

Kristian Naupang



Lalpa chu fak rawh u

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Khawvel thil ropuite11

Thalaite leh tunlaina 2

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hriattir tur a ni.**Kum khat lak man ₹50.***Kristian Naupanga thu chhuahte hi Editor ngaih dan a ni vek kher lo.*

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ZAN MEN REI HI

Naupang thang laite hian zan mut tam kan mamawh khawp mai. Naupang thenkhat chu zanah rei tak an meng thin a, zingah sikul kal tura thawh hma a ngai leh si a, hei hian nun a tinguai thin a ni.

I *phone battery a down a, charge a ngai a, battery a down* chuan a thawh tur ang a thawk thei lo ang hian – zana i muthilh that lohva, i taksain a mamawh ang i muthilh loh chuan i hrisehnain a tuar dawn a ni.

Pathianin awmze nei takin chhun leh zan a siam a, chhun leh zan hi a pawimawh dan a inchen reng a ni. Zan thim chu kan taksa tui taka a muthilhna tur hun a ni a, chhun eng chu hna thawhna hun tura siam a nih avangin chhun engah chuan tui takin i muhil thei lo vang.

Zan thim hi a nih dan tur dik taka muthilh nan i hman loh chuan i mut a chhuak ang a, i lo nguai ang a, chhun enga i tih tur pawimawh i ti tha thei ngai lo vang. Chhun eng hi tha taka i hman theihna tur chuan zan thim hi a nihna tur taka i hman thangkai hmasak a ngai a ni.

Zanah i mutin i pindan *light te off* vek thin la, ngil takin, hahtam takin, thosilen zar hnuaiyah mu thin ang che.

ṬHALAITE LEH TUNLAINA

– Zothanmawia
 Leader, Junior Department
 Chhinga Vengthlang Kohhran

Khawtlang, kohhran leh chhungkaw chakna pakhat chu rawltharte leh tleirawlte vang niin an sawi ṭhin a. Tunlaia kan dinhmunah pawh keiniho hian kawng tam takah a ṭhat leh ṭhat lohna laiah mawh kan phur a tih theih awm e.

Tunlai khawvelah ṭhalai tam tak te kan dinhmun leh kan nihna luah pha lo va kan awmna kawng tam tak a awm tawh a, a chhan pawh tam tak a sawi theih awm e.

A langsar leh tunlaia kan buaipui leh hmasawnnain a ken tel ni si, thil ṭha tak ni bawk, a hmangtuin a hman sual leh kumkhuaa hming chhiat theihna leh ser nung min siamsak theitu chu *mobile phone* hi a ni. *Mobile phone* hi tunlaia kan hmuh thei ang chiah ni lo mah se, April ni 3, 1973-ah khan *Motorola company*-a thawk Martin Cooper-a chuan *Motorola Dyna TAC 8000x* a lo siam chhuak a. Tichuan, a tawi zawngin sawi ila, famkim leh thilithei zawka thuanin tunah chuan mi tin

deuhthawin kan lo hmangin kan lo nei ta a ni. Mizoramah ringawt pawh mihring chengte aia tam zawk *mobile phone* hi a awm zuk nia!

Mobile phone aṭangin *social network* kan khawih naah hian insumtheihna kan mamawh hle mai. Mi ṭhenkhat chuan an hlim viau laiin emaw, an thinrim viau laiin emaw thu ziak an theh darh chiam ṭhin. Kan nunah hian thil tam tak kan tawng dawn a, hetih hunah hian hetiang lak aṭanga kan insum a pawimawh hle dawn a ni. Mi tam takin mualpho phah nan an lo hmang tawh a, rilru fim taka tih a nih loh chuan zahna a thlen fo reng a ni. Mahni ngaihawngte nena thlalak thawn darh emaw, tar lan chiam ṭhin emaw te pawh hi

Kristiante tan chuan a mawilem lo tih hriat a tha awm e.

Mobile phone avang hian tun hma kum 10 kal ta ai khan Pathianin chawlh hahdamna min pek zanah hian a bikin thalaite hi kan meng rei ta hle mai, hei hi thil pawl tak leh kan zirna leh hna kan thawhna kawngah min tihnufumtu a ni. Zanah rei tak tak kan men phah a, chu chuan chhungte ruala chaw pawh ei hman lovin min siama, chhunah kan taksa a zawi phahin kan rilru a nghawng bawk. Kan hnathawhah emaw, kan zirniaah pawh kan harsatna min thlen thin a ni. Zan rei tak tak thleng thu pawimawh lo tak tak sawiin kan thiante nen kan sawi a, a tukah harsatna kan taksa leh rilruah min siamsak phah tih hriain sim tur a ni.

Biak ina inkhawm lai pawha *mobile phone* lek chhuak kan tam ta, hei hi thil pawl tak a ni. Pathian ka bia a ni tih hre miah lova inkhawm laia khawih thin kan tam ta hle mai. Tin, *camera* kan chelek lutuk hi a tha lo va, kan Pathian biakna maicham leh pulpit velahte thla lak ching

kan tam ta hle mai. Heng kohhranin serh leh sang kan khawihna hmun hi a thianghlimin kan serh a ni tih hi hriat reng tur a ni. *Social network* hmanga thian tam tak nei, amaherawhchu, a taka thian nei mang lo mi tam tak an awm ta. Mahni in chhungkhur leh awmhmun atang ringawta thian kawm thinte hian an nun chhungrilah khawhar rukna an nei thin. Tin, puipun nikhuaah leh awm honaah awm dan an thiam lo niin an sawi bawk. Chuvangin, a taka thian tha leh rin tlak i neih theih nan a takin thian kawm thin ang che.

A tawpna ber atan chuan, heng kan han sawi tak bakah hian sawi tur dang tam tak a awm a. Eng pawh ni se, heng lo pawh hi hmanrua tangkai leh changkang tak tak hi khawvelah hian a lo la chhuak zel dawn. A pawimawh ber chu Pathian duh zawng leh a ram tihzau nana kan hman thiam hi a ni a, kan nun, kan khawtlang leh kohhran, kan ram tana tangkai taka hman i tum ang u.

I HMELMA HMANGAIH RAWH

– *Lalthianghlina Ralte*
Junior Dept Ztu.
Durtlang Kohhran

Lal Isuan khawvela a cham chung khan, krawsa a thih dawn thlengin hmelma hmangaihna hi a nunin a lantir a ni. Mi sualte min hmangaih avangin a nun khan kraws lam a hawi tlat a, amah diriama, krawsa kheng bettute meuh pawh kraws ler atanga ṭawngṭaisakin, "*Ka Pa, anni hi ngaidam rawh, an thiltih hi an hre lo a nih hi,*" a ti (Lk 23:34).

Mi zawng zawng hian hmangaihna kan nei vek a, mi kan chung a ṭha tak te, min duhsaktu te, min hmangaihtu te hmangaih ve mai hi thil har tak niin a lang lo. Mahse, kan chhiatna duhtu, min hawtu leh kan mi huat leh ngei takte hmangaih chu thil harsa tak tur a ni reng a ni. Mahse, Lal Isuan, "In hmangaitute chauh in hmangaih hian lawmman eng nge in hmuh ang? Chhiah khawntute pawhin chutiingin an ti ve lawm ni? Eng nge in tih hnem chuan bik?" (Mt 5:47) a ti a. Chuvangin, kan chhungte, ṭhiante leh min

hmangaihtute chauh ni lo, kan hmelmate pawh hmangaih turin Isuan min zirtir a ni.

