



Ngawi la awm hle hle rawh

'Ngawi la awm hle hle rawh,' tiin Galili dil a thlipui tleh mek a hau a, thlipui a reh a, tuiyaww pawh a reh ta a. Galili Dil hi tuiyinriat atanga teh chuan feet 700 zet a hniam a ni a, Dil hmarlam mel 45-ah Hermon tlang feet 9200-a sang a ding luah a, boruak vawt Hermon tlang atang leh a lum Galili dil atanga insiam te infin thin avangin ruah, thlipui, tuiyaww nasa tak a thleng fo thin. Lal Isua leh a zirtirte lawnga an chuan lai pawh khan thli leh tuiyaww nasa avangin a zirtirte an mangang hle a, zirtirtu an kai tho va, ani chuan chhamphual leh thildang sawi lovin thli leh tuiyaww a hau va, a lo reh ta mai anih kha. Thlipui leh tuiyaww hnenah 'Ngawi la awm hle hle rawh' tiin. Tui che miah lova, awm thei tur chuan Pathian tan lo chuan tih rual a ni lo. Thlipui tleh a bang a, tuiyaww pawh a reh ta a, a mak tih loh rual a ni lo. Khawvel leh a chhunga awm zawng zawng siamtu kan Pathian hi engkimin a thu an awih thin.

Ani chu engkim chunga thuneitu a ni a, kan thatna tur a hria a, kan rilru a hria a, kan tana tha turin min thawh sak thin a, kan duhzawng leh lawmzawng pawh a hre chiang hle. Hmaih pakhatmah awm lovin min chhinchhiah a, kan awmdan zawng zawng hriatloh pakhat mah a nei lo. "Pathian rawngbawol tura kan chet chhuahnaah te hian a thu ngaichang lek lova, mahni remhriatnaa kal mai chang te a awm thei, thalaite kan fimkhur a ngai hle. Kan rawngbawolna, kan nitin hna, Chhungkuaah, Zirna ah, kan beisei leh rin phak bak aia nasa in thli leh tuiyaww a rawn thleng phut thei, a chang chuan phur zo lo kan intiin, vanduai bik, hrehaww bik leh chhe vek dawnin kan inhre thin, Pathian kan au thin a, min chhang ve duh lo ni te hian kan hre thin. Mahse Lalpan khawvelah thlipui leh tuiyawwnin min nuai hi a phal a, mahse Hmangaihtu Pathian kan nei a, amah hi tihtakzeta kan rin phawt chuan, ani chauh hian 'Ngawi la awm hle hle rawh' tiin kan buaina leh harsatna min chin fel sak thei a ni. Kan Pathian aia thunei zawk leh thiltithe i zawk an awm lo, a ni chuan thiltitheihna midang a dil angai taroh lo.

Kan Pathian hi Hahchawlhna a ni a, hahchawlhna kawhmuhtu a ni lo. He khawvelah hian thlipui leh tuiyawwnin min nuai thin a, pan lam tur leh kal ngaihna hre lovin, kan talbui thin a, puitu kan zawng thin. Kan harsatna leh manganna leh kan rawngtaina te hi a hrereng thin. Lalpa chauh hi min pui thei tu a ni a, min pui theitu Pathian kan nei hi kan va han vannei teh lul em ♦

SYNOD CHOIR 2012-2014 MEMBER-TE

May ni 25, 2012 (Zirtawpni) thlai dar 5:00 khan Pi Zaii Hall, Synod Conference Centre-ah Mizoram Synod Choir Member lak tharte Pathian hnenah hlanna leh hruaitute nen inhmelhriatna hun hman a ni a. Rev. Lalrinmawia, Leader-in kaihruaiin Upa Lalrinmuana, General Secretary chuan Member-te inhmelhriattirna leh an chanchin report tlem azawng a pe a. Rev. Zosangliana Colney, Executive Secretary i/c KTP-in Fuihna thuchah sawiin Pathian hnenah a ruala tawngtaimin Member tharte hlanna neih a ni a, Programme hman zawhah zanriah kil ho a ni.

Hming	Bial	Veng/Kohhran
Conductor		
Pu K. Lalbiakthanga	Durtlang	Durtlang
SOPRANO		
1. Ni. Lalhmangaihi	Dawrpui Vengthar	Dawrpui Vengthar
2. Ni. Lalrinfeli	Ramhlun North	Ramhlun North
3. Ni. Nancy Zothanmawii	Mission Veng	Mission Veng
4. Ni. Rinhmingsangi	Electric veng	Aizawl Venglai
5. Ni. Lalfakzuali	Khatla	Khatla North
6. Ni. Rebecca Saidingpuii Sailo	Bethlehem	Bethlehem
CONRALTO		
7. Ni. Vanlalhruaii	Republic Veng	Republic Vengthlang
8. Ni. C. Lalrammuani	Armed Veng	Armed Veng
9. Ni. Lalbiakremi Fanai	Bawngkawn	Bawngkawn Chhim Veng
10. Ni. Rodi Lalremruati	Kulikawn	Tiangnuam
11. Ni. Vanlalpari	Luangmual	Luangmual Vengthlang
12. Ni. Lalchhuanmawii	Chhinga Veng	Tuithiang
TENOR		
13. Tv. Lalrinfela	Ramhlun	Ramhlun Vengchhak
14. Tv. Isaac Lalramthara	Venghlui	Venghlui
15. Dr. Zothansanga	Dawrpui	Dawrpui
16. Tv. John Lalremruata	Venghnuai	Centenary
17. Pu Lallianmawia Tlau	Zemabawk	Zemabawk
18. Pu VL Ramdinthara	Chaltlang	Chaltlang
BASS		
19. Pu Jacob Lalrohnuna	Bungkawn	Bungkawn
20. Pu C. Lalchamliaana	Mission Vengthlang	Mission Vengthlang
21. Tv. David Vanlalpeka	Chanmari	Chanmari West
22. Tv. Ramdingliana	Luangmual	Luangmual West
23. Tv. Lalduhawma	Maubawk	Maubawk West
24. Tv. PC Lalhmingsanga	Leitan	Leitan

Synod Choir tharte duhsakna kan hlan a, tuang taka rawng an bawl theih nan i tawngtaipui zel ang u ♦

I RING NGAM CHIAH EM? (*Matthaia 10: 19, 20; Exodus 4: 12*)

— H. Lalmingsanga
Vairengte Chhimveng Br.

Thusawi thiam leh zia k thiam a, ṭawngkam thiam tak ka nih loh vang hian mahni leh mahni insit a na duh hle mai a, ka rilrua Pathian min pawlna pawh thup bo tuma hun tam tak ka khawhral hnu chuan ka thu ziah tum, Pathian thu ngei mai chuan ti hian min deng ta nawlh mai le, 'Engtingge, eng thu nge ka sawi ang?' tiin lungkham suh u; in sawi tur chu a hun takah chuan a hriattir dawn si che u a. A sawitu chu nang ni in ni dawn si lova, in Pa thlarauvin nangmahniah a sawi zawk dawn a ni" (Mat. 10: 19,20) tih leh "Chuvangiin kal mai rawh, I ka chu keiman ka awmpui zel ang a, I sawi tur chu ka hrilh zel ang che" (Ex. 4: 12) tiin. Ni e, ziah dan tur thiam loh avanga thup bo ka lo tum mai tawh hmang ngei mai hian Lalpan minrawn be ta a, kei ngei pawh hian ka lo la rin tawh loh zia ka inhriat chhuah phah a, ka zaka ka lawm bawh si.

Aw le, kan thupuih lut dawn ila. Isua Krista, Lal leh Chhandamtu hi i ring ngam em?

A bikin thusawi kawngah hian kan rin ngam leh ngam loh zia han sawifiah dawn teh ang.

Thuhriltu (Speaker) pakhat chuan ti hian a sawi a, "Sermon ziahsa hmanga puanchhuah a ṭul chang a awm ṭhin a, sermon bu ami hmang chuan thu kan sawi mai ṭhin" tiin. Ngaihtuah a ti thui ang reng khawp mai. Sermon bu hmang khan Beram te hi min lo chawm ṭhin reng chu niin. A ṭha lo chu ka ti hauh lo va, mahse, chu an sermon ngai chu vawi tam tak chhiara an sawi, an mahni duhdana an ziah Pathian hnenah an hlan a, an duhdan aṭang chuan 'Lalpa thusawi rawh' an lo ti fo mai zawk hi a lo ni a, keimahni duhdan aṭang hian Pathian hi auh eih kan lo tum zawk ṭhin hi a lo ni. Ni e, rawngbawltu tam tak tlúk leh mai na ṭhin ni a ka rin tâk chu Speaker khan an team tan ni lovin, mipui tan hliir thu a sawi ṭhin a, chu a sermon neih sa, a ṭhing tawh ngei mai chu chhuang lumin mipui a fah ṭhin. Thlarau chuan hman chang chu a nei ngei mai, mahse, chu

thu ngai chu anmahni team tan chuan hriat hnu, an benga ri nawn tlut tlut tawh hnu a nih avang chuan ngai ah nei in intuai tharna tur thudang a awm loh miao avang chuan an lo tlu leh thin nite hian ka hre rum rum thin. Joyce Mayer-i chuan, "I thu chhiar kha miin ngai ah an nei thei" a tih te hi a dik viau in ka hria. Thil reng reng hi ngai a kan neih tawh hi chuan kan uksak tawh teh chiam ngai lo a ni.

Thalai hruaitu lam han thlir ve leh teh ang. Ni e, thalai kan nih angin thusawi hi chu kan huphurh tlang hlawm hi chu a ni. A tam zawk chuan thu sawi lovin, thu zia k kan chhiarchhuak zawk hi a ang khawp mai. Thu sawi hun a ni a, chhiar hun a ni lo a ni tih hi kan hriat tlan theuh a tul khawp mai. A nih leh engvangin nge kan sermon hian thu zia k nei sain kan dinchhuah thin le? A chhan chu Pathianah kan innghah ngam taw k loh vang leh kan rin ngam thin loh vang te, 'miin thusawi thiam min ti se' kan tih rilruk thin avang leh sawi tur hre lova mualpho taka awm mai kan hlauh vang hian ziahsa chu chhiarchhuakin kan duhdan mil zawk chuan Pathian thu ni a kan ngai h kan tlang au pui piar piar mai thin hi a lo ni. Ni e, ziahsa kan neih chuan a indawt deuh ten, a point-ah

thlap thlap kan lut thei ang a, a ngaithlatu tan pawh dawnsawna ngai hthlak a nawn phah ngei ang. Mahse, kan ngaituah lai tur tak erawh chu kan duhdan kan zia hchhuah hmang khan Pathian thlarau thianghlim hnathawh tir kan tum thin hian mite nunah chi nung a tuh a ngem? "A sawi thin a sawi thiam hle mai a!" tih chauh hian an nun hi a khawih mai lovang maw? Ziahsa nei lo va Pathian rinchhana kan dinchhuah ngam erawh hi chuan a point-ah loh loh changte nei in a phuai chang a awm nuai thin, a chhan chu Pathianin kan rilrua a rawn sawi hmasak apiang sawichhuah a tul avang hian a indawta sawi a rem loh chang a awm fo. Mahse, mite nunah thu a sawi ring zawk thin a ni tih hi kan hriat reng a tha.

K.S. Lalnu ti hiala an sawi, piangthara Lalpa Isua Krista hnung zuitu rinawm tak ni zui ta, Linda-i chuan thu tlemte a dawn chu tlangaua khawlaia puangchhuak turin Lalpa'n a ti ta flat mai, mahse chu thu tlem tak chu bei tham a tiin a sit ru khawp mai a, Pathian hnenah a tawngtaia a hriatchhuah tak a chu 'Duhamna' tih chia h a ni. Amah Linda-i chuan, "Thudang sawi belh tura ka inbuatsaih mek lai chuan 'ka duham hle

mai a' tih ka lo hre chhuak a, sum leh pai lama duhamna aia tha lo zawk chu Pathianin a thu min pek bak sawi belh theuh kan tumna hi 'Duhamna' tha lo chu a lo ni zawk si" a ti. A dik ngawtin ka hria. Pathian min pek bak sawi belh theuh kan tum avang hian reilote dinchhuaha thusawi kan zaka kan lo zia leh theuh zel mai hi a lo ni a, Bible-a kan hmuh angin duhamna chu milem biakna a ni a, Pathian mit hmuhah nasa takin milem chu kan lo be reng mai zawk hi a lo ni. "Ziah sa kan neih loh chuan sawi tur tam tak kan nei lovanga, mualphovin kan awm ang." ti tute u, in inchhut ngun a ngai khawp mai. Jona khan Ninevi khuaah khan thu tam tak sawi lovin Pathianin sawi tura a tih chin chauh a sawi a, an sim a ni tih kan hriat theuh kha rinchhanin Pathian thu chauh, a rei emaw rei lo emaw, a sei emaw sei lo emaw i tlang au pui ngam ang u khai.

