



Chhuh ãan kum
~ 1970 ~

KRISTIAN THALAI

Kristian Thalai Pawl
Chanchinbu
Thia tin chhuak



VOLUME XIV NO. 10 | JANUARY 2024

EDITORIAL - HRUAITUTE CHANCHIN - HRINGLANG TLANG

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- F. Vanlallochana



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- Dr. Rebecca Rosangpuii

SERMON

INNGAIHZAWNNA LEH
Inneihna
- Rev. Lalsangbera



ATC Day Wawi 58-na hmanpuia hruaitu kal te



Synod Hospital Director hnenah Charity Fund atan Rs. 11,81,930 leh Grace Home Cook hlawh atan Rs. 96,000 CKTP Leader-in hlan



Saitual Venglai Branch Project 80 hmanpuia hruaitu kal te



Hrangtlang Branch Golden Jubilee hmanpuia hruaitu kal te

KRISTIAN THALAI PAWL CHANCHINBU THLA TIN CHHUAK

Chhuah tan kum : 1970 | Kum 54-na | Kuminah wawi 1-na | Chhuah tawh zat : 542

Editor : Malsawmdawngliana

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A lak man :

Kum khatah : ₹ 100.00

Copy khat : ₹ 9.00

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KRISTIAN THALAI PAWL

Thupui

Rawngbawl tûra chhandam

Thupui innghahna

Ephesi 2:10 : Thil tha ti atân Krista Isuaah chuan siama awmin, ama kutchhuak kan ni si a, chu thil tha tih chu kan awmna tûrin Pathianin a buatsaih lâwk a ni.

Thil tumte

1. Isua Krista rinna leh amah anna kawnga thalaite hruai.
2. Kohhran kut ke ni tura thalaite buatsaih.
3. Kohhran hnathawh tihpuitlin.
4. Krista Chanchin Tha puan darh.

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KUM THAR THUTIAM (HMANGAIHNA UAR KUM)



Kum thar duhawm tak kan lo chuangkai leh ta. Chhiartu zawng zawngte kum thar chibai ule. Kum lo thar hi thil thar a ni satliah lo va, Pathianin nun thar kan hman theihna turin hun thar min pe tihna a ni zawk. Kum hlui aia țangkai zawk, hmasawn zawk leh nun duhawm zawk nei turin țan lain kum bul i țan ang u hmiang.

I Johana 4:7-8, *“Duh takte u, i inhmangaih tawn țheuh ang u; hmangaihna hi Pathian laka chhuak a ni si a; mi tin hmangaihna nei apiang Pathian hrin an ni tawh a, Pathian an hre bawk a. Hmangaihna nei lo chuan Pathian a hre lo; Pathian chu hmangaihna a ni si a”* tih kan hmu.

He lai bible chang hian inhmangaih tawn țheuh turin min zirtir a, hmangaihna chu Pathian laka chhuak a nih thu min hrilh bawk. Chuvang chuan he kum thar hi chhungkua kan inhmangaih tharna kum lo ni se. Pawn lam leh mi dang tana țangkai, hmangaihna ngah tak ni anga lang; nimahsela, mahni chênpuï chhungkua ngaihsak lo a awm theih.

Tin, kan rawngbawlpui te, kan ni tin hnaa kan thawhpui te hmangaih kawngah te țan lak thar nan hman bawk ila. Ram leh hnam hmangaih thar turin țan i la thar bawk ang u. He ram hi Pathian min pek a ni a, a chhiat a țatah țalaiten nasa takin mawh kan phur a ni. Nehemia'n ram leh hnam hmangaihna thinlung a pu ang khan he ram leh hnam siam țha turin mawhphurhna lian tak kan nei a ni.

Pathian thu chuan kan hmelhriat ngai loh te, kan chung a thil tisualtute thlengin hmangaih turin min ti. Mi hnuaïhnung zawk te, mi hla zawk te pawh hmangaih duhna thinlung kan put thar a țul viau bawk.

Hmangaihna chuan ngaihdamna a keng tel a, chu chuan kan in chhung khur a siam țha thei a, țenawmte leh mi dang nen kan inkar a siam țha thei bawk. Hmangaihna chuan mite thinlung a hneh thei a, chu chu rawng kan bawlna kawnga kan hmanraw chelek ber ni thei se hma kan sawn deuh deuhin a rinawm.

(Editor)

INNGAIHZAWNNA LEH INNEIH



Sermon



— Rev. Lalsangbera

Inngaihzawn hi : Inngaihzawnna hi mipa leh hmeichhe inkara inngainat bikna, inthlâkhlehna, inîtna, induh tawwna, inhîp tawwna, inngaih veng vengna, mit leh rilrua intawn siahna leh taksa leh rilrua inthlûr bing zuina hi a ni. Innei tura a bulthut, mi tin nuna Pathian phal sa, thianghlim leh hlimawm taka kalpui tur chi a ni.

Khawvela mihring zawng zawngte nuna mamawh bulpui zingah - hmangaihna leh mipat hmeichhiatna (love and sex) leh chhungkaw bik neih (happy and secure family) te hi a tel a ni. Heng hmu tur hian inneih a ngai. Innei tur chuan inngaihzawn hi a kâilawn a ni. Zir Chiangtute chuan, *'Inneih hmaa sex hmangte aiin hmang lote hi rilru lamah nasa takin an hlim zawk'* an ti.

1. Tu nen nge kan inngaihzawn ang? : Kan ngaihzawngte hi kan kawppui tur an ni vek lo. Mipa leh hmeichhiate inneih hi a tir aṅanga Pathianin a lo ruat sa dan a ni (Gen 2:18,23). Anpui nena inngaihzawn hi chu mihring nun kal zelin a rawn hrin chawp ve

mai a ni. Kan ngaihzawn tur mite chu - Min ṅanpui duhtu a nih a ngai a, kan mil theih tur chi a nih a pawimawh. Relation lama mi thiamten kan mil tura an sawi (3 CB an tih) te chu -

1) Chhungkaw ṅobul leh seilen dan inpersan lutuk lo, (Common background) te, Sakhwana leh rinna lama inthurual thei (Common belief) te, Rilru put hmang, thil ngaihtuah dan leh ngaihhlut zawng inang (Common brain) te hi a ni.

2) 'Hei zet chu' ti khawpa kan lungawina ngei tur a nih a ngai.

3) Social media vel aṅanga inchhar thuta, innei zui mai lovin, inzir chian phawt tur a ni.

Amah mai ni lo, an chhungkua kan neih tel a ngaih

vangin chhungten lâwm taka min pawmpui theih tur ni se a hmuingil duh. Induh hle mah ila, chhungte nena kan inmil loh chuan inthen a tul leh thin. Chhungte nen kan inkar a that tlat chuan, kan pahnih inkar pawh a tha leh mai thin.

2. Ngaihzawng thlan fuh loh pawizia : Dam chhunga inchhirna lian tak a thlen thei a ni. Mahatma Gandhi khan, *“Ngaihtuah Chiang miah lovin nangmah tina turin tu emaw thuneihna i pe thei reng,”* a tih hi kan inngaihzawn laiin hriat tur a ni. Kan thlan dik loh chuan natna hlirin min hmuak a, nuam reng hre lovin dam chung a hman theih. Thlan dik erawh chuan chhungkaw hlim tak kan ni thei thung.

Samsona anga, *‘Ka duh em a ni’* tih vang te, *‘ka khawngaih ve laklawh tawh si a’* tih te, *‘ka neih loh chuan a nunin a chhiat phah vek dawn’* tih vanga inneih te hi inchhirna siamtu a ni fo.

3. Nupui nei tura inbuatsaih nan : Mipain nupui kan neih dawnin hengte hi chhungkaw lo inbuatsaih nan a pawimawh.

A theih chuan Nupa Bedroom pangngai tak neih te, mo chu a nih ang anga lo pawm duh te, hlawh nei a nih chuan sum

chungchang sawi fel sa hi tul tak a ni. A nau pai laia duat leh a tul huna doctor panpui te, nau neih hlimchhawna nupui tanpui tura inpeih at te a pawimawh. Ngaihzawng dang neih san chin miah loh te, chhungte leh nupui inlaichinna titha tura hma lak te, nupui leh naute mamawh puhruk te a ngai. Nupui chu rilru hlim leh thlamuang taka awmtir te, Zu/ruihtheih thil laka fihlim te, nupui hmangaih tlat te, a laka vin loh te, a chak lohna hriat thiam te hi a pawimawh tak zet.(Eph 5:25 ; Kol 3:19; IPet 3:7). Ruih ching nena inneite hi an inthen leh tam khawp mai.

4. Hmeichhe tana inbuatsaihna turte : Miin ‘mo tha’ an tih ni ve tura awm a ngai. Pasal chhungkaw nun tinuam turin insiam rem zel thei nih a ngai. Mahni in lam aiin nasa taka taimak te, tuarchhel te, thinur leh rilru na neih fo chin loh te, sawisel haw mi, khak ngam loh, titau reng mi nih loh te, insiam that tum tlat mi nih te, pasal chhungkuuaa beh thlap te, mahni in lama len zin te chin loh tur a ni. Chetze hmanga pasal leh chhungte hmin tum mi nih tum a ngai (Kol 3:18; Eph 5:24; IPet 3:1).

5. Neil Clark Warren-a thurawn :

1) I ngaihzawng chu mi hmuha a lan dan aiin a mimal nun tak tak (real life) en rawh.

2) A hrisêlna pum pui (physical and mental health) dinhmun hre chiang hle rawh.

3) Inngaihzawwnna leh inhmangaihna hi a inang lo tih hria la, i inkhawngaihna chu i hmangaihnaa a chan hma chu inneih hi hmanhmawh suh. inngaihzawwnna hi ‘hmangaihna lem’ tiin an lo sawi thin a nia.

