

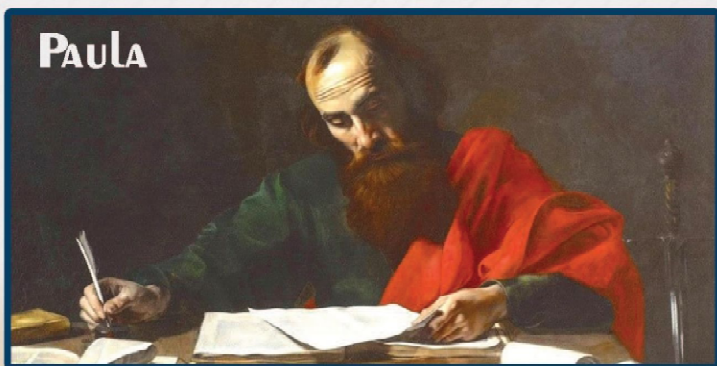
ESTD : October, 1994
THLA TIN CHHUAK CHANCHINBU
Kum khat lak man ₹50

MAY 2023

Postal Registration No. MZR/70/2021-2023
RNI Registration No. 66996/96

Kristian Naupang

Vol. 28 Issue No. 341



PRIMARY DEPARTMENT - HUALNGOHMUN

• NU LEH PA THUAWIH • PAFA LEH RÛL
• NU LEH PA CHAWIMAWI • THAWHRIMNA

Kum 28-na

May 2023

Vol. 28 Issue No. 341

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Kristian Naupang thu chhuahle hi Editor ngaih dan a ni vek kher lo.

A chhunga thu awmté

Phêk

1. Editorial	1
2. Paula	2
3. Pathian hian a mite hnênah thu a la sawi reng em?	6
4. Nu leh pa thu âwih	9
5. Rawngbâwltu ropui - C.T. Studd-a	12
6. Pafa leh rûl	15
7. Nu leh pa chawimawi	17
8. Lal fapa leh rannung	18
9. Thawh rimna	20
10. Rinawmna leh rah tha	21
11. An chanchin - Aizawl Venglai NPSS	23
12. Hmutheittua	26
13. Quiz	27
14. Hriat zauna	28
15. Chei rawh le	31
16. Ka hmuh ang hmu thei rawh	32



Fimkhur thiam

Mihring nunah hian harsatna leh chhiatna te, buaina leh natna te a thleng fo thîn a. Hêng zawng zawng hi kan pumpelh thei lo a nih pawhin tam tak erawh chu kan fimkhur avânga kan pumpelh theih tûr a awm tih kan hriat reng a pawimawh.

Hun harsa tak kan tawh châng leh buaina kan tawh châng hian kan nun kan ulukin kan fimkhur thîn hle a. Hun nuam tak kan neih lai chuan kan fimkhurna pawh a tla hniam thîn. A nuam apiang ûmtu chuan a hrehawm pawh a ûm pha thuai thîn an tih hi kan tawng fo thîn rêng a ni.

Mi zawng zawng kan fimkhur thiam a pawimawh hle mai. Keimahni fimkhur loh avângin kan tuar a, mi dang kan tawrhtîr thei bawh tih i hre thar ang u.

Zalên kan châk lutuk avâng leh fimkhurna kan neih loh avâng hian a chhe ber kan tâwk thei a. Kan nun hi kan fimkhur thiampui phawt chuan harsatna leh buaina tam tak hi kan pumpelh zêl ang.

Paula

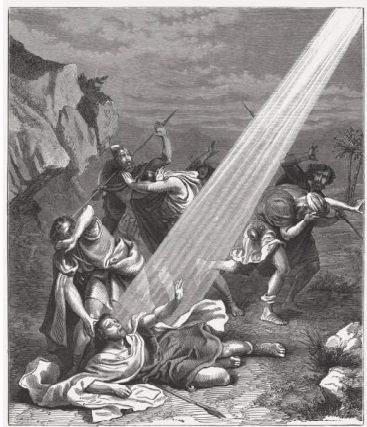
Hmânlai hian khaw pakhat Tarsa an tihah hian Juda chhûnkaw pakhat an awm a. An fapa chu lehkha thiam thei tak a ni a, a hming chu Saula a ni. Lehkha a thiam theih avângin Jerusalem khawpuiah lehkha an zirtîr a, Juda sakhaw dân te leh thil dang dang a zir thîn. An hotupa chu Juda-te zînga lehkha thiam leh dân hria, an ngaihsân êm êm a ni a, a hming chu Gamaliela a ni. Saula chuan Grik ɽawng a thiam hle a. Grik ɽawng chuan a hming chu Paula a ni a, chu chu Patea tihna a ni. Grik ɽawnga a hming hi a lâz zâwk a; chuvângin, Paula tiin kan sawi tawh ang. Lehkha a thiam avâng leh a fin avângin miin an ngaisâng êm êm a ni.



Isua thih hnu khan amah zuitute chu an rêm vek dâwn emaw an ti a; mahse, an pung tulh tulh mai a. Chu chu Juda hotute chuan an duh lo êm êm a. Paula pawh hi Kristian hawtu leh tihrêm vek duhtu a ni a. An zînga thusawi thiam leh huaisen deuh Stephana lunga an den hlum khân lunga den hlum duhtute

zîngah Paula hi a tel ve a, a dêngtute thawmhnaw a lo vên sak nghe nghe a ni. Paula chuan Stephana den hlum kha a la duh tâwk lo va, Kristiante chu man khâwm vek a duh a. Rorêltute hnên ațangin Kristian a hmuh apiang man theihna leh kha a la a, a man a, lung inah a khung t̃hîn a. Kristiante man khâwm t̃urin hmun hrang hrangah a zin chhuak t̃hîn a ni.

Paula chu Kristiante chuan an hlau êm êm a. Tlêm tê chu Jerusalema an biru a, a tam zâwk chu thingtlâng lamah an t̃lân chhia a. Paula chuan thingtlâng lama t̃lânchheho pawh chu a ûm zui zêl a. T̃um khat chu Damaska khuaa Kristian awmte man



t̃urin Jerusalem ațangin a chhuak leh ta a. A tam thei ang ber man khâwm a tum a ni. Damaska khua a thleng t̃êp tawh tihah chuan chung lam ațangin êng deuh mai hian a rawn chhun a, Paula chu leiah a tlu thlawp mai a. Êng chu a nasat êm avângin a mit a del nghâl a, eng mah a hmu thei ta lo va. Chutih nâk a lai chuan aw a lo ri a, “Saula, Saula, nangin engati nge mi tihduhdah ni?” a rawn ti ta mai a. Paula chuan, “Lalpa, tu nge i nih?” tiin a zâwt a. Aw chuan, “I tihduhdah Isua kha ka ni e. Tho la, khuaah kal

rawh, i tih tûr an lo hrilh ang che,” a rawn ti ta a. Tichuan, Paula chu a mit a del tâk avângin a bula mite chuan an kai a, khuaah chuan an va lût ta a. Paula khân Isua tak tak kha chu a tiduhdah lo; mahse, amah ringtute tiduhdah chu Isuan amah tiduhdahah a ngai a ni.

