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Thlarau Thianglim chenchilh nun

Phek - 9

SERMON

KRISTIAN CHHUNGKUA

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Editorial

HAUSAKNA DIK

Sum leh pai chungchang sawina hi Thufingte buah a tam hle a. *“Hausaa inngai eng mah nei lo an awm a, retheia inngai hausa hle si an awm,”* tih te (Thuf. 13:7), *“Engmahlo mai maia sum deh chhuah chu tihrial a ni ang a; thawh rima khawl erawh chu a pung ang,”* (13:11) tih te, *“Fel lo taka deh chhuah tam tak ai chuan fel taka deh chhuah tlem te a tha zawk,”* (16:8) tih te kan hmu.

Heng aṭang hian eng nge kan hmuh? Kan thil neihte chu tam hle mah sela, kut tling lova sum kan lak luh hmanga neih emaw a nih chuan hlutna reng reng a nei lo va, a tlo hek lo va, a neitu nun a tihlim hek lo. Kawng lehlamah chuan kan thawh rimna avanga kan neihte chu tlem te pawh ni sela, *“Heng hi Isua zara ka ta,”* tih theih a nih avangin a hlu a, a neitu thinlung pawh a hlim ṭhin. Pathian tel lo pawhin ei ruk hmangin sum hi a neih ṭeuh theih a, hausa tawntaw pawh a nih theih ang. Amaherawh-chu, kan Bible chuan, *“Hausaa inngai eng mah nei lo an awm a,”* tiin min hrilh a. Kut tling lova sum la lut ṭhinte chu an rilru a duham avangin duh tawk an nei reng reng lo va, an rilru a la rethei tho ṭhin a. Pathian avanga dik taka thawk rimte chu nei tlem mah sela, an rilru a hausak avangin kut tling lova hausate aiin an hausa zawk daih a ni.

Chutichuan, hausakna dik chu sum leh pai neih tam ngawt hi a ni lo va, a neih dan dik leh a neitu nun lama teh a ni zawk a. Mi rethei nia kan hriat pawh hi Pathian an ṭih phawt chuan mi hausa tak an ni thei a ni. Lalpa ṭihna leh hlauhna kan neih phawt chuan, nei tlem mah ila kan neih chhun kha a hlu thung a, kan nei tam a nih pheih chuan a hlu hlei hlei ang. Chuti a nih chuan kan Lalpa hi hlau ila, ṭih ila, kan thil neih zawng zawng pawh hi a hriatpui tlak ni sela, kan ram hi kan hlim ang.

“Lalpa hlauhna nena tlem te neih chu tam tak neiha buaina tawh ai chuan a tha zawk” (Thufingte 15:16).

Kristian Chhungkua

CHHUNGKAW ṬHA DIN - KAN RAM MAMAWH

– Rev. Lalsangbera

Director

Family Guidance & Counselling Centre

Lalpa chuan heti hian a ti, “I chhûngte khawsak dân tur rêl sak rawh,” (Isa. 38:1).

Chhûngkaw ṭha hi hausak leh retheih emaw, eizawnaa hlawhtlin leh tlin loh emaw, building neih ṭhat leh chhiat aṭangan a teh theih loh. Thil engkimah hian a chhe chi leh a ṭha chi a awm angin chhûngkua pawh hi chutiang chu a ni tho mai. Kan ram te tak tê ah hian chhûngkaw fuh lo laklawh, a chhe zawnga kal ngar ngar leh chhûngkaw duhawm leh hlu tak, ropui telh telh kan awm tawn reng. Dik taka sawi chuan kan ramah hian nupa tam tak hian ‘Kristian chhûngkaw ṭha din’ tum aiin ‘In leh lova ngêlnghet chhûngkua’ nih tum hi kan tam zawk awm mange a tih theih. Hei vang hian chhûngkaw nun chher ṭhat hmasak aiin, ei zawng thei tura fate chher puitlin hi kan rual pawlna a ni zawk. Chhûngkaw member-te nun sak aiin chenna in kan sa ṭha zawk. Hei vang hian in ṭha leh mawi tak, a luahtu chhûngkaw nun rûm si kan tam pah. Chhûngkaw eng emaw zat hi chu Kristian chhûngkua ni lovin, khawvel chhûngkua leh eizawng chhûngkua kan ang sawt hle.

Chhûngkaw ṭha hi a hranpaa van lamin min rawn dinsak tur a ni lo va, thlarauva harhna aṭanga dawn kher chi pawh a ni lo. Mizo pain pûmah

chem leh tuthlawh ṭha kan chher angin, chhûngkaw ṭha hi keini nu leh pate hian kan chher tur a ni. Zawlnei hmangin Pathian chuan, “I chhûngte khawsak dân tur rêlsak rawh,” min ti zawk a ni (Isa. 38:1).

I. CHHUNGKAW ṬHA KAN TIH HI ENG ANG CHHUNGKUA NGE?

Hetianga hian chhûngkaw ṭha hi i han chhui zau teh ang u.

1. MIHRING NIHPHUNG AṬANGATEHNA

(1) Chhûngkaw ṭha chuan an pi leh pute, nu leh pate an zahin an ngaisang a, an ze ṭha lo lai an titawp a, an ze ṭha an chhawm zui ṭhin.

(2) Chhûngkaw ṭhaah chuan chên ho dan ṭha a awm. Tu emaw rinrâwla neih bika, hah bîk leh hah lo bîk an awm lo. Member tin chu hlu tak leh pawimawh tak ni vek turin mawhphurhna an nei. Nu leh pa emaw, pi leh pu emaw chu chhûngkaw hotu an ni a, an tilal thiam ṭhin. A hlawh tam tam leh sum la lut tam tam intihthua, sum lâk luh nei lote en hniam an ni ve lo. Mahni ina awm hman mang lo khawpa lêng leh riak bo khawpa mahni chhûngkua ngainêp an ni ve lo.

(3) Unaute inrâwn tlângin thil an ti a, an hma lâkna an inhriatpui a, a rûka thiltih an nei ve lo. Puitling chin pangngai chu chhûngkaw tan ṭangkaina nei lova awm mai mai an awm ngai lo. Mahni mûm mûmin an mûm lo va, chhûngkaw kalhmang bik an nei ṭhin. Ṭawngkam leh chêtziaa inzah tawwna an tilang ṭhin.

Induhsakna leh puih ngai pui turin ṭanrualna mumal an nei ṭhin.

2. VANTLANG NUN AṬANGATEHNA

Chhûngkaw ṭha chuan an vêng tana hnawksak nih an duh ngai lo va. Khawtlang leh veng chhung ṭhatna turin an khawsa ṭhin. Ṭhenawm ṭha leh ṭhenawm bengvâr nih an tum a, vêng tihhmingṭhat an tum a, tlawmngai pawlte thiltih an bikbosan ve ngai lo. Vêng hotute an bei lêt ngai lo va, khua leh tui ṭha nih an tum ṭhin. Âia upa zah chu an nihphung rêng a ni a, veng hmasâwnna tura an ram lâk hêk a ngaihin an dodal ngai lo. Mahni in leh a chhehvêl an vawng fai a. Veng chhunga chhiat tâwk leh damlo an awmin an ngaihsak ṭhin. Veng chhunga khawn tesêpah thil khawn hrehawm nih an duh ngai lo. Ṭawngkam ṭha lo leh zahpuiaawm an hmang ve ngai lo va, mi tin hawihhawm takin an be ṭhin. Chutiang tur chuan chhûngkua an inzirtir ṭhin.

3. SAKHUANA AṬANGA TEHNA

Kristian chhûngkua chu phâk tawkin an sakhaw mi

thin. Sakhuana hi Pathian a ni lo va, Pathian lama mihring min hnûktu tângkai a ni. Vanram kaina tur ni lo mah se, vanram kai turte nun tinghetu leh kaihruaitu a ni zawk. Sakhuana chu mi mal, chhungkua leh kohhrana Pathian avanga thiltih tulte - ni tin, chawlhkâr tin, kum tin, kumkhua leh dam chhunga kan tih hi a ni. Chungte chu tawngtai te, inkhawm te, Pathian tana tângkai thei tura mahni inserh thianghlim te, thilpek/thawhlawm pêk te, nun dan tha lo laka invên leh rawngbawl hna thawh te hi a ni. Chhungkaw hotu apiang chu sakhaw nun lama mawhpurtu ber an ni. Sakhuanain hmun a chan mumal lohna chhungkua chu engkimah a fuh hlen tak tak thei lo.

Chhungkaw tha chhertu lian ber chu sakhuana hi a ni thin. Thlai tha mi angin sakhuana dik chuan rah leh pâa nei, chungte chu - mi zahawm leh dikna ngaina mi, Pathian leh mi dangte tana thil tha tih tum tlat te, insumthei te, nungchang mawi te, Chawlhni serh ngai pawimawh te, mi dangte tanpuitu te, thu awih thei te, chhia leh tha hriatna fim hmang reng mi te, ram leh

khawtlang tana mi rin tlak te, mi dang kêp thei te hi a rah leh a pâa te chu a ni.

Sakhuana hi chhungkua leh kohhran a tanga kan neih tur a ni ber. Sakhuana bulpui zawk chu chhûngkaw nun a tanga lo awm a ni. Kan ram pum pui nun fuh lohna nasa ber chu chhûngkaw sakhuana kan lo hlamchhiah rei lutuk hi a ni. Nu leh pa sakhaw mi lohna hi faten kan tuar hle a ni. Hei hian mahni kohhrana inkhawm mumal lo, tawngtai ngai lo, sakhaw bu Bible pawh chhiar ngai lo a tipung a ni. Kristian Nun Inkaihhraina Buah chuan, “Innei tur zawng zawngin an thlarau lam thatna tur an ngaihtuah tur a ni,” tih a tar lang. Chhûngkaw thlarau lam thatna chu chhûngkaw sakhuana hi a ni si a. Sakhaw nunin chhûngkua chu Pathian hman tlak ni turin a chher puitling a. Thlarau Thianghlim hnathawh chuan chutiang mite chu hmanraw tângkai atan a tinungin a tichak thin a ni.