4) A mamawhna che anga awm tura inhuamna dik (full acceptance) i neih theih hma chuan innei turin thu la titlu suh.

5) Inngaihzawwn rei hi inneihna atân inngahna tling a ni lo tih pawm rawh.

6. Eng hunah nge inneih tur? :

Tûnlai hian nupui pasal neih hi kan hmanhmawh lo ta lutuk deuh. Kum 30 pelh fé hnua innei hi an tam ta. Nau pai harsat huna inneih duh leh si te hi a paw fo. Kum 30 tlin hmaa innei te hi an hlim duh khawp nia. Tu mahin an duhthusam an nei ngai lo tih hriain, Inneih phûrna hi kumin atângin nei ula, fa neih hram hi thalaiten tum teh u.

Hnathawh mumal neih phawt hnua inneih tum hi

Pathian aia sum rinna a ni. Inneih hnua Pathianin mal min sawm zui theih dan tur hi rinna nei chungin thlir tur. Hna nghet neih loh vanga inneih thulh zel ai chuan, retheih deuh huama inneih mai hi a la tha fê zawk. Mi fing thenkhatin, ‘Innei tur meuh hi chuan, tlêma at deuh a ngai,’ an lo tih hi a dik viau nia. Innei tura i rilru fim zawng zawng i hman chuan, i lêng rei ngei anga, inneih i huphurh tulh tulh mai ang.

7. Zawnsak vrs ngaihzawng neih : Bible-ah hian zawnsak leh inngaihzawwn hi kan hmu ve ve (Gen 24:58; Ror 14:3). A thatna leh that lohna a awm ve ve. Inzawn dan aiin dam dun chhunga innei zel tura insiam rem theih reng leh rinawm tawwna hi a pawimawh zawk a ni.

8. Inngaihzawwn laia sex hman hi a paw fo em? : Paw fo e. Sex hman hmasak hi innei tura in book-na ni lovin, i tisa châkna hnathawh hneh lo khawpa hur vang mai mai a ni. Inngaizawwna sex lo hmang dûn fo, inru si lo, nau pai baw si lo (thenkhat chu a rûka nau pai ti tla hial), kohhranin a thunun tura in report duh lo, mualpho loh vanga suala ngai baw lo thalai zingah an tam viau tawh. State

danga kan thalai awmte zingah nupa ang maia in khata khawsa te pawh an awm nia sawi hi dawt ni se ka ti hle mai. Mipui ngaiha kan mualpho loh vang maia Biak In hawnga inneih duh leh si hi, zei taka Kohhran leh Pathian bum dan chhe tak a ni. Bawhchhiatna zêp chu hmuingil lohna a ni si (Thuf 28:13). Pathian thuin, ‘inngaih bansan rawh u’ a tih hi, ‘nupa ni si lova sex hman hi sim tur’ a tihna a ni (I Thes 4:3).

Sex hmang kher lova nuam deuha inngaizawngte hi, an inneih hnuah an hlim zawk nia. An inngainâ a, an inhmangaih a, fanau enkawlah an inthural a, chhûngkaw nun awhawm tak an nei zui nge nge thîn a ni.

9. Mo tha nih hi awl takah ngai ru : Pasal in neih hunah thlîr dan tha zawngin pasal chhungte hi thlîr lui tlat ula. An that lohna lam hlîr in thlîr chuan, in hmu tha lo tial tial ang. In pasal chhungte chu pawh lui tlat ula, tihlimin tilâwm ula, hnaih lui tlat ula, an ngaina telh telh ang che u. Beisei nei sâng thuai lo ula, an vaw thlu tawp che u a nih loh chuan an tha hlêah ngai ula, tha in ti telh telh mai ang. An bula tawng seuh seuh te, ‘ka nu, ka pa, ka u...’ tia koh chhên te, ei rawng bawl

leh chêt vel in peih chuan mo tha in ni ringawt. Mahse, tho tlâi lutuk lo ula aw. Thil ho tea tihtauh te, in lama tlân haw thuai te ching lo ula, mo tha in ni mai.

In mona âwm takah in lâwi a ni tih pawmin nuam tih tum lui rawh u. Vui nachâng hre lutuk lo nih te, thinur nachâng hre lo ang deuh nih te a ngai fo a ni. In chhel loh chuan pasal neih hi harsa tak a ni. Ngaimawh nei hma lutuk duh suh u, in zo lo mai ang. An awm ang ang kha pawm ve phawt u la. Siam that thuai in tum chuan in ipik mai ang. Innêl leh inkawmngelh a pawimawh hmasa ber zawk tih hre rawh. A tul ang zelin insiam rem ula, hrehawm deuh mah se nuam tih luih tum ve mai rawh u. Inlaichin tawna tha hi ngai pawimawh hmasa ula, thil dang chu a inher rem ve zel thîn a ni tih hre reng rawh u.

10. Pre - marital leh post marital counselling a pawimawh : Tunah chuan inngaizawng lai mek te, innei turte hian bialtu pastor hnena counselling an neih bâkah Synod Family Guidance & Counselling Centre hnai vaiah te counselling pan nachang an hre tawh a, an chhawr tangkai tak zet a ni. Nupa nun zir hona neihpui thîn an ni.

NAZARETH TLANGVAL SENIOR



— *Pastor Joel Lianrinzuala,
Dehradun Pastor Bial*

Lal Isua khan khawvela a awm chhungin a hun laia mite nun phung pangngai pêla, danglam taka khawsak bikna a nei lem lo. Amaherawhchu, a hun laia miten an hriat thiam hleih theih hauh loh pakhat Lal Isua chanchina kan hmuh chu nupui nei loa lêng tlang kha a ni.

Hnam hrang hrang zingah Juda ho hi inneihna leh mipat hmeichhiatna ngai hlua, inzirtir uluk ber pawl an ni awm e. Inneihna hi mihring nuna thil bet ve pakhat ni mai loin Pathianin a din chhuah, Pathian remruatna niin an pawm a. Chuvang chuan, mipain nupui a neiha, fanau a neih hian a chungah Pathian a lawmin an ring thin. An rabbi te thu leh hla inhlan chhawnah chuan ‘Vanram hian thil pawm theih hauh loh pasarih a nei a, chung zinga pakhat chu mipa nupui nei lo hi a ni’ tih a awm hial.

Hetih hun lai hian nupui pasal nei loa leng tlang sawi tur eng emaw zat chu an awm. Mahse, chung mite chu sakhuana avanga

inserh hrang, mi nawlpui lak ațanga inla hrangte an ni thung.

A langsar zualte chu Qumran pûka khawsa Essene-hote leh Aigupta rama Therapeutae te an ni. Amaherawhchu, Isua erawh chung mite anga thlalerah emaw pûkah emaw inthiar filhim a, inserh hrang a ni ve si lo. Sakhuana avanga inserh hrangten mipat hmeichhiatna bakah ei leh in thlenga nun phung hran an neih laiin Isua erawh chuan mi chaw ei ang tho a ei ve a. Essene leh Therapeutae te mi nawlpui zingah an khawsak ve loh laiin Isua erawh chu mi hnuaihngung leh thiang lo an tihte zingah a kal a, hmeichhe nikhua lo deuhte pawh a titipui mai thung.

Hetia nupui nei loa Isua a awm hi a chhan chiang tak Bible-in a ziak chiah lo. Zawlnei zingah nupui nei loa khawsa kan hriat pakhat chu Jeremia kha a ni. Ani kha chuan Pathian hremna hlauhawm tak lo thleng tur tlangaupuiin nawmsakna leh hlimna lakah a inthiar fihlim a. *‘Nuamsip bawltute zingah ka tel lo va, ka hlimpui hek lo; Nangma kut vangin a falin ka thu a, Lungnih lohnain mi tikhat si a’* (Jeremia 15:17) tiin a awm dan a sawi nghe nghe. Mahse, Isua erawh chu a falin a khawsa ve lo a, intihhlimna tlansan loin inneihna hmunah a kal a, Zakaia te bulah chaw tuihna tak a kil ve kha a ni a.

Isua hun laia hmeichhe laka inthiar fihlim kan hmuh pakhat chu baptistu Johana a ni. Ani nun dan kha chu hmeichhe tana han zui rual a ni lo a. Thlalerah khawsain, chaw atan khaukuap leh ram khawizu a ring kha a ni. Isua erawh thlalerah khawsain chaw danglam tak a ei ve lo a. A nun phung kha hmeichhe tana zui theih loh tur niin a lang lo. Isua zuitu hmeichhia thenkhat an awm thu Bible-ah kan hmu a. A tam ber

chu mi rethei leh dinhmun tleu tawhte an ni. An zinga pakhat Mari Magdalini chu a kaw chhung aṅanga ramhuai pasarih chhuak kha a ni (Luka 8:2). Heng hmeichhia, amah zuitute hi Isua pawh khan inhawng takin a kawm thin niin a lang. Engti ziaa nupui kha nei lo tlat nge maw a nih le?

Lal Isua chanchinah hian thil pawimawh tak, a ngaihtuahna luah em emtu kan hmuh chu ‘Pathian ram’ thu hi a ni. Pathian ram chanchin tlangaupui tur chuan a inserh hrang a, a chhungte bula khawsak thlahlel thei loin, lu nghahna hmun nghet pawh nei loin Galili bial a fang kha a ni. A ngaihtuahna luahtu ‘Pathian Chanchin Tha’ (Marka 1:14) avangin a nawmsakna tur a buapui hman lo a. Nupui fanau neia, chhungkua din turin hun a nei lo a ni ang.