Damaska khua chu an va thleng ta a. Chutah chuan Kristian tha tak mai, Anania a awm a. Chu chuan Pathian hmingin Paula mit chu a lo tihdamsak ta a. Paula chuan a thiltih thîn chu a sim a, Isua zuitu a ni ve ta a. Kristiante inkhâwmnaah chuan an hruai ve a. Kristiante chuan an lo hlau êm êm mai a.

A sual tawh lo tih a sawi pawhin a tider a nih an ring a. Mahse, a pianthar dân, Damaska khaw daia êngin a chhun thlûk dân leh awin a biak dân te; Isua zuitu a nih tâk dân a han sawi chuan ngaihnawm an ti a, an lâwm êm êm a. Isua tiduhdahtu kha Isua sipai rinawm tak a lo ni tan ta a. Pathian thu a sawi thîn a. Lehkha thiam a nih bâkah thu sawi a thiam a, miten a thu sawi chu ngaihnawm an ti êm êm thîn.

Chutih lai chuan Kristiante hmunpui pawimawh tak chu Antiokei khua a ni a. Antiokei khuaa kohhrante chuan Pathian hriattîrnain Paula leh Barnaba-te chu khawvêl ram hrang hranga Chanchin Tha hril tûrin an ruat ta a. Isua chanchin la hre lote hnênah Isua chanchin hrilin vawi tam tak a zin

chhuak a, kohhran a din thar zêl baw k a. A châng chuan an man a, lung inah an tântîr a. A châng chuan an vaw hrep a, a thi tawh emaw an ti a, an kalsan hnuah a lo harh chhuak leh a. Mahse, Isua chanchin chu a sawi zêl a, man a hlau lo va, vuak a hlau hek lo va, thih pawh a hlau lo a ni.

Wawi khat chu Jerusalem-a a awm laiin an man leh a, Rom khawpuiah an hruai ta a. Rom khua an pannaah pawh amah hruaitu sipaite hnênah Pathian thu a sawi zêl a. Tu mahin an khap thei lo. Rom khawpuiah chuan kum hnih lai a tâng a. Lung ina a tân lai hian mi tam takin an rawn tlawh thîn a, a tlawhtute chu Pathian thu a lo hrilh thîn a ni.

Chu bâkah, kohhran hrang hrangte hnênah thu sawiin kal thei tawh lo mah se lehkhah a thawn thîn a, chûng a lehkhathawn chu kan Bible-ah hian 13 lai a awm a ni. Paula chuan Isua a phatsan duh hauh lo va, a tâwpah chuan an tihlum ta a ni.

Zawhna

1. Paula te khaw hming eng nge?
2. Paula zirtîrtupa hming kha eng nge?
3. Paula hming awmzia kha eng nge?
4. Khawi khaw daiah nge êngin a chhun thlûk?
5. Bible-a Paula zia k hote kha eng zât nge hriat in neih?

Pathian hian a mite hnênah thu a la sawi reng em?

Mi pakhat hi zân lama Bible Study neihnaah hian a kal t̄hîn a. Tah chuan Pastor chuan Pathian aw hriat dân leh a thu zawm dân a sawi a. Chu pa chuan a hre thiam tehchiam lo va, “Pathian hian a mite hnênah hian thu a la sawi em le?” tih a ngaihtuah neuh neuh a.

Inkhâwm zawhah chuan a t̄hian t̄henkhatte nên coffee innaah an inkâwm a, Pathianin an nun a hruai dân te chu an sawi hlawm a. Chu pa chu haw t̄ura a motor chhûnga a t̄hut luh chuan dar 10 a ri dâwn tawh a. A car-a t̄thu chung chuan a t̄awngt̄ai a, “Pathian, mite hnêna thu i sawi t̄hîn chuan ka hnênah pawh sawi ve rawh. Ka lo ngaithla ang. Zâwm t̄urin theihtâwp ka chhuah ang e,” a ti a.

Kawtt̄hlêra motor a khalh chhuah chuan ngaihtuahna mak tak mai a nei ta tlat mai a, bâwnghnute t̄in lei a rilruah a lo lang tlat mai a. A lu a dawm a, “Pathian nangmah i ni em?” a ti a. Chhânna a dawng lo va, a in lam pan chuan a inkhalh zêl a. Mahse, bâwnghnute t̄in lei chu a rilruah a lang tlat mai a. Chu pa chuan Bible-a Samuelan a Pathian aw a hriat dân te kha a ngaihtuah a. “Aw le,

Pathian nangmah i nih chuan bawngnhnute t̃n chu ka lei ang e,” a ti a. Thu zawm harsa lo tak a ni ang, b̃awngnhnute chu amah ngei pawhin a hmang t̃n tho bawk a.

A car chu a tiding a, b̃awngnhnute t̃n chu a lei a; tichuan, in lam pan chuan a inkhalh z̃el a. Kawtthl̃er sarihna a kal pelh chuan kawngah chuan t̃l̃n tlang z̃el lova kual t̃ura turtu awm tlatin a hria a. Mahse, ngaihtuahna m̃awlmang tak nia a hriat aṽangin a pawisa duh lo va, a t̃l̃n tlang z̃el a.

Mahse, a ngaihtuahna chuan kawtthl̃er pasarihnaa kal t̃urin a tur t̃lut t̃lut mai a, t̃l̃n zel chu a ni thei ngang lovin a hria a, “Aw le, Pathian, nangmah i nih chuan ka va kal ang a, b̃awngnhnute chu ka va pe ang e. Mi m̃awl tak anga lant̃ir min duh chuan i thu chu ka z̃awm ang e. Hun rei lo te ka va ngh̃ak ang a, min lo chh̃awn loh chuan he hmun ãtang hian ka kal bo ngh̃al ang,” a ti a.

