

AUGUST 2015

Kristian Tlangau

CHHUAH TAN KUM - OCTOBER 1911



Râl lehlamah i kai ang u

- Mihring nihna leh dinhmun
- Tûnlai harhtharna hi

Hrisêlna Huang - *Depression*

Editorial • Mizoram Synod • Lâwrkhâwm • Zawhna leh Chhânnâ

Kum 104-na

August 2015

Bu 1,235-na

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Thu chhuahnte hi Editor ngaih dâñ a ni vek kher lo.

A CHHUNGÀ THU AWMTE

1. Editorial	3
2. Mizoram Synod	4
3. Lâwrkhâwm	13
4. Zawhna leh Chhâんな	18
5. Sermon: (1) Râl lehlamah i kai ang u (2) Mihring nihna leh a dinhmun	23 25
6. Tûnlai harhna hi	31
7. Ruallung Lalnu Rualthanchhîngi	35
8. Sunday School Testimony	37
9. <i>Hrisélna huang:</i> Depression	39
10. Sûnna	45

Synod Puipate

Moderator	: Rev. Lalrinmawia
Secretaries	: Rev. B. Sângthanga (Sr.) Upa H. Ronghâka (Jr.)
Finance Officers	: Rev. Lalramliana Pachuau Rev. Dr. R. Lalbiakmawia
Statistician	: Upa Vâñêngmawia

The Organ of the Presbyterian Church, Mizoram

**Editorial****CHANCHIN THA HRIL LEH MIZOTE**

Pathianin Mizote Chanchin Tha hril tûra min buatsaih dân hi chhui tham fê a awm! Miten an hriat ve atâna tha nia kan hriat tawh chu ngawih bopui mai mai thei lo mi kan ni a. Damlo kan han tlawh nikhuaah pawh hian miten an lo dampui tawh damdawi chi hrang hrang hrilh teuh tûr kan nei zêl a. Doctor aia hriat ngah zâwk ni âwm takte pawh kan awm thîn.

Zosâpte hnêñ aṭanga Chanchin Tha kan han dawnâ, Kristian kan han nih chhoh aṭanga rei vak lovah Manipur-ah te, Tripura-ah te, Bru-ho zîngah te leh Burma ramah te Chanchin Tha hrilin kan Kristian pasaltha hmasate an pêñ chhuak a. Chu chu chhunzawm zêlin tûnah hian Synod Ramthar rawngbâwl na hnuiah ngawt pawh hian missionary 2,500 vêl lai kan nei ta a. Kohhran pâwl dang missionary-te nêna belh khâwm phei chuan an ṭhahnem hlein a rinawm. Kan kohhran phei chuan ‘Ramthar Ni’ leh ‘Chanchin Tha thlen Ni’ te hi ni bîk kan neihte zîngah telhin a hun a lo thlen chuan a puala inkhâwmna ‘hun bîk’ kan hmang thîn a ni tih kan hriat kha.

Chanchin Tha kan dawn chauh hi ni lovin, kan hril darh zêlna hi kan ram hmasâwnna leh kan ram leh hnam damna niin a lang. Mi mal leh ram pum huapa tihsual leh bawhchhiatte awm thîn mah se, kohhran tinte hian Chanchin Tha hril hi kan ngaih pawimawh tlat chuan humhimin kan awm zêlin a rinawm a ni.



*- Executive Secretary
i/c Publicity, etc.*

1. Synod Bookroom Conference 2015

June 11, 2015 khân Synod Bookroom chuan kum tina an lo tih ṭhin angin Synod Bookroom Conference 2015 chu Zosâphluia Building, Mission Vêngah an hmang.

Report aṭanga a lan dânin kum kalta khân Synod Bookroom hian nasa takin hma a sâwn a. An budget ₹6,80,00,000-ah ₹12,34,01,405 hmuin ₹5,54,01,405 zeta khûm a ni a. Synod Bookroom 1911-a din a nih aṭanga an thawh chhuah tam ber ṭum a la ni. Kum kalta chhûng khân Net Profit ₹57,90,288 a nei bawk. Financial Year thara an budget ₹7,82,00,000 pharh nghâl a ni bawk.

Mizoram puma Branch hrang hrangte aṭangin report leh rawtnate ngaihthlâk a ni a.

Kum kaltaa Bookroom rawngbâwlna hrang hrang thlîr lêtna leh sawi zauna hun hman a ni bawk. Synod Bookroom Branch ti tha hnênah Rev. Lalzuithanga, Senior Executive Secretary-in lâwmman a sem a. Tehna ki hrang hrang pali-a inteh a ni. A ti tha Branch pathumte chu-

Pakhatna: Chanmari Branch, Aizâwl

Pahnihna: Bazar Branch, Aizâwl

Pathumna: Kolasib Branch

Tûn dinhmunah Synod Bookroom hian Branch 12 zet neein Distribution Centre 24 a nei mêm a. Kum 2015 chhûng hian Saiha tih loh District Capital tinah mahniin building a nei kim thei ta a. 2015 chhûng hian Sêrchhîp leh Lawngtlaiah Bookroom building hi sak thar mêm a ni nghe nghe.

2. Counselling Training wavi 22-na khâr

Mizoram Synod, Family Guidance & Counselling Centre (FG&CC)-in kohhran hruaitute puala May 27, 2015 aṭanga Synod Conference Centre-a Church Leaders' Intensive Residential Pastoral

Care & Counselling Training vawi 22-na a buatsaih chu June 9, 2015 (Thawlehni) zân khân ‘Final Evaluation & Graduation Service’ neiin khâr a ni. Khârma inkhâwm hi Rev. Lalramliana Pachuau, Exe. Secretary i/c FG&CC chuan a hmanpui a, training chhuakte hnênah Certificate semin thuchah a sawi. He Counselling Training-ah hian Pastor Bial pariat aṭangin kohhran aiawh 26 an tel a ni.

3. PHBS Graduation Day

June 10, 2015 khân Presbyterian Hindi Bible School chuan zirlai Batch 55-na te pualin Graduation Day a hmang a, zirlai chhuakte hnênah Certificate hlan an ni. Programme hi Rev. P.C. Pachhûnga, Exe. Secretary i/c Mission-in a kaihruai a, Rev. John Sharma, Principal-in fuihna thuchah a sawi a, Rev. K. Lalthlanpuia, Director, MSK-in zir chhuakte tawngtaisakna hun a hmang.

Presbyterian Hindi Bible School hi August 24, 1990 khân din a ni a, kum 1997 thleng khân thla thum course niim a hnu lamah chuan thla ruk

course a ni ta a ni. Kum 2009 aṭang khân Certificate in Theology course hawn a ni. Zirlaithe hi Synod Mission Field hrang hrang aṭang te, Para Church aṭang te, Mizoram chhûṅga hnam dang ringthar te leh Mizo nula tlangvâl hnam dang zîṅga rawngbâwlnaa tui mite aṭanga lâk thin an ni a, admission hi January leh July thla tîrah te hawn thin a ni.

4. Zin

- ◆ June 11 - 15, 2015 khân Pastor Induction neihpui tûrin Hyderabad-ah Rev. Dr. R. Lalbiakmawia, Finance Officer leh Upa H. Ronghâka, Secretary (Jr.) te an kal.

- ◆ June 13 & 14, 2015 khân Lungdai Kohhran tlawhin Rev. Lalzithanga, Sr. Executive Secretary a kal.

- ◆ June 12 - 14, 2015 khân Champhai Bethel Bial huapin Accounts Training leh Finance Campaign neih a ni a, hemi neihpui hian Upa C. Lalmuankima (Asst. Finance Manager), Upa Vânlalngaia, T. Upa C. Lalchullova leh Pu R. Lalnunkima (Revival Speakers) te an kal.

◆ June 15-18, 2015 khân Synod Press khâwl en thlithlai tûrin Chennai-ah Upa R Lalmalsâwma, General Manager, PRESCOM leh Pu Lalhrualtuang Râlte, Manager, Synod Press te an kal.

◆ June 25-26, 2015 khân CMC & Hospital Committee, Vellore-ah neih a ni a, Rev. Lalramliana Pachuau, Exe. Secretary leh Dr. Vânlalruata, Synod Hospital te an kal.

◆ June 27-28, 2015 khân Literature Campaign & Hla Kûtpui hmanpuiin Chiahpuiah Rev. K. Lalpiangthara, Editor leh Upa H. Ronghâka, Jt. Editor, SL&PB te an kal.

◆ June 28, 2015 khân Bûkpui Pastor Bial KTP Half year Meet hmanpuiin Dr. Robert S. Halliday, Suptd, Synod Office a kal.

◆ July 4 - 5, 2015 khân Home Mission ‘N’ tlawhin Rev. P.C. Pachhûnga E/S leh Upa Lalrinmuana SMB Coordinator te an kal.

◆ July 7, 2015 khân PCI Trust Committee Meeting, Silchar-ah neih a ni a, hetah hian Rev. Lalramliana Pachuau, Exe. Secretary a kal.

5. Synod Mission Board

January - May, 2015 chhûnga Synod Mission Field hrang hranga ringthar neih dân-

Barak 87, Lucknow 192, Jharkhand 331, Tripura 811, Patna 71, Cachar Tlangram 21, Delhi 13, Nepal 72, Masihi Sangati 508, Kolkata 264, Arunachal ‘W’ 188, Orissa Nil, Siliguri 45, Home Mission ‘N’ 56, Cambodia 1, Karbi Anglong 50, Home Mission ‘S’ 86, Arunachal ‘E’ 43, Assam 18. **Total - 2857.**

◆ June 12, 2015 khân Presbyterian Church in Nepal Presbytery pakhat zâwk West Presbytery thar chu Kathmandu Bial Lalitpur Kohhranah Mizoram Synod Executive Secretary i/c Mission Rev. P.C Pachhûngan a hawng a, chawhnu lamah Special Presbytery rorêl inkhâwm neih a ni a, Rev. Lalrintluanga Ngênte hnênah Moderator nihna a hlân a, rorêl inkhâwm tluang taka neih a ni. Ti hian Presbyterian Church in Nepal chu Church Court nei a ni ta nghâl bawk.

West Presbytery huam chhûnga Pastor Bial hrang

hrang aṭangin thawktu an kal tha hle a, ringtu 150-200 vēl an pung khâwm thei. East Presbytery chu Dharan-ah June 15, 2015 khân Synod Secretary Rev. B. Sângthangan a hawng leh bawk.

- ◆ Masihi Sangati Working Committee chuan hmun hrang hranga thawktu indaih lohna hriain Masihi Sangati hnuiaia thawk tûrin mi 14 a la thar a, June 22-26, 2015 chhûng khân MSK Office, Bâwngkâwn-ah Orientation Training an nei a. June 28, 2015(Pathianni) Chawhnu inkhâwmah Aizâwl Vênglai Kohhran Biak Inah tirhchhuahna inkhâwm neiha ni.

6. Masihi Sangati

- ◆ June 9-14, 2015khân Aizâwl Gospel Team chu Central Jail lamah rawng-bâwlin an feh chhuak a, Jail chhûnga ringlo awmte Chanchin Tha hrilhin mi panga lain baptismal an chang.

- ◆ June 13-14, 2015 khân Tuivawl Area thar hawn leh Area Meet, Keifāng Kohhran-ah neiha ni a, Area thar hi Rev. Lalchhuanmawia, Secy. SMB-in a hawng a, Meet Speaker-

ah hian Rev. K. Lalthlanpuia, Director, MSK leh Rev. Lalthatluanga, i/c Masihi Sangati, Tuivawl Area te an ni a, mi 4-in baptismal an chang bawk. June 13-14, 2015 chhûng vêk hian Bethel Area Meet chu Chanmari West Kohhran-ah neih a ni a, Rev. Dârkhumâ Speaker niin, mi 15 lain baptismal an chang.

7. MSSU

- ◆ NL. Vânlalsâwmi, Asst. Co-ordinator i/c Archives, Synod Office chu SEC 256 chuan Coordinator-ah kaisantîrin MSSU-a awm tûrin a ruat a, June 16, 2015 khân a hna thar hi a zawm a ni.

- ◆ MSSU chuan hetiang hian Sunday School Zirtîrtu Training an neihpui—

- June 13-ah ITI Vêng Bial. Kalte: Rev. C. Lalsângliana, Ramhlun North leh Upa K. Vânlalnghâka.

- June 13-ah Muthi Kohhran. Kalte: T. Upa Lalthahluna Râlte, Upa Zohmangaiha leh Pu T.C. Lalhmangaiha.

- June 19-22-ah Lunglei Vênglai Bial. Kalte: Pu Lalthahluna Râlte, Upa Zohmangaiha.

June 19-22-ah Bûngtlâng Bial. Kalte: Upa K Zoremsânga leh Pu Ramthansânga Khiangte.

June 20-ah Ramhlun Sports Complex Kohhran. Kalte: Pu John Lalhrualitluanga, Upa B. Lalhmunliana, leh T.Upa F. Lalêngluna.

June 27-ah New Capital Complex Kohhran. Kalte: Pu Lalṭahluna Râlte, Upa Hrilthansânga.

June 27-ah Sairâng Dinthar Bial. Kalte: Pu John Lalhrualitluanga, Upa B. Lalhmunliana, T.Upa R. Lalhmingthanga.

July 7-ah Ramthar Vêng Kohhranah Upa B. Lalhmunliana a kal bawk.

8. Music

- ◆ June 12 - 14, 2015 khân Tlabung Chawnpui Bial KTP-ten Solfa Training an nei a, hemi neihpui hian Pu Lalromawia leh Upa Lalkhumtîra, Synod Office te an kal.

- ◆ June 18-19, 2015 khân Phunchawng Kohhran-ah Khuang vuak Training neih a ni a, hemi neihpui hian Pu Lalromawia a kal.

- ◆ June 24-25, 2015 khân Mualphêng Bial KTP Conductor's Training neih a ni a, hemi neihpui hian Pu Lalromawia, Tv Lalchhuanawma, Durtlâng leh Pu Lalnunthara, Dirver te an kal.

9. Synod Revival

- ◆ Jun 9-14, 2015 khân Synod Camping Centre-ah a mamawh apiangte tân camping buatsaih a ni a, Speaker-ah Pu Zaihmingthanga, Gospel Thunder Team niin, camp-a lût zawng zawng hi mi 110, Mipa-103, Hmeichhia-17 an ni. Kohhran pâwl dang atanga rawn lût te pawh an awm a ni. He camp-ah hian Chhînga Vêng Kohhran Pavalai Pâwl te an duty a ni.

- ◆ July 3, 2015 khân Synod Office Committee Room No.I-ah Central YMA aiawhte nêu Joint Committee an nei. He meeting-ah hian SRS tena an man te tâna Gospel Camping siam tûr chungchâng an sawi ho a ni.

