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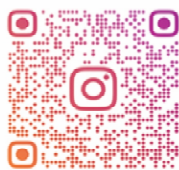


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KRISTIANNAUPANG



• NATNA TI DAMTU PATHIAN • I NUNNA - I KUTAH
• TLEIRÂWLTE MAMAWH • I TIH VE TUR
• THU ÂWIH PAWIMAWHNA

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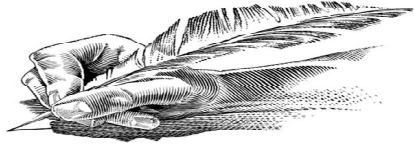
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Kristian Naupanga thu chhuahre hi Editor ngaih dân a ni vek kher lo.

A chhunga thu awmte

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Editorial

HUN HMAN THIAM A PAWIMAWH

Ni khat chhûnga tih tûr eng emaw zât kan nei thîn a. Eng ber nge kan tih hmasak ang a, eng nge a hnunung lamah kan tih ang? Kan thil tih tûr indawt dân thiar fel thiam a pawimawh hle. A pawimawh hmasak dân indawtin tih tûr rem fel hmasa ila; tichuan, a hmatiamin ti ila, chutianga kan tih theih chuan kan lung a awiin hlawhtlinna kawng kan zawh dân a ni.

Zirlaite tân hian hun hman thiam a pawimawh zual hle. Exam-naa ti tha thînte hi hun hman thiam tak an ni thîn. Ni tina an hun hman dân tûr ruahmanna fel tak an siam thîn a. Lehkha zir dân tûr tha takin an ruahman a. Zir hun chhûng leh zir dân tûr ruahmanna fel tak an neih angin an zir a, chu chu hma an sâwn phah thîn.

Mi tam tak chuan a tlachawpin hun kan hman mai thîn a. Lehkha zir hun pawh mumal takin kan ruahman ngai lêm loh avângin kan zirnaah hma kan sâwn chak thei lo a ni.

Zîng thawh aţanga zân mut hun thlenga tih tûr indawt siam ila, chu chu hmanhmawh miah lovin ti mial mial ila, ni khat hi hlâwk zâwkin kan hman thei ngei ang.

NATNA TIDAMTU PATHIAN

*Sophia Lalruatpuii Royte
Intermediate Department
Durtlâng North Kohhran*

Vêng pakhatah hian Hmangaihi hi a awm a, thla hnih chhûng a zeng tawh a. Pathian hnêna a ãawngtâina chuan awmzia a nei lo niin a ngai hial tawh a ni. Thla hnih chhûnga a ãawngtâinain awmzia a neih ngei ringin, a beidawn châng apiangin a ãawngtâi uar leh sauh sauh zêl a. Ni tin Bible chhiar leh Pathian hnêna ãawngtâi chu a thlahthlam ngai lo va. Eng tik niah emaw chuan Pathianin a dîlnate chu a tihhlawhtlinsak ngei a ring a ni. Tichuan, Pathian a ringa a ãawngtâina ãhin avângin tiang hmangin a kal thei ta mai a.

A hnu leh zêlah pawh ãawngtâi leh Bible chhiar thlahthlam lova, beidawng lova Pathian a ãih tlat avâng chuan tiang tel lo pawhin a kal thei ta a ni. Hmangaihi chuan Pathian chu a ring tlat a, a dam loh laia enkawltu leh a natnate lâk kiansaktu Pathian chu ropui a ti a. A dam hnuah pawh inkhâwm te, Bible chhiar te leh ãawngtâi te chu a chhonzawm zêl a ni.

Kei LALPA a tidamtu che ka nih hi (Exodus 15:26).

RUAH SÛR

*Vanlalmuanthara
Senior Department
Vânâwng Kohhran*

Dîl mawi tak bulah hian thing lian deuh mai hi a dîng a, chu thingah chuan sava nupa hi an chêng a; note pakhat Savatea hi an nei bawk a. An awmna chu nuam a ti hle thîn.

Mahse, an awmna hmunah chuan ruah hi a sûr duh êm êm mai a. Ruah a sur châng chuan a chhuah theih ngai hauh loh va. Savatea chuan a ning thei hle mai a, a châng chuan a rûkin a lo chhuak thîn a. Chutia a lo chhuah rûk châng erawh chuan a nu leh pa chuan an hau nasa thei hle.

Ni khat chu ruah a sûr leh bur bur mai a, pâwna chhuah ngaihna awm hauh lovin a sûr a. Savatea chuan, chutianga chhuah theih loh chu a ning hle mai a, a awm mai mai pah chuan thil hrang hrang a ngaihtuah a. Nakînah chuan a rilruah thil pakhat a rawn lût zawk a, ruah sûr ngai hauh lohna hmuna kal a rilrûk ta a ni. Tichuan, hun remchâng a awm veleh chutiang hmunah chuan kal a tum ta a. Chutiang rilru a put aţang chuan kâr hnih a lo liam leh hnu chuan, ni khat chu ni dang ang lo takin ni a sa vawl vawl mai a. Savatea chuan chumi nia

chhuah chu a tum ta a. A nu leh pa hriat loh hlân chuan a thlâwk chhuak ta vang vang mai a.

Chutia a chhuak ta chu khawchhak lam panin a thlâwk zêl a, thing remchâng a hmuh apiangah chuan a châwl zêl a. Chutianga ni thum zet a thlawh tâkah chuan a lo suangtuah ang hmun chu a hmu ta a, chumi lam pan chuan a thlâwk ta thuai a. Chu hmun chu ruah sêr ngai hauh lohna ni âwma mawi a ni.

Chu hmun a thlen chuan nuam a ti êm êm a, a awmna hmasa anga tawmim reng a ngai lo bawk a. Nimahsela, a awm rei tulh tulh a, ruah a sêr ngai loh avâng chuan tui hmuh tûr leh in tûr rêng rêng a lo awm hauh lo mai hi a lo ni a. Thing buk hlim nuam chawlh hahdamna tûr lah a awm bawk si lo. Savatea chu a lo chau va, haw leh tûrin chakna a nei si lo. Chu thlalêr ram rovah chuan a vâkvai ta a.