Speaker pakhat Sermon bu, a ziah sa hmanga rawngbawla chhuak thin chu; a kawng, Lalpan a thlaksak ta thut mai le! Revival-ah chuan chhuak hlei thei tawh lovin tihdam rawngbawl na hmunah nitin Pathian thu sawiin, ni khatah wavi hnih vavi thum thu sawia a hun a hman a ngai ta tlat mai le! Chutah chiah chuan

Pathianah a lo la innghah tawh loh zia te, a lo la rin ngam tawh loh zia te a hre ta. Mahse, Pathian rinchhana a`n din chhuah pui meuh chuan thusawi tur haihchham a hnekin vawikhat a thusawiah darkar hnih te a sawi ta hial zawk a ni. Awle, ka sawi tum tak zawk chu mualpho kan hlauh luat avang hian kan mihring duhdanin kan her rem mai thin zawk a lo ni.

Lalpa, awm lo a ta awma min siamtu ngeiin a sawi, "In pa thlarauvin nangmahniah a sawi zawk dawn a ni," tih leh, "Chuvangin kal mai rawh, i ka chu keiman ka awmpui zel ang a, i sawitur chu ka hrilh zel ang che," ti a, dangawk Mosia hnena a sawi kha ring ngamin, kan hnenah pawh sawi ve in, Lalpa chuan, "Min ring ngam rawh u," min tih hi kan la ringhlel dawn em ni? Mualpho hlau suh, amahah i innghah ngam phawt chuan mualphovin a siam ngai lovang che, mualphoa i inngaihna atang khan Pathian a ropui zawk thin a ni tih hi hre reng rawh. Ropuina hi Lalpan chan a duh, mawi leh sawi that i tum avang khan Pathian ropuina hmel chu nangman i hliahin i ropui khalh thin zawk a sin.

Hlau suh la, Lalpan a awmpui ang che. Amen ♦

Duat sual nih kan tum lo

— Rev. Lalfakawma Ralte,
ATC

Ran chheh vela hnam lian pui puite kal kâna, Zosap Missionary-te hmanga a hnam thlan ni tura hmun kilkhawr leh tlawhpawh harsa taka awm Mizote min thlangtu LALPA hian Mizote hi hnam ropui taka min siam a duh avang leh, lei leh van Lal fa kan ni tih min hriattirna turin Mizote hi fa tak duatin min duat a; Mizo thalaite ngat phei chu min han ngaihsak em em khawp a, missionary an nih hmaa kan kawmthlang tlangval naran ni ve mai thinte kha missionary-a an han kal hian hnam dang missionary-te ai mahin LALPA hian a chawimawiin, an hming a ti tha zawk tlat zel a. Kal chhuak lote lah hi thil tha tha min pe a, min siam puitlin a duh takzet a; pa-in a fa chu mi hmantlak ni tura chher puitlin a tum ang leh, fa tak a nihnaa malsawmna tinrenga a vur ang hian malsawmnain min vur a.

Mizo tlangval a nih tawh phawt chuan tingtanga hla hruai thiam tura kan indah nghal ngawtna te hi hnam dang zinga kan chet tlat huna mi dangin

hruaitu ena min en theihna tura LALPAN Mizote min ruat bikna hlu tak a lo ni a; kan nula/tlangval, missionary ni mekte hi an awmnaah a ram miten music teacher ni nghal tura an rawt uaih uaih deuh vek an ni mawle!

Arunachal-a Boleng Pastor biala kan awm laiin kan field-ah state dang atanga missionary lo kal an awm ve nual a, an zinga tam tak kha chuan “Krista khenbeh thu” hi thupui berah neih lohvin, dam chung khawsaknaah an rilru an pe nasa zawk niin a hmuh theih a. Chutiang kara Mizo thalaite a sur a sa hnuaia Chanchin Tha hrila an phe sang sang thin an hmuhin a ram miten Mizo thalaite an ngaina lo thei lo va. “Mizoten, ‘Kan lo kal ang’ an tih tawh chuan an lo kal ngei ngei thin, khaw chhia leh thil dangin an programme a thulhtir ngai lo,” tia an sawi theih mai nate chu LALPAN Mizote min chawimawina a ni a.

Kan veivahna apianga, “Pastor, Mizo missionary lo kal tur dang an awm tawh lo em ni? Kan khuaah pawh missionaryrawn dah ve rawh u, Mizo hmel ngei a ni hmuh kan duh,” ti a ngenngawl em ema nutling, patlingin Mizo missionary an mamawh thu sawia min han dinchilh thinte kha mitthlaah hian a cham rei dawn mange.

LALPA fa chuam kan nih avangin Mizo missionary-te hi kan thawhna hmuna tam takah LALPAN min chawimawi em em a: a ram mite ngaih dan chuan nupui/pasal pawh missionary-te chuan an duh duh an thlang thei turah an lo ngai a. Jomlo khuua Mizo missionary nula pawh Jomlo kohhran thalaihovin, "Miss, zaithiam Vanlalsailova hi nei rawhaw, zai thiam kan ti ber a nia," an lo ti a. An ngaihsan em em an khaw missionary chu Sailova pawhin lo ngaisang ve hle turah an lo dah ve hmiah a ni. Mizote min ngaihsan chhan hi an awmna hmuna kal chilhtu missionary-te thawhrimna leh inpekna vang a ni a, chu lo pawh chu a la awm.

Arunachal Pradesh-a Mizo missionary hmasate an luh tirh lai khan tum khat chu a ram mi ringtu leh ring lo mi an inbia a: ring lo zawk chuan ringtu hnenah chuan, "Kha, I rawn hruai hnam dang mi kha eng hnam nge?" a ti a. Ringtu chuan, "Mizo a nia, Mizoram atanga lo kal a nih hi," tiin a chhang a. Ring lo mi chuan, "Mizo a! Tribal ve tho, engmah an ni bik awm lo em mai!" tiin a pianhmang leh a hmel ringawt atang chuan a ngaihsan bik loh thu a sawi nang a.

Chu missionary, a pumruaah pawh an cho ve tak mai leh a thian Mizo missionary dangte chuan

hmangaihna leh duhsaknain rawng an bawl chhunzawm reng a, an thawhna hmuna mite Mizoram rawn hmuhpuina hun remchang an neih hunte pawh a lo thleng ta hial a. Aizawl an rawn thlen meuh chuan an awmna state-a an la hmuh ngai reng reng loh thil ropui leh hmuhnaawm tak tak hliir an rawn hmu a, kohhran ropui tak an rawn hmu tel bawk a. An khuua an kir leh chuan Mizoram changkanzia bak sawi tur a hawn ta si lo va; a la hmu lo an khaw mipui zawng zawng chu Mizoram kal ve chakin an siam zo ta vek a.

Tun thleng hian Arunachal Pradesh-a ringtu tam takte dream chu Mizorama kal a la ni reng. Adi tlangval Tamo Mangkeng-a chuan, "Mizorama kal tawhten a ropuizia uar takin an sawi thinn a, an sawi ang em ema ropui a nih ka ring pha ngai lo va; mahse, keimah ngei ka han kal ve a, Mizoram ropuina leh a nawmna hi a kal tawhte khan a zatve pawh an lo la sawi ngai hlei nem mawle!" a ti hial a. Heti taka Aizawl khawpui ropui an ti te, Mizote kan changkan em em na chhante pawh hi thil dang vang a ni lo va, kan pawm emaw, pawm lo emaw, LALPAN min duhsak bik vang a lo ni reng a: a duh apiang chawi sanga, tihniam thinn Pathian a ni si a.

Mizo thalai tam zawk mah hian kan vanneihna hi chhut

nachang kan hre lo emaw chu aw? a tih theih a. LALPA hian min duhsak takzet a ni. LALPAN min duhsak bik dan chu ram lum lutuk lo, vawt lutuk lo, a boruak hrim hrimah chuan a aia nuam zawk a awm bik chuang lo vang tih tura ram nuam min pe a; khawtlangah chi inthliarna, India ramin kan buaipui em em hi kan nei lo va, mi tin kan intluktlang a, laih chhuah leh thawn chhuah kan neih tlem tehreng nen North East India-ah pawh Guwahati tih loh vah chuan Aizawl chu khawpui changkang ber a ni kan ti ngam hial tawh ang a, incheinaah chuan India ramah hian Mizorama thalaite kan incheina aia inchei mawi zawk hi an awm bik kher lo vang.

Heng malsawmna kan dawn zozaite hi keimahni chaknaa kan sual chhuah ni lovin, fa atana min thlangtu LALPAN mak taka mal min sawm tura Van khuaa ro a relna leh, khawvel puma a Chanchin Tha puang darh tura kan duh leh kan ngen avanga min thlanna ni lovin, kan hriat thiam hma hauh aṅang tawha Aman a duh thua min thlanna a ni a.

*"A faa ka awm hma pawhin,
Ka Pa'n min hre tawh"*

tih hla hi LALPA hnam thlan Mizo zawng zawngte hla pui tur a ni ngei mai a; LALPA hnam thlan ni

tur hian Mizote tan Israela pema, Juda sakhaw vawn a lo ngai reng reng lo va. Mahni nihnaa lungawi lo tur leh Mizo kan nihna zahpuina tur chhan pakhat mah a awm lo va; LALPA hnam thlan Mizo hnama kan lo piang ve hi lawm em em tur kan ni zawk a.

Hnam khat nia kan hriat tam tak hian ṭawng khat an lo hmang hauh lo va; keini Mizote erawh chu Mizoram chhim leh hmar, chhak leh thlangah ṭawng khat hmangin kan la inbe tawn thei a. Chu chu hnam dangte pawhin an awm em em, an neih ve theih si loh a ni. Kan rilru leh ngaihtuahnate hi Pathian zarah a inpumkhat tha em em a. Keini anga hnam hlawm tha, intluk tlang, inthural, ṭawng khat hmang, Chanchin Tha hril rilru pu tlang hi khawvelah pawh hian an tam awm lo ve. Hetianga hnam hlawm tha, inpumkhata LALPAN min lo siam chhan hi inthurala kan thenawm hnamte Chanchin Tha meia kan hliau kan theih nan LALPAN hnam hlawm tha takah min siam a ni a.

LALPAN Mizote a hnam atana min thlan chhan, a Chanchin Tha puang tura min ruatna hi KṭP member-te hian haider kan tum lo va, tunah pawh hian a kohna dawngtute chu kum tin ram chung leh ram pawna thawk turin an inpe sung sung reng a. Kal

chhuak ve lote pawhin LALPAN malsawmna kawng chi hrang hranga min vurna hi missionary-te ngaihsak phah nan te, mission field kan tlawh theih nan mal min sawmna a ni tih hriain, chumi lamah chuan ngaihtuahna sen nasat deuh deuh kan tum tawh dawn a ni.

Ṭhalai ṭhenkhat, hmangaih leh duat an nihna hmang thiam lo leh hmang sualte lo awmin, malsawmnaa vur an nihna chu nawmchenna um phah nana hmangte awm zauh zauh mah se Mizo ṭhalai, LALPA fa chuam tam zawkte erawh hi chuan duat sual nih hi kan duh lo va, mahni intihropui leh nawmchenna um ai chuan min duhsaktu LALPA duhsak tlak a awm te, min siam puitlin duhtu LALPA min beiseina tihhlawhtlinte kan tum tlat dawn a: heti khawpa malsawmnaa min vur tawh hnu hian kan puitlin leh tlin loh chu keimahni mawhphurhna a ni ve thung tawh a ni tih hi chal pen fawk anga chianga hriain, fa hrin man awm, duhsak leh duat tlak, rilru puitling, mawhphurhna la ngam, LALPA tana chhawr ṭangkai theiha awm kan tum tlat dawn a ni.

