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JANE MARCZEWSKI (NIGHTBIRDE)



- Lalpaa lawmna • Tawngtaina chhangtu Pathian
- Kualzin pakhat • Harsatna hmachhawn dan

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Kristian Naupang thu chhuahte hi Editor ngaib dan a ni vek kher lo.

A chungu thu awmte

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Editorial*Hriat reng tlâk sùlhnu...*

Mihring nun hi a rei lo va, eng tik niah emaw chuan kan zin kawng ðheuh hi kan la zawh tâwp ngei ngei dâwn. Nuamsa taka khawsa te, baihvai taka nung ve tâwk tâwk te, mutmu pawh tuah hman lova hnathawka buai êm êm te leh hnathawk peih lova tei rawlai mai mai te pawhin kan zin kawng zawh tâwp hun kan la nei ðheuh dâwn a ni.

Thihna hian mi rethei leh mi hausa a thliar lo va, pumpeh theih a ni hek lo. Chutiang taka kan hringnun zawh tâwp ni a lo thlen hunah chuan kan chanchin hi miten engtin nge an rawn sawi zui ang?

Engtiang chiahin nge hriat reng kan hlawh ang a, kan hming an lam rik apianga kan mixia an hriat chhuah ðhin tûr chu eng ang tak nge ni ang le? ðhenawm khawvêngte nêl ngam loh khawpa hlim hmêl pu ngai lo nge ka nih a, chan tâwka hlim reng thei mi nêlawm? Pathian malsâwmna khawp kham lo ang maia phun reng mai mi ka nih phei chuan, ka chanchin an sawi zui dân tûr a duhawm vak lo vang.

Khawvêlah vawi khat kan piang chhuak ta sa sa, hriat reng tlâk sùlhnu ðha leh mixe duhawm kan hnutchhiah ve dâwn lo'm ni?

GOODBYE NIGHTBIRDE

- Rev. PC Nghaklianmawia

Mumbai

Zaithiam pakhat ve mai a ni; mahse, nikum 2021-a America Got Talent-a a rawn inlan hnu khân khawvêlin a ngaihven a, a zaithiam vâng ni lovin cancer natna khirh tak tuar chung a hlim taka khawvêl a hmachhawn dân leh, chu a cancer testimony aṅanga a hla phuah ‘It’s Okay’ tih hla a rawn sak khân mittui a ko chhuak a, lainatna leh duhsakna kârah a tumruhna leh huaisen taka khawvêl a hmachhawn dân chuan khawvêl ngaihsân a hlawhtîr lo thei ta lo a ni. Doctor-ten a dam theihna chance chu 2% chauh a ni tawh tih an hrilh chung pawhin “2% is not zero” tiin a beidawn loh thu hlim taka a sawi lai hmêl kha khawvêlin a theihngihl leh tawh lovang.



IT'S OKAY!

He AGT video hi Youtube leh Facebook vêlah in lo hmu nual tawhin ka ring, ka hmu a, ka en a, ziah ve ka châk ta tlat a, tlêm ka han thai kawi ve teh ang.

Cancer natna vei hrehawm tûrza i hria em? Cancer natna khur thûk tak aţanga ‘It’s Ok’ tih hi thil awlsam a ni lo! Mahse, he nu p awn lama derd ep hm el taka lang Nightbirde-i hi chuan a thei tlat. A hming tak Jane Marczewsk-i hi kum 30 mi chauh a la ni, chuti chung chuan cancer natna hian  um thum ngawt a bei tawh a. Amah enkawltu doctor-te pawhin rei a dam an rinpui lo va, a enkawltu



z awk an beidawng a; mahse, amah a beidawng duh ve tlat lo! Amah hi Ohio state-a mi niin cancer natna av ang hian hun rei tak a lo tal buai tawh a, a taksa chu awngrawp telh telhin cancer natnain awp bet mah sela, a thilung erawh chu zal en takin a v ak v el a, zan thiang reh tak hnuaia sava zal en taka a thl awk a, a zai vang vang ang hi a inchan ber a, chu a duhthus m chu a suangtuahna a ni; chuv angin, a hming lemah pawh ‘Nightbirde’ a inti. Cancer sala t ang chung a zal enna duhawm ber chu!

A cancer natna hian a nunah vawi tam tak harsatna leh rilru hrehawmna a thlen ve tho a, a beidawn ch ang chuan a ch enna Ohio chhuahsana hmun dang California nipui va chhim daih a, chutah

chuan a hming te thlâka, mi dang daih anga va khawsak a, chu a nuna harsatna chu tlân chhiatsan a duh ut ut thîn. Chutah chuan a thinlung te pawh danglamin ngaihtuahna thar neiin a taksa harsatna pawh chu tlânsan theih a inring ve tho. Mahse, a nuna inthup chu tlânsan theih a ni lo tih a hria a, a harsatna chu tlânsana bo chi a ni lo tih a hre thiam ta a, hmun pakhat ațanga hmun danga insawnin a reh ngawt dawn lo tih a hria. Chutianga harsatna tlân bosan tum chu mahni inbumna mai a ni tih a hre chhuak. Mahse, chu nula huaisen chuan țapa indawm kun a tum lo, amah leh amah chu infuihin “A țha e, a țha vek e” (It’s okay, it’s all right) tiin a inhnêmin a infuih mawlh mawlh a.

Ni e, harsatnain min han bawh buai tak tak châng chuan keimahni hi keimahniah vêk hian han bo that that châng a awm fo thîn. Khawiah nge ka kal, tu nge ka nih, eng nge ka tih tih pawh hre mumal lova nun hman a awl fo. Mahse, chutiang nun awmzia leh hlutna pawh hre thei tawh lo khawpa mihringin a nihna a hloh lai pawha mahni infuiha, “I țha e, engkim a țha vek e” tia inhnemna chuan kawng dikah a hruai leh thîn.

Kan harsatna leh rilru chhûngril rûmna hi kan thinlungah hian phêk za tam kan ziak chhuak fo va; mahse, chûng kan harsatna laka hnehtu ni tûr chuan a thim zâwna khawvêl kan thlîr thinna zawng zawngte chu kan thinlung chhûngril ațanga kan hâl ral zawh vek a ngai a, mahni inbumna dah thain “A

ṭha e, ka ṭha e, ka ṭha vek e” tia mahni infuih chak chung a hma lam pan a ngai ṭhîn. Hnung lam hawi tawh lova hma lam pan tûrin. Chutianga ti thei erawh mi tlêm tê an ni si.

A duhthusâm a thleng

Nightbirde-i duhthusâm chu a chhûngrila hlauhna zawng zawng thlawh khûma zalên taka boruaka thlawh delh delha, zai veng veng a ni. Chu a duhthusâm chu June ni 8 (2021) zânah khân America’s Got Talent show ropui takah a hmu ta. Chu khawvêl ennawm tualzâwlah chuan cancer natnain hneh tuma beihpui thlâka a buan mêk nula chu pheikhai zâng takin a rawn pên chhuak a. Judge-in a hla sak tûr a zawh chuan “It’s okay” tih a nih thu hrilhin a chhan an han inzâwt a, chutah chuan cancer natna buan mêktu a nih thu a sawi chuan entu mipui pawhin an lainat tih hai rual a ni lo. A taksa chu chemo treatment la zo hlim ang main a chêr hle a, a sam chu cancer-in a ei kawlsak tawh hnua rawn ṭo leh ni âwm takin mipa sam ang maiin a bûl a; mahse, a hmêlah erawh zâmna leh hlauhna hmuh tûr a awm lo.