II. TUNA KAN RAM DINHMUN HI A THA KAN TIEM

Mizoram Police CID (Crime Branch)-in 2010-2015,

kum 6 chhûnga a chhinchhiah danin, mahni intihlum mi 520 an awm. Pawngsual case 515 a awm. Kum 2011-2013 chhûng phei kha chuan India ram pumah mihring za zêla chhûtin Mizoram chu pawngsual tam berna state kan ni. Kum 1990 aţanga January 2018 inkâra thisen test tawh mi 6,60,934 aţangin HIV+ hmuhchhuah tawh chu mi 16,451 an ni a, chu chu mihring 1.64% a ni. India ram State zawng zawngah mihring za zêla chhûtin a sang ber kan ni mêk. HIV+ kai darh chak berna, sex hman aţangin za zêla 67.30-in an kai a ni. Report-a a lan danin tun dinhmunah kan ramah hian ni tin mi 5.4 velin HIV+ hrik an kai thar ziah a ni. Drugs/Ruihhlo thua pawh kum 2016-2018 chhûng maiah pawh Aizawl khawpui chhûnga veng 21 an zir chianna aţang chauhvîn mi 1,096-in drugs an ti. Mizoram hmun hrang hranga Drop-in-Centre-ten an chhinchhiah danin thla tin mi 20 vel zêlin ruihhlo an ti thar a ni. Kum 2017-2018 chhûng mai pawh khan ruihhlo zuartu zingah mi 517-te man an

ni. Man lohva zuartu hi eng zat tak ni ang maw? Chanchinbu leh TV vêla man rawn lang hi chu a ve chauh niin a lang.

Zu rui duh hi sawi peih loh khawpa tam kan ni bawk. Synod Social Front Survey aţanga a lan danin, za zêla mi 93.83-ten, zuin kan khawtlang nun a tibuai tih an hmu a. Mi za zela 86-ten, zu thlah zalen avangin drugs dang a tam phah tih an târlang bawk. He survey aţanga chhûtin, kum 2014-2015 chhûng khan zu vanga chhûng-kuaa buaina siam zat mi 2,853 an awm a, zu vanga thi zat 624 a ni a, nupa inţhen tuak 343 an awm a, kohhrana an rawng-bawlina chawlhîr pawh mi 168 lai an ni. Aizawl Post, 24 Feb 2016-in a târ lan danin, 2015 kum khan Mizoramah zu kaihnhawih vangin police 125 an thi a, ni 2.92 dan zêla thi angin chawhrual a ni. Hetiang ram kan nih vang hian tun dinhmunah mihring za zêla chhûtin India ram pumah Mizoramah hian hmeithai tam berna State kan ni a, hmeithai zinga 60% chu zu vanga hmeithai an ni.

A chung a report leh survey aṭanga kan landan hi chuan kan ramah hian kristian nunzia nena inpersan, Chhûngkaw mumal lo kan tam hle tih a hriat theih. Sakhaw nun hman gwumal lova mahni chhûngkaw kaihuai kan tam hle tih a lang thei. Kristian Chhûngkaw ṭha leh Chhuan ṭhâr duhawm neih dan tur kan dap na hle a nih loh chuan he hnam hi kan ral chak hle dawn a ni. Chhûngkaw tlo nih hi a hranpaa khelth tham fê a ni ta.

III. CHHÛNGKAW ṬHAA AWM THEIH NANA PAWIMAWH TE

Chhûngkaw ṭha tak din tûrin heng te hi a pawimawh hle mai.

1. C H H Û N G K A W HRISEL NIH: Research beitu pakhat Dolores Curan-a chuan, “Chhûngkaw hrisel chu natna hrik pai lo lam ni lovin, an chhûngkaw nun phung ṭha a ni zawk,” a ti. Chutiang chhûngkuaah chuan heng hi an ki pui niin a sawi:-

- An inbe tawn in an in ngathla tawn ṭhin.
- Harsatna an tawhin mahni

chauha su lovin an in ṭanpui tawn ṭhin.

- Midangte zah tak chung a nun dan an zirtir ṭhin.

- Innghahna tlâk, rin tlâk an nihzia an lantir ṭhin.

- Mûk reng lova fiamthu huna awm dan an nei ṭhin.

- Mimala an mawh phurhna an chiang ang bawkin mawhphurhna inṭawm an nei ṭhin.

- Thil reng rengah a dik zawk leh dik lo zawk awmzia an zir ṭhin.

- An chhûngkaw hman tûr dan chianguang an neih chu an hrekim hle.

- Sakhaw nun laimu an nei a, chu chuan an chhia leh ṭha hriatna a thlifim reng ṭhin.

- Ṭawngkam dik leh ṭha hmanin an inbe ṭhin.

- Midangte tan leh Pathian tana inpêkna lam an ngaihlu ṭhin.

- Chhûngkaw tan hun bituk (time table)an vawng hram ṭhin.

- Ṭûlin buai ṭheuh hlawm mah se hunâwl an insiam ṭhin a, himna insiam sak an ngaina ṭhin.

2. MIPA MUMAL CHHER CHHUAH A PAWIMAWH: Mizo mipate

kan harh chhuah a ʈul tak meuh. Chhûngkaw sawrkara hotu Pa ber te hian nupui fanaute zawm tlâka chhûngkaw rorelna ʈha kan zir a ngai ang. Kan ram ti ʈhang hlei thei lo tu chu chhûngkaw pa berte zu duh mi, hna thawk ʈha thei lo, hmeichhe thawh chhuaha zak miah lova inngat ngam kan tam hi a ni. Sa dawrah hmeichhe sa sât an tam lutuk tawh. Mizo pa ten mipa dinhmun dik kan luah hun hunah chhûngkaw dinhmun a kâng ang.

3. CHHÛNGKAW SIKUL DIN THAR:

Mithiamte chuan, “Chhûngkua hi School hmasa ber,” an lo ti ʈhin. Chu school ah chuan nu leh pate chu zirtirtu, tu leh fate chu zirlai naupang, kan text book chu Nu leh pa sakhaw nun a nia, kan zirtir dan kalhmang (method) chu an entawn tlâka insiam leh ʈawngkam ʈha zawk hman a ni.

Chhûngkuaa kan sawi tam apiang hi chu kan fate hian an lo hre tam a, an hriat tam chu an lo nunpui deuh nge nge ʈhin. Biakin kawta nihliap bo ʈhinte, rûkru case tam zia te, pawngsual leh tual ʈhah ʈheng leh ʈhin te, ruihhlo leh zu duh mi kan tam êm êm

te, Sawrkaw sum ram hmasawna aia mimal hlâwk nana siam thiam te, contract hnathawh chhe lutuk te, dâwt sawi kan pawisak lohna te hi kan hnam ti ʈuanawptu a ni. Hetiang tih ching te hi chhûngkaw sikul aʈanga lo seilian vek an ni.

An nun chher hun laia kan chher dan a fuh loh vang a ni ber. An la naupan hle laia pa kan ʈawngʈai tlem chuan an lo puitlin hunah Pathian hnaih ʈulna an hre lovang. Pa ber a inkhawm khât hle chuan fate chu inkhawm ngai lo mi ah an lo sei lian ang. Pathian ring lovin sum thiltihtheihna an ring zawk ang. Pathian thu kan sawi tlêm chuan Pathian thu tel lovin an nun an hmang ang.

4. CHHÛNGKUA LEH KOHHRAN INZAWM NGHEHTIR: Mihring nun hi sakhuana leh kohhran nun hmanga thlitfim leh thuam a nih loh chuan nun hi a inbûk diklo thuai ʈhin. Hei vang hian mithiamte chuan ‘chhûngkua hi kohhran hmasa ber leh tê ber’ an lo ti tawh a ni.

Chu chhûngkaw kohhranah chuan keini nu leh pa te hi puithiam leh kohhran hruaitu ang kan ni sa hrim hrim. He dinhmun hi kan hman dik chuan kan fate’n

kohhran an ngaina anga, an nunah a bet ngheet tlat ang. Chutiang kan nih loh chuan an 'kohhran mi' thar thut hlei thei tawh lo ang. Nuam ti takin kohhran rawngbawlnaah an tâl tlangnêl peih lo ang. An sual leh chak loh bik vang ni lovin, chhûngkaw inhruainain a pêk hneh loh lam a nih vang mai a ni.

5. FATE NIHTIR KAN TUM HI ENNAWN A

NGAI: Nu leh pa tam takin kan fate hi hna hlâwk chi thawh tir te, eizawnna ngheet neih tir te kan tum ber thîn a, hlawhtling thawkhat pawh an tam ang. Heng aia nih tir kan tum tur chu - kohhrana rinawm, Pathian rawngbawltu, tawngtai mi leh Pathian ring tlat mi, Chanchin tha hriltu, Nun thianghlim duhtu, Sual dotu, Pathian tih mi, Pathian tana mi inpê, midangte tana malsawmtu nih te hi.

Kan nihtir tum a dik loh vang hian hna sâng tak thawk, Engineer, Doctor, Lecturer, Officer...etc. piangthar lo, inkhawm mi lo, sawma pakhat pe lo, kohhran ngaisâng si lo te kan nei tam mah mah ta.

Lehkha thiam- nung thiam si lo, mi hlawhtlinga ngaih zu nghei thei lo, nawmchen thlahlel te, eiruk pawisa lo te, hnaa rinawm lo te, hlawh hmuh nan chauha thawk te, nupui pasal then chingte, lâkluh phû loa in sa tha te, mi sakhua lo te kan ngah phah a nih hi. Kan nihtir tum chinah chuan kan hlawhtling viau. Mahse nihtir kan tum ber kha alo fuh vak lo a ni.

