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Isua pian thu
Phek – 2

Khawiah nge Isua a lo pian
Phek – 9

SERMON

KRISTIAN CHHUNGKUA

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Editorial**LAWM TAK TAK ILA**

Kan that bîk vang ni hauh lova Krismas/Kum thar kan chuang kai leh thin bîk hi Lalpa zahngaihna a ni tak zet mai. Kan vanneihzia hi kan ngaihtuah foin a rinawm a; Lalpa hnênah thinlung tak takin lawm thu i sawi ang u.

Krismas/Kum thar te hi hun pangngai dang anga a huna lo inher chhuak ve leh maia ngaitu an awm maithei. Mahse, keini chuan a hun leh a boruak hlutna emaw, he hun pui hmang tûra mi tin kan inpuahchahna ropuizia emaw aiin Krismas min petu leh neitu Isua Krista inpêkna ropuizia te, Pathianin kan chhandamna tûra kawng a buatsaiah ropuizia leh hun bi engkim rel feltu Pathian ropuizia te hi kan thinlungah langsar ber se.

Thinlung leh tih tak zeta kan lâwmnaah chuan kan hmel leh chêtziaah hai rual lohvin a lang chhuak thin angin Krismas/Kum thar hun pui lo thleng tûrah pawh hian kan lâwm tak zet a nih chuan he hun pui neitu leh min hruai thlengtu Pathian chunga kan lawmzia hmuh theihin lang chhuak ngei rawh se.

Khawvêl chuan hlimhawp bawl nân a hmang a nih pawhin keini chuan Isua Krista chawimawi nan hmang ila. Hun pui danglam bîk a nih avânga khawvêlin sahawk nan a hmang a nih pawhin keini chuan Isua Krista inhlanna ropuizia tar lanna hun remchangah hmang ila. Khawvêlin mahni inhai vûrna remchang a hmang a nih pawhin keini chuan Krista inpêkna avânga mi dangte tâna luan chhuahna remchangah hmang ila. Krista avânga kan insenso nasat poh leh kan thlarau lam nunah malsawmna kan seng lût hnem mai dawn a ni. Chutiang tak chuan Krismas/Kum thar lo thleng tûr hi i hmuak ang u aw. Chhiartu zawng zawngte Krismas lo thleng tûr atân Chibai kan bûk che u a, Kum thar duhawm tak dam taka chuangkai tûrin duhsakna kan hlân tak meuh che u a ni.

Kristian Chhungkua**THUPUI : CHHUNGKAW MAMAWH***-Rev. R. Lalhmingssanga*

Mihring hian nupaa kan insiam chuan chhûngkua kan din a. Lal Isuua piantharna nei kan nih phei chuan Kristian chhûngkua kan din nghal tihna a ni. Amaherawhchu, chhûngkaw tin hian mamawh kan ngah êm êm a. Zir belha, thiam belh tur kan nei theuh a ni. Zir belh tur leh thiam belh tur nei lova inhria chu an thang thei lo va, hma an sawn thei lo bik thin. Chumi nghawng chu mumal lohna a ni thin. Chhûngkua hian kawng tinrengah mumal taka inkaihhruai leh mumal taka nunho kan mamawh êm êm a. Mahni chhûngkua theuhvah hlim tak leh nuam taka nun ho kan thiam chuan Pathian thu kan zawm tihna a ni a, mahni tân a thatzia kan hmu tam telh telh bawk ang. Chuvângin, chhûngkaw mamawh thenkhat sawi kan tum dawn a ni.

Inhruaina fing kan mamawh: Thufingte 11:14-ah chuan “Inhruaina fing awm lohnaah chuan mite an tlu thin a, remruat thiam tamnaah himna a awm” tih thu kan hmu a. Thufingte 1:7-ah chuan *Lalpa tih hi finna bul a ni* tiin a sawi bawk. Kristiante zîngah hian chhûngkaw hreraitu Pathian tih mi, kawng tinrêngah chhûngkaw inkaihhruaina mumal neia, vawng nung zui taima peih kan mamawh êm êm a ni. Chhûngkaw hotu berin nun dan tha mumal taka a ken

kawhna chhûngkua chu an inkaihhruai dan a fingin, chhûngkaw hlawhtling tak an ni chawk. Mahni chhûngkua ah mawhphurhna kan nei sang hle. Mahni mawhphurhna ngaihsak lo va, chhûngkaw kaihhruai that kan tum loh erawh chuan nghawng tha lo a lo chhuak thuai a. Chu chuan mahni chhûngkua bakah mi dangte tlengin a tibuai thei thin a, tluk chhiatna tlentu a ni thin. Chuvângin, chhûngkaw hotu zawng zawngin mahni chhûngkaw rorel leh

inkaihhruaina te uluk leh taima takin kalpui ila, kan tlak chhamna lai nia kan hriatah mi dang rawn hreh lovin, Pathian hmaah NASA leh zualin kun bawk ila, ui lova pe ɻintu Pathianin chhûngkaw hruai dan fing tak min pe ngei ang.

Hun vawn that kan mamawh: Kan ni tin hun hman danah te hian chhûngkaw member-te zing thawh hun, tukthuan ei hun, mahni hna ɻeuh thawh ṭan hun, mahni ina kir leh hun, zanriah ei hun, Pathian biak ho hun, inkawm ho hun, mut hun te hi mumal taka vawn a Ʌul hle. A darkar bi thlap thlapa kan nei thei êm lo a nih pawhin chin hriat lohva tlai fâl lutuk bik an awm emaw, mahni duh ang anga chhûngkaw member-te kan pawngpaw tal mai mai chuan chhûngkaw inngeih lohna a hring chhuak thei a, ɻhenrual pha lova hnufual a awl bik ɻin. Chu chuan kawng hrang hrangah nghawng tha lo siamin chhûngkua a tichhe

nasa thei hle. Chuvângin, chhûngkaw hotuten tha taka hun vawngin chhûngkua an kaihhruai a pawimawh êm êm a, mi dangte pawhin chhûngkaw rorêltu thu kan âwihs taimak a pawimawh a ni.

Inkawm ngeih kan mamawh: Chhûngkaw khata chengte inkawm ngeih hi a nuamin a hlu hlê. Kan inkawm ngeiha, kan inhmangaih tlan chuan chhûngkua hi khawvêla hmun nuam ber a chang thei. Nilênga a tua mah inbe mang lo, kan lawmna leh harsatna pawh inhriatpui tawn mang lova kan awma, kan tlat fal vek chuan chhûngkaw hlim lo tak, chhûngkaw hrehawm takah mahni chhûngkua hi kan siam tihna a ni ang. Chuvângin, inkawm ngeih ila, thil tam tak inhrilh tawnin inre tawn ila, a Ʌul dan ang zêla thawk hovin, nung ho ila, chhûngkaw nuam leh tha, Kristian chhûngkaw nuam tak kan siam thei a, chu chu kan mawphphurhna ɻeuh a ni.



Krismas Sermon**ISUA PLAN THU
(Matthaia 1:18-25)**

-Lalrinchhana
Bawngkawn Shalom Veng

Chanchin tha Matthaia ziak 1:1-17-ah hian Isua thlahtute chanchin, Abrahama at̄anga Josefa thleng kan hmu a. Judeate khan an nihna sawi fiah nân thlahtu bul chhui hi an ngai pawimawh hle a. He changah pawh hian Isua thlahtute hian Isua nihna an hrilh fiah a, Abraham leh Davida thlah a nihzia tar lanna hian Messia a nihzia a tar lang a ni, kan tithei ang.

Kan chang thlan (1:18-25) hian Isua pian dan ropui leh makzia fiah takin a sawi a. Pathian ni chunga mihring famkim a nih dan tar lan a tum nasa hle. Chuvângin, Chanchin tha Matthaia ziak hian Pathian chungchang chauh min zirtîr a tum lo va, mihring anga a lo inlan dan pawh min zirtîr a tum a ni.

A chhung thu***Chang 18: Josefa leh Mari an inhual***

Judeate dan anga innei tur hian thil pahnih tih a ngai a (pathum zawk tite pawh an awm), chu chu Inhualna leh Inneih Inkhâwm a ni. Mari leh Josefa hi an la innei chiah lo

naa, an inhual tawh tih erawh kan hre thei. Inhualna ringawt pawh hi dan ang taka inzawmna a ni a, a ṭul a nih chuan an la inthen leh thei. An inhual hian ‘Nupa’ tia koh ni ve tawh mah se nupa nun hman erawh a la thiang chuang lo a ni.

An inhual lai hian nula thianghlim Mari chu Thlarau Thianghlimin a raitir tih kan hmu a. Josefa pawhin Mari rai thu hi hre mah se Pathian fa a ni tih erawh a la ring thiam chiah lo. He thu mal *Thlarau Thianghlim* tih hian Isua piannaa thil mak lo lang hi a sawi fiah a. Isua khawvâla lo plantirtu dik tak chu mihring ni lovin thlarau zawk a ni tih min

hriattir. Mihring chauh hi fa hring theitu anga a lan laiin, mihring siamtu Pathian thiltihtheihzia kan hmu a ni.