Chief Judge Simon-an, “Tûnah eng nge i an?” tia a zawh chuan, “Ka incheck up hnukung ber kha chuan ka lung, spine leh liver-ah cancer ka la nei. Mahse, ka ṭha e!” tih chu nui chungin zuk sawi a! Howard-an, “Mahse chuti chung chuan hmêl mawi tak i la chhuah thei a, nui hmêl mawi tak i la lantîr thei a, i aw a la mawi êm êm a” tia a lo comment

chuan, “Thil chhia zawng zawng hi kan nei vek bik hleinê!” a tih chuan mipui kut bêng thâwm a ring hle! He nula huaisen hi doctor-ten a cancer dam lehna chance hi 2% an ti. Mahse, ani chuan, “2% is not zero” tiin a beidawng duh lo! Nula huaisen chu a va ni êm!

Chutah a nun testimony hla, chhûngril thûk tak aţanga a phuah tih hriat tak mai “It’s okay” tih chu mawi êm êm maiin a han sa ta a le! Stage chhûng chu thehmeh ang maiin a reh duk a, chu hla lungkuai tak mai chuan Judge rothap Simon-a meuh pawhin hnuk ulh ţeuhin a ngaithla a.



A zai zo chu mipui an ţu thei lo, ding chungin standing ovation pein kut an bêng a, a tâwpa Simonan “I’m not gonna give you YES, I’m gonna give you something else” tih paha Golden Buzzer button a han hmet chiah chu nula nun duhthusâm chu a thleng ta, a dam chhûnga a hlim ber ni a her chhuak ve ta!

Ka ţhian, i harsatna kha mi dang aia lian bikah i ngai ţhîn ti raw, hneh theih loh leh sut tlang theih loh khawp hiala lianin i hmu ve fo ţhîn ang ti raw, he nula kum 30 mi lek, cancer natnain a vau zâm zawh loh hi thlîr teh. Pathian hian i tân thil ţha tak a la zuah reng asin. Kan nunah hian eng ang harsatna

pawh lo thleng sela “It’s okay” ti chung a hmachhawn thei te hi khawvêla mi vânei chu an lo ni. Eng dinhmunah pawh ding ila, eng ang harsatna pawhin min tlâkbuak sela he nula ang hian “He khawvêla thil chhia zawng zawng hi kan nei kim vek bik hleinê” tiin a thim lai hmuh kânin a êng lam i thlîr tlat ang aw...

Mangṭha le

‘Nightbirde’ tia an koh, hmeichhe huaisen chuan February 20, 2022 khân cancer natna chu hnehin chatuan chawlhnaah a kal ta. A thih thu hian khawvêl a dêng chhuak nghâl a. Mi tam takin an uina thu an chhâk chhuak a, amah avânga beiseina nei an tamzia leh huaisen taka khawvêl hmachhawn tûra mi dangte a nun hmanga a entûrna chu khawvêlin a hre reng tawh dâwn a ni. Hmeichhe huaisen, thihna nêna an inhmachhawn pawha zâm ve ngai lo, cancer natna khirh tak a neih lai pawha wawi khat mah cancer natna phurrit indelhtîr ve duh ngai lo chu a kal ta... mangṭha le Nightbirde, tûnah chuan i duhthusâm ang ngeiin i siamtu fakin boruakah zalên taka sava anga thlâwkin i zai thei ta, cancer natnain a tibuai leh tawh ngai lovang che... thlâwk la, hlim tak leh zalên takin thlâwk delh delh tawh ang che.

He nula huaisen thusawi hian kan thu i khâr teh ang:

“I wanted to embody that, being someone that can sing through a dark time, because I was so full of hope and assurance that there would be a morning.”

KA KUT I CHELH TLAT DÂWN CHUAN

Ni 7 December, 1941 khân Pearl Harbor-ah râlmuang taka an awm lai chuan Japan indo thlawhnate chuan Pearl Harbor chu an bei ta phut mai a. Pearl Harbor hi America sawrkâr hnuaia Hawaii state chhûnga mi a ni a. America khawmual chhûnga a hnaih ber, Los Angeles aţangin km. 4,125 vêl daiha hlaa awm a ni.



Japan-in a rawn beih vak mai avàng chuan America chu a thinur hle mai a. Indonaah a tel ve phah ta a. Hiroshima (6 August, 1945)-ah leh Nagasaki (9 August, 1945)-ahte Atom Bomb thlâk tûrin a sipai chhuan tawlawl pahnih – Brigadier General Paul W. Tibbets leh Major General Charles W. Sweeneyte chu a han tír ta vang vang a. Atom Bomb chu an han thlâk ta a, chu thil râpthlâk tak avâng chuan Indopui 2-naah khân Japan chu a lo tlâwm ta a, Britain leh a ţan rualpuite chu an chak ta a ni.



Khatia Japan-in Indopui 2- naah pawh tel ve hlei lo America a bomb ve ngawt mai khân America mipuite, a bîk takin, Pearl Harbor-a chêngte chu a tithlabâr hle mai a. Chu vâng chuan, ‘Pearl Harbor-a kan awm reng chuan a him dâwn lo, naupangte hi hmun him lamah i suan chhuak ang u’ an ti a. Lawngah chuan naupang zathum vêl chu an chuantír a, America khawmualpui lam panin an vai liam ta a.

Chu lawngah chuan pa pakhat hian naupangte chu din tlarîrin, lawnga an chuan laia an hriat tûr chi hrang hrang a zirtír a. Thil pawimawh tak pakhat a zirtír chu Life Jacket (tuia làn theihna tûr kawr bân bûl anga hâk chi, ðhelrêl ham puar) hman dân a ni a. Tuifâwn leh thlipui avàng te, Japan indo thlawhnaten an rawn beih avàng te leh eng emaw avàngin an chuanna lawng chu a chhe thei reng a ni. Chutiang hun a lo thlen chuan chi-ai hauh lova chu life jacket hman dân chu a zirtír a.

