

MARCH 2014

Kristian Tlangau

CHHUAH TAN KUM - OCTOBER 1911



Kristian nih man

- Rorêlna dik
- Biak In leh a chheh vêl humhalh
- Zû (Alcohol): Kristiante tân in chi a ni em?

Hriselna Huang - *Kal tha lo (Kidney failure)*

Editorial • Mizoram Synod • Lâwrkhâwm • Zawhna leh Chhâna

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The Organ of the Presbyterian Church, Mizoram



Editorial

MLTP ACT HI

Zu khapna dân (MLTP Act) hi kum 1995 aṅang khân (Chakma, Lai leh Mara ADC tel lovin) Mizoramah hman a ni a. Sawrkâr hrang hrang pawh a lo pal tlang tawh a. A hlawhtling ti zâwna thlîrtu tân chuan a hlawhtlinna sawi tham tak a awm a, a hlawhtling lo ti zâwna thlîrtu tân pawh a hlawhtlin lohna sawi tham tak a awm thei âwm e. Zu khapna dân kenkawh chungchângah tu ram mah an hlawhtlin theih loh thu chanchinbu hrang hrangah sawi lan a tam hle a. Hemi an sawi lan rualin zu chhe in avânga thite an lainat thar thut thîn bawk. MLTP Act hi hlih ni ta se eng nge kan an zêl ang tih hi sawi thiam a har khawp mai a. Tûna kan ram dinhmun aṅanga han thlîr mai hi chuan zawhna mâwl tê tê zawh tûr a awm nual mai. Chûngte chu –

MLTP Act hi hlih ni ta se hman a nih laia zu chhe in avânga thi aia tam daih hi zu ṭha in avângin an thi mai ang em? Krismas laia Millennium Building-a rûkru-hote kha a tam ber chu zu rim namhote an nih thu ni tin chanchinbuah kan hmu a. Rûkrûk a tam phah bâkah insual a titam viau lo'ng maw le? Zu khap burna dân kenkawh a nih lai pawha hetiang khawpa zû avânga harsatna kan tâwk tam a nih chuan khap lo ta îla kan khawlai hi hmeichhia leh naupang tân lên ngam lohna a ni mai lo'ng maw? Zû aṅanga chhiah lût tûrin kan chil a tipût hi Pathian duh zâwn a ni ang em? Lâk luhna tûr dang sawrkârin a dap thiam lo maw? Zu zuar *state* nih leh Kristian *state* nih hi a inhmeah ang em? Heti chen hi MLTP Act kan lo kalpui tawh a, a hlîptu sawrkâr nih hi a hmingchhiatthlâkin, tlâk chhiat phah nân a hman theih mai lo'ng maw? Beng sikin i ngaihtuah ang u.

CHHIARTUTE HUANG

Thu thawh duh chuan thu mal 50 aia tam lovin lehkhain emaw, sms-in emaw, e-mail in emaw thawh theih a ni. SMS thawh theihna phone no 9862331632 leh kristiantlangau@yahoo.co.in a ni e.

✎ KT-a chhuak, ‘Synod vawi 90-na Thlîr lêtna’ tiha Zaipâwl chungchâng – “Style-ah an kal thui lek lek, Pathian faka zai aiin intihsiaknaa zai an ang deuh em, tih a ngaihtuah theih...Synod Inkhâwmpui palaite beisei nia lang chu style lam ngaihtuah miah lova Pathian faka theihtâwp chhuaha zai ðuai ðuai mai niin a lang,” tih kha Zaipâwl zawng zawngin a takin hmang nghâl se, hmasâwnna ropui tak a va ni dâwn êm!

– *Kûngtea, 9436709317*

✎ KT ka lo chhiar ve ziah a, a ngaihnawm thei khawp mai. Hrisêlna huang in ti tel te hi ka lâwm tawp a, khawngaih takin tai a nat hian eng damdawi nge ei ila ða ang, tih mi thiamtenrawn ziaik thei se ka lâwm khawp ang. KT vul zêl rawh se.

– *Tluangi, Samthang*

✎ KT January, 2014-a Upa R.K. Thanga ziaik, ‘Bible-a mihring dam chen tûr – Kum

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120’ tih hi ka lo ngaihtuah ve fo, pulpit sermon-ah pawh ka lo sawi hial tawh a ni ve a, hetiang ziaik ka hmu hi lâwmawm ka ti. Kum 70/80 ni ta se, Bible a dik lo nge nupa nun (sex) a sawina ni ang, tihte ka lo ngaihtuah ve ðîn.

– *Upa T. Khumtîra, Khawbung*

✎ KT chhiar a manhla thei khawp mai. 1945 vêl aţang tawh khân ka lo chhiar ve ðîn a, ka ngaihlul hle a. January 2014 chhuaka Rev. V.L. Zaihangang ‘Tih theih a ni’ tih a rawn târ lang kha a ða khawp mai. KT rawn tichhuaktute pawh hi Pathian rawngbâwltu dik tak in niin ka hria. Ka tunu (Elizabeth L. Rinawmi Colney) pawh hian KT hi a ngaisâng hle a; thu fîng tawi in rawn chhuah hi a ða hle mai.

– *Upa V.L. Bêla Colney, Kolasib Vêngthar*

✎ Rev. William Williams-a thlân, Mawkhar, Shillong-a mi khu ka tlawh ve tawh a, amah

ka ngaihsân nê, a thlân chu mâwlmang lu deuhvin ka hria a, thla ka lâkpui pawhin a langsar ve thei lo va, ka rilru a na viau nghe nghe a. KT January, 2014 chhuakah Rev. Rualthankhûman siam that a nih thu a rawn ziak ka chhiar khân lâwmawm ka ti hle mai. KT-ah hian thu bengvârthlâk tak tak in rawn chhuah thîn a; a tihzia khawp mai.

– *Upa Lalrinliana Sailo, Lêngpui*

✎ Kristian Tlângau January 2014 chhuaka Upa R.K. Thanga, Mission Vêng thuziak, “Bible-a mihring dam chen tûr – kum 120” kha a tha hle mai. A ngaihnawm viau baw. Mi tam tak hriat dân leh ngaih dân tidanglam thei sela, dam rei tûra beiseina thar siamtu ni baw sela a tha ngawt ang. Hmânlai aţanga tûnlai thleng hian Juda-ho chuan

kum 120 dam tûrin duhsakna an inhlân thîn. Pian champhaphâk dusakna an inhlan chuan, “Ka lawmpui hle mai che, kum 120 dam ang che,” an ti tel zêl thîn.

– *Upa Lalbiakmawia Khiangte, Laipuitlang*

✎ KT December 2013 chhuak phêk 11-na, Buh hmun aţanga (Field) hrang hranga 2013 ring thar neih zat târ chhuahnaa Masihi Sangati thawktu 6 chauh awm anga târ lan kha eng nge a awmzia le? Thawktu an va tlêm ve.

– *Zodinliana Rokhum, I.T.I Vêng*

A chhâna a tawi baw k a, chhâng lawk mai ila: Masihi Sangati hnuai thawktu hi 2013-ah 138; 2014-ah 156 an awm a, i rawn sawi hi tihsual palh liau liau a nih hmêl e – *Editor*

Chhiartute huanga thu thawhtute chungah kan lâwm e. KT-a thu chhuak aţanga tuihnih âwm chi rawn tuihnih zêl teh u – *Editorial Board*

“Ka naupan laia ka nuin min bual paha Bible châng min vawntûr thinte kha ka nun kawng hruaitu a ni.” – *Billy Graham*

“I pian chhuahna chhângkua aiin i din tûr chhângkua a pawimawh zâwk.” – *Ring Larinen*



*- Executive Secretary
i/c Publicity, etc.*

1. Vaivakâwn-ah Counselling Centre thar hawn a ni

Mizoram Synod, Family Guidance & Counselling Centre-in Vaivakâwna Counselling Centre thar a buatsaih chu Synod Moderator, Rev. K. Lalhmuchhuaka'n February 3, 2014 chawhnu dar 2:00 khân Pathian hnênah hlânin a hawng.

Counselling Centre thar hawwna inkhâwm hi Vaivakâwn Presbyterian Kohhran Hall-ah neih a ni a, Synod Senior Executive Secretary Rev. Lalzuithanga'n programme a kaihruai a, Rev. R. Lalhmingthanga, Director, FG&CC-in report a pe a, Rev. K. Lalhmuchhuaka, Synod Moderator-in Pathian hnêna hlanna hun hmangin thuchah a

sawi a. Vaivakâwn Pastor Bial Zaipâwlte an zai bawk a ni.

Vaivakâwna Counselling Centre hawn thar tâk hi Vaivakâwn Presbyterian Kohhran Hall chhâwng 1-naah siam a ni a, Counsellor pakhatin a thutchilh dâwn a ni.

2. Thisen pe

January 25, 2014 (Inrinni) khân Aizawl Theological College-a zirlai pâwl, Students' Christian Movement (SCM) chuan Republic Day pualin thisen pêk rûnpui, Blood Donation Camp an nei a, thisen Unit 41 an pe. Thisen pe hi mipa 40 leh hmeichhia 1 an ni. Hêng thisen an pêkte hi Synod Hospital, Durtlânga mamawhtute hman atân an hlân a, Synod Hospital-a thawktuten College hmunah thisen lâk hna hi an thawh chilh a ni. SCM hian Republic Day apiangin hetiang a thisen pêk rûnpui hi an buatsaih thîn.

3. Bial KTP Conference

January 24 -26 khân Pastor Bial hrang hranga Kristian Thalai Pâwlten Bial Conference an hmang a, Bial thenkhat a chuan January 31 - 2 February

chhûnga hman an awm bawk. Bial Conference hmanpui tûrin Central Committee member-te hmun hrang hrangah an insem darh a ni.

4. Bial Kohhran Hmeichhe Inkhâwmpui

February 7 - 9 khân Pastor Bial tinah Mizoram Presbyterian Kohhran Bial Hmeichhe Inkhâwmpui neih a ni a, Central Kohhran Hmeichhe Committee-te'n hmun hrang hrangah Bial Inkhâwmpui hi an hmanpui. Telkata, Cachar Kahrawt Bial-ah Pi C. Lalhmangaihi, Chairman leh Pi C. Romawii, Committee Member-te an kal a, Lêchîm Kohhran, Mualphêng Bialah Pi Rochuangkimi, Vice Chairman leh Pi Maria Lalchhanhimi, Committee Member-te an kal a, Bairabi South Kohhran, Bairabi Bial-ah Pi Zohmachhuani leh Pi Lalrokimi, Committee Member-te an kal a, Zohmun Kohhran, Zohmun Bial-ah Pi Laltnamawii, Ex-Chairman leh Pi Tlângmawii, Committee Member-te kalin Hrianghmun Kohhran, Teikhang Bialah Pi Rosângpuii leh Pi Lalbiakêngi, Committee

Member-te an kal bawk. Lairam Isua Krista Baptist Kohhran Hmeichhe Pâwl (LIKBKHP) Inkhâwmpui chhim tûrin Lawngtlai-ah Dr. Vanlalhruaii, Asst. Secretary leh Pi Lalrinzuali, Committee Member-te an kal bawk.

5. Music

♦ January 15 & 16 khân Rengdîl Kohhranah Music Training neih a ni a, training neihpui hian Pu Lalromawia, Synod Music Instructor leh Upa Thanghuta, Dâm Veng te an kal.

♦ November 2, 2013-a Trinity Guildhall, Trinity College, London, Kolkata Centre hnuaiia exam buatsaih chu January 21, 2014 khân result tihchhuah a ni a, Synod School of Music ațanga exam mi 12-ten țha takin an pass vek a ni.

♦ Synod School of Music chuan music school tihchangtlun zêl nân Baby Grand Piano 1 leh Yamaha Electronic Piano (Clavinova) 5 an lei țhar.

♦ January 28 - 30 hian Damparêngpui Bial huapin Damparêngpui Kohhranah Zai

hruai training neih a ni a, hemi neihpui hian Pu Lalromawia, Synod Music Instructor leh Upa Thanghuta, Dâm Veng te an kal.

♦ February 6 - 8 khân Lunglei Ramthar Kohhranah Khuang vuak leh zai hruai training neih a ni a, hemi neihpui hian Upa F. Lalremthanga, Music Co-ordinator leh Pu Lalromawia, Synod Music Instructor te an kal.

6. Synod Mission Board

♦ January 15 - 20 khân Synod Home Mission School, Búngtlâng South-a Hostel dah tûr zir Chiang tûrin Rev. P.C. Pachhûnga, Executive Secretary i/c Mission leh Pu H. Vânlalchhuanga, Supervisor of Schools te an kal.

♦ January 22 - 28 khân Arunachal 'W' Field-a Jubilee Model School, Simenchapori leh Laimekuri upgrade chungchâng zir Chiang tûr leh Field chhûng Station thenkhat tlawh tûrin Rev. P.C. Pachhûnga, Executive Secretary i/c Mission; Upa H. Doremthanga, Board Executive Committee Member leh Pu H. Vânlalchhuanga, Supervisor of Schools te an kal.

7. MSSU

♦ January 18 (Inrinni) khân Kanân Vêng Kohhranah Sunday School Zirfirtu Training neih a ni a, hemi neihpui hian Upa K. Vânlalngghâka, Ramhlun East (MSSU Trainer) leh T. Upa Lalthahluna Râlte, MSSU Asst. Co-ordinator-te an kal. Zân Pathian biak inkhâwmah T. Upa Lalthahluna Râlte-in fanau enkawl (Child Evangelism) chungchâng thuchah a sawi.

♦ January 18 (Inrinni) khân Central Jail Vêng Kohhranah Sunday School Zirfirtu Training neih a ni a, hemi neihpui hian Upa B. Lalmunliana, Bethlehem Vênglai (MSSU Trainer) leh Pu John Lalhruaitluanga, MSSU Asst. Co-ordinator-te an kal. Zân Pathian biak inkhâwmah Pu John Lalhruaitluangan fanau enkawl (Child Evangelism) chungchâng thuchah a sawi.

♦ January 22 - 25 khân Tuihthaphai Presbytery Sunday School Zirfirtu Training, Lamka Kohhranah neih a ni a, hemi neihpui hian T. Upa Lalthahluna Râlte, MSSU Asst. Co-ordinator leh Upa Lalchhuan-

awma, Zuangtui (MSSU Trainer)-te an kal.

♦ February 1 (Inrinni) khân Sesawng Kohhranah Sunday School Zirtirtu Training neih a ni a, hemi neihpui hian Pu John Lalhruaitluanga, MSSU Asst. Co-ordinator; Upa K. Vânlalngâka, Ramhlun East leh Upa B. Lalhmunliana, Bethlehem Vênglai (MSSU Trainer)-te an kal. Zân Pathian biak inkhâwmah Fanau enkawl (Child Evangelism) chungchâng thuchah sawiin hun an hmang bawk.

♦ February 1 (Inrinni) khân Bethlehem Vêngthlang Kohhranah Sunday School Zirtirtu Training neih a ni a, hemi neihpui hian T. Upa Lalṭhahluna Râlte, MSSU Asst. Co-ordinator leh Upa K. Zoremsânga, Kulikawn (MSSU Trainer)-te an kal. Zân Pathian biak inkhâwmah Upa K. Zoremsângan Fanau enkawl (Child Evangelism) chungchâng thuchah a sawi.