Chu dinhmun thleng tur erawh chuan tih tur hmabak tam tak kan la nei. Huho nuna LALPA

kan hriatna leh kan pawlna piah lamah LALPA nena mimal inlaichinna leh inhmelhriatna (personal relationship) kan neih theih hunah LALPA ṭihna tak tak kan nei thei dawn a ni tih te, kan mimal nun LALPA (personal Lord) atana LALPA chu kan neih tak tak hunah mi hmuh loh pawha sual tih ngam lohna nun kan nei tawh ang tihte kan hrechiang tawlh tawlh a.

B.A. pass chhuak kan tam tawlh tawlh a, hna nei lo kan tam tawlh tawlh lai hian fa duat sualte anga thawh peih loh leh thawh hreh kan ngah ṭhin kha kan bansan tawh dawn a. Sawrkar hna chauh hi emaw 'hna' tia kan thliar (classify) hun kha a liam mek a, kan hnathawh chu a hniam leh a san lama en lovin, rinawm leh taima taka kan thawh leh thawh loh lamah kan en ṭan mek bawk a.

Sawrkar hnathawk hlawh a pung thur thur a, kuthnathawktute leh ni tin ei chawp zawngtute hlawh punna a sang mawh em em thung a. KṬP-a lungruak taka inhmang ho rengte pawh kan hlawh lakin khawsak dinhmun inang lo tak takah min dah hrang mek a. Hetiang a nih mek lai hian keini mi retheihote pawhin kan thawh chhuah mila khawsak thiam kan zir chhoh ve zel a ṭul dawn tih hriain, kan rilru

kan siam rem ve hret hret zel a; kan khawsak sang lo mahse kan ngaihtuahna chu dah mawl kan tum chuang hauh lo va; zangkhai tea khawsaka (simple living), kan ram leh LALPA tana thil ropui tak tak ngaihtuah (high thinking) turin kan insangmar mek zawka ni.

LALPAN Mizo hnam min duhsak avanga harsa lutuk lova ei kan la hmuh theih rihna hi thatchhiatpui kan tum lo va, kan Mizopuite tana malsawmna kan nih theih nan leh, zau zawka Chanchin Ṭha kan hril theih nan rual u zawk Mizo I.A.S. leh Central service-a awm mek, lo ṭil mekte hmun ruak hnawh khat turin zirlai kan nih lai aṭangin rilru nei rana lehkha zir kan tum tawh dawn a.

Kan nu leh pa, tuna kan state chhunga D.C. leh state hnuk khawih pha chinte hi an pension ruala anmahni thlaktu Mizo dang kan awm loh chuan hnam dang, Mizoram hmangaih lotuten kan sawrkar pisaa hotu nihna an rawn chang dawn tih hrethiamin, mahni in chung lum nuama hahdam taka tawma, kan kawthlera bike changkang ber chia chuan theiha lungawi mai tawh lovin, kan hnam chhan nan central service-a luh tumin rilru neih kan tum tawh ang a; chung dinhmun

pawimawh luah tur chuan ram hmangaihna rilru puin lehkha kan zir tawh dawn a. Chumi phak lote pawhin mahni phak tawk ṭheuhvah kan thawh theih apiang zahpui hauh lo leh rinawm takin kan thawk tawh ang a.

Chung zawng zawng a lo thlen kim theih nan chuan kan rilru put hmang thlak danglam a ngaih pawhin kan thlak danglam ngam tawh ang a, mahni insiamrem a ngaihna laiah pawh kan insiamrem mekzel a; LALPAN tun dinhmunah ngei pawh malsawmnaa min enkawl mekna hi mahni inhaivur nan leh duat suala kan awm nan a lo ni hauh lo va, kan hnam puite tana malsawmna kan nih nan leh hnam dang mite zinga awihawm taka Chanchin Ṭha kan hril theih nana fa tak vura malsawmnaa min vur mekna a ni tih kan hre chiang tial tial a, mahni zawn ṭheuhvah mawhphurhna la ngam turin kan puan ven kan sawi chhing ta sang sang mai le.

"I chhandamna a thlawnin ka lo nei tawh,

I malsawmna chhiar sen lohvin min vur ṭhin;

*Mahse, ka tan mai hian ka lo hmang zo,
Min ngaidam rawh, Lalpa, min ngaidam rawh."*

MIN STAR-TU KA PET

— J.H. Lal̄anpuia,
Chanmari Branch, Aizawl

Ka lo piang ve ta chêng a, han ti nghal tawp mai ila, bul fan dân tur a hriat loh hmêl asin. Ka ti nalh vêl peih lo mai mai a nih hi. Thing delh loh lung delh loh ve nafam chu mite ang mah suh ila. Chan tâwka khuarel hi chu a lo awm ve zêl zawng a nih hi maw. Khuanu ruat hringfa chhîngmit inang lo lutuk hi chu a va han pawl lo tehlul êm. Hei vâng a nih dân hi ka luck êm êm, ka ti ta reuh a. Mahni infak leh sakhi ngalah engmah a bet lo ti thin mah se kei chuan a hmul leh vun a bet ka ti ve tlat.

Ka tih vena chhan chu maw, he khawvel khualzinna ramah hian khawvel mite lakah hian siamtun Celebrities ni ve turin min hûng tlat hi alawm, tu khaw hriat lova ka lo inchhuan ve êm êmna chhan chu. Hrethiam tawh mai em? Hawina lam apiangah min iai lotu hi an lo kat ve nuk zêl a, awi ka buai ru deuh, ka duh athu hi a ni vek mai a, mahse ka tân chuan tlukna thang hlauhawm a chang thei an ni fur si. Nalh tak takin mize hrang hrangin a lo lang si a, a tân chuan si-ar lâk chang ka huam lo va, lâk sa pawh ka chuanchim vek huam hial. 'Kristian kal fimkhur

rawh, hlauhawm a hnai, Setana thlemnain i vêl a dâp,' tih hla hi ka nun famkim lovah hian a lo lang leh thin a. Khawvel tukverh aţanga ka thlir châng hi chuan a va hnawk tak êm, ka ti rilru leh ţuai ţuai thin. 'Hruaitu Krista ni suh se ka tlâwm ngei ang.' He ka hringnun kal tluang pangngai thik hian Pathian hnen ata Setana chuan indanpuiah mi sâwm fo va, a lanna tlâng dang aţang chuan a hmêl pawh a ţa thlâwt e, zîng ni chhuakin a chhun tuitai ni chuang ang pheu hian ka hmu a, a va îtawm tehlul êm ve le, a hmui mawizia te lah chu lazai sen kai luh sa ang hiamin a mawi sa reuh a. A lai bute lah chu buh chhunvum sa kiamna ngai loh ang mai, âm takin nênten ka chawi mu ang a, a hmui kawngkharah tak chuan ka dâwt vawng vawng mai dân em niang le, tiin suangtuahna khawvel tukverh aţang chuan a hmêlţatna ka thlir zui vawng vawng thin.

Ka ngaituah zui nasat poh leh a zûna ùai chu na dân hlein ka hria a, lêngdang tawnah ka chhîngmit hi chu a va han la Chiang tehlul reuh êm. 'Ka hàng nâa ka nalh a nia,' ti kher lo mah se, ka hringnun thawipik tak hahchawlh nâna thlan ve mai chu ka nâp rum rum thin. Ka inhre lo, mahse a mitah ka lo duhawm ve ngang a niang, ka hmangaih ve hauh lo tih a inhria nge ni ang le? Tlâwm leh zah dân hauh lovin thin dang pathum hruiin min

pawngsual ve ta reuh a, min keuh ve chhak mai, mahse theitawp ka lo chhuah tlat avangin a hlawhtling lo. He ti nanana chu, tia a tâng nêma han pawm zui ve vung vung mai ka nâp ta rum rum a, a pangti lumte chuan danglamna riau a nei lehngal. Mahse ka chuk zui miah lo nia, tih tawh loh lamah chuan pa ve tak chu ka ni, 'Ka thlang sual e Thailungliani, damchung hrêngan mi tântir,' tih ang mai kha ka iang zo ang tih ka hlau tlat a.

Kei chuan duh dân tâwk thiam dân mah ila a ni chuan a thiam dân hauh lo tih a mizia a tâng chuan a lang reng si a. Chutih a hnehin mi chhài hlum thak hi a hreh lo tih chu a thlen chin zêl a tâng ka lo hmuh rûk sa a ni tlat baw. Ngaihnep rûk sa nâk alain amah vanga famchan hi ka zuam mawlh lo a ni, ka thalaipui eng emaw zah piallei thuahriat hnuuia a lo zalh hnem tawhzia te chu ka hre chhuak nawn leh uaih uaih a, luhlul tukhum pàwn chhuaha han thlan luh chi ziazâng a ni lo. Ani nen hi chuan Kraws chuan min then hrang tawh ka inti ve tlat a, mahse enga ti nge niang? Heti tak maia min han zuamna chhan tur hi niang aw, ti chunga ka ngaihtuah chhuah ták chu hei hi a ni, a lakah chuan Model ka lo ni miao alawm mawle. Rin phak bâkin a lo zakthei lo reuh a, tlâwm zai rêng a rêl thei lo.

A hmêl leh pumraw mawinate

chuan mi sâwm tak meuh thîn mah se, nei ta ila rei ka hlímpui thei ang em? Mite pawn an nei tho alawm, tia han kuah haw ve hnâp chu a châkawm ve reuh thîn khawp mai, mi hnial lo viau lehngal a. Mahse an thlahtu chung leh kua ka thlir hian tumah hlim zui hi ka hmu lo va, chungkaw paradís din tumah an awm lo. Kristian chungkua tih lam chu sawipui ahnehin mi hnial fithla thak a. Chu mai a ni lo, tharum thawh mai pawh a hnial miah lo nia mawle.

Tin, a tawngkam a tâng ringawt pawhin mi chapo tak a ni tih chu ka hmuh chhuah belh zêl bawka, amah avang pheng hian chungkaw inhauna leh nupa tâng then an tam êm êm bawka. Chutih laia vânglai tha sùn a, 'Ka hmangaih che,' tia a tâng nêma han bei ve vung vung mai chu tidik hian ka inring mawlh si lo. Sum lu inchuhna khawvelah hian lo nei ta teh reng pawh ni ila, a tawpah camping luh leh rih ngai dânin ka hre baw si a, hman ka inti dân der si lo. Hrechiang loho lah chuan chi leh kuanga inzawmna nei hauh si lovin chungkaw enin an lo inen ve leh ta nghal a. Ani neih ai chuan lêng tar làw làw ang, tih chu ka chatuan hla mawi ber a ni zâwk hial âwm asin. Zu hi TAKSA LEH THLARAU tân Seol khawngkhar min hawnsaktu a ni. Min star-tu chu ka pêt ve chiang a nia!

INNGAIHZAWNNA LEH SEX

— Rev. Laltharzuala
Outramlines, North Delhi

Mizo kristiante hi nula leh tlangval inngaizawnga innei thin kan ni a. Nula leh tlangval inkara induh tawwna leh inhip tawwna kan han nei ringawt mai hi Siamtu thil siam mawi tak a ni a. Nun a tinuama, mi a ti hlim thin. Inngaihzawn chungchang kan sawi hian ngaihzawng nei turin kan infuih a ni lo va. Lehkha zirlai phei chuan ngaihzawng neih loh hi a tha ber a, ngaihzawng neih loh hi mi pangngai lo nihna pawh a ni lo. Mahse, mihringin a hun kan tawng thleng a, kan inngaihzawn thin avangin he thu hi sawi a ngai a ni. Kan thiante, kan rual u zawkte, kan lehkhabu chhiar te, Electronic Media a kan thil chhiar leh en thin chi hrang hrang leh mita kan hmuh leh benga kan hriat thil dang te hian INNGAIHZAWNNA LEH SEX (mipat hmeichhiatna) chungchang hi min zirtir a. Kan hmuh leh hriat ang kha inngaihzawn dan tur emaw tih a awl khawp mai. Ngaihzawng nei tir tan phei chuan an ngaihzawngte tih ang ang kha inngaihzawn dan tur emaw ti pawh awm theih tak a ni. Chuvangin, inngaihzawwna hi sex hman sualna atan kan hmang ta

thin a tih theih awm e. Inngaizawng hauh lo pawhin sex hi hman sual theih a ni a. Inngaizawng induh tawn bawksi tan phei chuan chet sual a awl lehzual ang. Thianghlim taka kan inngaihzawn theihna turin Sex chungchanga Bible zirtirna hi kan hriat hmasak a tha ang.