10. Synod Hospital

- ◆ Synod Hospital ENT Department chuan beng chhûng leh beng ri hriatna enna khâwl 'Middle Ear Analyser & Audio Meter' Foreign atanga

chah chhuah an nei thar a, beng
leh ri hriatnaa harsatna nei tân
OPD-ah pan theih a ni e. Tin,
tawng lama harsatna chi hrang
hrang- tawng thei lo, tawng
thei har, tawng fiah lo,
dangâwk leh aw chhângte tân
ni tin Speech Therapy a lâk
theih a ni.

♦ June 24, 2015 khân SBI-
in Synod Hospital tân Bolero
Ambulance thar an hlân a,
Synod Hospital chuan SBI
chungah lâwm thu an sawi tak
meuh a ni. Tin, Soil &
Conservation Dept. leh
Horticulture Dept. ten Hospital
Campus remchâng laia phun
tûrin Coffee tiak leh thei tiak
chi hrang hrang an pe a, Synod
Hospital chuan lâwm thu an
sawi bawk a ni.

11. Campus Ministry

◆ June 12, 2015 khān
Central High School leh
Devine Intervention School-ah
hun an hmang a, June 16, 2015-
ah Apollo Nursing School,
June 17, 2015-ah ITI High
School leh Z.N. English
Medium School-ah te hun an
hmang.

◆ June 19, 2015 khân
Health Worker Training School,

Kulikâwn-ah hun an hmang a,
June 22, 2015-ah Spring Field
School leh June 23, 2015-ah
Love Academy leh LR Higher
Secondary School-ah te hun an
hmang.

- ◆ July 3, 2015 khân Health Worker Training School, Kulikâwn-ah hun an hmang a, July 7, 2015-ah Apollo Nursing School, Laipuitlâng leh July 9, 2015-ah Govt. Mizo High School-ah te hun an hmang.

12. Missionary Training College

Kum 2015 - 2016 session
atân class ṭan leh tawh a ni a,
Rev. Lalduhawma Râlte chu
MTC Lecturer atân dah thar a
ni bawk.

13. Kristian Thalai Pâwl

◆ June 21, 2015 khân
Lêngpui Bial Golden Jubilee
lawmna hmanpuiin Upa
Zonunmawia (Gen. Secy) leh
T.Upa Lalmuangpua (Asst.
Coordinator) te an kal. Jubilee
ruai theh a ni a, Upa
Zonunmawia'n Jubilee
Souvenir tlângzarhin Inrinni
zân inkhâwmah thuchah a sawi
a, inkhâwm bân Fellowship-

ah T.Upa Lalmuanpuian thuchah tawi a sawi bawk.

♦ July 5, 2015 (Pathianni) zân khân Leader Rev. J. Lalremsiama'n Khatla North Kohhranah hun a hmang a, Synod Choir-in an ɻawiâwm.

♦ July 4 - 5, 2015 khân Kânhmun Bial huapin Leadership Training neih a ni a, hemi neihpui hian Central KTP hruaitu Dr. Lalliansângâ leh Pu Zonunsângâ Râlte te an kal.

14. Barak Area Mission Presbytery(Meitei) hawng

Barak Area Church & Mission hnuaia JPM (Meitei) chu Mission Presbytery atân June 19, 2015 khân Presbyterian Church, Silcharah Rev. Lalrinmawia, Moderator, Mizoram Synod-in a hawng a, chawhnu lamah Special Presbytery Session neih a ni.

15. SMTCT-in Computer zir zo thlah

Synod Multipurpose Training Centre (SMTCT) chuan June 17, 2015 khân Certificate in Computer Application (CCA) Course batch 15-na zir chhuakte

thlahna inkhâwm an hmang a, Rev. Lalramliana Pachuau, Executive Secretary i/c. SMTC-in a hmanpui.

Tûn ɻuma SMTC Computer course batch 15-na zir chhuakte hi mi 23 an ni a, Computer Course zirna hawn a nih aṭanga tûna zir chhuakte nêñ hian mi 327 laiin ɻha takin an zir chhuak tawh a ni.

16. Social Front

Central YMA-in ruihhlo avâṅga harsatna tâwk an man Counselling pe tûra Synod Social Front an ngen angin Jacob Vânlaldinsaka, Social Front Outreach Worker chu Counselling pe ɻhîn tûrin Social Front chuan a tifel a, June thla tîr aṭang khân Counselling hi neih tawh a ni.

17. Archivist

Upa Bonny Lalrindika, Asst. Coordinator, Synfo, Synod Office chu SEC 256 chuan tûrin a ruat a, June 16, 2015 khân a hna thar hi a zawm a ni.

18. Kohhran hmathlîr chungchâṅga inrawnkhâwmna

Synod 2014 inkhâwmpui rorel bawh zuina kal zêlah June

30, 2015 khân Kohhran Hmathlîr chungchânga inrâwn khâwmna District Capital tinah neih a ni a, Aizâwl District-ah mi 592 an kal a, Kolasib-ah 138, Champhaiah 241, Sêrchhîpah 144, Mamitah 144, Lungleiah 167 an kal a ni. He inrâwnkhâwmnaah hian Synod hotute hmun hrang hrangah insem darhin hetiang hian an kal:

(1) Aizâwl District - *Mission Vêng Kohhran Biak In*

Rev. B. Sângthanga, Synod Secretary & Upa H. Ronghâka, Synod Secretary Jr.

(2) Champhai District - *Champhai Vêngthlang Kohhran Biak In*

Rev. Dr. R. Lalbiakmawia, Finance Officer leh Upa Vângmawia, Statistician.

(3) Kolasib District - *Diakkâwn Kohhran Biak In*

Rev. Lalramliana Pachuau, Exe. Secretary leh Rev. H. Lalrinmawia, Moderator Elect

(4) Mamit District - *Mamit Kohhran Biak In*

Rev. Lalzuitanga, Sr. Exe. Secretary leh Upa R. Lalmalsâwma, Gen. Manager, PRESCOM.

(5) Sêrchhîp District- *Sêrchhîp Kâwnpui Kohhran Biak In*

Rev. P.C. Pachhûnga, Exe. Secretary leh Rev. Dr. C. Lalhlira, Principal, ATC

(6) Chhim Bial - *Lunglei Chanmari Kohhran Biak In*

Rev. Lalrinmawia, Synod Moderator leh Rev. Lalrinnunga, A/S, Chhim Bial

19. PCI hotute leh Synod Hotute inhmukhâwm

June 24, 2015 khân PCI hotute leh Synod hotute Tripura Synod hawn tûr chungchângah an inhmukhâwm a. Kum 2016-a Tripura Synod hawn tûra hmachhawpa neih mîk chungchânga thil sawi ho ngaite sawi ho a ni a, hêng an sawihonate hi PCI General Assembly 2016-a neih tûrah chhawp chhuah leh a ni ang.

20. Kohhran Hmeichhia

♦ June 27, 20 khân nilêngin Vaivakâwn Pastor Bial Kohhran Hmeichhiaten Leadership Training an nei a, hemi hmanpui hian Pi H. Lalpianthangi, Gen. Secratary leh Pi Lalpianthangi, Committee Member te an kal.

- ◆ June 30, 2015 khân Ramhlun North Kohhran Hmeichhiaten Leadership Training leh Kristian Chhûngkaw Campaign an nei a, hemi hmanpui hian Pi Lalhmingmawii Sailo, Comt. Member leh Pi Vânrammawii, Comt. Member te an kal.

21. Synod Bookroom

Synod Bookroom chuan July 6 - 11, 2015 khân Mizoram Synod Bookroom Branch zawng zawngah Reduction Sale puitham tak a buatsaih leh a, Reduction Sale neih chhûng hian ni tin zîng dâr riat atanga tlai dâr nga thleng dâwr theih an ni a, an bungruate hi 5% - 80% thleng discount a ni.

22. Moderator Programme

Synod Moderator Rev. Lalrinmawia chuan hetiang hian hun a hmang-

- ◆ June 13, 2015 (Inrinni)

Zân: Luangmual West Kohhran

- ◆ June 14, 2015 (Pathianni)
Chawhmu: Chawlhhmun Kohhran

Zân: Luangmual Kohhran

- ◆ June 19, 2015 (Zirtâwpni)
Barak Presbytery hawn, Silchar

- ◆ June 21, 2015 (Pathianni)
Chawhma: Tuikual South Kohhran

Chawhnu: Tuikual North Kohhran

Zân: Tuikual Kohhran

- ◆ June 27, 2015 (Inrinni)
Diblibagh

- ◆ June 28, 2015 (Pathianni)
Chawhma: Tlabung Chawnpui Kohhran

Chawhnu: Tlabung Kohhran

Zân: Tlabung Zodin Kohhran

- ◆ July 4, 2015 (Inrinni)

Zân: Bâwlte Kohhran

- ◆ July 5, 2015 (Pathianni)
Chawhma: S. Sabual Kohhran

Chawhnu: Bâwngthah Kohhran

Zân: Dârlung Kohhran

TIHDIKNA

Kristian Tlängau April, 2015 issue phêk 8-naa Synod aiawha palaina târ lanah, March 4-9, 2015-a KJP Synod Sepngi Inkâhwmpuia Rev. Dr. R. Lalbiakmawia nêna kal Upa HD Vânlalruata tih kha **Upa K. Lalzika**, Khawzâwl tih tûr a ni a, a hun pawh hi March 5-8, 2015 tih tûr a ni. Ribhoi Synod hmanpuiin March 12-15, 2015 khân Rev. B. Sângthanga, Synod Secretary (Sr) leh Upa HD Vânlalruata, Ratu an kal thung. A kal tûra tihte remchân dân zuia insiam remah Upa kal tûrte an inthlâk ve lo va; tihsual palhah ngaihdam kan dîl e. – Editorial Board



2015 Private College Tha ber te zîngah CMC, Vellore

Christian Medical College, Vellore chu ‘The Week’ chanchinbu leh India rama chanchinbu lâr leh changtlung ber pâwl ‘India Today’ te chuan India rama Medical College survey an neihnaah pahnihna dinhmun a hauh leh ta. He dinhmun hi hun rei tak chhûng chu a lo chelh tawh nghe nghe a ni. Director-te leh thawktu leh zirlai zawng zawngte inpêkna leh tumruhna avâng a ni a, Pathian malsâwmna leh kaihhruaina an dawn avângin thuneitute chuan lâwm thu an sawi bawk.

Modi-a sawrkâr-in NGO 2,406 te license a hlihsak

India sawrkâr laipui chuan ram chhûng hmun hrang hranga sawrkâr din ni lo pawl ding, Non-governmental

Organisation (NGO) 2,406-te license chu a hlihsak a, hêng NGO thenkhatte hian damdawi in leh school te an enkawl a ni. Hetianga NGO-te registration hlihsak an nih tâkah hian foreign lam aṭâṅga ṭanpuina an dawng thei tawh dâwn lo a ni.

Thuneitute hnêñ aṭâṅga thu dawn dân chuan Maharashtra state-ah license 964, Uttar Pradesh-ah 740, Karnataka state-ah 614 hlihsak an ni a, hlihsak tam zualna an ni a, Tamil Nadu state-ah 88 hlihsak an ni bawk. Hetiang taka license an hlihsakna chhan, Union Home Ministry thuchhuakin a sawi dân chuan hêng NGO-te hian kum khat chhûṅga an report an pêk loh vâng niin a sawi; amaherawhchu, NGO thu puangtute chuan chutiang hriattfir lâwkna eng mah an dawn loh thu leh dânin tih tûr a phûtte chu tha taka an zawm thlap thu an sawi ve thung.

Sawrkâr laipui chuan he hma lâkna avâng hian kum khat chhûṅgin NGO 13,470 bâwr vêlte chu an license a lo hlîp tawh a, Foreign Contribution

Regulation Act (FCRA) dân bawhchhiaa puh vâng an ni.

Billy Graham-a tupain Pastor nihna a chawlhsan

Billy Graham a tupa Tullian Tchividjian-a chuan Coral Ridge Presbyterian Kohhran-a senior pastor a nihna chu a chawlhsan.

He pastor lâr tak mai leh thuзиak lama rawngbâwlna nei tha tak mai hian a chanchin a sawinaah, “Inlaichînna hrisêl lo lamah ka inhnamhnawih vâng a ni” a ti.

Tchividjian-a hi Coral Ridge Presbyterian Kohhranah hian kum 2009 ațang khân a thawk țan a, Pastor D. James Kennedy a boral vânga amah thlâk tûra lâk luh a ni.

Coral Ridge Kohhran website pawhin heti hian thuchhuah a siam ve bawk, “Tchividjian-a hian a nun kawng bawh pelhin, a thil tihsual te pawh a inhria a, hetiang taka a lo awm tâkah hian pastor hna thawka pulpit ațanga thusawi tlâk a ni tawh lo tih a inhria a; chuvângin, a bâanna a theh lût a ni” tiin.

Washington Post chanchinbu hnênah chuan, “Kei leh ka nupui hi kan rilru a na tak zet a, ka thil tihsual avânga kan thutlûknaah hian min hrethiam a, min țawngtaipui turin ka ngen che u a ni, Pathian khawngaihna leh kaihruaina he hun hrehawm takah hian min dîlpui dâwn nia” tiin.

CBN NEWS - JUNE 2015

Pakistan police-ten Muslim puithiam an man

Lahore Muslim puithiam pahnihte chu Pakistan police-ten Punjab province-ah an man. Kristian nupa bei tûra mipui an fuihpawrh avânga man an ni. District police officer Sohail Zafar Chattha chuan hêng puithiam pahnihte hian mipui an ko khâwm a, he Kristian nupate hi kut an thlâtfr a ni, a ti.

He mite nupa hi kut an thlâk a, deusawh takin an nghaisa a, an awmna hi thingtlâng khua Makki a ni a, Punjab province a ni. He thil thleng hi a lo chhuah chhan tak chu he Kristian nupa rethei takte hian Muslim banner chu

in chhûng hmanrua atân an hmang a. He banner-ah hian Quran thu inziak a awm niin an chhûngkua tlawhtu pakhat Muslim mi chuan a sawi a, hetianga Quran thu inziak mawi lo taka an hmang chu mi dang hrilh pungin, an khaw thuneitute chuan hrem tûrin he mite nupa hi an ko ta a ni.

Thuhretute sawi dân chuan, police-te rawn thlen hma hian mipui pung khâwm chuan kut an thlâk a, an hmai an hnawih dumsak bawk a ni an ti.

Police officer Chattha chuan chumi hmunah chuan police a tirh thu a sawi a, a hnu deuh lawkah amah ngei pawh hi a thleng ve nghâl a ni. Chattha chuan, “Police-te dodâla, an hnathawh tûr lo tibuaiitu an awm chuan kâp tûrin thu ka pe,” a ti nghe nghe. Hetiang taka buaina a thlen chhan chu he Kristian nupate hian ziak leh chhiar an thiam loh vang a ni tiin Police Officer hian a sawi bawk.

TIMES OF INDIA, JULY 4, 2015

Sualna awm lo Facebook version (Sin-Free version) tichhuak

Evangelical Christian tñahnem tak te; Social media leh a kaihhnawih sualna te lakah invê fîmkhur a ngai hlein an hria a, Brazilian company pakhat chuan ‘sin-free facebook version’ an siam chhuak.

