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KRISTIAN THALAI

Kristian Thalai Pawl Chanchinbu thla tin chhuak



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KOHRAN AWMZIA LEH NIHNA

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Kawpi Pes
R. Lalmalsawma

Hriselna
DR. PACHUAU LALMALSAWMA

Chhemdam
KTP MEMBER-TE

Thlipui
Esther Lalnunmatsii

World Cup
leh
ringtu nun

--- LALDAWNGLIANA ---

Nazareth Tlangval Changkang

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Silchar Bial KTP meet



Chanman Bial KTP HIV/AIDS Awareness Programme



Himali Bial KTP Finance Training

Kristian Ṭhalai Pawl chanchinbu thla tin chhuak

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KRISTIAN ṬHALAI PAWL

Thupui

Rawngbawl tūra chhandam

Thupui inngahna

Ephesi 2:10. Thil ṭha ti atán
Krista Isuaah chuan siama awmin,
ama kutchhuak kan ni si a, chu thil
ṭha tih chu kan awmna tūrin
Pathianin a buatsaih lāwk a ni.

Thiltumte

1. Isua Krista rinna leh amah anna
kawnga ṭhalait hruai.
2. Kohhran kutke ni tura ṭhalait
buatsaih.
3. Kohhran hnathawh tihpuitlin.
4. Krista Chanchin Ṭha puan
darh.

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BEIHRUAL THLA LEH KṚP

Kohhranhoten kan rawngbawlna kawnga beihpui kan thlakna hunpui **Beihrual thla** kan lo thleng leh ta. Beihrual thla a lo thlen hian kumin chhunga

Branch hrang hrang KṚP inkhawm chanchin ngaihnaawm tak tak kan hriat thinte rilruah a cham reng a, member, biak in thleng pha lo leh thleng khat deuh te tan pawh an inkhawm ngei theihna turin ruahmanna kan siam thin a, i chhunzawm zel ang u. Thil tha ti atana siam thalaite kan nih angin, kan rawngbawlna kawngah hian thil tha hi chu a tihmuhtu emaw, a entawntu emaw nih hi hreh lo ila, hmasawna kawng a awm zel thin.

KṚP inkhawmah leh hmalakna kawng hrang hrangah Branch hrang hrangten tan kan la a, project te siamin inkhawm turin member-te kan insawm a, KṚP programme-ah lo telin vawwi khat chauh tal pawh biakbuk lo thleng thei se, tiin theihtawp kan chhuah thin. A va tha em! Vawwi khat chauh tal pawh lo tel se a tha reng a ni. Eng vangin maw?

Marka 2:3–12-ah khan Lal Isua'n zeng a tihdam thu kan hmu a, zeng zawntute khan mipui avanga a kiang hnaia an rawn hruai theih loh hnuah, in chung thiat hialin Lal Isua hnen an hruai thleng a ni. Tin, vawwi khat chauh a hnena an hruai kan hmu a; mahse, Lal Isua khan a sual a ngaihdam a, a tidam baw a nih kha. Kan member-te rem leh rem lova kan sawm hram hram avanga biakbuk vawwi khat chauh kan hruai thlen te pawh hian Lal Isua ngaihdamna changin, tisa leh thlarau damna an chang thei tih hi i hre reng ang u.

Heng KṚP-tena hma kan lakna tha tak takte hi Beihrual thlaah pawh hian chhunzawm zel ila, KṚP inkhawm kan neih loh avanga indah awl mai lovin theihtawp chhuah thar zawk ila, KṚP programme tazot lutuk a awm dawn loh avang zawk hian, hun remchang tha kan nei tih inhriain Beihrual programme te hi hlawk taka hman i tum ang u.



Sermon

**KOHRAN
AUMZIA LEH NIHNA**

Reud Chuauthuama

Lev 11.44; 19.2; 1 Tim 3.15; Mt 16.13–21

‘Kohhran’ tih hi Thuthlung Thar ñawngkam bîk a ni. Thuthlung Tharah ‘kohhran’ tih hi vawi 114 hman a ni a; Isuan a hman hmasa ber a. Petera hnênah, “Nang, Petera i ni tih ka hrilh a che; he lungpui chungah hian ka ‘kohhran’ ka rem chho ang a...” a ti a (Mt 16:18). Hei hi Bible-a ‘kohhran’ tih ñawngkam lo lang hmasa ber a ni. Hemi hnua hian Chanchin Tha Matthaia zia kah baw Isuan ‘kohhran’ tih vawi 2 a hman leh (Mt 18:17). Paulan ‘kohhran’ tih a hman tam ber a, vawi 62 a hman a; hmun dangah ‘kohhran’ tih vawi 52 hman a ni.

Paulan Krista ringtua a rem chho vang,” a ti a; ‘Ka siam hmun khata awm kohhran’ a tih avàngin a din khâwm sawi nân a ni tih a chiang a. Rom 16:16-ah pawh ‘Krista kohhran’ a tih kha. Thuthlung Thar ‘kohhran’ lo din ñanna chu

Kohhrana tel tùrin
mihring zîngah thlan
bîk an awm lo va,
thlei bîk an awm lo.

a (Tirh 20:28; 1 Kor 1:2; 11:22; Pentikos ni, May ni 24, AD 30 15:9; 2 Kor 1:1; Gal 1:13; 1 Thes 2:1; 1 Tim 3:5). 1 Tim 3:15-ah (Sunday) kha a ni ang.

‘Pathian nung kohhran’ tih a hman; Rom 16:16-ah ‘Krista kohhran’ tih a hman thung.

Kohhran chu mi zawng zawng huap a ni

Kohhran chu tu din nge?

Isua Krista din a ni. Petera hnênah Isuan, “He lungpui chungah hian ka kohhran ka

Apostol-te Thuvawnah
“Mi zawng zawng tân
kohhran thianghlim awm hi
ka ring a,” tih a ni a.
Kohhrana tel tùrin mihring
zîngah thlan bîk an awm lo

a, thlei bik an awm lo a, vun rawngin a daidang lo va, òawng hrannain a dang hek lo; a bik nihna awm chhun chu '*Krista ringtute chauh*' awm theihna a ni.

Paulan a sawi chiang khawp mai, "Grik mi leh Juda mi, serh tan leh tan loh, awze mite, Skuthia mi te, bâwih te, bâwih lote pawh a awm theih loh," a ti (*Kol 3.12*). Hmun dangah pawh, "Juda mi a awm theih loh va, Grik mi pawh a awm theih hek loh; chutah chuan bâwih a awm theih loh va, bâwih lo pawh a awm theih hek loh; chutah chuan mipa leh hmeichhia pawh a awm theih loh; Kristaah chuan in zain pumkhat in ni si a," a ti bawk (*Gal 3.28*). Hetah hian 'awm theih loh' tih hi 'inthliarna a awm lo' tihna a ni.

Kohhran Thianghlim

Pathian Kohhran chu 'kohhran thianghlim' a ni. "Mi zawng zawng tân 'kohhran thianghlim' awm hi ka ring a," tih a nih kha. Engtin nge 'kohhran thianghlim' a nih? A chhànnà tãwi thei ber chu, a neitu Pathian chu a thianghlim vâng a ni. Israel-te hnênah Pathianin, "Kei hi

LALPA in Pathian ka ni si a; chuvangin, intithianghlim ula, thianghlimin awm rawh u; kei ka thianghlim si a," a ti (*Lev 11.44*).

Kohhran neitu Pathian chu a thianghlim avângin 'kohhran thianghlim' a ni a; kohhran member-te chuan a neitu zia chu an kai tùr a ni. Kohhran thianghlim a nih avângin khawvêl pâwl dang ang a ni lo. Kohhran chu a thianghlim avângin a zahawm a; mahse, a thianghlimna leh a zahawmna chuan mi a hnar chuang si lo.

Kohhran member-te chu mi thianghlim an ni

Kohhran thianghlim member-te chu 'mi thianghlim' an ni. *Apostol*-te Thuvawnah, "Mi thianghlim-ho inpâwl khâwm hi ka ring a" tih a ni a (*KHB No. 551:10a*). Kohhran member-te 'mi thianghlim inpâwl khâwm' nih dân chu, "Sual ngaih damna ka ring," tih a nih avângin Kristan an sual a ngaihdamsakte kan ni. Sual ngaihdamna changte chu mi thianghlim an ni a; leia awm chhûng erawh chuan an famkim ta tihna erawh a ni lo.

Mi thianghlim zia tûr

Kohhran thianghlim member-te chu mi thianghlim kan ni a; kan thianghlim dân chu kan nunah a lang tûr a ni. Kan thianghlimna tûrte chu – (1) Kan thusawiah; (2) Kan thiltih duh zâwngah; (3) Kan thil ei leh in duh zâwngah; (4) Kan thil hmuh duh leh en duh zâwngah; (5) Kan thil khawih duh

zâwngah; (6) Kan ei zawnnaah; (7) Kan kal duhnaah; (8) Nuam kan zawnna kawngah; (9) Kan thian kawmah te Pathian thu nêna inremin kan awm tûr a ni.

Ringtute chuan Isua zia kan kai tûr a ni a; Isua zia kan kai chuan amah nên kan inpâwl thei ang a; nun thianghlim kan nei thei ang.