TLANGKAWMNA: Kan ramah hian tlawmngai pawl tha tak tak te, kohhran leh sawrkar hmalakna ropui te hian siam that hna ropui tak tak hi thawk reng mahse, chhûngkaw tha kan din zel loh chuan kan ding chhuak tak tak ngai lo vang. Ram hmasawnna sum lo kal zel tur pawh hi chhûngkaw tha in a chher chhuah mithiamte kutah lo chuan tute emaw sum siam nan a luang ral leh mai ang. Chuvangin chhûngkaw tha din hi kan ram mamawh ber a ni. Kan la chhe zo miah lo a nia. Beiseiawm tak chhûngkua vek kan la ni thei tih hriain thlir dan tharin kan chhûngkua theuh hi i thlir ang u.

*Sermon***THLARAU THIANGHLIM CHEN CHILH NUN**

Jn 14:15-17, Tirh.4:20

*B. Bualchhumi**Central Committee Member*

Thlarau Thianghlim hi engnge a nih tih te, ringtute tana a hnathawh leh pawimawhnate hi uar lutuk theih a ni lo vang. Lal Isuan ‘Thlarau Thianghlim chu, ‘Thlamuantu, ãanpuitu, sawisaktu,’ tiin a sawi ãhin. ‘Tichaktu, kawhhuuhtu, nunna petu, finchhuahatu, zilhtu,’ a ni bawk. Thlarau Thianghlim chuan chak lote fuihin a tiharha, a thlamuan ãhin. Thuthlung Hluiah chuan ‘Pathian Thlarau’ tiin a lang tam hle.

1. Thlarau Thianghlim hi tihlungngaih theih a ni:

Paulan, “*Pathian Thlarau Thianghlim chu tilungngai suh u, tlanna ni atan chuan amahah chhinchhiaha in awm kha,*” tiin a sawi a. Ringtu nun Thlarau Thianghlim hnathawh hi a inmil loh ãhin avangin kan tilungngaiin kan hnawl a lo ni ãhin.

Paula’n ‘Krista duhloh zawnga nun te, dawt sawi te hian Thlarau Thianghlim a tilungngai ãhin,’ a ti. Chuvangin dawt sawi te, vervek te, rinhleleh te, rin lohna te, luhlulna te, helna te, khâkna te, huatna te, inhalna te, inñhenna te, inngeihlohna te, nun tibawlh-hlawh thei thil thianghlim lote hian Thlarau

Thianghlim a tilungngai ãhin. Ringtu inti ãheuh si, inpumkhat thei lova, kan inñhen ãhin avangin Paulan, ‘*Lalpaah chuan rilru hmunkhat pu turin Euodii ka ngen a, Suntuki pawh ka ngen bawk a ni,*’ (Phil.4:2) a ti.

Kohhrana hruaitute an inngeih lohva, inremna aia mahni thu tihlal tum, mi dang rem tum lote avangin kohhranah inñhenna leh inhuatna a thleng a, Thlarau kan tilungngai ãhin a lo ni. Mizorama Harhnain a hrin ãha lo tak pakhat chu Kohhran duh khawp lohna leh inñhenna thleng ãhin hi a ni fo, fimkhur a ãul hle. Harhna a thlen hian hruaitute pawhin fim tak leh dawhthei taka kohhran enkawl a pawimawh hle a ni.

2. Thlarau Thianghlimin ringtute a chenchilh thin.

Lal Isuan, *‘Nangnin mi hmangaih chuan ka thupêkte chu in zawm ang. Tin, Pa ka dîl ang a, ani chuan Thlamuantu dang a pe ang che u, chatuana in hnêna awm turin, chu chu Thlarau dik tak a ni,’* (Jn 14:15-17) a ti. Isuan a sawi angin Thlarau Thianghlim chuan ringtute min kalsan ngai lo.

Isuan a thih tur thu a sawi khan Zirtirten an hrethiam lo, an thlaphanzia a hmuhin, *“Thlamuang takin awm rawh u, keiin khawvel ka ngam ta,”* tiin a thlamuan a ni. Keini ringtute pawh hi Thlarau Thianghlim, Pa leh Fapa ata lo chhuak chu Lal Isua sawi angin kan hnenah a awm reng a, min kalsan lo. Sam ziaktuin, *“Mangan laia tanpui vartu hnai reng a ni,”* (Sam 46:1) a ti a, kan koh apianga chhangtu Pathian kan nei hi a va thlamuanthlak em! (Deut.4:7). Keinin kal bosan thin mah ila, ani chuan min thlahthlam ngai lo.

Fapa tlanbo kha a pa hmangaihna chuan a kalsan ve ngai lo, a theihnghilh loh mai bakah a fapa lo let hun tur a thlir

reng a; fapa chuan a pa hmangaihna angchhung ata kal boin, a ro chanai te lain a pa a kalsan a. A mangan vawrtawp hnuah a pa hnenah a kir leh a, a pain a lo hmuh chuan a hmangaihna thukzia lo langin ‘a tha ber’hlirin a lo thuam a. Keini pawh Thlarau Thianghlim hi kalsan thin mah ila, ani chuan min kalsan ve lo.

3. Thlarau Thianghlim chenchilhte nun:

Thlarau Thianghlim chenchilhte nun hrang hrang tlem lo en ila, an Thlarau chan avanga an chetzia pawh a in ang vek lo tih kan hre thei. Penticost Ni-a thil thleng han en ila:

Thlarau Thianghlim chuan chakna te, huaisenna tein a thuam a. A hma lawka nula hmaa zam Petera chu Thlarau Thianghlina a lo khah meuh chuan, *“Keini zawng, thil kan hmuh leh kan hriatte hi sawi lovin kan awm thei lo,”* (Tirh.4:20) a ti mai.

Isua thihna leh thawhlehma hmua hretu an nihzia a lo lang ta. *‘Mihring thu aiin Pathian thu kan zawm zawk tur a ni,’* tiin lung in tan leh thih an hlau lova, an LALPA tan huai takin

an ding ta zawk a ni. Thlarau Thianghlim changtute chu an inthup thei lo. Juda hotute, Puithiam lalten Johana leh Petera huaizia an hmuhin, *“Lehkhathiam lo leh mi mawl mai an ni tih an hriatin mak an ti hle a, ‘Isua hnenah an awm tawh,’ tih an hre ta a. (Tirh 4:13).*

Mosia pawh Pathian Thlarauin a thuam a, Kanaan ram panna kawngah Upa 70-ten Thlarauva thu an sawi bual bual laia thenkhatin an ngaimawh a, khap turin Mosia an ngen khan, *“Lalpa mi zawng zawngte chu zawlnei ni vek sela, LALPAN an chungah thlarau chu dah theuh sela, tih naka laiin”* (Num. 11:29) a ti mai a ni. *Mosian a dinhmun chelh te, a chanvo leh hamthatna te, Pathian Thlarau leh a thilpek dawnte mi dangin chang ve se a duhsakna a ropui hle a ni.* Thlarau Thianghlim changtute chuan mi dangte that-na duhsakin, hre lote hnena Chanchin Tha pekchhuah duhna an nei a; hei hian thilpêka rawngbawl na a keng tel. Itsikna leh elrelnain hmun a chang lo.

Miin Lal Isua a chawimawi chuan Pathianin ani chu a chawimawi ve thung dawn a ni. Thlarauva khatte nun hi a inang vek lo. **Bezalela** chu *‘finna te, hriat thiamna te, hriatna te, kawng tinrenga themthiamna te, thiltih tur fing taka suangtuah thiamna te, zeh tura lungghlu phel thiamna te, thing zaimawi dan thiam-na te, kawng tinrenga them-thiamna te nei turin **Pathian Thlarauva tihkhah a ni** (Ex. 31:1-5).*

Pathian Thlarau chenchilh nun chuan nitin eizawnnaa rinawm te, taimak te hi a huap tel tih hriat a ñul awm e. Mi tam takin Pathian faka lam ñinte hi ‘Thlarau mi niin an sawi ñhin. Nuna lanchhuahtir, Pathian duhzawnga thilpek leh mite ñanpui, thilñha tihte hi a huam vek a ni.

Thlarau Thianghlim chenchilh te nunah inngaihtlawm-nain hmun a luah thuk hle. Baptistu Johana chu Isuan **hmeichhe hrin zinga ropui ber** a tih ni hial mahse, Lal Isua chanchin a sawiin, *“a pheikhawk hrui phelh tlak*

pawh ka ni love,” (Jn 1:27) a ti. Lal Isua a va chawimawi tehlul em!

Thlarau Thianghlim changtu tak takte chuan mahni intarlan an tum lova, Isua chauh an chawimawi thin. Zirtirte nunah Isua a laipui ber a, an nunah Lalber leh hmun pawimawh ber chantir an tum tlat thin. Thlarau Thianghlim chenchilh te nunah mahni indah thin, Isuan chawimawina a chang thin. *Thlarau Thianghlim lanna apiangah Isua a langsar, Pathian a ropui thin.* Chumi azarah Thlarau chenchilh mihring chu a lo mawi

thin a ni. Fakna hlain, ‘Amah a lan hun apiangah ropuiin kan lang ve ang,’ a tih ang khan ringtute hi Isua zara mawina nei ve chauh kan ni.

Thlarau Thianghlima khat nun nei turin Isuaa kan awm reng a ngai. Lal Isuan, *“Keimahah awm reng rawh u, kei pawh nangmahniah ka awm reng ang,”* (Jn 15:4) a ti a; Lal Isuaa awm rengte chuan rah tam tak an chhuah thin.

Ringtute hi Thlarau Thianghlim chen chilh nunpuia miten min hmuh reng theih nan tan i la thar zel ang u.

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- ❑ Kum 1979 June ni 10-ah khan pa pakhatin kea tlan pawta, thlawhna ang hi a siam chhuak a. English Channel a thlawh khum a, darkar thum a thlawk a, mel 22 a thlawh hnu chuan chau takin France ram tuipui kamah a tum ta a. Thlawh zelna turin chakna a nei ta lo va. Ringtute pawh hi mahni chakna chuan thui tak kal thei mah ila, Thlarau Thianghlim tanpuina tel lo chuan kan kal reng thei lo.

– Kristian Encyclopaedia
Lalnghawma

- ❑ Hriat nan beng leh thawk nan lung a pawimawh angin, Kristian nunah Thlarau Thianghlim a pawimawh.