Web-designer Atilla Barros chuan, “Facebook-ah hian kut intlhâkna leh thlalâk bawlhhlawh a tam lutuk a; chu vâng chuan hmun thianghlim zâwk, Pathian thu te, hmangaihna leh induhsak tawnna te sawi theihna tûr social site siam a ngai a ni,” tiin chanchinbu mite hnênah a sawi.

He social networking site thar hi a hming chu ‘Facegloria’ tih a ni a, Facebook nêna inang tak a ni; mahse, thil pawimawh lai tak takah danglamna a nei a ni. Thlalâk leh thu post ‘Like’ tawh lovin kan ‘Amen’ tawh dâwn zâwk a ni. Tawngkam mawi lo chu hman theih a ni lo va, hetiang taka an tih chhan hi chu a hmangtuten hun

hlimawm zâwk leh hahdam zâwk an hman theih nâna tih a ni. Facebook aia thiam thil lamah leh nungchang tha entîr kawnga chungnung zâwk nih kan tum a ni tiin a siamtute hian an sawi bawk.

Kum hnih chhûngin hmangtu maktaduai hnih neih an inbeisei a. Thla khat chhûngin hmangtu 1,00,000 lai an nei tawh, hetiang taka hmangtu an neih hnem theih chhan hi mobile phone application a awm vâng niin an sawi bawk.

CHRISTIAN TODAY, JULY, 2015

Inneih thuthlung tlung thar leh

Archbishop Emeritus Desmond Tutu leh a nupui Nomalizo Leah-te chuan an inneih thuthlung chu July 2 (an inneih ni) khân an tlung thar leh ta. Kum 60 zet an inneihna chu hlim takin South Africa-ah an lâwm.

Hunserh chu St. George's Cathedral, Cape Town-ah hman a ni a. A lawmna hun dang leh chu Holy Cross Anglican Church, Soweto, Johannesburg-a hman a ni a,

hetah hian South Africa President hlui Thabo Mbeki leh Nelson Mandela nupui, Graca Machel-te pawh an tel.

An nupa hi college an kal laia intawng an ni a, tûnah hian fa pali leh tu pasarih an nei tawh a ni. Hunserh an neihna thusawitu pakhat chuan, “An nupaa an nuih dun theih avângin aninneihna hi a nghet êm êm a ni” a ti.

Desmond Tutu hi mi hâng tâna hmalâkna ngai pawimawh êm êm a ni a, remna duh mi a ni bawk. Rim takin kum 1970 chho vêl khân a lo thawk tawh thîn a; tichuan, kum 1984 khân Nobel Peace Prize a dawng nghe nghe.

Desmond Tutu-a hian a nupui hi a chawimawi thiam êm êm a, “Hetieng dinhmuna ka awm theihna chhan chu ka nupui vang hi a ni a, a dawhtheihna leh min tânpuina avângâ tûn hi tleng thei ka ni,” a ti bawk.

He an inneih thutiam tlun thatna hunserh hi an fanu naupang ber, Rev. Mpho Tutu chuan a kaihuai.

CHRISTIAN TODAY, JULY, 2015

Khawvêl hmun pawimawh zîngah Isua Baptisma channa hmun

United Nations (UN) hnuaiā pêng pakhat, education, science leh culture lam khawih pâwl (UNESCO) chuan Jordan lui, baptistu Johanan Isua baptisma a chantîrna chu khawvêl hmun pawimawh humhalh tûr zîngah telh a nih thu a puang.

He hmun hian tlawhtu a ngah thîn khawp mai a, kum khatah mi 100,000 vêl chu tlawhtu nei reng thîn ang a ni. Hetih rual hian UNESCO-in khawvêl hmun pawimawh (World heritage site) te zînga a puan tâk avâng hian tlawhtu an tam lehzual beisei a ni.

CHRISTIANTODAY JULY, 2015

Muslim Sheikh ISIS Jihadi pâwla miin Bible a zawng

Muslim ISIS Jihadi pâwl, an zirtîrna hmanga training pe thîntu chuan Bible a duh thu a sawi, a chhan nia hriat chu he pâwl chêt dân hi a kham tawh niin thu dawn a ni.

Mission Organization Operation Mobilisation hnuaiā hawk Julian-a chuan *Voice of the Martyrs Radio* hnênah a report a, ISIS member Kristiana inlette chanchin pawh a report tel bawk.

“Pathian, engkimtithei chuan tih theih loh a nei lo va, thil sual tâwpa kan ngaih te pawh hi hmanruaah a hmang thei, amah chawimawi nân leh thil tha tih nân a hmang lêt a ni” a ti.

Kristian taxi driver hnêñ aṭanga he thu hi a hriat niin a sawi a, a passenger Muslim Sheikh pakhat chuan kawng lakah a tiding a, dâwra lûtin Bible a zawng tih thu chu a hrilh a ni.

Driver chuan a chhan zâwtin, “Hetianga inthahna râpthlâk hi ka kham ngawih ngawih tawh a, hei aia dik leh tha zâwk a awm ngei ang tih ka ring a ni” tiin a chhâng. He Sheikh hian Syria-ah hian Muslim firfiakte chu Jihad thu leh kaihhruaina chu a lo zirtîr thîn a ni.

CHRISTIAN TODAY, JULY, 2015



*Upa H. Lalpârtlâna,
E. Lungdâr Vênglun
zawhnate*

Z. SEC/OM thuchhuak ram pum huapa tawngtai rual neih tûrte chanchinbu leh TV hmanga puan a nih hian hre lo leh hmu hman lo pawh awm theih a ni a, hêng thute hi kohhran tinah official-a inhriattîr thin hi a tha lo maw?

Ch. A theih chin chinah chuan kohhran tinte hnênah lehkha thawn hmasak thin a ni a. Amaherawhchu, kohhran thuneihna bâk, sawrkâr lam aṭang leh sakhaw dang aṭanga thil lo thleng thut, lehkha han inthawn vek hman loh chângte chu thil awm ve zauh thei a ni a. Hetiangah hi chuan kan inhriathiam tlân pawh a tûl hle âwm e. A theih chin chinah chuan kan Synod hruiitute hian lehkhaa inhriattîr hmasak thlap hi an duh dân a la ni reng a ni tih pawh kan hriat a tha ang e.

Z. PCI Assembly puala tawngtai leh thawhlâwm lâk khâwm chungchâng hi Synod aṭanga lehkha hmuh thar a ni lo fo va, Nilai leh Beihrual thupui buah hian a chângin a lang a, a chângin târ lan a ni lo bawk a. Kumin 2015-ah pawh târ lan a ni lo va, Synod lam hian hêng programme te hi kan ngai pawimawh vak lo tihna em ni? Mumal deuhva kal a tha lo maw?

Ch. PCI General Assembly lam lehkha hi dawn tlai deuh châng a awm thîn a, chutiang hunah chuan chawpchilh tako inthawn loh theih a ni lo. Duh thu i rawn sâm ang hian Nilai leh Beihrual Thupui lamah kum tin târ lan law law a tha viauin a rinawm. A ngaih pawimawh leh ngaih pawimawh loh thuah chuan Synod hian a ngaih pawimawh reng e.

*Upa C. Hualchhûnga,
Champhai Vêngthlang
zawhna*

Z. Synod Worship Committee Seminar papers (First Published 2012), phêk 10-na Pathian thu chhiar tihah

khân, ‘Sam kan chhiarin Sam number 100-na tih ang chi hi tih dân tûr a ni lo, Sam 100-na tih mai a tâwk’ tih kan hmu a. Intermediate Zirlai Bu chhut 5-na, 2012, phêk 19-naah Sam Bung chuti zât ti lovin, ‘Sam number chuti zât tih zâwk tûr a ni’ tih kan hmu leh si a. A eng hi nge pawm zâwk tûr ni ta ang le?

Ch. Sam hi ‘Fak hla’ a nih avângin ‘Bung’ tih aiah ‘Number’ tia lam thin a ni a. Number sawi lan leh sawi lan loh chungchângah chuan a dik zâwk leh dik lo zâwk sawi tak tak hleih theih a ni chuang lo va. I rawn sawi lan seminar paper-in min kaihruai dân hi a awlsam a, hmang vek thei ilang chuan a tha viauin a rinawm.

Chhuanliana, BVT zawhna

Z. Luka 19:1-10-a Zakaia chanchin hi Mizo Kristiante chuan hre lo kan awm ka ring lo. Mi tam ber rin dân chuan chhiahkhawn hotu, hlêp rûk hmang nia ngai deuh vek kan ni. A chhan pawh a hun laia chhiahkhawntute kha hlêp rûk

chînga Juda-ten an ngaih vâng niin a rinawm. Juda-ho khân Lal Isua rêlin, “Mi sual ina thleng tûrin a luh tâk saw” an han ti zui leh nghâl a.

Amaherawhchu, châng 8-ah hian Zakaia kha a pianthar tâk avângin a sum zâtve pachhiate hnêna pêk a tiam phawta, a hnuah, “... tu lakah pawh thil eng pawh lo hlêp ru ila, a leh liin ka rûl leh ang,” a ti a. Bible lehlin tharah chuan, “... tu thil pawh dik lo taka lâksak ka lo neih chuan a lêt liin ka rûl leh ang,” tih a ni. A ṭawngkam han chhút hian, “Lo hlêp ru ila” tih leh “Dik lo taka lâksak ka lo neih chuan” tih a ni mai a, ‘ila’ leh ‘chuan’ thu hla lek a ni a, leh li ngawta rulh leh a ngamma aṭang hian a hlêp rûk lohzia leh chhiahkhawn hotu dik leh rinawm a nizhia a tilang ni maiin ka ngai.

Khâng hun laia chhiah khawntu tam tak kha depde leh hlêp rûk hmang an nih avângin Zakaia pawh kha an pâwng rinhlelh mai a ni thei lâwng maw le. He thu hi ka chhiar apiang hian Zakaia mi

*suala an/kan puh leh rawkna
lai hi ka hre chhuak phâk lo
tlat nia.*

Ch. Chang 1-6 thleng han chhiar hi chuan i ngaih dân ang deuh hian ‘suala puh rawk chi a ni em ni?’ tia zawh theih tak a ni ve a. Amaherawhchu, châng 7-na hi han chhiar zui ila, mipuiin Lal Isua an demna thuah, “Mi sual hnêna thleng tûrin a luh tâk saw,” an ti tlat mai a. Hlêp rûk chîng officer leh hlêp ru ngai lo officer tu man kan hai lo ang deuh hian Zakaia pawh hi an khaw mipuite leh an chhehvêl khaw mipuite chuan an hre chiang ve hle ang a, hetianga an deusawh ngam leh Zakaian Isua ṭawng hma hmaa hlêp rûk chungchâng a sawi chûk hian mi rin a kai bîk lo a ni ang tiin a ngaihtuah theih.

Khama, Bâwngkâwn zawhna

Z. Mizorama kohhranten Biak In kan hman dân hi a inang lo thluah mai a, thenkhatin Biak In hi an zah thiam êm êm a, hun serh leh Pathian thu lam lo chu culture lam réng réng an entîr

lo va. Thenkhat chuan hnam thil an entîr mai thung a. Kan Bible hian Biak In hman dân chungchâng engtin nge a sawi? Biak In hman dân chungchâng han sawi zau deuh teh.

Ch. Kan Bible-ah hian Biak In hman dân tûr a sawina hmuh tûr a tam vak âwm lo ve. Temple-a rawngbâwlту тұра руатте chu puithiam lalber leh puithiam dangte an ni a. Puithiam hna khawih lo тұра ruatten puithiam hna an khawih chungchânga Pathian thin chhiatna a lan dânte hmuh tûr a awm nual a. Lal Isua hun laiin Pathian Biak In tibawlhhlawhtute Lal Isuan a hau bâkah an dawhkânte a nam thlûksak tih kan hre bawk a; i duh anga chiang chuan kan inchhâng lo mai thei e. I sawi ang hian Biak In kan hman duh dân hi a inchen lo khawp mai a. Vâneihthlâk takin kan kohhran hi chuan Biak In leh kohhran thil serh humhalh dân te leh pulpit leh maichâm humhalh leh hman dân te kan nei a, (Pathian Biak Inkâwm Hruaina Bu pp.244-248) i lo chhiar dâwn nia. Biak In

chhûng hi zah taka vawn leh enkawl a pawimawh a, lemchan nân te phei chuan hman loh hrâm tum tûr a ni. Biak Ina inneite zîngah inneih zawh lama Biak In chhûng duhna lai laia thlalâk chîng kan awm leh zauh thîn a. Hetianga tih hi inkhap nachâng hriat a tha khawp mai.

***Ch. Lalbiakchhûnga,
Vairêngte Vênglai
zawhnate***

Z.1. *Kaina-in a nau Abela a thah avânga Kaina hmu apiangin an thah loh nâna Pathianin chhinchhiahna a siamsak hi engti angin nge a chhinchhiahna, miin an hriat theih dân min han hrilh teh.*

Ch. Pathianin chhinchhiahna a siamsak hi eng nge a nih Bible-in min hrilh tel lo va. John Hargreaves-a chuan, “Pathianin Kaina chhinchhiahna a siamsak hi a thutiam leh a enkawlna entîrna a ni e,” a ti. Hmasâng ata tawh sal emaw, bâwih emaw chhinchhiahna reh thei lo tûrin an puten an taksaah an siamsak thîn a; Kaina pawh hi Pathian ta a nih chhinchhiahna a taksaah

Pathianin a siamsak a ni mai thei e.

Z.2. *Isua hminga, ‘Isua Krista’ tih leh ‘Krista Isua’ tih hi a hman hun deuh a awm em? Eng vângin nge Isua Krista tih leh Krista Isua tih a nih min hrilhfiah teh.*

Ch. Rev. Dr. Lalsâwma (Pu Sâwma) chuan, “Isua Krista tih leh Krista Isua tih hi thil thuhmun a ni; tlêmin a uar lam a hrang hret a. A hmasa hian Isua, Nazareth-a mi kha Messia a ni tiin a puang a, a hnuhnung hian, lal lo kal tûr Messia chu mi dang ni lovin, Nazareth Isua hi a ni ngei mai tih a puang a ni,” tiin Rom Lehkhathawn (Kum 1990 SS Zirlai bu p. 22-ah) khân a sawi.

Z.3. *Thuthlung Thar Bu 27-te zîngah a bu chhûng thu ziakah a ziaktute hming ziah ve loh Chanchin Tha Marka leh Luka, lehkhathawnah Hebrai leh Johana te ziah an nih ve loh chhan leh awmzia min hrilh la ka lâwm hle ang.*

Ch. Hêngote hian anmahni aia Isua Krista leh a Chanchin Tha an dah hmasak zâwkzia leh an ngaih ropuzia an târ langah

ngai ila. Hebrai Lehkhathawn phei hi chu tu ziak nge tih vawiin thlengin hriat a la ni lo. Pathian thu thiamte pawhin rin dān bâk eng mah sawi theih an nei bîk lo va, vânramah kan chiang chauh dâwn a nih hmêl khawp mai.