8. Zin

♦ January 16 - 20 khân Chhim Area Committee, Lunglei-ah Rev. K. Lalhmu-

chhuaka, Synod Moderator; Rev. Lalzuithanga, Senior Executive Secretary; Upa H. Zoliana, Synod Secretary (Sr.); Rev. R. Lalchangliana, Revival Director leh Rev. Lalchhuanmawia, Synod Mission Board Secretary te an kal.

♦ January 27 - 29 khân North East India Committee On Relief & Development (NEICORD) Board Meeting, Guwahati-ah Dr. Robert S. Halliday, Superintendent, Synod Office a tel.

♦ January 30 - 1 February khân Calvin Theological Seminary, Grand Rapids, United States-ah Worship Symposium neih a ni a, hetah hian Rev. Lalchhuanmawia, Synod Mission Board Secretary a tel.

♦ February 6 khân Barak Area Committee, Silchar-ah neih a ni a, committee-ah hian Rev. K. Lalhmuchhuaka, Synod Moderator; Upa H. Zoliana, Secretary (Sr.); Rev. Lalzuithanga, Senior Executive Secretary; Rev. C. Vanlalhruaia, Committee Member; Rev.

Zosângliana Colney, Committee Member te an tel. Rev. Zosângliana Colney hi PCI Working Committee, Shillong-ah February 11 - 13 khân a tel bawk.

♦ February 1 - 10 khân National Council of Churches in India (NCCI) Centenary leh Senate of Serampore Meeting, Kolkata-a tel tûrin Rev. Lalramliana Pachau, Executive Secretary a kal.

9. Chatuan chawlhnaah Rev. Thansiamia

Rev. Thansiamia, kum 84 (Pensioner), Chhînga Vêng East chu February 5 zîng dâr 9:30 khân a thi a, a ruang hi Biak In-ah vui lovin ama duh dân leh a chhûngte ngenna angin hemi ni vêk chawhnu dâr 2:00-ah a chênna inah vui a ni.

Rev. Thansiamia hi Upa Thangruaia Kawlni leh Sunghleii Chinzah te fa 8 zînga 6-na niin, April 14, 1930 khân Thekte-ah a lo piang a. Primary School, Fârkawnah a zawh hnuin, Burma ramah 1950 khân Middle English a zo a, kum 1951-1953 chhûngin Aizâwlah ‘Diploma in Theology’

a zir a, Serampore Matric a pass bawk. Kum 1954-1955 khân Cherra Theological College-ah L.Th (Licentiate in Theology) a zir leh bawk. Kum 1956-1958 chhûngin Kângmun Bialah Pro.Pastor-in a thawk a, 1958 khân Pastor atân nemngheh a ni. January 15, 1959 khân Thanchhûngi nêen an innei a, fapa pali leh fanu pathum an nei. Pastor hna a chelh chhûngin Synod Moderator-ah tûm hnih tângin (1970-1971 leh 1979-1980), Presbytery Moderator hna pheii chu a thawk ngun hle.

October 10, 2013 khân Bathroom-ah a tlu a, Aizawl Civil Hospital-ah enkawl a ni a, that zui tak tak a nei ta lo a, February 5 (Nilaini) tûk khân a buai zual a, dar 9:30a.m. khân chatuan ram min pansan ta a ni.

Rev. Thansiamia ruang hi chawhnu dâr 2:00 khân an chênna in, Chhînga Vêng East-ah Synod Moderator Rev. K. Lalhmuchhuakan a vui a, Pi Thanchhûngi (Chhûngkaw aiawh) leh Upa H. Zoliana, Synod Secretary (Sr.) ten a chanchin tawi an sawi a, Chhînga Veng East Kohhran Zai-pâwl leh

Chhinga Vêng Bial Zaipâwlte an zai bawk. Rev. Lalzuithanga, Senior Executive Secretary-in-ṭawngṭaina hun a hmang a, Rev. P.C. Pachhunga, Executive Secretary-in malsâwmnain a ṭin a ni.

10. Moderator Programme

Synod Moderator Rev. K. Lalhmuchhuaka chuan hetiang hian hun a hmang:

- ♦ January 16 (Ningani): Chhim Area Committee, Lunglei
- ♦ January 17 (Zirtawpni): Bûngtlâng South/Vaṭhuampui Kohhran tlawh
- ♦ January 18 & 19 (Inrinni & Pathianni): Lawngtlai Bial tlawh

- ♦ January 24-26: Sakawrdai Bial KTP Conference, Vaitin
- ♦ January 29 (Nilaini): Phaileng Kanân Biak In thar hawn
- ♦ February 1 (Inrinni): Kolasib Vênglai Kohhran
- ♦ February 2 (Pathianni) Chawhma: Kolasib Ṭumpui Kohhran
- ♦ Chawhnu: Kolasib Project Vêng Kohhran
- ♦ Zân: Rengtekâwn Kohhran
- ♦ February 6 & 7: Barak Area Committee, Silchar
- ♦ February 9 (Pathianni) Zân: Mission Vêng Kohhran



Spurgeon College-a zirlai pakhat hian a dintu Spurgeon-a hnênah, “Rei tak rawng ka bâwl tawh a. Piangthar an la awm miah lo mai a,” tiin a beidawn thu a hrilh a. Spurgeon-a chuan, “I kê i ân apiangin Pathianin mal a sâwmin, thlarau bote a chhandam i ring em?” tiin a zâwt lét a. Ani chuan, “Ring lo ve, ka pu,” tiin a chhâng a. Spurgeon-a chuan, “Chu vâng chiah chu a nih chu. Ring chungin thu sawi la, Pathianin mal a sâwm êm êm ang,” tiin a fuiah!

Rim hre lo hian rose parin rim a neih loh thu sawi ta se, tu man kan awih lo vang. Pathian awm ring lo pawh chutiang chu a ni. A vanduai a ni ber mai – *Sir Ralph Richardson*



Sri Lanka Kristianten lungawilohna an lantîr

Sri Lanka khawpui Colombo leh a bul hnaiah January 12, 2014 khân Buddhist firfiakten Biak In pahnih leh ṭawngṭaina hmun chu ‘dân lova dîn a ni’ tia chhuanlam siamin an bei vak mai a. Ṭawngṭaina hmun tia an sawi pawh hi Pitipana khua, Colombo khawpui bul lawka Church of the Foursquare Gospel Biak In a ni a. Assemblies of God Biak In leh Calvary Free Church Biak In, Hikkaduwa khua, Sri Lanka khawthlang lam tuipui kama awm te pawh hâl a ni bawk. A hâltute hian lehkha hnutchhiahin an chungah tharum thawh zui zêl an la tum tih an ziak a. Hikkaduwa-a Biak In pahnihte hi chu an kâng chhe nasa hle a, a chhûng bungrua te tihchhiat a nih bâkah Bible te an hâlsak bawk a ni.

Sakhaw zalênna palzûta a awm avâng leh Buddhist firfiakten an Biak In an beih

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avânga lungawi lohna lantîrin January 26 (Pathianni) khân Colombo, Sri Lanka khawpuiah Kristian 2,000 chuang zetin kawng an zawh.

Assemblies of God Biak In hi Krismas urlâwk nia Biak In pathum suasam zîngah a tel a. January 11 khân pawl khawihna lian tham zâwk an chungah a thlen tûr thua vauna an dawng a. January 12 khân police ṭhenkhat venghim tûra dah an ni a; mahse, mi 250 vêl zêl rawn thawk chu an lo dang zo lo a ni.

Police thupuangtu chuan pawl khawihntu nia rinhlelh mi 24 man an nih tawh thu leh rorêlna hmachhawn mai tûr an nih thu a sawi. Sri Lanka chanchinbu Daily Mirror-in a târ lan dân chuan rinhlelh zînga mi 18-te chu January 27 khân Galle Magistrate Court-ah an chungchâng ngaihtuah ṭan a ni a. An zîngah hian Buddhist puithiam panga an tel.

Chawlhnia Cathedral of Christ the Living Saviour Biak In, Colombo-a inkhâwmte hmaa a thusawiah Anglican bishop Dhiloraj Canagasabay-a chuan

an ram dânpuin sakhaw zalêna a pêk chu Kristiante tân a taka hman a tûlzia uar takin a sawi.

Buddhist tamna Sri Lanka-hian hian Kristian za zêla pasarih vêl leh Muslim zaa 10 vêl an awm bawk. Hetih lai hian Sri Lanka sawrkâr chuan India ram state thenkhata sakhaw inleh khapna dân an hman chu hman ve a tum niin an hria a. India ramah hian state pangain he dân hi an hmang a. America rama hemi chungchâng chhuitu pâwl tihluhna hmanga sakhaw inleh a khap hian he dân hman ve lohna state-te aiin sakhaw tlêm zâwkte laka rîkrâpna, tharum thawhna, a bîk takin Kristiante chungah a thleng nasa zual niin an sawi.

Sri Lanka hi Kristian tihduhdahna ram World Watch List 2014, Open Doors International-in a tihchhuah ram 50 zîngah 29-na a ni a. Kum 2012 aţanga he rama Kristiante leh Biak In laka hlei lenna a hluar tâk avânga ram 50 thlan chhuah zînga rawn lang a nih thu an sawi tel bawk. A hma zawng chuan an lang phâk ngai lo a ni.

– World Watch Monitor

Sakhaw sawichhiat khapna dân avângin Kristiante chi-ai

Pakistan rama Kristiante chu sakhaw sawichhiat khapna dân avângin ram danga himna zawngin an chhuak nasa hle. Tûnhnai mai khân Federal Shariat Court (FSC) chuan he dân hi bawhchhiate tihlum theihna dân siam tûrin a ti a. Mahse, Pakistan sawrkâr chuan a bawh zui duh rih lo a ni.

He dân hi 1990-a FSC-in a nawr avânga siam a ni a. Tûnah hian he dân khawng zâwka lekkawh duhna hi nasa hle a ni. Lubna Thomas Benjamin-i chuan, “Ringtute tawrhna kha ka la theihngihl thei lo. An khua chhuahtân tûrin Muslim-hovin an ti a. An thil tum tihhlawhtlin nân rilru lama mi phâk zân lo Rimsha-i, kum 14 mi chu Koran bu phêk thenkhat hâl tûrin an ti a. A hnua hetih lai biala an mosque-a an puithiam Imam Khalid Chishti chuan chung lehkha kâng bângte chu Rimsha-i ipteah a khung a; sakhaw dang thil tibawrhbâng leh Pathian sawichhiaa puhin an tihlum a ni,” a ti.

“Heti lai bial ka tlawh hian Kristiante an huatzia ka va hmu a. He puithiam bawh hian ringtute in hâlsak chungchâng pawh a thusawiah a sawi chhuak a ni. Rimsha-i chungah an thiltih hian sakhaw tlêm zâwkte chungah an rilru put hmang a lantîr chiang hle a ni,” a ti.

The Voice of the Martyrs website-a an târ lan dân chuan khawvêla hlemhlêtna hluarna ber ramah hian ringtute chuan nun harsa tak an tâwk mêk a ni. Ringtute hian zirna inah te, hnathawhna hmunah te harsatna an tâwk nasain hnam hnuaihngung ber anga en an ni reng thîn.

– Christian Today

Israel thil hlui zawngtuten Biak In hlui an lai chhuak

Israel mi, thil hlui zawngtute (archaeologists) chuan Biak In kum 1,500 zeta upa, kum zabi rukna vêla mi nia ngaih an lai chhuak.

He Biak In hlui an laih chhuahna hmun hi tuiptui kam khawpui Askelon leh Jerusalem inkâra awm a ni a. Hetilai hmuna in sak an tum avânga lei hi lai an ni.

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He Biak In hi a dung feet 70, a vâng feet 40 vêla lian a ni a. Kristian Biak In cheina thil tam tak a awm bawh.

Israeli Antiquities Authority-a an mi thiam Davida Dagan chuan he Biak Inah hian a chhehvêl khuaaa mite Pathian be tûr leh tawngtâi tûrin an kal khâwm thîn a nih a rin thu a sawi. Heti lai vêlah hian hmun hlui tam tak an lai chhuak bawh a; mahse, Biak In erawh chu hei chauh hi an lai chhuak a ni.

A lai chhuaktuten an thil laih chhuah aţanga an hmuh dân an sawi dân chuan helai vêla chêngte hi an tamin an changkâng viau niin a lang a. Biak In chhuatah hian milem chi hrang hrang a inziakin Kristiante chhinchhiaha pawh eng emaw zât leh Isua hming, pangpâr kual savain an phurh kân lai lem a inziak a bawh a ni.

Chûng milem inziak (mosaic) te chu mipui hmuh theih tûra fimkhur leh uluk taka lâk sawna târ chhuah a ni ang a, a hmun erawh chu thangtharte rawn hmuh leh zêl theih tûrin chhilh lehin an vawng thâ bawh dâwn a ni.

– CBN News

Thuziak hlui zir chianah lawng lian chungchâng

Kum 4000 zeta upa hluma thuziak an zir chianna atanga an hriat dânin chu thu-ah chuan lawng lian tak, tuilian laka him nân siam a nih thu te a chuang a; chuvângin he thuziak hi Nova hun hma hreta mi niin an hria.

Lawng lian tak, football field hmun thuma thena hmun hnih vêla lian, bang sâng tak nei siam a ni a, chu lawng khalhna leh thil dang atân hruizên tam tak, zawm khâwma London leh Edinburgh khawpui thlun zawm thei hial tûr khawp hman a nih thu te a târ lang bawk.

He hlum phêk, British Museum-a dah hi a enkawltute zînga mi Irving Finkel-a chuan mihring thuziak hmuh chhuah tawhah chuan a pawimawh ber pâwl a ni hial ang, a ti. He thuziaka lawng târ lan hi Nova lawng ang tak ni mah sela a bial a nih thu a chuang.

He thuziak hi Nova lawng chungchâng ai mahin Babulon lam thawnthu a nih a rin thu Finkel-a hian a sawi a.

– Associated Press

Al-Qaida hotupain Kristiante beih tha ti lo

Al-Qaida hotupa Ayman al-Zawahiri chuan Egypt rama Muslim-te chu Kristiante bei lo tûr leh sipai chakna hmanga an ram beitute chu hmachhawn zâwk tûrin a चाह.

Egypt rama Kristiante hi President Mohammed Morsi-a paih a nih theih nâna beitu an nih avângin Al-Qaida hotupain hetiang thu a sawi hian mak tih a hlawh a. Kristiante beih aiin America âwntu Egypt Defense Minister (Gen. Abdel-Fattah) El-Sissi-a beih a pawimawh zâwk thu a sawi.

El-Sissi-a hian Egypt mipui maktaduai tam takin Morsi bâng tûra an nawr hnuah Morsi hi a paih thla a. Coptic kohhran leh Kristian pâwl dangten Morsi paih thlâknaah khân tha an thawh ve a ni.

