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Isua a thi

Phek - 5

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Editorial**THUREL BAWH ZUI**

'Kohhran chu Committee thurel anga kal kan ni' ti ila a sual âwm lo ve. Kohhran Hmeichhia pawh hi Committee thurel anga kal kan ni ber a. Committee thurel chu kan ngai pawimawh a, tihhlawhtlin kan tum zel bawh ðin. Bial Hmeichhe Inkhawmpui kan zo ta hlawm a. Bial Inkhawmpui thurel bawhzui tur eng emaw zat kan neih bakah Central lam aþanga thu lo thleng bawhzui tur pawh kan la nei nual mai thei e. Tun tum chu Inkhawmpui leh Committee thurel tihhlawhtlin pawimawhna leh a þatna tarlang teh ang:

1. Kohhran ropuina lanna a ni: Central lam thurel emaw, Bial Inkhawmpui thurel emaw, Committee thurel te hi kan ngaih dan lo deuh a nih chang a awm mai thei e. Kan tan tihhlawhtlin huphurhawm deuh pawh a ni mai thei e. Tihhlawhtlin dan leh bawhzui dan tur huphurh takin kan han rel a, Pathian rinchhana kan han tihlawhtling leh mai ðin hi kohhran ropuina lo lanna a ni ðin, kan hmahruaitu Lalpa a ni tih hre thar zel ang u.

2. Puitlinna a ni: Inkhawmpui thurel leh Committee thurel tihhlawhtlin hi thil awlai tak a ni lo. Chutih rualin thurelte bawhzuia tihlawhtlin hi kohhran puitling nihna pawimawh tak a ni. Kan tihhlawhtlin dan erawh chu eng pawh ni se.

3. Inlungualna lantirtu a ni: Thil reng reng reng hi rel thluk mai chu a har lutuk lo. Bawhzui leh a taka chantir erawh a sak fo thin. Chuti chung a phâk ang tawka thurel hrang hrang te kan han tihlawhtling thei hi kan inlungualzia lantirtu a ni a, a ropuiin a lawmawm em em a ni.

4. Hma lam panna a ni: Kan rawngbawlna kawng hrang hrangah hian inpekna thar leh hma lam pan hi kan tih tur pawimawh tak a ni. Tih tur lian leh hmabak lian deuh kan neih loh chuan hmasawn a har ðin. Inkhawmpui Lian emaw, Bial Inkhawmpui leh Committee thurel aþanga rawngbawl hna inchhawp a awm loh chuan kohhranin hma a sawn mawh ðin. Chuvangin, thurel bawhzui tur kan neih hi phur ritah la lovin, hma lam kan panna tur a ni ang tih ringin tha tho takin bawhzui i tum zel ang u.

Kristian Chhungkua

KRISTIAN CHHUNGKUA

Josua 24: 15

- Rev. P.B.Zosaphara
Editor, Sl & PB

Kristian chhûngkua tih thupui hi sawi hlawh tak ni mah se, hlawhtlinna hmel hmuh nghal mai har tak niin a lang. Kohhran hmeichhia pawhin hma a lakna a rei tawh hle mai a. Hma a sawn theih nan inkhawmpuia inelna atan te dahin, chi hrang hrangin hma a la tawh thîn a ni. Nilai leh Beihruah Thupuih kan zir deuh ziah bawk a. Heti chung hian theih tawp chhuaha, tan marpât a la ngai hle a ni.

Tehna hrang hrang hmanga kan intehnaah sang viau mah ila, mi mal nun bawk hi a pawimawh lai chu a ni leh thîn a. A harsatna lam kan thlir chuan beidawn rum rum pawh a awl âwm e. Mahse Pathian thu nena inrem ve lo chu beidawnna hi a ni fo. Pathian thuah chuan a tawp thlen lai tak hi a pawimawh thîn. Kan hriat sual fo chu Kristian chhûngkua hian harsatna zawng zawng hi a pumpelh vek dawn emaw tih hi a ni. Kristian chhûngkua hian

harsatna hi a pumpelh bik dawn lo va. Beidawnna te, hlawhchhamna te leh hrehawmna te pawh hi an tuar ve ang. Mahse, heng tawrhna hmunah tak hian Kristian chhungkua chu khawvel mite ai chuan an danglam bik thîn. Khawvela awm kan la nih avang hian thihna ngei pawh kan la tuar ngei dawn a ni. Kristian chhûngkua chuan Isua Krista âwm nghenga an tawrh thîn avangin hrehawmna phena malsawmna chu an hai chhuak leh thîn a ni.

Kristian chhôngkua din tur hian engtin nge hma kan lak ang.

1. Tihtak takna a ngai:

Bible-ah tihtak meuhin a tih te nen pawh hian a inhnaih âwm e. Hman laia kan tih thin kha tunlaih chuan tângkai lo tam tak a awm thei tawh ang. Fate Pathian thua kan hruaina kawngah pawh hian kawng thar zawh t̄lna chin a awm tawh mai thei e. Pathian thu erawh a danglam lo tih hi kan hriat reng a t̄l a.

Nu leh pate pawh kan fate Pathian thu kan hrilh thin ang takin kan nun hi kan fimkhur deuh deuh a t̄l tawh âwm e. “Inkhawm rawh” tih ngawt hian inkhawm a chaktir tawh vak lo. Inkhawm tura tirtu khan inkhawm a hlawkzia leh thatzia kha a sawiin, a nunpui ngei a ngai a ni.

He leia Pathianin rochan min pek, a aia hlu awm tawh chuang lo enkawltu kan nih hi kan chian thar leh a t̄l a ni. Israel-te entawn tur

darthlalang t̄ha tak kan nei; Ina an t̄hut lai te, kawnga an kal lai te, an mut lai, an thawh hunah te Pathian hmangaihna thu hrilh tura tih an ni, tin chhinchhiah nan bâna bun tur te, mit leh mit inkara chal hrêna hmang tur te, kawngka biang leh kawngkhara ziak tur tea tih an ni (Deu 6:6ff). An inhrilh hman hun lai leh nuna an seng luh lai kha chuan Pathian an hnaih a ni, an ram pawh a nuam t̄hin. Mahse, hnam dang thiltih an awha, an fate an zirt̄ir that hman loh hnuah erawh chuan an tuar ta t̄hin a ni.

Pathian thu kan fate nuna tuh tak tak tur chuan tihtak takna nena t̄an kan lak a hun tawh. Eizawna leh thil dangah inhmanna kan ngah tawlh tawlh a, kan ro hlute hi kan hlat rei mah mah t̄hin hian a lang. Joba kha chuan an faten an lo tihsual t̄âkin tiin inthawina a hlan thlap zel a nih kha (Job 1:5). Tihtak takna nen t̄an ila thar ang u.

2. Dawhtheih, teirei peih a ngai:

Naupangte kawng dik zawha kaihruai tur hian kan tlakchham fo chu dawhtheihna hi a ni thîn. Naupang chu a kalna âwm kawngah chuan zirtîr ula, a upat hun pawhin a thlah lo vang (Thuf 22:6). Pathian thuin a sawi anga an lo puitlin thleng pawha an thlah lohva, an chelh tlat theihna tur chuan; a zirtîrtute hian kan thlah loh hmasak a ngai a ni. Naupang kaihruai tur chuan dawh theih a ngaihzia kan hria, hre reng chung hian kan tlin lo leh mai thîn.

A ngai pawh kan sawi nawn leh thîn a t̄ul ang, Israel-te meuh pawh Pathian hmangaihna thu leh an Pathian a nih thu kha, zirtîra sawi nawn a ngai ngun hle thîn a nih kha. An hriat thar leh khan an nunah an seng lut leh thîn a ni. Dawh thei takin i zirtîr zel ang u

3. T̄awngka mai lovin i zirtîr ang u:

I t̄awngka aiin i nunin thu a sawi ring zawk an lo ti thîn.

Kristian chhûngkua thupuia neia, Kristian chhûngkua din a pawimawhzia leh, a nawmzia te, kan ramin a mamawhzia sawitu hi miten min thlir kiau reng a ni. Mi hau lo tura hrilhtu'n mi ka hau si chuan, mi rel lo tûra hrilhtu'n ka rel si chuan, rûk ru lo tûra hrilhtu'n ka rûk si chuan kawng dik zawh tûrin ka hruai thei lo vang. Kan sawi bawk ang a, kan sawi ang hian kan nun pawhin dai dik bawk se la, chu chuan kan fate nun hi a hruai dik thei dawn a ni.

