

November
2016



Vol. VII No. 9

KRISTIAN THALAI

Kristian Thalai Pawl Chanchinbu thla tin chhuak



Central KTP
Special Leh Ranch
CHANCHINBU ENKAWLTUTE
WORKSHOP
Resource Person :
Upa C. Lalduhawma (Mission Veng),
Upa Dr. B. Lairinsanga (Ramhlun Vengchhak)
22nd Sept, 2016
Vanapa Hall



Chhingchhip Venghlun Branch Diamond Jubilee – Sept. 8 -11, 2016



Bungtlang Vengsang Branch Diamond Jubilee – Sept. 16, 2016



Samtlang Branch Diamond Jubilee – Sept 26, 2016

Kristian Ṭhalai Pawl chanchinbu thla tin chhuak**1970-a chhuah ṭan ■ Kum 46-naa vawi 11-na ■ Chhuah tawh zat : 457****Editor :**

Lalchhuanliana

Joint Editors :

Lalhnehzova

Lalfamkimi

Lalmuanawma

Dr. David C. Vanlalfakawma

Manager:

Lalmuanpuia

A lak man :

Kum khatah - Rs. 60.00

Copy khat - Rs. 5.00

*Thu chhuah tūr nei chuan Editor,
Kristian Ṭhalai, Synod Office, Aizawlah
thawh tūr a ni a; a la duh chuan KṬP Office-
ah a man pèk lâwk a ngai.*

Office Phone : 9436142398**E-Mail :*****kristianthalai1970@gmail.com******centralktp@gmail.com*****KRISTIAN ṬHALAI PAWL****Thupui**

Rawngbawl tūra chhandam

Thupui innghahna

Ephesi 2:10. Thil ṭha ti atán
Krista Isuaah chuan siama awmin,
ama kutchhuak kan ni si a, chu thil
ṭha tih chu kan awmna tūrin
Pathianin a buatsaih lâwk a ni.

Thiltumte

1. Isua Krista rinna leh amah anna
kawnga ṭhalaita hruai.
2. Kohhran kutke ni tura ṭhalaita
buatsaih.
3. Kohhran hnathawh tihpuitlin.
4. Krista Chanchin Ṭha puan
darh.

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KTP General Conference vawi 56-nain a rel angin Bial leh Branch chanchinbu enkawltute pual workshop, October thla khan neih a ni a, ram chhung leh ram pawm lam atangin chanchinbu enkawltu fhahnem takin he hun hi kan hmang a, chanchinbu enkawltute inpekna leh fhahmenngaihna a nasain, theihtawp an chhuah a ni tih hriat khan a lawmawm takmeuh a ni.

Kan hruaitu hmasa – Upa C. Lalduhawma leh Upa Dr. B. Lalrinsanga-te paper buatsaih fha tak (Chanchinbu hmanga rawngbawlna leh chanchinbu kalhmang) zir hovin, he huna kalte chuan chanchinbu kan enkawol zelna turah hmasawonna duhawm tak kan hmuh phah ngei a beiseiawm a ni.

Thuziak rawngbawlna (Bial leh Branch chanchinbu) pawimawhzia leh hna nasa taka thawk thei a nih hriaa rawtna fha tak tihhlawhtlin a ni hi a lawmawm a, inpekna thuk zawk nen hma lam kan pan phawt chuan kohhran chawmna fha tak, insawh nghelna hmanraw pawimawh tak a ni zual zel dawm a ni.

Chutih lai chuan chanchinbu enkawltute fhahnemngaihna chauh hi rawngbawol nan a tawk lo va, kan phak tawk ang zela infinchhuah tur leh indawm kanga, kan kutchhhuakte hlawkpui thei tura dawnsawn hi chhiartute mawhphurhna a ni tih kan hriat thar erawh a tul hle. He thuziak rawngbawlna hi keimahni ta, keimahni tan a ni a, a hlawkna telu, a chhiat a fhata mawhphurtu vek kan nih hi kan inhriat thar leh pawh a fha awm e.

Tling lo taka kan buatsaih kan chanchinbute hi rilru leh thlarau nun kan buatsaihna pawimawh tak, kan hman danin azirin – hlawhtlinna kawng, chakna thuruk leh chatuan nun min neihtir thei a ni tih hre thar leh ila.

KTP member fing leh chinchang hre deuhva kan ngaih tam tak pawh hian he thuziak rawngbawlna hlutzia hi kan man pha meuh lo vem ni? Lekhaziak fha lo chhiarin min pek let tam tak chu kan dawol zo va, kan chhiatpui fhin tih kan hria. Kan chanchinbute hi chu Pathian kan pawlna hmanrua, Kristian nun chawi kang thei a nih awangin KTP member-ten i ngaihlu zual zel ang u.

RORELNA DIK

— Lalnuntluanga Ralte
Tuikual Branch

“Rorêlna dik chu lui angin luang sela, felna chu lui pui kang ngai lo angin luang rawh se” (Amosa 5:24).

Ran ram leh khawtlang, kan chhngkua thlenga rorelna dik mitin tena kan chan tlan theih keng kawh zel tur hian kohhran hian mawh lian tak a nei a, Thuthlung Hluia zawlneiten prophetic role an play kha kohhran pawh hian a play ve zel se. Chumi atana ka rilrua awm Zawlnei Amosan “Rorelna Dik” thu a tlangaupui thu hi tlem azawng sawi ila.

Amosa hun lai hian Israel ram chu hmun hnihah (Lalram pahnih) inthenin, hmar lam lalram chu Israel lalram tih a ni a, chhim lam lalram chu Juda lalram tih a ni baw. Pathianin Juda ram (chhim) mi Israel ram (hmar) lama a tir daih hi a mak angreng hle. Mahni sei lenna hmun pawh ni lo, tlangnelna hmun pawh ni lova Pathian thu puan chhuah chu a huphurhawm dan tur chu kan chhut thiamin a rinawm. Nimahsela Amosan hnial hauh lova Pathian tirhna chhanga a kal mai hi a fakawm hle a ni.

Amosa hian hmar lam lalram (Israel) a va thlen hian rorelna dik lo (Injustice) a hmu nasa hle a, hetiang hian sawi ta ila:

1. Mite chapona (6:13-14)
2. Ram hausakna leh nawmsakna, khawpui mawi leh hmun ropui tak tak.
3. Thlasik in leh nipui in, saingho in (3:15)
4. Kût lawmna hmuna thatchhe taka an mu zalte leh maimaw puan pahlukham (3:12)
5. Mi rethei rah behna leh lo neitute thil neih laksak leh rawk. Uain insak leh hriak tha ber bera inhnawih (6:4-6; 5:11)
6. An hmeichhiate chu Bashan sebâwng chawm thau ang, zu heh mi (4:1) leh vantlang nunah intluk tlan lohna tam tak a hmu a ni.

Hetih hun lai hian mi hausate leh mi retheite inkar a kak zau hle a, mi hausate chuan an bula mi rethei awm vete chu ngaihsak lovin, an awm ve tih hre awm pawhin an lang lo a ni. Mi retheite chu tihduhdaha an awm avangin an lungngai a, salahte an hralh bawka (2:6-8; 5:11), roreltute chuan dik takin ro an rello va, thamna an la thin bawka (5:12), dikna reng a awm lo. Chuvangin, Amosa chu chûng mite hnenah chuan Pathianin a tir a, “Dik taka tih dan in hre lo maw?” (3:10) tia roreltute

chu demin a au chhuak hial a ni. Chu bakah Amosa hian nei (the haves) leh nei lo (the have nots)-te inkar rapthlakzia te, hausate'n mi rethei an en dan te leh Pathian an biak urhsun loh dan te a hmuhin thinrim takin, *"In kûtte ka huain ka hmusit a, in inkhâwmpui urhsûnahte chuan ka lâwm hek lo vang a... Nimahsela, rorêlna dik chu lui angin luang sela, felna chu lui pui kang ngai lo angin luang rawh se,"* (5:21-24) tiin a sawi a ni. Israel-hoten Pathian an biakna hmun Bethel-a hetiang thu Amosan a sawi mai hi a huaisen hle mai. An kohhran hotu/an puithiam Amazia hnenah mipuite hian thu pawh an thlen ngei a ni tih a hria a, Amazia chuan Amosa hnenah, *"Aw, nang zâwlnei, kal la, Judai ramah tlân bo la, chutah chaw ei la, thu hril rawh: nimahsela, Bethel khuaah thu hril leh tawh suh; lal hmun thianghlim leh lal in a nih avangin,"* (7:12-13) a ti a ni. Amosa hian thla ruk vel chauh hmar lam lalramah Pathian thu hi a puang niin a lang a, chumi hnuah chhim lamah a kir leh nia hriat a ni.

Amosa ang bawh hian Thuthlung Hluia zawlneite leh Pathian miten rorelna dik a awm theihna turin an bei a, Lal Isua leh Baptistu Johana ngeite pawhin an bei a nih kha, kum tam tak liam ta aţang tawhin mi ropui tak tak, a hmei a pain rorelna dik a awm theihnan an lo bei tawh thin a ni.

Chûng mite chuan chawimawina leh hmingthatna chungchuan an dawng a, khawvelin a ngaisang a ni. Mahatma Gandhi-a'n India mipuite tana a beihna te, Martin Luther King-a'n African-American-tena civil rights an neihna tura a beihna te, Nelson Mandela-a'n South African-te tana a beih nasat dan te, Archbishop Romero-a'n Latin America-a rorelna dik a awm theihna tura a beihna vanga kah hlum a ni te, Susan B. Anthony-i'n hmeichhiaten dikna chanvo an neihna tura a beih nasatzia te, chumi avanga hmeichhiaten vote an neih ve theih tak dan te leh mi dang tam tak, society-a mipuite intluk tlanna tura beitu an awm a ni. Kan ramah ngei pawh hetiang rorelna dik a awm theihna tur leh mi diktena an chanvo dik tak an luah theihna tura bei pawl pawh an awm ve a ni. Hêng mi huaisente hian mi hausate chumi retheite rap betlova, dikna chanvo an neihte siamsak ve turin an nawr thin; an hausaknate mi retheite tana pe chhuak turin an chah thin bawk. Mi tam takin ram leh society-a rorelna dik a awm theihna turin an finna leh theihna, an thiamna leh hun leh tha an seng a, thenkhat tihhlum an ni a, thenkhat tan inah khung an ni bawka, ramtuileilova siam tam tak an awm bawka a ni. Mi ropui leh huaisente hnathawh avang hian nang leh kei hi tunah hian

thlamuang leh nun nuam takin khawvelah hian kan awm theih phah a nih hi.