I. BIBLE ZIRTIRNA ENNGE NI? : Bible-in Sex chungchang min zirtir dan hi kan thil thlir dan tur dik lo thei lo a ni a. Chu chu hetiang hian a khaikhawm theih ang. (Ramsa/Ransa pawl loh tur thu (Ex.22:19; Lev.18:23; 20:16; Deut.27:21) te, thisen zawmpui neih/sex hman pui (incest) loh tur chungchang (Lev.18:1-30) te chu hriatsaah ngaiin ziaak belh vak lo ila).

1. Sex hi mipa leh hmeichhe kara hman tura Pathianin a siam a ni. (Gen.1:27; 2:18-25; Lev.18:22; 20:13; Rom 1:26-27; 1Kor.6:9-10; 1Tim.1:9-11). Mipa leh mipa emaw hmeichhia leh hmeichhia emaw karah sex hi hman tur a ni lo a. Sex hi mipa leh hmeichhia, nupa kara hman tura Pathianin a siam a ni.

2. Sex hi nupa karah chauh hman tur a ni (Gen.2:24-25; 1Kor.7:2-3; Heb. 13:4). Thuthlung Hlui leh Thar zirtirna pum pui atanga thlirin sex hi nupui/pasal te chauh hmanpui tur a ni tih kan hria a. Inneihna pawn lama sex hman hi Bible zirtirna pawn lam a ni.

3. Nupui/Pasal neih hmains sex hman loh tur. Inneih hnuah pawh

nupui/pasal ni lo te nen sex hman loh tur a ni (Deut.22:13-30; Rom.13:13-14; Gal.5:19-21; Kol.3:5; 1Thess.4:3-5; 1Tim.1:9-11; 1Pet.4:2-3). Thuthlung hlui leh thar zirtirna aṅanga a lan dan hian Pathianin a ruahman danah chuan nupui/pasal neih hmian sex hman loh tur a ni a. Virgin ngeia nupui/pasal innei tawn turin Pathianin min siam a ni tihna a ni. Tin, nupui/pasal-te ni lo sex hmanpui hi Bible zirtirna kalh a ni bawk.

4. Sex hmang sual/Virginity hloh tawh sima piangthar te Pathianin a ngaidam, Second chance a pe. Second virginity hum him rawh. Mihring chu Suala tlu a nih miao avangin Pathianin a awmdan tura a ruat chu pawma zawm mai lovin duh dan hrang a lo nei ta a. Amaha awm Sual chākna tipuitling turin a inhmang ta ṅhin a. Hei hi suala tlu tawh zia chu a ni. Hei vang hian Pathian duan dan ang lova sex hmanna hi a lo awm ta a. Miin sex a hman sual hian tlu tawh chhanchhuah ngai a nih zia a lanna a ni. Miin inthiam lohna nei miah lovin Bible zirtir loh dana sex a hman chuan Sual Setana fa a ni pum hlum vek tihna a ni mai. Thima awm siin, "Amah ka pawl," kan tih chuan dawt kan sawi a ni, thutak pawh chu kan zawm lo (1Jn.1:6); Pathian hriat an duh loh avangin, thil mawi lote ti tura a duh loh zawng rilru neih phalin Pathianin a hawisan ta (Rom 1:28). Mahse, keini chu hetiang hi kan ni love. Sex hmang

sual te'n rilru inthiamlohna an nei ṅhin. Hemi sual inhriatna hi Thlarau Thianghlim hnathawh a ni. Sex-ah hian kan lo inhmang sual tawh a nih pawhin sima, a hnena kan tluk luh pawt chuan Pathianin min ngaidam a ni. Dan hmanga uire den hlum tur pakhat pawh kha Isua hnenah an rawn hruai a. Lal Isuan chu nu chu thiam loh chantir lovin a ngaidam a, tun hnuah tisual leh tawh lo turin a hrihl (Jn.8:1-11). "Sual ka nei lo," kan tih chuan mahni leh mahni kan inbum a, thutak chu keimahniah a awm lo a ni. Kan sualte thupha kan chawi chuan kan sualte ngaidam tur leh kan fel lohna zawng zawng tlangfai turin amah chu a rinawmin a fel a ni (1Jn.1:8-9).

Hei hi Thuthlung Hlui leh Thar danglamna lai tak chu a ni. Danah chuan den hlum tur tih kha a ni a. Kristaa lo lang Pathian Khawngaihnaah chuan misual simte chu Pathianin a ngaidam a. A ngaidam mai ni lovin leiah leh thih hnuah pawh nun thara nun lehna Second Chance Pathianin a pe a ni. Chu chu Second Virginity kan tih hi a ni a. Pathian hmangaih let-thung ve zawkna avanga a duhzawng anga nung tawhin Second Virginity humhim rawh. **Kal la, tun hnuah tisual leh tawh suh.**

II. SEX CHUNGCHANGA BIBLE ZIRTIRNA ZAWM TURIN KAN INNGAIHZAWNNAAH HIAN HENGTE HI KAN VAWN TLAT A PAWIMAWH ANG.

1. I piangthar tur a ni. Pathian thu anga nung tur chuan Pianthar a ngai. Piangthar lo tan that der reng theih a ni lo. Piangthar lo chuan kan pianthar theihna tura min ñanpui theitu hnen pan vat mai tur a ni. Piangthar si lova mihring tumna ngawta kan beih chuan kan inrin hman hmian kan virginity kan hloh thut ve thei tho. Virginity hloh tawh te pawh sim a, Pathian ngaihdamna chang turin pianthar tur a ni. Chutiang mite tan Second Virginity Krista zarah a awm e. Virgin pawh Virgin lo pawh pianthar hnuah sex suala tluk theih a ni. Mahni inthiam loh rukna nei chung a ngawi bo mai mai lovin min ñanpui theitu tur hnen pan vat a ña.

2. Inkawmna hun leh hmun. Mizote hi nula leh tlangval (mipa leh hmeichhia) inkawm ho thin hnam kan ni a. Nula leh tlangval inngaizawng thin hnam pawh kan ni. Hei hi thianghlim taka kan hman thiam zel a ñul hle. *Kawngka chung lam inkalh hnan chung a nula leh tlangval inkawm dun hi pumpelh tur. Thim thama nula leh tlangval inkawm fal pawh hi a thianghlim lo lam kawng zawhna hmawr a ni baw.* Inkawmna hun leh hmun hi fimkhur a ngai khawp mai. Midangte mitnei ven tur awm lo leh mi min hmuh leh hriat phak lohnaa inkawm fal hi khawvel chuan nuam a ti thin. Mahse, hei hi pumpelh tur, chetsualna hmawr a ni.

3. Invenpui a pawimawh. ñhian te, unau te, fa te, etc.,

inngaizawng te hi sex-a an inhman soal lohna turin invenpui a ñangkai thin. Min hmangaih tute venpui theih a awm bawkw tur a ni. Inngaizawng venpui theih hauh loh hi chu an che soal tawh emaw an chesual ñep tawh emaw a ni duh hle. Venpui theihin awm ila, kan him ang.

4. Mipa hi an hlauhawm tak meuh, hmeichhia te fimkhur a ngai zual. Sex hmang chiah si lova ngaihzawngte nena inkuaha awmdun chial mai hi hmeichhiate hian nuam an tiin an duh tawkw thei mai a. Mipa ñhenkhatte erawh chuan chu chu duh tawkw lovin, Sex hmang tura tharum hman pawh an hreh lo mai tawh thin. Chuvangin, hetiang a awm hi pumpelh tur a ni. Hmeichhiain kan kekawrte leh bra te khawih thei a kan awmtir tawh hnuah mipa sex ti lo tura ngen hi a lo tlai viau tawh thin. Hengte leh hemi chung a mite hi kan Inneih hma chuan khawih tir loh reng reng tur a ni. Tin, mipa ñhenkhat lah hi an ñhiante bula an nula tlawm tawh sawi ching an nia, miin an hre lo emaw kan intih chhung hian min lo hre ru ve kar thei tlat. Nula te kan fimkhur hle a ngai a ni.

5. Hmeichhia pawh hi hlauhawm tak an ni. Tlangvalte pawh hi hmeichhe zeï tawh lailengin chet soal tum rana min kawm chuan inrin hman loh awm ve thei tho a ni. Kan harh chhuah meuh chuan, "A va pawï tak em!" kan ti chul mai ang a. Kan third-

choice (duh ber pathumna) vel kha dam chhungin kan chul kan chul tawh mai dawn a ni. Hmeichhe lakah hian fimkhur ngai tak a ni tho mai. Hmeichhe sual chuan mipa te hi an tichhe khaw lo vek thei a ni.

6. Date-rape hi!!! Tlangval an ngaihzawngte Date-rape (a fala inhmuhnaa sex hmang tura nawrhluih/pawngsual) ching an awm thin. Bible zirtirna zawmtute chuan hei hi tih hauh loh tur a ni. Kan ngaihzawngte'n min Date-rape a nih chuan chutiang chu kan duh loh thu chiang taka hrilh ngam tur a ni a. An awih loh phei chuan ban daih ngam tur a ni. A thing tlat. Tin, rape (pawngsual) theih a awmna tur hmunah in date (inhmuhpui) loh nachang hriat tur a ni bawk.

7. Inkhalhsak hi chin loh tawp tur. Taksa bung hrang hrang inchul saka, inkhalh saka infawh sak vel hi Bible Pathian thu a pawmtute inngaihzawn dan tur a ni lo. "Kan inkhalhsaka kan che sual lo," titute hi an chesual nge nge thin. Inngainatna lantirna tura ding chungah han inkuah (hug) deuh thuak leh a hun leh hmun a zira han infawh ve zauh hi a tawk viau. Tisa chakna chhuak khawpa infawh/inkhalh hi chu inngaihzawnzia lantirna ai mahin sex hmang tura inbuatsaihna (foreplay) a ni tawh thin a, chu chu nupui/pasal neih huna mi tur a ni e.

8. Tih chhin zauh chi a ni lo. Tih chhin hi a paw. Kan tichhin

zauh a nih chuan min bawih tlat thei a ni. Chhuah leh a har viau thei a ni. Tih chhin hi chak loh tur. Kan lo ti palh a nih pawhin a vawikhatnaah min tanpui theitu tur mi puitling, e.g., Pastor, Kohhran Upa, etc., pan nghal vat a tha ber. Vawihnih hauh loh tur a ni; chutilochuan, a paw thui thei viau a ni.

9. Duh ngawih ngawih pawh ni se, sex hmanpui tum rana min ngaizawngtute chu ban ngam tur a ni. An lakah inpek hauh loh tur. Amahni aia tha Pathianin min pe leh ngei ngei thin a ni. Inngaihzawng chesual ta te hi inngaihzawn ve leh a chesual awm theih ni mah se, chutiang chu a ni lo fo. A tlangpui thuin an inrintawna, mi dang ta ni lo tura an inngai hnuah leh anmahni chauh lo chu mi dang nei lo tura an inngai hnuah sex an hmang ta thin a tih theih awm e. Kan ngaihzawngte kan ring ngam tawh a, an bula awm a nuam kan tiin kan thla a muang siai tawh mai a, anni'n sex hmanpui min lo tum ran mai a nih bawk si chuan chetsual mai a awl thin. Chuvangin, kan inngaihzawn hian hetiang hun hi fimkhur a tul leh zual hun a ni.

