puihna hi ðahnemngai taka pêk tum ðeuh tûrin kan han inhriat thartir leh a ni e.

KATHMANDU-AH KRISTIAN THLÂN MUAL

– Rev. Lalrintluanga Ngente
Kathmandu

Nepal ram khawpui Kathmandu-ah hian ringtu nuai dân lai awma ngaih a ni a, Kohhran pâwl hrang pawh 70 chuang an awm nia sawi a ni. Tûn hma chuan Hindu-te inhâlna hmun Pashupati chhûngah hmun âwl remchângah ringtu thite an inphûm ve òin a ni âwm e. Tin, tlêma khaw pâwn deuhvahte pawh hmun te neiin an inphûm thin. Dodâlna a awm òin avângin chhuanlam chhe tê tê avângin chûngah chuan inphûm a rem ve ta lo. Naupang thi chu kuang siam lovin, ran thi phûm ang lekin feet 2-3 vêl leka thûka laiin an phûm ve a; mahse, zân lamah zâwng leh sihalten an hai chhuak leh a, he hmuna kan kal ve òum pawh hian thlân ruak, puan pawh sawm niah nuaih a tam khawp mai.

Kristian Inzawmkhâwm Pawl, kohhran pawh 30 chuang awmnaah Presbyterian kohhran, Lalitpur kohhran pawh inziah luh a ni ve a, chu pâwl chuan Kathmandu atanga km. 42-a hlaah ram âwl, huan hlui, phûl hmun tlang sâng tak mai, buh òin thum hmun tûr awm laia zau lei a ni a, Thirlêna hung chhuah vek a ni a. Huan hlui a nih avângin terrace laih chhuah vek a ni. Chu hmunah chuan ni 13.7.2016 khân thing lian lo chi, chi hrang hrang kung 300 chuang lai

chu phun a ni a, a lo puitlin hnu chuan a mawi viauvin a rinawm.

Chu thlân mual thar thing phun programme-ah chuan kan kohhran kan tel ve avângin ka feh chhuak ve a, kan motor kal theih bâk cho zâwnga a sahmul òin zawha dârkâr hnih chuang kea kan kal hnu chuan, chu hmun nuam tak mai chu kan thleng a, hah a dam sawng sawng mai. Phâwngpui tlang ang vêla sâng hi a ni a, chhûmin a bawh deuh chûk reng mai. Chu hmunah chuan

Chowkidar in te, motor parkna tûr te, toilet te leh mitthi vuina tûr in te sak a ni a, a changtlung khawp mai.

Kan ringtute hi an thihin Hindu-ho inhâlnaa han inhâl leh ngawt mai thin chu tha ti lovin, hmun hla zâwk pawh ni se, he thlân mual hi an tân chuan a hlu hle mai. An hlim êm êm a, hemi ni pawh hian mi 200 dawn kan thawk chhuak a ni. Hetiang taka Nepali unauten thlân mual an ngai pawimawh hi a ropui ka ti a. Abrahaman a nupui thlân tûr a lei angin, he hmun lei hi an tha a na lêm lo a ni. He hmun motor-a thleng tûr hian JCB-in kawng a lai tlang a, a chho deuh va, fourwheeler tân lo chuan thlen hleih theih a ni lo.

Mizo Kristianten kan duhna hmuna thlân mual kan nei thei mai te, thlân mawi taka laia kan han invui liam thin te hi a va lo hlu êm! Thawhleha tha leh zual beiseia, lei chu leiah, vaivut chu vaivutah tih chu ringtute tih dan a nih si avângin thawklekhkata meivâpa han

chan ngawt mai chu ngai ngam lovin, chutianga hmun hlaah pawh chuan lâwm leh hlim takin an hmun thar chu ÷awngtâina nêh bul an ÷an a nih chu. Sawrkâr a hriata, an ÷enawm khuaten an phal loh hlah chuan inphûm pawh chu an thei lo chhonzawm leh mai thei si a; chuvângin, Nepal ram ringtute tân bâng lova lo ÷awngtâi zêl tûrin kan sâwm a che u. Hêktu an awm hlek chuan sawrkâr hi ringtute lamah a ÷ang duh thin si lo va, sakhaw zalênna ram anga puan ni tawh mah sela, a tak takah chuan ringtute hian dinhmun tha hi an la chang pha lo hle a ni.