Chang 19: Josefana Mari then a tum

Judate danah an inhual laia an uire a nih chuan inthen mai piah lamah lunga den hlum theih a ni (Duet 22). Josefana ruka then a tum chhan hi Mari nunna chhan nan leh mipuiin a laka rilru dik lo an put loh nan ni ngeiin a lang.

Josefa hian harsatna leh rilru hahna nasa tak a tawk tih kan hmu thei a. Mari a rai tih a hriat hnua a rilru hahna leh rilru na tur kha han dawnpui ta ila, a dinhmun hi a awlsam lo viau ang tih a hriat theih. Dan zawm leh hmangaihna vawn nun inkarah a ding a, a nupui hual ber a rai avângin phatsan nia inhriatna te, zahna leh inkiltawihna te a nei nasa ve ngawt ang. Mahse, a hmangaihna a nasat em avângin Marin harsatna a tawha, a mualpho kha a phal lo va, a ruka kalsan a rilruk ta reng a ni. Josefana hmangaihna hi a nasa ngawt mai.

Hmangaihna dik tak he changah hian kan hmu a. Josefa rilruah khan Mari sualna kha a lian êm êm ang a, a lakah a uire niin a hre ngei bawkin a rinawm. Mahse, a hmangaih tlata, a thatna tur kawng a la zawng fan zâwk a ni. 1 Petera 4:8-ah, “Eng dang zawng aiin inhmangaih tawn uar rawh u; hmangaihnain sual tam tak a khuh si thîn a,” tih thu hi mawi takin kan hmu a ni.

Chang 20 – 21: Vantirkoh inlar

He changah hian Sam 46-nain min tiam, *Pathian chumangan laia tanpui vartu hnai reng a nihzia* kan hmu a. Josefana rilru hah êm êm lai leh a hmangaih êm êm pawh a thatna tura then hial a tum laiin a mumangah vantirkoh a lo inlar a.

Mumang hi Thuthlung Hlui hunah khan Pathian inpuanna hmanraw lar tak a ni a. Vantirkoh chuan Josefana hnênah Marin Thlarau Thianghlim fa a pai thu leh Judate beisei Messia a nih thu a hrilh a. Tin, then lo tur leh inneihpui turin a hrilh bawk.

An fapa hi amah Josefa fapa mai ni lovin Davida fapaa mi a nih tur thu chiang takin a hrilh a ni.

John Calvin-a chuan Josefa hian Davida fapa tih a hriat rual hian Pathian ram din thar lehna tura Pathian thuthlung a nihzia a hmu fiah nghal uarha a rin thu leh Zawlneite thutiam chu a takin a lo thleng dawn tih a rilruah a ngaihtuah zuitir nghal niin a ring.

Thuchah pawimawh tak chu Isua hming hi a ni. Isua tih hming hi thuthlung hluia ‘Joshua’ tih Grik ṭawng hmanga sawina a ni a, Joshua chu *chhandamtu emaw Pathianin a chhandam* tihna a ni. He hming hi hetih hun lai hian a lar êm êm a, an fate hmingah an sa nasa hle a ni awm e. Isua thlahtu bul chhuina Luka ziakah pawh khan Isua hming anga insa ve tho an awm. Josephus-a chuan Isua tih hming pu ve mi 20 chuang Isua hun lai khan an awm thu a sawi (New Interpreters Bible Commentary). A hming hi vantlang hming niin, mihring dang nêna inpumkhatna

lantirna a ni. He thu hi a pawimawh tak zet mai, Lei leh Van chhandamtu chuan mi naran hming a pu ve duh mai hi!

Tin, he changah hian Lal Isuan a mite sual laka a chhandam tur thu pawh kan hmu a. Matthaia ziakah hian hetih hun laia an ram inrelbâwlna dik loh leh fel loh chanchin kan hmu lo va, hei hian Isua chu tisa chhandam aia thlarau chhandam ngai pawimawhtu a ni tih a tar lang. Kristian tân taksa damna pawimawh mahse, thlarau damna hi a let tam takin a pawimawh zâwk a ni.

Chang 22 - 23: Hrilh lawkna

Matthaia hrilhlawkna hmasa ber hi Isaia 7:14 aṭāṅga lak a ni a, hei hian hun rei tawh tak aṭāṅga Judeate nghahfak Messia a nihzia tar lan a tum niin a lang.

Emmanuel tih hi Pathian kan zîṅga awm / kan hnêna awm tihna a ni a. Pathian hi khawvêl chhandam tura a inphah hniamzia a tar lang a. A Pathian

zia kha mihring ziaah a belh a, mihring ang takin harsatna leh chak lohna te pawh a hre thiam vek rēng a ni. Hei hian Pathianin min hnaih avâng chauha amah hnaih thei kan nihzia a lantir bawk awm e.

He chang hian Isua mihrinna leh Pathianna a tar lang a; tin, Pathian thu hi chatuan thil a nihzia a tar lang bawk kan ti thei ang. A chhan chu Pathian thu hi Pathian leh zawlnei kal tlanga ziak a ni a. Pathian thu hi hmanraw chi hnih hmanga buatsaih a ni ̄thin; Pathian leh Zawlneite hmangin. Chuvângin Pathian thu hi a Pathianna chauh kan en chuan mihring lam buatsaih a ni tih kan hmuh hmaih a, mihring lam buatsaih ang chauha kan thlir erawh chuan a Pathianna a hloh thung. A Pathianna leh a mihrinna hi Bible leh Isua nunah hian a kal kawp tlat tur ni.

Chang 24 – 25: Thu awihna

He changah hian Josefa thu awihna leh dikna kan hmu a. Bible-ah langsar lo mah se Pathian remruatah a vui hauh lo tih erawh a langsar hle si a

ni. Chanchin tha ziak dangah pawh a thu awihzia leh Pathian thu a rinzia kan hmu a. Mari chu Pathian thu angin Aigupta ramah a tlan bopui a, hrilh a nih angin Galilee rama Nazareth khuaah a awmpui ta zel a. Josefa hi a dinhmunah a vui lo mai ni lovin, chutiang zâwk chuan ni se, tiin ngaih dan pawh a nei duh hauh lo va, a chunga Lal remruatna lo thleng kha lawm takin a pawm tawp mai a ni. Thu awihna pawh hi eng dang ni lovin Pathian thu anga awm maina hi a ni awm e.

Josefa chuan thu awih takin Mari chu a nei ta ngei a, he changa ropui êm êm mai chu, “Fapa a hrin hma loh zawng a pawl lo,” tih hi a ni ang. Inhualna chauh ni mah se nupa anga an awm tawh avangin a mut te pawh an mu dun ve ngeiin a rinawm. Chuti chung chung chuan Josefa thu awihna leh insum theihna hi kan entawn lo ni rawh se.

Isua Krista chu Thlarau Thianghlim laka mi niin, Mari (mihring) chhula piang a ni ta ngei a. Amahah chuan

Pathianna leh mihrinna a awm kawp a. Mihring tak niñ Pathian tak a ni kumkhua dawn a ni.

Thu tlang zialna

Isua kan thlan theihna tûra Isua pianna kawng hi a khirh mang e. Isua mihringga a lo chan thu kan zir tak aṭang hian Isua, min chhandam tûra a inphah hniam nasatzia leh a inngaihtlawmzia a lang chiang hle a. Mihringte chhandam kan nih theihna atâna Hmangaihna, Thu awihna, Insum theihna leh Dikna pawimawhzia kan hre thei bawk ang.

Thuthlung Thara thil mak hmasa ber pawh Isua thil mak tih ni lovin Isua mihringa a lo channa zâwk hi a ni ngei ang. Kum Zabi 16-na mi thiam John Calvin-a chuan hmu chiangin, “Thiamna a pun mîk laiin Pathian hriatna kan hlamchhiah a. Mihring bul leh tawp leh a awm chhan chu kan hre ta lo. Kum 100 pawh dam ila, kan tâna hriat tul ber chu Pathian leh a chungchang hi a ni awm e,” a lo ti hial a ni.



Agape chanchinbu chhiartu zawng zawngte Krismas leh Kum thar hlim taka hmang tûrin duhsakna sâng ber kan hlân a che u.

- Editorial Board



Krismas Sermon

KHAWIAH NGE ISUA A LO PIAN ANG?

(Luka 2:1-7)

- *F. Lalremkungi,
Keifang Vengthar Kohhran*

Khualbuka an len ve tak loh avangin ran chaw pêkna thlengah a muttir a. A lal̄thutthleng leh Lallukhum rawn kalsanin khawvâl lawm nân a lo kal a. Thirlung tinin hmun lo kian se.