HRIATTIRNA

Short film insiamsiak

Kum 2019–2020 chhunga KṚP kum puan “Kristian Nun – Takna” (Sam 51:6) tih denchhenin Bial huap Short Film (10 minutes) insiamsiak CKṚP-in a buatsaih dawn a, lawmman chu hetiang hi a ni ang:

Lawmman 1-na - Rs. 30,000 + Citation

Lawmman 2-na - Rs. 20,000 + Citation

Lawmman 3-na - Rs. 10,000 + Citation

Film hi ni 19.12.2018 thleng theh luh theih a ni ang a, lawmman hi KṚP Rorel Inkhawm 2019, Tuikual North Kohhrana neih turah sem a ni ang.

Rampum huap ṭawngṭai rual

KṚP General Conference, West Phailenga neihin a lo rel angin, ram pum huap ṭawngṭai rual chu ni 6.10.2018 (Inrinni) chawhma dar 11-ah Mizoram District khawpui tinah a huhova hman turin ruahmanna siam a ni a, khawpui lian – Bial 2 emaw, a aia tam awmna khawpuiachte chuan Bial KṚP-te inkawpin, a huhova ṭawngṭai turin hma lo lak ni se a lawmawm hle ang.



Nazaret Tlangval Changkang

Lalhruaitluanga Chawngte

Vawi khat chu Isua leh Setana'n khawvel an thlir dun a...

*Setana: Pathian fapa i nih chuan he lung hi chhanga chang turin
thu pe rawh.*

Isua: "Mihring hi chhang chauhvin an nung lo vang," tih ziak a ni.

An inhmin lo va, an inhneh lo. An inthlemthlu lo Chiang khawp mai. Thil dang ti tur pawhin Setana hian a thlem a, chibai buk tur leh biak in chhip zum aṭanga zuang thla turin. Mahse, a hlawhchham.

"Chibai mi buk la, he'ng zawng zawng chung a thuneihna leh a ropuina hi ka pe ang che," tiin Setana'n a thlem a, "'Lalpa i Pathian chibai buk la, ama rawng chauh bawl rawh,' tih ziak a ni," tiin Isuan a chhang. Biak in chhip zum aṭanga zuang thla turin Setana'n a thlem leh a; mahse, Isuan a duh lo; "'Lalpa i Pathian fiah suh,' tih a ni e," tiin a chhang.

Isua khan, "Ka duh teuh lo mai," ti maiin a enga mah kha a chhang lo va, Setana

tawktarhte kha a duh zawng leh ṭha a tih zawng a nih loh thu te sawiin a hnial hek lo. Setana'n chibai buk tura a thlem te khan, "Nang hi chibai ka buk hauh lo vang che. Chutiang tur tea min han thlem reng reng, min hai em ni hial? Nanga hmaa kun kut kut tur ka ni lo ve. Pathian lo chu chibai ka buk lo vang," a ti lo va, "'Lalpa i Pathian chibai buk la, ama rawng chauh bawl rawh,' tih ziak a ni," tiin Pathian thu, a ziaha ziah hmangin a ni a chhan ni. Deuteronomy bua mi a sawi chhawng a nih kha. A va han changkang!

Isua khan leh kha a chhiar ṭhin tihna a ni. "Ka duh lo," tiin Setana kha hnial se, a thlemthlu lo tihna a ni tho vang. A lawmawm tho vang a; tin, amah zuitute'n kan

dukhawp loh phah hauh lo vang. Mahse, "Ka duh lo," ti mawl tawp lovin lehkha chhiar thin Isua kha chuan "Tih ziaak a ni" tiin thuziak a'n 'quote' thlap mai a, changkang ka tih zawng tak! A hmachhawnpa tan khan han chhan let a har awm hian ka ring a ni. Pathian thu ngat quote-a Setana han hnial chu, a tlo pawh a tlo vang.

Khatia Isuan a thil chhiar a sawi chhawn khan, ama irawm chhuak angin a sawi lo a, a awm chawp angin a chhal lo. "Tih ziaak a ni" a tih khan, mi a 'quote' tihna a ni a, a ziaaktu kha a 'credit' a pe thlap tihna te pawh a ni thei ang. Mi kutchhuak mahni thu leh hla anga sawi chhawn ching a ni lo tihna a nih chu. Tunlai tawngin, 'copy right' a ngai pawimawh tihna te pawh a ni ang. Chiang lehzualin han sawi ila, mi thu leh hla ruk ching a ni lo tihna a nih chu. Kan Isua changkanzia kha aw!

Mi 'quote' thei nih hi a changkang hrim hrim. Chutiang tur chuan lehkha chhiar thin nih a ngai fo vang – tawngkaa an sawi kan lo sawi chhawng te a nih chuan thuhra. A hun leh a hmun

dik thlapa tute tawngkam emaw sawi chhawng theite hi khawvelin a ngaina kumkhua a, mi an bula awm nuam, an titi kan ngaithlak thup thinte hi chutiang thiam chu an ni duh khawpin ka hria. Siam thatna lam hawia mi rilru hneh thei tur te pawhin chutiang mi, inchhiar taima chu nih a ngai khawp ang. Mahse, mahni irawm chhuak anga an sawi chuan, hriat chhuah hunah hnung lam atangin kan nuih mai thei a, a lu ruh ring chi phei chuan kuhva zawrhna dawr velah nuihzat deuhvin an sawi lung lung duh hial mai thei. Isua kha chuan a hun takah Deuteronomy a sawi chhawng a, "Tih ziaak a ni" ti tel thlapin.

Khawvel thil chu thu hran ni se, thlemna tawh changa Pathian thu leh Pathian mite thu leh hla hmanga Setana chhang thei zelte hi, tui luang kiana thing phun ang bawka a hun tea rah thin an ni hial awm e. A tlo pawh an tlo vang. Chutiang mi ni tur chuan lo hriat sa neih teuh a ngai ang.

Kha Nazaret tlangval changkanzia kha aw!



WORLD CUP LEH RINGTU NUN

Laldawngliana, N. Vanlaiphai

Khawvela ennaawm ropui ber tia an lo sawi thin World Cup 2018 chu a lo zo leh ta. Tun tum World Cup chu ringtu nun thlir nan i lo hmanng daih teh ang.

Fathy (Egypt) te, Thiago (Poland) te, Bouhaddouz (Morocco) te, Behich (Australia) te, Etebo (Nigeria) te, Cheryshev (Russia) te, Fernandinho (Brazil) te, Mandzukic (Croatia) te chuan anmahni lamah an ti-goal a. Hengte hian an lama an tih-goal tum inkhelhah hian an chak lo vek a ni. Pawn lam atanga min dotu Communist te, RSS te ai mah hian kan ringtupui, kan rawngbawlpuiten kan lama an pet goal hian kan ringtu nun te, kan rawngbawl hona leh kohhrante min tichak lo duh bik a ni. Lo tisual mah ila, inchhira kan sima, Lalpa lam kan hawi chuan, "Thil a lo tihsual tawh pawh ngaihdam a ni ang," (Jak 5:15, lehlin thar) min ti bik hi ringtute kan vanneihna bik a ni.

Sigurdsson te, Cueva te, Al Muwallad te, Modric leh Ruiz te pawhin penalty pet goal lo mah se, Messi leh Ronaldo-te pet goal loh erawh miin an sawi duh bik. KTP member-te pawh hi miten min chhiar a, min thlir reng avangin kan nun kan fimkhur a va tul em! Kan awm dan chu Krista chanchin tha nen a inmawi (Phil 1:27) loh chuan Messi leh Ronaldo angin ar chuk tui lo khawpin min sawisel ve dawn a ni.

Germany, champion leh tura mi rin kai tak pakhat chu kum 80 hnuah first round-ah an tla fel der mai! Tun hmaa kan rawngbawl dan te, chanvo pawimawh kan chelh te hi sawi fo hian kan tla thawm a ring ting mai a ni. Tun hmaa ka nihna aiin tuna ka dinhmun hi a pawimawh

zaw k a. Chuvangin, tun hmaa ka nihna chu eng pawh lo ni se, kan thlen chin aṭangin hmasawn kan tum (*Phil 3:16*) zaw k tur a ni. Tin, an goalkeeper, Manuel Nuer chu South Korea nen an inkhelh ṭumin centre pelin a va phei ve daw daw a, anmahni goal ruakah awlsam takin an thun phah asin le! Mahni awm lohna tura awm hi a va paw em!

Referee thutlukna avanga inhnialna lo piang ṭhin tibo turin tun ṭum World Cup-ah chuan Video Assistant Referee (VAR) hman a ni a. Keini pawh hi rorelna niah chuan Pathian lalṭhutthleng hmaah VAR aia chiang zawka min hmutu chuan mi tin kan thiltih ang zelin min la relsak ang a (*Rom 2:6*). A rorelna chu a dika a fel (*Thup 19:2*) avangin tu mahin kan sawisel thei lo vang.

Nigeria leh Croatia an inkhelh ṭumin Croatia striker Nikola Kalinic chu hun tawp dawn hnaihah Manager chuan khelhtir a tum a. A luh duh loh avangin World Cup lai la lain an ramah an thawn

haw daih a ni. Keini ringtute pawh hi Krista min koh chhan hmu turin (*Phil 3:14*), inthawina aiin thu awih a duh zaw k a, berampa thau aiin a thu pawm ṭha a ti zaw k (*I Sam 15:22*) baw k a ni.

Khawvela footballer man to ber, Neymar chu inkhelh laiin a tlu ngun a. Nuihza siam nan an hmang nasa hle a. Chuvangin, Belgium nen an inkhelh ṭuma a tluk leh pawhin referee chuan a ngaihsak ṭha duh ta lo va ni. Paula chuan, “Mi sualte leh tihdertute erawh chu an chan a chhe tial tial ang a, mi dang bum ṭhin mah se anmahni ngei pawh bum an ni ang,” (*2 Tim 3:13, lehlin thar*) tiin ringtute hi min vau lawk a ni.

