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Kristian Thalal Pawl Chanchinbu thla tin chhuak



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Sihphir Venglai Branch Silver Jubilee lawmna – August 12, 2016



Kawlkulh Bial Leadership Training – August 26 -28, 2016



Kawlkulh Bial Zaipawl



Khawzawl Vengsang Branch WorkCamp @ C. Salganga South

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Rawngbawl tūra chhandam

Thupui inngahna

Ephesi 2:10. Thil ṭha ti atán
Krista Isuaah chuan siama awmin,
ama kutchhuak kan ni si a, chu thil
ṭha tih chu kan awmna tūrin
Pathianin a buatsaih lâwk a ni.

Thiltumte

1. Isua Krista rinna leh amah anna
kawnga ṭhalait hruai.
2. Kohhran kutke ni tura ṭhalait
buatsaih.
3. Kohhran hnathawh tihputlin.
4. Krista Chanchin Ṭha puan
darh.

A CHHUNGA THU AWM

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Member thenkhat, piangthar tha fu awma lang, tangkai tak nia lang zingah hian Lal Isua chanchin sawi ngai meuh lo, thu dang tam tak hmanga inkawma, KTP nihphung leh rawngbawlna kipui ber ngaihtuah thleng phak lo tam tak kan awm a. Chutiang mite chuan tih tur leh tih loh tur pawh ngaihtuah lovin an tawn ang ang tawngin an then vel mai mai a.

Thenkhat leh chu, thiltum leh chang innghahna hre tak, mahse, chumi tihlawhtling tura Lalpa'n a dahna zawon hre tura ngaihven ngai hauh lo, mahni duh dan leh tha tih zawonga che chhuak thin, mahni phur phura phur ve em em an awm bawka. Hengte hian rah mumal erawh an chhuah thin lo a ni.

KTP kaltlanga rawngbawlna peng hrang hrang thahnemngai leh rim taka thawkten rah mumal kan chhuah thei lo te, kan thalaipui zingah ngei pawh ringlomite ai maha rapthlak zawok nia lang khawp sualin min ei chhiat dan leh kan tuarna zawong zawongte, boral mekte chanchin kan hriat fo hian chhan bulpui tak a neiin i ring ve em?

Chhan chu a nei a ni tiraw? Chuti a nih chuan vawina KTP member-te hian mawhphurhna lian tak kan nei tihna a ni. 'Rawngbawol tura chhandam' kan nihna hi a taka hlen chhuak ngei turin ke kan pen tha tawok lo a ni ang a? He chhandamna rawngbawol hna hi kan tih turah kan lo ngai ngai lo vem ni? Nge, hna sang taka kan dah avangin thei ve lovah kan innngai thin zawok? Hruaitute mawhphurhnaah kan lo dah thin zawok em ni?

'Chawol hman kan ni lo, muang thei kan ni lo' tih angin, rilru thar nen eng kawong emaw tala Krista hnena mi dangte hruai thleng turin ke kan pen zual zel dawn lawm ni? Krista thih chhan – thlarau bo chhandamna hna hi hna zawong zawonga hna sang ber a ni tih hriain, chumi tihlawhtling thei tur chuan thapui thawh a hun tawh takzet a ni.

Chhandamna rawngbawol hna thawk tur hian Pastor emaw, Kohhran Upa emaw nih kher a ngai lo va, chu hna thawk tur chuan kan lu chungah kut ngatin min nemnghet kher lo vang. Mahse, Pathianin a rawngbawol tlak nihna min pe a, keimahni hmang hian chhandamna kawngkhar rei tak lo kalh tawh chu hawnsakin an awm thei a ni.

Thlarau bo chhandam hna hi kan KTP chhung ngei hian mahni hma zawon theuhvah i thawk thuai thuai ang u. Rawngbawol tura chhandam kan nihna hi thil tha tiha lantir theuhin, rawngbawol hna hi a thawh dan tur dik taka kan thawh chuan thlarau bo tam tak kan seng khawm thei a ni tih i hre thar zel ang u.



THIH THLENGA RINAWM

— Rev. Vanlalzuata
Chawlhmun

*"Thih thlengin rinawmin lo awm rawh; tichuan,
nunna lallukhum ka pe ang che..." (Thup. 2:10).*

Ran thupui sawi tur hi thupui lar tak a nih avangin kan hmel hriat hle hlawm a. Hre lar hle mah ila thupui rum tak a nih avangin kan kawmngaih vak lo va, mi rinawm lo deuhthe tan phei chuan nelawm loh tak a ni. Amaherawhchu Lal Isua zirtirna laimu leh Kristian nun dan tur lai pui a nih avangin sawi nawn fo a pawimawh a, ngaihthlak nawn fo kan mamawh avangin kan zir ho leh dawn a ni.

1. Kan ram Kristiante mamawh a ni : Kristian nun tobul piantharna thua hi chuan kan ram Kristiante hi kan mikhual lo hle a. Chhandamna Camping uar ram kan nih avangin khawlaia zu rui thle mai maite pawhin chhandamna thu hi an sawi thui thei khawp mai a, mi pakhat pawh waw eng emaw zat piangthar tawh kan ni a. Thlarau chan danah pawh kan mikhual lo baw. Taksa chetna lamah te, thlarau thilpek (charisma) lamah pawh hian kan sang hle. Harhna pawh hi a chen nasa pawl kan ni baw. Heti taka

Pathianin min ngaihsak avang hian lawmthu sawi mawlh mawlh tur kan ni.

Hetiang taka Pathian thu ngaihsak ram kan nih lai hian kan Kristian nunah dikna te, rinawmna te, thianghlimna te kan tlachham tlat erawh hi chu Pathian mite tiluhaitu a ni ta. Kan ram hi pianthar nan chuan a tha thlawt a, ngawl veite pawh ni hnih thum lekah kan piangthar thei mai zel a. Amaherawhchu, Kristian nun than len nan a tha vak tlat lo. Rinawmna leh dikna kawng kan zawh dawn chiah hian kan da leh ngawih ngawih a, camping a lo awm leh hunah kan thar leh a. 'Tun tum zet chu,' tiin a bul kan tan tha zing dup a, than lenna kawngah kan buai zui leh thin si a. Piangthar inkhawm ngai lo, piangthar hlep ru, piangthar rinawm lo, piangthar ruihhlo ngai te pawh kan awm fuk tawh. Chhandamna kawng piantharna chu kan zawh fuh a; amaherawhchu, piangtharte kawng rinawmna zawh fuh tura tan lak kan mamawh a ni.

2. Rinawm pawimawhzia :

Kan ramah hian Non-Mizo zingah Chanchin Ṭha kan hril a, Vai ei chawp zawng te teten baptisma an chang ṭhin a. Vai officer, Sap ṭawng hmang thiam chinte zingah hian baptisma chang an la awm ve hauh lo hi eng vang nge ni ang? Mi pakhatin a chhan a sawi dan chuan, “Heng Vai officer-te hian office-a an thawhpui Mizo officer-te chet dan an hmu a, Kristianna hi an awt lo a ni,” a ti. Ni tin eizawnaah kan rinawm lo va, chutih laiin Chawlhniin pulpit-ah, “Thlarauvah awm rawh u,” tiin kan sermon leh piap piap bawk si.

Khawvela natna na ber leh hlauhawm ber chu cancer natna ni lovin **mite rin hlawh loh natna** a nie an ti a, a dik dan sawi zui hlek ila. Mi rinawm lote hi chu kan lakah mite an inveng ru ran a. Mi bulah titi ve zuah zuah mah ila, kan bula mite chu, “He mi lakah hian fimkhur rawh, a sawi leh tur pawh dawt bawk,” tiin an inhrilhru sep sep a. Miten an inlengah pawh min duh vak lo va, pawisa min puktir phal lo va, rilru khangbaiin min kawm ve chauh a ni. Cancer natna hi chu mahniin kan tuar a; mi rinawm lote natna erawh chu mahniin kan tuar mai lo va, mite nunah kan nâ a, chungkua kan tinâ a, khawtlang leh hnam kan tinâ a ni. Kan khawvel a zim a,

mite nunah hmun kan nei ve lo va, mahni engthawl viau mah ila, mite nun kan ti-ipik tlat a ni.

Sap ram kohhran chauhzia kan hria a, an biak in tam takte chu luah lumtu a neih tawh loh avangin a ruak a. Min hringtute hi kan vei lêt a, an ramah missionary pahnih kan dah mek a, an ram tan kan ṭawngṭai rual a. Thlir dan danga kan thlir erawh chuan an biak in chu a ruak ngei a; nimahsela, ni tin nunah an rinawm em em thung a ni an ti a, chu chu hmuh tel a pawimawh ang. Keni kan ramah chuan biak inah kan inkhawm mup mup a, ni tin nunah rinawmna kan tlachham hle a; anni chu an inkhawm mup mup lo va, an rinawm thung a. An biak in ruak lainata kan ṭawngṭaisak lai hian anni pawhin kan ni tin nuna kan rinawm lohzia lainata min ṭawngṭaisak ve hi kan ṭul a ni lawm ni? Inkhawm mup mup chung a rinawm loh nge ṭha ang, inkhawm lem lova ni tin nuna rinawm? A ṭha zawk a thlan theih loh va. Biak inah inkhawm mup mup ila, harhna chang ila, ni tin nunah rinawm bawk ila, chu chu Kristiante mawhpurhna a ni.

Biak in chungah emaw, kohhran thilah emaw chauh rinawm a tawk lo va, khawii hmunah pawh, eng hunah pawh rinawm tura koh kan ni

bawk. Kohhran huang chhung-ah ei ruk leh hlep ruk chu thil thiang lovah kan ruat laiin politics huang chhungah erawh chuan thianga ta deuhva ruatna thil lung hi kan nei tlat niin a lang. Hei hi ngaih dan dik lo tak a ni a, kan ram Kristiante hian kan rinawmna tur huang hi zauh a pawimawh a ni. Sawrkar sum eiruk hi kohhran sum eiruk ang thova tenawm a ni.