10. Kan ngaihzawng chu amah aia min duhtu leh amah kan duh anga duh dang nei thei tawh ngai lo turah inngai hauh loh tur a ni. Kan han inngaihzawng min duh bertu niin kan hria a. Keini pawh ani aia duh dang nei leh thei turah

kan inngai lo hial thei thin. Chan kan hlau ngawih ngawih mai a ni. Hetiang hunah hian mi ze (kan ngainat zawng tak, min duh leh duat bertu ni a kan hriat; amah anga duh dang nei leh thei lo turah kan inngai a ni tih leh thu ho lam mai mai pawh kan hrilh ngam khawpa kan nel theih tura awm thiam) kan lo tawng palh a nih chuan BUMTU an ni thei! Chuvangin, kan ngaihawng chu tu pawh ni se amah aia min duhtu leh amah kan duh anga duh dang nei thei tawh ngai lo turah inngaih hauh loh tur a ni. Mi ze lakah hian kan duh thu ngei a inpek a awl thin an ti nia!!!! Kan hma lamah hian anmahni aia tha zawk, keimahni pawhin kan duh zawk daih hi Pathian thu kan awih tlat chuan kan la tawng dawn chauh a lo ni thin a. Nupui/pasala kan insiam hma chuan tute lakah mah inpek loh tur a ni.

11. Mi inrual tlang deuh hi inngaihawng a tha. Kumah leh experience-a inrual tlang deuh te hi inngaizawn a fuh fo. Kan ngaihawng chu mahni aia experience lo nei fe tawh a nih chuan kan inrin hman hmian kan awk tlat thei. Ngaihawng hmasa ber atan phei chuan ngaihawng 2/3 vel nei tawh a nih tih kan hriatchian sa ang phei chu neih loh a tha ber, min phih awk tlat mai palh ang tih a hlauhawm a ni.

12. Ngaihawng kawp loh tur, dawt sawi a ti ngai thin. Inngaihawngnaah hian

ngaihawngte'n an hriat loh hlana midang kawp ching an awm thin. Hei hian dawt sawi a ti ngai thin. Bible chuan ringtute chu "...dawt inhrilh tawn suh u (Kol. 3:9)," min ti a. Diabola chu dawthei a ni a, dawt pa pawh a nih thu (Jn.8:44) kan hmu bawk. Ngaihawng kawpa dawt sawi chu Diabola fanu/fapa nihna a nih avangin tih chi a ni lo.

13. Ngaihawngte nena inthen chungchang. Inngaihawng lai hi a tul chuan inthen theihna hun a ni. Kan ngaihawngte'n eng vang pawha inthen an duh chuan inthen mai tur. Ngaihawngte chetsualpui a pawina em em pakhat chu, then duh mah ila, sual rim nam rum ruma ngaihawng/ neih beh tlat min tum theihna remchang siamna a ni hi a ni. Chu chu min duh em em vang pawh a ni lo, anmahni an inkhawngaih keuh keuh vang mai mai a ni fo!? Kan chesual tawh emaw chesual lo emaw then kan duh chuan kan then ngam tur a ni. Inthen kan duh tawh a, ani'n a duh si lo va; kan chetsual tawh vang emaw thil dang vang emaw a kan hlau a nih chuan kan nu leh pa te emaw Pastor/Kohhran Upa te emaw hnenah thudik tak hrilh a tanpuitu zawn ngei ngei tur a ni. Tumah anmahni hlauhna nei chungin neih loh tur, inthen leh mai a tiawlsam thin. Tin, kan ngaihawng neih lai mek chu eng vang pawh a then kan duh a nih chuan mi dang kawp kher lovin, an rilru tina lo thei ang ber tura hrilhin tha taka inthen fel a.

Chumi hnuah midang nen inngaihzwawn chauh tur a ni.

14. Kan duh leh hmangaih tak, chhungte'n an thinlung taka min duhpui ngei le. Nupui pasal mai ni lo ngaihzwawng atan pawh hian kan duh leh hmangaih tak, chhungte pawhin min duh pui ngei hi neih tur a lo ni. Chhungte laka kan zahpui leh thup deuh hi chu keimahni tana tha vak lo tur mi an ni duh viau thin. Tin, thiante lakah pawh kan zahpui deuh mi ni lo, kan chhuan ruk deuh zawh mah ni thei se a tha lehzual.

15. Virgin ngei a inneih tur, chu chu Pathian ruahman dan chu a ni. Virgin neih tumtu chauh ni lovin, Virgin nih tum tur a ni. Virginity hi nupui/pasal te tana thilpek hlu ber a ni. Kan la virgin a nih chuan chu chu nula/tlangval piangtharte awm dan tura LAL ruat a ni, I zak lovang u. Pathian hnenah lawmthu sawiin, chhuang zawk mah ila. Nupui/pasal kan neih hma chuan I vawng him tlat ang u. Pawngsual vang emaw tawh sual dang tawh vang emaw a kan virginity kan hloh a nih chuan Iinthiam lo duh suh ang u. Kan thiam loh a ni lo ve, sual dang tih phah nan I hmang lovang u. VIRGIN kan la ni. Min duh leh hmangaihtu tak chuan hnualsuat miah lovin min pawm thlap tho ang. Kan sualna avanga kan virginity kan hloh a nih chuan SIM nghal hmak ila, Pathian khawngaihna kan tan chan tur a awm reng e. Chu chu

changin kan second virginity chu I vawng him tlat tawh ang u. Kan virgin emaw virgin lo emaw, mi a sualna sim a Krista kraws avanga Pathian ngaihdamna changtu chu, kan duh leh hmangaih zawng tak a nih phawt chuan I hnualsuat reng reng lovang u. Pathianin a ngaihdam tawh chu keini pawhin kan ngaidam tur a ni. Thil siam thar, Krista kraws thisena silfai tawh a ni a. Kan induha kan inhmangaih tawn a, Pathian khawngaihna chang tak zettu kan nih ve ve phawt chuan nupa hlim ber kan nih loh nachhan tur a awm lo reng reng. Sual sim a, Pianthar a ngai a ni.

III. TLANGKAWMNA

Kan ram hi chhungkuaah kan na hle mai. Keimahni leh kan khawtlang, kohhran leh ram leh hnam damna kawng pawimawh ber pakhat chu kristian chhungkaw din hi a ni ngei ang. Kristian chhungkua din turin kan inngaihzwawn dan a fuh a ngai. Kan inngaihzwawnaah hian a chung a tarlan point sawmlehpanga (15) te hi kan vawn tlat chuan Pathian thu ang taka nun invawn thianghlimna kawng kan zawh tihna a ni a. Kan mita kan hmuh leh beng a kan hriat khawvel thil dang aiin hei hi kan inngaihzwawnaa min kaihruaituah I hmang ang u. Kristian chhungkua din tur chuan Bible-in Sex chungchang min zirtir dan zawm tlat thei tura kan inngaihzwawn thiam a tul a ni ber mai ♦

BIBLE CHANG LAWRKHAWM

— Lal̄thamawia Bolchhim Electric Veng Br, Champhai

- ☞ Af̄irin Pathianin lei leh v̄an a siam a.
- ☞ Engkim azain ama siam a ni; thilsiam zawng zawng hi ama siam loh engmah a awm lo.
- ☞ Min siamtu chu amah chu ani a, ama ta kan ni. A mite leh a ran tlatna hmuna beramhote chu kan ni.
- ☞ Beramte chu a ding lamah a dah ang a, kelte erawh chu a vei lamah a dah ang.
- ☞ Chuvangin LALPA in Pathianin thu a pek che u anga ti turin fimkhur rawh u; dinglamah emaw, vei lamah emaw in peng tur a ni lo.
- ☞ Ngaihven ula, fimkhur rawh u; in khingpui Diabola chu sakeibaknei rum ṭhin angin a ei theih tur zawngin a phi ruai ṭhin;
- ☞ Kan hrilh ang ngei che u khan phili ruai lovin mahni hna ṭheuh nei tlatin mahni kut ngei hmangin hna thawk rawh u;

- ☞ Pathian Lehkha Thu chuan, “Sebawngpain buh a chil laiin a hmui phuar suh ang che,” a ti a. “Hnathawktu chu a hlawh hmu tlak a ni,” a ti baw a.
- ☞ In hnena kan awm lai pawh khan he thu hi kan pek che u kha, “Tupawhin hna a thawh duh loh chuan ei pawh ei suh se,” tih hi.
- ☞ Chu mi avang chuan ei tur hian ka unau a tihtluk chuan, ka unau ka tihtluk lohna turin kumkhuain sa reng reng ka ei tawh lo vang.
- ☞ “Tluknate avangin khawvel chung a pik e! Tluknate chu lo awm tur reng zawng a ni a; nimahsela tlukna awmtirtu chung chu a pik e!
- ☞ Tute nge chungpik ṭhin a, tute nge lungngai ṭhin a, tute nge inhau ṭhin? Tute nge thubuai nei ṭhin a, tute nge a vang awm lova hliam tuar ṭhin a, Tute nge mit sen rem rum ṭhin le?
- ☞ Zu hmuna awm reng ṭhinte, Zu chawhpawlh in ṭhinte an ni.
- ☞ Uain hi nuihzatbura mi siamtu a ni a, zupui hi insual bung bungna a ni; Chu mi buma awmte chu an fing lo a ni.

- ☞ Bumin awm suh u; Pathian chu hmuhsit zia a ni lo ve; miin a theh apiang, chu mi vek chu a seng bawk dawn si a;
- ☞ Mahni tisa lama thehtu chuan tisa mi chhiatna a seng ang a; Thlarau lama thehtu erawh chuan Thlarauva mi chatuana nunna a seng dawn a ni.
- ☞ Chatuan nunna neihtirna khawp kan Lalpa Isua Krista khawngaihna chu nghak chungin, Pathian hmangaihnaah chuan invawng tha rawh u.
- ☞ Tin, sual a la pun dawn avangin mi tam zawk hmangaihna chu a la dai ang.
- ☞ Hmangaihna nei lo chuan Pathian a hre lo; Pathian chu hmangaihna a ni si a.
- ☞ Miin Pathian hriatna avangin tuar loh tur tuarin lungngaihna a tuar hram hram chuan chu chu Pathian lawmzawng a ni si.
- ☞ Thlemna tuar hram hramtu chu a eng a thawle; fiaha a awm hnuin nunna lallukhum, Lalpan amah hmangaihtute hnena a tiam chu a hmu dawn si a.
- ☞ Anni zawngin lallukhum chhe thei hmu turin an bei a, keini erawh chuan lallukhum chhe thei lo hmu turin .
- ☞ Thing tha a rah chhe thei lo va, thing chhia lah a rah tha thei hek lo.
- ☞ Thing tin rah tha lo apiang chu an kit a, meiah an paih thin.
- ☞ Tin, i kut ding lamin a tihtluk che chuan, tan la, paih daih rawh; i taksa apuma Gehenna-a kal ai chuan, i taksa peng pakhat boral chu i tan a tha zawk a ni.
- ☞ Kraws thu chu boral mekte tan chuan atna a ni si a; keini chhandam mekte tan erawh chuan Pathian thiltihtheihna a ni zawk e.
- ☞ Chhandam mekahte leh boral mekahte chuan Pathian tan Krista rimtui kan ni si a;
- ☞ A tawp berah chuan unaute u, lawm takin awm rawh u. Tihthat famkimin awm ula; thlamuang takin awm ula, rilru hmunkhat pu ula, lungrual takin awm rawh u; tichuan hmangaihna leh remna Pathian chu in hnenah a awm dawn zuk nia.
- ☞ Lalpa Isua khawngaihna chu mi thianghlimte hnenah awm rawh se. Amen.

Hruaitu CHANCHIN

T. Upa Lalramdina Ralte
Committee Member, Central KṚP

‘Pu RD’ tia koh, Tual Upa Lalramdina Ralte hi Upa Lalhmिंगliana (L) leh Pi Lalthansiami te karah kum 1976, 11 May khan a piang a. A pianna Armed Veng-ah tun thlengin a la khawsa zel a ni.

Pu RD-a hi mize zawi leh nghet tak ni bawk si a ni a. Ṭawng tam lutuk love ti lovin, pa titipui nuam tak a ni thung tlat lawi a. Pa lian pui a ni lo naa, Mizo pa vantlang, feet 5 leh inchi 6-a sang niin, kg 84 buk phak a ni.