Rorelna dikin hna awmze neia a thawh dawn chuan institution hrang hrang (Khawtlang, chhungkua, ram leh kohhran thleng hian) hian awmze neia inher danglam (systematic change) a mamawh ngei ang. Dan awm sa leh hman mek pawh bih chian a ngai bawh ang. Mi tin huapzo dan tha leh rorelna fel a hring chhuak tur a ni a, chumi hnuaiah chuan mi hausa leh rethei, mi lian leh tē angkhat vekin an awm tur a ni. Mizoram dinhmun thlir pawh hian tun dinhmunah pawh nei (the haves) leh nei lo (the have nots) inkar hi a kak thuk ve viau tawh a ni. Kan rama mihring tam zawkte hian hriseina leh zirna, eizawwna lamah harsatna kan tawh viau bawh. Hei hi rorelna dik a thlen loh vang kan ti thei ang. Mi rethei chuan sikul rethei (sikul tha lo) bakah lo chuan zirna tur a nei lo va, chu mai bakah sum neih loh avanga zir zawm thei lo tam tak an awm bawh (education for all policy pawh hian min luhchhuah hneh vak lo em maw ni). Hriseina kawngah pawh mi retheite chuan damdawi in tha an pan ve theih loh avangin nun chhan theih ngei ngei tur chhan theih lohva thi tam tak an awm bawh. Health insurance lamah hian hmasawwna kawngawm dan a awm ngei ang.

Eizawwna kawngah pawh mi retheite tan ni tin inhlawhna tur leh sum lak luhna tur a harsat chang a tam hle. Kan nun phung leh khawsak dan thleng hian hausa leh rethei inkar chu a inhlat tial tial a ni lo maw a tih ve theih ta. Dan khat hnuaia awm theuh theuh, rorelna khat hnuaia awm theuh theuh mipui vantlang intluk tlanna hi han tlir vang vang hian a kai rual lo deuh ni te hian a hriat thin a nih hi.

Eng pawh nise, kan sawi tawh angin Thuthlung Hluia zawlneite leh Pathian mi, mi huaisentena mipuite hnena rorelna dik a awm theihna tura an beih nasatzia te, mi hlēmhle leh eiru demna thu huai tak taka an sawi te, mi rethei awp beha awmte chhanchhuaha an awm theihna tura an beihna te, mi hausa leh mi liante'n Pathian hre lo leka nuam an tawh zilha kawng dik leh rorelna dik kengkawh tura an fuihna te, Pathian ram din tura an beihna kawngah harsatna tam tak tawkin tihdudahna leh hmusitna, thihna thlengin an tuar a ni. Aмоса ngei pawh hi thah a nih thu kan sawi kha. Wawinah chuan zawlnei an awm tawh lo, Pathianin hna a thawhna leh a inhriattirna hmanraw lian ber chu kohhran hi a ni. Thuthlung Hluia zawlneite hmanga Pathian a inpuang thin ang khan Isua Krista din kohhran hmang hian a inpuang a, kohhran hi zawlnei

hna thawk chhonzawmtu tur chu a ni. Chumi a nih avang chuan kohhran hian prophetic role hi a play zel a pawimawh a ni. Kohhran hian Pathian hna chu chhonzawmin retheite leh changhai, fahrah leh riangvaite enkawl leh ngaihsak hi a tih tur pawimawh berte zing a mi a ni ang. Awp beh leh hnuai chhiah an nih dawn pawhin a chhanin, chumi hnuai a awmte pawh a hruai chhuak tur a ni dawn lawm ni?

Bible leh kohhran inzirtirna zidingah pawh khawvêl thil taka rethei leh thlarau lama retheite hi ngaihsak turin min hrilh a, chutiang kan ti lo a nih chuan Pathian pawl kan sawi a, Amah kan bum a ni ang. Chanchin Tha kan neih hi rethei leh pachhia, changhai leh riangvaite hnen thleng phak chanchin tha a ni a, chu chu kan Lalpa khawvela lo kal chhan pawh a ni, *"Riangvaite hnenah Chanchin Tha hril tura mi ruat avangin... tihduhdah tuarte chhuah-tirna tur te, Lalpa lungawi kum thu sawi tur tein mi tir a ni,"* (Lk. 4:18-19) tihziak a ni sia. Thlakhata wavi khat "Rethei Pual" thilpek kan la khawm thin hi thil chhinchhiah tlak tak a ni. Chu mai ni lovin thlarau saltangte tana chhanchhuahna dar kan khawn fo hi a pawimawh bawk ang. Camping leh crusade bakah nun leh thil tih hmanga thlarau saltangte

chhanchhuah hi kohhranhote tih tur pawimawh tak a ni bawk.

Kohhran mite hian kan Pathian duh zawng leh ngaihsak zawng hi kan duha kan ngaihsak ve hi kan tih tur a ni. Chuti taka mi retheite ngaihsaka chhawmdawl thin Pathian hian kohhranhote hi retheite chhawmdawl a, an mamawh phuhruksak hi kan tih tur a ni ngei ang. Ei tur nei lo hnena pek te, damlo damdawi pek te, silh leh fen nei lote hnena silh leh fen pek te, chenna tur nei lotena chenna tur an neih theihna tura buatsaih thleng hian kohhran hian mawh la ngam zel thei se. Kan Lalpa, kan Pathian, rorelna dik ngainatu duh zawng tihpuitlin hi kohhran hnathawhpui leh tui ber lo ni zel teh se. "Heng ka unau te berte zinga mi pakhat chung a in tih chu ka chung a ti in ni, tiin a la chhang ang..." (Mt. 25:34-40). Chutichuan, vanah ro kan neih theihna turin khawvelah Pathian ram din ila, kan ram leh kan khawtlangah rorelna dik a awm theihna turin kohhranhote hian tan la zel bawk ila; kan rama rorelna dik a awma, felna leh thatna, Pathian thin a awm theihna turin Amosa anga rorelna dik ngainatu, chumi atana thawka beitu ni turin i in buatsaih ang u.

"Rorelna dik chu lui angin luang sela, felna chu lui pui kang ngai lo angin luang rawh se."

Kan hun tawna thil pawl tak chu!

— Rev. B. Sangthanga
Executive Secretary i/c KṚP

Rhawvel khawil ram pawh hian hun ṭha leh nuam ‘Golden Peroid’ an tih hun te, hun khirh leh harsa ‘Dark Peroid’ an tih te an paltlang thin. Mizote pawh hian khawvel hnam dangte ang bawkin hun chi hrang hrang kan lo paltlang ve tawh a, hun ṭhenkhat chu kan hlima kan lawm em em hun te a nih laiin hun ṭhenkhat erawh chu a lungchhiat-thlak hle. India sawrkarin hmun dangah pawh a tih ngai loh, a khua leh tui Mizote bomb hmanga min beiha, nunau tam tak an thihna, mi tam tak ramtuileilova an chhuaha, in leh lo tam tak a kan ral ni kha historian, Dr. J.V. Hluna chuan, “Mizote tana hun lungchhiatthlak ber” (The most tragic day in Mizo History) tiin a zia. Chu kan ram dinhmun lungchhiatthlak tak, dan nei lo ang maia India sipaiten min hruala, khaw tam tak hala, tihluhnaa khaw tam tak sawi khawm (Compulsory grouping) te kha Pu Suakliana chuan a’n thlir a, a rilru a na hle a ni ang, “Kan hun tawng zingah khaw khawm a pawl ber mai, Zoram hmun tin

khawtlang puan ang a chul zo ta,” tiin a lo au chhuak hial a ni.

Mizoram hi Mizote tana Pathianin a bik taka min lo duansak a ni a, Pu Rokungan, “Kan Zo tlang ram nuam hi chhawlpial run i iang e,” tiin chhuang takin a lo puah hial a ni. He kan ram nuam taka kan thil tawn pawl tak leh tihdanglam atana itawm tak chu zu zawrh phalna kan tih mai, MLPC Act, 2014 hi a ni. A chhan chu:-

KOHRANHO DUH DAN HNAWL ANI

Zu hi ruih theih thil chak tak, mihring rilru tibuai a tikhawlo thei a nih avangin kohhranho chuan thlah zalèn chi-ah kan ngai lo va. Kum 17 zet khap a nih hnua khapna dan (MLTP Act, 1995) hlih tumna a awm tih hriat a nihin Mizoram Kohhran Hruaitute Committee (MKHC) chuan MLTP Act chu hlip lo tura ngenna sawrkarah an thlen a. Kohhran ṭhenkhat phei chuan Press Conference te neiin poster te ansiam a, ṭawngṭaina nen nasa takin hma an la a; mahse, MLTP Act chu hlipin MLPC Act, 2014 chu hman a ni ta a.

Tun hnaia khawvel ram panga an zir chiannaah chuan, sawrkarin zu chhiah avanga sum a lak luh aiin zu vanga a sum sen chu a let tam takin a sang zawk a ni tih hmuhchhuah a ni. Mizoramah

pawh hian MLPC Act kan hman hun rei lo te chhung hian ruih theih kaih hnawihin mi an thi nasa em em a, zu in ngai lo in thar te, lo nghei tawh in thar leh te, a in thin te pawhin an in tam zual sauh va, kan chhiatpui nasa em em. Heng bakah zu kaih hnawih tualthahna te, chhungkaw intih buai te, nupa in then leh kohhran rawng bawl na a tanga thunun te thlengin an pung hle. Damdawi in leh rehabilitation centre hrang hrangah enkawl ngai an pung hle baw nia sawi a ni. Tin, HIV/AIDS vei leh drug te pawh a hluar hle nia sawi a ni baw. Hengte hian zu chu kan thatpui lo a ni tih a tichiang a, nunna hlu tak Pathianin min pek tikhawlo va, thlarau nun ngaih tuahawm tak chung a kan invui liante hi a paw takzet a ni. KTP member-te chuan kan kalsan ngam tura a ni.

NGO DUH DAN PAWH TIHHLAWHTLIN A NI LO

MLTP Act hlih tum a nih lai khan Mizoram NGO lian deuh deuh – YMA, MUP leh MHIP-te pawh biakrawn an ni a, YMA leh MHIP chuan MLTP Act hlih chu an duh lo va, chuta thawm nei lo ber MUP pawhin tun hnaia an General Conference chuan zu hi control tha leh zual tura sawrkar ngen an rel ve leh tawh a ni. Zu zawrh a nih dawn lai khan Aizawl

khawpui chhunga veng eng emaw zat chuan an veng chhunga zu zawrhna dawr awm an phal loh thu an puang nghal a. Zu zawrh phalna neiten zu dawr an siam dawnin Aizawl veng hrang hrang leh thing tlang khaw thenkhat chuan an veng chhunga zuar lo tura ngenna siamin an duh loh zia pawh an lantir a. Khaw tlang tlang rual pawh mi malin an hneh ta zel zawk niin a lang a, hei hi thil paw tak a ni. Mizote hi kan pi leh pu ata tawh mahni inenkawla mahni in ching fel mai thin kan ni a, hetiang vantlang duh dan aia mi mal duh dan a han chak ta zawk hian 'kan hnam lungphum a tinghing' tih hial tur niin a ngaih theih.