3. Thih thlenga rinawmna kawng : Pathian thu sawi khawmna hmunah hian mi thenkhat chuan hmana kan tuizia te, kan thawh nasatzia te, kan tangaiziate kan sawi tui hle a. Chung mite hnenah chuan, “A nih leh tunah eng nge i an?” tiin han zawt ila, “Tunah chuan ka da der tawh,” an ti hlahu thin a. Kan ram Kristiante zingah hian hmana tui, tuna da leh tawh kan tam hle a, kan rinawm hun chhung hi a rei thin lo a ni. Pathian thu chu tun zela tui pui tur a ni a. Hmanah nasa takin lo thawk tawh mah ila, tunah kan thlahthlam si chuan hmana mi kha chhuan a rem tawh lo. Hmanah mi sual tak ni mah ila, tunah Pathian hman tlak ka nih zel hi thih thlenga rinawmna kawng chu a ni ang. Pathian pawh hian hmana amah hmangaihtu a mamawh lo va, tun zela amah hmangaihtu a mamawh a ni. Hla phuahtu

pawhin, “Hmanah aian tunah ka hmangaih zawk che,” a ti a. Rinawmna kawng zawh fuh lotute chuan, “Tunah aian hmanah ka hmangaih zawk che,” kan ti hlahu thin.

Thih thlenga rinawm hi kan ngaihtuahnaah hian hla deuh duaia kan hriat thin avangin kan huphurh thin niin a lang. A hlat loh dan chu hetiang hian chhut ila. Mihring reng reng hi nakina thi tur em maw kan intih lai hian tunah kan thi thut thut vek mai. Mitthi vuinaah kan kal chuan mitthi chhungte tawngkama a thunawn ang maia lar chu, “Hetit thut hi a nih kan ring lo asin maw le,” tih hi a ni a. Hei hian nakinah thih kan tum laiin tuna kan thih thinzia a tilang Chiang thin. Chuti a nih chuan thih thlenga rinawm hi a hla duai lo va, tun zela rinawm hi thih thlenga rinawm dan tur dik tak chu a ni ang. Mi tam tak chuan thih thlenga rinawm hi an tum lo a ni lo va, nakinah an khêk a, an rinawm hmian an thih a tul thut a, an rinawm hman thin lo a ni.

Israel-te khan **manna** tla kha tuk tin a thar zel an chhar tur a ni a. Mi duhamte chuan a tukah a lo tlak loh palh hlauvin an chhar khawla; mahse, a rimchhe zel a, an ei chuang reng reng lo. Chutiang chuan mi thenkhat chuan Pathian thu hi rin khawl vak kan tum a, kan rin khawl

theih loh avangin kan mangang a. Entir nan, thih thlamuanna te hi kan dam that laia neih phêt kan tum a, kan neih theih loh avangin kan buai a, kan thih dawnah chauh kan mamawh si a. Martar te pawh hi ralmuanna hmuna kan awm lai hian kan mamawh hauh lo va, ral̄itna hmuna kan awm hunah Lalpan min neihtir mai ang. Rinna lama mi puitling dik takte chu a thar zela Pathian rin ngamna neitute hi an ni a, an inthlahdah ve lo. Inthlahdah lova tun hun zela mi rinawm apiangte hi thih thlenga rinawmte chu an ni e. A hla duai lo va, a har lo va, tuna kan neih theih mai a ni.

4. Thih thlenga rinawmte lawmman : America ram Omaha khuaah intlansiak a awm a. Chutah chuan tlangval an intlar pût mai a, a rualin an tlan ta hum hum a. An zingah chuan Bill Broadhurst-a chuan a ke ruh a tina palh ta hlauh mai a, a th̄iante chuan an tlansan ta daih a. Nimahsela, Bill-a chuan chawlh a tum bik lo va, ke na chung chung chuan a bai phei sauh sauh va, a th̄iante hahdam fe tawh hnuah chuan tiam chin chu a va thleng ve ta hlawl mai a. Lawmman an han sem a, Rodger-a chu pakhatna a ni a. Nimahsela, Rodger-a chuan a lawmman keng chungin,

“Tunah Bill Broadhurst-a lo kal rawh se,” a ti a. Bill-a chu a bai phei leh sauh sauh va, Rodger-a chuan a hnenah, “He lawmman hi nangman nei zawk rawh, kei chuan awlsam takin tiam chin hi ka va thleng a, nang chuan bai chungin harsa takin i lo thleng ve a, kei ai chuan i phu zawk a ni,” tiin a lawmman chu a hlan ta mai a. Mipuite chuan lawmpuina kut an beng ta dur dur mai a.

Ringtute hi intlansiak kan ni a, kan pianthar hlim at̄angin kan tlan tan a, kan thih ni thlenga rinawm taka tlan tur kan ni. Mi thenkhat chu chak takin an tlan pur pur a, kohhran hruaitute pawh an lehpel a; mahse, a tawp thleng lovin an tlu a, zirtirna dik lovah te an tlan kawī a. Mi thenkhat chu an tlanna a rei tawh avangin an inthlahdah a, a tawp thleng lovin an chawl daih a. Lawmman sem hunah chuan a tlan hmasate lawmman an sem dawn lo va, a tlan chakte lawmman an sem dawn hek lo va, a tawp thlenga tlante lawmman chauh an sem dawn a ni. Kan tlanna kawngah hian Bill-a anga sual vanga hl̄iam tuar te, harsatna avanga th̄iante tlan pelh vek tawh nia inhria te pawh beidawng lo ila. Chak lo tak chung pawha tiam chin pana kan tlan ve hram hram chuan NUNNA LALLUKHUM kan la dawng dawn a ni.

NANG MALSAWMNA NI ANG CHE

— P.C. Ramropuia
Asst. Leader, Kanghmun Br.

Ringtute chu mite tana malsawmna ni tura koh kan ni a, chu chu Kristian Thalai Pawl thil tum nen pawh a inhme hle a ni. Chumiah chuan eng nge kan tih tur ni ang le? Malsawmna ni tura thil pawimawh pahnih khat i lo ngaihtuah teh ang.

1. **Kan thih a ngai** : Thi lo tan malsawmna a nih theih loh. “Saruang awmna apiangah chuan mulukawlh an puar thin a; kei pawh Lalpa i mite tan malsawmna ni turin, i thihna hmun krawsah chuan ka inpumpeke,” tih hla angin. Kan thihna hmun tur chu kraws a ni. Kraws eng lam chauh thlir nun kalsan ngamtu ten nunna thar an nei a, mi dangte tan malsawmna an ni thin. Saruang chu mulukawlh te tan puarna a nia, malsawmna a ni. Keini pawh member hla kan tihte tan

puarna, ei tlak, malsawmna kan ni tur a ni ang. Chutiang kan nih theihna tur chuan kan thih chian a ngai, chu hmun chu kraws a ni.

Kan thih chian loh chuan mite tan malsawmna a nih theih loh. Saruang kha mulukawlh ten an ei veleh khan phu uih thin sela; a nih loh pawhin tho thut sela, mulukawlh kha um darh chiam chiam zel mai sela, a thi lo tawp tihna a ni. An puar har ngawt ang le. Keini member active-te pawh hi kan inen fiah a va ngai em! Member hla kan tihte hian minrawn ei dawn hian kan lo phu uih thin em? “Hre Chiang ngawt lova chutia min tih khanglan chu le!” tiin kan lo nung leh hru thin lo maw? Chutiang a nih chuan an puar har ngawt ang le.

A hmangaihten malsawmna kan chan theihna tura Lal Isua kawng zawh kha ava rapthlak em! Chawimawi a hlawh lo va, a chet sual an chang reng a, an beng a, an vua a, a tawpah chuan krawsah a thi ta. Chu chu malsawmna kan chan theihna tura a kawng zawh chu a ni a, entawn tur min

hnutchhiah chu a ni. Kan tuar a ngaih hun te, kan chan a ngaih hun te, kalsan a ngaih hun te a awm dawn. Chutah chuan keimahni kan thih ngamna zelah mi dang tan malsawmna kan ni mai dawn a lo ni.

2. Kan chet chhuah a ngai : Pathianin Abrahamama malsawmna ni tura a kohna kawng kha a va harsa em! "I khaw lam ata leh i laichinte ho zing ata leh i pa in ata chhuak la, ram ka la entir tur che lamah kal rawh," tih kha a thu dawn a ni tlat mai le. Kalsan tur a va tam em! Mahse, chu chu a chipuite tan malsawmna ni tura a kal kawng awm chhun chu a ni si.

KTP rawngbawltute pawh hi ka ngaihtuah thin. Rawngbawl tura chhandam, Isua Krista rinna leh amah anna kawnga thalaite hruai tur kan ni a, tuna kan awm dan hi kan duhtawh deuh mai em? Tih dan tur hriat a har a, a tha ber pawh hriat a har hle mai. Chutih rual chuan kan member hlate Krista hnena hruai tur hian kan chet chhuah hi a hun tawh takzet lo maw? Kan khingpui Diabola hian sakeibaknei rum thin anga

a ei theih tur zawnga a phi ruaina khawvelah hian, Krista tana seng khawmpui tura kan phi ve ruai hi a va hun tawh tak em! Lalpa chakna ringa engkim huama kan chet chhuah ve hi a hun tawh takzet a ni.

Tirhkoh Paula chuan, "A nungate chu anmahni tan an nun tawh lohva, an thih aia thia tholeha tan chuan an nun tawh zawkna turin a ni mi zawng zawng thih aiin a thih ni," a tih angin, mi dang tana malsawmna ni turin i kal chhuak ang u hmiang. Lal Isuan, "Ka awmpui ang che," min ti asin, i zam lo vang u. Lalpa tana seng khawm turin Kristian thalaite hi lungtual takin Lalpa tan i thawk zel ang u.