Kum 2007, 19 October-ah Zarkawt nula, Pu C.Lalzamlova(L) leh Pi Lalrammawii Sailo te fanu duat C.Lalthanmawii nen an innei a. Nupa lungruah leh hlim tak an ni. A hun tawna a hlim ber pawh ‘nupui a neih ni’ ngat a ni.

Nazareth English Medium School, Chhinga Veng-ah zirna lamtluang zawh ṭanin, Hrangbana College-ah B.A. a zo a. Hemi hnu hi chuan eizawna lam ngaihtuahin, Health Department-ah a thawk mek a ni.

Pathian rawngbawl naa mi inpe leh tui tak a ni a. Armed Veng Branch KṚP-ah Asst. Secretary, Secretary, Leader te a lo ni tawh a; tunah hian Asst. Leader a ni mek a

ni. Kum thum chung Bial KṚP Secretary hna a chelh tawh a, chumi hnuah Bial KṚP Leader niin, tun thlengin he chanvo hi ṭul tak chungin a chelh mek zel a ni.

Hetiang taka KṚP lama inhmang chung hian, tunah hian Armed Veng North Kohhran Asst. Secretary a ni mek a, Sacramento Deptt. Leader a nih bakah Bial Standing Committee member a ni mek bawk a ni.

Khawtlang rawngbawl na lamah pawh YMA Section leh Branch-ah te committee member lo ni tawh ṭhin a ni.

Mak angreng tak chu ‘Hobby ka nei lo’ a ti tlat hi a ni. A ṭhiante erawh chuan ‘Pathian rawngbawl’ hi a hobby an ti a. A tawn chawp nuam ti thei zel a nih miao avangin ‘hobby’ a ngah viau mai tiin a sawi theih bawk.

Infiamna lam pawh a tuipui thei deuh vek a. Football leh Cricket erawh chu a tuipui zual. Zai lam pawh, thleng sang lem lo mah se, a tui thei mai zel a. A hun tawn azirin eng hla pawh a duh vek mai- Pathian hla a nih chuan.

Mi chapo leh intivei a lawm vak lo a, mi nunnem leh rinawm te chu a lawm zawng tak a ni.

Hun remchanga chaw eia i sawm duh a nih chuan chawhmeh uih lampang hi a ngaina lo tih hriain, chutiang ni lo chu lo chhawp la, thildangah chuan harsatna a awm lo. Vawksa erawh chu a duh em em. Biak duhna i nei a nih chuan 9436360865 *dial* mai tur a ni e♦



HRINGLANG TLÁNG

TAHNA RUAM ZET CHU

Zirtawpni tlai a ni a, weekend a ni bawk a thawveng leh him taka haw tur ka ni a. Mahse ka hun tawngin a zir lo nge keiman ka zir lo zawk...? In ka thlen veleh ka pheikhawok ka tlawh hlip nghal a, Sofa ah ka thu hnawk a, ka thaw halh halh a. Eng nê teh hrep nge ni? Tunkar ber kher chu! Eng kum teh chai nge maw ni le? Aw.... mihring nun hi!!

Rilru a hah leh ñan ta, a thim zawnga ngaihtuahna nasa takin a lo lut zut zut mai a. Hlawhchhamna chhum dum tak min khuhtu chuan ka ngaihtuahna fim chhete pawh chu a lem zo a ni ber a. Ka thinlung rit tak mai chuan beisei a ti bova, 'beidawng' an tih ang hi ka lo ni ta!!

Tunah chiah hi chuan nun hi bansan a inthiar fihlim ka duh a ni! Nun hi a khirkhkan lulai em mai! A hnawk vel nuaih mai. Kawvel hi ka tan awmna tlak lo a ni ber e. Eng nge ka nun ve reng chhan tur awm? Kawvelah hian mi 2/1 tal ka siamtha em? Awm ve reng nachhan tur ka nei em? Eng nge ka nun chhan? bakah tunge min ngaihtuah? Pathian in min ngaihtuah em?

He ka tawrhnaah hian hmelma pa setana chuan theihtawpin ñan a lo la a, ka rilru fumfe lo zet chu pawisak neihlohna in a rawn deng dut dut mai a. Mahse he ka thil tawna pawl ber mai chu setana hmun kiana keimaha a duhzawng ka tih tir kha a ni. Ka hlimna ka rukbo tir a, ka thlamuanna, ka thawvanna, duhtusam leh... a... ka rinna thlengin min khawih chhiatsak ka lo phal a!! Tunge ka dem ngawt ang? Keimah a ni keimah vang vek!!

Lehkhabu engemaw zat ka lo chhiar ve tawh a, tin Pulpit a thusawi añang te pawhin Rinna (antam chi tiat lek tal pawh) chauh lo chu engmahin Pathian a tilawm lo tih ka lo hre tawh ñin. Tunah chiah hian a ni ka rinna tiat chu a hriat ta. Pathianin min zirtir a tum chu ka rinna, te tham hle mahse a ñang lian thein Pathian a ti lawm thei tih hi a lo ni.

Chuwang chuan engtin tin emawni he êng te tak te hian ka chung a thimna chhah tak awm chu a chhun eng a, ka lungngaih thuk ber laiin a lo êng ta phêt phêt a, ka thinlung hliam chu he beiseina si per hian a rawn khawih ta a. Beiseina beidawng tawh chu hmana ka lo hriat tawh thu hmangin sawi harhin a lo awm ta.

Ka thinlungah zawi raih hian Pathian aw a lo ri a. "Ka nau, tuna i buaipui mek i rilru hah leh beidawna kha thildik a ni lova, nangmah ngei

kha ka thilneih hluber i ni a sin. Ka hmangaih tazoh che a, ka hmangaih reng ang che" a ti a. Pathian chuan a fapa mal neihchhun ngawih ngawih ka tan a lo thih tir tazoh chu min ngaihtuahchhuah tir leh a. Kan lo bawhchhia a, khawngaihna kan tluksan pawh a ni thei, Pathian chuan a hmangaihna tawp lovin min lo hmangaih reng a. Thingthi-a a hma a kan kunin kan hnenah a lo awm thin.

Kalvari tlanga Isua a thawk a tawp rual khan vana kan Pa, Pathian chuan a thatna ropui tak avangin mihring te hi chhandamtu leh tlantu min lo pe a. Tu tan pawh thin tha ber Isua Krista min lo pe reng a.

Beidawna leh thih hial duhna thinlung kan put leh thihna kotlanga kan din pawhin Isuan min lo hmu reng a. Engkim ti theia chuan hmun tina awmin mi zawng zawng hi a hmu a. A mit ngeiin. Thihna kan tawh pawhin Pathian, kan Pa chuan a fapa thihna chu khawvel tan a lo pe tazoh a. Thilthlawon pek hlu ber changin a kiangah chatuanin kan awm tazoh ang.

He thilthlawon pek Isua Krista hi kan thinlungah lo Lal leh Chhandamtu atan lawmlut ila. Tichuan phurrit, lungkham, buaina, mamawh, chungpikna leh harsatnate amah pe thung ila, anin min lo chhawok thin a lo ni.

I nunah danglamna siam turin Pathian thutiam leh Malsawmna i dawon te kha vawiin ngei hian puangchhuak tazoh. Vawiin chiah hi kan hun neih a ni a. Nimin a liam tazoh a, naktuk a lo la thleng bawk si lo.

Hei erawh i hrereng ang, i ngui ruai a, nun thlakhlehna tak pawh i nei lo a nih pawhin thutawp siam mai lovin han in beng kang leh hram la. Pa in thilpek hlu ber nang, kei leh mitin min pek hi.

A chang chuan Pathian hi awm ta lo emaw hla taka awm daih emaw tih a awl thin. Mahse a tak takah chuan hmun tina awm a ni, engtikah emaw chuan hmaichhan ah, face to face ngeiin kan chhandamtu chu kan la tazoh dawn si a. Chu ngaihtuahna ringawt pawh chuan min ti hlum a, ka lo nui leh thei ta a ♦



■ *Sweden ram lalnu hian a lunghlute hralhin a hralhna atanga pawisa a hmuh chu tar chaklo leh enkawltu nei lote dahkhawmna hmun tanpui nan a hman thin a.*

Ni khat chu chutianga a tanpui thin tar chaklo dahkhawmna hmun chu a tlawh a. Pitar pakhat, a chhungten an thlauhtlak der tazoh hian lawm avanga a bianga mittui luang zawih zawih hian lalnu kut chu a vuan a, a mittui chuan lalnu kut chu a far huh hlum lehngal a.

Lalnu chuan lawm em emin pitar kut chu a vuan a, "Pathianin ka lunghlute min pe kir leh ta a nih hi," a ti ta a.

VĀNAH LĀWMMAN KA TĀN A AWM

— VLC Vanlalhriatrenga,
Kumtluang Rûn

*Hun leh kum te an liam a,
Fiahna vawi tam paltlang hnuin;
Mittui far zawng nen hei hi min
hriattir ðhin,
Tuarna zâra malsawmna chu.*

*(He hla hi hun rei tak liam ta
aţang khân ka hun âwl zawng
zawngah, lehkha ziah pahten ka
ngaihtla ðhin a. A hla leh a phuahtu
hian belhchian a dâwl rêng em?
Tuipui tlak a ni meuh em?’ tih ka’n
zirchiang a. Belhchian a lo dâwl hle
mai lehngal a; ama zai ngei han
ngaihtlak phei chuan rilru a
khawih kher mai. Natna leh
harsatna eng emaw vânga
nunkawnga phurrit tak nei tân
malsawmna a nih mial tâkin, a
ziaktu chanchin chu...)*

*He hla phuahtu, pasal a neih
hmaa ‘Joyce Reba Luttrell’ tia koh
Dottie Rambo hi Jerald Vernon leh
Elizabeth Luttrell te inkârah March
ni 2, 1934-ah Madisonville, Ken-
tucky, Unired State-ah a piang a.
American gospel singer leh song
writer ropui tak a ni a; kum 1950-
2008 kha a lâz zual lai chu a ni. A
hla phuah thiam leh zâi thiam
avangin Grammy & Multiple
Dove Award pawh a lo dawng hial*



*tawh a. A hringnun zinkawng a
chhukchho ve hle ðhin. Reteihna
leh bawrhsawmnain a tibuai ðhin
hle a. Chuti chung chuan kum 8 mi
lek a nih aţangin hla phuahin a zai
tawh ðhin a. Local radio lamah pawh
country music a lo play fo tawh
ðhin a ni.*

*Kum 12 lek a nihin Pathian
Thlarauah piantharna a chang a.
Chuta ţang chuan Pathian fakna leh
chawimawina chauh lo chu a
buaipui ngai ta lo va. Mahse a pain
a hrethiam ta hauh lo mai. ‘Pathian
fak zela he In aţanga chhuah nge i
duh bansan hmaka kan bula awm
zui zêl?’ tih zawhna khih tak mai
a dawng ta nawolh mai a!*

*Mahse ani chuan Pathian
nena vahvaih pawh a thlan tâk
zâwk avangin an In aţang chuan
a chhuak ta rāwih a. ‘The Gospel
Echoes’ group dinin United State
khaw chhak leh khawthlang a
suartluan ţan ta a. Kum 1950-ah
a pasal, Buck Rambo nen*

intawngin, mahni chauha mal leh khawhar taka awm thin chuan Pastor nen Kristian chhungkua an lo din thei ta reng mai a nih chu. A hming pawh thlakin Dottie Rambo tih a ni ta a.

Mahse chutianga hlim taka Pathian rawng a bawol lai chuan natna khirh tak, 'paralysis(tihrawol thi)' avangin khum betin a awm leh ta hlauh mai a. Chuta tang chuan rualbanlo a ni ta reng mai a.