Nupui ngaihtuah hauh lo a Pathian ram chanchin a ṭupui vang hian diriamna ṭawngkam pawh a dawng ngei ang. A hun laia hmeichhe laka inthiar fihlim te nun dan zui ve si lo, kum 30 chuang zet a nih hnuah pawh la tlangval ta reng chu a chhungte

leh thenrual tan pawh hriat thiam a har ang. Hei vang hi em ni ang ‘vanram avanga tilreh’ te pawh a sawi ni? Mi tilrehte chu an pa thei lo a ni mai lo a, piansualna chi khat a nih miao avangin an thiang lo a. Khatih hun lai khawvelah khan ngaihsan an hlawh lo a ni. ‘*Mi tilreh, an nu pum chhûng ata chutianga piang rengte an awm a; mi tilreh, mihring kuta rehte an awm bawk a; mi tilreh, vanram avanga tilreha insiam chawpte an awm bawk*’ tih thu a sawi hi nupui nei loa len rei chhan a sawi fiahte pawh a ni ve mai thei asin (Matthaia 19:12). Lal Isua, tlangval siniar tawk tak a nih thu kan han sawi ta luam a. Chhungkua a ngaihtuah loh vang emaw, hmuh zawh loh emaw vang ngawta leng rei chu niin a lang lo. Khawvela a lo kal chhan ber ‘Pathian ram’ atanga a ngaihtuahna hruai peng thei reng reng lakah a inthiar fihlim a ni. Hmeichhe lakah inthiar fihlim mah se, Chanchin Tha mamawhtu nawhchizuar chu a mittuiin a far phak khawpa

hnaiah a hnaih thung. He hmeichhia hi Luka chuan ‘hmeichhe sual’ tih ngatin a ziak. Mahse, Nazareth Tlangval Senior bulah chhandamna a hmu a. “*I sualte ngaihdam a ni ta*’ tih thu ngaihnawm nen an inthlah ta kha a ni a. Fa nei ve lo mah sela naupangte kuahin mal a sawm a. A hun laia mite hmuhah chhungkua din lo mah se chhungkaw huam zau ber kohhran a din a ni.

Lal Isua nupui neih loh thu hi kan ngaihtuahna luahtu a ni ngai hauh lo mai thei e. Mahse, a hun laia mite hriat thiam theih loh, zawhna tam tak keng nun chu Lal Isua hian Pathian ram chanchin tha avangin a zawh a. Pawt buaitu awm hauh lo a, a hmangaihte tana a luan chhuah theihna turin mipui zingah khawsa chungin a inserh hrang tlat a. ‘Mihring amah chauhva awm hi a tha lo ve’ tih thu hmanga inneihna chungchang inzirtir a, ngai hlu em emtute zinga nupui nei loa tlangval senior ni tlat Isua kha, a ‘mission-ah’ a chiang asin!

KRISTIAN THALAI

JANUARY 2024

*Cover Design :Tv. Lalramthana,
Bawngkawn Chhimveng Branch*

CYBER CRIME

ZIR BINGNA 

-- F. Vanlalrochana

Tun hnaiah India ramah cyber crime hi ngaihven hlawh tak a ni a, internet leh digital technology hman a pun chhoh zel avangin a buaithlak hle. Cyber crime chi hrang hrang, hacking, identity theft, online-a inbumna, cyberbullying, leh thil tenawm tak tak theh darh te hian mi mal leh pawl hrang hrangte tan harsatna nasa tak a thlen a ni. Hemi chungchangah hian India sawrkar chuan hmalakna eng emaw zat a nei a, cyber crime dona atan dan pawimawh tak tak a siam bawk a ni.

India rama cyber crime chungchanga dan pawimawh tak pakhat chu Information Technology Act, 2000 (IT Act) a ni a. IT Act hian electronic transaction, digital signatures, leh cyber offense chungchangah dan mumal tak a siam a. Cyber crime hrang hrang a sawi fiah a, hremna tur a ruat bawk. Data humhalhna, mi mal chanchin humhalhna, leh electronic evidence chungchanga thupekte pawh a huam tel bawk.

Cyber crime hi internet kaltlang emaw computer technology emaw hmanga thil sual tih hi a ni. Heng thil sual tihte hi Computer leh Mobile

phone leh chumi Inthlun zawm na (network) hman sualna leh khawl hmanga thu pawimawh tak tak ruk emaw, tihchhiat emaw, mi bum emaw, mi hnathawh tibuai emaw, dan loa thil dang tih emaw a ni.

Cyber-Crime-ah hian mi chi hnih an awm a. A titu leh a tuartu. A titu kan ni tih inhre mang lo hian a awm theih a, a tuartu kan ni tih ngaihtuah thleng mang lo hian a lo awm theih bawk a. Tunlai khawvel hi chu, 'Cyber-Khawvel' a ni tawh a, Cyber Crime tuartu nih chu kawng tam takah rilru lam pawh a nghawng thuk leh zual tawh mai thei.

Mizorama case tam takah chuan, internet kaltlanga sum leh pai kaihhnawiha inbumna hrang hrang hi case tam ber a ni hialin a rinawm. Sextortion an tih mai hi a lar em em ta baw a. Hmeichhiain, mipa tu emaw an be tlangnel a, video call an neihpui a, an lo record a, pawisa an pek loh chuan, tih mualphoah an va u thin. Nula emaw, tlangval emaw an be lungleng a, gift ka lo pe dawn che tiin a account no te an dil a, pawisa an ruhsak hiau hiau thin. Bank details indila, OTP indil te a tam baw a. Sexual harassment case a awm nual baw a. Zahmawh deuh deuha hmeichhe biak te, sazu thlalak thawn ta mai tih ang chi.

Cyber crime thenkhat chu :

1. Nihna inruk sakna (Identity Theft) : Hei hi phalna nei lova mi mal information hrang hrang, a birthday, a thlalak, a aadhar no, pan no etc. emaw credit card, Debit card details emaw hmanga mi dang va bum a, sum leh pai lama hlawkna hmuh nan emaw, thil sual dang tih nan emaw hman hi a ni.

2. Phishing : Phishing hian email, message emaw website emaw hmanga mi dang bum a,

thu pawimawh tak tak, account login-na thil pawimawh hrang hrang te, mi mal bank account leh a sum leh pai kaihhnawih details neih sakte a huam a. Cybercriminal-te chuan an mi bum tumten anmahnia rinna an nghah theih nân pawl awihawm leh rin tlak hmel takte an inchhal thin a ni.

3. Ransomware : Ransomware hi malware chi khat a ni a, mi Computer-a file pawimawh va tihbuai emaw, an Computer lock-sak emaw hnuin, pawisa an dil a, an dil zat pek loh chuan, computer neituten an hmang zui thei lo a ni. Mizoram chhungah ngei pawh buaina nei an awm tawh a ni.

4. Malware Attacks : Malware tih hian computer system tibuitu, tihchhiat emaw, phalna nei loa luh theihna tura siam software tha lo eng pawh a kaw a ni. Hei hian virus, trojan, worm leh spyware te a huam a ni. Malware hre miah loin, file, attachment, link buai-virus etc kai tawh kal tlanga download theih a ni.

5. Online Scams : Cyber criminal-te chuan mi dang bumna atan thil hrang hrang an ngaihtuah chhuak a, an sum leh pai te, mi mal chanchin emaw,

an account-a an luh theihna turin kawng hrang hrang an hmang thin. Entir nan, online lottery scam, romance scam, emaw investment scheme lem te hi a ni. A dang pawh a tam mai. Hei hi Mizorama kan tawrh nasat ber a ni hial mai thei.

6. Cyberbullying : Cyberbullying tih hian digital platform hmanga mi mal tihbuai, tihrehawm emaw, vau emaw a huam a ni. Hei hi social media, chatroom, email, online inbiakpawhna kawng dang hmangin a thleng thei a ni. Mizorama kan in-troll-na tam tak Cyber-bullying a ni a, mi kan tihrehawm em em a ni.

7. Data Breaches : Data breaches han tih chuan, cybercriminal-te'n phalna nei loa pawl emaw sawrkar ta - thu pawimawh tak tak an kuta an lo neih hi a huam a ni. Chu chuan mi mal data, hming, address, password, a nih loh leh sum leh pai chungchânga a hre lo turin an lo hriat hi a huam a ni.

8. Cyberstalking : Cybers talking kan tih hian online kaltlanga mi tu emaw ùl loa umzui reng leh tihbuai reng hi kan sawi a ni. Chu chu vau emaw, nun tibuai message thawn te, an chungchang thu dik lo thehdarh te,

a nih loh leh mi mal nun (privacy) tihbuai hi a ni.

9. Distributed Denial of Service (DDoS) Attacks : DDoS attack-ah chuan website emaw online service emaw chu nasa takin an tibuai a, entir nan website a lo awm a, website-in a zawh loh khawpa luh tumin an bei a; Chutichuan, a hmangtuten an hman theih loh phah a ni. Cybercriminal-te hian hetiang atan hian botnet leh thil dang an hmang a ni.

10. Online Child Exploitation : Hei hian Child pornography siam, sem darh emaw, mi dang pek ve te, online kal tlanga naupang buaipui (grooming) emaw, dan phal loh dang tihpuite a huam a ni.

India ramin IT act a neih sa chu, kum 2008 khan IT Act siam that a ni a, cyber crime dona tur dan an dah belh a. Heng siam thatnate hian cyber offense, phalna nei lova computer system hman, identity theft, leh cyber terrorism te venna kawngah nasa zawkin hma a la a ni. Cyber Crime kaihhnawiha hmalakna lian tak, Indian Computer Emergency Response Team (CERT-In) din a ni bawk.

IT Act bakah hian cyber crime chi hrang hrang ngaihtuah turin dan dang siam a ni bawk. Entir nan, Indian Penal Code (IPC)-ah hian hacking, forgery, leh cheating ang chi dan bawhchhiatna nena inzawm thupek a awm a. IT Act Section 66C hian identity theft chungchang a sawi a, Section 67B hian online-a thil tenawm tihchhuah emaw, thawn darh emaw chungchang a sawi thung. IT Act hian Section 66A hnuaiia cyberbullying, online harassment, leh stalking hremna tur ruahmanna a siam bawk a; mahse, he section hi Supreme Court of India chuan kum 2015 khan a hman dik loh chungchangah ngaihtuahna a neih avangin a lo titawp a ni.