Kan ramin a tawh mek kan hria a, an sawi an sawi a, an nunah hmuh tur a awm chuang lo an ti thîn. Mi tin hian dik taka nung te, dik taka hna thawkte hi kan ngaisang zel dawn niin a lang. Kristian chhûngkua pawh t̄awngkama thil tha leh duhthusam mai a nih lohzia tilang turin nang leh kei hi kan tan tlat a, Josuan "Kei leh ka chungte erawh hi zawngin Lalpa rawng a ni kan bâwl dâwn ni" a tih hi kan inngahna lo ni zel rawh se.

Good Friday Sermon**ISUA A THI**

- T. Upa T. Lalchhuangliana
Zemabawk South

**Bible Chang: Mat.27:50; Mk.15:37; 44,45;
Lk.23:46; Joh.19:30**

Chanchin Tha Matthaia 28: 12-15-ah chuan he thu hi kan hmu a: Tin, upate nêh an inkhâwma, an inrâwn zawhin sipaite hnênah chuan tangka tam tak an pe a, “ ‘Zânah, kan muthilh hlânin a zirtîrte an lo kal a, amah chu an ru ta a ni,’ ti ang che u. Tin, ram awptuin chu chu a lo hriat chuan amah chu kan thlêm ang a, lungkham lovin kan siam ang che u,” an ti a. Chutichuan, tangka chu an la a, an hrilh ang zêl chuan an ti ta a; tichuan, tûn thlengin chumi thu chu Juda-te zîngah an la sawi huai huai a ni.

Isua a thi a, a tiam ang ngeiin a tho leh si a; he thil thup nâna Juda sakhaw hotute dâwt phuahchawp, ‘Zirtîrten Isua an ru bo ta a ni’ tih thu hian a nghawng thui khawp mai. Islam sakhaw pêng pakhat, **Ahmadyya** pâwl dintu, Ahmad-a chuan Matthaia ziaka mi hi tidanglam hretin, ‘Isua kha krawsa khenbeh a nih khân a thih hmian kraws aţang khân a zirtîrten an la bo va, India ram Kashmir-ah kalin thu a

hrîl chhunzawm a, chutah chuan nupui neiin kum 120 mi niin a thi a ni,’ tiin a zirtîr. He zirtîrna hi keini kristiante chuan thil nuihzatthlâkah kan ngai mai thei. Ahmadyya pâwl zuitute hi khawvêl hmun/ram hrang hrang 209 zetah an inzâr pharh a, khawvêlah hian maktaduai sawm / sawmhnih vêl zet awm niin an inchnâl mêk a; Isua thih loh thu pawmtute an ni a; an zirtîrna hi an theh darh ve reng bawk.

1. Mahse, Isua hi a thi ngei a ni: Isua chu kraws chungah a thi ngei a ni. A thihzia thu hi Chanchin Ṭha ziaktuten an ziak theuh a ni (cf.- Mat.27:50; Mk.15:37; 44,45; Lk.23:46; Joh.19:30). A zirtirte khân an Lalpa Isua kha an zînga awm reng tûrin an beisei a; Lal Davida anga Israel-te chhanchhuak tûrin an beisei a ni. Mahse, mi sualten an man a, thiam loh an chantîr a, krawsah an kheng bet a, rei lo teah a thi ta dêr mai. Isua a thi ta mai chu Pilat-a pawhin mak a ti a, sipai za hotu a zâwt ta hial a, sipai za hotu hnen aṭangin a thi chiang tih a nemngheh hnuin phûm tûrin a ruang chu Arimathai khuaa Josefa hnênah a pe ta a ni. Ahmadyya pâwlte sawi anga a thih hmaa lâk bo a ni lo; a thi ngei a, a ruang chu phûm tûrin an la thla, an phûm a, mi nazawngin an hawn mai theih rual loh tûrin lungin an chhîn hnan ta a ni.

2. Pathian thu angin a thi a ni (cf.-I Kor.15:3b; Rom 5:6): Chungnungbera Pathian

Fapa kha a thi ta mauh mai a. A tîrah chuan an beidawng a, hrehawm pawh an ti hle niin a lang. Mahse, Pentecost Ni a lo thleng a; Thlarau Thianghlima khatin an han awm a; Thlarau chuan an mit a han tivâr a; Isua chu Pathian thu ang zêla thi tûr a nihzia te, mi sualte tlan nâna thi a lo ni reng mai tih te an han hre chiang ta a. A thih thu chu zahpui tur emaw lungngaihpuî tûr emaw a lo ni lo va; chhuan tûr, thihna awmze nei a lo ni reng mai tih an han hria a; zêp a hnehin Chanchin Ṭha ziaktute chuan kraws-a a thihzia hi chiang takin an ziak ta theuh a ni.

3. Ringtute tâna Isua thihna pawimawhna:(cf.- Joh. 3:14-17; Rom 5:12-21): Isua Krista kraws-a thihna chu ringtute tân thiam channa a ni a. Khawvêl sual a kal bo pui ta a ni. A chung thu an rêlsak laia Barabba thih aia a thi ang khân, keini mi sual thi tlâk, thiam loh chang, sual hremna hmabâk te thih ai a thi a ni. Krista ringtute chuan a thihna hi thawnthu

anga thu hlui a chan mai loh nân, a thihna hriatreng nân leh a thihna hi kan hlâwkpui zêl theih nân Lalpa Zanriah kîlin, chhang leh uain kan chang ho ðhîn a. Kum sanghnih bi hial liam tawh mah se, a thihna kan hriatrengna chuan a tharin amah min pâwtîr a, a rawngbâwl zêl thei tûrin min tichak thar leh ðhîn a nih hi.

A thihna leh thawhlehma ringtu tawh phawt chu, eng hnam pawh chhandamna changtu an ni zêl a; an la ni zêl bawh dâwn a ni. He thihna ropui, kraws-a thihna hi ring lote (boral mêkte) tân chuan thu âthlâk a ni a; a ringtute (chhandam mêkte) tân chuan Pathian nêna kan inzawm lehna a nih miau avângin Pathian thiltihtheihna leh hmangaihna vâwr tâwp a ni.

Rom lehkathawnah chuan Paulan, “..Krista hnêna kan thih ve tawh chuan a hnênah kan nung ve bawh ang tih kan ring a ni; Krista chu mitthi zîng ata kaihthawhin a awm a, a thi leh dâwn tawh lo tih kan hre si a; thihna chuan ama chungah thu a nei tawh lo. A thihna chu sual lam kawngah chatuan atân vawi khat chauh a thi a ni, a nunna erawh chu Pathian lam kawngah a nung a ni. Chutiang bawkin nangni pawh sual lam kawngah thi tawhah inruat ula, Pathian lam kawngah erawh chuan Krista Isuaah nungah inruat rawh u” (Rom 6:8-11) a tih hi hre thar leh ang u.

He thihna ropuizia hi Good Friday a lo thlenin ringtuten khawvêl hriatah kan puangzâr thar leh ðhîn a nih hi. AMEN.

Tin, Isuan a hnênah, “Kei hi thawhlehma leh nunna chu ka ni; tu pawh mi ring chu thi mah sela a nung reng ang;

JOHANA 11:25

Easter Sunday Sermon**THIHNA HNEHIN A THO LEH TA****(Rom 6:9)**

- Rev. Dr. H.Lalnunmawia
Asst. Professor, Aizawl Theological College

Krista chu mitthi zing ata kaihtawhin a awm a, a thi leh dawn tawh lo tih kan hre si a; thihna chuan ama chungah thu a nei tawh lo (Rom 6:9).

Eden huana mihringin Pathian dan an bawhchhiatna chuan a rah chhuah chu ‘thihna’ a ni. An thlarau chu Pathian hnen thleng thei a ni ta lo va, an rilru pawh sual lam âwn tlat mai a lo ni ta bawk a, an taksa pawh huan aţanga hnawhchhuah a nih mai bakah Pathian duh zawng aia sual kawng zawh tlat an lo ni ta a. Chu thihna chuan mihringte a fan a, that han duh mah ila sual kawng âwn tlat chu mihring nih phung a lo ni ta a. Amaherawhchu, Isua thawhlehma chuan thil awm dan chu a rawn tidanglam a, nun thar a rawn chhawp chhuak a, chumi ţawmpuitute chuan hnehna nun kan lo nei ta a ni.