Chutia natna leh nunkawnga harsatna thuk tak a neih lai chuan Vanram a han thlir a; lawmman

ropui tak hmabak a la neihzia hriain he hla hi a lo phuah ta a ni. He hla a phuah hnu, May 19, 2008-ah chuan Missouri biala Mount Vernon hmuna an chuanna bus chesualah boralin,

Leiah lungngaihna hrehawm tuar mah ila,

Vannah lawmman ka tan a awm, ti-a nghakhlel taka a lo thlir thin, lawmman ropui tak a dawwna tur chatuan ram mawi panin a taksa chu vui liam a lo ni ta a ni. He hla Mizo jawnga lettu hi Lalhunliana Royte a ni♦



SYNOD BOOKROOM BOOK NEWS

(Synod Bookroom lekhhabu thar thenkhatte)

- 1. Engtin nge Bible kan chhiar tui ang?** : Mizo Kristiante hian Bible chhiar tam kan mamawh hle mai. He lekhhabu C. Lalrawngbawla buatsaih hi Bible thu indawt dan hrechiang duh te, Bible chhiar mekte leh chhiar tum te, Bible chhiar tuipei a, hrefiah lehzuat duhte tanpuitu atana buatsaih a ni. A man ₹ 120/-
- 2. Biahzai** : Hla te lo pianchhuah dan leh hla avanga lungleng thin i nih chuan he lekhhabu, hla lar 23-te chanchin lungkuai tak tak, mi 10 zette thlankhawm, a thlangkhawmtute zinga P.L. Liandinga, Tluangte Hnamte, Vanneihluanga, R. Lalzarmawia, Lalnginghlova Hmar (Tetea) te telna hi chhiar la, i mamawh chhanna i hmu ang. A man ₹ 100/-
- 3. Ka ro bawm** : Lal tanpuia Varte-in a thuziak hrang hrang, hawizawng inang lo tak tak leh a nuna thilthleng ngaihnawm taka a bilkhawmna hi lekhhabu ngainatute tan hmaih palh hlauhawm khawpa ngaihnawm a ni. A man ₹ 100/-
- 4. Mizo thu leh hla- Hnam inpumkhatna** : Mizo zinga thu leh hla thiana kan neih Pu Lalzuia Kawlni chuan 1986 atanga May 2010 chhunga All India Radio-a a thusawi te chu mitinin engtik lai pawha kan ngaihthlak nawn theih nan a buin arawn peih fel ta. A man ₹ 120/- a ni e
- 5. Hmangaihna tuboh** : Tuboha chhut rau rauah hmangaihna tuboha chhut hi a pem a tlem ber a, mahse chhut sual tawh chuan dam chhung a daih thung. TS Khupchong hmangaihna tuboh hi hunawl min hmanthatir thei lekhhabu a ni e. A man ₹ 100/-
- 6. Zofate zinkawnga zalenna mei a mit tur a ni lo** : Mizo chanchina reh tawh ngai lo tur 1966-a rambuai rawn irhchhoh dan, chanchin kal zel leh a ngahwng chhuina Mizo mimal lekhhabua la chhah ber pawl chu chhut 1-na hralh zawh a nih hnuah chhut 2-na a lo chhuak leh ta. A ziakti hi Ramhnuai sorkara Defence Minister ni thin R. Zamawia ngei kha a ni e. A man ₹ 650/- a ni e.
- 7. Mizo thawnthu Vol-VI** : Mizo thawnthu ngaihnawm tak tak lekhhabua buatsaih thintu Lalhmachhuana Zofa chuan a pakukna arawn peih leh ta a. He lekhhabuah hian mihring hming chawia kan thawnthu neihte tarlan a nih bakah chawhchawrawi huang siam a ni baw. A man ₹ 100 a ni e.

KA CHHUNG LEH NATNA DANGTE

— Dr. Zonunmawia
Ramhlun North

Ran taksa hriselna hi keimahni ah tamtak a innghat tlat a. Nunphung pangngai taka nun a, hunbi neia kan taksa mamawh tur chaw tha ei a, zan mut hma a, zing thawh hma te, tui thianghlim in tam leh zuk leh hmuam laka fihlim leh rilru hlim tak put hi hriselna bulpui ber a la ni reng fo.

Faina leh hriselna lamah hma kan sawn viau tawh a, kan kut leh ke kan vawng fai a, kan vun a mam nalhin kan beng chhungte pawh a fai var a, mahse a langsar lai ber leh kan hmel timawitu kan ka chhung erawh a la sen tha hlawn hle. Ka chhung fai tak te hi an hmel hmuh a nuamin hlim hmel an pu bik tlatin a hriat thin. Kan taksa a natna hrang hrang leh kan ka chhung inlaichinna thenkhat i lo zir Chiang teh ang.

Pum tha lo leh thil dang :

Pumpuia acid a tam lutuk hian ka chhung a ti thur thin a, hei hian ka tui lo a siam a, kan kawchhunga acid awm kan irh chhuah thin hian kan ha enamel a ei chhe chak hle. Hei hian ha na leh ha sensitive a siam duh. Tui vawt leh tui lum ina ha na vung vung thin te

hi pumpui ulcer nei an ni duh khawp mai. Tin, ka a ti tui lova ka chhung ulcer an nei duh hle a ni. Pumpui ulcer neite tan Aspirin lampang chi ei loh a him hle.

Mitliam(Jaundice):

Mitliam neite hian vitamin 'K' an tlachham duh hle a. Ka chhung treatment lak dawnin thisen chhuak chi reng reng tih dawn chuan mitliam neite chuan kan clotting time a normal em tih check tir nachang hriat a tha hle. Abikin zu in nasa mi te hian thin tha lo an nei duh hle a, thisen chhuak reh lawk thei lo a awm thin Doctor-te mawhphurhnaa dah vek hi tihsual palh an lo neih ve theih avangin keimahni kan fimkhur tel ve hian nasa takin kan pui a ni.

Thisen leh ka chhung :

Haemoglobin(Hb) hniam te hi an leiah a lang chhuak duh hle a, lei kak ang thlek thluk te, ka chhung sa hut hutte leh ka chhung ulcer an nei duh hle. Anaemia a damdawi hman thin cyclosporine te hian hahni a tipuamin a ti thanglian vak thei. Ka chhung hrisel lo leh ha beh tak tak neite hian natna hrik chi hrang hrang kan lemin kan hip lut thin a. Hei hi pum tha lo tam tak thlent u a ni. Tin, hahni puam tiam tuam leh ka chhunga hnai awm kan hip leh kan lem fo avang hian Septicemia kan neih phah thei. Hmanraw thianghlim lo inhman tawm avangin hepatitis-B leh hepatitis-C te kai a awlsam hle.

Thawhah(Asthma) neite tan :

Thawhah damdawia kan

hman ðhin steroid leh inhaler ðhenkhatte hian kan chil haw a titlem ve thei a. Hei vang hian Ha nget(caries) a awm duh a. Tin, heng damdawite hian ka chhung natna chi khat Oral Candidiasis a thlen fo ðhin. Hei vang hian steroid inhaler hman ðhinte chuan kan hman zawh apiangin tuisika kam ðhuah zel chin a ðha. Hei hian a side effect awm tur a veng hle.

Toothpaste ðhenkhat leh ha lem(denture) siam nana damdawi kan hman methyl methacrylate te hian mi ðhenkhatah asthma a tizual thei.

Hnar ping leh Sinusitis atana damdawi kan hman ðhin Antihistaminic te hian kan chil haw a titlem a kan ka a tiro ve ðhin bawk.

Nachhawkná kan hman tam tak leh aspirin-te hian mi ðhenkhatah asthma a tizual duh bawk.

Lung ðha lo (Cardiac Problem) neite tan :

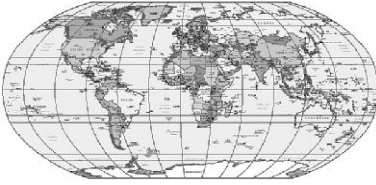
Lung ðha lo neite hi thisen khal tur venna anticoagulants an pe ðhin a. Hei hian thisen khal tur a veng ðhin a ni. Hei vang hian ka chhung leh ha enkawl dawnin thisen chhuak chi reng reng tih dawn chuan fimkhur a ðha. An damdawi ei tlangpui entirnan ecosprin ang chi te hian kan taksa pem a ðanga thi chhuak khal tur kha a ti muang a hei vang hian thi chhuak a tawp har duh hle . Ha phawi dawn phei chuan Cardiologist-terawn a, an damdawi lo tih tawp lailawka a ðul ðhin a ni. Tin,

lung ðha lo avangin khabe ruh leh ka chhung na vung vung a awm theia Ha na nen ngaih pawlh a awl hle.

Zunthlum(Blood Sugar) neite tan :

Mizote zingah hian zunthlum nei rin phak bakin kan tam a. Dental treatment lak dawn chuan zunthlum kan neih leh neih loh test phawt ðhin a ðha. Hei hi a chhan chu Blood Sugar sang te hi pem an neih reng rengin an pem a dam har bik a. Chuvang chuan ka chhung pem leh natna an neihna a dam ðha hleitheo lo fo ðhin. Zunthlum neite hi an ka chhungah a lang chhuak fo ðhin. An hahni a puam a, a hnai ðem ðuam bawk ðhin. Hei vang hian an ha a nghing awlsam em em. Ha phawi a ðul pawhin an pem a dam mai ðhin loh avangin a phawi theih lawk loh ðhin a. Chuvang chuan zunthlum neite chuan an ha leh hahni uluk takin an enkawl ðhin tur a ni. Khawl hmanga ha tihfai (Scaling) kum khatah vawi hnih tal ti ðhin sela, hei hian an hahni a ti hrisel a, an ha nghing tur a tinghet leh thei a ni.

Kan taksa a natna tamzawk te hi chu kan ka chhungah a lang chhuak fo ðhin a, hei vang hian ka chhung natna hrang hrang kan neih fo chuan in enkawl uluk a ngai fo ðhin. Kan taksa in a mamawh miah loh zuk leh hmuam kan ngai tlat mai hi chu "Bawih" a kan tanna chi khat a ni. Ka chhung bal tak tak te hi mi hrisel tak an vang hle ♦



Hriatzauna

NEICCYA HI ENG NGE?

Jndia hmarchhak Kohhran hrang hrang te inpumkhatna nen hlawk zawk a rawng kan bawl ho theihna tura hmalak hi North East India Christian Council (NEICC) tum ber a ni. India hmarchhaka chutianga Kohhran hrang hrang inzawmkhawm awmchhun chu a ni a, NCCI nen a inthlunzawm vek a ni. A din ñan tih kum 1937 kha chuan Assam Christian Council (ACC) tih hmasak a ni a, hemi hma zawng hian India hmarchhak a Kohhran hrang hrang te chu Bengal Christian Council (BCC) in a khaikhawm vek ñin a ni.

Welsh Presbyterian Mission hmalakna in ACC chu November 23, 1937 khan Shillong ah din a ni a. Kum 1962 khan North East India Christian Council (NEICC) tiin a hming hi thlak a ni a, vawiin thleng hian NEICC tih alo ni ta a ni. A hnuaiiah hian NEICCWA (Women Assembly) leh NEICCYA (Youth Assembly) te an awm a, Council hnuaiiah NE State Kohhran hrang hrang

te suihezawm hna hi an thupui ber a ni. NEICC hnuaiiah hian Affiliated Unit (Kohhran hrang hrang) 35 leh Associate members (Pawl hrang hrang leh zirna in a ñangin) 12 an awm mek. Mizoram a ñang pawh in Mizoram Synod, Baptist Church of Mizoram, Evangelical Church of Maraland, Lairam Isua Krista Baptist Kohhran leh Salvation Army te hi NEICC unit hlun tak tak te an ni a. Mizoram Theological Association, Zoram Evangelical Fellowship leh Thlarau Bo zawngtute (TBZ) hi associate member thawhhlawk tak te an ni bawk. Kohhran leh Kristian pawl hrang hrang te NEICC ah hian member a nih theih vek a ni.