Engtin nge kan hmelmate kan hmangaih theih ang? Lal Isuan min zirtirna, hmelmate hmangaih hi mihring nun honaa min zirtirnaah chuan a vawrtawp a ni. Ringtu ni lo tan phei chuan thil theih a ni lo. Pathian thu awihna aṭangin kan hmelmate hial pawh kan hmangaih thei dawn a lo ni. Chu chu Lal Isua min zirtirna a ni tlat si a.

Ni tin hnathawhnaah emaw, zirna hmunah emaw i chhياتna hliir zawng thin mite i tawng ngai em? Mi mil theih miah loh leh kawm theih miah loh te i nei a nih chuan, Lal Isua min zirtirna nen a inmil dawn lo hle a, inen fiahna atan a tha khawp mai.

Pathian hmangaihna hian thlei bik a nei lo va, angkhat vekin min hmangaih a ni. Lal Isuan, "In Pa vana mi chuan mi sualte leh mi thate chungah chuan ni a chhuahtir thin a, mi felte leh mi fel lote chungah pawh ruah a surtir thin a ni," a ti a (Mt. 5:45). Mi zawng zawng tan ni leh ruahte hi angkhat veka kan dawn turin kan tan a siam a, chu chu Pathian hmangaihna, a thil siama lo lang chhuak

chu a ni. Mi hmangaih bik kan neih a rem lo va, angkhat vekin mi tu pawh kan hmangaih tur a ni.

Ringtuten kan hmelmate kan hmangaihna chu rilru leh ngaihtuahna maiah a tawp tur a ni lo va, anmahni thatna tur duhsakna rilru dik tak nen kan tawngtaipui tur a ni. Lal Isuan, "A tiduhdahtu che u chu tawngtaisak rawh u," (Mt. 5:44) a ti a ni.

Lal Isuan hmelmate kan hmangaih theih nan a nunah entawn tur min hnutchhiah tawh a. A hniakhnung kan zuia, kan hmelmate nen lam kan hmangaiha, an tana tawngtai hi ringtuten kan tih ngei ngei tur a ni.

Peru rama Shapra Indian-te chu mi lu la hnam an ni thin a. Pathianin a khawih danglam ta a. A hma chuan an mi mante an that zel a. Tunah chuan an mi mante chu kar thum chung Bible an zirtir thin.

- *Kristian Encyclopaedia*

ROSE PAR SEN

– *Lalhriatpuia*
Intermediate Dept. ztu
Aizawl Venglai Kohhran

Favang awllen lai, khaw thianga tak hnuaiah ni khat chu *rose* par sen mawi tak hi ramhnuaiah a lo par vul mawi em em a, a bula far thing chuan chu *rose* sen chu nalh a ti hle a. Chutianga par mawi tak chhuah chu a chak ve hle thin a, a bula nihawi par chuan, “Aw ka thin, far duh tak, chutianga awt reng reng chuan intilungngai duh suh. Engkim hi kan nei vek thei hlei nem,” tiin a lo hnem a.

An titi lai chuan an bula *rose* sen churawn hawi pheiin chapo tak hian, “He lai ramhnuaiah hi chuan keimah aia par mawi leh nalh hi an awm lo. Keimah hian par ka chhuah mawi ber lawr lak,” tiin a hawi kual vel a.

Nihawi par chuan a lu eng (yellow) lian tak mai chu rose lam hawi nana hmang chuan a’n melh a, “Ka thin duh tak, engtin nge chutianga thil chu i sawi theih zawk? He ramhnuaiah hian pangpar mawi tak tak tam tak a awm teh va, chutianga par mawi tak tak zinga pakhat chu i ni asin,” tiin a chhang a.

Rose chuan, “He ramhnuaia pangpar zawng zawng hian kei hi thin min ti a, an tluk lohah min ngai asin. An vai mai hian min ngaisang asin,” tih pah chuan a bula *cactus* chu en pahin, “He *cactus* hling ngah zet mai hi a mawi loh em em bakah hling hlin a khat,” tiin fiamthu thawh nan a hmang zui a.

Far thing chuan *rose* thusawi chu lo chhangan, “Engtin nge chu chu i sawi theih zawk a? Engtianga chiahin nge mawina chu i teh? Nang pawn hling i neih ve tho kha,” tiin a zawt let a.

Rose sen chuan chapo leh thinrim takin far thing hnenah chuan, “Ka thian, thil hriatna tha tak i lo nei thin em maw ka ti a, engtin nge thil mawina hi i lo la hmuh thiam loh?” tiin a tiel a.

Thingkung chuan chu *rose* sen chu chapo a lo ti em em a, *rose* chuan a zung chu tihsawna *cactus* bul atanga hla taka awm a tum a; mahse, a zung chu a tiche thei lo va, *cactus* bulah chuan tui lo tak chuan a awm ve ta reng a, *rose* chuan *cactus* chu hmuhsitna leh tiel em em maiin a chanchin a sawi bakah, tangkaina nei ve lo ti hialin a an khum thin a.

Cactus chu chumi avanga nuam lo tih pah chuang lo chuan, hlim takin *rose* bulah chuan a awm ve reng a, a ngaihtuahnaah chuan Pathianin tu mah hi chhan nei lovin a siam lo vang tiin a rilruah thu a tuh nghet a, zam lova hma lam pana awm a tum ta zawk a.

Hun leh nite a ral a, nipui a lo thlen chuan ramhnuai chu dam khawchhuah a lo har ta em em a, ruah a sur loh rei em avang chuan thing te, pangpar te chu a lo ro tan a, *rose* sen ngei pawh chu a lo chulin a lo ro tan a, a par mawi takte pawh chu a lo vuaiin a lo chul zo va.

Ni khat chu *rose* chuan sava pakhat hi a hmu a, chu sava chuan *cactus* chung a fuk pah chuan a hmui zum lo deuh chuan *cactus* chung zawn chu an chhun zauh zauh chu a hmu a, mak a tih em avang chuan a bula far thing hnenah chuan, “Sava chuan *cactus* chung zawnah chuan eng nge an tih?” tiin a va zawt a, far thing chuan fan raih hian, “Chung savate chuan tui in tur an nei tawh lo va, tuihala an thi tur a khawngaih em avang chuan *cactus* chuan an mamawh tak tui chu savate chu a lo pe a, sava chau tak lo kalte pawh *cactus* hnena tui an in zawh chuan thatho takin an thlawh chhuah theih phah ta a nih saw,” tiin *rose* chu a

hrilh chhunzawm a. Rose chuan mak ti tak hian, “A nih chuan cactus chuan savain an chukna chu na a ti ve lo em ni?” tiin an zawt chhunzawm a. Far chuan chhan chhunzawm nghalin, “Na chu a ti lutuk alawm. Mahse, savate a khawngaih em avangin na chu a tuar hram hram a ni,” tiin a hrilh a.

Rose chu beisei nei deuhva hawi chhoh pah chuan, “Cactus chuan tui a nei maw?” tiin a zawt a.