A tâwpah chuan a nu leh pate nêna an awmna hmum lam a ngaihtuah a, a lo nawmzia leh a lo nin thîn êm êm ruah sûrin malsâwmna a lo thlen thinte chu a hre chhuak zut zut mai a. “Tunah zet chuan ka lo nin thîn êm êm ruah sûr kha hmu leh thei dâwn ni ila chu a aia duh ka nei lo tûr,” a ti ta a ni.

He khawvêla kan awm chhông hian kan chhâk zâwng leh nuam tih zâwng ti thei lo tûra min phuartu a awm thîn. Nu leh pa leh zirtîrtute thununna hnuaia lêng kan ni a; dân an siam a, zawm tûr an siam a, thu âwih min zirtîr thîn. A châng chuan hrehawm kan ti a, kan ning a, kan lungawi lo ve fo thîn. Nimahsela, kan tâna tha tûr, kan tâna malsâwmnaa chang tûr a lo ni zâwk thîn. Chumi ngaihtuah thleng pha lote chuan dân leh thununnate chu pal zûtin, dânin a phuar phâk lohna chinah an tlânsan fo thîn.

Nimahsela, chu zalêna, rah tha chhuah tûr nei lo ûmtute chuan beidawna, pawî tihna leh inchhîrna bâk an hmu ngai si lo. Chuvângin, lungâwina leh thil nihphung pawm thiamna nên i hun lo hmang ve thîn ang che.

Mi â chuan a pa thununna a ngainêp thîn a, zilhâuna ngaisâng chuan hmang hre takin a ti thîn. Kawnga pênasantu thununna chu a na a, zilhâuna hawtu chu a boral ang (Thufingte 15:5-10).

I NUNNA - I KUTAH

C. Lalremruati
Senior Department
New Diakkâwn Kohhran

Kan Pathian thu thianghlimah chuan “Mihring tuar theih ang chauh lo chu thlêmna rêng in chungah a thleng ngai lo. Pathian zawng a rinawm a ni, ani chuan intuar theih ang tawk aliam chu thlêmna intawh a phal lovang; intuar theihna turin thlemna rualin tân chhuahna kawng a siam nghâl zâwk ang,” tih kan hmu a (1 Kor 10:13). He thu hi kan thinlunga kan vawn reng a tûl hle a ni.



Mi tute pawh mai hian thlêmnnate kan tâwk vek a, a hneh thei tam tak an awm laiin, hneh thei ta lo an awm bawk. Duh thlanna hman dik loh vânga nun kawng zawh sual ta hi an awm nuk mai. Naupang têa mahni

nunna la leh rilru lam piang sual ta hial te hi an va tam tawh si êm!

I chawr chhuahna chu eng ang chhûnkua pawh ni se, mahni tâna chakai khawrh kan nih theuh avângin mahni nun tluka pawimawh leh kan vei tûr a awm chuang lo. Kan tâna tha tûr leh kan tâna chhe tûr kan hre vek a. Thil tha kan tih hian kan nun hi a hlim thîn. Chuvângin, Pathian lâwm zâwna kan nun hi a tûl tak zet a ni.

Kan Pathian hian keimahni theuhvah chhia leh tha thliar hran theihna min pe a. Thlêmna kan tawh rualin a tlân chhuahna kawng min kawhbmuh leh thîn. Amaherawhchu, duh thlanna chu kan kuta innghat a ni a, a tha lam kawng zawh hrâm hrâm hi kan tâna thil tha ber chu a ni.

I thlarau nun atâna i dam lai hun Pathian hnêna i pêk tlat chuan chatuanin i thi leh tawh ngai lo vang a; i âwka chhuak leh i chêtziain Pathian chawimawi la, i nunna a kutah a awm tih hre reng chungin; Pathian duh zâwn leh a lawm zâwnin nung tlat ila. Min siamtu hre reng chungin kan hun leh nite chhiar hi kan tih mâkmawh a ni.

Nang, chhiartu duhawm tak, khawi lam kawng zawhin nge i kal ve dâwn? A chhe lam kawng nge a tha lam kawng i zawh dâwn le? A tha lam kawng, nunna kawng hi i zawh zêl ang u.

KIMA HLAWHTLINNA

*C. Lalawmpuia
Khawbung Vêngpui
Sacrament Department*

Kima chu zirlai naupang a ni a, an sikulah chuan a thiam thei pâwl erawh a ni lo. A beidawng êm êm thîn a, pâwl riatah chuan kum hnih a thû nawn tawh a. A beih ve hrâm hrâmna chuan beidawna bâk lo chu thil dang a thlen lovah a ngai a ni.

Zîngah sikul a kal hmain lehkha a zir a, sikul a bân veleh a zir leh a, zânah a zir leh tlauh tlauh thîn. Chuti khawpa zir taima si chu a thiam thei lo êm êm a, exam-naah pawh a inziak pass thei thîn lo. A chhûngte lah an buai êm êm a, lehkha a zir theih nân tiin rim takin hna an thawk a. Chu chu Kima chuan a hmu thiam ve vek a; eng ang pawhin zir nasa mah se a pass thei chuang si lo.

Pâwl riat chu a kum thum nân a zir leh ta a. A beidawng lek lek tawh a ni. Pakhatna nih chu a tum ber a ni lo, pakhatna nih tum rânâ beih ai chuan thiamna leh hriatna neih tumin a bei zâwk a. A naupan deuh lai aţang tawhin thiam thei tak a ni ngai lo va, pâwl riat pheih chu a pass pawh a inring tawh miah lo. A chhûngte a en châng te hian a lungngai thei êm êm a, an nuih bâwk bâwk

lai pawhin a nui ve hlei thei lo. An chhûngkaw dinhmun a hre Chiang a, beidawng mai thei niin a inhre bawk si lo. A lungngai êm êm thîn a, a rûkin vawi tam tak a ƣap thîn a ni.