1. Isua chu thihna hnehtu a ni: Apostle-te thurin chuan mitthi khuua’n a zuk kal thu min hrilh a. Isua a thih hian a hnuk a chat satliah mai ni lovin, thihna khur thuk ber, mihringte chana a rapthlak ber lai chu zuk dai chhuak dapin a rawn tho leh tih a tilang a. Isua hi mitthi tho leh

satliah ni lovin, chu thihna chu a hnehzia lanna turin amah ngeiin a zuk dai kim vek a nih chu, a va ropui em! Nang leh keiin mahnia kan hneh theih loh chu min hnehsak ta a nih chu.

Tichuan, mihring thihna chu amahin a zuk dai hnua

mihringte nihna a pek chu 'HNEHNA' nun a ni. A pawimawh lai tak chu - 'hnehna' nun min pek chuan keimahah awmzia a nei em? tih lai chu a ni. Thih hlauhna bawih aţang te min chhan chhuak a, hlauh neih tlatna chu min hnehsak tawh a, thlamuang taka amah rinchhana a rawng bawl mai hi min dahna hmun chu a ni. Hnehna nun min pek tawh hi ring tawk ila, sual lam kawnga thi tawha inruata fel lam kawnga nunga inruat (Rom 6) hi kan tih tur chu a ni. Thi emaw intih tlatna hi sual bumna a ni a, Krista hna thawh zawh tawhsaa him lova inhriat tlatna pawh hi Isua rin tawk lohna a ni; a hneh zo vek tawh e.

2. A sawi ang ngeiin Isua a tho leh: Amah ngeiin a hmain ni thum ni-a a thawh leh tur thu a sawi lawk a, a lo tho leh ta ngei a ni. Mahse a ni thum tuka thlan en tura kal erawh chu Mari Magdalini leh Mari chauh zuk nia! Khawiah nge mi dang zawng kha? A thawh leh tur thu a

sawi si a, enga ti nge thlan en tura an kal ve loh? An ring tak tak lo a ni mai thei. Isua inlarna hmasate hi an ropui lo khawp mai. Isua'n a thu a sut ngai lo va, a sawi ang takin a thleng ţhin. Chumi ringtute hnenah a inlar a, a thiltihtheihna pawh a lo lang mai ţhin a ni.

Kan Isua hi mahni sawi ang ti ngei ţhin a ni si a, a hnungzuitute hian kan sawi angin kan awm ve em? Isua chanchin sawi si-a kan nun danin Isua lam a hawi leh si lo hian mite mit a timîm a, zui tlakah min ngai lo fo ţhin. "Isua a tho leh" tia au chiam ţhinte hian thawhlelna nun thianghlim hi kan lantir em? Bible chhiar peih loten rawngbawltute nun hi an chhiar a, tho leh nun an hmuh a ţul ang.

3. Thawhlelna chu Thlarau Thianghlim hnathawh a ni: Thawhlelna hi tih fuh thil a ni lo va, Pathian chatuan remruat a ni. Pa leh Fapa leh Thlarau Thianghlim hi thawk ho an ni a. Hlauhna bawiha

tangte min thlamuan tura thlamuantu Thlarau Thianghlim hnathawh vanga thleng a ni. Tihna chu hnehin a awm a, thawhleha nun chu Isua zarah kan lo nei ta a ni. Thawhleha nun neitu chu tute emaw thu sawiin a tibuai tawh lo va, huaisen takin thawhleha hmahraitu Isua tan a thawk mai thin.

Isua ruala kaihtawh tawh kan nihna hi tan tlat ila, chutah chuan awm tlat ila, chu chu lungawipui ila, nun pawhin awmzia a nei ang. Thawhleha hi beng hriat a tawh lo va, nih-chilh a ngai a, nunpui a ngai. Sawi thiam

aiin thawhchhuahpuiin awmzia a nei zawk.

Tlangawmna: Isua a thawh leh thu hi beng chuan kan hria a, a ropui kan ti a, kan tahpui hial thin. Tunlai khawvela kan mamawh tak erawh chu kan nuna awmze nehtir hi a ni. Sualin hemi thu hi thup bo a tum a, thawhleha nun min pek hi kan thawhchhuahpui hlei thei lo fo mai. Zalen kan nihna hi chhuangin tho chhuak ila, puang bawh ila, Thlarau Thianghlimin hna a thawhna turin hmun kian ila, thawhleha hian kan nunah awmzia a nei zel dawn a ni. Lalpan malsawm rawh se.

India rama chhungkaw pakhat chu an khuaa kristian hmasa ber an ni a. Mite chuan, “pathianin a hrem ang” an ti a. An tih ang tak tak chuan an fanu chu a damlova, an han tawngtai a, dam a hnekin a thi ta mai a. An khuaa kristian vuina hmasa ber an neih a lo ngai ta a. Mahse, thawhleha thu an han hriat chuan mi tam tak an piangthar ta a. Thawhleha hian thil a va ti thei em!

- Kristian Encyclopaedia

Sermon**RINAWMNA**

- *Lalfakawmi Ralte
Chawnpui Veng*

1. Rinawmna awmzia: Rinawmna tih hi chu rinawm taka thiltih, thu dik sawi leh intiamna vawn tlatna a ni. Chu chu mi dang nena kan inlaichinnaah te, kan thiltihah te leh kan awm danah te a lang chhuak tur a ni. Pathian nena kan inlaichinnaah pawh rinawmna hi a pawimawh ber pakhat a ni. Pathiana kan rinawmna chu kan thuawihna leh ama duh dan kan zawmnaah a innghat.

2. Bible-a hmeichhe rinawm entawn tlak: Bible-ah hmeichhe rinawm tam tak kan hmu a, chung zingah chuan hming pahnih chauh lo tar lang ila, an rinawmna chuan tute tan pawh zirtirna pawimawh tak min pe.

1) Ruthi: Ruthi chu a pasal a thih hnuah a pi Naomi lakah a rinawm tlat a. Amah chu Moab mi ni mah se, Naomi kalsan lovin a zui zel a, "...I chite chu ka chite an ni ang a, i Pathian chu ka Pathian a ni ang...", (Ruth 1:16) tiin a sawi. Chu a rinawmna chuan Pathian malsawmna nasa tak

a hlawhtir a, Davida thlahtute zingah a tel phah ta a ni. A chanchin hi Pathian rinawmna ringawt ni lovin, mihring nuna rinawmna pawimawh-zia entirna ropui tak a ni tel bawk.

2) Estheri: Estheri pawh hi a mipuite chungah a rinawm em em a. Juda mite boralna laka chhanhim turin a nun pawh thlahlel zo lovin Lal hmaah a ding a. "...thih leh thih ka kal ang," (Estheri 4:16) tiin a sawi a, chu a rinawmna chuan a mipuite chu chhanhim an nih phah ta a ni. A chanchin aṅang hian

rinawmna chuan huaisenna leh inhlanna a keng tel tih a tar lang.

3) Zawinei Anna-i: Isua piang hlim hmu tura Pathian biak in lama lo kal, kum upa tak Zawinei Anna-i chanchin hi en teh ang. Ani hi chu kum tam tak Pathian rawngbawla hun hman hmeichhe rinawm tak a ni. A pasal a thih hnuah Pathian biak inah a awm reng a, chaw nghei leh tawngtaiin Pathian rawng a bawl thin. Kum 84 mi a nih tawh pawhin Pathian biak in a chhuahsan ngai lo, chu a rinawmna chuan Isua hmel hmu turin a siam a ni (Luka 2:36-38).

3. Tunlai hmeichhe nunah rinawm a pawimawh: Hmeichhe rinawmna hian kawng tam takin pawimawhna a nei a, kawng thum chauhin lo sawi leh ila.

1) Chhungkaw tan: Nu leh nupui kan nihna anga kan rinawmna hi chhungkaw tana a pawimawhzia chu sawi ngai lovin a Chiang. Pasala rinawmna te, fate enkawlnaah

te leh chhungkuaa kan mawhphurhna te hi rinawm takin kan hlenchhuak tur a ni. Rinawmna chuan chhungkua a tinghetin, hlimna leh remna a thlen thin. Kan fate tana rinawm taka kan nun hian an tan entawn tur tha tak kan siam a, an nuna rinawmna an neih theih nan kawng kan hawnsak a ni.