German philosopher leh scientist lar tak Karl Marx-a (1818-1883) khan khaw tlang thawh hona tha leh tan rual pawimawh zia a sawinaah, "Religious institution-in 'Ru suh' ti mah se economic institution a tlakhniam chuan miin ruk an ru tho thin," a tih ang deuh khan Mizoramah pawh religious institution (Kohhran)-in 'in suh' ti mah se, mi thenkhatin 'kha le' an lo tih tlat avangin kan inveng seng lo a ni ber.

Tuna zu khap mek State-te bih chianna

India ram chanchinbu lar tak Frontline (March 2015) chuan In-

dia rama 'Zu khapna dan' la hmang state hrang hrangte dinhmun a tar lang a, chung State thenkhatte dinhmun chu hetiang hi a ni:

1. **Gujarat:** Gujarat-ahhian State thenawm aţangin zu tam tak phurh luh a ni a, an State chhungah pawh awlsam taka hmuh tur a tam a ni tih leh, zu an zawrh loh avangin revenue cheng vaibelchhe tam tak kum tin a hloh va, ram pawn lam mi pawh an hip tur angin an hip loh phah tih pawh an hria a. Mahse, an State fa hrin ropui Mahatma Gandhi kha zu duh lotu a nih avang leh an hmeichhiaten zu zuar lo tura an duh em avangin vawiin thlengin an la khap zela ni.

2. **Manipur :** Manipur pawh hian zu an khap avangin revenue cheng vaibelchhe tam tak an ch n tih leh, thlah zalen se chuan an state chhunga zu quality pawhin a that phah ngei ang tih an ring a. Mahse, an State chhunga hmeichhe pawl pakhat, 'Meria Paibis' (Women Torch-bearers)-ten an remtih rih loh avangin MLP Act, 1991 chu an la hmang zela ni.

3. **Nagaland :** State thenawm aţanga zu a luh nasatzia leh revenue an ch n tamzia te, an beisei ang NLTP Act, 1989 a hlawhtlin

loh avangin zu khapna dan chu tihchak nge, hlih then nge, a vaia hlih vek tur tih ngaihtuah ho turin an Chief Minister-in ni 26.09.2014 khan Public Consultative Meeting a ko va, thutlukna an siam mai thei lo va, zir chiana, chumi hnuah la thlir ho leh ni se an ti a. Tin, Civil Society thu hmu lo chuan sawrkar-in NLTP Act, 1989 chu a hlip tur a ni lo an ti hmiah bawk.

4. Tun hnaia Kerala leh Bihar sawrkar pawhin zuin mipui nun leh hriselna a tihchhiat nasatzia te, zu in an pun chakzia te an hmuhin khap loh theih loh vah an ngai a ni. Revenue vaibelchhe tam tak ch nin an khap ve leh ta hmiah bawk.

Khawvel ngaihin Mizote hi hnam naupang leh tlem te ni mah ila, Pathianin hnamah min siam a, ram bik min pe a, mak takin min zawng chhuak a, Chanchin Tha meichher kengtuah min hmang a, hei hi hum tlat tur a ni. Ram nuam leh entawn tlak kan nih zel theih nan, thil tha lo leh hnawkte thian fai zelin ram nuam leh duhawm takah siam zel i tum ang u. Kan inen that loh chuan an sawi thin Myanmar ram anga hnuchhamin chhungkua an chawmna; Bihar ang ram hausa, mi rethei tamna ram; Manipur ang mitthite an nuna, nungdamte an thihna ram kan ni ve hlauh ang e.

Kristian thalaiten eng mawhphurhna nge kan neih?

— H. Zonunsanga
Kolasib Venglai Branch

Pathian hriatpuina kal-tlangin pawl ropui leh belh tlak Krista nun thawmpuitu 'Kristian Thalai Pawl' a lo ding hi a pawimawhin, tum fel tak nei chungin, a kum 62-na hmel a hmanh mek a ni. Kristian thalaiten mawhphurhna hi kawng hrang hrang kan nei a:

1. **Takna nun** : Buh lem leh tak to za tura Lal Isua tehkhin thu atang khan Pathian hian a taka nun a duhzia chiang takin a hmuh theih awm e. Tunlai boruak han thlir ila, nun dahlau lutuk, Pathian ngaihsak nachang hre lo tam tak hmuh tur an awm ta. Kristian zaa zaa inchhal thinte zingah hian kumin chhunga biak ina an hmel hmuh tur la awm miah lo hi member eng zat tak awm ang maw? Pathian awm ring lote leh Pathian a awm a ni tih hriaa ring chuang si lo eng emaw zat an awm bawk nen. Kristian hming pu nih ngawt a tawk ta lo, a taka

nunpui hi kan mamawh lian ber a ni. Inchhalnihai chuan a ningei e tih theih a tak nun kan neih a ngai. Chutih lai meka inchhir nachang hre lo, Pathianni tuka vawksa hmeha lungawi em em mai, milem biate nen huang khatah min dah dawn se kan haw viau awm si a.

Thenkhat hi chu a thuan mawi lama buai, branded inbel chungang nun second hand thung te. Chutah chuan Kristian thalaiten hi kan lo tel ve em? Kan inkhawm chhung aiin kan insiam chhung te hi a rei zawk lo maw? Nalh leh mawite chu hmuh a nuam, chumi ringawt mai ngaihtuaha darthlalang hmaa hun kan seng tam lutuk hi chu ngaihtuah a va ngai em! A tu ber nge tihlawm loh kan hlauh, tih te hi inen letna tul tak a ni. A chhe lai siam thatu turte hi a hnim phumtuah i tang lo vang u. Takna nun tih vanga biak hrehawm khawpa inhmuan up reng tur erawh a ni lo. Baala hmaa thingthi ngai lo thalai rualten ke kan pen hmasaka, entawn tlaka kan awm hmasak phawt chuan kan member-pui tam takte hmel kan hmuh belh ngei ang.

Tak hian lawm a hlauh nep a, mak hian min hip thung a.

Camping kan chhuak hlim hi chu beram bo zawnga thlalera kal kan huam ta vek em maw tih mai tur hi a ni a. Hun a'n kal deuh va, ban phar a'n uai thla tan a, lam dan style a dal tan a, he hunah tak hian takna nun chu a lo pawimawhin a daih rei thin. A alh puat ve lo va; mahse, a vâm reng thung. Kristian thalaite hi chuan a tawka buaipui dan thiam chungin takna nun hi i hmachhuan tlat ang u.

He takna nun neitu hi urlawk zan, kum hlui thlah zanahte fiahin a awm dawn. Beer haw lo ringtu tha a awm theih ang em? Mak hmu turin tak hmasak phawt a ngai. Kristian thalaite hi Takna Nun hmachhuantu i ni tlat ang u.

2. **Social media** : Social media lipuiin min han luhchilh tak tak mai hi chu zan tin deuhthaw YESTERDAY kan nghak thleng a. Facebook-a like nei tlem pawl chu Pathian thu a ni an ti. Kan hmuh chak zawng leh kan bengkhawn zawng a tanga chhut pawhin a dik a rinawm viau. A chi kim leh darh zauzia hi khawnvartui sem tur thu an post zo chauh va, a hnu lawk second rei lo teah London-a in

kan thu an post chhunzawm leh nghal zat a, a inkar chu a hla veng veng e. Thil kan hriat tam lutuk te, a tha lo lam chhiar tur tam lutuk te, bituk chin awm si lova ngaihtuahna hrang hrang nei awm khawm zinga Pathian ngaihsak nachang hre miah lote an awm tel a ni tih hre chungin, buaipui dan tawk thiam ila, social media bawl âtin i awm lo vang u. Mizo tawng suasamna hmun langsar tak chu social media hi a ni an ti. Hnam dangin min humhalhpui loh tur Mizo tawng ziah dikna remchangah i chantir zawk teh ang u. Ho tea dam chhung mualpho theihna a ni tih hi kan nulaten i hre thar teh ang u, vawi khat mualphona hi mitthlaah hian a fiahin a Chiang viau a nia. Taksa lang tam nih aiin nun tam neih a tha zawk. Kristian thalai tih awma mawi zelin nungchang i phawrhin i lantir thin ang u.

3. **Taih makna** : Mi tin maiin kan mamawh em em mai chu taih makna nun hi a ni awm e. Kristian thalaiten hnathawh kawr kan hak hian nu leh pate mit men a tinuam a. Thufingte 10:4-ah chuan, "Kut dawngdah chuan retheihna a thlen thin a, mi taima kut erawh chuan

hausakna a thlen thin," tih kan hmu. Chutih lai meka, eng em em thawk hmuh tur awm si lo mamawh leh duh ngah ve si, tukthuan ei khama zanriah ei hun nghak leh tawp mai kan awm a nih erawh chuan insiam that kan ngai viau. 3G rate a dam hun chhung nen hre kim deuh vek, inhlawhfa rate zawt ila hawi hu hu tur kan awm a nih chuan a changkang lo. Genesis-ah kan hmu a, mihringten thei ei phal loh kan ei avangin kan mit a lo var a, chu mitvarna chuan fai sa ringa awm thei tur kha hna a thawh a ngai ta. Genesis 3:17-ah vèk, "I dam chhûng zawngin rim taka thawkin a rah chu i ei tawh ang," tih zia kan hmu. Chu a rah, chu anchhiaa chu Kristian thalaite hian malsawmnaah kan chhiar thei zawk dawn lo'm ni? Thawk thei, pang dam tha niha, awm tawp mai te hi chu zahthlak deuh a nia. Chhungte tirh ngam loh khawpa piangthar leh pawimawh nih te hi a awm theih ang em aw?

KTP chu budget neiin kan kal thin a, sum tuaknan hna kan thawh te a ngai. Mahni in lama kan tih ngai hauh loh pawh kan tih bawrh bawrh a ngaih chang a awm thin. A hnathawk lai

hmuh tur awm mang lo, ei ve duh tho si nih hi Pathian thu nen pawh a inmil lo. A tul huna vakul chang tawn thiam a, a tul huna chhehchhawl nih thiam te hi a ngai. Thawh rimna zawng zawngah hlawkna a awm a ni tih hre chungin, kan phak tawkah chuan tlanche mai lovin i thawk zel ang u.

