

Vol. LV, No. 1, January - February, 2026

# Didakhe



Taksa hlan ..... Phek 3-na

**A Bi-Monthly Journal of Christian Thought, Life and Work**

Editor : Prof. Lalrindiki Ralte  
Mobile : 883746 6367

Joint Editors : Dr. Rosy Zoramthangi  
: Rev. Prof. R. Vanlalpuanga  
: Rev. Dr. K.M. Vanlalpeka  
: Rev. Dr. F.H. Liansangzuala  
: Rev. Dr. K. Lalchhuanawma  
: Rev. Dr. Andrew H. Laltlanliana

Manager : Rev. H. Lalbiakhluna  
Mobile : 98620 00265  
(Kum khat lâk man: Rs. 80)

*A chhûnga thu awmte*

|   | <b>Phêk</b> |
|---|-------------|
| 1. Editorial .....  | 1           |
| 2. Keimahni .....   | 2           |
| 3. Taksa hlan .....   | 3           |
| 4. Mi mal Tah Hlain tawrhna leh Pathian a hmachhawn dan ..... | 7           |
| 5. Kum 2026 Puitling Sunday School Zirlai bu thlirna .....    | 21          |
| 6. Kum 2026 Nilai leh Beihruai Thupui Thlirna .....           | 27          |

---

Didakhe-a thu chhuahte hi Aizawl Theological College (ATC) emaw,  
Editorial Board emaw ngaih dân a ni vek lo.

---

Published by the Didakhe Board,  
Aizawl Theological College, Durtlang Leitan, Aizawl  
Post Box - 167, PIN - 796001, Mizoram

### **Editorial:**

Kum 2026 kan lo chuangkai leh thei ta hi Pathian malsawmna ropui tak a ni. Tun tum Didakheah hian Pathian hnena inhlán thar pawimawhnate, Sam Bu atanga mi malin tawrhna hmun atanga Pathian an hmachhawn dan te, kum 2026 Puitling Sunday School Zirlai Bu leh Nilai leh Beihruai Thupui bihchianna ngaihnawm tak leh tãangkai tak tur kan rawn chhawp chhuak a.

Pathian hian mihringte hi chhan neiin min siam a. Pathian min siam chhan tihlawhtling tur chuan thlarau leh rilru lam mai ni lovin kan taksa peng tinrengte pawh Pathian tan kan hlan thianghlim tur a ni. Chutiang taka inhlanna famkim nei tur chuan khawvel dan zawm ve mai lova Pathian tihna avanga kan danglam ngam zel a ngai a ni.

Sam Bu chhunga hla tam zawk hi mi mal leh khawtlangin tawrhna an hmachhawn atanga phuah chhuah te an ni a. Mi mal tãh hla bik te hi natna avang te, dawta puh avang te, rorelna dik lo avangte leh khawtlang ensanna avangtea Pathian auhna an ni. Heng hlate hian a nihna ang angin Pathian a pan a, Pathian nen inbiakpawhna nei a tum thin. A tawrhate chu Pathian tan ngaihthlak chi nia a

ngaih avang leh Pathian chauh lo chu ‘damna’ pe theitu an awm lo tih a rin tlat vang a ni.

Kum 2026 Puitling Sunday School Zirlai Bu *Kristianna leh Ram Rorelna* tih hi Politics awmzia leh a nihphung Bible zirtirna atanga tanin Mizoram thlenga politics kan lo hmelhriat dante hriat awlsam leh mumal taka remkhawmna bu a ni a. Politics chungchanga zirtirna tãa kan mamawh dan te, ram rorelna leh inrelbawlna kawng leh hmasawmna kawng hrang hranga ringtuten mawhphurhna kan neih dante min kawhhmuh a ni. Tih tak zeta zirtute tan chuan kumina kan zirlai hian Pathian thu atanga politics thlir dan tur pawimawh tak min zir chhuatir ngei ang.

Kum 2026 Nilai leh Beihruai Thupui atan *Mizo Kristian Hlate leh a Phuhtute* kan zir tur hi a phur awmin, kan hlawkpui hle tura ngaih a ni. Bible-a Pathian mite tana Hla pawimawhnaa tanin, Zosapte leh Mizo Kristian kut chhuak ngei hla leh a phuhtute chanchin ngaihnawm taka tar lanna a ni a. Kan thupui zir tur hian kohhranhote nunah tisa leh thlarauva malsawmna duhawm tak thlentu anih ngei a beiseiawm.

## KEIMAHNI

**1. Kum bul kan ñan leh ta:** January ni 7, 2026 khan kan zirlaite Krismas leh kum thar chawlh hmanga chhuakte College-ah anrawn lut leh a, ni 8-ah campus tih fai hnatlang neiin, ni 9-ah Principal-in in lawmna thingpui ruai a buatsaih a, zirna ñan a ni leh ta.

**2. Hotu thar inruat:** Synod Executive Committee-in ATC Principal turin Rev. Dr. K. Lalrinkima a ruat a, Theological Education Board-in Prof. Lalrindiki Ralte (Registrar), Rev. Prof. P.R. Hmuaka (Director-Calvin Study Centre) leh Rev. Dr. F.H. Liansangzuala (Hostel Superintendent) turin a ruat bawk.

**3. Zirtirtu Pension-a chhuak:** ATC-a hun rei tak lo thawk tawh, Registrar leh Principal mawhpurhna pawh lo chelh tawh Rev. Prof. Tlanghmingthanga chuan kum 2026 aţangin kum upat pension (superannuation)-in ATC min chhuahsan a, December ni 19, 2025 khan thlahna hun hman a ni.

**4. Zirtirtu chhuak leh lut:** ATC-a hun rei tak zirtirtu lo ni tawh Rev. Prof. H. Lalrinthanga (Vaivakawn) leh Rev. Lalduhawma Ralte (Thuampui) te chu Pastor biala awm turin ATC min chhuahsan a, January ni 7, 2026 khan thlahna hun hman a ni. Rev. Daniel Lalmalsawma Sailo, Rev. Vanlalliana, Rev. Lalenkawla, Rev. Dr. David Lalrina, Rev. Dr. H. Joseph Lalfakmawia te chu Synod inkhawmpuiin ATC-a zirtir hna thawk turin a ruat thar.

**5. Republic Day ATC-ah:** India Republic Day vawi 77-na chu January ni 26, 2026 khan ATC-ah pawh hman a ni a, khuallian atan Pu K. Sapdanga, Home Minister, Govt. of Mizoram sawm a nih angin hun ñha tak kan hmang ho thei.

**6. Council member-ah ruat:** ATC Principal Rev. Dr. K. Lalrinkima chu Senate of Serampore College Academic Council member turin kum 3 (2026-2028) chhung atan ruat a ni.

**7. Convener atan ruat:** Senate of Serampore College chuan Rev. Dr. H. Lalnunmawia chu Missiology Branch Convener atan a ruat a, a term hi kum 3 (2026-2028) chhung niin Senate of Serampore College Academic Council member a ni nghal ang.

## TAKSA HLAN

- Rev. Dr. K. Lalrinkima

Rom 12:1-2

*Chutichuan, Unaute U, Pathian khawngaihna avang hian inthawina nung leh thianghlim leh Pathian lawm tlak chu ni turin in taksa chu inhlanah ka ngen a che u. Chu chu in rawngbawlina awm reng a ni. He khawvel dan ang hian awm suh ula, Pathian duhzawng a tha leh lawmtlak leh that famkim chu in hriat fiah theih nan in rilru a thara awmin lo danglam zawk tawh rawh u.*

Kum 2026 Pathianin min hruai thleng leh ta a, a lawmawm mang e. He kum tharah hian rilru thar thinlung thar pua Pathian tana tangkai thei ang berin engtin nge kan nun ang? Mihringte hi Pathianin chhan neiin min siam a, kan awm dan tur te, kan nun dan turte leh kan tih loh turte min tuksak a. Min siamtu Pathian tana chhawr nahawm leh tangkai taka hman theih nih hi kan hlutna sang ber a ni kan ti thei awm e.

Kan chang inngahna hi chang lar tak leh chhiar hlawh tak a ni a, sawi pawh a hlawh hle mai. Helai changah hian Tirhkoh Paula chuan Rome khuaa ringtute hnenah an taksa chu Pathian hnena hlan turin a ngen a. Chu chu an tih tur dik tak a nih thu a hrilh nghe nghe. Chu taksa hlanna chu inthawina angin a tehkhin. Inthawinaah chuan a zawng zawngin inthawina sa chu hlan a ni thin. Rom khuaa kohhranho hnenah

an taksa chu inthawina nung leh thianghlim Pathian lawm tlak ni tura hlan turin a ngen a.

### **Taksa hlan turin Pathian khawngaihna kan mamawh**

Tirhkoh Paula hian Pathian hnena inhlan turin Pathian khawngaihna pawimawhzia a tar lang a. Pathian chu engkim siamtu engkim chung a thuneitu a nih avangin a thil siam mihringte thuhnuai a awm rual a ni lo va. Mihringten kan duh duha kan pawh phak lah a ni hek lo. Aman

kan pawh theih tura hma a lak chauhvin kan pawh thei. Mihringte hian Pathian pawh turin Pathian khawngaihna kan mamawh a, chu khawngaihna avang chuan Pathian ropui leh engkim tithei, engkim chungaleng chu a thilsiam mihringte hian kan pawh ve thei ta a. Chu khawngaihna avang vek chuan a hmaa inlan thei, chhandamna chang thei, chatuan nun nei thei kan ni a. Pathian chu engkim siamtu mihringte ngei pawh min siamtu a nih miao avangin a thil siamte thuhnuai a kun rual a ni lo. Suala tlu tawh mihringte hi sualin a tih buai, famkim lo kan nih miao avangin Lal Isua kan rin hnu pawh hian kan la famkim thei tak tak chuang lo va, khawngaih ngai, ngaih hnathiam ngai tho kan la ni. Chumi chu ka ni tin nuna kan suangtuahna leh mite hmuh ve phak loh kan rilru chhung rila kan ngaihtuah thin te hian a tar lang hle awm e. Mahse, chu chu Pathian in hriain hmu reng mah se, kan rin Lal Isua vangin a khawngaih nain min pawm thei a. Lal Isua kan rin avang chauhvin Pathian khawngaihna kan dawng thei a, chhandam kan ni thei ta a ni. Khawngaihna changtu ringtute hi khawngaihna tel lo chuan Pathian

hnena inhlana pawm tlak kan lo la ni lo tihna a ni.