Final-a France tum inchuhin England leh Croatia-ten Semi Final an khel a. Ṭan aṭanga minute 5 lekah England tan Trippier-a chuan a ti-goal ta mai. Croatia chuan beidawng lovin an bei ṭang ṭang a, an si phurh an sut a. A tawpah chuan 2-1-in an lehthal ta daih mai a ni. Keini ringtute pawh hi sualin min beih hian, beidawng mai lova kan

beih phawt chuan hnehna kan chang ve ngei ang.

Group C-a pakhatna nih inchuha an inkhelhnaah, Belgium-in an pet goal chuan a si phur zawk England chu lawmin an au chiam mai a. Uruguay te, Brazil leh France-te an tum hreh vang a ni. Pathumna zawnaa an intum leh chuan, hneh tumin bei chiam mah se si hnih fai ngawt an phur leh ta zawk a ni. England hian first round-a an intum khan hneh ngei tumin theihtawp lo chhuah ta se, pathumna zawnaah pawh an hneh mai thei a ni. Ringtute pawh thlemna kan tawhin, hneh theiha kan inngaih lai hian hneh ngei tumin theihtawp kan chhuah phawt tur a ni a; kan hneh duh loh der phei chuan sual kan khawi ngam tihna a ni. England anga chak loh pawh paw kan tih loh chuan sualin min hneh fo mai dawn a lo ni.

France chuan chak hlutzia an hre chiang a. A tir aṭangin theihtawp an chhuah a, an khel tam tial tial a, an khel a hmuhnawmin an khel

ṭha telh telh bawka, a tawpah World Cup 2018 champion no mawi hlu tak an chawita nge nge a ni. Ringtute pawh hian sual nen kan inbeihnaah hian hnehna hlutzia kan ngaihtuah reng tur a ni. Vawi khat sual kan hneh hian keimahnin min tichak sauh a; chuvangin, tha thlah lovin chak zawk nih tumin kan bei zel tur a ni. Ringtute tan hnehna lawmman hi a ṭha a nia, “A hnehtu apiang Pathian Paradis-a Nunna Thingam mi ka eitir ang,” (*Thup 2:7*) a ti a ni.

Lallukhum chhe thei mah chang turin infiammite an thawk rim a, ei leh in, ruih theih thila an insum theih chuan lallukhum chhe thei lo chang turin keini hian engtiang chiahin nge kan inhuam ve le? Infiammite inelna aia nasa mah hian kan nunah indona nasa tak, Pathian leh Setana an inbeih reng a. A chak zawk zawk din chhuahna a nih avangin keimahnin kan ṭan lam lam hian hnehna an chang mai dawn a lo ni. Khai le, nunna lallukhum chu chang turin puan ven i sawi chhing tak tak teh ang u le.



Pawisa Sawmnga Pasarih

Hattie May Wiatt

Chu biak in te reuh te kawta
Chmeichhe naupang lo inhnit faih
faih thawm chuan naupang dang
sande sikul kal thawm ri mawi tak mai
pawh chu a khuh thei hial nia!
Pathiannia Pathian faka sande sikul kal
chu a chak ve em alawm. Mahse, an
biak in chu a tet em avangin a leng ve
tlat tawh lo. Pastor inkhawm tur lo kal
chuan chu hmeichhe naupang inhnit
hlawp hlawp, sam phelh phanga lo
awm a hmuh chuan a rilru a khawih
ngei mai! Tawt viau tawh mah se
naupang pakhat chauh tan chuan
thutna a la awm thei tur a ni. Biak in
chhungah chuan a kai lut ve ta a.
Chumi nia a thil tawn chuan naupang



rilru chu a khawih takzet a, a
zan mutna thlengin a rilruah
a cham reng a, "Naupang tam
tak sande sikul kalna tur nei
lo, kal chak em em si an va
tam dawn em!"

Kum hnih zet a liam ta.
Chu naupangte chu a thi ta
hlauh mai. A ruang chu an in
te tak teah chuan an zalh a. A
nu leh pate chuan Pastor
ngilnei tak mai chu amah

Dr. H. Russell Canwell

vuina hun hman turin an
sawm a. A ruang an han zawn
sawmnaah chuan pawisa ip,
hlui tawh tak leh khawkrup
tawh hi an hmu a, mi'n
bawhlhlawh paihnaa an paih
hnua chhar ni hial awma
mawi a ni. A chhungah chuan
pawisa nawi sawmnga
pasarih leh lehkha, naupang
kutziak tih hriat taka inziak hi
an hmu a, "He pawisa hi

naupang tam zawkte'n sande sikul an kal theih na'na biak in zauhna atana hman turin," tiin.

Kum hnih chhung zet pawisa a lo khawl a nih chu! Pastor chuan mittui tla zawih zawihin a'n chhiar a, a tih tur chu a hre chiang khawp mai. Naupang lehkha ziaik leh pawisa ip chu kengin hmeichhe naupangin mi dang a hmangaihna leh mi dang tana a inpekna chu a tlangaupui a, pulpit thlengin a lawnpui a, a kohhranhote hnenah chuan biak in lian zawk sa thei ngei tura tan la turin chona a siam ta baw. He thil hi hetah mai hian a tawp hauh lo.

Chanchinbuah chu hmeichhe naupang chanchin chu a darh ta zel a, mi rilruah nasa takin thu a sawi zawm zel a. Ram neitu hausa tak mai pakhat rilruah Pathianin hna a thawk a, a ram zau tak mai, pawisa tam tak man hu chu biak in sak nan pawisa 57-a lei turin kohhranho hnenah chuan a zawrh ta hial a ni.

Chu kohhranhote chuan nasa takin hma an la zel a, hmun hrang hrang atangin pawisa tam tak a lo lut ta zawih zawih mai a, kum nga

a vei meuh chuan cheng 2,50,000 lai an hmuchhuak ta hial a ni. Tunlai ang chu ni se maktaduai tam tak a ni ngei ang. Chu chu mi dang hmangaihna leh mi dang tana inpekna vang liau liauva lo thleng a ni.

Philadelphia khawpuia i kal chuan biak in, mi 3,300 zet lenna 'Temple Baptist Church' i hmu thei ang a, hei mai a ni lo, university tha leh changtlung tak 'Temple University' i hmu baw ang. Tin, damdawi in lian tak 'Good Samaritan Hospital' i hmu baw ang a, Sande sikul in lian tak, mi za tam lenna tur i hmu baw ang. He lai veng naupang sande sikul kal duhte chu an leng vek tawh ngei ang. Heng room chhung bangah hian hmeichhe naupang thlalak mawi tak, Hattie May Wiatt-i leh Pastor ngilnei tak Dr. H. Russell Conwell-a thlalak hmuh tur awm chuan a din chhan tak – mi dang hmangaihna vawrtawp leh mi dang tana inpekna vawrtawp a ni tih a hriat chhuatir ngei ang che.

Tui mal far te te hian luipui a siam thin. A hminga tih a nih phawt chuan thil te lua a awm lo ve.



“Tlem te in lovin, kham khawp law law in ang che”

Dr. Pachuan Lalma Sawma
M.Sc. (Applied Nutrition); MAE
(Epidemiology)

Kum 1967-a Israel leh Arab indona hmingthang tak ‘Six-Day War’-ah khan Aigupta sipai 20,000 laite chu khaw lum luat vanga tui tlachhamin an thi a; a chhan ber pawh tui renchem taka in leh hmang tura tih an nih vang a ni. An hmelmna Israel sipaite erawh chuan, thlaler indona hmunah tui hnianghnar taka an awm theihna tura hma latu sawrkar fing tak an neih avangin tawrhna lian tham an hmachhawn ve lo!

‘*Khawpui nuho chuan an taksa aiin an pangpar khawi leh plant-te tui an pe tha zawk*’ an ti. Dik tak maw? Kan pangpar leh thlaite’n tha taka tui pek an mamawh ang hian kan taksa pawh hian tui a mamawh reng a, a dawn tur ang tui a dawn loh chuan khawro lam a pan lo thei lo. Taksaa tui tlakchhamna hian chhungril lama taksa bung hrang hrang hnathawh bakah pawn lam lan dan thlengin nghawng tha lo tak tak a nei thin. Mihring taksa hi zaa sawmsarih (70%) vel tui a ni a, a nih tur aia a hniam chuan kan rilru leh taksain harsatna a tawh thuai thin.

Taksa tui zaa pakhat (1%)-a a lo kiam hian chhungril lama lum leh vawt inrelbawl dan a buai phawt a. Chumi hriatna (*Warning signal*) langsar ber chu

kan tui a lo hal tan chiah hi a ni. Zaa pahnih (2%)-a taksa tui a lo tlem chuan nasa zawkin tui a lo hal a, awm nuam lo leh chaw ei tui lohna a lo thleng bawk a. Miin taksaa tui zaa pathum (3%) vela a tlakchham meuh chuan a dang a lo ro tawh a. Zaa pali (4%)-a tui a tlakchham tawh chuan hnathawh theih dan (*Work capacity*) zaa 20 atanga 30 thlengin a lo tlahniam tawh thin.