A dan kaihhnawih hi chu um zui thui lo ta mai ila. Cyber crime tuartu nih hi a hautak a, a buaithlak a. Chumi laka inven theihna tur thenkhatte chu hetiang hian i han sawi teh ang.

1. Password chak leh danglam bik hman : Password chak tak siam la, chutah chuan hawrawp lian leh te, number leh character danglam bikte (&*#@ etc) te rem khawm ang che. I hming emaw, I pian ni emaw ang chi awlsam taka rin dik mai theihthe hman loh tur a ni. Account

hrang hrang atan password chi hrang hrang hmang thin ang che.

2. Two-factor authentication hman : Two-factor authentication hian account-te himna turin tih tur finfiahna pek tur a chhawng a siam a, i password bakah i phone-a code thawn ngaiin a siam a, a him a ni. A theihna apiangah he Two-factor authentication hi hmang rawh.

3. Phishing tumnaah inveng rawh : Email, message, call emaw tul lo lo lak te; mi mal chanchin emaw sum leh pai chungchang emawa hriat tur an rawn dil che a nih chuan fimkhur rawh. Link rinhlelhawm click emaw, hriat loh atanga attachment download emaw kha pumpelth rawh. Thu pawimawh tak tak i share hmian a thawntu che a rin tlak leh rin tlak loh enfiah hmasa phawt ang che.

4. I software leh device te update reng rawh : I operating system, apps leh antivirus te chu update reng rawh. Update fo hian I khawl (Computer/ phone) security a ti sang a, thil tha lo tam tak lakah a veng him bawk ang che.

5. Wi-Fi network him hmang rawh : Pawn lama internet i

hman hian password ngai lo, public Wi-Fi network te hman loh hram hram a tha. Public Wi-Fi hman a ngai a nih chuan VPN (Virtual Private Network) hmangin i internet connection hung (encrypt) la, i data chu veng him rawh.

6. Social media-ah fimkhur rawh : Social media-ah hian fimkhur a tha hle. I mi mal chanchin tar lang tlem la, i thu post leh i mi mal thil (Personal information) hmu theitu turah fimkhur la, chumi atan chuan i privacy settings siam rem rawh. Hmel hriat lohte hnen atanga friend emaw connection emaw dilna pawm chungchangah fimkhur rawh.

7. Sum leh pai thawn kualna him : Online hmang hian sum kan inthawn nasa ta a, hetah hian app leh website rin tlak chauh hmang la, secure payment gateway hmangte chauh sum thawn nan hmang ang che. Website URL-ah “https” leh padlock symbol zawng rawh. I hriat chian loh mihring hnenah pawisa thawn mai mai suh. Sumdawna rin tlak lo nen inzawm lo turin fimkhur baw ang che.

8. I data backup reng rawh : I data pawimawh tak takte chu

external storage device emaw cloud service emaw-ah dah tha (backup) rawh. Hei hian i data I tihbo emaw ransomware attack emaw a awm pawhin i buai lo ang.

9. Online threats chungchang hre hneh hle rawh : Cyber khawvela hlauhawm leh inbumna thar ber berte hriat ve zel tum la, cyber criminal-te thil tih dan tlanglawn tak takte chungchang hre ve zel ang che. Him taka Online zelna tura tih ngaite hre ve zel la, i thil hriat chu i thian te leh i chhungte hrilh rawh.

10. Security software rin tlak tak hmang ang che : I khawl (Computer/Phone) te chu virus, malware leh software tha lo dangte laka venhim nan antivirus leh anti-malware software tha leh rin tlak tak hmang rawh. Software update reng la, i khawlte scan fo ang che.

Digital khawvelah hian invenna hi a pawimawh hle tih hre reng ang che. Heng invenna dante hi i zawm a, online security chungchangah fimkhur taka i awm hian cyber crime tuartu i nih theihna chu nasa takin i titem thei a ni.

Cyber crime-Pathian thu aṭangin Cyber crime hian kan nun a nghawng nasa tawh a, kan mi mal rilru hahtamna leh kan society nun tluang pawh a tibuai tawh a ni. Krista zuitu kan nih angin kan nun kawng tinrenga fimkhur leh fing taka awm tura koh kan ni a, Digital/Cyber khawvelah pawh chutianga nung tur chu kan ni. Pathian Thu aṭangin, cyber crime chungchang hi kan thlir ho zui lawk dawn a ni.

1. Ephesi 6:12 :

Kan buante hi tisa leh thisen an ni si lo, lalna te leh, thuneihna te leh, he thim chung khawvêl rorêlute leh, vâh hmunah te thlarau sual ho awmte an ni zâwk e.

Hrilhfiabna: Tirhkoh Paula'n thlarau lam indona kan hmachhawn tur min vaukhân ang hian, cyber crime dona hi kan hmuh theih hacker emaw, mi sual emaw lakah mai ni loin, thim thiltihtheihna kan hmuh theih lohte kan dona a ni. Technology-a kan inngahna hian chhiat theihna tam takah min hruai lut a, heng thil-ruk bo, tihchhiat leh bum tumna te hian kan thlarau lam a nghawng ṭhin a ni tih hriain kan fimkhur tur a ni ang.

2. Thufingte 4:23 :

“Thil dang ber aain I thinlung veng ṭha rawh, nunna lo chhuahna a ni si a.”

Hrilhfiabna : Digital khawvelah hian kan thinlung chhungril ber hi miin online hmangin an hmu thei tawh a ni. Kan mi mal chanchin te, sum leh pai chungchang te, leh kan hming ṭhatna thlengin dinhmun hlauhawmah kan indah fo. He chang hian kan thinlung veng turin min fuih a, chu chu kan rilru leh thlarau lam hriselna lam chauh ni loin digital khawvela kan tel venaah pawh a pawimawh a ni. I fimkhur ang u, kan kuta information leh hmanrua kan humte hi fimkhur taka kan vawn a ngai a ni.

3. Matthaia 7:15 :

“Zâwlnei derte lakah fimkhur rawh u, chûng chu berâm vun sinin in hnênah an lo kal ṭhîn; an chhûng lamah erawh chuan chinghne koham tak an ni si a.

Hrilhfiabna : Zâwlnei derte'n an pâwn lam lan dân avangin mi dang an bum thei fo ang bawkin, cybercriminal-te chuan rin tlak tak angin an inlantir fo a, kan rinna te, kan derthawna te chu hman ṭangkai an tum fo

thîn. Phishing scam, website dik lo, leh malware te hian rin tlak tak angin an inlantir fo. Fing leh fim taka awmin, online-a miin rin tlak anga a inlantir thinna chu fiah ila.

Hetianga bum tur zawng rengte lakah hian i inveng fimkhur ang u.

4. Thufingte 22:3 :

“Mi fing chuan hlauhawm a hmuhin a biru a, Mi mâwl erawh chuan a tâwn mai a, a tuar phah thîn.”

Hrilhfiahna: Pathian finna chuan fimkhur leh inring renga awm turin min zirtir a. Online-a kan thil tihnaah hian tlaw tak emaw, fimkhur lo tak emaw kan ni tur a ni lo. Cyber khawvela tih dan hrisel tha tak tak, kan password humhalh te, kan device leh software update reng te, leh kan website leh link luhna tur kan hriat chiente hian cyber crime tuar lo turin kan inveng thei a ni.

5. Sam 91:2-3 :

“Lalpa, ka tluk luhna, ka himna kulhpui. Ka Pathian, ka rin chhan ber i ni,” a ti ngei ang. Thang ata chu a chhan chhuak ang che a, hripui hlauhawm lakah a hum ang che.

Hrilhfiahna: Cyber khawvela hlauhawm hmaah hian Lalpaah thlamuanna i hmu ang u. Amah kan rin chhan rualin, Amahah thlamuanna leh himna kan hmu

thei a ni. Pathian chu min humhimtu ber a ni tih kan hre reng tur a ni a, jawngtaiin amah kan pan thei a, digital khawvela hlauhawm lo awm mek- bumna te, suala tlukna te lakah a kaih hruaina leh chhanchhuahna kan dil thei a ni.

Tlangkawmna : Tunlai khawvel inthlung khawm kual vel vek tawhah hian cyber crime hi a hluar a, a hlauhawm em em a ni. Krista zuitu kan nih angin, cybercriminal-te ruahmanna lakah kan thinlung leh kan thil neihte kan venhim a, kan fimkhur reng hi kan mawhpurhna a ni. Pathian Lehkha Thu atanga finna lo chhuakte hi hre rengin Lalpaah rinna nghet tak i vawng reng ang u, cyber crime thang ata a kaihhruaina, venhimna leh chhanchhuahna kan beisei thei baw ang. Fimkhurna hrang hrang zawmin, digital khawvel hi inring taw takin hmachhawn ila, technology hmangin Pathian hmangaihna puangin, mi dangte hnenah Pathian thu puang ila, keimahni leh mi dangte pawh harsatna lakah kan hum him thei baw. Pathian ralthuam nena inthuam chungin, thim chakna lakah i ding nghet ang u - taksa leh digital lamah pawh.