4. **Nun nghet** : Mi puitling tia kan sawi thinte hi kum lama upa ngawt an ni lo, mahni tih tur rel fela ruahman fel thiamte leh mahni tuma chiang, nun nghet neite hian puitlinna fawng chu an vuan thin. Zoram mipuite lirnghing in min sawi dual a, min sawi thu ngawt hi hmu lianin, a phena malsawmna awm hi kan hmuh kan hlauh dah ang e. Zu rui pakhat biak ina tlan lut an sawi thawm han hriat khan vawin hian kan biak in te hi a la belh tlakzia a tilang chiang zawk a ni. It's My Life ti thinten chung lam hawin It's My Love an ti ang a. Kan nun a ngheh loh avang hian kan buai chul thin zawk a ni. Pathian awm ring lotute mahin an tan lam an sawh sawn duh loh chuan keini Krista ringtute hi chu kan nghet viau tur a ni zawk. Kan

biak Pathianah Chiang Ila, nun piah lam thlenga inngah ngamna tlak a ni.

5. Lungawina : Vui hmuipu hmel hmuh hi chu a hahthlak tiru? Kan beisei ang kan hmuh loh avang hian kan vui nghal ngawt a, kan chan mek hi awttu an awm thei tih kan hriat tel a ngai. Mahni nihnaa vui tluka natna hrehawm a awm chuang lo. Kristian thalai tan ngat phei chuan a va pawimawh em! Kristaa kan lungawina hi khawvel mite hmuh thamin lantir thin zawk ıla, thawngkama kan koh eih zawh loh te hian kan zinga tel an chak phah thei zawk a ni. He nun nei tur erawh chuan Krista neih tel a ngai thung. Building chhawng sang tak a tangin rual awt reng reng a awm theih laiin, kut hna thawka pawr fap chungin a lungawi viau theih thung a. Rualawhna dik lo, duhamna hrang hrangte hian lungawina hmel a tibal thei viau. Ni tin ei khawp dila lungawi thin khân kum khat daih a khawl chung pawhin a lungawi ta lo. Miten 'Lalpa' an tih ruala ti ve leh ngawt thin a, nun chhûngrila rûm chung hian em ni Lalpa kan

dâwr dâwn? Ngaihtuah Chiang ang u. Chan tâwka lungawina nun zâwk hi a ni lo'm ni, nun awhawm neitute zâwk chu? Miten kan in leh lo, kan bank account ngawt te hi min tehna tûr em maw kan ti ang e. Eng chhûngkua nge an nih, tih te hi teh nân an hmang fo zâwk. Thufing pakhat chuan, "In ropui tak chhûnga hlim thâwm awm lo chu, pûk ropui tak chhûnga khawsak nê n danglamna a awm chuang lo," a ti a, a dik thui viau. Mi a lungawi hmel hmuh tur a awm mang loh chuan a awhawm hauh loh. Lungawina nunin a ken tel langsar tak chu dikna leh rinawmna a ni awm e.

Thênkhat erawh mahni aia Hausa leh khawsak nuam zawk kawppui neih chuan lungawi em em mai, hlawhtlinna tluk thawthanga ngai kan awm thei ang em tih hi kan inzawt e. Kristian chhûngkua dinpui aia, a bank account lam buaipui zawk hi a awm theih lo maw? Kristian thalai duhawm takte u, ni ve lul suh u. Van thlenga ro chhawm theihna kawng Kristian chhûngkua din mawlh hi thlahlel rawh u, chutah zawk chuan Lungawina Nun famkim chu a awm si a.

Thlarau chan hnih leh a man pek

— R. Lalzarzoliana
Ramhlun Vengchung

Pathian khawngaihna azarah Isua ka rin veleh Thlarau Thianghlim keimahah a lo thleng nghal a. Hun a kal zel a, ka khawro ta em em mai a. Ka hulin ka nun ram chu a chau em em a. Pathianah ka lungleng bawksi a. Ka thlarau chan chu ka dukhawp ta lo va, thlarau chan hnih dawng turin ka dil ta tlut tlut mai a ni. Rei tak ka dil pawhin pek ka ni lo va. Ka beidawng hle a. Chutia beidawng taka ka awm lai chuan ka thinlungah, “Thlarau chan hnih chang tur chuan a man pe rawh,” tih hi a lo thleng a. Thlarau chan hnih chang tur chuan a man pek a ngai tih ka hre ta a. “A man chu engtin nge ka pek ang?” ka ti a. “Inpe la, Bible chhiar la, ʔawngʔai la, inkhawm la, tlawmna nun nei rawh,” tih hi a chhanna a ni.

Mi soal kan nih laiin bawlhhlawh mai kan ni a. Pathian lamah mawina reng kan nei lo va. Pathian

ngaihah chuan thi kan ni a. Isua Krista thisen avangin sal tang mek chu chhuah zalenin kan awm. Thlarau Thianghlim zarah nunna kan lo nei ta bawk a. Bawih ni tawh lovin Pathian faa vuah kan lo ni ta zawk a. Pathian fa, ro luahtu kan ni. Fa tak kan nih kan inhriat ni aʔang chuan kan hlim em em a. Kan lawm em em ʔhin a nih kha. Hmangaihnaa zawn chhuahin kan awm a. Khawngaihna min chhandam a. Tluchhe tawh hnu kha tundin kan ni a. Mi soal, hremhmun hmabak tawhten Isua Krista thisen avangin thiam kan chang ta a ni.

Ringtute u

Pathian thu kan awiha, Isua kan rinin, Thlarau Thianghlim keimahniah a lo thlen chuan kan thinlung thim chu chhun enin a awm a. Kan mit min tivar a. Kawng dik kan lo hre thei ta a ni. Pathian zahngaihna chuan min chelh a. Isua Krista zarah kan mawi ʔhin a. Thlarau Thianghlim chuan min tihuaisen a. Kan zam ngai lo. Pathian hnenah Isua hmingin kan dil a, Thlarau Thianghlim zarah kan hlim em em ʔhin a nih kha. Pathian hmangaihna chuan thil athlak lakah min chhanhim a. Isua nen chuan kawng bumboh

pawh kan zawh zel a. Thlarau Thianghlim zarah hnehtu kan lo ni thin. Ringtute hi kan va han vannei tehlul em! Thlarau Thianghlim keimahniah a awma, kan van kalkawng Isua kan zui phawt chuan Pathian ram kan thleng ngei ang.

Khawvel tukverhah kan dak a

Kan khawvel hian a mawina hmangin min thlem a. Isua lam kan thlir thei lo va. Kan thlarau nun a chak thei lo va. Kan chau em em thin a lo ni. Kei ngei pawh khawvel thilah hian hausa nih duhna te, pawisa tam tak neih te, in tha taka chen te, car mawi tak neih tumna te chuan min tichau em em thin a ni. Chutih laite chuan Pathian aw ka hre thei tawh meuh lo va. Thlarau Thianghlim chu a tin lo chauh va. Ka hawi kir em lo va. Khawvelah ka duh ka nei thei chuang si lo. Ka hlim loh phah hial thin a.

Chutia chau taka ka awm lai chuan Thlarau Thiang-hlima khat hnek hnawka awm chu ka tum bawk si a. Ka thei bawk si lo. Khawro taka awm ka duh bik si lo va. Ka thlarau chan chu ka duhkhawp ta lo va. Chuvangin, thlarau chan hnih Pathian hnenah ka dil ta a ni.

Ni tin hian thlarau chan hnih chu ka dil a, ka tawngtai ngat ngat a. Ka dil ka dil a. Ka dil ka dil hnu pawh chuan thawm eng mah ka hre lo va. Dawn ni reng reng ka nei thei lo. Ka beidawng em em thin. Mahse, ka dil lui zel a. Ka kar thiam chi kima ka kar hnuah pawh ka la dawn loh avang chuan ka thinrim leh si a. “Ka tawngtai tawh lo tawp ang a, ka dil tawh lo tawp ang,” ka ti a. Ka beidawn em em takah chuan Pathian a han che ta a. Thlarau chan hnih chu min pe nghal ve mai dawn em maw ka ti a. Min pe nghal lo chuan, “Thlarau chan hnih chang tur chuan a man pe rawh,” min ti ta daih a. Mahse, ka vui lek lek a. Amaherawhchu, vui thei ka lo ni lo va. Thlarau chan hnih chang turin ka phu lo tih ka inhria a. Ka dil chu lo hlawhtling nghal thei rual ka lo ni lo.

“A sang em a, ka phak lo a ni,” tih ang mai khan thlarau chan hnih chang tur chuan a lo sang em a, ka thawh ve tauh tauh a lo la ngai a ni tih ka hre chhuak a. Pathian aw ka hriat hnu chuan ka tlin lohzia ka hre thar leh ta zawk a. Thlarau chan hnih chang tur chuan ka mawhphurnaah a innghat tih ka theihngilh ngai tawh lo a ni.

Kan buai thin

A man chu pek a ni em? Thlarau Thianghlima khat tur chuan tlawm ral raih a ngai a. Chapo a ngaithei lo va, hniam taka kun a ngai thin. Mahni thu thua awm a theih loh va. A thu awih a ngai a. Chhiahhlawh nih a ngai a. Chhiahhlawh nih pawh chu kan phak lo hle a. Kan rawngbawl venate hi kan theihna em maw tih a awl hle a. Ama zara rawngbawl ve thei chauh kan ni si a. Kan han intipiangthar dek dek a. Kan indah thlarau mi em em a. Mi aia rau leh rawngbawl em emin kan inngai a. Ti thei zawk niin kan inhria a. Kan bula mite kan hmu khawro ngawih ngawih fo thin. A fel ber emaw, a tha ber emaw kan intih changlah a tam. Pathian puihna lo chuan mahni pawh ding ngil thei lo leh kal tha thei lote, tantuah pawh tang ngam lo leh inkhawm kim pawh peih lo hian, "Chu mi thusawi chu a ho em mai!" kan ti a, kan dik lohzia kan inhre thei si lo. Ringtu kal hmasa – huaisen leh inpe, mi ropui tak takte hnung zui tur kan ni zawk si a.