- D.L. Moody
Kristian Encyclopaedia
Lalnghawma

ZIPORI – PASAL CHHANCHHUAKTU**Chhiar tur : Exodus 2:18-22; 3:1- 4:24-26; 18:1-7***– Dr. T. Vanlaltlani**Aizawl Theological College*

Tin, heti hi a ni a, kalkawnga riahhmunah chuan LALPAN Mosia chu a zuk tlawh a, tihhlum a tum ta a. Tin, Zipori chuan meilung a la a, a fapaa serh vun chu a tan a, Mosia ke a tawhtir a... (Ex. 4:25).

Zipori chanchin hi hre tawh thin mah ila, i han zir thar leh dawn teh ang u. Ani hi Midian hnam, an puithiam Reuela (Jethroa tiin a lar mah zawk) fanu a ni a (Ex. 2:18, 21; 3:1; 18:1-7); unau hmeichhe rual pasarih zinga a upa ber a niin a lang. Hebrai tawnga a hming awmzia chu ‘chawngzawng’ tihna a ni awm e. A pa hnathawh dan te hria leh mita hmu thintu a nih a rinawm. A pa thu awih vang nge, a hmel leh awm danah a lo duh zawng ve reng nge, an mikhual tlangval Mosia chu pasalaha a nei ta. Fapa pahnih, Gersoma leh Eleazera an nei a (Ex. 18:1-7); mahse, Pathianin Mosia a mite chhanchhuak tura a koh avangin, an chhûngkuuaa hun hlimawm tak hmanga awm hona hun an nei tlem hle niin a lang. An chhûngkaw chanchin leh an nun zui zel dan kan hre thui lo; mahse, Mosian Aigupta rama kal a duh khan an nufazain an zui mai. Aigupta ram pana an kal laiin an riahhmunah Pathianin Mosia tihhlum a tum ta a, chutah chuan Zipori hi hmeichhe namailo tak, a tul dan ang zela chet lak dan hre mi a nihzia kan hmu thei. Zipori hian engtin nge

Pathianin a pasal hi tihhlum a tum tih a hriat theih le? Hrilhfiaktu thenkhat chuan Mosia hi na tuar chi-ai buai taka awmin, Pathian laka thil tihsual neiin inthiam lohna nasa tak nen a buai hle a nih an ring a. Ngaihtuahna dang lehah chuan, Mosia hian a fapate serh tan a lo ngaihsak loh avangin a lakah Pathian a lawm lo va, a thinlung lamah hriattirin, Abrahama hun atanga hnam thlan mipa fa tawh phawtin serh an tan tur tih a lo ngaihsak lo hi Pathianin na takin a hriattir a; a

taksa awm danah hai rual lohvin Pathian kut tuar nia a nupuiin a hriat thiam theih turin a awm a nih an ring. Heng thil thlen hnu hian Zipori leh a fate hi an pa/pu Jethroa hnenah an haw leh ta a ni mai thei; Mosia Aigupta rama Pharaoa nen an inbeih lai velin an chanchin a reh thap mai. Ex. 18:14 han en hian Eleazera hi chu Aigupta lal Pharaoa kut ata Pathianin Mosia a chhanhim hnu, Aigupta ram chhuahsan hnua piang leh a hming pawh hi sak a ni theiin a lang. Kan sawi tum takah lut tan dawn ta ila:

1. **Zipori hi a pasal mizia, hawiher leh che vel vil veng thiam tak a ni.** Zipori hian a pasal awm dan atangin tanpui a ngai a ni tih a hai tlat lo; a awka atangin nge, a hawiher atangin nge, a mit meng atangin nge ni hriat theih a nih dan a hriat chian theih loh. Bible-a a lan dan atang hi chuan Ziporin meilung laa a fapa serh a tan thuai danah hian, Mosia lakah Pathianin serh tan a phut a, tih thuai a tul niin a lang a ni ang. A pasal mitmeng atangin emaw, a hmel lan dan atangin emaw, a thawk dan leh a chetzia atang tein taksa leh rilru

natna a tawk mek a, thi mai thei dinhmunah a ding tih a hre thiam tlat a ni. Chung zawng zawng chu a tul angin a hun takah tih tur dik tak a hriat theih nan Zipori chuan a pasal awm dan atangin a hre thei chu a ni si a. Nu fel, a pasal mamawh hria, a tul ang zela a taka thil ti nghal a ni tlat mai.

2. **Zipori chu pate thu awih thei, a pasal hmangaih leh chhanhimtu a ni.** Zipori hian a pa thu awihin Mosia hi pasal a nei niin a lang a, Ex. 2:21-ah Reuelan 'a fanu Zipori chu Mosia a pe a' tih kan hmu. A pain nei tura a tih, Mosia kha a lo duhawm bawk a ni ang, Zipori hian hnial miah lova neiin a hmangaih ta hle a nih hmel. A pasal hi Pathian Jehovan tihhlum a tum khan Zipori hian a chhanchhuak ta a ni. Chhan ngai tak dinhmuna a pasal a din khan phatsan a tum lo va; thil tih tul nia lo langa a hriat chu a rang thei ang berin a ti ta a, a pasal chu Pathian thinurna lak atang chuan a chhanchhuak ta ngei reng a ni. A pasal laka Pathian thil phut nia lang tipuitlingin a pasal a chhanchhuak ta. A hnu

chuan Pathian thinur thu sawi a awm zui tawh lo.

3. Ziporin a hun takah a fapa serh tan hna a thawk.

Zipori hi nu tha tak a nih hmel a, a pasal leh fanaute mamawh a hre thiam a nih hmel a; a pasal Pathianin tihhlum a tum tia ziaik a nih hian Ziporin meilung lain a fapa serh a tan ta a, a serh vun chu Mosia ke a tawhtir a; hei hi Mosia aiawhin serh tan hna hi a thawk tih lantirna a ni awm e. Mosian hetia ti tur hian a hrihl tih thu ziaik a ni si lo; mahse, Zipori hian Mosia laka Pathian thinrim chhan chu serh tan a lo hlamehhiah vang a ni tih a hre thei tlat a, a pasal chhanhim tura serh tan hna thawh nachang a hria hi chu a makin a ropui tih loh rual a ni lo ve. Nu tana fapate serh han tan hi a huaisenthlak a; a tih ngaihna pawh a hre zawk reng reng mai. Nu tam takin kan tlin hauh loh tur a ni ngei ang le. Hetia Zipori a chet hnu hian Pathian hi a lung a awi ta a ni ang, a ngawi zui ve ta mai niin a lang tlat. A hun takah Pathian duh dan leh a lung tiawi zawng takin Zipori hi a che ngei a ni tih a rin theih.

Zipori chanchin atanga kan tana zir tur tha i lo zawng dawn teh ang.

(1) Pasala kan neih tawh chu hmangaiha, an lakah rinawm tlut mai a tha. Zipori hian an hnampui Midian mi ni lo, hnam dang tlangval, mahni in leh lo, chhûngkua leh chenna ram tlan bosantu, an mikhual chu a pa remruatin pasalaha a nei a. A pasal tan a rinawm hle niin a hriat a; he a rinawmna hi a entawn tlak em em a ni.

(2) Zipori hi hmeichhe huaisen, a pasal damna tura fapate thisen chhuah ngam a ni. A fapa chu a serh tan avangin a thi mai ang tih chu a ring bik lo vang a; mahse, mahni fate serh han tansak chu, nu tan chuan, a tulna chu eng vang pawh ni se, hmeichhe/nu pangngai tan chuan a awlsam lo vang. Mahse, an pa nunna chhan nan chuan Zipori hian huai takin nu tih awm loh tak thlengin a ti a ni.

(3) Zipori hian a thil lo hmuh leh hriat thin a hmang tangkai thiam niin a rin theih. A pa Jethroa chu Midian puithiam, a mite tana sakhuana leh thil dang

ṭulna vanga serh tan pawh ti ve ṭhin niin a lang a. Zipori hian fa upa nihnain, a pa thiltihna hmuna zuia, a puithiam hna thawh dan leh serh tan dante a hmu ṭhin a nih a rinawm a. An chhûngkaw chung a serh tan hna thawh ṭul tlata a lan hunah pa aiawhin a fapa serh a tansak ta. Keini pawhin thil ṭha, mi dang tih kan hmuh leh kan hriatte hi mi dang ṭhatna leh damna tûrin ti ve ngam ṭhin ila a va ṭha dawn em! Puithiam chhûngkuaa mi a nihna chu inlak len nan hmang lovin, a hun taka tih tûr dik tak tih thiam phah nan a lo hmang ta a ni. A va entawn tlâk tehlul em tirawh u?

(4) Zipori hian a pasal Pathianin a kohna kawngah a dip buai lo thei hle mai. Pathian kohna tihlawhtling tûra Aigupta rama Mosia a kal dawn chuan an fate nen an zui ngei a. Pathianin tihhlum a tum pawh ṭhulhtirtu ni theiin Zipori chu a pasal tan a inpe a. Mahse, Mosia chhanchhuahna hna-thawh kawngah an nufa zaa an kal ve hi a ṭul lohna chin a awm vangin a pa leh pu bulah an lo awm niin a lang. Zipori hian a

pasal hi an Midian rama awm ve hle hle tûrin a thlem lo va, a pa Jethroa pawhin Mosia hi an bula lungawi taka awm ve mai tûrin a thlem hek lo. Pasalte rawngbawl na thlawp leh ṭanpui leh tihchak kawngah hian hmeichhiate hian zir tur kan nei. Hun puma rawngbawl tûra inpe pasal leh fate nei nuhote hi, kan hmangaihte Pathianin a koh leh a ruatna kawngah harsatna siamtu ni lo thei ila a va ṭha em! Harsatna tenawi nek nek leh sawi len chawpte hmang hian kan kawppuite rawngbawl na tiṭhuanawptu kan ni fo. Sawrkar leh kohhran hnuaia thawkte an posting thu-ah te hian, an kawppuite hian kan pasalte chu an awmna hmun apiangah Pathian tana rinawma nung leh thawk tûra fuih sauh sauh hi kan tih tûr a ni.