RAWNGBAWLNA LEH EIZAWNNA



— Lalhriatpuii,
Republic Veng Branch

Mihringte hian mamawh tam tak kan nei a, chênna in leh silh leh fen mai bakah ni tin ei leh in tur kan mamawh a. Chung kan mamawh nei thei tur chuan ni tin kan thawh chhuaha ei kan zawn a ngai a. Chutih laiin Pathianin min siam chhan, ama rawngbawl hna hi kan mawhphurhna a ni bawk a. Rawngbawlna leh eizawna hi thil kal kawp thei a ni a; amaherawhchu, mi tam takin kan kal kawp tir thiam loh vang hian rawngbawlna hi phurritah te a lo chang mai thin a. Tin, kan rawngbawlna hian kan eizawna kan tihchhiat phahtir fo a, chutiang bawkin kan eizawna avang hian kan rawngbawlna hi kan thlah thlam phah bawk thin a ni. Pathian hian inang lo tak takin mihring te hi a siam a, kan mawhphurhna pawh inang lo tak takin mi dah sak bawk a. Kan hnathawh leh eizawna hi a inmil lo kan tih chhan chu a tlangpuin hun kan hman thiam loh vang te, keimahni kan insiam rem thiam loh vang te leh dah pawimawh hmasak tur kan dah hmasak thiam loh vangte hian kan hna leh rawngbawlna hi a inkalh thin niin a lang.

Khawvel changkang zel leh hmasawn zelah hian kan eizawna kawng te pawh a lo danglam ve ta zel a. Kan hna a zirin kan hnathawhna hun leh hmun te a danglam thin a. Khawpuiah pheih chuan zing lam ah te, chhun lamah te leh zan lam thlenga hna thawk thin te an lo awm ta nawk a. Chu chuan kan rawngbawlnaah

nghawng a neih loh theih loh chang a awm ta fo a. Chutih rual chuan tunlai hian mahni eizawna chhuanlama rawngbawlna thlah thlam kan tam ta hle a, chutiang bawkin mahni hna thawhnaah rawngbawlna chhuanlama eizawna lam ngaihthah leh hna thawk tha hman reng reng lo an lo awm leh bawk a. Mi thenkhat

chuan eizawna an buaipui nasat avangin an rawngbawlina te an hlen thei lo a, chutih rualin rawngbawlina an ngaih pawimawh luatah an eizawna in a tuar phah fo chang te pawh a awm thin a. Rawngbawlina ngai pawimawh chung a ei zawn inzirtir hi a pawimawh tak zet niin a lang.

Thalaite hian kan phak ang takwin ei kan zawng tur a ni a, chutih lai erawh chuan Pathian rawng kan bawlnain a tuar tur khawp hna erawh kan thliar thiam a pawimawh a ni. Rawngbawltu ni chung a taima tak leh thahnem ngai taka hna a thawha ei a zawn chuan chhungkua leh khawtlang mai bakah ram tan chhawnahawm tak a ni thin a. Tin, Pathian ram zauhna kawngah pawh a thawk hlawk thei hle a ni. Pathian rawngbawltu chuan eizawna leh rawngbawlina a kal kawptir thei tur a ni a, chumi tur chuan mi dangte aia a taihmak leh thawhrim a ngai a ni.

Eizawna leh rawngbawlina chungchangah hian ngaih dan

hrang hrang awm thin mah se a pawimawh ber chu keimahni theuh hi kan ni a. Kan hna thawhna leh eizawna hmun hi rawngbawlina hmun tha tak a ni thei a. Khawi hmunah pawh, eng hmunah pawh ei zawng mah ila, kan hna thawhna hmun apiang kha rawngbawlina hmunah kan chhuah thei a ni tih hre reng ila. Eizawna hna eng pawh mai hi rawngbawlinaah kan ngaih theih a tul hle a. Hei hi ringtute tih awm tak leh kan ram hmasawna tura pawimawh tak a ni bawk a ni. Eng hna pawh thawk ila, engti ang pawhin ei zawng ila, kan sumdawna hmunah a ni emaw pawh ni se, kan eizawna kaltlangin rawngbawlina rilru kan dah len chuan mi dangte rawng kan bawlsak thei a ni. Chuvang chuan kan eizawna kan thlan kawngah pawh hian kan fimkhur a ngai tak zet a, chu mai piah lamah chuan mi dang aia kan thawhrima kan taihmak leh zual a ngaih zia hre bawk ila. Pathianin eizawna leh rawngbawlina hi mihringte chanvo min pek ve ve a nih angin keini thalaite hian kan eizawna hi rawngbawlinaah a hman theih a ni tih fiahtu nih theuh kan tum dawn nia.

DECEMBER 2023 ISSUE-A DIK LO TIHDIKNA

- Kristian Thalai chanchinbu la tam Branch top ten tihchhuahah hun rei tak chhung a la tam ber nihna hauhtu - **Venghnuai Branch** te hming a lo lang lo palh hlauh mai a, data dik lo zawk lo tihchhuah palh a ni. Tihsual palhah ngaihdam kan dil e.
- Kantu Delhi Branch thlalak a dik lo zawk dah palh a ni, ngaihdam kan dil tak meuh meuh e.

INDIA RAM KHAWPUI KTP MEET



Article

-- T. Upa PC Malsawmdawngliana,
Organising Secretary

DMPC KTP Meet Organising Committee

November 18-19, 2023 khan 'India Ram Khawpui KTP Meet' chu All India Prayer Fellowship, Chhatarpur, Delhi-ah tuang taka neih a ni. He KTP Meet hi Delhi Mizo Presbyterian Kohhranin a thleng a, India ram khawpui hrang hrang aṅanga ṭhalaiten hun hlimawm tak kan hmang a ni. He KTP Meet-ah hian India ram khawpui hrang hrang aṅangin Branch 8 (pariat) - Delhi, West Delhi, Mumbai, Kolkata, Bangalore, Hyderabad, Pune leh Goa te an tel a, Pastor 4-in an rawn ho thei bawk. Zoram lam aṅangin Executive Secretary i/c KTP, Central KTP hruaitu 4-te leh Mizoram Synod Choir te an rawn tel bawk a, kan phuisui khawp mai. Delhi Branch chhiar tel lovin hmun dang aṅangin he Meet hmang tur hian palai 259 zet an rawn kal a, a hmuna riak lut pawh 250 lai awmin ṭhalai leh Kohhran mipui lânga kal hi ṭhahnem tak an awm bawk.

KTP Meet thleng tur hian thlengtu Kohhran pawh nasa takin kan inbuatsaih ve a, mahnia hmunhma neih bawk si loh chuan KTP Meet programme lian tham tak thlenna tur hmun leh senso thlengin ngaihtuah tur a tam hle mai. Organising Committee indin a ni a, mawhphurhna hrang hrang insem sawmin, theihtawp tak meuh kan chhuah ve a ni. Pathian hnenah kan duh leh mamawhte chu pangchang takin kan thlen a, a mite kal tlangin kan mamawhte chu kan

dawng mawlh mawlh ta mai; a ropui kan tiin kan lâwm tak zet a ni. Zoram Kohhran, Branch KTP leh mi mal ṭhahnemngaite aṅangin ṭanpuina kan dawng a, an chungah kan va lâwm tak em; lawm thu kan sawi e. A theih ang anga sum tuak a ni bawk a, Kohhranho inhawnzia leh thil phalzia a lang Chiang hle. Tichuan, KTP Meet atana kan huphurh em em budget siam ₹ 7,00,000/- zet mai chu Pathianin a mite kaltlangin min tlintir ta a ni. KTP Meet Budget ₹ 7,00,000/- chu ₹ 2,75,021/-

zeta khûmin ₹ 9,75,021/- lai kan hmu ta mai a, a bâng ringawt pawh bâwmrâng 12 lai a nih ber chu! Pathian hnena tluk luh nihlawhthlakzia kan hmu Chiang hle mai; Pathian hlih khuhna nen KṚP Meet hlimawm tak mai chu tuang takin kan hmgang thei a ni.

November 18, 2023 (Inrinni) zana *Inlawmna leh Report* inkhawm neih a ni a, Pathianni zingah hian Zing ṭawngṭai inkhawma bul ṭanin Chawhma, Chawhnu leh Zan Inkhawm neih a ni a, zan inkhawm bânah Fellowship neih a ni bawk. A bul ṭan zan ṭangin inkhawm boruak a ṭhain, Pathian faka zai a nuam em em a, inkhawm apiangin mi 400-580 inkar kan inkhawm thei ziah a ni. Meet thupui hi ‘Kohhran – Pathian khawpui’ tih a ni a, Rev. Dr. K. Lallawmzuala, ES, i/c KṚP hnen ṭangin kan ngaithla a, Upa Lalmuanpuia, Gen. Secretary CKṚP leh Rev. PC Nghaklianmawia, Chairman, KṚP Meet hnen ṭangin Pathian thuchah kan ngaithla bawk. Pathianni zan Fellowship pawh hi zanlai dar 12:00 velah kan bâng a, hemi zawh hian inkhawmna tual zawlah Mizoram Synod Choir ten thiam tak maiin inthlahna hla KHB No. 572- na “*Kan inhmuh kan intawh leh hma zawng*” tih hla chu mawi tak leh lungkuai takin an sa a, an hla sak hian thinlung a hnehin Meet hmgantu Palaite zingah Pathian fak leh

chawimawi kham lo tak tak te, he KṚP Meet avanga inhmelhiat thar lungleng tak take pawh min hnêm hle a ni. Ui tak leh kham lo tak chûngin ‘India Ram Khawpui KṚP Meet’ wawi khatna chu kan thlah liam ta a ni.

He KṚP Meet-a lang Chiang tak mai chu - India ram Khawpui hrang hranga Kohhran ding chho zelah, Pathian ngaihsak ṭhalai mi ṭahnem tak kan la awm zel a, Kohhran hma lâkna tichaktu pawimawh tak an ni zel a ni. Zoram pâwna KṚP Member awmte hian inphuar khawmna leh inchnûn khawmna kan neih loh avangin, intichak tawmna leh inchnêm alh tawmna Meet/Conference remchang kan la nei ve chiah lo va. KṚP General Conference hmgang tur pawhin kâr a hla tham ṭhin si a, member nâwlpui tan chhim phak a ni ṭhin lo. Hetiang a nih avang hian kokim zawka Intawhkhawmna tur programme ṭha tak kan neih choh zel a duhawm hle mai. Kohhran mal thlen atan chuan a hautak deuhva a lan avangin Central KṚP lamin kum khat kâr dana neih turin ruahmansak theih ni se a duhawm hle bawk. Khawvel changkang zelah Mizo ṭhalaite hi eizawmna leh zirna avangin hmun hrang hrangah kan inzar pharh ve zel a, rinna lama kan insawh ngheh lehzualna tur a nih chhoh zel a beiseiawm hle.