Thufingte 6:16-19-ah chuan Lalpa huat zawng thilte kan hmu a. Thirlung hi thil dang zawng aiin bum hmang ber, chhe lailet der a ni si a. Lal Isua pianna atân chuan a bawlhhlawh lutuk fo ḫin. Amaherawhchu, kan thirlung kha Lal Isua lo pianna atân kan ken phal phawt chuan pian nân a iai lo, then fai chawp ngai pawh ni se a hnial chuang lo. Hlain,

*“A thlang chuang lo lal
in leh hmun ropui,*

Hmun tlâwm a thlang zâwk e” tiin a lo sawi a. Keini pawhin he hla hian Lal Isua hi kan thirlunga lo piang turin i sawm ang u hmiang.

*“I lal̄thutthleng leh
lallukhum i rawn kalsan,
Khawvâla ka tân i lo kalin..
Aw Lalpa Isu, lo kal rawh,
I tân hmun ka thirlungah
a awm;*

*Aw Lalpa Isu, lo kal thuai
rawh,
I tân hmun ka thirlungah
a awm.”*

tiin i lo lawm ang u. Lal Isua lo pianna atân kan thirlung kan hlan chuan thil tha lo suangtuah ḫin kan thirlung hi a rawn tithianghlimin a rawn thian fai ang a. A bawlhhlawh leh rimchhia zawng zawng pawh pawh a rawn thian thianghlim dawn a ni. Kan mit chapo ḫin, uangthuang ḫin te, huatna leh itsikna mitmeng pawh Lal Isua kan neih chuan a lo ngilnei tawh ang a.

Kan lei dawthei tak leh dawt sawi ḫin khan; Lal Isua, ka Lal leh Chhandamtu ni tura lo piang chu fakin a chanchin a sawi tawh ang. A va ropui êm! Lalpa chu fakin awm rawh se.

Pawi khawih ḫin ka kut pawh hi Lalpa chibai bûkin a lo phar

chhuak thei ang a. Thil တဲ့ tha thawkin a lo rim tawh zâwk ang. Thil တဲ့ tha lo suangtuah တဲ့ thin kan thinlung pawh hi then fai niin a mutna hmun a lo ni tawh ang a. Thil တဲ့ tha leh တဲ့ tangkai tur ngaihtuahin a lo khat liam tawh zâwk ang.

Thil sual ti tura hmanhmawh taka pen thuai thuai kan ke te hi Lalpa hmaah တဲ့ thinghiin, chibai bukin, Lal Isua pianna hmun lamah a lo pen chhuakin, chibai buk turin nausen lo piang bulah a lo တဲ့ thinghi tawh zâwk ang.

Hretu dik lo, a thu dik lo leh a tak tak pawh ni lo sawi တဲ့ thin chuan dawt sawi a lo bansanin thu dik chauh, dawt tel lo a sawi tawh zâwk ang. Hretu dik a pawimawh. Court rorêlnaah chuan miin dâwt a sawi chuan rorêlnaah dik lo/thu tlukna dik lo a thlengin thil tisual lotu kha thiam loh chantir a ni thei. Chuvangin, kan thu dik hriatah chuan kan ka kan âng tur a ni. Lal Isua Krista thutak hriattir hi

kan lo sawi chhawn ve a pawimawh mang e.

Unau kârah ngei pawh kan thu sawi chhawn hian inrem lohna a thlen thei တဲ့ thin a. Miin an rilru natna leh lungawi lohna min hrilh pawhin sawi chhawna, tute tân emaw rilru natna thlen ai chuan တဲ့ awngtaipui mai a တဲ့ zâwk.

II Korinth 5:19-ah chuan “Khatia, Pathianin Kristaah chuan khawvêl hi amah nen inremin a siam a, an bawhchhiatnate chu bawh chhiatnaa ruatsak lovin, inremna thu min kawlter kha” tiin. Lal Isua hian inremna thu min kawlter a ni. “Remna siamtute chu an eng a thawl e, Pathian faa vuahin an la awm dawn si a.” Tichuan, inremna thu tlangaupuiin, Pathianin keimahni hmangin inremna rawngbâwl hna thawh a duh a ni. Kan nunah Lal Isua a lo pian ngei theih nân Lalpan a thu malsawm rawh se.



Sermon**KA NU KUR DIAM DIAM**

*-Rev. V.L.Luaia Hranleh
Executive Secretary,
i/c Kohhran Hmeichhia*

Thuhmahruai

Mizo thawnthu lar tak pakhat Mauruangi thawnthu hi naupan lai khan ngaihnawm ti viau thin mah ila, a phêna zir chhuah tur lam reng kan ngaihtuah phak ngai lo. Thawnthu a nihna hre reng chungin Mauruangi khawngaihthlakzia hi a tingaihnawmtu a nih laiin a bul ber erawh chu a pa lepler vang leh nunrawn vang te, a nupui thar (Bingtaii nu) a ngam loh vang a ni ber a.

Hmanlai, kan Mizo pipute hun lai atang daih tawhin chhûngkaw kehchhiatna chhan pakhat chu leplerna, uirena leh fahrawnte chunga nu rilru chhiatna a lo ni fo tawh thin tih a lang chiang reng mai. Fahrah nun hrehawmnaah rēng rēng nuhrawn sualzia a langsar a, paten an fate thlavang hauh turin an nupui hnuhnung an ngam lo tlangpui bawk thin. Chu chuan nu tak hmangaihna hlutzia a tifiah zual a, chhûngkaw tha tak din chhuak tura nu tha pawimawhzia a lan chiantir bawk. Tunlaiah pawh fahrawn nei te chuan rila rah fate nen danglam chuang lova hmangaihnnaa enkawl chu kan rawngbâwlina pawimawh tak

leh malsawmna kengtu a nihzia an hriat thar fo a pawimawh hle mai. Eng pawh ni se, Kristian chhûngkaw tha tak din chhuak zel tur hian a bul atanga a tawp thlengin nu leh paten tan kan lak tlan zel hi a pawimawh tak meuh a ni.

Kristian chhûngkaw natna : Kan rama Kristian chhûngkuate hi natna chi hrang hrangin min chim buai reng a. Chhiatpui khawp natna langsar a nih em loh pawhin mi hriatpui vak loh, mahse tuar tham fe fe natna pai chhûngkua kan tam hle a ni. Kristian Chhûngkua, hlim tlang taka khawsa anga langte ngei ngei pawh a ruka leplerna avângin nupa kar nun

hrehawm taka hmang an va tam tehlul êm! Chu chuan na takin fate nun a hliam a, inthenna hial a thlen phei chuan chhûngkaw kehchhiatna rapthlak tak thlen zuin a sawp chu na tak a ni thin.

Tunlaia Kristian chhûngkua min tibuaitu natna tam tak- zu, ruihhlo leh mipat hmeichiatna hman khaw lohna hluar zêl pawh hi kan duh thu a ni bik hauh lo. Amaherawhchu, heng kan buan hneh loh natnate hian min timualpho mêm bawk si. A na tuar baka hmingchhiat leh mualphona tuar hi a runthlak a. Hei chen kan sawia, kan bei tawh chunga sawt hlei thei si lo hi Kohhran Hmeichhiate mawh bik emaw tia min deusawhtute hial an lo awm leh thin. Ram pum natna leh tu leh fate puala awm ni kham / tlaivar hiala tawngtairual tih te chu **sawt chuang hlei lo** tia nuihzattu hial kan nei thin bawk. Kristian Chhûngkaw natna chi hrang hrang laka fihlim famkim chhûngkuate hi awm theih tak maw le? An va nihlawh bik dawn tehlul êm!

Tha thlah thei kan ni si lo:

Jerusalem kulh siam tha leh turu Nehemia hmalakna kha a ropuiin a ngaihnawm a, sawi nawn fo pawh a nuam a ni. Dodalna tam tak kara tha thlah hauh lova an beih hlawhtlinna kha Kristian Chhûngkaw hmalaknaah hian kan entawn lo ni fo se. Kan Kristian chhûngkaw Jerusalem kulh tung ding tur hian tha thlah thei kan ni bik lo. Tha thlah a hnekin thahnemngai taka ngawrh lehzuala tan la zêl tur kan ni zâwk e. Kristian Chhûngkaw hmalakna dodaltu, phiarutu, kan hlawhtlin hlau hliah hliahtu thlenga awm reng karah hian Nehemia anga râl rôl thiam taka tan lak kan va mamawh tehlul êm! “**Thawktute tha a chau zo tawh a, bawlhhlawh lah a nasa si a; kulh chu kan siam thei dawn ta lo a nih hi**” (Neh 4:10) tih te hi kan beidawng au aw a ni ve mai ang tih a hlauhawm thin.

Hei chen kan beia kan thawk tawh chunga hma kan sawn chak lohzia ngaihtuah hian kan beidawng tha a thum ve deuh

hial tawh em? Kan ram chanchin thar rapthlak pui pui te, tehna ki ̄henkhata a ̄ha lo lama kan dinhmun sang tak mai te chuan Kristian chhûngkuate min timualpho va. Lalpa tâna thil tenawm, **bawlhhlawh lah chu a la nasa hle** mai bawk si tih chu kan chanvo a lo chang zo ta. **Kristian Chhûngkaw Jerusalem kulh chu kan siam ̄ha thei dawn lo a nih hi!** tia beidawng aw chuai raih tawh te kan awm em? A mawh lo ve ! Hetiang tak hian ̄tang lo phei ila chuan tun ai hian kan chhe hle zâwk emaw a ni daih dawn si a!