2) Kohhran tan: Kohhranah pawh hmeichhe rinawmna hi a pawimawh hle. Rawngbawlna hrang hrangah te, Kohhran thil tihnaah te leh Pathian thu puandarhnaah te hmeichhia kan tel ve a ngai a. Kan rinawmna chuan Kohhran a tichakin, Pathian rawngbawlna a tipung thin. Sunday School zirtirtuah te, KTP leh Kohhran hrang hrangah te hmeichhia kan inhman hi Kohhran tan thil hlu tak a ni.

3) Mihring nunah: Mihring nuna rinawmna hi sawi hmaih chi a ni lo. Mi dangte nena kan inlaichinnaah te, eizawnaah te leh kan awmna apiangah rinawmna hi kan

lantir tur a ni. Rinawmna chuan mi dangte nena inrintawmna min siamin, khawtlang nun a tinuam thin. Hmeichhia kan nih angin, kan rinawmna hi kan nuna thu ken ropui tak a ni.

5. Rinawmna chu engtin nge kan vawn nun ang?

1) **Pathian thu zir:** Bible chhiar kan uar ang a, Pathian thuah kan inngat tlat tur a ni. Pathian thuin rinawmna chungchang a sawi te chu kan zirin, hlenchhuah kan tum tur a ni.

2) **Ṭawngṭai:** Pathian hnenah rinawm taka nung tura chakna kan dil tur a ni. Chhungkaw tan leh fate tan ṭawngṭai kan taima hle tur a ni bawk.

3) **Inenfiah:** Ni tin kan nun theuh inenfiahin, engtiang chiahin nge kan rinawm tih kan ngaihtuah thin tur a ni.

Pathian lawm tlakin kan ni tin hun kan hmang thin em le?

4) **Entawn tlak nih:** Mi dangte tana entawn tlak nih tum ila, kan rinawmna chuan mi dangte nunah nghawng ṭha tak a neih theih nan theih tawp chhuah tur a ni.

Tlangkawmna:

Hmeichhe rinawmna hi Pathian mitah a hlu em em a. Kan chhungkuaah te, Kohhranah te leh khawtlangah te rinawmna hi kan vawng nung tur a ni. Pathianin hmeichhia min pek mawhphurhnate hi rinawm takin i hlenchhuak ang u. Pathian hian rinawm taka ama rawngbawltu chu malsawmin, chatuan nunna hial a tiam a ni. He thupui hian kan ni tin nunah pawimawhna tam tak a nei a, kan nunah hian rinawmna hi engtik lai pawhin kan vawng nung zel tur a ni.

Englai pawhin Chanchin Ṭha hi rinawmna nê
tlângaupui a nih chuan thiltihtheihnain a zui fo thin.

- Leon Morris

Sermon

CHHŪNGKAW HNUK

- Pi Rualzamawii
Nursery Venglai

“Pa, lei leh vana chungkaw tinreng hming chawi chhana hmaah chuan ka thingthi thin a” (Ephesi 3:16)

“...Lalpa in Pathian mithmuha thil tha leh thil dik in tih hian in tan leh in hnua in fate tan kumkhuaain a la tha dawn nia” (Deut. 12:28b)

Mihring hi kan hnuk a chah chuan kan *thi* tihna a ni a, kan hnuk a la chah loh chuan eng mah hre tawh lo pawh ni ila, mi *nung* kan la ni reng a ni. Chutiang deuh chiah chuan chungkaw hnuk chu Pathian a ni. Kan chungkua hi Pathian nena kan inzawmna a chah chuan *Chhungkua hi a Kristian* thei tak tak lo va, Kristian Chhungkua nih a har thin. Pathian nena chungkua kan zawmna hnuk ber chu NI TIN CHHUNG INKHAWM hi a ni. Ni tina Pathian hmaa kun thin chungkua chuan an chungkaw hnuk Pathian a zawm reng a, Pathian hmaa

kun ngai lo chungkua chuan a hnuk Pathian ber a zawm loh chuan ‘*Nunna nei lo Chhungkua ang*’ a ni.

1. Ni tin Chhung Inkhawm neih hi a awl lo:

Kristian Chhungkua din tumin Kohhran Hmeichhiaten kan thiam leh theih ang tawkin hma kan la a. Mahse, a harsa khawp mai. Chhungkua te hi kan chhe zual sauh emaw tih hial turin sualnain chungkaw then-khatah chuan bu a khuar ngar ngar a. ‘*Pathian lalberna chungkua*’ tia huaisen taka han sawi tur hi kan vang pharh mai a ni. Kristian

Chhungkua kan nih theihna daltu, harsatna chi hrang hrang a awm thei ngei ang.

Thenkhat chu, Nu leh Pa sakhaw mi loh lutuk vang te, retheihna avanga eizawna kawng kan dap luatah Pathian lam pawh hawi hlei thei lo te, Pa emaw nu emaw ruihhlo khawih vanga Pathian lama inthlahrung tlat te, kan nun khalhtu tur ber Pathian Biak inkhawm peih miah lo te, fate emaw chhunte dang سوالنا avanga Pathian leh mihringpuite zah tlat te, mi dang hriatpui si lohva chhungkaw keh chhia, nupa inkar khi zau lutuk te, fate سوالنا avanga zak tlatte, chutiang zelin, Kristian chhungkua dinna kawnga min dal theitu harsatna leh chhuanlam tam tak a awm a ni.

Setana hian kan chhungkua hi min bei nasa em em a, kan chhungkua theuh inen ila kan hre chiang ber ang chu! Ni tin Pathian hmaa chhungkaw nung kan nih reng theihna tura kun ho hi thil

awlai a ni hauh lo. Mahse, kan mamawh ber a ni tlat lawi si!

2. Chhung Inkhawm hmangin:

Kristian Chhungkua din tura harsatna hi Chhungkuaa Pathian biak honaa bul tanin hneh i han tum phawt mai teh ang aw. Pianthar hranpa a ngai lo, tun atangin Nu emaw Pa berin emaw chhungkaw hotu berin “*Vawiin atang chuan chhung inkhawm ni tin neih i tum tawh ang*” tiin bul han tan pawp mai ila. Chhungkaw hotuten bul kan tan chuan midang chu an lo hel deuh a nih pawhin Pathianin kaiharh hun a nei ang. Chhung Inkhawm Bute nei thei ila, min vawng ve a, a tha riau a nia. Thil dang kan lei ngam angin chung inkhawm bu hi lei ngam ila, naupang pawh a chhiar thei chin chu chhiartir ila, engtiang pawhin tanngtai se, nuih lo ila, tanngtai dan te hrilh ila, kan fate Pathian lama an hawi tluka hlu hi he khawvelah a awm chuang lo.

Kan chhungkua hian kawng tinrenga hmasawna kan beisei chuan Chhung Inkhawm neia Pathian kan zawm that hi a hnuk ber a ni tlat.

3. Ni tin Chhung Inkhawm thatna te:

Chhung Inkhawm hian Nupa inlaichinna leh inpawhna tha a siam a, Chhungkaw member dangte nen pawh inpawhna leh inhmangaihna a siam a, Chhungkuaah Pathian thu hriatna leh nghehna a siam a, chhungkua min hung nghettu, min thuikhawmtu, kan himna kulhpui a ni tlat a ni. Chhung Inkhawm hmang tha chu khawtlang leh kohhrana inhmang leh tangkai an ni zel a, hun puma rawngbawla tura pen chhuak pawh chhung inkhawm hmang tha te-ah an tam bik. Eizawna kawngah pawh Pathianin hlawhtlinna a pe a, an hlawchham chang pawhin a pawm dan an thiam thin.

Chhung Inkhawm chuan mi dang tana

belhfakawm, taima leh rinawm ni turin min siam puitling a, chhung inkhawm nei ngat ngat chhungkua chu an nungchang pawh a danglam a, inkhawm an taima a, khawtlang rorelna leh ram dan pawisak kawngah pawh an ngaihtuahawm loh tlangpui thin.

Chhung inkhawm hian chhungkua min vawng a, inpawhna tha a siam a, inngeih tlanna a siam a, chi tha kan tuh a, kan thlah zelte tan, a bikin naupang nei te tan phei chuan, an thanhnan atan thil tha ber a ni. A rah kan hmu nghal lo a nih pawhin a pawi lo. Ti hram hram zel ila, a rah chu kan seng em em ang. Kan in chhunga Pathian a len ve miah loh chuan chhungkaw châng rêl a fuh thei lo.