“Hun kal tawh anga Kristiante beia khawthlang ramho tâna Muslim-te demna remchâng siamsak loh tûr a ni,” al-Zawahiri chuan a ti.

– ASSOCIATED PRESS



F. Chhannâwla, Lawngtlai Bazâr zawhna

Z.1. Kohhran inkhâwm tâwpna hla sak zawh hian Lalpa Ṭawngṭainain kan ṭawngṭai rual a (Lk 11:2-4) kan thu leh a; mi tam tak chu an ṭawngṭai leh a, hei hi Isua thusawi kha kan pawm zo chiah na nge?

Ch. Lal Isua thusawi pawm zawh leh pawm zawh loh lam aiin inkhâwm chhûng zawnga Pathian hruaina leh awmpuina avânga lâwm thu sawina leh A hruai zêlna dîla ṭawngṭaina a ni zâwkin a rinawm.

Z.2. Buhfaithâm hi tûn hma kha chuan a hming ang chiaha ṭham a ni a, tûnah chuan ṭham a ni tawh lo va, suah a ni a. A hming hi thlâk law law ila a fuh mai lo maw?

Ch. Kan Bible-in sâwma pakhat pe tûra min hrilh angin kohhran pawhin kan inzirtîr zêl a.

Hetianga kan inzirtîr mêk lai hian ṭhenkhatin sâwma pahnih lo pe ta se Pathian leh kohhran tân pawh a lâwmawm hle ang a. Chutiang deuh chuan buhfai a ṭhama ṭham duh tâwk loten a suaha an han suak hi a dawngtu lam tân chuan thil lâwmawm tak a ni nge ang.

Ṭhenkhatin an la ṭham laia a suaha suak an awm avânga a hming thlâk chu a ṭûl lêm lo tûrah ngai ila. Eng pawh ni se, a ṭha zawk dâwn a nih chuan inkhâwmpuiin a la rêl mai ang chu.

Z.3. Mizoram chhûnga Ramthar rawngbâwlna kan tih thîn hi thar tak tak a awm chuang tawh em maw ni le? Ram chhûnga Ramthar rawngbâwlna hi tâwp mai sela, phai ram vaiho kan tih ringloho hnênah khuan thapui thawhin ṭan la ila kan va tifuh zawk mai âwm ve? Nge tih dan pângngaiin?

Ch. I ṭhahnemngaihna a lâwmawm e. I ngaih dân ṭâwmpuitu pawh an awm ve nual ang. Amaherawhchu, ram chhûnga kan rawngbâwlna hi lo chhuahsan ta ila, kohhran pâwl

thenkhat lâwmah a tla ang a; member inhlohna mai a ni ve thei bawk.

**Upa C. Thanghulha,
Maubâwk Sikul Vêng zawhna**

Z.1. Kum 2014-ah Chanchin Tha thlen ni hi March 15-ah kan hmang dâwn ta niin a lang a, a hma khân engati nge kan hman nghâl mai loh?

March 15-ah Chanchin Tha thlen ni hi lo lâwmin lo hmang ta ni ila Ramthar ni 31 August hi a khawih buai ang em? Ka buai ru tlat mai.

Ch. Pu Buanga leh Sâpupa-ten Aizâwl an lo luh ni hi Mizorama Chanchin Tha thlen ni atâna hman thin a ni a. A hun thuah January 11 kan hman thin kha March 15-ah sawn tûra rêl a ni ta a.

January 11 kan lo hman thin kha kan kohhran hruiatu hmasaten thil an chik tâwk loh vâng pawh a ni thei e. Thang lo thar zêlah Mizoram Kohhran chanchin chik taka chhuitu an lo awm zêl a, chûngte chuan kan Zosâpten Aizâwl an lo luh ni hi March 15 a nih zâwk thu an chhui chhuak a,

hetiang hian Synod pawhin a lo pawm ta a ni.

August 31 Ramthar Ni-a kan hman thin hi chu Pu Zosaphluia'n Mizoram a thlen ni denchhena hman thin a ni a. Chanchin Tha thlen ni nêna inkhawih buaina tûr a awmin a lang lo ve.

Z.2. Synod office-ah hian Moderator room, Executive Secretary room tiin kan hotute hian room an nei hrang thliah thliahin a hriat a. Synod inkhâwmpui Secretary Sr. hian a hranpain room a nei ve em?

Ch. Synod Secretary room hranpa a awm lo va. Synod Officers' room (1st floor-a mi) hi Synod Secretary apiangten an mamawh châng apiangin office nân an hmang mai thin. Hun puma kan la thawhtîr hrih loh avângin tûna kan kalpui dân hi a la tâwk hrih a ni ang e.

**Kâpsânga Durtlâng Leitan
zawhna**

Z.1. Kan Kohhran hian Pêm Upa hi kan nei nual a. Hum sual te an dai loh chuan Upa an nihna hi kan ban thei lo niin ka hria a; mahse, an pêmna

kohhranah hian Upa thlan châng a lo awm a, thlan theih loh zîngah hian an tel ta lo va. Kohhran member ang chiahin an awm leh si a, Upa kan bân theih lohna kha khawiah nge kan dah tak ang? Khawngaihin han sawi fiah teh.

Ch. Presbyterian Kohhran chuan Upate hi dam chhûng tâng tûrin kan nemnghet thîn a. Khaw hmuna pawh pêm se Upa an nihna a bo thei lo va. Amaherawhchu, an pêmna kohhranah Tual Upa atân emaw Upa atân emaw an thlang leh a nih loh chuan kohhran committee-ah an tel thei chuang lo. An va awmna Bial Inkhâwmpuiah leh Presbytery-ah member ni sa an ni a. I hriat duh tak hi chu kan sawi tawh ang khân dam chhûng tâng tûra kan innemnggeh vâng a ni ber.

Z.2. *Pêm Upa hian zan khat mitchhîn te an lo tâwk ve a, Biak Inah chawimawina hnuhnûng kan pe thei lo leh a, member pângngai ang maiin kan vui liam leh mai thîn a. Upa an nihna kha kan thlauthla deuh lo maw? Kan bân theih vâng nge Pêm Upa*

dinhmun hi han sawi fiah deuh teh a.

Ch. Kan Upate chauh ni lovin kan Minister-te pawh an borala Biak Ina vuina programme kan hman thîn hi kan PCI Dan Buah pawh a awm lo va. Ziak loh dân kan kalpui a ni ber awm e.

Pêm Upate an borala Biak Ina kan vui lohna chhan pawh hi sawi chian a har viau a. Active Upa an nih loh vâng a ni berin a rinawm.

Upa Lalnuntluanga, Lêngpui zawhna

Z.1. *Nupa Chungchâng Dân 2012 page 10 (a) - Kan kohhran tlangvâl, dân chhûnga miin, kan pawm theih loh kohhran nula nei dâwn sela, baptisma chantîr zeta, Biak In ni lo, hmuna dangah inneihtîr tûr a ni, a ti a.*

Nula kha inneih hmaa kan kohhran mi leh sa ni tûra lawm luh phawt a ngai dâwn em?

Ch. Baptisma chantîr hmasak loh chuan inneihtîr theih an ni lo va. Baptisma kan chantîr theih nân lawm luh phawt a ngai tihna a ni.

Z.2. *Page 11, No. 8 - Kan mi, pâwl danga pakaiin an kohhran dânin va innei sela, pawm loh tûr; la kîr leh sela, Biak In ni lovah inneihtîr tûr; hei pawh hi inneih hmain kan mi leh sa ni tûra lawm luh a ngai lo maw?*

Ch. Ngai tho tûr chi niin a lange.

Z.3. *Page 11, 9 - Inneih pawlh - Kan kohhran mi a tih, 'mi' hi mipa leh hmeichhia sawi kawpna a ni em?*

Ch. Ni e.

Z.4. *Page 7. No. 2 - Kohhran dang nêna inkûngkaihna kan neihpui theih, tihah hian No. 14-a inziaka Ex 10-12, 13, 14 hei hi tihsual palh em ni?*

Page 36. H-ah hian No. 12 a inziak ta a, C.C.I.M a lang ta lo va, tihsual palh em ni ang? Lang ta ni se la chuan No. 13 a ni ang a, page 7. No. 2 leh Page 36. H a inzat ang.

Ch. Tihsual palh niin a lang lo ve.

Page 36 H-ah hi chuan Congregational Church of India, Maraland (CCIM) dah tel loh palh a niin a lang.

Zodinpuia, Shillong zawhna

Z. *Kohhran hian uirena suala tlute hi dam chhûng atân Upa/ Minister atân a nemnghet thei lo va. Kohhran pâwl dangah hi chuan mi'n an sual an sima, kohhranhovin an aiawh atân an duh chuan an thlang mai thei a. Tiang hian kan ti ve thei mai lâwm ni? Tin, tûnhma thil leh chêtsual palhna inhriatsak vênate pawh a ni thei lo maw?*

Mi tûnhma (a awmna hmasa lama mi) a lo uirena avângin Tual Upa (Kohhran Committee) bâk Upa atâna nemngheh theih loh a ni a. Tual Upaah term thum (Kum 9) thlan tlin zâwnte hi chu Upa atâna thlan theih tal han ni se a tha lo'ng maw? Kohhran ram pawh a zauh phah lo'ng maw?

Dam chhûng atâna Upa kan nemnghet hi a thatna ai mahin a that lohna tam zâwkin a lang a. Hmun tam takah kohhran chakna aiin chak loh zâwkna a thlen thin avângin Tual Upa ang hian term neia thlan tawh ni se kohhran hian kan thatpui zâwk lo'ng maw?

Ch. I zawhna te hi hmun khatah chhâng mai ila, a remchâng tho âwm e. Pathian hian a duh zâwng tam tak chu kohhran committee leh inkhâwmpui hmangin min hriattîrin min siamsak thîn a. I zawhna hi thlarau hriattîrna aţanga i dawn a nih chuan kohhran committee-ah han thlen la, an remtih chuan a kal zêl ang a. A tâwpa thu thlûkna siam theitu tur chu PCI General Assembly a ni ang.

Lalneihkima,

Kawrtethawveng zawhna

Z. Kum 2004-a Kristian Hla Bu chhut thatah khan No. 100 'Vânhmun ropui pêlin' tihah khân Siamliana hming dah a ni a. Kum 2005-a chhut leh khân Dênghlîra hming dah a ni leh ta a.

He hla hi Riangleia kohhran hruaitu H.C. Nunga chuan, "He hla phuahtu Pu Suakliana hi a kawm nasa bertu ka ni a, Suakliana phuah ngei a ni," a ti a. Kum lama upa tak chuan "Keini Riangleiho chuan Suakliana hla kan ti vek asin" a ti bawk a. Pu Suakliana nau Sailova ngei pawhin, "Ka u hian Hla

zathum (300) a phuah a, chumi zînga mi chu a ni a; ka u phuah ngei a ni" a ti bawk a.

Tin, tûn hnai deuh khân lehkha ziak hlui deuh takah Suakliana phuah ngei a ni tih ngamna tûr an hmu bawk a.

Heti chung a Dênghlîra hming dah a nih theih dân hi han sawi fiah teh?

Ch. A phuahtu dik tak hming hi Synod chuan a dah duh zâwk a ni reng a. Amaherawhchu, hriat dân inang lo lo awm thîn hian lu a tihai thîn a, a pawî khawp mai. In thu hriatah hian in ding nghet ngam tak tak a nih chuan Presbytery rawn kal tlangtîrin Synod Music Committee-ah rawn thlen ni se, awmzia a nei deuh zâwkin a rinawm e.

Upa K. Lalfakawma, Chhingchhîp Vêngthlang zawhna

Z. India ram Presbyterian Kohhran dân Bu Bung iv. 1 (a)-ah hian 'thilpêk' tih a awm a, thawhlâwm kan tih fo hi 'thilpêk' ti zêl ila a dik zâwk ang em? Synod Financial Rules-ah te pawh 'thawhlâwm'

tia ziah a ni deuh vek mai a. Kan dân bu mila 'Thilpêk; tia dah theih hi chu dah mai a tha mai lo maw?

Ch. Kan Synod Sum Vawn Dân dungzuia kal hi Synod duh dân pawh a ni a. Kan Presbyterian Kohhran dân Bu chhut a nih hma daihah Synod Sum Vawn Dân 2011 tihchhuah a ni a. Synod Sum Vawn Dân dungzuia kan kal hi Synod duh dân a ni pawhin a lang a. PCI Dân Bu chhut leh hunah chuan 'thilpêk' tih hi 'thawhlâwm' tia thlâk zâwk pawh a thain a rinawm. Kan hotute ngaih dân dân a ni ang chu.

**Upa R. Lalhmingthanga,
Rûlchâwm zawhna**

Z. Kohhran Upa thiha, Biak Ina kan inkhâwmpui kher thîn hi thil tha tak leh mawi tak a nih rual hian mipui tân a buaithlâk hle mai si a. Hei hi inkhâwmpui emaw, committee emaw thuchhuak pawh ni lêm lo, a lo awm tan dân leh hun pawh hriat lêm loh a ni bawk si a. Tih tawp tawh mai a tha lâwm ni? Tih leh Kristian Tlangaua chhuah ve kher a ni thîn hi tihtâwpa, sermon te leh

thu tha dang tam zâwk chhuah thîn a tha lâwm ni.

Ch. Biak Ina invui chungchângah hian i ngaih dân anga ngai hi an awm ve nual a. Amaherawhchu, kohhranin kalphunga kan neihna a rei tawh avângin bânsan tûr chuan Synod Inkhâwmpuia rêl a ngai tawh hial ang.

Kristian Tlangauva 'Sûnna' hi thenkhat tân ninawm a nih theih laiin thenkhat chuan an chhiar hmasak ber thîn a ni ve mêk bawk a. Kan Minister-te leh kan Upate nun aţanga entawn tûr tha tak tak kan hriatna hnâr pakhat a nih avâng leh anmahni kan chawimawi ve theihna remchâng a ni a. Thil dangin thlâk ilang chuan khaktu kan ngah viau mai thei a ni.

**Upa K. Lalchhanhima,
Thingsûl Tlângnuam zawhna**

Z.1. Kristian Nun Kaihhruaina - Kohhrana tel tûr mite tih No. 2-na 'Chhanchhuahna chu Krista hnênah chauh zawnga, Chhandamtu ropui leh Palai tha famkim anga pawm mi an ni tûr a ni' tiha 'anga pawm mi' tih hi 'Palai tha famkim a ni tih pawm mi' tia thlâk a tha lo maw?

A ang chauha pawm ai chuan a tak hmêl zâwk ang a.

Ch. ‘Anga’ tih te ‘angin’ tih te hi a hman hun a awm tho rualin a tûl lovah kan hmang nasa khawp mai. I zawhna hian kan hotute pawh a tifimkhur leh zual tûrah i ngai ang.

Z.2. *Kristian Nun - Sakhaw lam No. 2-na ‘Ringtu zawng zawngten Pathianni an serh tûr a ni’ tiha Ringtu zawng zawng tih aiah hian Kristian zawng zawngten tih a tha zâwk lo maw?*

Ch. Mizoram, ‘Kristian ram’ tih theih hial angah hi chuan ‘ringtu’ tia dah mai hi a tha maiin a lang a. Ramthar boruak hîpna hmun leh inpawlh sawpna hmunah chuan ‘Kristian’ tia dah hi a tha zâwk mai thei e.