Tin, tlakchhamna zaa panga (5%) a lo nih meuh chuan rilru fim taka thil ngaihtuah theihna (*Concentration*) a lo buai a, lu na te, mutchhuak tein mi a zem chia tawh thin. Miin zaa paruk (6%)-a tui a tlakchham tawh chuan ke za leh mu a lo nei ta fo va, zaa pasarih (7%) a lo nih meuh tawh chuan lu haia tluk mai pawh a lo awl

tawh! Zaa sawm (10%)-a taksaa tui tlakchhamna a lo awm tawh chuan thih mai hlauhawm dinhmunah mi a lo ding ta thin a ni.

A chung a mite miin a pal tlang mek chuan a taksa khawl pawhin a lo tuar nasa thin ngei mai! Tui hi kan taksa atang hian kan thawk zawng, thlan leh zun atangin kan hloh ber a. Luak leh kawthalote avangin hun rei lo teah taksaa tui nasa takin a lo tlahniam bawk thin. A chhuak zat tal hi rang taka lak luh leh nghal a tul. A chhan chu tui a chhuah nasat vangin thisen a takin a khal a, taksa peng hrang hranga chu thisen tak deuh mai nawr kala boruak tha (*Oxygen*) leh mamawh dang pe turin lungin nasa taka hna a thawh a lo ngai a. Taksa chhungleil lam lumna a lo sosang bawk a. Taksa peng hrang hrangte'n a hun taka an dawn tur ang boruak leh thil tha (*Nutrients*) an dawn hman loh avangin chauh leh tha kham a lo awm ta thin a ni.

I vun kha chik takin han en la, a nungin a hriselin i hria em? Vun nung lo leh rote hi taksain hun eng emaw chen tui a dawn tur ang a dawn tawh lohzia puang chhuaktu a ni. A tawi zawngin – tui

tlakchham vangin i taksa a khawro mek.

Ek khal leh kaw puar harsatna i nei ngai em? Kan rila ek awm hian tui a pai hnem thin hle a, rilpui a thlen meuh chuan a tui pai eng emaw zat chu taksaah hip luh a ni thin. Kan taksain tui a tlakchham viau chuan, kan ek kawng zawh mek atang khan taksa mamawh puhrukna tura tui tam zawk hip luh a tul avangin ek a lo khal ta thin a ni. Chu ek tui pai tlem em em chuan a dan pangngai lo takin taksa atanga paih chhuah ni turin hun rei ngial hman a lo ngai a, kua a lo puarin ek a lo khal ta thin a ni. He harsatna su kiang tur chuan tha tam tak a lo ngai tawh thin!

Ni tin zun hman hian taksain a mamawh tawh loh thil tha lo tam tak a paih chhuak thin. Miin tui a in tlem viau chuan zun chhuah tur pawh a lo tlem a, zun tam loh na na na chuan kalah thil nawi (*Minerals*) a lo inchhek khawm thuai a, paih chhuah thuai lohva a lo tam telh telh khan lung a lo insiam ta thin a ni. Hmalak tlai luat vangin sum tam tak senga phai lama kal thlak (*Kidney transplant*) hial a lo ngai thin hi a pawh khawp mai!

Kan chil (*Saliva*) hi a pawimawhin a lo tangkai teh meuh mai. Chil hian ka chhung a tihnawng a, ka chhunga natna hrik inchhek khawm leh timur chhia leh tangkai tawh lo (*Desquamated epithelial cells*) taksa atanga paih chhuah bakah kan thil ei lem kawngah a tangkai hle. Hemi piah lamah hian kan chilin '*amylase*' a pai hmangin kan thil eite chiah hnipa tihzawp a nih hnuah a chakna paite taksa tan tangkai taka hman theih a lo ni ta thin. Hetih lai hian kan chil zaa sawmkua pakua (99%) hi tui a nih miau avangin, taksain tui a tlakchham chuan chil a chhuak tlem a, dang a lo ro bawk a, ka chhung atanga paih chhuah turte kaah a chamban avangin ka rimchhia leh thaw uih thlengin a lo awm thin a, bula mite tan pawh hnawksak kan lo ni thuai thin.

Tui in tlem luat avangin kan taksa bung hrang, pawimawh em emte hian an thawh tur ang an thawk thei lo emaw, thawk thei dinhmuna ding lo thlengin an awm thei a lo ni. Chutiang dinhmuna chuan kan thin (*Liver*) hian thisen a thlit fim

that theih loh avangin thil tha lo (*Toxins*) a lo inchhek khawl a. Hetiang chiah hian tui kan tlakchham chuan kan kal (*Kidney*) pawhin a nih dan tur angin hna thawk thei bik hek suh, *dyalisis* tih a lo ngaih phah ta thin a ni.

Thil ho te anga lang, tlawm (*Man nei lo*) si, tam leh ban phak maia awm reng tui hmanga kan taksa kan chawm that peih loh vanga kan tawrhna hi a hautak a, a pumpelh turin tui in that hi kan mawhphurhna a lo ni. *Mi puitling pangngai tan ni tin tui no riat tal in hi tih makmawh a ni*. I taksain tui a mamawh belh dan i hriat duh chuan i zun rawng en thin ang che. A engdal emaw, a fim emaw a nih loh chuan tunah khan tui in nghal la, vawi khata in pup pup a tul lem lovin a tha ber lo bawk. A khat tawkin litre hnih tal ni tin in la, tuihal huam huam, awm nuam lo leh chaw ei tui lohna, dang ro leh thawk rimchhia, rilru mang, lu na leh mutchhuak, ke za leh mu, lu hai te i lo pumpelh ang a, i thin leh kalin tha taka hna a thawh theih chuan sum tam tak i hum tihna a ni bawk ang.

Tui in tha la, i zun rawng en fiah fo rawh.



THLIPUI

*Esther Lalnunmawii
Khatla East Branch*

Thlipui a thawh tak tak chuan a kalkawnga awm eng mahin
A dal zo lo va, a dawl zo hek lo. Khawvel pianken a nih
avangin lo do let chiama, lo tih vak a har. Tunlai thiamna
hmingin thlipui lo thawk tur chu hriat lawk theih a ni a, lo
inrin ve theihna chen a awm. Tunlai Zoram min nuai veltu
thlipuite hi i han zir Chiang dawn ang hmiang.

Zu thlipui

Zu hian a chimin min
chim a, min len phe lawp
lawp zawng chu a nih hi.
Thalai, nu leh pa thlengin kan
nun a titawi mek a. Pawi sawi
lo naupangin an lo tuar ve zel
bawk nen. A va hautak lulai
tak em! Heti zozai Mizo min
suattu thlipui hi 'kan tan a
tha' tiin thalaite hian kan tan
tlat dawn em ni?

Drugs thlipui

Hei zet phei hi chu a va
han chimawm lulai tak em!
Thisen zungzam a fan a, a
bawiha tang tawh laklawh
chu a chhuah mai mai hauh
lo. Eng anga khaw khat mi
haus, pi leh pute a tang tawh-
a mi neinung pawh ni se, he

drug hman sualna thlipuiin a
man tawh chu an tlachhe
rawk rawk zel mai a ni. A va
han pawi tehlu em!
Chhungkua a tichhia a,
khawtlang a tiralti a, mihring
'moral' a tichhe hneh em em
a ni.

Duhâмна thlipui

Mizote zingah mahni
chan táwka lungawi thei lo
kan tam ta. Mahni nawm-
sakna tur a nih chuan mi
dangte chhiat rakna tur pawh
pawisa zo tawh lo kan tam an
ti! Mizo nihna nen a inmil
lovin, Kristian nihna nen phei
chuan a va han inmil lo
lehzual em! 'Investment'
hming chhala damdawi
khehtute lo sponsor duh mai

kan awm ang tih te pawh hlauhawm tak a ni.

Kohhran pawisak lohna thlipui

Hei phei hi chu, a pawl a ni tawp mai a ni. A dintu Kristaah hian kan Chiang lo nge ni, kohhran hmalakna apiang lo sawisela, lo tai fek fek reng kan pung zel niin a lang. Famkim lo mihringte kaltlangin Pathianin a kohhranhovah ro a rel a. Pathian aw tia kohhran aw pawm harsa ti pawl an chhuah belh zel an ti! A reltute'n a rawng kan bawlsak Pathian aiin kan duh dan kan dah lal zawk ta nge ni a, kohhran mite'n kan duh dan diak diaka kohhran kaltir kan tum nasat vang zawk?

Krista din kohhran hi kan ngaihsan lohva, kan ngaih pawimawh loh hun hunah kan ram hian tlukchhiat lam a pan tial ang.

Mahni indah pawimawhna thlipui

Thalaite zingah mahni inngaih pawimawhna, mi dangte pawisak lohna a lian telh telh niin a lang. Hma-

sawn lo zia a ni. A huhova rawng kan bawlna kawngah pawh thil hnawka ni. Zo nun ze mawi – aia upa zahna a nek ral zel bakah 'sem sem dam dam' tih te pawh a tibo hialin a lang. He ze tha lo tak mai hi Setana zia a ni, ti te pawhin a sawi theih awm e. Min chhandamtu Lalpa Isua Krista min zirtirna erawh chu, 'Amah ngeiin a nuna a lantir angin mi dangte tan' tih a ni si a.

Thlipui lo thawk chu lo dan theih a ni lo; mahse, lo inven theih a ni. Heng thlipui hrang hrang kan sawi bakah hian Zoram zim tea thalaite min tibuaite tam tak a awm ang. Nang leh kei hi engtin nge kan him ang a, engtin nge kan thalaipuite leh kan ram hi kan chhan-him theih ang le? Ke i pen loh chuan tu nge ke pen chuang ang? Thlipui hau reh theitu, engkim ti thei Pathian kan nei a ni lawm ni? Sim ngai kan nei a nih chuan sim ila, kan tih ngai loh kan tih thar ngai a awm a nih chuan huai takin Kristian thalaite hian ke i pen ang u hmiang. Kan ram hi kan siam tha thei a ni, Pathian puihnain.