Chutiang dinhmun ding chung a ringtu kan pung zêl mai si te hi Pathian hnathawh ropui a ni a, Krista an hmuhsitna chu Nepal ram thil ropui leh hlute ai chuan sum ropui zâwkah an ruat a, thlân mual kawng chhova hlim leh lâwm chung a ringtute kal chu a hmuhnawm a ni. Ringtute huai nân leh ringtu an lo pun zêl theih nân i ÷awngtâina kan ngên e.



KRISTA RIMTUI

*R. Lalbiakhnûni
Tlungvêl*

“Nimahsela Kristaa hnehnaa min hruai fotu leh, keimahni hmanga hmun tina amah hriatna rim hriattîrtu Pathian hnênah chuan lâwm thu awm rawh se. Chhandam mêkahte leh boral mêkahte chuan Pathian tân Krista rimtui kan ni si a” (2 Kor 2:14, 15).

Krista zâra hnehna changtu Paula ṭawngkam, “Krista rimtui” tih hi ka thinlungah a mawi êm êm a. Rom sipaiten râl an bei a, hnehna changin salte nêan an lo hâwng a, kal kawngah rimtui an hâl nam rum rum a, an thên nam rum

rum a. Hnehtu tân chuan chu rimtui chu hnehna chhinchhiahna a ni a, sal mante tân chuan chu rim chu a tui ve lo, an thihna tûr pan an nih miau avângin. Chutiang chuan Rom sipai hnehna changa an hâwng ang hian Paula hian a rawngbâwlinaa hnehna a chan dân a intekhkhin a lo ni. Thlarau lamah chuan chu rim chu Krista hriatna a lo ni a. Krista hriatna rimtui hmun tinah lên chhuahtir tûrin Pathianin min thlang a, min ko va, a Chanchin Ṭha mite hnêna hrilhtu tûr Krista rimtui chu keini hi kan lo nih chu.

Pathian hriatna rimtui theh darhtu tûr kan nih avângin chhandam mêkah te, boral mêkahte Pathian hnêna Krista rimtui atâna hlan kan ni, an awih duh emaw awih duh lo emaw kan thu hril rim chu an hre ngei ngei tûr a ni, a ring duh tân chuan chu rim chu hnehna rimtui, nunna an neihna tûr a ni ang a, a ring duh lo tân chuan chu ngei chu thiam loh chantirtu tûr thihna tûr rim a ni dâwn a ni.

Lal Isua thuchah pui ber chu Chanchin Ṭha hrilh hi a ni. Hei hi kan mawhpurhna a ni bawk a ni. Paula bawkin chûng ang atân chuan tunge tling zovang? a ti a. Ni e,

tumah hi kan tling lo a ni. Mahni pawhin tling kan inti lo va, min hre Chiangtuten tling min ti hek lo, tling lo mah ila kan kovah a innghat tlat si a, keinin kan hrilh loh chuan lungtê tal au chhuahtir a tum a ni. Hla siamtuten, “Lungtê zawng au chhuak lul suh se, Lalpa i tân ka rawn do ve ang e,” an lo tih angin lungte êm au chhuahtir ai chuan keini mi tling lo leh tlâk lo chung chung, a khawngaih rawngbâwl hna min pêkte hian kan au chhua a ngai a ni. Hemi kawngah hian harsatna leh chhuanlam tam tak kan nei ngei ang. Natna kawl bîk kan neih te, chhûngkuaah te, ðhenawm khawvêngah te, khawtlâng nunte avâng hian kan chak lovin kan chau va, kan ro ngawih ngawih ðhîn a ni. Mahse hêngte avâng hian Lalpa kan au tûr a ni. Kan chak lo tih inhriatna aţang chauhvin Lalpa kan au eih a, pui ngai kan nih kan inhriat chhua chauhvin, Lalpan min pui ðhîn a ni si a. Paula pawhin harsatna lian tak tihkian châk êm êmin a dîl ve a ni. Mahse Lalpan, “Ka

khawngaihna i tân a tâwk e” a ti daih. Lalpa thiltihtheihna hi chak lohnaah tihfamkimin a lo awm chauh a ni.