HA LEH KA CHHUNG HRISELNA (ORAL CARE)



Hriselna Huang

*Dr. Rebecca Rosangpuii (Dental Surgeon),
Chhingchhip Venghlun Branch*



Ha leh Ka chhung hriselna hi kan taksa pum pui hriselna inñanna tih ÷awngkam hi kan hre fo tawh awm e. Ha leh Ka chhùng natna hri tamna India rama chêng kan ni a, Ha na hi mipui vantlangin hriselna lama an harsatna tawh a ni tih leh chu chuan taksa peng dangah nghawng nasa tak a nei tih chian a ni. Ka chhung hrisel lo chuan hmelmang mawina, chaw ðial theih lohna leh ka chhùng natna te a thlen thei a, na tawrh avangin mihringin a hun hlohin a hnain a tawrh phah thei a ni.

Ka chhung hrisel lohna hrang hrang heng :

- Ha na leh nget te
- Hahni natna
- Ha ÷o rual lo
- Ka chhùng cancer te hi kan pumpelth theiin ka chhùng hrisel tak kan nei thei a ni.

Ka chhùng hrisel tak nei tur chuan hengte hi kan tih ve tur a ni :

- Ha uluk taka nawh fai ðin tur a ni. Ni khatah vawi hnih tal nawh fai tur a ni a, toothbrush hi thla 3 danah tal thlak ðin tur a ni.
- Ha leh Ha kar tihfai ðin tur a ni. Toothpick/dental floss hmangte-a tihfai ðin tur a ni.
- Lei [tongue] hi tongue scrapper /toothbrush hmanga tihfai ðin tur a ni.
- Acidic beverages telna thei tui leh in chi eg: cola kan tih ang

chi te hi in tam loh a ða. Acid telna thei tui leh in chi te hian Ha enamel ei pan zelin ha nget leh ha za [sensitive] te a siam ðin a ni.

- Zu leh vaihlo lam chi hian ka chhùng cancer a thlen hma bik em em a, a theih hram chuan zu leh vaihlo lam chi nena inkungkaih loh hi a him ber a ni.

- Zunthlum vei mi nih chuan zunthlum sâng lutuk tur control a ða hle mai, zunthlum control loh hian Ha hni na leh puam, ka chhung rimchhia leh rim danglam a thlen thei bawk a ni. Taksa pum pui hriselna a nghawng ve thei a ni.

- Natna benvawn nei niha kan damdawi ei laiin ka chhùng ro [dry mouth] a siam a nih chuan a tam thei ang bera tui in tur a ni. Chil siam turin, ðial chi

[sugarless gum] te thiala, zuk leh hmuam insum bawk tur a ni.
 - Ei leh in kan duhtuinn kan thlang fimkhur hle tur a ni, thei leh thlai hrang hrang chi ei uar a tha hle mai.

- Thil ei zawhah kam chhông fai taka thuah thin tur a ni.

MOUTHWASH [KAM THUAH FAINA] : Mouthwash han tih hian chi hrang hrang a awm thei awm e:

- Ka tirimtui tura hman - deodorant

- Ka chhông hliam/pem tihdamna - antiseptic

- Ka chhông na chhawkna - local analgesic

- Essential oils hmanga siam mouthwash

- Natna hrik that tura siam mouthwash

- Tui lum chi al [normal saline warm water] te hi kam thuah faina tha tak an ni.

Kan mamawh dan a zir zelin kam thuah faina [mouthwash] hi hman thin tur a ni.

Ka chhông Cancer : Ka chhông cancer hi khawvela cancer lar ber parukte zinga pakhat a ni a. India ramah chuan cancer lar pathumte zinga pakhat a ni.

Tute tan nge hlauhawm?

- Sahdah/kuhva ei chingte, bis/meizial zuk, vaihlo leh a kaihhnawih ti nasa te.

- Ka chhông vawng thianghlim /fai ngai lote.

- Ha hriam leh ha lem vuah nasa, ha hnawh nasa leh ka chhông natna hun eng emaw chen lo tuar tawhte.

- Zu in thinteah hian ka chhông cancer hi a hluar thin.

Ka chhông cancer lo lan dan tlanglawn :

- Thil thial leh lem harsa.

- Hrawk za emaw thil eng emaw hrawkah tang tlata hriatna.

- Lei emaw ka chung hmun dang a lo chawmawlh in.

- Ka chhông pem [ulcer] a dam theih loh in.

- Aw ri a lo tham emaw a lo chhangin.

- Pangngai lo taka ha thenkhat a lo nginin emaw ka chhông a lo thi ringawtin.

Ka chhông cancer ven dan:

- Vaihlo leh a kaihhnawih chi hrang hrang khap burna leh zu in that lohna sawi uar hi **CANCER** venna atana rahbi pawimawh ber a ni.

- Cancer intan tur hmuh chhuah hma leh chutiang enkawl dan inzirtirna hmanga enkawl hian kawngro a su em em a ni.

Pathian in in nih leh Pathian Thlarau nangmahniah a awm reng tih in hre lo vem ni? Tu pawhin Pathian in chu a tikhawloh chuan, chu mi chu Pathianin a tikhawlo vang; Pathian in chu a thianghlim si a, chu in chu nangmahni in e. (1 Korinth 3:16-17)

**KRISTIAN THALAI PAWL : GENERAL CONFERENCE
VAWI 60-NA PROGRAMME**

A hmun : Ngopa Public Playground

A hun : February 29 – March 3, 2024

Thupui : “Mi dang tana Malsawmna” Genesis 12:2

**Speaker : Rev. Dr. H. Vanlalruata, Registrar, Aizawl
Theological College**

February 29, 2024 (Ningani)

6:30 – 7:00 p.m. : Zai ho

Hruaitu : Tv. David Lalfakawma

Hla hritlu : NI. P.C. Malsawmtluangi

7:00 p.m. : PALAI LAWM INKHAWM

Hruaitu : Rev. Dr. F. Pachhunga, Leader, CKTP

Kum puan thupui hlanna

Hlantu : Rev. Dr. K. Lallawmzuala,

Executive Secretary i/c KTP

Synod Choir Music Video hlanna

Hlantu : Pu L.V. Lalthantluanga, Assistant Leader, CKTP

Diamond Jubilee Souvenir Magazine hlanna

Hlantu : T.Upa P.C. Vanlalnunmawia, Treasurer, CKTP

Thuhriltu : Rev. P.B. Mankima,

Secretary (Sr.), Mizoram Synod

Zaipawl : 1. Mizoram Synod Choir

2. Hliappui Bial

3. Ruantlang Bial

4. Bilkhawthlir Hmar Veng Bial

5. Mamit Bial

6. Armed Veng Bial

8:45 p.m. KTP Diamond Jubilee Meidet

Mei dëttu : Rev. Dr. K. Lallawmzuala

Executive Secretary i/c KTP

March 1, 2024 (Zirtawpni)

9:30–10:00 a.m. : Zai ho

- Hruaitu : Tv. R. Vanramnghaka
Hla hriltu : Nl. H. Lalhruaitluangi
10:00 a.m. : RAWNGBAWLNA REPORT INKHAWM
Hruaitu : Pu Jonathan Lalhruaitluanga, Committee Member, CKTP
Report : 1. General Secretary Report
2. Finance Report
3. Bial Report khaikhawmna
Zaipawl : 1. Mizoram Synod Choir
2. Sihfa Bial
3. East Lungdar Bial
4. Thenzawl Field Veng Bial
5. Khatla Bial
1:00 – 1:30 p.m. : Zai ho
Hruaitu : Pu John Lalhmingmawia
Hla hriltu : Nl. V.L. Hlupuii
1:30 p.m. : JUBILEE ZAIKHAWMPUI
Hruaitu : Tv. Vanromawia, Committee Member, CKTP
Thuchah tawi : Upa Lalchharmawia, Committee Member, CKTP
6:30 – 7:00 p.m. : Zai ho
Hruaitu : Pu R. Lalrinfela
Hla hriltu : Nl. R.K. Lalrinsangi
7:00 p.m. : PATHIAN BIAK INKHAWM
Hruaitu : Pu Lalrempuia, Committee Member, CKTP
Thuhriltu : Rev. R. Vanlalnghaka, Moderator, Mizoram Synod
Zaipawl : 1. Mizoram Synod Choir
2. Lunglei Venglai Bial
3. Khawhai South Bial
4. Kawrthah Bial
5. Chaltlang Bial

8:45 p.m. : FELLOWSHIP

Zai ho Hruaitu : Tv. R. Vanramnghaka

Hla hriltu : Nl. H. Lalhruaitluangi

Hruaitu : Tv. Rinsailova Sailo, Committee Member, CKTP

Thuchah tawi : Pu R. Lalmalsawma, Committee Member, CKTP

Items : 1. Shadow Play – Chanmari Bial

2. Group zai – Delhi Bial

3. Instrumental Music – Kolasib Diakkawn Bial

4. Female Voice – Hortoki Bial

5. Skit – Serchhip Bial

March 2, 2024 (Inrinni)

9:00 a.m. : 2024 – 2026 CKTP HRUAITU THLAN

A hmun : Saitual Chhim Veng Kohhran Biak In

Hruaitu : Rev. R. Vanlalnghaka, Moderator, Mizoram Synod

10:00 a.m. : ROREL INKHAWM

Hruaitu : Rev. Dr. F. Pachhunga, Leader, CKTP

ROREL HLANA PANDAL PROGRAMME

9:30 – 10:00 a.m. : Zai ho

Hruaitu : Tv. David Lalfakawma

Hla hriltu : Nl. P.C. Malsawmtluangi

10:00 a.m. : THU ZIR INKHAWM

Hruaitu : Rev. E. Ramchullova, Bialtu Pastor, Ngopa

Thupui : “Thalaite Rawngbawlina hmathlir”

