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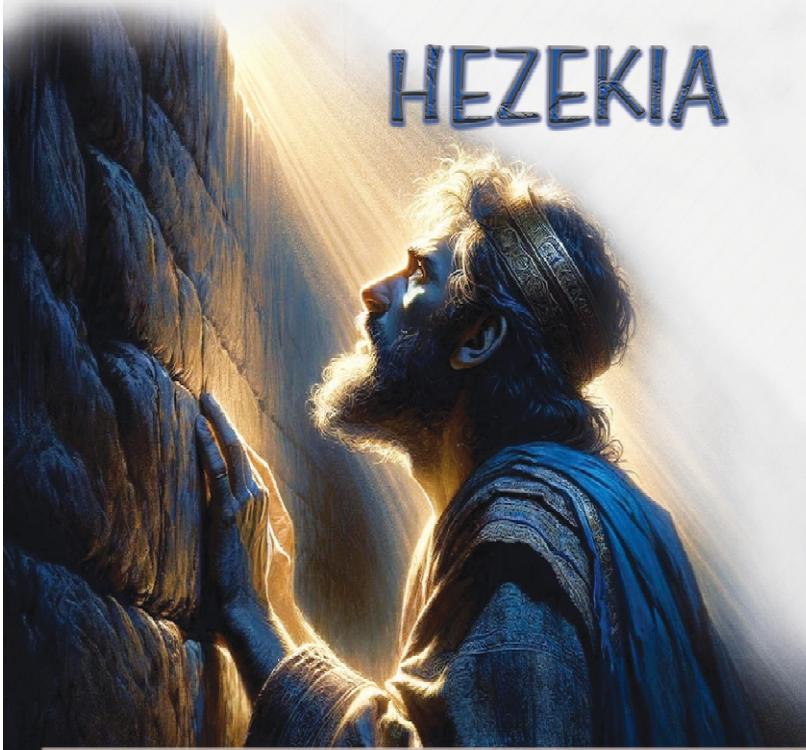
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Kristian Naupang



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HEZEKIA



• TĀNPUI NGAITE TĀNPUI • RINAWMNA
• KA TĪIANTE • HRINGNUN RO PHŪM RŪK
• TĀWNGTĀI HI HLIMNA A NI

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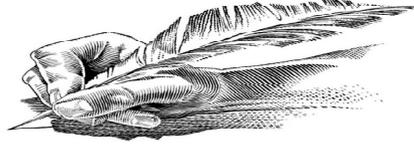
Kum khat lâk man ₹50

Kristian Naupanga thu chhuabte bi Editor ngaib dân a ni vek kher lo.

A chhûnga thu awmte

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Editorial**DAMNA KIM ISUA**

Mi zawng zawngin kan duh ber mai chu dam leh hrisêl hi a ni a. Kan dam loh chuan kan dam theih nân daktawr te, damdawi in te kan pan a, theih tâwp chhuahin kan inenkawl a, a châng chuan kan sum neih zawng zawng bâkah pawh pûk chawp hmanga inenkawl te pawh a ngai hial thîn. Chutiang khawp chuan dam leh hrisêl hi a hlu a ni.

Dam tak leh hrisêl taka awm theih hi a hlût êm avângin kan hrisêl theih nân kan inenkawl uluka, kan ei leh in kawngah te pawh kan fîmkhur a pawimawh a. Kan taksa tâna tha lo lakah chuan kan insûm theih a tûl hle.

Taksa vawn uluk te, daktawr râwn te hian kan hrisêlna kawngah awmzia a nei thui hle a. Amaherawhchu, hêngte hian damna kim, damna tluantling min pe thei lo; damna kim min pe theitu chu Lal Isua chauh hi a ni. Lal Isua chuan taksa damna mai bâkah thlarau damna, chatuan nun min pe thei a ni. Lal Isuan keimahni min kaihruai tûra min pêk kan nu leh pate leh zirtirtute thu âwiha, amah be tûra inkhâwm taihmâk te, a thu – Bible chhiar taihmâk te, amah be tûra tawngtai taihmâk te hi damna kim channa kawng a ni tih i hre reng ang u.

ṬANPUI NGAITE ṬANPUI

*Upa Lalnunsiamma Khalthang
Chhînga Vêng*

Râwlthar tê ka nih laiin ka pa nêen circus en tûrin kan chhuak a, ticket lâkna hmunah hian kan intlar a, kan hmaah chuan chhûngkaw pakhat chiaah an awm tawh a. Chu mite chhûngkua chuan ka mit hi an la riau mai a. Naupang ringawt pawh pariat lai an ni a, a upa ber pawh kum sâwm pali a ni vêl chauh ang tih tûr a ni a. An lan dânah chuan hausu tak chhûngkua an ni lo tih a hriat theih a, an thawmhnaw inbel te chu man to tak a ni lo tih a hriat reng a; mahse, a fai êm êm thung a. Naupangte chu an nu leh pate hnungah chuan pahnih tê tê hian an inkai rial a, an nungchang te lah chu a mawi hmêl êm êm mai a. An thil en tûr chanchinte chu phûr tak hian an sawi liam liam hlawm a. An hmêl lan dân aţang chuan circus a la hmu ngai lo tih a hriat theih bawk a, chumi zân chu an tân chuan zân chhinchhiah tlâk tak a ni ngei dâwn hian a lang a.

An nu leh pate chu an hmaah chuan hlim hmêl takin, kut invuanin an ding dîn a, an nu zâwk chuan an pa kut chu thlahlel tih hriat tak hian a vuan a, induh hmêl tak hian an inthlêk tawn leh zak zak thîn a.

Ticket zuartunu chuan an pa zâwk hnênah chuan ticket eng zât nge an mamawh tih a han

zâwt a. An pa ber chuan phûr tak hian, “Naupang ticket pariat leh puitling ticket pahnih,” a han ti vat a. Ticket zuartunu chuan a man zât tûr a chhût chhuah hnu chuan a hrilh nghâl thuai a.

Ticket man an hriat rual chiah chuan a nupui chuan a pasal bân a vawn lai chu a thlah nghâl dâwrh a. A pasal chu ticket zuartunu thutnaa kûn hniam pah chuan eng zât man nge tih a han zâwt nawn leh a. Ticket zuartunu chuan ticket man a sawi zât chiah chu a han sawi nawn leh a. Chu pa hmêl tha tak awm dân aţang chuan ticket man zât tûr pawisa chu a nei zo lo a ni tih a hriat theih nghâl a. Engtin nge a fateho hnênah chuan ticket man pawisa an nei zo lo a ni tih a hrilh fiah tâk ang le?