Pathianin Abrahamama hnenah, "Nang, malsawmna ni ang che," a ti a. Malsawmna ni turin harsatna tam tak a paltlang a, amah pawhin malsawmna tam tak a dawn phah ang khan, keini pawhin malsawmna kan dawn theih phahna tur khawpin mi dang tana malsawmna ni turin i inbuatsaih zel ang u.

"Nang malsawmna ni ang che."

ṬHALAITE LEH RAWNGBAWLNA

— Rev. K. Zoremthanga
Tato, Arunachal North Field

Thuhma: Khawi ram emaw, eng pawl emaw ber pawh a chhunga cheng ṭhalaite an phura an chak leh chak loh azirin chu ram leh pawl chu an chakin an chak lo a ni thui duh khawp mai a. Chutiingin kohhran leh rawngbawl naah pawh hian kohhran chak leh chak lohna kawngah a chhunga cheng ṭhalaite hian mawhphurhna sang tak kan nei ngeiin a rinawm a. Chuvangin, Kristian ṭhalaite chuan he kan ṭhatlai hun hlu tak hi Lalpa leh a kohhran tan ṭangtai taka hman nachang hriata, kohhran leh ṭhalaite rawngbawl na pawhin hma a sawn zel theih nana ṭha taka hman tum ṭheuh a duhawm hle.

Ṭhatlai hun hlu takah hian

Ziakmi ṭhenkhat chuan ṭhatlai hun hi "hun rangkachak" (golden age) tiin an sawi ṭhin a. Eng kawng pawh zawh dawn ila, hetih lai hun hi taksa hrisel

ṭhat lai leh rilru ngaihtuahna pawh a chak ṭhat lai ber hun a nia. Chuvangin, he hun hlu tak hi bawhpelh lova ṭangkai taka hman thiam a pawimawh hle a ni.

Khawvel pum hriata mi hlawhtling leh challang tia sawi theih mi ṭhenkhat nun kha han thlir lawk ila.

— Alexander Ropuia (Alexander the Great) (B.C. 336-322) kha kan hre ṭheuh awme. A hun laia a chhehvel ram leh a hmuh phak zawng zawng hneh zel maitu kha a ni a. A hun lai khan amah han chelh zotu reng reng a tawng lo. Chutia amah do zo an awm tawh loh leh hmabak chuang nei tawh lova inngaia hrehawm tia a ṭah ngawih ngawih lai khan kum 32 mi chauh a la ni.

— Napoleon-a kha France ram lalber (French Emperor) nihna a chelh ṭan tirh lai khan kum 35 mi chauh a ni bawka.

— Tin, khawvel puma hriat hlawh scientist ropui, Sir Isaac Newton-a kha 'Lei hipna dan' (Law of gravity) a hmuhchhuah lai khan kum 28 mi chauh a ni bawk.

Chuvangin, he ṭhatlai hunah tak hian Pathianin keimahnia

theihna a dah chu hai chhuaha, chhawr t̃angkai thiam ngei pawh tum ila. Hlawhtlinna leh malsawmna tawng baw thei tura taihmak leh ngaihtuahna hman thiam zel pawh tum t̃hin ila a duhawm hle a ni.

Ṭhalaite rawngbawlna Lalpa'n a hriatpui t̃hin

Ṭhalaite rawngbawlna hi Lalpa'n a hriatpuiin mal a sawm fo tawh t̃hin a. Chumi kan hriat fiah leh zual theih nan S. Korea ram khi han thlir lawk ila. South Korea ram chu thliarkar ram te takte, August ni 15, 1948-a Japan sawrkar awp behna lak ata indang (Independent) ve chauh kha a ni a. Nimahsela, an ram hruaitute leh an ṭhalaite inpekna leh Pathian t̃ihna avangin vawiinah chuan khawvel sawrkar hrang hrang leh ram dangte zawk entawn an lo ni ta reng mai. Hei hi a chhan hrang hrang chu a awm thei ang a. Nimahsela, vawiina khitiang dinhmun an lo chuan kai theih nana mawhphurtu lian ber nia an chhal tak ber a chu, "an thawh rimna leh an ram ṭhalaiten Pathian rawng an bawl na rah a ni," an ti. Khawvel pumah

America tih loh vah chuan missionary tir chhuak hnem ber ram an ni mek a. A ram mi chengte (population) dinhmun a t̃anga teh phei chuan missionary tirh chhuah lamah an sang filawr hle. Chutianga an ṭhalaite rawngbawl na chu Pathianin mal a sawm a ni ngei ang. Korea ram ṭhalaite nun chu khawvel ram dang ṭhalaite entawn leh ngaihsanrawn a lo ni a. Chu achhapah, an ṭhalai inpe leh hmang hriate thawh rimna chu chung lamin mal a sawm a, an ram economic dinhmun pawhin nasa takin hmuh theihin hma a lo sawn phah baw k a. Chu an ram economic t̃hang duang tak avang chuan tunah phei chuan khawthlang ram, khawvel ram changkang hmasate pawhin insumdawnpui tawna t̃ha neih tumin an virrawn huai huai reng ta mai a nih khi maw!

Harsatana erawh kan taw k ve ngei ang

Rawngbawl tura inpe ṭhalaiten rawngbawl na kawng kan zawha kan hriat reng atana pawimawh tak pakhat, famkim lohna khawvela cheng kan la

nih miau avangin, lei leh van Lalber rawngbawl tur mah ni se harsatna kan tawk ve ngei ang, tih hi a ni. Kan rin loh leh beisei loh lam aţangin thlemna leh fiahna pawh kan tawkin kan hmachhawn pawh a tul  thin ang. Chutiang hunah tak chuan beidawng lova, nghet tak leh  thahnemngai lehzuala kan thawh theih zel pawh a duhawm hle ang.

William Carey-a nun kha han en ta ila. Kum AD 1798-ah Hooghly (Calcutta) an rawn thlenga. India pana an rawn kal lai a tang reingin kawng lakah harsatna tam tak an tawk a. India an rawn thlen tirh phat a tangin, chu lai hmuna an chipui, Sap/mingo lo awm hmasa (British East India Company)-ten an tukkhum chhah an lo chhawn nghal tlat mai si. Chu achhapah a nupui, harsatna a tawh pawha phatsan ngai lotu chuan rilru lamah harsatna a tawk leh bawk nen. Chu mai a la ni lo, a nupui enkawl ringawt pawh chu hna a tling tawk viau ang tih a rinawm rualin, a rawngbawl naa amah  tawiawm  thintu, a thachhangdaltu a fapa upa ber,

fel tawh tak chuan a boralsan lehzel bawk nen. Carey-a tan chuan a luhaithlak duh ngawt ang le! Mi tam tak chu ni ila, chutiang vanduinain chhung-kuaah thla a zar meuh tawh chinah chuan puanthuah tela mahni ram lam pana haw leh mai pawh thilawl tak a ni ngeiin a rinawm.

Nimahsela, chutianga harsatna namenlovin a tuam chung pawh chuan beidawng duh lovin, a rawngbawl na chu a chhonzawm zel a. Chhel tak leh beidawng duh hauh lova rawng a bawl tlat avangin a rawngbawl na chu Lalpan mal a sawm a. Kum 20 a lo inher leh meuh chuan hlawhtlinna a sual chhuak ta. Kum 1818 khan amah leh a  thian dangte – Joshua Marshman-a leh William Ward-ate nen  tang dunin, tuna Pathian thu zirna in lian tak, Serampore College kan tih khu an lo din chhuak ta a ni.

Chu an thawh rimna leh inpekna thuk tak avang chuan mi tam takin Pathian thu an lo zir theih phah a. Chanchin  Tha la hre ngai reng reng loten Chanchin  Tha dawngin mi tam

tak Kristianah an lo inpek pah tawh bawk a ni. Chutianga William Carey-a inpekna nun leh tumruhna chu vawiina thalaite hian zir chhuak thei ila a duhawm khawp mai. Beidawng duh hauh lo leh inpekna tak tak nena mi'n rawng an bawl chuan, chu an rawngbawlna chu Chung lam khian a lo chhinchhiahsakin mal pawh a sawm thin tih kan hre thei awm e.

A tlangkawmna: A chungka kan tar lan takte atang ringawt pawh khian, thalaite hlutna leh rawngbawlna kawnga an pawimawhnate kan hmu thiam thei maiin a rinawm. Khitiang khian mite chuan an thatlai

hunah an ram leh hnam tan thil ropui tak takte tiin, hnuhma duhawm tak tak an hnutchhiah a. Mi dangte tan malsawmna thlentute pawh an ni. Chutiang chu vawiina keini thalaite pawh hi kan ni ve thei a ni tih hriain, chutiang tur chuan kan rilru leh ngaihtuahhnate siam thar theuh bawk ila. Chhungkua leh khawtlangah pawh mi dangte tana malsawmna thlentute ni tur leh, rawngbawlna kawngah pawh kan rawngbawlnain rah tha tak a chhuah theihna turin tan la thar zel ila. Chutiang tur chuan he kan thatlai hun hlu tak hi Lalpa leh a rawng bawl nan tangkai taka hman i tum theuh ang u.



SAWMNA : Kristian Thalai Pawl, Serchhip Bial chuan kum 60 kan lo tling ta a. He kan Diamond Jubilee lawmna hun hi October ni 21-23, 2016 chhungin Serchhip Kawnpui Kohhran Biak Inah neih a ni dawn a. He hun min hmanpui tur hian Serchhip Bial KTP-a member leh hruaitu lo ni tawhte leh hmun hnan hrana Kristian Thalai Pawl member-te lo kal theuh turin kan sawm a che u.

— Laldinpuia
Secretary, Serchhip Bial KTP

Saw chuh! A thau deuh a nih saw maw le!