Ka nu kur diam diam :

Kristian chhûngkaw thu hi kum 50 zet hrilin hma kan la ta a. Kristian nu pangngai, Kohhran Hmeichhe rawng bâwlnaa inh mang chin ngatte phei chuan chhungte zîngä sawi inthlahrunawm khawpin kan vei na hlawm tawh viau awm e. Chutichung chuan kan ram chhûngkaw tin mai, rawngbâwl tu chhûngkua thlengin khaw lohna sual hian min um phak vek em maw ni

chu aw... tih tur hial a ni thung si. Nu leh pate ̄hah nemngaihna leh ̄tan lak meknain kan tu leh fate nun a fan hneh lo hle em ni ta? Thu ̄ha, hla ̄tha chawma nun kawng dika hruai kan tum mîk laiin khawvîl hipna a lo chak a, thu ̄ha hrilh dawng ngai lo ang hiala an han awm mai ̄thinte phei hi chu, nu tam tak kan zak a, beidawngin kan na ngawih ngawih mai ̄thin a nih hi. Kristian Chhûngkuua sei lian ngei kan tu leh fate tam tak Pathian ngaihsak lohna tuilianin a chim pil mîk han hmuh leh hriat hi a va hrehawm ̄thin tak em! Beidawn leh thinrim lai phei chuan hnuchhawn daih a chakawm hial ̄thin a. Mahse, rila rah tu leh fate an nih miau avângin inthiar fihlimsan ngawt theih an ni bawk si lo.

Mauruang ang mai khan Kristian Chhûngkaw nuhrawn an hrawn ta mai em ni? Thlarau lam nun chawmtu thu ̄ha dawng ngailo ang mai leh khawvîl lam favai hram leh sazu ek pawlh a chawm ni awm fahrana Pathian thu lam

aia khawvêl sualnain a khalh chul mêt han ngaihtuaha han hmu hian rilru a na vawng vawng thin. Nuhrawn sual vanga chaw-kaw-puara ei tur nei ve lo Mauruangi cher chhe tawh tak chu a ruka a nu (Thaichhawninu a chan hnua Phunchawng kunga chang leh ta) Phunchawng Darhniangi pâr zu thlum tlânin a sa a lo mar tha leh thin a nih kha. Mahse, **Phunchawng kungah Mauruangi a lawn lo.** A Phunchawng zawk a rawn kûr hniam avângin a tlân pha chauh a nih kha. Kristian Chhûngkaw tina nute u, kan beidawn fo tawhna hmun leh ramah te hian kan chim chin theuh zêlah kan tu leh fate tan i kûr hniam leh diam diam thin ang u hmiang ! Khawvêl chaw chhiain a chawm kan tu leh fate hian an mamawh tak an hre pha lo va; min sual bosan avânga kan rilru nat lai tak te hian an thinlung rukah chuan, “**Ka nu kûr diam diam, ka nu Phunchawng Darhniangi; Ka nu kûr diam diam**” tiin min au ni hian kan thinlungah lo ri thar fo mawlh rawh se.

Keini kan kûr hniam lohva hmangaihna par zu thluma kan hrai si loh chuan khawvêl kûr hniam sa hi ban phain an tlan dawn tho tho si a.

Ka nu tang fan fan :

Chaw chhia hlir ei chunga Mauruangi taksa lo chak that zêl chhan chu a nuhrawn chuan a nu Phunchawng Darhniangi par zu thluma a ruka a tlan thin vang a nihzia chu Bingtaii kal tlangin a man chhuak ta. Thinrim takin chu Phunchawng kung ngei pawh chu a pa Duapzula hmang chuan kih thluk a tum leh ta zêl a. A kittuten an han cheh hek viau hnu pawhin Mauruangan, “**Ka nu tang fan fan, Ka nu Phunchawng Darhniangi; Ka nu tang fan fan**” tia a han au chuan tlu mai lovin a insang mar leh a, an cheh hek tawh sa pawh a inawh phui leh vek thin a ni awm e.

Nehemia hova Jerusalem kulh tungding tura beitute ngei pawh kha an thil tum chu an hlawhtlin mai loh nân thikna leh elrelna dawt thu tinreng nen kih thluk tumin theihtawp

chhuaha beih reng an ni a (Neh 4:1-8). Nimahsela, an ram leh hnam petu an Pathian tâna Ძahnemngaihna avângin an Ძang fan fan a, dodaltute avângin Pathian hnênah an Ძawngtai uar sauhva (Neh 4:9). Chu hna tha thawk tura an kutte tichakin mipuite pawhin phûr takin **thawh chakna rilru an pu thar leh thin** a ni (Neh 4:6). Chutiang taka an Ძan azarah chuan Pathian Ძanpuinain hlawhtlinna ropui tak nen kuhl tha leh nghet tak an din chhuak leh ta a nih kha (Neh 6:15&16). Kristian chhûngkaw tha din chhuak zêl tûr hian Zoram nute u, i Ძang fan fan ang u hmiang. Thawh châkna rilru puin he hna tha thawk zêl tur hian **kan kut i tichak sauh sauh teh ang u.**

Tlangkawmna:

Kristian Chhûngkaw tha din tura kan beih nasat tawh dan leh tuna kan ram dinhmun

ngaihtuah hian lung a awi thei lo. Beidawnga tha kan thlah vah phei chuan chhiat lehzualna kan hmachhawn reng mai bawk si. Kan hmangaih tak fate tâna kan insengso thin angin kan ram leh hnam leh Kohhrante damna atân Mizorama nute hian theihtawp chhuahin, dawhtheihna nen i Ძang fan fan teh ang aw... Min mamawhtu apiangte tâna malsawmna kan nih ngei theih nân keimahnia par zu thlum takte sawr chhuak turin i kûr hniam zêl phawt mai ang u. Beidawng chauva kan tluk dawn hial hun a lo thlen palh pawhin mangang taka min autu, “**Ka nu Ძang fan fan**” tih rawl chu kan thinlungah lo ri thar leh thin sela, Kristian chhûngkaw tha tak din chhuak tura **min mamawhtu apiang tân Pathian malsawm tlakin i kûr diam diam zêl phawt mai teh ang u.**

Lalpan malsawm che rawh se.



Article**NUTE TAN CHHUNGRIIL MAWINA (Inner beauty)**

*- Lalmuanpuii Ralte,
Kanhmun*

Vawikhat chu nu pakhat hian “Hei ngona ka zuar a, a tha lutuk, lei ve ta che?” tiin khawchhak product fairness cream hi min rawn zawrh a. Kei lah pek chuan, “E ngo hi ka châk ngai rêng rêng lo; kan pain min duh tho,” tiin ka lo chhang fiamthu a. A ni rêng lah tak a; hmeichhiaah chuan ngo châkna nei lo berte zînga mi ni ve hian ka inhria a. Ka châk vang leh ka duh vanga hang pawh chu ka ni chuang lo. Hetiang vun rawng nei tura Pathianin min dûan ka ni a, tun aia ngo emaw a aia han emaw duhna leh châkna hi ka ngaiantuahnaah hian a awm ngai lo hrim hrim. Mamawh nia ka inhriat miah lo ngona chu, min rawn zawrhu nu chuan mamawh min ti chu a ni ngei ang a, kei lah chuan mamawh ka lo inti lo nasa mai si a. Ka tleirawl tirh ata tun thleng hian fairness product hi ka lei ngai lo hrim hrim. Kan naupan deuh laia mahniin make-up te kan la neih ve hma khan, ka nu Fair & Lovely kha ka inhnawih ve thin a; kha kha fairness product ka hman awmchhun chu a ni mai.

Tunlai thalâite leh tleirawlte zîngah ngo châkna hian hna a thawk nasa hle mai. Ngona tur damdawi ei chi te, hnawih chi te an hmang nasa êm êm ni hian ka lo hre ve a. Anni chuan mamawh leh tul niah an inngai a ni mai a, ka sawisel lem lo. Amaherawhchu, eng ang vun rawng pawh nei ila, uluk tak leh fai tako enkawl erawh chu kan tih ngei tur a ni. Mi inuluk leh intuaihnûm peihte hi chu hmuh an nuam nge nge thin.