Chûng thil thleng zawng zawng chu hun rei lo tê chhûnga thleng a ni a. Ka pain a ipte aţangin ₹200 chu phawrh pahin chhuat laiah chuan a han thlah lui nghâl vat a. Tûnlaia thil thleng chu ni se mi dang zawng zawng hriat tûrin ticket zuartu hnênah chuan ‘Ka lo pêksak mai ang,’ a ti ngei ang le. Mahse, mipain a tih tûr ang takin a ti a ni zâwk.

Ka pa chuan a pawisa thlahu chu chhar leh pahin, chu pa dârah chuan a kheuh a, “Ka pu, hei i ipte aţangin pawisa i thlahu a nia,” a han ti a. Chu pa chuan thil awmzia chu a man Chiang ve hle mai. Mi hnêna kutdawh tûr chi a ni hauh lo va; mahse, a mamawhna avâng chuan chu ţanpuina thil tih duhawm tak chu loh theih loh a ni tih hre chungin,

inthlahrung tak chungin a lâk a ngai ta si a ni.

Chu pa chuan thinlung takin a lawm a ni tih hriat tak chung hian ka pa chu a melh vawng vawng a, ka pa kut leh ₹200 chu a kut pahnih chuan a rawn dawm vawng vawng a. Hmui khûr dar dar leh mittui luang zawih zawih chungin, “Ka pu, ka va han lâwm êm! Kei leh ka chhûngte tân hian he i thil tih hi a hlutzia i hre thiam lo zâwk ang. Pathianin a lêt tam takin vûr leh che rawh se. Kan lâwm tak zet a ni,” a ti mawlh mawlh a.

An nu zâwk biangah chuan mittui a lo luang chhuak ngiai ngiai a. An faten an hriat hlau tak chung si hian, “In pafa chungah kan lâwm e,” hmui phunin a rawn ti ve nghâl vat a.

Chu zân chhinchhiah tlâk tak chu ka dam chhûnga ka theihngihl tawh ngai loh tûr a ni a. Ka pa nên chuan in lam panin kan inkai haw leh ta a. Chumi zân chuan kum pui lingleta pafaa en kan lo tum tawh circus chu en theih loh phah mah ila, circus aia ropui zâwk kei chuan ka hmuh phah a ni.

Mite ÷anpui kan tumna lamah hian kan ÷anpuite chhûngkua timualpho tel kher lo hian ÷anpui ta mai ila, kan Pathian pawh hi a lâwm zâwkin ka ring ÷hîn. Kan thil tih lâwmman hmuhna hmun tûr chu he khawvêl hi a ni si lo.

(He thuziak hi SL&PB-in tleirâwlte chhiar atâna lehkhabu a tih chhuah *Tisa leh Thlarau* aţanga lâk a ni a. He lehkhabuah hian thuziak ÷ha tak tak eng emaw zât chhiar tûr a awm a ni.)

RINAWMNA

Lalhlimpuii

Rinawmna hi mihring nun timâwitu a ni a. Eng thil pawh ti ila, rinawmna tel lo nun chu a tluang ngai lo. Rinawmna hi ropuina leh mihringte hringnun timawi zualtu a ni ti ila kan sawi sual awm lo ve.

Mi rinawm lo nun chu a tirah pâr mawi tak angin lang mah se, a tâwpah a chuai leh mai thîn. Mi rinawm lo han tih hian rinawm loh theihna kawng hrang hrang a awm a. Hnathawh nei chuan eng hna pawh thawk se, rinawm takin a thawk tûr a ni. Zirlaite pawh hi mi rinawm kan ni em? Engtin nge mi rinawm kan nih ang? Zirlai tâna mi rinawm nih dân chu entawn loh te leh thiam tûr min pêk thiam te hi a ni. Rinawmna hi mihringte min ti hlutu leh min ti zahawmtu a ni. Mi rinawm chu mi zawng zawngin kan ngai sângin kan zah thîn a ni.

Khaw pakhata naupang pahnih hian ₹50 leh ₹20 an chhar hlauh mai a. ₹50 chhartu chuan a neitu zawng lovin a nei hmak mai a. Chutih laiin ₹20 chhartu chuan a neitu zawngin a pe kîr leh a. Chu naupang chu a rinawm êm avângin a neitu chuan ₹100 a lo pe lêt zâwk a ni.

He thil aţang hian mi rinawm chu a tâwpah malsâwmnain a zui thîn tih a lang Chiang Hle. Thil

eng pawh chhar ila, a neitu hnênah kan pe kîr leh ðhîn a nih chuan mi rinawm tak kan ni tihna a ni ngei ang.

Rinawmna hi vawn nun tlâk a nihzia leh vawn nun a ngaihzia kan hre ðheuh âwm e. Chuvângin, kan naupan lai aţangin rinawm takin kan awm tûr a ni a. Thil kan chhar a nih pawhin a neitu kan zawng chhuak ðhîn tûr a ni. Rinawmna vawng nungtu nih i tum ðheuh ang u.

(He thuziak hi a ziaktu lawina kohhran inziak tel lova kan dawn a ni a. Thuziaktuten kan kohhran târ lan zêl ðhin ni se a ðha ang e. - Editor)

HRIAT ATÂN

1. *Kristian Naupang* chanchinbua thu chhuah tûr nei chuan chanchinbu kâwm chhûnga phone number târ lanah hian Whatsapp message-in thawn theih reng a ni e.
2. Kristian Naupang chanchinbu hi kum laklawhah pawh lâk thar/lâk belh/tihtlêm theih a ni a. Chutiang kan awm a nih chuan phone number târ lanah hian, a theih hrâm chuan call lovin, Whatsapp message-in hriattîr ðhin tûr a ni e.
3. Kristian Naupang agent, copy 10 chin lâte hnênah a thlâwnin copy 1 pêk ðhin a ni a. Sub-agent-te hnênah erawh chuan, copy 30 chin semte hnênah copy 1 a thlâwna pêk a ni thung.
4. Chanchinbu man hi a kum chhûng zêla pêk tûr a ni a. Entîr nân, kum 2024 lâk man chu kum 2024 chhûngin pêk tûr a ni.