Lalbiaksiama, Chekâwn zawhna

Z. Kan Synod hnuiaia thawk Pastor ṭang laite hi an pension hmaa an thih hian an nupui fanaute tân hian Synod hian eng ang ham̄hatna nge a siamsak ve? Ka hriat sual loh chuan kan Pastor nupuite hi eizawnna atâna hman theih tûr chi an thawh hi phal loh

a niin ka lo hria a, hetiang a nih si chuan an pasalte an service laia an thihin anmahni chhawmdawlna tûr tha tâwk tak hi a awm mék nge a awm lêm lo.

Ch. Pastor thawk lai thite nupui fanaute ham̄hatna chung-chângah hian Synod-in gratuity leh pension lam thila thawktu nghet zawng zawngte hanthatna a pêk bâk chu a bîka tih tûr eng mah rôl a la nei lo va, an pasalten an thihsan thenkhat chu an mangang thei khawp mai. Hna thawk lo tûra rôlsaktu Synod-in an ham̄hatna tûr chu rôl nachâng a la hre tûrah ngaih mai a tha ang e. — — — — —

SUNDAY SCHOOL KAI KIM TIHCHIAN THU

MSSU Inkaihhruaina Bung 8:3(3)-a “Kohhran danga pêm leh Hostel-a awmte chuan an awmna hmasaa an kai tawh chu an chhunzawm thei ang,” tih a ni a. Hei hi MSSU Executive Committee 102-na thurêl No. VI-na chuan hetiang hian a hrilhfiah-

1. Sunday School kai kim tih hi MSSU zawmtu Kohhran Sunday School-a kai kim tihna a ni.
2. Hostel-a awmte hian pêm ang bawkin an awmna hmasa (Pêm/ Hostel-a luh hmaa an awmna kohhran)-a an kai tawh chu Kohhran Sunday School Secretary hriatpuina lehkha lain an chhawm thei a, an kohhrana an kîr leh hunah pawh Hostel-a a awm chhûnga a lawina Kohhran Sunday School Secretary hriatpuina lehkha a la tûr a ni.
3. MSSU zawm lova Hostel-in Sunday School an siam chu hei hian a huam lo vang.



RÂL LEHLAMAH I KAI ANGU

(Marka 4:35)

Chr. Sakhawliana

*“Aw, Hmangaihna a va zau êm!
I lalthutthlêng ropui kalsan a;
Lei hrehawma i lo kal mai hi,
Aw, a va ropui êm! Ka hril sêng lo.”*

Lal Isuan inngaitlâwma hringmi a chan lai khân Palestina ram dung leh vâng a fang a, “Sim rawh u, vânram chu a hnai tawh e,” tiin khaw lian leh khaw tête a fang zêl a nih kha.

Damlo tam tak a tidam a, phârte a titianghlim a, mitthite pawh a kaihthawh avângin pantu leh zuitu a ngah êm êm a. A sâng têl teh meuhin an zui . Inthiarfihlîm châng nei mah se an zawnga an hmu leh nge nge . A chêt sual lai chângin hmêlma pawhin an en thla ve reng tho a nih kha.

Ni khat chu mipui tam tak, tekhhinna thu chi hrang hrang hmangin lawng aṭangin a zirtîr a. Khua a lo tlai ta deuh a ni ang, zirtîrte hnênah chuan, “Râl lehlamah sâwn i kai ang u,” a ti a. Lawng chuan mipuite chu an kalsan ta a. Minister leh MLA-te zin vêl party hruaitu leh mi pawimawhten motor-a an zui ang hian Lal Isua pawh hi lâwng tê tea chuangin an zui ve nghe nghe a ni.

Râl lehlam kaiten mipui an kalsan ang khân keini pawh râl lehlam kai túr chuan kalsan neih a tûl tih a chiang hle mai.

Dîla lawnga an kal laiin thlipui leh tuifâwn avângin harsatna an tâwk a. Mahse, engkim chungah Krista chu Lal a nihzia lanna tûrin thiltihtheihna a lo lang thung. Lalpa rawngbâwl tûra râl kan kai dâwn hian harsatna kan tâwk . Hei hi paltlang zo lo pawh kan awm fo rêng a ni.

*“Aw, a har ka ti mang e,
Lalpa rawngbâwl zêl hi,*

*Min duhna hmun
apianga kal zêl hi;*

*Engtin nge ka tih ang le,
Lal rawngbâwl tu kan ni si,*

*Harsatna hnuiaia ding
ngam tûrin,”*

Pu Lalhriata pawhin a lo ti vawng vawng rēng a nih hi.

Dîl râl, Gerasin mite ram an va thlen chuan ramhuai tibuai hrep tawh, khua pawha awm thei tawh lo a va tidam nghâl nghe nghe a ni. Tihdamna changtu tlangvâl kha a lâwm hle a, a tidamtu Isua zuia a hnêna awm a ngên hial a. Mahse, kan Lalpa khân a phal tlat lo (Mk 5:1-20). Chanchin Tha ziak dangah, “Keimahah awm reng rawh u,” (Jn 15:4) a ti bawk si a. A ṭawngka chhuak ṭheuh ṭheuh hi a mak hle mai. Ainkalh a ni lo maw?

Vawiin thlengin Lal Isuaa awm reng lote chuan an tisualin an chhiat phah fo chu a nih si hi. He laia Lal Isua duh tak chu, he tlangvâl hian Lalpan a tâna a hnathawh leh khawngaihna ropui tak kha an khuaa va puang darh tûrin “I inah hâwng rawh” a ti a ni

zâwk. Lal Isua chhandamna kan channa chanchin ṭha hi awmpui mai mai tûr kan ni lo tih min hrilh a nih hi.

Kan Lalpa hian râl lehlam a ngaih pawimawh avângin a lal̄thutthlêng ropui kalsanin lei hrehawmah a lo kal rēng a. He a lo kal chhan hi Zofaten kan lo hriat ve theih nân Zosâp missionary-ten tuipui râl an rawn kai a. Tisa leh thlarau damna kan chan bâkah kan ramin hma a sâwn phah hle a nih hi. Mahni ṭhut hmun sawna râl lehlam kaitute thawh rah hi a va ropui êm! Lalpa chu fakin awm rawh se.

Mi, thim hnuai la thu mék, Lalpa hmangaihna ropui la hre loten Chanchin Tha êng an lo hmuha, vân khua leh tui an lo nih ve theih nân kan taksa a kal thei lo a nih pawhin ṭawngṭaina leh thilpêk talin râl lehlam i kai ve ang u. Amen.

NGENNA

Ram pum huap Kohhran History atâna Document pawimawh vawn ṭhat nei kan awm chuan Synod Archive Document atâna thawh tûrin kan inngêna. Office-a rawn dah harsatte tân contact no. 9612-587-458-ah emaw 9436-152-592-ah emaw hriattîr theih a nih chuan a lâwmawm hle ang.

MIHRING NIHNA LEH DINHMUN (Chhunzawmna)

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Leitan South*

3. Kristaa mihring siam thar lehte dinhmun

Tlûkna avânga mihring nun awmze nei tawh lo leh Pathian siam chhan anga nung thei tawh lo kha Lal Isua Krista nun leh thihsna kal tlangin siam tirha a dinhmun ngai awh leh thei tûrin Pathian khawngainhain a siam thar. Augustine-a ɣawngtâina hla ropui tak chu, “Nangma tâna nung tûrin min siam a; chuvangin, kan thinlung hi nangmaha a hahchawlh hma zawng tuihâlin a chau let dêr a ni” (You have made us for yourself and our hearts are restless until they rest in you) tih hi a ni. He ɣawngtâina hla thu tawi tê hian tlûkna dinhmuna mihring nun khawharzia leh hrehawmzia min hriattîr a. Chu dinhmun chhe tak lak ata chu Lal Isua nun leh hnathawh kal tlangin Pathian siam chhan anga nung tûrin siam thar/tun din an lo ni leh ta a ni.

Pathian khawngainhna thu, Lal Isua Krista leh Thlarau Thianghlim zâra siam tharna leh tun din lehna thurûk hi Bible zirtîrna laipui a ni a. Mihring chhiatna leh khawlohma ata Pathianin a siam chhan anga awmtîr lehna a ni. Hei vâng hian Kohhran Pate hun atang tawhin chhandamna hi Pathian nun ɣâwmpuina, amah Pathian anga awm leh tûra tun din lehna (deification of humanity) tia sawi ɭhin a ni. Bible leh Kristian thurinin chhandamna hi dinhmun ngai awh lehna angin a zirtîr a. Chhandamna sawina ɣawngkam, Hebrew ɣawnga ‘gaal’ tih te, Grik ɣawnga ‘soteria’ tihte hi damna, chhan chhuahna, mi tu emawin an lo hrêng emaw, tantîr emaw laka tlan chhuah leh tun din thar leh thu sawina a ni a. Lal Isua tlanna hnathawh sawi fiahna te pawh hi mi tute emaw hrêngâ tâng chhan chhuahna, a tîra a dinhmun ngai awhtîr lehna thu

a ni. Lal Isua tehkhin thu, Berâm bo te, duli bo te leh fapa tlân bo tehkhin thute pawh hian chhandamna hi dinhmun ngai awhtîr lehna a ni tih min kawhhmuh a ni. Chuvângin, chhandamna hi mihring Pathian anpuia siam suala tlu tawhten Pathian anna an neih leh theihna tûra tun din lehna leh siam thar lehna a ni.

Lal Isua Krista hi Pathian
inpuanna vâwrtâwp a ni tih
Bible leh Kristian thurinin min
zirtîr a. A nun leh a hnathawh,
a thihna leh a thawhlehna te hi
Pathian duh zâwng leh a
ropuizia - a hmangaihna leh a
khawngaihna te, a
thianghlimna leh a felna te
puan chhuahna a ni. Thuthlung
Tharah Lal Isua Krista hi
'Pathian anpui' a nih thu fiah
taka târ lan a ni a (Kol 2:15; 2
Kor 4:4). Chutih rual chuan
Lal Isua Krista tlanna
hnathawh azâra chhandamna hi
Pathian anpui, Isua Krista ang
tûra mihring siam thar lehna a
ni (Eph 4:22ff; Kol 3:10; Rom
8:29; 1 Kor 15:49; 2 Kor 3:18;
1 Jn 3:2). Chhandamna,
Pathian leh mihring inlaichînna

siam thar lehna hi Pathian thuin chhûngkaw inlaichînna thu hmangin a sawi thîn. Pa leh fate inlaichînna thu hmangin ringtute hi ‘Pathian fa’ ‘Pathian awm dân latu’ tiin Thuthlung Thar bu hrang hrangah sawi a ni a (Mt 5:44f; Eph 5:2; Jn 3:2,1; Pet 1:16). Hêng Pathian thute hian Pathian anpuia siam mihring suala tlu tawhte hi Lal Isua Krista chhandamna hnathawh kal tlanga a tîra dinhmun ngai awh leh tûra siam thar leh kan ni tih min hriattîr a. Chu dinhmun ropui tak min tlentu chu Pathian thiltihtheihna, Thlarau Thianghlim, thihna ata Isua Krista kai thotu ngei kha a ni tih Pathian thuin fiah takin min zirtîr bawk a ni (Tirh 2:24ff; Rom 8:11).

Bible leh Kristian thurina
piantharna, siam thar lehna tih
thute hi mihringte Pathian
anpuia siam thar lehna thu
sawina a ni a. Isua Krista
chhandamna hnathawh kal
tlangin Thlarau Thianghlim
zâra mahni sualna leh
khawlohma hriatna leh chu
khawlohma dinhmun atanga tâl

chhuah châkna leh duhna hi piantharna leh siam tharnain a keng a. Isua Krista chhandamna hnathawh kal tlanga Pathian anna lama nun inher danglam ta sawina a ni a, khawlohna dinhmun aṭanga Pathian anna lama nun siam thar lehna a ni. Pathian khawngaihna, Thlarau Thianghlim hnathawh avângin mihring suala tluten piantharna leh siam tharna chu an lo chang thei ṭhîn. Tlûknaa mihring nun awmze nei lo leh tum thelh tawh kha, Thlarau Thianghlim zârah siam thar, tun din leh a lo ni a, Pathian anpui, Lal Isua Krista anna lamah a lo nungin, a lo ṭhang lian chho ta a ni.

Thiamchantîrna (Justification) hi chhandamna sawi fiahna thu pawimawh tak a ni bawk a. Piantharna leh siam thar lehna te hi Pathian khawngaihna dawng tûra mihring nun her danglamna leh siamtharna lam kâwka hman a nih laiin, thiamchantîrna thu erawh hi chu Pathian khawngaihna avâng liau liauvu Pathianin mi sualte a ngaihdam thu leh a fa atâna a pawm lehna thu sawina a ni a. Chu

khawngaihna chuan mihringin rinnaa a lo dawn leh pawmna a keng tel bawk a. Chutianga rinnaa Pathian khawngaihna dawngtu nun chu a tîra a dinhmun ngai awh leh tûrin Thlarau Thianghlimin a chênchilhin a kaihruai a, a tithianghlim ta a. Chutianga ringtu nuna Thlarau Thianghlim hnathawh chu Kristian thurinah ‘tihthianghlim’ emaw ‘tihthiang hlimna’ (sanctification) emaw tia sawi a ni.

Tihthianghlimna hi Bible-in chhandamna a sawina ṭawngkam pawimawh tak a ni a, ringtu dinhmun sawina a ni bawk. Tihthianghlimna hi pianthar ni aṭanga Pathian nun, thianghlimna leh felna ṭawmpuia rinnaa ḫhan lenna a ni (1 Pet 1:15). Krista anna lama siam puitlinna kawng a ni bawk a (Eph 4:22f; Phil 3:12f). Thih thlengin, Lal Isua Krista lo kal leh ni thlenga Isua Krista rinnna kawnga ḫhan len chhoh zêlna thu sawina a ni a. Krista nêna inzawmna (union with Christ) tih te (Jn 15:1f; 1 Kor 12:27; Eph 5:30; Rom 6:5; 1 Pet 2:25), Kristaa

nun (Life in Christ) tih te (Rom 8:1; Eph 2:13; 1 Jn 2:6), Thlarauva nun (Life in Spirit) (1 Kor 6:16f) ti tein sawi fiah a ni bawk တဲ့။ Chu nun chu Pathian anna neia siam thar a nih tawh avângin, thlarau rah chi hrang hrang - hmangaihna te, hlimna te, remna te, dawhtheihna te, ngilneihna te, တဲ့တနာ te, rinawmna te, thuhnuairawlhnna te, insûm theihna tea thuam a ni a. Chu mihring thar nun chu nun awmze nei, Pathianin a siam chhan anga Pathian ropuina lantîrtu leh a mihring puite hnêna malsâwmna thlentu a lo ni thei ta a ni.