HRUAITUTE CHANCHIN

Tual Upa Lalmuanawma



Tual Upa Lalmuanawma hi Pu Lalbiakzuala leh Pi Lalromawii-te fapa pahnih zinga a upa zawk niin February ni 14, 1981-ah a lo piang a, a nupui Lalchhuanawmi nen fa pathum: Lalmuansangi, Lalmuanzuala leh Lalmuantluanga-te neiin, Kulikawn Vengthlang Kohhran, Kulikawnah an lawi mek a ni.

Zirna lamah hian Middle School hi Mary Mount School, Tlangnuam, Aizawlah kalin, High School hi St. Paul's High School atangin a pass chhuak a, Higher Secondary hi Synod Higher Secondary School atanga pass chhuak lehin, B.Pharm. thleng a zir. Tunah hian Food & Drugs Administration Wing, Health & Family Welfare Department, Mizoramah Pharmacist hna a thawk mek a ni.

Infiamna hi a tui ve hle a, chung zingah chuan Football leh Basketball hi a ngainat berte zinga mi a ni a, a tlangval lai chuan a khel nasa ve thei hle a ni.

Rawngbawlina lamah a

phak ang tawka rawng bawl vein, Central KṛP-ah kum 2016–2018 Committee member niin, 2018–2020 term atan Finance Secretary a ni. Bial KṛP-ah Bial Committee leh Bial O.B te a lo ni tawh a, tunah Bial Committee ah Ex-officio niin, Kulikawn Vengthlang Branch Asst. Leader a ni mek bawk. Sunday School Senior Department Leader niin, Tualchhung Upa atan May 13, 2018 khan thlan a ni nghe nghe a ni.

Thiamna bik emaw, talent bik sawi tur eng mah nei lo chungin Pathian hruainaah a innghat mai zel a, chumi chuan tun dinhmun hi hruai thlengin, a kova tla ang chu

Pathian rinchhanin a ti ve mai thin. Amah hi mi zakzum tak, mi biangbiak vel pawh thiam lutuk bik lo a ni a, hemi kawngah hian a thalaipuite thawnghaipuina pawh a ngen mawlh mawlh a ni.

Tleirawl/Rawlhtharho bula rawngbawl nuam ti tak niin, a theih ang tawkin harsatna tawkte, taksa leh thlarau lama puih hi a nuam tih zawng a ni. Tunlai thalaiho nunphung hi a vei ve em em a, hnathawh hreh nei lo tura fuih te hi a tuipui a; tin, sum thawh chhuah mila nun thiam te hi a ngai pawimawh em em a ni.

Pathian fakna hla eng pawh hi ngaithla thei vek a, a chhama chham chi (rap)

thleng mai hian, Pathian fakna a nih chuan ngaithlain, a tuipui thei mai zel a ni. *Kristian Hla Bu no. 150-na, "Khawvel hi bo mah se, Isua ka nei,"* tih hla hi innghahna atan leh thlamuantu hla atan a duh ber a ni.

Pathian thu changah chuan Rom 8:28 thu, *"Tin, Pathian hmangaihtu, amaha ruat anga a kohvate tan chuan, an thatna turin engkimin a thawhsak hlawm thin tih kan hria,"* tih hi innghahna atana a hman thin leh harsatna a tawh chang pawha a nun kaihhruaitu atana a hman thin a ni.

LAWM THU SAWINA

Kan member K. Lalhruaitluanga, 2018 KṯP General Conference kal tur Seling daia motor accident avanga vanduaia a tawh chungchangah CKṯP-te a hmun ngeia rawn kalin ralna thilpek leh a tul tul min buaipui a. Tin, Mizoram chhung leh ram pawn KṯP, Branch leh Bial hrang hrangte hnen atangin ralna thilpek leh tawrhpuina thu tam tak kan dawng bawh. Heng in mi tawrhpuina zawng zawng avang hian in zavaia chungah lawm thu kan sawi e.

Secretary, KṯP, Chawngtlai Bial



KAWPI PÊS

*R Lalmalsawma,
Bethlehem Branch*

Hmasawnna ropui tak tak kan tawng chho mawlh mawlh a, a tur ve rênga ngaiin kan nunpui ve nawk nawk bawka. Kan Lalpa rawng kan bawlna kawngah pawh hian hmanrua leh kalphung chi hrang hrang kan hman mawlh mawlh a, chung zinga Kohhran leh khawvêlin min hriatpui langsàr ber chu rimawi hmanga rawng kan bawlna hi a ni. A tuipui fál deuh an awm a, tuipui lêm lo te pawh kan tel a ùl fo tho mai. Thâ leh zung kan sèn kum tluanna, sum leh pai pawh kan hman hnem berna pakhat ni si hi, hlâwk zâwk leh awmze nei zâwka kan kalpui theihna turin ngaihtuahna kan sèna, puanven kan sâwi chhìn a va hun ta êm! Engtin ngê hmá kan lâk ang?

A bul̥thuta thiam tura hmalák

Kan kohhran kalphung thlirin, zàihoh leh zaipáwl neih hi kan la chhonzawm zêl rih dawn. Kohhran kutkè ni tura thalaite buatsaihtu leh, kohhran hnathawh tipuitling tur kan nih miao avangin KṚP-te hian rimawi kan thiam a ngai a, a ti mi lo deuh te pawhin a ti mite kan thlâwp that a ngai.

Kohhran zaipawl nei lo chu tlem tê kan ni ang. Kohhran zaipawl te hian

ngaihhlut kan hlawh êm êm a, chung lam leh mihringte mit hmuha ei tlâk leh thiam taka kan zài a ùl thìn. Mite thinlung hneh tur chuan tihtakzetna leh, ngaithlatute ko thei tura kan zài a ngai thìn.

Sol-Fa bul̥thut – doh ray me te, vuak awmzia leh vuak chi hrang hrang te, vuak thenna te leh an danglamna te tal hi kohhran zaipawl member-te'n kan thiam tlàn theih nan, a zir nan zan hnih thum lek pawh han pe phal

tâ ıla a va hlâwk dawn êm!
Kohhran hunpui leh
inkhâwmpui chi hrang hrang
atan hla eng emaw zât zir a
ngai chàwl lo a. Sol-Fa kan
thiam loh avanga hla zirna
hun kan hman tamzia hi,
uiawm tak a ni.

Rimawi zir peih leh inpêk

Rimawi zirna hmun te,
Sol-Fa chhutna khâwl
changkâng nei te kan
thahnem telh telh a; kan
hriat loh leh neih loh te pawh
smartphone hmangin kan
hmu zung zung a. Khawvêl
hmasâwnnain awlsamna min
thlen tâk te chu thiamna ril,
thûk leh záu neih phahna
atana hnam fing zâwkte'n an
hman laiin, keini erawh
chuan thatchhiat phah nan
kan hman hlahuh thung a.

Zaipawl hruaitu zingah
mi hla chhut sâ leh a remna
te dîl kual a, mahni
zaipawlte tana lo *xerox*
(*photocopy*) ve tawp ching
kan thahnem ta hlê. Tam tak
phei chuan tute'n emaw an
lo sak tawhna *mp3* te kan la
duh tel kher a, ngaihtuahna
a tithui ngawt mai. Heti anga
tih chúng, *copy paste*
conductor-te lak ațang hi
chuan inchher lam chu
beisei chî niin a lang lo.

KṯP te zingah hian, mi
tih kan hmuh ang chiaha
tih ve lo tum ngawt zel lo
tura taima taka inzir peih
kan mamawh. Rimawi
hmanga kan rawngbawlna
hi a zuih lohna turin
keiniho zingah hian zira,
thiama, mi dangte zirtira
hlân chhâwng ve thei tur
khawpa tuipui kan
mamawh.

Ram riahnaa fâr chhît èn
hnuaia hlapui lo zira,
zaipawl zir tur Sol-Fa kut
lâwnga lo ziaka, nula rîm
honaah te thlenga Kristian
Hla Bu chungchang lo chai
ho ngat ngat thîn kan nu
leh pate'n min hlan chhâwn
hla leh rimawi lam thila
thiamna te, thangthar lo
awm turte hnena hlân
chhâwn hi Pathianin kan
kutah a ngat a.
Chhuanlam zawng lova,
mahni insêngsova mawh
phurhna hlen turin țan i la
thar ang u. A tum tak tak tan
chuan *WhatsApp*, *Facebook*,
Google, *Wikipedia* leh thil
dang dang, eng tik lai
pawha *smartphone* hmanga
kan ban phâka awmte hi
hmanraw țangkaiah a
hman theih a, awlsam takin
mi thiam zâwkte ràwn
pawh a theih tawh.

Dàktawr kan ni e

Khawvêl hmasâwn chak takah hian kan *member-pui* te hian rimawi changkâng leh nalh, kalphung chi hrang tam tak an hmuin an ngaithla nasa hle. An beng leh thinlung fah tur hi ni tin a chhuak thar zut zut reng. He'ng mite tan hian keini rimawi hmanga rawngbawl na kalpuitute hi dàktawr kan ni asin! Kan thalaipuite'n thlarâu nun hrisêl an neih theihna atan rimawi hmangin *damdawi* kan pêk a ngai a, Lalpa lam hawitir turin khawvêla *damdawi* tha ber – *Gospel music*-a kan chàwm a ngai.

