

KRISTIAN THALAI

August 2012



Hlau suh ring mai rawh!

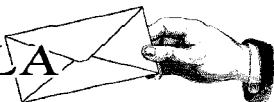
Jaira, inkhawmna in hotute zinga pakhat mi zah kai, thu pe thang tak mai fanu naupang tē mai, damlo thi chhawnga an leh reng chuan a pa tan tlawm leh zah sawi theih a ni ta lo, A fanu duat tak a dam chhuah leh theih nan Galili mi thing mistiri hmaah khan a bazokkhuup thlap mai a nih kha, chutia hmanhmaroh taka

Jaira in lam pana a sawmna ngai pawimawha Isua leh a zirtirte nen an kal lai khan thilmak hmuh duh mipuiin an zui bawok. Kawnga an kal lai chuan hmeichhe pakhat kum tam tak chhung thi put reh thei lo, doctor vawo tam tak a rawn tawh a, mahse an damdawo chawh a thatpui thei lova, a chhiatpui zawok bakah pawisa tam tak a seng ral tawh a, mipuiin Lal Isua an zui luih luihna karah khan, "A puan hmaror chauh pawh dek ila" tiin Isua a va khawih ta a, a khawih tu tan inzep theih a ni ta lo, hmeichhia kum sawm leh kumhni chhung damlo khan thudik tak a hrilh ta vek a, Jaira tan erawh a va rei dawm tehlu em, a fanu dam lo thi tep in damna a chan theih nan an kal mek a ni si a, muang thei an ni lo. Damdawo in Emergency room-ah hmeichhe thi put leh naupang damlo thi lek lek awmdun ta se, hmeichhe naupang zawok hian ngaihsak hlawh lovin lo thi ta se, Emergency room-a duty doctor tan chuan Court-ah insawifiah a ngai nasa viau thei ang. Hmeichhe naupang nasa taka damlo theihngihl ta ni awm takin tun maia damna chang thar kha Isuan a la be zui leh nghal a, Jaira leh Isua zirtirte an hmanhmaroh em em laiin, an hlauhthawng ang ngei thil a thleng ta, Jaira fanu a thi ta a, tihtheih a awm tawh lo, a fanu chhan theih a ni ta lo. Mahse Isua erawh chuan Jaira hnenah, "Hlau suh, ring mai rawh" tiin. 'Talitha Kumi' a ti a, hmeichhe naupang Jaira fanu thi tawh chu a kai tho ta a, kein a kal ta a. Jaira'n a beisei dan a ni ang em le?

Hnam tin hian hun kan thlir dan hi a inang thei lo, a then chuan tlai an pawo ti lem lo va, a then erawh chuan tlai an duh ngai lo. Eng hnam pawh ni ila Pathianin hnathawh dan leh tum dan hi kan sana leh calendar nen a inmil thei ngai dawm lo va, kan hunbi-ah hian chhiar thiam chi a ni ve lo, Pathianin chuti ang chuan hna rawn thawok se, kan inkhawmpui, kan thusawitu, kan rorel, kan hun hman zawng zawng, kan natna, chhungkaw harsatna, mimal harsatna, eizawonna leh a dangte tiin a hnenah kan thlen a, chhanna hmuh nghal kan tum thin, mahse, kan hmu nghal vek thei lo, nghah peih a ngai a, dawhtheih a ful a, rin a ngai a, harsa kan ti, rin kan duh a, kan ring thei si lo.

Kan duh leh mamawhte Pathian hnenah kan thlen thin. Isua Krista puihna kan dilin kan dil aia tamin min chhang thin a, kan inhuamna aia thui zawok a phut bawok thin. Jaira tan chuan a fanu a boral pawh pawo ti lo ni awm taka tlai lui ngat maiin min ring rawh ti mah se rin a harsa hle ang, tin, an hnam danah pawh thianglim lo leh tenawm ni chung a mi hauh leh kutthlak pawh hlau lova Isua Krista dektu hmeichhe rinna nasatzia kha aw, kan nunah hian Pathian hnathawh hi tlai lutuk leh sawt tawh lo niten kan hre thin a, kan bei a dawng thin. Kan tum dan leh beisei danin rawn in herchhuak lo mah sela Pathian rin leh a thu awih hi kan tih tur a lo ni e♦

HLIMTHLA



■ CKTP chuan Letterhead in ang hmang turin Bial tinah lehkha minrawn pe ta a, tin, Kristian Ṭhalai Chanchinbuah Chiang takarawn tarlan a ni bawk a, heti ang ruahmanna fel tak inrawn duang hi keini KṬP Kulikawn Pastor Bial chuan lawmawm kan ti takzet a, lehkha hmuh rualin he 'format' hi kan hmang nghal.

Mahse zawhna pawimawh tak ka nei a, min hrilh turin ka ngen a che u... 'KRISTIAN ṬHALAI PAWL' tih hi BOOKMAN OLD STYLE tur a ni a, mahse a 'Ṭ' (Tri) hnuai a 'chhun han (.)' hi engtia dah tur nge ka hre miah lo a, min hrilh thei in awm chuan ka lawm ngawt ang.

— dr.keny.hriatpuia@gmail.com>

Kan ruahmanna te in lo hman nghal avangin a lawmawm e. Irawn zawhna hi sawifiahnaah khan lo telh ila hriatfiah nghal theih mai tur a ni a, kan thiamloh a ni. Irawn sawi ang hian 'Ṭ' hi Bookman Old Style font pangngaiiah hian a awm lo va, siamchawp erawh chu a awm. Siamchawp nei lo tan hian a ti tri turin Bookman Old Style font hian . (fullstop) kan chhu a, chu chu a size tura kan dah hnuah T hnuaiiah hian dah chawp leh mai tur a ni.

■ Kristian Ṭhalai July Issue-ah khan Mizoram Synod Choir (2012-2014) member tharte hming leh address inrawn tarlanga a lawmawm hle mai. Mahse, ka hriat sual loh chuan Contralto-a ni Nl. Vanlalpari, Luangmual Vengthlang kha Luangmual Bial angin inrawn tarlanga a Luangmual Vengthlang Kohhran hi Zonuam Bialah an awm a ni lawm mi?

— Thangluaia, N.E.Khawdungsei

Zawhna awm tak a ni. Irawn sawi ang hian Luangmual Vengthlang Kohhran hi Zonuam Bialah an awm a, kan tihsual palh a ni e.

Synod Choir member kanrawn tarlan hnu khan an part pawh siamrem leh a ni a, Nl. Vanlalpari kha Soprano-ah awmin Nl. Rinhmingsangi kha Contralto-ah dah leh a ni bawk e.

■ Ka pu, Kristian Ṭhalai June thla pheh 3-na para 1-na Thurin 6-na ...pawm thei turin a thlem a, (thlem) lai tak hi tih danglam thar nge tihsual palh aw?

— 8014667392, Ramthar

Irawn sawi '...pawm thei turin a thlem a' tih hi tunhma lamah hman a lo ni tawh a. Tuna Inkhawm Hruaina bu thar kan hman mekah hian "Isua Krista chu an Lalpa leh chhandamtua pawm tura ngenin, pawm thei turin a puia," tih a ni a, kan hman mek hi rin tur a ni ang.

■ Kristian Ṭhalai chanchinbu Thingtlang lam aṭang pawhin kan hmu hma ṭhin hle a, lawmawm kan ti hle. Thuziak tur hian mi sawmbik in nei ṭhin nge tih hriat a chakawm hle mai.

— 5856585074

Keini pawh kan lawm e. Hma taka in hmuh theih nan ṭan kan la zel bawk. Thuziak tur hian mi sawmbik kan nei lova, tun dinhmunah phei chuan kan dawn apiang hi kanrawn chhuah a ni ber mai. Thuziak miten ṭan han la zel teh u. Sermon/Article, Rimawi, Hriselna, Hriatzauna atan hian a duh apiangin ziah/thawh theih a ni e.

KHAW NGE I PATHIAN LE? **(Sam 42 :1-5)**

— Pro. Pastor C.Vanlalmalsawma,
Mamit

Sam 42-na hi Levia chi, Temple-a zai hruaitu Kora chhungte zinga tu emaw ber phuah ni a rin a ni a. Assuria sorkar emaw Babulon Sala an tan laia phuaha ngaih a ni bawk. He Sam phuahu hian, hman a Temple-a Pathian an fak thin dante, hlim taka hun an hman thin dante a dawn kir a. A lung a chhia a ni. Fakna thinlung thar neih leh a chak a; a nun erawh a kawchhungah a chau ngawih ngawih thung si. Pathian a beisei a, Pathian a hrereng a; chu chuan a ti buai a ni! Chutianga puitu nei lo, zan thim tak hnuai a rum vawng vawng lai chuan, Sala hruai a neitu, a hmelmate chuan diriam takin, “Khaw nge i Pathian le?” tiin nitin mai hian an lo elsen reng mai si. Chutianga nun khuarkhurum pik tak atang chuan he Sam hi lungkuai takin, tlangkar luite tui luang ri her her ang mai a mawi leh duhawm lawi si in a lo puhchhuak ta a ni.

He Sam phuahu dinhmunah hian tuna thalai tam tak hi kan ding ve mai angem aw, ka ti. Mi dang tidam tura kohte hian mahni pawh kan intidam thei si lo. Kan hun kal tawh kan han thlir kira, hmana Pathian faka hlim taka lam

thin te khup leh bante chu a lo uai zo a. Pathian kan beisei a, chakna thar leh thlarau thara rawng-bawlte pawh kan duh thin; mahse, kan chhungril nun hi a chau ngawih ngawih si. A changte phei chuan kan rawngbawlnate pawh hian rah tha a chhuah thei tak tak lo ni tein kan hre hial thin. Ko han thlak ngaihna kan hre chuang lo. Kan bei a, kan hah em em a. Thlan tla fap fap chung a kan han tih ngial pawh in, ngai pawh kan aw hpa manglo a ni mah zawk si. *“Pathian rawngbawh hi a thlawn a ni: a thuchah kan zawm leh Sipai hote Lalpa hmaa intilunghnur taka kan leng thin hi sawtna eng nge awm?”* (Mal.3:14) tih changte hi kan nei fo thin a nih hi! Chutih mek lai chuan, pawn lam leh chhunglam atangte in sawiseltu leh min seh tum rengtute an lo in hawr tuau tuau mai si.

I Pathian hrechiang rawh

He Sam phuahu hian, “Khaw nge i Pathian le” ti a miten an zawh rualin, “Khaw nge ka Pathian le,” tih hi amah a in zawhna a ni nghal. I Pathian i biak hi hrechiang rawh. Johana 3:16- ah khan, *“Pathianin khawvel a hmangaih em em a, chutichuan a fapa mal neih chhun a pe*

a, a mah chu tupawh a ring a piang an boral loh va, chatuana an nunna an neih zawk nan," a ti a. Chu Nazaret Lal Isua, Pathian nung Fapa chu i Pathian, Lal leh chhandamtu a ni ngei em le? Chu Lal Isua, Khawvel dam na`n a lo kal a, Kraws-a nun hlan ral vek tu kha i tan a thi ve em? Chu Pathian nen chuan engtiangin nge in in tawh? Chu zawhna chu mi dang ruai lova, mahni ngei a chhan fel chi a ni.

Kan hnam Pathian hi tunge?

He zawhna hi ngun takin han ngaihtuah vang vang teh. Lal Isua Krista kha tuna kan ram leh hnam hian Lal leh chhandamtu atan hian a pawm tak takin i hria em? Sumdawna hmuna kan khawsak dante, political field-a kan nungchangte, ei leh bar zawna kawnga kan chetlak dante han ngaihtuah hian 'Lalpa zawn chhuah ram' in tite awmdan tur nena inmillo fe fe hi chu a tam ngawt mai. Kan chheh vela hnam dangte hian keimahni avang hian, Pathian hi chawimawi lo vin an hmusit palh mai ang tih pawh hi a hlauhawm fo in ka hria. Heng mite hian,"Tunge in Pathian le?" tiin min zawt reng a ni.

Kan Darthlalang

Central KṚP Reports 2012-a kan hmuh ang khan March 2011-February 2012 chhunga nupui pasal innei zawng zawng chu 4554 an ni a. Chung zinga mi 1845(40.51%) chu Biak In hawngin an innei a. Hmun dangah mi

2709(59.49%) an innei thung a. Pathian leh a Kohhran ho duh dan a innei lo mi 864(18.98%) zetin kan tam zawk tihna a nih chu. Chu chuan chiang taka a tarlan chu kan inneih dan hian kan Pathian chu tu nge a nih tih leh, chu Pathian chu kan tih tak tak loh zia a lantir chiang khawp mai. Tin, rampum thawhtan zan KṚP inkhawm zat hi 27.48% ani bawka. Khaw nge kan thian 72.52% ho hi an awm tak ang le? Zawlnei Amosa-a`n, "*Chumi niah chuan nula leh tlangval thalaite meuh pawh tuihalin an thidang ang a,*"(Amosa 8:13) a lo tih hun kha kan rap tan ta mek em maw ni dawn chu le.