—Zaitea Tlau
Aizawl Branch

Tum khat Lammuala inkhel kan en tumin inkhel ve zinga mi pakhat chu mi dangte ai chuan a thau deuh bikin a che pawh a muang deuh bik a. Kan bula en veho chuan, “Saw chuh! A thau deuh bik a nih saw maw le!” tiin an nui leh ham ham thin a. A ni reng lah tak a, mi dang ai chuan a thau lian deuh bikin a inthazo lo deuh chu a ni. Chuti chung chuan theihtawp chhuahin a inkhel ve tho va, ball te pawh a um ve tang tang zel a. An khelh zawh hnu chuan heti hian ka ngaihtuah zui mai mai a: ‘Tournament meuh khel tur khan engtiang takin nge exercise a lâk nasat ang a, kg eng zatin nge a intihzan ang? Huaisen taka a khel ve ngam a nih chuan a inbuatsaih ve nasa ngawt ang,’ tiin. Field chhungah ropui lua lo mah se, a inbuatsaih dan tur ka ngaihtuahin fakawm tihna riau ka nei ta tlat a ni.

Copa America, Euro Football leh Olympic-te kan en zo deuh chauh va, infiamna khawvel lam ngaihtuah vak lo pawh a boruakin min chiah lai a ni bawk nen, tun tum chu ‘Exercise lâk’ tih lam hawi hi sawi ka’n tum ber chu a ni. Mi tin hi kan ngaih pawimawh zâwng a inang lo va; amah-erawhchu, mi tinin kan mamawh leh kan tana pawimawh êm êm chu taksa insawizawi thin hi a ni.

Thalaite chu kan hrisel dawn lawm ni?

Mizoramah hian kum khat chhungin thalai chak vanglai tak thi an tam angreng viau va, an uiawm thinin rilru an khawih thin hle mai. Kan KTP member-pui eng emaw zatin nikum chhungkhan mual min liamsan a, chutiang bawkin kohhran dang thalaite pawh. Thihna chungchangah mihringten thu kan nei lo tih chu thil Chiang sa a ni a, chutih rualin keimahn lam hian kan nun uluk tawh loh vanga hrisel lote pawh hi tam tak a awm theih awm e. Khawvel ngaih danah chuan thalaite hi chak tha pangngai leh hrisel tha ni tura ngaih kan ni a, dik pawh a dik reng a ni.

Thalaite zingah, 'Sports lam chu ka hai' ti thin pawh fit tha tak tak an awm tho rualin duap ru riau te leh, damlohna nei si lova mi dang aia fit lo fal lutukte pawh an awm nualngei ang. He pa chu, 'A hmel en aiin a in-fit lo,' 'A chawrche riau mai' an tih pawlah te hian kan lo tang palh a nih chuan thu lawmawm lam chu a ni lutuk lem lo vang.

Infiamna lam ngaina zingah hian a tam ber chu nuam tih vanga exercise la thin kan ni ngei ang. Kum upa lamah hriselna ngaih pawimawh avanga exercise la thin an tam laiin, thalaite zingah ve thung hian hriselna atana pawimawh tia exercise la hi eng zat tak awm ang maw? Tunlai hian thalai, a bikin kum 35 chin vel atanga fit ta lo riau hi kan tam telh telh niin a lang. Kan upat tial tial vang a nih theih rualin, Bible-in kan taksa hi 'Pathian in' a tih ni si, kan duat tawh loh vang te pawh a ni ang. Hrisel tha tak ni tur hian Pathian malsawm tlaka kan nun hi a ngai ve a ni. Edward Stanley-a chuan, "Exercise lakna hun nei lo nia inhriate hian damlohna atan hun an la zawng tho tho dawn," tiin exercise lâk pawimawhzia a sawi hial a ni.

Hun awl a van vâng em!

Chhûn lamah zirna leh eizawnna hrang hrang avanga buai êm êm, zan lamah lah rawngbawl na hrang hrang leh tul dang avanga chet chhuah ngai bawh si kan nih hlawn avangin kan hun neih hi a tight tlang êm êm a, hun awl hi a vâng hle. Chutih rualin mi tinin ni khatah darkar 24 theuh kan nei a, a hmang daihzai thiam apiangte hi mi vannei leh mi fing an ni, te han ti ngawt ila, tam tak tan chuan a hnial theih ngei ang. Amaherawhchu, heti zâwnng hian ngaihtuah ang. Hrisel kan duha, hnathawh that kan duha, harhvâng nih kan duha, rilru chak leh fing nih kan duh bawh si chuan a kailawn pawimawh tak pakhat chu taksa insawizawi thin hi a ni miao si a. Chuvangin, hun chêp tak karah pawh hun awl insiam luiha, taksa insawizawina hun rei lo te tal kan insiam thiam hi keimahni tan vêk hian a pawimawh êm êm a ni.

Exercise lâk hi tha deuh asin!

Tunlai thalaite hi awm awl, ei tui, hna rum thawk vak lo kan tam tawh an ti thin. A dikna chen pawh a awm ang. Kan ram hmasawnnain a ken tel a nih

avangin lo leh ram lama hnathawk hi an tlem ve tial tial a ni. Kan Zoramah ngei pawh hian thalai BP sang, zunthlum nei kan tam tan ta hle mai. Indem ngawt theih phei chu a ni lo, inthlah chhawn thil a nihna chen pawh a awm ve baw a ni. Chutih rual chuan mi tam tak chu kan thil ei ngaihtuah lêm lova taksa insawizawina lam ngaihthah lutuk vâng tepawh a ni ve tho a ni. Mi tin mai hi mahni tâwkah kan buai hlawm tawh êm avangin ni tin exercise lâka insawizawi hi kan hman kher lo mai thei. Mahse, a tlem berah kar khatah darkar 2-4 vel tal exer lâk nana hman thin hi a pawimawh hle. Hei hian thatna tam tak a nei a, a thena zar chauh han tar lang ila.

- ♦ Chakna leh thahrui min petu a ni.
- ♦ Taksaa natna dotu a tichak.
- ♦ BP sang leh zunthlum laka min vengtu leh a vei mêkte tana control-na a ni.
- ♦ Stroke laka min vengtu a ni.
- ♦ Min tiharhvangu leh rilru tichaktu a ni.
- ♦ Zan lama mut thatna a ni.
- ♦ Ruh tichaktu a ni.
- ♦ Thau chhia paih chhuahna leh thau lutukna laka min

vengtu leh weight control-na a ni.

- ♦ Exercise regular taka la thinte hian cancer veina chance an nei tlem bik.
- ♦ Rilru hah leh thil vei ngut ngut inpaih thawl na atan a tha.
- ♦ Lung leh chuapte hnathawk thattirtu a ni.
- ♦ Hriselna leh dam reina a ni.
- ♦ Ruihhlo laka min vengtu a ni.
- ♦ Inkhelh thut (KTP sports, etc.) pawha inhliamna laka min vengtu pakhat a ni.

Hêng lo pawh hi sawi tur tam tak a la awm a, không ringawt pawh khi exercise la ngai lo tan pawh harh tharna tham a tling hlein ka hria. Tunlaiah phei chuan a thiam leh thawk rimte tan phei chuan sports hi eizawnna tham a tling mêk zel baw a, thalaite hi kan vannei ta hle. Kan taksa hi kan duat tak tak a nih chuan awm awla chawlh hahdam veng vengtir chi a ni lo va, a mamawh ang exercise kan pêk hi kan duatna leh kan hmangaihna a ni zawk. Sports thei mi kan ni emaw, ni lo emaw, KTP sports nikhuuaa, "A thiam lo na'ngin a fit a ni", "A

thiam loh ngaihtuahin a t̄ang thei hle mai," an tih zinga tel ve hrim hrim pawh hi t̄ha deuh asin!

Taksa insawizawi hi rawngbawl na nen a inkaihnawih em?

Infiamna khawvelah hian mi lar leh Kristian t̄ha tak tak an awm nual a, chung mite chuan an larna leh eizawnna chu Chanchin T̄ha puan darhna hmanrua atan t̄angkai takin an hman t̄hin. Ch̄ung zinga mi chu Boxer hmingthang Manny Pacquiao, Basketball star Stephen Curry, Footballer Neymar, Chicharito leh Edison Cavani-te bakah kan Mizopui ngei, infiamna lama hlawhtling tak tak, Pathian t̄ih baw site hi an ni. Sap ram hmun eng emaw zatah phei chuan Chanchin T̄ha puan darhna atana football team din te pawh an awm a ni.

Keini Kristian t̄halai rualte hian hriselna leh rawngbawl na inkaihnawih dan hi kan ngaihtuah ngai em? Hrisel lo tan chuan biak in leh rawngbawl na hrang hrangah tel tam a har a, rilru thlenga a nghawng t̄hin avangin inthlahrung taka

phat ngaih chang a tam duh êm êm a ni. Hrisel tak tan erawh eng rawngbawl naah pawh thatho tak leh nuam ti takin a tel theih zel a, thahrui mamawhna lam chiah phei chuan an t̄angkai zual duh hle. T̄halai rawngbawl na ki tam tak hi biak in pawn lama tih ngai (member tlawh chhuah, sum tuak, hnatlang, etc.) a nih avangin chakvak lo tan chuan beih fe ngai a ni t̄hin a. Chuvangin, KṚP over dawn mai pawh ni lo, over hnu thleng pawha chak t̄ha tak, thatho tak leh phur taka thil ti t̄hin, rawngbawl t̄hin kan nih theih nan taksa sawizawi hi kan ngaih pawimawh a t̄ul hle.

Tunlai hian infiammi ni lem lote zingah kawngpui dung, indoor stadium leh field vela nula tlangval mai bakah nu leh pa leh kum upa lam thlengin exercise la hmuh tur an awm nual a; tin, hmeichhe tleirawlte chenin gym kal an awm ta nawk mai a, a lawmawm hle. Kristian t̄halai hrisel kan tam poh leh mahni branch tan kan chhen-fâkawm ang a, rawngbawl naah pawh kan thawh hlawk leh zual ngei ang.