“Aw, nei e, nang pawn i in thei ang. Savate chuan i in turin an lo pe thei che ang a; mahse, chumi ti tur chuan cactus i dil phawt a ngai ang,” tiin far thing chuan a lo chhang a.

Rose chuan cactus chung a thiltih avanga



inthiam lo em em chung chuan cactus hnenah chuan tui chu a va dil a. Cactus chuan zaidam takin a lo chhawn a, a thil dil pawh chu phalsakin, savate chuan rose zung chu tui pein rose chu a hma angin a lo par ve leh thei ta a.

Hemi atang hian rose chuan zirlai tha tak zirin, mite hi an lan dan ang anga teh loh tur tih a zir chhuah pah ta a ni.



CALEB-A SABENGTUNG

– *Nl. Vanlalhnunpui*
Mission Vengthlang

Hmanlai hian mipa naupang fel deuh mai, Caleb-a hi a awm a. Caleb-a chuan a a puitlin hunah Rom sipai, sakawr chung chuang thin nih ve a chak hle a. Chumi avang chuan sakawr hi a awt em em mai a, a pa hnenah chuan sakawr leisak turin a ngen thin a ni. Amah ngei pawh chuan a pawisa neih ve chhun chhunte pawh hmang phal loin, sakawr lei nan a khawl tang tang thin a.

Hun eng emaw chen a khawl hnu chuan a pawisa khawl chu a pa a han chhiartir a; mahse, sakawr leina tur a lo la daih loh avangin Caleb-a chuan, "Ka pa, pawisa hi ka khawl leh tang tang ang a, nakinah chuan Rom sipaiho sakawr ang hi ka la nei ve mai ang," tih pahin a pawisate chu a dah tha leh ta a.

Caleb-a pa chuan a fapain sakawr a awhzia a hre reng a, a rugin a *birthday present* atan leisak a lo tum reng hi a lo ni a. Caleb-a *birthday* a lo thlen chuan zing takah a tho va, Caleb-a hriat miah lohvin an khuaa sakawr zuartu awm chhun te in lam chu a pan ta

a. A hmun a va thlen chuan sakawrnote duhawm em em mai hi a va hmu a. Caleb-a tan chuan chu sakawr ngei mai chu leisak a tum ta a. Mahse, a man a han zawh chuan sakawr zuartu chuan, "Nimin khan Rom sipai an lo kal a, ka huana sakawr zawng zawng hi an rawn lei vek a, naktukah an rawn la dawn," a ti ta mai a! Caleb-a pa chuan pawl ti taka a hawi kual vel lai chuan, a kilah chuan sabengtungno lo bawk ran mai hi a va hmu a. Sakawr lei tur a awm tak si lohvah chuan, a fapa tan chuan sabengtung chu lei mai a tum ta a. A man a'n zawh chuan,

sakawr zuartu pa chuan, "He sabengtung hi ka fapa ta a ni a, a zaidam em em mai a. Ka fapa hi vawi khat mah a chungah pawh a la chuang hman lo va, Rom sipaiah a țansan ta daih si a, a enkawl zui thei ta lo va. Țha deuhva i enkawl theih dawn chuan a thlawnin ka pe ang che," a ti ta mai a! Lawm takin Caleb-a pa chuan sabengtung chu a kai haw ta hnak hnak a. Mahse, Caleb-a'n sabengtung a lo hmuh chuan țap chungin a pa hnenah, "Hetiang te chuan engtin nge sakawr chung chuan thiam tak ka nih theih ang?" tih pahin a kalsan ta daih a.

Chutia Caleb-a berin a duh tak si lohvah chuan, a pa chuan sabengtung chu thing buk hnuaiyah a thlung ta a. A thlung fel awrh tihah chuan pa pahnih an lo kal a, Caleb-a pa hnenah chuan a sabengtung chu hawh an rawn dil a. Ani pawh chuan a hawhtir ve mai a. Darkar eng emaw zat a ral hnu chuan, Caleb-a chu hmanhmawh tak leh phur em em mai hian a pa hnenah a

rawn tlan a. "Pa, lo kal ve rawh. Lal a lo kal a nia. Mi zawng zawngin an nghak țhup mai," tih pahin a pa chu a rawn pawt a. A pa chuan, "Tu lal maw?" tia a zawh chuan Caleb-a chuan, "Isua kha i la hria em? Mi zawng zawng Amah fakin an au a nia. Hawh, i kal ve ang," tih pahin a pa chu a pawt dawr dawr a. Caleb-a te pafa an va thlen pheih ve meuh chuan, mipuite chu, "Hosanna!" tiin an lo au ring tawh hle mai a.

Mi kar atang chuan Caleb-a pa chuan Isua lo kal chu a va hmu a, a fapa hnenah chuan hlim takin, "En teh, Isua chu kan bul a lo thleng țep tawh. Sabengtung chungah a chuang a nih saw," tih pahin a fapa chu a en a. Chutah Caleb-a chuan lawm avanga bianga mittui far chungin, "Ni e, khawvela sabengtung mawi ber chungah a chuang. Pa, sabengtung saw min leisak avangin ka lawm e," tih pahin a pa chu a kuah a. Isua lo kal chu, "Hosanna!" tiin theih-tawpin a lo fak ve ta a.

KHAWVEL THIL ROPUITE

- *Lalrochhara Chenkual*
Junior Dept.
Durtlang Kohhran

1. Mount Everest : Khawvelah hian tlang sang tak tak a awm a. Khawvela tlang sang ber chu *Mount Everest* hi a ni. A tlang san zawng hi tuipei zawl aṅanga tehin feet 29,035 (8,850 metre) a ni a. Himalaya tlanga Nepal leh Tibet ram inrina hmuna awm a ni.

Mizorama tlang sang ber kan neih hi Phawngpui tlang a ni a, feet 7,100 (2,157 metre)-a sang a ni. *Mount Everest* leh Phawngpui tlang hi han khaikhin ta ila, Phawngpui tlang hi pali chherchhuan ta ila, chu ai chuan *Mount Everest* chu feet 635 (193 metre)-in a la sang zawk cheu a ni. *Mount Everest* hming hmasa chu Tibet ṭawngin 'Chomolungma' tih a ni a, kum 1865 khan tuna a hming *Mount Everest* ti hian an thlak ta a ni. He tlang lawn chhuak hmasa berte chu New Zealand mi Edmund Hillary- a leh Nepal mi Tenzing Norgay-ate niin, kum 1953 khan an lawn chhuak a ni.

2. Pacific Ocean : He kan chenna khawvel hi van boruak aṅanga kan en chuan khawvel pang hmun zaa ṭhena hmun sawmsarih (70%) chu tuiin a tuam a. Tichuan, khawvelah hian tuifinriat (ocean) panga, lian tak tak kan nei a. Chung zinga lian ber chu Pacific Ocean a ni a, khawvela tui awm zawng zawng zatve aia tlem hret (46%) chu Pacific tuifinriatah hian a awm a ni. Pacific Ocean hi '*Peaceful Ocean*' tih a ni bawk a. Pacific tih awmzia chu tuifinriat dam tak, thlamuanawm ruih mai tihna a ni. Pacific tuifinriatah hian thliarkar 25,000 chuang lai a awm a, a ṭhen chu a

chhawng sang ber a ni a, UAE rama Dubai khawpuia awm a ni. He in chhawng hi a sang em em mai a, metre 828 (feet 2,716.5) laia sang a nih chu. Chhawng 160 lai a nei a, step kal thei (elevator) pawh 58 lai dah a ni.