Thil lungchhiatthlak, zak ngawih ngawiha min siam fo thin tu chu-KṚP Group Committee-te, Branch leh Bial Committee member-te hial pawh lo ni tawh; tin, kohhran zaipawl mai pawh ni lo va, bial zaipawl hial ah tepawh a kan vawrh chhuahte-hmeichhiat mipatnaah te, zu leh sa hmunah te leh sualna kawng dang zawha khawvel lama an han kir leh thin te hi a ni! Chemte lu zum a ruh chuktuah vih ang maiin rilru an ti na thin. Hetianga Pathian mi hriat tawhte an hnungtawlh leh thin hian anmahni nun mai nilo, anmahni lo ring ve em em thin an rawngbawlpuite leh an rawng lo bawlsak midangte thlarau nun hi nasa takin an vaw chhe thin. Chutiang mite avang chuan kan KṚP hmai hi wawi tam tak a mawka fo a. Mi hla zawkte phei chuan, kan

Pathian hi eng Pathian nge a nih a, tunge a nih tih hi an ring thiamlo tawlh tawlh thin. Keimahni avang hian Pathian an chawimawi hlei thei thin lo a nih hi!

Kan chenna khawvel hi thlirtute ngaihlan lalna Khawvel' (World of Viewers Choice) a ni a. Chu chu American Idol thlan atanga Chhaktiang Lelte thlengin mipui/thlirtute hmuh dan hi thutlukna siam nan hman a ni ta deuh zel mai. Chu chu kan rinna chungchangah pawh hian a ni deuh deuh bawk. *Mi dangte hian kan Pianthar leh thar loh hi kan thu leh hlahte, kan sawi leh sakahte, kan nihna chelhte atang ringawt hian min teh tawh lo. Kan nitin nundan atang zawk hian a ni min teh thin.*

Ralkhat leh hnaivai tete a min thlir a, min teh a; tunge kan Pathian chu tih an hriat theih chat chat zel theih nan hetiang hian chhanna i han pe teh ang-

1. I ngaihtuahnaah Pathian Lalber rawh se : Nitin a i hun hman dan kha han chhut let teh. Pathian aia ngaihsak zawk, buaipui zawk leh ngaihtuah zawk enge i neih? I hun hlimawm lai ber leh mangan lai ber khan tunge i beisei a, i pan thin? Pathian aia sum leh paite, incheinate, ngaihzawngte, etc kan ngaihtuah zawk chung hi chuan kan thawm hre pha leh mita min hmutute hi chuan kan Pathian hi biak an chak lo khawp ang. Sam119:97-phuahtu chuan, *"Aw, i dan hi ka va ngaina em! Nilenga ka ngaihtuah thin a ni,"* a ti.

2. I beng hriat duh zawng chu vanlam thil lo ni zel rawh se : Kolossa 3:1a-ah chuan, *"Chunglama thil awmahte chuan in rilru nghat tlat rawh u, leia thil awmahte chuan nghat lovin,"* tiin min hrihl a. Van lam mana dawng ngailo, van aw hre khat mite nunah hian Krista nun mawi leh rintui a awm thei ngai lo. Kan music ngaihlak duhzawng, kan lehkhaw chhiar duh zawng, kan thu hriat duh leh chak zawng, kan beng dawhna kawng hrang hrang atangte hian midangte hian eng ang mi nge kan nih a, chu mi Pathian chu eng ang Pathian nge a nih tih hi an hre thin.

3. I hmuh chak zawng atangin 'Tunge i Pathian' tih miten an hria : I hmuh nawm tih zawngte, i hmuh duh zawngte leh chumi atana i hun leh tha i sen dan atangte khan miin tunge i nih tih hi an hai lo. Kan TV, Computer, Mobile Phone, internet-te, etc kan hman duh dan atang chauh pawh hian, a phena thil inthup, thup hleihtheih siloh hi tam tak a awm. Hmuh nawm kan tih, kan nuhi zat zawng atangte hlei hlei hian kan nihna leh thlarau lama kan dinhmunte chiang takin pho lan a ni. Inkhawm thulh khawpa 'hmuh nawm dang' kan thlir changte hian, mite hnenah Chanchin Tha hi kan ti thangtlawm em em a ni.

4. I thusawi duh zawng leh fawngkamah mite`n an chhiar reng che : Entertainment khawvelah kan inhnim lut thuk telh telh a. Pathian thu pawlawh

leh zahpahlo taka fiamthu thawh na`na hmang per per ngam pawh kan awm ta zel mai. Heng mite hi KṚP member active an nih loh i beisei hram hram teh ang. Piangthar inti tam takte hian Pathian thu ni lo, thildang hi kan sawi nasa ṭhin khawp mai. Kan sawi loh tur kan sawi nasat ṭhin a keimahni nun ngei pawh hi vuak chauhin a awm fo ṭhin a. Thlarau Thianghlim pawh kan ti ṭi fo mai. Bible chuan, *“Tupawh sakhaw ngaihsak nia inringa a lei veng ṭha si lo va, mahni thinlung inbum zawk chu, chumi sakhaw biak dan chu engmah a ni lo ve,”* a ti tawl mai (Jakoba 1:25). Kan ṭawngkam chhuak chu chi a al, Lalpa malsawm rim nam lo ni zel zawk rawh se.

5. I thiltih khan Lalpa chawimawi rawh se : Ian Maclaren chuan, “Kan rinna hi khawvelin min hriatthiampulo thei; mahse, kan thiltih hi chu an hrethiam khawp mai,” tiin a lo sawi a. A dik thlawt mai. Lal Isua nunna kan neihna hian kan nitin khawsakna hmun te thlengin luhchilh vek rawh se. KṚP member zawng zawngte hian, *keimah avangin Pathian an chawimawi ta a* (Gal. 1:24) ti a, kan eng chu mi mit hmuha a en chhuah theih na`n kan thiltih leh awmdanin Lalpa chawimawi tlat sela; min hretu za a sawmriat (80%) tal hian kan piangthar a ni tih hi awih rawh se.

Tichuan, khing a chung a kan han sawi tak- kan ngaihtuahnate, kan ngaihlthlak leh hriat duh zawngte, kan hmuh chak zawngte,

kan thusawi leh ṭawngkam hman duh zawngte leh kan thiltih te hi Krista Chanchin Ṭha nen a in mawi a, a in rem phawt chuan, keimahni kal tlangin Pathianin Ama nihna chu a hun taah a pho lang zel tawh mai dawn a ni.

Pathian mi, thuhritu ropui tak Gypsy Smith-a khan ti hian a lo sawi a, “ Chanchin Ṭha Bu Panga a awm-Mathaia, Marka, Luka, Johana leh Nangmah,” tiin. Chu thu dik zia nemnggheta thlawp tur chiahin Dr. Billy Graham-a pawhin, *“Mi tam zawkin Chanchin Ṭha an chhiar ngun ber chu nangmah kha i ni e,”* a lo ti ve chiah bawk. Pathian hnena ṭawngṭai peihlote leh Bible pawh chhiar peihlote hian piangtharte nun erawh hi chu an chhiar peih em em thung! I nun kha chhiar tlak nun-Nun Krista lo ni rawh se. Tirhkoh Paul-a`n Korinth ringtute hnenah, *“Nangni hi kan lehkha, kan thinlunga zia k, mi zawng zawng hriat leh chhiar chu in ni e,”* (11 Kor. 3:2) tiin Krista Lehkha an nih zia fuihin a hrilh a. Chu Krista Lehkha, mi zawng zawng hriat leh chhiar chu kan nihna atan Lalpa`n min thlan sak vek tawh. Chu nihna ropui tak chu harsatna leh manganna karah pawh i din chhuah pui zel ang u. A thim zual lai takin, vana arsate khi an eng zual ṭhin!

Mite`n min chhiar min thlir reng e, Ka awmdan zawng zawng an hai lo; Krista nun mawi leh Chanchin Ṭha, Keimahah hian hmuh an chak ṭhin.

Lalpa`n malsawm rawh se♦

Lal Solomona leh Tirkoh Paula

— H. Lalmuanpuia
Maubawk Branch KṮP

Ke mite pahnih chanchin aṭang hian ṭhalaite hian zirtur pawimawh tak kan nei :

☛ Lal Solomona hi Lal ropui tak a ni a, a pa Lal Davida aṭang renga ropui a ni. A lal lai hi Isarel ram hausak lai ber a ni a, a pa tih theihloh Temple ropui leh hmingthang tak pawh a sa a, a hming chawia Solomona Temple tih a ni. Paula hi chu lal a nih kan hre lo a, lal thlah a nih pawh kan hre lo bawk. Tarsus khuaa Juda pem darh awm hlen ta chhungkua aṭanga lo piang ve mai a ni. Israel hnam zingah mi naran ve mai a ni.

☛ Solomona hi billionair a ni, rangkachak leh tangkarua tamtak a nei. An hunlaia an Sumo ve sakawr tawlailir pawh 1400 a nei, nitin a thar a ni mai, duh leh a pa dum, a sen, a rang, a ni mai. Paula chuan sakawr tawlailir chu sawi loh tawlai pawh a neih kan hre lo, chaw a nghei loh nan puanin a siam ṭhin, a haklai leh savun lehkha bak a neih kan hre lo.

☛ Solomona chuan ram hla zin nan pawh lawng hmansen loh a nei, Paula te khuaah hian rangkachak leh thilhlu dang tam tak te a lawng hian an lo va phur zak zak tawh mawle. Paula chu lawng neih chu sawi loh mi lawnga

chuan man tur pawh mi thawh-khawm maw le, chu pawh atan zawk chu tâng chuanna lawng lehngal. Vawikhat pheih chu an lawng ala accident leh ta nghal.

☛ Solomona chuan ṭhian a nei changkang khawp mai, Egypt lalchhungkua te, Tyre lalchhungkua te, Sheba lalnu te an ni nawk mai. Paula ve thung chu a challang pawl pawh Petera len dengtu pension tawh a nia. Barnaba lah a lo neihchhun a hralh a mirethei te pual thawhlawmah a pe vek mai bawk si. Marka te, Sila te, Tita te, Timothea te, Luka te lah chu counselor junior tete bak an la ni lo lehngal. Pakhat kan la sawi hmaih - Pu Filemona te awmpui thil ru tlan bo kha Onesima, an ropui lo tlang khawp mai.

☛ Solomona kha chu a zin velnaah pawh a lar thei khawp mai , thilpek ropui tak tak pawh hawn sen loh a dawng ṭhin. Paula te team ve thung kha chu an speaker ber kha a rethei viau nain thu kha a sawi na ve thei ang reng a, a Juda puite kha in serhtan te pawh hi engmah a ni love, tan ve lo ho Gentail te nen in inang reng, a na thlawn mai mai a ni te a ti a, an bawrrawn luai luai zel mai a ni, a chang leh an lo vaw hrep a, a chang leh an lo tãn tir a, a chang leh lunga dengin thi kalsan in an kalsan a. A counselor nih kha a chakawm loh ve khawp ang. Solomona bial fang zui leh Paula bial fang zui chu a innawmhleih ve ngawt ang.

☛ Solomona kha fing tak a ni a, amah aia fing zawk tura ngaih

khawchhak mifing leh Egypt mifingte ai pawh khan a fing zawk a, a mah kha lehkhathiam thei leh zir peih tak a ni. Botany(thlai lam zirna) te Zoology(ran lam zirna) te thleng khan a thiam em em vek mai a ni. Paula ve thung chu an khua Tarsus-ah hian University hmingthang tak a awm ngei mai a; mahse a kal kan hre lo, ziak leh chhiar hi chu a thiam ve viau a, Solomona ang chuan science lam hi chu a la ve ngam lo a nih hmel. Kum 13 mi vel anih aṅging Jerusalem-a Rabi hmingthang Gamaliela hostel-ah chuan Mosia Dan Bu leh Rabi course chu a zir chhuak ve ṭhak tih chu sawi nuam a ti ve thei hle.

☛ Solomona kha a lar ve viau aniang amah en tur ringawt khan ram hla tak tak aṅging an lo kal a, ramdang mi leh sakhaw dang be mi pawh nupuih neih a hreh lo. A lalram sawhnghehna tur anih dawn phawt chuan ramdang lal fanutekha a neizel mai a ni. Pathian duh zawng anih leh nih loh lam pawh angaihtuahlem lo. Khawvelah nupui a ngah ber, nupui 700 leh hmei 300 a nei, an awmna tur bik in a sak tir ringawt. Paula ve thung chu nupui pakhat pawh a neih kan hre lo, hei hi tu pu nge an tih pawn tu pu mah a ni mai, amaha tar ve tawp a ni mai. Solomona anga chithlah a neih kan hre lo, rinna a afate an team-a a counselor te lo kha chu. Tlangval luck tak leh ze tak chu a ni bik lo a niang nupui neih a sawi mawi loh dan ah hian.

