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Publisher : Rev. V.L. Luaia Hranleh
Agape Phone No. : 9233437 689 (He number-ah hian office hun
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email : agapechanchinbu@gmail.com

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Editorial**KAN CHANCHINBU**

Committee-in mawhpurhna min pêk, Agape Chanchinbu enkawl hna chu Pathian hruainain kan hlen chhuak ve dawn ta reng mai! Kan enkawl chhûng hian Pathian awmpuina te, hruaitute thlâwpna te leh chhiartute duhsakna te kan dawng nasa êm êm a, kan lâwm tak zet a ni.

Chanchinbu enkawl lama thiamna bîk nei lo tân chuan a hautak châng a awm ve fo mai a. Thu chhuah tûr dap khawm kawngah pawh mi tam tak kan tibuai lo thei lo a; mahse, chutiang hunah chuan thuziak - article leh sermon tha tak tak min petu kan hmu zêl a, kan lâwm êm êm a ni. Chutih rualin kan rem khawm dân leh cheibawl dânah duhtusam tâwk lohna tam tak a awm kan ring a. Thenkhat tân chuan beisei a phâk lo viau maithei e. Kan theih tâwp kan chhuah a, kan theih chin erawh a sâng lo hle tih chhiartuten min hriatsak kan ring.

Agape Chanchinbu neitu chu Kohhran hmeichhia zawng zawngte hi kan ni a. Agape hi kan zavaia kan inṭawm, 'Kan Chanchinbu' a ni. Hmun hrang hranga mite min phuar khawmtu, chanchin kan inhriat tawna hmanrua; rawng kan bâwlnaa min tichaktu leh hriatna kawnga min tiṭhang liantu hmanraw pakhatat Lalpan a hmang a. Thla tin copy 44,000 lai kan tichhuak thei leh hmun tinah neitu dik tak rilru pûa kan sem darh leh neitu nihna thinlung nen nuam ti takin kan chhiar ṭhin tih kan hriatin kan thinlung a lawm tak meuh a ni.

Kan Chanchinbu - **Agape** hi hun lo kal zêl tûrah kohhrana hmeichhiate tân thla thar hman tinuamtu, min tipumkhattu leh Lalpa rawng kan bâwlnaa min tichaktu ni zel rawh se. Chhiartuten enkawltute i ṭawngṭaipui ṭhin ang u.

Kristian Chhûngkua

HMEICHHE KHAWSAK ȤA

-Rev. T. Lalthantluanga
Bialtu, Pastor, Chawnpui

Hmeichhe khawsak Ȥa chu a pasal tân lallukhum a ni a,
“Zahpuiawm tak thil ti erawh chu a ruh timawihtu a ni. (Thufingte 12:4)

Ram hnuk, khawtlang nun, chhûngkaw kalphung leh mi mal khawsak dan hriltu hi a malin khalh fal dawn ta ila 'hmeichhe khawsak dan' hi a ni mai awm asin. Hmanlai atanga vawiin thleng hian nun cheimawina leh duhawm, itawmna, ȣatna leh mawina tehfung atân hman a ni ȣhin. Ram ropuina, ram inhmelmakna thlen thei khawpa hipna, duhawmna neitu kha 'Hmeichhia zuk nia'. Chhûngkaw ropuina, chhûngkaw lan chhuahna hi mipa rorêlna (patriarchal society) ah pawh hmeichhia zuk ni leh tlat a. Mipate hi invai vungin han inlek viau ȣhin mah se, hmeichhe tel lo chuan a tlei zo miah lo. Chhûngkua tichhûngkuatu, mipa ropuina leh mawina, ram rorêlna leh kal dan ȣa pawh mipa hnunga awm reng hmeichhia vang a ni e an ti.

HMEICHHE KHAWSAK
ȤA CHU ENG NGE?

(i) Chetzia : 'Vawlh vawlh a', 'lawr lawr mai a', 'hâw hâw mai a' han tih hian hmeichhe chetzia mawi lem lo tak tih a hriat theih. Chapona leh mi dang aia ȣhaa inngaihna ang hian mihring nun a chei mawi ngai lo. Mi dangte ngaichang, zawl dawh, inphah hnuai, nunnêm tia Petera, Isua zirtîr zînga inti pa deuh ber khan tehfungah a lo hmang daih tawh.

Invau, luhlul chhuah, ȣawngkam vin, thinchhia, insawisel fona hian bula mite a hneh ngai lo. Chetziaa hnehna aia hnehna ropui a awm lo. Isuan mi dang hneh theih nâna a hmanraw ropui ber kha a thusawi aiin a chetzia kha a ni.

Inngaihzawn lai hian mipa ho hi 'an kê pawh zen ila min seh lo vang' tih turin an han nui sang a. Bula chen nuam awm fahrnanin an han tlawm deuh dûk a, an inphah hnuai a. Nula ho lah bum

an nuam, nakinah nupa an nih hunah a letling thawk dawn tih an ngaihtuah duh lo nge an hre duh lo, mipa hneh thei viauah an inngai ngawt a, mahse a ni lo, zia an thup a ni.

Chetzia tih hian 'mizia' emaw kan lo ti palh ang e. Khawsak tha, nun mawi, ngainatawm, bula awm nuam, hawihhawm, mi dangte ngaichang thiam. Aawmzia ber ni ta chu mahni inphat hi a ni ber awm e.

(2) Tawngkam: Mi tawng tam lutuk hi chu eng ti zawng pawn ngainat an har. A chhan chu an bula awmin venthawn tur a tam. Sawi tur sawi, sawi loh tur sawi lo thei hi mi finga ngaih a ni. Chhûngkua leh thenrualte bula an tawngkam hman dan a zirin an bula awm / khawsak a inhahdam hleih a ni.

(3) In chhûng enkawl: Nu/ nula awmna in chhûng han en la, an chet phung i hmu mai ang. Thawmhaw hak thlak a letlinga bang tawp, dah that tum lo chu nu/nula chengvawng tak chu an ni lo phawt. 'A pawn lam kan ei hlei nem' tih vanga bungbel ung êm êm a nih chuan hmel hmai

fai vur pawh ni se khawsak tha a ni ngai lo vang. Nupui chi a ni lo. Nau pawm chung a ei a rel hunah ei in a thianghlim ngai lo vang. In chhung kil tin leh thutna, mutbu thlengin a khawsakzia a hriat thin. Mahni inuluk viau si, bal a ngaih theih viau chuan chenpui a nuam lo ang. A in chhûngkhur a enkawl danah khawsak tha a nih leh nih loh a lang thin.

(4) Chen honaah : Pathianin min din danah khawsa ho, cheng ho tura duan kan ni tih chu kan hre theuh awm e. A bikin nupa phei chu pumkhat, cheng ho, inhre Chiang, inngaihsak tura ngaih kan ni. Sapatal, mahni chauh inngaihtuah, mi dang tâna hun pe thei lo chu chenpui an nuam ngai lo. Hmeichhia hian an ngaihtuah kim hle a ngai, chu chu Pathianin a special taka a duan dan a ni tlat. Hmeichhe khawsak danin a pasal fanaute nihphung a nghawng daih hi thil mak tak chu a ni. Fanaui, pasal te hmelhmai lan dan, silhfen - a mam leh chuar thuah te nu khawsak tha leh tha lo a hriat thin. Nu mawina leh mualphona chu a khawsak danah a ni.

Mizo nunphungah hmeichhe dinhmun an dah sang ngai lo tih kan hria, "hmeichhe thu thu ni suh, chakai sa sa ni suh" 'hmeichhia leh chakaiin sakhua an nei lo', 'hmeichhe finin tuikhur ral a kai lo' ti a dinhmun hniam taka an dah kha kan Bible thung chuan Chhûngkaw mawina, ropuina a ti thung a ni.

TUN DINHMUNA KAN HMACHHAWN

Ramin hma a sawn a, khawsak dan phung a lo inher danglam nasa ta hle. Hmanlaia mipa enkawlina leh thu hnuaina a lo inphelh dul hret hret niin a hmuh theih. Thenkhatah chuan mipa tel lova chhûngkaw inenkawl, kaihrui kan awm ta fur mai. Chu bakah chuan 'intluktlanna' hmatheh a, mipa leh hmeichhia intiat ruala kal duhna thli a lo tleh mêk bawk. Intluktlanna hi eng kawngah te nge lan chhuahtir tur tih hi chik taka ngaihtuah a ngai ang.

Feminist Theologian-ten an duhthusam hi thlang ta se kan society-a chhûngkaw kalphung, inrelbawlina leh vantlang nun a su buai em? Bible hi Pathian thu anga kan pawmna hian harsatna

a tawh phah hle ang em?

Pasal mamawh lo, chhûngkua din tul tih lohna boruak lo lian ta viau te hian 'hmeichhe khawsak tha' tih hi eng chen nge a tihbuai a, dinhmun hi a sut her hi chhut ngun ila.

Mipa, nupui fanaute chu sawi loh, mahni pawh inhrail tlaizozo lo, mahni inchawm thei lo tam ta tial tialin harsatna a thlen hi eng tia hmachhawn chi nge?

Kan hriat angin LGBTQ issue a lian ta hle mai. Mipa inti hmeichhia tlat, hmeichhia ni si mahni hmeichhiatpui kawp ta tlatte an zalen tial tialna khawvelah hian chhûngkaw nu ber mipa ni ta tlat te, chhûngkaw pa ber hmeichhia ni leh lawi si te hian a pasal chuan 'Engthawli' tih tur a vang viau ang em?