An zirtírtupa chu tui hleuh thiam êm êm mai, naupangte ngaina tak mai, ria zeih zawih, thahrui ngah tak leh ze tak mai a ni a. Chutianga a zirtír lai chuan mipa naupang pakhat, Tommy-a chu lawng hnuai lam kilah chhuk thlain, bang kilah chuan lungngai êm êm hian a lo ðhu a. An zirtírtupain lawng pil mai theih thu a sawi lai te chuan a thin a lo phu zawih zawih mai a. Mi dangte a zirtír zawh hnu chuan an zirtírtupa chuan Tommy-a chu a zuk pan a, “Engtizia nge khatianga lungngai taka i awm le, Tommy?” tiin a zâwt a. Tommya chuan hnuai lam en

chungin, “Ka pu, he tuipei zau leh thûk tak, dum kûk mai leh tui fâwn so bulh bulhah hian ka zuang thla ngam lo a ni,” tiin an zirtirtupa chu a lo chhâng a. An zirtirtupa chuan zaidam takin, “Engah nge i hlah? I bulah ka rawn zuang thla ve ang a, i kutah ka chelh tlat dâwn alâwm. Ka vêng tlat dâwn che asin,” tiin a lo chhâng a. Chu veleh Tommy-a hmêl chu a lo êng ta sawt sawt a. An zirtirtupa chu hlim taka en chungin, “Ka pu, ka bula i zuan thlâka, ka kut i chelh tlat dâwn chuan khawi hmunah pawh ka zuang thla ngam asin!” a ti ta a. Vânehithlâk takin, khami tum khân buaina tâwk hauh lovin an tum ram an thleng thei ta a ni. Keiniho pawh hian kan hma lam hun tûr te kan ngaihtuah chângin kan rilru a hah thîn. Harsatna lo thleng tûrte kan ngaihtuah a, kan hlauthâwnng thîn. Mahse, keini pawh hi zirtirtu ropui, Engkimtithia chuan min ngaihsak a, eng harsatna leh buaina pawh nei ila, kan bulah lo zuang thlain kan kutah a chelh reng dâwn!

Tommy-a ang hian zirtirtu ropui, Isua lam en ila, “Zirtirtu, ka kut i chelha, ka bula i rawn zuan thlâk ve dâwn chuan eng mah ka hlau lo vang,” i ti ve ang u. Ani chuan zaidam takin min thlîr reng a, ãnpui kan ngaih hun apiangah min ãnpui tûrin a inpeih reng a ni.

“A tuite chu ri hum humin phûl bulh bulh mah sela, A fâwn nasat avângin tlângte hi nghîng dur dur mah sela, kan hlau chuang hek lo vang”

(Sam 46:3).

LALPAA LÂWMNA

Lallawmzuali
East Lungdar

Mi tin hian khawvêlah lâwmna te, hlimna te kan zawng ðhîn a. Kan zawn dân leh kan teh dân pawh a inang lo ðheuh ang.

Khawvêl hlimna hi chuan a daih rei ðhîn lo. Pathiana kan lâwmna hian hlimna tluantling min pe a, a daih reiin a nghet a ni. Khawvêlin min pêk nêh chuan inang lo tak a ni.

Pathiana lâwmna tak tak nei nun leh Pathian nei lo mite nuna lâwmna hi tehkhin ta ila, Pathiana lâwmna mihringin a neih tawh chuan eng ang mi pawh ni se khawvêl hausaknaah pawh mite hnuai daihah awmin, eizawna mumal pawh nei lo mah se Pathian a nei a, a hlimpuia, a lâwmna avâng chuan tlachham lovin Pathianin a siam ðhîn a ni.

Pathian nei lo mite ve thung chu an hlimna leh lâwmna ber ro sum leh pai te pawh nei mah se, khawvêlin a hriat mi lâh tam tak te nun en pawhin an hun laiin hlimin lang ðhîn mah se an tâwpna erawh chu râpthlâk leh lungchhiatthlâk tak an ni ðhîn a ni.

Chuvângin, Pathianah lâwm thar leh ðhîn ula. Kan nunna min la zuahsak te hi lâwm ila, kan duh ber te aiin thlang ila, châna angah lang ðhîn mah sela, a tâwpah kan hlimna ber kan chanchin sawi nuam tih lai ber a ni ðhîn.

ṬAWNGṬAINA CHHANGTU PATHIAN

*VL Thlamuanṭuii
Champhai Kahrawt*

Pathianin i ṭawngṭaina kha a chhâng lo bîk angin i ngai ngai em? Chumi avâng chuan Pathian i rinna leh i beiseina chu bo tain i hre ngai em? I ṭawngṭaina kha a ngaithla a, i dîl pawh kha a hria asin.



Lal Isua ngeiin, “Engkim ring chung a ṭawngṭaia in dîl apiang in hmu ang” tiin min hrilh. I hun liam ta zawng zâwngte kha han chhui kîr teh. Ṭawngṭaia i dîl pakhat tal kha chu i hmu tih i inhria ang. I chhui tam chuan i hai chhuak tam tial tial dâwn a ni.

Mi tam tak chu an ṭawngṭai chhâna an hmuh nghâl mai loh avângin an vui a, an beidawnsan a. Pathiana rinna an lo neih ve te pawh chu a thâmral ta ṭhîn. Mahse, heti zâwng hian han ngaihtuah ta ila. Daniela ṭawngṭai chhâna kha Persia ram awptu thlarau sual khân ni sawmnhnih pakhat chhûng lai a lo dodâlsak a. Chutiang chiah chuan kan ṭawngṭai chhâna te pawh hi dodâl niin tikhawtlai a lo ni ve mai lo maw?



Hei hi hre reng ila, i ṭawngṭai chhâna te chu a lo la thleng ngei ngei ang. Rei deuh mah sela, ngâk

fan fan rawh. Mihring beidawn tâwp, a tlai tawh kan tih tih hun hi kan Pathian tân chuan a hun tak a ni zâwk. A chhan chu, tlai ve ngai lo Pathian a ni tlat a, a hnênah ÷awngtaia i mamawh i thlen hma pawh khân eng nge i mamawh a hre sa vek a ni.



I thil dîl ang chiah chiah i hmu lo a nih pawhin i tâna ÷ha tûr zâwkin i dîlna chu a her remsak che tih hre reng ang che. Chuvângin, ÷awngtaia a hnêna i mamawh te thlen hi thlahthlam ngai suh. Chumiah chuan lungawina leh lâwmna dik tak i chhar chhuak dâwn si a.

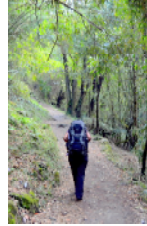
'Engah mah mangang suh u, eng thilah pawh ÷awngtaim, in mamawh chu Pathian hnênah thlen ula, lâwmthu hril zêl chungin dîl rawh u.'

Philippi 4:6

*Zawi tein kal la, ÷awng tlêm la,
÷awngtai tam rawh
- J.T. Batch*

KHUALZIN PAKHAT

Hmânlai hian mi pakhat Pathian ring tlut mai hi a zin a; Bible zial, bati leh arpa chauh a zinnaah chuan a keng a. Zannah chuan bati a chhi a, Bible zial chu a phellh a a chhiar t̄hîn a; zingah chuan a arpa khuangin a kai tho t̄hîn.



Tlai khat chu khaw te tak têah hian a va lût a, amah an thlen theihna t̄urin an khawngaihna a d̄il zêl a; tu mahin an



lo thleng duh lo va, t̄awngkam chhe tinrênga ân khum chungin an lo hnar mai a. Chu Pathian mi chuan, “Pathian khawngaihna leh dikna chuan a t̄ha zâwngin engkim a kalt̄r zêl e,” tiin daipâwn lam a pan ta a, Thingbuk hnuai bêlin awmhmun a khuar a, a arpa chu a kiang hnâi thingah a fukt̄r a; Pathian hnêna lâwmthu sawi chungin bati a chhî a, a Bible zial chu a chhiar t̄an leh ta a.