Chuvangin, kan taksa Pathian hnena hlan turin Pathian khawngaihna kan mamawh. Kan inpekna te, kan rinna te, Pathian kan zawanna te chu a khawngaihna tel lo chuan a lo la taw k chuang lo va. Mi naran pawimawhna nei lovin Prime Minister hmuh duh hle ta se, Prime Minister berin khawngaihnaa amah hmuh a lo remtih ve loh chuan eng angin bei nasa mah se, a thlawn mai dawn ang tho hian Pathian khawngaihna hi Pathian hnaiha a hnena kan taksa hlan tur hian kan mamawh a ni.

### **Inthawina anga inhlana tur kan ni**

Inthawinaah chuan thil hlan chu a zawng zawng hlan a ni thin. A bika hlan a nih tawh miao avangin thil dangah hman a ni tawh ngai lo. Hlan a nihnaah chuan a zawng zawng hman a ni a, thil dangah hman zui tur a awm tawh ngai lo. Ringtute Pathian hnena kan inhlana hian kan rilru mai hlan tur kan ni lo

va, kan taksa pumpui hi hlan tur kan ni. Kan taksa peng tinrengte hian tu nge kan nih a hril thin a. Kan kut leh ke te, kan ka te hian mi tha leh mi rinawm min nihtir thei ang bawkin misual leh hlemhle min nihtir thei bawk. Kan tawngka avangin mite an damin an na thei. Thil tha ti turin kan taksa a chet chhuah a ngai a, thil sual ti tur pawhin kan taksa tho a chet chhuah a ngai. Taksa tel lovin thil sual a tih theih lohva, thil tha a tih theih hek loh. Heng ruk ruk te, tualthah te, dawt sawi te, uire te, hlepruk te leh sual chi hrang hrang te hi taksain a tih vek an ni.

Kan taksa hi chuti taka a pawimawh avang chuan Paula hian Pathian hnena inthawina anga inhlan turin min ti a. Pathian tan chauh hman theih, thianghlim, he khawvel sualna leh bawlhhlawhnain hmanruaa a hman theih loh, thil tha lama nung tura inhlan turin min phut a ni. Pathian lawm tlak, inthawina thianghlim ni turin min duh. Chu chu Pathian kan biak dan tur dik tak a nih thu min hrih. Kan ka chauhva Pathian hnaih lovin, kan

rilru leh suangtuahna chauhva Pathian be hek lovin, kan taksa chet velna zawng zawnga Pathian chawimawia be turin min ti a ni. Pathian chu Pathian thianghlim a nih avangin a lawm tlak ni turin thianghlim a ngai a. Kan thianghlimna tak tak chu Lal Isua ni mah se, ni tin Lal Isua thianghlimna tawma inhlan thin turin min duh a ni. Ringtu thenkhat chuan mahni indahthain kan rin Lal Isua thianghlimna chiah kha a tawk niin an sawi ta thin a, an nun an thlahdah hlauh thin. Miin Lal Isua hi a ringa a zui tak tak anih chuan thianghlimna kawngah pawh a zuiin ni tin a thang ve zel tur a ni.

### **Khawvel dana awm loh tur**

Taksa hlanna kawnga tih tur pawimawh tak chu khawvel dana awm loh hi a ni a. Tirhkoh Paulan 'khawvel dan' a tih hian Pathian duhzawng nena inkalh thil a sawina a ni ber a. He khawvelin hlu nia a ngaih te, tha nia a ngaih te, dik nia a ngaih tam takte chu mihring atanga chhuak a ni fo va. Mihring dahlai puina atanga teh a ni thin. Khawvel zia chu mahni

hmasialna te, duhamna te, huatna te, tualthahna te, hlemhletna te, nawmchenna te, hurna te, uirena te, chapona te, ruk rukna te leh thil tha lo tam takte hi an ni a. Heng zawng zawng hi ringtuten kan hawisan tur, kan kawmngaiha kan hnimhnaih loh turte an ni. Chung laka fihlima nun thianghlimna kawnga ni tin thang lian zel tur kan ni.

Tunlaiah ‘mi pawhin an ti,’ ‘tunlai dan a lawm’ tihte a tam ta hle mai. Thil tha lo tih hriat reng pawh miin an tih chuan tih ve mai thiang angin kan ngai tan ta mai em ni? “Ka nun a nia, ka thu thu’ tihte a ri ring tan ta. Mihring tha saa ngaihna, chu chu hauh leh hrem lohva enkawl sei len tura ngaihna hi tunlai khawvel inzirtirna a ni mek ta. Pathian mamawh lova inhriaa mahni tana tha tur pawh hre bera inngai an pung mek bawk. Mahse hei hi kan Bible inzirtirna nen hian a inmil chiah em le? Mihring hi hetiang hi ni tak tak ta ila kan dam loh te, harsatna kan tawh leh chhiatna rapthlak a thlen te hian tanpui ngai lova mahnia

inchingfel thei tur kan ni tihna a ni ang. Kan taksa enkawl kawngah leh hriselna kawngah pawh engkim kan hre vek tihna a ni bawk ang. Mahse, a ni hauh si lova.

Kan Bible-in soal huat min zirtir laiin ringtu thenkhat chuan soal sawi zam kan ching a, soal kan titlangnel a, khawvel dan kan zawm thin. Mahse, ringtute hi khawvel dan zawm ve mai lova danglam tur, mite ngaih dan aia Pathian thu dahlaipui thin tur kan ni tih hria ila. Ringtu nun belhchian dawl, tute tih a nih avanga pawh lova ngai ve mai, Pathian thu leh kan Bible zirtirna aia tute emaw ring tlat ni lo ila. Kan taksa hi Pathianin ama anpuia ropui taka a siam, amah hnaiha atana hman theih ni tura a din tih hriain chutiang taka nung thei tur chuan kan taksa hi Pathian hnenah i hlan ang u. Thil tha ti atan Krista Isuaah chuan siama awmin ama kutchhuak kan ni si a. Chu thil tha tih chu kan awmna turin Pathianin a buatsaih lawk a ni (Eph 2:10). Pathian duhzawng a tha leh lawm tlak tih hi thil tha tih chu a ni si a.

## MI MAL ṬAH HLAIN TAWRHNA LEH PATHIAN A HMACHHAWN DAN

- Rosy Zoramthangi Ralte

Sam bu hi Fakna leh Ṭah hla tiin hlawm lian puin a then theih a. Fakna hla leh Ṭah hla tih mai pawh hi chi hrang hranga la then tet theih vek an ni. Sam tih ruala kan rilru a lo lut chu, ‘Davida Fakna Hla’ tih a nih mai hmel. Hla chi hrang hrang a ken tel aṅanga Sam bu hming hi vuah emaw, sawi tur ni ta se, ‘Ṭah Hla’ bu niawma mawi a ni, a chhan chu Sam bu chhunga hlate hi a tam zawk 70% vel hi chu mi mal leh khawtlangin tawrhna an hmachhawn aṅanga lo chhuak, ‘Ṭah Hla’ an nih vang a ni. Heng Sam-a Khawtlang Ṭah Hla hi Jeremia Ṭah Hla nen a kalphung inangin BC 587-a Jerusalem Babulon-in a tihchhatna leh a kaihhnawih tawrhna leh mualphona chi hrang hrang Israel faten an hmachhawn aṅanga lo chhuak an ni. Mi mal Ṭah Hla<sup>1</sup> erawh chuan mi malin tawrhna chhan hrang hrang vanga a tawrh, entir nan - natna avang te, dawta puh avang te, rorelna diklo avang te, khawtlang ensanna avang tea Pathian a auhna an ni thung. Heng hlate hian mi malin tawrhna, beidawnna leh natna ruam chhung thuk tak aṅanga Pathian ṅanpuina a dilna te, natna sawi chhuahna te an nih piah lamah Pathian nihna zirtirna thuk tak an ken avangin natna leh tawrhna chi hrang hrang hmachhawn mekte tan an pawimawh a, an pawimawhna erawh kan la hrethiam tawk lo. He article hian Mi mal Ṭah Hlain tawrhna a hmachhawn dan leh tawrhna ruam aṅanga Pathian a auhna leh Pathian a koh dan ngenngawl tak leh lungkuai tak te, Pathian chu tu nge nia an zirtir tih lam chhui a tum ang.

### 1. Sam-a Mi mal Ṭah Hla (Psalms of Individual Lament) zia rang

Sawi tak angin Mi mal leh  
Khawtlang Ṭah Hlate hian

kalphung inang thuk an nei, an  
inan lohna lian ber chu, tawrhna  
lo awm chhanah leh ‘Ka’ tih leh  
‘Kan’ tih ṭawngkam hman thu-  
ah a ni. Mi mal Ṭah Hla hian ‘Ka’

tih hi hmang deuhah ngaih a nih laiin 'Ka' tih zawng zawng hi Mi mal Ṭah Hla huang chung bik ngau ngau dah erawh chu a harsa. A chhan chu hmanlai Israel-teah mipui aiawh Lal te, Puithiamten 'Ka' tih an hman thin vang a ni ber. Mi mal Ṭah Hla a sawi te pawh hi Khawtlang huapah hman an ni tho bawk. A bikin Babulon saltang kir leh hnu-ah. Mi mal Ṭah Hla, khawtlang huap kher lova mi malin tawrhna leh tawrhna avanga Pathian a hmachhawanna nia pawmah Sam 6, 30, 69, 88 te hi sawi an ni thin. Mi mal Ṭah Hla te hi tawrhna leh harsatna tawp khawk aṭanga lo piang chhuak an ni ber a, natna leh hrehawmna sawi chhuahnaa tawp an ni mai lova, harsatna leh natna khur aṭanga Pathian nen tlang tak, zêp nei lova Pathian biakna an ni. Mi mal Ṭah Hlaa Pathian auhnate hian a lemin Pathian a dawr lova, a nat ang angin, a nih ang angin, insumkarna leh timna awm lovin Pathian a pan a, Pathian nen inbiakpawhna neih a tum. A tawrhna chu Pathian tan 'pawimawh' leh 'chhan' ngei tur

nia an ngaih vang leh Pathian chauh lo chu 'damna' emaw an tawrhna dinhmun tidanglam thei awma an rih loh vang leh Pathian an rin em vang a ni.

