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KRISTIAN NALPANG



Ka nu min hmangaihna chu.....	3
Min vengtu Angel	8

Kum 18-na

February 2012

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A chhunga thu awmte

	Phek
1. Enkawltu lam aţangin	3
2. Ka nu min hmangaihna chu	4
3. Nu leh pa thu awih loh pawizia	5
4. Comic bu	6
5. Min vengtu Angel	8
6. Kan lo inang vek mai	10
6. Hriatzauna	12
7. Zawn chhuah	13
8. Chei chhuah	14
9. Bible milem	15
10. Ka hmuh ang hmu thei rawh	Inside Cover

Enkawltu lam aṭangin

School luh a lo hun leh ta reng mai. Hlim tak leh ṭha taka school in luh theih ngei kan beisei.

Thufing pakhat chuan, ‘A bul ṭah ṭhat chu a chanve zo ang a ni,’ a ti a. Zirnaa hlawhtling tur pawhin a bul ṭhan ṭhat a pawimawh tihna a nih chu.

Naupang ṭhenkhat chuan school luh phat aṭang hian lehkhā an zir nghal char char ṭhin a. Exam leh test neih dawna beih vak ngai lovin awlsam deuhin an thiam mai ṭhin a. A tam zawk erawh hi chuan exam dawn leh test dawna zir vak hi kan tih dan a la ni reng a ni.

Kumin aṭang erawh hi chuan a bul ṭan aṭangin ṭha takin zir nghal ila, tichuan kum tluanin haḥdam deuhin lehkhā kan zir thei ang.

KA NU MIN HMANGAIHNA CHU

Ka hming chu Vanhmingthanga a ni a. Kum 13 vel ka nih hian ka nu leh pa thlazar hnuaiah ka khawsa ðhin a, min duatin min duhsak em em a.



Kum 15 vel ka nih chuan ka nu leh pate hian min khuahkhirh thei em em a, zana ka len pawh an phal ngai lo a, ðhianhoa thil tih khawm kan tum pawhin an phal ngai mang lo ðhin.

Vawi khat chu ðhianhova lui kal kan rawt a, ka nu leh pate chuan an phal lo bur mai a. Tuia ka tlak an hlauh mai bakah thil sual ka khawih ve an hlauh vang a ni. Châk em em chungin ka nu leh paten an phal loh avang chuan ka kal ve ta lo va, ka ðhianta kal tur chu ka thlir liam vawng vawng mai a, ka rilruah a awm reng a. Mahse kan ðhian zinga pakhat chu tuiah a lo tla hlum ðhelh a lo ni a, ka kal ve lo chu inchhir teh vak lo.

Ka nu leh pate thu lova ka awm chuan an phun hrep ðhin a, ka ning thei hle ðhin.

Ka lo puitlin thlengin ka nu leh pate min zilhna leh min khuahkhirhna kha ka ðhatpui reng mai a; kan khaw rawlthar fela sawi chu ka ni lo, mahse mite hian an fate an zilh chang te hian ka hming an lamin, nu leh pa ðhenkhat chuan min fak ve ðhin a. Tun thlengin ruihhlo leh mipat hmeichhiatnaah inhmang lovin, meizial pawh zu lovin hun ka la hmang chho thei a ni.

Tihian ka ngaihtuah ðhin, 'Nupui neiin fate pawh lo nei ila, ka nu leh pate min enkawl dan ang chiah khan ka fate chungah ka ti ve ang,' tiin.

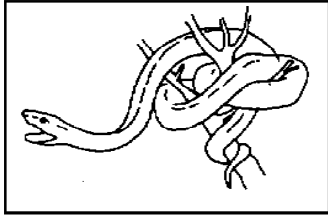
Ziaktu - Vanhmingthanga
Kum 16, Tualpui

(Tualpui Kohhran Senior Dept. thawnthu inziaksiak, 2011-a
lawmman pakhatna)

www.mizoramsynod.org

NU LEH PA THU AWIH LOH PAWIZIA

Ni khat chu Sanga hian ram kal a châk em em mai a. Mahse a nu leh paten kal an phal ta tlat lo va. Mahse Sanga chuan kal a châk em avang chuan chhuanlam a zawng ta ngat ngat mai a. A nu bulah chuan, “Lu ka mehtir dawn,” a ti ta a. A nu chuan pawisa a pe a.



A thianpa Puia a sawm a, ani pawh chu ram kal an lo phal lo va. Mahse a nu a dil tlut tlut a, kal a phalsak ta a.