Vawi khat chu an inkhâwmnaah thuhrlitu chuan, “Mi tin hian hlawhtlin hun kan nei vek a. Chu hlawhtlinna chang tûr erawh chuan kan ƣa emaw, ƣa lo emaw, taima taka beih a ngai. Pathianin a hun takah kan beih chhante chu min pe thîn a lo ni,” tiin a sawi a. Kima rilru chu a khawih hle a. A hlawhtlin ve hun tûr chu hre lo mah se Pathian a ring tlat a. Chumi ni aƣang chuan Pathian pawh a hnaih phah lehzuai a, a lehkhâ zirna apiangah Pathianin a hruai thîn.

Kum tâwpah chuan result chu an târ chhuak leh ta a, Kima chuan a fail leh tho a inring deuh va. Lehkhâ an târ chu a en a, a hming a hmu ve ta, 16-na a lo ni reng mai! A ƣhianteh leh zirtirtute pawhin an lawmpui hle a; a beih nasatzia erawh an hre thiam ngai lo vang. A result a hriat zawh chiaha a tih hmasak ber chu Pathian biak a ni. A hlawhtling ve ta tih a inhria a, Pathianin a pui tih pawh a hria. A hlawhtlinna chu mi tam tak ngaihah chuan eng vak mah a ni lo mai thei; mahse, a tân erawh chuan thil ropui tak a ni.

Nang pawh, tûnah i la hlawhtling lo a ni mahna; mahse, beidawng lo la, mi tin hian hlawhtlin hun kan nei tih hriain hma lam pan zêl rawh.

TLERÂWLTE MAMAWH

*Loicy Laldusangi Tlau
Senior Department
Tlângnuam West Kohhran*

Tunlai khawvêl changkâng zêlah, kan Zoram pawhin hma a sâwn zêl a. He khawvêl hmasawn zêlah hian Mizorama chêng tleirâwlte zawng zawngte hi eng thilin nge kan mit laa, kan beng titlai ber ang le? Kan ram leh hnam inngahna tleirâwlte hian kan mamawh hi kan hre Chiang Chiah em? Thil ho mai maiah kan tha leh zung kan la sêng ral fo zâwk em ni? Tleirâwlte mamawh chu eng nge ni ta ang? Tawi tê tēin sawi i han tum teh ang.

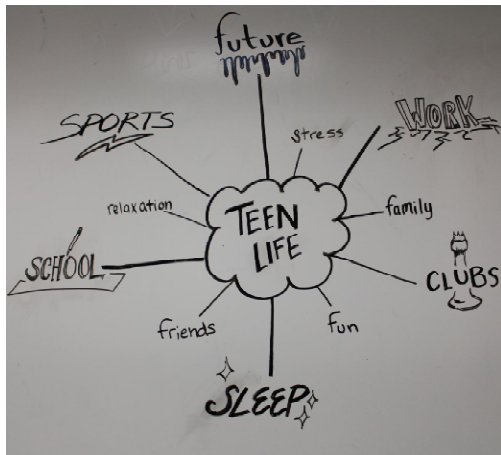
Tūnlai changkânain a ken tel social media hi kan buaipui ber te zînga mi a ni ti îla kan sawi sual âwm lo ve. Social media hi a hmang thiam tân chuan thil tângkai tak leh kan ni tin hun hmanaa min pui theitu t̄ha tak a ni a. A hmang thiam lo leh a t̄angkaina han p̄awl pha ve lo tân erawh chuan kumkhaw chawr chhuah loh phah theihna, thil hlauhawm tak a ni thei thung. Thil changkâng leh t̄ha tak takte kan hmuin kan hria a, kan mamawh ber emaw tiin neih ngei ngei tumin, mahni thawh chhuah ni lēm lo, chhûngte thawh chhuah sain kan lei a. Nei ber ni âwm ziazângin kan intithe i hle t̄hîn. T̄hiani, t̄hiana, hêng khawvêl thilte hi i mamawh ber an ni lo a nia.

A dawt lehah chuan hmangaihna lam i han hawi dân teh ang. Sâpho tih dân deuhvin *teenage love* leh *high school sweetheart* tih ãawngkamten tleirâwlte rilru a hneh pap pap khawp mai. Hêng thilte hi kan mamawh berah kan ngai a nih chuan harh chhuah a va hun êm! Mihring pângngai ni ve ta fam chuan duh leh ãa tih neih te chu thil thiàng a ni a; mahse, hetiang hmangaihna thil hi kan hma hun leh kan nun pum pui tichhe tu ni lo se. Nulât tlangvâlna hian i harh hma lo hrâm ang u. Thiannu, inti laklawh lul suh ang che.

A pathumnaah chuan, thil mawiber ber leh thil nêlawm ber

berte hi kan mamawh ber niin kan ngai em? Sneakers emaw, heels emaw changkâng ber ber neih loh kha hlau suh, a bunna tûr ke neih loh kha a hlauhawm zâwk. Bracelet leh zungbun mawiber ber neih loh kha hlau suh, a bunna tûr neih loh kha a hlauhawm zâwk. Hêng thilte hi i mamawh ber an ni si lo.

He khawvêl mawina leh hlutna hmua, tem chhin ve tûra nunna hlu tak petu che kha tûn mai



ni lovin nakin thlenga i mamawh ber tûr chu a ni. Hla siamtuin ‘Ram zâu taka lalbera thut ai chuan’ tiin a lo phuah a. Sual thununin i awm em? I mamawh ber Isua i zui tawh em? Khawvêl mawina chuai leh mai tûrten i mamawh Lal Isua lam i panna tûr kawng an dâl em? I kawppuiin i mamawh dik tak i panna tûr kawng a dâl maw? Chutiang anih chuan kalsan daih rawh.