Ringtu tih tur – mi dang sawisel loh

— Lalrinnggheta Renthlei
Falkland Branch KTP

Matthaia 7:1-ah chuan, “Sawisel suh u, sawisela in awm loh nan,” tih kan hmu a. Hetiang lakah hian Phari-saite khan Isua chu lo tal awhtir an tum ve bawk a. Mahse, Isuan an ngaihtuah-nate a hriat avangin heti hian a chhang a ni: “In zinga sual nei lo apiangin lungin deng hmasa rawh se,” tiin.

Hetiang sawiselna hi ringtu thanmawhbawk a nih mai bakah mi dang paw khawihna a ni a. Rilru chapote zia a ni. Mi chapote chu Pathianin a rawt hniam si thin. Kan Pathian thu vekin hetiang hian min hrilh a ni: “...Dan i sawisel chuan dan zawmtu i ni lo va, roreltu i ni zawk e. Dan petu leh roreltu pakhat chauh a awm, chhandam theia, tiboral theia chu. Nang, thenawmte sawiseltu chu tu nge maw i nih le?” (Jakoba 4:11,12)

Kan Pathian thu tar lan ang hian, keimahni kan ni emaw, mi dang an ni emaw an chung a rorel theitu chu ‘Chhandam theia, tiboral theia’ chauh chu a ni. Chu vang chuan mi dangte sawisel thei dinhmunah tu mah kan ding lo. Kan chhandam theia, kan tiboral thei a nih ngawt loh chuan.

Mihringte hi Pathian aṭanga chhuak kan ni a. Amah aṭanga chhuak kan nih avang hian min ngaihsakin, min hmangaih em em vek a, tu mah hmangaih bik a nei lo va. A mit hmuah chuan ‘Ama anpu’i’, a lawm em em chu kan ni vek a ni. Hemi a nih avang hian tute pawh hi insawisel tur bik kan awm lo va, Pathian mit hmuha inang tlang vek kan ni. Kan mihring-puite kan sawisela, kan hmuhsita, kan rel chhiat hian kan sawichhiatte rilru chang a na hlei nem, Pathian rilru asin na hlei hlei ni. A chhan chu – kan sawisela kan hmuhsitate kha Pathianin ama anpuia a siam ve tho an nih vang maw le! Hetianga Pathian mit hmuha inang tlang kan nih avang hian kan chung a rorel tura mi tinte

indahsang tur bik kan awm lohzia Paula kaltlanga min hrilhin, “Mi zawngzawngnen inremin awm rawh u,” (Rom 12:18) tiin min lo fuih a ni.

Kan rawngbawlna leh kan thlarau nun chak theih hauh lohna chhan lian tak pakhat a awm. Chu chu – Pathian thu aia mi dang nun kan chhiar ngun vang a ni. Mi tam tak chuan Pathian thu reng reng ngaihsak hman lovin mi dang nunphung an lo zir a, an tlin lohna leh fel lohna an hmuhin lawmin an nui var var thin nia maw le! Sawi nuam an ti a, sawi châkin a zat hian an za zek zek mai a ni. Heng a nih avang hian kan rawngbawlnain rah a chhuah thei lo thin. Pathian thu chuan, “Keiniho hi Krista rawngbawltuah leh Pathian thuruk enkawltuah miin min ngai rawh se,” (1 Korinth 4:1) a ti a. Mite chuan RAWNGBAWLTU hmuh chuan min hmu mai thei e; mahse, a la tawk lo. Pathian thuruk enkawltu kan ni em, Pathian thuruk eng zat nge kan enkawl, tih hi a pawimawh em em zawk a ni. Thenkhat chuan Pathian thuruk aiin mi dangte thuruk

kan hre hnem zawk a, kan ngaihven zawk bawk thin. Pathian thuruk enkawltua kan tan hma loh chu rawngbawlna hmasawn hmuh a har dawn a ni.

Pathian chuan keiniho hi insawisel tur leh inrêl chhe mai turin min ti lo; kan tlin lohna zawn theuhvah (insawichhe mai lovin) indawm kâng turin min fuih zawk a ni. “...thlemna ka tawk ve dah ang e,” (Galatia 6:1) tia inveng chungin kan mihringpui, kan unaute chu dawmkan kan tum zawk tur a ni. “In rit phurhte chu inchhawk tawn rawh u,” (Galatia 6:2) tiin min zirtir zawksi. Chu mai a la ni lo, kan thiltih nepzia leh mi dangte hmusit thei tur khawpa thiltih kan neih loh thinzia min hrilh a, “Mi tinin mahni thiltih fiah theuh zawk rawh se, chumi hunah chuan mi dang chung ni lovin, mahni chung chauhvah chhuan tur a nei ang,” (Galatia 6:4) a ti zawk a ni.

Mihringte hi famkim lo kan nih avang te hian inpuih tawn hi kan mamawh em em a. Tisual thei, tidik lo thei kan ni theuh a ni. Chung kawngah

chuan a ruka insawichhe mai lovin, hmangaihna nen anmahni ngei kan hrilh thin zawk tur a ni.

Anmahnni ngei kan hrilh ngam lo a nih chuan a intimualpho zawng leh a insawichhe zawnga thu neih hi kan chin loh tawp tur a ni ang. Thlarau mi chuan mi dangte a sawichhe mai lo va, anmahni duhsakna nen a fuih zawk thin. Heti hian Pathian thua chuan kan hmu a: “Chung lam aṭanga finna lo chhuak erawh chu a tirin a thianghlim phawt a, chumi hnuah chuan inrem a duh a, a nunnem a, a tihnuam a, zahngaihna leh rah ṭhain a khat a, thlei bik a nei lo va, a vervek lo a ni” (Jakoba 13:17). Chung lam aṭanga Thlarau Thianghlim malsawmna nei

kan nih chuan kan nunah a langin – inrel, initsik leh insawisel kan bang tawh ang a, remna siamtu kan ni zawk ang.

Kan rilruah he fuihna thu hi vawng zel ila, ‘Thu ṭha lo reengin kaan chhuak suh se, a ṭulzia ang zela siam ṭha turin, thu ṭha apiang chhuak zawk rawh se, a ngaithlatute tan khawngaihna a lo nih theih nan” (Eph. 4:29). Thil dik lo ngawih bopui lam ni lovin, *siam ṭha turin thu ṭha apiang kan ka aṭangin a chhuak zawk tur a ni.*

Sawi sual leh sawi dik loh ka neih chuan Pathianin min ngaidam se. A thu famkim lo taka kan puan chhuahte hi chhiartu zawng zawng tan Lalpan malsawm rawh se.



SAWMNA : Kristian Ṭhalai Pawl, Samlukhai Branch chuan Branch kum 60 tlinna (Diamond Jubilee) October ni 21–23, 2016 chhung hian a lawm dawn a, he hun hmang tur hian Samlukhai Branch member lo ni tawh zawng zawngte, Bialtu Pastor leh Pro. Pastor lo ni tawh zawng zawngte kan sawm a che u.

V. Lalsangliana
Secretary, Samlukhai Branch KṬP

Work Camp Report :

C. Salganga South

Kuhhawanna: Branch Committee-in a lo rel tawh angin keini Khawzawl Vengsang Branch KṯP te chuan June ni 21-28, 2016 chhung khan C. Salganga South-ah nurse chenna in leh plaster hna thawkin work camp kan nei a. Mi 14 lai kan kal thei a, a lawmawm hle.

Kalkawng : Ni 21.6.2016 (Thawhle hni) zing dar 4:30-ah kan Branch Treasurer, Khawzawl Venglai Bial KṯP Leader ni bawk Pu Vanlalnunpuia Khiangtein ṯawngṯaina hun hmangin biak in aṯangin kan chhuak a, dar 9:30 velah Tuiriniah tukṯhuan eiin, harsatna lian tham nei lovin zan dar 9:30 velah kan tum hmun C. Salganga South chu tuang takin kan thleng a. Kan thlen hian kohhran hrulaitu, KṯP leh thawktuten min lo hmuak a, zanriah min lo buatsaihsak a.

Hnathawh dan : Ni 22.6.2016 (Nilaini)-ah hian bungrua kan mamawh angte thiar khawmin,

a tuk Ningani aṯangin plaster leh extend hna chu kan ṯan a. Zing dar 5:30 vel aṯanga thawk ṯanin zan dar 8:00 velah kan bang tlangpui ṯhin.

Harsatna : Kan kal hun lai hian khua a lum em em a, ṯhut mai mai pawhin thlan a tla zawih zawih thei! Hei hian hnathawh a tiharsa a. Tin, fur lai a nih avangin a hmun thleng hian motor a lut ṯha thei lo va, bungraw thiar a ngai a, hna a tisawt lo deuh. Tin, kan kal lam leh haw lamah hian Rangvamual leimin avangin darkar 3:30 vel zet chu kan khawt lai phah a, kan tum hun takah kan thleng thei lo va, pawl kan ti hle.

Haw lam : Ni 27.6.2016 (Thawhṯanni)-a haw leh tura inruahman kan ni a; mahse, hna a laklawh deuh avangin a tuk ni 28.6.2016 (Thawhle hni)-ah kan haw ta zawka. Zing dar 7:00-ah Pu K. Lalawmpuia, Branch Secretary-in ṯawngṯaina hmangin C. Salganga South Kohhran chu kan chhuahsan ta a ni. Tichuan, tuang takin zing dar 2:00 velah kan kohhran kan thleng leh thei a, hetah hian kan Branch hrulaituten min lo hmuakin

thingpuite min lo lumsak a, thingpuite kan in hnuah kan Branch Leader Pu H. Lalrinnunga'n lawm thu sawi ṭawngtaina hun hmangin kan tin darh ta a ni.