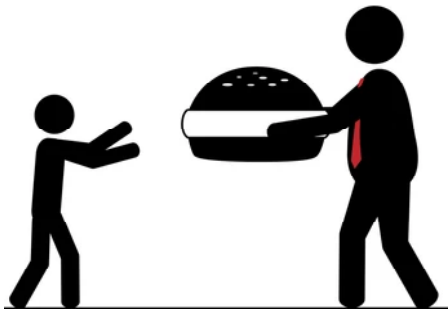
Chu in pan chuan kawtthl̃er chu a k̃an a, kawngka hmeh r̃ik chu a va hmet a. In chh̃ungah chuan th̃awm a hria a, mipa aw hian, “Tu nge i nih, eng nge i duh a?” tiin a lo chh̃awn a. Kawngka chu a rawn inhawng ngh̃al a.

Chu pa chu Jeans kekawr leh T-Shirt ha chungin a lo ding a, khum ãtanga rawn tho hlim hlawl hm̃el hi a pu a, mak tih hm̃el takin amah tlawhtu hm̃el chu a en reng a, “Hei hi eng nge ni?” tiin

a thil khai chu a zâwt a. Chu pa chuan a bâwnghnute tîn chu a pe a, “Hei i tân ka rawn lei a” tiin a chhâng a.

Chupa chuan bâwnghnute chu a la a, in chhângah a luhpui a, a hnua hmeichhia hi a bâwnghnute pêk keng chuan a lo lang a, a hnungah naute pawm chung hian in neitupa chuan a rawn zui bawk a. Naute chu a ɬap nasa hle mai a.

In neitu pa chu a biangah mittui a luang zawih zawih a, ɬap ɬeuh chung chuan, “Kan lo ɬawngɬai mêk a. Tûn thla chu leiba kan ngah lutuk a, pawisa



pawh kan nei lo va, kan naute tâna bâwnghnute leina tûr takngial pawh kan nei tawh lo va. Pathian hnênah bâwnghnute ka neih theih dân tûr dîlin ka ɬawngɬai a,” tiin lungchhe tak chungin a sawi a. A nupui chuan a lo zâwm ve a, “Pathian hnênah tu emaw vântirhkoh rawn tîr tûrin ka ti a. Nang hi vântirhkoh chu i ni em ni?” a ti a.

Chu pa chuan ngawi rengin a ipte a zen a, a pawisa zawng zawng chu in neitupa kutah chuan a hlân a. Chu in chu chhuahsanin a car awmna lam chu a pan a. A biangah chuan mittui a lo luang zawih zawih mai a. Pathian chuan ɬawngɬaina a chhâng ngei a ni tih chu a hre ta a.

Nu leh Pa thu âwih

Zolawma Khiangte, Kolasib

Thu sâwm pêk kan tih maia a hmasa palite hian Pathian lama rilru put dân tûr a kawh hmuh a, a hnuhnung parukte hian mahni mihringpuite lama rilru put dân tûr a khawh hmuh thung a ni.

Thupêk dang chu khapna ‘suh’ tih a nih laiin thupêk 5-na hi chu tih tûr ‘rawh’ tih a ni thung a. Nu leh pa thu âwih/chawimawi chuan dam reina a keng tel a ni. Nu leh pa tih hian Hebrai rilruah chuan pi leh pute pawh a huam vek a. Thlahtu ngaihsân a zirtîr a ni.

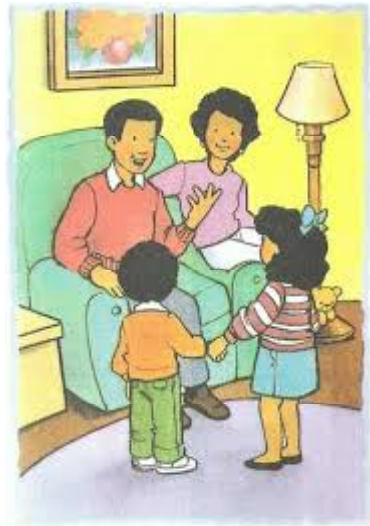
Nu leh pa ngaihsân leh chawimawi hi khawvêl hnam tam takin an uar hle. Thenkhatte phei chuan thlahtu thi tawhte kha pathian angin an be hial a ni. Chutiang chu he thupêk hian a phût lo va; mahse, Pathian hriatna leh thlahtute ngaihsânna hi a inzawm hle a ni. Abraham a Pathian, Jakoba Pathian tih te pawh hi thlahtu ngaihsânna a ni.

‘Chawimawi’ tih ãawngkam hi awmze thûk tak a ni. Hebrai ãawnga chawimawi ‘khaved’ tih lo chhuahna chu ‘rit’ tihna a ni. Chumi awmzia chu, la nêp lo, rilru luah, nuna thunei tihna a ni. Nu leh pate chawimawi awmzia ber pawh an pawimawhna leh hlutna ngaih nêp loh, rilruah leh nunah hmun luah tlat tihna a ni. Thil kan chawimawi chuan rilru

a luah ðhîn. Nun leh thiltihah a lang chhuak bawk ðhîn a ni. Nu leh pa chawimawiin rah a neih nghâl mai chu ‘dam reina’ a ni.

Hei hi Juda rilruah phei chuan a hlu lehzual. Tûnlai angin chatuana nunna beiseina a la Chiang lo va, miten chhandamna anga an pawm leh an châk chu dam reina a ni. Dam rei tûr chuan hrisêl a ngai a. Nu leh pa chawimawina nun chuan rilru a tihlim a, hlimna chuan mi a tihrisêl a ni. Nu leh pa zah loh leh sawi chhiat chu thihna thlenga hrem theih a ni. Nu leh pa zah lo zâwna zirtîr pawh Isuan a lâwm lo.

1. Nu leh pate hi leia kan Pathian hmuh theihthe an ni: Pathian hian direct-in min enkawl hran lo va, min hringtu kan nu leh pateah fanau malsâwmna ni tûrin Pathian pêk kan ni a, Pathianin min enkawltu atân nu leh pate hi min pe a ni. Chuvângin, nu leh pa te hi kan Pathian hmuh theihthe an ni.



2. Nu leh pa thu âwih hi malsâwmna a ni: Mahni fate tâna ðha tûr hi nu leh pa duhthusâm ber a ni ðhîn. Kan ðhatna tûr a nih dâwn phawt chuan thununna

pawh fate chungah an lek thîn. Thu âwihthe chungah chuan thununna lek a ngai lo va, lâwmna an nei zâwk thîn a, chu chuan duhsakna a siam a, sual leh thil tha lo laka fihlîm hi nu leh paten fate chungah an duhthusâm a ni thîn a; nu leh pa thu âwihthe chungah chuan malsâwmna tam tak a thleng thîn a ni.