Kan han tawngtai a. "Lalpa, ichhiahhlawh hi..." kan han inti a. Chhiahhlawh pawh kan ni phak dawn em ni? Lalpa bawih

tha ber ang maia inngai, rawngbawl peih lo, zing tawngtai pawh kal peih lo, kawng tinrenga chhuanlam nei reng kan ni si a. Kei pawh ka nih dan thin a ni. Chuvangin, Thlarau Thianghlim chan hnih chu dawng chi ka lo ni hauh lo. Thlarau Thianghlim chan hnih changtur chuan a man ka pek phawt a ngai a ni. A man chu ka pe a. Pek zawh tawh a awm thei lo, pek nawn zel ngai a ni. Tun thleng hian thlarau chan hnih chu ka dil leh tawh lo. A man chu pek zel pek zel a tul a ni.

A man chu engtin nge pek a nih? Thlarauva chak tak ni tur chuan kan inpek a ngai a. Awm mai mai chuan a chak theih loh. Bible chhiar te, inkhawm te, tawngtai reng te a ngai a ni. Pathian lamah kan hun, kan tha kan pek phawt chuan amahin min tanpui thin. Harsatna karah pawh chhel takin kan kal zel a. Zan a lo thlen pawhin min thlamuantu a ni. Amah kan hnaih poh leh kan hlim zual thin. Kan hlat hle chuan kan zam viau zel a. Inenna dika kan inthlir chuan mite Lalpa tana an thawh hlawkzia kan hmu thei thin. Ni tin a kraws puin tuar chung pawha

Krista hnung zui tur kan ni. Thlarauva khat tur chuan inpek nasat hle a ngai a ni. Inpek zelna hi a man pekna chu a ni. Inpekna kimah lawm a kim a nih kha.

“Rinnaah in awm em? Inchhin thin rawh u,” kan Bible chuan min ti a. Eng vangin nge kan kohhran kan tui theih loh? Eng vangin nge keimahni kan hlim theih loh? I inen fiah ang u. A man pek kan lo ngai reng lo maw! “Kan kohhran chu kan hlim lo si a. Kan tui bawk si lo. Ka inkhawm peih lo mai ang,” kan ti mai mai thin a. Kohhran hi kan sawisel reng a. Puhmawh tur kan zawng a. Mahni lungawina kan zawng a. Pathian lungawina turin kan tipeih leh si lo. Tui chin kan nei a. Duh chin kan nei hrang a. Mahni kohhran sêla, pawn lama puarpawleng umtute pawh hi an tlei chuang lo. Mi dang a hlawkna tel tum te, mi dangte thawh saa tui tum te hian khawiah mah lungawina an hmu tak tak ngai lo. Mi dang puh talh kan tum a. Keimahni vang a nih kan hre ngai lo. Thlarauva khat turin mahni inchin ral kan ngai thin a ni. Mi dang hnek lova, mahni inhnek a ngai a ni.

Pathian tel lovin kan tlei lutuk thin a. Mahni hnaah buaina kan ngah em em mai bawk a. Lalpa tan kan hun kan pe hman lo va. Pathian tel lo chuan eng mah kan ni si lo va. Rei lo teah chuan kan tlu leh nge nge thin. Ringtute u, i intichak ang u. A man pe ila, thlarauvah i awm ang u. Rawngbawl na tur a tam si a, muang lovin i thawk ang u. Kan thlarau nun mei a mih hma hian chhem alh zual zel turin a man pe zel ila. Chuti a nih loh chuan technology hrang hranga hmasawnnate hmang leh hring nun duhamnate hian kan thlarau nun hi a lo ei thi ang a. Inchhem nung leh turin Thlarau Thianghlim a lo tin tawh si ang a. Kan tal buai palh ang e! A hmasa ber pawh a hnunung berah a awm theih a, a hnunung ber pawh a hmasa ber a nih theih. Pathian thu-ah chuan chawhma ațanga thawk leh chawhnu ațanga thawk hlawh a inang. Eng pawh ni se, hei hi i hre reng ang u. Khua kan tlai thei tih hi. Pathian Thlarauvah i awm ang u. Ringtute hi harsatna karah pawh chhel taka kal zel tur kan ni. Hnungtawlh lovin, hma sawn zel ila, a man i pe zel ang u.

HURUAITU CHANCHIN

PU VANLALPEKA
Finance Secretary

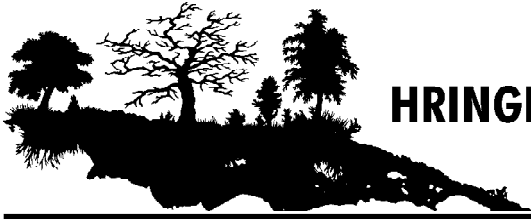
Pu Vanlalpeka (Peka/Mapeka) ft. 5.5-a sang, kg. 72-a rit, kan Finance Secretary țang lai hi Pu Bata leh Pi K.C. Lalengmawii-te karah kum 1978 December ni 19 khan Aizawl Civil Hospital-ah a piang a, unau pasarih zinga a naupang ber dawottu niin kum 2010 khan Hruaikimi d/o Dr. Zokhuma nen inneiin, fapa pakhat leh fanu pathum an nei a, tunah hian Aizawl Chanmariah an chhungkuain an khawsa mek a ni.

L.P. School, Chanmariah zirna bul țanin, Chanmari Middle School a chhuah hnuah Govt. Higher Secondary School Aizawl ațangin HSLC țha takin a zo va, Hrangbana College-ațanga B.A. Hist. (Hons.) a zawh hnuah sumdawonna bul a țan ta a ni. Khawotlang rawngbawlna lamah theihtawp chhuah țhin, YMA chhang Leader ațanga bul țan, dinhmun pawimawh leh mawhphurhna hrang hrang chelh tawh a ni. Amah hi mi ti zawk zawk lo, kawng hrang hranga tawnhriat ngah tak, taima, thinnel leh zaidam tak,

ei siam thiam tak a nihna hi a thianten an chhuan em em na pawh a ni.

Tunah hian Chanmari Kohhranah Puitling Sunday School zirtirtu a ni meka, Chanmari Bial leh Branch KĲP-ah Office Bearer post a chelh kim vek tawh a, Bial Zaipawl member te pawh lo ni tawhin an Kohhran Zaipawl Conductor te pawh a lo nih tawh bakah, an Branch KĲP Asst. Leader a ni mek bawk a ni. Ram pawh lamah rawngbawla lo feh chhuak fo tawh a ni a, Mizote zingah chuan sound lama mi thiam kan neih zinga mi a nih avang hian sound training neihpuiin Zoram hmun hrang hrangah a kual nasa țhin hle bawk. Sound system chungchang video a siam chu KĲP, Bial leh Branch tan sem darh a ni a, kum 2012 General Conference pawh khan sound system chungchang sawiin hun a hmang a, palaiten kan hlut hle nghe nghe a nih kha.

"Lalpaah chuan lawm fo rawh u; ka ti leh pek thin ang, lawm rawh u," (Philippi 4:4) tih thu hi a Bible chang ngainat ber a ni a, mi rinawm lo hi a mi huat zawng tak leh, lawm thiam em emte hi a mi ngainat zawng an ni a, zai ngaina tak, ei leh inah chuan insum lem lo, a awm apiang duh vek kan tih ang chi, infiamna lamah chuan a kotlang 'A' team, tharum thawh ngaina lem lo tak a ni. Phone No. 9436153728-ah hian biak pawh theih a ni a, kawm Chiang duh kan awm pawhin a Facebook Account – Vanlal peka a ni e.



HRINGLANG TLÁNG

Pathian nupui i ni em?

Mipa naupang, kum 10 mi awm velin darthlalang phen ațangin dawr chhunga pheikhawk zawrh it hmel zeta a bik dak dak hi ka hmu a. Thlasik khaw vawh vin lai tak a ni a, eng mah a bun loh avangin a vawt ti chu a khur hlak hlak a. Mipa naupang chu ka va pan a, a kokiah ka vuan a. Mipa naupang chu a phu zawk mai a! Hlauthawng tih hriat zet hian min en ta reng a.

A hnenah chuan zaidam tak hian, “Bawih, eng thil hmuhnaawm nge awma, khati tehchiana i en chu le?” ka han ti a, zaidam taka ka biak avang chuan a hmelah hahdamna ka hmu nghal a. Mipa naupang chuan inthlahrung hmel tak hian, “Pathian hnenah pheikhawok min pe turin ka dil a...” tiin min chhang a.

Mipa naupang chu pheikhawok zawrhna dawrah chuan ka hruai lut a, dawr nghaktu nula hnenah chuan mipa naupang bun tavok pheikhawok leh mawza rawn la turin ka hrilh a. Charohtavolhah tui rawn la tur leh hrukpuan min pe turin ka dil nghal bavok a. Dawr nghaktu nula chuan karlovah ka duh chu min rawn pe nghal a.

Mipa naupang chu dawr hnung lam pindanah ka hruai lut a, a ke ka silsak a, hrukpuana ka hruk hulsak hnuah mawza leh pheikhawok chu ka buntir a, mipa naupang chu lawm takin a nui var var a. A hnenah chuan, “Bawih, khati khan i lungawi tavok em?” ka han ti a. Mipa naupang chu a lawm em em a ni tih a hmel ațang chuan a lang reng mai.

Dawr kan chhuahsan dawn chuan mipa naupang chuan mak ti takin min en hau va, “Ka pi, Pathian nupui i lo maw?” tiin min zavot ta a.