Circulation Manager
Kristian Naupang

KA ṬHIANTE

*Vanlalṭhazuali
Intermediate Department
Vaivakâwn Kohhran*

Kan vêngah hian infiamna kawt zâwl nei ṭha kan tam lo hle a. Keini chu kawt zâwl nei ṭha tîem tē zînga mi kan ni a. Tlai sikul bânah hi chuan kan vêng naupangte chu infiam tûrin kan kawt zâwlah an lo kal khâwm ṭhîn a. A chângin football kan khêl a, a chângin kan inhnawk a, a chângin kan intlânsiak ṭhîn a, nuam kan ti ṭhîn hle.



Infiamna hrang hrang zînga nuam ka tih ber chu ‘tu nge i ṭhian’ tih a ni a. He infiamna atân hian pâwl hnihah kan inṭhen a, pâwl aiawh tûrin mi pakhat kan thlang chhuak a, an mit kan tuam a; an kawng zawh tûrah chuan dawhkân te, lung te, khuang te kan dah rum ṭhîn a. Tichuan, kawng kan zawhtîr a, kawng dik lo an zawh theih nân pâwl dangin an lo hrilh a, a pâwlten kawng dik kan lo hrilh ve thung ṭhîn a. A nuam kan ti ve êm êm ṭhîn a ni.

Tum khat chu kan thian pakhat hian lui kal tûrin min sâwm a. Luiah chuan kan kal ta a. Tuiyah kan chêng a, a nuam kan ti êm êm a. Chutia hlim taka tuiya kan chên lai chuan ka ke chu lung kârah a tâng ta tlat mai a. Kan mangang êm êm a. Lui kama awm kan thianpa chu min tanpui tûrin kan au vak vak a.

Chutih lai chuan kan thianpa chuan damdawi hian lo in mêk tih kan hmu a. Harsa tak chuan tui aţang chuan kan chhuak thei ta hrâm



a. Kan thianpa chu a lo ruih êm avâng leh ka ke a nat êm avâng chuan tlai takah kan haw phah ta a. In kan thlen chuan a nu leh pate chuan an fapa hau duh si lo hian keimahnih chu min hau ta hrep mai a. Kan thin a rim hlawm hle mai.

Ni hnih hnuah kan thianpa chuan mi thei lawh rûk puiah min sâwm a. Tu man kan duh loh avângin a thinrim hle a, min sawisak a tum a. Chutia min sawisak a tum lai chuan kan thian dangte nêh chuan kan sawisa ta zâwk a. Kan sawisak hnu chuan kan kalsan ta daih a.

Kan thianpa tân chuan tawngtai thin tha kan ti ta a, Pathian hnênah kan theih ang angin kan tawngtaisak ta thin a ni.

Thiante nêna kan awm ho châng pawhin thil tha lo tih duh te an lo awm ve zêl a; mahse, Kristian naupang kan nih angin thil tha lo nia kan hriat hi chu tih loh hrâm hrâm kan tum thin. Pathianin min hmuh reng avângin kan nun kan fîmkhur tûr a ni, tiin kan theih tâwkah thil tha tih tûr kan ngaihtuah ho ve thin baw.

Sikul kan kalnaah pawh thian sual lakah fîmkhur tûrin kan inhrih thin a. Sunday School-a kan zir laite hi vawng reng tûrin kan inhrih ve thin baw a ni.



Kan thianho hian kan puitlin hunah pawh kohhran leh khawtlâng tâna mi tângkai tak nih leh Pathian tâna mi tângkai tak nih tlat kan tum a. Naupan lai atanga Pathian hnêna inkawltîra, ama duh zâwng anga awm tum tlat hi ka thiante nêchuan kan tum pui ber a ni. Pathianin amah pantute a hnar ngai loh avângin keini naupangte pawhin kan phâk ang tâwkin Pathian hnaih i tum theuh ang u.

HEZEKIA

Mizoten lal kan neih lai chuan lal fel deuh khuua awm an châk ðhîn a, lal sual deuh chu an pêm-san daih ðhîn. Mizorama Chanchin T̄ha a lo luh ðan tirh chuan lal ðhenkhat chuan Kristian hmasate chu an tiduhdah êm êm ðhîn a. Lal zîngah chuan Kristian an lo awm ta a, chu mite khuuah chuan Kristiante an pêm khâwm ruih ruih mai a ni. Lal fel leh t̄ha, Pathian thu âwih khua chu an changkâng hma bîk a ni, an ti.

Hmânlaiin Juda lal ðhenkhat chuan Pathian theihngihlin milem pathian an bia a, thil sual tak tak an ti a, Pathian hremna pawh an tuar ðhîn. Judate chuan lal fel deuh mai pakhat an nei a, a hming chu Hezekia a ni. Hezekia hming awmzia chu ‘LALPA tihchaka’ tihna a ni. A pa chu lal Ahaza a ni a, a nu hming chu Abii a ni. A lal ðan tirh chuan kum 25 mi lek a ni a, Jerusalem-ah kum 29 lai ro a rêl a ni. Hezekia chuan a hma lama lal leh mipuiten milem pathian an lo biak ðhinna zawng zawngte chu a tichhe vek a. Engkimah Pathian a ring a, Pathian duh zâwngin a awm ðhîn a. A lal chhûng chuan mipui an hlim a, an ram pawh a hausa êm êm a ni.

Hezekia hova hlim taka an awm lai chuan Assuria lal Senakeriba chu Jerusalem rûn tumin a

rawn thawk a. Assuria chu ram ropui leh chak tak a ni a, Israel leh Juda lalte chuan an lo tlawn tawh thîn a. Hezekia erawh chuan Assuria lal tlawn lungawi ai chuan Pathian râwn a thlang ta zâwk a. Lal ropui tak ni mah se saiip puan sinin tlâwm takin Pathian biak inah a lût a. Juda hruaitu thenkhatte chu zâwlnei Isaia hnênah an hnam tâna ÷awngtai tûrin a va ngentîr a. Amah pawh nasa takin Pathian hnênah a ÷awngtai bawk a.

Hezekia ÷awngtai chhâna chu zâwlnei Isaia hmangin Pathianin a rawn hriattîr a, Judate khawpui Jerusalem chu Assuria-ho lakah Pathianin a vêng dâwn tih leh Assuria lal chu Judaten an la hmusit dâwn a ni tih thu Isaia chuan a puang a. Tichuan, Pathian thu tiam chu a thleng dik ta a. Pathianin vântirhkoh a tîr a, Assuria sipaihote chu zan khatah mi nuai khat, sîng riat leh sâng nga lai hripuiin a tihlum ta mai a. An lalpa leh a la dam chhunte chu hlau êm êmin an khawpui Ninevi lamah an kîr leh ta a ni. Chu mai chu a ni lo va, Assuria lal Senakeriban a pathian a be lai chu a hmêlmaten an tihlum ta nghe nghe a ni.