Pathian anpuia siam thar ringtute hi Pathianin min siam chhan anga tihthianghlim kan nih mêt lai hian, mi sual mi fela pawm, sual sim tûr nei reng erawh kan ni. Tum khata simna hi tleitlâk mai chi a ni lo, khawvêl sualnain ringtute hi eng lai pawha min chîm reng avângin, thih thlenga sual huatna leh chu sual hawisanna thinlung put reng hi Pathian anpuia siamtharte awm dân a ni. Simna hi Grik တဲ့ဘင်္ဂ

‘metanoia’ tih a ni a, chu chuan nun inthlâtthleng, duh dân leh duh zâwng chena tihdanglam a keng a. Thuthlung Hlui lamah Pathian hnêna hawi kîr lehna anga sawi တဲ့။ Rinna ang bawkin Pathian khawngaihna hnathawh a ni.

Simna hi rinna nêñ တဲ့ hran hleih theih lohva inzawm tlat a ni. Krista anna lama siam puitlinna, Pathian anna tun din lehna kawng pawimawh ber pakhat a ni. Tisa thiltih tihhlumna/bânsanna (mortification of the flesh) leh thlarau lama tihnnunna (vivification of the spirit) tiin sawi fiah a ni a. Pianhar ni aတဲ့တော် tisa châkna leh tisa thil bânsan leh tihhlum တဲ့တော် nuna simna hnathawh a ni a. Ringtute hi mi sual Krista tlanna azâra ngaihdamna chang, mi fela chhiar leh pawm chawp mai kan nih avângin, Krista anna lama တဲ့တော် lian tûra tihthianghlim ngai reng kan ni. Chapona, mahni hmasialna leh duhâmna te hian thih ni thlengin ringtu nun hi a chîm buai reng dâwn a. Chuvângin, tisa châkna kalsan tûra fuih ngai, zu in rui

leh buaia awm lo tûra zilh ngai (Eph 4:18; Rom 13:13), mi lem be lo tûra zirtîr ngai (1 Kor 10:1f), mahni unaute hmangaih tûra fuih ngai rengte kan ni (1 Jn 3:16; 4:20). Ephesi khuaa mite ang bawka ‘In hmânlai awm dân kawnga mihring hlui, bumna châkna anga chhe deuh deuh kha hlîp thla ula, in rilru thlarauah chuan a tharin lo awm ula, mihring thar thutak felna leh thianghlimnaa Pathian anga siam khân inthuam bawk ula’ (Eph 4:22-24) tia zilh ngai rengte kan ni.

Ringtu, Pathian anna lama siamthara awm mêtke hi kan thih ni thlengin, ‘kan sualte min ngaidam ang che’ tia sual thupha chawia տանցtai reng tûr kan ni. Thlarau Thianghlim pâwlna chang tam apiang leh Krista bula awm tam apiangten an sualzia an hre chiangin, sual thupha chawi tûr leh sim tûr an ngahzia an hre թîn. Pathian thinlung ang pu Davida chuan “Ka sualnate lakah hian I hmai thup la, ka khawlohma zawng zawng thai bo vang che” (Sam 51: 9) tiin Pathian hmaah

ngaihdam dîlin a տանցtai a. Lutheran a thih dâwn dârkâr thlengin mi sual bawlhhlawh, Pathian khawngaihna avâng chauha rinnaa mi fela pawm chawp mai a ni tih a la sawi cheu a. Calvina pawhin a thih ni thlengin Pathian leh a rawngbâwlpuite lakah ngaihdam a la dîl cheu a. India rama Chanchin Թa hriltu ropui, Carey-a pawhin a thlâna thuзиak atâna a duh chu ‘tlâktlaina nei lo changpât ang mai’ (a wretched worm!) tih thu hi a ni!

A chunga kan han sawi tâk ang khian mi sual nih inhriaa, inngaihtlâwmna leh simna thinlung pute chu Pathian anpuia siamthar lehte an ni. Tlûkna dinhmuna chapona, mahni hmasialna leh duhâmnaa khat թîn kha, Isua Krista nuna inngaihtlâwmna, mi dangte hmangaihna leh duhsakna thinlung puin siamtharin a awm a. Mi dangte hnêna malsâwmna thlentu, Pathianin mihring a siam chhan ang tako amah chawimawitu leh a ropuina khawvêla lantîrtu a lo ni thei

leh ta a. Chutianga tlûkna dinhmun ata siamthara awmte chu kohhran inpâwl honaah kan tel lo thei tawh lo va, Pathian be tûra inkhâwm te, Pathian malsâwmna an dawn ang zêla thilpêk  thin te, Pathian ropuina tûr leh a ram tihzauhna tûra beih te hi he khawv  la kan damchh  ng   kan tih tûr leh kan dinhmun a lo ni ta a ni.

Tl  ngkawmna

Mihring nihna leh a dinhmun kan sawi t  akte khi Bible atanga thl  rna a ni a. Reformed leh Presbyterian Kohhran thurin leh inzirt  rna angin sawi theih a ni bawk. Mihring hi Pathian anpuia siam a ni a. Chu dinhmun ropuizia chu Lal Isua nun a  angin kan hre thei. Tl  kna av  ngin chu dinhmun ropui tak chu mihringte hian chang zo tawh lo mah ila, chu tl  kna dinhmun

ata chu Pathian khawngaihnain min chhandam a, a t  ra kan nihna leh dinhmun ropui tak mai chu luah leh theiin Isua Krista leh Thlarau Thianghlim hnathawh az  ra siamthar kan lo ni leh ta. Pathian ngaihdamna changin, mi fel leh thianghlima pawm kan ni a. Sualna leh khawlohna lakah erawh kan fihl  m hauh lo, keimahni lam nihna leh dinhmunah hi chuan mi sual, chapona leh mahni hmasialnaa khat mi bawlhlawh kan la ni reng. Nimahsela, chu dinhmun ata chu Pathian khawngaihnain thiam min chant  r a, mi felah min pawm a. Isua Krista nun t  wmpuia amah anna lama   hang lian deuh deuh t  rin Thlarau Thianghlimin min awmpuiin min kaihruai a, a t  ra kan dinhmun ngai luah thei t  rin ni tin d  rk  r tinin min tithianghlimin, min siamthar leh ta a ni.

Mihring tihsual   hinte—

- ◆ Kan hl  wkna tûr hi mi dang tihchhiat emaw kan tih v  ng.
- ◆ Thil siam that theih lohvah kan buai.
- ◆ Kan tih mai theih loh hi theih lohvah kan ngai.
- ◆ Thil hnawk kan ching fel thei lo
- ◆ Rilru hmasâwnna nei tûra chhiar leh zir kan thlahthlam
- ◆ Mi dangte kan duh d  n  a awmt  r kher kan tum   h  n. — Cicero

TÛNLAI HARHTHARNA HI

F. Malsâwma, Chalatlâng

Mi thiam leh mi fingte chuan thil thleng tawh aṭangin, thil lo awm leh tûrte ngaihtuah chhuah thiam dân (deduction) an nei ṭhin a. Mi ril (philosophers)-ho pawhin, ‘thil awm sa (thesis) chu, eng thil dang (antithesis) emawin a rawn nang a; chumi nghawng chhuah (synthesis), eng thil thar emaw a lo piang ṭhin a. Chu pawh chu ni khaw rei hnuah chuan, thil awm sa (thesis)-ah a chang leh a. Tichuan, hun hi a inher chho zêl a, hun leh thil thlengte chu a inthlâk chho zêl ṭhin a ni,’ an ti a. Kan Bible tih loh hi chu a inthlâkthleng chho zêl zawng a nih hi. Chutiang deuh chuan kan Theologian hovin, “*Progressive revelation of God,*” an tih ang chi pawh, Bible pawm dân leh kohhran kalhmangah pawh, hun inher nêna inmila kalpui dân kan kohhran hruiitute hian an thiam chho viau zêl a. Upaho pawh, a tam ber hi chuan an thiam viau ni te pawhin a lang. Inzir tûr erawh chu a awm chho zêl niin a lang e.

Kan ramah Thlaraua Harhtharna hi a thleng fo tawh ṭhin a. Khawvél huap pawhin Thlarauva Harhtharna thlen zinna ber kan hauh thei hial tawh âwm e. Kum 1990 hnu lamah hi chuan 1906, 1913, 1919, 1930, Kêlkâng Harhna 1937, 1960-70 vêla Chhandam nih inhriat piantharna, 1984 Harhna (lâm, hnungtawl), El-Bethel Harhna (1989-1991), kum 2000 hnu lama Khawih thlûk Harhna leh a hnu lama kohhran mala camping/crusade Harhna, Revival Speaker-te hmangin kan ramah a thleng deuh reng a. A ram pum huap

tak tak chuan, El-Bethel boruak kha Harhna hnuhnung ber a tih theih mai âwm e. Khawpuiah chuan kum 2000 chho vêla **khawih thlûk harhna hnathawh** kha a ni thei ang a. Kum 20 zet chu a ram pum huap chuan Harhna kan chang tawh lo a ang viau.

Hêng harhna thlen hun lai hi hre ve pha vek lo mah ila, kan Synod-in harhna chungchânga a lehkhabu chhuaha a lan dân, kum 10 bi zêla kan kohhrana mi lo lût thar leh chhuak dinhmun hi en hmasa teh ang.

Kum 10 zêl	Chhuahsan	Lût thar	Punna/Kiamna
1. 1932 - 1941	11,567	15,781	+ 4,184
2. 1942 - 1951	11,778	12,268	+ 490
3. 1952 - 1961	11,143	6,716	- 4,427
4. 1962 - 1971	8,458	7,972	- 486
5. 1972 - 1981	13,763	9,591	- 4,172
6. 1982 - 1991	15,775	26,033	+ 10,358
7. 1992 - 2001	3,282	14,178	+ 10,896
8. 2002 - 2004 (Kum thum)	3,282	14,178	+ 10,892

Kum 2004 hnu lam hi lehkhabua târ lan hman loh a nih avângin ka hre mai lo va. 1932 thleng hi chu Zoram Kristian pun chhoh zêl lai, a vâwrtâwp thlen hun lai a ni Ɋan thei a. A chunga târ lan (statistics) aṭanga a lan dânin, 1952 - 1961, 1972 - 1981, kum 10 ve ve chhûng hi Presbyterian Kohhran hek ber lai a ni âwm e. 1952 aṭanga 1981 inkâr chhûng hian kohhran chhuahsan hi 33,364 an tling hman a. A chhan eng nge ni ang? Harhna changtute mawhpfurhna nge lian ang, kohhrana mawhpurtute? Heta Ɋang hian zir chhuah tûr eng nge kan neih ang?

Kum 1960 hnu lama pianthar harhna hrin, thu lama tuinain a rah chhuah, a Ɋha lamah chuan, kan Pastor leh

Upa harhna ngaisângtute kum 1975 hnu lama miho hi an ni, kan ti thei âwm e. Chutih rualin, 1940 vêl aṭanga Hlim Lâm Harhna leh Kohhran hruaitu thenkhat inmil lohna rah kal zêl, 1980 vêl thlenga Sâp ram zia kan uar lutuk tâk nghawng hi kohhranin a tuar a ni kan ti thei ang em? Inhnial theih tak a ni mai thei e.

1980 hnu lamah hi chuan, pianthar harhna te, hlim lâm leh taksa chêtña te hi kal kawptîr dân kan thiam ta deuh a ni a tih theih ang em? Kohhrana a lo lût hi kum 1982 - 2004-ah 54,389 an tling ta dahai mai a. A hnu lamah hian an awm zêl ang tih a chiang bawk. Hêng aṭang hian kohhranin eng nge a zir chhuah a, a tih tûr ni ang le?

Kohhran hruaitute tih tûr lam chu Pathian Thlarau hruaiin an hre tûrah ngaiin ɻawngtaisak ila. Johana 21:15-17-ah chuan, “Ka berâm note châwm rawh,” “Ka berâmte enkawl rawh,” “Ka berâmte châwm rawh,” tih Isuan a sawi anga râl thlîr loh te, an zînga awma hruai, vîn ɻhat, enkawl leh châwm dân tûrte kohhran (Synod)-in kaihhruaina duan chhuah theih ni se a va ɻha âwm êm! Kohhran ɻhenkhatah chuan, harh tharna changten an châwm zâwk mah niin a lang. Berâmten an zui theih tûra an hruaitu nih peih a tûl khawp mai.

Mi ɻhenkhat fêkfawn lutuk, thlarau hnathawh do tlat chi an awm hian kohhranah inthen darhna a thleng thei a, kohhran la harh thar ve lote harhna dâltu an ni thei a ni. Synod hotuten chutiang mi an awm chuan vil ngun a ɻhat a rinawm.

Harh tharna chang leh lâm mîte pawh hian, a phaw vuak mai duh tâwk lova, Pathian thutak hi luhchilh ngei a ɻha a. Hruaitu te, thil tawn hriat ngah tawh zâwkte thu zawm thiam leh thlarau dik lo

laka fîmkhur a tûlzia hriat reng a ɻha a ni. Nasa taka Bible chhiar hi tih tûr pawimawh ber pakhat a ni tih hriat reng a ɻha a ni.

A sei lutuk loh nân, thil dangah pakai ila. Tûnlai Harh tharna kaihhnawih thil tawi tê têin târ lan tûl tih ka nei a. Chûngte chu-

1. Harhna Thlarau a lo thlenin, thil thar danglam ken tel a nei fo ɻhîn. Lal Saula chu mi dang daih a lo ni ta a, zâwlneiho thu sawi bual bualnaah a tel ve (1 Sam 10:6-11). Entîr nân, Pentikos nî-ah (Tirh 2) leh Ephesi Kohhranah (Tirh 19:1-7), Thlarau Thianghlim a thlen khân, thil danglam tak a thleng a. Anmahni aiin thlarau chang ve lo, a lo thlîrtute an buai hle zâwk. Rinna nun a chak thar danglam hle.

2. Thil lo thleng tûrte hmu leh hre thei an awm ɻhîn. Johana 16:13ff-ah chuan, ‘thil lo thleng tûrte pawh a hriattîr ang che u’ tih Isuan a sawi a ni. Hrilh lâwkna (prophecy) dawng an awm ɻhîn. Abrahama, Davida, Mosia, Miriami leh mi dang zâwlneia chhiar lêm loh te pawh, hrilh lâwkna (prophecy)

sawi chhuak an awm hlawm. Thuthlung Tharah pawh zâwlnei atâna ruat an la awm zêl thu a lang (Eph 4:11-13).

3. Pathian mite pawh ngaih dân a thuhmun vek thei lo. Number 11:25-29-ah chuan, Upa 70 ruat tharte chungah Thlarau a lo thleng a, thu an sawi dual dual mai a. Josuan khap tûra a tih lain Mosia chuan zâwlnei ni vek se a tih thuin a chhâng a. Thlarauva thusawi hian hrilh lâwkna (prophetic expression) a keng tel fo bawk.