Thli a lo thaw a, a bati chu a rawn chhêm hlum ta daih mai a, han chhit lehna chi ziazâng lah a ni hek lo. Pathian mi chuan, “Pathian khawngaihna leh dikna chuan a t̄ha zâwngin engkim a kalt̄r zêl e,” tiin mut zai a rêl ta a.

A han mu a, khua a lo thim chuan sihal an lo chhuak a, a arpa chu an rawn lâksak ta daih mai a. Pathian mi chuan uiin paw ti hle mah se, “Pathian khawngaihna leh dikna chuan a tha zâwngin engkim a kaltîr zêl e,” tiin a mutsan a, tui takin a muhîl ta a.



Zîng khua a lo vâr chuan a tho va, a Bible pawm chungin a chungah zahngaihna lantîr duh lote khuaah chuan a va lût leh a. Zan lamah chuan mi sual rualin chu khua chu an lo rawk a, mi an hmuh zawng zawng thatin khua pawh chu an lo hâl ral vek mai a.



Pathian mi chuan, “Khuaa mite khân a chungah ngilneihna lo lantîr ta sela chuan an rualin a thi ve dâwn a ni tih te, a bati kha lo êng ta se, a arpa kha khuang bawk sela chuan mi sualte khân amah pawh chu an that ve ngei dâwn a ni tih te a ngaihtuah chhuak a.

“Pathian khawngaihna leh dikna chuan a tha zâwngin engkim a kaltîr zêl a ni,” tiin ni êngah chuan a Bible a chhîar a, Pathian hnênah lâwmthu sawiin a tawngtai leh ta a.

HARSATNA HMACHHAWN DÂN

*B. Lalhriatchhungi d/o B. Lalremruata
Sateek Hmunsam Veng*

Hringnunah hian hatsatna tawh chângte pawh kan nei theuh dân a, a lian tham emaw a tê pawh chutiang hunah chuan a hmachhawn thiam thiam bawk an ding chang leh dân a. Chutiang harsatna kan tawh hunah pawh Pathian râwn chung zêlin thiam takin hmachhawn ila.



Harsatna tawha beidawng nghâl mai a, kha kan harsatna kha kan inhnehtîra mahni nunna hial pawh la duh khawpa kan inhnehtîr chuan eng tikah mah kan ding chang dân

lo a ni.

Chuvângin, a êng lam thlîr tlat zêlin kan harsatna te hmachhawn zêl ang u. He khawvêlah hian tih tum neiin kan lo piang a, mahni inchâwm thei tûr leh amah kan Pathian ãiha kan pian chhan te hre rengin thil engkim kan tihnaah theih tâwp chhuah tâng theuh ang u.



AN SUALNAIN A ÛM PHA

Hmânlai hian lawng sipai rual khat, Nancy lawngliana miteho chu an lal paihthlâk tuma phiarrutute zîngah an tel a. Ni khat chu, lal hnênah chuan amah phiar rûkna thu pawimawh tak Nancy lawnglian chuan an phur a ni tih report a thleng a. Chu veleh lal chuan a sipai ðhaho chu sparrow lawng hmangin Nancy lawng chu a ûmtir ta nghâl a.

Sparrow lawng chu a chak chi a ni a, Jamaica ram thlen hma deuhvin Nancy lawng chu a ûm pha ta a. Mahse, Nancy lawnga mite chuan anmahni ûmtu an awm tih an lo hre hman a, an phiar rûkna thu pawimawh zawng zawng chu tuiptuah chuan an paih a. Sparrow lawnga sipai ðha leh fingho chuan Nancy lawnglian chuan an dap vêl a, eng mah an hmu lo va. Mahse, lal hmaa ding tûrin an hrui ta tho tho va.

Chutih lai chuan lawng dang pakhat Abergavenny an tih chu an kalna tuiptuah chuan a zin ve a. Lawng chawlhna pakhata chawlh an tum lai chuan ran thi ruang tuiptua an paih sanghain a bawm luai luai an hmu a. Sangha lian pui puiho chu man an duh avângin sa ruang chu lawng sîrah an thlung a. Chu sa ruang bâwmtu sanghate chu an man ðeuh va. Nakin deuhvah chuan sangha lian pui, shark an tih hian a rawn pan a, chu pawh chu an man ve leh a.

Shark chu an lawngah chuan an han hnûk chhuak a, a puar lian hle mai a. A pum an han zai

chuan thil fun, uluk taka fun, thirzaia tawn hi an zai chhuak a. An han en chian chuan chu thil fûnah chuan ‘Nancy Lawng’ tih hi a lo inziak a. Nancy lawnga mite thil pawimawh tak a nih an ring a, pêk lêt leh atân an phur ta zêl a.

Nancy lawnga mite chu lal hmaah an hruai a. Lal ber hmaah chuan eng mah thil soal an tih loh thu leh amah phiar rûkna thil eng mah an tih loh thu thiam takin an sawi a. Sparrow lawng hmanga ûmtute pawh chuan lal hnênah chuan Nancy lawng chu uluk taka an dap dan leh a chhûngah eng mah thil pawh an hmuh loh thu chu lal hnênah chuan an sawi bawk a.

Lal chuan, “Report kan dawn avângin kan rawn ûmtîr a ni a, thil soal eng mah in tih loh chuan a that chu, kal leh tawh rawh u,” a ti a.

Chutih lai chuan Aberga-venny lawng chu a lo thleng ve a, Nancy lawnga mite chu lal inah an awm tih an hriat avangin an thil rawn ken chu an rawn keng lût a. Chu thil fûn chu an han phelh nâk chuan lal ber paihthlâk tuma phiar rûkna lehkhaw pawimawh zawng zawng hi a lo awm a. Nancy lawnga mite chuan an thil soal tih chu tuifinriat mawngah an paih bo daih emaw tia thlamuang taka an awm lai chuan chu an thil tihsual chuan lalber hmaah ngei chuan a rawn ûm pha leh ta a ni. Phiar rutute chu dam chhûnga lung ina tâng tûrin tih an ni ta a ni.

Kan sualnate hi thup thîn mah ila, eng tik niah emaw a lo lang chhuak leh a, chu chuan min tilungngai leh thîn a ni

TIH DAN MAWI LEH ƧHA

“Rinte, Rinte, lo kal teh, thil ka hawn che a nia.” Rinte chu pindan aƧangin a lo chhuak a, “Ka nu, eng maw min hawn?” tiin a nu bulah a Ƨhu a. Pi Nuni chuan, “En teh, i duh zâwng em?” tiin a thil fûn chu a pe a. Rinte chuan, “Awi, ka nu, a mawi lutuk! Ka nu, ka lâwm e,” a ti a. A nu chuan, “Kei pawh ka lâwm e.” “Rinte, mi’n thil an pêk chein ‘Ka lâwm e’ tih hi tih dân Ƨha a ni a, chin dân mawi tak a ni. Lâwm thu sawi loh hi mi fel lo awm dân a ni. Tu chungah pawh lâwm thu sawi hi tih tûr a ni.