☛ Solomona khan thufing 3000 a ziak a, hla pawh 1000 lai a phuah baw. Kan Bible-ah pawh Sam 72-

na leh 127 na te, a hla ṭhenkhat te, Thuhriltu te hi a ziah te an ni. Hengah te hian amah a in dah pawimawh em em a ni, Pathian aiin. Paula chuan rinna a afate leh a khaw lo tlawh kualte theihngihll mai lo in, an tana ṭha tur leh awm dan turte lehkhaha ziaikin a thawn ṭhin. A hranpa a hming chher nan leh ama hlawkna tur lamin eng lehkhahu mah a ziak lo. Solomona anga in nuam tak hnuai a hla han phuah vel kha a thei ve lo, a ṭulna in a ur thluk ngang avang khan a hun leh a hmun pawh sawi lo in lehkhathawn kha a ziak chauh zawk a ni. A ṭhen te phei hi chu a lungin tan laia a ziak te an ni. Bible-a a lehkhathawn ziah 13 te hi tun thlenga thlarau lam purchawknan leh Kristian nun inzir nan bera kan hman a ni. KṬP thupui *Rawngbawol tura chhandam* tih pawh hi a lehkhathawn Ephesi 2:10-a mi a ni.

Awle tunah chuan mipahnih chanchin Bible-a kan hmuh dan tlem a zawng chu kan tarlang ta, engangin nge kan hmuh le? An pahnih hian an thi tawh, he khawvelah hian an thuziak lo chu hmuh tur a awm tawh lo. An pahnih hian he khawvela an hringnun hman dan hlut zawng an chhut ve ve a, mahse an chhut chhuah dan chu a inang lo hle mai le.

Solomona chu a tirah chuan bul a ṭan ropui khawp mai, mahse a nun kha ama tan a hmang zo a, ni hnuai a thil engkim neitu khan a thilneih te a thiltih te kha a *ho em mai, engmah lo mai a lo ni* tih hi a sawi chu a ni. Ngun takin a ngaihtuah a *mihring nun hi engmah*

a lo ni lo e tiin ngaihdan a nei ta a ni. Amah kha Pathian aiin a indah hmasa thin a, ama nawmsakna kha a lo ngai pawimawh lutuk deuh pawh a niang. A nupui ngah lutuk tepawh kha a tuar phah ve bawka a ni mai thei e, I Lalte 11:4 ah, "A lo tar hnu chuan a nupuite chuan an pathian lamah an hruai ta a, a pa Davida ang khan LALPA, a Pathian lakah a rinawm ve ta lo va." tih kan hmu a ni. Hnamdang pathian tenawm tak Milkoma te chu a zui ve ta a tih te a ni. Hnam dangte pathian biakna hial te kha a siam saknia mawle. I Lalte 11 thla hi kan chhiar chuan Pathian a hawisan thu kan hmu thei a ni. Israel lalram ropui tak pawh a hunlai atanga inthan hian a lo kehdarh ta hial a ni.

Paula ve thung chuan he khawvel ah engmah a nei lo, a luck lo ber pawhin pakhat tal an neih nupui tak ngial pawh a nei lo. He khawvel thlirna atang chuan pate chakvak lo tak leh rethei tak, case lian tak nei, leng tar, kawlbun chungalungin tang mai a ni. Mahse amah a indah pawimawh ve hmasa ngai lo, Pathian leh a rawngbawl kha a dah hmasa ber thin. Ama nun kha Pathian hnenah dah thin midang tan a nung thin. A Lalpa tan leh midang tan a nun zawng zawng a hmang zo thak a ni. Kohhran tam tak a din a, an chaw ei theih tawh te te in a chawm nung a, a enkawl puitling thin. Ama tan thil ti hman lovin a hun zawng zawng a hmang zo a, a awmna a piangah Pathian ram a zauh thin. Amahah khan mita hmuh theih loh rinawmna te,

inngaihtlawmna te, hmangaihna te, huaisenna te a awm zawka a ni. A chhandamtu Krista tan a nung a, Krista tan a thi bawka a ni. A nun kha ama ta ni lovin Pathian ta a nih zia a hrechiang em em a, chu chuan midang tan a nun tir a, a channa kha hlawknaah, a tuarnate kha malsawmnaah an chang thin zawka a ni. Amah ngei in, "Intihsiakna tha chu ka zo tawh a, ka flanna turah ka tlan chhuak a, rinna chu ka vawng reng a ni; tunah chuan thiamchanna, chawimawina lallukhum chu dawn chauh ka hmabak tawh a ni; chu chu roreltu dik Lalpa chuan, chumi niah chuan min pe ang, keimah mai ni lovin, alo lan hun nghakhleltu zawng zawngte pawh a pe ang." a ti.

Rawngbawl naah chuan nangmah lam a ni lo. Engkim hi Pathian tan a ni. Pathian rawngbawl chu midangte rawngbawl sak hi a lo ni reng mai tih Tirhkoh Paula nun atang hian a lang Chiang em em a ni. Solomona chuan engkim a nei a, mahse nun hi engmah lo mai a lo ni, a ti. Paula chuan engmah a nei lo a, nun hi Krista tan tiin engkim a ti thei a, a lawm fo thin. Keimahni lam kan indah hmasakna hian kan rawngbawl naah mi dangte kan hliam fo thei tih kan hriat a tha. Kan rawngbawl naah chuan keimahni lam a ni lo, Pathian lam a ni, hmuhtheih ropuina lam hi a ni lo, a lang lo rilru leh thlarau lam hi a ni zawka. Keimahni tana rawngbawl kan ni lo, KTP pawh hi kan ta a ni lo Pathian ta a nih hi. KTP tan thawk

lovin a neitu Pathian tan i thawk ang u. Chu chu kan dam tlanna tur a ni. Mahni tana nung lovin midang tan nung ila, Paula ang hian kan rawngbawlina kan hlen ve thei ngei ang. A tawp berah chuan Tirhkoh Paula hnen atanga kan lehkha hmuh hi kan chhiar a nge.

To,

KTP Member-te,

Kan rawngbawol hna hi mi ten an dem loh nan an ngaimawh zawng engmah kan ti lo. Kan tih apiangah Pathian rawngbawol tute ni awm rengin mi mittlungin kan awm zawk thin. Tihduhdahna te, hreawm te, nekchep te chhel takin kan tuar a. Vuak kan tuar a, lunginah kan tang a, tlang chil kan tawk a, mutmu pawh tuah thei lovin kan thawk rim a, chaw kan tlachham a;

thianghlimnaah te, hriatnaah te, thatnaah te, ngilneihnaah te, Thlarau Thianghlimah te, hmangaihna tak takah te, thu dik sawiah te, Pathian thiltihtheihna kan hman danah te, Pathian rawngbawol tute ni awm rengin kan awm a: felna ralthuam chu dinglam leh veilama kengin kan yang thin. Ngaih ropui kan hlawh a, ngaihnep kan hlawh bawk a; min fak a, min dem bawk a; thu dik kan sawi a, bumtuah min ngai bawk si; tu khaw hriat tham kan ni lova; mahse, mi tinin min hre bawk si. Thi ang kan ni a; mahse, kan nung si; thunun kan tawk a, tihlum kan ni si lo; lungngaihna kan tawh in lawmna tur kan nei zel si; pachhe hle mah ila midang kan tihausa si; engmah kan nei lo a, engkim kan ta a ni bawk si. Pathian in a thu malsawm rawh se. Amen.



SYNOD CHOIR RAWNGBAWLNA

1. *Llyod's Hall-ah* : June 14, 2012 (Nilaini)-ah U.S Consul General Mr. Dean R. Thomson, Kolkata chuan Synod Office Devotion-ah lo kalin hun arawn hmanpui a. Hetah hian zaiin tum hnih dinah hla pahnih (2) an rem a, hei hi tun term thara an zaina hmasa ber a ni nghe nghe a ni.

2. *Darlawn Kohhran-ah* : June 23 & 24, 2012 -ah Darlawn leh Darlawn Venghlun Bial Joint Meet hmanpuiin Darlawnah an kal a. Tum nga dinah hla wawi kua (9) an rem bakah mi pathum (3) Solo-in an zai bawk. Pathianni tlai Fellowship chu Praise and Worship-a hmangin an kaihhruai vek bawk.

Inrinni zanaah Tv. Vanlalhruai, Director-in thu sawiin Upa Lalrinmuana, General Secretary-in Pathianni zanaah thuchah a sawi a ni. An kalna senso atan Rs 10,000/- bialin an lo tum a, a lawmawm hle.

3. *Chhiahtlang Bialah* : July 7&8, 2012 -ah Chhiahtlang Venghlun Kohhranah Bial Meet leh Bial Zaipawl Silver Jubili hmanpuiin an kal a. Tum li dinah hla wawi riat (8) an rem. Inrinni zanaah Director-in report tawi a pe a, Pathianni zan Fellowship-ah Conductor-in thuchah tawi a sawi bawk. Chhiahtlang Bial hian kalna senso atan Rs 4,000/- an lo tum saka, a lawmawm hle a ni.

*Report :***SACYN (South Asia Christian Youth Network)****Equipping Young Leaders for Mission****Theme: Globalisation, Youth Culture and Mission in the Context of South Asia**

SACYN (South Asia Christian Youth Network) hi South Asia-a ram hrang hrang Kristian thalaite rawngbawlhona tura CMS (Church Mission Society), UK-in a ruahman a ni. SACYN hi CMS United Kingdom hnuai mi niin Convenor chu Rev. Adrian Watkins a ni a, Malaysia chhuak tuna UK-a awm tho Rev. Kang San Tan chu CMS, Asia Director thar a ni bawk.

LEADERS TRAINING: He hun hmang tur hian Central KTP atangin Tv. VL Muanchhana, Asst. Secretary leh Dr. Julie Remsangpuii committee member te ruat kan nih angin June 13, 2012 (Nilaini) khan Kolkata-ah VISA buaipui a ngaih avangin kan kal hma a, June 15, 2012 (Zirtawpni) khan Dhaka kan thleng a ni. Tun tuma kan hun hman hi **Leaders Training Programme on Globalisation, Youth Culture and Mission in the Context of South Asia** tih a ni. He hunah hian South Asia ram hrang hranga Kristian thalai hruaitu aiawhte sawm an ni a, training min neih puitu (resource persons) 4 nen kan vaiin mi 41 kan ni. Kan tihna hmun hi Hope Centre, Savar, Dhaka Bangladesh-ah niin June 15-22, 2012 chhung khan neih a ni a. A thlengtu chu Synod Youth Fellowship, Church

of Bangladesh an ni. Min thlenna hmun hi a nuam em em a, a hmunah hian riahna nuam tak hotel changkang tak ang riahna a awm vek a, programme kan neih dan tur a zirin open space leh hall chi hrang hrang - LCD projector hmanga training-na hmun, group discussion tihna hmun, white board hmang-a tihna hmun chi hrang hrang a hrana siam chawp ngai lovin resource person-in hun a hman duh dan tur azirin pan mai tur a awm vek a, air conditioned room vek a ni.

He hunah tel te chu India, Pakistan, Bangladesh, Sri Lanka, Myanmar, Bhutan leh Nepal atanga kalkhawm kan ni a. India atang hian Church of North India, Church of South India leh North East atangin Mizoram Presbyterian Church aiawhin Central KTP atangin keini 2 kan ni.

TRAINING-IN A TUM BER :

'South Asia ram hi khawvel mipui tam leh bitna hmun ber a ni a, chutih rual chuan Kristian tlemna hmun ber a ni, chuwang chuan helai bawra Kristian, a bik takin Kristian Thalaite hi inla hrang tham kan awm lova Chanchin Tha hril tur hian kan tan ho a ngai a, tunlai khawvel changkang zelah min rawn nektu a chak ang bawkin keini pawh kan inpekna leh tunlai thiamna

te kan hman t̄angkai a t̄ul a, ram dang tih dan leh awm phung (cultures) kan inzirchian tawnsak a Chanchin Tha hril tur hian kan t̄an a ngai a ni' tih a ni. Hemi hi thupua neiin Chanchin Tha hrilh (Mission) kawng te, T̄halaite nun phung (Youth Cultures and Sub-Cultures) zirchianna te, khawvel inhriatpawhna t̄ha leh hemi avanga khawvel lo te ta viau anga lang (globalisation) chungchang te, thilsiam (creation) chungchang te, hmeichhe tihchak (women empowerment) chungchang te leh media-internet leh mobile phone (facebook, blog & website) chungchang te zirho a ni. Resource Person-te hnen a t̄ang bakah trainee-te hnen a t̄angin kan thil zir a t̄angin a tawpah paper min present tir bawk.

HUN HMAN DAN TLANGPUI: Zing tin mahniin fianrial hun hman t̄hin a ni a, breakfast eikhamah Pathian Biak ho leh Bible Study darkar 1 nitin kan nei a. Hemi zawh hian thupui hrang hrang hmangin Training session t̄um10 kan nei a. Workshop tum li heng thupui hmangte hian neih a ni bawk-1) SACYN and the Holy Spirit, Five Marks of Mission 2) Contemporary Youth Culture, Living in Pluralistic South Asia 3). Globalisation and Creation Care, Empowerment of Women 4) Youth for Christ, Blogosphere, Culture of Peace. Panel Discussion Meaningful Interventions Among the Poor topic hmangin kan nei bawk.