Kum 14 lai ro a rêl hnuin Hezekia chu a dam lo vak mai a. Ni khat chu zâwlnei Isaian a tlawh a, a dam tîr thu a puang dâwn emaw a tih laiin a thi thuai dâwn a ni tih a rawn hrilh ta mai a. Hezekia chu a thlaphâng êm êm a, ÷ap zawih zawihin Pathian hnênah a ÷awngtai a. A ÷awngtaina chu Pathianin

a lo hria a, zâwnei Isaia a tîr leh a, “I ɽawngtaina kha ka hria a, i mittuite pawh ka hmu a; ngai teh, i dam chhûng nite hi kum sâwm leh kum ngâin ka tisei ang,” a ti a, kum 15 laiin a nunna chu a pawh seisak leh ta a. Pathian ring tlattu nih chu a ɽha ti r’u. Pathian chuan amah ringtute ɽawngtaina chu a ngaithla a, a chhâng ɽhîn a ni.

Zawhna

1. Hezekia hming awmzia kha eng nge ni?
2. Assuria lal kha tu nge?
3. Kum eng zât a nihin nge Hezekia a lal ɽan?
4. Kum eng zât nge Hezekia khân ro a rêl?

ṚÊK TLÂKNA LEH KAN AWMNA INKÂR HLAT ZÂWNG HI ENG TIN NGE KAN CHHÛT ANG?

I awmna leh ɽêk tlâkna inkâr hlat zâwng i hriat duh chuan ɽek tla êng i hmuh chiah aɽanga khawpui rawn rîk inkâr kha a second zât chhinchhiah la. Chu second zât chu 3-in i sem ang a, a lo chhuak chu a ɽêk tlâkna hlât zâwng (kilometre) a ni ang. Entir nân: Ṛêk tla leh khawpui ri i hriat inkâr kha second 3 ni se, 3-a i sem chuan pakhat a lo chhuak ang a, ɽêk tlâkna leh i awmna inkâr kha km 1-a hla tihna a ni.



KRISTIAN NAUPANG LEH MOBILE PHONE

*Upa Lalnunpuia Hrahsel
Luangmual Vêngthlang*

Mobile phone-ah zai kan ngaithla tawh thîn em? A nih leh games te kan khêl ve tawh ngai em? Eng games-te nge kan khelh thîn? A nuam em? Tiktok leh Douyin vêl siamin in lâm ve tawh em? Reels in siam tawh em? A nih leh kan lâm rem tawh ang ti r'u.

A tha e. Phone hi company hrang hrang siam a awm a, a siamtu lâz zualte chu: Apple, Samsung, Oppo, Oneplus, Vivo, Xiaomi, Realme leh adt., an ni a. Nangmahni pualin phone nei thei dâwn ta ula eng phone company nge hman in châk ber?



Mobile phone hi a thângâiin, a tel lovin kan awm thei tawh lo em maw ni tih tûr a ni a. In tin deuhthâwah kan kawl a, a thente phei chuan chhûngkaw inkimin kan nei tawh hial mai thei e. Phone hlutna hi a man to leh to lovah teh tûr a ni lo va, kan hman thângkai dân azirin a hluin a hlu lo zâwk mah asin. Miin phone man to deuh pawh nei se, thil tha lo tih nân leh en loh tûr en

nân a hman sual chuan a tân chuan thil ða lo tak a ni thei.

Thil ðangkai leh fin belh nâna hman erawh chuan man tlâwm tê pawh ni se hlu tak a ni thei bawk. Engtin nge hlu leh ðangkai takin mobile phone kan hman theih ang?

1. Kan zirna ðanpuitua hman

Ni tin sikulah kan kal a, homework leh tih tûr (project) hrang hrang: science exhibition te, model siam te, chart siam te, extempore te, quiz te leh a dangte tih tûr kan neihte tih nân a ðangkai êm êm a ni. Chutiang kan zirna puitu ðangkai deuh deuh te chu maw, lo chhinchhiah rawh u aw:

(1) *Wikipedia*: Hetah thil chi hrang hrang chanchin in hmu thei ang.

(2) *Byju's*: Tûnlaia hmanrua (application) lâk tak a ni a, mathematics leh zirlai dang zir nân a ðangkai khawp mai. Hei lo pawh hi hmanraw (application) hrang hrang a tam mai.

(3) *NCERT Solutions*: Mizorama zirna hi NCERT hnuaia mi a ni a, in zirlai excercise zawng zawng deuhthâw chhâna hi hetah hian a a awm.

(4) *ChatGPT*: Hei hi hman ðangkai bawk rawh u. Essay, thuziak (article), dîlna (application) leh hla thlengin a phuahtîr theih a. In ûte college zirlaite pawhin degree ða deuh neih nâna thuziak (dissertation) nân an hman ðang mêk. Mahse, ChatGPT hi kan

tih tûr zawnz zawnz tih tûr vek tum lovin, ÷anpuitu, ngaih dân thar min neihtûrtu atân hman tûr a ni.

Kan sawi bâk pawh hi website ÷a deuh deuh a la tam mai. Mi ÷henkhatin thil ho mai mai tih nâna an hman laia hetiang atân i hmang a nih chuan i fing bîk ang a, leh kha i thiam bîk ang a, exam-naah i ti ÷a ang a, i nun a hlu zual dâwn a nih chu. ÷a in ti em?

2. Pathian hla ngaihthlâk nân

Phone-ah zai in ngaihthla ÷hîn ti rawh u. Pathian hla ngaihthla tam ula, a ÷a zâwnzin in nun a kaihruai ÷hîn ang. Pathian hlaah eng hlate nge in ngaihthlâk ÷hîn? Kan beng a kan hriat hnem ber hian nun a kaihruai ÷hîn a. Mizo hla emaw, Sâp hla emaw in ngaihthlâkin, Pathian fakna leh ram leh hnam hmangaihna lam hla ngaihthla tam ula, in nun leh in rilru a ÷a zâwnzin a kaihruai thei ang.