Rinte te nufa an inbiak lai chuan Fela a lo lût a. A nu chuan, “Fela, kawr ka hawn che asin,” a ti a. Fela chuan, “Khawi maw?” tia a lâk rualin pindana luhpui nghâl a tum a. A nu chuan, “Fela, lo kîr leh teh,” a ti a. Fela chuan, “Ka nu, ka hmanhmawh a nia!” a la ti zui a. A nu chuan, “Hmanhmawhna chhan tûr a awm lo. Ka bulah hian lo Ƨhu teh,” tiin a Ƨhuttûr a. “Ka thil hawnsak che kha i duh zâwng a ni em?” a ti a. Fela chuan, “Duh zâwng e.” A nu chuan, “I duh zâwng a nih chuan a Ƨha e. Mi’n thil an pêk chein ‘Ka lâwm e’ i ti Ƨhîn tûr a ni.” Fela chuan, “Nute hnêna lâwm thu sawi te chu,” a ti a.

A nu chuan, “Chutiang a ni ngai lo. I nu ka nih avângin lâwm thu i sawi Ƨhîn tûr a ni. Mi’n thil min pêkin lâwm thu kan sawi zêl tûr a ni ngai. Tih dân mawi leh Ƨha a ni a, mi fel nih hlawhna a ni bawk.” Fela chuan, “A lo ni maw? Zahthlâkah ka lo ngai a!” a ti a. A nu chuan, “Zahthlâk lo ve. Thilpêk

i dawnin lâwm thu sawi ṭhin tûr a ni.” Fela chuan, “Ka hre reng tawh ang ka nu,” a ti a. A kal sawn tûr chuan a nau Rintei ke a rahsak a. Rintei chuan, “Awiah! A va na reuh,” Fela chuan, “Rinte, ka tihpalh, min ngaidam rawh,” tiin a chûlsak a.

A nu chuan, “Rinte, a na viau em? I u ṭawngkam kha i lo ngaithla em? Ṭawngkam mawi leh tih dân ṭha tak a ni.” “Fela, i nau i rap palh a, ‘Ka tihpalh’ i ti khân min tilâwm hle. Mi kan tih palhin ‘Ka tihpalh’ tih ṭhin tûr a ni. Ṭâwngkam mawi tak a ni. In unauvin in fel hle mai,” a ti a. Rintei chuan, “Ka nu, ka pen tui a ral, ziah tûr ka la ngah si,” a ti a. A nu chuan, “I u Fela ta hmang rih mai rawh,” a lo ti a. Rintei chuan, “Ka u, khawngaih takin i pen min lo hawhtûr ta che.” Fela chuan a pen chu a pe a. Rintei chuan, “Ka u, ka lâwm e.”

A nu chuan, “Rinte, ‘Khawngaih takin’ i rawn ti kha a lâwmawm hle mai ‘Khawngaih takin’ tih hi tih dân mawi tak a ni. Mi thil hawhsak dawnin tih ziah tûr a ni. Ṭanpuina kan dîl te pawhin, ‘Khawngaih takin’ tih zêl tûr. Nun dân mawi, tih dân ṭha, mi fel nihna a ni.” An nufa za chuan hlim takin an lo awm a.

Pawn lam aṭangin kawngka an rawn kik a. Rintei chuan, “Lo lût rawh u,” a ti a. Kawngkhâr rawn inhawngah chuan nula Mawii a lo lût a. Mawii chuan kawng a khâr ṭha phawt a, an bulah a lo kal a. Pi Nuni chuan, “Eng nge i duh le?” tiin ṭhutna a kawhhmuh a. Mawii chuan, “Hmanniah Fela hian sikulah Siama a lo pui a, kan lâwm em a, ka rawn hrilh che a ni.” “Aw! Chuti a ni maw? Felan mi puih

nachâng a hria chu ka va lâwm êm! Nangni lah in fel. Lâwm thu sawi nachâng hria hi mi fel an ni,” a lo ti a.

Mawii chu a haw leh ta a. “Fela, Rinte, in u Mawii tih dân ̣a tak kha in lo hmu em? A lo luh khân kawng a khâr thlap a. Kha kha mi fîmkhur tih dân a ni a, nun dân mawi tak a ni. Kawng hawnga khâr leh si loh hi mi fel lo awm dân a ni.” “Fela, Siana chu engtin nge i ̣anpui?” Fela chuan, “̣anpui tih tham pawh a ni lo. Sikulah tih tûr a zo har a, ka pui mai a ni.” A nu chuan, “Tê tham a awm lo va. Puih duhna i nei kha a lâwmawm hle mai.” “Mite ̣anpuitu nih hi a ̣a êm êm. Mite ̣anpui nih ai chuan ̣anpuitu nih hi a hlu zâwk a. Mi chungah in ̣at chuan in chungah mi an ̣a zêl ang. Duhsaktu pawh in nei zêl dân a ni.

Rintei chuan, “Ka nu, i thu min hrilhte chu a va ̣a êm! Ka u Fela hi chuan mi a ̣anpui ka hmu fo mai. Hmanniah pawh putar a ̣anpui ka hmu.” A nu chuan, “Engtin maw?” a lo ti var a. Rintei chuan, “Putar chuan têl bûr a khai a, tiang a hawl bawk a. Ka u chuan a têl bûr khai chu a khaisak a. Putar chuan, “Tlangvâl, ka va lâwm êm ve le!” a ti asin.

Pi Nuni chuan, “Mite in ̣anpui zêl dân nia. Tih dân ̣a a ni a, mi fel awm dân a ni. Nun dân mâwi leh awm dân ̣a a ni. Pathian thu âwih dân pawh a ni bawk. In lo ̣hang lian zêl ang a, nun dân mâwi taka nun tûr. Kan theih anga tam mi ̣anpui tum bawk ila. ̣awngkam ̣a taka mi biak fo tûr a ni.

SIHAL LEH CHOAK

Choak hian cheese a ru a, thing sâng tak lêrah a fûkpui a, tui ti taka ei a tum lai chu sihal hian a lo bihthla a. “Ka chêt fuh vaih chuan zanriah tui tak ka ei ngei dâwn e,” a ti rilru rân a.

Choak fûkna thingkûng bulah chuan a va kal hnai a, hawihhâwm âwm takin a aw a han ti nêw a, “Ka Pu choak, chibai. Vawiin chu i va han nalh kher ve le ! I thla te chu a tle nalhin i âwm lah mupui âwm ang mai lah ni! I awrâwl han hre lehngghâl pheï ila chuan nangmah anga sava mawi awrâwl dang zawng zawng aiin a mawi ngeiin ka ring tlat a ni,” a han ti a.

Choak â tak mai chuan, chu fak derna tawngkam chu a lâwm êm êm mai a. Sihal thusawi zawng zawng chu tak tak emaw a ti a, a lâwmzia entîr nân a mei a han tiparh a, a thla a han zâp vêl a. Mi tam takin a awrâwl ngaihno bei loh thu an sawi a hriat tawh avângin a awrâwl chungchânga sihal tawngkam chuan a tilâwm zual a .