(5) Zipori hian a pasal hi a hmangaih hle a, khawi hmunah pawh a tlawh chhuak zêl a; Israel fate a buaipuina chung-changah te hian a phunchiar loh hle laiin, Mosia hian a nupui fanaute hi a dah langsâr lo hle mai a. An chanchin hi, a nupui

ngat phei chu, hriat zui tûr awm lovin a reh ri ai mai. Kanaan ram thleng ve tûr hian a hruai zui lo nge kan hre lo.

(6) Zipori hian Mosia hi a zui ve zêl emaw, a pa in lamah a hawsan ta emaw, a chanchin sawi zuina a vâng ta hle a; a fate erawh chu a enkawl puitlingin Levi hnam zinga chhiar tel an ni zui zêl a ni. An pahnih chanchin tlêm Chronicles bu lamah kan hmu leh a, hetiangin: *“Pathian mi Mosia erawh chu, a fate chu Levi hnam zinga chhiar an ni. Mosia fate chu Gersoma leh Eleazera an ni, Gersoma fate zinga upa ber chu Sebuella a ni. Eleazera fate zinga upa ber chu Rehabia a ni. Eleazera chuan fapa dang rêng rêng a nei lo; Rehabia erawh chuan fapa tam tak a nei,”* tiin (1 Chro 23:14-17). Nute tan hian Zipori anga mahni lam chan chu eng pawh ni se, kan fanaute Lalpa mite zinga hriat hlawh ni ve tûra an tel ve theih nan tan kan lak zêl a tul.

Tlipna

Hmeichhe tan, pasal kan nei rau rau a nih chuan hmangaiha, a tul hun apianga anmahni enkawl

tûra kan inhuam a tul a. Pasalte rawngbawlna dipdal lova tha taka thlawptu nih a pawimawh baw. Keimahni ngei hi rawngbawl hna thawk tûra Pathianin min duhna kan chian chuan kan hah zual pawh a tul thei a; kan rawngbawl hna avangin in chhûnghkura kan mawhphurhna kan tiansan thei chuang hek lo. Fate enkawl kawngah, pasalten min enkawlpu hman loh pawha enkawl puitling tûra tan lak a ngai baw.

Pathian thinurna laka a pasal chhanhim tûra Ziporin risk huai taka a la ang khan, kan pasal fanaute an himna tûr hian tunlaiah nute kan huaisen a ngai ve hle tawh mai. Mi tam tak hriat thiam phâk loh thlenga 'nu strict leh ti kher kher' nih ngam pawh a tul hun a awm. Serh tan rawngbawl hna meuh thawka Ziporin risk lak dan kha min chotu leh min tihuaisentu ni ve se. Pathianin chhûngkua min din chhan hriaa, kokim taka chhûngkua Lalpa hmaa kan chen ho leh chatuana a bula kan awm theih nan inthlahdah lovin tan i la zêl ang u.

HLAWHTLINNA**Matthaia 25:14-30**

– *Upa Zarzokima Khiangte*
Shillong-21

Matthaia 25:14-30-ah hian talent chungchanga kan Lalpa Isua Krista tehkhin thu kan hmu a. Hei hian vanram chungchang min kawhhmuh bawh a. Heng bâka min kawhhmuh pawimawh tak chu hlawhtlinna chungchang a ni.

He tehkhin thua kan hmuh ang hian an pu zin bo tûr chuan a bawih pathum a ko va, pakhat hnênah talent nga a pe a, pahnihna hnênah talent hnih, a pathumna hnênah talent khat a pe a. Tichuan, a zin bosan ta a. an laka a beisei chu a talent pêkte kha lo peipung sela a ti a ni. A lo haw leh khan talent nga leh talent hnih dawngtute khan a lêtin an lo peipung ve ve a, chu chuan an pu chu a tilawm hle a. Amaherawhchu, talent khat dawngtu erawh chuan peipung lovin a phum bo va, an pu kha ‘mi ti kher kher, a tuh lohnaah pawh at thin, a tuh lohnaah pawh seng thin’ a nih thuin a chhang let ta chiam a. A pu thinur chuan, “Pawnaah paih chhuak ula, tah chuan tah leh ha thialna chu a awm ang,” a ti ta hmiah mai a ni.

He tehkhin thu ațanga kan zir chhuah chu, Pathian chuan hlawhtlinna hi kan neih tam lam ațangin a teh ve lo va, kan neih kan hman dan ațangin a teh zawk a ni, tih hi. Kan neih zawng zawng hi Ama hnên ațanga kan dawn vek a ni (1 Chro. 29:14). A thilpêk a ni a, min enkawltir mai a ni. Thawh chhuah theihna min pe mai zawk a ni. Khawvel chuan hlawhtlinna hi sumah te, lârnaah te, nihnaah te, hming-thannaah te a teh thin.

A pahnihnaah chuan, he tehkhin thuin min zirtir chu rinawmna a ni. Talent khat dawngtu kha a rinawm lo a ni. A dawngdah a, a neih chhun kha a peipung lo va. Pathian tana mi rinawmte hi khawvel mite thlir dan chuan mi hlawhtling an ni fo

lo. Zawlnei Jeremia chuan kum
40 chhûng vel rawng a bâwl a;
nimahsela, a thusawi tu man an
awih lo. A chang leh tan inah an
khung a, a chang chuan
tuichhunchhuah ruakah an thlak
a. A tawpah phei chuan a duh lo
chung chungin Aigupta ramah an
hruai ta a. A va thi ta niin a lang.
Baptistu Johana pawh kum khat
tling lo rawng a bâwl a, Lal
Heroda thil tih dik lo huaisen
taka a hrilh avangin a lu a tansak
a. Heng mite pahnih, Pathian

chhiahhlawh ropui tak takte hi
khawvel mite ngaih dan chuan
mi hlawhtling an ni kher lo vang.
Nimahsela, Pathian ngaih chuan
chutiang niin an lang lo.

Hengte hi ngaihtuah ila:

- (1) Hlawhtling kan tih hian tu
tehfung nge kan hman?
- (2) Hlawhtlinna chan kan tum
dan hi eng nge ni?
- (3) Hlawhtling tûr hian a man
pêk eng nge kan huam?

-
- ❑ Bible thu hre mi zingah mi mawl an awm lo va,
A zirtirna ngaihthah òin zingah mi fîng an awm hek lo.
A phek inkeuvah hian zing a inñan a,
Ka hnathawhna bulah ka vawng reng òin a ni.
A tel lovin khawi mah ka thleng ngai lo va,
Ka hlimna zawng zawng thlentu a ni.

– *Samuel Chadwick*

- ❑ Pathian tana mi ropuite hi mi derdep tê tê an ni a,
An hnenah Pathian a awm tih leh, Pathianin a ti thei tih ring
ngamte an nih avangin Pathian tan thil ropui tak an ti òin a ni.

– *J. Hudson Taylor*

KA NU, TANG FAN FAN

– C. Lalthianghlimi
Rengdil

Kan huanah hnathawk tûra ka kal mêk laiin, in pakhatah hian nupa inhau ri ka hria a. An nu chuan, “Kan fate awm dan pawh hi nangma thiam loh vek a ni. Khawtlangah i inhmang khat tlat a, nupui fanaute pawh uap lum hman lo lêkin i chhuak reng a, tun dinhmun hi kan thleng ta a nih hi,” tiin a lo ang hlaih hlaih a. Pa ber lah chuan, “Nu mawhphurhna a nih hi. Mahni mawhphurhna pawh hlen zo lo nupui ka lo nei che hi ka inchhir ngawt mai. Kan fate pawh kan thunun zo tawh lo a nih hi,” a ti ve thung a.

Chu an pa ber an hla chuan ka ngaihtuahna a tithui hle mai a. An pahnih kêra lo piang an fate chu pa ber chuan nu mawhphurhnaah a dah vek a, nu ber chu an fate enkawlnaah chuan a buai ve hle dawn tihna a ni. ‘Nupa chu tan rual a ngai’ tih chu thu dik awm sa a ni a; mahse, in chhûngah hian naupangte hian kan hlim ni leh lawm ni te, kan lungngaih ni leh damloh changte hian tu nge kan koh tam zawka, tu nge kan lam hmasak thin tih hi ka ngaihtuah ve fo thin. Chhûngkuaah hian nu nge pawimawh zawk pa, tih hi inhniaalna atan hmang dawn ta ila, inhniaalna tawp thei lo a ni hial ang. Chu vang chuan nu dinhmun hi a va pawimawh em! Zoram

dung leh vanga nute u, in tu leh fate min enkawlnaah hian tang fan fan rawh u. In rilru kan tihnata in tliah hnawp chang ni tam mah se, beidawng lovin tan la sauh sauh rawh u. Chuti lo zawng Chemtatrâwta thawnthu ang mai kan lo ni palh hlauh ang e.

Chemtatrâwta thawnthu kha a tawp lam a tang khan tawi tein han tar lang ila. Pitarte kha eng vanga tuikhûr hnâra e mai nge a nih tia an zawh khan, saiin a in a chil chhiat vang a nih thuin a chhâng a. He thawnthuah hian a zawttute zawhna hi a lo chhângtute hian thiam chan tum ranin an chhâng vek a ni. Chutiang bawkin, in tu leh fate min enkawlnaah hian thiam chan inchuha nu leh pate in inhau hriat

tûr a awm ta fo mai hi a pawî ngawt mai.