— Jen Brownson

RIMAWI ■■■

MUSIC LAMTLUANG

— H. Lal̄hazuala (Puia)
Synod Music Instructor

Tun thlenga music peng hrang hranga Mizo kohhrante dinhmun leh hmasawnnate hi ngun takin ka ngaihtuah neuh neuh thin. A tha taw lo lai leh dik taw lo laite siam thaa, chak zawka hmasawwna kal tura ke pen thar zel erawh a ngai hle mai. A puarpawlheng vela liam mai lovin, a tak ram pawh lehzual tura beih tak tak a hun ta. Sawi tur tam tak zingah tlem te, ngaimawh zual kan sawi dawn a ni. Hetiang hian kawng hrang hrangin han then darh ila:

MUSIC ZIRNA LAM

Zofate hi lehkha zirna (education) line-ah chuan zir pawh kan zir nasa a, thiam pawh kan thiam, thlen pawh kan thleng thui baw. Music zirna nen chuan khaikhin hleih theih ni lo mah se, heti zawng hian han sawi zau ta ila. Thalai rual zingah music zir kan tam ang huin chhawr tlak leh hman tlak

tak tak chu kan tlem hle. Kan zir dan system pawh hi bih chiangin, by heart system-a zir lova, hmuh apiang chhiar thiam nghal/play/sa thei nghal zel tura tan lak a ngai. A zirtirtute pawn kan zirlaiteah chu chu kan tuha kan hman luh a ngai. By heart theih tul leh pawimawh chu a awm ngei mai, sawichhiatna a ni lo ve. Mawi tak leh nalh taka thiam sa play thei, music note thar dang peka buaia tlanchhia, play thei si lo kan tam zawk tlat. Hnam dang kan phak lohna leh kan hnufumna lian ber a ni baw. Kan solfa ti mai ila, tonic solfa hmanga zai hruai thin zingah pawh hla la play ngai loh vawilehkhata play nghal thei kan tam lem lo hle. Naupang aṅanga thalai thlengin, a zia leh chhiar thiam tak tak zawng music hi kan zir a ngai. Zir hming pu, hre ve zul, insawi hawt pawr taw vel, mi hnial taw vela music zir, belh chiana duap leh si kan tam lutuk hian mualphona leh hmasawn lohna min thlen. A zirlaite pawn thla nga, thla ruk leka thiam tak, hneh deuhva play thei nih tum ngawt lovin, tei rei peih ve deuh a ngai. A chhe berah, hman tlak tak tak ni tur chuan kum thum aṅanga kum nga tal regular taka

zir ve a ngai a ni. A bikin keyboard-a biak in zai hruai hi zir chian tak tak a ÷ul. Awlsam taka ngaia mahni duh dan style-a hruai mai te hi a dik lo hle mai si! Kan sawi zui hman lo phawt ang! Zorama KTP member-te hian music zirna kawngah rilru thar pui hma thar i la ang u. Music hi a ti tak tak peih tan chuan eizawn nan a tlak tih ka sawi ngam a ni. Eizawn nan erawh peng hrang hrang a awm thei. Hei mai bakah, zai mi (soloist)-te pawh hian music-ah ziak leh chhiar kan thiam a ÷ul takzet a ni. Music-a ziak leh chhiar thiam lo tan chuan thui a thlen theih loh va, kal zel turin beisei a bo bawk. Chuvangin, zai mite pawh hian music theory & practical hi hmasawn nan i zir thar leh ang u. Kawng engkimah, thiam leh ÷ha kan inti hma lutuk hi hmasawanna daltu leh kan mi mal nun tan pawh chhiatna leh puitlin theih lohna a ni.

ZAI DAN PHUNG/VOCAL WORKOUT

Mizote hi a hnam pum pui ngaihtuah chuan zai nasa ber hnam kan ni, ti ila a soal thui lutuk lo vang chu. Hmasawanna tam tak awm mah se, kan zai nasat dan ngaihtuah erawh

chuan hmasawanna a kal chak taw lo hle. Hnam dang nena han inkhaikhin tak tak pawhin kan lo ÷ha bik lem lo a tih theih awm e. A zai mi rau rauvah pawh, zaipawl a ni emaw, mi mal zai a ni emaw kan ÷henawm state pawh kan tluk tak tak meuh lo. Mahse, a tehtu leh teh dan azir pawh thui tak chu a ni thei ve bawk. Heti hian kawng hnihin sawi zau lawk ila:

1. **Zaipawl awpek danah**: Kan sawi tak ang khan zaipawlah pawh hnam pum pui ngaihtuaha zaipawl uar ber kan ni hial awm e. Hla kan chei kual dan leh thleh kual dan chu eng pawh ni se, ngaidamin sawi zui lo phawt ila. A pawimawh lai pakhat chu a music style (genre) azira zaipawlin kan aw kan hmang hrang thiam taw thei lo hi a ni. Zaipawl conductor-ten ÷an lak a ngai a, a zaipawl member-te pawn ÷an lak kan ngai tho. *Entir nan*: kan hla thlan azirin eng music genre-a zai tur nge tih ngaihtuah hmasak a ngai. Hla ÷henkhat chu a thu leh a thluk, zai dan tur/awpek dan tur nei sa a awm thei bawk. Eng pawh ni se, zaipawlah pawh a hla azirin Mizo thluk deuh, lung kuai deuh hla thluk (Mizo sentimental song) contem-

porary singing style aw peka sak chi te, hla thenkhat chu hymn lampang, a aw pek pawh hymn tune taka aw peka sak ngai te, a then chu choir hla tak (hlapui kan tih ang, *entirnan*: Beramno talh tawha, Halleluiah Chorus, etc. Handel Messiah phuah ang te), choir aw pek tak classical choir singing anga sak ngai a tam hle. Chumi chu kan thliar thiam pawh a ngai reng a ni. Eng hla pawh kan sa ve mai; mahse, zai dan phung, aw pek dan pakhat chauhva kan zai reng si avang hian, a hla/music ropuina pawh a lang chhuak thei lo. A key thlengin a nghawng bawka, a mawiin a ropui tak tak thei lo. Kan hla sak tur music genre kan hriat chian a ngai hmasa tihna a ni. Chu chuan aw pek dan tur a hril dawn a ni.

Zaipawl hlaah pawh genre hranga awm ve zel angin, chumi hre fiaha hmang thiam tur chuan KTP member-ten hma thar i la ang u. Chumi ti thei tur chuan zai dan (singing technique), a bulthum a tanga tlem tal zir te pawh a ngai ve a ni. Zaipawl member-te pawn vocal training a huho tala kan neih zeuh zeuh a ngai reng a ni. Zai zir hi i tlawmngai lo vang u.

2. *Malzai (solo) aw pek danah:*

Hei thupui hi a bikin mal zai (soloist) bikte tan pheih chuan a van pawimawh em! Zai mi kan tam ang leh kan zai nasat dan ngaihtuah chuan kan zai hian belh chian a dawl lo hle. Zaipawla kan sawi tak ang khan, zai mite hian ka hla sak tur hi eng music nge, eng music genre nge tih kan ngaihtuah hmasak thin a ngai. Band-a a zai ber (vocalist)-te hi chu a music genre zawnga chhut pawn an tha khat viau va, sawi tur awm mah se sawi zui lo phawt ang.

A awmzia takah chuan pop, country, blues, classical, soul, R&B, etc. hian aw pek dan kal hmang bik (form) a nei vek a. Hre mah ila kan aw chhuak, kan zai chhuak hian a thliar hrangin a pho chhuak thei meuh si lo. Mahni zai dan phung pakhat, local voice ka ti mai, chutiang chuan kan zai chhuaka ni deuh ber. Contemporary singing huang chungah, pop music ngaina kan niha pop hla kan sa a nih chuan pop music-in kalphung leh zai dan aw pek a nei angin, a music mood tak sa chhuak tura a aw pek kan zir a ngai bawka.

Chutiang zel chuan country music pawh, blues music pawh,

jazz music pawh, rock music pawh, R&B music pawh, reggae music pawh, etc. a ni vek mai. Tin, hei mai bakah classical singing, musical theatre singing, Broadway singing, etc. kan tih aw pek pawh a hrang nei a nih vangin zir a ngai a ni tawp mai. Amaherawhchu, heng kan sawi tak hi chu entirna mai a ni a, a lar zual kan sawi mai a ni.

Music chawhpawlh, genre pakhat tawpa lak hran hleih theih loh a tam hle mai bawh. Zorama zai mi (soloist)-te hian ngaihtuah chiangin, hriat hlawh takin kan lo lar viau pawh a ni mai thei, a ruka inzir a ùl, singing technique course tlem te, thla thum course chauh tal pawh, tlawmah la lova kan zir a ùl. Hei hi zai mite tana hmasawna tura rahbi pawh mawh tak pakhat a ni.

ZAIPAWL KAIHRUAITU TAN /CHOIR CONDUCTOR TAN
Hei chu a hawl zau zawnin thlir ta ila, Zoram chhunga kohhran huang chhung leh a pawn lam thlenga zaipawl kaihruaitu (conductor)-te tana sawi tur tam tak zingah hengho tlem te hi, kan hriat fo tawh pawh ni mah se ka sawi thar leh duh a ni.

1. Zaipawl conductor tam zawkte hi chu, “Mi pawhin solfa an vai alawm,” ti ni awm taka, zaipawl member hmaa solfa vai chhuaktu mai kan ang hle. Zaipawl kan thunun ni lovin, zaipawlin min hruai/min thunun zawk a tih theih mai loh maw? Nge, an zai ruala vaitu kan ni zawk mai lo maw? I ngaihtuah chiang teh ang u. Ka sawi chhan ber chu zaipawl conductor solfa vai ve si, zaipawl hruai miah lo, an hmaa solfa vai hah thlawn tawp kan tam em em a ni. Conductor chu zaipawl member zai dan phung engkim, a duh dan leh tha tih ang taka thununtu a ni.

2. Zaipawl conductor-te solfa vai hi a khawl (mechanical) hnathawh lutuk a ni. A tir aṅanga a tawp thlenga inang veka solfa vai ngai pat kan ni deuh ber. Vuak 4 hla chu vuak 4 vaia vai tlang parh, a dang vuak pawh a ni vek mai. Hei bakrahbi thar kan chuan kai a hun tawh. A rhythm ang tawpa vai chhuak ngawt lova, a melody ang taka a vai pawh kan chet thiama kan hruai thiam tak tak a ngai. Kohhran zaipawl conductor-te, Bial zaipawl conductor leh thlan bik zaipawl conductor thlengin,

thalaite hian ke pen a hun ta. Solfa vai leh a zaipawl kaihhruai lai tak hi zir thar kan ngai. A zirna sikulah te, mi mal hnenah pawh thla hnih thla thum tal zir a ngai. Eng emaw chin hi chu a zir thiamin kan zeibelh thei bawk.

3. Zaipawl conductor, music chhiar thiam lo leh musical instrument pakhat tal tum (play) thiam loten a zirna sikulah kan zir a ngai hle bawk. A thiam deuh tawh tan pawh hma thar lak a ngai. Kan sawi tawh angin, zaipawl conductor-ten singing technique zir kan ngai em em bawk. Rawngbawl na vek mah ni se, hetiang tal thiamna leh hriatna nei lo tan chuan zaipawl conductor nih a zahthlak tan a, a zahthlak deuh deuh baw kang. Zaipawl tha tak/quality tak neihpui a har bawk.

4. Zaipawl member-te ngaihsan tlak ni turin, zaipawl conductor-ten music kan thiam tak tak a ngai. Singing technique pawh eng emaw chen kan hriat ngei ngei a ngai bawk. Zaipawl member-te ngaihsan tlakin thiam a ngai a, chapo si lova kan thiam kan pho chhuah hun, lan chhuahtirna hun a ni.