Sihal mak tih khawpa mâwi tak mai a han hrâm chu tumin zâu takin a ka a han âng ta a. Chu veleh a cheese put lai chu a tla a, lei pawh a thlen hmian sihal chuan a lo hap ngghâl chat a. Tui ti taka hmui liah lap lap pahin sihal chuan chu choak â tak mai chu a han zilh hlak a, “Miten an fak leh che a nih chuan ngawi mai mai tawh ang che,” a ti a, a kal bo ta a.

A zirtîr : Fak dertu chu ring duh suh.

3 Quiz INHRIATSLAK

Bible hmangin zawhna hrang hrang chhân tûr kan rawn dah leh ta, eng zât nge kan chhân theih i han enchhin ang u aw...

1. Juda-te Kût larsâr tak pathum kha eng te nge?
2. Abrahamama te khaw hlui kha eng nge a hming?
3. Pathianin Israel mite hnêna ram pêk a tiam kha eng nge a hming?
4. Chanchin Ṭha bu pali zîngah eng bu nge tawi ber?
5. Thuthlung Thar hi eng ṭawnga ziah nge a nih?
6. Hebrai ṭawng Torah tih hi eng tihna nge?
7. Zâwlnei lian an tihte kha engte nge ni?
8. Israel lal, Jeresalem khawpuia temple satu kha tu nge a hming?
9. Juda sal tângte an rama haw phalsaktu Persia lal kha tu nge?
10. Juda-ten Kalhlên Kût laiin eng chhang nge an ei ṭhin?

1. Kalhlen Kut, Pentecos Kut leh Bawkre Kut; 2. Ur khua; 3. Kanaan; 4. Marka; 5. Grik; 6. Dan; 7. Isata, Jeremia leh Ezekiel; 8. Solomona; 9. Kura; 10. Chhang dawidim telh loh



SAVA, RAMSA HMANGAIH

Ni khat chu thian pali hi sakawr chungah an chuang a. Dân hre mi (lawyer - dân bawhchhetute chungchâng leh thubuai

ngaihtuahtute) an ni a, an khaw thenawmah thubuai ngaihtuah tûrin an kal dâwn a ni.



Ruah a sâr zawh chiaah avângin an kalna kawng chu a diak hle mai a. Thing zâr aţangte chuan ruah tui a rawn far a. Kawng chu a têt avâng leh a chhiat avângin dân hretu mi palite chu an inzui diah diah a. Mahse, anni erawh chu an hlim hle mai a, an titi a, an nui vak vak mai a ni. Thing buk te tak têt awmna hmun an kal pelh dâwn lai hian kawng sîra thâwm awm “Stith! stith! stith! stith!” tih ri leh “Chip! chip! chip!” tih ri an hria a. A kal hmasa ber Speed-a chuan, “Eng nge ni le?” a ti a. A dawta rawn kal Hardin-a chuan, “Robin (sava chi khat) an nih hi,” a lo ti a.



“Sava notê pahnih an bu aţangin an tla chhuak a. An la thlâwk thei si lo va. A pui chu a buai hle a nih saw,” a ti a. A dawt leha rawn kal chuan, “A va zia lo ve. A... sava mai mai an nih kha,” a rawn ti a. Hardin-a chuan, “Eng nge kan buaipui vakna chhan tûr?” a ti a. Speed-a pawh chuan, “Ni e, eng nge buaipui a tûlna?” a lo ti ve bawk a. Mi pathumte chuan sava notê leia huh hnianga tla chu an hmu a; mahse, an kal pêl ta mai a.

Sava pui chu a lungngai hle a ni. An ðhian thum chuan an kal zêl a, sava pawh chu theihngihlin an nui zui uar uar a. Nakin deuhvah chuan an ðhianpa Abraham Lincoln-a chuan sava awmna lai chu a rawn thleng ve a.

Sava notê khawngaihthlâk tak a hmuh chuan a sakawr aţangan a chhuk a. A kutin a la a. Hlah pawh an hlau lo. An han hrâm chuan, “E khai... sava te tak tê te u, engah mah ngai suh u, in khum te reuh tê, nuam deuhvah khian ka dah lêt leh mai dâwn che u alâwm,” a ti a. Sava bûk awmna chu a sâng hle mai. Mahse, a naupan laiin thingah a lâwn fo ðhîn a. Sava notête chu thing sâng takah chuan a lâwnpui ta a. An bua a han dah chuan sava note dang pahnih an lo awm ve a. Sava notê pali an han awm khâwm leh chuan an hlim hle mai. Lincoln-a ðhiante pathum kal hmasa tate kha tuikhur awmna an va thleng a. Tui an han pêk dâwn chuan pakhat chuan, “Khawngê Lincoln-a hi?” a ti a. Speed-a, Lincoln-a hre chiang deuh mai chuan, “Savate kha i la hria em? Lincoln-a’n a rawn buaipui ngei ang,” tiin a lo chhâng a.



Zawhna

1. Engati nge kawng laiah sava notê pahnih an lo awm?
2. Engvàngin nge Lincoln-a a ðhiante bulah a awm ve loh?
3. Engtin nge Abraham Lincoln-a’n sava notê a chhan chhuah?
4. Abraham Lincoln-a angin sava leh ramsate kan hmangaih ve em?



Kristiana Huang

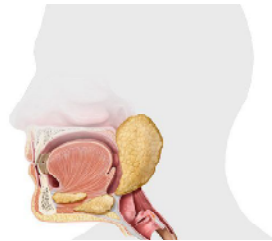
CHAW EI LEH PAI TAWIHNA KAWNG

Chaw i ei a, a hnu deuhah i e chhuak leh a, khami inkârah khân eng nge thleng tih i ngaihtuah ngai em?

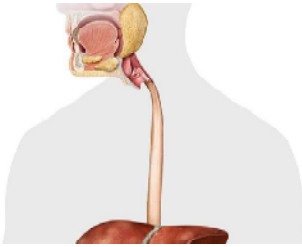
I chaw ei kha i êk chhuah leh hmain metre kua zeta sei kawngah dârkâr 24 vêl a thang a. A kalkawngah chuan acid te, chaw pai tawih tiawlsamtu thil dangten an lo chiah a, taksain a mamawh thil tha zawng zawng an lo sâwr fû hnuah a la bâng, rim tui lo zet chu bacteria thi tawh tlûklehdingâwn tam takte nêh i paih chhuak leh ta thîn a ni.

Kan chaw ei hi a kalkawng a indawtin in han zawhpui teh ang aw:

Kâ: A inçanna chu kâ a ni a. Kâin thil kan ei a, ka chhûnga hâte chuan chaw chu an lo thial sawm a, chutih lai chuan kan leiin kan chaw eite chu a lo thei sawm tha thei ber tûr ha lamah a lo sawn kual reng bawk a. Lei hian kan chaw thial zawh tawhte chu hrawk lamah a lo nawr thla bawk thîn. Chaw kan lem dâwn chiah hian boruak luhna lam kuaah chuan chaw a luh palh loh nân dang mâwnin a lo khâr thîn a ni.