3. Chanchin thar en nân

Ni tin khawvêlah thil thleng thar a awm reng a, hêng hriat hi zirlaite leh Kristian naupang tân a ÷angkai êm êm a ni. Chanchin thar hi ni khatah vawi khat tal en theih a ÷a. Whatsapp-a chanchin thar group te, Zonet, LPS, DDK Aizâwl, CNN, BBC, Times Now leh a dangtea chanchin thar en hi a changkâng a. Nangni naupang changkângte en chî tak a ni. Thil ho mai mai buaipuitute hi an ho ral duh khawp mai. In thil buaipui azirin i awm dân a danglam nasa thei tih hre reng ang che.

4. Thiam thil zir nân

Internet-ah hian thil ẵngkai tak tak a tam a, thiam thil chi hrang hrang bắkah kan hmanraw chhia siam ẵng dân te nên lam a awm deuh vek mai a. Hêng hman thiam hi a ẵngkai hle. Kan thil zir duh tam tak tih dân hi Youtube-ah a awm a. Hêngte en hi hun ắwl hman ẵngkai nân a ẵng khawp mai. Mi thiam nih theihna pawimawh a ni.

5. Games khelh leh thil dang tih nân

Sikulah hah takin lehkha kan zir a, inah homework te kan ti leh a, hei vắng hian kan taksa leh rilru a hah ve ẵn. Chutiang chhắwkw nắna phone khawih ve zeuh hi a pawina a awm lo va, a ẵng mah mah zắwkw ang. Games khelh hi sual a ni hran lo va; amaherawhchu, games ẵng lo leh tualthahna lam awmna games te, inchawina (gambling) lam te chu khelh miah loh a ẵng. Reels, Instagram leh Facebook leh thil dang pawh a ắwm tắwkw chu khawih thiam ve a ẵng.

6. Mobile phone a tắwkw chiaha khawih

Phone hi khawih a nuam a, kan tleipui viau ẵn a, addict (nomophobia) pawh an awm ẵn. Keini Kristian naupang, lehkha zir lai chuan a ắwm tắwkw hriain inthununtắr ve miah loh tắr a ni. Kan khawih a nih pawhin ni khatah dắrkắr khat te kan khawih chuan duh tắwkw theih a ẵng.

[Thu lắkna: Upa Lalnunpuia Hrahsel. *Kristiante leh Tắnlaina (Naupang Inkhawm Hruaina Bu)*]

HRINGNUN RO PHÛM RÛK

Jessica VL Malsawmkimi
Senior Department
ITI Vêngchhak

Hmânlai hian mi fîng tak pakhat hi a awm a, an khaw hotu a ni nghe nghe. Mi zawng zawngin an zah a; a thil thlîr dân te, a ngaih dân te pawh an zâwm ðha ðhîn hle a. A thurâwn la tûrin mi tam tak a hnênah an kal fo ðhîn. A fapa ve thung erawh chu a thatchhe hle a, a hun tam zâwk chu mut nân leh ðhian kawm nân a hmang ðhîn. Zilh emaw, hau emaw pawhin a nunah awmzia a nei lo va, tu thusawi mah a zâwm ngai lo a ni.

Hun leh kum a ral zêl a, a fapa chu a rawn ðhang lian ve zêl a, a pa chuan a fapa hma lam hun tûr chu a ngaihtuahin a lungngai ðhîn hle a ni. A fapa chu a hma lam hunah chhôngkua te a la dân ve duh ngei ang a, chumi hun atân chuan amah leh a nupui fanaute tâna thil ðha tûr tihtîr ngaiin a hre ta a.

Ni khat chu a fapa chu pindanah a ko va, heti hian a hrilh a, “Ka fapa, tûnah chuan naupang chhia i ni tawh lo va, mawhpurhna lâk dân i inzir ve a ngai tawh a, nun awmzia pawh i hriat thiam a hun ve tawh a nia. Chuvângin, i dam chhan awmzia dik tak hre tûrin ka duh che a ni. Chu chu i hmuh

chhuah hunah chuan hlim leh lâwm takin kumkhuain i awm thei ang tih hre reng tûrin ka hrilh a che,” a ti a.

Chumi hnu chuan a fapa chu ip pakhat a pe a. A fapa chuan chu ip chu a han hawn chuan mak a ti hle a. A chhûngah chuan sik leh sa inthlâk hun apianga hâk tur thawmhnaw pali leh map a lo awm a. Chubâkah chuan, chaw atâna siam mai theih chi thlai rah leh pawisa tam a lo awm tel bawk a. A pa chuan a fapa hnênah chuan, “Ro phûm rûk va zawng chhuak tûrin ka duh che a, chu ro awmna chu map-ah khân ka ziak a, i va kal a, i zawn chhuah ngei a ngai a ni,” a ti a. Chutichuan, a tûkah chuan a fapa chu phûr takin ro phûm rûk zawng chhuak tûr chuan a chhuak ta a. Zinkawng thui tak a kal a ngai a, ramhnuai leh tlâng sâng tak tak te a paltlang a ngai dâwn a ni.

A kal kawngah chuan mi chi hrang hrang a hmu a. A ðhen chuan chaw te lo pein, a ðhenin riahna tûr an lo siamsak a. A châng chuan amah lo suam tum leh lo bum tum mi sual a tawng bawk a. A kalkawngah chuan mihringte chung a thleng thei thil ðha leh ðha lo hrang hrang chu a tawng nasa êm êm a ni.

Rei tak a kal hnu chuan a thlen tumna chu a thleng ta a. A map ken chu uluk taka a en hnu chuan ro phûm rûk awmna nia a hriat chu a lai ta a. Rei tak lei laia ro phûm rûk a zawn hnu chuan

eng mah hmuh chhuah a nei ta rêng rêng lo mai a. A pa chuan a tihder a nih ringin, haw mai a tum ta a. Thinrim takin an in lam a pan ta a.

A kal lam ang bawkin buaina hrang hrang a tâwk leh a. A haw lama harsatna hrang hrang a tawh lai chuan hmun mawi tak tak leh pangpâr mawi tak tak a hmu thîn a. Chûng hmun mâwi leh pangpâr a hmuhna hmunte chu a la hriat ngai loh leh hmuh ngai loh a nih avâng chuan nuam ti takin a châwl hahdam thîn a. Chutih lai chuan a ei tûr ken te chu ei zovin, a thawmhnaw pawh a chhe zo dâwn ta a. Chutiang a han tawh tâkah chuan ama remhriat dân ang anga ei leh in tûr zawngin thawmhnaw hâk tûrte a ngaihtuah ta a. Harsatna leh buaina hmachhawna hneh dân pawh a lo thiam phah ta reng mai a ni.