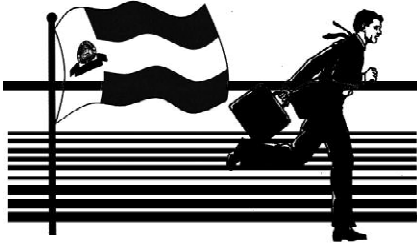
India hmarchhak ñhalaite inpumkhat na'n leh rilru hmunkhat pu a rawng kan bawl ho theihna tura kawng siam hi NEICCYA dinchhan a ni a. Hmasawn zel theihna tura tihdan ñha inzirtawna pawl inzawmkhawm ñha tak siam leh chutianga hma kan sawn zel theihna tura zirhona training,

seminar leh inkhawmpui buatsaih te hi NEICCYA hmalakna a ni a. Heng bakah hian Street preaching te, kawngzawh te, gospel concert, Peace and music festival, cultural programmes leh a dang te a huaihawt thin bawk. India hmarchhak hmun hrang hrang Kohhran hrang hrang thalaite intawhkhawmna hmun Interdenominational Meet a buatsaih thin a, kumin (2012) pawh hian hmun hrang hrang a aia uar zawka neih leh tum a ni bawk. Hnam dang leh kohhran dangte thil tih dan tha leh harsatna tawh te inhriatpui tawn a, hmasawn zel tura inpawh taka rawng bawl ho hi NEICCYA dinchhan bulpui ber a ni.

Kum 1940 vel atang tawh khan India hmarchhak Kohhran thenkhat hruaitute zingah Kohhran hrang hranga thalaite inchhunluhna pawlian leh chak tak mai awm tha tihna a awm tawh a. August 22-26, 1945 a Assam Christian Council (ACC) in a lo pawmpui tawh angin a hnu a executive committee hmasa ber August 27, 1945 a Shillong a neih chuan Assam chhunga thalaite tisa leh thlarauva intihchak-tawna tur pawl chu a siam nghal

a ni. Rev. L.S Diengdoh, B.A, B.D (Cherrapunji) chu convener a ni a. Youth committee hmalakna in programme hrang hrang India hmarchhak hmun hrang hranga Kohhran hrang hrang zingah hman nghal a ni a, an ni hian an programme hman dan te Council-ah hian an hriattir thin.

Kum 1979 a lo nih meuh chuan Inkhawmpui neih ve an lo duh ta a, NEICC phalna in October 23-26, 1980 khan Youth Assembly hmasa ber chu neih a ni. Kum 1992 khan pawl inrelbawlna constitution nei tura duhna a lo awm a, kum 1993 NEICC rorel inkhawm chuan YA constitution chu a pawm ta a, NEICCYA hruaitu hmasa ber atana thlanchhuah te chu: President : Rev. J. Huoplien, Vice-President : Mr. Bonny Resu, Secretary : Dr. Laltuangliana Khiangte, Asst. Secretary : Miss Angela Ingty, Finance Secretary : Rev. Lhoujem leh Executive members Rev. Cheng Rengma, Pro-Pastor C.L. Laloo, Mr.T.B Mordecai, Rev. Daniel Nayak leh Mr. Julius Gatpoh te an ni. Constitution neih hma hauh pawh khan Youth Assembly inkhawmpui hi tum 3 neih hman a ni a, kum 1998 atang khan kum khat dan zelah neih tan a ni ta a ni ♦



KANTU

Khatla East Br. &
Tlangsam Br.

KHATLA EAST BRANCH

Khatla East Branch hi 6th Nov. 2006 (Monday) khan din tan nuin, Member 335 (mipa 191 leh hmeichhia 144) an awm mek a. Kumin chhunga branch thupui atan Rom 7:6 tlawh chhanin "Thlarau thara rawngbawl" tih an hman mek a ni. Kumin hian Committee peng hrang paruk (6) an nei a, chungte chu : Evangelism, Refreshment, Property and Decoration, Literature, Programme leh Kohhran Zaipawl Committee te an ni.

An member Missionary-a tang lai mi pathum (3) (mipa 1 leh hmeichhia 2) an awm mek a, ATC-a Pathian thu zir mek mi pahnih (2) an awm mek baw. Chanchinbu 'Easter' tih chu thla tin wavi khat ti chhuakin Kohhran in tinah a thlawnin an sem thin a, Kristian Thalai hi copy 152 an la mek a, member 2.20 in copy khat inchhiar tam zel ang an ni. Kumin budget atan Rs. 1,80,000/- an ruahman a, Biak In sa lai an nih avangin project atan Biak In sakna turin a tul tula hman atan Rs. 60,000/- an dah a ni.

An sum hmuhna tlangpui te chu Thlatin Thawhlawm Ip leh Faith Promise hi an inngahna ber a ni. Pathian zarah thilpekah malsawmna an dawng a kum kal ta ah te an budget an khum hneh viau thin a an lawm hle a ni.

Group pathum (3) - Sari, Ruthi leh Estheri group-ah te inthenin Group tin hian Branch-a chhun luh tur Budget Rs. 5,000/- theuh an nei a. Group te hian nasa takin sum an tuak thin a,

a theih hram chuan thil zuar zawng ni lovin kut hnathawk ngei a sum tuak an tum thin.

Zirtawp thai apiangin chaw ngheia tamngtaina hun an hman thin a, Pathianni thlaih hian Tamngtai Inkhawm an nei thin baw. An Kohhran mi mitthi an awmin Pathianni zing karah inkhawm an hmanpui thin baw a ni.

Thawhtan zan inkhawm hi an tha thin hle a, kumin 2012 June thla thlenga chhutin thawhtan zan apiangin member 116 vel inkhawm ziah ang an ni a, za zelah member 34 inkhawm thin ang an ni.

Kumin chhunga branch hmalakna atana an ruahmante chu - Group night, Group Intihsiak, Evangelical Week, Member inkhawm kim zan, Branch Sports, Branch Inkhawmpui, Aizawl khawchhung branch tlawh te a ni a. Heng bakah hian a tul dan angin rawngbawlna kalpui zel an tum baw a ni.

Kohhran Zaipawl-ah nasa takin tan an la a, kum danga an la tih ngai loh angin kuminah hian Kohhran zaipawl member atan mahni duhthlanna ngeia inpek an ti a, hmasawn phahin an inhria a. Zaipawl member 87 inziak lut tawhin hla zir apiangin member 78 velin hla zir thin ang an ni.

Hmasawmna tur tam tak an nei tih inhre reng chungin tun thlenga Pathianin a hruaina zawng zawngte an thlir a, lawmawm an tiin nasa zawka tan lak an la tum zel baw a ni ♦

TLANGSAM BRANCH

Tlangsam Branch KṚP hi Bethel Pastor Bial chhunga awm niin, kum 1953 March ni 1 khan din ṭan a ni a. KṚP member 219 (mipa 138 leh hmeichhia 81) an awm mek a ni. Kristian Ṭhalai chanchinbu copies 55 an la mek a. Branch hmalakna te tichak turin Group 4 - Daniela, Sadraka, Mesaka leh Abednego leh Sub-committee 4 - Light and Sound, Decoration and Ushering, Evangelical Cell, Refreshment Sub-committee te din a ni a. Heng Group te leh Sub-committee te hi Branch tichaktute an ni.

ThawhṬan zan KṚP inkhawm hi za zelah 27.82%, average-in 60.93 inkhawm ziah ang an ni a, member pakhat hian thilpekah Rs.13.25 thawh ziah ang an ni. Thla khat chhung atana hun neitu turte puan lawk niin, hlanna hun neih ṭhin a ni a. Inkhawm hi sermon, kumpuan thupui zirho, thupui thlan bik neia zirho, group nite tea hun hmangin an hlawkpui ṭhin hle. Pathianni thlaih hian fellowship leh ṭawngṭai inkhawm hun te an hmang ṭhin baw a, hetah hian thupui zirhona leh ṭawngṭaihona hunte hman ṭhin a ni a.

Tlangsam Branch KṚP aṭang hian Synod Mission Board hnuaih Missionary 3 an chhuak mek a, missionary 2 an chawm mek a, Pastor 2 an chhuak tawh baw a ni. Kohhran inkhawm ban apiangin Biak Inah ṭawngṭaina hun an hmang ṭhin a. Evangelical Cell hmalaknain veng chhunga mitthi chhungte inah ṭawngṭaina hun hman ṭhin a ni a, Kohhran chungkuua damlo na zual

an awmin ṭawngṭaina hun hman ṭhin a ni bawk. Tin, Branch-in chanchinbu (Ephatha) an chhuah a, Kohhran in tinah sem niin, Internet aṭanga chhiar duhtan www.tlangsamktp.blogspot.com-ah chhiar theih a ni.

Kum 2012 hian Branch kumpuan atan 'Inkhawm kal hma kum leh zaipawl neih tam kum' atan puan a ni a. Kohhran hunpuiah zaipawl neih ṭhin a nih bakah, a tam thei ang ber zaipawl neih tum a ni.

Member chatuan ram pan an awmin Rs. 500/-in Pathianni hmasa ber hun remchangah ṭawngṭaina hun hmanga ral ṭhin a ni a. Biak In hawnga nupui pasal nei an awmin lawmpuina thuziak nen Rs.1,000/- pek ṭhin a ni a, Kohhran zaipawl neih ṭhin a ni bawk.

An sum hmuhna tlangpui chu OB leh Group budget, KṚP huan neih, Sound hire tirna, hnatlanga inhlawh, inkhawm thilpek, Electric bill khawn leh Faith Promise aṭangin a ni.

Memberte intihchak tawinna atan bial pawn Branch tlawh ṭhin a ni a, District Jail-ah te rawngbawlna neiin, member hlate hnuhhnaihna atan ṭawngṭai camp-te an nei ṭhin a ni. Kum tawpah Sport hlimawm tak neih ṭhin a ni a, heta tan hian hnatlang, inkhawm, inkhawm thilpek leh hla zir tamah te, mahni group nite-a inkhawm tamah te kumtir aṭangin inelna neih ṭhin a ni, hlawkthlak an tiin Branch leh Group-in rawngbawlnaah an chak phah hle.

Kum 2013 hi an Branch Diamond Jubilee a ni a, hemi pual hian Champhai Civil Hospital-ah thisen unit 62 an pe a, nakumah Jubilee pualin pek leh tum a ni. ♦

Keimahni



■ May 18-20, 2012 khan Champhai Bethel Kohhranah Bial huap Leadership Training neihpui a ni a, training-a tel mi 141 an ni. Training neihpuia kalte Pu Saizamliana Sailoin Bethel, Tlangsam leh Vengthar Kohhranah thuchah vawi 1 ðeuh a sawi a; T. Upa Lalremsiama'n Zion Veng leh New Champhai Kohhranah vawi 1 ve ve a sawi bawk.

■ May ni 18-20, 2012 khan Champhai Vengsang Kohhran-ah Bial huap Leadership Training neihpui a ni a, training-a tel mi 55 an ni. Training neihpuia kalte T. Upa Lalhruaizela'n Vengsang leh Hospital Veng Kohhran inkhawmah thuchah vawi 1 ve ve a sawi a, Dr. H. Lalthanzara'n Vengsang leh Ramthar Kohhranah thuchah vawi 1 ve ve a sawi bawk.

■ May ni 18-20, 2012 khan Zohmun Kohhranah bial huap leadership training neihpui a ni a, training-ah hian mi 83 an tel. Training neihpuia kalte Upa Lalrinmuanan thuchah vawi 2 sawiin Pu Lalmuanpuia Hrahselin vawi khat a sawi bawk.

■ May 18-20, 2012 chhunga Rhymbai Kohhrana neih NEICC Annual Session-Cum-Platinum Jubilee-ah Pu R. Lalhmingthanga, Tv. Lalramnghaka, Pu Samuel Laldingliana leh Dr. Lalliansanga C/M te an kal a. Jubilee-ah hian Synod Choir te Convener Tv. Vanlalhruaia hovin an kal bawk a, ðum 4 dinah hla vawi 8 an sa, Halleluiah Chorus hruaitirin mahni hnam ðawng ðeuhvin an sa hlawm bawk. Inrinni chawhnuah Cheraw lam an entir a, ðhalai pual programme-ah Male Voice an zai bawk a ni.

Synod Choir 2010-2012 (May 25, 2010- May 20, 2012) te hian rawngbawlina ðum 120 neiin Aizawl khawpui chhungah ðum 87 leh Aizawl pawnah ðum 33 (Taiwan telin) an nei a. Hla hi vawi 615 remin vawi 168 hla an zir bawk a ni.

NEICC Annual Session-Cum-Platinum Jubilee-a an kal hi Mizoram Synod Choir 2010-2012 ten an proramme hman hnukung ber a ni a ta a ni (*see cover*).