Dik tak chuan Chhung Inkhawm leh Pathian Biak inkhawm kan ngaihthah avang hian alawm chhungkua hi kan buai fo le! Chhung inkhawm nei ngai lo zingah chhungkaw kehchhia, zirtirna

him lo lama kal, nun kawng dik lo zawh, innghirngho leh buai an tam bik. Kan rama chhungkaw tinte hian kan fate an tet lai aṅgingin Chhung Inkhawm leh Kohhran belh te hi ngaiah lo neihtir ila, mi sual leh hnawksak, ruihhlo ti leh ruk ruk te a tlem ang a, Jail tang te pawh kan awm lo tur a nia.

hmasak tum a ngai kher lo, Kan fel loh avang tak hian alawm le Pathian kan mamawh le! Pathian nen chhungkaw din bul ṭan phawt ila, ni tin chhung inkhawm leh Pathian biak inkhawm hi tha thlah miah lovin bei ila, a dang chu a inhril zel mai dawn a ni. Kan Chhungkaw hnuk ber chu Pathian pawl a ni si.

4. Tun hi hun ṭha ber a ni:

Hawh u, kan chhungkua, kan ram leh hnam a dam theih nana hnuk pawimawh ber Kristian Chhungkua din turin Pathian râwn chungin theih tawp i chhuah tlang teh ang u. Kan chhungkaw damlohna hi ‘*a kaikuang ber chu keimah ka ni*’ ti ṭheuh ila, bul ṭan nan tlai a awm tak tak lo. Tun hi a ṭha ber zel.

Eng ang chhungkua pawh ni ila, kan chhungkua ni tura Pathianin min pek chhungkua hi hmangaih ṭheuh ila, kan rawngbawlina field atan pawm tlang ila. ṭan ila thar ṭheuh ang u. Nghah khawtlai chi a ni lo. Fel

Kan ram damna tura kan mamawh hmasa ber chu chhungkuaa bul ṭan kan ti teh châwk a, a ni rêng bawk a. Chuti a nih chuan chhungkuaa nu te hi kan pawimawh ber avangin Nu te hian bul i han ṭan teh ang u hmiang. Nu berin kan tih tlat chuan mi dangte chuan min zawm mai dawn a ni. Chhungkuaa nu ber te hian inkhawm bul ṭanin kan fate Biak Inah hruai tam ila, Pathian thuin châwm tam ila, chu chu ṭanhnan se la, fa ṭha kan hring zel a nih chuan kan chhungkua hi van ram kawng zawhin, chhungkua leh ram nuam kan siam dawn a lo ni. Chuvangin chhungkaw hnuk Pathian hi i hnaih zel ang u.

Sermon

HMEICHHE HMANGAIHNA KHÛMTU (I Samuela 18:1, II Samuela 1:26)

*-Upa B. Lalthanliana
Chanmari, Aizawl*

“I mi hmangaihna chu a mak a, hmeichhe hmangaihna a khum a ni”.

He thu hi Juda Lal atana a ÷an hma lawka Davida'n indonaa thi, Jonathana a ÷ahna, a sunna thu a ni a, hemi a÷anga thuchah kan entawn tur awmte tarlang ila.

1. Jonathana nunna leh Davida nunna a inzawm, an inhmangaih: Tleirawltê mai Davida'n Goliatha a thah hnu a, Lal Saula'n a pian leh murna a zawnha, Davida'n a chhan veleh, ‘Jonathana nunna leh Davida nunna a inzawm’ tih thu kan hmu a, chumi rual chuan, ‘Jonathana chuan ama nunna a hmangaih ang chiahin a hmangaih ta a’ tih thu ropui tak kan hmu zui bawk a ni. (I Samuela 18:1). An inhmangaih tawna hi Jonathana thih hnu leh Davida damchhung zawngin a chat ngai lo, hei hi kan tana ziak, kan darthlalanga kan hman tur atan Pathian remruatna lo awm a ni kan ti thei âwm e.

2. Hmeichhe hmangaihna khumtu chu: ‘Jonathana chuan ama nunna a hmangaih ang chiahin a hmangaih ta a’. Jonathana'n Davida a hmangaihzia a lanna chu, a pa, Lal Saula'n Davida a itsika thah tuma ni tin a zawn lai khan, Jonathana'n Davida a bihruktir a, ramhnuai a tlanchhiatnaah thlengin a ûmzui a, “Hlau suh, ka pa Saula chuan a zawng chhuak lo ang che, Israel Lal-ah i awm ang a, kei i dawttu ka ni ang” tiin a thlamuan! (I Samuela 23:17)

Mahni chauh inhmangaih ÷hin, mahni hmasial ngar ngar ÷hin,

Khawtlang, Kohhran leh Ram rawngbawl honaa chanvo tha chan tuma um thin mihring kan nih thinzia en hian, Jonathana'n Davida mangan lai bera venghimtu a nihna leh a pa, Lal Saula dawta Lalthutthleng luah mai tur a nihna thlengin Davida a kian phal a, hei hi ama nunna a hmangaih anga Davida chung a hmangaihna a lantirna a ni, chu chu Davida'n a hre reng a, "I mi hmangaihna chu a mak a, hmeichhe hmangaihna a khum a ni" tiin hmeichhe hmangaihna khumtu Jonathana a nih thu Davida sawi atangin kan hre thei.

H m e i c h h e hmangaihna hian, a englaiah hian nge Jonathana hmangaihna a tluk lohna lai Bible-ah Chiang taka tarlan ni lo mah se, Davida'n hmeichhe chanchin a hriat phakho, a nupui palite leh Bible-a hmeichhe langsar, Sari, Rebeki, Rakili leh Miriami te hmangaihna a tlin phak chin a hre Chiang turah a ngaih theih a. Hmeichhe hmangaihna chuan rila rah,

tu leh fate, pianpui unau te leh pasalte bak hi chu a tlin thui lo aniang tih, Davida hriat phak hmeichhe chanchin bik atang hian a hriat theih awm e. A chang chuan, unau pianpui ngeite pawh in leh lo, ro luah thu avangte hian kan inhmangaihna hi a chuai thei a, chan chhe zawka tang nih chu kan duh bik lo, hei hi in itsikna, in huatna, unau, chhungkaw inkara a awm chhan a ni tlangpui, chu chu Sari leh Rebeki te chhungkuaah pawh a thleng tawh.

Bible-a Davida hmeichhe hriat thenkhat leh tunlaia hmeichhe thenkhatte hmangaihna a tlin phak chin en hian, Jonathana'n ama nunna a hmangaih ang chiaha Davida a hmangaihna ang hi chu, hmeichhe hmangaihna ngah tak pawh hian a umphak lo niin a lang.

Hun lo la awm zel turah, mahni hringtu nu leh pa duat tur la neite hian, nu leh pa, pasala nu leh pa, chhungte thlenga hmangaih zir ila, kan tu leh fate pawh

hi nu leh pa te, pi leh pu chaklo zawkte ngaihsaka hmangaih turin zirtir uar a tul hle mai.

Jonathana'n ama nunna a hmangaih ang chiaha Davida a hmangaih angin, kan u leh naute, kan nu leh pate, kan pi leh pute, kan rawngbawlpuite leh kan rawngbawlsakte hmangaih thei rih lo mah ila, kan darthlalang atana hmangin hmangaihna i um ang u.

3. Jonathana leh hmeichhe hmangaihna khumtu Lal Isua: Jonathana leh hmeichhe hmangaihna chu mi tlemte chauh tan a nih laiin, Lal Isua hmangaihna erawh chuan tuarna rapthlak leh thihna hmangin mi zawng zawng tan a nunna a hlan, a thlarau a thlah, chu chu Jonathana hmangaihna, hmeichhe hmangaihna, dam chhung atan chauh ang ni lovin, chatuan daih, danglam ngai lo hmangaihna a ni thung!

Nula pakhat, a pa damlo thi lek lek, thin tha lo

tana thin petu testimony hian Lal Isua'n mi a hmangaihna thukzia a tilang hle mai. 'Keini chu zai nasa tak kan tuar pawhin nachhawkna min pe a, min zai laiin eng mah na leh hrehawm kan hre lo, Lal Isua chu nachhawkna eng mah pe lovin, thisen far zawih zawih khawpa na hrehawm tinreng tuarin Kross-ah an khengbet," a ti.