Hausa leh rethei kar zau ta lutuk, dinhmun inthlau ta êm êm mai te hian Chhûngkaw inrelbawl dan hi eng ang chenin nge a nghawng ang tih te hi chhut tham a awm. Hmangaihna aia sum leh ropuina ngai hlu, dah pawimawhte chhûngkuaah chhûngkaw tha, hmeichhe

khawsak tha, nupui - mahni
pasalte zah thiam intulut nun hi
a dal tial tial mai em le ?

TLIPNA

Kan ram, khawtlang,
Kohhran leh chhûngkua hian hei
hi ngaihtuah nawn ila. 'Mipaten
lallukhum khum khawpin
hmeichhiate khawsak a tha

em?" tih hi. Hmeichhiaten
Siapsuap fen aţanga
kekawrtlawin inthuumna atâna
an hmanna khawvêlah hian
"Hmeichhe khawsak tha" tia
Bible-in a sawi hi hmuh tur a la
awm em tih hi vawiina kan
hmachhawn mêk aţang hian kan
en ngun a ţul hle a ni.

Engin nge danglamna siam

Nu pakhat hi a zinna hmun Biak In pakhat a
inkhawm a. Thu sawi a ngaihthlakte chuan a rilru a hnehin
Thlarau Thianghlim pawlna changin, nuam a tiin a hlim hle
a. Thu sawitu chu tu nge ni? tiin a zawt a, thu sawitu chu an
Pastor a nih thu leh a hming chu Ebenezer-a a nih thu an
hrilh a. "A thu sawi ngaithla turin ka rawn inkhawm leh
ngei ngei ang, thu sawi a thiam hle mai," tiin inkhawm leh
tum ranin hlim takin a hawng a.

Pathianni chu a lo thleng leh ta a, phûr takin inkhawm
tur chuan a insiam a, Pastor Ebenezer-a tho chuan thu chu a
sawi leh ta a. Mahse, chu nu chuan thu sawi chu a
dawngsawng tha lo hle mai a, a ngaithlak hmasak ang khan a
rilru a hneh ta reng reng lo a, a thu sawi chu a nung lovin a hria a.

Inkhawm banah Pastor hnenah chuan thil awmzia
chu a hrilh a. Pastor chuan, "Ka pi, chawlhni kalta kha
chuan Pathian be tur leh a aw ngaithla turin i lo kal a.
Vawiinah erawh chuan keimah, Pastor Ebenezer-a thu sawi
ngaithla tur leh i thinlunga keimah min chawisang chungin i
lo kal a. Chuvang chuan Thlarau Thianghlim pawlna i dawng
lo a ni," a ti a.

Sermon**I TIHSAK AN SAWI THIN**

-Rev.PC.Pachhunga
Zarkawt

Chhûngte thawh hmaa thoin ka inthiar a, ka inphih fai hnuah chokaah tuilum in tur ka siam a, Pathian hnênah thingthia tawi tea ka inhlan hnuin tui lum in pahin Laldusakin ‘Ka tân Lalpa a tha a ni’ tih hla a sak hi tuk tam ka ngaithla ta. Ka rilru a khawih hle a, a chang 2-na,

“I lam hawi, nang ngaitu i hawisan ngai lo va,

I hmuhtir thin i ngaihsakzia, I tihsak an sawi thin; ...”

tih lai hian ka ngaihtuahna a tithui hle thin a ni. Mosia leh Daniela te thianho pawh kha lo tho lehin kan zingah thurawn sawi sela, Pathianin an tih theih loh a tihsak ropuizia leh an hnêna awm Pathian a nihzia hi an sawi nin theih loh tur a niin ka ring a ni. Thuhrlitu leh rilru sawi zana sawitu thenkhatin anmahnia Pathian inpuanna leh a tihsak an chan hlutzia an sawi te hi a ngaihnaawm êm êmin ka hre thin a.

Kei mi sual leh chak lo tak pawh hi Pathian hian min hawisan lo va, min ngaihsakzia min hmuhtirin a ngaihna ka hriat loh thil tam tak min tihsak thin a. Chung zinga ka thinlunga nung reng leh thar rengte chu han sawi ka duh a, thenkhat phei chu hmun dang dangah ka lo ziaak nual tawh a, mahse ka thinlunga nung reng a nih hlawm avângin hetah pawh hian han dah nawn leh ka duh a ni. “sawi nawn a nuam a ni”

tih hla ang deuh khan sawi nawn reng mai hi ka chak thin.

Chhandamna mak tak mai chu - Keini zingah chuan “Ralkapthanga” tih hming pu meuh pawh silai vawi khat pawh la hmet puak lo te an awm a, “Ramfangzauva” tih ni mahse khawvêl ram dang la fang rêng rêng lo te pawh an awm a. Lal Isua erawh chu a h m i n g a h “ I S U A ” (Lalchhandama) a nihna te, “Emmanuel (Kan hnêna

Pathian awm)” a nihna te hi a tak a, amah hian a pu zo êm êm a ni.

Tun hma chuan sahdah ka hmuam thin a, nghei ka duh pawhin nghei har ka ti êm êm a. Kan nupain nghei tumin a bur te kan paih a, mahse thiante ta kan ban a, ‘khawimaw’ kan pai a ni ta ringawt a. Thiante lakah a inthlahrunawm em avângin a bur thar kan lei leh nge nge thin a. Tunlai tawngin, ‘ngawl vei’ kan ni ber awm e. Vawi tam nghei tuma ka beih hnuah pawh ka insum theihnain a tlin tak ngang si lovah chuan, nghei ka duh zia leh ka theih si lohzia te, a tanpui ka ngaihzia te chu Pathian hnênah ka thlen a, nghei thei lo ka nih inhriain nghei tumna pawh chu ka nei peih tawh lo.

1996 kum kha a ni maithei, a hun chiah ka lo chhinchhiah lo va, Kawlkulha kan awm lain, Aizawla ka zin haw, thingpui kan in zo chuan sahdah hmuam tumin dawhkana a bur chu ka ban a; chutih lai tak chuan, “I tawngtaina kha chhan a ni

tawh e” tia chiang taka min hrilhtu hi awmin ka hria a. Chu tawngkam fiah leh chian êm êm dan chu danglam tak a ni. A fiah danglam êm êm dan chu thil hrang hrang dila tawngtai thin ka ni a, chuta ‘i tawngtaina kha chhan a ni tawh e’ min rawn tih chuan eng dila ka tawngtaina nge tih zawh a ngai lo, sahdah nghei dila ka tawngtaina min chhang a ni tih ka chiang nghal êm êm mai a ni. Chutah keimah ka han inngaihtuaha, ka sahdah chakna a bo tih pawh ka hre chiang nghal, chuta tang chuan sahdah hmuam ka mamawh ta lo, vawin thlengin sahdah hmuam chaknain min tibuai leh tawh ngai lo.

Chu aw atanga thil hriat belh ka neih chu Abrahama hnênah, “...ram ka la entîr tur che lamah kal rawh,” (Gen. 12:1) tia Pathianin a koh khan, khawi lamah nge kal tur tih a hrilh hranpa a ngai dawn lo tih ka hrethiam ta. Tin, Gal.5:22,23-a “thlarau rah erawh chu ... insumtheihna te a ni zawk e,” a tih hi chiang ta riauvin ka hre bawh a.

Thlarauvin keimaha a thawh chinah chuan keia insum theihna neih ang mai mai kha a ni ta hauh lo mai, thlarau hnathawh chu danglam tak a ni.

“Fapa a hring ang a, a hmingah Isua i sa ang; ani chuan a mite an thil tihsual lakah a chhandam dawn si a,” (Mat. 1:21); (Lalchhandama) tih chu a pu zo zet mai. Chu chhandamna chu a chian em avângin ka u Zoramliana zu in thin pawh keimah min chhandam ang taka chhandam turin ka dil thin a, ani pawh a chhandam tih hriatpuitu ka ni ta bawk a. Tin, kum 2008-2019 chhûnga ka fate zu in thin pawh, ka thiam tawkin ka hrihl, ka zilh, ka hau thin a. Mahse an lakah ka beidawng. Kum tam an sim theih nân Pathian ka au va, Pathian lakah pawh ka beidawng lek lek thin a, a chang pheih chuan thinurin Pathian ka chhal te ni hialin ka hre thin, ka va han zak thei lo tak em. Tu leh fate zu in ching nei chuan in hrethiam ang, thinlunga na vawng vawng a, ka rilru na leh beidawng

lutuk hi a chang chuan ka dil ang takin min chhang se ka duh dawn lo tih ka hriat thleng te hian Pathian hnênah ka tawngtai thin a nih chu! Ka va han raphlak êm! Pathianin min ngaidam mawlh teh se, ka dil ang taka min chhang lo te kha a zahngaihna ropui tak a lo ni. Mahse maw, amahin hun a tih takah chuan ka duhna chu min tihhlawhtlinsak Chiang ta êm êm tho si, Lalpa chu fakin awm rawh se. An zu in mai pawh a ni lo, zial zuk leh kuhva ei thlengin an bansan fai vek ta a ni. A mite an thil tihsual laka chhandam tura lo kal hian a chhandam zo ngei e.