Eng dàktawr nge kan nih? Damdawi chi khat chauh chawh tlut tlut, a bâk chawh tur a awm tih pawh hre lo kan ni mai em? Damdawi chi thar leh tha zâwka siam, damlote'n an ngeih an chawh tawh laia a hlui bawh chawh lui tlát zêl kan ni mai em? “Hmānah pawh kan ti thin,” tih ngawt hi a tâwk ta lo. Rei lo têah hian thil hi a thing zung zung tawh. Fiamthu takngial pawh, “Nichinah kan lo nuihpui tawh,” kan tih tùm deuh hmān zêl hi.

Sum leh pai kan thawk chhuak nasa a, hmanraw tha lah kan hria. Thenawmte herh ang herh ve phêt kan tum deuh vek a, an herh dan pawh ding kual a ni tih kan hre tháwi ve. Khuang nufa leh *keyboard* te pawh kan húng mawi hlawm ta viau. Kan vuak dan te, kan tum dan te erawh hmāna mi ang tho kha a la ni. Kan nu leh pate hun lai ai khan *guitar effects* te, *drum set* te kan nei changkâng tawh; mahse, engati nge kan *live band* te thāwmah *ri mawi aia ri hnawk* a la tam zâwk cheu mai le!? Heti ang te chuan kan *patient*-te'n dàktawr dang hnên min pansan duak ang a, *side-effect* nei damdawi an lo chawh palh hlauh ang e!

Gospel music hi amahin a thing lo. A tumtu te, a buaipuitu te hian thiam ila, ril ila, ngaihsānawm ila, min rawn pan mai ang chu maw le! *Copy paste* ringawt hi chuan ram ropui kan inthlen lo vang. Rimawi hmanga kan rawngbawl na hi hlâwk zâwk leh awmze nei, a theih phei chuan inbuatsaih hona atana hun séng tlém zâwka kan kalpui theih nan rahbi kan tuk that a ngai e.

Ngaihnaum Ngaihawm



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◀◀ Mission Vengah chuan KṭP din a nih hm̄ain ṭhalai pual inkhawm an lo nei tawh ṭhin a. Inkhawm hmasa ber chu February 28, 1953 (Inrinni) zan khan an nei nghe nghe a ni. Inkhawm chu Pu Muka'n hruaiin, hruaitu hmasa Pi S.L. Chhungpuii'n ṭanna hun a hmang a, Upa Rokunga'n quartet zai a buaipui thung a, Pi Lalziki, M.Ed. a solo nghe nghe. Tin, he inkhawma chhinchhiah tlak tak mai pakhat chu, 'Engthawlna Thu Chhiar rual' tih Pu Chalhnauna (Upa) hova neih kha a ni awm e.

◀◀ Prof. Lianzela chuan CKṭP programme-a Lallen khua an tlawh ṭum hetiang hian ngaihnawm zetin a sawi:

"Lallen khuaah chuan ruah a sur cherh cherh mai a. Chumi ni chu Zirtawpni a ni nghe nghe. Zan inkhawm tur chuan ka kal hma a. Biak in ka thlen chuan Kohhran Chawkidar chuan petromax a lo chhi mek a. Upa ṭhutnaah chuan ka ṭhu a, ka ṭawngṭai nghal a. Chutih lai tak chuan pulpit chhuat chhu ri chawrh chawrh thawm ka hria a, ka'n men nak chuan rul a lo

awm a, chu rul chu chawkidar chuan thing bungin a lo chhu hlum chu lo niin! Thil thleng zen zen lo a ni ngei ang," tiin.

◀◀ November 20, 1977 kuma South Sabual Branch KṭP committee meeting chuan hetiangin an rel:

"CKṭP aṭangin chanchinbu, a hming Kristian ṭhalai tih in rawn thawm a. A vaiin bu li (4) a ni a, Pu Pakunga leh Pi Darthan-ṭhuamin bu khat ve ve an la a, chumi bak chu latu tur kan inhmuh loh avangin ṭhalai pawisain la ila. Tin, bu li lai an rawn thawm tawh avangin a bu mala lei angin Rs. 4 pe ila, a dang chu lak zawm tawh lo ila kan ti.

Tin, ṭhalai budget atana Rs. 35 min tuk ve chu pek a hun tawh a. ṭhalaiin pawisa neih sa a nei si lo va, Pu Roṭhuama ta puk ni se kan ti a. Tin, a rullh lehna tur chu Pu Pakunga'n Rs. 40 thawh sela. Chu chuan sumdawnga inpeipun ni se tih a ni. Tin, Pu Pakunga pawisa pawh rullh tur a ni a. Mahse, muangchang deuh pawha rullh theih a ni ang. Sumdawonna atan chuan halpuah bundle 2 lei ni se tih a ni."

CONCLAVE OF YOUTH LEADER FOR PRAYERS AND CONSULTATION

P.C. Lalrinliana, Sihphir

Ni 12-14, June 2018 khan India Mission Association huaihawt, 'Youth Leaders Conclave' Guwahati -a neihah CKTP-ten Mizoram Synod ai zu awhin tluang takin hun kan zuk hmang a. He programme-ah hian CKTP Committee member pahnih Tv. C. Malsawmtluanga leh T.Upa Lalrinmawia Ralte-te bakah Nl. Zodingpuui – Mission Veng Bial, Pu P.C. Lalrinliana – Sihphir Bial, Tv. P.C. Lalnunmawia – Ramhlun North Bial, Tv. H.D. Lalengzauva – Chaltlang Bial leh Tv. Mickey Zohmingliana – Dawrpui Bial (Kan vaiin mi 7) kan kal a ni.

He Youth Conclave hi India hmarchhaka thalai hruaitute tana buatsaih a ni a. Hmarchhak State paruk atangin kohhran leh thalai hruaitu aiawhte'n he hun hi kan hmang thei a, IMA hruaitute nen kan vaiin mi 37 niin, Mizoram atangin kan kal tam ber a ni. He programme hi India Mission Association-in a huaihawt niin, Council of Baptist Churches in North East India (CBCNEI)-in anmahni hmun, Guwahati-ah hneh takin min thleng a, hun nuam tak leh hlimawm tak kan zu hmang thei a ni.

Ni 12.6.2018 chawhnu dar 1:00-ah he hun hi tan a ni

a. Mi thiam bikte hnen atangin topic hrang hrang zir leh ngaihthlak a ni a, chumi zawhah sawi ho thin a ni.

Kan resource person hnen atangin topic hmasa ber atan, 'Post Modern Youth: Their Mindset and Challenge' tih ngaihthlain kan tunlai thalaite rilru suktthlek leh dinhmun te, thalaite hi Krista hnenah engtin nge kan hnueh hnaih theih ang tih kan ngaihthla a. Tin, thupui dang, 'Youth in an age of Cyber-technology' tih chu hman niin, tunlai khawvel changkang tawh taka thalaite dinhmun leh, thalaite tana thlemna leh harsatna a tam tawhzia te,

thalai tam takin heng changkanna an hman khawloh nasatzia te ngaihthlak a ni a. Khawvel changkang mekah hian cybertechnology hi engtin nge a tha zawng leh rawngbawlnaah tangkai zawkin kan hman ang tih te ngaihthlaka sawi ho a ni.

Thupui dang, *'Spheres of Influence : Areas where Christian Youth can make a difference'* tih leh, *'Influence of Religious Fundamentalism on Youth and how to respond'* tih chu resource person-te hnen atangin ngaihthlak leh a ni a. Heng thupui sawi zawh apiang hian group-ah inthenin kan thupui milin sawi ho thin a ni a. Group hrang hrang atangin an sawi hona chu ngaihthlak leh thin a ni.

Sawi hona (Group discussion)-ah hian palaite an phurin an tui thei hle a, a tak taka rawngbawl na luhchilh (Pastor, Youth Leader, etc.) an

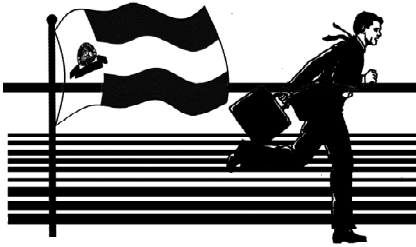
nih hlawn avangin sawi hona pawh kan kham lo thei hle.

Thil lang chiang tak pakhat chu, Mizo kohhrante hi chu kan danglamin, rawngbawl naah pawh hma kan hruai a ni tih hi a ni. Chutih rual erawh chuan an ramah rawngbawl a harsain, kohhran chak lo te te pawh ni se, a thawkate chu an inpein, thahnem an ngai em em a, theihtawp an chhuah a ni tih a lang chiang hle a ni.

Zing dar 8:00 atangin zan dar 6:30 thleng hun kan hmang thin a. Zing leh tlaiah devotion (Sermon) nei ziahin, Mizoram atang pawhin he hun hi changin NI. Zodingpuui, Mission Veng Bialin tha takin a hmang a ni.

Ni 14, June 2018 chhunah kan conclave chu tuang tak leh kham lo takin khar a ni ta a. A tukah Guwahati chhuahsanin, harsatna em em awm lovin ni 16, June 2018-ah mahni in lum kan thleng leh ta a ni.

"Eng tik niah emaw chuan Billy Graham-a hi a thi tiin an la sawi ang. Chu chu lo awih ngai suh ang che u. A hma aiin ka nung chiang tawh zawk dawn a, ka address ka thlak mai chauh zawk dawn a ni."