Sawi tur a tam hle mai. Sawi tawh angin, heng music-a zia leh chhiar thiam a pawimawh zia kan sawi te, chumi thiam tura music zir a pawimawh zia kan sawi te, zaipawl leh mi mal zaia kan zai chhuah leh aw pek chhuah, a music genre anga zai a ngai hzia kan sawi te, zaipawl conductor-te mawhphurhna pawimawh tak tlem te kan sawi te hi, ngaihtuahna thar pu a hmang thiam thei turin ke i pen zel ang u.



SYNOD CHOIR RAWNGBAWLNA

1. **RATU KOHHRAN** : September 3-4, 2016 khan Ratu Kohhran Centenary lawmnaah Moderator zuiin an kal a, tum 4 dinah hla 6 an rem.

2. **VANA PA HALL** : September 22, 2016 khan Central KTP buatsaih, Bial leh Branch chanchinbu enkawltute Workshop, Vana Pa Hall-ah an zai a, tum khat dinah hla 2 an rem.

3. **SAMTLANG BRANCH** : September 26, 2016 khan Samtlang Branch diamond jubilee lawmnaah tum 2 dinah hla 4 an rem. Hei hi MSC (2016-18) rawngbawla an chhuah vaw 11-na a ni.

HRISELNA ■■■

Damdawi Side Effect

— ROSANGLUAIA (M.Pharm.)
Nursery Veng Branch



unlaih damdawi, side effect nei lo tia fak nan taka hman hi a tam tawh em em a. Mizote chauh lo pawh hian side effect nei lo hi kan ngaisang em em mai a. Mi tam tak, damdawi side effect nei lo a awm theih ring lo chung sia, damdawi effect leh side effect neih dan kan hriat chian loh avanga side effect nei lo thlan phah ta zawk pawh kan awm fo va. Tunah hian eng nge damdawi side effect chu, eng vanga side effect chu lo awm nge, tih lam kan sawi dawn a ni. Damdawi side effect nei lo a awm thei reng em, tih chungchangah rilru in lo siam ve dawn nia.

Hriat thiam awlsam nan damdawi pakhat hnathawh dan hi han tar lang hmasa ila. Asthma damdawi, salbutamol hi a hnathawhna lai tak chu beta-2 receptor a ni a, beta-2 receptor hnathawh a pui a ni. He damdawiin hna a thawh chuan

kan thawkna dawt tawt/zim chu tizauvin a tihrawl kha a tifar/tidul ta ðhin a. Chu chu asthma vanga thawk harsate tan a nuam huai ðhin a. Chutih laiin he a receptor - beta 2 hi taksaah hian hmun hrang hrangah hian a awm nual mai a. I thinah te, i thisen zamah te, i rilah te pawh he receptor hi a awm ve a. A hnathawhna hmun a nih miau avangin i chuapah chauh lo pawh chuan a thawk ta vek a. Hei vang hian he damdawi pek hian BP hniam te a awm thei a, BP hniam avang hian lu hai te a awm thei a; tin, adrenergic drug a nih avang hian chil a tlem a, thin phu pawh a tirang thei a ni. Thawhah damdawia kan hman rual hian heng zawng zawng hi a effect dangte chu a ni.

Side effect chu eng nge?

Damdawi side effect kan tih chu, damdawiin kan taksaah hnathawh (effect) a nei hna tur zinga kan thawhtir tum loh thil dang a rawn awmtir (effect) tel te hi a ni.

Entir nan - Thaw hah damdawi salbutamol i ei chuan i thaw hah chu a chhawk ngei ang a, chutih rualin lu hai te, dang ro te, thak te a awm tel thei bawk a. Chu chu side effect chu a ni.

Side effect chu a lang chhuak ngei ngei em?

Damdawi chungchang ziahnaah hian a side effect hi an ziak tlar dul thin a. Heng side effect-te hi damdawi effect tenau a ni thin a; chu vang chuan damdawi dose pangngai taka ei chuan a lang chhuak lo tlangpui a. A effect hi a lo nasat deuh pawhin damdawi dang hman tur a awm si loh chuan a side effect control-na tur kha damdawi dang an hmang bawc thin. A dose sangah hian a tam ber chu a lang chhuak thin a.

Kan sawi tawh ang khan, salbutamol i ei chuan i thaw hah a chhawk bakah chuan i bp hniam thei leh i tihrawl khurte chu i hre thei lo mai thei a. Mahse, damdawi hnathawh avang leh a nghawng theihte a tang chuan heng te hi awm thei ngei tur a nia. Sawi tawh ang khan, dose pangngai taka eiah chuan a lang lo mai thei a; mahse, dose sangah chuan a lang chhuak thei a ni. Chu vang chuan damdawi side effect chu a eituin hre lo mah se, side effect a nihna a bo chuang lo va. Uluk taka damdawi ei chuan a lang chhuak lo tura ngaih a ni tlangpui a, a lan chhuah loh avanga side effect nei

lo ta ni lovin, a side effect hi chu lang lovin a lo awm ve tho va, a reh ve leh mai thin a ni.

Side effect chu engtin nge an hriat?

Side effect thenkhat hi chu taksaarawn lang chhuak leh, damdawi eituin a awm dan a sawi leh damdawiin hna a thawh dan a sawi chhinchhiahna a tang tein a ni a. Mahse, damdawi tam zawk hi chu damdawi chemical structure a tang leh damdawiin taksa a hna a thawhna hmuna protein receptor structure te nen zir chian a nih hnua leh, chumiin taksaa hna a thawh dan te zir chian a nih hnuin side effect tam ber chu a tar lan theih ta a ni. Kan sawi tawh ang khan, salbutamol chuan beta-2 receptor-ah hna a thawk a, beta-2 receptor awmna leh a hnathawhte chu a Chiang nghal uar a, chung chu side effect a awm theihna lai te a ni tih a hriat nghal theih a ni.

Damdawi side effect nei lote chu khawia mite nge?

Damdawi side effect nei lo an tihho chu ramhmul damdawi te, ayurvedic (AYUSH) damdawi te

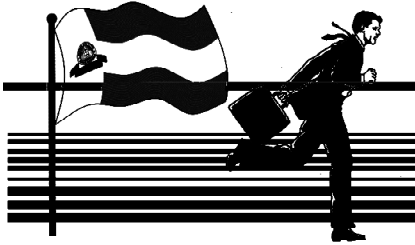
a ni tlangpui a. Heng damdawite hi chemical tello a ni lo va. Mahse, a chemical leh a chemical structure-te zir chian a ni lo va, hmanlai ațanga puithiam leh ramhmul damdawi, hnam hrang hrangin an lo en chhin tawhte ațanga a țhatna leh hnathawh hriat chian tawhte a ni zawka. A chemical structure zir lo pawh hian a hnathawhna leh a hmannate hi hmanlai ațanga hriatna inhlan chhawn an nih avangin an țha em em tho va. Mizote pawhin ramhmul damdawi hi kan ngah ve tho va, hengte pawh hi mi tam takin kan dampui tawh țhin reng bawk a.

Mahse, sawi tak ang khan heng damdawite pawh hian mihring taksaa receptor-ah tho khan hna an thawka; chuvangin, langsar lo effect (side-effect)-te hi chu a awm lo thei lo a ni. Tin, ramhmul damdawi reng reng hi thlai chi hrang hrang pawlh a ni tlangpui a; chuvangin, damdawi pangngai chu a hmanna pakhat chauh an sawi țhin laiin ramhmul damdawite chu pakhat chauh pawh a hmanna hrang hrang a tam thei hle. Chuvangin, receptor hrang hrangah an thawk hnem

tihna a ni mai a. Hengte hi a țhat viau rualin, damdawi reng reng chu eng damdawi pawh ni se, a dose dik takin, a hman dan tur dik taka hman ngei ngei tur a ni.

Kristiante pawh hi kan intihchakna leh hmasawwna tur chuan Bible chhiar leh țawngțai taimak hi a pawimawh bulpui ber a ni tih theih a ni a. Miin Bible chhiar leh țawngțai a ngaihthah chuan a rinna mai bakah a nun kawng hrang hrangah nghawng nasa tak a nei țhin a. Chuvangin, Bible chhiar leh țawngțai ngaihthah chuan a rinna a tihchhiat chu effect lian ber a ni a. Hetih rual hian a rinna a chhiat ruala i nuna thil tam tak a khawih pawite hi a side effect te chu a ni ve a. Thil pakhata effect awmah hian thil dang hi a lo effect tel ve ngei ngei țhin a.

Tin, thil hi a nihna tur dik taka tih chuan a țhat reng laiin, thil țha pawh ni se, tih nasat lutuk hian țhat lohna a nei ve tho țhin ang hian, damdawi ei kawngah te pawh hian mahni thua ei leh duh duh dana ei kawngah hian fimkhur zual zel hi a pawimawh hle a ni.



KANTU

S. Sabual Br.



outh Sabual Branch K.Ṭ.P. hi kum 1957 November ni 3-a din a ni a, Darlung Pastor Biala awm a ni. A din tirh aṭangin Pathian hruainain tun thlengin chatlak awm lovin an la kal zel a ni. Tunah hian member 125 an awm meka. Kum 2016 hian Branch Comt. Member hi 24 (O.B.-6, Comt.-17, Kohhran Committee aiawh-1) an ni mek. Branch Committee hi thla tin Thawhṭan zan hnukung berah neih ṭhin a ni.

Branch tihchak nan Group thum – Estheri Group, Ruthi Group leh Aizawl Group-tea inṭhenin (Aizawl Group hi an member Aizawl lama lehkha zir leh ṭul dang avanga awmte intihchak nan leh inpawh tlan zawk nan, an puala din a ni). Group Budget hi kumin atan Rs. 6,000/- tuk

an ni. Kum 2017 ah khian Branch Diamond Jubilee lawm tura inbuatsaih meka ni a, hemi pual hian Branch Project pawh dah a ni. Kuminah hian sum tuakna pakhat atan sawhthing hmun siama hma lak meka ni baw. Branch sum tuak nan anṭam huam siam, thing eh, thing tan, lo vah leh thil zuar tea hma lak ṭhin a ni a. Tin, Group Budget, Faith promise leh inkhawm thawh lawmte hi an sum hmuhna ṭha tak a ni baw.

Kuminah hian Branch tihchak nan sub-committee 5 an din a, chungte chu – 1) Programme Sub-Committee, 2) Music Sub-Committee, 3) Evangelical Sub-Committee, 4) Ushering Sub-Committee leh 5) Banner and Decoration Sub-Committee a ni a. Tunah hian Synod Mission Board

hnuaiah missionary 2 chawmin, an branch member aṭangin Pastor 2 leh Pro. Pastor 2 an chhuak tawh a, Missionary thawk mek pakhat leh lo chhuak tawh mi eng emaw zat an awm bawk.