4. Ze khelh hi a buaipuiawm pâwl a ni âwm e. Zâwlneiho hun aṭang tawhin, Lalpa thlarau chang an awmin, thil lo thleng tûr ze khelh hi a awm ve châwk ḫîn. Isaia kha mawngtam langin, pheikhawk pawh bun lovin, ruakin a awm a (Is 20:2-4), Jeremia pawhin nghâwngkawl a bât a (Jer 27:2), Ezekiela chu ni 390 a mu a, sal tâng tûr angin a in aṭangin a chhuak bawk a. A dang pawh a tam mai. Chawplehchilha hriat thiam harsa tak tak te a awm ḫîn. Ze nawi mak tak tak a awm ḫîn bawk. Mi chana buai aia mahni Lalpa hnaih zual zêl a pawimawh zâwk tih hriain,

mi-ah buai lo ila a tha ber mai. Bible chhiar tam a, inbih chian a pawimawh thu inzirtîr ngun a ngai hle a ni.

5. Inlârna thu hril, mumang leh thalaite rawngbâwlna a thlen tûr thu Joela 2:28-30-ah te puan chhuah a ni a. Kan ram leh hnam bil tân Pathian hriattîrna dawn chungchângah pawh pawm dân a inang vek lo thei. Inlârna thupuanah mahnin kan âwih lo a nih pawhin, a mawh kan phurh theih avângin mi dangte âwih lo tûra lo tih kher chu fîmkhur thiam ila. Hêng thilahte hian, Pathian thu zauzia hre renga, mitdel sai hmu anga tuipui zâwng a lo inan loh deuh pawha, inh mangaiha indawh tawn thiam hi kohhran mipuiten kan zir thiam hle a ngai dâwn niin a lang e.

Kan mamawh ber chu, mahni **invei** a ni. Laodikei Kohhran anga induh tâwk, tha intia thlarau lama pachhiatna inhriat loh hi a hlauhawm ber a ni. Tlâwm ngam a ngai. Chapona tlâng aṭanga chhukin, Lalpa ke bula bawkkhupin Thlarau Thianghlima harh tharna, mahni tân leh kohhran tân i dîl zêl ang u.

**Pathian thu a taka nunpuitu
RUALLUNG LALNU
(RUALTHANCHHÎNGI SAILO)**

- *Upa Tlângthanga*

Pi Rualthanchhîngi Sailo hi Tachhîp, Phûlpui, Keikhum (Sateek), Muallungthu, Hmuifâng etc. khaw Lal Suakhnûna Sailo leh Dârchawngpui te fanu, AD 1900-a Phûlpui khuaa piang a ni. Kum 1910-ah Kristianah a inpe a. A naupan têt lai atangin dai pâwnah Pathian biain a kal thîn.

Kum 1919 March thlaah Lalrumrûta Sailo nôn inneiin fa 12 an hring a, tu leh fa 293 nein, 30.08.1988 zân dâr 9:45-ah Lalpa hnênah a châwl ta a, a tûk ni 31.08.1988; Synod Ramthar Ni-ah Rulchâwm Thlânmualah vui a ni.

A mizia: Nu nunnêm leh zaidam, taima, eng mah thawh hreh nei lo a ni. Fu leh balhla huan zau tak a enkawl a, 1948 daih tawh khân dai pâwnah vawk in sain, vawk tam tak a vulh a, a enkawl tûrin (vawkpu)-ah Ngawn hnam tlangvâl a lo dah daih tawh a, Indopui II-na lai atang tawh khân hna thawhnaah kekawr tlawn a ha thîn a, miten mak an ti hle thîn. Mahse, ani chuan thangtharten an la uar tûr thu a sawi thîn a ni.

Faina a ngai pawimawh êm êm a, Zirtâwpni apiangin Biak In leh a vêl a phiat fai

ziah thîn. A khua leh tuite pawhin an in leh a vêlte lal nuin a rawn phiat fai ang tih hlauvin theih tâwpin an lo tihfai ve phah thîn a ni.

Nau chhar a thiam êm êm a, an khua leh tuia nau nei tûrte chu a thim a vâr pawh thlu lovin a pan a, a tûl chuan a tlaivâr mai thîn a, a ten chhe lova, an khua leh tuiten an thlamuanpui êm êm thîn a ni.

Mi chhia leh tha thliar chuang hauh lovin khawhar inah a lêngin Pathian thu a sawi zêl thîn. Chhangchhe tak chunga inkhâwm hi a ngaihlü êm êm a, inkhâwm laia nau an êk phawt chuan ama then tûrah ngaiin tu ma khalh rual lohvin a lo enthla reng emaw tih tûr hian a che vat zêl a ni. Tu nau hnap pawh ni se, a tûla a hriat chuan ten hauh lovin a hmuiin a fawh chhuahsak mai thîn.

Pathian a rinna: Pathian ring tlat mi a ni a, a kianga awm apiangte chu Pathian thu a hrilheng thîn a, khaw thenawmah te pawh Pathian thu hrilin a chhuak thîn a, ṭawngtai deuh reng mai mi a ni a, miin thil an pêk rêng rêngin, “Ka lâwm e” a ti a, Pathian hnênah lâwm thu a sawi nghâl zêl thîn.

Sum chauh ni lovin, a neih apiang - artui chenin sâwma pakhat a pe zêl thîn a, an kurtai her sér sâwmah pawh sér khat a pe zêl thîn a, an fu huan kâng palhah pawh an khâwl thlâm chu di in a ni a, dithlifar fêm farna chinah tu ma thelh lovin mei a thi zar zar a, Lalpan a vêng alâwm a ti mai.

Inlárna ka hmu e, a ti ngai lo va; mahse, thil a hrilhlâwk ve thîn a. “Lalpan rem a tih chuan” a ti thîn a, hmu h a neih ngei kan ring thîn. Mizorama motor tê (car) pawh a lo luh hma, Bawrhsâp zin vêl pawh sakawr chunga an chuan lai khân, “Kan ramah hian thlâm tiat tiat, ke tam tak nei a lo la kal (lût) nguah nguah dâwn a ni” a lo ti thîn a.

In chung atâna di kan hman theuh lai khân, “In chung tle vur mai a lo la tlêp that

dâwn a ni, (kan khuaah hian) te a lo ti thîn.”

A Pathian thu sawi tui êm êm thin pakhat chu “Pêk belh chhah” tih a ni a. Engkim, Pathianin a Fapa min pêk bâkah, kan mamawh tinrêng min pêk belhchhah vek a ni tih hi a sawi zin pâwl a ni. Vawi khat pawh a ram kalnaah sakein a lo rûm thaiah a, a lo haw a, a Bible a rawn la a, Bible a ken kha chuan eng mah hlau lovin a kal leh mai a ni.

Pi Rualthanchhîngi hi a pasal Pu Lalrumrûta Sailo nêu Ruallung Kohhran ban pawimawh tak an ni a, an pa hi Kohhran Secretary hmasa a ni nghe nghe. Kohhran Hmeichhe Chairman hna pawh an nu nêu hian tang dûmin an thawk tel nghâl zêl a ni. Hetianga lal ṭangkai, zu in lo, sa ei tam lo, Kristian tha tak hi Lalpan dam reina a pe a, kum 106 mi niin- 31, August, 2006 (Synod Ramthar Ni)-ah bawk vui liam a ni leh a. Kumin 2015 hi Ruallung Kohhran Centenary a lo ni hial ta mai, Lalpa chu fakin awm rawh se. Thil tha, Chanchin Tha thlentute ke chu a va mawi êm!

SUNDAY SCHOOL TESTIMONY

*Lalbiaknii
Mission Vêng*

Dt. 5.12.2015 tlaia ka hnathawk kan ina ka haw chu, nau hnute ka pêk laiin kan kawngkhâr a rawn inhawng a. Kohhran hun ruatna lehkha semtu hian, “In ni em?” a rawn ti a. Kan pa chuan lehkha chu a’n en a, “Lalbiaknii chu i ni lâwm ni?” min ti a. “Aw ni e,” ka ti a. Chu lehkha chu ka’n chhiar a. Dt. 21.12.2014-a Mission Vêng Biak Inpuia Sunday School ɻanna hun hmang tûra ruatna lehkha a lo ni a.

Lehkha rawn kengtu chuan kan in a zawn nasat thu leh a beidawn lek lek tawh thu te a sawi a, chuti khawpa lâr lo chu kan ni.

Lehkha chu ka’n chhiar ɻhîn a, ka rilruah chuan, “Phat tûr” tih hi a awm reng mai a. Mahse, zânah chuan muhîl thei lovin ka tlaivâr ta ɻhak mai a. Zîngah kan pa ka hrilh chuan, “I ɻan tûr i huphurh vâng a nih kha, pha mai rawh,” min ti a. Kei chuan, “Ka pha dâwn lo, he ɻanna hun min ruattu hi Pathian a ni. I bulah leh tu ma bulah pawh ka sawi loh hi, Sunday School-ah hian ka tawng tawh a. Chumi sawi tûr chuan Pathianin min ruat a ni,” ka ti a. Pathianin thinlung lam a lo en tih chu ka hre chiang

êm êm mai a, ka mittui hi a tla deuh reng mai a ni. Kâr khat chhûng chu chaw pawh ka ei thei lo a ni.

Sunday School-a ka thil tawn chu hei hi a ni. Kum 1992 aṭangin Puitling Sunday School ka kal ɻan a, 2014 thleng hian kum hnih chhûng hming ka ziak lo va, ka Sunday School kal chhan chu Pathianni a nih avânga inkhâwm leh Sunday School hming lama ‘Awm’ tih kha a ni mai. Kan thu zir ka hre ngai mang lo va, ka muthlu nasa ɻhîn khawp mai. Pathian thu chatuana nun kan neihna tûr thu kan zir tih pawh ka ngaihtuah ngai lo. Mahse, kum 2011-a CHHANDAMNA tih Rev. Challianngûra ziak kan zir tum

khân Sunday School-a piantharna hi ka chang ta tlat mai a. Kan zirtírtupain ɬahnmengai taka min zirtîr lai chuan ka mittui a tla ta zawih zawih mai a, Sunday School hlutzia ka hre ta a. Pathian thu nung kan zir tih kha ka chiang êm êm a, Pathian pâwlna ka chang a ni. Khami ni aṭang khân Sunday School hi ‘awm’ ti tûr leh Pathianni a nih avâṅga inkhâwm ringawt lovin, chatuan nunna kan zir a ni tih ka hriat avâṅgin ka muthlu leh ngai tawh lo va, ka thlahlel êm êm tawh zâwk a ni.

Heti chung hian 2012-ah ka fapain Beginner a kal ṭan ve a, kum chanve vêl a kal hnu chuan, “A nu, Sunday School-ah hian Pathian thu alâwm kan lo zir,” a rawn ti leh ta mai a. Ka harh ta zawk mai a. Ka fapa Sunday School-a ka kaltîr hian

Pathian thu zir tûrin a kal tih ka lo hrilh lo rêng rêng tih te ka inhre chhuak leh a. Kan hrilhfiah hnu chuan ka fapa chuan, “A nu, vânram kalna kawng hi i lo hre dik lo palh ang e aw,” min ti leh ta mai a. Ka fapa hnênah chuan, “Ka hre dik ang, Sunday School-ah kan zir alâwm. Nang pawhin i rawn zir zêl ang a, vânram kalna kawng chu i rawn hre dik zêl dâwn alâwm,” ka ti a.

He ka thil tawn hi mi dangte tân chuan in hriat hnu vek pawh a ni mai thei. Kei erawh chuan kum 20 dâwn Sunday School ka kal hnuah a awmzia ka hre ve chauh a nih hi. Sunday School-a piantharna ka chan aṭang hian zirtîrtu, thlarau mi lo hian min zirtîr tawh ngai lo. Hêngte hi a mak ka ti êm êm a ni. Lalpa ropui ber rawh se.

- ◆ Mi pakhat hian chhandamnaa a thlamuan theih loh avâṅgin D.L. Moody-a a pan a. Ani chuan, “Nova kha lawngin nge chhanhim ama inhriatnain?” a lo ti a. Chupa chu a harh zawk a. “Chhandamna hi ka rilru thlamuanna avâṅ ni lovin Krista avâṅ zâwka ka chan a ni,” a ti a. Lâwm êm êmin a haw leh ta a.
- ◆ Chhandamna kawng hi tiikhawtlai a ni lo. Lo kal a, lâk chi a ni.

—D.L. Moody

Hrisêlna Huang

DEPRESSION

*Rev.Lalhleia,
FG&CC;Champhai Centre*

Thuhmahruai: Sâp ramah leh India ram State dangah te rilru lam hrisêlna (Mental Health) an uar hle tawh a, hemi kawnga khawvêla sûlsutu ber Sigmund Freud-an Mizoram Chanchin Tha kan dawn hma aṭang tawh khân, “Mihring rilru buaina hi medical lam a ni lo, kan rilru (Psychology) a ni” tiin a lo sawi tawh a, amah Medical Doctor ni reng chung sia a ngaih dân an ṭâwmpui theih loh avângin Doctor Association aṭanga hnawh chhuah hial a lo tâwk tawh a nih kha. Kan ramah pawh hian a pawimawhna kan hmêlhriat ve ṭan ta. Psychiatrist (Doctor) te kan ramin kan hmêlhriat ṭan tîrh khân, “Mi a doctor” kan ti a, an hnêna inentîr tûra kal pawh an hreh ṭhîn. Tûnah erawh chuan hun a inthlâk ta, khawvêl hmun danga miin eizawn nân dâwr (clinic) an hawng ang hian kan ramah pawh mi thiamte tân chuan Private Clinic hawng tân pawh eizawnna hial a lo tling ta.

Hêng zawng zawng hi kan ram changkânnain a hrin chhuah a ni a, ram a changkân poh leh mahni indah pawimawhna hi a nasa. Khawtlâng inṭhenawm khawvênnna thilah kan intlawh pawh lo tial tial a, kan thenawmte hnêna sawi ngam loh harsatna a tam ta, tha ber pawh hrilh ngam loh thil a awm thei ta khawp mai! Chûng hun a lo thlen chuan mi mal nun a nghawng a, a tuartu chuan inbun ruahna tûr a mamawh a, a hmuh mai si loh chuan

mahnia chin fel theih loh a lo nih châng a awm ṭhîn a, rilru lamah harsatna a lo nei ṭhîn a ni. Chûng harsatna avâng chuan a ni tin hna leh nun a nghawng ṭhîn.

Nikum kum tâwp lam khân Champhaiah thuhriltu pakhat chuan camping a neihnaah, “Depression hi mâwl vâng a ni e,” tiin a sawi a, a pawi hlein ka hria. Kan thiam loh thil leh kan dawn loh thil hi chu sawi lo ngam mai ila a huaisenthlâk zâwkin ka ring. Mi rilru ná kan siam belh thei.

Mâwl vâng ngawt chuan miin hêng rilru lam harsatna hi an neih peih a rinawm chiah loh va, miin Mental Health leh Counselling hi Doctorate hial lâk nân an hmang si a.