Damlohna avang te, tawrhna kara khawtlang rilru dik loh vang te, diklo taka puhna avang te, hmelmah hnathawh avang tein mi malin harsatna nasa tak a hmachhawn thei. Mi mal Ṭah Hlate hian hetiang avanga mi malin harsatna leh tawrhna a hmachhawn chungchang an thlur bing a. Damlohna avangin mi malin taksaa natna mai piah lamah rilru natna nasa tak an tawh thei. A chhan chu, khawtlang, chungte, leh thianteah natna chu Pathian hremna nia ngaihna a len vang a ni ber. Pathian duh loh zawng hre reng chung emaw, lo tih palh emaw pawh ni sela, Pathian laka sualna chuan natna leh tawrhna a thlen nia ngaihna a len em avangin, sual nei loin natna tuar mah sela, khawtlang leh thian tha leh chungte aṭang ngei pawhin chutianga puhna a bo lo. Joba chanchina a thianten Joba tuarna an hmuh dan aṭangte khan a

chiang awm e. Hetiang ngaih dan hi Mi mal Tah hlate hian tawrhna chungchang an sawinaah thiah an tum fo. Mi mal Tah Hlaa a tam zawk te hian ‘**sual puanna**’ an keng tel lem lo, (Sual Thupha chawina Sam kan tih ho 7-te bakah chuan) chu ai chuan an tawrh chhan, an nat chhanah ‘**Pathian**’ nia sawina erawh heng Sam-ah te hian a lang thin thung (Sam 13:1; 32: 4a; 88:7).

Sual leh tawrhna a inzawm kher lohzia tih lan an tum avangin sawi tawh angin, sual puanna an keng tam lo hle, sualna leh natna/ tawrhna chuan inzawmna an neih kher lohzia sawi lan an tum hram a, chutah chuan an tawrhna leh natna tizualtuah Pathian emaw mi dang an sawi lang thung tlangpui. Hei vang hian khawtlang, thian tha leh chhungte ngei pawh ‘hmelma’ anga sawina leh an tuarna tizualtu anga puhna heng Mi mal Tah Hlaah hian kan hmu fo (Sam 31:11-13; 35:15; 38:11; 41:9; 55:12-13; 56:1-2). Mi mal Tah Hla hi a thu ken a zirin then tet theih la niin, hla chi hrang hrang a la awm thei. Sual Thupha chawina leh ngaihdam dilna Sam

te tia kan sawi thin Sam 6, 32, 38, 51, 102, 130, 143-te pawh Mi mal Tah Hla huang chhunga mi tho an ni. Heng bakah hian Damlohna avanga Mi mal Tah Hla nia pawm hi thahnem tawk tak Mi mal Tah Hla huang chhungah hian a awm baw, chungzinga a lar deuh chu- Sam 6; 13; 31:1-13; 38; 41; 56; 69:1-18; 88; 102:1-11; 116:1-7-te hi an ni. Mi mal Tah Hla a nih avangin a chhunga hla inrem dan te a in ang vek kher lova, phuah a nih dan leh a chhan te pawh a danglam zeuh zeuh baw.

## **2. Mi mal Tah Hla leh Tawrhna**

Tawrhna awm chhana Pathian ni anga sawina lo lang thin hi tawrhna avanga tanpui tura Pathian an auhnaah an dil anga chhandamna leh tanpuina a lo thlen thin loh avangin an tawrhna tizual kaituah Pathian an puh thin vang zawk a ni. Anmahni tidam tur te, chhandam thuai tur tein ngenngawl takin Pathian chettir tumin tawngkam na leh mei nei tak tak an hmang fo. Hemi a nih avang hian ngenngawl taka Pathian auhna

leh Pathian karna te hi mi thenkhatin Pathian sawi chhiatna emaw, rin lohnaah mi thenkhatin an ngai phah ve fo bawk, mahse, Pathian chauh lo chu chhandam thei a awm lo tih hriatna avang zawkin tawngkam na leh dengkhawng tak tak hmangin Pathian ngeng chhun tura tawrhna ruam a tang mekin Pathian tanpuina beiseia au hla zawk a ni.

Tawrhna an hmachhawn dan chi hrang hrang, Mi mal Tah Hlaah hian a lo lang thin, chu chuan tawrhna kara Pathian an pan dan leh Pathian hmaah inthup mawina tel miah lova an tawrhna nena Pathian an pan a, chhandam tura ngen ngawl taka Pathian an belh dan leh Pathian an ngen dan chi hrang hrang Mi mal Tah Hlaah te a lo lang thin. Heng Pathian ngenna leh tawrhna sawi chhuahna te hi felfai takin a inrem a, Tah Hla ni mah se, Tah Hlain a tawp vek kher lova, a tam zawkah chuan Pathian tihdamna an la chan tur emaw, Pathianin a chhandam dawn avanga Pathian an la fak turin a tawp tlangpui thin. Hei hi

Mi mal Tah Hla zawng zawngah a ni vek e tihna ni loivn Sam 88-ah erawh chuan Pathian fakna aw ka chhuak miah lovin Tah Hla leh ngennain a bul atanga a tawp a fan chhuak a, hei vang hian Sam a zawnga Sam thim ber tih a hlawh hial. Tawrhna khur atanga Mi mal Tah Hlain Pathian a hmachhawnnate hi chi liin a sawi theih a, chungte chu a hnuaiah hian tawi te tein kan sawi fiah ang.

## 2.1. Inbunruahna

Hei hian sawiselna lam leh vuivaina satliah lam a hawi lova, tawrhna a tuam mekin tawrhna leh a tawrh dan chipchiar leh zep awm lova Pathian hma a a sawi chhuahna a ni. Mi mal Tah Hla leh Khawtlang Tah Hlaa a “laimu tih theih khawpin (*complaint*) hian hmun pawimawh an luah.”<sup>2</sup> Eng angin nge tawrhna chu heng Sam te hian an lantir? “Aw LALPA, mi khawngaih ang che, ka chau zo ta si a; Aw LALPA, mi tidam ang che, ka ruhte hi a na vek si a. Ka nunna pawh a mangang em em bawk a ni” (Sam 6:2-3). Sam 102:5-ah chuan, “Ka

rum thawmte avangin ka ruhte hi ka tisaah a bet tlat a ni,” tih te a lo lang a. Heng bakah hian Mi mal Tah Hla hmun tam takah hetiang a tisa leh rilru leh thlarau a tawrhna natzia sawi chhuahna hi vawi duai lo a lang. Thihnain a hnaihchilhza pawh zep lovin, “Ka dam chung nite hi hlim ral lam tung tawh ang a ni a; Hlobet angin ka vuai ta” (Sam 102: 11) tiin tar lan a ni bawk. Thihnain a hnaihchilhza leh thih hlauhthawn awma an awmna entir nan- vuai tih bakah hian khuarkhurum, puk leh *Sheol*-a tla emaw, hnuh luh mek anga inlantir te, tui lianin chim pil tur ang emaw, chirhdup a pil tur anga inlantirna te (Sam 69:2) hi Mi mal Tah Hlate hian an hman rim hle. Entirna (*metaphor*) chi hrang hrang lo lang thinte hian eng ang takin nge tawrhna chuan a tuartu rilru, taksa leh nunphung a nghawng tih an lantir avangin, heng entirna (*metaphor*) te hi Mi mal Tah Hla tan tawrhna lantirna hmanraw pawimawh leh ‘thiltithe’ tak an ni.

Tawrhna sawi chhuahna te hian tawrhna natzia zêpa Pathian

dawr a tum lo, a chhan chu, “na tak tuar mektu hian engtiang taka Pathian tanpuina mamawh nge a nih”<sup>3</sup> a lantir piah lamah tanpuina a ngen nghal avangin a ngialnganin tawrhna hmachhawntu hian a tawrh dan a tar lang thin. Mi mal Tah Hlaa tawrhna sawi chhuahna lo lang thinte hi Israel faten Kanan ram pana thlalara an vahvaih laia Pathian laka hel chung a lungawi lo nen khan a inang lo, Mi mal Tah Hla-in tawrhna a sawi lanna hi chuan, tawrhna kara Pathian nena tlang taka indawrna leh inbiakna beisei avanga Pathian panna leh Pathian khawngaihna chawh thawh tumna a ni zawk. Israel leh Pathian inkara ‘Thuthlunna’ behchhana huaisen taka Israel-ten Pathian an panna a ni.

Heng bakah hian hemi hlawm bika Mi mal Tah Hlain tawrhna a sawi chhuah paha Pathian a karna hmanrua lo lang chu - zawhna chi hrang hrang (*rhetorical questions*)- Engati nge, Khawiah nge tih leh Eng chen nge tih Pathian an zawhna te hi a ni. Heng zawhnate hian zep nei lova tawrhna an sawi

chhuahna leh nghakhlel taka Pathian che tura beiseina an lantir a, “Pathian sawichhiatna leh Pathian laka lungawi lohna nia ngaih theih inkar zimte chhungah an awm”<sup>4</sup> niin Krausa chuan a ngai. Heng zawhnate hian awmze thuk zawk leh pawimawhna riau an nei. Claus Westermann-a ngaih danah chuan, “Engati nge tih zawhna phenah hian, “Ka hrethiam lo,” tih leh, Eng chen nge tih zawhna phenah, “Ka tuar thei tawh lo a nia,”<sup>5</sup> tih te Pathian hmaah an thlen a ti. Engati nge tih leh Eng chen nge tih zawhnate hian Pathian hi tawrhnaah a hnuk lut a, tawrhna tidam tura Pathianin mawhphurhna a neih an lantir. Heng zawhna hmanga Pathian kohna hian a kotu leh Pathian inkara inzawmna thuk tak awm a lantir bakah, Pathianin tawrhna aṅanga chhandam theihna ‘thiltihtheihna’ a neih an lak nep lohzia an lantir.