Lawm thu : A hmasa berin – hun ṭha min pea, Krista tana pasalṭhate rammutna hmun leh A ram rawngbawl hna ṭulzia hre thei tura min hruaitu Pathian hnenah lawm thu kan sawi a. Tin, kan Kohhran Upa, Upa B. Lalzethanga te chhungkuain an motor phal tak leh flawm takin min hmantir a, kan lawm hle mai. Chu mai bakah kan haw lamah Pu C. Liankunga te chhungkua, Kolasib Electric Venga miten tukṭhuan min lo buatsaihsak baw a, kan tana an insensona hi Lalpa'n a letin a rul ngei ang. Kan cham chhung hian C. Salganga South Kohhranhote

kan chungah an ṭha em em a, kan mamawh apiang min ngaihtuahsak a, kawnglakah gate entry chungchanga harsatna kan tawhna turah pawh min hruai zela, kan lawm hle a ni.

C. Salganga South Kohhran :

C. Salganga South Kohhran hi kan sawi tawh angin Silchar Mizo Pastor Bial chhunga awm a ni a. Anmahni hi Ranglong hnam an ni a, kohhran member 120 vel an ni a, KṭP member 40 vel an awm. Tunah hian thawktu missionary 1 a awm a. An chhehvel khua hi Bru leh Vai (Hindu) an nih avangin ringthar siam kawngah pawh theihtawpin i ṭawngṭaipui sauh sauh ang u.

— K. Lalawmpuia
Secretary
Vengsang Br. KṭP



SAWMNA : Pathian hruainain KṭP, Pukzing Branch Schuan Diamond Jubilee (Kum 60-na) kan lo thleng ve dawn ta a. October ni 27–30, 2016-ah Diamond Jubilee kan lawm dawn a. He hun min hmanpui tur hian Branch hruaitu leh member lo ni tawh zawng zawngte kan sawm a che u.

K. Biakchungnunga
Secretary, Pukzing Branch KṭP



HRINGLANG TLÁNG

Tlan chak

Pa pakhat hian motor thar nalh tak mai a nei a. Kawotthler pakhatah chuan a motor thar chu miin an hmu lo vang tih hlau deuh chung hian chak takin a khallh a. Kawng sira motor dinna bawr a thlen chuan motor kar a tang chuan kawng kan tur an lo chhuak thut ang tih hlau deuh chungin a tlan muang deuh va, kawng kan tur kal tur awm tak hmuin a inhria a.

Mi awmna nia a hriat a tang tu mah an rawn chhuah tak loh avang chuan a tlan chak leh tan ta a. Chu veleh a car thar kawngkhar chu a rawn thum dawot mai a! A brake rapin a ding ri tuarh mai a, a motor chu a tawlh let leh a, an rawn vawmna zawnah chuan a ding a. Thinrim takin a chhuak a, a bulhnaia naupang lo awm a hmuh hmasak sak chu a han tham nghal nazok nazok a, thinrim tak mai hian, “Eng vangin nge khatia i rawn vawm a? Motor thar a nih hi i hria em? I lung rawn vawm chuan pawisa min sen hnemtir dawon hle mai! Eng vanga ti nge i nih?” tiin a zawt a.

Naupang te chuan inthlahrung takin, “Ka pu, khawngaih takin min ngaidam rawh. Tih ngaihna dang ka hre tawh lo a ni. Lung ka rawn vawmna chhan chu – tu mah an ding duh si lo va...” mittui tla fap fap chung a awmna piah lam chu kawh pahin, “...ka u saw a nia! A wheelchair a tang sawn lei khuarah a tla a, ka chawi kang zo bawk si lo va...” A insum zo tawh lo! Tap hlap hlap chung chuan, “Khawngaih takin a wheelchair-ah sawn i thuttir thei ang em? A na bawk si a, ka tan a rit lutuk a, ka chawi kang thei lo va,” a ti ta reuh va.

Thuin a sawi fiah zo ta lo! Chu pa chuan a hrawka rawn hnawhtu lum deuh pup chu lem khawlh pahin chu naupang rualbanlo chu a wheelchair-ah chuan a thuttir a, a rawmarol chu lain a hliamte chu a hruksak a, a tuamsak bawk a. Chu naupang tlu chu, amah rawn tanpuitu hmela hmuh chuan a lawm hle a ni tih a hmela chuan a lang a. A nau zawk chuan, “Kan lawm e. Lalpan malsawm che rawh se,”

tiin lawm takin a hrilh a. Mak ti takin chu pa chuan naupang tein a u wheelchair-a thu a nawr haw lai chu a thliz zui ta vawng vawng a.

Muangchangin a motor lam chu a pan ta a, ral atang pawhin a motor bang khwar lai chu a langsar ngei mai; mahse, siam that tul a ti ta lo! A khuara a dahna chhan chu he thu hi amah a inhrilh nawn fo theih nan a ni – He hring nun hi hmanhmaroh takin hmang lo la, i tlan chak lutuk ang a, i vela thil thleng hre miah lovin i tlan lai vawm din ve i ngai palh ang e, tihhi.

Pathian hian kan thinlungah hian aw nem takin min hriattir thin a. Mahse, keini chuan ngaihthlakna hun nei lo hian kan hun kan hmang thin a, lung lian taka vawm din kan ngai thin a ni. A tawpah chuan kan duhthlanna hi Pathian rawn chung a kan hman a pawimaroh thin.



NGENNA : Guwahati Mizo Presbyterian Kohhran chuan Archive atan APMK/ZPMK din tirh atanga Pastor, Pro. Pastor, Kohhran Upa, Tual Upa, Kohhran Hmeichhe OB, KTP OB lo ni tawh zawng zawngte bio-data leh thlalak neih a duh a, kan inhriat pawh vek theih tawh loh avangin a chung a tar lan chanvo lo chelh tawh zawng zawngten in bio-data leh thlalak a hnuaia address-ah hian rawn thawn turin kan ngen a che u. Bio-data format hi Archive Secretary hnenah ngaihven tur a ni a. Chatuan ram min pansan tawh an awm a nih pawhin an chhungkhat hnaivaite'n lo ngaihven sak turin kan ngen nghal bawke. Hre chiang duh chuan a hnuaia hming leh phone number-ah hian zawh fiah theih a ni e:

1. Rev. K. Lalengmawia (9436373645)
2. Upa Sanglianthanga (9612169082)
3. Upa Kailianmanga (9401991468)

Postal Address:

*Mizoram Synod House,
ABC, Tarun Nagar, Bye-Lane- 4
H.No-3, Guwahati- 781005.*

*Email: gmpkarchive@gmail.com
Phone: 9435007176*

Sd/-

(DAMIEN LALNUNMAWIA)

Secretary, Kohhran Archive

Guwahati Mizo Presbyterian Kohhran

RIMAWI ■■■

INDONA RÂPTHLÂK BER!

— Miltona, Vaivakawn
Branch



uly ni 24, 2016
(Pathianni) khan
Senior Department-ah 'Indo
Nun' tih thupui kan zir dâwn
avângin kum 2008 chho vêla
Synod Choir-in thiam taka an
lo sak 'INDONA' tih hla Rev.
H. Killuaia phuah kha ka
rilruah hian a rawn lang tlat
a, hemi tûk hian ngun takin a
zâwnin vawî 20 dâwn lâi ka
ngaithla a, ka rilru a hneh hle
mai:

*Indona zawnga rapthlâk ber ka
nun hi,*

*Lehlah lehlamah nêksâwrin a
awm a;*

*Vân indona aia nasa zâwk a ni,
Hruaitu Krista ni suh se ka
tlâwm ngei ang.*

Ringtu dangte ka thlir
thin a, an inrin tâwk hmêl
hleîn ka hre thin. Kei erawh
chuan ringtu nun hi indo nun
a nih miao avângin hahthlâk

tih châng ka ngah bîk thin
khawp mai. Tawngtai leh
Lalpa faka zaite hi a thla-
muanthlâk a, hring nun a
hlim thin. Nimahsela, hlimna
leh muanna tia nun kawng dik
kan zawh mêt lai leh, Krista
tâna ke kan pêr reng chung
pawhin chhûngril lam aţanga
ngaihtuahna sualte leh pawns
lam khawvêl pâr mawinate'n
sual tûrin min thlêm reng si
a, nasa takin min chhaih buai
thin. Kristan min hruai loh
hleik lahin kan tlâwm a ni
nghâl mai si. 'Hruaitu Krista
ni suh se, ka tlâwm ngei ang,'
tih hi a lo dik ngawt mai.

*Lehlah lehlama lungawi tuma
nun hi,*

*Mahni himna tûra tih ni mah
sela,*

*Chhiatna zakhua thlentui mai a
lo ni si,*

*Tuilairapa awm an ding chhuak
ngai lo ve.*

Tisa leh thlarau nasa taka
an indona kan nun hi
ngaihtuah chian poh leh a
râpthlâk asin aw! Indona hlîr
a ni ringawt. Duhthlanna
siam tûr tam maizia chu sawi
sên rual pawh a ni lo. An sawi

‘chawhpawlh nun’ te hi neih mai a awl ðhin. Pathian thianghlim duh loh sual hrang hrang sawi nêpa ti reng chung a rawngbâwl ang chi te hi thil awm thei tak a ni. Mahse, kan Pathian chuan a pawm thei tlat si lo. ‘Tuilairapa awm an ding chhuak ngai lo’ tih hi ringtuten kan pawm a va pawimawh êm!

Aw ka nun rimchhia hi ka va han ning tak êm!

Mahni chu inpawm hrâm hrâm thei mah ila,

Thianghlimna Pathian chuan a thei ve si lo,

Mi tithianghlimtu Lal thisen i tel lo chuan.