Ka tleirâwlpui duh takte u, kan mamawh ber, tlai ngai lo kan Pathian lam chauh hi i hawi ang u. Kan Lal Isua Krista zui aia changkâng a awm dâwn chuang em ni? Ani buaipui aia changkâng leh nuam a awm chuang lo vang. He khawvêl changkâng zêl rual hian a tâwka ke kan pên thiam a ngai a nia.

Nunna hlu tak min petu, chhandam kan nih theih nâna a nun hlântu, kan Lal Isua Krista hi tleirâwlte mamawh ber chu a ni. Lal Isua Krista hi i mamawh ber a ni ve dâwn em?

FACEBOOK LEH INSTAGRAM

Kristian Naupang chanchinbu pualin Facebook page leh Instagram account siam a ni a. Hetah hian kohhran hrang hranga Sunday School naupangte thlalâk leh thil pawimawh dangte târ lan thîn a ni dâwn a. A kâwm hma lama QR code hi scan-in a follow theih a, lo follow tûrin kan insâwm a ni.

Facebook: Kristian Naupang | Instagram: kristiannaupang

HREMHMUN

Sikulah te, inah te pawh zirtîrtuten emaw, nu leh paten emaw an hrem tawh ngai che u em? Sipai phei chu an inhrem nasa thîin a, bungbuin, an lûin lei an nawrtîr a, kut hnung sui hin zankhu aa hrem te an awm a. Chutiang chu a hrehawm êm êm a ni. Chutiang aia la hrehawm daih zâwk chu Pathianin mi sual a hremna tûr hi a ni a. A hming pawh ‘hremhmun’ a ni tawp mai a ni.

Hremhmun hming dang chu meidîl a ni. Dîl in hria em? Dîlah chuan eng nge tling thîin? Tui a tling thîin a ni. Dîl chu hmun nuam tak a ni thei a, sanghate pawh a khawi theih a, inbual nân leh tui chên nân te pawh a hman theih a. Mahse, meidîlah chuan eng nge awm ang le? Tui tho em ni awm ang? Teuh lo mai. Mei alh zuai zuai in a khat a nih chu. A sa mai mai ang chu aw! Meiin in intikâng palh tawh em? Thil sa khawih zeuh pawhin kut te a durh pawp thei a nia. Ram kâng te, in kâng te chu an thelh mit leh mai thei a, thingte a kan zawh vek hnuah phei chuan amah pawhin a thi leh mai thei thîin. Meidîl chu a mit thei lo va, chatuanin a alh hluah hluah reng mai a nih chu.

Hremhmun chu a sat teh lul nên mi tam tak an awm nia maw le! Tute nge awm ang le? Setana leh a pâwlteho awmna a ni a; Isua ring duh loho zawng zawng awmna tûr a ni. Pathian thu âwih duh lo te,

Isua ring duh lo te, tualthat te, rûkru te leh سوال sim duh lote chu an thih hnuah hremhmuna chuan paih tûr an ni a, mei sa lutukin a lo kâng dâwn a ni. 'Ka kal ve palh pawhin ka kâng hlum vat ang a, na ka hre rei chuang lo vang,' ti in awm em? Hremhmuna chuan maw, tu mah an thi thei tawh lo va, chatuanin meiin a kâng char char mai dâwn a ni. A sa dâwn ropui mai si a, an tui te a hâl dâwn, tui in tûr a awm dêr mai si lo. Chatuana an au dân tûr chu, 'a sa lutuk, a sa lutuk' tih a ni mai. Hremhmuna an paih tawh chu tu mah an chhuak leh thei tawh lo a ni.

Hremhmuna kal in duh loh chuan awm dân tûr hmasa ber chu Isua rin a ni. Isua ring lo zawng zawng chu hremhmuna an kal dâwn. Isua rin hnuah chuan سوال sima a thu âwih leh tûr a ni. Bible-ah hian Isua ringtute awm dân tûr a inziak t̃euh va, chumi hre tûr chuan Bible chhiar fô tûr a ni. Chuti lo chuan, Isua thute kha kan lo zâwm lo palh ang a, hremhmuna kan tla ang tih a hlauhawm a ni.

Zawhna

1. Hremhmun hming dang eng nge ni?
2. Hremhmun chu tute awmna tûr nge a nih?
3. Hremhmuna kal lo tûra awm dân tûr eng nge?
4. Tute nge hremhmuna kal ang?

I TIH VE TÛR

Eric Lalnunmawia

Joint Editor

Pathianin mihringte sual ata min chhandam nân a Fapa Isua Krista a hlân a. He thilah hian tih ve tûr pawimawh tak kan nei a ni. Eng nge ka tih ve tûr chu ni ta ang? Isua Krista rin mai hi a ni. Amaherawhchu, Pathian thu chuan, “Chutiang bawkin rinna chu thiltih nei lovin amah chauhvin a awm chuan thi a ni,” tiin min hrilh a (Jak 2:17). Eng nge kan tih tûr chu? A langsâr zual pathum lek lo târlang ila.

A hmasa berah chuan Pathian nêna inpâwla lêng dôn tûr kan ni. Chumi tûr chuan kan pianthara, a thu thianghlim chhiar leh ʔawngʔai kan taihmâk te a ngai. Chu chuan kan nuna kan ngaih pawimawh ber tûr Pathian nêna kan inkârah inlaichînna ʔha min siamsak dâwn a lo ni. Hei bâkah hian kohhrana Pathian biak honaah te, hnathawhnaah te leh thil tih hona hrang hrangah te kan tel ve ʔhîn tûr a ni.

A pahnihnaah chuan nu leh pa chawimawi hi kan tih tûr pawimawh a ni. Kan Pathian thu chuan kan nu leh pa chawimawi tûrin thu min pe a, nu leh pa chawimawite chu dam reina min tiam a ni. Tu mahin kan lo pian chhuahna chhûngkua, kan nu leh pa kan thlang thei lo, Pathian ruat an ni.

Kan nu leh pate hi an dinhmun a sâng emaw, a hniam emaw; an fel emaw, an sual emaw, kan zaha an thu kan âwih hi kan chawimawi theih dân kawng tha leh awlsam tak a ni.