Camp Fire cum Cultural Programme t̄um khat neih a ni bawk, hemi tum hian CKTP aiawh kal ten duet-in 'Kristian T̄halaite u' tih kan sa a, 'A chhe lai siam t̄hatu' tih kha action nen sain kan zirtir bawk. Pathianni (June 17, 2012) khan group hnihah in thenin St. Andrews Church, Mirpur ah leh Savar Biak Inah kan inkhawm. Exposure & shopping programme hi ni 19 (Thawhlejni) khan kan nei a, hetah hian group 2-ah in thenin kan hlawkpui hle a. Kan hmun tlawh te chu:-

1) YFC (Youth First Concerns): He YFC pawl hi khawvel hmun hrang hrangah *Youth for Christ* hminga siam niin Bangladesh-ah erawh Christ hming tel hi a rem loh avangin heti hian a hming an siam a. Khawvel hmun dangah pawh a remchan zawk avangin Youth First Concerns tih hming hi a awm nual a ni. Anni rawngbawl na pui ber chu ruihhlo leh drugs addict-te an buaipui a, sawrkarin mi 10 chauh awm theihna phalna a pek laiin sawm 20 vel an awm reng a, tam zawk awm phalna an dil mek bakah building lian zawk an sa mek bawk. Heng ruihhlo avanga harsatna neite hi uluk takin an enkawl a, zing atangin zan mut dawn thlengin an tih tur t̄ha tak ruahmansakin an hlawkpui hle a, an tum ber chu he hmuna an awm lai hian Pathianah leh chhungkaw tana t̄angkai tura zirtirna an kalpui ber a ni. Hna tak tak thawk tura

beisei chi an ni lo chhungkaw tana ñangkai taka an thawh theih chuan an harsatna ruihhlo bawih añang hian an chhuak thei a ni an ti a ni. Hetah hian Bangladesh pawisa Mizoram Synod hmingin Taka 1000 kan pe. (Indian Rupees 1 = Bangladesh Taka 1.4, kan thleng exchange laiin)

2) Centre for Rehabilitation & Paralyzed (CRP): He hmunah hian rualbanlo kan tih te enkawl na hmun niin helama mamawh chu a awm kim hle a, damdawi in a ni nghal baw. An thupui chu 'Ability not Disability' (THEIHLOHNA ni lovin THEIHNA zawk le) tih leh Service to Sufferers is service to God (Harsatna nei te rawngbawlsak hi Pathian rawngbawl a ni) tih a ni. He hmunah hian William and Marrie Taylor School a awm a, an zirnaah hian 40% chu rualbanlo kan tih te hi niin 60% chu pianphunga harsatna nei miah lo te an ni thung a. He hmuna rilru khawih em em chu class khatah an awm khawm dul mai a, harsatna bik nei chu wheel chair nen te, ñhutna bik te a awm fur mai a, class room chhung pawh a dangdai hle. Kut leh ke hmang thei lo, ka chauh hmanga ziak thei te an ni a, hei pawh hi class pangngai a awmin ka hmang hian an ziak ve mai a, an theihna lai ñeuh kha hman ñangkai tir an tum a, an hlawh tling hle baw a ni. 'Tumah mi bik kan awm lo theihna lai kan nei ñeuh a' tiin he school añanga chhuak

rualbanlo kan tih te hi mi pangngai bula an awm hnuah pawh awm dan an thiam a, chutiangan he school añanga chhuak zirlai mi pangngai te hi an chhuah hnuah pawh heng rualbanlo kan tihte hi thiam takin an awmpui thei a ni an ti a. He compound chhungah hian mi pangngai pawh wheel chair-ah te an kal a, basketball pawh wheel chair añang an khel vek mai a. 'Wheel chair-a i awm ve a an tih ang i tih ve loh chuan wheel chair hmanga kal te khawvel harsat bik zia i hriatthiam pui lo vang' an ti mai a ni.

3) Church of Bangladesh Nazareth Technical School: He hmunah hian mechanical, electrical, Automobiles, carpentry leh tailoring zirna hmun ñha tak mai an siam a hetah hian school kalzawm thei tawh lo ñhalaiten zirin a chhuak te hi eizawna tlaka an chherchhuah an tum ber ñhin. Sawrkar recognise emaw a zir chhuak te hi certificate hmanga eizawn tir lam ai chuan anmahni kea dina thiamna tak paw chhuak thei turin an zirtir ñhin a ni.

4) St. Thomas Church (Church of Bangladesh): Dhaka hmuna awm a ni a, Bachelor level Theology zirna hmun an nei a, St. Thomas Mission Primary School bakah Varandah School an tih mai chu an nei a ni. Principal leh staff te kawmna hun kan nei thei a, an project neih te power point hmangan presentation an nei a, a

hlawkthlak hle. He hmunah hian thawktute zingah kristian lo sakhaw hrang bia te, a kul a taia thahnemngai taka kum tam tak lo thawk tawh te hmuh tur an awm chuan ngai tuahna min neih tir hle.

5) Slum Area Old Dhaka : Old Dhaka hmun Burigonga lui kamah hian slum engemaw zat a awm a, a thianghlim lo in a hrisel lo hle. Chulai hmunah chuan hmeichhia te dinhmun a chhe hle a, ziak leh chhiar thiam an tlemin, eizawwna kawngah harsatna an tawka a, sum lak luh zat a hniam/tem hle, tui thianghlim intur an tlachhama, inthiarna hmun thianghlim an nei lo, inrikrapna leh hmeichhia te chungah hleilenna a hluar hle, drug a harsatna an tawka nasa bawka. Heng te anih avang hian St. Thomas Church hmeichhe pawl ten kawng hrang hrangin hma an la a, chu an hmalakpui zing ami Slum a 'Women's Group' te nen meeting kan va nei ho thei a, a hlawkthlak hle. Nuho chuan an mahni puala sum an lak luh ve theih avangin hmasawwna nasa tak an neih thu an sawi lang. Kristian sakhaw bil tan nilovin, midangte tanpuina chu Chanchin Tha hrihna hmanrua anih angin sakhaw hrang betute nen angkhat in enkawlana an pe a ni.

A tawp niah he training-a tel ten paper presentation kan nei a,

Tv. VL Muanchhana'n 'Christian Youth in a Globalised World' tih present in Dr. Julie Remsangpuii'n 'Pluralistic Ideology can be a Challenge for Christian Youth of South Asia' tih a present a ni, heng kan paper te hi chu sawiho zui na kan nei bawka.

Tipna: He programme buatsaih a ni hi a hlu hle a, ram hrang hranga thalaite dinhmun kan inhriatpawh tawn sak in kan re-source person-ten min chah len ber chu, 'Ring lo mite hnenah Chanchin Tha hrihna tur kawng zau tak in hawng hi engtin nge thalaite hian in chhan dawn? Thalaite hi khawi hmunah pawh awm se a hruaitute hi kal ve zel mai rawh u, tunlai hmanrua te hi hman tangkai theih vek a ni', 'Thalaite hruai tur hian an rilru puthmang te hriat thiam a pawimawh' tiin thahnemngai tak in min chah a ni. A ram atanga teha Kristian tamna hmun ber atanga kal kan ni a, rawn tel ve tho te chu harsa taka kristian niin Bhutan atanga lokalte phe chu thlalkhonaah pawh tel ngam lovin an ramah Kristian an zalen lo em em a, hetiang programme-ah an tel tih an hriat kha an tan a pawl dawn vang a ni. Tawngtainaah i hria ang u. Kolkata-ah zan khat kan riah hnuin Pathian hruainain June 23, 2012 (Inrinni) khan tuang tak in kan lo thlang leh a ni ♦

RUIHHLO BAWIH AṬANGA I LO CHHUAHIN

— Afaka
KTP Saron Branch, Aizawl

Ruihhlo bawih a tangte an dam thei tawh lo tih an sawi in hre ngai em? Ṭhenkhat chuan, 'An dam thei' an ti a, a ṭhen chuan, 'An dam thei tawh lo' an ti bawk. Ruihhlo ngawlvei hi, 'Natna a ni' te an ti a. Mahse, khawtlang chuan, 'Misual' an ti thung. Eng ber hi nge dik ang le? Vawiin thlenga inhniaalna tawp thei lo a ni, chu lam chu sawi zau lovang. Ka sawi duh chu Ruihhlo i sim tak avang khan i la dam mai lo tih hi a ni, i dam mek chauh a nih kha, sual tura thlemna i la tawng dawn chauh a. Chuvang chuan hriat tur leh tih tur tam tak i la nei.

Ruihhlo i sim tak avang khan i la dam mai lo : Mi tam tak chuan ruihhlo an sim hian an duh tawk mai ṭhin a, fel leh ṭha ta viauah an inngai ṭhin. Rui reng rengin i hun tam zawk i hmang a, i thil thlir dan te, i ngainat zawng te, i awm duhna hmun te, i sawi duh zawng te, i mizia leh nungchang zawng zawng te a danglam nghal vek lo tih hria la. A nih leh chu chu eng nge a pawina, ruihhlo ka sim tawh ber chuan? i ti pawh a ni maithai. Ruihhlo i sim thei chu hma i sawn tak zet a, ruihhlo sim thei tura i

beihna zawng zawng pawh khan nasa takin a tidanglam tawh reng che a ni. Ruihhlo lam ni lo thlak tur nangmahah tam tak ila bak.

Ruihhlo i sim rual khan i mizia leh nungchang, thil thlir dan, ngainat zawng, awmduhna, sawi duh zawng te chu tlemin a danglam phah ngei a, mahse, danglam kim vek erawh a ni nghal mai lo. Vawilehkhata danglam nghal vek thei pawh a ni lo renga, zawi zawi a nangmah ngeiina i tih danglam tur a ni, a tha zawnga i ti danglam lo a nih vaih chuan zawi zawi vekin ruihhlo i ngaihna a zual leh ang. Engtin? Ruihhlo i sim hlim chuan sual tura thlemna engpawh i do zo hle pawh a ni thei, mahse, rilru hi khua a lo rei chuan a danglam ve tial tial a, a tira invawng viau pawh kha, a lo rei deuh deuh chuan inthlahdah hun a lo thleng a, a tira an nunchang emaw aia nep deuh zawk emaw aia nasa zawk pawhin an awm leh mai thin a ni. Chuvang tak chuan alawm ruihhlo i sim khan duh tawk mai suh ka tih ni. A nih chuan mizia leh nungchang, thil thlir dan, ngainat zawng, awmduhna te chu engtia tihdanglam zel tur nge ni ang?

Thluak tibuai thei chi reng reng laka fihlim : Nangchu i taksain ruih nawmzia a hre tawh a, a ngawl pawh i vei nek tawh a ni a, chuvang chuan midangte tana engmah ni lem lo heng - Zawlaidi, Kawlthei zu, Ballhla zu etc.. lu ti hai ve thei chi reng reng lakah

hian i fihlim tur a ni. Mi pangngai chu lo rui ve vak pawh nise lo an in control thei tlat. Mahse, nang chu heng thil hian i lu a ti hai a nih chuan ruih nuam i tih thin zia kha a rawn thar leh nghal ang a, i pawisak loha i tihluh zel phei chuan thil ho mai mai i tih kha a ruih dan i duh tawklorang. Achhan chu a aia nuam ruihhlo dangihre tawh tlat a ni, churang chuan a ngaiyah bawkluh leh a awlsam.

Midangte nena inlaichin tha siam: Tun hma chuan midang vak i mamawh hran lova, mite paw i sawi/khawih thin a, an ring lo bawklah che a rintlak lah i ni lo reng a, mipangai zinga awm nuam i ti lova, an zingah chuan sawi tur pawh i hre heklo. Churang chuan midangte nen inlaichinna tha siam hi i tih tur a ni. Khawtlang tana hnawksak thil sual ti thin kha, khawtlang tan thil tha tih i zir dawn a ni (nangma tan a tha bawklah), Inkhawm, Khawhar In kal etc... Heng hi i tih chuan nangmahah inrintawklah a siam zel che a nga, midangte nen inlaichinna tha siam bawklah dawn a ni.

Heng hi i tih a tul em em nachhan chu nangmah i inhmuh dan kha a dik tawklah lova, inthlahrunna, zahnatein i la khat a, i la inringtawklah lo hle ang. Midangte i thil dan pawh ala dik lova i ngaihratnain i la kal nasa lutuk a ni, an lakah rilru chhe tak tak i pu a, chutin khatin minti mai ang a, chutianga mintih vaih chuan ka ti ve a ni mai, emaw

ngaihtuahna dik lo nangma suangtuah chawp mai mai kha i la kawltun a, kha kha tihreh a ngai a, i tihreh lova i kawltun reng a nih chuan i damna kawng kha a tihuanawp thei a ni. Pawl engemaw taka inhman te hi a tha a, midangte tan eng ni lo mah se, pawimawhna eng emaw takah i neih chuan nangmahah inrintawklah i lo nei deuh deuh a nga, inthlahrunna, thil thil dan dik lo, midangte hmuhchhiat te kha a reh ve tial tial dawn a ni. Thian thar, awm thinna thar, lenna thar i lo nei zel ang a, chu chuan i damna kawngah awmzia a nei em em a ni.