Mizote hian kan lan dan kan ngai pawimawh lutuk a, chu chuan kan chhûngril mawina (inner beauty) hi a thup bo fo thin. Kan vun rawng, kan hmel, kan pian zia theuhah hian lawm ila, chung zawng zawng aia pawimawh zawk kan chhûngril mawina hi par chhuahtir zâwk ila. Tu mahin he nu chu a ngo bawk a, IAS-ah pawh inziak tling awm rêng a nih hi, a ngo bawk a, Miss Universe/Miss World pawh ni awm rêng a nih

hi an ti ngai lo. Heng Miss Universe/ Miss World te ni tur hian hmelthat leh pian nahl chu a ngai teh meuh mai; amaherawhchu, chûng zawng zawng aia Miss title hlawh chhuahrtirtu chu hmuu theih loh chhûngril lama an talent neih an finna leh rem hriatna zâwk a ni. Khawvêl hian mi hangte hi hmelchhia leh Beauty pageant-ah pawh tel ve tlâk loah ngai ta se, Mi hang nula tân Miss Universe te, Miss World te nih vena chance a awm hauh lo vang. Nimahsela, chutiang chu ni lovin mi hang nula eng emaw zât hi Miss Universe/Miss World an lo ni tawh a ni. India ram ngei atang pawhin nula hang ngaihnobei tak Kristian nula ngei Diana Hayden te pawh Miss World an lo ni tawh a ni.

Chhûngril mawina hi a bîk takin hmeichhiate tân a pawimawh êm êm a. Kan pasal fanauten kan bula awm nuam an ti em? Kan pasalte hian thil tul lem loah pawh min len chhuahsan deuh reng a nih chuan kan bula awm hi an thlahlel vak lo tihna a ni ang. Chuvang chuan keini nute hian kan bulah hian kan pasal fanaute an hlim em?

Kan bula awm hi an thlahlel em? Kan bula awm nuam an tih loh chuan engah hian nge ka insiam thatngai? tih te hi inngaihtuah thin ila. Nupui hmeltha tak nei pawh hian an nupui te bula awm an thlahlel kher chuang lo a ni. Chuvang chuan i bulah i pasal leh fate thlamuang tak leh nuam ti taka an awm theih nân pawn lam incheina ai chuan chhûngril atanga lo par chhuak i chhûngril mawina kha i chhûngkuaah lantirla, chhûngkuaah hun hmang ho tam na na na chu an inh mangaih thin. Petera lehkathawna kan hmuu angin Nute hi kan incheina tur chu pawn lam incheina thawmhaw man to tak tak leh rangkachak thi awrh te ni lovin, thinlunga mihring thurûk, rilru thuhnua rawlh leh nunnêma inthuam turin min ti a ni. Chu chu Pathian mit hmuuin a hlu êm êm a ni. Chu mai ni lovin chhûngkaw tan pawh a hluin a pawimawh êm êm a ni. Chhûngkaw hlim tak kan nih theuh theih nan kan chhûngkuaah kan chhûngril mawina leh thatna hi lo par chhuak theuh rawh se.

Article**NUTE U***- C Vanlalruati**Champhai Vengthar*

*Ka khual zinna Nu chu, Tu nge ka nih min hriattirtu.
 Thim leh eng hmanga hmangaih min zirtirtu.
 Ka khualzinna Nu chu... (Rev Mellissa M Bowers)*

Nute hi kan va pawimawh em tiin bul ḫan phawt mai ang aw, Khawvela mi hlawhtling leh Pathian rawngbawl tu ropui tak takte hi Nu ḫha enkawlna hnuasia seilian deuh vek zuk ni a. Nute hi kan va hlu em ve aw, a bikin fa enkawlah kan mawhpfurhna a sang hle a ni, he dinhmun hi kan hriat a va pawimawh em. Aw le, kan fate hi min tilungngaitu an ni fo ḫhin; chuvangin, fa enkawl thiam tur hian,

"NUTE HIAN, PATHIAN HNENAH FINNA KAN DIL ḫIN EM LE?" Hei hi a pawimawh hle mai, kan dam chhunga nu hna pawimawh ber chu fate enkawl hi a ni, "Nu hi kan chhungkua kristian ḫha ni thei tura Pathian aiawhtute kan ni, naupang zirtirna hi Kristian sakhaw thiltihtheihna, a taka entirna tura Pathian remruat pawimawh tak pakhat a ni" tiin Ellen G White chuan a lo sawi a, Fate ḫha taka enkawl hi dam chhung daih rawngbawlha a ni tih hriat a va ḫul em! Kan fate nakin hun tur hi kan kutah a awm a, an puilina an lo zik chhuah danah nute enkawlna hian a hril thui em em a ni, kum 10 an ḫlin hma hi

enkawl uluk an ngaih lai ber a ni a; chuvangin, Pathian thu nen fate enkawl turin ḫan i la sauh sauh teh ang u. "Kristian hmeichhiain a duty ḫha taka a tih chuan, a hnathawh chu chatuan daih a ni, fanaute hi kan rochan vanram thlenga kan chhawm theih awmchhun an ni asin, kan rama sualna nasa tak te hi naupang, nu ḫha enkawlna hmu lo kan tam vang niin ka hre ḫhin. I fate chu Pathian chhungkaw zinga tel an ni tih hre reng la, vanram nungchang leh finna nei tura Lalpan i kuta a kawltir che an ni, engtik niah emaw chuan i hnaa i rinawm leh rinawm loh chu Lalpan a endik leh dawn che a ni (Ellen G White). Kan fate thlarau

nunah hian mawhpfurhna thuk tak kan nei a, Pathianin fa min pek rual khan chu chu min pe tel nghan a ni. An thlarau nuna thuneihna kan kutah a awm a; chuvangin, Pathianin kan kuta thuneihna min pek hi kan hmang ngei ngei tur a ni, kan fate room-ah te kalin kan ṭawngtai fo thin tur a ni, kan thianpa Pastor pakhatin a sawi a, kan fate hi Chiangmaia missionary ve thote hnenah school kalin an awm a, kan va dah tumin, an pa chuan kan haw dawnah, Pastor-in in fate hi kan hnenah an awm dawn sia, Spiritual Authority hi min hlan chhawng phal em tiin min zawt a, ka hre thiam lo hle a, min hrilh fiah hnu chuan, kan fate thlarau nuna kan mawhpfurhna chu anmahni enkawltute kutah chuan kan hlan ta a, kan fate nunah thil danglam a thleng NASA hle tiin a sawi a ni, Nu leh Pate hian kan fate tan Spiritual Father/Mother kan nih hre thar leh ila a va tha em. Kan fate hi mahni inthunun thei tura enkawl a tul tak zet a, kawng engkima an tana tha leh tha lo tur laka mahni inthunun thei tura zirtir a pawimawh hle, mahni inhneh hi thil har tak a ni a, mahse, an tet lai atanga zirtirna kan pek

that chuan, eng emaw chen kha kawng dikah kan hruai thei dawn a ni. Sap rama naupang dah khawmna pakhatah chuan, room-ah naupang an kalh hnana, table-ah chocolate tuihnai tak an dah a, pawn lam aṭangin an en thla a, naupang thenkhatin an ei mai laiin, mahni inthunun thei naupang ho kha chuan an ei mai duh lo a, chung ho chu an chhinchhiah hrang a, an lo puitlin a, an dinhmun theuh an han chhui leh chuan mi puitling takah an chhuak vek a ni. Chuvangin, châk zawng, it zawng, thatchhiatna etc. laka inthunun zo turin fate i zirtir NASA leh zual teh ang u. Kan fate tan hian Nu leh Pate hi an model te kan ni, Mihring dik tak ni tura ni tina fate chher chhuah hi kan tih tur, kan environment chhe lutuk veng theitu leh siam tha theitu pawh Nute hi kan ni asin. Doctor chuan, "I ke hian i kal thei tawh lo ang" min ti a, Ka Nu chuan, "I kal leh thei em em ang" min ti thung a, ka Nu chu ka ring zawk a ni. (Wilma Rudolph) "Ka nu ang nu hi khawvela nu zawng zawng hi ni se, Tan in a ngai lo tur" (DL Moody) Ka lawm e.

Hriselna Huang

RANNUNG SEH NATNA (SCRUB TYPHUS)

- *Rosie Lalroluahi,
Staff Nurse,
Synod Hospital*

Vawiinah hian tunlaia natna lar tak rannung seh natna scrub typhus chungchang kan sawi dawn a,

- Scrub typhus rannung seh natna hi eng nge a nih?
- Engtin nge he natna hi a lo intheh darh dan tih te
- A natna lo lan chhuah dan te
- A inenkawl dan tur te
- A inven dan leh a control dan turte kan sawi dawn a ni

1. SCRUB TYPHUS

CHU ENG NGE NI: Rannung seh (scrub typhus) hi eng nge a nih, eng nge a awmzia tih kan sawi ang a, Rannung seh natna kan tih mai scrub typhus hi **Orientia Tsutsugamushi** natna hrikin mihringa natna a thlen hi a ni. Tsutsuga awmzia chu ‘hlauhawm’ tihna a ni a, Mushi tih chu tuhrik (mites/chiggers) tihna a ni. Tuhrik (tromboculid mites) te hian transovarial (a puiin a noteah) leh transtadial (a puiin a note a nih thleng an inhlan chhawng) transmission-in heng natna hrik hi an keng kual thin a ni. He natna veite hi enkawlna mumal pêk an nih loh chuan zaa sawmthum velin an

thihpui thin a ni. He natna hi tuhrik scrub typhus natna hrik paiin mi a seh aṭanga ni 10-12 chhûngin a lang chhuak thin a ni. Mizoramah hian he natna hi tuhrikte leh sazute inthlah pun lai September aṭanga December thla chhung hian a hluar bik hle a ni. Mizorama sazute en fiahna neih tawhah pawh he natna hrik hi hmuh chhuah a ni.