## 2.2. Dilna (*Petition*)

Dilna chuan ṭawngṭaina ngeng chhun raih mai leh, ṭanpui thuai tura ngenna keng tel a ni a. Ṭawngṭaina lungkuai tak a

nihna chu, “huaisen tak leh thupe aw tak maia dilnate a au chhuahpui ṭhin vang a ni. He dilna hian inkiltawihna emaw, inzahna avang emaw, hlauhna avanga inpekna a keng lo.”<sup>6</sup> Chuti a nih chuan ‘dilna’ chuan eng nge a tih ber ang? Pathian khawngaihna avanga Pathian ngaihsakna a beisei. An hunlai ngaih dana tawrhna chi hrang hrang te sualna nena inzawmna neia an ngaihna ṭhiatin, sual laka fihlim a nihna te a sawi lang a, chuta inngat chuan Pathian hmaah, ‘thiamthu’ emaw a chanchin sawi ve tura zalenna a neih leh, Pathian nen an inlaichinna avanga Pathian hmaa ding ve thei a nih a lantir ṭhin. Helaia dilna hian, “Pathian chu eng ang Pathian nge a nih? A ṭha zawng (positive) emaw, a chhe lam hawi (negative)-a Pathian sawina te, hun kal tawh a Pathian rinawmzia te, tun dinhmuna hun khirh leh tawrhna rapthlak hmachhawn mek te a huam tel vek mai. Dilna hi a chang chuan thupek ang te, a chang leh ngenna ang tein a kal a, a chang chuan diltu hian ngenngawl takin beidawng duh

lovin Pathian che turin a ngen a, a chang chuan zah takin Pathian che tura hmin tumin a lang bawk.”<sup>7</sup> Dilna chuan a hmaa sawi tak zawhna (*rhetorical questions*) te kha chhan a tum thin nia ngaih dante pawh a awm.<sup>8</sup>

Dilna chhunga Pathian dawma hian Pathian hi ‘mihring ang pianphung nei’ (*anthropomorphic*)-in a lantir fova, entir nan - I beng lo chhi la, i bengrawn dawh ang che (Sam 55:1; 88:2b), I hmai thup suh ang che (Sam 102:2), I kut dinglam leh, I ban leh, I hmel eng...” (Sam 44:3b), “A chhun a zanin I kutin mi delh si a” (Sam 32:4a) tih te leh a dangte pawh a lang zing hle. Mihring taksa ruangam nei anga Pathian sawina Tah Hlaa lo lang thin te hian Pathian hi mi mal tana Pathian, rilru leh thinlung zawng zawnga pan theih a ni tih a lantir a, hei hi tawrhna chi hrang hrang hmachhawn mekte leh, mamawhtute zawng zawng te koh phak, mi mal tinten, ‘ka Pathian’ tia kan koh theih a nih min hrilh.

### **2.3. Pathianin a chhan emaw a puih chhan tur**

Hemi hlawmah hian Sam ziaktute hian a hmaa an tawrhna an sawi chhuah atang leh tanpui an dilna te behchhanin eng vanga Pathianin pui tur nge an nih chhan hrang hrang an sawi chhuak leh thin. Hei hian a tum chu - Pathian hian eng vangin nge i dilna chu ka chhan ang? tiin lo zawt ta sela chumi chhanna tur ang chu hemi hlawmah hian dah a ni deuh ber. Sam ziaktu hian mihring nun chu Pathian biakna leh Pathian fakna niin a lantir fova, chutah chuan tanpui tura Pathian kar nan leh Pathianin a puih chhan turah, Pathian betu leh faktu chu lo thi ta sela emaw, mi hmuah hmuhsitawm takin lo awm ni sela, hming hliau tur leh chan tur chu Pathian a nih thu te Pathian an hrilh thin. Pathian ringtu leh fak thinu thihna chuan chhuan lo la awm zel tur te hnenah engtin nge Pathian chanchin a sawi theih ang? (Sam 88:10-12). Pathian hming avang pawhin Pathian tanpuina an ngena Pathianin a tanpuina chhan turah an dah bawk (Sam 79:9). Pathian chu

khawngaihna leh ngilneihnaa khat, a mite khawngaih dilna leh an manganna ngaithlatu a nihna te vawi tam an chham chhuak (entir nan Sam 46:1; 51:1; 56:1; 57:1; 67:1; 63:1).

Mi mal Ṭah Hlate hian ṭanpui thuai an mamawh dan leh ṭanpui tura Pathian kar dan an thiam hle. An zawng zawng Pathian hmaah phawrhin Pathian ngei pawh chu Pathian a nihna avanga anmahni ṭanpui lo thei lovin siam an tum a ni. Heng chhan hrang hrang an sawi te hi an ngaihtuahna zam vel aṭanga lo chhuak a ni ngawt lova, “ṭanpui thuai an mamawhna leh ‘Thuthlung’ a Pathian nen inzawmna nei an nihna avanga Pathian pawhin an lakah tih tur a neih ve tho thuin Pathian an kar”<sup>9</sup> a ni zawk tiin Brueggemann chuan thiam takin a hrilh fiah. Pathian fak tura an intiam ṭhinna te pawh ṭanpui tura Pathian an karna hmanrua atan an hmang thiam hle (Sam 35:17-18). Pathian fakna chu Pathian hnen aṭanga ṭanpuina a lo thlen hunah an hlan tur thu te, Pathianin a ṭanpui hma chu Pathian fakna

pawh an hlan theih loh thutein Pathian an kar ṭhin. Hei hian Pathian hmaah nih ang anga an inlan dan leh an rilru chhungril ber pawh zep lova Pathian hmaa an phawrh mai ṭhin dan a tar lang Chiang viau mai. Thuthlunga inzawmna leh rinawmnaah chuan Israel-te chauh ni lovin, Pathian pawhin tih tur a nei ve thova, sualna nei lovin na taka tawrh chu ‘Thuthlung’-a Pathianin Israel tana a tih tura hlen bik loh vang a ni ve tho tiin, Pathian ṭanpuina beisei nana Pathian kar nan an hmang. Tawrhna avanga rilru, taksa, hrehawm tak hmachhawn mek Sam ziaktute hian Pathian an fak theih loh chuan Pathian tan channa a nih avangin, Pathianin khawngaih dila an mangang au thawm chu a ensan thei bik lovang tiin an ṭang ve tlat.

#### 2.4. Ṭlipna (*Resolution*)

Kawng hrang hrangin tisa, rilru, leh thlaraua tawrhna an hmachhawn mekte Pathian tihdamna beiseia Pathian hmaa inlan a, ṭanpuina an dil hnuah, a hma zawng zawnga sawi tawh te aṭanga danglam hlawkin kalphung an rawn nei

ta a. Pathian jahawhna te, karna te, nat dan chipchiarte tar lang tawh lovin, ‘beiseina’ kan hmu ta. Tah hla hi jah hlain a tawp kher lova, Pathian fak tura intiamna leh Pathian beiseinain a tawp fo zawk tih chu a takin a lo lang ta a ni. Tawrhna avangin rilru leh taksa leh thlarau na mah se, chungte chu Pathianin a la ti kiang ang a, chhandamna a lo la thleng dawn tiin Sam ziaktute hian Tah Hlaah hian an beiseina an au chhuah pui thin. Hetiang keng miah lo chu Sam-ah hian Sam 39 leh 88-te chauh an ni.

Natna, hrehawmna, leh tawrhna avanga taksa leh rilru a awngrawp a, a chauh em em laiin leh Pathian hmaa tapa an inbun ruah laiin, khawi atangin nge Pathian beiseina arawn kal thut? tih te, engtin nge Pathian fak tura Sam ziaktu te rilru hi a lo inthlak thut? tih te hian Sam-a Tah Hla zirna lamah chuan chai a hlawh khawp mai. Ngaih dan pakhatath chuan, Pathian beiseina leh fakna rawn lut thut thin hi Sam phuahtu rilru lam inthlak danglam tak vang

a ni. A dang lehah chuan, zawi zawia Sam phuahtuin hma a sawnna/hma lam pana kalna lantirna<sup>10</sup> ang pawhin a ngaih theih. Mi mal Tah Hlaa Tahna atanga Fakna lo luh dan hi Tah Hlaah a inang vek kher lova, kal dan dangdai leh ull deuh te pawh an awm, a bikin Sam 3-na ang te. Tahna kara fakna lo lang hian ‘tahna’ chu ‘faknaah’ chantirin, chu chuan Pathian chhandamna/tihdamna beiseina leh Pathian chhandamna lo la thleng ngei tur lo thlir lawkna hmanrua pawimawh tak a ni ta. Pathian chhandamna beiseina chu boruak maia innghat ni lovin, tunah, hetah, tawrhna hmuna innghat a nih a tar lang a. Tanpui thuai tura Pathian beisei laia Pathian ngawi vung vung thin nia hriatnaah ngawih bo ve mai duh lova Pathian panna a ni.

### **3. Tawrhna chi hrang hrang kara Mi mal Tah Hla pawimawhna**

Tawrhna chi hrang hrang mihring nunin a hmachhawn thinte hi tawrh dan tur inkaihhruaina inpeka inhrilh ngawt theih a ni lova. Thil inang

reng nia lang pawh a tuartu a zirin a nat dan te, tawrh dan te a danglam thei. Hetiang karah hian Mi mal Tah Hlate hian zirtirna pawimawh tak tak min hnutchhiah an nei teuh a, chungte chu tlem kan sawi ang.

3.1. Mi mal Tah Hlate hian tawrhna chi hrang hrangte hi mihring nuna bet ve a ni tih min hrilh rualin, tawrhna tibelhchhah theitu leh belhchhah thin pawh mihringte tho kan nih dan kawng hrang hrangin an tar lang. Hmanlai Israel-teah natna hi Pathian hremna nia ngaihna an nei, amaherawhchu hei chauh hi Thuthlung Hluuin natna leh tawrhna lo awm chhan a sawi dan erawh chu a ni lo. Natna leh tawrhna te hi an khawvel milin an thlir a, damdawi thiamna atanga natna hmuhchhuah dan te a la awm lo, churang chuan, miin natna a tawhin Pathian hremna a ngaihna a lo awm thin. Hei hi Deuteronomy zirtirna kal zel vang a ni pakhat a, zawlneite pawhin an lak chhawn, Thufingte bu-ahte pawh kan hmuh zui zel a ni. Pahnihnaah chuan mihring aia thil tithei thlarau eng emawin

natna te an thlen nia ngaihna a awm bawk. Pathumnaah chuan, Joba bu atangin natna leh tawrhna te chu mihring pawisawi lo, mi tha famkim pawhin a tawrh theih a ni. A tawp berah chuan, mihring piang chhuak tute pawhin an hmachhawn tur leh hmachhawn theih a ni. Lal Saula fapa Mephiboseh-a kha an tlan chhiatpuina lamah an thlah palh a, a ke a bai phah a, a sual vang emaw a thlah tute sual vang tia sawina a awm lo (2 Sam 9). Heng chhan hrang hrang te hi awm ve bawk mah se, sual vanga Pathian hremna anga natna leh tawrhna te hmuhna a lian hle. Miin natna te a tawhin a tawrh chhan niawm rin dan thenawm khawvengten an lo nei thuai thuai a, hei hian, a tuartu tan tawrhna a tina zual. A chhan leh vang awm an hriat bik loh avangin, Sam a Mimal Tah Hlate hian Pathian an puh mawh ta deuh ber a, an puh dan erawh chu, an natna tawrhna kara chhandamna Pathianin a pek mai loh avanga an natna tizualtu a puhna a ni deuh ber zawk. Hemi rual chiah hian an natna leh sualin

inkaih hnawihna aneih lohzia lantir an tum pah ve reng bawk.