A nuin lu meh man tur pawisa Sanga a nuin a pek pawh chu meizial leh kuhva lei nan an hmang a, ram lam pan chuan an kal ta a. An kalnaah chuan Sanga chu rulin a chuk ta hlauh mai a. Puia chuan tihngaihna a hre si lo, chawlhbuk hnai berah a dah a, a nu leh pate thil awmzia hrilhin a kal ta vang vang a.

A nu leh pate chuan an ngaihtuah em em mai a, Sanga awmna lamah chuan an kal ta vat a. A bul an va thlen chuan a lo thi hman a ni.

A nu leh pate thu awihin inah awm selang chuan a thi lo vang.

Ziaktu - Lalhruaizela
s/o Rothanga
College Veng,
Kolasib

COMIC BU

Ka hming chu Jane-
i a ni a; naktuk hi ka Birth-
day, kum 8 ka tlinna tur a
ni a, ka phur em em a.
'Naktuk hi chu hlim takin
ka hmang ang,' tiin ka
inngaihtuah a. Ka
nghahhlel em vang a ni
mai thei, zan chu a ral har
ka ti em em a.



Zing chu arawn her chhuak ta a, phur em em
chuan ka inchei a. Ka birthday chu inrinni a ni a;
chawhma lamah chuan ka thiante nen intihlimnaah kan
kal a, a nuam hle mai. Ka birthday a zawngah ka hlim ni
ber a ni. Chawhnu lamah chuan kan in lamah kan awm
a, thil te kan ei ho a, nuam kan ti hlawm hle. ka thiante
chuan present te min pe a, ka lawmzia ka sawi thiam lo.
Thian pathum (3) ka nei a, Losy, Cinda leh Darcie-i te
an ni a, ka thian tha berte an ni.

Zanah chuan ka thiante thil min present chu ka
hawng a, Losy-i chuan Berbie nalh deuh min pe a, Cinda-
i ve thung chuan Tteddy Bear min pe ve thung a, Darcie-
i chuan thlasik a hnaih tawh avangin kawrlum tha deuh
min pe ve thung a. Ka nu leh paten min present pawh
chu ka hawng a, a chhungah chuan lehkhabu a lo awm
a, Comic bu (thawnthu milembu) a lo ni a. Chumi ka hmuh
chuan ka lawm lehzual a.

Zanah chuan ka pindanah milembu chu ka chhiar a, a ngaihnawm em em a. A tuk leh zing chu Pathianni a ni a, ka tho fuh hle mai. An thil min pek chu ka chhiar thu leh a ngaihnawmzia te chu ka hrilh a, ka lawmzia ka hrilh a, anni chuan nui sangin, “Lawmthu sawi a ngai lo,” an ti a. Ka birthday thleng tawh zawng zawngah a la nuam ber awm e. Khami ni ka kha ka hlim ni leh thil dawn tam ber leh dawn that ber ni a ni a, ka hre reng ang.

Ziaktu - Lalmalsawmi (Mali)
d/o Chuangliana
Kum-13, Class - VIII
Govt. Border M/S,
Vaphai



1. Naupang kawrhma kawrkilh a awm ve lo.
2. Putar beng a inang lo.
3. Naupang mawza tial dan a inang lo.



4. Putar hmai bula ruah mal tla a awm ve lo.
5. Nihliap chhip hmawr baw a inang lo.
6. Thingbuk kara sakei hmuihmul a awm ve lo.

MIN VENG TU ANGEL

Ni tina kan thil tawnte hi a tur ve renga ngaihna kan nei thin a. Thih hlauhthawnawma awm chauhina a hlutzia kan hre thiam thin.



Kum hnih vel ka nih hian ka thi thelh a. Kei chuan engmah ka la hre thiam mumal lo va, ka nu min hrih a t̃angin ka hre ve chauh a ni.

Favang lai a ni a, pawn boruak thengthaw nuam takah kan awm hlawm a. Ka u leh a thiante chu kan kawmchar tuikhuahah chuan an cheng a. Kei chuan tui chen pawh ka la thiam lo va. Ka nu chuan min veng reng a; tuikhuah sir lehlama ka pa a va biak zawk dawn pawhin ka farnu chu min lo veng tlat turin a chah a. Mahse ka u chu a thiante nen chuan an hlimin an nui bâwk bâwk a, min ngaihsak hman pawh an ni lo.