2. ENGTIN NGE MIIN AN KAI:

AN KAI: Engtin nge he natna hi a lo intheh darh tih kan sawi ang a, scrub typhus natna hrik te hian inthlah pun nan leh ḡhanlen nan sazu lam chi ho (rodents) te hi an hmang a, heng sazute aṭang hian tuhrik in natna hrik chu la chhawngin

mihringah a theh darh ta thin a ni. Tuhrikte hi an tê hle a, chi (species) tam tak phei chu mit lawngin an hmuh theih loh a ni. India rama he natna theh darhtu tuhrik (vector) chu Leptotrombidium deliense a ni a, Japan leh khawchhak lam ramah te chuan Leptotrombidium akamushi-in a theh darh thung a ni. Mizoramah pawh hian Leptotrombidium deliense hian he natna hi a theh darh mêt a ni.

3. A NATNA LAN CHHUAH DAN: rannung seh natna hi engtin nge a lan chhuah dan kan sawi ang a, tlun/khur leh khawsik, nasa taka luna, mit vel sen rem rum, þhal þoh leh hnungzang vela thak bawl ang tein he natna hi a rawn lang chhuak thin a ni. A chang chuan tihrawl leh pumna te a thlen bawk a, a nasat phei chuan thisen zam chat te leh thisen zam block te a thlen thei a, pneumonia leh thawkna lama harsatna te pawh a thlen thei bawk a ni. Tin, miin rannung seh natna a vei hian an taksa khawi emaw laiah meizial bungin a dehna ang

deuha lang tuhrikin a sehna ser a awm thin a, hei hi eschar an ti a, hetiang hi a lo awm phei chuan final diagnosis atân pawh a hman theih a ni. Mahse, he eschar kan tih hi rannung seh natna vei zawng zawngah a awm vek kher lo emaw an hmu vek kher chuang lo a ni. Scrub typhus natna hi thisen exam atangin a hmuh chhuah theih a, Mizoramah hian Rapid diagnostic kits (ICT) te hi he natna hriat chhuah nâna an hman ber a ni. WHO leh Health ministry lam chuan ELISA (enzyme link immunosorbent assay) hmanga test hi an recommend thung a ni.

4. A ENKAWL DAN: Scrub typhus natna hi antibiotic damdawi hmanga enkawl a ni a, damdawi an hman lar tak chu doxycycline a ni a, chloramphenicol an hmang bawk a, rifampicin nen an pek pawlh thin bawk. Naupang leh nu naupai laiah chuan Azithromycin emaw chloramphenicol emaw pek tur a ni. He natna hi a invenna vaccine a la awm rih lo a ni.

Heng damdawi kan tar lan takte hi mahnia lo ei ve mai hi a him lo va, doctor-te rawn phawt hi a ṭha ber leh him ber a ni.

5. INVEN DAN: lo sawi leh ila, he natna leh a thehdarhtu tuhrik awm duhna hmunah te chuan thawmhawh hak uluk a ngai êm êm a, thawmhawh taksa khuh tam thei ang ber hak tur a ni. Rannung duh loh (insect repellant) damdawi, odomos, permethrin te leh a dangte thawmhawh leh taksa lang laiah te ram chhuah dawnin inchulh tur a ni. Hnim ah te leh phulah te eng mah phah loin that mai mai loh tur a ni. In leh a vel fai tako vawn reng hian nasa takin min veng thei bawk a ni. Rannung thahnahlo (insecticides) kah a ṭangkai hle bawk a ni.

6. A tawp berah chuan a control dan han sawi ila, heng a hnuiai thil pathumte hi he natna control nan hian an pawimawh hle a ni.

(1) Rapid case identification an ti a, hemiah hi chuan a rang thei ang ber leh

a hma thei ang bera he natna hi damdawi lam thiamten hriat chhuah hi a pawimawh êm êm a ni.

(2) Public education – hetah hi chuan mipuite hnêna he natna chungchang leh a kaichhawn dan te a tam thei ang bera zirtîra hrilh fiah a pawimawh hle a ni.

(3) Rodent control and habitat modification hemiah hi chuan kan chenna hmun te sazute tâna khawsak remchang lo tura siam hian scrub typhus natna lakah nasa takin min veng dawn a ni.

Aw le, khati zawng kha rannung seh scrub typhus natna chungchang kan sawi theihte chu a ni a, a natna lan chhuah dan kan sawi takte anga kan taksaah natna te a lo awm a nih chuan a rang thei ang bera hospital-a kala doctor-te rawn vat hi a himin a ṭha ber a ni. Tin, kan chenna in leh a velte fai tako kan vawn reng hian natna chi hrang hrang lakah min ven theih avângin kan ngai pawimawh êm êm tur a ni.

**PRESBYTERIAN WOMEN FELLOWSHIP (PWF)
18TH BIENNIAL CONFERENCE - 2023
REPORT**

*- Lalmuanzuali
Asst. Secretary*

India ram hmar chhaka Presbyterian Kohhran Hmeichhiae rawngbawlhona pawl lian tak, Presbyterian Women Fellowship chuan October 27 - 29, 2023 chhung khan Biennial Conference vawi 18-na tluang takin a hmang zo ta a. Covid-19 hripui leng avangin kum 2018-a Biennial Conference bak chu hman chhunzawm theih a ni ta lo va, kumin 2023 hian hman a lo ni leh thei ta chauh a ni.

He 18th Biennial Conference hi October 27-29, 2023-ah Mawpat Presbyterian Church, Shillong-ah neih a ni a. KJP Synod Sepngi-in inkhawmpui hi a thleng a ni. Thupui - Press on towards the goal (Tiam chin lam pan - Phillipi 3:14) tih a ni a, Thupui hi mi pathum (1) Mrs. Vahkholhing, Zou Synod leh (2) Dr. Aleyamma Thomas, NCCI leh (3) Rev. Rolianthanga Lalsim, Biateram Synod-ten an sawi.

Mizoram Synod palaite - Pastor Bial hrang hrang aṭanga palai tura beisei hi mi 150 kan ni a, damlohma leh harsatna dang neuh neuh avangin mi 142 kan

kal thei a, Bus 5 hmangin October 26, dar 11:00am-ah Synod office aṭangin kan chhuak a, kan kal tur hi Rev. V.L. Luaia Hranleh, Executive Secretary, Kohhran Hmeichhiae changtuin ṭawngtaiin min thlah a, a thlamuanthlak hle. Silchar Mission Compound-ah Silchar KTP-ten zanriah tui tak min lo buatsaihsak a. Chaw ei khamah kan zaipawl hla sak tur kan zir ho va. Zan dar 11-ah Shillong panin Silchar kan chhuahsan a, tluang taka kalin a tuk October 27 chawhnu dar 12:30-ah Mawpat kan thleng a ni. Registration leh tihfel ngai neuh neuh te tifelin kan thlen in tūra an lo buatsaihah te min sem zung

zung a. Min buaipuitute an
fakawm hle.

Inkhawmpui programme
hman ṭan a ni - Inkawmpui
tan zan October 27 hian Pathian
biak inkhawm neih a ni a. Rev.
E.R. Kharkhrang, Sr. Executive
Secretary, KJP Synod Sepngi in
palai lawmna hun a hmang a.
Rev. B.R. Kharnaoir, Adminis-
trative Secretary i/c PWF in
inkhawmpui hawnna leh Pathian
thuchah sawiin hun a hmang.
Synod hrang hrang aṭanga palai
kal zat hi 509 kan ni.

October 28, 2023 (Inrinni)
zingah Bible Study Mrs.
Niangneiting, Manipur Synod-
a miin min neihpui. Inrinni zan
aṭangin Pathian biak inkhawmrah
kan thupui “Tiam chin lam pan”
(Phillipi 3:14) tih chu speaker
Mrs. Vahkholhing hnen aṭangin
kan ngaithla a. Inkawm
apiangin zaipawl 3 zel an zai a,
zaipawl zai zawng zawngte a
nungin an thiam êm êm vek a ni.