Min va hliahkhuh hneh thin tak êm : 2005 Meitei Presbytery chuan a kum leh Presbytery Moderator turin min ruat ta tlat mai, ka thiam tawka ka tan ngial pawhin ka phatna min pawmpui duh si lo. Mi tawng tlem ka nih avângin tawng dang ka thiam thei lo êm êm mai a, Meitei tawng pawh hi, anmahniin duh tawka an han sawi hi chu ka hriat a tlem thei hle thin. Inkhâwmpui an ngai hlu a, rorêl an taima êm êm

bawka. Tawng thiam lo chung chung inkhâwmpui ka kaihhruai chuan an rilruah inkhâwmpui zahawmna leh hlutna ka titlahniam ang tih ka hlau êm êm a, Moderator-a ruat ni mah ila, inkhâwmpui a lo thlen hunah chuan Moderator nih loh ka duh fan a ni.

Thiam ang tawka inbuatsaih ve chung zêl chuan Pathian hnêna ka tawngtâinaah chuan, ‘inkhâwmpui a lo thlen dawn hnaiah thih hlauhawm lutuk lovin, damdawi in awm ngai siin damlo ila, damdawi ina ka awm hlanin mi dang fel zawkin inkhâwmpui chu lo hruai fel mai rawh se,’ tiin inthlahrung tak chungin ka dil thin a. Inkhâwmpui a hnai tual tual a, hritlan pawh ka hritlang ta si lo va, inkhâwmpuia ka kal ngei chu a ngai ta. Inkhâwmpui ka han kaihhruai ve ta chu Meitei unauten agenda hrang hrang an duh tawka an han sawi chuan an sawi awmzia chu ka man thiam ve ta vek mai a, buai hauh lovin Meitei tawng chuan ka khaikhawm ve ta zêl mai a. Chutianga ka tih theih

ka inrin loh lutuk avâng chuan keimah leh keimah pawh chu mak ka inti hial a ni. Mahse, a hnu zelah Meitei tawng chu ka thiam zui viau ta chu a ni chuang hauh si lo. Mosia hnêna “AWMA” ka ni titu kha tun thlengin kan hnêna Pathian awm, Emmanuela chu a lo ni ngei e. Thenkhatin ‘Pathian awm ka ring lo’ an ti a nih pawhin, “Kei kumkhuain, khawvêl tawp thleng pawhin, in hnênah ka awm zel ang” (Mat.28:20), a tih khan dawt a sawi lo a ni tih ka chiang hle mai.

Thlamuanna mak tak chu - Kum 2010, October thla khan Chhawrpial Presbytery hmanng tura kan kal hi ka khua a sik avângin Rawpuichhipah kan riak a, a tuka kan kal leh chu Dapchhuah pelhah lei minin min dan avângin kan kir leh ta a. Chuta ka khawsik chu a reh mai theih loh avangin Synod Hospitalah ka lut a. Ka mit (gall bladder)-a lungte awm an hmuchhuak a. Synod Secretary (Jr) ka nih avangin Synod inkhawmpui zawh, hun thawla zai turin min ti a.

2007-2009 velah khan TV Discovery Channel-ah mihring kawchhung zai ka en fo thin a, hmuh nawm ka ti viau naa, ka hlauh zawng tak a nih avângin ‘zai ngaiin awm ila chuan zai lova tuar ka thlang zawk ang’ ka ti rilru thin a. Zai ngai ka lo nih ve tak avângin Hospital-ah zai turin min admit ve ta a, ka luh dawna ka ngaihtuahnaah chuan ka hlauh em avângin zai lova chhuah leh dan ngaihtuah ila a tha ang tih rilru puin ka lut a ni. Pathian hnênah pawh ka dinhmun leh ka hlauhna te chu ka hrilh vek bawka. Mahse, a hun a lo thleng a, inzai kawr min haktir thleng chuan ka hlauhna kha ka han indap thin a, ka ngaihtuah chhuak zo tawh lo a ni ber. TV-a mihring kawchhung an zai lai ka en thin te kha ka mitthlain ka han chhui vel a, hlauh ka tum ngial pawhin ka hlauhna chu koh chhuah tur a awm tawh lo. Ka rilrua insawi thailin, ‘hnimhlum avâng pawhin i tho chhuak leh tawh lo maithei a ni’ te ka han inti thin a, mahse ka hlau chuang der si lo. “Pathian thlamuanna, rilru reng renga

hriat sen loh khan in thinlung leh in ngaihtuahnate chu Krista Isuaah chuan a vensak ang che u” (Phil.4:7), tih thu te hi thu tha satliah mai a ni lo va, a taka a lo thlen meuh chuan a Chiang êm êm a ni. Khawvêl pek anga tawngkam tha satliah mai ni lo, a taka a neitu dik takin mi a han pek meuh chuan thinlungin a ngaihtuah lawk thiam hauh loh khawpin a lo thleng mai a ni, Lalpa chu fakin awm rawh se.

Duhthusam ang takin maw
- 2015 January thla khan Damdep Bial thar hawnga Pastor Induction neihpui nghal turin kan kal a. Upa Sumzuama inah ka thleng a. Zing thawh veleha inthiar thin ka nih avângin tlaiah an inthiarna hmuh hmasak ka duh a. Thingtlang a ni bawka, an inthiarna chu an thenawm, Baptist Pastor Quarters kal pelh hnuah, kawng thlangah, buara bang zar hi a ni a; insilfai nan bottle-in tui an keng thin a ni.

Ka zan mut pah chuan a tuk zinga ka inthiarna tur chu ka ngaihtuaha, ka huphurh hle

mai a. Ril chak lo nei ka nih avângin inthiarah hian harsatna ka nei thin a; ka zo tawha inhriaa ka insilfai hnu te hian a thara rawn thawh that leh hi a nei thin a, ‘chutiang chuan lo awm leh ta ila, ka tui ken ka hmang zo tawh si anga engtin nge ka tih tak ang’ tih ngaihtuahin ka muhil mai thei ta lo. Chutih lai chuan, “In duhnate chu Pathian hnênah hriattirin awm zâwk rawh se” (Phil. 4:6) tih thu hi ka thinlungah a lo lang a. Pathian hnênah heti hian ka duhtusam ka thlen ta a ni. “Ka thlen in te inthiarna i hria a, daikal thua ka harsatna neih dan pawh min hriatpui a, naktuk zîng lo thleng tur hi ka huphurh hle a ni. Thenawmah hian Baptist Pastor Quarters a awm a, anni chuan in chhûngah, a pangngai an nei ngeiin ka ring a; mahse an inah pawh ka chuangkai hman ta si lo va; chuvângin, an ina daikal dil tur chuan ka ngam dawn lo. Naktuk zinga inthiar tura ka kal hunah Pastor nupui an gate bulah sawn lo awm se, an ina inthiar zawk turin min lo sawm se ka

duh a ni,” tiin ka thlen ta a. Chutia ka tawngtai zo chu, “engkim in tawngtaia in dil apiang chu hmu tawhah inngai ula, tichuan in hmu ang” (Mk. 11:24) tia Lal Isua sawi kha ka ngaihtuah a. Hmu tawh angah ka’n inngai dawn chhin thin a; mahse, hlauhthawnnain ka khat tel bawk si a, ka va buai tak em!

A tuk zing dar 5 velah chuan ka tho va, mahse inthiar tura ka kal mai dawn chuan an ina inthiar tura min lo sawmtu tur, Pastor nupui a lo la tho lovang tih ka hlauhthawn avângin darkar chanve vêl chu ka nghak leh a. Chutah bottle-a tui kengin inthiar tur chuan ka chhuak ta a. Ka beisei ruk ang ngeiin Pastor nupui ni awm tak chu gate bulah chuan tual phiat faia a lo awm a; a zawn ka va thlen chuan, “ka pu i inthiar dawn em ni?” min lo ti a. “Aw ni e” tia ka chhan zawh veleh chuan, “hawh lo kal rawh, kan inah lo inthiar zâwk rawh, Aizawl mi tân chuan an inthiarna anga inthiar chu a harsa dawn lutuk tih ka hria alawm” min han ti mai chu

“Halleluia” tih tak ka nap a ni, ka va han lawm tak êm! Pastor nupui zawng zawng hi khatiang taka fel leh bengvar vek kha ni sela ka va han duh tak em!

“In duhna te chu Pathian hnênah hriattirin awm zâwk rawh se” (Phil.4:6) tih thu hi thu mawi satliah a ni hau lo mai. Kan hriattirna, kan Pathian hian a duh phawt chuan kan duh ang takin min tihsak thei tih hi ka thinlung hian a va chian phah leh zual êm! Keini chhûngkua hi mi ropui leh thiltithe kan awm lo bawka, harsat manganna kan neih apianga kan thlenna chu amah Pathian hnênah chuan a ni a, a tihsakna kan va chang hnem tawh tak êm! chu chu a ni sawi ka chak êm êm reng thin chu. Duhsakin, “I lam hawi, nang ngaitu, i hawisan ngai lo va; i hmuhtir thin, I tihsak an sawi thin” tih lai a han sak te hian ka thinlungah an lo lang uai uai thin a ni.