3. Nu leh pate thu âwih hi Pathian thu âwihna a ni: Pathian chuan kan thatna tûrin a thu zawm tûr min pe a, chu chu nu leh paten an kengkawh tûr a ni. Min enkawl tûrin Pathianin nu leh pate hi min pêk an nih avângin, nu leh pa thu âwih chu Pathian thu âwihna a ni.



Khawvêla lo piang chhuak tawh phawt chuan nu leh pa an nei vek a, kan nu leh pate an dam chhûng chuan puitling pawh ni ila, kan zah a, kan chawimawi a, an thu kan âwih hi mi tin tih tûr a ni. Nu leh pa enkawltu nei lo pawhin anmahni enkawltu apiang kha an nu leh pate an ni tih hre reng bawh ang u. Miin nu leh pa thu âwih si lovin Pathian thu a âwih thei lo vang.

Bible-in nu leh pa thu âwih tûra min zirtûr hi zâwm ta ila chuan, kan dam reiin kan hrisêl zâwk bawh dâwn a ni.

Rawngbâwltu ropui - C.T. Studd-a

England ramah khuan hmânlaîn mi hausa deuh hi a awm a, a hming chu Edward Studd-a a ni. Hmun hrang hrangah in ropui tak tak a nei a. A fate chu an rama lehkha zirna hmun tha thaah a kaltîr a. A fate zînga pakhat C.T. Studd-a chu cricket khelh thiam deuh a ni a. Eton College-ah lehkha a zirlai chuan cricket team captain a ni thîn a. Miin an ngaisâng êm êm a, hre lo pawh an awm lo. Cambridge-ah lehkha a zir leh a; chutah pawh chuan captain a ni leh a. Zirlaite mai ni lovin sâp ram pumah a hmingthang êm êm a ni.

C.T. Studd-a chuan Pathian thu pawh a ngaihsak lo va, a rilruah cricket ringawt a awm a. Cricket khelh ringawt a ngaihtuah lai chuan pitar pakhat hian Pathian a hmuh theih nân a lo tawngtâisak ngat ngat a. Tum khat chu thuhrlitu hmingthang deuh D.L. Moody-a thusawi a ngaithla ve a, a piangthar ta hlauh mai a. A pianthar hnu chuan a thiante chu Pathian thu a hrilh a, Moody-a thusawinaah te a hruai a, an piangthar ve ta hlawm a. A thian dang paruk nêh China rama missionary tûrin an inpe ta a. Cricket thiam hmingthangho missionary tûra an inpe chuan mi rilru a khawih hle a, zirlaite zîngah

harhtharna a thlen phah ta a. Zirna hmun hrang hrang an fang kual a, an kalna apiangah Pathian hnathawh ropui takin a thleng thîn a. Hmun hrang hrang ațangin sâwmna an hmu reng mai a ni.

C.T. Studd-a te thianho chu China ramah missionary tûrin an kal ta a. China țawng an zir a, Pathian thu sawiin hmun hrang hrangah an awm darh ta a. Kum 25 a tlin chuan a pain sum tam tham tak C.T. Studd-a tâna a dah chu a ta a lo ni ta a. A pain a puala sum a dah chu India ram pawisa chuan ₹23,00,000 vêl a ni a. A hausa ta hle mai. Mahse, C.T. Studd-a chuan, “British lal nih ai chuan mi pakhat chhandamna thlentu nih pawh ka duh zâwk,” a ti thîn. Ropuina te, hausak te chu engah mah a ngai lo.

A sum chu mi retheite leh Pathian rawngbâwl na atân a sem zo vek a; amah chu eng mah nei lovin China rama in chhe deuhvah a awm a ni. A mak in ti em? Missionary-a thawk ve bawk nula fel tak Priscilla-i chu nupuiah a nei a. An rethei na a, an hlim êm êm a. China ramah chuan kum 10 an awm a, mi tam tak ringtuah an siam a. A hrisêlna a țhat loh avângin an ramah a haw ta a.

Sâp rama a haw hnu chuan zawi zawiin a hrisêlna a lo țha leh deuh va. India ramah kum ruk chhûng Pastor hna thawkin a kal leh a.

Chumi hnu chuan sâp ramah bawk a haw leh a. Liverpool khuaa a awm laiin hmun pakhatah hian “Hringeiin Missionary an mamawh” tih hi a lo iniziak a, chu thu chuan a rilru a khawih ta riau va. A han zâwt Chiang a, Africa rama mihring sa ei thînhô zînga missionary-a kal tûr an duh a lo ni a. Kum 50 laia upa a ni tawh na a, Africa rama hringeiho hnêna Isua thu puang tûra kal chu a tum ta a. Doctor-te chuan, “I hrisêl lo êm mai, kal tlâk i ni lo,” an ti a. Mahse, a kal lui ta tho va.

Hmâna in ropui taka chêng thîn kha Africa ramah chuan lei in, mau leh di hmanga sak in tê reuh têah a awm a. Pathian la hre lote awmna hmun apiangah a kal a, Pathian thu a hrilh thîn a. A fel êm avângin mite chuan an ngaina a, an zui dûl dûl thîn.

Mi tam tak ringtuah a siam a, a hah hle na a, a hlim reng thei a ni. Pathian thu chhiar leh ʔawngʔai a taima êm êm a, Pathian fakna hla pawh 200 vêl a phuah a ni.

Kum 70 vêl a nih thlengin hmun hrehawm takah Pathian rawng a bâwl a. A chhûngten haw tûra an chah pawhin an rama thih ai chuan a rawngbâwl na rama thih chu a duh zâwk a; chuvângin, a haw duh tlat lo va. Ama duh ang ngeiin a rawngbâwl na hmunah chuan kum 1931 July ni 16-ah a thi ta a ni.

Pafa leh rûl

Hun rei tak liam taah khân Africa ramah khuan missionary nupa hi an awm a. Ramngaw leh ramsa tamna a ni a. Rûl leh rannung dangte pawh hmuh tûr tam tak an awm fo thîn. Missionary nupate chuan fapa pakhat an nei a. Mipa naupang fel tawh tak a ni a.

Ni khat chu mipa naupang leh a pa chu an kawt zâwlah chuan an infiam a. An kawtah chuan thing lianpui, buk tak leh zâr sei tak nei hi a awm a. An infiam hah thlan tihdaih nân a pa chuan in chhûng lamah chuan ei tûr ngaihtuahin a fapa chu a luhsan a. A fapa pawh chu chutih chhûng chuan thingbuk daihlmah chuan a lo châwl a.