I inenkawlana khawp pawisa i thawk chhuak tur a ni: *Ruihhlo ngai emaw ngai lo emaw tute pawh hian sum lakuhna lama harsatna kan chingfel theuh tur a ni.* Mahse, hei tak hi chu i tan chuan hmanhmawh thlak tak ala ni lem lova, i inrin tawklah hunah chauh pawisa chungchang hi chu ngaihtuah ang che. Achhan chu, pawisa i hmuh chuan a ngaiyah i let leh thei a, i inthunun zo lo thei a ni. I inrintawklah hunah erawh chuan i chingfel ngei ala ngai dawn a, mipangai i ni tawh a, pangai taka nun i hman dawn chuan hna i thawk ngei ngei tur a ni. Ruihhlo ngai dam mekte hi taima tak tak pawh an awm thova, mahse, a tlangpuiin an thatchhe duh deuh. Eng ang thiamna ngei neih ka hre lo, i phak ang leh thiam ang tawklah tawkin nangmah i inchingfel ve a ngai a ni. Lehkazir kawngah i lo

la hnufual hle a nih pawhin lehkhazirin tlai luat a nei lo tih hria la, zir tha leh ngam rawh. Ruihhlo i sim hian i kut leh ke te alo vung ber bur tawh em? Heng mite tan chuan sawrkar hna a beiseiawm lohva, lo thawk tawh sa te i nih chuan thuhnan, hnarum i thawk tak tak thei tawh lo bawka. Mahse, beidawng mai lo la i thawh tur NGO lamin an ngaituah a nia, pan la an lo kawhhmuh thei ang che. Anni pan kher ngai lo pawh in i lo hre sa reng thei bawke. Ruihhlo ngai emaw ngai lo pawh nise hnathawh kan neih hian inrintawkna, hima inhriatna etc.. te kan lo nei a, chu chu tute tan pawh a tha em em a ni.

Tlangawmna: Pianthar loh chuan ruihhlo hi sim tak tak theih a ni lo tih hi chu a dik lova (Christian ni lo hnamdang ruihhlo bawih atanga chhuak an tam lutuk), mahse, pianthar chuan ruihhlo sim chu a awl bik tih erawh hi chu a Chiang hle a ni. A

chhan chu, kan pianthar chiah hian kan duh zawng, rilru leh ngaihtuahna te nasa takin a danglam a, thil sual reng reng kan ti duh lova, chu chu ruihhlo ngai dam mek tan chuan a tluk a awm lo. Inkhawm te, thil tha dang tam tak tih te, thian tha te, awmna hmun te a danglam ta a, chu chu dam mek tan chuan damdawi tha lutuk a ni bawka. An inkhawm tam avangin midangte nen inlaichinna tha an nei chak a, khawtlangah mirin an lo kai tan a, zawi zawiin mipangai nunphung leh ngaihtuahna te chu an lo tawm ve thei ta a ni.

Ruihhlo sim duh inkhung tawp hi chuan rei a daih lo thin a ni, damchungin inkhung reng thei hek suh. A la dam ve zel duh a nih chuan pawn a chhuah hunte pawh ala rawn thleng dawn Chiang a ni, ka sawi tak ang khi an hmachhawna an chinfel ngam ve a ngai hmasa tlat a ni.

Ruihhlo sim ka sawi hi Drugs ti thin kha Zu a thlak ni lovin, eng ruihtheithil mah tih loh/sim a ni ♦



SMTC HRIATTIRNA

Synod Multipurpose Training Centre, Mission Vengthlang, Aizawl-ah Certificate in Computer Application Course (6months) training-na hawn a ni leh dawn a, Application Form Office-ah lamin Kohhran lehkhazirin nen theih tur a ni. Registration Fee Rs. 100/- leh Monthly Fee Rs. 50/- a ni a, tuang taka zir chhuakte hnenah Incentive Prize Rs. 1,200/- peh a ni.

- | | |
|---------------------------------|-----------------------------|
| 1. Dilna theih ni hnunng | : 30.8.2012 |
| 2. Screening Test leh Interview | : SMTC |
| 3. Screening Test neih hun | : 3.9.2012 (11:00 a.m) |
| 4. Interview hun | : 4.9.2012 (11:00 a.m) |
| 5. Class tan hun | : 1.10.2012 (mon) (:30 a.m. |
| 6. Dil thei chin | : HSLC passed |

Rev. F. Lalrinnunga, Programme Director, SMTC

Mental Health : TUNLAI KHAWVELA A PAWIMAWHNA

— Rev. R. Lalthlengliana,
Hailakandi, Assam

Mental Health tih hi kawng hrang hrangin a hrilhfhiah theih awm e. Khawvel hmun hrang hranga mithiamte hrilhfhiah dan pawh a inang vek lemlo. World Health Organisation (WHO) in Mental Health hrilhfhiahna a siam chu hetiang hi a ni. "Mihringin a theihna leh chakna chiang taka a hriatna dinhmun, mihring nuna harsatna tlangpui dawl zo, a chanpuala tla tha taka ti thei, a awmna Society leh Community tana mi tlangkai ni thei". Hetiang lo pawh hian kan awmna culture a zir leh kan theory pawm a zirin hrilhfhiah dan hrang pawh a la awm thei awm e. Mental Health hi Rilru natna (Mental Disorders) neih loh ringawt a ni lo va, mihring nun a nihna tur ang tak nih tir te, harsatna lo thleng pawh chhiatpui lo va huaisen taka hmachhawn thei zawk tura ruahmanna te pawh a huap vek bawk.

Richard, Campania and Muse – Burke (2010) ten an chhui chiannaah chuan Mental Health nei thaah chuan harsatna lo awm thinte an su tlang zova, taksa hrisel an nei a. Emotional expression nei tha lo chuan thil tha lo tih nan an

hman phah fo thin tih hi a ni. Mental Health ngaihthahte chuan rilru lam harsatna an tawhin chinfela mithiamrawn tum lovin an harsatna an up bet a, chu chuan nghawng tha lo tak a nei thin. Zu leh Drugs hman khaw loh te, midang nena intihbuai te, mi thil tihchhiat sakah te an tlak phah fo thin.

WHO in a chhut dan chuan khawvel mihring zatve vel zet te hi rilru lam natna in a tihbuai an ni. Chu an harsatna chuan an nitin nunah te, an taksa hriselna chungchangah te, midangte nena inlaichinna chungchangah harsatna a siam sak nasa hle. Mental Health problems hi hlawm lian tak takah then a ni a. Neurotic leh Psychotic tih te pawhin a then theih mai a. Neurotic chu Mental Disorders zinga a nasa lo deuh chi eg. Depression, Anxiety Disorder etc. an ni a. Mizo thalaite zingah pawh hei hi a hluar hle. Psychotic chu a khirh khan zawk leh enkawl ngai nasa leh zual a ni eg. Schizophrenia etc te an ni. DSM IV leh ICD – 10 te hi Mental Disorders then hranna lar zual te chu an ni.

WHO in kum 2004-a a tarlan dan chuan USA a kum 15 – kum 44 inkar te harsatna siamtu lian ber pakhat chu Depression (nguina) hi a ni. Kumtinin Americans 30,000 bawr velin Mental Problem avangin mahni nunna an la thin a, American sang tam takin kumtinin rilru lamah harsatna an neih avangin an nunna lak an tum thin bawk. Hei hi an dinhmun a nih avangin kum sawm kalta chung

khan USA-a Governmental Organisations te thil tum lian ber chu Depression veite enkawl leh a lo zual zel tur dan a ni ta hial mai. Nasa taka hma an lakna avangin ziaawm lam erawh chu an pan hret hret niin a lang.

Mizoramah Mental Health ngaih pawimawhna erawh a la nep hle mai thung. Hei vang te pawh hi a ni mai thei e Mizorama tunhnaia suicide rate a san chhoh viau nachhan hi. Theih tawp chhuahin hausak tumin kan buai a, kawng hrang hrangin a thim a var thlu lo leh hrehawm pawisa lo vin kan bei a. Kan fate pawh kan duhsak, an zirlai an thiam loh hlauvin school tha ber ber ni-a kan hriatah kan dah a, tlin lo chung chung pawhin zirna hmun tha a zir turin kan in tir liam thin. Chutihlai erawh chuan mihring nun awmzia te, hmangaihna awmzia te, chhungkaw nun awmzia te, mihring nun hlutna te, nun dan mawi te, midangte nena inlaichinna pawimawh-ziate erawh chu kan inzirtir ngailovin kan ngaihthah hle mai thung. Kan taksa hriselna pawh kan ngaipawimawh hle mai, damdawi man atan pawisa tam tak tak kan seng a, taksa mamawh chaw tha tin reng eiin kan in a, Mental health erawh kan ngaihthah a, a pawizia kan la hmu dawn chauh a ni.

Mizote rilru-a thil tha lo awm leh Mental Health lama hma kan sawn theih miah lohna chhan chu Rilru Doctor (Psychiatrist or Psychotherapist) pan kan hreh lutuk

hi a ni. Hetianga Psychiatrist emaw Psychotherapist pan kan awm chuan kan in nuih zat a, mi ang lo niin kan hre tlat bawk a, pan mamawh ngawih ngawih tute ngei pawhin pan an hreh phah a, a pawizia kan hmu zel chu a nih hi. He rilru puthmang tha lo tak mai hi kan bansan hlan a nghahhlelawm hle tawh mai. Mental Health lama hmasawn tur chuan hetiang lama mithiam pan kan hreh tur a ni lo va, a hreh an awm a nih pawhin hreh lo tura kan fuih sauh sauh a ngai zawk a ni.

“Psychiatrist emaw Psychologist te chuan mi ang an hmu lo, tupawh mai hian Mental Disorders engemaw tak chu an vei vek niawmin an hmu” ti te in mi thenkhatin an sawi bawk thin. An hriat loh vang a ni. Normality (pangngai) leh Abnormaity (pangngailohna) hi then hran thiam a ful hle reng a. Rilru lam natna (Mental Disorders) eng ber emaw chanchin an han sawi a, chung rilru lam natna tam ber chu ho tak ni a langte pawh a lo ni a, an han sawi a, “Chutiang natna te chu tupawhin an nei ang chu” kan ti thin. A dikna lai pawh a awm. Nimahsela chu natna chu kan nitin nun tibuai khawpa hun rei tak a awm a nih loh chuan natna a tling lo va, kan nitin nun tibuai khawpa kan nuna a lo lan erawh chuan natna a lo ni ta a ni. Chutiang chu a lo lan nasat a, kan nitin nun a tihbuai phak chuan ngaihthah lova mithiam rawn vat tur a ni. Heng Depression te, Anxi-

ety Disorder ang te pawh hi miin an vei a nih chuan a ho lutuk tih sak mai lo va, mithiam rawn thuai tura fuih zawk tur a ni.

Khawvel ram changkang zawkah te chuan hetiang lama mithiam rawn tur an tamin miin an pan nasa hle a, thil zahthlak a ni lo tih an hriat avang leh tih makmawh a an ngaih tlat zawk avangin an natna pawhin a dampui thin. Clinic hrang hrang an hawng a, chungah te chuan mithiam an thu a, nasa takin miten an tangaipui a ni. Mizoramah pawh he lama mithiam kan nei ve ta nual a, pan hreh loh tur a ni. USA a research an tihnaah chuan rilru lam natna nei, enkawl na (Mental health care) dawngte chuan a dawng ve lo te ai chuan taksa na enkawl turin Medical Doctor an pan tlem zawk daih tih an hmu chhuak a ni. Heng Depression, Anxiety Disorder etc. te hi enkawl loh chuan taksa natna dotu (Immune System) a tichak lo a, chuvangin rilru lam natna (Mental Disorder) tuar te hian tlang hri leng atanga cancer thlengin an veia wlsam bik tih an hmuchhuak bawh.

Tunlai khawvelah harsatna min tlakbuaktu (Stress) a lianin a tawrh pawh a hautak sawt hle mai a, Mental Health kan ngaihpawimawh tial tial pawh a tul thlu ta. Natna khirh eg. Cancer, HIV/AIDS, Hepatitis B or C etc. kan vei a ni thei, miin min tenin min thinhrik pawh a ni mai thei, ngaihzawng kan neiin kan inthen pawh a ni thei bawh, kan hna thawh lai kan

chan pawh a ni mai thei, kan mi ngainat tak eg. nu leh pa, unau, thin, ngaihzawng kan chan pawh a ni thei. Hetiang hunah hian mahni a pawngpaw tuar mai lo va counseling dawng tura mithiam pan nachang kan hriat a hun ta khawp mai. Hetiang hun pawha mithiam pan nachang kan la hre lo lutuk te hian Mental Health lama kan dinhmun la hniamzia a hril hle. Chutiang tihna chang kan hria a nih chuan Mental Health lama hmasawmna ropui taka ni ngei angle.