KANTU

Vairengte Branch

Kristian Thalai Pawl, Vairengte Branch hi December ni 20, 1961 khan din a ni. Mizoram hmar tawp, Hmarthlang Presbytery hnuai, Vairengte Pastor Bial thuthmuna awm a ni. December ni 20, 2011 khan Branch din champhaphak kum 50-na (Golden Jubilee) chu ropui taka lawm a ni.

Kum 2018 inchhiarnaah member mipa 276 leh hmeichhia 147, an vaiin member 423 an ni a. Branch Committee Member 22, Kohhran Representative 2 leh Ex-Officio (Bialtu Pastor) an awm a ni. Branch thla thar Committee hi thla tin Thawhleh zan wawi hnihnaah an thu thin a. Group Committee mumal taka kalpuin, thla tin Thawhleh zan hmasa berah an thu ve thin bawk.

Kum 2018 Branch Project atan, Branch Diamond Jubilee pual sum dah, Krismas pual thilpek, Refreshment, kohhrana sum chhun luh, Sound System tihchangtlun, Evangelism Cell pual, Kohhran Zaipawl puala sum dah leh KTP Building tihchangtlun nana sum dahte a ni.

Evangelism Cell hmalaknaa

kum tina an neih thin Bethel Camping chu kumin pawh hian neih leh ngei tum a ni. He Bethel Camp hi ruihhlo ngaite leh humsual dai mekte tan buatsaih thin a ni. Tin, Nilai, Inrinni leh Pathianni zan inkhawm ban apiangin member hlate pualin tawngtai rual thin a ni bawk.

Branch tha tichak turin committee peng hrang hrang, heng – Light & Sound, Decoration, Refreshment, Ushering, Evangelism Cell leh Programme Committee hi din a ni a. Hemi bakah hian Branch chanchinbu ‘Thalai Entu’ chu kar tin Pathianni apiangin tihchhuah thin a ni. Kum 1994 atangin chatlak awm miah lovin wawiin thlengin chhunzawm zel a la ni. ‘Thalai Entu’ hi kohhran mipuiin an tangkaipui hle a, copy 270 kohhran chhung-

kuaah sem chhuah mek a ni. Nakkum (Kum 2019) hian kum 25-na (Silver Jubilee) a thleng tawh dawn nghe nghe a ni.

Branch chhungah inkaih-hruaina dan mumal taka siam a ni a. Chhiatni bikah chuan member boral an awmin ralna Rs. 1,000 hlanin, thatni bikah biak in hawnga nupui/pasal nei an awm chuan lawmpuina Rs. 1,000 pek thin a ni. Tin, missionary kal chhuak turte hnenah Citation leh Rs. 1,000 hlan thin a ni bawk. Tun dinhmunah Branch member atangin Pathian thu zir, M.Th. pakhat leh BD (Hindi) zir an nei mek a. Missionary, hun puma rawngbawl tura chhuak hmeichhia pakhat leh mipa pathum an awm mek bawk.

Kumin 2018 hian Group paliah inthenin, Group hming atan vantirhkoh hming chawiin Gabriela, Mikaela, Rafaela leh Uriela-te invuah a ni. Kumin 2018 Branch Budget atan ₹ 30,000/- tuk a ni. Group Budget atan ₹ 25,000 theuh tuk a ni bawk. Sum hmahruai ₹ 10,000/- chu May thla thar Committee thut hun aia tlai lova theh luh tur tih a nih angin, Group tinte'n a hun takah an tlak thei vek a, a lawmawm hle.

Sum tuakna thenkhatte – KṚP Building luah man, thing lak,

film chhuah, pickle zawrh, in chung chhun, chakai khawrh, Sound System man chawia hawh chhuahtir, blanket suk, electric bill pek, sa ser, huan sam leh sa sahchhan siam te a ni.

Kum 2018 chhunga Group inelna atan hengte hi hman a ni. Thawhtan zan, Nilai zan, Inrinni zan inkhawm leh Pathianni chawhnu inkhawm tam, Fellowship-a kal tam, Branch hnatlanga thawh chhuah tam, kohhran zaipawl hla zir tamah te inel a ni. Heng bakah hian project khum tam leh Bible Quiz hmanga inelna siamin, member-te'n an hlawkpui hle.

Kohhran Zaipawl hla zir hun nghet atan Thawhtan zan inkhawm ban ruat a ni a, CKṚP leh Bial KṚP-te'n bawhzui tura an tihte tha taka tihhlawhtlin thin a ni. Kristian Thalai chanchinbu hi copy 79 lak mek a ni bawk.

Branch hmingin missionary 11 chawm mek a ni a, kum 2015 khan Kolasib District huap kohhran pawl bikah thisen pe tha ber, lawmman pakhatna an dawng a, kum 2014 atang khan khaihlak awm miah lovin Krismas pual thilpek chhungkaw harsa deuh hnenah an la hlan thei ziah bawk.



HRINGLANG TLÁNG

Hmangaihna leh Inneihna

Finna zirlaite chuan an zirtirtu chu Hmangaihna leh Inneihna awmzia an zawot a. An zirtirtu chuan, "In zawhna ka chhan hma che u in, huanah khuan theihai kung tam tak a awm a. A rah zawng zawng zinga lian ber min zu lawh teh u," a ti a.

Zirlaite chu huanah chuan an lut sang sang a. Thing thei deuh chu an lawn sang deuh va, a thei loh deuh chu a zar hniam lamah an awm a. Theihai rah lian tha tak tak chu an hmu a; mahse, an hmuh aia lian a awm an la ring zel a. Lian tha ve tarok tak an hmuh pawh chuan, an thiante hmuh a len zawk hlauvin an lo mai duh lo va. Theihai kung dangachte chuan an lawn kual dun dun a.

Hun tiam a ral chuan a tam zawk chu eng mah keng lovin an zirtirtu hnenah an rawn kir leh a. An zirtirtu chuan, "Hei hi hmangaihna chu a ni. Eng tik lai pawhin a rah lian tha ber in zawng a. A rah dang lian tha zawk hmuh in inrin avangin, in tana tha tur leh nangmahni mamawh ngawih ngawihtu pawh in hnawh a nih kha. Hmangaihna hmu thei chu

mi tlem te an ni," a ti a.

Zirlaite chuan, "A nih leh eng nge Inneihna awmzia?" an ti leh a. Zirtirtu chuan, "Huanah hian fanghma tam tak a awm a. A lian tha ber min zu lawh leh phawt teh u," a ti a. Zirlaite chu huanah chuan an kal leh sang sang a. Kut ruaka haw leh an hlauh em avang chuan fanghma rah chu an thlek thuak thuak a. A lian deuh ber nia an hriat chu an lo nghal mawlh mawlh a.

An zirtirtu hnen an thlen chuan, "Tun tum chu in va hlawhtling ve! In thianten a lian tha an lawh khalh ang che u tih leh kutruaka rawn kir leh in hlauh vanga, a tha nia in hriat in lawh tak mai kha Inneihna chu a ni e," zirtirtu chuan a ti a. Zirlaite chuan thil awmzia chu an hre thiam ta a.



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❑ Kristian Ṭhalai chanchinbu hi chhiar a va nuam ṭhin em! A buatsaih tute inpekna a ropui ṭhin khawp mai. Kristian Ṭhalai ah hian KṬP inkaihhraina hi tlem te tein chhuah theih ni se a lawmawm khawp ang. A bikin July 2018 issue hi chhiar a nuam khawp mai. Kristian Ṭhalai hian hmasawn zel sela, Lalpa'n malsawm zel rawh se.

– Zata Zadeng
Sialsuk Br.

Chhanna - *Kan va lawm ṭhin em! KṬP inkaihhraina bu hi Rs. 10/- man chauh a ni a, member-te hian neih theuh tum ila, a remchan dan anga rawn chhuah ṭhin erawh kan tum dawn nia.*

❑ KṬP chanchinbu chhiar a manhla ṭhin khawp mai, hringlang tlang te, work camp te leh hruaituten member-te an fuihna thu ṭha tak tak chhiar tur awmte hi a manhlain ka ngaihlu hle a ni.

– Hmangaiha, Pukzing Br.

❑ Kristian Ṭhalai chanchinbu enkawltute in fakawm hle mai. July thla chhuak kha July ni 1-ah kan chhiar der mai, ṭang sauh sauh teh u. Zawhna ka rawn theh lut ve e. Central KṬP-a kan

hruaitu ṭang laite hi Kohhran Upa/Tual Upaa an thlan/nemngheh hun leh thlate tar lan ṭhin a ni a. Tuna kan General Secretary Pu Rochungnunga hi July thla chhuakah hian a hming bulah Tual Upa tih a lo lang ta vung mai, KṬP General conference zawha thlan chu a ni ngeiin a rinawm a. Eng tika thlan nge a nih tar lan a ni ve lo va.

– Laldinmawia
Serchhip Bazar Br.

Chhanna - *'Keimahni' Column-ah hian tihchhuah zel ṭhin a la ni reng e. KṬ cover-a hming tar lannaah hi chuan siam ṭhat nghal a ni mai ṭhin a, report erawh hi chu CKṬP meeting pawm hnua chauh tihchhuah ṭhin a nih avangin August issue-ah khan kan GS Tual Upaa thlan a nih chungchang pawh hi a rawn lang thei ta chauh a ni.*

❑ July issue sermon, Upa C. Ngurthantluanga ziah kha ka lo chhiar ve a, tuna ṭhalai ni mekte leh la ni zel turte tan pawha kan mamawh tak niin ka hria. A hlawkpuiawmin chhiar a nuam khawp mai.