Hei bâkah hian taksa pêng ẵngkai êm êm mai chil bâwm a awm leh a. Chil bâwm hian kan chaw eite lo tihuh a, dawlh awlsam tûra lo siam tûr chil a lo tichhuak a, chil hi chaw eina kawngah hian a ẵngkai hle a ni. Ei tûr rim tui deuh kan hriat pawhin chil a put thei a nih hi maw! Chil bâwm hian ni khatah hian chil hi no ruk zet a tichhuak thei.

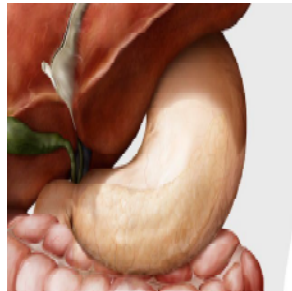


Chaw dâwt (Oesophagus):

Kan chaw ei kan lem hnu chuan centimetre 25 zeta sei chaw dâwtin pumpui lamah a lo kalpui ve leh a. Chaw dâwt hi chaw ti tawlh tûr hian a tawm têin amahin a intilian

leh ẵn a. Hei vâng hian inrûlpui ludin (a letling)-a i awm lai pawhin i thil ei kha pumpui lamah a kalpui thei reng tho a ni. Chaw dâwtah hian chaw a tawlh awlsam theih nân thil diak chi khatin a lo ẵnpui ẵn.

Pumpui: Chaw dâwt aẵng chuan pumpuiyah a thleng thla ve leh a. Pumpui hi a ruah lai chuan tennis ball tiat lek a ni a; amaherawhchu, chaw kan ei puar chuan football tiat lai a ni thei.

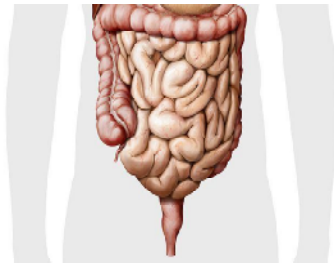


Chaw pumpui chhunga a luh veleh chuan pumpui bang aẵng chuan chaw pai ẵwihtirtu tui leh bacteria ẵa lote chiah hlum tûr leh chaw chiah

sawm lehzual tûr acid a rawn chhuak nghâl a. Pumpui chuan chaw chu thil diak kawi a nih thlengin a lo thial ve leh a. Chumi hnuah chuan riltê lamah chaw chu a kal ve leh ta a ni. Pumpuiin acid a tihchhuah thîn hi a chak êm êm a, perek pawh a chiah zawp thei a ni (mahse, perek chu ei rêng rêng loh tûr aw).

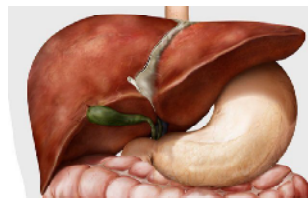
Kan pumpui hi amah leh amah a inchiah zawp loh nâna vêngtu thil diak a awm a, pumpui timûr (cell) te hi a khât tâwkin an inthlâk reng thîn bawk.

Riltê: A hmingah riltê a ni na a, a tê chhe lêm lo hle. Metre 6.5 laia sei, centimetre 3 laia zau a ni. Pumpui aţanga riltêa a luh hnu chuan chaw thate chu riltê chuan a lo hîp a, thisenzâmah a lût a. Riltê



bang chhûng lam bangah hian kutţang te tak tê ang deuh pâwng a awm a, hêng hian chaw tha hîp kawngah a lo pui thîn a ni. Tichuan, chaw tha zawng zawng chu riltêin a lo hîp hnu chuan rîlpuiyah a kal leh ta thîn a ni.

Rîlpui: Rîlpui hi rîlte lêt hnih aiin a lian a; mahse, metre khat leh a chanve chauha sei a ni. Rîlpui hna ber chu tui te, chi te leh mineral te chaw pai ţawih theih tawh loh aţanga lo hîp chhuah a ni a. Rîlpuiin chungte a lo hîp chhuah leh hnu



chuan a la bângte chu a hnuai lamah a chhêk khâwm a, kan e chhuak ta thîn a ni.

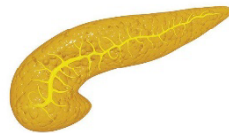
Thin: Thin hi chaw pai ÷awihna kawngah hian a pawimawh êm êm a ni tih i hre tawh ngai em? Thin hi kawchhônga taksa pêng lian ber a ni a, mi thiamte chuan hna chi hrang hrang 500 vêl lai a thawk a ni an ti. Thin hi damdawi bâwlhlo siamna hmunpui ang mai a ni a, rîltêin a lo hîp chaw ÷hate kha thisenin thinah a kalpui a, thin chuan a ÷angkaina tûr lamah a lo sem darh leh thîn. Chu bâkah chuan thisena thil ÷ha lo awmte a lo thliar hrang thîn a. Hna ÷angkai dang tam tak a thawk pah reng bawk. Minute tinin kan thisen hmun thuma ÷hena hmun khat zet hian thin an kal tlang thîn a ni.



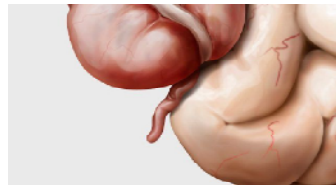
Mît: Mît hian chaw pai ÷awihna kawnga thil ÷angkai tak, thil tui hring a pai a, a lo tichhuak thîn.

Rîlbawh (pancreas):

Pumpui hnung chiahah a awm a, chaw pai ÷awih ÷anpuitu enzyme a siam bâkah thisena thlum awm zât thununtu *insulin* a siam thîn bawk.

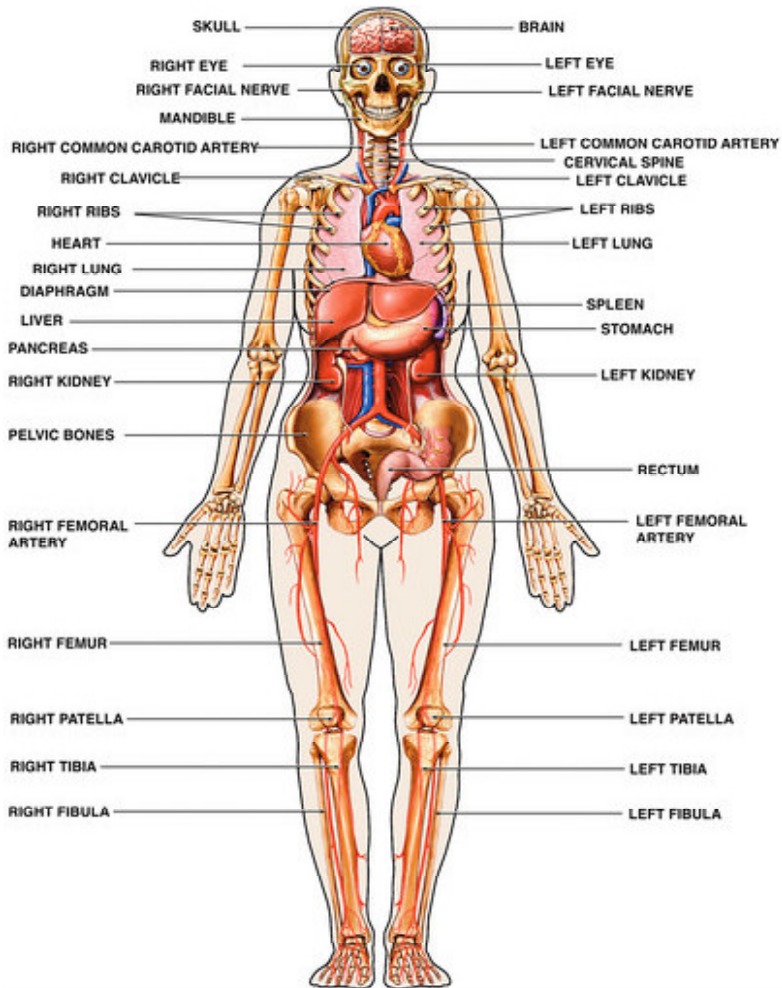


Rîlpêr: Rîlpêr hi daktawrten ÷angkaina nei hran lo niin an ngai thîn a; mahse, tûnah chuan