Ka nu chanchin sawi tûr tam tak awm kêrah a hun hnuhnung lam tawi te han tar lan ka duh ve tlat a. Ka nu kha thingtlang nu mawl ve tak a ni a, “In unauvah hian i danglam bik a, fak hi i ngai reng a,” tiin min hrilh thin. A hun tawp lamah asthma natnain a tlakbuak ta tlat mai a. Ka thing phur haw te hi ka thing keuh ri a hriat velehi thei leh thei lo hian a lo chhuak a, ka thing phurh chu a en a, “I va phur tam êm êm ve! Tiang zât zât hi phûr tawh suh, i chau lutuk ang,” a ti thin. Thing phura ka chhuah leh te hian a hmaa ka phûr aia tam phurh hi ka tum phah ta thin a, in thlen hlan hi ka nghakhlel êm êm thin a ni. Ka nu natna chuan zual lam a pan zêl a, kan unau za chuan, “Ka nu, tang fan fan rawh, i tuar chhuak êm êm ang,” kan ti a. Ka nu chuan thei leh thei lo hian, “In unau hi inngeih dial dial ula, in phâk tâwkah kohhran bel tlatin Pathian rawngbâwl zêl ula. Pathian tîh chungin thenawm khawveng leh mite tan hnawksakin awm lo ula, in theih ang

angin tanpui ngaite in tanpui thin dawn nia,” tiin min chah a.

Luka 23:28-ah chuan, Isua erawh chuan an lam a hawi a, “*Jerusalem fanute u, min tah suh u, nangmahni leh in fate tan tap rawh u,*” tia a sawi kan hmu. In tu leh fate tan hian wawi dualo in lo tap tawhin, an thatna tûr hian wawi tam chaw pawh in lo nghei tawh a ni thei e. Nausen lai atangin min chawi mu thinin, kan damloh pawha tlaivara min buaipuitu leh hrehawm tam tak nute hian in tuar tâng tâng thin. Chu vang chuan fate tana hlu êm êm chu nute theuh hi in ni a. Khawvel zawng zawng pawh hi hrut chhuak mah ila, tuna kan nute theuh bak hi nu dang rêng kan nei lo. Chuvangin, kawng dik zawk min kawhhu muhtu kan nute hi in va hlu em!

Hei erawh hi chu nute theuh lakah ka ngen hram duh. Kohhran thil a ni emaw, khawtlang thil a ni emaw, office kal in ni emaw, kut hnathawk in ni emaw, a eng ang mi pawh niin eng hna pawh thawk ula, in tu leh fate hi min thlahthlam suh u. “Naupang mai a la ni a, eng mah

a hre tak tak lo,” min ti lo hrâm ang che u. Thu ho taka in ngaih leh dilchhû takin thil kan zâwt che u a nih pawhin tha takin min chhang zêl ang che u. Hmanlai nun, tunlai nun leh thangthar nun thlir thiam zêlin, dawhthei taka min kawm hlim thin tûrin ka ngen a che u.

Khawvel thiamna nei tûra kan tana thahnem in ngaih ang tluk zet hian kan thlarau lam nun hi min ngaih pawimawhsak zêl

ula, chatuana nun kan neih nan leh ni tina Pathian pawl thin chhôngkua, Kristian chhôngkua kan lo pun deuh deuhva, kan ramin hma a lo sawn zêl theih nan te, thiamna leh finna lo sâng zêlah kawng dik kan zawh zêl theih nan theihtawp han chhuah leh teh u khai. In tan khua a la tlai lo va, chhan tlâk kan la awm e. Tuna kan nute lo hi nu dang rêng kan nei lo. **Ka nu, tang fan fan.**

DANGLAMNA THLEN TURIN HUAISEN RAWH tih thupui hmanga Inrawnkhawmna (Consultation) Report

–Lalmuanzuali
Asst. Secretary

Kum 2017 October ni 25-26 khan Presbyterian Women Fellowship (PWF) chuan Diphu, Karbi Anglong-ah "Be bold for change" tih thupui hmangin Consultation a buatsaih a. PWF Standing Committee chuan he thupui hi unit tinah mahni tawnga leta consultation neih theuh turin a ti a.

He thu bawhzui hian Bial tin atangin palai pakhat theuh inko khawmin Consultation neih a ni a, thupui "Danglamna thlen turin huaisen rawh" tih hi then 3-ah then a ni.

1. "Danglamna thlen tura Bible chhiar thar lehna" tih sawitu Prof. Lalngakthuami, ATC chuan hmeichhiate ngaihtuah dana Bible hrilhfiar

thar lehna te, hmeichhiate ngaihtuah dan leh rilrem zawnga Bible hrilhfiar te, Bible pum pui thuchah hai chhuah tumna te, hrilhfiar dan dik tawk lo awm

tawh sa siam that te, mi rethei leh chak lo zawkte tihchakna thuchah hmuhchhuah tum chungchange ngaihnawm takin a sawi a. Bible hrilhfiah dan leh sawi zau dan hian thui tak hmeichhiate laka kan rilru putzia min thunun tlat thu te, chu chuan chhungkua, khawtlang leh kohhran nun leh kalphunga mipa leh hmeichhiate pheikhai ruala kan thawh ho theih nan leh, inpawm tawnna thuk lehzual kan neih theih nan Bible hi chhiar thar leha, hrilhfiah thar hi thil tul tak a nihzia a tar lang bawk.

He paper atanga Bible hi ngun lehzuala chhiar thar leha, danglamna kan hmuh theih tur a tar lan thenkhatte -

1. Hmeichhiate laka hnam rilru putzia thlak danglam turin Bible hi hmeichhe mit atangin chhiar thar leh ila.
2. "Pathian anpuuin mipaah leh hmeichhiaah a siam," tih leh, "Kristaah chuan mipa leh hmeichhia a awm theih loh," tih hi Bible chhiar thar lehna lungphumah hman ila.
3. Isuan hmeichhiate hnualsuat lovin a rawngbawltuah a pawm tihah innghat ila.

4. Hmeichhiate hian mahni insit lova, amah rinchhana mahni inrin tawkna neih deuh deuh a tulzia hre thar leh ila.

5. Danglamna hi mi dangte thlen tura dah lovin, keimahni kut a ni tih hriat a pawimawh.

1. "Danglamna thlen turin huaissen rawh : Bible leh Pathian thuril huang hmeichhiate thlirna atangin"

tih sawitu Ms. Zohmangaihi, Regional Secretary, AISSA chuan kan Bible kan rinna leh beiseina inngahna, kan thurin leh kalphung pian chhuahna bulpui ber hi Pathian thawk khum, tehna dik lo thei lo a nih lai hian a ziaktu, a la khawmtu leh phuah remtu zawng zawngte mipa vek niin, mipa thlirna hriat thiam dan leh tawnhriat hmanga ziah leh hrilhfiah zel a nih thu ngaihnawm takin a sawi a. Hmeichhiate thlirna atanga Pathian thu hrilhfiah tih hian a tum ber chu, inthliar hranna leh thlei bik nei lova inkawp rem taka mipa leh hmeichhiate rawngbawl ho theihna buatsaih a tul thu fiah takin a tar lang a ni.

He paper hian kan Bible hi hmeichhe mit atanga chik taka

thlir a nih chuan hmeichhiate zingah mi huaisen, Pathian hnam thlante tana hna ropui tak lo thawk tawhte tamzia a tar lang a, Resource person hian hmeichhia kan nih avanga mahni inhmuh hniama insit hi hun rei tak kan lo than hnan tawh avanga hmeichhiaten kan nihna leh awm dan tur emaw kan tih tlat hi paiha, mi dangte pawh tihhmuh ve zelin danglamna thlen turin huaisen takin kan rawngbawl-naah hian ke pen zel turin min sawm a ni.

3. "Khawtlang nun, ei leh bar zawннаah leh sawrkar inrelbawl-naah danglamna thlen turin huaisen rawh," tih thupui hi Prof. Lalneihzovi, MZU & Hony. Director, WSC chuan a sawi a. United Nations-in hmeichhiate tihchak a tulzia hriia an chungchanga kan ngaih dan te, kalphungte thlak danglama mipate nen inlungual taka thawk ho thei tura remchanna siamsak zel hi a ngaih pawimawh thu a sawi a. Tin, khawtlang nunah te, ei leh bar zawнна kawngahte leh politics-a ram kalsiam rel chungchanga te pawh hmeichhiate hi

hlamchhiah mai bik lova, teltir ve zel a tulzia hriain Khawvel Puma Hmeichhiate Ni (International Women's Day) thupuih pawh "Danglamna thlen turin huaisen rawh (Be bold for change)" tih chu nikum, 2017 khan hman a lo ni tawh a ni.

Resource person hian hmeichhiate tihchak (empowerment) hian chak taka hmasawнна a thlen theih thu leh, kan Bible ngei pawhin hmeichhiaten chhanchhuahna hna te, Chanchin Tha theh darh hna te, soal do kawngah te huaisen taka an thawhnain hnam damna a thlen thin thu te ngaihnaawm takin a sawi a. Khawtlangah te, eibar zawнна kawngah te leh politics huangah te pawh hmeichhiate an pawimawhzia a sawi bawh.

He consultation thupui, **"Danglamna thlen turin huaisen rawh"** tiha thupui hrang hranga paper buatsaiha rawn sawi tura kan sawmtan ngai pawimawha, an thiamna leh an hun hlu tak senga kan consultation min rawn tihhlawh-tlinsak avangin lawmawm kan ti hle.

Hriselna Huang

AIDS DARH ZEL TUR VENNA – AKAITE ENKAWL THAT

– *Dr. R.L. Sanghluna*
Synod Hospital, Durtlang

Kan ram, Pathian zawn chhuah ram chu te reuh te ni mah se, hei lo hi ram kan nei lo. Chu kan ram chuan khawvel ram dangte pha lo mah se, ama tawkah hma a sawn ve zel a; chu hmasawwna chuan thil tha lo a ken tel ve zel si avangin, ram danga an harsatna chu kan lo tawk ve zel ta si a, kan bang thei bik ta lo. Kan ram tinuama tihrehawm theitu, a chhunga cheng keimahni hi kan pawimawh ta ber a ni.