Ni eng emaw ti hnuah chuan an in chu a thleng leh ta a. A pa hnênah chuan, “Ka pa, ka zinkawng chu a nuamin a dangdai hle a; mahse, min ngaihdam rawh. Ro phûm rûk i sawi chu ka hmu chhuak thei ta lo a ni, ka kal hma khân mi dangin an lo la tawh a ni ngei ang,” a ti a. A pa chuan, “Ro phûm rûk kha a awm tak tak lo va, harsatna leh buaina nangmaha i hneh theih nân khatiang khân ka tîr chhuak che a ni,” a ti a. Tichuan, an pahnih chuan hlim takin an inkuah ta a ni.

ṬAWNGṬAI HI HLIMNA A NI

*Rebecca Malsawmsangi Hmar
Intermediate Department
Vaivakâwn Kohhran*

Hmânlai hian khaw pakhatah hian Sâwmi a awm a, mi hlim thei tak mai a ni a. Ni khat chu a ṭhiante nêan an picnic a, nuam an ti tâng hle a. A ṭhiante chuan, “Sâwmi, engati nge i hlim reng a, i lungngaih ve

ngai miah loh?” tiin an zâwt ta tawp mai a. S â w m i chuan, “Ka hlim reng

**ṬAWNGṬAI
MI
CHAKTE
CHAKNA
THURÛK
CHU**

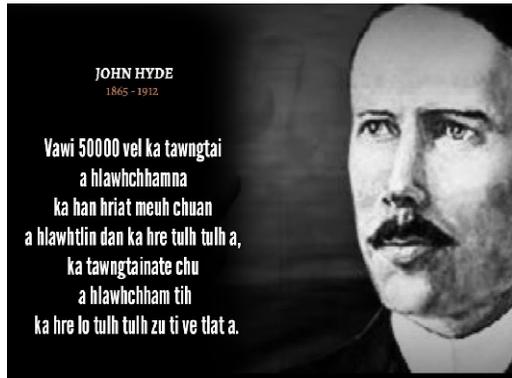


ngai lo va, ka lungngai ve ṭhîn asin. Ka lungngaih leh ka hlim loh châng apianga Pathian hnêna nasa taka ka ṭawngṭai ṭhîn avângin kan lo hlim leh ṭhîn a ni. Mihringte hi lungngai theia siam kan nih avângin Pathian hnêna ṭawngṭai bâk tih tûr kan nei lo a ni,” tiin a chhâng a.

Picnic-na aṭanga an haw hnu chuan a chhûngte nen zanriah an kîl a. A ni hman dân zawnzawn chu a chhûngte a hrilh a, hlim takin a chhûngte nêan chuan chaw an ei a.

Sâwmi chu a pi hian a duat thei hle a. A pi chu cancer avânga dam lo leh enkawl ngai êm êm a ni a. A theih ang anga thain a pi chu a enkawl ve thîn a. Ni khat chu a pi chu thi thut mai a. A pi chuan a duat theih êm avâng chuan a lungngai êm êm a. Hrehawm tiin a tap a tap mai a ni.

A pi an vuinaah te chuan a tap vak vak a. A thiante pawh chuan an khawngaih êm êm a. An theih ang tâwkin an hnêm ve a, a bulah an awm ve deuh chawt thîn a ni. Zânah pawh mu thei lovin chaw pawh mumalin a ei thei lo hial a, a taksa pawhin a tuar phah hial a ni.



Mahse, lungngai leh hrehawm ti taka a awm lai chuan Pathian hnênah nasa leh zualin a tawngtai leh ta a. Chutia nasa taka a tawngtai leh tâk a tang chuan a lungngaihna leh hrehawmna te, a khawharna te leh a pi a ngaihna pawh chu tlêm tlêmin a lo ziaawm chho ta zêl a. Sâwmi, mi hlim thei tak leh lungngaihna a hneh theih loh kha a lo ni leh ta a ni.



LUNGLEI VÊNGLAI KOHHRAN NAUPANG INKHÂWM LEH TLEIRÂWL INKHÂWM

Lunglei Vênglai Kohhran hi September 21, 1985-ah din a ni a, September 29, 1985-ah Puitling Sunday School leh Naupang Sunday School (NPSS) din a ni.

Naupang lamah Pathianni chawhnu inkhâwm chu ‘Naupang chawhnu inkhâwm’ tiin, NPSS zir laite chuan a hranin hming an ziak ve leh thîn a. Naupangte enkawltu tûr Sunday School Committee-in NPSS zir tirtu aţangin mi a ruat thîn a ni. Hun rei lo te chhûng chu naupang tê lam leh lian lam an han inkhâwm hrang ve rên rawn a; mahse, naupang an tam tâwk loh avângin chhunzawm zêl a ni ta lo.

Biak ina kohhran inkhâwm zeiziate leh nungchangte an zir theih nân naupangte chu tum khat, thla khat chhûnga Pathianni hnukung ber chawhnuah biak inah inkhâwmpui thîn an ni a, chanvote siamsak thîn an ni.

Kuminah hian naupang chawhnu inkhâwm leh tleirâwl chawhnu inkhâwm neih ţan a ni a. Naupang chawhnu inkhâwmah hian Beginner – Junior Department inkhawm a ni a, tleirâwl chawhnu inkhâwmah hian Intermediate – Senior

Department an inkhâwm bawk.

Hetiang hi kum 2025-a hun an hman tawh dân a ni:

1. Bible quiz
2. Bible study
3. Bible chhiar ho
4. Bible film/Pathian thu lam hawi film en ho
5. Games
6. Zirlai zir
7. Hla zir
8. Kohhran hun puia hun hman
9. Vacation Bible School (VBS)

Naupang chawhnu inkhawm leh tleirâwl chawhnu inkhâwm hi naupangte leh tleirâwlten an hlâwkpuin nuam an ti tih a hmuh theih a. Zirtirtute pawhin theih tâwp an chhuah a, naupangten inkhawm nuam an tih theih nân ruahmanna tha tak tak an siam thîn a ni. Kum inthlauhna avânga naupang rilru (psychology) inthlau tak a hrana an inkhawm thei hi a lâwmawm hle.

Lunglei Vênglaiah hian naupang an tam lo chungin inkhâwm an taima êm êm a. Sunday School inkhâwm chauh duh tâwk lovin, chawhnu leh zân thlenin naupang inkhâwm an tha êm êm thîn a ni.