Mechanic hna pawh chunglamin an lo thiam zawk - 2019 kum kha Synod

inkhawmpuiin Electric Veng Biala awm tura min ruat angin kan va awm ve a, Kohhranho kan chung a an thatna chu theihnghilh rual a ni tawh lo ang bawkin Pathianin thil mak min tihsak pawh sawi loh theih loh kan nei leh ta a ni. Automatic Washing Machine kan nei ve a, chu chuan khawsak a ti awlsam phah hle mai a, mahse chu kan Washing Machine chu a chhia a, rei lo te a nuai a, a tawp zêl mai a. Washing Machine siam thiam Mechanic kan ko va, ani chuan a thiata a han en vel a, “a part thlak a ngai, cheng 7,000/- a ngai ang” a ti a. “Chuti a nih chuan a pangngai ang khan min dahsak leh mai rawh, pawisa kan nei rih lo ve” kan ti a. Rei vak lo khawlin a nuai a a tawpsan hnuah kan awmpui nulain a phawrh chhuak a, a suk chhunzawm thin a.

October thlaah kan awmpui nula chu phai lama inhlawh turin a pain a rawn hruai chhuak leh ta a. Kan nu khup na pawh a lo ziaawm deuh tawh a, eirawngbawl vel chu a tithe tawh bawka,

awmpui dang zawn chu t̄ul kan ti ta lo. Mahse insuk chu kan rilru kaptu ber a ni, hmeichhe awmchhun, khupruh thlak a nih vangin insu turin a thu hniam thei si lo va, insuk chu ka mawhphurhnaah a tlak a ngai dawn ta a ni. Kan puan suk khawl chhiat thu leh insuk chungchang chu kan rilru tibuaite a nih thu Pathian hnênah ka thlen a, khawl thar emaw, a leina tur pawisa emaw pawh chu dil nachang ka hre chuang lo, ka zualkona neihchhun a nih avangin a hnênah ka zualko ni maiin ka inhria a.

Tuk khat chu kan insuk tur khawl khawm chu a lo thahnem ve ta deuh a, kan nu chuan puan suk khawlah chuan thunin a han suktir ve leh ta a. Chumi tuka thil mak deuh mai chu kan puan suk khawl chuan a spin thlengin min final-sak leh ta thak thak mai a nih chu. A ngaihna kan va hre lo em! ‘Zana kan mut hlanin Vantirhkohten min lo siamsak a ni ngei ang’ te kan ti a, kan va lawm tehlu êm. Lawm avânga mittui tla chung

Pathian hnênah lawmthu sawi chu puan suk aia ka tih tur chu a lo ni ta. Miten Pathian a awm lo ti th̄in mahse keini zawng Emmanuel hi kan hnênah Pathian awm chu a ni kan ti fan ang.

Tihdam theih loh a nei lo - 2022 September thla khan kan nupain Trinity Hospital-ah check-up kan nei a. Kan nu thisen exam result Doctor Cromwell-an a’n en chuan, “E khai, SLE i niin a lang tlat mai, 2 emaw 3 emaw tal ni se tih dan a la awm ang a, mahse 4 a ni tawh tlat mai,” a ti a. SLE symptom a sawite chu a nei deuh vek baw si a. “Mahse, i thisen hi phaiah kan thawn anga, chumi result chu nghak leh pawt ila,” a ti a.

Chumi ni chuan SLE hawnin kan hawng a ni ber mai. Kan mawl deuh vang nge ni mangan nachang erawh kan hre vak lo va, tihdam theih tawh loh tur a nih chu kan hria a, SLE nei kan hriat thenkhat phaia inenkawla an kal ngunzia te chu kan hria a ni. Belh tur dang kan neih loh avângin Pathian hnênah kan thiam ang

tawk tawkin kan dinhmun chu kan hrilh a, mi rethei kan nih avângin phai lama inenkawl thei kan ni dawn si lo, chuvângin Aizawla kan inenkawl theih nân min pui turin kan dil a ni ber.

Tuk khat chu Aizawl Venglai Upa Dr. C.Lalrawna nupui, Pi Zami a thih avângin zîngah ka phei a. Kalkawnga kan kal laia motor chhunga ka rilrua ka ṭawngṭai mawlh mawlh lai chuan 'Ibiak Pathian hi ruh ro awm khawm mai mai pawh sipai rual ropui taka chantir theitu kha a nia' tia min hrilhthu awm tlata hriatna hi ka nei a. 'A ni tak e, kan nu SLE pawh SLE ni lo turin a ti thei tih ka hria e' tiin SLE lo turin ka han dil thar leh a nih chu.

Tichuan, Oct. ni 27 chhunah Trinity Hospital-ah kan nu result Doctor hmuhtir tur chuan kan kal leh ta a, chumi ṭum chuan kan chhungin kan kal nghe nghe a. Doctor room-ah kan nu leh kan fapa Samuela an va lut a, an lo chhuah chuan, "SLE a ni lo ve" an rawn ti ta a nih chu, a va mak em Lalpa hmangaihna hi!

Ṭawngṭaina chhangtu Pathian, kan hnêna Pathian awm chu a va ni Chiang em! Tichuan, zawi zawiin SLE symtom a neihte pawh chu a dam chho ve ta zêl chu a nih hi. Khawvêl thiamna chuan chintawk nei mahse Pathian tân erawh zawng tih theih loh a awm lo a nih hi.

Tlakchhamna lakah pawh min veng - 2022 vek, November thla khan, a ni tak ka lo chhinchhiah ta lo va, ka chhûngte chuan, "kan tuizem a ruak ṭep, kual khat chauh a awm tawh, tui a harsa maithei an ti lehngal a" an ti a. Chhûng inkhâwmah te chuan ṭawngṭainaah kan dil tel a. Zan mut dawnah pawh chuan, "Lalpa, tui kan tlachham ṭep a ni, tu ma ṭanpuina han dil tur lah kan hre si lo, i hnênah kan lo thlen leh mai a ni," tiin kan ṭawngṭai leh a.

A tuk zinga kan awmpuiin kan tuizem chu awm a la awm leh awm loh a han en chuan, "kan tuizem a khat ṭep, kual khatin a khat lo" a rawn ti ta mai! Kan fapa upa zawk chuan, "nizan khan tui haw ri

ni awm tak ka hre reng a ni,” arawn ti a. Thenawm tu mahin zana tui a haw thu sawi lah chu an awm ve bawk si lo va, chumi zan kher khera tui a lo haw chu keini chhângkua chuan chung lam hnathawh a ni tih hi kan pawm dan zuk ni tlat a. Tui semtuin zanlaiah tui a lo sem reng pawh chu a ni mahna. Israel fate thlalera ril̄tam leh sa chaka an awm lai a, an riah hmuna vahmim lo tla chiam thin kha, mi thiam thenkhatin, “Vahmim hi sava pem chi a ni a, boruaka rei tak an thlawk, thla kham lutuk chu Israel fate riah buk velah khan an lo tla khawm a ni ang” an ti a nih pawhin kei chuan chu hril̄fhiahna chuan Pathian thu a tidalah ka ngai hauh lo mai. Ni e, a mite mangangin an

mamawh lai taka an ei atân, an buk bula tla khawm turin engkim chung thuneitu chuan thu a pe thei reng a ni. Zanlaia tui sem turin department hotuten thu pe lo mahse chung lama miin sem tura a tih chuan tu nge sem lo thei ang. A taka lo dawngtu tan chuan thil naran anga pawm mai theih a ni lo, chung lam hnathawh ngei a ni tlat.

“Kei kumkhuain, khawvêl tawp thleng pawhin in hnênah ka awm zêl ang(Mat.28:20) titu kha, Emmanuela, kan hnêna Pathian awm(Mat.1:23) ngei kha a ni e. Ani chuan i tan thil tihsak che a nei a nih chuan sawi rawh, sawi zel rawh; min tihsak thin hi a lawmawm em avâng hian sawi loh theih pawh a nih loh hi.



Thlarau hnathawh in̄anna chu mi Pathian hnena a in̄pumpeknaah hian a ni. Chu chu thu sawm pek pakhatna nen khan a inzawm a ni.

- William Jennings Bryant

Article**DARLAWNAH LALPA THIL TIH MAK A THLENG**

-Lalvulliani,

Bial Secretary,

Darlawn Pastor Bial Kohhran Hmeichhia

Ni 10-13 March, 2023-ah Darlawna-ah Mizoram Presbyterian Kohhran Hmeichhe Inkhawmpui Lian vawi 50-na kan hmanng zo chauh a ni a. Palai kalte chuan Darlawn khua kan dinhmun te min hmu a, kan khaw len lohzia te, a mi chengte tam lohzia leh kan khawsak engkim minrawn hmu a. Hetiang dinhmun kan ni chung a mualpho lutuk lova Inkhawmpui kan han hmanng zo ve ta mai hi a ropui kan ti a, fakna aw ka tinreng nêh, kan phu lo kan ti tak zet a, Lalpa thil tih mak a lo thleng a ni tih hi a chiang êm êm a ni.

Nikum lamah hripui avângin he Inkhawmpui hi kan hmanng thei dawn nge dawn lo tiin inbuatsaih hlei thei lovin kan awm a. Kan hmabâk a ko si, kan beisei angin sum lam hmuh theihna tura ruahmanna kan siam kan hmu thei lo va, vawkpul hri-in min nuai leh a, ngaihtuahna a buai a. Heng kan manganna hian Lalpa au lo thei lo dinhmunah min dahin Lalpa a chettir a. Lalpa hriatpui Inkhawmpui a nih miau avângin, Thlarau mi tak takte lo fuan khâwm tûr chu Lalpa'n a lo hria a, kan ngaihtuah phak bakin Lalpa a che a, lawm thu sawi

mawlh mawlh tûr hmanraw hrang hrang hmangin Lalpa'n min pe ta mawlh mawlh mai a ni. A mak tih mai loh chu sawi tûr kan hre lo a ni.