Sawitu : Rev. Z. John Malsawma Colney, Secretary,
Synod Partnership Committee

Zaipawl : 1. Tuithumhnar Bial
2. Himali Bial

3. Darlawn Bial

4. Khawzawl Dinthar Bial

5. Leitan Bial

1:00 – 1:30 p.m. : Zai ho

Hruaitu : Pu R. Lalrinfela

Hla hriltu : Nl. R.K. Lalrinsangi

1:30 p.m. : VARIETY PROGRAMME

Hruaitu : Pu C. Lalrosanga, Organising Secretary, Ngopa

Items :

1. Group Zai – Various Artists (Praise On 2022)
2. Male Voice – Bethlehem Bial
3. Short Play – Tlangnuam Bial
4. Solo – Tv. Andrew K. Lalehandama, Darlawn Venghlun Branch
5. Fak lam – Hmawngbu Bial
6. Band – Champhai Kahrawt Bial
7. Solo – Tv. K. Ramhmangaiha, Chawnpui Vengthlang Branch
8. Solo – Nl. Vanlalhlimpuii, East Phaileng Branch
9. Female Voice – Tuikual Bial
10. Solo – Nl. R. Lalhruaimawii, Hmunṭha Branch
11. Duet – Mumbai Bial
12. Fak lam – Republic Veng Bial
13. Solo – Nl. Laldinsangi, Champhai Vengthlang Branch
14. Trio – Vairengte Bial
15. Solo – Nl. K.T. Lalbiakthianghlimi, Saron Branch
16. Recitation – Kelkang Bial

6:30 – 7:00 p.m. : Zai ho

Hruaitu : Pu John Lalhmingmawia

Hla hriltu : Nl. V.L. Hlupuii

7:00 p.m. : PATHIAN BIAK INKHAWM

Hruaitu : T.Upa P.C. Vanlalnunmawia, Treasurer, CKTP

Thuhriltu : Rev. Dr. H. Vanlalruata, Speaker

Zaipawl : 1. Mizoram Synod Choir
2. Tlabung Zodin Bial

3. Lungpho Bial

4. Rawpuichhip Bial

5. Thuampui Bial

**8:45 p.m. KTP GENERAL CONFERENCE DIAMOND
JUBILEE CONCERT**

Hunserh : Nl. F. Lallianzuali, Committee Member, CKTP

Report : Pu C. Lalkhawngaiha, Committee Member, CKTP

Host : Nl. C. Lalawmpuii, Bawngkawn Shalom Branch

Artists :

1. Tv. Israela Pachuau, Bawngkawn Chhimveng Branch
2. Tv. Andrew Laltlankima, Diakkawn Branch
3. Tv. Lalnunsanga & Tv. Joseph Lianhmingthanga (BOG), Chhinga Vengthlang Branch
4. Pu Lalhmingliana Chhangte, Bethlehem Branch
5. One In Christ
6. NI. Malsawmdawngzuali, Tlangnuam West Branch
7. NI. Lalramnunmawii, Durtlang Branch
8. NI. R. Lalnuntluangi, Laipuitlang Branch
9. NI. Zoramchhani, Chanmari Branch
10. NI. H. Lalnunsiami, Electric Veng Branch, Champhai
11. NI. Melody Lalzirliani, Leitan East Branch
13. NI. C. Vanlalroluatumi, Saichal Branch
14. NI. Ngursangzuali, Salem Veng Branch

March 3, 2024 (Pathianni)

9:30–10:00 a.m. : Zai ho

Hruaitu : **Tv. David Lalfakawma**

Hla hriltu : NI. P.C. Malsawmtluangi

10:00 a.m. : **PATHIAN BIAK INKHAWM**

Hruaitu : Upa Johny Lalawmpuia, Assistant Secretary, CKTP

Thuhriltu : Rev. Dr. H. Vanlalruata, Speaker

Zaipawl : 1. Mizoram Synod Choir
2. Presbyterian Choir, Lunglei

3. Baktawng Bial

4. N.E. Khawdungsei Bial

5. Bungkawn Bial

1:00 – 1:30 p.m.: **Zai ho**

Hruaitu : Pu John Lalhmingmawia

Hla hriltu : NI. V.L. Hlupuii

1:30 p.m.: **PATHIAN BIAK INKHAWM**

Hruaitu: Upa F. Zoherliana, Finance Secretary, CKTP

Thuhriltu : Rev. Dr. H. Vanlalruata, Speaker

Zaipawl : 1. Presbyterian Choir, Lunglei

2. North Hlimen Bial
3. Teikhang Bial
4. Reiek Bial
5. Chanmari West Bial

6:30 – 7:00 p.m. : Zai ho

Hruaitu : Pu R. Lalrinfela

Hla hriltu : Nl. R.K. Lalrinsangi

7:00 p.m. : PATHIAN BIAK INKHAWM

Hruaitu : Pu L.V. Lalthantluanga, Assistant Leader, CKTP

Thuhriltu : Rev. Dr. F. Pachhunga, Leader, CKTP

Kum 2024-2026 Hruaitu thar hlanna

Hlantu : Rev. R. Vanlalnghaka, Moderator, Mizoram Synod

Zaipawl : 1. Jubilee Zaipawlpui
2. Mizoram Synod Choir

3. Synod Mission Choir

4. Ngopa Bial

5. Mission Veng Bial

8:45 p.m. : FELLOWSHIP

Zaiho Hruaitu : Tv. R. Vanramnghaka

Hla hriltu : Nl. H. Lalhruaitluangi

Hruaitu : Pu Lalruatfela, Committee Member, CKTP

Thuchah tawi : Tv. Malsawmdawngliana, Committee Member, CKTP

Diamond Jubilee Documentary film tlangzarhna

Tlangzarhtu : Upa Johny Lalawmpuia, Assistant Secretary,

CKTP Items : 1. Skit – Saitual Chhim Veng Bial

2. Musical Drama – Zonuam Bial

3. Band – Chhinga Veng Bial

4. Quartet – Lunglei Bazar Bial

Inrinni zan, Pathianni chawhma leh zan inkhawmah thawhlawm lak khawm a ni ang.

Upa F. Zoherliana
Finance Secretary, Central KTP



HRUAITUTE
Chan Chin

Upa F. Zoherliana hi F. Lalnunsiam (L) leh Chawngthakimi te fa panga zingah upa ber dawttu a ni a, an unau hi *Mipa 3, Hmeichhia 2* an ni. Ni 6.3.1986 khan Tuikual South, Aizawlah a lo piang a, kum 2002 khan Luangmualah pemin Luangmual Vengthlang Kohhranah vawiin thlengin a lawi zui ta a ni. Ni 18.5.2017 khan Lalthianghlimi d/o Lalkailiana, Zonuum nen inneiin fanu pakhat an nei.

Kohhran leh KTP rawngbawlnaah kum 14 a nih atangin a tel chho va. Kum 2006 atangin Branch C/M-ah a tel tan a, kum 2007-ah Branch O.B. atan thlan a ni a, kum 2016 thleng Branch Office Bearer niin post hrang hrang a lo chelh kual tawh thin. Kum 2012-ah Zonuum Pastor Bial KTP C/M ni tanin, kum 2015-ah Bial O.B. atan thlan a ni a, Asst. Secretary, Secretary, Asst. Leader leh Leader te a lo chelh tawh thin. Kum 2021 Luangmual Vengthlang Kohhran Luangmual Biala an luh leh hunah Bial KTP Committee-ah awmin Ex-Officio member a ni mek. Kum 2020 KTP General Conference, Serchhip-a neihah khan Central KTP C/ M atan thlan niin, kum 2022 General Conference, Kolasib-a neihah Central KTP Finance Secretary atan thlan nawn leh a ni.

Tualchung kohhranah kum 2006 atangin Naupang Sunday School zirtirtu a ni a. Beginner, Junior, Intermediate, Sacrament leh Senior Department-ah te

Leader chanvo a chelh tawh thin a. Kum 2019-2021 chhung khan Bial Sunday School Secretary a lo ni tawh baw. Tunah hian Asst. Superintendent i/c NPSS ni mekin Kohhran Treasurer a ni a. Synod Sunday School Committee (MSSU)-ah a awm mek baw. Upa F. Zoherliana hi kum 2016 khan Tual Upaah thlan a ni a, kum 2018-ah Upaa thlan niin Aizawl West II Presbytery Inkhawmpui Vawi 5-na kum 2019-a Chawlhmun Kohhran Biak Ina neihah Upa R.L Thianga, Moderator-in Luangmual Vengthlang Kohhran Upa atan a nemnghet a. Presbytery Standing committee, Bial Standing, Bial Finance leh Bial Sunday School committee-ah a lo tel tawh thin a ni.

Zi ma lamah BA a zawh hnu atanga tun thlengin sumdawna lam a buaipui a. Amah hre chiang leh be pawp duh tan Ph. No. 9862846187-ah biak pawh theih reng a ni a. KHB No. 432-na leh KHB No. 422 te hi a duh berte zinga mi a ni a. Johana 3:16 a ngainain a duh thin hle.