Hriat Zauna Huang

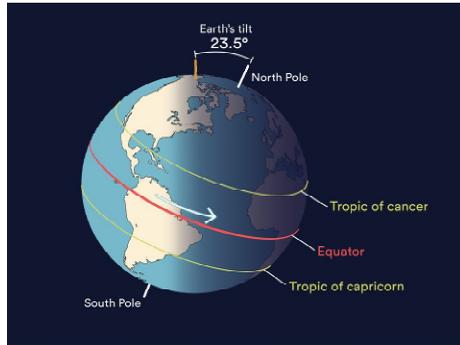
KHAWVÊL HI ENG ANGA CHAKIN NGE A VIR? ENGATI NGE A VIR TIH KAN HRIAT LOH

Kan chênna khawvêl hi a vir reng a, wawi khat vir chhuaH nân dârkâr 23, minute 56 leh second 4.09053 a hmang a, chu chu darkâr 24 tiin sawi a ni ber. Kan hriat angin dârkâr 24 a tlin chiah loh avângin a siam rem nân kum li danah ni khat belhin February thlaah ni 29 a awm ðhîn a, hetiang kum hi *leap year* tiin kan sawi ðhîn a ni.

Khawvêl laili lai, ngaihruat rina equator (degree 0)-ah hian second khat chhûngin metre 460 vêla chakin a vir a, chu chu chawh rualin dârkâr khatah mêl 1000 ang vêla chakin a vir tihna a ni. Equator aţanga a hlat dân (chhim leh hmâr) ang zêlin a vir muang hret hret a, degree 50-ah chuan mêl 666.92 a ni a, Mizoram hi degree 23 bâwr vêla awm angah ngai ta ila, lei vir chak dân chu dârkâr khatah mêl 850-950 vêl a ni dâwn a ni.



Scientist-te chuan kum 50 kal ta ai khân kan chênna khawvêl hi a vir chak tawh zâwk a, ni khat hi second 0.5 vêlin a tlêm zêl a ni, an ti. International Earth Rotation and Reference System Service (IERS) chuan kum 2020 December thla khân *Leap Second* an belh tûr pawh an belh ta lo va. IERS chuan leap second hi kum 1970 aţang khân hun siam rem nân an belh tşîn a; June-ah emaw, December-ah emaw an belh tşîn a ni.



Kum 2015-a an zir chianna ‘Science Advances’-in a târ lan dân chuan lei vir chakna chhan pakhat chu khawvêl lum zêl (global warming) avâng a vûr rama vûr tlangte an tuirol nasat vâng a ni, an ti. Lei vir dân mila hun (atomic time) hi siam rem zêl a ngaih avângin a tûl angin he lama mi thiamte chuan hma an la reng a ni.

Kan sawi tawh angin lei hi equator-ah dârkâr khata mêl 1000 (km 1600) vêla chakin a vir a. Lei vir hian leia thil awm zawng zawng: tuifinriat, tlâng, thing leh mâu leh a dangte a virpui vek a; hei bâkah hian lei tuamtu boruak (atmosphere) a virpui bawk a. Mahni awm hmun tşeuhvah a vir chak dân

inangin a virpui theuh avângin lei hi a vir tih kan hre thîn lo a ni. Lei vir hi ding thut ta se, thil dang a virpui hi vir ta zêl se chuan a vir a ni tih erawh kan hre thei ang.

Hetiang hian han sawi fiah ila a chiang thei deuh awm e. Thlawhnaah i chuanin vân sângah dârkâr khata km 300 vêla chakin in thlâwk a, chutih lai chuan han maimitchhîng teh, hma lam panin in thlâwk zêl tih i hre lo vang. Chutah



thlawhnaa hnathawk (flight attendant)-in no-ah coffee a rawn

thli chhuak a, tibaw miah lovin a thli thîn a nih kha. A chhan chu thlawhna chhûnga awm zawng zawng: boruak, coffee, no, nangmah leh thil dangte kha thlawhna chuan chak dân (speed) inangin a kalpui che u a, chvâng chuan hma lam panin in kal zêl tih i hre lo a ni.

Hetiang chiah hian lei hian leia thil awm zawng zawngte bâkah boruak hi chak dân inangin a virpui a: chvângin, lei hi a vir tih kan hre thîn lo a ni.

(Thu lâkna: Dr Lalnunsiam Colney, *Hringnun Zawhna Science Aţanga Chhanna Vol - 3*)



Tûnlai naupang leh tleirâwlte zîngah ÷awng÷ai hlutna leh ÷ûlna hre mang lo leh ÷awng÷aina fo nachâng hre lo ka hmu thei hle mai. ÷awng÷ai dân thiam lo intite leh ÷awng÷ai dâwna zak tlat ka hmu nual bawk a. A pawî ngawt mai. ÷awng÷ai hlutna hi kan hriat a ÷ûl a ni.

Khawvêl Indopui Pahnihna laia Asia khawmualpuia indona hmun langsaâr, Burma rama Japan dotu chu British Army hnuaiia Lushai Brigade te kha an ni a. Lushai Brigade chhûngah hian Burma Regiment (Burma Frontier Force) an awm leh a. Chutah chuan Chin Hills Battalion an awm leh a. Mizoram a÷angin tlangvâl eng emaw zât an ÷ang ve a. An zîngah chuan Dr C. Lalhrekima pu C. Thangkhuma, ‘*Zîng thlazârin han lêng ila*’ tih phuahtu pawh hi a tel ve a ni.

An Battallion hotute chuan, “Lushai an huai ber a,” an ti mai zêl a, hmun harsaah an bulah awm se an duh ÷hîn. Indopui a lo tâwp dâwnah an battalion-a Sâpho chuan, “Hêng mite hi hrehawmna hmunah pawh an hlim thei reng mai a, ÷awng÷ai mi an ni a, an huaisenin Pathianin a pui nasa êm êm a ni,” an ti!

Tûnlai Mizo ÷halaite leh ÷halaite chang lo pawh social media leh dia lova kan awm dân en chuan, Chin Hills Battalion-a Mizo tlangvâlte ang hi chu

kan ni lo deuh a ni. Hrehawmna hmunah pawh hlim thei reng tûrin, huaisen zêla, Pathianin a puiah nasat tûrin 'ṭawngṭai mi an ni' tih hi hlawhchhuah ve i tum ang u.

Kan mangan lai, kan lâwm lai te, kan thinrim lai te, mamawh kan neih lai te leh kan hlim lai te pawhin i ṭawngṭai ṭhîn ang u. Ṭawngṭai hi Pathian nena kan inzawmna a ni.