Ei tûr chawi t̃euh chungin a pa chu a lo chhuak a. A fapa lam a hawi phei chuan a phu Chiang Kher mai. Eng dang mah tih hman a ni tawh lo. Ring takin a fapa chu a au va, “Eng mah sawi lovin leiah khân bawkh ngâl rawh,” tiin a au t̃hawt mai a. A fapa chuan a pa thu chu âwihin, leiah chuan a bawkh thlawp mai a; chutah a pa chuan, “Leia bawkvâk chung khân minrawn pan rawh, tho miah suh,” a ti leh a. A fapa chuan a pa thu ang chiah chuan bawkvâk chungin a pa lam chu a pan ta a. A pa hnên a lo thlen chuan a pa chuan a lo pawm chawt a.

A pa hnênah chuan, “Ka pa, engati nge leiah min bawhvahtîr?” tiin a zâwt a. A pa chuan, “Mâma, en teh, i awmna chung saw!” a ti a. A han hawi pheih chuan, a din rengna chung zâwn taka thing zârah chuan rûl lian lutuk mai hi a lo uai thla duai mai a. Chuk mai tumin a lû a tun hrû hrû mai hi a lo ni a. A pa chuan, “Mama, ka thu âwih lovin han awm la chuan i thi ngei dâwn tih i hria em?” tiin a zâwt a.

A fapa chuan, “Ka pa, thu âwih tûra min zirtîr kha a thatzia ka hre Chiang ta. I thu âwih lo ila chuan ka thi ngei dâwn si a. Tûn hnuah pawh i thu ka âwih zêl ang,” a ti a.

Naupangte u, engkimah in nu leh in pate thu zâwm rawh u, chu chu Lalpaah chuan a lâwmawm si a.

Kolossa 3:20

Source: <https://www.groups/vvkktp/gilgal> weeklynews

Pathian mitah a dik em? Tih hi ka ngaih dân hruai fotu a ni - Rev. Thansiamah.
A kiana awm duhtu tân chuan Pathian hi mi khirh a ni ngai lo – A.W. Tozer
Keimaha kim lo awm chu Bible atangin ka hmu chhuak ta - Cliff Richard.

Nu leh Pa chawimawi

Ngûrsângkimi

Junior Department, Kanan Vêng, Aizâwl

‘Nu leh pa chawimawi’ tih hian an kea fawh tûr tihna leh ʈawngkama fak vak vak tûr tihna pawh a ni chuang lo. An thu te âwiha hmangaih hi nu leh pa chawimawi dân awlsam leh dik ber a ni. Naupang fel tak kan nih leh kan lehkha zirnaa theihtâwp kan chhuaha hlawhtlinna ʈha tak kan neih hian nu leh pa an lâwmin kan chawimawi ʈhîn a ni.

Mi kan hmangaih chuan kan ngaihsak ʈhîn a, kan nu leh pa te kan hmangaih a nih chuan kan ngaihsak hi kan hmangaihna kan lan chhuahtîr ve dân tûr a ni. Nu leh pa te aia ʈhianta thu ngai pawimawh leh ʈhianta bula awm nuam ti zâwk kan nih chuan kan nu leh pa te kan chawimawi lo hle tihna a ni ang.

Mihring chu kan inang vek lo va, kan nu leh pa te nêna kan duh dân te pawh a danglam hun a awm ʈhîn a, kan duh dân leh kan ngaih dân pawh a inang vek thei lo vang. Hetiang hunah hian kan hnial pâwng pâwng loha an thu te kan zawm hian kan chawimawi a, Pathian duh zâwng pawh a ni a, kan tân a ʈha tih hriain nu leh pa chawimawi tawh ang u.

Lal fapa leh rannung

Hmânlai hian Lal fapa fel tak mai hi a awm a, a felin a ngilnei êm êm mai a ni. Vawi khat chu chaw ei dawhkâna a chaw kîl lai chuan rannung te reuh te hi a rawn thlâwk lût a, a chaw chu a rawn bâwm a ni. A chhiahhlawhten vuak hlum an tum lai tak chuan lal fapa chuan, “Ngawi teh u! tihlum suh. A thla te hi a mawiin a nalh reuh si a, ani na na na hi chu zuah teh ang u,” a ti a. Chuta țang chuan ei tûr a neih tui tak tak te chu a lo pe ve țîn a ni. Ei tûr tui tak tak a awm tâkah chuan chu rannung chuan lal fapa chaw ei hun apiang chuan chaw chu a rawn eipui ve ta ziah mai a, rannung chu a lo lian ta telh telh a.



Thla thum a lo nih meuh chuan rannung chu a lo lian ta hle mai a, khâwnbâwlte chuan an hlau ang reng hle mai a; mahse, lal fapa berin a ngaih mawh miao loh avâng chuan eng tin mah an ti ngam chuang lo va. A lo rei zêl a, thla thum dang a lo nih leh meuh chuan chu rannung chu mulukawlh ang tiat lawih a lo ni ta mai a. Chu rannung lah chu a

thâwm a lian sâwtin a huang tau telh telh bawk nêh,
a châng pheih chuan thil te pawh a tichhe rum rum
thîn a ni.

Chutiang a lo nih fo
tâkah chuan lal fapa pawh
chuan a hlau ve ta hle mai a, a
tukverh te pawh chu thîr hrawl
takin a hung vek bawk a ni. Ni
khat chu lal khâwnbâwlte
chuan thil ri rum rum chu an
hre ta a. An thâwm hriatna lam
pan chuan an tlan thuai a, lal
fapa pindan an luh chuan lal
fapa chu a lo thi reng mai a, an
han en Chiang a. A taksaah chuan thil sehna hnuhma
a lo awm kuau mai a, kha rannung hlahawm tak
khân a lo seh hlum reng mai a lo ni.



Chutiang bawkin sual nêp tê emaw kan tihte
pawh hian kan nunah zung a kaih tîr hian te lua a
awm lo va, kan hmet mit vat a tûl a ni. Chuti a nih
loh chuan chu sual chu kan nunah inchâwm thauin
chhiatna min thlen lêt ngei dân tih i hre theuh
ang u.