Mi mal Tah Hla te hian mihring nuna tawrh nain hna a thawh dan, taksa, rilru, leh thlarau a fan chhuah dan entirna (*metaphor*) hrang hrang hmangin an lantir chamchi. Chhungte, thiante emaw, khawtlangin tawrhna tih belhchhah a, mal taka tawrhna hmachhawn mektu kan ni emaw, kan nih ang anga damna chan theih nana Pathian pan luih tlat hi tawrhna hmachhawn dan Mi mal Tah Hla-in a lantir chu a ni. Mi mal Tah Hlate hian Pathian hi mihringte lawmna chauh ni lovin an natna, an lungawi lohna zawng zawng te dawl zo Pathian a ni tih an lantir.

3.2. Mi mal Tah Hla te hi eng ang tak a pawimawh nge ni?

Mi mal Tah Hla hi kan Bible-ah meuh a tel a nih chuan namnul mai theih chu a ni bik lovang tih a rin theih. Sam bu pumah Tah Hla te hian hmun lian ber an chang a nih chuan, kan Pathian biaknaah pawh hian kan seng luh thiam a pawimawh telh

telh ang. Tawrhna chi hrang hrang avanga kuna mangang thin mihringte hian Pathian kan biaknaah hian tawrhna nena Pathian be tura lo kal tan hmun kan siam taw em? Mihring nuna tawrhna hi Pathian faknaa chhilh bo kan tum mai em? Tawrhna te hi a nih ang anga hmachhawn phawt loh chuan eng mahin a hliah khuh zo dawn lo. Sam-a Mi mal Tah Hla-ten an tawrh nat dan engkim Pathian hmaah zep awm lovin an sawi bawrh bawrh a, an thinlung an leih bua a, chumi hnuah chuan 'Pathian fakna' hmun an thleng tih kan sawi tawh a. A lera thuaia na ngawih ngawih chung a Pathian hnenah zawhna tam tak nei chung a Pathian infak luihtir hram hian Pathian hriatna thuk zawk a thlen em? Tah Hla leh Pathian fakna hla chu kalkawp tur a ni a, inthlawp tlat inmamawh tawn an ni.

Pathian biak inkhawmnaah te, tawrhna na tak hmachhawn mekin, "Lalpa engah nge min kalsan? Eng chen a rei nge i ngawih dawn? ti tein rawn tawngtai ta se, mak kan ti he huin Pathian sawi chhia ang

hialin kan hmu mai thei. Hei hi a chhan ni bera ka hmuh ve chu, “Fak tradition”-ah kan inhruai nasat lutuk vang a ni. Pathian biaknaah hian ‘Pathian fakna’ chauh ni lovin, tlang taka Pathian dawrna leh tawrhna kara Pathian rorelna hrethiam tur zawhna hmanga Pathian dawrna kan hmuh kân fo. Pathian fakna hi rinna lantimaah kan ngaih theih chuan, Pathian hmaa tahna, zawhna nena Pathian hmachhawna te pawh hi Pathian rinna lantirna tho a ni. Tawrhna kara Pathian tihdamna leh chhandamna beiseituin, Pathianin khawdang a hawisan theih loh tur khawpa Pathian tanpuina a ngenna ‘ngengawl,’ tah hla anga lo luang chhuak (Sam 6:1-7; 13:1-2; 31:9-13 69:1-3; 88), te hi Pathian rinna thuk tak atanga Pathian chhandamna beiseia Pathian panna an ni zawk.

### 3.3 Pathian hi tu nge nia Mi mal Tah Hlain a lantir?

Pathian hi khawtlang leh ram Pathian mai ni lovin, mi mal Pathian, mi malin a koh ei theih Pathian a ni. Mihring taksa ruangam nei ang leh mihring rilu

puthmang nei angin heng Mi mal Tah Hlate hian Pathian hi an lantir ber a. Hei hian Pathian chungchang zirtirnaah pawimawhna lian tak a nei. Pathian chu mihringte tawrhna kara khawngaihtu, hriatpuitu leh chhandam tur a ban a, kai a, kuahtu a nih dan pawh a lang. Tawrhna hmachhawn a, tawrhna avanga Pathian mamawh em em thintu mihringin, Pathianin a kalsan nia ngaihna kara thian a mamawhzia an lantir.<sup>11</sup> Hei bakah hian, Mi mal Tah Hlain tawrhna kara Pathian a zawna, zawhna dengkhawng tak tak hmang a lo lang thin te kha, amah leh Pathian inkara inthenna zawm leh tumna a ni. Natna leh tawrhna te Mi mal Tah Hlain a ngaih dan chuan Pathian nena an inkar a chhiat avanga na zualah a ngai a, churang chuan, a theih ang tawkin Pathianin a lam a hawi a, Pathianin a tanpui ngei theih nan tanng dengkhawng tak tak te Pathian auh nan a hmang, a chhan chu Pathian ngeng chhun a, Pathian chhandamna chan vat nan a ni.

Mi mal Ṭah Hla hian Pathian kalsanna sawi ve baw mah se, Pathian hi tuartute tawrhna hriatpuitu a nihna te, khawngaihtu a nihna te, tawrhna ruama kalsan mai lova, an zin kawng harsa zawhpuitu a nihna leh an natna engkim ṭawmpuitu a nihna an hmuh hmai h lo. Hetiang taka Pathian hriatna leh ngaihna hian Pathian chu thlima dangin thlirtirin, “Nangin ka vahvaihnate hi i chhinchiah ṭhin a; Ka mittuite hi i savun pengah chuan thun ang che; i lehkhaw buah a chuang hlawn lawm ni?” (Sam 56:8) a ti. Pathian chu hnai taka awmin mihringte tawrhnaah tih tur a nei a, mihringte nena inzawmna neih duh Pathian niin a lantir. Hetiang a Pathian lantirna hian tawrhna a bawh mek te tan thlamuanna emaw an mamawh ang zela tawrhna karah ‘nun tam’ tuartuten neih phahin an khaw thlir te a thlak danglam thei hial.

### **Tlangkawmna**

Pathian chungchang zirtimaah te, tawrhna chungchang kan ngaih danah te, hring nun kan thlima tluang hruih pawh zirtima

pawimawh tak tak Mi mal Ṭah Hlate hian an pai ṭeuh a ni. A pawimawh berah chuan mihring, tawrhna chi hrang hrang hmachhawm mekte hian kan nat ngawih ngawih ang tak hian, pehhel leh zep awm lovin Pathian hmaah kan hriatthiam loh zawng zawng nen kan inlan thei a ni tih hi. Mawihnai tak niawm taka Pathian hi kan dawr a, kan pan kher hi Pathian hian min phut lovang, Mi mal Ṭah Hlaten an nih ang ang a, an nat ang ang Pathian ṭanpuina beiseia Pathian an pan mai ang hi ringtute tan a theih a, a thiang bawh tih hi Mi mal Ṭah Hla a ṭang hian zir chhuak ila. Nunin a tawn ang zelin Ṭah Hla leh Fakna te hian hmun pawimawh an luah zel dawn, pakhat thlahu thlak a pakhat chawi vung vak hi Pathian hriatna leh rinna kawngah a ṭha ber lo ang tih a rin theih. Mi mal Ṭah Hla pawhin Ṭah Hla leh Fakna a keng kawp alawm!

### **Endnotes:**

<sup>1</sup> Mi mal Ṭah Hlaa dahṭthin tlanglawn deuh deuh te chu, Sam 3, 4, 5, 6, 7, 13, 14, 17, 22, 25-28, 31, 32, 35, 38, 39, 41, 42-43, 51, 54, 55, 56, 57, 59, 61, 63, 69-71, 77, 86, 88, 102,

130, 140-143. A list hi zirtu hrang hrangin an dah dan a inang vek lo a, hetah hian a nawlpui a pawm tlan deuh hlek ka rawn dah.

<sup>2</sup> Nancy C. Lee, “Lament in the Bible and in Music and Poetry across Cultures Today,” SBL e-news Letter February 2010, [https://www.sbl-site.org/assets/pdfs/TB7\\_Lamentmusic\\_NL](https://www.sbl-site.org/assets/pdfs/TB7_Lamentmusic_NL).

<sup>3</sup> Craig C. Broyles, “Psalms of Lament,” in *Dictionary of The OT Wisdom, Poetry and Writings*, eds. Tremper Longman III and Peter Enns (Downers Grove, IL: IVP Academic, 2008), 384.

<sup>4</sup> Hans-Joachim Kraus, *Theology of the Psalms*, trans. Keith Crim (Minneapolis: Fortress, 1992), 137.

<sup>5</sup> Claus Westermann, *The Psalms: Structure, Content and Message*, trans. Ralph D. Gehrke (Minneapolis: Augsburg, 1980), 40.

<sup>6</sup> Walter Brueggemann, *The Message of the Psalms: A Theological Commentary* (Minneapolis: Augsburg, 1984), 54.

<sup>7</sup> June F. Dickie, “Lament as a Contributor to the Healing of Trauma: An Application of the Form of Biblical Poetry,” *Pastoral Psychology* 68/2 (2018): 147.

<sup>8</sup> Mark D. Futato, *Interpreting the Psalms: An Exegetical Handbook* (Grand Rapids, MI: Kregel, 2007), 151.

<sup>9</sup> Walter Brueggemann, *Our Hearts Wait: Worshiping through Praise and Lament in the Psalms* (Louisville, KY: Westminster John Knox Press, 2022), 113-122.

<sup>10</sup> Federico G. Villanueva, *The ‘Uncertainty of a Hearing’ A Study of the Sudden Change of Mood in the Psalms of Lament* (Leiden/Boston: Brill, 2008), 43-70.

<sup>11</sup> For the burden of suffering is less onerous in having someone to turn to. Marian F. Sia and Santiago Sia, *From Suffering to God Exploring Our Images of God in the Light of Suffering* (New York: St. Martin’s, 1994), 59-60.