Kan hriat angin kan ram kohhran dinhmun chu sawi ngai lovin, eng kohhran pawh hi mahni tawkah kan ngelnghet viau hlawm a. Inkhawm kan tha tlangpui, kan thawhlawm pawh a tha, tawngtai inkhawm lah kan taima vek hlawm. Pathian khawngaihna zarah kawng tinrengin malsawmna kan dawng theuh awm e. Kohhran chu a ngelnghet. Pathian kohhrante kan nih avangin Isua pawhin a dah pawimawh em em a, chumia tel ve kan nih avangin kan vannei hle a ni. Kan Pathian thua kan hmuh angin, Pathian hian leia kan awm chhunga min dah chhan ber chu, Amah seng khawmpui tur leh, A tana rinawm taka awm

turin a ni. Chuti taka inkhawm tamna leh Pathian hming lam tamna ram si-ah hian ruihhlo leh a kaihhnawih HIV natna hmangin sualin kan ram min bei nasa em em mai hi engtin nge kan tih dawn le?

AIDS natnain kan ram min run ta zel mai, engtin nge ni ang le? Mi tam tak chu kan mang a ang tawh mai thei e, a manganthlak reng a ni. Mi tu pawh kan him tlanna zawn a ngai ta. He natna chungchanga tun tuma ka'n tar lan duh bik chu, a inkaina mipat hmei-chhiatna chungchang hi sawi a tulin ka hria. He natna kai dan chu kan hre tlang vek tawh a, tar lan lehchuan pawh a ngai

awm lo ve. He natna hrik hi kan hlau em tiin inzawt ila, ‘Hlau’ kan tih vek ka ring, a hlauhawm reng a ni. Amaherawhchu, a natna hrikin a thlen AIDS hi chu, miin a natna hrik a pai avanga amaha natna hrang hrangin a rawn thlen a ni a; anmahni hi kan hlau ta thin a, kan buai phah fo. A natna hrik hi hlauhawm ni mah se, a kai theihnaah kan awm si loh chuan hlauh tur eng mah a awm lo. Khawih leh kuah, ei in ho leh intawm atangin a kai theih loh tih hi kan hriat nawn fo loh chuan rawngbawlina kalpui a har thin. Anmahni hi enkawl ngai an ni zawk.

Kan ramah, rui thin chauh lo pawhin kan kai nual ta mai te hi a paw a ni. Pawi sawi ve lo, awm khawlo lo, naupang leh nu tha tak takten an kai ta zel a, min chiahpia nasat tawh em avang hian sawi nawn a ngai fo thin. Kan rama he natna kan hmuhchhuah atangin kum 24 chuang a liam ta a, kan hriat danah leh kan en dante pawh thlak a hun ta e. He lam hriatna chungchangah hma kan sawn theih loh fona chhan chu, he natna hi tu chungah pawh, ka

chungah pawh thleng ve thei a ni tih kan pawm tha duh lo thin hi alawm. Awm duhdahte leh rui thin chauh an ni lo tih hi i pawm theuh phawt teh ang u. AIDS darh zel tur venna tha ber chu, a kaite enkawlina tha pek hi a ni a; chu chu kan tum ber pawh a ni reng a.

He natna kai hi engtin nge kan hriat ang? Mi, an insawi loh chuan a hriat theih loh va; tin, thisen test atang lo chuan a hriat theih bawh loh a ni. Amaherawhchu, kan inrinhleleh theih dan ber chu, heng – khawsik leh kawthalo, thla khat aia rei a nih te, thaksip benvawn neih te, ka na leh awmvel neih te, TB neih te leh naupangah awmna benvawn leh thang thei lo a nih hian a rinhleleh theih a. Hetiang kan/an lo nei a nih chuan, a chianna tha ber chu thisen test vat thin tur a ni. Mi tam takin enkawlina an dawn vat lohna chhan chu, thisen an test vat loh thin vanga inhre har an ni a, inringhlel, in-test vat ngam lo pawh an awm thei, an inhriat thiam loh thin vang a ni fo.

Kalkawng dungah mi tam zawk he natna lak ata kan himna

a nih beiseiin, “Condom i hman chuan HIV lakah i him a ni ang,” tih tar awm chiai chuai te hi kan enghelh em em a, “Kristian ramah hetiang tar vak vak hi a zahthlak, a mualphothlak mang e aw!” tih kan tawng fo mai. Tu mah kan indem theih loh rualin, kohhran leh ringtu nihna zawn aṭanga kan thlir chuan a dik tho mai e; amaherawhchu, thlirna tlang dang pakhat ve thung chu hetiang hi a ni – He kawng dunga thil tar chiai chuai ngaihna chhan chu, mi tu pawh kan fimkhur tlanna tur a ni. A bik takin, he natna kai awlsam bik, nun pawlawh leh rui ṭhinte hian, an nun phungah sex hi an ngai ho em em mai a. An ruih tawh pheih chuan pawisak loh an ngah avang hian, anni pawh hi him se duhna avangin heng thu tar hi a lo awm a ni.

Tin, chu bakah, mipat hmeichhiatna hi a nawlpuiin, tleirawl, ṭhalaite leh valai pawlah hian a hluar hrim hrim a ni tih hi kan pawm a ngai, chutiang hre reng chuan sex education te pawh kan lo mamawh ta zel a ni. Tih tur a va tam em! Engpawh ni se, mihring kan ni a, he lam

zawnga che khawlo kan nih pawha kan inthiam nghal zung zung ṭhin hi chu a fel hlel ang. Ṭhalai tam tak chuan pawh tih nachang hriat chu sawi loh, thil nih phung tur rengah an ngai ni tein a lang a, a pawh takzet a ni. Nupa kar ni lova sex hman hi sual a ni a, Pathian pawh sawina a ni tih te hi kan inzirtir tam tawh lo ni pawhin a lang. Condom thuchah bikah chuan, mi, a rui ṭhin emaw, rui ṭhin lo emaw, Pathian pawh sawi rau rauvah, natna hi kai lo se tih duhpaina avangin he thu hi sawi a ngai fo ta reng a ni.

Chutia condom kan sawi pawimawh lai chuan, ringtute thuchah chu hei hi a ni: miin, AIDS kai hlahv vanga condom hman tur tih inzirtir aiin, Pathian hriatna dik avangin sual kalsan rawh se tih hi kan thupui ken lai, Kristiante thuvawn tur zawk chu a ni. Amaherawhchu, mi a insum thei ngang lo a nih chuan, a kai theihnaah lo awm palh se, Pathian pawh sawi rau rauvah natna lakah him se duh vangin condom chu a pawimawh thei e. Tin, India ramah HIV/AIDS-ah pakhatna kan la ni lehngal

te hi mak kan ti mai thei; amaherawhchu, kan nihna hi kan pawm ngam a ngai tawh. Hetianga kan pawm theih lohna leh awih duh lohna hian hmalak zelna turah harsatna min siam thei. Kan nihna kan pawm thiam loh hi pawm thiam i tum theuh phawt ang. Tichuan, invenna leh enkawl naah pawh tun aiin hma kan sawn deuh ngei ang.

Miin, he natna avang leh thil dang avangin, “Awi! Ka rilru a hah, thih daih ka duh! Ka zak em mai!” an tih hian eng nge kan rilruah lang thin le? Mi tu pawh, eng vang pawha hetianza an tawng chuan, puih ngai an ni tih hre tlang ila.

He natna avang hian mi tam tak chuan rilru manganna ruk tak an nei a, an thla a phang a, thi hma bik tura inngaihna te, hlauhna leh hloh neia inhriatna te niin, mite en hran leh thinhrik niin an inhre baw k a. Mite’n en bik riauva inngaihna te, mite hriat hlauhna te an nei a, mi zinga awm te hi a ruk takin an inthlahrung a, inthiam lohna leh thinrimna, zahna ril tak an nei baw k thin. Sawi tur tam tak a awm thei ang.

A tawp berah chuan, he natna hi a darh zel loh nan, “*Keini mi chakte hian, mahni lawmna zawng lovin, mi chak lote chak lohna kan tuarpui zawk tur a ni,*” tia Paula’n Rom 15:1-a a lo sawi angin, mi, chak lohna leh harsatnain a lo bualte chhanchhuahna leh, puihna kawngah tu pawh kan tang thei tih hi hre thar theuh turin chhiartute ka chah duh che u a. He natna kai lo thei dinhmuna kan ding a nih pheii chuan, kan chan a duhawm zawk tih hriain, invenna leh enkawl na lamah kan tang thei theuh a ni. Kan tih theih loh ti turin Lalpa’n eng mah kan kovah a dah lo va, kan tih theih tam tak, kan ngaihven loh leh hriat loh vangin kan lo hai palh thei thung.

Mizote hi sawi tul lo sawi hnem ve tak kan nih thin avangin, kan lei leh kan ka kan ven ngun a pawimawh fo. Mite chung a roreltu emaw inti hian mi thiam loh kan chantir tep thin. Thiam loh chantirtu chu pakhat chauh a awm si a. Tichuan, thiamna leh finna sang, hriat tam theuh aiin, khawngaihna, hmangaihna leh lainatna,

dinhmun inhriat thiampuina leh inngaihtlawmna hian nasa takin mihringah thu a sawi thin. Harsatna tawkte chungah ngat phei chuan a sawi ring lehzual.

Min hre thiam lo leh min melh kar, zawhna maksak tak tak min zawt fotu bulah chuan thla a ngam loh chu sawi loh, kan haw zawk mah theuhvin ka ring. Chutih rual erawh chuan, min hre thiamtu leh min ngaithlatu bulah chuan tu pawhin kan harsatna leh manganna, lawmna leh hlimna, manganna leh puih ngaihna kan sawi chhuak duh thin.

HIV/AIDS avanga harsatna, rilru leh taksa hriselna, eng lam pawh ni se, mi tam tak hian tih theih hrang hrang kan nei

theuh awm e. An harsatna ngaihtlaksak piah lamah, an mamawh hrang hrang – insuksak, ei rawngbawlsak, naupang sikul hruai, bazar-sak emaw, damdawi ina hruai thleng pawha kan inhuam a nih ngat chuan, rawngbawlna tur hi a tam ang. *“Naute u, thu chauhvin i hmangaih suh ang u khai, lei chauhvin i hmangaih hek suh ang u, thiltih leh tihtakzetin ni zawk rawh se,”* tih *1 Johana 3:18* hi kan thuvawn lo ni thei theuh se chu, kan rawngbawlna kawng theuhvah hma kan sawn ngeiin a rinawm. Kan thil tihthatte avanga mite’n Pathian an chawimawi theih nan tan i la sauh sauh ang u.