“Mi â te chuan, thiamlohchanna hi an ngai ve
lo va, Mi dik zingah erawh chuan duhsakna tha a
awm.” Thufingte 14:9

Source: <https://www.facebook.com/groups/kananktp/permalink/714112015291634/>

Thawh rimna

Martin Malsawmthanga

Mihring nuna pawimawh ber te zînga mi chu thawh rimna hi a ni ti ta îla a sual duai lovang. Thawh rimna nun neitute hi an zahawmin an entawn tlâk hle bawk a ni. Tleirâwl tam zâwkin kan tlâkchham, kan mamawh êm êm si chu thawh rimna hi a ni. Thiam thil ngah zul, thawh rimna nun nei si lo hi kan ni palh ang tih a hlauhawm hle. Hetiangho hi chu a tâwpah hian thiam thil êm êm nei si lo beidawng lova thawk rimte hian an khûm châwk thîn a ni.

Ringtu nun leh thawh rimna hi thil inkawp tlat, lâk hran theih loh a ni. Mi thawk rim lo hi rinna kawngah pawh mite entawn tlâk an ni ngai meuh lo. Khawvêl thilah pawh ni se thiam thei êm êm thawk rim si lo te ai chuan thiam thei ni si lo, beidawng lova thawk rimte hi a tâwpa hlawhtlinna chang thînte chu ni.

Mi thiam thei thawk rim si lote ai chuan thiam thei lo thawk rim si te hi a tâwpa ngaihsân hlauh thîn chu an ni. Thawk rim lo hi chu eng ang pawn talent nei th̄a se ngaihsân an ni ngai lo. Mite aiin kan thiam thei lo emaw, kan hnufual zâwk emaw pawh a ni thei; kan thawh rim phawt chuan a tâwpah kan la pâr vul ngei ngei ang.

Rinawmna leh rah tha

Johana 15:5

Vawi khat chu putar leh a tupa kum riat mi vêl hi khawlaiah hian an lêng a, thei an chînna hmuna hmun pakhat an kal dun lai chuan a tupa naupang chuan kawngsir vêl chu a han hawi kual a, apple kûnga apple par lo vul chûk mai chu a hmu a.



Tichuan, a pu hnênah, “Ka pu, apple-te an rah tawh dâwn ti raw?” a han ti a.

Putar chuan a tupa naupang duhawm êm êm mai chu a han thlir vâwng vâwng a, “Nia, apple kûng hian rinawmna a nei a nih chuan a rah êm êm ang,” tiin a chhâng ta a.

Naupang chuan a pu chhânna chu a ngaihna a hre lo hle a, apple chu a kûng a lian a, a pâw pawh a tam êm avâng chuan a rah pawh a tam viau a ring si a, a pu hnênah chuan, “Ka pu, eng thu nge i sawi, apple rah tûr hian apple kûng rinawm a tûl kher em ni? Eng nge a awmzia?” tiin a zâwt lêt a.

Chutah a pu chuan,
 “Mama, lo ngaithla rawh.
 Apple kûng hian apple rah
 tûrin a pâ a vultîr tawh a,
 ðhenkhat chu a pâ laiin an
 tîl thla a, ðhenkhat chuan an
 vuaisan a, ðhenkhat erawh
 a pâ angin a lo kuhmûm a,
 apple thlum ðha takah a lo rah chhuak ðhîn a ni.
 Mahse, a pâ tirha pâ vul zawng zawng kha an rah
 kher lo va, apple an nihnaa rinawmte chu apple
 angin an lo rah chhuak ta ðhîn a ni ber ang chu.
 Chutiang bawkin, naupang tam tak hian, ‘Ka fel
 tawh ang, nu leh pa te, aia upa zâwk thu ka âwih
 ang,’ an ti ðhîn a. Mahse, naupang fel tak tak lo lan
 chhuahna chu mahni thutiama rinawmte an ni
 ðhîn,” tiin a chhâng a.



Naupang chuan, “Ka pu,
 kei chu naupang fel tak ni
 ngei tûrin ka ti ang,” a ti a.
 Chutah a pu chu nui var var
 chungin, “Nia, i nun apple
 kûng chu rah ngei tûrin i ti
 dâwn nia,” a ti a, tlai ni
 tlâkna lam panin hlim takin
 an kal dûn ta zêl a ni.

Source : April 5, 2015 KTP Inleng



Aizâwl Vênglai Kohhran Naupang Chawhnu Inkhâwm (NCI) leh Youth For Christ (YFC)

Aizâwl Vênglai Kohhran hian Pathian thua naupang enkawl leh kaihhruai (Child Evangelism) a ngai pawimawh hle a, NPSS bâkah Beginner Department la kai pha lote tân Pre-Beginner Department a siam a. Hetah hian naupang kum li hnuai lam a duh apiangin hming ziak lûtin Pathianni tin chawhma Sunday School hunah a hranga inkhâwmîn hun hlimawm tak an hmang ve thîn a ni.

Naupang Chawhnu Inkhâwm (NCI)

A huam chin: Beginner - Junior Department te hi Naupang Chawhnu Inkhâwm (NCI) tia a hming vuahin a hranga chawhnu inkhâwm neihpui thîn an ni a. Kohhran Sunday School Committee chuan OB tûr ruatin OB te hian a huam chin Department zirtîrtute aţangin NCI zirtîrtu (Committee member) tûr ruatin naupangte an enkawl thîn a ni. Kum 2023 chhûng hian Naupang Chawhnu Inkhâwm (NCI) te hi



Group pahnih - Matthaia Group leh Marka Group-ah te thenin kum tluna inkhâwm dân inchhiarna leh Sports

ațangte in Group Intihsîakna neih tûra ruahman a ni.

Hun hman dân tâlŋpui: Thusawi inkhâwm bâkah Project hrang hrang ruahmanin hun hlimawm tak tak an hmang thîn a. Kumin chhûng hian heng - Food Festival, Arst & Crafts, Group Intihsîak (Indoor & Outdoor), Slideshow leh Music Video siamte hi Project atân neih a ni a, hêng zîngah hian Food Festival chu hlimawm takin April thla khân an lo hmang tawh a ni.

NCI te hian kum kal tawhah Music Video ța tak tak an lo siam tawh a, youtube lamah hmuh theihin video ținkhat chu dahchhuah a ni nghe nghe. Kuminah pawh hian NCI music video ța tak siam leh ngei tuma hma lâk a ni a, naupangte leh zirtîrtute pawh an phûr tawh hle a ni.

Naupangte Pathian thu hriatna kawnga an țin lenna atâna zirtîrna ța tak a nih mai bâkah ni tin nunphung leh Kristian naupang nun dân ța hriatna kawnga an țin lenna hmun a nih ngei theih nân NCI hi a ẵangkai hle a, zirtîrtute pawhin ẵahnemngai takin theihtâwp an chhuah thîn a ni.