## KUM 2026 PUITLING SUNDAY SCHOOL ZIRLAI BU THLIRNA

- Rev. Dr. Lalawmpuia Hauhnar

### **Thuhmahruai**

Kum 2026-a Mizo Sunday School Union Puitling Sunday School zirlai bu chu Rev. Dr. H. Lalrinthanga ziah ‘Kristiante leh Ram Rorelna’ a ni. A chhuahtu Synod Literature & Publication Board Editor Rev. PB Zosaphara sawi danin kum 1925 aṅgingin mumal takin Puitling Sunday School zirlai bu hi kan nei ṅan a. Tuna mi hi Puitling Sunday School zirlai bu 102-na a ni. Puitling Sunday School zirlai bute hi Sunday School atan chauh lo pawh lehkhabu ṅangkai tak an ni tlangpui a. Rawngbawltute tana pur chawkna tham leh chhawrnahawm tak an ni deuh zel. Kumina kan zirlai bu pawh hi lehkhabu ṅangkai tak tur a ni a, rilru inhawng leh uluk taka zirte chuan an ṅangkaipui ngei ang. A bu tir lama thuhmahruai leh ṅul dangte ziahna hi phek 16 a ni a, zirlai 1-na aṅginga a tawp thleng hian phek 281 a ni thung a, a vaiin phek 297 a ni. Hetiang tiat lehkhabu Rs. 100/- chauhva hralh lehkhabu dang hi a vang viau awm e.

Puitling Sunday School zirlai bute hi kum thum hma lama thlan lawk a ni ṅhin a, nikum 2025-ah khan kum 2029-a zir tur pawh thlan fel diam a ni leh tawh. Chutianga thlan lawk a ni chung chuan kan zir kumah meuh chuan kan ram leh kohhran mamawh tak a nihzia a lo lang chiang viau ṅhin. Kan ram dinhmun leh sukthlek te han en hian kumina kan zirlai bu pawh hi kan zir awm tak niin a lang a, hetiang zirlai bu

kan nei hi a lawmawm hle. Kumina kan zirlai bu hi copy 1,00,000 chhut a ni a. Mizo ṅawng ziah lehkhabu hetiang zat chhut hi a vang hle ang. Mizoram chhung chauh ni lovin ram pawn lamah pawh mi tam takin zirlai bu atan an hmang a ni.

### **A ziaktu hi tu nge?**

He lehkhabu ziaktu Rev. Dr. H. Lalrinthanga hi Mizoram Presbyterian Kohhran Pastor

JAN - FEB 2026

thawk lai zinga senior pawl tak a ni. Zirna kawngah Kohhran Chanchin zirnaa doctorate nei leh post-doctoral pawh zo tawh, Sap tawng leh Mizo tawnga lehkhahu eng emaw zat ziaak tawh a ni. He lehkhahu hi Aizawl Theological College-a Registrar hna a thawh laia a ziah a ni a. Kum 2025 Synod inkhawmpuiin a rel angin kum 2026 atang hian Vaivakawn Pastor Bial a vawng ta a ni.

A ziaktu hian a Doctor of Theology (DTh) thesis-ah ‘Church and State Relationship in the Mizo Socio-Political Life from 1952-2006’ tih a hmang a. A thesis hi a bua chhuah a ni nghe nghe. Kohhran leh sawrkar inlaichinna chungchang chipchiar taka chhuia zir tawh a nih avangin he lehkhahu ziaktu nih hi a inhmeh hle. Mahni hna ngai pawimawh mi, thil chhinchhiah thei, a hun tak leh a hmun taka thil tih duh mi a nih avangin a zirlai bu ziah pawh hi a hun takah a theh lut a. A endiktuten uluk taka endikna hun an neih theih phah nghe nghe a ni.

### **A thu tlangpui han thlir ila**

Kan zirlai buah hian zirlai 46 a awm a, chung zirlaite chu then riata then an ni. A then hmasa berah chuan ram rorelna chungchanga Thuthlung Hlui zirtir dan kan hmu a. Pathianin mihringte hnena mawhphurhna a pek dan atanga tanin Thuthlung Hluia Israel-te hun tawn hrang hranga ram rorelna leh inrelbawlina inher chhoh dan te min hrih. A then hnihnaah chuan Thuthlung Thar zirtima lamah lutin Isuan ram rorelna chungchang a zirtir dan te, Thuthlung Thara mi langsar tak takten ram rorelna an lo zirtir dan leh an lo kalpui dan te kan hmu thung.

A then thumnaah chuan kohhran chanchina ram rorelna lo lan chhoh dan kan hmu a, hetah hian kohhran leh ram rorelna inhnek chhoh dan ngaihnaawm tak kan hmu a ni. A then linaah chuan India rama Kristiante leh ram rorelna chungchang kan hmu thung. India rama Kristian hmasate lo awm dan leh ram rorelna leh inrelbawlinaa Kristiante tel dan chi hrang hrang te bakah India

hmarchhaka Kristiante leh ram rorelna chungchang kan hmu bawk. A then ruknaah chuan Mizote leh politics chungchangah min luhpui a. Hetah hian kan rama Sapho an lo luh hmaa Mizote inawp dan atanga tanin kohhran leh ram rorelna inhnek chhoh dan chi hrang hrang te min kawhhamuh a ni.

A then ruknaah chuan 'Kristiante leh political education' tih hnuaiiah politics tobul leh Kristiante mawhphurhna chungchang te, ram rorelna chungchanga Bible zirtir dan tlangpui te leh political education tha kan mamawhna te min hriih. A then sarihnaah chuan ram rorelna tha nei tura Kristianten mawhphurhna kan neih pawimawh tak takte min kawhhamuh a. A then hnunning ber, a then riatnaah chuan Kristiante leh ram hmasawna chungchanga thu pawimawh chi hrang hrangte min hriih a ni.

**Eng ang lehkhahu chiah nge maw a nih le?**

Kumina kan zirldai bu hi a thu inrem dan a fel fai tha hle. Bible zirtirnaa tanin kohhran chanchinah a lut chho va. Chumi hnuah India rama Kristian hmasate chanchinah lutin India hmarchhak chanchinah a pakai a, chumi hnuah Mizoram chhungah min luhpui a. Political education tha kan mamawh dan te, ram rorelna leh inrelbawlina kawng leh hmasawna kawng hrang hranga ringtuten mawhphurhna kan neih dan te min kawhhamuh a. Thu hlawm hrang hrang arawn thur chhuahte hi seminar neihpuina tham leh pulpit sermon-ah pawh sawi fo atan a thate an ni hlawm.

Mizoten party politics kan hmelhriat hnuah hian politics kan hriat thiam dan hi a fuh tawk lo em ni chu aw, tih tur a ni. Party politics kan la na em em a, mi thenkhat chuan mahni party thil a nih tawh chuan a dik lo zawk leh a tha lo zawk pawh kan sahuai thing vawn tlut thin niin a lang. Chuvangin, kumina kan zirldai hman hian Pathian thu atanga politics thir dan zir thar leh ila. Kan ram leh hnam hian

nasa takin hma a sawn phah ang a. Kohhrante pawhin hlawk zawk leh awmze nei zawkin rawng kan bawl theih phah ngeiin a rinawm.

Kan zirlai bu ziaktu hian lehkhabu leh thuziak hrang hrang tam tak a hmang a. Mahni ngaih dan ziak mai lova beh chhan tha tak neia a ziak hian ngaih a titha hle. Chutih rual chuan lehkhabu leh thuziak dang a hman thenkhatte hi chu a hlui hlawm hle. Kohhran chanchin ziahna lehkhabu a hmanah te, Mizoram chhunga politics vir chhoh vel dan leh politics-a kohhranin hnuhma a lo neih dan chungchang a ziahah te hian tun hnaia chhuak lehkhabu leh thuziak tharlam zawk eng emaw zat a awm laiin a hlui lam a thlang zawk deuh emaw tih mai tur a ni. Tunhnaia chhuak lehkhabu leh thuziak tha tak takte han hmang tam deuh se chuan he lehkhabu hi a hlu lehzual ngei ang.

Endnote/footnote leh bibliography-a lehkhabu hmante ziah dan style hi chi hrang hrang a awm a. A ziaktu hi research bei

thang a ni a, chung ziah dan style hrang hrangte chu a hre hle ang. A bu tir lama politics chungchanga Bible zirtir dan a ziahah hian Bible hrilh fiahna bu eng emaw zat a hmang a. Mahse heng bu a hman tam takah hian a editor hming a ziah laiin a hrilh fiahna ziaktute hming erawh chu a ziak lang lo thung. Bible hrilh fiahna bu lian, mi thiam hrang hrangte inziah tawm buah hi chuan editor hming chauh ni lovin a bu mal hrilh fiahna ziaktute hming hi ziah lan a ni thin a. Chungte chu han ziak lang se chuan he lehkhabu hmangtute tan pawh tu ngaih dan leh thlir dan nge a rawn sawi tih a chiang lehzual ngei ang.

Ziaktu thuhma lama intlawh khalhna thu a ziah angin a bu chhungah hian thu ngai ziah nawn a awm nual a. Zirlai thupui leh a chhung thu inhnaih tak tak pawh a awm nual. Zirlaite hi hlawm hrang hranga then darh a nih chuan hetianga thu ngai ziah nawn hi thil awm thei tak pawh a ni reng a ni. Chutih rual chuan ziah tel awm tak ziah tel tak si loh a awm nual niin a lang. Thil ngai ziah nawn ai chuan chung thilte chu ziak

zawk ta se he lehkhabu hi a phuisui leh zual ngei ang. Entir nan, zir lai 5-naah chuan Aigupta bawih ata chhan chhuah leh ram pek thu a zia k a. Hetah hian Israel-te thlalera an vah lai chanchin (wilderness experience) han zep tel se a thu a kim thlap tur hi a ni a. Aigupta bawih a tanga chhuah a tanga ram pekah a zuang kai nghal dawrh mai a, a zuan khum thui mah mah deuh a ni!