Sualna reng reng nei lo, hmelma pawh ngaihdamna dilsaktu, hmangaihna avanga thi khawp hiala tuartu Lal Isua hmangaihna phut let nei lo hmangaihna, Agape a ni, he hmangaihna ngei hi Jonathana hmangaihna khumtu, hmeichhe hmangaihna khumtu chu a ni, a va ropui em...

4. Jonathana leh Davida inhmangaih tawinna, kan tan darthlalang: Lal Saula Lal hun chhung zawng khan, Davida chuan, Lal Saula hlauva bihruk leh tlanhchiatna hun atan a hmang a, chuvangin, Jonathana damlaiin Davida'n a hmangaihna a lantir thu hriat

a ni lo va. Mahse, Jonathana leh Lal Saula an thih khan, Davida'n Jonathana a hmangaihna nasa tak a fapa chungah a lantir ve thung tih kan hre thei.

Jonathana fapa, Mephibosetha, kebai a zawng chhuak a, Lal dawhkan kil phakin a chawisang a, a pu, Lal Saula ram zawng zawng a pe, chubakah a ei leh bar thawkchhuaktu atan chhiahhlawh a rawihsak. Jonathana leh Davida inhmangaih tawna hi a thuk a, thih hnuah pawh tu leh fate an la inhmangaihsak! Inhmangaih tawna kan awm theih nana kan darthlang atan i hmang ang u.

Lal Isuan a damlaiin a zirtirte hnenah, “ In inhmangaih chuan mi zawng zawngin chumiah chuan ka zirtir in ni tih an hria ang” a ti a. (John 13:5) Lehkha ziaktute'n thupek ropui ber an zawh khan, ‘Pathian hmangaih a, mahni inhmangaih anga vengte hmangaih’ hi thupek ropui

ber a ni, a ti (Mk 12:31). A thih a, a thawhle a, Petera leh Johana hnena a inlar pawhin, amah Lal Isua hmangaiha, a beramte enkawla châwm a, hmangaih tur te, hmangaihna hmasa bansan lo va, in hmangaih tawn zel turin a chah mawlh mawlh a ni.

Hawh u, Lal Saula'n Davida chungah itsikna, elrelna thinlung a pu tlat ang kha hawisanin, kan inhmangaih tawna, kan ingaihsakna i ti thar zel ang u.

Agape chanchinbu chhiartu zawng zawngte, Lal Saula thinlung ang pu lovin, Lal Isua hmangaihna ang thinlung puin, rawngbawlpui te, thawhpui te, rawngbawlsaka awmte lakah a taka duhsakna, hmangaihna lantir zel ila. Tanpuitu tlachham, rahbi tleu te, tar chak lo zawk te, khawhar taka hun hmang thinte dap chhuakin an chungah theih ang tawkin hmangaihna lantir thin ila, inhmangaih tawna i chhem alh zel ang u. Amen.

Hriselna huang

VACCINE / HRI DANNA

Vaccine/Hri danna hi mihring tana natna hrang hrang tih rêmna turin tun lai khawvelah hman a niin, naupangte zinga natna hrang hrang thlen thintu (natna hrik) virus leh bacteria te hi tun laiah chuan vaccine hmangin ven theih a lo ni ta. WHO chuan naupan laia lak chi vaccine ngawt pawh hian kum tin mihring nunna maktaduai li (4 million) a chhan him a ni a ti. Vaccine tih hi Mizo Ṭawng ang maia kan hman a ni a, Mizo Ṭawng chuan Hri danna tiin kan sawi thín a, a khawi zawk zawk pawhin sawi ila kan hre thiam tlangpui hlawm âwm e, chuvangin vaccine tiin kan sawi zel tawh mai ang.

Vaccine lak a ṭalna chhan :

Natna tam tak min tichhe thei, thihna leh rualbanlohna thlen thei hi kan chenna khawvelah hian a tam hle a, chung natna hrik te chu boruakah a leng vel reng thín.

Tunlai khawvelah natna kai darh theih hrang hrang te chu awlsam takin khawvel leh lama mi pawh kan kai ta fo mai. Keimahni tan mai bakah kan bul vela kan chenpuite vaccine thenkhat la la ve thei lo nausen

lutuk te, damlo chau lutuk te, natna benvawn vei te, allergy nei nasa lutukten hrileng an kai mai loh nan kan kum azira vaccine lak tur awm te kan lak a, cancer kan vei tam tak zinga mi chhulhmawr cancer (cervical cancer) te, Thin cancer ven nan te leh nuin naute piangsual a hrin lohna tura vaccine te kan lak a pawimawh hle a ni. Kan rama vaccine lak tur awm heng kan tarlante hi kan lak chuan natna tam tak lakah kan fihlim thei ang.

VACCINE CHI HRANGTE LEH LAK DAN		
VACCINE LAK HUN	VACCINE	Tum khata pek tur zat
NAUPAI LAIA LAK TURTE		
TT/TD	TT/TD - 1st Dose	0.5ml
TT/TD lak hmasak atanga kar lina hnuah	TT/TD - 2nd Dose	0.5ml
A hmaa lak atanga kum 3 aia rei lova naupai a leh chuan vawi-1. Lak leh a kum 3 aia a rei chuan vawi-2 tho lak tur.	TT/TD - Booster	0.5ml
NAUSEN ATANGA PUITLING LAK TURTE		
Pian tirh atanga Darkar 24 chhunga lak turte	BCG - 1st Dose	0.1 ml
	OPC - 0 Dose	2 drops
	HBV - 0 Dose	0.5 ml
KAR 6	Pentavalent (DPT+HBV+HIB) - 1st Dose	0.5ml
	OPV - 1st Dose	0.5ml
	IPV - 1st Dose	2 drops
	RWV - 1st Dose	5 drops
	PCV - 1st Dose	0.5ml
KAR 10 (THLA 2 LEH CHANVE)	Pentavalent (DPT+HBV+HIB) - 2nd Dose	0.5ml
	OPV - 2nd Dose	2 drops
	RWV - 2nd Dose	5 drops
KAR 14 (THLA 3 leh Chanve)	Pentavalent (DPT+HBV+HIB) - 3rd Dose	0.5ml
	OPV - 3rd Dose	2 drops
	IPV - 2nd Dose	0.5ml
	RWV - 3rd Dose	5 drops
	PCV - 2nd Dose	0.5ml
THLA 6	Influenza - 1st Dose	0.5ml
THLA 6	Influenza - 2nd Dose	0.5ml
THLA 9	MMR - 1st Dose	0.5ml
	IPV - 3rd Dose	0.5ml
	PCV - 3rd Dose	0.5ml
	Vitamin A - 1st Dose	2ml
KUM 1	Hepatitis A - 1 Dose	0.5ml
KUM 1 LEH THLA 3	MMR - 2nd Dose	0.5ml
KUM 1 LEH A CHANVE	Quodrovac - 1 Dose	0.5ml
	OPV - Booster	2 drops
	Vitamin A - 2nd Dose	2ml
KUM 2	Typhoid vaccine (TCV)-	0.5ml
	- 1 Dose	0.5ml
	Chicken Pox - 1 Dose Vaccine	0.5ml

VACCINE LAK HUN	VACCINE	Ṭum khata pek tur zat
NAUSEN ATANGA PUITLING LAK TURTE		
KUM 5	DPT - Bosster	0.5ml
	OPV - 2nd Booster	2 drops
	Vitamin A - 3rd Dose	2ml
	Tivax-(Kum3 dan zelah) booster	0.5ml
KUM 10	Td Vaccine	0.5ml
KUM 15	Td Vaccine	0.5ml
KUM 9 - 14 INKARA LAKIN	HPV - 2 Dose (vawi2) thla 6 danah lak tur	0.5ml
KUM 14 HNUA LAK ṬANIN	HPV - 3 Dose lak tur 1st Dose aṭanga thla 2 ah 2nd Dose, 2nd Dose aṭanga thla 3 ah 3rd Dose lak tur.	0.5ml