Youth For Christ (YFC)

Kum 2003 ațang khân tleirâwl puala inkhâwmna ‘Youth for Christ’ tia hming puttîr hi neih thîn a ni a. Intermediate ațanga Senior Department zirlaite bâkah tleirâwl a duh apiang Puitling Sunday School-a kal tawhte pawh an inkhâwm thîn a ni.

Kohhran Sunday School Committee-in Office Bearers tûr a ruat a. OB te hian a huam chin department ațangin Committee Member (Zirtîrtu) mi 10 an ruat leh

a. Anni hian tleirâwl zirlai aţangin Committee Member t r a  wm t wk an tih an ruat leh baw     n. Kum 2023 ch   ng hian Group pahnih – John Calvin-a Group leh Augustine-a Group-ah te in  en a ni.

Hun hman d n t     : Thusawi in     ma neih    n anih b   h project hrang hrang leh    t v  na t r hrang hrang ruahman    n a ni a. Kum 2023 ch   ng hian calendar mumal tak siamin sports te, outing/v   ng dang tleir  wl p   l in     m n  a intlawhtawn te, YFC Night neih te, Group Day neih te leh Praise & Worship programme neih t   n ruahmanna siam a ni.



H   g b   h hian in     maah quiz neih te, group discussion neih te, intihhlimna dang neihte leh naupang zirl  i a   ga veiz   ng sawi hun te nei t   n ruahman a ni baw . Tin, kohhran in     maah a tam thei ang ber hla rem t   n an inbuatsaih a ni baw .

Tleir  wl te puala in     mah hian zirt  rtuten theiht     n thu    a tinr     n an fuih     n a. An ni tin nun kawng at  na zawm t  r    i te, career guidance lam hawi te leh an nun kaihruai thei fuihna thu    a tak tak fah     n an ni. Hei hian nasa taka tleir     te nun a kaih      b   h an rilru a siam     n a, kohhran in     m ngaih pawimawhna pawh an neih nasat phah hle a, a     n a lawmawm kan ti hle a ni.



Khawvêl hmasâwnna leh changkânnain a ken tel zînga pakhat mobile phone hian tûnlai tleirâwl leh naupang thenkhat zîngah harsatna leh buaina hrang hrang bâkah zirna kawnga hnufualna a thlen nasa hle tih ka hmu fo mai a. Hemi kawngah hian Kristian tleirâwl leh naupang kan nih chuan kan invêng tha tûr a ni.

Tleirâwl leh naupang kan nih laia kan hma lam huna hmasâwnna tûr min dâltu lian ber pakhat chu mobile phone hi a ni âwm e. Mobile phone hi khawih nuam tûra siam, naupang aţanga patling thlenga ‘addict’ theih a ni a, tleirâwl leh naupangin kan khawih nasat hian kan rilru leh ngaihtuahna nasa taka khawihin zirna lamah pawh kan hnufûm phah thei a, hmuh loh tûr leh tih loh tûr kan hmuh nasat phah thei baw.

Mobile phone khawvêlah kan chên tawh miau avângin khawih loh tawp leh en loh tawp chu kan thei lo mai thei. Amaherawhchu, tleirâwl leh naupang tân khawih hun bi insiam a, a tha zâwnga hman a, thu tha en nâna hman hi kan tum tlat chuan kan kalna âwm kawng zirtîrna hmanrua a ni thei tih i hria ang u.

Changkânnna eng pawh hian a tha zâwngh leh a tha lo zâwnghin nghawng a nei tih hre reng îla, mahni theuh invên i tum ang u.

Quiz

Bible hmanga chhân tûr zawhna kan rawn dah leh ta. Eng zât nge kan chhân theih i han enchhin teh ang u aw:

1. Engtia rei nge Nova khân lawng a tuk?
2. Abrahaman a fapa Isaaka a hlan tumna tlâng kha eng nge?
3. Bethel tih hi eng tihna nge?
4. Peniel tih hi eng tihna nge?
5. Mosia nu leh pa hming sawi rawh.
6. Elija kha khawi ram leh khawi khuaa mi nge?
7. Elijan Baal-a zâwlnei a hnehte kha eng zât nge?
8. Elisa hming awmzia eng nge?
9. Hosea hming awmzia eng nge ni?
10. Mika awmna khua kha eng nge?

1. Kum 100; 2. Moria tlâng; 3. Pathian In
 4. Pathian hmêl; 5. Amrama leh Jokebedi;
 6. Gilead rama Tisbe; 7. Zali leh Sawmnga;
 8. Pathian chu chhandamna; 9. Chhandamna;
 10. Moreseth



Hriatzauna Huang

SECONDHAND SMOKE LEH A HLAUHAWMNA

Meizial fawh kai aṭanga vaihlo khu lo chhuak, mi dangin an lo hip luh ve hi Secondhand Smoke a ni a. Passive Smoke emaw Environmental Tobacco Smoke (ETS) tih a ni bawk. Chi hniha ṭhen a ni a.

1. *Sidestream Smoke*: Meizial (eng chi pawh) vaibêl, tuibûr etc ṭan kâina lam hmawr aṭanga vaihlo khu lo chhuak hi Sidestream Smoke a ni a. Hetiang vaihlo khu hi a hlang (Concentrate) a nih avângin a hlauhawm êm êm a ni.

2. *Mainstream Smoke*: Mei zu tuin a hip luh bâng mei khu a rawn thawk chhuah leh hi Mainstream Smoke a ni. Hei erawh hi chu tlemin a dal deuh.

Tin, Secondhand Smoke hip luh hi a tam leh tlemah a hlauhawm dân a danglam chuang lo va, meizial khu hmun thuma ṭhena hmun hnih hi a zu te chuapah lût lovin boruakah an lêng vêl a. A zu ve lote'n chu meizial khu an lo hip luh aṭang chuan a zutuin natna a vei theih chi hrang hrangte an lo vei ve thei a ni.

Meizial zu ṭhîn nu leh pa chu an fate an hrisêl thei lo – thâwkna dâwt natna chi hrang hrang – Khuh,

âwmna, Bronchitis, Pneumonia etc. an vei duh bîk. Nu, naupai tân phei chuan a naupaiah nasa takin chhiatna a thlen thei bawk. Mei zial khu hian tur hlahawm chi hrang 4000 chuang a keng tel a, chûng zînga 60 chuang chu Carcinogenic (Cancer thlen thei) an ni. A hlahawm zual pahnihte chu Carbon Monoxide (CO) leh Nicotine te a ni a. Miin CO a hip luh hian thisena haemoglobin chu rang takin a fin a (CO hi Oxygen aiin a lêt 220-in Haemoglobin nena infin theihna a nei sâng zâwk). Chu chuan taksaa Oxygen insem darh tûr a tikhaihlak a, mihring taksa bung 8 hrang hrangah chhiatna a thlen ta thîn a ni.