Mental Health kan ngaihtah chuan kan ramah Rilru damlohna (Mental illness) in a ken tel tlat - ruk ruk, mahni intihhlum, pawngsual, tualthahna, zu leh drugs hman sual leh thil tha lo dang tam tak a lo hluar ngei ngei dawn a ni. Rilru hrisel lo tan Pathian rawngbawh hi a theih tak tak hauh loh. Depression emaw, Schizophrenia emaw, Mood Disorder emaw nei tan chuan midangte tana malsawmna nih a har ngawt angle. Mental Disorder nei tan midangte thlarau nuna an harsatna engtin nge kan sutkianpui theih teh lul ang.

Rilru Hriselna (Mental Health) kan ngaih pawimawh erawh chuan kan nun a lo hlim deuh deuh ang a, midangte nena kan inlaichinna a lo tha ang a, nitin nuna harsatna lo thleng thin pawh huaisen takin kan hmachhawn thei dawn a ni. Pathian tan hlawk zawkin kan thawk ang a, kan rawngbawhna pawhin hma a sawn thei dawn a ni ♦

Hruaitu CHANCHIN

Pu Lalnginglova Hauzel
Committee Member, Central KTP

A hming pu zo tak mai Nghinglova hi June 13, 1976-ah Pu H. Vanlalliana leh Pi Lalsangluri(L) te karah a piang a. Tunah hian a nu leh pa leh nupui fanau te nen Venghlui-ah an cheng mek a ni.

Kum 2006 khan Upa Lalbiaklana leh Pi Lalsangluri(L) Kawnpui te fanu Hmingthantluangi nen innein fapa pakhat an nei a ni. Pu Nghinglova (Anghinga an ti bawok) hi pa harhwang tak leh hrisel tak a ni a. Pa ti ti thiam a nih awangin a bula awm a nuam em em a. Mi fiamthu duh tak a nih ruala zahawmna keng tel tlat si a nihna hi mite hriat dan a ni. Pa vantlang, 5.6ft-a sang, kg 80 buk a ni.

K.K. School, Tuikual-ah a zirna a tan a, a tawpna B.A. pawh Aizawlah a zo. AMRO (TI- IDU Project)-ah Project Manager hna a thawok mek a. Hnam lam pawh a ti thei viau a ni ang, Art & Culture Department-ah IMFA atanga Folkdance training chhuakin, Malaysia te, Singapore te a tlawh tawh.

Kohhran leh KTP rawngbawlna lama mi inpe zo tak a ni a. Venghlui Kohhranah thuhriktu a ni mek a, zai hi nuam a tih vang ni maw, Music Committee member a ni mek bawok. An Kohhran-in Krismas leh Kumthar atana inruahman lawokna atana committee an dinah Secretary a ni mek a. Building Committee member a ni mek

a, Senior Dept.-ah Leader a ni mek bawok.

Venghlui Bial Zaipawlah te kum tam tak a lo tel tawh awangin a hranpaa music leh solfa zirna nei lo mahse, zaipawol rawngbawlna lamah pawh a rawn tlak fu mai. Kum 2002 atang khan vawiin thleng hian an Branch KTP Office Bearer hna a la chelh thuang zel a, O.B. post hrang hrang a chelh kim vek tawh a ni. Bial KTP-ah 2007 - 2009 khan Secretary hna a chelh a, 2010-ah A/Leader a ni bawok.

YMA lamah pawh chhiar hmah chhi a ni hauh lo, kum 10 vel lai chu Branch YMA Executive member a ni tawh a. Tunah hian Venghlui Branch YMA Kumpulan Committee member a ni mek bawok a ni. Infiam nuam ti em em a ni a, veng aiawhin football a khel tawh thlin a. Boxing-ah pheih chuan NEHU - Inter-college Sports-ah Govt. Aizawol College hminga Medal la phak ngat a ni. Tunah erawh chuan a thlir vel bak chu a harsat ve deuh tawh. EPL lamah chuan Arsenal (The Gunners) a tan em em.

Thiante nena titiho a, fiamthu thawha inkawm hlim te hi nuam a ti hle a. Mahse, mawhphurhna ngaipawimawh lo mi chu a ngaithei tlat lo. Charwo leh mawhphurhna hlen tuma ti hram thinte hi a lawm zawong tak an ni.

'A hmangaihna fakini zai ang' (KHB 146) tih hla hi a duh hle a; Pathian thu - II Tim. 4:6-8 "Kei zawong tunah pawh hlanin ka awm mek a ni si a..." tih hi a duhin, hetiang taka rawngbawlna hlen theih hi a chak a ni.

A hlim ber ni chu a nupui neih ni a ni a; a fapa a lo pianin a lawm em em a, a lawm ber ni ni hialin a hre bawok.

Charwomeh duh loh a nei lo, sa tui a ti hle. Charw eia i sawmin hmarcha lo pek tum duh suh ♦



HRINGLANG TLÁNG

PATHIAN A AWM LO I TI MAW??

Nikhat chu pa pakhat hi a tih dan thin angin lu mehna dawrah hian a lu meh tir tur leh a hmuihmul ziah fai tir turin a kal a. Chutia a lu a meh tir lai chuan a met tupa nen chuan an ti ti mazwlh mazwlh a, thil chi hrang hrang an sawi dun a, an ti ti na atang chuan lu meh tir tupa pawh chuan lu met tupa pawh chu pa fing tak leh hawi zau tak a ni tih a hre thei a...

Chutia an ti ti na kal zelah chuan Pathian awm leh awm loh chungchang chu an sawi lut ta a... Lu met tupa chuan, "Ka pu, kei chu Pathian awm hi ka ring miah lo asin" "Nga ti nge Pathian awm i rin loh a?" tiin lu meh tir tupa chuan a zawt a... "Pathian awm lohzia te chu a hriat mai alawm, ka dawr kawt atang pawh hian han hawi vel la, Pathian awm lohzia te chu i hmu Chiang ngawot ang. Nih min han hrilh teh, Pathian chu awm se ngatinge hetiang em em a damlo an tam? Ngatinge naupang nu leh pa nei lo an tam? Pathian chu awm se natna leh hrehawmna te hi a awm dawng em ni? Ka ngaihndanah chuan Pathian hi awm tak tak nise hetiang hian mihring te min tawrh tir a phal ka ring thei lo. Chuwangin Pathian awm hi ka ring thei lo reng reng..." Chutia a sawi zawh chuan lu meh tir tupa chu ngawi rengin a inngaihtuah vang vang a, amaherawhchu inhniai vak a duh loh avang chuan ngawih chu a chuh ta zawk a.

Tichuan a hmui hmul ziah fai zawh leh a lu meh tir zawha pawisa te an inpek hnu chuan dawr atang chuan a chhuak ta a. Dawr atanga a chhuah chiah chuan kalkawngah pa pakhat lu buk deuh leh hmui hmul buk deuh hi a hmu a, dawrah chuan a lut leh ta nghal a. Lu met tupa hnenah chuan ti hian a ti a, "Ka pu, kei pawng lumettute hi an awm pawh ka ring lo e a..."

Lu met tupa chuan mak tih hmel deuhin "Ngatimaw an awm loh a? Hei keipawh ka awm reng hi, min hmu lo a mi? I lu pawh ka meh sak che a, chuan i hmuihmul pawh ka ziah fai sak vek che kha..." a ti hâ a.

Lu meh tir tupa chuan ti hian a chhang a, "Ni lo e, lu mettute hi awm tak tak ula chuan saw ti lai kalkawnga kal ang pa lubuk deuh leh hmuihmul buk deuh saw he kharwvelah hian an awm miah lo ang..." a ti ve ta a.

"Ah.. Lu mettute chu kan awm ngei alawm, sawtianga lu buk deuh leh hmuihmul buk deuh deuh saw an awm nachhan te chu min rawn pan nachang an hriat loh vang anih saw..." tiin lu met tupa chuan a chhang a.

Lu meh tir tupa chuan "A dik chiah...!! Kha tak kha alawm ka sawi duh chu, Pathian pawh hi a awm ngei alawm. Amaherawhchu mihringte hian amah panna chang ka hriat loh avangin kharwvelah hian hrehawmna leh natna tamtak a awm" a ti a...

"Pathian hnaih rawh u, tichuan anin a hnaih ang che u..." Jakoba 4:8

Sound chungchanga hriat tur pawimawhte

— Vanlalpeka
Treasurer, Chanmari Br.

1. Sound (ri) hi khawlum leh khaw vawt in a ri a tihdanglam theih avangin sound system i fit-na hmun tur boruak (temperature) a zirin i system kha a ri a fiahin a fiah lo thei.
2. Pawn (open air)-a sound i fit-in i music ri kha thli in a chhem kawi thei a, chuvangin thli in a chhem kawi lutuk lohna hmuna sound box dah hi a fin thlak fo. Tin, stage hnaih lutuka sound box dah hi harsatna min siamtu anih avangin hnai lutuka dah loh hian direct feedback(kiu) a tlem.
3. Sound system i fit zawh vek hnuah a hmasa berin mixer on la, tichuan a hnuah system dang on chauh tur a ni a, a hnuhung berah amplifier kha i on dawn nia. Hemi letling chiah hian i off dawnah pawh tih tur a ni, amplifier i off hmasa ber ve thung anga chutiang zelin a tawp berah mixer. Hetianga i tih hian i bungrua i ti tlo a ni mai.
4. Sound system i fit hnuah ri chur chur a awm thin, hei hi a chhan chu earth/ground a hmuhloh vang te, cable thalo kan hman vang te a ni, chuvangin i cable inzawmna (soldering) a that leh thatloh check hmasa thin ang che.
5. I cable i check hnu pawh a sound box-ah ri chur chur ala awm anih chuan copper wire (darzai) la la, i khawl (amplifier body/mixer body) ah khan i thlung anga a hmawr lehlam chu lei hnawngah thir tlawna zawmin fit khat vela thukah vit phun ang che. i vih phunna lei kha a ro anih chuan chi tui siam la i rod phunna bul vel kha i leih hnawng dawn nia.
6. Antenna/radio station bulah i awm a i sound in radio a man thin anih chuan i signal cable-ah balance cable(a chhunga hrui pathum awm) hmang ang che. Chuti pawha ala man anih chuan a chunga mi ang khian leiah hrui i vit phun leh dawn nia.
7. Sound wire sei i hmanin phelh darh (chap darh) vek thin ang che. A chhan chu kan awmna lei hi leihipna (gravity) lianpui anih avangin a hlawm/coil a i dah khan transformer i siam tihna a ni a, i hrui a kang/a kanglo anih pawhin i sound wave a pawt tawi(a chakna a ti nep) a, a sat duh bakah ri kim chhuak tur kha leihipna in a hip then sak che tih i hre dawn nia, hrui tawiah erawh chuan a pawi hran lo.
8. Inverter i hman hian sound box ah ri cher cher a awm thin a, hei hi achhan chu inverter khawlin sound wave a pek chhuah kha 50/60Hz aia sang

anih vangin i sound box-ah a ri chhuak tel thin a, i tihreh duh chuan filter hmangin a tihreh thei a, chu filter chu "capacitor" an ti, amaherawhchu i inverter-in current a pekchhuah theih kha capacitor i hman leh tet a zirin current a ei ral ve tih erawh hriat tel a tha.

9. Current kan neih lohin portable generator/generator lian kan hmang thin a. Generator current pekchhuahah hian chihnih, sinewave leh squarewave pechhuak a awm tih hriat a tha. Kan system reng reng hi sine wave (alternate current) mil tura siam ani tlangpui a, generator i hman kha square wave anih chuan stabilizer hmang suh ang che. I hman chuan i khawl a chhia a chhe mai ang. A chhan chu stabilizer hi a tlangpuiin square wave stabilize deuh vek a ni a, square wave a hriatthiamloh thin avangin direct current (DC) lianpui emaw tiin lo tihsan vak vak a tum thin. Chuvangin kan khawl a tlo loh phah thin a ni. Generator i hman dawn chuan stabilizer hmang lo law law la i khawl a tlo zawk tih hria ang che. Active box phei chuan stabilizer hman hi a haw lehzual. Portable generator hian neutral a neilo a ni tih hriat ve hrim hrim a tha.
10. Musician ten an hriat atana pawimawh tak pakhat chu jack nung lai operator-in a off sak hma chein pawt phawi/vit

lut mai suh ang che. I pawh/ vihluh a ring taka ri tuar khan i system (a bik takin sound box) in nasa takin a tuar tih hria la, chubakah sound pressure nasa tak a siam avangin lung thalo tan phei chuan hriselna atan a pawi a nunna hial chan tawh te pawh sawi tur an awm a ni tih hria ang che.