Lalpa Zanriah Sakramen - Pathianni, October 29, 2023 zing karah Sakramen

inkhawm neih a ni a, a thehtu hi Rev. B.B. Lamin, Moderator, PCI a ni. Pathianni chawhma Pathian biak inkhawmah Pi Zothanpari, Chairman, Mizoram Presbyterian Kohhran Central Committee-in tanna hun a hmang a, Thupui sawitu chu Dr. Aleyamma Thomas, NCCI a ni. Pathianni zanah hian kan speaker-te zinga mi Rev. Rolianthanga Lalsim hnen aṭangin thupui kan ngaithla a. Mizoram aṭanga palaiten hemi zanah hian Kristian Hla Bu no. 52-na “Lal Isua hming i fak ang u” tih hla chu mawi takin kan rem ve a ni. Kum 2023-2025 chhung atana PWF Chairperson tur Dr. Lalthansangi Fanai hnen aṭangin thuchah tawi kan ngaithla.

ROREL INKHAWM –

Chairperson Mrs. Maya Pohlein
kaihhruanain palai rorelna neih
a ni a, rorel palai hi 553 kan ni.
Tar lan tawh ang khan Covid-
19 hripui leng avangin Biennial
Conference leh Consultation-te
neih theih a ni lo va; chuvangin,
he inkhawmpuiah hian kum
2018-2023 chhunga Synod

hrang hrangte chet velna report te, Secretary for Women's Relations report te, Finance report leh Secretary report te a thahnem hle a, palaite pawh an dawhthei em em a, an fakawm hle a ni.

Thurel pawimawhte han tar lang ila

1. Presbyterian Women Fellowship (PWF) tih hming Presbyterian Church of India Women Assembly (PCIWA) tia thlak rawtna. (PCI-in a pawm huna hman nghal tura tih a ni).

2. Inkaihhruaina kan hman mek siam that (PCI-in a pawm huna hman nghal tura tih a ni)

3. Pathian thu zir hmeichhiae (hmeichhe theologian-te) PCI General Assembly-ah nem ngheh (ordain) an nih theih nana rawtna thlen.

4. 19th Biennial Conference hman dan tur :

A hun
24-26 October, 2025

Thlengtu
KJP Synod Mihngi

Thupui
“Heal our land” (II Chro 7:14)

Speaker
Dr. Rosy Zoramthangi,
Assistant Professor, A.T.C.
Mizoram Synod

Bible Study
Dr. Wandahilin Kharlukhi,
KJP Synod Sepngi.

Kum 2023-2025 chhunga PWF hruaitu turte -

Chairperson
Dr. Lalthansangi Fanai,
Mizoram Synod (PCI ruat)

Vice Chairperson
Mrs. Gloria Patricia Pohshna,
KJP Synod Mihngi

Secretary
Mrs. Bakordor W. Bennett,
KJP Synod Sepngi

Asst. Secretary
Mrs. Lungyile Pame,
CHT Synod

Treasurer
Mrs. Daiamonlang Kshair,
Ri bhoi Synod

Standing Committee member 24 an awm a, Mizoram Synod aṭangā Standing Committee member-te chu

1. Pi Lalmuanzuali
2. Pi Zohmingliani
3. Pi Vanlalthlamuani

Nomination Committee hi Synod tin aṭangin member pakhat theuh an awm a, Mizoram Synod aṭangin Mrs. Lamchhingi.

I N K H A W M P U I
THLENGTU - Mawpat Presbyterian Kohhran hi kum 1897-a din niin a tirah Kohhran member 38 chauh an awm a. KJP Synod Sepngi-a Kohhran hlun berte zinga mi niin kum 2022 khan a din champha kum 125-na an lo lawm tawh a ni. Tun dinthmunah hian member 2,982 lai an lo tling ta a, Pastor 2 leh Upa 12 neiin chhungkua pawh 528 lai an awm tawh a ni. Kohhran Hmeichhia (Jingiaseng Kynthei) pawh kum 1930 khan din a lo ni tawh bawk. Hmeichhe member hi 1,570 an ni. Mikhual thlen chungchangah hian an duai lo hle. Mikhualte min duatin min duhsak em em a. Thlen in hla

deuhte pawh inkhawm kal dan chungchangah ruahmannā fel tak min siamsak vek a. Biak In hnaih hall-ah ei in lam zawng zawng an buatsaih vek a, an theih tawpin kan awlsamna tūr min siamsak a ni.

Inkhawm a nuamin Praise Group Member-ten live music nen inkhawm ṭan hma aṭangin zai an hruai thin a. Inkawm hi live telecast-in an pe chhuak vek a, Biak In hnuai leh a chhehvela inkhawm zawng zawngte tan projector-a en theih tūrin an buatsaih vek bawk. Inkawmpui ropui tak, hlawk tak leh nuam tak kan hmang a ni.

Inkhawmpui ṭiak zanah muangchanga insiamin, dar 12:10 am-ah mahni chuanna bus theuhva ṭawngṭaina hun kan hmanzawhin Mizoram lam panin kan lo chhuak a.

Tluang taka rawn kalin October 30, (Thawhṭanni)zan dar 7:30-ah Aizawl kan rawn lut leh ta a ni.

A kut chak taka min hruaitu kan Pathian hnenah lawm thu awm rawh se.

**KUM 2023 CHHUNG ATĀNA HMANGAIHNA INA
NAU CHÂWMNA PETUTE LEH AN CHÂWM ZÂT
(OFFICE LAMA DAWN) chhunzawmna**

Sl.no.	Bial/Kohhran/Mi mal hming	Chawm zât
146.	Chanmari 'W' Bial Kohhran Hmeichhia	2
147.	Kolasib Vengthar Bial Kohhran Hmeichhia	2
148.	Airfield Vengthar Bial Kohhran Hmeichhia	2
149.	Tlangnuam West Kohhran Hmeichhia	1
150.	Sifa Bial Kohhran Hmeichhia	2

HMANGAIHNA IN, DURTLANGA DAWN

(Chhunzawmna)

Sl.no.	Bial/Kohhran/Mi mal hming	Chawm zât
38.	Champhai Bethel Bial Kohhran Hmeichhia	1
39.	Farkawn Chhimveng Kohhran Hmeichhia	1
40.	Kolasib Diakkawn Kohhran Hmeichhia	4
41.	Khawzawl Dintha Kohhran Hmeichhia	5
42.	Durtlang Kohhran Hmeichhia	2
43.	Champhai Kahrawt Bial Kohhran Hmeichhia	4
44.	Khawhai North Bial Kohhran Hmeichhia	1
45.	Govt.Complex, Thingdawl Kohhran Hmeichhia	1
46.	Saitual Chhimveng Bial Kohhran Hmeichhia	1
47.	Kolasib College Veng Kohhran Hmeichhia	1
48.	Lunglei Bazar Veng Bial Kohhran Hmeichhia	1
49.	Zamuang Bial Kohhran Hmeichhia	2
50.	Siaha Bial Kohhran Hmeichhia	2
51.	Khawbung Vengpui Bial Kohhran Hmeichhia	1
52.	Kawlkulh Kohhran Hmeichhia	1

53.	W. Phaileng Dinthar Bial Kohhran Hmeichhia	2
54.	Siaha Kohhran Hmeichhia	2
55.	Nursery Venglai Kohhran Hmeichhia	1
56.	Kolasib Venglai Kohhran Hmeichhia	4
57.	E. Lungdar Kohhran Hmeichhia	1
58.	Zobawk Bial Kohhran Hmeichhia	1
59.	Lawngtla Chanmari Bial Kohhran Hmeichhia	1
60.	Vairengte Hmarveng Kohhran Hmeichhia	1
61.	Durtlang Bial Kohhran Hmeichhia	3
62.	Khawzawl Vengtar Kohhran Hmeichhia	2
63.	Tuidam Bial Kohhran Hmeichhia	1
64.	Kolasib Venglai Bial Kohhran Hmeichhia	4

**MISSIONARY TANA AGAPE CHANCHINBU
LÂSAKTUTE (chhunzawmna)**

Sl.No	Bial/Kohhran/Mi mal hming	Laksak zat
199.	Sihfa Kohhran Hmeichhia	20

HRIAT TÛR PAWIMAWH

Kum thar January, 2024-ah Agape lak tûr zât dik tak kan dâwn theuh theih nân, kum thara lâk zât tûr hi lak mek copy zat tidanglam tur chuan a theih anga rangin report ni se.

**Report-na tur
Mobile No. 9233437689**

AGAPE MAN CHUNGCHANG

Central Committee chuan kum 2024 atan Agape lakk man tur chungchang a ngaihtuah a. Tuna kum khata lakk man Rs. 100/- hi a tha rih a. Kum 2024-ah pawh a ngai kum 1-a Rs. 100/- ni se tiin a rel (C.C. 555:VI of 11.10.2023).

Agape man la pe lote a man pek ngai pawimawh turin kan innge e. **AGAPE** man thawnna

Account hming : Agape MPC Kohhran Hmeichhia

Account No. : **35578510786**

Bank : SBI, Mission Veng Branch

IFSC : SBIN0007058

KOHHRAN HMEICHHE BUDGET PEK THEIHNA ACCOUNT NUMBER

1. CENTRAL Budget leh central-a lut tur zawng dahna

Account hming : MPC Kohhran Hmeichhia

Account No. : **35918210644**

Bank : SBI, Mission Veng Branch

IFSC : SBIN0007058

2. WOMEN CENTRE Budget/Donation thawnna

Account hming : MPC Kohhran Hmeichhia Women Centre

Account No. : **35576785404**

Bank : SBI, Mission Veng Branch

IFSC : SBIN0007058

Account-a pawisa dahtu chuan a dah zat, eng tur nge tih leh dahtu Bial hming chiang tako ziakin **phone No. 9233437689**- ah thawn ngei ni se.