Pathian kan phatsan theihna tûra eng tik lai pawha ringtute min bei rengtu Setana hian ringtute hi min bei peih hle a, mi hneh dân tûr kawng pawh a hre hle. Doctorate degree pêk chi chu ni se Ph.D. vawi tam a dawng tawh ngei ang. He indonaa kan chak loh hian hliamin kan awm ðhin a, kan hliamte hi a lo rimchhe ðhin. Keini chuan kan rim chhe zet mai

hi pawm hrâm hrâm thei mah ila, kan Pathian thianghlim tak chuan a pawm thei ve tlat si lo. Kan chak lohna leh hneha kan awmte hi mahni thiam inchantîr chungin sawi mâm tum ðhin mah ila, kan Pathian chuan a pawm ve thei tlat si lo. A va’n hahthlâk tak êm!

Ringtu dik tak zingah hian he indona râpthlâkzia hre lo hi kan awm âwm lo ve. Kan Pathian lah chuan kan chhia leh ðha hriatna hmanga kan duhthlanna mawlh mai hi a dah pawimawh ber mai si. “I thu chuan thiam a chantir ang chia, i thu vêk chuan thiam loh a chantir ang che,” (Mt. 12:37) min ti. Krista kan inhruaitir loh chuan kan tlâwm reng dân tihna a lo ni. Champion zo lo, Jordan lui kân zo lote chuan ropuina ram kan lût thei dân si lo. He dam chhûng daih indonaah hian hnehna kan chan zêl theih nân hnehtu Lal ropui, kan chakna leh thiltihtheihna ISUA KRISTA hi i inhruaitir zêl ang u.

HRISELNA ■■■

Thingpui sen hang

— R. Lallianpuii
Venghnuai Branch

Mi tam tak ni tin nuna bet tel ve flat chu thingpui hi a ni awm e, a tel lo chuan kan awm thei lo tih hial tur a ni. In chhung, office, biak in, khawhar in leh hmun hrang hranga kan pun khawmnaah kan in ho zel chu a nih hi. Mipui nawlpuiin kan in nasa a, thingpui in ngai miah lo chu mi tlem te an ni awm e, inlengte pawh kan duhsakna lantirna chu thingpui hi a ni. Thingpui kan in thin zingah chuan a sen hang leh tun hnaia kan uar tak em em green tea hi a hrisel ber a, ni khatah no 4-5 tal in hian kan taksa tan nasa takin hna a thawk a, antioxidant a pai tel avangin taksa natna hrang hrang insiam tur a titem a ni.

Damdawi (chemical) a pai zinga a lar zual han tar lang ila -

Caffeine

Taksa a tiharhvang a, thluak hnathawh a tichak a, ngaihtuahna a tifim a, mahni inrin tawkna a siam.

Catechin

Thingpui sena catechin hian nitric oxide a siam a, hei hian thisen dawt a tilian a, thisen insem darh tur a fanpui a, chu chuan lunga thisen kal vel a tiṭha a, heart attack leh strokes lakah a veng thei.

Carotene

Carotene hian taksa tana thau chhia (bad cholestrol) a tihnam a, thisenah sugar level (blood sugar) leh blood pressure (bp) a tihnam a, ei leh in sual (food allergy) a veng thei bawk.

Glycoside

Kan thisena sugar (blood sugar) insiam hnem tur a veng.

Selenium

Selenium hian pumpui cancer, ril cancer, hnute cancer lakah a veng a, cancer tihrawl ṭhang tur pawh a timuang thei a, heart attack pawh a veng thei a ni.

Zinc

Zinc hian kan thil ei pai ṭawih muang tur a veng a, vun

natna kan neih thei tur lakah a veng tel bawk.

Flouride : Toothpaste then-khatah pawh an telh thin flouride hian ha nget (tooth decay) tur a veng.

Heng kan han kan tar lante hi thingpui thlumah emaw, thingpui pawah emaw a hnathawh dan a danglam thei. Tin, thingpui sen hang hian damdawi (chemical)

pai a nei a, taksa tan a tha tih vanga tuisik in anga in teuh teuh chu a him ber lo mai thei. Heng kan han tar lante hi tak saa awm tur aia tam a awm chuan nghawng tha lo a thlen ve thei. Entir nan – zan mut theih loh, khurh (tremor), lung phu mumal lo, thin thip, beng kiu leh a dangte a thlen ve thei a ni.



SYNOD CHOIR RAWNGBAWLNA

1. **KOLASIB HMAR VENG BRANCH** : July 30–31, 2016 khan Kolasib Hmar Veng Branch diamond jubilee lawmnaah an zai a, vawï 4 dinah hla 7 an rem.
2. **MISSION VENG** : August 9, 2016 zan khan Praise On Hlanna Inkhawm, Mission Veng Kohhran Hall-ah tum 2 dinah hla 2 an rem.
3. **SIHPHIR VENGLAI** : August 12, 2016 khan Sihphir Venglai Branch silver jubilee lawmnaah vawï 1 dinah hla 2 an rem.
4. **ZEMABAWK NORTH** : August 15, 2016 zan khan Zemabawk North Branch Zaipawh Night buatsaihah tum 3 dinah hla 7 an rem a, Lalrinzualan testimony a sawi a, Lalrampani (Mapuii) a solo bawk. Synod Choir hi Zemabawk North Kohhran Committee-in zanriah an kilpui a ni.
5. **SYNOD CONFERENCE CENTRE** : August 16, 2016 zan khan Family Guidance & Counselling Centre-in 25th Church Leaders Intensive Residential Training a buatsaih kharna, Synod Conference Centre-ah vawï 2 dinah hla 2 an rem.
6. **KHATLA SOUTH VENGTHAR BRANCH** : August 22, 2016 (Thawhtan) zanah Khatla South Vengthar Branch KTP inkhawmah an zai a, vawï 1 dinah hla 2 an rem.



KANTU

Phullen Br.

mizoram hmarchhak, Chalfilh leh Mawm-rang tlang karcheha awm KṯP Phullen Branch hi KṯP din kum 1954 khan din ve nghalin September ni 29 hian a din cham an lawm ṯhin. September ni 29, 2014 khan Diamond Jubilee lawm a ni tawh bawk. An Leader hmasa ber Upa Thanzuala chuan tunah hian a la dampui a ni.

Member-te Group thum-ah ṯhen ṯhin niin Bible-a mihring hmingte, an kohhran aṯanga missionary-a chhuakte leh an Kohhran Upate hming chawiin Group-ah an inṯhen ṯhin a. Kumin hian Matthaia, Marka leh Luka Group-ahte ṯhen niin Group budget atan Rs. 5,000/- ṯheuh tuksak an ni. Tunah hian Branch member mipa 178 leh hmeichhia 94 niin an vaiin member 272 an ni. Branch Committee member hi 31 an ni a, kumin hian Branch Calendar siam niin

chumi mil chuan programme an siam ṯhin. Thla tin Thawhleleh zan hnukung berah leh Pathianni wawi 2-naah an committee a, hetah hian Faith Promise an chhiar ṯhin. Kohhran Committee bial ṯhen zuiin bial 10-ah tunah hian an ṯhen a, Office Bearer-te bial vawnah awl an ni a, Committee Member-ten bial hneh takin an vawng ṯhin.

Kumin hian sub-committee hetiang hian an din: Programme, Evangelical, Music, Manner, Literature & Drama Sub-Committee. Heng Sub-Committee member-te hi Branch Committee leh member aṯangin an inruat ṯhin a, an phur tlang hlawm hle a ni. Kumin Branch kumpulan atan "Solfa zir uar" an thlang a, Music Sub-committee-in bawhzuiin Residential Camp an nei a, solfa-ah hma an sawn phah hle a ni.

Project atan 'Sound mixer leh musical instrument' an thlang a. Hengte hi an sum hmuhna tlangpui a ni: Faith Promise, Committee budget, Group budget, Thawhtan zan inkhawm thawhlawm, inhlawhna leh sawhthing hralhna atangin. Kumin hian sawhthing quintal 4.5 hmun an nei a, hnatlangin an thlo thin a ni.

Kum 1996 atang khan Branch chanchinbu 'Kohhran Inleng' chhuah tanin, chatlak awm lovin tun thlengin an la chhuah thei zel a, kumin hian copy 198 an chhuah. Kohhran Inleng hi an kohhran mai ni lo, kohhran dang atang pawhin an la a, WhatsApp Phullen Kohhran Group-ah post thin a ni bawk.

Evangelical Sub-Committee bultumin Pathianni tlai, inkhawm dar rik hmam biak inah an tawngtai thin a, member chauh ni lovin kohhran mipui pawhin an hlut hle a ni. Bible ralchhan hi Evangelical Sub-Committee hian a buatsaih thin a, kumin hian waw 5 buatsaih a tum a ni. Member, biak in

hawnga innei an awmin chawimawina thuziak (Citation) hlan thin niin Kohhran Zaipawl an zai thin bawk.

Thawhtan zan inkhawm hi sermon, short sermon, kum puan thupui zir, Faith Promise campaign, Kohhran & KTP inkaihhraina dan zir, Group Meet, Literature Nite, Evangelical Nite atante an hmang thin. Thawhtan zan inkhawmah hian inchhiarna chi hrang hrang – minute 15 hmaa thleng, Nilai zan inkhawm, Inrinni zan inkhawm, Pathianni chawhnu inkhawm, hla zir, tawngtai inkhawm leh kohhran inkhawma inkhawm kim hmangin inchhiar thin a ni. Tawngtai inkhawm hi Sunday School banah an nei thin. Kristian Thalai chanchinbu hi copy 86 an la mek a, missionary 8 an chawm mek bawk. Tunah hian member active tak takte zarah nung takin an kal reng thei a. Amaherawhchu, Branch dang angbawkin member hla zawk, inhmang lem lo eng emaw zat an awm thin hian hruaitute rilru a kap hle thin a ni.