1. Depression awmzia:

Lungngaihna,manganna leh hnâwl nia inhriatna, mahni insitna, rilru nâ, hlauhna leh beiseina nei tawh lo, kan thiltih ̄thin reng pawh tih phûr lohna, mumang buai leh mu vak vak, thil ei dâñ lo danglam avânga rihna tla hniam emaw, rih belh emaw, chauh thut thutna leh chakna nei tlêm, mahni intihhlum hial duhna, ̄tawng dâñ ̄thin pângngai bâka ̄tawng muang leh mawng rit, thiltih lai rilru pêk theih lohna te a ni. Hêng thilin a nghawng avânga kan thinrimna mahni vêkah a lo thlen hian kan insûm theih loh avângin a rawn lang chhuak ̄thîn a ni.

2. Depression chi hrang hrangte:

DSM IV (Diagnostic and Statistical Manual of Mental Disorders IV)-in a sawi zûlzuin mâwl têin heti zâwng hian han sawi ila.

(1) Mild Depression: Mi

tu pawhin rilru manganna kum hnih chhûng a neihin, hêng a hnuai paruk zînga pahnih tal a lo lan reng hian: (i) Chaw ei tui lo, (ii) Mu ̄tha thei lo, (iii) Taksa chak lo, (iv) Mahni indah hniam, (v) Ngaihtuahna hmang ̄tha thei lo leh thutlûkna siam harsa, (vi) Nun beidawng.

(2) Major Depression: Ngaihtuahna hlim lo leh tuina tak tak nei lova miin ni tin kâr hnih chhûng thil a tih ̄thinin: (i) Chauhna, (ii) Mumang dik lo leh mut that theih loh a neihin; (iii) Chaw ei thei lo leh in-diet ni si lova rihna tla hniam, (iv) Thil ngaihtuah thei lo, (v) Thih duhna an nei fo, (vi) Mahni inhuat leh indemna an nei nasa, (vii) Thil inmil lo ngaihtuah leh mahni insitna nasa tak an nei ̄thîn.

(3) Severe Depression: (i) Ngaihtuahna inmil lo tak tak an nei ̄thîn (eg.Thil hmuu sual-Hallucination an nei ̄thîn, nupui uirea ngaih tlatna te leh hetiang thil dangte), (ii) Double Depression a awm ̄thîn (eg. Zu zuar, a pain a fapa zu a thlawrtîr a, zu in suh a ti leh si, awm dâñ tûr ber hriat

lohma avângin rilru a buai thei. Zu a in chuan a pain a vuak a hlau bawk si, tlangvâl pakhat chuan ramhuai ka pai a ti), (iii) A châng chângin depression avângin thil awm dân tûr ni lo an thlentîr ʈhîn. (iv) Hun inthlâkthleng avângin an nunah harsatna a awm ʈhîn bawk.

3. Depression awmtîr theitute

(1) *Mihring rilru lam aṭangā thlîrṇa*: Inhmêlmâkna leh inhuatna avâng te, thihnain a nghawng chhuah mihringin a tawrh tûr a ngaihtuah avâṅga thinrimna lo thleng ʈhîn avâng te, kan thinrimna hian kan thinlung a khawih ʈhin avângin chu chuan mahni inthiam lohma leh beidawnna a siam thei a, kan hmangaih tak, kan chênpuite kan duh dâna an awm loh avâṅga kan thinrimna chuan mi dang kan en dân a tihdanglam ʈhin avângin, chûng mite chungah chuan huatna leh thinrimna a rawn thlen ʈhîn a ni.

(2) *Pian leh mûrṇa thil aṭangā thlîrṇa*: Nuin nau a pai lain depression a neih nasat lutuk chuan a fa lo piangah nghawng a nei thei. Chhûngkaw innghirngho reng

kâr aṭangin a awm thei a, fa chhawm, fa lâktten an nihna an hriat chian hnuah ngaihtuahna ʈha lo leh thil sual tih duhna an nei thei. Mi thiamten an sawi dân chuan Major & Severe Depression hi inthlah chhâwn thilah mihring 9%-ah awm theia ngaih a ni. Nuhrawn/pahrawn kâra sei lianten rilru, ʈawngka leh thathawha intihduhdahna an tuar nasa a, ruihhlo ti lo mah se nun beidawng awm theih a ni.

(3) *Thluak lam aṭangin*: Severe Depression miin a neih chuan mihring thluak hi 7%-in a tê thei. Mihring chal lam thluak hlâwm (Frontal Lobe) hian a hnathawh tûr ang a ti mumal lo thei a, miin depression a neih laiin a thluak hmêl lan dân a danglam bâkah a hnathawh dân a danglam thei. Serotonin hnathawh tisâng tûrin damdawi hmangin ʈanpui theih a ni, thluak lam harsatna-Glucocorticoid leh EEG avângin a awm thei bawk.

(4) *Tualzâl nun aṭangin*: Kan tualzâl nuna thil lo thleng kan ngaihtuah lêtna avâng te, thil kan dawn sawn dân a chhe zâwng hlîra kan ngaihtuahna

kan hman avâng te, thil sâwt tawh lo leh tihdanglam theih tawh loh leh a chhânnâ tûr hmuh theih tawh loh tûr pawh ni se ngaihtuah lêt vak vak kan chîn avâng te, kan nuna thil thleng-exam, promotion dawn tûr ang dawng lo nia kan inhriat avâng te hian eng nge a chhan tiin mahni kan inzâwt lêt vak vak thei thîn.

(5) *Mi dang nêna nun hona kawng aṭangin:* Mihring tu pawh naupan lai aṭanga thian kâwm tam lo rêng rêng hian mi dang nêna harsatna inang reng pawh tuar mah se, an tuar na bîk thîna ngaih a ni. Miin depression a neih chuan thian kawm peih lohna (agoraphobia) an nei thîn. Rual pâwl kawnga mi a hniam chuan mahni inching fel tûr pawhin chakna a nei tlêm thei. An ṭawng tlêm a, a chhe zâwnga mahni inngaihbelna an neih fo avângin chu chuan a tha lam aiin a chhe lam zâwngin rilruah hna a thawk thîn a ni.

(6) *Taksa hrisél lohna avângin:* Taksa hrisél lohna thil, natna benvawn leh thi mai tûra inngaihna thinlung miin a neih chuan chu chuan

beidawnna lian tak a thlen thei. Thyroid tha lo avângin a awm thei a. Mihring taksa dam lohna neih avângin 20-25% hian Major Depression an nei thei. (DSM IV-p.371)

4. Depression-in a nghawng te: Mihring tu pawh, a nun hman mîkah nunin awmzia nei tawh lova a hriat avâng leh beidawnna lian tak a neih chuan mihring nun hlutna hian an nunah awmzia a nei tawh lo va. William Shakespeare-a Hamlet thawnthu iangin, “Ka tân chuan he khawvél hi thlawhhma thlah thlam ang a ni a, a mawina leh a ropuina zawng zawng pawh hlobet pâr ang a ni” tih mai awl tak a ni. Depression hi tihdam theih natnaa ngaih a ni a; mahse, a damna tûr kawng miin a zâwng loha a tuar tlawk tlawk chuan a aia nasa zâwk pawh thleng thei dinhmunah a ding.

A nghawng tha lo tak tûn hnaia record kan hmuh theihah NeLiCS (New Life Charity Society)-in a zir chianna aṭangin, kum 10 kalta (2014 June thleng) khân mahni intihlum 691 an awm a, dt. 25.7.2014-a Aizawl Press

Club-a thuthar la khâwmtute an kawmnaah kum 2014 Jan - June chhûng khân mi 53 an awm a, hei hi kum 2013 chawhma lam Jan - June chhûng lêta tam an ni. Chûng zîngah chuan mipa 36 leh hmeichhe 17 an ni. Hêng zîngah hian kum 15 hnuai lam mi 3, kum 15-25 inkâr mi 31, kum 25-45 inkâr mi 17, kum 45-85 inkâr mi 2 an ni. An intihlum dân tlângpui chu- Inawh hlum, inhâl hlum, tûr ei, inkah hlum, invih hlum leh hmun sâng atanga zuanthalâk te a ni a.

NeLICS report-a a lan dân chuan Jan-June, 2015 inkârah mi 52 mahni intihlum an awm tawh a, mipa 33, hmeichhia 19 an ni. Hêng zînga upa ber chu kum 63 a ni a, naupang ber hi kum 13 mi a ni. Kum 15-25 an tam ber. (Rihlipui, Champhai daily News 6.7.2015)

Kum 2014-a Pachhûnga University College ten mahni intihlum vân dân tûr zir hona an neih tuma Prof. Zokaitluangi paper-a a lan dân chuan mahni intihlum zât hetiang a ni: Kum 2008-ah mi 47; 2009-ah mi 62; 2010-ah mi 76; 2011-ah mi 89; 2012-ah 91; 2013-ah mi 81;

2014 January-August inkârah mi 45 an ni. Hêng bâkah hian chhinchhiah loh te pawh an awm thei ang tih a rinawm.

5. A enkawl dân tûr: A enkawlna lamah hian a tuartu azirin a enkawl dân a hrang thei a, enkawlna pakhat chauh pêk a tâwk lo tlângpui. Khawthlang ram leh India ram state thenkhat, Mental Health leh Counselling lama eizawn nâna hmang tak tak teah chuan a hnuia kan sawi aia chipchiar deuh zâwk pawhin enkawlna pêk theih a ni a; mahse, kan ram dinhmun thlîrin a hnuia mi ang hian enkawlna kan dawn theih chuan a lâwmawm ang.

(1) Medication: Miin depression a nei nia a inhriat chuan a hmasa berin Psychiatrists hnêna kal a tha. SSRI (Selective serotonin re-uptake inhibitors) an ti a, chuta tân chuan damdawi chi hrang hrang, side effect awm lo tûr chi ei tûr tam tak a awm. Chûng chu doctor-ten harsatna nei dinhmun azirin an chawh tûr a ni. Chûng chuan rilru lama harsatna an neih chu chhâwk tûrin a tanpui thîn.

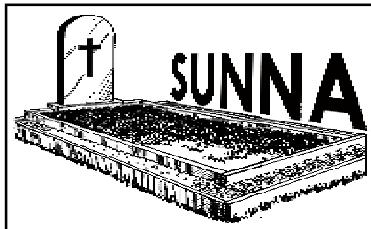
(2) *Counselling pêk*: Zêp nâk emaw, kan ram dinhmunah chuan Professional Counselling an tih ang tak hi kan la nei lo niin a lang. Synod-in Counselling Centre hmun ruk laiah kan nei ta a, a lâwmawm hle mai. Mi mal eizawn nâna centre hawng an awm ɻan ta bawk. Depression avânga harsatna nei counselling pe tûr chuan CBT (Cognitive Behaviour Therapy) technique an hmang ber ɻhîn. Hêng bâkah hian harsatna nei mizia azirin REBT (Rational Emotive Behaviour Therapy) an hmang bawk ɻhîn. Vawi tam tak counselling pêk an ngai.

(3) *Chhûngkua counselling*: Chhûngkua kan tih hian in khata chêng chhûngkua zawng zawng (nupa chauh pawh a ni thei), chu chu a tûl dân azirin ni se. Chhûngkaw counselling pe tûr hian an chhûngkua inrêlbâwl dân leh dinhmun azirin a eng emaw ber Family Counselling technique

zinga mi eg. Structural Family therapy, Strategic Family therapy, Bowens Family therapy, Experiencial family therapy, Psychoanalytical family therapy, Cognitive Behavioural family therapy, Solution Focussed Brief family therapy, Narrative family therapy (counselling) te pêk an tûl thei. Mipat hmeichhiatna hman khawloh leh ngaihzâwng chungchâng, nuhrawn/pahrawn atânga Bully tâwk nasat avâng te a ni tlângpui.

Tlângkawmna: Kan ram hian hêng rilru natna avânga harsatna hi kan hmachhawn tam tawlh tawlh dâwn a, chu chu changkânnain a hrin chhuah ti pawhin a sawi theih ang. Chuvâng chuan Counselling Centre thuam changtlun te, Technical Counselling pe thei tûra inchher te hi kan kohhran leh kan ram hmabâk niin a lang. He lam zâwgah hian kohhran pawh a harh mîk a, a lâwmawm hle a ni.

Billy Graham-a rawngbâwlnaa piangthar pa pakhat hi Pastor Ray Stedman-an a kâwm a. Stedman-a chuan, “I piantharna hian eng nge a rawn thlen che?” tiin a zâwt a. Chu pa chuan, “Thih hi ka hlau leh tawh lo vang. Mahse, nun khawhral hi ka hlau tawh zâwk ang,” a ti a.



UPA VÂN LALSÂWMA ZOKHAWTHAR



Upa Vânlalsâwma (74), Pu Rochunga leh Pi Lalbâni te fapa hi 15.5.1940 khân Saichal khuaah a piang a, November 13, 1966-ah Vânlalauvi nêñ an innei a, fa pali an nei.

Kum 1962–1979 chhûng Burma sipaiah a țang a, hemi hnuah pawh hian Burma-ah a awm zui a, 1991 khân Zokhawtharah a rawn chuang chhuak a, Zokhawthar khaw dintute zînga mi pawimawh tak, Bâwk Chairman leh V.C. Vice Chairman-ah țangin Zokhawtharah hian a inbêngbel ta a ni.

Zokhawthar Kohhran a din theih nân chhûngkaw pangain hma an la a, chûng zîngah chuan a hmahreraitu berah a țang a, âr inah te an inkhâwm thîn a ni. Kum 1998 khân Kohhran Upa atân nemngheh a ni a, Kohhran leh Bial huapin chanvo hrang hrang a chelh. Kum 2014 Bial Inkhwâmpuiah Bial Chairman kal chhuak thuchah a sawi chu a sermon hnuhnung ber a ni.

Kum 2013 ațangin luhai zeuh zeuh nein a insawisêl țan a, thisensâng leh zunthlumin a tlâk buak a, a lung lam a sawisêl tel bawk a, in lam leh damdawi inah enkawl a nih hnuin November 2, 2014 khân Lalpa hnênah min kalsan ta a ni.

A tûkah amah thlahna hun in lamah Pastor H. Malsâwmzualan a hmang a, Biak Inah Champhai South Moderator, Rev. K. Vânlalhriatan a vui leh a, kohhran zaipâwlte nêñ ui takin kan thlah liam ta a ni.

*Upa B. Lalkhâwlthanga
Zokhawthar Kohhran Ziaktu*

UPAT. BUALZÎKA SÊRCHHÎP CHHIMVÊNG



Upa T. Bualzika (78), Pu Manthianga leh Pi Zahnûni te fapa hi March 21, 1937 khân Bawngchawng khuaah a piang a. March 3, 1961-ah Ngaihdami nêñ an innei a, fa pariat an nei.