He in chhawng hian tukverh ringawt pawh 24,348 lai a nei a, a chhungah hian hotel 304 leh chenna in atana hman theih (apartment) 900 lai a awm a ni. Burj Khalifa enkawl tura thawktu hi mi 12,000 lai an awm bawk. Mi thiamte sawi dan chuan, he in chhawng hi sai puitling nuai khat vel zet nen an rih zawng a intluk a ni. A hming hmasa chu Burj Dubai tih a ni a, a san zawng hi France rama awm Eiffel Tower let thum zeta sang a ni.

5. Mandarin (Ṭawng hmangtu tam ber) : Ṭawng hi mi dangte nena kan inbiakpawh theihna leh kan inhriat tawn theihna a nih avangin a ṭangkai em em a. He khawvel kan chenna ram zau takah hian ṭawng chi

hrang hrang 7,000 chuang lai kan hmangtu a. Heti zat zingah hian kar hnih chhungin ṭawng pakhat tal hi thi/ral zel anga chhut a ni. Khawvela ṭawng hman tam ber chu Chinese Mandarin a ni a, khawvel mihring maktaduai 1,284 aia tamin he ṭawng hi an hmangtu a ni.

Hei mai hi a ni lo, Chinese Mandarin ṭawng hi ni tin mi nuai chuangin an zir thar mek zel bawk. Chinese Mandarin ṭawng hmangtu tam em em chhan nia lang chu – he ṭawng lo pian chhuahna China hi khawvel puma mihring tam berna ram a nih vang a ni ber. Khawvel puma ṭawng hmangtu tam ber dawttu chu Spanish a ni a, mi maktaduai 437-in he ṭawng hi an hmangtu a. Pathumna chu English niin hmangtu maktaduai 372 lai an awm bawk. India rama ṭawng hman lar ber Hindi pawh hi khawvel puma ṭawng hman tam pangana a ni a, hmangtu mi maktaduai 260 lai an tling bawk a ni.

VIRGINITY

– C. Malsawmtluangi
Senior Department
Aizawl Venglai

Sex la hmanh miah lote hi ‘*virgin*’ tiin kan sawi thin. Tleirawl fel tak tak *virgin* ngata nupui/pasal neih tum kan awm lai hian tleirawl tam tak *virginity* ngaihhlut nachang hre lo kan awm ta nual niin a lang. TV leh internet atanga kan thil hmuh tam tak hian sex hman mai hreh lohnaah min hruai lut ta em maw a tih theih.

Eng pawh ni se, *virginity* vawn him chu eng nge a pawimawhna ni ang?

1. Sex hi nupa karah chauh hman tura Pathian thilpek a ni : Sex hi thil thianghlim tak a nih avangin nupui/pasal neih hmaa hmanh duh miah lote chu Pathianin mal a sawm thin a ni. Genesis bung 39 kan chhiar chuan Josefa chu a pu Potiphara nupuiin mutpui turin a sawm a. Josefa erawh chuan, "Engtin nge he sual lian tak hi tiin Pathian chungah thil ka tihsual theih ang?" tiin a hnial a. Pathian pawhin ropui taka chawi sangin Aigupta

ram hotu lu berah a dah ta hial a nih kha. Chuvangin keini pawh kan lo hmel tha lo deuh emaw, kan lo rethei deuh emaw, lehkha kan lo thiam thei lo deuh pawh a ni thei, Pathian malsawmna kan dawn theihna kawng pawimawh tak pakhat chu kan *virginity* kan humhim tlat hi a ni.

2. Nau pai, sawn thlak leh HIV & AIDS laka him nan: Kan ngaihzwangte sex kan hmanpui chuan nau pai, sawn thlak thei dinhmunah kan ding a, inrin hmaa nupui/pasal neih thutna a thleng thei baw a, kan hma hun a thim vek thei a ni.

Tunah hian kan ramah HIV hrik kai kan pung zel a, sex hi inkaina tam ber a ni bawk. Ngaih-zawng vawi khat chiah sex hmanpui atanga kai te pawh an awm tlat. He



natna hrehawm tak laka i fihlim theih nan nupui/pasal neih hmain sex hmang lo mai teh. Tu hi nge HIV hrik pai tih a hriat theih si loh. Ngaih-zawngte nena thisen test te hi uar deuh deuh ang u hmiang.

3. Mahni inring taww taka i awm theih nan : Tleirawl, sex lo hmang zeuh, rilru hrehawm leh ta em em si hi ka lo tawng ve ta zeuh zeuh va, an khawngaihthlak thin ngei mai! Thenkhat chuan mahni an inhaw ngawih ngawih a, nu leh pa tan pawha tenawm tak ni tawh ten an inhria a, mahni pawh an inngaidam hlei thei tawh lo va, fel lo bik riauva an inhriat avangin thiante zinga awm nuam an ti lo fo va,

mahni an inhmu hniamin inrin tawwka (self confidence) an tlachham tlat thin. Chu chuan an zirlai thlengin zir tha thei lovin, thiam thei lovin a siam fo va, a paw em em a ni. Kan *virginity* kan humhim tlat hian mahni inrin tawwka min siam a, chu chu hma lam pan tura min pui turin thil pawimawh berte zinga mi a ni.

Tleirawl hrisel leh hlim, inring taww tak ni turin i *virginity* humhim tlat la, he thu i chhiar zawh veleh hian “*Virgin* ngatin nupui pasal ka nei ang,” tiin han intiam teh le. Pathianin a pui ngei ang che. I lo *virgin* taww lo palh a nih pawhin insiam that nan khua a la tlai lo ve.

VANTIRHKOH LEH LASI

– Lalrinsiami Colney
Mission Vengthlang

Hmanlai Mizoten Pathian thu an awih hma chuan Lasi (Ramhuai nula), nula hmeltha deuh deuh an awm thin a, mihring nen an inthian thin a. Ramsa lal an nih avangin an thiante kha an duh duh sa an kahtir thin a, sapel mite chuan lasi thin an chak hle thin.

Ramsial te, savawm lian pui pui te, sakhi te, sazuk te, an kah duh ang ang kha ramhnuai hla lo te te, ni danga an kal thin pawha ramsa an hmuh ngai lohnaah awlsam takin an kahtir thin a, miin mak an ti thei hle a ni. Lasi thin neihte chu an ngaisang hle thin a, tluk phak loh enin an en thin.

Ramhuai nula an nih avangin Pathian thu awih an awm hnu chuan Pathian an hlau va, an awm tawh ngai lo. Ramhuai tirhkoh an ni a, Pathian aiin thil an ti thei lo va, an chak lo zawk a; chuvangin, Pathian thu an awih chinah chuan tu man an hmu ngai tawh lo. An tlan bo vek tawh a ni. Lasi thin neite chu hremhmunah an kal dawn a ni.

Naupangte hian vantirhkoh an nei vek a, Pathianin anmahni vengtu turin a pe vek a, ni tin an kalna apiangah an zui a. Vantirhkoh chuan an ven thin naupangte chanchin chu Pathian hnenah an sawi leh thin.