Ram rorêltute lamah ni se, kan beidawn tawh hnuah khaw chhûng kawng siam te, chei fai leh khawtlâng inhlawhna thlengin a hun takah, tlai ngai lo Pathian a nihna lo langin, hmanraw hrang hrangrawn hmangin Inkhawmpui dâwn nia zawh fel hman a ni ta vek mai te kha. Tui lam enkawltu, P.H.E lam lahin tui hna hetiang hunah, khatiang a ruahsur lo reiah, a zatve vêla tui hna a tlem thin laiin, Inkhawmpui

lai khan tui hna duh tawp pump
tur an nei kha mak an ti a ni.
Lalpa'n tui hna thlengin a mite
lo pungkhawmte chawmna turin
a lo tipung a, Lalpa thil tih mak
lo thlenna a va ni chiang tak êm!

Inkhâwmpui a lo thleng a,
palai tam ber tum niin, ina leng
lo, school leh Biak In-ah te
riakin, a nuam dawn lo a ni tih
hriat rengah pawh Palaiten
nuam an tih thu te, Darlawn
mipuite min fakna thu te kan
dawng mawlh mawlh mai hi
Lalpa thil tih mak a thleng tih
loh rual a ni lo! Palaite rilru
zawng zawngah Lalpa'n a
Thlarau Thianghlim a chêtir a,
engkim maiah Lalpa
hliakhkhuha kan chang vêk mai
kha a va ropui êm!

Inkhâwmpui ropui tak mai,
Lalpa hriatpui Inkhâwmpui kan
thleng a, Lalpa mi hriat Thlarau
mi tak takte lo fuan khâwm kha
a thlengtu khua tân hian a lo va
hlu êm! Inkhâwmpui Lian thlen
hi a lo va hlawk êm!
Malsawmna tam tak min

hnutchhiah a ni, Inkhâwmpui
Lian hi a hautak tia sawiseltu tam
tak awm mahse, sum tam tak
luan ralna ni mahse, Thlarau
lamah Palai kalte leh a thlengtute
tân malsawmna ropui tak a lo ni
a, Lalpa thil tih mak a thlenna
hmun a lo ni reng mai hi a mak
a, a ropui tak zet a ni.

Ka rilruah thu lo thleng chu
Chungnungbera thiltihtheihna-in
min hliakhkhuh tih hi a ni. Kan
manganna, keimahniah tih theih
kan nei lo a ni tih kan hriatna
chuan Lalpa a chettir a, Lalpa
thiltihtheihnain engkimah min
hliakhkhuh ta vêk mai a ni. A va
ropui êm!

Hawh u, nu hote hian kan
Inkhâwmpui thupui ang khan
Lalpa nêna leng dunin, kan pasal
fanaute tân hian kan tih theih a
tlem si, Lalpa nêna lo chuan eng
mah nungin kan ti thei lo a ni tih
hriain Chungnungbera
thiltihtheihnaa hliakhkhuh ni turin
Lalpa i au ang u. Lalpa nêna
lengdun nun nei turin tan i la sauh
sauh ang u.

Article**KOHRAN HMEICHHE INKHÂWMPUI LIAN
VAWI 50-NA THLIRLÊTNA**

- Upa L. Ramthanga, Mission Vengthlang

Kohhran Hmeichhiate hi an taima-in an bengvâr a, an bial an fang hnehin an ngaihsak tha hle a. Rawngbâwlina pawh an ngai pawimawhin, “An inpêkna rawngbawltu dangten kan tluk lo,” kan tih thin kha tûnah pawh an la ni reng a. Kohhran rawngbâwlina pawimawh tak; damlo tam takten an dampui leh thlamuanpui, zing tawngtai rawngbâwlina chhawm nungtu an ni te hi an lo va hlu êm! Chu mai a la ni lo, inkhâwmpui palai - Synod, Presbytery, Bial leh anmahni pual bik inkhâwmpuiah an titakin an rinawm a, zelthelin an chhuak an chhuak ve ngai lo. Pa hote leh thalaiten kan entawn thin an la ni reng.

Chutih mêk laiin, TV lama Inkhâwmpui Lian Vawi 50-na lo thlir hian Kohhran Hmeichhia-te chu inkhâwm laia Bible leh hla bu keu tûra inzirtir ngai lo tûra ka lo beisei laiin, kum 2019 Synod Vawi 96-na General 34-nain a lo pass tâk hi Pastor/Minister leh Upate hian kan kohhranho zingah kan lo sawi vek loh tâkin, duhsaka inhrilh bengvâr pahin han tar lang ila.

2019 Synod Inkhawmpui Vawi 96-na General 34-naah chuan hetiang hian pass a ni :

Pathian Biak Inkhâwmah Bible leh Hla bu ken uar inzirtir thar rawtna chu Pastoral Ministry kaihhruaina 2016 IV:E:3 (1) & (7) ang hian pass a ni, hetiangin –

(1) Inkhawmah Bible leh Hlabu ken thin ni se .

(2) Mobile phone leh Electronics gadget etc.. ah Bible emaw Kristian Hla bu emaw kan dah a nih pawhin Pathian Biak Inkhâwmah chuan hman loh ni se tih te hi uar zawka inzirtir ni se kan ti.

He thu pass tâk hi Synod Secretary hmingin ram chhung leh ram pâwna kan kohhran mite thawn vek kan ni a. Synod hming meuha thu thawn chhuah hi Kohhran rawngbâwltu leh mipuiten kan ngaih pawimawh a ṭha hle âwm e.

Bible leh Hla bu keng uar tûra inzirtirin a tum ber sawi zaunaah chuan Biak Ina Ṭantu leh Thuhriltuten Bible an chhiar dâwna bung leh châng an sawi te lo keu ve ngei hi a tum tak chu a ni a. Bible chhiartuten mipui keu hman tûra hmanhmawh lutuk lova mipui ngaihchân deuh te, hla sak laiin kan lâm emaw kut kan bêng emaw a nih loh chuan hla bu lo keu ve ngei hi a mawi a, i uar deuh deuh ang u.

Biak Ina Bible keu ngai miah lo ni ta ila, chanvo chan a khât hle a, kan chan chhunah chauh Bible kan keu chuan kum khat chhungin Biak Inah Bible kan keu khât hle dâwn tihna a lo ni. Kan rawngbâwl dân leh kan chet vêl dân min lo zira min lo entawn ṭhîn ṭhangtharte hian kan

rawngbâwltu, kan rual u-ten Biak Inah Bible leh Hla bu an keu ngai lo ṭiin min la sawi mai ang em? Ṭhangtharte tân chhawmzui tlâk ṭhîl ṭha kan hnutchhiah nge chhawm zui tlâk loh hnutchhiah kan nei palh mai ang em? Tin, tûnlai kan kohhran (Presbyterian) bîkah hian Bible chhiar zawhah leh thuhriltu thu sawi tâwpa ‘Amen’ lo tih turah hian kan tâwm a zawi sâwt ta hle a, ‘Amen’ lo pêkna tûrah tûn aia ring hian i lo ‘Amen’ ṭhîn ang u.

Biak Inah Pathian thu nung Bible leh Hla bu a hun takah keu ṭhîn la, thu ṭha tak tak chhinchhiah tûr chharin Thlarau malsawmna i dawng ṭhîn ang a. Ringtute ṭhîl ṭha tihhmuhtu i lo ni dâwn nia.

Synod Inkhâwmpui meuhin a ngaih pawimawh a pass ni si hi, Central hruaitute leh khâwmpui palai nalh tak takte khân wawi khat mah Bible keu lovin inkhâwmpui chhûng khân kan tlingtla palh em? Presbyterian Kohhran member-te hian Pathian thu nung kan ṭawng ngeia chhiar

tûr kan neih hi tûn ai hian
thangtharte entawn atân biak
Inah Bible keu kan hlut thiam
deuh deuh a va ngai êm!

Pathian Faka Zai leh Lam :

Miin Pathian malsawmna a
dawn zozai-te a chhût a, a
chhiar sêng lo. “Lalpa tâna ka
tih ve theih chu amah faka zai
leh lâm hi a ni,” titute Thlarau
Thianghlimin a pâwl thîn a.
Chûng mite chu Lal Isua zahpui
lovin amah chawimawiin hlim
takin an lâm thei thîn. Darlawn
Biala zai hruaitu leh hla hriltute
an tha bawk a, zai leh lâm a
nuam hle an ti. Mahni duh ang
taka nalha inchei, mawi leh
nalh lam pawh ngaihtuah zui
chuang lo, thawmhnaw thar leh
sam thar neih pawh hriat hran
theih tawh chuang lo a, Pathian
faka theihtawpa lâm han hmuh
kha a va khamawm loh thîn
êm! Hlim taka lâma ‘*A then
pawh kan hre thei lo he lui
kam aţang hian*’ tia lâm zo
chiahten mahni thutna an hre
lo/hai te kha chu a âwm ve
tho. Kan Pathian hian amah
zahpui lova chawimawitute
hi a hre reng a, mal a
sawmin a chawimawi lêt ve
ngei ngei thîn.