Z.3. *Pathian Ram thilpêkah Pathian Ram Ipa column hi - Pathian Ram, Ramthar, Tualchhûng tia then a ni a. Tualchhûng hi chu sawi ta lo ila, Pathian Ram Ipa column leh Form ‘C’ Biala Treasurer hnêna thawhlâwm hlannaa column hi eng vanga inang lo nge? Pathian Ram, Ramthar*

tih nghal mai âwm tak, Pathian Ram, Buhtham, Sakramen... Ramthar tih a ni ta a. Pathian Ram tih hi Ramthar tih hian zawm ta mai se dah khah sual palh a awm lo deuh ang a, a inzawm thei mai em?

Ch. Synod sum lût hi Pastoral Ministry leh Mission atâna hman tûra then a ni a. Pastoral Ministry hnuaiiah Pathian ram, Ramthar etc. hi a awm avângin a form-ah pawh indawta dah a ni a. Mission hnuaiiah Ramthar, Thawktu chawmna etc. te dah a nih avângin budget head milin form te pawh hi siam a ni.

Z.4. *Pathian Ram chhûn luhnaah (1) Form ‘C’ Rule No. 8 Bial Treasurer hnêna thawhlâwm hlanna (2) Form ‘F’ Mizoram Presbyterian Church (Synod-a Thawhlâwm chi dang pêk luh tûr hlanna) (3) Form ‘M’ Synod Treasurer hnêna thawhlâwm hlanna. Hênga Form ‘C’, ‘F’, ‘M’ te hian eng nge a entîr, eng nge a long form.*

Ch. Synod hnuaiia form chi hrang hrang kan neihte thliar hranna a ni a, entîr emaw long form emaw a nei hran lo.



KRISTIAN NIH MAN

*Upa Dr. L. N. Tluanga
Mission Vêng*

Krista thawh zawh sa ringin, a thlâwn liau liauvin, rinna avânga khawngaihnaa chhandam kan ni a, chu chu Pathian thilthlawnpêk a ni a, chhandamnaah hian thawh ve kan nei lo va, nei thei pawh kan ni lo a ni lâwm ni? Ni thei meuh mai; chu chu Pathian thu a ni a, a dik chiah a ni.

A nih leh, Kristian chu tu nge? A hming ațang rêng hian Kristian chu Krista ta a ni – Isua Krista ringtu, a hnung zuitu leh a zirtîr, a thuhnuai intulûta a thu thua awm tûra inpumpêk a ni. Bible-a kan hmuh dân chuan, “Antiokei khuaah chuan a ni zirtîrtheo chu “Kristian” an tih hmasak ber ni.” (Tirhkohte Thiltih 11:26).

Tu te nge Kristian hmasa berte? A tisa put lai nia Isua a tak taka zuitute kha an ni ti ila a dik ber âwm e. Amân a zirtîr atân mi 12 (sâwm leh pahnih) a thlang a. Khângho zîngah khân Simon Petera kha lo thlang chhuak ta ila. Petera khân engtin nge Isua a zui? Bible-in min hrilh dân chuan, a unaupa Andria leh an sangawi-zâwnpui, Johana leh Jakoba te nêh, “engkim kalsanin

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amah chu an zui ta a,” (Luka 5:11) tih a ni. **Petera tân chuan Isua zui man chu ‘engkim kalsan’ a nih chu.** Hei hi Pathian thu a ni. Chumi awmzia chu ‘Petera khân engkim kalsan phal ta lo se, Isua zirtîr a ni thei lo ang a, ringtu, Kristian a ni thei lo vang,’ tihna a nih chu! Kalsan ahnêka hlâwkpuî zâwk tuma Isua zui chu tih rual a ni lo. Chu chu Juda Iskariota kawng a ni.

Bible-ah a inziak lo na a, Juda Iskariota chanchin Bible-a chuang ngei ațangin heti zâwng hian sawi theih a ni. Ani kha ‘Israel nationalist’ ruh tak a ni a, Isua thiltihtheihna a han hmuh khân beiseina lian tak neiin, ama hmanrua atâna hman tumin a zui ve ta a. Isua zirtîr 12 zîngah a intât lût ve thei ta mai nghe nghe

a. Isua kha Israel hnam tân a duh dân angin a che ta si lo va; hetiang deuh hian rem a ruat ta ni tûr a ni: “A hmêlmate ka mantîr ang a, tihhlum an duh ngei dân a; thih ai chuan amah inhumhim nân Rom lal tihtlâwm nân a thiltihtheihna hi a hmang lo thei lo vang a, tichuan kan tân a tha ang” tiin. A hisâp ang hian thil pawh a kal ta ngei a ang khawp mai; puithiam lalte khân Isua chu ram awptu Pilata hnênah an hruai ta a, thi tûrin (khenbeh tûrin) Rom sawrkâr aiawh Pilata chuan ro a rêlsak ta ngei a ni. Mahse, Juda Iskariota ‘hisâp’ angin Isua chu a che ta si lo, khenbeh tûr chuan an hruai ta mai si a; a remruatna chu a hlawhchham ta tih a han hmuh chuan, a inchnîr nasa ta mai a, Isua mantîrna man sum a lo lâk tawh pawh a rawn kîr leh thak a nih kha. Tichuan, a va inâwkhlum ta a. Man pe lova Isua zui a hlawhchhamthlâkzia chu Juda Iskariota chanchin aţang hian a lang chiang ta a ni.

Isua zui man sânzia a lan chian êm êmna han târ lang leh ila. Rorêltu tlangvâl hausa Isua ‘lamah a lo tlân a, a hmaah a thingthi a,’ chatuana nunna chan

theih dân a rawn zâwt a. An han inbiak chuan, ‘Isuan amah chu a en a, a hmangaih ta a,’ amah zui man chu fiah takin hetiang hian a hrilh a: “Kal la, i neih apiang hralh la, pachhiate hnênah pe rawh; ... tin, lo kal la, mi zui ang che,” a ti a. “Amaherawhchu, chûng thu chungah chuan a hmêl a lo dur ta khup a, lungngai takin a kal bo ta a; sum tam tak nei a nih avângin” (Marka 10:17-22). Isua zui man (Kristian nih man) a tlâk zo ta lo a ni e.

Tirkoh Paula pawhin chiang takin a sawi alâwm. “Amah vângin thil zawng zawng ka chân ta vek a,” a ti tawp mai a ni; mahse “chûng chu hnâwmhneah lek ka ngai a,” a ti zui leh mai pawh a (Philippi 3:8).

Amah Lal Isua ngei pawhin pehhêl miah lovin, fiah takin amah zui man chu a sawi tlang râng mai; chu chu Luka 9:23-ah a inziak a ni: ***Tin, amah vêkin mi zawng zawng hnênah, “Tu pawhin mi zui a duh chuan, mahni hrehawm pawisa lovin, ni tin a kraws puin mi zui rawh se.”*** ‘Mahni hrehawm pawisa lo’ tih awmzia chu ‘mahni innngaihtuah

chang lo' tih emaw 'mahni ðanghma zawng lo' tih emaw a ni – 'mahni inphatin' ti te pawhin a sawi theih âwm e. Kan kohhranin a sawi fiah dân chu 'sual thihsan leh felnaa pianthar' tih a ni. Sual sim lovin Kristian a nih theih loh; dik tak chuan sual sim (sual hawisan leh hnuchhawn) lovin Isua a rin tak tak theih miah loh zâwk a ni; ring thei tûr chuan sual sim a ngai a ni. Pathian Thlarauvin chu chu a hmu tlang vek a, a hai lo a ni. Thinlung taka Isua chu Lal leh Chhandamtua pawm tûr chuan sual leh khawvêl leh mahni duhna hawisana hnuchhawn hmiah a ngai, a man a tam a ni. Kristian nih hlutzia nêna tehkhin râlah erawh chuan chu chu eng mah a ni lo, 'hnâwmhne chauh' ani mai, "Ka hlâwkna ber ka ngainêp a, Chapo uanna ka ngaitlâwm a" tih hla ang khân.

Pathian khawngaihna azârah nikum (2013) kha ka pianthar kum 60-na a lo ni ve reng ta mai a – thlarau lamah kum 60 mi ka lo ni ve mêk ta a ni. Ka han ngaihtuah kîr vang vang pawh hian chiang takin ka la hre chhuak thei a: *Lal Isua ringa a*

hnung zui tûra han inpêk tak tak dawn lai vêl kha chuan engkim chân duak tûr anga inngaih hun lai, mahni châk zâwng leh duh zâwng ti thei tawh lo tûr leh ni thei tawh lo tûra inngaihna a awm a; mahni nun inthâpa 'ka nih nih ka ni ang' ti deuh thaka Isua kuta tlûk luh a ngai a nih kha. Hei hi Bible-in **simna** a tih chu a lo ni ber âwm e: Thil dang zawng aia Isua thlan hi – "Isua neih ka duh zâwk, thil dang zawng aiin" tih hla kan sak thin ang hian. Tam takin he kawng hi in zawh ve ngeiin ka ring a; kawng dang zawha Lal Isua hnênrawn thleng pawh a awm theih ang a; 'sim' erawh chu 'loh-theih-loh' a ni vek ang.

Mizo ðawng hi a lo ða khawp a, 'man' tih ðawngkam te pawh hi insensona, pêk tûr leh chawi tûr (chânna leh heuna) lam sawina a nih rualin hlâwkna leh nihlawhna lam sawina a ni thei tho mai zuk nia! (Sapðawng chuan sawi dawn ila, chân tûr lam hi 'cost' kan ti ang a; dawn tûr lam hi 'reward' emaw kan tih a ngai ang a. Mizo ðawng erawh

chuan thu mal pakhat a tâwk thei tlât mai nia!)

Kan han lam chhuah tâk Petera leh Paula te tân chuan Kristian nih man chu engkim kalsan leh chân vek a ni kan tih rualin Kristian nih man an têt nasatzia hi sawiin a siak lo a ni. Petera phei chu ‘vânram chabi’ hial kawltîr a ni a; hming thanna leh chawimawina sawi sên loh vawiin thlengin khumtîrin a awm a. Paula pawh chuti bawk chu a ni – ani phei chu Kristianho zîngah a hming hi a dai ngai dâwn tawh lo va; ropuinaah pawh Isua

dawttu a ni mai lo maw tih hial tlâk a ni – ðenkhat phei chuan Paula hming hi Isua hming ai mah mahin kan lam zing zâwk âwm asin!

Keini-a-kâr pawh, ka ngaihtuah ve fo ðîn a – piangthar ta lo ila eng tak lo ni ve ang i maw? Eng pawh ni se, mi te tluk phâk lo mah ila, tûna ka nih ang hi chu ka ni phâk lo hrim hrim ang tihah hi chuan ka chiang khawp mai. Kristian nih man ka têt nasa ve hle.

Lalpan malsâwm rawh se.
Amen.



“Mi chu a awmna hmuna Kristian a nih theih loh chuan khawi hmunah mah a ni thei chuang lo vang.”

– *Henry Ward Beecher*

“Kristian dik tehna chu mahni hma sial leh sial lohvah a ni.”

– *Roger Goodman*

“Kristiante chu an hmêl hriat ngai lohte thlengin an inhmangaih.”

– *Saint Celsus*

“Confucius-a hre lovin Confucianist a nih theih a. Mohammed-a hre lovin Mohammedan a nih theih a. Buddha hre lovin Buddhist a nih theih bawk a. Mahse, tu mah Krista hre lovin Kristian a nih theih loh.”

– *Carl Ammerding*

RORÊLNA DIK

Chhiar tûr: Amos 5:24; Is 1:10-17; Deut 1:17; Lev 19:15.

*Rev. P.C. Pachhûnga
Synod Office*

Thuhmahruai: Zoram hi ram rethei leh intodelh lo tak kan nih chu tu'n kan hai lo ve, kan mitin khawvêl hmasâwnna a hmu a, kan bengin kan hre bawk a; chuvângin, ram hmasâwnnte dinhmun châka rualawhnain kan chil a tipût a, kan dinhmun siam tumin a dik a daw k thlu lovin kan intlânsiak ta buan buan a ang khawp mai.

Kan duh leh châkna tihtlaina tûr, hausakna leh hmasâwnna, ram leh hnam himna chu Lalpa hnênah a awm tih hi Bible thu ringtu kan nih avângin kan hre teh meuh mai a; mahse, mi thenkhat chuan Pathian duh zâwng chu haiderin a duh loh zâwngin kan tlân a, Lalpa hnên ata hmuh leh dawn tum lovin khawvêl aţângin, khawvêl takin kan zawng a. Bible-in (Amah kan Lalpa Isua Krista ngeiin), “A ram leh a felna chu zawng hmasa zâwk rawh u; tichuan, chûng zawng zawng chu a pêk belhchhah dâwn che u nia” (Mat 6:33) a tih pawh chu haiderin a ram leh a felna zawn hmasak ai chuan khawvêl hausakna zawn hmasak hi finthlâk zâwkah kan ngai lui tlat niin a lang.

Ram din chhuahna leh ram leh hnam himna hi ram hruaitu,

rorêltute kutah Pathianin a dah a tih theih âwm e. Ei leh bâra intodelha hmasâwnna kawng zawh tûr chuan ram rorêlna dik neih a ngai a, ram leh hnam himna tûr atân pawh ram rorêlna dik neih a ngai. Rorêlna dik hnuaiyah chuan ram leh hnam a him a, rorêlna a dik loh erawh chuan ram leh hnam dinhmun a derthâwng thîn. Chuvângin, Zoram din chhuahna tur leh Mizo hnam himna tûr atân chuan rorêlna dik kan mamawh a. Rorêltuten Lalpa ţiha a thu an awih a pawimawh êm êm a ni. Chu chu ram ţatna tûr hnukpui chu a ni.

Rorêlna dik hi Pathian duh zâwng a ni: Mihring hi a huhova chêng tûra Pathianin a siam kan ni a, chutianga chêng ho

tûra siam kan nih avâng chuan Bible zirtîrna pawh chênhona tha nei tûra zirtîrna a ni. Khawvêl awm tih ata tûn thlengin Pathianin a mite zînga a hnathawh a lantîr dân pawh khawsak hona tha nei tûr zâwngin a ni thîn.

Khawsak hona tha neih theihna bul chu ram rorêlna dik hi a ni. Ram rorêltute dinhmun hi a pawimawh êm êm a. Ramah rorêlna dik a awm chuan mipui vântlâng nun a tha a, rorêlna a dik lova a fel loh chuan mipui nun a buarchuar thîn a ni. Ram hnukpui, mipui nunphung siamna a nih avângin Bible pawhin rorêlna dik chungchâng hi a ngai pawimawh êm êm a. Rorêlna dik tel lova thil dang hmanga Pathian tihlâwm chu harsa tak a ni. “In kûtte ka huain ka hmusit a, in inkhâwmpui urhsûnahte chuan ka lâwm hek lo vang a. Ani, in hâlral thil hlan leh in buh hlan min hlan mah ula, ka pawm lo vang a, in ran thau rem hlante pawh ka ngaihsak hek lo vang a, in tîngtang rimawi chu ka ngaihlala lo vang; chuvângin, ka lakah in hla bengchheng chu la bo rawh u” (Amos 5:21-23), tiin rorêlna dik hawisantu Israel chu Lalpan a lo ân khum tawh a ni.