Chutia miin min hmuh loh lai chuan tuiah chuan ka tla ta bâwrh mai a. Ka la tet em avang chuan tui han tipera thawm nei tham pawh ka la ni lo.

A hnua thil thleng chu mak tak a ni. Ka nu sawi dan chuan a dârah miin an rawn bêng ni maiin a hria a. A han leh hawi chuan tumah a hmu bawh si lo. Ka awmna lai a rawn en a, ka lo awm ta hauh lo mai a. A rawn tlan phei vat a, min hmuh tak mai loh vah chuan tuikhuah a rawn bih a, tuia ka kut leh ke vaia ka lo tal buai lai chu min rawn hmu ta a. A rawn zuang lut nghal a, min pawm

chhuak ta a. Vanneihthlak takin engtin mah ka lo la awm lo hlah a. Min kuah chung chuan Pathian hnenah lawmthu a sawi mawlh mawlh a.

Heng zawng zawng hi minute khat vel chhung leka thleng a ni a. Mihring nun hlutzia hei hian a tilang chiang hlein mit khap kar leka tawp mai thei a nih sizia a lan chiantir hle mai.

Ka nuin hnung lam a rawn hawi chhan chu tumahin an hre lo va. Tun thleng hian ka nu chuan min vengtu Angelin a hriattir niin a ngai hmiah a ni.

Kan thaw thei te, kan kal thei leh kan tawng thei ringawt te hi a tur ve rengah kan ngai a ni mai thei. Mahse kan tih ang ti ve thei lo hi mi tam tak an awm tih hre reng ila. Heng nunphung pangngai ang maia kan ngaih te hi Pathian malsawmna kan dawn, min enkawla min ven tlat avanga kan neih chauh a ni a. Heng zawng zawng hi mit khap kar leka bo vek thei a ni tih ka thil tawn a tang hian kei pawhin ka hre chiang tawh hle mai a.

Dam tha reng tur leh engkim tithei reng tura kan inngaih lai hian minute khat pawh tling lovah heng zawng zawng hi kan chân vek thei tih hi hre rengin kan nun hi uluk ila, hlut hle ang u.

(Travis Ebel, kum-14 mi ziak, *My Guardian Angel*, Chicken Soup for the Kid's Soul bua mi lehlin a ni)



KAN LO INANG VEK MAI

Ni khat chu ka fapa Adam-a hi rilru buai hmel deuh hian a school bang a rawn haw a. Eng nge a ngaihtuah tih ka han zawh chuan, “Mi zawng zawng hi vun rawng inang lo pawh kan danglam chuang lo em ni?” tiin min zawt let a.



Ka ngaihtuah vang vang hnuah chuan, “Dawrah thil va lei hmasa phawt ila, tichuan ka hrilh fiah ang che. Thil eng emaw entir che ka duh a nia,” tiin ka hrilh ta a.

Dawra kan va kal chuan apple lei kan ngaih thu ka hrilh a, an zawhna lamah chuan kan va pheii ta a. Apple sen te, a hring chi te, a eng chi te kan lei ta a.

In kan thlen chuan kan thil lei kan dah fel hnu chuan, “I thil min zawh kha ka han chhang tawh ang che,” tih pahin apple rawng chi hrang hrang chu dawhkanah ka han dah a, a hmasa berah a sen, a dawtah a hring, a hnuhnung berah a eng chi ka han dah tlar ta a. Ka fapa chu ka va en a, ka thil dah tlar chu a ngaihna hriat loh hmel deuh hian a lo thliir reng a.

“Adam, mihring hi kan inang vek a ni. Vun rawng chi hrang hrang te, pian dan inang lo tak tak leh san dan inang lo tak tak te kan ni hlawm a. Apple pawh hi a then chu a sâwl deuh te, a bial deuh te leh an rawn phurhna lama insawh duk deuh lai te a awm hlawm hi. A pawn lam han en ringawt chuan thenkhat hi chu a tui hmel vak loh hlawm a,” tiin ka han hrilh a. Ka thu sawi lai chuan Adam-

a chuan chîk tak hian a lo en kual hlawm a.

Apple te chu ka han vel a, an awmna ka thlakthleng kual bawk a.

“Khai le, khawi hi nge a sen ni a, khawi hi nge a hring leh eng kha ni ta min han hrilh teh le,” ka han ti a.