Eisiam Huang

KFC STYLE-A ARSA KAN DAN



Mamawhte:

1. Arsa duh ang tiata chan
2. Butter tablespoon 2
3. Corn flour/Tempura powder
4. Breadcrumb(chhangthawp khawro)
5. Sawhthing

A siam dan:

1. Arsa leh sawhthing zai sin chu chi telhin thirbelah mei na lo tein ur cherh cherh a, chawh deuh reng bawk tûr. Ama tui a lo chhuah tlengin chhuana, a tui a lo kang a, a hriak a lo chhuah tlengin a khat tawkin chawk rawh.
2. Butter telh la (butter-in a hnehin a tui bik) a hmin hnuin suan la dah dai rih ang che. Cornflour/tempura powder kha tui nen chawk kawi la, tah chuan tal ang che, chumi hnuah breadcrumb-ah i tal leh dawn nia.
3. Tel sa lutuk lovah pahnih tê têin kang la, a sen deuh ঢাপাহ থুর চ্ছুক অং চে. A lum laia ei hian a tui zual.

LALBIAKTHANGI

Pi Lalbiakthangi hi Pu Darlanchhunga (L) leh Pi Rualchhingi (L) te fa pakua (9) zinga pangana (5) niin

Khawrihnim khuaah 20.12.1962 khan apiang a. Kum 1986-ah Pu Lalengliana nen inneiin fapa pakhat (1) leh fanu pathum (3) an nei a, tu panga (5) nei tawhin Nursery Veng-ah an cheng. Nursery Veng kohhran aṭanga Indang Nursery Venglai Kohhran-a lawi a ni.

EIZAWNNA: Kum 1983 June thlaah PHE Department-ah LDC-in a lut a, Departmental promotion hmu ve zēlin December 2022 khan Assistant grade-in a pension.

RAWNGBAWLNA: Kum 2000 aṭangan Kohhran Hmeichhe rawngbâwlnaah phak tawka thahnemngaiin a tel ve tan a, 2001-ah Bungkawn Kohhran Hmeichhe Committee-ah a awm a. Nursery Vengah an pem hnuin

2003 aṭangan Kohhran Hmeichhe Committee-ah tel ve lehin 2008 aṭangan tun thlengin Office Bearer-ah a awm a ni. Tunah hian Nursery Veng Pastor Bial Kohhran Hmeichhiaah leh Nursery Venglai Kohhran Hmeichhiaah Vice Chairman dinhmun a luah mēk a ni.

BIBLE CHANG LEH HLA DUH ZAWNG: Matt. 6:33, Tah hla 3:21-26. April 4, 1980 (Good Friday)-ah Pathian Thlarau Thianghlima piantharna a chang a. Hlaah chuan Lal Isua tuarna lam hla hian a thinlung a khawihin Solfa-a sak chi pawh a tuipui êm êm thin.

THUCHAH: Kohhran Hmeichhiate thil tum 2-na Kristian Chhûngkua din nghehtir tura tan lak hi chhûngkuua nu zawng zawnge hian kan mawphurhnaah ngaiin tan la sauh sauh ila. Tin, rawngbâwlna chanvo kan chelh zawng zawnge hi Pathian khawngaihna vang chauh a ni tih hriaa, tlawmna nun leh inpekna thuk zawk nê Lalpa tan ke i pen zêl ang u.

HRIAT ATAN:

- 1) August 14, 2023 khân Synod Conference Centre-ah NexGen Organisation te sawmin Training of Trainers Cetral Committee-te nen neih a ni.
- 2) August 15, 2023 khân Dawrpui Kohhran Hall-ah Association of Theologically Trained Women in India, Mizoram Branch (ATTWI-M) chuan an lehkhabu ziah "*A Theological Response to Mizo Women Comtemporary Issues*" tih an tlangzarh a. He tlangzarh inkhâwmah hian Central Committee aiawha tel ve tura min sawm angin-Dr.Lalthansangi Fanai, Vice Chairman, Pi Zothansiami, Treasurer, Pi A.Nazi, Pi Lalthansangi leh Pi Lalrinawmi te an kal.
- 3) August 18-21 chhûng khan Thingdawl Pastor Bialah Leadership Training leh Kristian Chhungkaw Campaign neiin Pi A.Nazi, Pi Lalramthangi leh Pi J.C.Ronghaki te an kal a, Pathian hruainain hun tha tak an hmang.
- 4) Kumin 2023 Kohhran Hmeichhe Ni-a thu zir **Kristian Nu Tha** tih Upa B.Lalhmunliana, Synod Secretary ziah chu copy 10000 chhuttir a ni a. Kohhran Hmeichhe Ni November 24, 2023-ah zir a ni.
- 5) 18th PWF Biennial Conference, Mawpat, Shillong-a kal turten September 30, 2023-ah Chanmari Kohhran Hall-ah leh October 14, 2023-ah Mission Veng Kohhran Hall-ah te hla an zir a, ei leh inte a thlengtuten min lo buatsaib a, a lawmawm hle. He Conference-a palaia kal 142-ten "Lal Isua hming i fak ang u" tih hla an rem.
- 6) October 3, 2023 khân Electric Veng Kohhran Hmeichhe Diamond Jubilee hmanpuuin Office Bearer mi 4 an tel.
- 7) October 4, 2023 khân Indian Christian Women Movement-ten Booth Mansion Hall, Temple Square-a Programme an hmannaah min sawm angin Central Committee aiawh mi 10 an kal.

KUM 2023-2025 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	:	Pi Zothanpari
Vice Chairman	:	Dr. Lalthansangi Fanai
Gen. Secretary	:	Pi H. Lalfakmawii
Asst. Secretary	:	Pi Lalmuanzuali
Treasurer	:	Pi Zothansiami
Finance Secretary	:	Pi R. Lalrempuii

COMMITTEE MEMBER-TE

- | | |
|---|--------------------------|
| 1. Pi A. Nazi | 2. Pi C. Thanpari |
| 3. Pi H. Lalbiakveli | 4. Pi H. Lalhlunpuii |
| 5. Pi C. Thanthiangi | 6. Pi JH. Lalpekthangi |
| 7. Pi K. Rinthianghlimi | 8. Pi K. Rosiamliani |
| 9. Pi Lalbiakthangi | 10. Pi Lalchhingpuii |
| 11. Pi Lalengzami | 12. Pi Lalrinawmi |
| 13. Pi Lalhmingmawii | 14. Pi Lalmalsawmi Sailo |
| 15. Pi Lalnuhlimi | 16. Pi Lalrammawii |
| 17. Pi Lalramthangi | 18. Pi Lalthangmawii |
| 19. Pi Lalthansangi | 20. Pi Lalthanzami |
| 21. Pi Lalthanauvi | 22. Pi Lalthawmmawii |
| 23. Pi Laltlanthangi | 24. Pi Lamchhingi |
| 25. Pi Lawmkimi | 26. Pi R. Lalnuntluangi |
| 27. Pi R. Tlanghmingthangi | 28. Pi Rengramthangi |
| 29. Pi Rohmingthangi | 30. Pi Saithuamluuii |
| 31. Pi J.C. Ronghaki | 32. Pi Tlangthanpari |
| 33. Pi V. Siamhnuni | 34. Pi Vanlalhluni |
| 35. Pi Vanlalthlamuani | 36. Pi Zohmingliani |
| 37. Pi Lalngahkiani, Asst. Co-ordinator | |

Ex-Officio Member-te

1. Rev. Dr. C. Chawngmingliana, Synod Moderator
2. Upa B. Lalhmuniana, Synod Secretary (Sr.)
3. Rev. V.L. Luia Hranleh, Exe. Secy. i/c Kohhran Hmeichhia
4. Pi Sailuti, Ex-Chairman

KOHHRAN HMEICHHIA

Thupui : Thuhretu atana koh (Tirh 1:8)

- Thiltumte :
1. Kohhran rawngbawlna tihlawhting tura thawh ho.
 2. Kristian chhungkua din nghehtir tura ṭan lak.
 3. Ṭanpui ngaite Krista hminga ṭanpui.
 4. Chanchin Ṭha puan darh.



Postal Regn. No. MZR/ 53/ 2021 – 2023 RNI Regn. 40876/ 88



Darlawn Venghlun Pastor Bial Kohhran Hmeichhia - Kristian Chhungkaw Campaign



North Vanlaiphai Pastor Bial Kohhran Hmeichhia - Kristian Chhungkaw Seminar



Mamit Pastor Bial Kohhran Hmeichhia -
Leadership Training & Kristian Chhungkaw Campaign

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