Ram rorêlnaah dikna an hnâwl avângin an Pathian biakna chi hrang hrangte chuan Lalpa a tilâwm zo lo, rorêlna dik nei phawt tûrin Lalpan a phût a ni. “Rorelna dik chu lui angin luang sela, felna chu lui pui kang ngai lo angin luang rawh se” tih hi Lalpa duh zâwng chu a ni (Amos 5:24).

Zâwlnei Isaia pawhin, “Sodom rorêltute u, Lalpa thu hi ngaihlala rawh u; Gomorra mite u, kan Pathian dan thu-ah hian beng chhi rawh u. Lalpa chuan, ‘In inthawina zozai hi ka tân eng nge a tângkaina awm? Berâmpa hâlrala hlante leh ran châwm thaute thau chu ka hnê ta; bânwngpate leh beram note leh kêl pate thisenah pawh ka lâwm lo va... ka biak in hung chhûng kawtlai rah hi tuin nge phût che u ni? . . . Tichuan in kut in phar hunah pawh in lakah ka mit ka hup tawh ang a; a ni, vawi tam tak in tawngtai hunah pawh ka ngaihlala tawh lo vang; in kutte chu thisenin a khat si a . . . rorêlna fel zawng ula, hnehchhiahna tuarte chu tawpui ula, pa nei lote chu rorêlsak ula, hmeithaite chu sawipui rawh u” (Is 1:10-17) tiin.

Zoram hi harh a hun ta, sakhawputen kohhran huang chhông aṅangin, thlarau lam thu hmangin siam that an tum a. Kaichhan lain Evangelist rualho nêh Camping/Campaign an ti a, kan ri tlut tlut reng mai. Ṭawngṭai tlaivâr/chawnghei ṭawngṭai tilte an huaihawt chamchi bawk a. Zîng ṭawngṭai inkhâwm ni se kohhran tinah mi ṭahnemngaiten tûk tin khêl lovin an ṭawngṭai bawk. Camping/campaign nêna kan han inhawt buk hle pawhin keimahni innawr phûrnain a tlin bâk chu kan che zui thei meuh tawh lo a nih hi. Kan ṭawngṭaina zozaita hi boruakah a thâmral zo ta emaw tih mai tûr lah ni! “Anni chuan zawn zawng ni tin mi zawng ṭhîn a, ka kawng thute hriat zawng an châk ṭhîn: fel taka ti leh an Pathian rorêlna bânsan ngai lo hnam angin ka hnênah rorêlna fel tak mi dîl ṭhîn a, Pathian rawn hnaih pawh an châk ṭhîn a ni” (Is 58:1,2) tih ang kha kan ni ngei mai. Mahse ram rorêlna dik hnuaiah lo chuan Lalpa chhân tlâk leh lawm tlâk a tling zo ta mang lo a ni ngei ang, Camping/Campaign hmanga kan pianthar hum humna pawh kan

ṭhatpui ta meuh lo emaw tih tûr a nih hi! Zîng ṭawngṭai inkhâwm pawh khawpkham lova tlai lam ṭawngṭai inkhâwm te kan siam belh chung pawhin that lam aiin chhiat lam kan la pan ta zêl emaw tih awl a ni. Bible hi ngun takin chhiar ila ram rorêlna hian a lairil a chang a, rorêlna dik kan mamawhzia hriat thiam a ṭûl hle. Rorêlna dik hnuaiah lo chuan eng hmanrua mah hi kan ṭhatpui thei lo zawng a nih hi. Rorêlna dik hnuaiah erawh chuan wawiina kan ṭhatpui loh hmanraw tam tak hi kan ṭhatpui tûr an ni thung.

Rorêlna dik chu: “Rorêlnaah thlei bîk in nei tûr a ni lo; mi tê leh mi lian angkhat rengin in ngaihthlâksak tûr a ni; tu mah in hlau tûr a ni lo; rorêlna chu Pathian ta a ni si a;” “Rorêlnaah chuan fel lo takin in rêl tûr a ni lo; mi rethei i thlei tûr a ni lo va, mi thiltithei i zah chuang tûr a ni lo va, fel takin i thenawm ro i rêlsak tûr a ni” tiin Bible-ah kan hmu (Deut 1:17; Lev 19:15).

Lal Davida chuan, “Aw Lalpa, ropuina te, thiltitheihna te, chawimawina te, hnehna te, lalna te hi i ta a ni a; lei leh vâna awm zawng zawng hi i ta a ni si a; aw

Lalpa, ram chu i ta a ni a, mi zawng zawnga chungnung ber i ni. Hausakna leh chawimawina te hi i hnêna mi a ni a, engkim chungah thu i nei a; tin, thiltihtheihna i kutah a awm a; i kutah hian mi zawng zawng tihropuina leh chakna pêk theihna a awm” tiin engkim hi Lalpa thuneihna a nihzia a sawi (1 Chr 29:11-12). “Chungnungbera chuan mihringte lalna ram chungah thu a nei a, a duhsak apiang a pe a, mi hnuaihnnung berte pawh a luahtîr thîn a ni,” tiin Pathian lalna leh thuneihna chungchâng Daniela lehkhawh kan hmu bawh (Dan 4:17b).

Kan ram rorêltute hian hêng zawng zawng hi an hai lo. Inthlana an tlin pawhin Pathian remruat, an tlin loh pawhin Pathian remruat tiin an pawm hlawn a nih kha. Chuvângin ram rorêlna an kuta lo awm ta hi Lalpa pêk a ni tih an hre reng tûr a ni a, Pathian rawngbâwlna hna pawimawh lutuk an thawk a ni tih pawh an hre tûr a ni.

Ram rorêlna thutphaha thuttîrtu Pathian chuan rorêlna a duh dân chu thlei bîk nei lo rorêlna, mi tê leh mi lian angkhat

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renga ngaihtuahsakna, tute emaw hlauh bîk leh hlauh loh bîk nei lohna rorêlna a ni. Kan ram rorêlna hi chutiang tak chu a ni em? Hmân ata tawh a ni lo tih chu mi mâwl ber pawhin kan hre theuh âwm e. Kan ram hruaitute hi a mi mal chuan mi fel tak vek an ni thîn ngei mai; mahse, rorêlna dik, hleih nei lo rorêlna erawh kan nei thei dêr si lo a nih hi mawle. Rorêltute leh an chhûngkhat laina hnaite leh an duhsak zâwngte chuan dân an bawhchhiat pawhin thiam loh an chang thei lo emaw tih tûr a nih hi. Rorêlna hian mi lian leh mi tê ang khatin min la hrût ngai lo va, hleih nei rorêlna hi kan ram rorêlna kalphung (standard) chu a ni reng thîn.

“Lalpa Pathian chu, pathiante Pathian, hotute Hotu, Pathian ropui tak, chak tak, tihbaiawm tak, tu mah duhsak bîk nei lova, thamna pawh la ngai lo a ni” (Deut 10:17). Chuvângin thamna lâk hi Lalpan a duh lo tih kan hria, “Thamna rêng rêng i la tûr a ni lo; thamna chuan khaw hmu lai mitte hi a tihdelsak thîn a, mi fel thu chu a tihkhawlohsak thîn” (Ex 23:8; Amos 5:12; Mika

3:11). Kan sawrkâr rorêltute leh an hnathawktute hian Lalpa duh loh zâwng angin thamna an la thîn reng ang em? Hemi chungchângah hi chuan rorêltu thênkhat chu fihlim tha tak pawh an awm ang, chutih rual erawh chuan sawrkâr hnathawk tam tak hian an bawhchhe ve thung ngei ang.

Mizo mipuite zînga thu beng lût tak pakhat chu ‘Zu Khapna Dân’ (Total Prohibition Act) chungchâng hi a ni. He thu Daily News paper leh Local TV-a an sawi kan lo hmuh apianga ka rilrua awm chu, ‘zû hian lamtang a ngah mang e, a sal tâna ata chhuah zalentîr châk an tam mange’ tih hi a ni.

He dân kan sawi lan kher duhna chhan chu zu lainata zalenna pêk duhtute hian Zu khapna Dân a hlawhtlin lohna chhanah kohhran leh tlâwmngai pâwlte an hmehbel a, kohhran an mawhpuh ber niin ka hria a. Ram rorêlna dik lo hi a bul tumtu a nihzia an hre duh lo lui niin a lang. Dân kengkawhtu tûrte ber zu lam tang an nih chuan tu nge man

tehlul ang? Dân kengkawhtute YMA duty ai pawha dân bawhchhetuten an hlauh loh zâwk chuan engtin nge a hlawhtlin ang? Dân siamtu leh a lekkawhtute berin Dân an pawisak loh chuan tuin nge Dân chu zawm se kan tih?

Rorêltute leh sawrkâr hnathawkte hi dân kengkawhtute an ni a. An dân siam ngei pawh lekkawh ngam lo rorêltu kan nei a nih chuan ram vânduai tak kan ni dâwn a ni. Tin, mi rethei dân bawhchhiate an hrem laia mi lian leh hausâ dân bawhchhiate an hrem ngam si loh chuan an dân siam chu eng anga dân tha pawh ni se a hlawhtlin kan ring thei em ni? Laina hnai leh thian tha an nih avânga dân bawhchhia pawh hrem lova an chhuak zêl a nih chuan eng dân mahin kan ram a siam tha ngai lo vang. Chuvângin kan ram hi ram nuam leh ram hmasâwna siam kan duh chuan rorêlna dik a awm tûr a ni. Rorêlna dik nei tûr chuan rorêlna dik lo hi mipuiin kan huat a tûl bawh. Hleih nei lo rorêlna kan mamawh a nih hi.

(Chhunzawm leh tur)

BIAK IN LEH A CHHEH VÊL HUMHALH

Rev. Chuauthuama

Mizoram chu Kristian ram tih a ni bawk a, vêng tinah Biak In hmuh tûr a awm a. Biak In sak dân hi a inang tlângpui a, eng kohhran pawhin Biak In an sakin a chung a âwih vut deuh zêl; hei hi mi ngoho min tihmuh niin a lang. Mizoramah chuan Biak In chung âwih tak hi a tûl lo khawp mai. Biak In chung chih tihrehawm khawpa âwih pheh hi chu a tûl lo lehzual. Sâpramah chuan vûr a tla tam thîn a; Biak In chungah rangva hmang loin tile phêk tê tê an rem khâwm a. Biak In chung a zâwl deuh chuan vûr chu leiah tla tlang loin Biak In chungah tam tak a tâng thei a; chu chuan Biak In chung a tikhawlo thei a ni. Mizoramah erawh chuan vûr tla hmuh tûr a awm lo a, Biak In chungah rangva kan chih ber bawk si a; chuvângin, Biak In chung tihâwih chhan tûr a awm hran lo.

Biak In chuan *compound* eng emaw chen a nei thîn a. Tûn hnûah hian vêng hrang hrangah hmun a chêp avângin Biak In *compound* nei mumal lo a awm ta nual. Chuti chung chuan eng emaw chen chu *compound* anga chei tûr a awm thîn tho. Biak In chauh ni loin Biak In *compound* thleng hian vawn thianghlim a pawimawh a. Tûn hma deuh kha chuan Biak In tualah hian kuhva eina them te, a fûnna lehkha chhia te, meizial zûk bungte a tam thei hle thîn a. Tûnah erawh chuan chutiang chu a awm ta lo deuh a; hma kan sâwn ve ta hle a ni. Hei hi thil lâwmawm tak a ni.

Biak In luh dâwn thlenga meizial la pak khûk laih laih te, inkhâwm bân veleha Biak In kawtkai meizial tan leh nghâl mai te hi a mâwi lo a, Pathian zah tâwk lohna a tling ang. Chuvângin Biak In leh a chheh vêlah hian zûk leh hmuam tih loh a tha ber a ni (cf. *Pathian Biak Inkhâwm Hruaina Bu*, 2010:327).

Tûnah chuan Kohhran thenkhatin Biak In an nei changtlung hle a; Biak In bâkah vestry te, Sunday School lam department hrang hrang room te, hall te, choka te, office te, committee room pawh pahnh

pathum–Kohhran Committte Room, Kohhran Hmeichhe Committee Room, KṚP Committee Room te an nei. Kohhran tē-ah erawh chuan chutiang thlip thlep chuan neih theih a ni ve lēm lo. Hmunin a daih loh bâkah sum leh paiin a daih lo bawk. Inneih nikhua hian mi thenkhat chuan Biak In bungbêl hmangin Biak In hall behchhanin ruai an buatsaih thîn a; remchâna lai tak a awm a. Chutih lai erawh chuan kohhran thenkhat chuan chutianga tih chu an sim a, an phal lo leh hnuhnawh thung. Biak In choka behchhana kohhran emaw, kohhran mite thiltihah emaw chawhlui buatsaih hian fimkhur thiam a ngai khawp ang.

Mizote hi kan ei leh in duh zâwng a inthuhmun vek lēm lo. Hmun (area) thenkhatah chuan uisa an lo duh viau va, tlâng ruaiah pawh an iai lēm lo mai thei. Hmun tam zâwkah leh mipui nâwlpui erawh chuan uisa chu chutiang tak chuan kan la en hlei thei lo. A eite hmuhsit thu a awm lo a; mahse, mipui nâwlpuiin an ei lohna hmunah chuan pâwngpaw tlângzarh chiam chu

a chi lēm loh vang. Nikum hmasa maiah khân Pubjab MLA pakhatin an rama ui chuang Mizoram leh Nagaland-a thawn a rawt thu avâng khân inhnialna a chhuak deuh lai a. Uisa kan ei a nih pawhin kan eina hmun fimkhur thiam a ngai âwm e. Kum 2011 Synod-ah ka thlenpuite kha uisa ei duh an lo ni a; kan thlen in pa kha uisa ei thîn a ni bawk âwm e. Zanziaha uisa siam an sawi thîn nâ a, ka chaw ei loh zânin an siam hlauh thung. Kei tehlul min ngai pawimawh thiam kha zahawm ka ti hle. Ni 28.1.2014 zân dâr 9:14-ah khân SMS mak tak ka dawng a, Aizâwl-a Biak In hlun tak hall-ah KṚP General Conference-a zai hruaitu tûrte hla zir zanziaha chawhmeh atân a thlengtuten uisa an lo siamsak a; mi duhtui deuhten an han sawisêl chuan, “Kan Kohhran Upateho pawhin Biak In compound-ah an ei ve tho alâwm” an ti a. “He lamah hian kan Kohhran hi kan lo thiangezau ta viau emaw ni le?” tiin min rawn zâwt a. Ṛhalai zîngah emaw, Kohhran Upa zîngah emaw, Pastor zîngah emaw uisa ei an lo thahnem ta

deuh a nih pawhin Biak In compound chhûnga ruai atâna buatsaih tâk êm êm chu thil mawi a ni ang em? Insûm a va'n that hmêl ve. Hei hi Biak In zahawmna leh thianghlimna aţanga thlîrna a ni. Uisa tel lo, sa dangin kohhran huang chhûngah chawhlui tuihnai tak buatsaih theih reng a la ni si a! Kohhranin inkaihhruaina a neih laiah pawh “Biak In leh a Compound zahawmna tichhe lo tûr zâwnga thil tih tum hrâm tûr a ni” tih a ni (cf. “Biak In Leh Kohhran Thil Serh Humhalh Chungchâng”, *Pathian Biak Inkhâwm Hruaina Bu*, 2010:327)

Kohhran thenkhat chuan Kohhran Committee Room hi an dah pawimawh hle a, Kohhran Committee bâkin hman an phal lo. Hêngte pawh hi sawisêl ngawt chi a ni lo; Kohhran Upaten thil an la duhtui thiam avângin lâwm zâwk tûr a ni. Kohhran thenkhat chuan Biak In chhûnga hla zir an phal lo; hêngte pawh hi sawisêl ngawt chi a ni lo. Hla zir lai chuan boruak a lo zângkhai deuh thîn a; inkhak emaw, nuih thlêr deuh duai duai emaw pawh awm thei a ni.