A pathumnaah chuan kan vêngte kan hmangaih tûr a ni. Tute nge kan vêngte chu? Kan mihringpuite hi an ni. Mihringte hi mahni tâwkah chapo tak vek kan ni a, kan mihringpuite kan hmangaih tâwk lo fo thîn. Kan chhûngte leh kan laina hnaite chu kan hmangaih thei mai; mahse, mi hrang leh hmêlhrat lohte hmangaih erawh chu thil har tak a ni. An lan dân te, an nihna te leh an dinhmun te kan teh zung zung a; a tling nia kan hriat apiang kan hmangaih a, a tling lo nia kan hriatte erawh awm ve lo ang maiin kan cheibâwl thîn. Amaherawhchu, Pathianin a duh taka a siam vek kan ni a, min hmangaih dân pawh a inang vek a ni tih hi kan hre reng tûr a ni.

Pathian chuan amah ringtute chu inhmangaih tawna, kan phurritte inchhâwk tawn tûrin min duh a. He khawvêlah hian Pathian remruat dânin kan lo piang a; kan chhûngkua te, kan nihna te, kan lan dân te leh pianphung te hi Pathian remruat a ni. Chumi piah lam, kan thil tih te, kan nun dân te leh he khawvêla kan khawsak dân te erawh hi chu keini mihringte duh thlannna a ni. Chu kan khawsak dân chuan ringtuten kan tum ber Vânrâam kan kai leh kai loh a hril dân a ni. Kan rinna hi thil tihin i lantîr zêl ang u.

CLASS TEST

Thawhtannia sikul kal lai hian zirtîrtunu Miss Sai chuan kê tâwpah class test an neih dâwn thu a puang a. An zirlaite chu a har deuh avângin zirlai zawng zawng chu uluk taka inbuatsaiha, tha taka lehkha zir vek tûrin a chah a, an test tûrho chu chiang takin a hrilh bawk a. Test-naa mark hmu sâng ber chu lâwmman tha tak a pêk tûr thu leh a hmu hniam ber chu hrem a nih tûr thu pawh chiang takin a puang bawk a.

Kê tâwpa test tûr an nih avângin an class pum pui chu an inbuatsaih nasa mai a; zirlaite zînga satel, awle leh zâwngtê te pawh chuan an inbuatsaih dân tûr leh an lehkha zir dân tûr te an sawi



ho va, an tâng hle mai. Zan tin a huhova zira, tha taka tih chu an duh theuh va.

Chutia an thianhova lehkha zir ho dân tûr an ngaihtuaha an rêl laih laih lai chuan an thianho zînga mi ve tho sazupui chuan an sîrah a lo ngaihla ve reng a; nimahsela, a ngaihsak lo hle mai a. A tih dân pângngaiin mu chungin a maimitchhîng duar duar a, carrot a thial hmarh hmarh a, an titi a

ngaihthlâk zawh hnu chuan, “Kei chu test dâwn zânah ka zir vak ang a, ka thiam vek mai ang. A hmaa lo zir lâwk vêl ka peih lo ve,” a ti a. “Lo en mah r’u aw. A hun hnaihah ka zir ang a, ka thiam hman vek tho ang. Test-naah ka ti tha ber leh tho ang,” tiin mahni inring tâwk takin a sawi vêl ham ham a.

Test hma zân a lo thlen chuan sazupui chuan lehkha a han zir dâwn a; a lo har hle mai a. Eng mah a thiam mai thei ta hauh lo mai a, a hlauthâwng baw k si chuan lehkhavute chu a keu kual sek a, zirlai hrang hrang chu a hriat pawlh vek tawh a. A mangang baw k si leh Miss Saiin a hrem a hlauh avâng chuan tlaivâr thakin, thiam eng mah nei lovin lehkha a zir ta chiam mai a.

Test nî a lo thlen chuan satel, awle leh zâwngtê te thianho chuan test chu nuam ti takin an hmachhawn a, chhânate an hriat vek avângin nuam an ti hle a, tha takin an zia k vek a. Chutih lai chuan, sazupui ve thung erawh chu a hma zâna a tlaivâr thak avâng leh a mutthilh miah loh avângin a mut a chhuak êm êm a, a chau tawngkhawng chu test tan a tanga minute nga vêl lekah a muhîl ta bawrh bawrh a! Result a lo chhuak a, satel, awle leh zâwngtê te thianho chuan tha taka an tih avângin Miss Sai chuan lâwmman tha tak a pe a. Sazupui erawh chu a fail avângin a hrem ta thung a.

Chapo hi mualphona a ni.

(Thu lâkna: Dr Lalthakima, Mut Hmun Thawnthu Sawmnga.

Aizâwl:SL&PB, 2026)

THU ÂWIIH PAWIMAWHNA

*Samuel Malsawmhlua
Ramhlun Sports Complex
Junior Department*

Hmânlai hian Sâwmtea hi a awm a, an khua chu Champhai a ni. Sâwmtea hi Sunday School leh sikul lamah hauh tâwk zing tak a ni a; mahse, thian fel tak mai a nei a, a hming chu Hriata a ni. Hriata erawh chu sikul leh Sunday School lamah pawh zirtirtute zah thîn leh thiam thei tak a ni.

Ni khat chu Sâwmtea leh Hriata hi an lêng a, an lènnaah chuan Hruaia, Lawma, James-a leh Jason-a te chu an lo awm a, anni chuan Sâwmtea chu luia kalpuiah an rawn sâwm a. Hriata erawh chuan Sâwmtea chu a nuten hmun danga kal lo tûra an tih avângin luia kal ve lo tûrin a ti a; mahse, Sâwmtea chuan engah maha ngai lovin a kal ta tho a ni.