Zaipawl : Nulât laia
Kohhran/Bial Zaipawl-a
soprano/contralto lo sa fe
tawh tih an aw pek dânah a
hriat. Conductor-te an zein an
vai nalh hle. Mipui leh TV lama
lo thlirtute tâna ngaihnawm leh
lung tilêng, hla nung an thlang
thiam. Ngaihtlak a manhlain
a khamawm loh hle. Zaipawl
form pawh sakhuana nêan a
inhmeh tâwkin, hmuh an
nuamin an nalh hle.

Incheina : UT kan nih hnu
deuh khân Kohhran Hmeichhe
Inkhawmpui kha,
“Rangkachak thi leh bengbeh
an uar mah mah,” tia sawitu an
awm thîn a. Tûnah chuan
khatianga inchei an awm ta
meuh lo. Kawr thar, puan thar,
sam thar, pheikhawk thar,
kawr leh bag inmil inkhawmpui
puala an rawn nei hi an phu hle.
Hlawh kham tih hriat tak, nalh
inti, inring tâwk taka bag
zipper pali awm (sahdah,
tuibûr leh kuhva tel lo) khaia
cowboy sakawr ang maia an
han kal ri khauh khauh mai hi
chu an ngaiha a that hmêl thîn.
Mipate chu kan suit thuitu
Pakhangba Meitei te, Bengali
tlangvâlte a ni daih. Kan

hmeichhiate hi an mit a fingin an lo va themthiam êm! Anmahni kutchhuak ngata an inchei hi hnam dang zinga uar leh chhuang taka sawi chhuah tlâk a va ni em! Pi Sonia Gandhi khân, “Ka incheina zawng zawng ka chhût lêtin, Mizo puanchei ka bih khân nalh ka la inti ber,” tiin zu sawi hial a!

Speaker : Rev. V.L. Luaia Hranleh (Speaker), a inbuatsaihna a tha hle a, hun pawh a hmang thiam a, Pathian nen an lêng dûnin a inserh nasa tih a hriat. Ram a veiin siam that duh mi a ni tih a lang. Kha pulpit kha Political Education campaign nan platform tha tak a va ni êm! Nu pakhat chu a inkhâwmpui haw veleh, “Tui a haw tha em? Pangpar tui in pe tha em? Robina’n chaw a ei tawh em?” a ti thur thur thîn an ti. Tun tum chu a thlen veleh, “Tûn inkhâwmpui zet chu Speaker thu sawiin min hneh ngei mai, inhlanna a siam hma te khân Thlarau Thianghlimin min khawih a, ka mur sung sung mai. Pathian nêna lêng dûn tûrin ka inhlân,” tiin hlim

taka report pêk pahin dam thluamin, “Pa-a i damdawi te kha a hun takah i lo ei em?” a ti an ti.

Mi sang tel tih tak zeta Pathian nêna lengdun tura inhlân thar lai han hmuh kha a va ropui tak êm.

Kohhran Pâwl dang ațanga Palai kal : Chibai bûkna sawituten hun an hmang tâwk thiam hle.

Buhfaitham : Rawngbawltu thenkhatte pawhin Kohhran Hmeichhe suma lût emaw an lo ti a, Buhfaitham hi hah takin an khawn a, khu rum rum kârah kâwng na thumin phûr takin an hralh a. Bial Buhfaitham Ziaktuten lo khaikhawmin kg zât thlengin an chhut chhuak a, an hahpui hle thîn. Chutih laiin, a hlâwkna leh a hming thatna Bial leh Synod-in an têt a, kum 2021 ațanga 2022 Synod Report-a a lan dânin ‘ 15,90,87,664/- (chêng nuai sângkhat zanga sawmkua sîngriat sângsarih zaruk sawmruk pali lai) Kohhran Hmeichhiaten an theh lut a. Synod hnuaia rawngbâwlina

ṭangkai tak a la ni reng. A hlâwkna Kohhran Hmeichhia-ten têt lo mah se heti taka buaipuitute hian ram pum huap Bial kaltlanga Synod-a an chhun luh zât talte hi chu Inkhawmpui Lianah hian report ve âwm te ka lo ti ve ṭhîn.

Secretary/thlengtu thu puan : Inkhâwmpui Lianah hian ṭum khat inkhâwmah pawh tih tûr (programme) a tam avang hian programme sheet kan kawl ṭheuh bawk a, kan hmabak chiah puan a tâwk viau. Tui in tûr leh inthiarna hmun phei chu kan mamawh hun hunah usher-ten min kawhmmuh a, puan a ngai lêm lo. A tâwp zânah hian lâwm thu sawina leh thupha chawina tawi têa sawi hi palai rei tak ṭhu tawhten an lâwm phian zêl. Thluaithlum thui lutuk hi a ṭûl ber em aw.

Bible Study : Pi Januari'n a chanvo Pathian hnênah a hlân nasa tih a hriat. A inbuatsaihna a ngaihnawm hle, nung a awm a; mahse, palai zingah an thu zir Bible (Nehemia) keu miah lova tling tla ta kan awm mai ang em?

Dr. Lalthansangi Fanai :

A thluak ṭhat dân leh a report huam chin a thui hle chung a en lova sawiin hun a hman rei lo kha a ngaihsânawmin, khatiang Mizo-nu kan nei kha a va chhuanawm êm! A ei leh in ang kha eiin in ve ta îla eng nge kan an ang aw.

Mi sâng têt mahni duh ang tâwk ṭheuha nalha inchei, rawng chi hrang hranga inthuam han hmuh kha a lo va mawi dangdai êm! In incheina a mawi ang bawh hian Lal Isua ze mawi lo nunpui zêl tûrin duhsakna ka hlan a che u.



Hriselna Huang

NU TÂN KA CHHÔNG HRISELNA

- Dr. Lalchhuanawma Tochhawng

Ka chhông hrisêlna hi mi zawng zawng tân a pawimawh ngei mai a; nu, nau pai lai tana a pawimawhna erawh chu a dang hle; amah bakah a pum chhônga awm mêk nausen tân a pawimawh tel tlat a; mawhphurhna thua hnhin a tuam a ni ber.

Nau pai lai hian ka chhông lam harsatna a awm duh hle a; a hmaa ha nget nei lote pawh an ha a lo nget thar thei a; an hahni pawhin harsatna hrang hrang a tawng thei.

Nau pai lai hian taksaa hormone awm dan a lo danglam a. Hahni puam te, hahni vung te, ha nghing te a awm duh hle a; hahni a thi hma hle bawk.

Ha nawh inthlahdahna:
A chung a kan sawi angin nau pai lai hian hahni a thi sam bik chaw k a. Han nawh hleka thi mai te pawh a awm. Hei hian ha nawh hrehna a siam a; chu chuan ka chhông hrisêlna a tihnam leh chhawng thin a ni.

Luak: Nau pai hian luak a lo chhuak a, an luak vak vak fo reng a ni. Chu chuan pumpuia thur awm khan ha a chiah a. Enamel a chhe sam sawt thin.

Chil a tlem: Chil a tlem chuan amaha ka chhông intleuh fai tur a chak lo sawt tihna a ni. A intleuh fai that loh chuan mita hmuh tham loh natna hrik leh bawlhhlawh a lo tling khawm thua thin.

Nu tam tak chuan nau an pai laiin ei leh in an rawp a; ha leh a chhông tâna tha lem lo thlum lam pawh an ei tam a. A tihfai lam an hlamchhiah leh si thin.

Nau pai avângin chet vel a har a; ha daktawr hnêna inentir remchang lova hriatna a awm baw k thin. Chu bakah an nau pai lai khan an rilru a luah ber a; ha entir hi pawimawh rih lovah an ngai fo baw k a ni.

Kan sawi lan loh pawh a awm nual awm e. Nau pai lai mai ni lo, nau pai hma aţangin ka chh  ng leh ha te hi fai taka lo enkawl lawk t  r a ni a. Chu chu nu leh naute t  n a pawimawh   m   m a ni.

Ka chh  ng natna chi khat (Periodontal disease) hian nu pum chh  nga nausen insiam m  k a nghawng phak niin a lang. Nau piang zang lutuk te, thla kim lova nau piang te hi ka chh  ng natna nei z  ngah an tam tih hriat a ni a. Heng thilte hi eng anga inzawm nge an nih chiah hi zir chianna an neiha an result-te hi inang thlap an ni lo naa inven lawk mai hi a   a ber a ni.

Tih tur leh tih loh tur

Check-up: Nau pai lai hian ha leh ka chh  ng enkawl  na (Dental treatment) hi a thuphung chuan a tih theih vek a. Mahse, nau pai t  r thla thum chh  ng(1st Trimester) leh nau hrin hma thla thum chhung(3rd Trimester) hian ha phawi leh a dangte hi tih loh hram a   a a. Nau pai tih inhriat veleh check-up nei   vat a, hemi hun chh  nga harsatna awm thei tur laka inven lawk mai a   a.

Nau pai tih inhriat veleh inentir vat a nih chuan nau pai a  anga thla lina leh thla rukna huam(2nd trimester) chh  nga Dental treatment tih theih turin a inruahman theih dawn a ni. (2ndTrimester hi dental treatment tihna hun   a ber a ni).