Naupangten thil tha, Isua duh zawng an tih thin chuan an lo hlim em em thin a, Pathian hnenah sawi thuai thuai an chak thin. Nu leh pa thu awih te, an tawngtai te, thiante nena inhau lova inkawm te, an chungte pawisa an hmuh pawha an lak ruk duh miah loh chang te, mi thil an ruk duh miah loh chang te, inkhawm huna an inkhawm te leh thil tha an tih an hmuh chang te hian an

intitheiin hlim takin Pathian hnenah an hrilh ðhin a. Pathian pawh a lawm em em ðhin.

Chutianga naupang fel leh thu awih tan chuan vanram nuam tak a siam a. Chumi hmunah chuan naupang zawng zawngte kal vek se, awm vek se a duh a, Pathian hian naupangte hi a duat em em a ni.

Naupang vengtu vantirhkohte chuan an naupangte an sual chuan hrehawm an ti em em ðhin a; mi dawra thil an ruk lai te, nu leh pa thu an awih loh chang te, meizial an zuk ruk lai leh chungte pawisa an ruk lai te an hmu vek a. Naupangte thiltih zawng zawng an hre vek a, lehkha an zir peih loh avanga an *result* a chhiat te hian hrehawm an lo ti em em ðhin.

Thil sual chi hrang hrang tih ching naupangte chanchin Pathian hnena hrilh chu, vengtu vantirhkohte chuan an

huphurh em em ðhin. An naupang vente chuan thil sual an tih loh an duh em em a. Thil sual an tih chuan hremhmuna an kal dawn tih an hriat avangin an lungngai hle ðhin a ni.

Pathian hnenah pawh hremhmuna paih lo turin an dil ðhin. Mahse, vanram chu mi felte awmna tur a nih avangin naupang sual chu awm a phal si lo va. Vantirhkoh chu Pathian hnen aþangin lungngai takin a kir leh ðhin a, an naupang vente an fel theih nan theihtawpin an bei ðhin.

Chhiartu duh tak, nangmah vengtu vantirhkoh tilungngaitu nge i nih Pathian hnena hlim taka i chanchin sawitirtu le?

I thiltih azirin vanramah emaw, hremhmuna emaw i kal dawn si a. Ramhuai tirhkoh (Lasi) ðhian niha, hremhmuna kal nge i duh, Pathian vantirhkoh ðhian niha, vanrama kal zawk?

HARSATNA KARA PATHIAN HMEL

– C. Lalrintluangi
Senior Dept. zirtirtu
Durtlang Kohhran

Chhungkua hi Pathian din a ni a, nu leh pa chu mawhphurtu an ni. Fanau malsawmna an dawn zawng zawngte Pathian duh dan ang taka enkawl sei len pawh an mawhphurhna a ni. Chutih rualin an nu leh pate an lo upat hnua duat taka enkawl let ve hi an fate mawhphurhna a ni bawk. Chu chu Pathian thu a ni.

Chhungkaw pakhat chu mawhphurhna la tur berten Pathian thu an awih loh avangin an fate chuan an tawrh phah a. He mite nupahian Pathian chu an hre ngeiang. Nu leh pa ber chuan inthen zai an lo rel ta riap mai le! An fate chuan nu leh pa kiana sei len chu an phuhliah hliah asin. Mahse, a nu emaw, a pa emaw bula awm chu a lo ngai ta si a. An fate chu an nu bulah chuan an awm ta a. Pa tel lova awm mah ni se, a nu bulah chuan hlim taka awm thei chu an la ni reng tho va; mahse, a nu chuan a phal ta tlat lo mai. Ama nawmsakna tur ringawt ngaihtuahin a fate pawh chu

a phatsan ta a. A fate zawng zawng chu fahrah an lo ni ta. A fa upa ber pawh kum 10 mi lek a la ni a, a naute pathum lah naupang te reuh têt têt an la ni a, an unau chauhva awm thei an la nih si loh avang chuan a nu chuan hmun hrang hrangah a fate chu a dah kual ta a. Amah ber lah chuan pasal dang neihsanin, nuam tih hmeltakin a hun chu a hming dawn a ni si a.

A fate hi a ngaihtuah ve ngai ang em le? A chungah eng nge lo thleng ang le? Pathian pawhin engtiangin nge a ngaih ang le? Engtin tak a hun hming zel ang maw?

A fanu upa ber Muantei chu mi tha tak chhungkua, sawrkar hnathawk sang takten an enkawl hlauh mai a. Naupang fel leh hmeltha tak, ngo va mai, nu hnap mai hi a ni a, a tawng tlemin a naupan lai atang rengin naupang fel leh nungchang tha tak mai a ni a, a enkawltute chhungkua pawhin an hmangaih khawp mai.

Muantei chu a lo tleirawl a, amah enkawltute chuan a hma hun thlirsak ran chungin zirtirna an pe a. Theihtawp chhuahin, kum 20 a lo tlin meuh chuan a thu awihna rah chuan mahni inchawm theihna khawp a lo zir chhuak ta a. A awmnate chu felin nuamsa hle mah se, a nun chhungril a hlim chuang lo. A naute chu khawiah nge an awm ang a, engtin nge an khawsak ve ang tih ngaihtuah reng rengin a hun a hmang a. A naute awmna pawh chu a theih angin a zawng reng a. Kum sawm dawn hnuah a naute awmna chu a hre chhuak ta a; mahse, a naute zawng zawng chu hmun

hrang hrangah awm darhin, cheng ho thei dinhmunah an la ding si lo.

A nau chiah Ruattea chu mipa hmel fel thlerh thlawrh tak mai, tunlai rawlthar ang chu ni se, mipa a ni tih inhre lo ang maia khawsa, make-up nen hmeichhe kawr ang tak tak hain a awm ve ngei ang. Mi zawng zawngin tuai an ti ang a, hnung lamah an nuihsawh ang a, ani lah chu zah nachang hre lek lovin khawlaiah a kal awt awt ang a, a tawng hlawi hlawi baw ang a, mipa a nihna theihngilh thak khawpin a nun a hmang ngei ang le.

Mahse, mipa a nih ang ngeiin mipa awm dan tur ang takin mawi takin a awm a, mipa thawmhnaw a ha a, lan danglam a tum avangin a mawi phah dawn chuang lo va, a inchei danglam avangin hmeichhia a nih phah dawn chuang lo tih a inhriat tlat avangin mipa a nihna chu a vawng tlat a. Chu chuan a nun pawh kaihruiin Pathianin ngaih zawng tha tak mai a pe a, a dinhmun te a

hriat thiamsakin mal ngawih ngawiha a lo inhriat thinna te chu a bo phah ta a. Mahni inrin tawkna a neih phahin taima takin hna a thawk a, thawh hreh reng reng a neih loh phah bawk a.