11. Musician ten an hriat atana tha chu mahni instrument tih rin vak vak(volume pek belh vak vak) hi sound tha (mixing) a neih theihloh tih hriat a tha, a chhan chu mixer operator-in a a tawka a set tawh hnu volume ilo pek belh vak vak chuan a duh angin a set thei lova ri a buai duh em em a ni.
12. Kan khawl (Sound System) reng reng hi hmun ro a hman tur a nih avangin hmun hul tha a dah thin hi a finthlak fo. Tin, tui tih buak ngat phei chu pawh tak a ni. Tunlai thiamna sang zelah Speaker erawh chu tui huh pawilo tura siam erawh a awm tawh a Mizoramah pawh hmang an awm ta zeuh zeuh. Hetiang ang chi i neive lo a nih chuan i dah thatnaah pawh hmun hul/ro lai ah dah hram tum ang che. Pawnah Programme kan neih pawhin loh theihloh a nih loh chuan, abik takin mixer phei chu a hul thei ang berah dah tur.
13. Kan System te hian bal a ngai thei lo thin a, vaivut khu zingah kan hmanin a tirah lang chhuak lo mahse kar lovah ri

- tuk tuk a siam thin a, a bikin volume knob-ah bal a luh phei chuan a ri ngaihthlak a hrehawm a kan nawr tawlh zawngin vaivut/ bal ri a tel thin a, khawl tha tak pawh nei mah ila a rik chhuah danah a chhiat hmel bik thin, chubakah a bala dah reng chuan a carbon a hrutreh hma thin a, chuvangin fai taka vawn tur a ni.
14. Pathian biak inkhawmnaah Sound Control tu i nih chuan, volume ringa a daha on a ring thut hi a tha lova, kum upa lam tan phei chuan an beng a in thunun(adjust) hmanloh thin avangin an hriselna atan a pawi thei tih hriat a tha. Chu ai chuan a rilo tawpa dah aiah ri pangngai aia zawia daha zawi te te a tih rin tial tial hi tu beng pawh in a tuarlo tih hriat a tha.
 15. Monitor hi hun changtu (Performer) tana tih a nih avangin Main sound aia a rin chuan kan sound ri a tibuai thei a chuvangin a hmangtu hriat nuam tawka ringa set hi a finthlak fo.
 16. Biak in thenkhat khawk nasa ah chuan Sound Box kan dahna ep chiah bangah puan chhah zar hian a khawk nasa lutuk tur a ti reh ve thei a, tin kan Ceiling chhungah buara(sai ip) zar(puanzar anga zar) hian nasa takin a khawk tur alo tinep ve thin. Tin pulpit bang plain lutuk hian Ri nawn(Feedback) a siam hma avangin a plain lutuka dah ai chuan puanchhah(curtain) zar a fin thlak hle.
 17. Mi thenkhatin vai tui um(kawla bel) hi sound ti khawk lo tu emaw tiin nalhlo takin ceilinga khai kan ching thin a, hmun khawklovah a khawk siamtu a tan hman thin a ni tih hriat a tha.
 18. Kan Kohhran Upa thenkhat in Biak In chhung khawk an hlauhna lutukah ceiling kan verh kaw fo thin a, hei hian verhkuak loh aiin khawk a siam nasa zawk tih hriat a tha bawk. A khawk tih tem kan duh chuan verh kaw lovin ti khuar chek chek ila ngiltaka ri rawn let leh tur kha a lo lak kawi thin avangin ri khawk kual vak vak tur a ti nep thei a ni.
 19. Sound duty tena kan hriat atan a pawimawh tak pakhat chu rawngbawl na pawimawhtaka ni tih hi a ni a, pulpit rawngbawltu nen khan in dinhmun pawimawh dan a in chen deuh reng a ni.
 20. I tihsual emaw tih kiu vak emaw tih that vak loh chuan an dem ang che, tha taka i thin lawmthu an hrilh hran lovang che. Vui suh la, mihring tan anga ti lova Pathian tana tih hi ringtute rawngbawl dan tura Pathian thuin min fuihna a ni si a. Chuti a nihloh chuan vuina tur a tam, mi kal hma a kala, mi haw vektawh hnua dah fel leh vek a ngaih thin avang hian thiltih a rawngbawl na ni tih hriat fo a tha ♦

Tui In Rawh Le!

— Chris M.S. Dawngkima
Dawrpui School of Science &
Technology



ran mi Dr. Fereydoon Batmanghelidj chuan, kum 1979 vel daih tawh khan tui pawimawhna hmuchhuakah a inngai a. Politics thil avanga Iran jail-a a tan laiin a jail tanpui peptic ulcer avanga thih ngama pum na chu a lo enkawl dam tawh a. ‘Dr. Batman’ tia an sawi hian tui pawimawhna zirin, lehkhabu hlu tak tak a ziak ta nghe nghe a ni. Amah miin an hriat rengna thu chu, “I dam lo a ni lo, i tui a hal a ni!” tih ÷awngkam hi a ni. Dr. Donald Robertson chuan a lehkhabu “The Snowbird Diet” tih a ziakah chuan tui in tam pawimawhzia sawiin, “Taksa thau lutuk (overweight) te hian mi pangngai aiin tui inhnem an mamawh zawk a, chu chuan taksa leh tihrawl nate chhawkin an rihna pawh a tihnam thei a ni,” a ti nghe nghe.

I taksain tui a mamawh a ni tih engtin nge i hriat ang?

Taksa a lanchhuah dan ÷henkhat chu tui hal, ruh chuktuah leh tihrawl na, kawng na, luna leh ek khal te a ni.

Damdawi (vitamin B-riboflavin, etc.) ei vang ni si lo va zun rawng eng leh rim chhia hi, taksain tui a mamawh vang a ni chawk. I taksaa tui hi i zun hmang te, boruak i thawkchhuah rual leh i thlan chhuak avang tein tam tak i hloh a; hna i thawh nasat vang emaw, khaw lum lutuk vang te emaw pawhin tam tak i hloh thei bawk. I taksain a hnathawh tur pangngai a thawk reng dawn a nih si chuan i taksa a ÷anga i tui hloh zawng zawng chu i rullh leh nghal zel a ngai a. I taksaa tui awm tur zat kha 2% leka a lo tlak hniam pawhin i taksa chuan tui a tlachham (dehydrate) ÷an der a lo ni!

Engtianga tam nge tui kan in ang?

Ni tina kan chaw ei a ÷ang hian kan taksa tui mamawh hmun za a ÷hena hmun sawmhni (20%) kan la lut ÷hin a. A dang zawng chu kan tui in leh tuiril lam thil dang kan in a ÷angin a ni. Tui in tur zat dik tak hi bituk mai theih a ni hauh lo va. I hriselna, kut hna i thawh nasat dan, i chenna hmun boruak a zirtein a danglam thei. Kan taksa rih zawng hmun za a ÷hena hmun sawmruk (60%) lai mai hi tui a nih avangin, kan taksa bung hrang hrang hian tui tel lo chuan hna a thawk mumal thei lo. Institute of Medicine (IOM) chuan hetiang hian a tlangpui thua mi pakhat tui in tur bituk (thil tuiril lam chi hrim hrim) zat a tarlang:

- (a) Mipa (puitling) tan ni khatah 3 liters (no 13 vel)
 (b) Hmeichhe tan 2.2 liters (no 9 vel).

“Ni khatah tuisik no 8 tal in rawh,” tih tawngkam kan hre thin. “No riat” tih hi hriat a nuam a, tin “tal/aia tam,” tih hi rilrua kan vawn tel reng a tha bawk.

Tui in hlamchhiah suh :

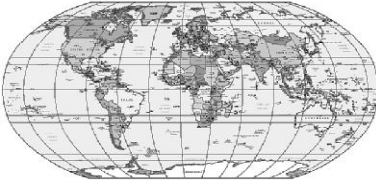
Japan ramah chuan mi tinin zing thawh ve leha tui in hi tih dan phungahan nei a, “Water Therapy” tiin an sawi mai thin. Hei hian thatna tam tak a nei tih hmuhchhuah a ni tawh nghe nghe. Japan Medical Society chuan natna tam tak - lu na, TB, kal leh zun kawng tha lo, luakchhuak, pumpui tha lo, kawtha lo leh ek khal, phungzawl, thau lutuk, zunthlum, hmeichhe thi neih mumal lo leh mit, beng, hnar leh hrawk tha lote tan tui hi damdawi rintlak tak pakhat a ni tiin a sawi. ‘Uric acid’ sang avanga natna - arthritis chi khat ‘gout’ pawh hi tui hmanga enkawl theih a ni a. Thisena Uric acid level sang lutuk tur chu kan tui in hmangin kan pawlh dal thei. Nitin a tui no 8 tal in thin chuan a taksaa cancer natna awm thei thenkhat- ril cancer 45% lain a risk a tih niam a, phing cancer hi 50% in, hnute cancer thlengin risk a tih niam thei niin mithiamte chuan an ngai.

Zana darkar 8 vel i mut hlan khan i pumpui chuan paithawih

hna lo thawkin, zingah pum ruak takin i han tho va. Chutih lai tak, thil dang engmah ei hmaa tui liter khat vel minute 5-10 chhung vela i han in pawp pawp khan, kha tui khan i pumpui leh rila bawlhhlawh chambang, tur (toxin), gas leh thil tha lo lakah a thuahfai a; chu chuan ril leh pumpuia ‘cell’ awmte kha a tinung thar leh thin. Hetianga tui i in hnu hian, minute 30-45 vel thil dang ei leh in lova awm chu duhthusam nia ngaih a ni bawk.

Tui in thang lo tan chuan vawi khata tui in teuh hi thil harsa tak a ni thin. Zingah no hnihin emaw bul han tan la, kar hnih khat a liam hnuah tisang chhovin, i in tur bituk zat chu kar lovah i in thei mai dawn a ni. Mizote hian chaw ei khama tuisik in kan ching hle. Tuisik hian kan thil ei kha a tikhang a, sa thau leh mawm kan ei phei chuan pumpui hnathawh ti thuanawpin, digestion a timuang thei. Pum nuam lo, kawpuar leh natna dangte a thlen mai thin; chuvangin tui lum in thei ila a duhawm hle. Tin, damdawi mum khat i ein tui no khat in thin la (tui no khatin damdawi mum khat a hen angin pawm mai la), chu chuan i pum kha damdawi vanga ulcer lakah veng thei ang.

I lo hrisel zawk nan i taksa mamawh tui in hi hlamchhiah hauh suh ang che ♦



Hriatzauna

— K. Remruatfela,
Secretary, KTP (Bangalore)

PUBLIC INTEREST LITIGATION

Public Interest Litigation, PIL hi-a kan hriat lar zawk mah hi a hming ringawt hi chu kan bengah a mikhual lo mai thei a. Chanchinthar puannaah emaw, chanchinbu velah emaw te pawh a hming hi chu kan hriain kan lam ri fo tawh ngei ang. Amaherawh-chu, a nihna dik tak leh a hman ñangkaina tak hre lo chu kan la therfur tho a rinawm a. Chhiartute dan lama min hawizau tirtu leh dikna kawngkapuia min pen luh tirtu a lo nih ve theih tak mialin tih beiseina nen a awmze tlangpui a kimchang tawi thei ang berin hrihlfiah ve ka`n tum ang e.

Kan ram danpui "Indian Constitution" hi Bible behchhana duan, khuarel nihphung (Natural Law) mila herrem thlap a ni a. Dan hmanga rorelna (Rule of law) ram niin mi hnuaihnnung berte thlenga Prime Minister thlengin dan hnuaiia kun vek kan ni. Hemi a nih avang hian mimal dikna (Individual rights) nasa taka ngaihhlut leh dah pawimawh a ni a. Khuarel nihphung danin mihringte dikna min pek, kan Fundamental Rights

bawhchhiat a nih phei chuan mi tu pawh hian Court sang zawk (High Court leh Supreme Court)-a thlen nghal theihna tura dikna (Locus Standi) kan nei vek a ni. (Fundamental Rights bawhchhiatna chauh lo ah chuan direct-a High Court emaw Supreme Court emaw pan nghal theih a ni lo va). Amaherawhchu, India Judicial system hi a hautak em avang leh Court-a zualko hi mi rethei zawkte tana thil harsa tak a nih avangin mi naran tan Court pan zen zen theih a ni lo va. Hemi buaina sukiang tur hian Court chuan mi hnuaihnnung zawkte aiawha mi hausa leh thil tithei zawkte Court sang zawka thubuiai thehluh phalna dan a siam thar a. Chu chu P.I.L (Public Interest Litigation) ti-a kan hriatlar hi a ni.