VACCINE HMING

NATNA AN VĒN TE

1. BCG (Bacillus Calmette Guerin)----- TB (ngawr natna)
2. OPV(Oral polio vaccine)----- Zeng natna
3. HBV(Hepatitis B Vaccine) ----- Hepatitis-B hrik vanga thin natna
4. Pentavalent (DPT + HepB + Hib) ----- Hrawk na, Khuhhip, Sakawrekhrik, Thin Natna, Thluak tuamtu natna leh pneumonia
5. IPV(Inactivated Polio vaccine) — Zeng natna
6. RVV(Rotavirus vaccine) ----- Kawṭhalo
7. PCV (Pneumococcal Conjugate)----- Bacteria vanga pneumonia, Thluak tuamtu leh thisena a natna
8. Influenza Vaccine ----- Hrilawn, Hrawk leh thawkna dâwt natna
9. MMR(Measles, mumps, Rubella) --- Sentut, Biangboh, Nauchhiat leh naute piangsual
10. Vitamin A ----- Mit khawhmuh thalo venna
11. Quadrovac (Hib + DPT)----- Khuhhip, Sakawrekhrik, pneumonia, thisen leh thluak tuamtu natna.
12. Chickenpox----- Tangseh
13. Tyvax ----- Typhoid natna (Rilpan khawsik)

14. Td (Tetanus & Diphtheria) ————— Sakawrekhrík leh Hrawk leh Thawkna dawt natna

15. HPV(Human Papillomavirus) ————— Chhulhmawr, chhul leh serh cancer.

16. Hepatitis-A Vaccine ————— Thin natna

**VACCINE LEH
TAKSAA HNA A
THAWH DAN**

Vaccine chu natna hrik virus/bacteria te mihring taksa tana hlauhawm lo tura siam/sawngbawl niin, kan taksarawn beitu natna hrik lo lut te chu a lo hriat chata, chu mi natna hrik lo do let tura kan taksa tana ral dotu tur te a lo inbuatsaih a, natna hrik lo lutte lo bei let a an hneh theihna tura pek thin a ni. Vaccine hian kan taksa a natna hrik lo lut tur a veng lo va, natna min thlen theihna tur lakah a veng a ni.

**VACCINE LÂK
AVÂNGA HARSATNA
TENAU AWM THEI TE:**

Vaccine lâk avanga harsatna tenau awm thei tlangpui lo tar lang ila.

1. Injection pek na lai sen, nâ leh vung te hi vaccine la

te zinga a 10% velah a awm ve thin a, BCG vaccine bikah hian injection lak aţanga kar hnih aţanga kar-li ah durh/pâwngin a chhungah hian tui fîm emaw hnai emaw a lo awm a, khir a lo insiam a, chu khir insiam chu thla hnih aţanga thla li velah lo tlain ser bial 2-10 mm diameter vela lian a lo awm thin.

2. Khawsik sang vak lovin DPT, Hepatitis B, Hib, Japanese encephalitis leh Measles/MMR vaccine lâk zawhah a awm thei.

3. OPV la zinga 1% aia tlemin kawthalo, lu nâ leh tihrawl nâ an nei thei.

4. Puitling tawh Rubella vaccine late zinga 15% in ruhchuktuah nâ an nei ve thei bawk.

Khing a chungah kan tar lan tâk te khi vaccine lâk

zawhah an lo nei a nih pawhin hlauhthawn tur a ni lo va, nachhawka-paracetamol pek leh tui in tamtir te a ða.

BCG vaccine pekna lai chu tuia dim taka sil hnuah tih hul that tur a ni a, thawmhnaw tawt lutuk hak tir loh tur a ni a, hiah leh a khir kheuh leha durh chhunga tui/hnai sawrchhuah tum te, ointment leh thildang hnawih te tih loh tur a ni.

VACCINE LÂK HNUA THIL THLENG REPORT TUR TE:

Vaccine lâk avang hian harsatna lian tham thleng ve palh a awm thei a, heng a hnuai kan han tar lan te hi vaccine latuten an lo nei a nih chuan damdawi lam thiamte râwn vat tur a ni.

Vaccine lâk aţanga darkar 24-48 chhunga allergy/thil huat neih a lo lang ðin – hnar ping, mittui tla, thak leh vual, luhai, thawkna kawng vûng vanga thawk harsa, marphu mumal lo te,

darkar 3 emaw, a aia rei emaw thlêm bân theih loh, ring leh ril tak leh na nei ni âwm taka ðap chiam chiam te, taksa tihrâwl zawi te, khawsik sang tak 102 Degree Fareinheit leh a aia sang te, luak leh kawðhalo nasa leh rilru harhfim lo te. Vaccine-a chiuna lai hnai la. Measles/MMR vaccine lâk aţanga ni 14 chhunga kaih ni 6-12 chhung lang, DTP lâk ni aţanga ni 2 chhunga kaih an neihin. Measles/MMR lâk aţanga ni 6-12 chhung leh, DTP lâk aţanga ni 2 chhunga thluak hnathawh buai avanga harhfim lo, mumal nei lo va taksa che/phû, ðawng ða thei lo, muthilh theih loh, lu nâ, chau leh dawhtheihna tlachhama an awmin.

OPV vaccine lâk aţanga thla 3 chhunga tihrâwl nêm leh zawi an neih te, Tetanus vaccine lâk ni 2-28 chhunga dar leh ban kiu chin chung lam na em em leh tihrâwl chak lo leh mu churh churh, tihrâwl sâwng/tawm te an neihin.

Measles / MMR vaccine lâk aṅga ni 15-35 chhunga taksa duk thluah thluah, hriau hmawr tiat lek leka vun a lo sen leh pema thi pût reh har an neihin.

BCG vaccine lâk aṅga thla 1-12 chhunga thalbê vûng leh nâ te, chiuna lai pûn reh thei lo te, kal leh tlân leh chêt harsa leh khawsik leh chau an neih chuan report tur a ni.

VACCINE LÂK THEIH LOHNA CHHAN TE:

Vaccine hi lâk thei lohna chhan hi tlem hle mah se, la thei lo turin an lo lâk

palh chuan a hlauhawm theih avangin vaccine la turten kan lo fimkhur nan vaccine lâk theih lohna chhan te lo tar lang ila.

1. Vaccine eng pawh lâk hmasaka an lo huat (allergy) tawh te.
2. Natna khirk tuar mek.
3. MMR, BCG, Yellow fever vaccine te hi nu naupai lai te, taksa pumpui radiation-a enkawl na dawng mek tan lâk rih loh tur a ni.
4. BCG leh yellow fever vaccine te hi HIV/Aids vei mek leh natna do theihna tlahniam nasa an nihin.

Martin Luther-a khan heti hian a sawi a: “Ka lu chung a sava thlâwk tùr chu ka dang thei lo; mahse, ka lukhum hnuaia bû an chhêp tùr chu ka dang thei,” a ti.

Setana hian kawng tinréngin min thlêm thei. Suangtuahna ṭha lo pui pui min neihtír tumin nasa takin min bei thìn. Mahse, kan invèn phawt chuan chuan keimahniah min hneh ngai lo vang a, a tâ kan ni ngai lo vang.

Kan Lalpa ngei pawh kha Setana chuan a bei nasa. Mahse a hneh rêng rêng lo tuan parh. Amah Lal Isua ngeiin, “In hnenah thu ka sawi leh tawh mang lo vang, khawvel lal a lo kal dawn si a, ani chuan keimahah eng mah reng a nei lo,” (Jn 14:30) a ti hmiah mai.