Kum 1990-ah Tual Upa atân thlan a ni a, a zâwna term li thlan a nih hnuah kum 1999 khân Kohhran Upa atân thlan a ni leh a, kum 2000-ah Chhimchhak Presbytery Inkhâwmpuiin Sêrchhîp Chhimvêng Kohhran Upa atân a nemnghet.

Kohhranah chanvo pawimawh tak tak - Chairman, SS Suptd., Tualchhûng leh Bialah Treasurer a ni a, committee pawimawh hrang hrangah a tel bawk. A boral lai hian Inneihna kawltu a ni.

Kum 2014 October thla khân Kohhran Centenary hlim

taka kan hman ho laiin natna êm êm nei lovin damdawi inah a inentîr a. A lung a vûng tih hmuh chhuah a ni a, theihtâwp chhuaha enkawl a nih hnuah November 3, 2014 khân Lalpa hnênah min kalsan ta a ni.

Amah thlahna hun in lamah Upa Chalrotluangan a hmang a, Biak Inah Chhimchhak Presbytery Moderator, Pastor C. Lalduhawman a vui leh a, kohhran zaipâwl leh Bial zaipâwlte nêñ ui takin kan thlah liam ta a ni.

*Upa C. Lalrosânga
Sêrchhîp Chhimvêng
Kohhran Ziaktu*

UPA SIAMMURA KHAWBUNG VÊNGUI



Upa Siammura (84), Upa Tâwnphunga leh Pi Khuangtuahchhûngi te fapa hi kum 1930 khân Khawbungah a piang a. Kum 1956 January 27-ah Biaktluangi nêñ an innei a, fa panga an nei.

Upa Siammura hi kum ruk mi lek a nih lai aṭangin harhna a chang a, chu chu kohhrana hruai lüttu pawimawh tak a ni. Kum 1959-ah Tuichânggrâl Presbytery Inkhâwmpuiin Khawbung Kohhran Upa atân a nemnghet a. Kum 1989-a Khawbung Vêngpui Kohhran a indan khân indanpuitu a ni a, Khawbung leh Khawbung Vêngpui Kohhranah Committee Chairman leh committee pêng hrang hrangah a tel ḥñîn.

Bial Chairman te, Bial leh Presbytery-ah committee pêng hrang hrang member a ni a, Synod Ramthar Board member a ni tawh bawk. Kum 1988-ah MSSU chawimawina Jubilee award a dawng a, kum 2009-ah Tuipuirâl Presbytery Inkhâwmpuiin Upa kum 50 ḥang chawimawina a hlân bawk.

Kum 2013 aṭang khân a taksa a chak lo ṭan a, kohhrana a chanvo pawh tihhlawhtlin theih loh châng a nei ḥñîn. Aizâwlah inentîr tûra hruai a ni a, pumpui cancer a ni tih hmuh chhuah a ni a. Hun eng emaw chen enkawl a nih hnuah

that lam a pan theih loh avângin hawpui a ni a, November 20, 2014 khân Lalpa hnênah min kalsan ta a ni.

A tûkah amah thlahna hun in lamah Rev. Lalhunliana Royte-in a hmang a, Biak Inah Tuipuirâl Presbytery Moderator Upa Pazâwnan a vui leh a, kohhran zaipâwlte nêñ ui takin kan thlah liam ta a ni.

*Upa Pakûnga
Khawbung Vêngpui
Kohhran Ziaktu*

UPA K. LALROVA ELECTRIC VÊNGTHLANG



Upa K. Lalrova (78), Pu Sawiluaia (L) leh Kûtdêngi (L) te fapa hi July 1, 1936 khân Phullen-ah a piang a, Kum 1963-ah Ngurzâmi nêñ an innei a, fa pali an nei. Sipaiah ḥangin hmun hrang hranga a awm kual hnuah Electric Vêng, Aizâwlah a inbêngbel a, sipai

aṭanga a pension hnuah PWD-ah a lût leh a, 1995 khân a pension a ni.

Kum 1999-a Electric Vêngthlang Kohhran a indan khân Kohhran Committee member ruat zîngah a tel a. Kum 2001-ah Aizâwl East Presbytery Inkhâwmpuiin Electric Vêngthlang Kohhran Upa atân a nemnghet. Kohhranah Chairman, Treasurer (Synod), Fin. Secretary leh Chairman, Kristian Chhûngkaw Committee Chairman leh Ramthar Committee Chairman a ni tawh a. Bial Standing, Sunday School leh Nomination-ah te a tel tawh a, Bial Masihi Sangati Committee Chairman a ni tawh bawk. MSSU chawimawina Diploma a dawng tawh.

Kum 1998 aṭang khân a insawisêl ḥan a, zunthlum a nei tih hriat chhuah a ni a, doctor-te râwnin a inenkawl reng a, amah pawh tha viaua a lan lain December 15, 2015 zanriah ei kham vêlah âwm nâ leh khuhin a tlâk buak thut a, damdawi in panpui vat a ni a, doctor-ten theihtâwp chhuaha

an buaipui laiin Lalpa hnênah min kalsan ta a ni.

A tûkah amah thlahna hun in lamah Bialtu Pastor K.C. Vânlalduhan, a hmang a, Biak Inah Rev. Lalchhuanmawian a vui leh a, kohhran zaipâwlten thlahna hla an sa a, ui takin kan tlah liam ta a ni.

*Upa K. Lalhmangaihzuala
Electric Vêngthlang
Kohhran Ziaktu*

UPA K. LALZÎKA KÊLSIH



Upa K. Lalzika (78), Pu Lukawlha leh Pi Hrângmawii te fapa hi June 1936 khân Kêlsihah a piang a. Kum 1965 August ni 10-ah Lalthanzâmi nén an innei a, fa panga an nei.

Eizawnna lamah sipai aṭanga a pension hnuin Home Guard-ah a lût a, chuta ḥangin Mizoram Govt. Press-ah a thawk leh a. Kum 1996 khân

apension leh a ni. Aizâwl vêng hrang hranga a awm kual hnuin 2012 khân Kêlsih khuaah a lo lêt leh a ni.

Kum 1977 khân Upa atân thlan a ni a, hemi kum vêk hian Chhimphei Presbytery Inkâwmpuiin Kêlsih Kohhran Upa atân a nemnghet a. Kohhran Chairman, Secretary leh SS Supdt. leh chanvo hrang hrang a chelh a, Bial leh Presbytery-ah committee-ah a tel tawh bawk.

Kum 2010 tâwp lamah a taksa a chak lo ṭan a, natna dangin a tlâk buak chho ta zêl a. Sept. 5, 2014-ah damdawi inah dah lûh a ni a, ni 109 zet ICU-ah enkawl a nih hnuin December 30, 2014 khân Lalpa hnênah min kalsan ta a ni.

A tûkah amah thlahna hun in lamah Bialtu Pastor R. Lalrosiaman a hmang a, Biak Inah Chhimphei Presbytery Moderator Rev. H. Lalawmpuian a vui leh a, kohhran zaipâwl leh kohhran hoten ui takin kan thlah liam ta a ni.

- *T. Upa R. Lallunghnêma
Kêlsih Kohhran Ziaktu*

UPA H. SIAMHNÛNA SIHFA



Upa H. Siamhnuna (63), Upa Lalthlamuana leh Pi Biakliani te fapa hi January 26, 1951 khân Sihfa khuaah a piang a. August 15, 1983-ah Zârzoliani nêñ an innei a, fa pali an nei. Eizawnna lamah zirtîrtu a ni a, a thih ni thlengin Sihfa Middle School Headmaster a ni.

Kum 1996-ah Tual Upaa thlan a ni a, kum 2000 khân Tuivawl Presbytery Inkâwmpuiin Sihfa Kohhran Upa atân a nemnghet a. Kohhranah chanvo hrang hrang- SS Supdt., Asst. Supdt., Ramthar Committee Chairman, Kohhran Pavalai Committee Represent te a ni a, Bialah Standing Committee, SS Secretary leh Treasurer leh Tuivawl Presbytery Statistician a ni tawh a, tûnah hian Synod Mission Board-ah member a ni mêm.

Hun eng emaw chen aṭang khân BP sâng leh kal natnain a tlâk buak a, a kal lehlam hi zai a ni tawh a, a lehlam pawh zai leh mai tûra tih a ni a; mahse, a BP sâng avângin zai theih a ni lo va, a natna hian zual lam a pan tâk zêl avângin Saitual damdawi in, Civil hospital leh Care Hospital-ah te enkawl a ni a, that chhuah tak tak awm lovin December 30,

2014 khân Lalpa hnênah min kalsan ta a ni.

Hemi ni vêk hian amah thlahna hun in lamah Upa Lalrinnunga, Bial Chairman-in a hmang a, Biak Inah Pastor Lalchungnunga Hnamte, Tuivawl Presbytery Moderator-in a vui leh a, kohhran zaipâwl te, Presbytery Upate leh kohhranhoten ui takin kan thlah liam ta a ni.

- *Upa Lalrinnunga
Sihfa Kohhran Ziaktu*

SYNOD CAMPUS MINISTRY (Zirlai/Zirtîrtute nun kawng hrang hranga harsatna neite ḥanpuitu)

I nunah harsatna i nei em? In chhûngkua leh chênpuiteah harsatna i tâwk em? I zirlaiah harsatna i nei em? I tûn hma nun hman dik loh khân a la tibuai fo ḥhîn che em? I kawppui/ngaihzâwng lakah harsatna i nei em? Eng kawngah pawh harsatna i neih chuan **Synod Campus Ministry Helpline** number **9856883377**-ah hian emaw Director No. 9436153801-ah emaw, SMS, Call, whatsapp hmangin emaw rawn thlen rawh le. Nangmah ḥanpui tûrin eng tik lai pawhin an awm reng e.

Synod Campus Ministry hi school aṭanga university zirlai leh zirtîrtute tâna rawngbâwl a ni a, nun kaihhruaina leh zirna tihmasâwna, career guidance te, rinna nun puitling nei tûra kaihruai tûrin Retreat, Seminar, Workshop, Consultation, Bible Study, Teachers' Refresher Course, etc. School, Institutions leh hmun dangah an neihpui thei reng a, a duh tân sawm theih reng a n bawk.

Email: campusministry123@gmail.com

Sd/- Rev. Lalchungnunga
Director

SYNOD BOOKROOM LEHKHABU THAR

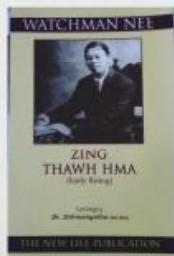
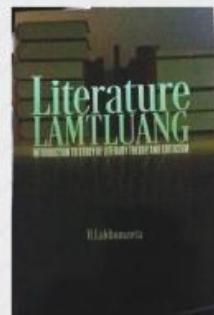
- **Keimah leh Lalpa Kohna:** Lalpa hian a rawngbâwl tûr hian mi chi hrang hrang a ko va, a mi koh chhuante leh a koh dân te hi a inang lo hlawm hle. Cancer vei mêk a koh chhuah dân chanchin leh cancer pai rengtu Rengi Sailo-in Lalpa a zui dân hi a ngaihnawm a, mi a cho khawp mai. A man ₹150.
- **Minung Chhandamna:** China Missionary ropui Watchman Nee-a'n chhandamna chungchâng a zirtírma leh a thusawi ropui tak tak te chu khawvél hian ngaihnawm a ti a, copy maktaduai chuang fe hralh a ni tawh. Chu lehkhabu chu Dr. Zohmangaiha IRS (Rtd) taihmâkna avângin Mizo ṭawnga chhiar tûr kan nei leh ta. ₹100 man a ni.
- **Sailo Nopui:** Ram ngaw leh thing leh mau kan tihchereu zêl avâng a chhûng a chêng nungchate tawrh dân râphlâkzia hi kan lo la ngaihtuah lo mai thei. Mahse, Sâwmkima chuan ngaihnawm zet maiin ramsate hmakhua ngaiin a rawn au chhuak a, thilsiam dangte tâna malsâwmna thu a rawn tlângaupui e. A man ₹100.
- **Nun hlimna daihlim:** Thangthar K. Rohmingliana (Vâlpuian) thangtharte khawvél leh thangtharte khaw thlîr, thangtharte ziah dâna a ziahah hian Shakespeare-a atanga Siamkima, Josefa zin kawng atanga Zofate zin kawng, Millennium Centre leh mau râp in tlengin a rawn târ lang a, a fûn kimin a ngaihnawm viau bawk. A man ₹100.
- **Theih ni se:** Zosângzuala taksa hian rualban lo mah se, a ngaihtuahna hian rual tam tak a khûm a ni. He vohbik naupang thluak tha chungchuang anga football chanchin hria hi Mizo zîngah an tam kher lo mai thei. Chutiang miin thlîrna tlâng dang atanga nun leh hmasâwnna a thlîr dân hi a ngaihnawm mai a ni lo, a tak a, a bengvârthlák bawk. A man ₹60.
- **Chawngtinléri vângkhuaah kum nga:** Mizoram buai avâng a ramhnuai, pik leh bawn, thosi leh vangvat kâra kum nga zet hun hmang liamtu Lalrima Sailo chuan a thil tawn hrang hrangte ngaihnawm takin a rawn sep chho a, a thutlûkna chu ‘Ram hmangaihna hian thih tlenga inpêk zawhna thinlung nêñ min thuam thei a ni’ tih hi a ni. A man ₹100.

To,



Thuthlung Thar Hrilhfiahna: Tūnhnaiyah Bible hrilhfiahna chhah pui pui leh tha tak tak a chhuak ta phauh phauh a, hnam ang pawha thil lāwmawm a tling. Aizawl Theological College-a Mizo Theological Literature Committee chuan Gospel Centenary lawmna project atāna an lo ruahman; Thuthlung Thar Hrilhfiahna Bu, Volume khata chhuah' chu a hlawhtlinna hmēl kan lo hmu ta. ATC-a mi thiam 17-ten Thuthlung Thar an hrilhfiahna lehkhabu hi phék 983 zeta chhah, ₹ 1500 man a ni.

Literature Lamtiuang: Literature ṭobul leh nihna chu eng nge ni? Literature thiltihtheihna leh pawimawhna chu eng ang fakauva nasa nge? Poetry, Drama, Novel leh Essay ziak dān kalmang leh a then hrang hrang te bākah thuзиak mite kaihruaina fūn kim tha tak mai lehkhabu chu H. Laldinmawia, Pachhunga College-a Mizo Department Asst. Professor chuan mi māwlte tān pawha hriathiam theih türin a rawn peih fel e. A man ₹ 300



Zing thawh hma: Zing hi Lalpa tawh nān, amah tawh nān leh amah nēna inpāwl nān hun tha ber a ni. Chutih laiin tūnlai thalaite kan tho har thei hle mai. Hei hi veiin Dr. Zohmangaiha IRS (Rtd) chuan Watchman Nee-a'n zing thawh hma chungchāng a thusawi leh a zirtima a rawn pho chhuak a, lehkhabu tha kan neih belh leh ta. A man ₹ 30 chauh.

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