Keimahni



■ **KOLASIB HMAR VENG BRANCH** : July 30–August 1, 2016 khan Kolasib Hmar Veng Branch diamond jubilee lawmna hmanpuuin Upa Zonunmawia (Gen. Secy.) a kal a, Tv. C. Lalremruata (CKTP Office)-in a tawiawm. Upa Zonunmawia hian August 1 (Jubilee Ni)-ah Souvenir tlangzarhin thuchah a sawi. Tlaiah jubilee ruai theh a ni.

■ **SIHPHIR VENGLAI BRANCH** : August 12, 2016 khan Sihphir Venglai Branch silver jubilee lawmna hmanpuuin Rev. Zothansanga (Leader) leh T.Upa Ricky Lalrammawia-te an kal a, T.Upa H. Ramnunsangan a tawiawm. Chawhma inkhawmah Leader Rev. Zothansangan thuchah a sawi a, inkhawm banah jubilee monument a hawng. Chawhnu inkhawmah T.Upa Ricky Lalrammawian thuchah a sawi.

■ **KHATLA SOUTH VENGTHAR BRANCH** : August 22, 2016 (Thawhtan) zan khan Khatla South Vengthar Branch-ah Gen. Secy. Upa Zonunmawian thuchah a sawi a, T.Upa Ngurhminglana (Asst. Leader) leh Pu K. Lalruatpuia (Synod Choir Director)-ten an tawiawm. Inkhawm banah inkawm ho a ni a, zawhna leh chhanna hun hman a ni.

■ **KAWNPUI CHHIM VENG BRANCH** : August 23, 2016 khan Kawnpui Chhim Veng Branch platinum jubilee hmanpuuin T.Upa Lalrinawma leh T.Upa H. Ramnunsanga-te an kal a, zaithiam Nl. Jenny V.L. Dinpuui, Chanmari West-in a tawiawm. Tlai dar 3-ah jubilee ruai theh a ni a. Zan inkhawmah T.Upa Lalrinawman thuchah a sawi a, inkhawm ban Fellowship-ah T.Upa H. Ramnunsangan thuchah tawi a sawi. Zaithiam Jenny V.L. Dinpuui hi zan inkhawmah leh Fellowship-ah a zai a ni.

■ **LENGPUI BRANCH** : August 25, 2016 khan Lengpui Branch KTP diamond jubilee hmanpuuin Upa Rosanglana leh Tv. Robert Lalduhzuala-te an kal a. Chawhma inkhawmah Upa Rosanglianah thuchah a sawi a, Tv. Robert Lalduhzualan diamond jubilee souvenir a tlangzarh.

■ **KAWLKULH BIAL** : August 26–28, 2016 chhung khan neihpuiin Pu Vanlalpeka (Finance Secy.) leh Pu Lalhnehzova-te an kal a. August 27 (Inrinni) nilengin training neih a ni a, chawhmaah Pu Lalhnehzovan hun a hmang a, chawhnuah Pu Vanlalpekan hun a hmang thung a, Bial chhung branch hrang hrang aṭangin member 120 chuang an kal. Pu Lalhnehzova hian Inrinni zan leh Pathianni chawhma inkhawmah thu a sawi a, Pathianni chawhnu leh zan inkhawmah Pu Vanlalpekan a sawi bawk. Bial hruaitute ngenna angin Pathianni chawhnu inkhawm banah Pu Vanlalpeka hovin sound training neih a ni a, training-a kalten an kham lo hle. Pathianni zan inkhawm banah fellowship hlimawm tak hman leh a ni. Chhawrtui Kohhran Committee-in an ngen angin August 28 (Thawhṭan) zingah Chhawrtui Kohhran Biak In sound system enpuiin an kal a, kohhranten tukṭhuan tui tak an lo buatsaihsak a ni.

■ **PRAISE ON HLANNA** : August 9, 2016 zan khan Synod Information & Publicity (Synfo) sawmna kan hmuh angin Mission Veng Kohhran Hall-a Praise On Hlanna inkhawmah hruaitute mi eng emaw zat an kal.

■ **HOSPITAL CHARITY** : August 26, 2016 khan Hospital charity chu Synod Hospital-ah hlan a ni. Charity hlan tur hian Asst. Leader T.Upa Ngurhmingliana, Gen. Secy. Upa Zonunmawia, Asst. Secy. Pu P.C. Biakmuanpuia leh Treasurer Pu Zonunsanga Raltete an kal a, Bial 161 aṭanga lo lut **Rs. 4,52,436/-** (Cheng nuai li, singnga, sanghni, zali, sawnthum leh paruk) chu Asst. Leader T.Upa Ngurhminglianan Hospital Director Dr. L.H. Thanga Singson hnenah a hlan a. Director-in hospital report tawi pein lawm thu a sawi a. Hospital Coordinator Upa F. Lalsanglianan, tun hma aṭanga KṭP-in Synod Hospital tana thil an lo tih tawh chi hrang hrang sawi in lawm thu sawi ṭawngṭaina hun a hmang bawk. August 26 thleng khan Hospital charity hi Bial 37 aṭangin a la lut lo a ni.

■ **GEN. CONFERENCE DOCUMENTARY** : KṭP General Conference wawi 56-na (Champhai) Documentary Film chu L.K. Diginet chuan a peih fel ta a, darkar 1:30 vela sei a ni. Documentary-ah hian Conference palaite kal lam, an thlenna hmuna interview, Organising Committee, Synod puipa leh CKṭP hruaitu ṭhenkhat kawmna, pandal chhehvel leh programme hrang hrang tar lan a ni a, inkhawmpui ṭiak tuka palaite haw lam thleng cover a ni.

■ **BRANCH DING REPORT THAR** : Himali Pastor Bial aṭangin July 16, 2008-ah KṭP, Masih Jiwan Sangh Branch (I.T.I. Veng Bialah) din a nih thu leh tunah member 17, mipa 6 leh hmeichhia 11 an nih thu report kan dawng.

KRISTIAN ṬHALAI CHUNGCHANG HRIATTIRNA

*Central KṭP Committee meeting (CKṭP 692:VII) chuan **Kristian Ṭhalai** chanchinbu chungchangah a hnuaia mi ang hian, kum thar (2017) aṭanga hman nghal turin ruahmanna a siam thar a, kan kal dan pangngai ṭhenkhatte nen kan inhriattir nawn leh a ni e –*

1. *Chanchinbu chhutna man tihsan a nih avangin **kum khat lak man ₹ 60/- ni ṭhin chu ₹ 70/- (cheng sawmsarih)-ah tihsan a ni a**, India ram pawnah pawh ₹ 120/- (cheng za leh sawmhni) a ni tazh ang.*
2. *Mi mala daka la tih loh chu Branch mawhphurhnaah ngaih a ni a, agent-ah thawh nghal lovin Branch Secretary hnenah thawh ṭhin a ni. Agent hnenah a remchan angin Branch Secretary hian a lo hlan chhawng ve leh ang.*
3. *Chanchinbu lakna man hi kan kal dan pangngai angin kum tirah pe lawk ṭheuh turin kan inngen a. Pe lawk thei chiah lote pawhin KṭP Rorel Inkhawmah chuan pek hman ngei ni se.*
4. *Kum kal lai (2016) chhung lakna man pe tla lo chu kum tharah chanchinbu thawh chhunzawm loh tur a ni ang a. A man an tlak hnua chauh thawh chhunzawm a ni ang.*
5. *Kum 2017 chhunga lak zat tur chu **Mobile No. 9436142398-ah SMS/WhatsApp**-a hriattir ni se. January ni 11, 2017 (Nilaini) hma lama hriattir lote chu kum 2016-a an lak zat thawh an ni ang.*

A hranpaa Branch tinte hriattirna pek hmu lo kan awm a nih pawhin hei hi hriattirnaa ngaih nghal ni se. A man pun avang hian kan lak zat tlahniam lo tura hma la ṭheuh turin Branch tinte kan inngen a. Thuziak rawngbawlna kawngah ṭhahnem i ngai deuh deuh ang u.



08 07 2016

Kantu: Phullen Branch

CENTRAL K.T.P. HRUAITUTE, 2016-2018

Office Bearers

Leader	:	Rev. Zothansanga	9436365426
Asst. Leader	:	T. Upa Ngurhmingiana	9436374104
Gen. Secretary	:	Upa Zonunmawia	9436152024
Asst. Secretary	:	Pu P.C. Biakmuanpuia	9436374833
Treasurer	:	Pu Zonunsanga Ralte	9402113038
Fin. Secretary	:	Pu Vanlalpeka	9436153728

Committee Members

Tv. Joseph Lalsangzuala	9436152063	Pu Lalchhuanliana	9862364583
Pu K. Lalruatpuia	9862577177	T.Upa Lalrinawma	9436152297
Pu Lalhnehzova	8119947974	Pu F. Lalremruata	9862561961
T.Upa H. Ramnunsanga	9436152320	T.Upa Zomuana Ralte	8794722319
Nl. Lalfamkimi	9436365245	T.Upa P.C. Lalropuia	9863144485
Upa Rosangliana	9612166769	Pu Lalmuanawma	9436196515
Dr. Lalrotluanga	9436153937	T. Upa Ricky Lalrammawia Ralte	9862387308
Dr. David G. Vanlalpekawma	9436156561	Tv. Robert Lalduhzuala	9862368012
T.Upa Lalmuanpuia	9436142398		

Ex-Officio Members

Rev. H. Lalrinmawia	-	Synod Moderator
Upa H. Ronghaka	-	Synod Secretary (Sr.)
Rev. B. Sangthanga	-	Executive Secretary, i/c KTP

Postal Regn. no. MZR/81/2015-20
RNI No. MIZMIZ/2009/290



Khatla South Vengthar Branch – 22.8.2016



Kawnpui Chhimveng Branch Platinum Jubilee – 23.8. 2016



Lengpui Branch KTP Diamond Jubilee – 25.8.2016

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