Hriata chu amahin a haw a, in a thlen chuan a nu chuan, “I lo thleng hman chu ka va lâwm êm! Ruahthimpui a lo thleng dâwn si a,” a lo ti chûl a. Hriata chu hlauhthâwn hmêl takin a meng a, a nu chuan a chhan a zâwt a. Hriata chuan Sâwmtea chu Lawma te, Hruaia te leh James-a te bulah luiah a kal ve thu a sawi a, a nu chuan Hriata chu

hmanhmawh taka Sâwmtea nu te va hrilh nghâl tûrin a lo ti thuai a.

Hriata hmanhmawh deuha Sâwmtea te in a va thlen dâwn lai chuan Sâwmtea nu chu anmahni zawng tûrin an lo chhuak ve dâwn chiah a. Sâwmtea-te luiah an kal thu Hriatan a hrilh chuan Sawmtea nu leh pa mangang chuan YMA hruaitute chu an hrilh thuai a. YMA hruaitute leh Sâwmtea pate Sawmtea-te zawng tûra an kal chu Hriata pawh chuan a zui ve nghâl a.

Lui an thleng a, ruah pawh nasa takin a sûr tawh a, tui pawh a lo lian êm êm a, rei tak an zawn hnuah pawh chuan tu mah an hmu zo ta lo va. Sawmtea nu mangang chu a ̣ap a ̣ap a. Haw phawta a tûka zawn leh chu an tum ta a ni. An haw dâwn chuan Hriata chuan Sâwmtean a ko ri ang tak a hriatna lam a va en leh chuan a ̣hianpa Sâwmtea leh mi dang chu vaukamah an lo awm khâwm chu a va hmu a, puitling a va hrilh leh vat a. An va en chian chuan an lo la kim ̣hap mai a, an hruai haw ta a ni. An haw kawngah chuan Sâwmtea chuan Hriata thusawi a âwih loh avâng leh a nu thu a âwih loh avâng tein ngaihdam a dîl a. A nu chuan a kuah a, a ngaihdam thu leh thu âwih loh pawizia a hrilh a, anmahni vêngtu chu Pathian a nih thu a lo hrilh bawk a. Hriata pawhin a ngaihdam thu sawiin, hlim takin an in an thleng ve ta a ni.

THAWNTHU INPHUAHSIAK LÂWMMAN SEM

August 11, 2026 (Thawhlejni) chawhnu dâr 2:00 khân J.M. Lloyd Hall, Synod Office-ah SL&PB buatsaih naupang leh tleirâwl puala thawnthu inphuahsiak lâwmmán sem a ni. He hun hi Rev. P.B. Zosâpthara, Editor, SL&PB-in a kaihrui a. Rev. John Raldosanga, Moderator leh Rev. Dr K. Lallâwmzuala, Executive Secretary i/c SL&PB-ten lâwmmán an sem. Naupang leh tleirâwl puala thawnthu inphuahsiakah hian mi 130-in an thawnthu phuah an theh lût a ni. Hêng lâwmmán late thawnthu ziaak hi lehkhahua la tihchhuah tûr a ni.

LAWMMAN DAWNGTUTE

Pakhatna : Lalhruiatluanga, Salem Vêng

Pahnihna : Malsawmzêli, Bethlehem North

Pathumna : Lalremruati, Ramhlun Sports Complex

Consolation dawngtute

1. C. Vânlalchhanhima Bûngtlâng Vêngsâng
2. C. Lalzawmliana Vânhêngpui
3. Rodingpuii Sialhau
4. HD Ramngaihawma ATC/Ratu
5. Lallâwmkimi Champhai Vêngthlang
6. CT Lalmuankima Leitan South
7. F. Lalnunmawia Thingdawl Vênglai

THAWNTHU INPHUAHSIAK LAWMMAN DAWNGTUTE





THINGSÛLTHLIAH KOHHRAN TLEIRÂWL LEH NAUPANG CHAWHNU INKHÂWM

Thingsulthliah Kohhran hi kum 1908-ah a ding tan a. Tûnah hian dânzawhkim 1,378, Naupang Sunday School zirlai 305 leh zirtîrtu 67 an awm mêk a ni.

Sunday School hian MSSU leh Kohhran Committee aţanga tih tûr lo kalte a theih ang angin an tihlawhtling ţhîn a, Naupang Inkhâwm leh Tleirâwl Inkhâwm hi uluk takin kalpui a ni. Naupang Inkhâwmah hian Beginner-Junior Department an tel a, Tleirâwl Inkhâwmah hian Intermediate-Senior Department an tel baw. Kohhran Committee hnuaia Sunday School Committee-in Naupang Inkhâwm leh Tleirâwl Inkhâwma convener, secretary leh zirtîrtu tûr Naupang Sunday School zirtîrtute zîng aţangin a ruat ţhîn a ni.

Tleirâwl Inkhâwmah hian zirlai 117 leh zirtîrtu 9 an awm a. Group thum, Sadraka, Mesaka leh Abednego tih hming chawiin siam a ni a, group tinah hian tleirâwl aţangin group leader leh secretary ruat an ni. Tleirâwl Inkhâwmah hian programme chi hrang hrang, hêng: zirlai zir, sol-fa zir, hla zir, praise & worship, quiz, thusawi leh food festival te hman ţhîn a ni a. Tleirâwl pual camping neih ţhîn a ni baw.

Kum khat chhûnga tleirâwl nungchang tha ber thlang chhuakin, lâwmman an pe thîn bawk. Tleirâwlten inkhâwm nuam an tih thei nân zirtîrtuten theih tâwp chhuahin tan an la sauh sauh reng a ni.

Naupang Inkhâwmah hian hming ziak 95 leh zirtîrtu 10 an awm a ni. Taksa leh thlarau lamah naupangten hma an sâwn theih nân special item chi hrang hrang: solo, recitation, quiz leh fak lâm te an ti thîn a. Hêng bâkah hian tiffin day leh art & craft te tihpui thîn an ni. Kohhran Committee-in a beisei angin special programme: Good Friday, Pentikos leh Krismas-ah te hla an rem thîn a. Hêng hun atân hian naupangte uluk taka hla zirpui thîn an ni a, an hlâwkpuî thîn hle.