Kum 2006 aṭang khan Branch chanchinbu 'EXODUS' chu chawl lovin tun thlenga tihchhuah a ni a, kum 2016 hian Kristian Ṭhalai chanchinbu copy 42 an la mek bawk. Tin, an member biak in hawnga innei an awmin thu chei (Citation) pek ṭhin an ni a. An kohhran mi boral an awmin an boral aṭanga Pathianni hmasa ber zing karah zai ho leh ṭawngṭai puia hun hman ṭhin a ni. An member boral an awmin ralna thilpek hlan ṭhin a ni bawk. Kuminah hian an member Holy Bible chhiar chhuak hnenah Holy Bible emaw, Kristian Hla Bu emaw, an duh zawk zawk pek ni se an ti a; kum tin KṬP Rising Day November ni 3-ah hman ṭhin a ni a. Tin, KṬP Award siam a ni bawk a, kum khat chhunga

KṬP member, rawngbawl na lama tiṭha leh chawimawi tlaka a ngaihte Branch Committee-in Award a hlan ṭhin.

Thawḥṭan zan inkhawmah sermon, short sermon, rilru sawi leh zai hotea hun hman ṭhin a ni a. Pathianni tlai tin ṭawngṭai inkhawm neih ṭhin niin, ṭawngṭai inkhawmah hian ṭawngṭai thupui thlan sa pangate bakah thawh belhte hmanga ṭawngṭai rual ṭhin a ni a. Kum puan thupui zir, solfa zir leh hla zirtea hun hman ṭhin a ni bawk.

Tin, kum tin Krismas pualin chhawmdawl ngaite hnenah Krismas thilpek pek ṭhin a ni a, kum tin member inkhawm kim, faith promise campaign, Advance Krismas leh committee infuih tharna hun hman ṭhin a ni bawk.

Central KṬP leh Bial KṬP aṭanga tih tur awmte ṭha takin an tihlawhtling ṭhin bawk.

Keimahni



■ **CHHINGCHHIP VENGHLUN BRANCH** : September 10-11, 2016 khan Chhingchhip Venghlun Branch diamond jubilee lawmna hmanpuiin T.Upa H. Ramnunsanga leh Pu Lalhnehzova-te an kal. Inrinni chawhnu inkhawmah Pu Lalhnehzovan thuchah tawi sawiin Central KṚP hmingin lawmpuina thilpek a hlan a, Pathianni chawhma inkhawmah T.Upa H. Ramnunsangan thuchah a sawi bawk.

■ **BUNGLTANG VENGSAANG BRANCH** : September 16, 2016 khan Bungtlang Vengsang Branch diamond jubilee lawmna hmanpuiin Leader Rev. Zothansanga leh T.Upa Zomuana Ralte-te an kal. September 16 (zirtawpni) chawhmaah jubilee dar vuak a ni a, Pathian biak inkhawmah T.Upa Zomuana Raltein Pathian thuchah a sawi a, inkhawm banah Rev. Zothansangan jubilee monument a hawng a, Central KṚP hmingin jubilee thilpek a hlan bawk. Chawhma inkhawm ban fellowship-ah T.Upa Zomuana Raltein thu tawi a sawi leh bawk. Chawhnuah jubilee ruai, kohhran pum huapin ropui taka theh a ni. Zana Pathian biak inkhawmah Leader Rev. Zothansangan thuchah a sawi.

■ **SAMTLANG BRANCH** : September 26, 2016 khan Samtlang Branch diamond jubilee lawmna hmanpuiin Pu K. Lalruatpuia leh Pu Lalmuanawma-te an kal a. Chawhma inkhawmah Pu Lalmuanawman CKṚP report tlangpui leh thuchah a sawi a, chawhnu inkhawmah Pu K. Lalruatpuian CKṚP hmingin jubilee lawmpuina thilpek a hlan. Tlaih kohhran pum huapin jubilee ruai theh a ni.

■ **YRC HNATLANG** : September 3, 2016 (Inrinni) khan Youth Recreation Centre (YRC), Falkland-a in ding lai thiat leh senghawia hnatlan a ni a, Pastor Bial 5 – Armed Veng Bial, Bawngkawn Bethel

Bial, Zemabawk Bial, Ṭhuampui Bial leh Zemabawk North Bialte aṭangin mipa 123, hmeichhia 49, CKṬP Committee member 13, zavaiin mi 185 an hnatlang a ni. Falkland Branch-in thingpui an buatsaih a, Zemabawk Branch-in aurinna (P.A. System) an buaipui bawk.

■ **KUM PUAN FILM SIAMNA TUR SUMHLAN** : September ni 3, 2016 zan khan Kum Puan Sub-Committee chuan kum puan film buatsaihtu tur Khatla Branch hnenah film siamna tur senso puhrukna Rs. 80,000/- (cheng singriat) an hlan. A hlanna hunah hian Kum Puan Sub-Committee aṭangin Pu PC Biakmuanpuia, Pu Zonunsanga Ralte, T.Upa H. Ramnunsanga leh Pu Lalmuanawmate an kal. Kum puan film hming tur hi Project H2B (Lamlian Thianghlim) tih a ni dawn a, shooting pawh neih mek a ni.

■ **YRC TALK SHOW** : September 9, 2016 khan Youth Recreation Centre (YRC) chungchanga inkawmna, Local TV-a tihchhuah tur YRC Talk Show chu Gen. Secretary Upa Zonunmawia te inah shooting neih a ni a, Talk Show programme-ah hian YRC Sub Committee-ten ruahmanna an lo siam tawh angin T.Upa Ngurhmingliana (Asst. Leader/YRC Sub-Comt. Chairman), Upa Zonunmawia (GS), Pu Zonunsanga Ralte (Treasurer/Sub-Comt. member), Dr. David C. Vanlalfakawma (YRC Sub-Comt. Secy), Pu Samuel Laldingliana (Sub-Comt. member), Pu Malsawmkima Royte (Architech/Sub-Comt. member) leh Tv. Robert Lalduhzuala (Sub-Comt. member) te an tel a, Tv. Robert-a hi host niin Recording & Editing hi Tv. Malsawmtluanga (Sawmte Digitals), Tuikhuahtlangin a buaipui a, peih fel thuai beisei a ni.

■ **CHANCHINBU WORKSHOP** : September 22, 2016 khan KṬP General Conference vawi 56-na (Champhai) thurel bawhzuiin Vana Pa Hall-ah Bial leh Branch KṬP chanchinbu buatsaihtute pualin workshop buatsaih a ni a. Chawhma lam hun Leader Rev. Zothansangan kaihruaiin hunserh a hmang a, Gen. Secy. Upa Zonunmawian puan tur ṭulte puangin lawm thu sawina hun a hmang nghal a, Mizoram Synod Choir an zai bawk. Upa C. Lalduhawma, Mission Veng paper buatsaih, '*Chanchinbu hmanga rawngbawlna*' tih zir ho a ni a, sawi hona hman zui nghal a ni a.

Chawhma lam hun hi Workshop Sub-Committee Chairman Tv. Joseph Lalsangzualan ṭawngṭaiin a khar a. Chawhnu lam hun chu Asst. Leader T.Upa Ngurhminglian a kaihruai a; Nl. Vanlalpari, Luangmual Vengthlang a zai a, Upa Dr. B. Lalrinsanga, Ramhlun Vengchhak paper buatsaih, '*Chanchinbu kallhmang*' tih zir ho a ni a, sawi hona hun ṭha tak hman zui a ni bawk. Chawhnu lam hun hi dar 4:00-ah Pu Vanlalpeka, CKṬP Finance Secretary-in ṭawngṭaiin a khar a ni.

Workshop-ah hian chanchinbu enkawlto in-report 499 an ni a, Central KṬP hruaitute leh chanvo nei dangte 142 nen an vaiin mi 641 an tel. Tun dinhmunah Bial huapa chanchinbu buatsaih thei Bial 45 an awm a, Branch chanchinbu buatsaih thei Branch 433 an awm bawk a ni. Workshop atan hian hetiang hian chanvo hrang hrang siam a ni a: Mikhual thleng tur Bial - Dawrpui, Venghlui, Tuikual; Ushering - Chawnpui Branch; Refreshment - Tuikhuahtlang Branch; Sound - Dinthar Branch; Benner & Projector Screen - Tuikual Branch; Still Camera & Badge - Bawngkawn Chhim Veng Branch; Video Coverage - SYNFO. Mawrhphurna neituten ṭha takin an ti thei a, a lawmawm hle a ni. Workshop neih ni hian KṬP Office hawn a ni bawk a, KṬP General Conference documentary film DVD chu Documatation Team-in Vana Pa Hall-ah an zuar chhuak bawk.

■ **WORLD DAY OF DEAF** : September 26, 2016 khan Health & Family Welfare Department & National Programme for Prevention and Control of Deafness (NPPCD)-ten Lal Thanhawla Auditorium-a "World Day of Deaf" programme an buatsaihah CKṬP aiawh 3 tel tura min sawm angin T.Upa Ngurhmingliana (Asst. Leader), Pu Vanlalpeka (Fin. Secy) leh Tv. Robert Lalduhzuala (Com. member)-te an kal.

■ **PRESBYTERIAN KALPHUNG BOOKLET REPRINT** : Presbyterian Kohhran kalphung thupui zir tur booklet chu copy 2,000 chhuttir a ni a, Bial leh Branch tinah Pastor/Pro. Pastor copy tur nen thawn chhuah a ni a, Branch leh mi mal tana lei duh an la awm nual avangin copy 2,500 chhut belhtir leh a ni.



Kantu: S. Sabual Branch

CENTRAL K.T.P. HRUAITUTE, 2016-2018

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T.Upa Lalmuanpuia	9436142398		

Ex-Officio Members

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Upa H. Ronghaka	-	Synod Secretary (Sr.)
Rev. B. Sangthanga	-	Executive Secretary, i/c KTP

Postal Regn. no. MZR/81/2015-2017
RNI No. MIZMIZ/2009/29074

CKTP Bial leh Branch chanchinbu enkawitute Workshop



Usher - Chawnpui Branch



Refreshment duty - Tuikhuahtlang Branch



Sound duty - Dinthar Branch

Printed and Published by Zonunmawia, Synod Office, Mission Veng on behalf of Kristian Thalai Fellowship
Edited by Laichhuaniana and printed at Synod Press, Mission Veng, Aizawl, Mizoram. Copies - 41,500