THAWKTU KAISANG LEH HNA SIAMREM

Synod Executive Committee 273:30 rel angin Synod Office Co-ordinator post ruak pahnih hnawh khah a ni a. Hemi atan Pi Lalpianthangi Hrahse, General Secretary chu kaisantir zingah telin Kohhran Hmeichhia-ah a awm zui a, a mawhphurhna thar hi June ni 18, 2018 atang khan a chelh.

MSSU-a Asst. Coordinator tang lai Pi Laldawnkimi chu Kohhran Hmeichhe Department-a awm tura tih a ni baw a, he a mawhphurhna thar hi June ni 18, 2018 khan a zawm. Ani hian Agape Cir. Manager mawhphurhna a chelh nghal.

Hruaitute chanchin**PI CHUAUHMINGLIANI**

Pi Chuauhmingliani hi Upa P.C. Valbuanga (L) leh Pi Liankungi (L)-te fa pariat zinga a upa ber dawttu niin September 6, 1957-ah Lunglei Chanmari-ah a piang a. Upa C. Lalding-ngheta nen July 9, 1980-ah an innei a, fa 5—mipa 3 leh hmeichhia 2 an nei. An pa hna avangin kum 1982 khan A.H. & Vety. Complex, Selesihah an pem a, tunah hian Selesihah in leh lo neiin an tu leh fate nen an khawsa mek a ni.

Khawtlang rawngbawlina lamah theih tawka inhmang chhovin, kum 1999 khan MHIP Hqrs.-in a zawn kum 10 chhung O.B. nih chawimawi-na a lo hlan tawh a. Tin, Selesih Branch-in kum 20 chhung OB nih chawimawina a hlan tawh bawh.

Rawngbawlina lamah chuan kum 1991-ah Kohhran Hmei-

chhe Committee Member-ah a lut a, kum 1993 atanga tun thlengin O.B. hna chelhin Chairman, Vice Chairman, Secretary leh Asst. Secretary-te a lo ni tawh a, tunah hian Secretary hna a chel a ni. Bialah chuan kum 1993-ah lutin Asst. Secretary leh Finance Secretary-te a ni tawh a, tunah hian Committee Member a ni. Bial Buhfaitham Ziaktu ani tawh bawh.

Tualchhung kohhranah Puitling Sunday Sikul zirtirtu, Inrinni zan leh Pathianni chawhnu thuhrlitu a ni mek a. Naupang Sunday Sikul lamah Beginner Pawl Leader hun rei tak chhung a lo ni tawh bawh.

Bible chang a duh ber leh a inngahna chu Sam 100-na, “*Ram zawnzawngte u, Lalpa chawimawiin hlim takin au rawh u,*” tih hi a ni a. Tin, KHB no. 250-na, “Ni ropui a lo thleng dawn ta,” tih hla hi a duh hle.

“He kan khualzinna ramah hian Lalpa avangin sawichhiat, elrel leh lungngaihnate tuar thin mah ila, kan buhphalte kenga hlim taka Ama hnen kan thlena, muang taka kan chawlh hun tur thlir tlat chungin, rinawm tak leh taima takin ***Lal hna*** i thawk zel ang u,” tiin min chah a ni.

Ei siam dan**DOH KHLEIH (Khasi vawklusiam dan)**

Vawklus sa eng pawh	-	kg ½
Sawhthing	-	tle
Hmarcha hring (a duh tan)	-	tle
Purun sen	-	pum 2
Purun var	-	mal 5
Chhawhchhi	-	chaw ei thirfian (tablespoon) 2
Chi	-	a al taw
Vawk thluak (a awm theih chuan)		

1. Vawk lu chu fai taka rawh hnuah sin te tein chan la, vawk thluak chu a hranin hnahin fun la, chhum hmin rawh.
2. Chhawhchhi chu kang hmu i la, deng dip la, dah tha rih rawh.
3. Purun sen, purun var leh sawhthingte chu rawt dip la.
4. Vawksa chu a hmin hunah chhawhchhi, purun sen, purun var leh sawhthingte nen chuan chawhpawlh la, vawk thluak a awm theih chuan chawhpawlh baw ang che. A awm loh pawhin chhawhchhi hi vawk thluak aiah a hman theih tho.
5. Chi chu ei dawn tepah i al dawn nia.

CUCUMBER RAITA

Fanghma	-	1
Daw	-	no 1
Zeera dip	-	1 teaspoon (thirfian te)
Chi	-	1 teaspoon

Fanghma chu a kawr vel la, sin te tein chan la, a tui chu thli chhuak rawh.

Daw nen chawhpawlh la, zeera dip leh chi chu pawlh la.

Fridge-ah dah vawt rawh. Khaw lum lain a tih chi hle.

- *Ei Tur Buatsaih Dan*
by *Ramthianghlimi*

SYNOD SOCIAL FRONT HRIATTIRNA

1. SYNOD CHARITY STORE : Synod Social Front chuan Synod thu bawhzuiin, chhungkaw neining zawkten an thuamhnaw leh bungrua, la hman tlak si, an hman t̃angkai tawh lem lohte leh an thil neih remchang apiang an theh khawma, mi harsa zawkten an lo hman t̃angkai theih dan tur kawng a ngaihtuah a. Chumi atan chuan **Synod Charity Store, Zosaphara Building 1st Floor (MS-II/25&26), Mission Veng-ah** hawn a ni a.

Synod Charity Store-a dah tur hian thawmhnaw hak chi leh sin tur chi te, bungbel te, furniture leh lehkhabu te rawn thawh khawm turin kohhran hrang hrangte a inchhawkin ngen thin an ni. Kohhranhote rawn thawh khawm chu pakhat Rs. 100/- aia to lovin hralh ve thin a ni a, bungraw hlu bik deuh erawh chu Rs. 100/- aia tam deuh chhiar ve thin a ni bawk. Heng bungraw rawn thawh khawm thenkhat chu ramthar field lam te, kohhran harsa deuhthe leh chhiat tawkte hnenah te a thlawnin pek thin a ni bawk.

Charity Store hi ni tin, Synod Office chawlh ni tih loh chu dar 9:00 a.m.–5:00 p.m. hawn thin a ni a, Inrinniah dar 9:00 a.m.–12:00 noon thleng hawn a ni bawk a. A mamawh apiang tan dawr theih reng a ni e.

2. OLD AGE DAY CARE CENTRE (kum Upate inkawm-hlimna) : Synod Social Front chuan Old Age Day Care Centre (Kum Upate inkawm hlimna hmun), Synod Conference Centre, Ground Floor-ah kum lama upa tawh, thian kawm duhte kal khawma, an inkawm hlim theihna tur a buatsaih a. Kal khawmte tan infiamna tur leh lehkhah chhiar turte chhawpsak an ni a, an ei leh in turte ngaihtuhsak thin a ni bawk. A remchan dan angin Pathian thu lama inkawmna te pawh buatsaih thin a ni.

Chawhma lam dar **10:30-ah hunserh** hmanpui thin an ni a, tlai lam dar 3:00 thleng hawn thin a ni.

Old Age Day Care Centre-ah hian mi eng emaw zat an kal khawmin an inkawm hlim thin a. Mi thenkhat, kal harsat deuhthe chu an chhungten an rawn hruai bawk thin. Heta kal awm mi kan hriatte chu kawhhmuh thin turin kan inngen bawk e.

Sd/-

(REV. B. SANGTHANGA)

Executive Secretary i/c Synod Social Front
Synod Office

KUM 2017-2019 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi K. Lalliantluangi
Vice Chairman	:	Pi Lalnuntluangi
Gen. Secretary	:	Pi Lalpianthangi Hrahse
Asst. Secretary	:	Pi Lalmuanzuali
Treasurer	:	Pi Lalrinpuii
Finance Secretary	:	Pi Lalbiakhluni

COMMITTEE MEMBER-TE

- | | |
|--------------------------|------------------------|
| 1. Pi Lalsangliani | 2. Pi C. Thanthuami |
| 3. Pi Zangeni | 4. Pi B. Bualchumi |
| 5. Pi Lalthanzami | 6. Pi Denghmingliani |
| 7. Pi Lalngaihzuai | 8. Pi Biakchungnungi |
| 9. Pi Zoluri Sailo | 10. Pi F. Lalsangmawii |
| 11. Pi Liansangi | 12. Pi Chuahmingliani |
| 13. Pi Zonunsangi | 14. Pi Thanghlupuii |
| 15. Pi Lalpianzami | 16. Pi Lalnunsiami |
| 17. Pi Lalhliapi | 18. Pi Lalthanruai |
| 19. Pi Sangthuami | 20. Pi Zasangliani |
| 21. Pi Lalrinpuii | 22. Pi R. Vanlalruati |
| 23. Pi R. Lalrampari | 24. Pi Zodingliani |
| 25. Pi P.C. Lalhmangaihi | 26. Pi Lalremruati |
| 27. Pi Vanlalpari | 28. Pi R. Nuzawni |
| 29. Pi Lalduhthangi | 30. Pi Rothangliani |
| 31. Pi Lalsangluaii | 32. Pi Lalramthangi |
| 33. Ni. C. Lalrimawii | 34. Pi Vanlalrovi |
| 35. Pi Vanlalnghaki | 36. Pi Lalbiaksangi |

Ex-Officio Member-te

1. Rev. F. Lalrinnunga, Synod Moderator
2. Upa R. Dengzikpuia, Synod Secretary (Sr.)
3. Rev. P.C. Pachunga, Executive Secretary i/c Women
4. Pi Rinchawii, Ex-Chairman
5. Pi Sailuti (PWF)

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thil tumte:
1. Kohran pum rawngbawlina tihlawhtling tura thawh ho.
 2. Kristian chhungkua din nghehtir tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



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Bawngkawn Bial Kohhran Hmeichhia Leadership Training



Chanmari Bial Kohhran Hmeichhia Leadership Training



Kohhran Hmeichhia Consultation (June ni 14, 2018)

To

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