Naupang inkhâwm hi naupangten an hlâwkpuîin nuam an ti tih a hmuh theih a, inkhâwm an taima êm êm a; kohhran inkhâwmah pawh an inkhâwm tha thei hle. Zirtîrtuten theih tâwp chhuahin naupangte an enkawl thîn a, naupangten an hlâwkpuî leh zual theih nân zirtîrtuten rilru an sêngin, tan an la sauh sauh zêl a ni.

HRIATTÎRNA

Kristian Naupang-a thu chhuah tûr nei tân
kristiannaupang@gmail.com emaw, whatsapp hmangin
phone number 8974581885-ah emaw theh luh theih
reng a ni.

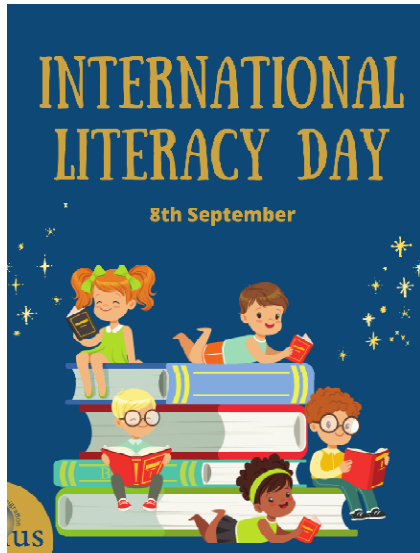
Editor, Kristian Naupang



Hriat Zauna Huang

INTERNATIONAL LITERACY DAY

International Literacy Day (Khawvêl Pum Pui Ziak leh Chhiar Thiamna Ni) hi kum tin September 8-ah hman a ni t̃hîn a. He hi hi lehkha thiam (ziak leh chhiar thiam) pawimawhzia uar taka puan chhuahna ni a ni. UNESCO chuan kum 1966-ah he ni hi a hman t̃an a, lehkha thiamna hi mihring dikna chanvo (human right) pawimawh tak a nih rualin, khawtlâng leh ram hmasâwnna t̃ura lungphûm pawimawh êm êm a ni tih mipui te, sawrkâr te leh pâwl hrang hrangte hriat nawnt̃r hi a tum ber chu a ni.



Kumin 2026 thupui chu ‘Ziak leh chhiar thiam: mipuite tân, khawvêl tân, nunkhua a nawm theih nân’ tih a ni. Khawvêl pum huapa he ni lawmna

leh UNESCO International Literacy Prizes semna hun chu Mexico ramah hman a ni ang. He mi pual hian zirlai naupangte tân chhiarkawp leh thu chhiara inelna te, thu ziaka inelna te buatsaih thîn a ni.

Khawvêl hian hmasâwn tawh viau mah se, khawvêl pumah hian mi maktaduai 739 aia tam mahin ziaak leh chhiar an la thiam lo va. Hei vâng hian UNESCO hma lâkna hi a pawimawh êm êm a ni.



Naupang sâwma pali vêl zêl hian an kum phû tâwkin ziaak leh chhiar an thiam tâwk lo an ti a. Chhiartute zîngah hian kan kum phu tâwka ziaak leh chhiar thiam tâwk lo kan awm ve ang em aw? Ziaak leh chhiar thiam tak, lehkha thiam, mi hman tlâk ni tûrin tan i la sauh sauh ang u.

Tih tûr:

- (1) UNESCO lam pum han zawng chhuak teh.
- (2) Kuminah lehkhabu eng zah nge i chhiar tawh tih han chhût chhuak la. I lehkhabu chhiar tawhte han ziaak chhuak teh le.

KRISTIAN NAUPANG MAN PÊK DÂN

Kristian Naupang chanchinbu man hetiangin a pêk theih e:

***The Circulation Manager,
Kristian Naupang Chanchinbu,
Synod Office, Aizâwl,
Mizoram - 796 001***

3. Bank kal tlangin a pêk theih bawk, hetiangin:

- | | | | |
|-----|----------------|---|----------------------------|
| (1) | Account Holder | : | MPC, SYNOD |
| | Account Number | : | 10665620059 |
| | Bank | : | State Bank of India |
| | Branch | : | Mission Veng Branch |
| | IFSC | : | SBIN0007058 |
| (2) | Account Holder | : | MPC, SYNOD |
| | Account Number | : | 25047048954 |
| | Bank | : | Mizoram Rural Bank |
| | Branch | : | Khatla Branch |
| | IFSC | : | SBIN0RRMIGB |
| (3) | Account Holder | : | MPC, SYNOD |
| | Account Number | : | 001101820000093 |
| | Bank | : | MCAB |
| | Branch | : | Centenary Branch |
| | IFSC | : | YESB0MAB007 |

Bank kal tlanga pete chuan an pêk veleh an pêkna receipt an *screenshot* ang a, *agent* hming leh *address* kimchang nê a hnuaia *phone number* kan târ lanah hian Whatsapp leh remchâng dang hmangin thawn tûr a ni. Kan thunna *account* awmna *bank* hi hriattîr tel tûr a ni. (etn. SBI Account-ah nge, MRB nge, Apex Account-ah).

Thawwna tûr : PU LALFAKZUALA
Phone number : +91-9862473218



“Pu Hmutheitu, tûnlai eng nge i thil hmuhah ngaimawh zâwng te i nei em?”

Aw, nei tehrêng mai. Tûnlai kan khawtlâng nun leh ngaihtuahna hruai bo mêktu nia hriat hmuh ka nei a. Ka ngaihtuahna tibuaiteu leh rilru kap tlat mai pakhat chu – tleirâwl leh naupangte kutah phone a tam lutuk ta hi a ni.

Thluak chak lai leh thil zir hun lai a ni a, he thil an hman tam lutuk hian kan ram leh hnam hma lam hun a nghawng thui theih êm avângin ngun taka kan thlîr a ngai ta a ni.