Politics kan tih hian eng nge a kawh ber? Kan zir lai bu-ah hian politics tɔbul chu Pathian a nih thu chiang takin kan hmu a (pp. 180-181). Chutih lai in a bu tir lamah chuan ram rorelna kalhmang chi hrang hrang a awm thu min hrilh bawh (pp.3-4). Chuti a nih chuan politics tɔbul chu Pathian a nih lai in ram hrang hrangah politics kalpui dan inang lo tak tak a awm tihna a ni a, keini Mizote pawhin Sapho lo thlen hmian politics kalpui thin dan kan lo nei ve vek tihna a ni. Chutih lai in kan zir lai bu ziaktu in Mizorama politics kal chhoh dan a sawinaah “Wawii nah hian Mizote zinga politics lo in tan dan kan zir dawn a ni” a ti a (p. 161),

a thu then pakhat chuan ‘Mizorama politics tɔbul’ tih a hmang bawh (p. 162). Hetia han chhiar mai chuan Sapho lo kal hma khan Mizoten politics kan lo nei ve lo a ang hle! Politics chu kan lo nei teh meuh mai a. Mahse Saphovin an hriat politics ang kha kan lo la kalpui ve lo va. Anni an lo lan hnuah an lo kalpui thin dan zui deuhvin kan kalpui ve ta mai zawk a ni. Chuvangin, Mizorama politics chungchang sawinaah hian ‘politics tɔbul’ ti tlang nghal mai lovin ‘Mizote zinga mipui rorelna politics (democratic politics) tɔbul’ ti in emaw ‘Mizote zinga tunlai politics (modern politics) tɔbul’ ti in emaw dah ni se a fiah leh zual awm e. Chuti a nih loh chuan politics kan hriat thiam dan leh kan hrilh fiah dan a rawn su buai thei deuh tlat a ni.

### **Tlangkawmna**

Hman a tanga Mizoten kan buaipui tak pakhat chu kohhran leh politics in laichinna chungchang hi a ni. Mi thenkhat chuan kohhran chu khawvel thila in hnamhnawih lova thi anghlim taka awm hrang tlat turah an ngai a. Kohhranah chuan politics thil

reng reng chu sawi leh buaipui pawh ÷ul ve lovah an ngai ÷hin. Chutih laiin Pathian thu leh kohhran chanchin aṅanga kan en erawh chuan Pathian mite hian politics ṅha a awm theih nan nasa takin ṅan a lo la ÷hin tih kan hria. Politics hi lo thianghlimsan veng veng chi a ni lo va, politics ṅha hian ringtute nun hi a ṅha zawngin

a kaihruai thei a; politics ṅha lo hian a chhe zawngin a kalpui chiah thei tih kan hre bawk. Mahse politics ṅha a lo awm theihna tura ṅan kan lak thiam dan erawh chu a inang vek lo. Kumina kan zirlai bu hi chumi kawnga min kai harhtu leh kawng ṅha min kawhhuhtu ṅangkai tak a ni ngiin a rinawm.

### HNUNGTAWLH

*Nimahsela keini zawng boral tura hnungtawlh pawla mi kan ni lo va; nunna humhim tura rinna nei pawla mi kan ni zawk (Hebrai 10:39)*

Billy Smith-a kha a pianthar hlim khan ringtu pakhatin thurawn a pe a, “*Ni tin minute 15 Pathian aw ngaihla la, minute 15 ṅawngṅai la, minute 15 mi dang Pathian thu sawipui la, i hnung tawlh lovang,*” tiin. Ani chuan a zawm a, rawngbawltu ropui tak a lo ni ta a.

Indona hmunah chak reng theih a nih bik loh avangin hnung tawlh a ÷ul chang a awm a, mahse an hnungtawlh avangin an tlawm tihna a ni vek lo va, ṅanhmun siam ṅhat a ngaih avanga hnungtawlh an ni chāwk ÷hin. Dawihzep avanga hnung tawlh a ṅhat loh laiin tlawm a ÷ul huna hnung tawlh erawh a ÷ul thung si. Hnung tawlh hian ṅhatna a neih rualin a ṅha vek bik chuang lo va, a ÷ul ang zela insiamrem thiam mi nih erawh a ÷ul ÷hin. Rinna kawnga hnung tawlh hi ṅha lo ti ÷hin mah ila chak reng a har avangin kan hnung tawlh fo si. Rawngbawltu ṅangkai tak ni ÷hin, kaihthawh harsa khawpa hnung tawlh hle tawh an ni tih hmuh leh hria hi a hrehawm duh ÷hin hle. Hnung tawlh lo tur chuan tih tur kan neih (*Bible chhiar, ṅawngṅai, adt.*) te i thlahthlam lovang u. Van ram panna kawng kan zawh mek lai hian boral tura hnung tawlh pawla mi ni lo turin ṅan ila zel ang u.

## KUM 2026 NILAI LEH BEIHRUAL THUPUI THLÎRNA

- Rev. V.L. Krosschhuanmawia

### **Thuhma:**

Mizo Kohhran a din chhûng chu zai hi a reh tawh lo vang a; Mizo Kristiante an zai chhûng chuan Kohhran hi a nung reng dawn a ni,” ti hiala an sawi Mizo Kristianten kum 2026-a Nilai leh Beihruual Thupui – *Mizo Kristian Hlâte leh a Phuahtute* tih kan zir tûr hi a inhmeah a, a phur awm a, kan hlawkpui ngei ang tih a rinawm.

Zosâpte hla min siam sak hnua Mizo ze mil tak, Mizo pa ngeiin a phuah chu kum 1919 vel khan kan hmu ãan chauh kha a ni a. Kum 100 chuang a liam meuh chuan zir tham fe kan lo nei ta, thil lawmawm tak a ni. Chûng hlate chu Pathian pâwlina thûk tak nena an phuah leh siam a ni tlangpui a. Tûn ãumah hian kum 2026-a Nilai leh Beihruual thupui - *Mizo Kristian Hlâte leh a Phuahtute* tih chu kan thlîr thuak dâwn a ni.

### **A ziaktu chanchin:**

Aziaktu, Rev. Lalfakzuala, Upa R. Lalbuanga, Dârlâwn Venghlun fapa hi Mizoram Presbyterian Kohhran Pastorte zînga mi thiam leh hming ãa tak a ni a. Serzâwl khuaah a piang a, Pi Malsâwmtluangi nen an innei a; fapa leh fanu an nei a. Rawngbâwltu chhungkua a ãanga seilian a ni.

Rawngbâwlina lamah pawh tawn hriat nei ãa tak a ni a.

Pastor rawngbâwl hnâ a thawh hma pawh hian KÏP leh Kohhrana ãangkai taka lo inhmang ãîn a ni a. Chaltlâng Bialah-ah Pro. Pastor ni chungin Aizawl Theological College (ATC)-ah Thuthlung Hlui zirãr hna a thawk a. Nemngheh a nih hnua Silchar Pastor Bial kum khat a vawng a. Chumi hnu lamah chuan ATC-ah zirãr hna thawkin a awm a. Kum 2017 April a ãanga April 2021 thleng khân United Theological

College-ah Registrar hna a thawk a. Kum 2021 April amang khân Vaivakâwn Pastor Bial a enkawl a. Nilai leh Beihruai Thupui bu a ziah lai hian Vaivakâwn Pastor a nih lai a ni a; tânah hian Missionary Training College, Mission Vengthlang-ah Principal hnâ a thawk mek a ni a. Hemi bâkah hian North East India Christian Council (NEICC)-ah Vice President a ni mek a, Synod Mission Board Executive Member a ni a, PCI General Assembly Executive member leh Council of Churches in Mizoram (CCM) Executive member a ni mek bawk. Synod Committee peng hrang hrangah a tel tawh ðin a. Pastorte te zînga zirna lama mi thiam, a hun tam zâwk zirtîr hna thawk a ni.

Rev. Lalfakzuala hi hla phuah lamah chuan sul hnu nei tam lo mah se, thu ziak a taima hle a. Lehkhabu 10 chuang a ziak a; *booklet* leh *Article* pawh ðahnem tak a ziak bawk a ni. Hetiang mi thiam leh thu ziak lama tui miin a ziak *Mizo Kristian Hlâte leh a Phuhtûte* tih thu

Nilai leh Beihruai thupui a kan zir tûr hi a phûrawm hle a ni.

**A lehkhabu pian hmang:** Lehkhabu pianhmang hi a fel thlep mai a. A kawm hi sen uk, mit la tak leh hmuh hahdam tak a ni a. Chung lam leh hnuai lamah rin pakhat ve ve kal raih hian kum kal ta lama Nilai Zan bu kawm kalhmang a zui a, hei hian Nilai leh Beih Rual Thupui bu hriat hran a ti awl hle ang. Kuminah hian Mizo puan a zâng hmawra lo lang zeuh hian a ti mawi danglam hle; Puitling Sunday School zirlai bu nen pawh awlsam takin a hriat hran theih ang. Hetianga ruahmanna fel tak a awm ðin hi a ðhain a ngaihtuhtute an fakawm hle a ni. A zirlai chhûng hi pheh 297 a ni a. Zirlai bu hmalama thuhma, Calendar, kum 2026-a Kohhran ni bîkte tih chuanna pheh 50 zet nen chuan a vaiin 347 zet a chhah a ni a. Lehkhabu 61 zet a râwn bâkah leh mi biak râwn 4 lai a nei a. Hei hian a lehkhabu rintlâk tûrzia a lantîr a ni.

**A bu chhûng thu kalpui tlângpui:**

January thla chhûngin Pathian mite tân chuan Hla chu Pathian biakna, Pathian chanchin puan chhuahna, a mite a pâwlna hmanrua a nih thu te; Thuthlung Hlui leh Thuthlung Thar lama hla kan hmuh te, hla kalhmang leh rimawi hmanruate kan zir ang a. Pathian lehkhathua hla leh rimawi thiltihtheihna kan hmuhte kan zir ho ang. A ziaktu hi, Thuthlung Hlui lam mi thiam anih avângin Bible châng a fakna hlâte hmanga bul min tanpui hi a inhmehin a bengvârthlâk hle a ni.

February thla aţangin Mizote chu zai ngaina hnam kan nihzia te, Zosâpten bul min lo tanpui dân te, Mizo Kristian hla than zel dân te, lengkhawm hla, Zaipawl hla, thalai hla lo chhuak zel chanchin te, hla thlûk leh thu kalhmang te kan hmu a. Heng bâkah hian harhna leh Mizo Kristian hla hmasâwnna chanchin te leh Kristian Hla bu te, Hla Thar Bu te, Naupang leh Thalai Hla bu te thlenga a lo pian thu kan zir dawn a ni. Heng hlâte aţang hian Mizo Kristiante hian Isua Krawsa a tawrhna avâng a chhandamna kan chan chanchin

bâkah, van lam ngaihna hla kan tuipuizia kan hmu thei a ni.

March thla chhûngin Zosâpten Mizo Kristian Hla pian chhuah nâna kawng min sah kuak thuzia kan hmu a. Zosâpte kutchhuak kan hmuh hrang hrang aţang hian Kristian nun lam te, sakhaw serh leh sâng lam hla te kan hmu nual a. Kohhran lo piang zel mamawhna avâng a theih tawp chhuaha hla tha tak tak min lo siamsak hlutzia kan hmu a ni.