Tichuan, kan hmaa harsatna tam tak min hûnsakte hi thlarau lama amah kan auh tamna tûr atâna khawngaih thilpêk zâwk a lo ni. Paula ngei pawhin ka chak loh apiangin a ni ka chak ðhin ni a tih ang hian, kan harsatna tawh leh chak loh nate hi chakpui nân i hmang zâwk ang u, chak kan intih lai chuan amah kan hlatin kan lo chapo mai ðhîn. Ringtu nuna thil hlauhawm ber chu hnungtawlh hi a ni. Kan hnungtawlh loh phawt chuan khawro chângte hi awm rawh se, Pathian kan pâwl tamna a lo ni zâwk.

Ro nia kan inhriat lai taka kan hun a lo chhuak tlat maite hi khawngaih rawngbâwl hna dik tak thlarau lam tui hna a lo ni zâwk fo ðhîn.

Krista hriatna rirtui hmun tina lên chhuahtîr tûrin ðan i la thar zêl ang u.

Lalpan a thu malsâwm rawh se. Amen.



**WOMEN CENTRE-AH PUAN THUI
ZIRNA TAN A NI TA**

– *Rinchawii*
Chairman, Inkhawmpui Lian

Hun rei tak aţanga nghâkhlel taka kan lo thlîr, Women Centre hmanna tûr ruahman zînga pakhat puanthui zirna chu August ni 4, 2016-ah ţan a lo ni ta a, a va lâwmawm êm! He centre-a thawk tûr hian Superintendent, Peon-cum-Chowkidar, Security Guard leh Instructress pahnih leh zirlai 40-in bul an ţan a. A bul ţantu atâna mi duhawm tak tak kan hmu hi Pathian malsâwmna a ni tih a chiang a, Pathian chu fakim awm rawh se. A ţan niah hian Central Committee member-te nêh Pathian hnêna ţawngţai leh infuihna hun ţa tak hman a ni.

Women Centre-a puanthui zir tûr hian Women Centre Managing Committee chuan 1st Batch atân mi 20 lâk ni se a tih chu, mamawhna a sân êm avângin mi 40 lâk a ni ta a. Zir hun chhûng hi thla 6 tih a ni a; mahse, duh aiin ţan a tlai tâk avângin, a ţul dân angin extra class nei tûra tih an ni bawk.

Women Centre hi mi harsa leh khawsakna lama chhawm chhuah ngai (Rahbi tleu)-ten eizawna tling khawpa dinhmun an siamna tûra hman tum a nih angin, puanthui zirna hi hawn a ni

a, tûnah hian mi 40-te chuan an zir mêk a ni.

Zirlaite hian thu an awihin enkawl an nuam hle a, hma pawh an sâwn chak khawp mai. Kut themthiamna mai ni lo, an thlarau nun thlenga puitling lehzual tûra kaihhruai tum an ni a, an devotion hunah te sharing ţa tak tak te neiin hun an hmanġhîn a ni. Mittui tla zawih zawihin an dinhmunte an sawi a, he lai hmuna an zir theih avânga an lâwm thu te sawiin, Superintendent leh thawktu dangte pawhin Pathian thua dâwm kân ngaite dâwm

kângin enkawl an ni a. Pathian thlarauvin a awmpui nasa êm êm a, a lâwmawm takzet a ni. Centre-a awmte hi Phunchawng Kohhranah an lawi a, an lawina kohhran tân pawh malsâwmna thlentu ni ngei tûrin kan beisei.

Women Centre hlawh-tlinna kan hmuh hian hruaitu hmasate thawh rimna kan hre chhuak lo thei lo va, mitthlaah an lo lang thîn a ni. Thenkhat phe chu an thawh rah hmu

hman lova chatuan ram min pansan tate pawh an awm tawh a, kan hre reng a ni. An inpêkna leh thawh rimna hlu tak avâng te, mi inphalte thilpêk avângte leh kohhrante thawh hona tha tak avângin hetiang hlawhtlinna hi kan lo thleng ta a ni. A bul kan tan chauh va, hma thar te laa hma a sâwn zel thei tûrin tawngt'ai leh thilpêkin i thawk ho zêl ang u.