Nicotine, tur hlahawm tak mai hian ka chhûngah sa hem hem a siam a, Hormone chi khat Adrenaline a tichhuak hnem a, lungphu a tirang a, BP a tisâng a, Oxygen tlachhamin mi a siam thei bawk.

Zir chianna pakhatat chuan meizial zukna hmuna ni tin darkar 8 hnathawk thîn chu ni tin Cigarette 5-10 zu ve ang an nih thu sawi chhui



chhuah a ni a. A pawl ber erawh chu naupang leh nausênte hi Secondhand Smoke tuar bertu an ni tlat hi a ni. Khawvêl puma naupang awm zâtve vel chu Secondhand Smoke-in a chiahpihna hmuna awm an ni a; a tam zâwk chu duhthlang thei an ni lo, an nu leh pate vâng a ni. Tin, puitling tân pawh lung lam natna 25-30% in a tipung thei a, 20-30% in Cancer vei theihna a tipung bawk.



Secondhand Smoke chu hetiang taka hlauhawm a lo nih si chuan meizial khuin a tihbawhlhawh loh boruak thianghlim hip luh hi

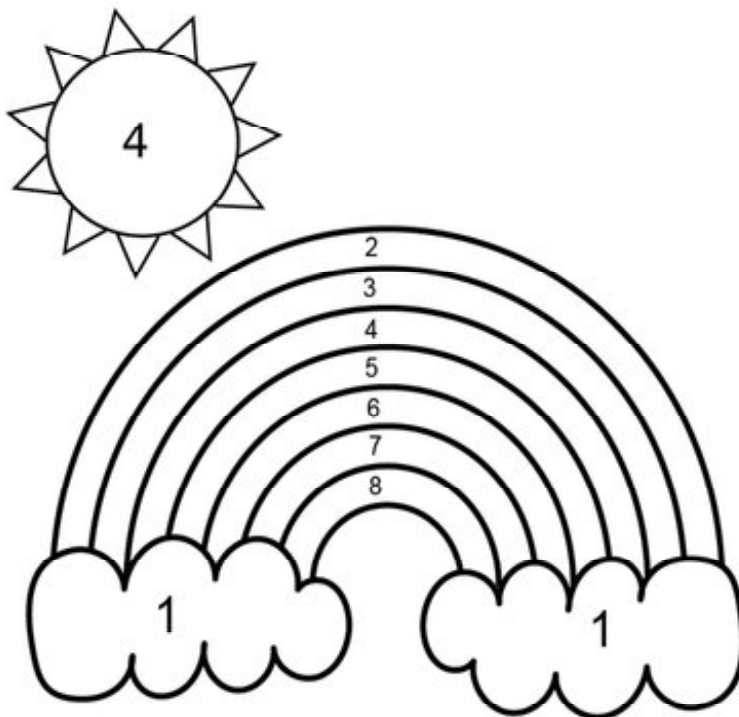


mihring dikna chanvo a ni a, a bîk takin meizial zu ve lote tan pheichuan a 'Fair' lo êm êm a, ngaihzam mai mai chi a ni lo. Kristian inti te tân ngat

pheichuan mi dangte tâna hnawksak lova khawsak te, kan taksa Pathian chênna tlâka hrisel leh thianghlima vawn a pawimawhnaah te leh miin i chungah ti tûra i duh ang bawkin mi chungah pawh ti ve rawh, tih te nen pawh meizial zûk hlauh hlauh hi a inhmeh lo a ni.



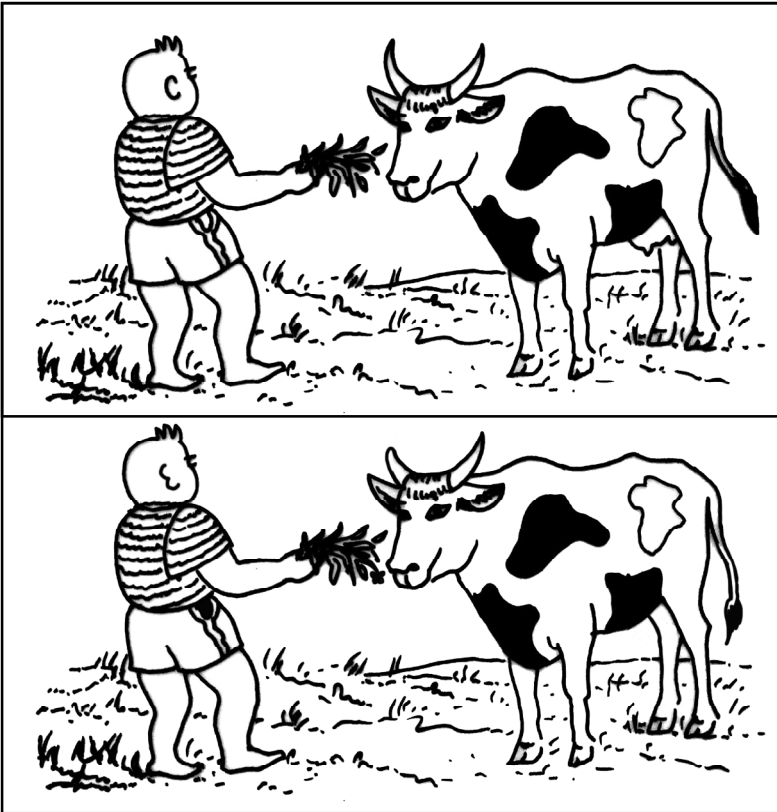
CHEI RAWH LE!



1- white
2- red
3- orange
4- yellow

5- green
6- blue
7- indigo
8- violet

KA HMUH ANG HMU THEI RAWH



A chung a lemziak chi hnih khi ngun takin en la,
a inan lohna chi ruk hmu thei rawh.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



Aizâwl Vênglai Kohhran NCI

To

Aizâwl Vênglai Kohhran YFC



Published by Rev. Lalbiaknia
Synod Literature & Publication Board, Aizawl and
Printed at the Synod Press, Mission Veng, Aizawl - 796001. Copies - 32,500