A han thlek kual ngial a, a tawpah chuan, “Ka hre hrang thei tawh hauh lo. An inang vek mai,” a ti ta a.

“Han ei chhin theuh teh le, a hriat hran theih mai theih asin,” ka ti leh a.

A han keih a, chîk deuhin a han thialin a han ei hlawm a. A tawpah chuan a nui ta var var a, “Mihring hi apple ang mai kan nih hi! Apple te pawh an inang lo vek a, mahse a kawr i han kkeh chuan a chung lamah chuan a lo inang vek a nih hi le!” a ti ta a.

“I ti dik chiah. Mi tinin nihna leh nungchang hrang hrang nei theuh mah ila chung lamah chuan kan inang vek a ni,” tiin ka hrilhfiah ta a.

Kan thil inhrilhfiah dan chu a hriat thiam zawng tak a ni chêk a ni ang chu, a bu nghat nghat a. Sawi zui leh pawh a ngai tawh lo.

Apple ka eia ka han keih apiang hian tunhma zawng aiin a thlun deuh sawtin ka hriat phah thin a ni. Ei tur tha leh awmze nei tak niin ka hriat phah ta a ni.

(Kim Aaron-i-a ziah, *Adam's Apples* Chicken Soup for the Preteen Soul bua mi lehlín a ni)



Hriatzauna Huang

Kan dam loh hian kan marphu leh kan thawk dan hi a danglam thin a. Kan dam that laia harsatna awm miah lova tha taka kan thawk theih lai hian han dam loh chiah hian thawk harsat chang kan nei fo thin. Thawk dan a tang hian dam tha leh tha lo a hriat ve theih khawp bawk mai.

Dam that laia kan thawk dan tlangpui leh kan mar phut zat chu hetiang a ni -

1. Thawk dan

Pian tirhin minute khatah vawi 40
Kum 2-ah minute khatah vawi 28
Kum 4-ah minute khatah vawi 25
Kum 10-ah minute khatah vawi 20
Puitling minute khatah vawi 16-18 inkar

2. Marphu

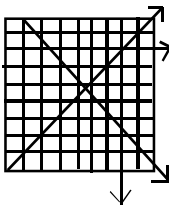
Kum 1 - 2 minute khatah vawi 130-150 inkar
Kum 2 - 4 minute khatah vawi 110-120 inkar
Kum 6-10 minute khatah vawi 90-11 inkar
Kum 10-14 minute khatah vawi 80-90 inkar
Puitling minute khatah vawi 72 vel.

(Hriselna leh Dam Reina, 1983-a mi lak chhawn a ni)

ZAWNCHHUAH

A hnuiaia bawm chhungah hian Tirkkohte Thiltih bung 2-naa thil hming/thu mal 10 phum bo a ni a. Bible keu la, han zawng chhuak teh. Thla lelah a chhanna a lo chhuak ang.

THAI DAN TUR



A	R	S	E	C	T	H	U	G	S
P	R	I	T	O	R	I	A	A	N
P	E	T	E	R	A	I	L	L	A
L	O	N	K	U	R	I	N	I	I
E	R	R	T	H	A	R	O	L	L
D	U	M	B	I	B	H	R	I	L
U	R	N	S	T	K	R	I	T	S
M	I	A	T	H	R	O	W	S	H
P	L	A	I	K	R	I	S	T	A
E	L	A	M	I	T	A	I	T	T

T

B	K	H	U	H	C	R	A	B	S
U	A	I	N	A	H	E	K	I	M
I	W	P	H	I	H	T	E	E	A
L	L	U	T	I	O	L	L	O	T
U	K	I	L	I	R	A	D	L	T
K	I	L	H	R	S	L	A	I	H
H	L	U	T	U	R	P	M	V	A
A	I	R	R	E	D	A	A	E	I
M	Z	E	L	O	T	O	I	T	A
S	J	U	D	A	I	R	A	M	I