Pathian ropui ber rawh se.



MI DANGTE TĀNPUI HI HLIMNA A NI

– *Unknown*

A incheina aţang ringawt pawh chuan a hausa hle tih a hriat theih. Rilru lam doctor hnênah a nun ruahzia leh a nunin awmzia a neih lohzia a lo sawi mawlh mawlh a. Doctor chuan an office hmunphiat pitar pakhat chu a han ko va, mi hausa nu hnênah chuan, “Ka pi, he office-a hmunphiat hnên aţang hian hlimna a chhar dân chanchin i ngaithla ang hmiang,” a ti a.

Pitar chuan a hmunphiah chu leiah a dah a, thuthmun a rem fel hnu chuan a chanchin chu ti hian a sawi ta a:

“Ka pasal chu malaria avângin a boral a, thla thum a ral chauh tihin ka fapa neih chhun chu car accident-ah a boral ve leh ta bawk a. Tu mah dang rêng rêng ka nei ta lo.

Zânah ka mu thei lo va, chaw ka ei thei lo va, nui leh thei hian ka inring tawh lo, ka nunna lâk hial ka duh ta a. Tlai khat chu ka hnathawk haw lam chu zawhtenotê hian min zui haw a, khua a vawh êm avângin ka khawngaih a, ka inah ka hruai lût ta a. Bawngnhute ka han pe a, a liak zo nghâl vek a. A rûm der der a, tlângnêl takin ka ke chu a rawn nâwk a, thla eng emaw zât hnuah a vawi khat nân ka nui leh ta a ni!

“Ti hian ka ngaihtuah zui ta a, zawhteno pakhat ka ãanpui avânga hlim taka ka nui thei a nih ngai chuan, mi dangte ka ãanpui avâng pawhin ka nui thei ngei ang tih ka ring ta tlat a. A tûkah chuan chhang ka ur a, ka ãhenawma damlo mu reng hnênah chuan ka va pe a. Chutiang chuan ni tinin mi dangte tân thil ãha eng emaw tal tih ka tum ta ziah a. An hlim hmêl chuan hlimna min pe a, ka sim phal tawh lo! Vawiinah chuan kei tluka chaw ei tui leh mu tui hi an awm bik lo vang. Mi dangte ãanpuinaah chuan hlimna ka chhar ta a ni.”

Chu thu a hriat chuan mi hausa nu chu a ãap chhuak ta a. Pawisain a lei theih engkim mai chu a nei a; mahse, pawisain a lei theih loh thil pakhat a lo awm reng si! Nun hlutna chu i hlimnaah a inngat lo va, nun hlutna chu i kianga mite hlimna i pêk leh pêk lohvah a lo inngat zâwk a ni. Hlimna hi kawng thui tak zawh hnua neih tûr leh a suala sual chhuah tûr a ni lo va. Hlimna hi naktûka lo thleng tûr a ni hek lo.

Hlimna hi duhthlanna a ni a, vawiin atân a ni. Hlimna chu nangmah hi i ni a, i thil neih a ni lo.



Sum tam tak aiin hmingthat hi thlan zâwk tûr a ni a, tangka leh rangkachak aiin duhsakna a ngainatawm. Mi hausa leh mi rethei an awm za a, an vaia siamtu chu LALPA a ni.

– Thufingte 22:1-2

*Ei siam dan***BUTTER CHICKEN****Mamawhte**

Ar	:	1
Arsa chiahna tur masala	:	
Chilli powder	:	Thirfiante chanve
Sawhthing râwt dip	:	Thirfiante chanve
Purunvar râwt dip	:	Thirfiante khat
Orange color	:	Thirfiante chanve
Chi	:	Tlêm

A siam dan -

1. A chung a mi chawhpawlh hian arsa chu chulha, darkar khat vel tal chiah ni se.
2. Tel-ah fry tur a ni.
3. Thlêngah fry hmin sa chu dah tûr a ni.