Chutiang chu Biak In chhûnga tih atân a mawi lo. Biak Inah hian lâwmna lam thil pawh ni se, Mizoram Presbyterian Kohhran chuan kut kan bêng ngai lo (hla sak laia kut ben chauh lo hi chu). Mi thenkhat chuan ti lutuk te pawh min ti mai thei; mahse, Biak In zahawmna kan vawn nun duh vâng a ni. Biak In hi inkhâwm pângngai bâk, lêngkhâwm leh fellowship lam chi rêng rêng tih nân hman loh tûr a ni (cf. “Biak In Leh Kohhran Thil Serh Humhalh Chungchâng”, *Pathian Biak Inkhâwm Hruaina Bu*, 2010:327). Hmân kumah Synod inkhâwmpuiah thlengtu kohhranin zân inkhâwm bân lenkhâwm kha Biak In-a neih tûrin an rawn ti mauh mai a, kha pawh khân beng a tithlep hle a ni.

Thusawituten pulpit-ah a pâwng a taka fiamthu thawh te pawh hi a tha lêm lo. Mahse, tûnah chuan pulpit-a fiamthu thawh huai apiang hi thusawi thiam emaw kan ti mai palh ang tih a hlauhawm ţan. Biak Ina inau rualtîr te kan chîng thar titih ta mai bawk a; hei hi Synod Revival speaker/evangelist-te tihchhuah

ni maw? Pastor-te zîngah pawh hetiang a tih ve châk an awm thar ta a ni âwm e. Mahse, tih loh a ða zâwk ang. Pulpit zahawmna leh thianglimna (sanctity) hi humhalh tlat tûr a ni. Lâm kan uar hle a, a ða e; mahse, Chairman emaw, thuhritu emaw chu lâm mi a nih pawhin an awm hmun chhuahtsan kher lo se. Chair aţanga lâm tûra chhuah emaw, pulpit aţanga chhuka hmun danga va intheh kual vêl emaw kha a zahawm lo (cf. *Maichâm Humhalh Dân*". *Pathian Biak Inkhâwm Hruaina Bu*, 2010:326). Insûm theihna thlarau chan hun hi hriat a ða.

Bial KTP Conference-ah emaw, Naupang Sunday School inkhâwmpuiah emaw drama/skit an tihin Biak Ina tih âwm tâwk hriat thiam a pawimawh hle. An tih tawh hnuaw sawisêl an nihin an tuar na sam palh thei si a. Chuvângin, hruaitute fimkhur a ngai a; Kohhran Upate mitmei vên thiam a ngai bawk. Upate rîlrem loh chi chu tih loh a ða ber. Kohhran Upate hi Biak In enkawl dân leh hman dânah an la duhtui viau chuan lâwm hle tûr.

Tûnah hian Pastor leh Kohhran Upa duhtui tak, tûn hmaa 'Synod tak' kan tih ang kha kan tlachham ta deuh. Chuvângin, Pathian biak dânah kan duhtui lo tual tual a; khawvêl thiltih (function) ang lekin Pathian Biak Inkhâwmte hi kan chantîr mai ang tih a hlauhawm.

Tûnlai hian pulpit hnuaiyah chauh ni loin maichâm chungah dârthlang dah kan chîng thar ta tlat mai a. Hei hi thil tûl ber a ni lo ang. Biak In pakhatat pheih chuan dârthlang feet 1 dânw laia sei an dah a. Chairman-in pulpit-a thuhritu che vêl pawh a hmu thei a, ðatna lai tak awmin a lang mai thei. Mahse, maichâma dârthlang dah ngai lo tûrin Chairman chu in lamah inchei uluk nghâl zâwk rawh se (cf. "Maichâm Humhalh Dân No. 4". *Pathian Biak Inkhâwm Hruaina Bu*, 2010:326). Pulpit hnuaiyah dârthlang an dah pawh hi thil tûl ber ni lo mah se, maichâma dah ang êm chuan a ngaih-mawhawm lo deuh.

Mi tam takin tûnah chuan Biak Inah tui pai an chîng leh tawh a, Biak In chhûngah pawh

tui an in khawlh khawlh ta zêl mai. Biak Inah chuan ei leh in tûr kan la lût ngai lo va, tui a nih tâk avâng hian danglam ta luaah kan ngai em ni? Intihtheihna chi khat a ni mai lo maw? Hla Bu pawh keng tha peih mang lovin tuithâwl kan keng lût ta hlauh thung! Dârkâr khat chhûng lek pawh tui in lo thei lo khawpa hrisêlna lamin a zir lo a nih chuan thu dang ni sela. Damdawi pawh Biak In chhûngah chuan kan ei ngai lêm lo! Pulpit-a tui chhawp hi chu Biak In tinah an ti tawh mai thei. Hei hi thuhritlu hrawk ro chhâwkna tûr a ni ang. Hrawk lama harsatna awm vâng te a nih chauh loh chuan pulpit-a tui in loh hi tum ta zâwk ila. Rev. Thansiamah 'n "Kal hla apiangin pulpit-ah ngampa takin tui an in thîn" a lo tih tawh kha; tûnah chuan kal hla lo pawhin ngampa takin an in ve ta zêl tho mai. Biak In chhûngah leh pulpit-a tui in lo tûr hian insûm theih a tha hle.

Biak In leh a chheh vêl hi tihzahawm thiam a tûl khawp mai. Biak In *compound* chhûnga ei leh in tûr kan lâk luhte pawh fimkhur a ngai hle a ni. Kohhran Hmeichhia, KṚP leh Kohhran Pavalai te pawhin Upate zai ngai thiam taka thil an kalpui a tûl. Upate zai ngaih tûr an awm tawh chuang lo a nih erawh chuan a vânduaitlhâk hle tihna a ni ang.

Biak In chowkidar-te pawhin a fai thei ang bera an enkawl a tûl a. Mihringin fai kan tih hi a lo inang lo hle mai a; chuvângin chowkidar-ten fai an tih hi Kohhran Upate chuan fai an ti tâwk lo fo. Maichâm leh pulpit bâl tak, vaivut paw thuka dah te hi a tih chi loh hle a; thutthlêngte pawh a fai tûr a ni. Kan inkhâwm hian kan thawmhnaw neih that hain kan kal ber a; chuvângin, kan thutna tûr ber a lo balh chuan thil inhme lo a ni.

“Miin tih tak zeta Pathian a biak ṭan aṭang chauhvin thlarauva ṭhan lenna a nei ṭan thei.”

– Calvin Coolidge

ZÛ (ALCOHOL): KRISTIANTE TÂN IN CHI A NI EM?

*Rev. R. Lalthlengliana
Hailakandi, Assam*

Zû (Alcohol) hi thil tuirîl, in tûra siam, *chemical* chi khat *ethanol* telna a ni. *Alcoholic beverages* tia an vuahte chu chi thumah then a ni a. Chûngte chu **Beer, Wine** leh **Spirit**-te an ni. Khawvêl ram hrang hrangah a lei leh hralh, in te phal niin khawvêl ram za chuang laiin a lei dânah te, a hralh dânah te leh a in thei chin tûr te kum bithliah fel tak siamin dân fel tak an nei. Khawvêl ram hrang hrangah zu in thei tûr kum bithliah dân a inang lo a, kum 16-25 inkâr te hi an phal theih hniam ber a ni tângpui. Ram tam berah chuan kum 18 chin chung lamte hi dân anga zu in phalsak an ni.

Mizorama ‘Zu khapna Dan’ (Total Prohibition Act/ MLTP Act) hman hian inhnialna a chawk chhuak nasa hle tih kan hre theuh va. Zu khap duh lo lam chuan zu khapna dân hman mêk chu sawisêlin awmzia a neih loh dân leh awmze neia zu zawrh phal mai a thatzia an tângaupui nasa hle. Zû ațanga chhiah lâka kan ram tân pawh a that tûrzia an aupui a. ‘Ram tam takaah zu in thiam an inzirtîr a, an buai ve lo,’ tih te an au chhuahpui nghek nghek mai a, a tâwk chauhva zu in a thatna pawh an sawi uar hle bawk. Chutih lai bawk chuan a duh lo lam chuan thil ța lo, kan ram hmêlma lian, buaina tinrêng

bul a nihzia uar takin an sawi ve mêk bawk. Zû hi khawvêl ram dangah a in dân an lo thiam rêng em? An thatpui nge an chhiatpui, tih chhui phawt teh ang –

1. American-hovin zu in an thiam lo: Khawvêl ram changkâng ber pâwl USA-ah chuan zû hi an thil buaipui leh harsatna thlentü lian tak a tling a ni. USA-a state tin mai khuan dân khirh tak an zam vek a, zu in thei kum pawh an bithliah vek a, chumi bawhchhiate chu a hremna pawh an tina hle a; nimahsela, zu hi an chhiatpui hle tho mai. American-hovin zû an in thiam lo va, an chhiatpui tih a lan chian êm êmna

chu zu ruih leh a kaihnawih thila an insên hnem dan ațang hian a hriat theih. Kum 1983-a USA-a zû leh a kaihnawih buaina atâna sênso chu US *dollar* tûklehdingâwn 15 a ni a, kum 1995-a zu avânga harsatna chin felna sênso chu US *dollar* tûklehdingâwn 150 a ni dêr tawh. Hei mai hi a la ni lo leh ta nghâl a, kum 2006 a lo thlen meuh chuan an sênso a lo sâng leh zual ta. Centers for Disease Control and Prevention-in a târ lan dân chuan US *dollar* tûklehdingâwn 223.5 zet a ni tawh. US President *Obama's Job plan* tha tak mai, hna nuai tam tak siam theitu tûr atâna sênso tûr chanve vêl zet a ni. Zûin mi mal leh chhûngkaw nuna rilru hahna leh manganna a siam zawnzawng chu pawisaa chhût tel a la ni lo leh nghâl. Mi thiamten an sawi dân chuan heti taka zû avânga sum sên a sâna chhan chu nasa lutuka zû an in vâng a ni, an ti. Centers for Disease Control and Prevention-in a chhuinaah chuan kum tin zû avângin USA-ah mi 1,05,000 an thi thîn.

USA-ah chuan zu in kaihnawih chêtisualna (acci-

dent) avângin minute 22 danah mi pakhat thi zêl anga chhût a ni a. Colifornia Capitol reports-in a târ lan dân pheih chuan USA-ah zu rui chungah motor khalh avângin ni tin kawngpui (National Highway)-ah mi 65 an thi thîn. USA-ah vêk hian tharum thawh avânga an man za zêla 60 zette chu zu ruih laia tharum thawh an ni a, mahni intihlum za zêla 30 te chuan an intihlum hmian zû an in bawk. Tuia tla hlum leh kâng hlum za zêla 80 zette chu zu ruih vâng a ni bawk. Hêng zawnzawngte hi ngun takin han ngaihtuah ta ila, mingoho hian zu hi an in thiam lo tih a lang Chiang hle. Mizoten thiam bik tak ang i maw?

Mizoramah hian zû vânga chhûngkaw buai, nupa nun keh chhe ta sawi tûr tam tak an awm. Mizoramah hian mi ram angin chhui chianna tak hi awm ve ta se, zû leh a kaihnawih thil avânga kan sênso pawh a sâng hle tawh ang. Kan thenawm state Manipur, Meghalaya-ah te pawh zû an phalrai reng chung pawhin an thalaite lah chuan drugs an buaipui hle mai si a. India rama zu khap lohna state-ah lah zu

chhe in avânga thi an awm reng tho mai bawk nê. Ngaihtuah chian ngai chu a awm a ni.

2. Damdawi atân a tha tak tak lo: Khawvêl ram tam takah chuan zû hi infiam mite tân a tha tiin fak an phal hauh lo. Infiam mite tân zû hi a tha lo hle a, infiam mite taksaah nghawng tha lo tak tak a neih thin avângin infiam mite tân chuan in loh tawp a tha a ni. Hah takin kan infiam a, infiam zawh chuan taksain chawlh mut te a lo mamawh thin a, chawlh hahdam chhûngin tihrawl a lo insiam thar leh thin. Zû hian taksa *human growth hormone* (HGH) chu tichak lovin tihrawl lo insiam thar leh lo insiam chak leh tûr chu a dang ta tlat thin a, a paw thei hle a ni.

Zû chuan kawchhûngah thil tha lo tam tak a thlen a, thin (liver)-ah taksa tâna thil tha lo (by product) a siam a, chu chuan tihrawl siam tha zêltu atâna thil tangkai *testosterone* a tichak lo thin. Zû hian taksa amah leh amah intihdam theihna (healing capacity) a tichhia a, taksa tui awm a tiro va, taksa cell-a tui awm tibuaiin tihrawl siam thartu

atâna thil tangkai *adenosine triphosphate* a siam chhuak tha thei thin lo va, zû hian taksa *chemical* dang atanga *glucose* awm lâk chhuah tûr a dan tlat thin bawk avângin a nghawng chu thahrui neih loh te, chauh hluah hluahna te a ni thin.

Mi thenkhat chuan, “India ramah pawh sipaite hnênah sawrkârin zû a pe thin a; chuvangin, a tha a ni mai alâwm,” an ti fo bawk. India ramah kum tinin zu ngawlveina leh rilru hahna avângin sipai 500 vêl ban ziah an ni thin. India rama sipai damdawi in tha bera ngaih Armed Force Medical College, Pune-a mite chuan *handbook* siamin sipai officer leh sipai tenaute tân zu in that lohzia an ziak a, “Zu in hi kan chawh lo va, in tûrin mi kan fuih lo bawk” an ti hmiah mai! Sawrkârin sipaite zû a pe thin tih hi zu fak nâna hman chi awzâwng a lo ni lo.