THLA HMASAA MI CHHANNA

1. BAPTIS
2. JUDAI
3. KAWLKIL
4. CHHO
5. OLIVET
6. AKELDAMA
7. MATTHAIA
8. ZELOT
9. JERUSALEM
10. LALPA



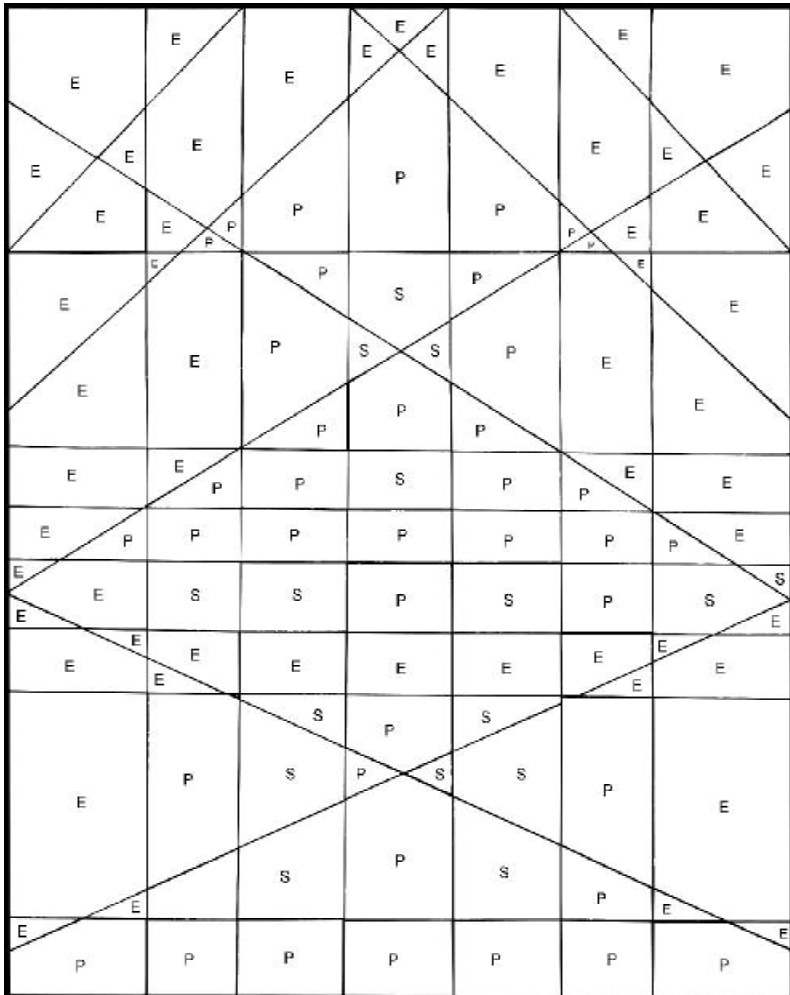
CHEICHHUAH



Mangheta chuan a ti ziah thin

Chei dan tur

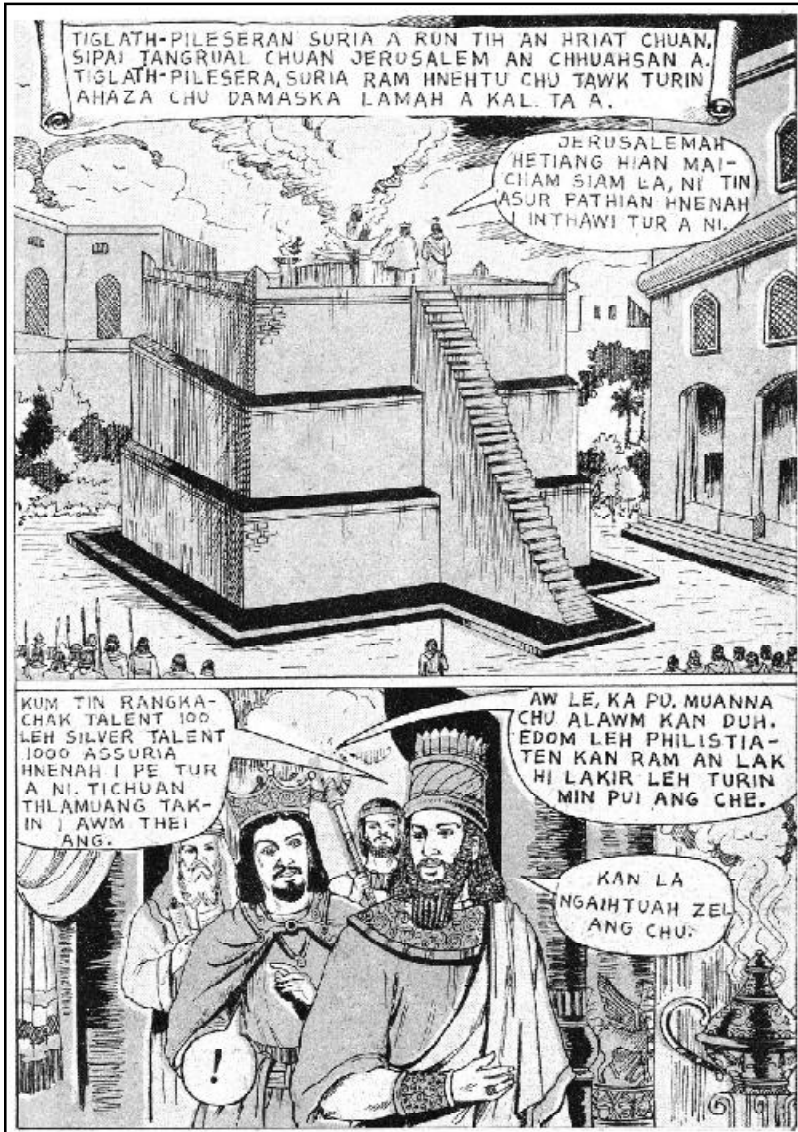
P = Pawl, E=Eng, S=Sen. 