A tui siam dan -

Tomato	:	200 gms.
Carot	:	Tlawn khat
Purunsen	:	Pum khat
Vinegar	:	Thirfian khat
Chini	:	Thirfian khat
Chili powder	:	Thirfiante khat

4. Hengte hi mixir-ah her sawm la, arsa fry nêen chuan chawhpawlh tûr a ni.
5. White Sauce no khat vel siama, telh bawk tûr a ni. Butter chicken siam dân hrang hrang a awm a. Sa fry kher lovin a chhumin a tih theih a, Tandoor sa aţangin a tih theih bawk.

Butter Chicken chu ei dâwnah tihluma, butter tihtui thirfian khat a chungah telha, ei tûra chhawp tawh mai tur a ni.

AMBASSA ZIN REPORT TLANGPUI

– *Lalhliapi*

Central Committee Member

August 5-7, 2016 chhûng khân Tripura, Ambassa, Pastor Bial Kohhran Hmeichhiaian Central Kohhran Hmeichhiaie min sâwm angin Inkhâwmpui Lian Chairman, Pi Rinchawii kaihhruaina hnuaiah Pi Lalpianthangi nê, kan pathumin kan zuk kal a, report tângpui ka'n thai lang ang e.

Ambassa mite hi hnam hrang hrang an ni na a, Kristiante chu tângmi an ni deuh ber. Kohhran puitling 11 leh Fellowship 17 an awm a, zirtirtu (Missionary) 12 leh Native Worker 4 an awm. Synod hranga awm tûr an ni a, an sawi dânin, “Kristian chhûngkua leh buhfaiṭhamah te, kohhran kalphungah te min hringtu Mizoram tih dân kan entawn a, kan inbuatsaih nasa ve khawp mai,” an ti.

Ni 6 (Inrinni) khân nilêngin Leadership Training kan nei a, Inrinni zân inkhâwm aṭangin Pathianni zân thlengin Kristian Chhûngkua, thupui hrang hranga ṭhenin kan insawi chhâwk a ni. Ṭawng leh ngai a nih avângin a huphurhawm khawp mai a; mahse, ṭawng

lettuten an thiam êm avângin thusawi a nuam hle a ni.

Kan zinnaa ka rilrua thil lo lang pakhat chu, Mizoram ang hian an awm khâwm lo va, inhlat tak takin an awm a. Hetiang hi ni mah se, Bial thiltih an ngai pawimawhin ṭhahnem an ngai êm êm a, an entawn tlâk hle a ni. Tin, thusawi an ngaithla ngun êm êm mai a, a rei deuh pawhin an muthlu ve ngai lo. An zai te hian tihtakzetin an zai tih a hriat a, an zai tui êm êm a, an ti mai mai lo. Taksa chêtna pawh an chang ve nasa khawp mai, lâm pawh an lâm nasa hle a ni.

Tihtakzeta Pathian an biakna khân thlarau lamah pawh hlâwkna tam tak min pe a ni. Min ngen angin i ṭawngṭaipui zêl ang u.



*Hruaitute chanchin***C. THANȚHUAMI**

Pi C. ThanȚhuami hi Pu C. Lalthananga leh Pi Sawichhûngi-te kâra lo piangin unau paruk zînga a upa ber dawttu a ni.

Kum 1983-ah BA a zawh hnuin sawrkâr hna a thawk nghal a, tunah hian Superintendent a ni mek. Tichuan, Upa Lalhruailiana nên innein fa pathum – hmeichhia pakhat leh mipa pahniñ neiin tu pakhat an nei tawh a, Armed Vengah chhungkuain an khawsa mek a ni.

Rawngbawlna lamah chuan Sunday School naupang lam department-ah hian Beginner ațanga Senior Department thlengin zirtirtuah a awm kim vek tawh a. Kum 2001 atâna Kohhran Hmeichhe Committee member ni tûra thlan a nih khân, an la chhangchhiat deuh avângin

rawngbawlna pawm harsa a ti hle a; amaherawhchu, an nupaa Pathian an râwn hnuin Pathian kohna, khawngaih rawngbâwl hna hnâwltu nih ai chuan Amah ring chung a rawngbâwltu ni tûrin a pawm ta a. Kum 2003-ah office bearer ni țanin Treasurer, Assistant Secretary leh Secretary-ahte a awm țin a. Tûnah hian Assistant Secretary a ni mêk. Kohhranah Puitling Sunday School zirtirtu niin, Inrinni zân thuhritu a ni mêk baw. Tin, Bial Kohhran Hmeichhiaah Assistant Secretary chanvo a chelh mêk baw.