Mi thenkhatin zû an fak thinna pakhat leh chu khaw vawh laia taksa tihlum nân a tha tih hi a ni a. Hei pawh hian belh chian a dâwl lo hle. Miin zû a in hian an taksa zu hnathawh chawp leh

chilh taka lo lang nghâl chu taksa pâwn lama awm thisen zâm a tilian hi a ni a, thisen zâm a lo len chuan thisen kal vêl pawh a lo tam nge nge a, chu chuan taksa a tilum ngei mai a. Nimahsela, a nihna takah chuan taksaa lumna awm kha pâwn lamah a chhuak tam tihna a ni ringawt a, a hranpain zûin a tilum a ni hauh lo va, zû khân thisen zâm a tilian ringawt a ni. Taksa lumna pâwna a chhuah hnêm avângin khawvâwtin mi a hmeh zui phei chuan nikhaw hre lovin a tlûk tawp theih. Heta thil lang Chiang êm êm chu a hranpain zû hian taksa a tilum miah lo tih hi a ni. Taksa lumna pâwna a chhuah hnema, khawvâwtin mi a hmeh zui phei chuan nunna atân pawha thil hlauhawm a lo ni zâwk reng a lo ni.

3. Pathian duh loh zâwng a

ni: Bible kan chhiar chuan hmun tam takah zu chungchâng inziahna kan hmu: “Uain hi nuizatzâura min siamtu a ni a, Zupui hi insual bûng bûngna a ni; chumi buma awmte chu an fîng lo a ni” tih te (Thuf 20:1-2); “Uain heh mite zîngah leh sa

heh mite zîngah tel suh; zu rui mite leh sa heh mite chu an lo rethei dâwn si a, nguainain puan chhia a sintîr ang” tih te (Thuf 23:20,21); “Tute nge chungpik thîna, tute nge lungngai thîna, tute nge inhau thîin? Tute nge thubuai nei thîna, tute nge a vâng awm lova hliam tuar thîna, tute nge mit sen rêm rûm thîin le? Zu hmuna awm reng thîin te, zu chawhpawlh in thîinte an ni” (Thuf 23: 29-35) tih te hian zu chungchâng Bible zirtîrna a tichiang tâwk hle. Hêng lo pawh hi Bible hmun tam takah zu thât lohna hi hmuh tûr a awm.

Pathian thuin thâ a tih hauh loh zû lakah hian Kristiante kan inthiarfihlîm a ngai. Kristiante hi chuan zu fakna lam kan sawi kan sawi ve tûr a ni lo tih hria ang u. Nun titawitu, chhûngkaw tlâkranna thlentu, hnam hmêlma lian a ni. Hrisêl lohna chi hrang hrang a siam hnem dân te, Pathian thu Bible-a a thât lohna kan hmuh hnem dân aţangte hian he thil thâ lo tak mai hi hi i hnaih lo vang u. Tichuan, Pathian malsâwmna kan dawng dâwn zu nia.

Hris Ina Huang

KAL ṬHA LO
(*KIDNEY FAILURE*)

– *Dr. Stephen Lalfakzuala Sailo*
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Mizo zîngah kal (kidney) ṭha lo avânga harsatna tâwk kan tam ta hle mai. A ṭhente pheih chu kal thlâk ngai hialte pawh kan lo awm ta. Chuvâng chuan mi zawng zawng hian kan kal hna thawh dân kan hriata, kal chhe tûr lakah engtin nge kan invên ang tih hi a tlângpui tal chuan kan hriat hi a ṭûl a ni.

A tam ber hi chu kal pahnih neiin kan pianga, mi ṭhenkhat (mi thiamte sawi dânin mi sâng khatah pakhat zêl) chu kal pakhat neiin an piang thung. Kal pakhat neite kal hian kal pahnih hnathawh a thawh a ṭûl avângin kal pakhat an neih kha kal pângngai aiin a lian bîk ṭhîn. Amaherawhchu, kal pakhat neia piangte hian eng mah harsatna an nei bîk lo. Kal pakhat hian ṭha taka hna a thawh phawt chuan mihring tân hian a tâwk a ni.

Kal hi a awmna pângngai chu hnungzâng ruh hrûlah, nâk zâwn, chhûngril takah hian a awm a. Amaherawhchu, a châng chuan kal hi a awmna

pângngaihawh awm lovin, hmun dang – tâi zâwnah te, phîng bulah te, rîlphîr awmna bulah te awm châng a awm ṭhîn. Hei hi pianpui thil a ni a. Hetianga kal a awmna pângngai lova a awm hian a tam berah chuan hna ṭha takin a thawk tho va, eng mah harsatna a siam chuang lo. Amaherawhchu, hetiangka kal a awm lohna tûra a awm (ectopic kidney) chuan zun kawng zîm leh lâwng te a awmtîr duh bîk a, lung tê pawh a awm duh bîk deuh ṭhîn.

Kal hian a thawh ber chu kan taksaa bawlhhlawh insiam zun hmanga paih chhuaha, thisen thlit fîm hi a ni a. Hei bâkah hian

kal hian blood pressure ða taka wawn te, thisen siam te leh Vitamin D hnathawk thei tûra siam hna te pawh a thawk bawk a ni.

Mi, kal ða pângngai chu ni tin 1,500ml aţanga 2,000ml v  l an zung ber ð  n. Hetiang ða taka kan zun hian taksa bawlhhlawh insiam kha an paih chhuak z  l a, kan thisen hi thianghlim takin a awm ð  n. Ða taka kan zun a insiam n  n hian tui hi ða taka kan in a ngai a, ni tin hian thil tui lam pang hi 3000ml v  l tal in ð  n t  r a ni a, khua a lum deuh phei chuan 4000ml v  l in a t  l ð  n. Tui hi wawi khata in ð  h t  r a ni lo. Mi tam tak chu z  ng thawh veleh tui kan in ð  h va, a hnuah tui in kan theihngihl leh ð  n. Hetiang t  r hi a ni lo. A kh  t t  wkin mut d  wn thlengin tui in ð  n t  r a ni a, a b  k takin chaw ei kham te, infiam zawh tein in tam t  r a ni. Hetih lai hian kan hriat t  r chu tui in tam lutuk hi a ða lo t  h hriat t  r a ni. Ni khatah 3000ml aţanga 4000ml b  k tui in a t  lna a awm lo. A b  k takin kal ða tawh lote kan nih palh hlauh phei chuan tui in ð  h kh  n, taksaah tui a tling kh  wm tam lutuk a

(kalin zun hmanga bawlhhlawh/ tui a paih chhuah ða theih loh av  ngin), kan v  ng a, th  wk te a har phah hial thei a ni.

Kan taksa in bawlhhlawh a siam hi taksa aţanga paih chhuak thei t  r hian a t  m berah ni tin 500ml v  l tal kan zun a ngai a ni. Hemi (500ml) aia kan zun t  m chuan bawlhhlawh kan taksaah a tling kh  wm a, natna a thlen ng  l ð  n.

Natna langs  r zual, kal tichhe theite chu h  ngte hi an ni:

1. Zunthlum (Diabetes Mellitus): Zunthlum natna hian taksa p  ng hrang hrang a khawih chhe thei a, ch  ng z  ngah chuan kal hi a langs  r ber pakhat a ni. Zunthlumin kal a tihchhiat loh n  na v  n d  n ða ber mai chu ða taka zunthlum enkawl (control) hi a ni. Zunthlum av  nga kalin a p  ngngaia hna a thawh theih tawh loh chuan zawi zawiin kal hi a chhe hlen duh ð  n. Chuv  ngin, zunthlum kan nei a nih chuan kal a khawih pawh hmaa taima taka enkawl hi kan tih m  kmawh a ni.

2. Thisens  ng (Hypertension): Mizo z  ngah thisens  ng

nei; mahse, enkawl tha peih vak lo kan tam khawp mai. Mi tam tak chu thisensâng avânga insawisêlna kan nei lo va, “Kei chu ka *normal* hi a sâng a,” te kan ti thîn. Hei hi chu a âthlak lam pang a ni. Thisensâng kan nei a nih phawt chuan insawisêl kher lo mah ila, dâktawr râwna, inenkawl ngei hi a finthlâk ber mai. A chhan chu thisensâng kha kan enkawl (control) loh chuan zawi zawiin kan taksa pêng hrang hrang a tichhia a, chûng zîngah chuan kal hi a tel ve a, kan insawisêl meuh chuan inenkawl mah ilangai a aw h theih tawh loh a ni. Chuvângin, thisensâng neite chuan dâktawr râwn chung zêla kan inenkawl chuan kal chhe tûr kan vêng thei dâwn a ni.

3. Zun kawnga lungte awm: Zun kawnga lungte awm hi enkawl thuai a tha. A chhan chu lungtê hian zun kawng a tiping thei a, kalin a tuar a, rei tak hnuah pheih chuan kalin a chhiat phah thei hial thîn.

4. Chronic Glomerulo-nephritis: He natna hian zawi zawiin kal chhûnga thisen thlit

fimna hamda (glomerulus) a tivûng a, a tâwpah pheih chuan kalin a chhiat phah thei thîn. Hêng natna zînga a thenkhat lo awm theih dân chu hetiang hi a ni – kan taksa hian kal tichhe thei tûr (auto-antibodies) a siam a, he tûr (auto-antibodies) hian kal hi zawi zawiin a tichhe thîn. Hetiang natna hi a awm chhan hriat chhuah theih loh châng a tam mai. A tîrah chuan tam tak chu an vûng a, an zung tlêm a, an zun te a thî thîn.

5. Kal a chhiat theihna chhan dangte chu: Pian tîrh ata zun kawng zîm (obstruction) te, zun kawng TB te, na chhâwkna (analgesic) ei tam lutuk te an ni.

Engtin nge kal tha lo an insawisêl thîn?

Kalin hna tha taka a thawh theih loh chuan hêngte hi insawisêl dân tlângpui a ni:

- (1) Zun tlêm, zung tha thei lo, zun thî.
- (2) Taksa pum vûng.
- (3) Chau ngawih ngawih.
- (4) Thisen nei lo, dâng.
- (5) Chaw ei chhâk lo, luak chhuak ngawih ngawih.

(6) Kal kha a chhiat nasat deuh tawh phei chuan thîa luak te, kam chhông thî (oral bleeding) te, kaih hial te leh nikhaw hre lo pawhin a awm theih a ni.

Engtin nge kal ðha lo lakah kan invên ang?

Kal hi tlêma a chhiat tawh chuan engtin pawhin enkawl ila, a tam berah chuan a ngai (normal) hi a awm leh thei tawh mang lo. Chuvâng chuan, a chhiat hmaa fîmkhur taka inenkawl hi a pawimawh êm êm mai. Thufîngin - “Enkaw! dam ai chuan natna laka invên hi a ðha zâwk,” (*Prevention is better than cure*) an tih hi kal chhe tûr laka invên nân hriat reng a pawimawh khawp mai. Thisensâng leh zunthlum nei te kan nih chuan kal a khawih chhiat hmaa ðha taka kan inenkawl a ðul a. Na chhâwkna (analgesic) te pawh a ðul hle a nih loh chuan ei zen zen loh a ðha ber. Tin, kal natna ðhenkhat hi inthlah chhâwn theih a nih avângin kan chhôngte kal natna nei an awm hlauh chuan mahni pawh dâktawr hnêna kala, inentîr (check-up) a ðha.

Engtin nge kal ðha lo kan inenkawl ang?

Kan kal hian a pângngai zâna hna a thawh tawh loh chuan zun a siam ðha thei tawh lo va; chuvângin, kan taksaah tui (fluid) a tling khâwm a, kan lo vûng ðhîn. Hetiang dinhmun a kan lo awm tawh chuan tui in tlêm tûr a ni a, ni khata kan tui in hi a vaiin litre khat aia tam lo a ni tûr a ni. Tui kan in ðeuh ðeuh chuan kan vûng tual tual mai ang. Tin, thei leh thei tui lamte hi (Potassium an pai tam avângin) insûm a ðha. Kalin hna a thawh ðhat tawh loh chuan damdawi - a bîk takin na chhâwkna (entîr nân - Brufen, Voveran, Spasmodart) te leh kal lam huat chi *antibiotic* (Gentamicin, Amikacin) te phei chu ei tûr zât (dose) dik taka ei tûr a ni. Tin, chi (salt) leh sa (meat) ei insûma ei tlem a ðha baw. Hetianga fîmkhur taka kan inenkawl pawt chuan kan kal ðha pângngai (normal) chiah tawh lo mah se, rei tak nun dân pângngaiin a nun theih a, a châng phei chuan a dam leh thei ðhîn.

Kan theihtâwp kan chhuah hnu pawha kal hi a chhiat vek

tawh (end stage renal disease) chuan beidawn tûr a ni chuang lo. Khawvêl a changkâng tawh a, kal thawh aia thawk tûr khâwl (dialysis machine) te pawh Mizoramah kan nei tawh. Thisen thlit fim (dialysis) hi thisen zâm aţangin (haemodialysis) emaw, pum hamda aţangin (peritoneal dialysis) emaw a tih theih. Hetianga ţa taka thisen thlit fim chuan nun dân pângngaiin a nun theih reng a ni. Tin, kal thlâk (renal transplantation) pawh kum 1945 aţang khân khawvêlah an ti tawh a. Mizo zîngah ngei pawh hlawhtling taka kal thlâk kan tam tawh a ni.

*India Hmârçhçhak huap pawha dâktawr chhuanvâwr tling phâk, ama zir bing – kal leh zun kawng lam (urology)-a super specialist **Dr. Stephen Lalfakzuala Sailovin** kan sâwmna ngai pawimawha kal natna chungchâng thu bengvârthlâk leh ţangkai tak tak a rawn ziah theih avâng hian a chungah kan lâwm tak meuh a ni – Editorial Board*



“Danglamna awm lovin hmasâwnna a awm thei lo va; rilru put dan tidanglam thei lo chuan eng mah a tidanglam thei lo.”

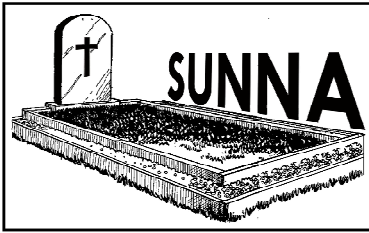
– *George Bernard Shaw*

“Mihringin hma a sâwn loh chuan a hnungtawlh emaw, rawih lam a pan emaw a ni thîn.”

– *Edward Gibbon*

Hnam ral tûr zia –

Dan mumal awm lohna; hna ţa thawh tûr awm lo; induhsak bîkna; zirna tlahniam, hnam nun phung (culture) tlachhia; hnam chîn ţhan (tradition) hloh; sum leh paia intlânsiakna; mipat hmeichhiat (sex) hman khawlohna hluar; sakhaw ngaih nêpna; nunna hlut lohna – *Jim Nelson Black*



UPARUALKHUPZUAMA BÛNGTLÂNG SOUTH

Upa Rualkhupzuama (64), Zâwlthatlala leh Zâwltnlali te fapa hi 1949 khân Saisih Konda kuaah a piang a. Kum 1983-ah C. Lalrinkimi nêan an innei a, fa pakua an nei.