A nau leh chu Pawl 12 zir lai a ni a. An chhungkaw dinhmun chhiat vangin a inngaihtuah lungngai duh ngai lo va. Lungngaih avang leh fahrah nia inhriat vangin ruih theih thilah a tlan ve lo va. Tleirawl sual pawh nei lovin a hun a hmang mek a, ruih theih thilin mihring a tihchhiat theihzia leh, thlarau nun thlenga khawih pawh thei a nihzia hriain, chumi lakah chuan fihlim a tum tlat bawk a. Chu chuan a lehkha zirna kawng thlenga nghawngin, mi dang ina awm ni chung siin theihtawpin lehkha a zir a, an *class*-ah pawh a thiam thei ber a ni zel a. Nakina a nawmsak theihna tur chu a zirlai tha taka zir a ni tih a hriat chian tlat avangin a theih phawt chuan zirna chawhhsan a tum lo va, officer lian tak nih tumin a hmabak eng takin a thlir lui tlat bawk a.

An naupang ber Sawmtei hi, a nuin pasal dang a neihsan hnua a niten an enkawl lai hian kum 5 mi vel chauh a la ni a. Sikul te kalin nuam ti takin a hun a hmang zel a. Ngo vah mai, biang tai tek hi a ni a, a hmelthain a duhawm hle mai.

Kum 13 a rawn tlin meuh chuan a tituai te pawh a lo nalh tan a, chu chu rem-changah an lo laksak nge ni, amah enkawltu, a tet lai atanga chhungte a hriat ve chhun chuan a pawngsual ta a. Chu naupang hrehawm tih dan tur leh a nuna ser a siamsak nasat turzia te ngaihtuhsak lo chuan, a chung a thil thleng a sawi chhuah ve meuh pawhin tu man an tan duh tlat lo mai. Fahrah thil sawi chu tu mahin awihsak duh lovin, amahin a tuar tlawk tlawk mai a ni.

Rilru hrehawm em ema awmin ruih theih thil te a tih phah ta a, nun beidawng taka awmin mahni intihhlum duhna hial a neih phah a. Chutianga nun beidawnga a awm lai chuan tanpui theitu

tur a mamawhzia a inhria a, amah pui thei tur nia a hriat a pan tawp mai a. Chu chuan a harsatnate chhawk zang-khaiin enkawl a ngaihna lai apiangah chhawmdawl a ni ta. Khang hun laia a rilru natnate chu theihngihlin hma lam a pan a, tanpuitu a neih avangin khang hun laia amaha ngaihtuahna sual lo awmte kha a tipuitling ang tih a hlau zawk hle a ni.

Nun beidawnga kan awm lai te, rilru na ngawih ngawiha kan awm laite hian thil tha lo tih mai duhna te kan rilruah lo awm thin mah se, chu chuan damna min pe dawn lo va, sual tih chakna rilru kan neih pawha kan tih loh hian nakin zelah hlimna min pe zawk dawn a. Kan nate hi na reng tur a ni lo va, dam ni a nei leh ngei ngei dawn a ni tih hre tlat chungin, harsatna kan tawk a nih pawhin min pui theitu tur mi rin tlak kan zawng tur a ni. Mi dang bula kan sawi chhuah mai ngamna hian keimahniah rah tha a chhuah zawk dawn a ni.

An unau an awm hran aṅanga kum 10 hnuah an inhmu khawm leh a, an hlim tlang hle mai.

Hetiang taka unau inhmangaih theihna Pathianin mihringa a lo dah hi ropui an ti hle a, an chanchin te an inhriat pawh hnuah phei chuan an inhmangihna a pung deuh deuh va. Chutiang khawpa hmangaihna an neih theihna chhan chu dinhmun harsa taka an din vang niin an hria a; mahse, chu harsatna chuan puitlinna a hring chhuak a, mahni in lumah duh ang anga khawsa chu ni se, tuna an dinhmun ang hi an luah zo lo vang tih an inhriat erawh chuan an lawm letling zawk hle a ni. An unauva hlim taka awma chhungkuaa chen ho chu an tum ber a lo ni ta a.

Pathian rorel dan hi mihringte hriat thiam phak rual a ni lo va. Harsatna phenah hian malsawmna a awm thin a, Pathian hmel lo lanna turin keimahni lam kan inhawn a pawimawh hle a ni.

THIH THLENGA RINAWM BILLY GRAHAM-A

(1918-2018)

– *John Lalhruaitluanga*
Jt. Editor

Billy Graham-a hi November 7, 1918-ah Charlotte, North Carolina-ah a piang a, a pa chu William Franklin Graham-a a ni a, a nu chu Morrow Graham-i a ni. An unau hi pali an ni a, amah hi a upa ber a ni.

Inkhawm aia inkhelh thlang zawk : Billy Graham-a hian a tleirawl lai chuan tleirawl dang tam tak ang bawkin inkhawm a ning ve thin a. Biak ina inkhawm ai chuan baseball khelh daih mai te chu nuam a ti zawk a, Pathian thu lam a ngaihtuah lutuk lo. Amaherawhchu, kum 16 mi lek a nih lain, Evangelist Mordecai Ham-a rawng-bawl naah a thiante zuia a kal ve tumin Pathian khawngaihna a chang ve ta a. Inkhawm aia inkhelh thlang zawk thin khan, a dam chung atan thil dang zawng zawng aiin Isua a thlang ta a ni.

Rawngbawl tura koh a ni : Florida Bible College-a a luh lai hian thuhiril tura

kohna a dawng a. Awle leh savate bulah Pathian thu sawiin, inzir nan a hmang thin a ni. Hemi hnu hian Wheaton College, Illinois atangin anthropology-ah a graduate leh a ni.

College a la kal reng laiin United Gospel Tabernacle an tihah pastor hna a thawk tan a, hei bakah hian thuhiril tura sawmna a hmu ve reng bawk. Kum 1947-ah kum 30 mi leka upa a nih laiin Minneapolis-a Northwestern Bible College chuan College President ni turin an sawm a, he hna hi kum 1952 thleng a thawk.

Billy Graham-a hi sipai chaplain nih tum a ni a; mahse, damlohna avangin a

a dil hunah a remchang ta lo va. Youth For Christ-in hun pum evangelist ni tura an tirh chhuah hmasak berte zinga mi a ni ta zawk a ni.

BGEA : Billy Graham-a rawngbawlna chu a darh zau zel avangin awmze nei zawk leh sawt zawka rawng an bawl theih nan kum 1950

Krista, an Chhandamtua pawm tura sawmna chhangtu hi mi maktaduai thum leh nuai hnih (3.2 million) lai an tling tawh a ni.

Mi tin mil evangelist : Billy-a hian politician hming-thang tak takte ngaihsan leh duhsak a hlawh hle a. Chung zingah chuan America Presi-



khan Billy Graham Evangelistic Association (BGEA) din a ni a, Minneapolis chu headquarters-ah an hmang a. Kum 1999 khan Charlotte, North Carolina lamah an hmunpui hi an sawn leh ta a ni. A Staff-te chhinchhiah dan chuan Crusade-a neihna hmuna Isua

dent ni ta Richard Nixon-a leh Lyndon Johnson-ate an tel. US President lo ni tawh, sawm leh pahnih lai – Harry S. Truman-a atanga Obama-a thlengin inkawmna leh titipuina hun a nei thin a ni.

Hetianga khawvela mi thiltithe ber an tih thin, US President-te hial pawh thinana

nei a ni chung hian chapona leh mahni inlulinna a nei ngai lo em maw tih tur khawpin a rawngbawlnaah hian mi tin an leng zel a ni. London leh New York-ahte rawng a bawl laia thahnem a ngai ang thovin Africa thingtlanga rawng a bawl pawhin thahnem a ngai em em reng a. Ram hruaitu lute hnena Pathian thu a hrilh ang thovin Australia-a bushman-te hnenah pawh uar leh phur takin a hrilh thin a ni.