Amah hi Pathian faka zai nuam ti mi a ni a, Bial Zaipâwlah pawh term eng emaw zah a lo tel tawh a ni. Kristian Hla Bua a hla duh ber chu ‘*Isua neih ka duh zawk*’ tih a ni a, a duh zual lai ber chu ‘*Lal Isua ka duh ber, min hruaitu atan*’ tih lai hi a ni. Bible chângah hian a duh zual lai chu Sam 73:28, ‘Keia tan erawh zawng Pathian hnaih hi a țha a ni,’ tih lai hi a ni.

Pathianin khawngaih rawngbawl hna min pek hi țhahnemngai taka thawk turin min fuih a ni.



Hriat atân

1. Hêng hmunah hian kan hruaitute an feh chhuak a, Pathian hruainain tuang takin hun an hmang:

- (1) Ni 5-7.8.2016 chhûng khân Ambassa, Tripura-ah Pi Rinchawii, Chairman; Pi Lalpianthangi, Committee Member; Pi Lalhliapi, Committee Member-te an kal.
- (2) Ni 5-7.8.2016 chhûng khân Vairengte Bialah Pi Zothanpari, Pi Lalbiaki leh Pi C. Chawngpui, Committee Member-te an kal.

2. **Chanvo thar** : Pi Lalfakmawii, Co-ordinator i/c Kohhran Hmeichhia chu Synod Service Board chuan Synod Service Board-a Co-ordinator tûra a dah tâk avângin Agape Editor atân Pi Rallianthangi, Finance Secretary chu ruat a ni a. Pi H. Lalpianthangi, Asst. Co-ordinator, General Secretary ni bawk chuan Co-ordinator charge a la a ni. Kohhran Hmeichhe department lam pui tûrin Pi K. Lalthanpuui, B.A., B.D., Tuikual chu hun eng emaw chhûng atân Daily-a rawih a ni bawk.

.....

TIHDIKNA

Kumin Kohhran Hmeichhe Nia kan thu zir tûr BIBLE WOMEN booklet-ah khân chhut sual palh a awm a. Phêk 27, tlar tâwp bera Bible Woman-te rawngbâwlina tâwp kuma, '*A hnuhnung ber chu kum 1958-ah a pension a ni,*' tih kha '**1963**' tih zâwk tûr a ni e.

Tin, a bu hi a lei duhte tân bu khat ₹ 10/-in Kohhran Hmeichhe Office-ah lei theihin a awm a, Biala kan thawn chhuah bâkah hi chuan siam dik sa a ni e.

KUM 2015-2017 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Rinchawii
Vice Chairman	:	Pi K. Vanlallawmi
Gen. Secretary	:	Pi H. Lalpianthangi
Asst. Secretary	:	Pi Sailuti
Treasurer	:	Pi Maria Lalchhanhimi
Fin. Secretary	:	Pi Rallianthangi

COMMITTEE MEMBER-TE

- | | |
|-----------------------|---------------------------|
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| 3. Pi Lalsiammawii | 4. Pi Lalbiaki |
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Ex-Officio Member-te

1. Rev. H. Lalrinmawia, Synod Moderator
2. Upa H. Ronghaka, Synod Secretary (Sr.)
3. Rev. P.C. Pachhunga, Executive Secretary i/c Women
4. Pi Lalfakmawii, Co-ordinator
5. Pi C. Lalmangaihi, Ex-Chairman

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thil tumte:
1. Kohran pum rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chhungkua din nghehtir tura ñan lak.
 3. Ñanpui ngaite Krista hminga ñanpui.
 4. Chanchin Ñha puan darh.

Postal Regn. No. MZR/ 53/ 2015 - 2017 RNI Regn. 40876/ 88



Kelsih Kohhran Hmeichhia Kristian Chhungkaw seminar



Tuikual Bial Kohhran Hmeichhia Leadership Training



Zemabawk Bial Kohhran Hmeichhia Leadership Training

To

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