Kum 1987-ah Bûngtlângah a pêm a, Presbyterian Kohhran dinnaa sùlsutu a ni. Kum 1987-ah Chhim Presbytery-in Bûngtlâng South Kohhran Upa atân a nemnghet a, kohhranah chanvo pawimawh tak tak-Chairman, S.S. Suptd, Sub. Comt. hrang hrang Chairman leh Synod sum vawngtu te a lo ni tawh a; Bial Chairman-ah tum hnih a tang tawh bawk.

Khawtlang rawngbawlnaah pawh YMA President leh VCP a ni tawh thin a. Kum 2012 atângin a insawisêl tan a, in lamah inenkawlin a natna hian ziaawm lam a pan theih loh avângin

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damdawi inah a lût a, a natna chu malaria a ni tih hmuh chhuah a ni a, a thluaka a luh tawh avângin chhan hman a ni ta lo va, July 8, 2013 khân Lalpa hnênah min kalsan ta a ni.

A tûkah amah thlahna in lamah Bialtu Pastor-in a hmang a, Biak Inah Upa Lalchungnunga, Chhimtuipui Presbytery Moderator-in a vui leh a, Kohhran leh Bial Zaipawltên thlahna hla an sa a, ui takin kan thlah liam ta a ni.

*Upa N. Lalpanpuia
Bûngtlâng South Kohhran
Ziaktu*

UPA SÊLTHANGA E. LUNGÐÂR VÊNGHLUN



Upa Sêlthanga (56), Pu Vâlbuanga leh Pi Challianngûri te fapa hi April 15, 1957 khân E. Lungdâr kuaah a piang a, June 23, 1989 khân Pi Lalchawimawii nêan an innei a, fa pathum an nei.

Kum 2000-ah Upaa thlan a ni a, kum 2001-ah E. Lungdâr Vênghlun Kohhran Upa âtn nemngheh a ni. Kohhranah NPSS Supt. hna te, Sub-Committee hrang hrang Chairman te a ni thîn a, kum 2012 ațanga a thih thlengin Kohhran Chairman a ni. Tualchhâng leh Synod sum vawngtu a ni thîn a, Ramthar chanchinbu agent a ni bawk. Bial Committee pawimawhah a tel kim tawh a, Presbytery Standing Committee Member a ni tawh bawk.

Kum 2012 August thla khân a inentîr a, thinro a ni tih hmuh chhuah a ni a, theihtâwp chhuaha enkawl a ni a, ța chhuak leh mai tûra kan beisei laiin July 18, 2013 khân chatuan ram min pansan ta a ni.

Amah thlahna hun in lamah Upa Hrânghleian a hmang a, Biak Inah Pastor Zosângliana Fânai, Bial Chairman-in a vui leh a, Presbytery Upa te, Bial chhâng Upa te, Bial Zaipâwl te, Kohhran Zaipâwlte leh kohhran mipuiten ui takin kan thlah liam ta a ni.

*Upa H. Lalpârtlâna
E. Lungdâr Kohhran Ziaktu*

UPA C. LIANCHHINGA NGOPA



Upa C. Lianchhinga (76), Pu C. Khawbuaia leh Pi Lalkîli te fapa hi ni 15.8.1937 khân Ngopaah a piang a, unau pianpui 12 a nei.

Tual Upaah kum 20 chhâng a țin hnuin Kohhran Upa âtn thlan a ni a, kum 1991 khân Hmârchhak Presbytery Inkhâwmpuiin Ngopa Kohhran Upa âtn a nemnghet. Rawngbâwl hna pawimawh tak tak a lo chelh tawhte chu- Puitling leh Naupang S.S. Suptd., Building leh Ramthar Committee Chairman, Bial Chairman leh Committee hrang hrangah a tel a, Synod Sunday School Committee member țin lai mêk a ni bawk. Tin, S.S. chawimawina Diploma leh Jubilee Award a dawng tawh bawk.

Kum 2013 March thla vêl ațang khân a insawisêl țin a, a inentîr hnuah pumpui cancer a ni

tih hmuh chhuah a ni a, zai emaw, enkawl na dang emaw aiin tihdam rawngbâwl na nei mek pan a duh a, an pan hnuin a nate pawhin a kiansan a. A lo dam chhuah lehna tûr hian a ƣawngtai ngai lo va, cancer natna a neih avâng hian Pathian hnênah lâwm thu a sawi zawk ƣhîn. Tichuan, a natna chu lo zual zêlin 25.7.2013-ah Lalpa hnênah min chawlhsan ta a ni.

A tûkah amah thlahna hun in lamah Bialtu Pastor Vanlalhuman a hmang a, Biak Inah Upa Ramfangliana, Hmarchhak Presbytery Moderator-in a vui leh a, Kohhran Zaipâwl leh Bial Zaipâwlte nen ui takin kan thlah liam ta a ni.

*Upa F. Sângzêla
Ngopa Kohhran Ziaktu*

REV. LALBIAKTLUANGA BÛNGKÂWN



Rev. Lalbiaktluanga (84), Pu Suakvunga (Chenga) leh Pi Chalphungi te fapa hi December,

1929 khân Tlângpuilian kuaah a piang a. Pâwl ruk pass tân tirkoh hna a dîl theih tih a hriat avângin 1949-ah Aizâwlah thingzaiin a inhlawh a, pawl li zir laibu a lei a, Sialhâwk MAV School-ah pâwl li a zir chhonzawm a. Pâwl ruk a pass hnu 1954-ah tirkoh atân lâk a ni ta a ni.

1958 June thlaa Special Synod-in Pro. Pastor atân a la a. Pastor Pāthiaua kaihhruaina hnu aia Aiduzâwl Bial Tualchêngah a awm a, thla khat a awm hman chauh tihah Sateêk Bialah sawn a ni a, 1959 June 28-ah Special Synod-in Pastor atân Mission Vêngah a nemnghet ta a ni. Sateêka a awm lai hian Vânhmingliani, Tlangpui nê an innei a, P.D. a zawh hnuin B.D. a zir leh a, a zir zawh kum 1965-ah Mission Vêng Bial a vawng a, Dâwrpui Bial a hmui bawk. SPB Editor hna a chelh leh a, Ramhlun Bial a vawng bawk. Kum 33 chhûng rawng a bâwl hnuin 1992 January thlaah a pension.

Synod Moderator-ah vawi hnih a ƣang a, Statistician a ni bawk. Synod Committee hrang hrangah tel lohna a nei meuh lo.

A lung lam fel tâwk loh avângin damdawi inah enkawl a ni a, ða taka a chhuah hnu 29.7.2013 zînga a tho chu nikhaw hre lovin a awm leh a, damdawi in panpui a ni chungin chhan hman a ni ta lo va, chatuan ram min pansan ta a ni.

Hemi ni vêk hian amah thlahna hun in lamah Bialtu Pastor T.C. Lalanzovan a hmang a, Biak Inah Synod Moderator Rev. Lalramliana Pachuau-in a vui leh a, ropui taka thlah liam a ni ta a ni.

*Rev. H. Lalrinmawia
Synod Secretary (2013)*

UPA C. SÂNGKIMA BÛNGTLÂNG SOUTH



Upa C. Sângkima (67), Pu C. Sângkhûpa leh Pi Santuahlêri te fapa hi kum 1946 khân Lokisuri (Vaseitlâng thlang)-ah a piang a. Kum 1973 January 20 khân C. Chuanneihvêli nêan innei a, fâ 11 an nei.

Kum 1987-ah Bûngtlâng South-ah a pêm a, Presbyterian Kohhran dintute zîngah a tel a, kum 1989-ah Upa atân thlan a ni a, 1990-ah Bûngtlâng South Kohhran Upa atân nemngheh a ni. Kohhrana rawngbâwlna pawimawh a chelh deuh vek a, Bialah Chairman leh Secretary-ah vawi thum ve ve, Treasurer - ah vawi hnih a ðang a, a thih lai hian Treasurer a ni bawk. Chhimtuipui Presbytery Secretary leh Statistician a ni tawh a, Synod Home Mission School, Managing Board member a ni tawh a, Chhim Bial Committee-ah member a ni mêk a, Synod huap committee - Ramthar Board, Hospital, Sunday School, Press, Finance Committee leh SEC-ah te a tel tawh bawk.

Pa hrisêl tak a ni ðîn a, October 2010-ah a mîta lungte awm zai a ni a, hun rei tak insawisêl lovin a awm a, January 2013 khân a pum a nat leh avângin damdawi inah zai a ni leh a, hetah hian a pumpuia bâwk awm chu paih a ni a. Heta ðang hian ðat chhuah leh nei lovin August 4, 2013 khân Lalpa hnênah min chawlhsan ta a ni.

Amah thlahna hun hi in lamah Upa N. Lal̄tanpuian a hmang a, Biak Inah Bialtu Pastor Malsâwmsângzualan a vui leh a, Bial Zaipâwl leh Kohhran Zaipâwlte nêh kohhranhovin ui takin kan thlah liam ta a ni.

– *Upa N. Lal̄tanpuia
Bûngtlâng South Kohhran
Ziaktu*

UPA CHHUAHKHAMA SÊRCHHIP BETHEL



Upa Chhuahkhama (86), Pu Thansânga leh Pi Nêlziki te fapa hi Jan. 26, 1927 khân Lungpher khuaah a piang a. Kum 1943 October ni 12-ah Khualdêngi nêh an innei a, fa pasarih an nei.

Upa Chhuahkhama hi khaw hrang hranga a pêm kual hnuah 1982 Dec. ni 6 khân Dîltlâng Kohhran Upa atân thlan a ni a, 1983-ah Khawchhak Presbytery-in Dîltlâng Kohhran Upa atân a nemnghet a. Kum 1985-ah Dîltlâng aṭangin Serchhipah an chhuk leh a, 1990-ah

Sêrchhîp Bethel Kohhran Upa atân thlan nawn leh a ni a, kum 1991-ah Chhimchhak Presbytery-in Sêrchhîp Bethel Kohhran Upa atân a puang leh a ni.

Presbytery Standing Committee leh Bial Standing Committee-ah te a tel tawh a, Kohhran Chairman, Tualchhûng leh Synod sum vawngtu, Inneihna kawltu leh Ramthar Committee Chairman leh S.S. Supdt. te a lo ni tawh a ni.

Kum 2013 kum tîr aṭang khân insawisêl ṭanin a inentîr a, a mîta lungte awm leh a pumpui *ulcer* te an lo hmu chhuak a, theihtâwpa enkawl a ni chungin ṭhat chhuah leh nei lovin 18.8.2013 khân Lalpa hnênah min lo chawlhsan ta a ni.

Amah thlahna hun hi in lamah Bialtu Pastor H. Lallianzâran a hmang a, Biak Inah Pastor Lalmachhuana, Chhimchhak Presbytery Moderator-in a vui leh a, Presbytery Upa te, Kohhran Zaipâwl te leh kohhran mipuiten ui takin kan thlah liam ta a ni.

*Upa T. Kâpvêla
Sêrchhîp Bethel Kohhran
Ziaktu*

Synod Bookroom
LEHKHABU THAR

Zotawng nih phung, dinhmun leh hm athlîr: Pachhûnga University College-a Mizo Department leh Central YMA ñang kawp chuan Zotawng nih phung, dinhmun leh hm athlîr chungchângah seminar neiin mi thiamte leh mi chinchâng hriate an khâwm a. Chuta an paper leh sawi honate chu kan hnam tana ñangkai tûr nia hriain seminar chhim phâk lote tân a buin an chhuah thei hlauh mai. A man ₹ 150.

Nangma Khawvêl: Ni tin chanchinbua thu ngaihnaawm leh lunglênthlâk tak tak ziak thîn, Zara chuan 2006 añang khân *internet* bâwm hrang hrang añangin mi chak lote fuihna thu ña zet zet a la khâwm thîn a. Pathian hian mi chak aia mi chak lo siam tam zâwka a hriat avângin chûng a thil lâk khâwmte chu mamawhtu dang an awm ve ngei a ring a, chûng mite chhawr ñangkai atân chuan lehkhabuah a chantîr a ni. A man ₹ 100.

Bengkhuai sal añangin zelêna ramah: He lehkhabu ziaktu T. Sêna Râlte Siakêng hi mi danglam, ‘thil hre thei’ kan tih zînga mi a ni a. Chutiang miin hmânlai Mizo khua leh tui dinhmun leh an hna pêng hrang hrang, an in sak dân leh mi lâr hrang hrangte chanchin a khung khâwmna lehkhabu hi Mizo hnam chanchin chhuia ngaihventute ñanpuitu ña a tling ngei ang. A man ₹ 100.

Zoram mi hrângte vânglai: Tuipui râl, tlâng tam tak piah lama khuangpui ri chuan Zoram mi hrângte pawh a kai tho ve ta. Indona laipui khu kêra Mizo tlangvâlte chêt dân ngaihnaawm, an huaisenna leh tlâwmngaihna lah hnampui zâwkte ngaihsân chanchin chu C. Lalnunchangan a buin a tichhuak theih hlauh mai. German râl rûn chianchin bâkah Mizo pasalñha hmingthangte leh sakei sual chanchin te pawh a thun tel nghe nghe. A man ₹ 200.

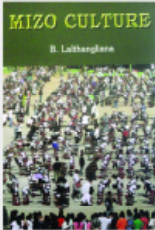
TIHDIKNA: Kristian Tlângau February, 2014 chhuak, Sûnna tâwp bera mi Upa Thanghlîra, Republic Vêng thih ni, 8.7.20 tia lo lang kha, ni 8.7.2013 tih tûr a ni e. Tihsual palhah ngaihdam kan dîl e – *Editor*

To,

SYNOD BOOKROOM LEHKHABU THAR



Thuthlung Thar Hrilhfiamna: 'Lehkhabu tha leh ro tling, chhah tak tak hi neih belh zêl ila, hnam hmasâwnna chi khat a ni ang,' tih hi mi tam tak ngaih dân a ni thîn. Thuthlung Thar Hrilhfiamna lehkhabu, Mizoram Presbyterian Kohhran Minister zînga thu thiam, Rev. C. Chanchinmawia buatsaih hi Mizo ÷awnga Thuthlung Thar hrilhfiamna bu kim, bu khata chhuah hmasak pâwl a ni âwm e. A man ₹ 1,000.



Mizo Culture: Mi thiam thenkhat chuan, "Hnamin inzawm zâta kum 50 an hman chuan an 'Culture' a ni a, kum 100 an hman tawh chuan an 'Tradition' a tling," an ti. Mahni culture leh history tîangpui tal hriat hi mi puitling zia a ni a, zahawmna a ni bawk. Mi puitling i nih ve theih nân he lehkhabu, Mizo Historian B. Lalhangliana buatsaih hi lo chhiar ve teh. A man ₹ 150.



Thusawi ropui khawvêl nghawr nghîngte: A bu hming aţang ngawt pawha lehkhabu chhiar châkawm, mi ropuite thusawi ropui leh chhinchhiah tlâk, khawvêl nghawr nghîng dawt dawt tham 50 lâwrkhâwm, MC Awia buatsaih hi lehkhabu ro tling duhtute tân mamawh chhâna a tling. A man ₹ 200.

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