Chawimawina : Billy Graham-a hian chawimawina chi hrang hrang a dawng hnem hle. ‘Greatest Living American’ (American la dam zinga ropui ber)-ah thlan a ni fo va, United States leh khawvela mi ngaihsanawm ber zinga mi (Most admired persons in the United States and the World)-ah pawh thlan a ni thin. ‘Gallup’s list of ten most admired men’ an tihah vawi 61 ngawt a lang a, a zawnin tum 55 a lang a ni.

Chhungkaw pa : Billy Graham-a hian Wheaton College-a a luhpui thin, China

rama missionary surgeon fanu Ruth Bell-i chu kum 1943-ah nupuiah a nei a, fa panga – Virginia Graham, Anne Graham, Ruth Graham, Franklin Graham leh Nelson Edman Graham-te an nei a, tu sawm leh pakua lai an nei bawk. A nupui Ruth-i hian kum 2007 khan kum 87 mi niin chatuan ram a lo pansan tawh a ni.

Billy Graham-a te nupa hi rawngbawlna lamah an inthural em em a, Billy-a hi rawngbawla zin chhuak reng a nih avangin Ruth-i hian in lam leh an fate enkawl hna chu a mawhah a la hmak mai a. Tawngtaina nen a pasal hi theihtawpin a lo tanpui thin. Chuti chung chuan, an fapa Franklin Graham-a tleirawl chhuak chuan sual lam kawng zawh ve bawk bawk lai a nei ve tho va. Mahse, an nupaa tawngtaina nena an thawh rim rah an hmu a, Franklin Graham-a chu rawngbawlna lama a pa aiawhtu a rawn ni ta hial zawk a ni.

Lehkhabu ziaktu : Billy Graham-a larna ber chu

thuhrltu (evangelist) a nihna hi a ni a. A lehkhahu ziah pawh hi a hlawhtlinpui hle bawk. Lehkhahu 34 a ziak a, chung zinga tam tak chu lehkhahu hralh kal (top seller) an tih zinga mi a ni. Ama chanchin a ziahna, 'Just As I am' tih bu phei chu miin an hlut hle a. Kum 1977-a a lehkhahu ziah 'How to be born again?' chu a hun laia tum khata chhut tam ber niin copy nuai khat an chhu a, 'Angels : God's Secret Agents' tih lehkhahu phei chu ni sawmkaw chhungin copy maktaduai khat an hralh zo vek a ni.

Khawvel ropuina hnawltu : Billy Graham-a chanchina ngaihnaem em em mai chu rawngbawl tura a inpekna hi a ni a. 'America's pastor' ti tein an sawi thin a, America President tam tak khu a thiante an ni. Chung mi lian tak takte chuan ambassador ni tur te, cabinet post luah ve mai tur tein an sawm thin a. Senator ni ve mai tur te, USA Vice President leh President hial pawh

chuh ve mai tura sawmna pawh a tawng nual a ni awm e. Chung sawmna zawng zawng a dawn changa a chhanna hi a ropui hle: "Pathianin thuhrl tura min koh khan, ka dam chhung atan a ni," a ti tawp mai a ni.

Kum za dawna upa a nih hnu leh Parkinson's disease avanga a awngrawp telh telh lai pawhin, "Ka rilru hi chuan rawngbawl zel mai hi a la duh a; mahse, ka taksa chak lo tak avang hian ka thei tawh si lo. Amaherawhchu, ka la thawk tek tek chhung chu Chanchin Tha hi ka puang zel dawn a. Pathianin min ko va, Pathian vekin chawl tura min tih hma chu chawl thei ka ni lo. Chakna leh hun Pathianin min la pek chhung chu evangelist hna hi ka tawpsan mai dawn lo. Ka dam chhungin rawng ka bawl dawn a ni," a ti tlat mai a ni.

Tlangkawmna : Billy Graham-a hian ram hrang hrang 185-ah mi maktaduai 215 emaw vel hnenah Pathian thuchah a puang chhuak a. Chuti chung chuan, June 24,

2002-a Cincinnati khuaa crusade a buatsaihah chuan, “Thi tawh mai dawna inngaih chang ka nei thin a, chung hunah chuan ka nun pum pui hi ka thlir kir thin. Chutiang dinhmun khirhkhah taka ka awm lai chuan, ‘Thuhriltu ka ni a, mi tam tak hnenah i thuchah hi ka puang chhuak tawh a ni,’ tiin Pathian hnenah ka sawi ngai lo va. ‘Lalpa, mi sual ka ni a, i ngaihdamna hi ka la mamawh reng a, kraws hi ka la mamawh reng a ni,’ ka ti thin,” tiin a sawi a ni.

Billy Graham-a hian kum 2005-ah a crusade hnuhnung ber New York-ah a buatsaih a. Kum 95 mi a nih kum, 2013 khan TV kaltlanga a thusawi hnuhnung ber a sawi a ni. Khawvelin rawngbawltu

ropui a sawi apianga tlar hmasa bera awm zel tawh tur Billy Graham-a chu February 21, 2018 khan kum 99 mi niin



a thi a. Evangelist ropui, thih thlenga rinawm Billy Graham-a thlanah chuan thu sei tak a inziak lo va: ‘Preacher of the Gospel of the Lord Jesus Christ’ tih zawng hi a inziak a ni.

1. Ni tin a duh anga a hman turin inhlan rawh.
2. Ni tin hunbi neiin inhlan thin rawh.
3. Kar tin lehkhahu tha pakhat tal chhiar thin rawh.
4. I chak lohna zawng la, thlarau puihna zawng thin rawh.
5. Bible-a mi ropuite nun zir thin rawh.
6. I dinhmun inchiin thin rawh.

– Ted Engstrom

HRE THEI RAWH

(A hnuai a dikna i en hmain han chhang chhin la, mark eng zat nge i hmuh le?)

1. India ram Vice President tu nge?
2. France President, April, 2018-a USA tlawhtu kha tu nge?
3. Khawvela tennis tournament inelna lianah Grand Slam eng zat nge awm?
4. Khawvel khawmualpui pangate hming han sawi teh.
5. Bible bu 66 zinga bu lian ber eng nge ni?
6. Khawvela tennis khel thiam ber, April, 2018-a World number one-a an puan leh tak kha tu nge?
7. Kristian tam berna ram eng nge ni?
8. Indian National Game i hria em?
9. FIFA-in football thiam ber rama a puan thar kha?
10. Khawvela lui lian ber eng lui nge?

1. M. Venkaja Naidu. 2. Emmanuel Macron.
3. Grand Slam palli. 4. Europe, Asia, N. America, S. America, Africa. 5. Sam bu. 6. Rafael Nadal.
7. USA. 8. Hockey. 9. Germany. 10. Nile.



Hriatzauna Huang

– Lalremmawia

Nu leh pa i la nei em? I la neih chuan an thu awih hle rawh. A nih leh nu emaw, pa emaw i nei tawh lo em? A la dampuitu che thu chu awih hle rawh. A nih leh nu leh pa i nei tawh lo em?