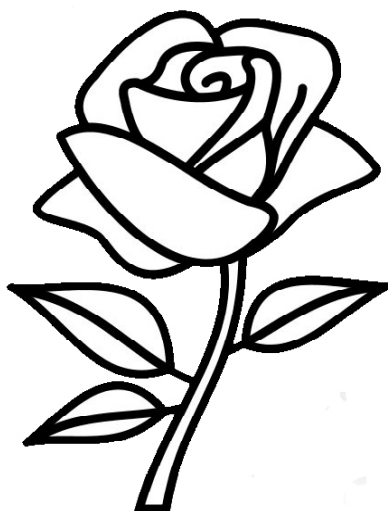
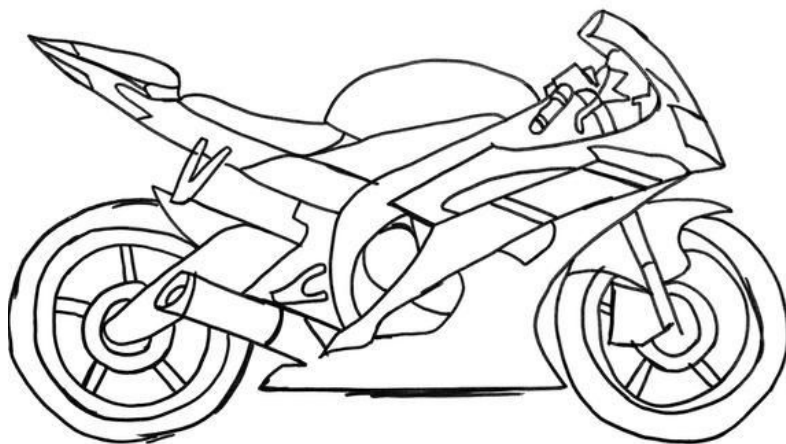
chaw pai ÷awihna kawnga ÷anpui thei bacteria ÷ha chi awmna nia ngaih a ni ta a ni.

Chaw kan ei leh pai ãawih dân chanchin kan sawi tâk ațang hian a siamtu Pathian ropuizia a lang Chiang hle a ni. Chuvângin, Pathian thu hi awiha, ãih tak chung a be ãhîn tûr kan ni tih i hre thar leh ang u.

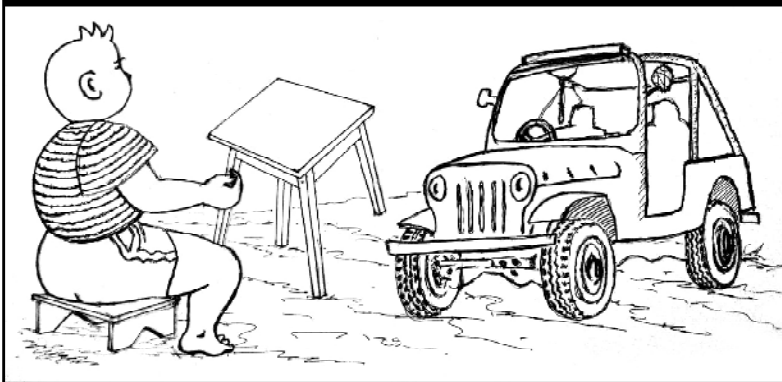
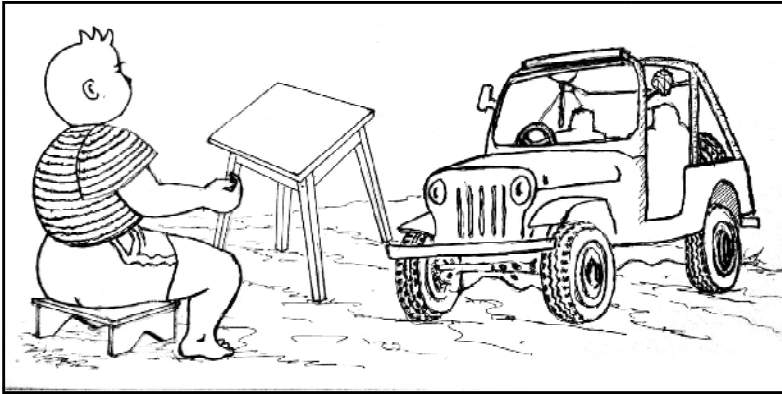




CHEI RAWH LE!



KA HMUH ANG HMU THEI RAWH



A chung a lemziak chi hnih khi ngun takin en la,
a inan lohna chi ruk hmu thei rawh.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

KRISTIAN TLÂNGAU LEH KRISTIAN NAUPANG MAN PÊK DÂN

Kristian Tlângau leh Kristian Naupang Chanchinbu man hetiangin a pêk theih e.

1. Synod Office, Aizâwlah mahni ngei kalin emaw, mi dang kuta thawnin emaw a pêk theih.
2. Dak (Post Office) kal tlangin Money Order hmangin a pêk theih a. Thawnaa tûr address chu hetiang hi a ni.

***The Circulation Manager,
Kristian Tlângau Chanchinbu,
Synod Office, Aizâwl,
Mizoram - 796 001***

3. Bank kal tlangin a pêk theih bawk, hetiangin

(1) Account Holder : MPC, SYNOD
Account Number : 10665620059
Bank : **Sate Bank of India**
Branch : Mission Veng Branch
IFSC : SBIN0007058

(2) Account Holder : MPC, SYNOD
Account Number : 25047048954
Bank : **Mizoram Rural Bank**
Branch : Khatla Branch
IFSC : SBIN0RRMIGB

(3) Account Holder : MPC, SYNOD
Account Number : 001101820000093
Bank : **MCAB**
Branch : Centenary Branch
IFSC : YESB0MAB007

Bank kal tlanga pete chuan an pêk veleh an pêkna receipt an screenshot ang a, agent hming leh address kimchang nêa a hnuaiia phone number kan dahah hian Whatsapp leh remchâng dang hmangin thawn nghâl tûr a ni.

Thawnaa tûr : PU LALFAKZUALA
Phone No : +91-9862473218

To,



HUNTHAR KOHHRAN SENIOR DEPARTMENT ZIRTI RTU LEH ZIRLA NTE-2022

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