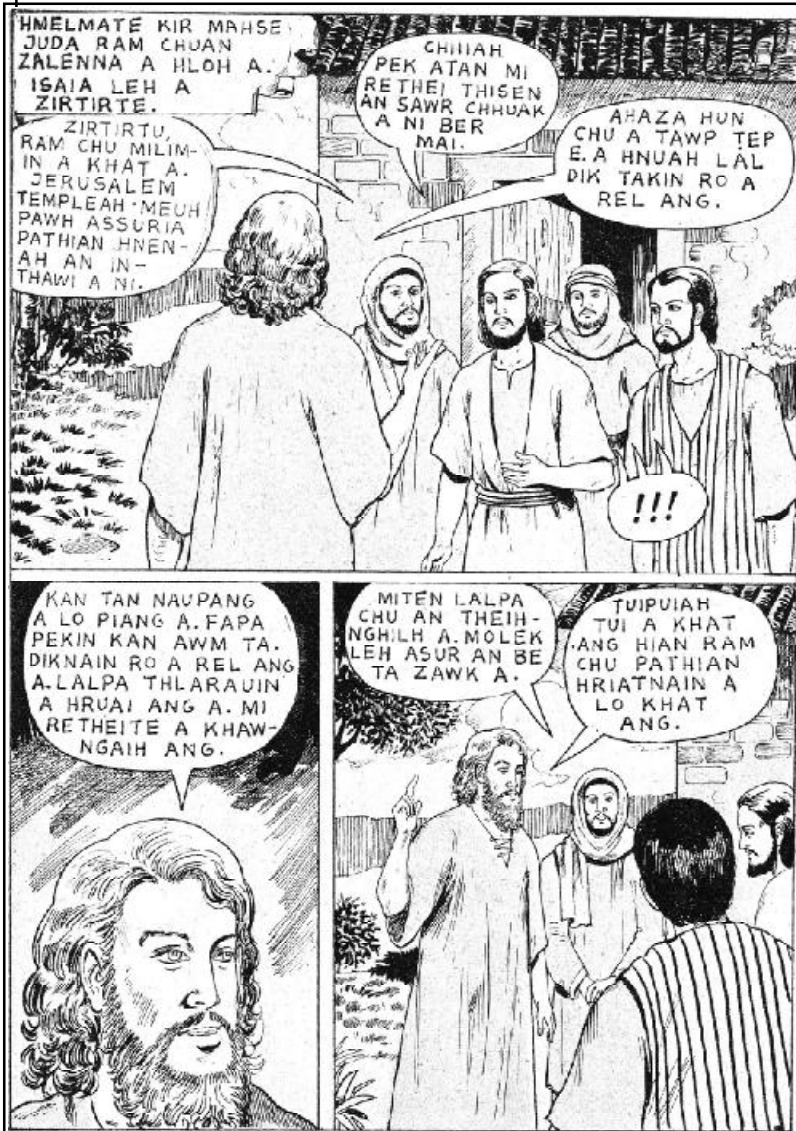
Bible Milem : **ISAIA**



Bible Mitem : **ISAIA**



Bible Milem : ISAIA



KA HMUH ANG HMU THEI RAWH



A chung a lemziak chi hnih khi ngun takin en la, a inan lohna chi ruk hmu thei rawh.

A hnuaiah hian a chhanna lo ziaak la

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....

A chhanna chu thla lehah kan rawn chhuah ang.

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