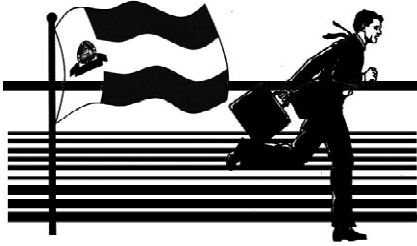
'Public Interest Litigation' hi khawtlang hamñhatna atana lo awm a nih avang hian 'Social Interest Litigation' tih pawha sawi a hlawh fo mai a. A awmzia ni bera lang chu khawtlangah dikna (Justice) – Mi rethei añanga mi hausa berte pawhin an chanvo tur dik tak (Distributive Justice) an chan theih nana, khawtlang aiawhin, mi tupawhin khawtlang ñhatna

turin Court-ah eng thu pawh sawiin/ziakin a zualko thei ang tihna a ni a. Tin, hei mai bakah hian khawtlangah mipui harsatna thlen thil emaw khawtlang boruak ti ralmuang lo thil a awmin, chumi tireh tur leh khawtlang thatna turin khawtlang aiawha Court-a zualko theihna pawh a huam. Ziaka tarlan anih danah chuan “any public spirited citizen” tih a ni deuh kher naa, hei hian ramri kham chin (demarcation) a nei tihna ni lovin, khawtlang vei pha chin/khawtlang thatna atana thawk chhuak thei tur chin, mi tupawhin khawtlang thatnan (for the interest of the public) Court-ah an zualko thei ang tihna a ni ber e.

Khawtlangah dikna (Justice) a awm theih nana khua leh tuiten hamthatna (privileges) kan dawn “P.I.L.” hi Judicial Department (dan venghimtu pawl) in uluk leh nghet takin a vawng him tlat a. Kan ram danpui Art. 32 tlawhchhanin khawtlang thatnan Supreme Court-ah kan zualko thei a. Chutiang bawkin Art. 226 behchhanin High Court-ah kan la zualko thei baw. Chu mai a la ni lo cheu, Cr.PC. an tih mai Sec. 133-na tlawhchhanin Magistrate hmaah kan la zualko thei tho a. Hei hian kan ram (India ram) hian dikna a ngaisangin a khua leh tuite min ngaihsak hle a ni tih a lan chiantir hle a. He hamthatna

hi thleibik leh huam bik nei lovin India khua leh tui tawh phawt (Jammu & Kashmir huap lovin Art.370) chu he dikna leh hamthatna chanvo hi pek vek kan ni. (Art.141). Chuvangin, heta tang pawh hian keini Zofate hian India mi kan ni lo/India sawrkar hian min enhrang bik tia sawi thei kan ni lo tih pawh zirchhuak thei ila, a lawmawm hle ang. (Tun hnaiah he ngaihdan hi thatngtharte rilruah a tla na hle tawh si a. Source : Facebook).

A chungakan tarlan ang hian mi tupawh hian khawtlangah dikna (Justice) a parchhuah theihna dikna (Rights) leh mawhpurhna (duties) pawimawh tak kan nei theuh a. America President hlui John F.Kennedy an a ram mipuite hnena, “Ka ramin eng nge mi tihsak theih tih aain ka ram leh hnam tan eng nge ka tih ve theih ang” tiha chona duhawm tak a siam ang khan keni khua leh tui (Citizen) te pawh hian khawtlangah dikna (Justice) a awm theihna mawhpurhna (obligations... ‘duties ringawt pawh ni lovin’) rip tak kan nei a ni tih hi he thuziah tlawm tak atang hian zir chhuak theuh thei ila tih hi a ziaktu duhthusam tak meuh meuh a ni e. Kan rin Pathian hi mi dik, dikna ngaina, mi fel famkim, sualna nei lo a ni si a... ♦



KANTU

Chhiahtlang Chanmari Br.
& Saron Br.

CHHIAHTLANG CHANMARI BRANCH

Chiahtlang Pastor Bial Kohhran 7 zinga mi, Chanmari Branch KṪP hi kumin 2012 hian member mipa 98 leh hmeichhia 62, an vaiin 170 an awm a.

Branch tih chakna turin Sub-Committee - Programme, Evangelical Cell an din a, Financial Group 3 - Mosia, Joshua leh Kaleba Group-ah te inthenin Group-te hi an sum hmuhna hnar ber a ni. Branch Committee-in kum khatah Faith Promise wavi hnih a buatsaih baw k a, member te thahnemngaihna zarah an beisei aia tam sum an hmu thin a ni.

Ramthar rawngbawlna lamah pawh hma sawn zelin tunah hian Missionary pathum an chawm mek a, thawhtan zan inkhawm thawhlawm hi Ramthar sumah an chung lut a, Ramthar Ip lakkhawm hma Pathianni tlai Fellowship-ah Ramthar pula hun hmangin thilpek an lakkhawm thin baw k.

Chanchinbu lamah pawh hmalam an pan ve zel a, Kristian Thalai chanchinbu copy 24 an la mek a. Kum 2001 atang khan Branch chanchinbu "Bethesda" an chhuah tan a, tunah hian copy 110 a thlawna sem chhuakin Kohhran In kher loah pawh an sem baw k.

Member Biak In changa innei an awmin Holy Bible an pe thin a, Kohhran Zaipawl an zai thin baw k.

Member thi an awmin ralna hun an hmang thin baw k. Zirna leh eizawna lama hlawhtling ten KṪP te lawmpui tura an sawmin present te hlanin an lawmpui thin baw k. Kuminah Kohhran Inkhawmah tan an la hle a, thawhtan zan inkhawm bakah Nilai zan leh Inrinni zan inkhawmte inchhiar thinin Financial Group ten inel nan an hmang thin baw k.

Zaipawl lamah hmasawn tumin tan an la nasa hle a, Kohhran hunpuiah chuan inkhawm apiangin zaipawl an nei thei zel a, rokhawlhna an neih chang chu a awm tho baw k. Member hmun danga awm an awm nual avangin zaipawl lamah tanlak ngai lehzualin an hria.

Central KṪP-in Booklet zir tur a buatsaih te Pathiani tlai Fellowship-ah an zirho thin a, sawi hona te pawh an tuipui thin hle. Evangelical Cell te hmalakna in inkhawmban apiangin tanngtai hona an nei thin a, hla zir leh Committee zawm loh zanah chuan Branch OB te bakah a thei remchangte damlo inah leh hruaitute inah te tanngtaina nein an inkawm khawm thin a. rawngbawlna kawngah inpawh tlanna hmawnrar tha tak a niin an hria.

Kum tawpah Advance Krismas leh Group Meet te hmang kawpin infiamna in hun an hmang thin a, tlaiah member ten chawhlui an kilho thin a ni♦

SARON BRANCH

Kristian Ṭhalai Pawl, Saron Branch hi Ni 23 January, 1967 khan din a ni a, Pathian hruaina zarah an kum 45 na an hmang mek a, Dawrpui Pastor Bial hnuaiiah Dawrpui leh Zarkawt Branch te nen an awm ho a ni.

Kumin hian member mipa 301 leh hmeichhia 179, an vaiin member 480 an ni a. Member te Group thumah an inthen a, Group hming atan hian an Kohhran Upa fam chang tawh Upa B.S. Laizawna, Upa P. Thanhawla leh Upa C. Chhawnzauva te hmang an hmang. Sub-Committee 8 an din a, chungte chu - Programme, Evangelism Cell, Music, Property, Chanchinbu, Sport, Refreshment & Ushering leh Literature & Documentation Sub-Committee te an ni. Group leh Sub-Committee te hi an mawhphurhna theuh hlenchhuak turin an inpe em em a, Branch pawhin a chak phah hle a ni. Thlatin Zirtawpni wawi hnihnaah Branch Committee an nei thin a, an thurel bawhzuina kawngah Pathian kaihhraina dawngin, wawiin thlengin tuang takin ke an pen a ni.

Kohhran hnathawh tipuitling turin an theih chinah hma an la a, Kohhran Programme pawimawhah zaipawl an nei thin bakah Kohhran-in chanvo a pek te tihlawhtling turin thahnem an ngai thin hle. Kohhran inkhawmah thalai inkhawm an tam theih nan hma an la a, Group intihsiakna pawimawh takah an hmang. Nikum khan Kohhran Ramthar Committee nen yang dunin Durchhora khuuah Crusade an nei a, kuminah pawh hetiang lam hawi hian hma an la mek. Synod kaltlangin Missionary 11 an chawm a, member missionary-a chhuak 2 an nei bakah Pathian thu zir 2 an nei mek bawh.

"Kristian Ṭhalai" chanchinbu hi copy 84 an la mek a, "Ṭhalai Kantu" tih hmingin chanchinbu Pathianni tin an tichhuak a, hei hi copy 340 an semchhuak mek a ni. Tin, an Bial KṬP chanchinbu "KṬP Inleng" pawh copy 131 an la mek bawh.

Thawhtan zan inkhawmah sermon, short sermon, yangngtai rual leh sharing, kumpuan thupui zir leh special programme te a inchhawkin an hmang thin a, Pathianni chawhma inkhawm banah yangngtai inkhawm an nei thin bawh. Nilai zan inkhawm ban apiangin an member-te pualin Branch hruaitute leh a duh apiang ten Biak inah yangngtaina an hmang thin.

An sum lakuhna tlangpui te chu - Inkhawm thawhlawm, Faith Promise leh Group Budget te an ni. Kum tin December thla remchangah Home leh Center te tlawhin Krismas thilpek an pe thin a, member thawkchhuak an thahnem thin hle. Tin, an Kohhran mi chatuan ram pan ta chungte tlawhin Krismas Carol an nei thin a, ralna thilpek an pe thin bawh. Nikum khan Hnahtial Branch an tlawh a, kumin October thla hian Lungsir Br, Mamit tlawh turin an inbuatsaih a, an phur tawh hle. KṬP Sport kum tin an nei thin a, member ten an hlawkpuiin an hlimpui thin hle.

Thlarau lamah hma an sawn theih nan theihtawp an chhuah thin a, nikum khan Upa C. Ngurthantluanga leh a team - The Kneeling Ministry te ruaiin Agape Camping Centre, Durtlangah Ṭhalai leh Tleirawl Camp an nei a. Nikum vek May ni 20 leh 21 khan an Branch hruaituten Retreat SMTC Mission Vengthlangah riak lutin an nei bawh. Kumin March ni 24 khan nilengin Leadership Training an Hruaitu ten an nei a, an hlawkpui hle. Pathian hruaina an chanah an lawm a, phur takin ke an pen zel a ni ♦

Keimahni



■ Central KṚP chuan 2012 KṚP General Conference Rorel - Mental Health, Work Ethics leh Value System inzirtirna kawnga hmalakna pakhat atan Short Film/Musical Drama siam turin Chanmari Branch a ngen a, hemi bawhzui nan hian May 30, 2012 (Nilai) zan inkhawm ban khan Chanmari Branch hnenah hian Rs. 70,000/- (singsarih) a hlan. He film buaipui hian Chanmari Branch chuan chak takin hma an la nghal a, Sub-Committee dinin Director-ah Pu Vanlalneiha Ralte, Asst. Secy, Chanmari Branch KṚP ruatin Script ziak turin Pu Vanneihluanga an ruat bawk. Tunah hian script peih tep a ni a, peih a nih veleh an chang tan nghal dawn a ni.

■ June ni 9, 2012 (Inrinni) khan Mission Veng Bial KṚP Committee member-te chu KṚP Golden Jubilee lungphun Synod Conference Centre bula mi tifaiin a thawh khatna atan an hnatlang. Mission Veng Bialte hi Central KṚP chuan neitu chan changa Golden Jubilee lungphun chulhnum leh enkhawl hna chang turin a ngen a, ngenna ang hian a ṭul anga hmalak zel an tum a, a lawmawm hle a ni.

■ June 14-15, 2012 khan Lawngtlai Bazar Veng Kohhranah Lawngtlaia Bial pahnih chhunga Branch hruaitute pualin Leadership Training neih a ni a, Training-a tel mi 56 an ni. Training hi Upa Zothangzuala Chhangte, Treasurer leh Dr. Lalliansanga, C/M-ten an hmanpui.

■ June ni 22-24, 2012 khan West Phulpui Kohhranah Bial Meet leh Solfa Training neihpui a ni a, Training-a tel mi 50 an ni. Training neihpui a kalte T. Upa Zohmangaiha, Fianance Secretary leh T. Upa Lalremsiam, C/M ten Pathian biak inkhawmah thuchah vawihnih (2) ve ve an sawi.

■ June ni 30, 2012 khan Sihphir Kohhranah bial huap Leadership training neihpuiin T. Upa Samuel Vanlalhlanga, Asst. Leader, Tv. Lalramnghaka, C/M-te an kal a, training-ah hian mi 117 an tel. Zan inkhawm (Bial Meet) pawh telpuiin Pu Samuela'n thutawi a sawi a, Tv. Ramnghakan Fellowship-ah thutawi a sawi bawk.

■ July ni 6-8, 2012 khan Zokhawthar Kohhranah Bial huap Leadership training neihpui a ni a, training-ah hian mi 38 an tel. Training neihpui a kalte T. Upa Dr. Samuel Vanlalhlanga, Asst. Leader leh Pu Lalmuanpui a Hrahseten Pathian biak inkhawmah thuchah vawihnih (2) ve ve an sawi a ni.