United Nations chuan – thihna avang emaw, inthen vang emawa enkawltu nu emaw, pa emaw nei lote hi *fahrah* an ni tiin a hrilhfiiah a. Chutiang mi kan nih pawhin zâmin i beidawng mai lo vang u. Khawvelah hian fahrah ni si, mi ropui, hlawhtling leh hmingthang tak tak an tam asin. Khai mah aw!

- | | |
|---|-----------------------------------|
| – Augustus Caesar
(Rom lalber) | – Marilyn Monroe
(Fil mstar) |
| – Eric Clapton (Zaithiam) | – Edgar Allen Poe (Ziakmi) |
| – President Bill Clinton | – Priscilla Presley
(Filmstar) |
| – Nat King Cole (Zaithiam) | – First Lady Nancy Reagan |
| – President Gerald Ford | – First Lady Eleanor Roosevelt |
| – Faith Hill (Zaithiam) | – Leo Tolstoy (Ziakmi) |
| – John Hancock
(U.S. dintute zinga mi) | – Lance Armstrong (Cyclist) |
| – Steve Jobs
(Apple dintute zinga mi) | – Lal Kura (Bible-a Persia lal) |
| – John Lennon (Zaithiam) | – Confucius
(Chinese mi thiam) |
| – Nelson Mandela (Mihring
dikna chawisangtu) | – Mosia (Bible-a mi) |
| – Tim McGraw (Zaithiam) | – Aristotle (Greek scientist) |
| – Sarah Mc Lachlan
(Zai thiam) | – Marcus Aurelius
(Rom lalber) |
| | – Akbar (Mughal lal ropui) |

- Yasser Arafat (Palestinian hruaitu)
- Saddam Hussein (5th President of Iraq)
- Hu Jintao (China hruaitu)
- Chiang Kai-shek (Republic of China hotu)
- Genghis Khan (Mongol hruaitu)
- Muhammad (Muslim dintu)
- Yuri Andropov (Soviet Union hotu)
- Adolf Hitler (German dictator)
- Louis XV (France lal)
- Dante (Hla phuah thiam)
- John Keats (Hla phuah thiam)
- Bertrand Russell (Ziakmi)
- William Wordsworth (Hla phuah thiam)
- Johann Sebastian Bach (Hla phuah thiam)
- Louis Armstrong (Rimawi tum thiam)
- Tina Turner (Zaithiam)
- Charlize Theron (Filmstar)
- Preity Zinta (Filmstar)
- Shah Rukh Khan (Filmstar)
- Rajesh Khanna (Filmstar)
- Cate Blanchett (Filmstar)
- Charlie Chaplin (Fiamthu thiam)
- Michelangelo (Lem ker thiam)
- Julia Roberts (Filmstar)
- Charles Bronson (Filmstar)
- Barbra Streisand (Zai thiam leh lemchan thiam)
- Eusébio (Footballer)
- Garry Kasparov (Chess khel thiam)
- Johan Cruyff (Football player leh coach)
- Gustavo Kuerten (Tennis player)
- Rivaldo (Footballer)
- Robert Boyle (Hmuchhuaktu)
- Marie Curie (Scientist)
- Charles Darwin (Scientist)
- Alexander Fleming (Biologist)
- Johannes Kepler (Scientist)
- Antoine Lavoisier (Scientist)
- Isaac Newton (Physicist)
- J.J. Rousseau (Philosopher)

- Bertrand Russell
(Philosopher)
- George Washington Carver
(Scientist leh hmuchhuaktu)
- Nicolaus Copernicus
(Mathematician & astronomer)
- Roman Abramovic
(Sumdawng)
- William Boeing
(Boeing Company dintu)
- Henry Ford
(Ford Motor Company dintu)
- Colonel Sanders
(KFC dintu)
- Levi Strauss (Sumdawng)
- Osama bin Laden
(al-Qaeda dintu)
- Kano Jigoro
(Judo hmuchhuaktu)
- Billy the Kid
(Cowboy hmingthang)
- Valentina Tereshkova
(Van sanga hmeichhe zin hmasa ber)

An tam tiru? Sawi kim sen an ni lo ve. Kan sawi tak mi ropui leh hmingthangte hi fahrah leh dinhmun tha lo taka lo ding tawhte an ni a; mahse, an tum tlat avangin hetiang mi hi an lo ni thei a ni. Chhiartu duh tak, fahrah i ni em? Fahrah kan nih pawhin inngaihtuah hniamin beidawng mai lo ila. Kan tum tlat chuan heng mi kan sawi takte ang hian kan hlawhtling thei a ni. Tin, kan bul velah fahrah an awm a nih pawhin hmusit lovin i tanpui thin ang u. Kan Pathian hi fahrahte lama tang tlat thin a ni si a.



AWM DAN MAWI

1. Nausen i nih lai aṅanga lo enkawl seiliantu i nu leh pate zah thiam la, 'ka nu, ka pa,' emaw ti lo chuan ko ngai suh. Khawvelah i tan an ni aia hlu zawk tu mah an awm tawh lo tih hria ang che.
2. I unaute lakah emaw, i ṅhiante lakah emaw tihtauh ching ngai suh ang che. Tihtauh hi thil mawi lo tak a ni a, mi fīng tih tur a ni ngai lo.
3. I nu leh i pa hrilh lovin in chhuaḥsan ngai suh. I kalna tur chu i nu leh pa hrilh ṅhin la, ina i haw leh hun tur pawh hrilh ṅhin ang che.
4. In chhungkaw thil ṅhiante hnenah emaw, pawn lamah sawi sawi tur a ni ngai lo. A ṅha lam i sawi pawhin chapo an ti che ang a, a chhe lam i sawi pawhin an hmsut palh ang che. Min thil an zawt che a nih pawhin min zawh chin chauh chhan mai tur.
5. Kawngah i hmelhriat i tawh changin hlim hmel takin be ṅhin rawh. Hawihhawm takin awm la, ngaihdam a ṅul hunah ngaidamtu ni la, '*Ka lawm e,*' '*Min ngaidam rawh,*' tih ṅawngkamte hi a ṅul hunah hman hreh loh tur a ni.
6. I chhungte zin an lo haw changin ina lo awm tum hram la, hmel hlim takin lo be ṅhin ang che. Zin haw zawk i nih pawhin hmel hlim takin i chhungte be ṅhin la, lawm thu hrilh ṅhin ang che.
7. I thinrim laiin ṅawng puat puat tur a ni ngai lo. Thinur lai chuan kan duh zawng ni chiah lo te pawh sawi palh a awl ṅhin a, thinrim lai chuan ngawih chuh hram hram hi finna a ni.
8. Mi i biak reng rengin an hma bulhnai takah, anmahni ṅawng khum zawngin thu sawi loh tur. I thawk rintang lo a lo tipalh hlauh ang a, mawl a ti palh ang che. Mi hma zawna i ṅawngin i ka hup deuh ṅhin ang che.

CHEI RAWH LE!



A nalh dan tur ang berin
han chei leh pawht mai teh le...





A chungá lem ziaak ah hian Sap ɔawng thumal paruk thuhruk a ni a,
 ngun takin en la, han zawng chhuak teh le.

- | | | |
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| 4 | 5 | 6 |

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To,



**Kepran Kohhran
Naupang Sunday School**

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