NAU CHÂWMNA PETUTE LEH AN CHÂWM ZÂT

2025

S.No.	Bial/Kohhran/Mimal hming	Chawm zât
225.	Pi Sairemmawii Sailo, Chaltlang South	1
226.	Suarhliap Pastor Bial Kohhran Hmeichhia	1
227.	Guwahati Pastor Bial Kohhran Hmeichhia	1
228.	Laipuitlang Kohhran Hmeichhia	2
229.	Tlabung Chawnpui Kohhran Hmeichhia	1
300.	Phunchawng Kohhran Hmeichhia	3

2026

S.No.	Bial/Kohhran/Mimal hming	Chawm zât
1.	Tuikual Pastor Bial Kohhran Hmeichhia	3
2.	Bethlehem Venglai North Kohhran Hmeichhia	2
3.	Dawrpui Vengthar Pastor Bial Kohhran Hmeichhia	8
4.	Venghloi Kohhran Hmeichhia	3
5.	Bethlehem Vengthlang Kohhran Hmeichhia	2
6.	Tuithiang Vengchhak Kohhran Hmeichhia	5
7.	Electric Veng Kohhran Hmeichhia	19
8.	Saron Veng Kohhran Hmeichhia	4
9.	Tuikual South Kohhran Hmeichhia	2
10.	Phulbial Kohhran Hmeichhia	1
11.	New Capital Complex Kohhran Hmeichhia	2
12.	Bethlehem Venglai Kohhran Hmeichhia	8

13.	Kulikawn Kohhran Hmeichhia	10
14.	Saikhamakawn Kohhran Hmeichhia	1
15.	Zarkawt Kohhran Hmeichhia	10
16.	Chanmari West Bial Kohhran Hmeichhia	2
17.	Mission Veng Kohhran Hmeichhia	27
18.	Sairang Kohhran Hmeichhia	2
19.	Pi Neihthangi, Zarkawt	10
20.	Chawnpui Veng Kohhran Hmeichhia	14
21.	Chawnpui Vengthlang Kohhran Hmeichhia	5

Chhonzawm tûr...



NAKINAH CHUAN

- Sailothangi Sailo (L)

Dawrpui Vengthar

Kohhran Hmeichhia, Central Committee (2019-2022)

- Nakinah chuan, kan nun hman mêk hi thawnthuah an la chang zo ang. Kan taksa lum thur thurte an la vawt raih ang a, mit khap tawh lo tûrin kan la maimitchhîng hlen ngei ang. Tûna kan thawmhnawte hi mi dang ta a la ni ang a, kan roh êm êm kan thil neihte pawh neitu nei lovin an la awm ngei ang.
- Nakinah chuan kan WhatsApp last seen pawh a ding reng tawh ang a, Facebook- a kan thil post te pawh a thar lâm awm tawh lo tûrin a ding reng tawh ang. Kan taksa, kan ruhte nêl lam leiah a luang ral ang a, kan hlut ve êm êm hringnun pawh hi mi dang chen tûr a la ni ang.

- Nakinah chuan kan hmangaih êm êm, kan lungduh kalsanin min la sùn ang a, kan ngaihhlut sum leh paite kan tân tângkaina pakhat mah a la awm lo vang. Lehkhabu chhiar tûr kan neihte pawh chhiartu nei lo vin an la awm ang a, a mal tê têa kan kal bo hian chatuan ram kan la thleng vek ang.
- Nakinah chuan kan taksa rimmtui tak tîn te chu a la rimchhia ang a, kan thâwm te pawh dai zo vin kan reh hlen tawh ang. Kan thiamna neih te pawh inpêk chhâwn theih a nih tawh loh avângin kan la zâl bopui ang a, uitu mittui te pawh kan hru pha tawh lo vang.
- Nakinah chuan chatuan atân he kan chênna, kan lei hi kan mangtha tawh ang a, intawn leh ni a awm ngai tawh lo vang.
- Nakinah chuan, he leiah lian thi tûrin kan piang a, haw leh tûrin kan zin mai a ni. Kan chatuan in tûr chu Vên ram emaw hremhmun emaw a ni a, duh thang thei tûrin chung lamin zalênna min pe thung.
- Khawvêl thlâkhlelh lutuk pawh kan awm hlenna tûr a nih miao loh avângin, kan khawngaihthlâk mai mai âwm e.
- Nakinah chuan, he khawvêl chhuahsanin hringnun hi kan mangtha vek dâwn si a, nakin atâna lo inbuatsaih hi a pawimawhin a tha ber âwm e.

He thu hi Pi Sailothangi Sailo-in a damloh tawh hnua a thuziak hnunung a ni a, Agape chanchinbuah kan han târ lang a ni e. Khawhar chhûngkua Lalpan awmpuiin thlamuan mawlh rawh se.

~ Editorial Board

Hrvaitute Chanchin**PI LALMUANPUII**

Pi Lalmuanpuii hi R. Dotinaia leh P.C. Lalhliri, Dawrpui Vêng te fa niin 7.7.1964-ah a piang a, unau 7 zinga a upa ber dawttu a ni. Upa Lalmalsawma, Chawnpui nêh 18.10.1984-ah inneiin, fanu 1, fapa 2 leh tu 4 an nei.

Zirna leh eizawna lam:

P.C. Girls' School, St. Paul's HS leh Hrângbâna College-ah te lehkha zirin, HSLC a zawh hlimah kum 1983 January thlaah Accounts & Treasuries Directorate-ah a ngetin LDC hna a zawm a, UDC leh Assistant-ah kaisâng zêlin, Mizoram sorkar hnuaiyah kum 41 leh thla 7 chhung a thawh hnuah July 31, 2024 khân superannuation pension-in a chhuak.

Rawngbâwlna lam:

Chawnpui Kohhran Hmeichhe Committee-ah kum 2007-ah tel ãanin, kum 2010 ațangin Office Bearer chanvo hrang hrang lo chelh tawhin, tunah Asst. Secretary a ni mêk. Chawnpui Pastor Bial Kohhran Hmeichhia-ah Finance Secretary ni lai a ni. Chawnpui Kohhranah PSS zirtirtu leh Inrinni zân thuhrltu a ni bawk, Central Kohhran Hmeichhe Committee member-ah kum 2025-2027 chhung atân a tel mêk.

Bible châng & hla duh

zâwng: Hebrai 4:14-16 thu leh KHB No. 150-na hla hi a duh ber zinga mi te an ni.

Thuchah: Lal Isua zuitu kan ni a, amah a rinawm avangin ringtute pawhin kan nun kawng tinrêngah rinawmna kan lantir zêl tur a ni. Kan mi mal nun, kan chhungkua, kan eizawna leh Kohhranah rinawmna hi kan vawn reng a ãul em em a, thih thlenga kan Lalpa tâna rinawm hi kan tum tlat tur a ni tih hi a thuchah gaihpaawimawh a ni.

**KOHRAN HMEICHHE BUDGET PEK
THEIHNA ACCOUNT NUMBER**

**Account -a pawisa dahtu chuan a dah zat, eng tur
nge tih leh dahtu Bial hming chiang taka ziakin
phone no. 9233437689 -ah WhatsApp message
hmanga inhriattir ngei ni se.**

**1. Central Budget, Inkhawmpui Lian (IKPL) mem-
ber fee, WDP, PWF, Rahbi Tleu Tanpuina pekna tur**

Account hming : MPC Kohhran Hmeichhia
Account No. : **35918210644**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

**2. Hospital Pual Inkhawm Thawhlawm, Kohhran
Hmeichhe Ni Thawhlawm leh thil dangte pekna tur**

Account hming : MPC Kohhran Hmeichhia
Account No. : **97015036270**
Bank Name : MRB, Khatla Branch
IFSC : SBINORRMIGB

3. Women Centre Budget/ Donation pekna tur

Account hming : MPC Kohhran Hmeichhia
Women Centre
Account No. : **35576785404**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

4. Agape chanchinbu man pekna

Account hming : Agape - MPC Kohhran
Hmeichhia
Account No. : **35578510786**
Bank Name : SBI, Mission Veng Branch
IFSC : SBIN0007058

KUM 2025-2027 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi K. Vanlalrawni
Vice Chairman	:	Pi Vanlalhlamuani
Gen. Secretary	:	Ni. H. Vanlalruati
Asst. Secretary	:	Pi Lalthansangi
Treasurer	:	Pi Vanlalhluni
Fin. Secretary	:	Pi Zohmingliani

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| 3. Pi Chuauzikpuii | 4. Pi H. Lalthasiami |
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2. Rev. B. Zohmangaiha, Synod Secretary
3. Rev. Dr. K. Lallawmzuala, Executive Secretary
4. Pi Zothanpari, Ex-Chairman
5. Pi Ruth Lahmangaihi, Asst.Co-ordinator

KOHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thiltumte :
1. Kohhran rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chhungkaw tha din tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



Postal Regn. No. MZR/ 53/ 2024 – 2026 RNI Regn. 40876/ 88



Damprengpui Pastor Bial Kohhran Hmeichhe Inkhawmpui Wawi 33-na



Hlimen Pastor Bial Kohhran Hmeichhe Inkhawmpui Wawi 61-na leh Diamond Jubilee Lawmna



Himali Pastor Bial Kohhran Hmeichhe Inkhawmpui Wawi 11-na

To

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