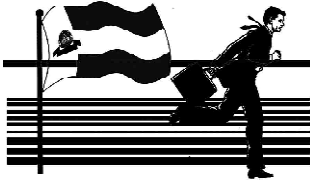


HRINGLANG TLÁNG

Chicago-a tlangval talent nei tha tak mai hian Pastor nih a tum a; a nun pum chu Krista tana hlanin Krista tana a theihna zawng zawng hman zawh vek a duh a. Nimahsela nemngheh hmáin mi thlan bik Pastor-te leh mi tlem te hmaah sermon enchhinna a neih a ngái ta tlat mai a. Boruak a ritin amah a zâm bawk si, mipui zingah chuan a nupui hual a va hmu lehngal a; enchhinnaa a tihchhiat lutuk avangin an nemngheh theih loh phah ta a. Chu chuan a rilru a tihnat tawh tehreng nen a nupui hual chuan an inhualna a rawn chhu chat lehngal a, a nun chu beidawnnain namen lovin a tibuai ta a. A vuina leh a thil tuar zawng zawng chu Pathian hnenah a thlen a, malsawmna kawng thar Pathianin a tan a buatsaihsak chu a hmu thiam ta hlauh mai a. Rom 8:28 thu hian a thinlung chu a tiharh a, Pathiana innghatin thlamuanna dik tak a nei ta a ni.

Enchhinna a paltlang leh hnuin Pastor atan nemngheh a ni a. Pathian thu hriat lama a thûkna leh a rinna avang chuan a thusawi ngáihthlak a nuamin mi tam tak tiharhtu leh Krista hnena hruai thlengtu a lo ni ta. Bible hrilhfiahna bu eng emaw zat a siam bakah Pathian Thu lam hawi lehkhabu thahnem tak a ziak a. A thih hnu thleng pawhin a sermon-te chuan mi thinlungah thu a la sawi ta zel a, Pathian khawngaihna vanga harsatna a paltlang chuan Thlarau lam nunah ‘mi lian’ nih a hlauh phah ta a ni.

*“Pathian hmangaihtu, amaha ruat anga a kohvate tan chuan an thatna turin engkimin a thawhsak hlawm thin tih kan hria.”
(Rom 8:28).*



KANTU PHULLEN VENGTHAR BRANCH

Kristian Thalai Pawl, Phullen Vengthar Branch hi November 13, 1983 - ah din a ni a, Pastor thuthmun niin Member 287 (Mipa 178 leh Hmeichhia 109) an awm mek. Kum 2023 Budget atan ₹ 570,000/- dah a ni a, Project atan heng - KTP Room chei, Computer set thar lei leh Bial pawn Branch tlawh (Biate 'N' Branch) te neiin, tihlawhtlin vek a ni. Kristian Thalai Copy-43 an la mek a. Tin, kum 2023 Branch Kum puan atan '**Solfa Zir Uar**' neiin, hemi pual hian hun remchangah Music Sub-Comt. ten hun an hmang thin a ni. Thla tawp Pathianni hnuhnung berah Evangelism Sub-Comt. te bul tumin Chaw nghei tawngtai neih thin a ni a. Tin, Member-ah ruihhlo avanga Kohhran thununna tawk an awm chuan tlawh chhuakin tawngtaina neih thin a ni. Sum hmuhna tlangpui - Inkhawm thawhlawm, Faith Promise, Group Budget, Slab chhun, Chakai chhit, Cement Mixer (Branch pualin Cement Mixer an nei), Kawng PCC chhunga inhlawh leh In thiah.

An member, Biak In hawnga nupui pasal nei an awmin Kohhran Zaipawlten hla rem in, lawmpuina thuziak leh Holy Bible te hlan thin an ni. Tin, Member boral an awmin hun remchang hmasa ber Pathianni Chawhma inkhawm banah tawngtai inkhawm neiin ralna hun hman thin a ni.

Thawhtan Zan Inkhawm hi Sermon Inkhawm, Group Inkhawm hran leh CKTP atanga lehkha lo kal inhriattir nana hman thin a ni. Thawhtan Zanah hian Group pual inelna - Inkhawm tam (Thawhtan zan,

Nilai zan, tawngtai inkhawm leh Pathianni Chawhnu), Hla zir tam, Thilpek pe tam, Bible chhiar (Kar khat chhunga Bung khat chin), dar rik atanga minute 10 chhunga thlengah te neih thin a ni. Missionary 8 an chawm mek a, Kohhran School-ah thla tin ₹ 4,000/- chhun luh thin a ni. Kum 2023 chhungin hengah te hian lawmman siam a ni - Faith Promise pe tha (1-3), Holy Bible chhiar chhuak, Hnatlang tha Member (1-3) Comt. member (1-3). Synod Mission Board hnuaiyah Missionary-a chhuak member pathum, Pastor pahnih an nei bawk.



- November Ni 29 khan Saitual Venglai Branch KṚP, Project 80 hmanpuuin T. Upa PC Vanlalnunmawia, Treasurer leh Pu F. Lalremruata, C/M te an kal.
- December Ni 5-10 chhunga Synod Inkhawmpui, Mission Veng Kohhran Biak Ina neihah T. Upa PC Vanlalnunmawia, Treasurer leh Tv. Malsawmdawngliana, C/M te an palai.
- Model Veng Branch KṚP te chuan YRC pualin a ṭul ṭula hman turin ₹ 10,000/- an pe a, CKṚP chuan lawm thu a sawi.
- KṚP Member-ten Synod Hospital Charity Fund atana zan khat inkhawm thawhlawm kan thawh tling khawm aṭangin December Ni 12 khan Synod Hospital Director hnenah ₹ 11,81,930/- CKṚP Leader-in a hlan a, Tin, Grace Home Cook hlawh tur ₹ 96,000/- a hlan nghal bawk.
- Synod Executive Committee chuan Synod Office-a thawktute awmna tur ṭhenkhat a siksawi a, KṚP Office-a kum 5 zet awm tawh Assistant Co-Ordinator Tv. Lalrinnggheta chu General Administration Department-ah a awm dawn a, Nl. Agnes Lalrinzuali chu KṚP Assistant Co-Ordinator-ah dah thar a ni bawk.
- Kum 2024 Synod Office hi January Ni 8 (Thawḥṭanni) ah hawn a ni dawn a, mamawhtute tan dawr theih a ni ang.
- 2024 KṚP General Conference Hlabu hi Synod Bookroom dawr hrang hrangah lei theihin a awm mek.
- Kum a lo thar leh ta a, Kristian Ṭhalai la thar turte kan in report mek zel a, a la in-report lote pawh a rang lama in-report theih ni se a lawmawm hle ang. Tin, Kristian Ṭhalai lak man kum hlui lama mi la pe lote leh kum thar lak man pawh a rang lama kan pek theih chuan a lawmawm ngawt ang.
- Kum 2023 chhung khan mi hrang hrangten YRC kan hman dan hetiang hian chhinchhiah a ni. Hetiangin - Branch KṚP - 108; Kohhran Hmeichhia - 7; Kohhran Pavalai Pawl - 6; Masihi Sangati - 4; Kohhran pawl dang - 36; Ṭhian ho - 11; Chhungkua - 2; Music Video Shooting nana hmang - 5. Mihring hmanngu zawng zawng hi mi 15,550 a ni.



KANTU - PHULLEN VENGTHAR BRANCH

CENTRAL KTP HRUAITUTE 2022-2024

Office Bearers

Leader	:	Rev. Dr. F. Pachhunga	9717371338
Asst. Leader	:	Pu LV Lalthantluanga	8974007486
Gen. Secretary	:	Upa Lalmuanpuia	9436142398
Asst. Secretary	:	Upa Johny Lalawmpuia	9612567039
Treasurer	:	T. Upa PC Vanlalnunmawia	7005885494
Fin. Secretary	:	Upa F. Zoherliana	9862846187

Committee Members

Tv. Malsawmdawngliana	9862344764	Pu Jonathan Lalhruaitluanga	8131984506
Tv. Vanromawia	9612215741	Pu Lalrempuia	9862857357
Upa Lalchharmawia	8014445696	Pu K. Lalfakzuala	9436733838
Pu H. Rosangzuala	7005283942	Tv. C. Lalbiakmawia	8794198948
Pu Lalnunsanga	8014415097	T. Upa Lalbiakthuama	9862114383
Upa Robert Lalrinawma	9862365583	Pu R. Lalmalsawma	9862420406
Tv. Rinsailova Sailo	9862327187	Pu Lalruatfela	9774611124
Pu F. Lalremruata	9436362544	Tv. PC Lalthanmawia	8014697370
T. Upa TC Lalremslama	9612777977	Pu C. Lalkhawngaiha	9774638471
Pu Rossi Lallawmawma	9862145940	Pu C. Hmingthanzauva	9436198787
Ni. F. Lallianzuali	9774764394		

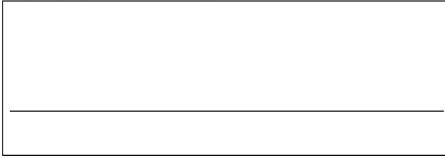
Ni. Agnes Lalrinzuali (Asst. Co-ordinator i/c KTP, Synod Office) - 8119964685

Ex-Officio Members

Rev. R. Vanlalngbaka	-	Synod Moderator
Rev. PB. Mankima	-	Synod Secretary (Sr.)
Rev. Dr. K. Lallawmzuala	-	Executive Secretary i/c KTP

2023-2024 KUMPUAN THUPUI : TAWNGTAI TAM

Engkim, ring chung a tawngtaia in dil apiang in hmu ang." a ti a. (Matthaia 21:22)



Postal Regn. no. MZR/116/2024-2026
RNI No. MIZMIZ/2009/29074



2024 KTP General Conference atan Synod Choir lo ni tawhten Zaipawlpui nei turin hla an zir chho mek



2024 KTP General Conference Hla Bu Leader-in a tlangzarh lai



India ram khawpui KTP Meet hlimthla



KTP General Conference Pandal tur a chung khuh zawh a ni ta



Ni 9.12.2023 khan Ramhlun Sport Complex Branch te YRC-ah an hnatlang

Printed and Published by Upa Lalmuanpuia, Synod Office, Mission Veng on behalf of Christian Youth Fellowship Edited by Malsawmdawngliana and printed at Synod Press, Mission Veng, Aizawl, Mizoram. Copies - 43,000