Ei leh in: Chaw   a inbuk tawk ngaihtuah tur a ni. Thlum ei vak vak loh tur a ni a. Company siam chhuah hmawmsawm ei lo va, khawl hmanga sawngbawl loh thei rah leh thlai ei tam tur a ni. Kan chaw eiah calcium, Vitamin, minerals leh a dangte kan mamawh ang a awm ngei tur tihna a ni. Chaw   a inbuk tawk hi a zir mi lo t  n hriat thiam a harsa viau a. Mi thiam   henkhat sawi dan ang chuan, rawng chi hrang hrang inpawlha ei hian kan taksa mamawh a kim sam tih a ni. Hetiang deuh hian –

A eng chi (dailuah, mai tai, artui chh  ngmu etc).

A hring (an  am, maian,   awkt   etc).

A duk (bawkbawn etc).

A vâ (bawnghnute, sangha, artui da etc)

A sen (tomato, carrot etc)

Chutiang zêlin rawng dang zêl pawh inpawlh tawk ei kim ila, a tlangpuiin kan mamawh a kim awlsam deuh nge nge a ni.

Nu pum chhûnga naute a la awm lai hian an ha a insiam tan daih tawh a; chuvângin nuin eng nge a ei tih hi naute tân a pawimawh êm êm tawh a ni.

Luak: Luak hian kan pumpuia thurin kan ha a chiaha, enamel a chhe hma kan tih tawh kha. Pumpui thurin ha a chiaha chhe tur venna atâna tih theih awlsam takte chu:

Pum damdawi atâna kan hman *antacid* hian kam thuah a tha hle a.

Antacid kher lo pawh kam thuahna dang *fluoride* telna te a tha a.

Tuisik no khata baking soda thirfiante khat pawlh in kam thuah a tha hle bawh.

Ha nawh: Ni tin vawh hnih, zan mut dawnah leh zing thawh hlimah ha nawh ziah tur a ni. Chaw ei khamah fai taka kam thuah a, a theih chuan tui lum chi al nena nuai fai nghal a tha.

Puitling chin chuan ha leh ka chhûng hi kum khatah vawh khat tal entir ngei ngei tur a ni a; nau pai lai tân chuan 1st trimester leh 2nd trimester-ah te hian vawh khat tal dental check-up neih a tha.

Ha leh ka chhûng hriselna hi nu tân chauh a ni lo va, pum chhûnga nausen insiam mêk tân a pawimawh tel tih hriain ngaihthah hauh loh tûr a ni.



MIZORAM PRESBYTERIAN KOHHRAN HMEICHHE INKHAWMPUI LIAN VAWI 50-NA REPORT

- H.Lalfakmawii,
General Secretary

Mizoram Presbyterian Kohhran Hmeichhe Inkhawmpui Lian vawi 50-na chu March 10-12, 2023 chhûngin GSA Playground, Darlawnah neih a ni a. Thupui chu ‘Pathian nêna lên dun’ (Mika 6:8) a ni a, speaker hi Rev. V.L.Luaia Hranleh, Executive Secretary, i/c Kohhran Hmeichhia a ni.

Rorêl hlânin Pandal-ah inkhawm neih a ni a, he hunah hian Nehemia Bu zirho a ni a. Pi C. Januari B.D, Ramhlun South-in min zirtir. Darlawn Kohhran Biak Inah Rorêl Inkhawm neih a niin rorêl palai 894 kan ni.

1. THURELTE:

1) Synod Hospital Durtlang leh John William’s Hospital tâna inkhâwm thawhlawm lak khawm.

2) Zirtir tura hmalakna tûr–

i. *Nula, tlangval leh tleirâwlte enkawlna kawnga ram pum huapa inzirtirna neih.*

ii. *Ruihhlo leh mipat hmeichhiatna hman sualna lâka kan tu leh fate an fihlim theih nân ram pum huapa hma lâk.*

iii. *Social media-a mawi lo taka hmeichhiate (kan tu leh fate) inlan thin lo tûra zirtir.*

3) Inzirtir tur –

i. *Ram pum huap Faina chungchangah inzirtîrna*

ii. *Ram pum huapin hmeichhiaten puan bih uar tûra inzirtîr*

iii. *Ram pum huapin Pathian Biak inkhâwm uar tûra inzirtîr*

4) Tawngtai chungchâng–

i. *Fa nei thei loten fa an neih theih nân tih thla thar tawngtai thupuiyah telh*

ii. *Natna khirh bik tuarte
pualin Ram pum huapa
ṭawngtai hun hman*

iii. *Kum 2023 MLA General
Election lo awm tûr atân
chaw nghei ṭawngtai
Kohhran Hmeichhiaten
ram pum huapa neih.*

iv. *Ram tâna awmni khama
ṭawngtai neih*

v. *Ram pum huapa ram tâna
ṭawngtairualna Aizawlah
neih ni se, zokhaw lamah
an remchan anga neih.*

Bial aṭanga lût, floor thleng
lova hrilhfhah agenda 38 a awm
bawk.

2. HRUAITU THLAN:

Rorêl Inkhawmah hian kum
2023-2025 chhûnga Central
Kohhran Hmeichhe hruaitu
thlanna neih a ni a, hêng mite hi
thlan an ni -

Chairman:

Pi Zothanpari (SEC thlan)

Vice Chairman:

Dr. Lalthansangi Fanai,
Bungkaw Bial

General Secretary:

Pi H. Lalfakmawii (SEC ruat)

Asst. Secretary:

Pi Lalmuanzuali,
Zemabawk Bial

Treasurer:

Pi Zothansiami,
Mission Veng Bial

Finance Secretary:

Pi R. Lalrempuii,
Vaivakawn Bial

3. BUDGET: Kum 2023-
2024 Inkhawmpui Lian Budget
hetiangin pawm a ni -

1. Central Budget : ₹16,00,000

2. Women Centre : ₹24,00,000

Total : ₹40,00,000

4. INKHAWMPUI LIAN LEH ROREL INKHAWM NEIHNA TUR:

1) Kum 2024 Rorêl Inkhawm
Ahmun : Dawrpui Kohhran
Ahun : March 8-10, 2024

2) Kum 2025 Inkhawmpui Lian
Ahmun : Thenzawl
Ahun : March 7-9, 2025

3) Kum 2026 Rorêl Inkhawm
Ahmun : Champhai Vengthlang
Ahun : March 6-8, 2026

4) Kum 2027 Inkhawmpui Lian
Ahmun : N. Vanlaiphai
Ahun : March 12-14, 2027

5. R E P O R T KHAIKHAWMNA:

Ram pum Huapa Kohhran Hmeichhe Inchhiarna hetiang hi a ni -

◆ Bial leh Kohhran mal zawmtu - 216

◆ Kohhran leh Branch Church zât - 976

◆ Chhûngkua zawng zawng zât - 1,17,725

◆ Ni tin chhûng inkhawm nei zât - 81,030 (68.83%)

◆ Buhfaitham tham ziah zât - 116012

◆ Kohhran Hmeichhe member zât - 1,92,490

6. I N K H A W M CHUNGCHANG:

Inkhâwmpui chhûng hian Pathian Biak Inkhâwm tum ruk neih a ni a, thu leh hlaa inpawlhona tum hnih a awm baw. Thupui hi speaker Rev. V.L.Luaia Hranlehin tum hnih a sawi. Synod Moderator Rev. Dr.C.Chawngghmingliana, Pi Vanlalhruii, Vice Chairman leh Pathianni zanah Chairman kal chhuak Pi Sailuti ten thu an sawi

baw. Pastor Bial 17 atangin zaipawl tum 17 kan ngaithla a, Synod Choir te tum thum an zai bakah Pathianni zan inkhawmah Synod Choir te kaihhruainain inkhâwm zawng zawngin Inkhâwmpui Lian wawi 50-na pualin 'Halleluiahs Chorus' kan rem a, a ropui hle. Synod Choir leh Pastor Bial kohhran hmeichhe zaipawl zaite zai a mawi em em vek a, ngaihlak a manhla hle a ni. Chawhma Pathian Biak Inkhâwmah Kristian Chhûngkaw dinmun tehna 'No mawi' N.E. Khawdungsei Bial leh Phainuam Bialte hnênah Upa B.Lalhmunliana, Secretary, Mizoram Synod-in a hlan.

7. I N K H A W M P U I KAIHHNAWIH:

Kum 2023 Inkhawmpui hi Palai riak lut tam ber tum a ni a, palai riak lut in-report zat 10077 lai kan ni a; Inkhawmpui Lian kal nân hian lirthei 823 hman a ni. A thlengtu Darlawn leh Darlawn Venghlun Pastor Bial ten Organising Committee hnuaiah Sub-Committee peng 12 dinin Inkhâwmpui thlen nâna

senso zawng zawng hi 73,23,640.00 a ni a. Pandal sak hnatlang tum 38 neiin tha 3046 sengin hneh takin Inkhâwmpui hi min thleng a ni. Inkhâwm boruak a nuamin chanvo neituten an chanvo tha takin an hlen vek thei a. Inkhâwm zat pawh kan thahnem thei khawp mai. Hetiang hi inkhâwm zat chhinchhiah dan a ni - Zirtawp zana - 6,252, Inrinni zana - 9,654 leh Pathianni zana - 18,375.