Mizorama Chanchin Ṭha hril hmasa ber chu Rev. William Williams-a a ni. Kum 1891 March 15 khân a ṭhiante nêh Kutbul Lui Chhuah an thleng a, chutah chuan Mizo naupangte Bible milem te an sem a, hla te an sa bawk a. Mizo zîngah naupangte hi Chanchin Ṭha dawng hmasatu kan lo ni reng mai.



Bible hmanga chhân tûr zawhna kan rawn dah leh ta. Eng zât nge kan chhân theih i han en chhin teh ang u aw:

1. Nula thianglim, mo lâwm tûra kal kha eng zât nge?

Chhâna:

2. Israel hmeichhiaten inchei nân eng nge an khum ðhin?

Chhâna:

3. Phârtên mi an tawh dâwnin engtin nge an au ðhin?

Chhâna:

4. Jaira fanu dam lo kha kum eng zât nge?

Chhâna:

5. Isua ðhian Magdala khuua mi kha tu nge a hming?

Chhâna:

6. Mari leh Marthi te unaupa kha tu nge a hming?

Chhâna:

7. Jeriko khuua chhiahkhawn hotu kha tu nge?

Chhâna:

8. Baptistu Johana pa hming tu nge?

Chhâna:

9. Zakaria nupui kha tu nge a hming?

Chhâna:

10. Israel-hote biak in tûr sa tûra Pathianin a ruat kha tu nge?

Chhâna:

Note: August thlaah a chhâna târ lan a ni ang.

June thla Quiz chhâna:

- | | | |
|----------------------|-----------|-------------|
| 1. Tera | 2. Ur | 3. Sari |
| 4. Hnam tam takte ða | 5. Lameka | 6. Pathum |
| 7. Chhâwng thum | 8. Kum 7 | 9. Jehosebi |
| 10. Jehoiada | | |

HRE THEI RAWH LE!

Kan kohhran pastor chhuanawm tak tak pali, chatuan ram pan tawhte thlalâk kan rawn târ lang a. An hming te, an pian kum te leh thih kum te zawn chhuah in lo tum ang a; in thil zawn chhuah chu an thlalâk zâwnah hian in lo ziak dâwn nia.



Hming: _____

Pian kum: _____

Thih kum: _____



Hming: _____

Pian kum: _____

Thih kum: _____



Hming: _____

Pian kum: _____

Thih kum: _____



Hming: _____

Pian kum: _____

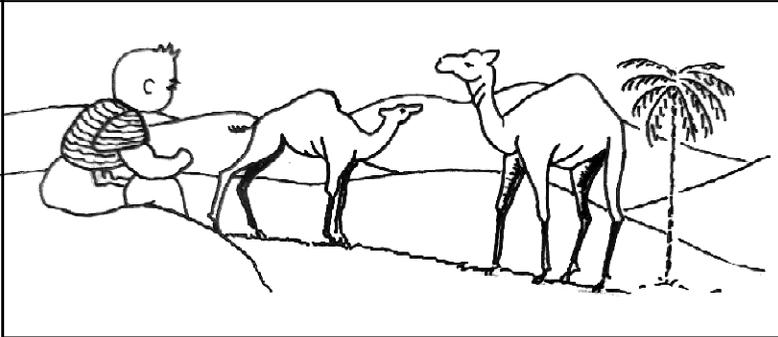
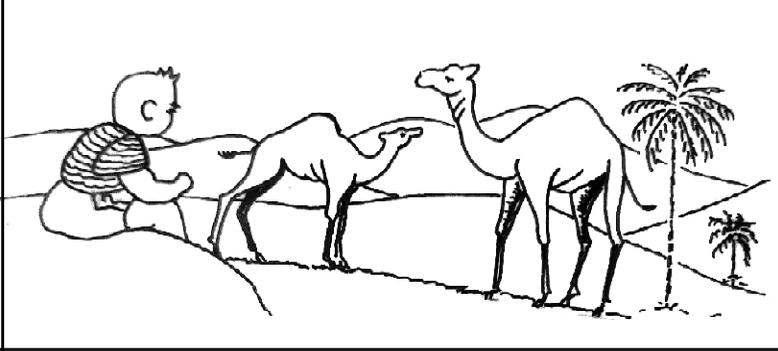
Thih kum: _____



CHEI RAWH LE!



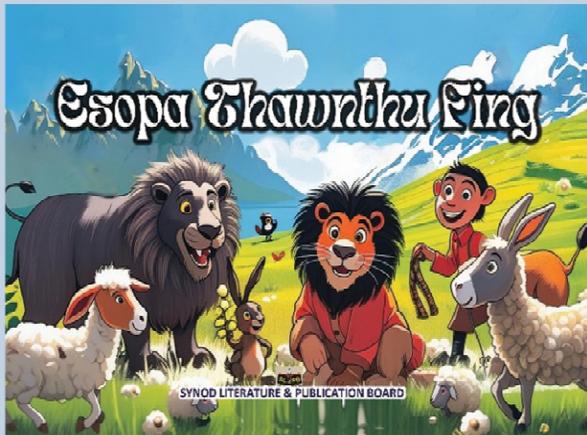
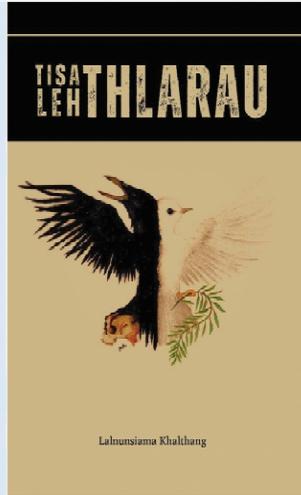
KA HMUH ANG HMU THEI RAWH



A chungah lemziak chi hnih khi ngun takin en la, a inan lohna chi ruk hmu thei rawh.

1.
2.
3.
4.
5.
6.

Tisa leh Thlarau lehkhabu hi tleirâwlte puala SL&PB-in a buatsaih a ni a. Thuziak tha leh ngaihna, zirtîr nei tha tak tak khung khâwmna a ni a. Synod Bookroom lei theih reng a ni e.



Esopa Thawnthu Fing, lehkhabu hlu leh chul thei lo chu a lem (full colour) awm, a kâwm khawngin chhut thar leh a ni ta! Synod Bookroom-ah ₹200-in lei theih a ni.

To



Lunglei Venglai Kohhran NPPSS 2025

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