April thla aţanga May thla tîr lam thlengin Hla phuaktu, siamtu leh letlingtu, kan rawngbâwltu hmasa Rev Chhuahkhama te, Rev. Saiaitanga te, Rev. Liangkhaia leh Upa Thanga te kan zir ang a. Hla letlingtu hrang hrang heng - Rev. Taisena te, Rev. Bânkuai a te, Rev. R. Dâla te, Hrawva, Zakûnga, Laibâta leh Suakropuia te kan hmu a. Heng kan rawngbâwltu hmasate kut hnu hian an hlutna a tizual hle a. Anni bâkah hian Khasi unaute zînga hla min lehlinsaktu Sohan Joy-a, Awmia (Omia) nu, Rai

Bhajor-a, Siniboni leh Raja Singh Gornlay-a, Mohan Singh-a, Simeon Rynjah-a, Philip Roy-a leh Gilbert-a te târ lan a ni a. Khasi unaute hlutna a târ lan bâkah, an awmna leh hnathawhna hmuna Chanchin Ṭha puandarhna kawnga an ṭhahnemngaihna hi a hlûin min chotu ṭha tak a ni ngei ang.

May thla Nilai zan vawihnihna aṭanga August thla thlengin Mizo Kristian Hla Thar, a bîk takin lengkhâwm lam hla kan zir dâwn a. Patea, C.Z Huala, R.L. Kamlala, Saihnuna, Suakliana, Zasiama, L. Kâmlova, Siamliana, Râlngama, Laithangpuia, Zumi leh Thangvungi, Lalruali, Pastor Chhâwna, Hleia, Taivela leh Rev. Thangngûra hlâte kan zir dâwn a ni. Mizo Kristian Hlâte hian hnam nun a târ lan dân te leh min phuarkhawmtu pawimawh tak a nihzia te kan zir dâwn a. Mizo Kristian hmasaten thlarau pawlna thûk tak aṭanga an phuah anih avângin a hlu a, vawiin thlenga mite thinlunga thusawitu ṭha tak a ni ta zel a ni.

September, Beihrial thla chhûngin Ramthar Hapta leh Kristian Chhungkaw Hapta tih loah chuan *Mizo Kristian Hlate leh A Phuahrtute* kan zir chhuzawm dawn a. Vânram, Pathian leh Fam ngaih hla, Pathian hmangaihna leh Krista tuarna hla leh Thlarau Thianghlim beiseina lam hla ṭhenkhatte kan zir ang a. Hla leh Kohhran nun kal kawp tlat a nihzia te, Zaipâwl chungchâng te, Pathian biak inkhâwma zai leh tih hmasawn a ṭulna te, ṭhalaithe mawhpurhna leh naupan lai ata hla thiam pawimawhna te thlengin kan zir dâwn a ni. Hla leh Mizo Kristian nun hi inhne reng, kal kawp tlat anih avângin Beihrial thlaa he lam min hawipui hi a finthlâkin, hmasawn nân hman ngei tum ila a ṭha hle ang.

October thlaah Mizo Kristian Hlapui phuahu Vânmawia te, H. Lâma te, K. Papua te leh hlapui phuahu dangte leh an hlate kan zir ang a. Rokunga, Lalmâma, Liandala, Thandanga leh Lalliansawma te leh an hlate kan

zir zui ang. Mi pakhat zel hi zirlai pakhata zir tham ni mah se, hmunin a daih loh avanga mi pakhat aia tam kan zir lo thei lo va. A uiawm hle a ni.

November leh December chungin Mizo Kristian hlate aṅanga khawvel kan hmuh dân te, vanram kan thlîr dân, chhandamna kan ngaih dan te, Lal Isua tuarna kan hmuh dân te, hun hnuhnung kan beisei dân te, Mizo hnam nun nena kal kawp tlat, Mizote min ti-Mizotu a nih thute thlengin kan zir dân a. Krismas hunpui mil tak thupui kan zir tur te, leh Mizo Kristian hla chungchânga hma lam hun thlirnaa Nilai thupui khâr a ni tûrte hi a inhme hle a ni.

**Zir a châkawm chhan leh a hlutnate:**

- Zosâpte leh Mizo Kristian kut chhuak ngei hla leh a phuahtute chanchin kan zir dawn. Pathian pâwlina thûk tak aṅanga phuah anih hlawm avângin zir a châkawm hle.
- Mizo Kristian hla ṅhan chhoh zel dân hriat nuam takin min chhawp chhuahsak.

· Hla leh a phuahtute chanchin phenah hian an phuah hunlaia Zoram khawvel dinhmun thui tak kan hre thei baw k ang.

· Mizote Pathian thu tui pui, ngaihsak zâwng, hlimpui leh kalpui dân thui tak kan hre thei a. A ṅhan chhoh zel dân thlengin hai chhuah theih a ni ang.

· Thupui zir tûr hi tawifel ṅha tak leh fun kim ṅha tak, thupui hawngtuin rei lote chhûnga a chhiar chhuah mai theih tûra siam a ni hi a ṅha hle a. Tûma tâna ninawm hman lo tûr, a hawngtu tân leh midangte tân pawh sawina hun ṅha tak awm thei tûra zia k a ni.

· Sawi zui tûr awm ze nei tak tak chhawp chhuah a ni hian a buin a sawi thlen hman loh sawina remchang a siam bâkah, hlâwkpui ngei tûra kan sawi ho ṅhin pawh a ṅha hle ang.

**Kan chhinchhiah tûr ṅhenkhatte:**

Hlâin Mihring nunah (a bik tak pawhin Mizo nunah) thu a sawi nasatzia te, thuin a sawi phâk loh hlâin a sawi chhuah dân te, mi nun a tih tui ral a, a thlâk danglam theihziate hmuh tumin

zir ila. Harhna leh Mizo Kristian Hlate hian inzawmna thuk tak a neihzia kan hmu a. Hei vâng pawh hi a ni ngei ang Mizo hlâte hi a chuai thei lo a ni ber mai.

Zosâpte hi sawisel bo chu an ni bik hauh lo; nimahsela, Mizo Kristian Hla hmasâwnna atâna an thawh hlâwkzia theihngihl lo ila.

Mizo Kristian Hlâte hi, kan Mizo hlaphuah thiamte hian Pathian pâwna thûk tak nena an phuah a ni tlangpui a. Chu Pathian pâwna aṅanga an hla phuahte aṅang hian Pathian thu puan chhuah (an theology) man chhuah tum ila a ṅa hle ang.

Hlâte hian a hla thu phenah hian a phuahtu thlarau lam nun leh ni tin khawsaknaa an thil tawn leh khawtlâng leh ramin a tawn mek a inphum fo ṅin a. Chuvângin, hla phuahtute leh an hlaphuah hunlai khawvel ngaihtuah chung a kan zir theih chuan a hlâwk hle ang.

Nilai leh Beihruah Thupui Bûte hi Kohran pumpui, mi chi

hrang hrang leh dinhmun in ang lo tak takte ban phâk vek tûra ziah a nih ṅin avângin Literature zirna ang a chin chiam chi a ni lovang a. A phena Pathian thlarau Thianghlim hnathawh lo lang hai chhuak zawnga zir a pawimawh hle thung dâwn a ni.

Harhna leh Mizo Kristian Hlâte hian inzawmna thûk tak a neihzia kan hmu a. Hei vâng pawh hi a ni ngei ang Mizo hlâte hi a chuai thei lo a ni ber mai.

Nilai Zan thupuite hi zan khata rei lo deuh chung a sawi emaw chhiar emaw zawh mai theih tûra buatsaih a ni. Chuvângin thupui sawihona lamah thûk zâwk leh zau zâwka ûmzui theih a nih chuan zir laite tân a hlâwk hle thung ang.

Hla phuahtu chungchânga inhnialna awm thei ang chi pawh a theih chin chinah telh a ni lo va. Hei hian a ziaktu leh Synod Worship committee fîmkhurzia a tilang. Chuti chung chuan tih sual erawh a awm zeuh zeuh. Entir nân, January 11, 2026-a thu hlâwm hnihna ‘chawhma’ tih

chu ‘chawhnu’ tih tûr a ni a. October leh November thla ni târ lan siam that vek a ngai bawk. A pumpui thlîrin a ziaktu leh a chhuahtu te hian theih tâwp tak meuh an chhuah tih a lang a, an fakawm hle.

Nilai leh Beihruual Thupui Bu – *Mizo Kristian Hlâte leh a phuahtute* hi uluk takin zir ila. Heng Mizo Hla phuahtute chanchin aţang leh an hlâte aţang hian engtin nge thlarau lam hmasâwmna kan neih theih ang tih ngaihtuah chungin zir ila. Zir lai hlâwk tak a ni ngei ang.

**Tlângkawmna:**

Nilai leh Beihruual thupui bûah chuan hla mal thlûr tak tak

hman a ni lova, Hla phuahtu 67 lai hming kan hmu thung a. Hengte hi hun leh hmun zau zâwk neih a zir a tichâkawm hle a. Kum 2026 Nilai leh Beihruual thupui - *Mizo Kristian Hlâte leh a Phuahtute* tih hi Mizo thu leh hla tihausatu, zirna ina zir laite tân pawha ţangkai zel tûr a ni a. Kohhran mipuiin kumtluana kan zir tûr hi a ţha a, a hlûin a chhinchhiah tlâk em em a ni. He lam zirna kawnga min chotu ni zel se. A chhiartu leh hmangtu zawng zawngte tân thu leh hla lama hriatna thûk zawk min petu a nih bakah, thlarau lam malsâwmna thlentu a ni ngei ang tih a rinawm a ni.



Regn. R.N. 24629/72

# Didakhe

A man : Kum Khatah ₹ 80  
Bu mal : ₹ 20

## LAKNA HMUN:

Manager, Didakhe  
Aizawl Theological College,  
Post Box - 167  
Durtlang Leitan, Aizawl-796001  
Mizoram, India  
Ph. 0389-2361126 (O)  
Mobile: 9862000265

E-mail:  
didakhe@atc.edu.in  
Website:  
www.atc.edu.in

*A man pe duh, Manager hnêna pe  
remchâng lo tân Pi Lalremsângi,  
Receptionist, Synod Office, Aizawl  
hnênah pêk theih a ni e.*

Printed at Synod Press, Mission Vêng,  
Aizawl - 796001  
Copies - 5,800

To

---

---

---

---

---