Phone hian thatna a nei a, hriatna zau zâwk leh thil thar zawn nân a tangkai hle. Mahse, a hman dân a fuh tâwk loh chuan nun a tichhia a. Zân mut dân thlenga en thîn a nih avângin mit a tichak lo va, ngaihtuahna a tîthuanawpa, zirnaah a nghawng a chhe zâwngin a awm thuai thîn.

Hun thâwl neih zawng zawng screen hmaa hman ral hian nungchang a thlâk a, mi dang nêna awm thiamna (social skill) a thai bo tel a, mi pângngai biak pawh zak tlat leh mi zînga khawsak harsa ti pawh an pung ta zêl a ni.

Phone hian hun hlu tak a khawh ral a, zirna leh nunphung pângngai a tibuai thîn. A bîk takin social media vêla lan dân mawi zawn leh lemchang

nun ringawt mai hian rilru a tihniam a, taksa leh thlarau nun thlengin a nghawng chhia a ni.

Chuvângin, nu leh pate mawhphurhna a lian hle. Naupangte phone hman hun bituksaka, a hmanna tûr dik takah chauh hmantîr a pawimawh. Inþhian þhatna tak tak leh chhûngkaw inkawm hona te uar zâwk îla. Phone chu thuneitu ni lovin, kan thu thua awm tûr mai a ni tih hria îla; hun leh tha hi a tak takin hmang tûrin kan inzirtîr thar a ngai a ni.

HRIAT ATÂN

1. Kristian Naupang agent, copy 10 chin lâte hnênah a thlâwnin copy 1 pêk þhin a ni a. Sub-agent-te hnênah erawh chuan, copy 30 chin semte hnênah copy 1 a thlâwna pêk a ni thung.
2. Chanchinbu man hi a kum chhûng zêla pêk tûr a ni a. Entîr nân, kum 2026 lâk man chu kum 2026 chhûngin pêk tûr a ni.

Circulation Manager
Kristian Naupang



Bible aṭangin zawhna siam a ni a. Eng zāt nge kan chhân dik theih i han en chhin teh ang u aw:

1. Lal Saula fapa kha tu nge a hming?
Chhânna:
2. Philistia ho leh Israel te khawiah nge an indo?
Chhânna:
3. Jonathana fapa kha tunge a hming?
Chhânna:
4. Isua an khenbeh laia ram awptu kha tu nge?
Chhânna:
5. Pilata khân Isua aiah tu nge a chhuah tāk?
Chhânna:
6. Isua kraws pu tûra an man kha tu nget?
Chhânna:
7. Isua ruang phûmtu kha tute nge?
Chhânna:
8. Nikodema hming awmzia eng nge?
Chhânna:
9. Mosia dân zawm ngai pawimawhtute kha eng pâwl nge?
Chhânna:
10. Rabbi tih kha eng tihna nge?
Chhânna:

Note: October thlaah a chhânna târ lan a ni ang.

August thla Quiz chhânna:

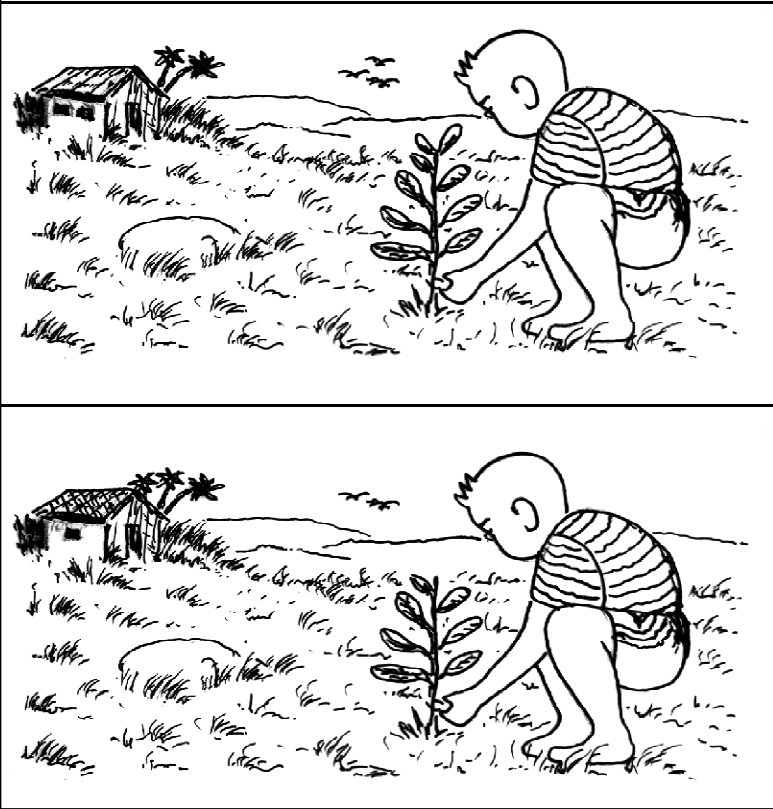
- | | | |
|----------------|-------------|--------------|
| 1. Abihaila | 2. Pali | 3. Eleazera |
| 4. Ni sawmthum | 5. Fel | 6. Abiathara |
| 7. Adonija | 8. Solomona | 9. Anathoth |
| 10. Ahituba | | |



CHEI RAWH LE!



KA HMUH ANG HMU THEI RAWH



A chung a lemziak chi hnih khi ngun takin en la, a inan lohna chi ruk hmu thei rawh.

1.
2.
3.
4.
5.
6.



KÂWNPUI HMÂR VÊNG KOHHRAN JUNIOR DEPARTMENT



BETHLEHEM NORTH KOHHRAN SACREMENT DEPARTMENT



**RAMHLUN VÊNGLÂI KOHHRAN NAUPANG CHAWHNU INKHÂWM
LEH GILEAD SPECIAL SCHOOL JOINT FELLOWSHIP**

To _____



HUNTHAR KOHHRAN INTERMEDIATE DEPARTMENT

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