Inkhâwmpui boruak a nuamin Pathian Thlarau Thianghlim awmpuina kan chang a, thuchah nung tak tak kan ngaihthla a; tin, inkhâwmah zai a nuamin inkhâwm apiangin lamtual kan khat reng thei a ni. Inkhâwm Programme hi Local TV-ah LIVE-a pek chhuah a ni. Pathian awmpuina leh venhimna hnuaia Inkhâwmpui Lian vawi 50-na tluang taka kan hmang thei hi a lawmawm tak zet a ni.

Agape chanchinbu kan ngaihluin latu kan pung zel a, a man pek pawh kan ngai pawimawh hle a, a lawmawm takzet a ni. Nikum, 2022 lakna man la pe lo ten pek hram tum ni se a lawmawm hle ang. Office-a pe remchang lote tan a hnuaia Account tarlanah hian thawn mai tur a ni.

Account Holder	: Agape-MPC Kohhran Hmeichhia
Account Number	: 35578510786
Bank Name	: State Bank of India
Branch	: Mission Veng Branch
IFSC	: SBIN0007058

Bank kal tlanga pete chuan pekna receipt thlalak leh petu hming leh Kohhran hming nen a hnuaia Ph. No. ah hian thawn tur a ni.

Kohhran Hmeichhe Dept. Mb.No. - 9233437689

**KUM 2023 CHHÛNG ATÂNA HMANGAIHNA INA
NAU CHÂWMNA PETUTE LEH AN CHÂWM ZÂT
(OFFICE LAMA DAWN) chhunzawmna)**

Sl.no.	Bial/Kohhran/Mimal hming	Chawm zât
24.	Chanmari 'W' Chhim veng Koh. Hmeichha	2
25.	Rengtekawn Bial Koh. Hmeichhia	1
26.	Serchhip Vengchung Koh. Hmeichhia	3
27.	Chhinga Veng Koh. Hmeichhia	6
28.	Bethlehem North Koh. Hmeichhia	3
29.	Bilkhawthlir Hmarveng Bial Koh. Hmeichhia	3
30.	Rengdil Koh. Hmeichhia	2
31.	Thakthing Koh. Hmeichhia	6
32.	Lungleng I Bial Koh. Hmeichhia	1
33.	Champhai Vengsang Bial Koh. Hmeichhia	3
34.	New Serchhip Koh. Hmeichhia	2
35.	Kawrthah South Koh. Hmeichhia	2
36.	Kawnpui Chhimveng Bial Koh. Hmeichhia	2
37.	Champhai Zote Koh. Hmeichhia	1
38.	Champhai Venglai Koh. Hmeichhia	4
39.	Serchhip Bazar Koh. Hmeichhia	2
40.	Kawnpui Chhimveng Koh. Hmeichhia	4
41.	Kawrthah Bial Koh. Hmeichhia	4
42.	Kawrthah Koh. Hmeichhia	4
43.	Chhiahtlang Bial Koh. Hmeichhia	4
44.	Ngur Koh. Hmeichhia	1
45.	Zote Bial Koh. Hmeichhia	1
46.	Khuangleng Bial Koh. Hmeichhia	1

chhunzawm tur

MISSIONARY TANA AGAPE CHANCHINBU LÂKSAKTUTE

Bial, Kohhran leh mimal, Missionary te tân AGAPE
Chanchinbu lâksaktute : (chhunzawmna)

Sl.No	Bial/Kohhran/Mimal hming	Laksak zat
69.	Champhai Venglai Koh.Hmeichhia	10
70.	Armed Veng East Koh.Hmeichhia	20
71.	Tuikual Koh.Hmeichhia	83
72.	Champhai Vengsang Koh. Hmeichhia	15
73.	Lily Veng North Koh. Hmeichhia	20
74.	Chhinga Veng Koh. Hmeichhia	50
75.	Tuidam	10
76.	W. Lungdar Hmar veng Koh. Hmeichhia	7
77.	Thingsulthiah Koh. Hmeichhia	30
78.	Republic Veng Koh. Hmeichhia	60
79.	Champhai Bethel Koh. Hmeichhia	10
80.	Champhai Bethel (Mimal)	4
81.	Kanan Veng Koh. Hmeichhia	30
82.	Keitum Bial Koh. Hmeichhia	10
83.	Rengdil Bial Koh. Hmeichhia	55
84.	Melriat Bial Koh. Hmeichhia	50
85.	Chhinga Veng East	10
86.	Venghlui Koh. Hmeichhia	114
87.	Luangmual Vengthlang Koh. Hmeichhia	70
88.	Teikhang Bial Koh. Hmeichhia	10
89.	Selesih Koh. Hmeichhia	10
90.	Bawngkawn Koh. Hmeichhia	50
91.	Lunglei Chanmari Koh. Hmeichhia	30

92.	Teikhang Bial Koh. Hmeichhia	10
93.	Selesih Koh. Hmeichhia	10
94.	Bawngkawn Koh. Hmeichhia	50
95.	Lunglei Chanmari Koh. Hmeichhia	30
96.	Tlangnuam South Koh. Hmeichhia	42
97.	Chhiphir Koh. Hmeichhia	15
98.	New Serchhip Bial Koh. Hmeichhia	10
99.	Dawrpui Vengthar Koh. Hmeichhia	170
100.	Phuaibuang Bial Koh. Hmeichhia	30
101.	Champhai Vengsang Bial Koh. Hmeichhia	20
102.	Kawrthah South Koh. Hmeichhia	15
103.	Lengpui Bial Koh. Hmeichhia	30
104.	Chhiahtlang Bial Koh. Hmeichhia	20
105.	Zote South Koh. Hmeichhia	20
106.	Haulawng Bial Koh. Hmeichhia	12
107.	Tlungvel Vengthar Bial Koh. Hmeichhia	30
108.	Chhingchhip Bial Koh. Hmeichhia	20
109.	Ramhlun Vengchhak Koh. Hmeichhia	10
110.	Champhai Kahrawt Koh. Hmeichhia	30
111.	Khuangleng Bial Koh. Hmeichhia	10
112.	Bilkhawthlir Bial Koh. Hmeichhia	50
113.	Zohmun Bial Koh. Hmeichhia	25
114.	Armed Veng South Koh. Hmeichhia	30
118.	Armed Veng 'S' Kohhran atangin heng mite hian an laksak : Pi Zochungnungi - 5, Pi Chalchhingpuii - 5, Pi S.B. Lalramnghaki -5, Pi R. Lalnuntluangi - 4, Pi Lalremchhungi - 2, Pi C. Lalmuankimi - 2, Pi Khanmani - 1	

chhunzawm tur

KUM 2023-2025 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	: Pi Zothanpari
Vice Chairman	: Dr. Lalthansangi Fanai
Gen. Secretary	: Pi H. Lalfakmawii
Asst. Secretary	: Pi Lalmuanzuali
Treasurer	: Pi Zothansiami
Finance Secretary	: Pi R. Lalrempuii

COMMITTEE MEMBER-TE

- | | |
|--|--------------------------|
| 1. Pi A. Nazi | 2. Pi C. Thanpari |
| 3. Pi H. Lalbiakveli | 4. Pi H. Lalhlunpuii |
| 5. Pi H. Zachhingpuii | 6. Pi JH. Lalpekthangi |
| 7. Pi K. Rinthianghlimi | 8. Pi K. Rosiamliani |
| 9. Pi Lalbiakthangi | 10. Pi Lalchhingpuii |
| 11. Pi Lalengzami | 12. Pi Lalrinawmi |
| 13. Pi Lalhmingmawii | 14. Pi Lalmalsawmi Sailo |
| 15. Pi Lalnunhlimi | 16. Pi Lalrammawii |
| 17. Pi Lalramthangi | 18. Pi Lalthangmawii |
| 19. Pi Lalthansangi | 20. Pi Lalthanzami |
| 21. Pi Lalthanzauvi | 22. Pi Lalthawmmawii |
| 23. Pi Laltlanthangi | 24. Pi Lamchhingi |
| 25. Pi Lawmkimi | 26. Pi R. Lalnuntluangi |
| 27. Pi R. Tlanghmingthangi | 28. Pi Rengramthangi |
| 29. Pi Rohmingthangi | 30. Pi Saiṭhuamluail |
| 31. Pi J.C. Ronghaki | 32. Pi Tlangthanpari |
| 33. Pi V. Siamhnuni | 34. Pi Vanlalhluni |
| 35. Pi Vanlalthlamuani | 36. Pi Zohmingliani |
| 37. Pi Lalnghakliani, Asst. Co-ordinator | |

Ex-Officio Member-te

1. Rev. Dr. C. Chawngghmingliana, Synod Moderator
2. Upa B. Lalhmunliana, Synod Secretary (Sr.)
3. Rev. V.L. Luaia Hranleh, Exe. Secy. i/c Kohhran Hmeichhia
4. Pi Sailuti, Ex-Chairman

KOHHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thiltumte :
1. Kohhran rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chhungkua din nghehtir tura ṭan lak.
 3. Ṭanpui ngaite Krista hminga ṭanpui.
 4. Chanchin Ṭha puan darh.



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Chaltiang Pastor Bial Kohhran Hmeichhia - Leadership Training 2023



Ramhlun Venglai Pastor Bial Kohhran Hmeichhia - Leadership Training 2023



Mission Veng Pastor Bial Kohhran Hmeichhia - Leadership Training 2023

To

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