– David Lalṭhasanga
Saitual Chhim Veng Branch

Keimahni



❑ RAM PUM HUAPIN AWARENESS CAMPAIGN NEI DAWN

KṮP General Conference rorel bawhzuina pakhat atan CKṮP Comt. 713:V(4)-in a lo rēl angin, Synfo nen zu leh ruihhlo darhzau zel tur venna, AIDS/HIV Awareness Campaign Programme buatsaih dan tur ruahmanna chu Synfo-ah thlen a ni a, Synfo Comt. Meeting 63:7 chuan thawh ho ṭha a ti a, Synfo hian video coverage an buaipui dawn a ni. He Awareness Campaign programme hi Central KṮP chuan ram pum huapa member-ten kan chhawr ṭangkai theih dan tur kawng zawngin 'AWARENESS 2018' November ni 16, 2018 hian Vana Pa Hall-ah a buatsaih dawn a ni. Bial tin aiawh mi pakhat ṭheuh intirh theih a ni ang a, he programme DVD hi branch tinten an lo chhawr ṭangkai theih turin a thlawna pek vek an ni bawk ang.

❑ DARLUNG BIALIN YRC PUALIN PAWISA THAWH

Darlung Bial KṮP chuan YRC budget bakah ṭhahnem an ngaihna May 18, 2018 khan YRC pualin Charity Concert an buatsaih a. He Charity Concert aṭanga an pawisa hmuh, Rs. 13,720 chu Central KṮP-ah an rawn theh lut. Darlung Bial KṮP ṭhahnemngaihna leh inpekna a lawmawm hle.

❑ NEICCYA COMMITTEE AIZAWLAH

July 17-18, 2018 chhung khan North East India Christian Council Youth Assembly chuan Shillong pawna a vawi khatna atan Aizawlah Executive Committee Meeting an nei a, Central KṮP chu behchhanah min rawn hmang. NEICCYA hian Synod Committee Room No. 1 chu Committee-na atan an hmang a, Synod Conference Centre-ah thlentir an ni. NEICCYA-ah hian CKṮP-a kan hruaitu, Dr. David C. Vanlalfakawma chu Finance Secretary ni lai a ni.

❑ HRUAITUTE CHHUAHNA

1. *Sairang Dinthar Bial Half Year Meet hmanpui*

June 29–July 1, 2018 chhung khan Sairang Dinthar Bial KṮP Half Year Meet chu Khamrang Kohhranah hman a ni a, CKṮP te

hmanpui tura min sawm angin Dr. David C. Vanlalfakawma, Comt. Member leh Pu Lalruatfela, Comt. Member-te an kal. Inrinni zan leh Pathianni chawhnu inkhawmahte Pu Lalruatfela'n Pathian thuchah a sawi a. Dr. David C. Vanlalfakawma'n Pathianni chawhma leh zan inkhawmahte thu a sawi bawk.

2. *Chanmari Bial HIV/AIDS Awareness Programme-ah kal*

July 5, 2018 (Ningani) zan dar 7:00 khan Chanmari Bial KṛP chuan Chanmari Kohhran Hall-ah HIV/AIDS awareness beihpui an thlak a, he programme-ah hian Tv. Robert Lalduhzuala, Committee Member leh Tv. Malsawmtluanga, Committee Member-te an kal a, Tv. Robert Lalduhzuala'n CKṛP aiawhin thu a sawi.

3. *Silchar Bial KṛP Meet hmanpui*

July 6–8, 2018 chhung khan Silchar Mizo Pastor Bial KṛP chuan Silchar Mission Compound-ah Bial KṛP Meet an hmang a, Upa Rosangliana, Asst. Leader leh Pu R. Lalbiakmawia, Committee member-te chu Meet hmanpuiin an kal. Pathianni chawhma inkhawmah Pu R. Lalbiakmawia'n thuchah a sawi a, Upa Rosangliana'n Pathianni zan inkhawmah thuchah a sawi bawk. He Meet hmanpui tur hian Electric Veng Bial Zaipawlin sawm an nih angin zaia rawngbawlha an nei.

4. *Himali Bial KṛP Finance Training neihpui*

July 6, 2018 khan Himali Kohhranah Himali Bial KṛP member pum huapin sum vawn dan training neih a ni a, hetah hian T.Upa Lalmuanawma, Finance Secretary leh Pu Malsawmtluanga, Comt. Member-ten training an pe. T.Upa Lalmuanawma'n report leh introduction pein hun a hmang a, Pu Malsawmtluanga'n training pein hun tha tak hman ho a ni. Training-ah hian member 43 an tel a, tlaiah zanriah kil ho nghal a ni.

5. *Thuampuih YRC Night hmang*

July 7, 2018 (Inrinni) zan khan Thuampui Bial KṛP Half Year Meet, Falkland Kohhran Biak Ina neihah YRC Night hmanpuiin Tv. Ricky Lalrammawia Ralte, Asst. Secy leh Pu Rorelkima, Comt. Member-te an kal a, Tv. Ricky Lalrammawia Ralte hian YRC chanchin sawiin Pathian thuchah tawi a sawi bawk.

6. *Siaha Bial KṛP Meet hmanpui*

July 13–15, 2018 chhung khan Meisatla Kohhran Biak In, Siaha-a Siaha Bial KṛP Meet, Leadership Training leh Retreat neihah Pu David Lalhmachhuana, Comt. Member leh Tv. K. Lalchhanhima, Comt. Member-te an kal. Ni 13 (Zirtawpni) zan inkhawmah Tv. K. Lalchhanhima'n inlawmna thutawi a sawi a,

Pu David Lalhmachhuana'n Retreat a neihpui bawk. Pathianni chawhma inkhawmah Pu David Lalhmachhuana'n Pathian thuchah a sawi a, chawhnu inkhawmah Tv. K. Lalchhanhima'n Pathian thuchah sawiin, tlai lamah Leadership Training a neihpui bawk.

KRISTIAN THALAI CHANCHINBU – MI DANGTE TAN

July ni 22 (Pathianni) chawhnu inkhawm ban khan Kristian Ṭhalai Editorial Board chuan Branch hrang hrangten Kristian Ṭhalai chanchinbu Ṭawngtai Bethel Camping Centre puala kan laksakte chu a hmunah an hlan. Kumin chhung atan thla tin thawn chhunzawm a ni zel tawh dawn a ni.

Ṭawngtai Bethel Camping Centre-ah hian mi 900 chuang an awm mek a, Kristian Ṭhalai copy 200 hlan an ni a, KṬP-ten Kristian Ṭhalai chanchinbu kaltlangin rawngbawlina pawimawh tak kan nei thei zel hi a lawmawm hle.

“Hun awl kan neih thinah hian lehkhahu/chanchinbu chhiarna hun ṭha kan nei tam ve thin hle a, heng kan dawn angte hi kan chhiar chhuak dap zel mai a, kan nghakhlelin, kan tan chuan a hlu em em a ni,” tiin Centre-a lo awm ṭhin pakhat chuan a sawi bawk.

KṬP member-ten indirect-in Kristian Ṭhalai chanchinbu kaltlangin rawngbawlina kan nei zel a. Hetiang kawnga a mamawhte laksak thei Branch/member kan awm thar zel a nih phei chuan a va lawmawm dawn em!

Kan ṭawngtaipui ṭhin – sualin a phuarte, nun beidawng leh chau, sual phuarna ata tal chhuah duh leh beiseina sang tak nena KṬP rawngbawlina thlir ṭhinte hnenah Kristian Ṭhalai chanchinbu kaltlang hian rawngbawlina kawng a inhawng reng a. Kum chanve lak man `40/- pein lak theih reng a la ni e.

“Ram lak tur lah a la tam mai si a.”



Kantu – Vairengte Branch

CENTRAL K.T.P. HRUAITUTE 2018-2020

Office Bearers

Leader	: Rev. Dr. K. Lallawmzuala	9402551279
Asst. Leader	: Upa Rosangliana	9612166769
Gen. Secretary	: T.Upa Rochungnunga	9862658082
Asst. Secretary	: Tv. Ricky Lalrammawia Ralte	9862387308
Treasurer	: Dr. Lalrotluanga	9436153937
Finance Secretary	: T.Upa Lalmuanawma	9436196515

Committee Members

Dr. David C. Vanlalafkawma	9436156561	Tv. Robert Lalduhzuala	9862368012
Tv. C. Malsawmtluanga	9862587200	T.Upa Lalsiammawia Pachuau	9862742440
Pu K. Lalengzama	7308187298	Upa K. Lalnunluanga	8974240614
Pu David Lalhmachhuana	8415926838	Pu R. Lalbiakmawia	9612762602
Pu Rorelkima	9862266440	Tv. Benjamin Lalnunpuia	9862306526
Pu Lalrinchhana Ralte	9774365619	Pu P.C. Lalrinsanga	9436144233
Pu Malsawmtluanga	9612588677	T.Upa Lalrinmawia Ralte	9862359884
Pu Lalruatfela	9436705777	Tv. K. Lalchhanhima	9088933771

Ex-Officio Members

Rev. F. Lalrinnunga	- Synod Moderator
Upa R. Dengzikpuia	- Synod Secretary (Sr.)
Rev. B. Sangthanga	- Executive Secretary i/c KTP



Sairang Dinthar Bial KTP Half year meet



Tawngtai bethel Camping Centre 'Kristian Thalai' hlanna



Saiha Bial KTP meet