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KRISTIAN CHHUNGKUA

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Editorial

INBUATSAIHNA ṬHA

Kohhran Hmeichhiate hian Kohhranah chanvo kan nei ve nual a. Chhungkaw enkawltu kan nih hlawm avangin kan buai tlang a, inbuatsaihna tha neih a har hle thin. Chutih rualin inbuatsaihna tha kan neih erawh chu a tul si.

Ṭantu hna kan chelh a nih chuan Ṭantu chhiar tur tar lan sa a awm emaw, keimah ni duh zawng chhiar theih a ni emaw Pathian Thu kan chhiar tur chu uluk taka lo chhiara lo inbuatsaih ṭhin tur a ni. Tin, ṭawngṭai tur kan nih pawhin ṭawngṭai dan tur pawh lo inbuatsaih lawk a ṭha. Inbuatsaihna ṭha leh ṭha lovah miten chaw tak an hmuin an hmu lo thei tih hriatreng tur a ni.

Kohhran leh Kohhran Hmeichhe inkhawmah Thuhritu hna emaw, thupui hawngtu hna emaw kan chelh a nih chuan kan theih ang tawka inbuatsaih a ṭha. Rev. Saiaithanga chuan *'Thu hrilin a tum hi a ropui em avangin, kan thu hrilh a hlawhtlin theih nan theih tawpa buatsaih a ṭul a ni. Chaw ṭha ber pawh chhum danin a zir loh chuan chaw ṭha lo a ni. A pekna thleng leh fiante pawh ṭha tawka nih a ṭul a ni. Chung chu kan inbuatsiah dan azir a ni ang'* a ti. Inbuatsaihna nei ṭha thusawi chu tihnunin a awm a, ngaithlatu ten malsawmna an chang nge nge ṭhin.

Puitling Sunday School-ah emaw Naupang Sunday School-ah emaw hruaitu emaw zirtirtu hna emaw kan chelh a ni thei. Kan chanvote nung leh thar diaia an ngaih thlak theih nan inbuatsaihna ṭha bawh hi a pawimawh. Kan thu zirtirte tingaihnaawm tura tehkhin thu ṭha telh tur kan ngaihtuah theih pheih chuan a ṭha lehzual mai thei e.

Kan theih tawh bak Pathianin a phut lo. Kan chanvo ṭheuhthe hlen tura ṭawngṭaina nena kan inbuatsaih phawt chuan kan rawngbawlna hi tuman an dem dawn lo tih hriain ṭan la thar sauh sauh ang u.

Kristian**KRISTIAN CHHUNGKUA – SETANA HMELMA***Josua 24:15**- Rev. Lalbiakhlira**Ph. No. 9567551499*

Engkim mai hian hmelma a nei a. Kristian chhungkua pawhin hmelma chimawm tak, Diabola kan nei. Pathian dodal ngar ngartu a ni a. Lal Isuan min hrilh dan chuan, “Ani chu a tir ata tual that a ni, thutakah a awm lo, a chhungah thutak reng a awm loh avangin Dawt thu a sawiin ama tihchhuah a sawi a ni thin; dawthei a ni sia, dawt pa pawh a ni,” (Joh. 8:44) tiin. Petera pawhin, “Ngaihven ula, fimkhur rawh u; in khingpui Diabola chu sakeibaknei rûm thin angin, a ei theih tûr zawngin a phi ruai thin, (I Pet. 5:8) tiin thu rawn min pe bawk.

Diabola chuan Pathian laka kan chhungkua hi dah hran a, min tihchhiat a, hremhmuna min ting-mih dial hi a tum ber a ni. Kan chhungkua hi humhim turin ngaihven leh fimkhur a ngai. Dialbolan kan chhungkua min beih dan langsar zual deuh deuh kawng thum chauh lo sawi ila.

1. Chhungkua hi keimahni din emaw tih tlatna hmangin : Kristian

chhungkaw tlûk chhiatna bul, Diabola min beihna chu kan chhuangkua hi keimahni din emaw tih tlatna hi a ni. Mi tam takin mahni chhungkua kan sit thin. Nupa in-iai hnahnawh pawh kan tam hle a ni ang, nupa inthen leh chhungkaw keuh darh kan tam em mai. Kum 2011 chhiarpuih khan India ram state zingah inthen kan tam lawr lak a. India ram pumah nupa inthen zat chu za zelah 0.24 chauh a nih laiin, Mizo

nupa inthen zat chu za zelah
4.08 lai kan tling.

Khawvel chhungkaw hmasa ber Evi leh Adama te chhungkua atanga vawiina chhungkuate hi Pathian din ni lo, amaha lo awm ve ngawt hi pakhat mah a awm lo. Mihringin eng chhungkua mah kan din thei lo. Nu leh pate hi duh vanga inneih ngawt theih a ni hleinem. Theih nise, inhmangaih tak takte hi an innei vek ang chu. Inneih ngei duh, harsatna hrang hrang avang innei thei lo mi tam tak an awm. Pathian zawm an ni lo tihna a ni. Kristian chhungkuaa nu leh pa zawng zawng hi Pathian samsuih leh zawm ngat kan nei vek a. Lal Isuan, “Pathianin a zawm tawh chu mihringin then suh se,” (Mk 10:9) a ti a, Pathian zawm kan ni a, inthen leh mai mai tur kan ni lo.

Mahni nu leh pa zahpui ching kan awm fo. Tleirawl laiin a zual niin a lang. Thenrual zingah kan nu leh pate kan be tha duh lo fova, thing bik leh hmel chhe bikah kan ngai a. Thenkhat phei

chuan anchhia hial kan lawh hreh lo! Pathian thu chuan, “A nu emaw, a pa emaw anchhe lawhtu chu, thimtham lai berah a khawnvar tihmihsak a ni ang” (Thuf. 20:20) tih min hrilh a, anchhia a keng tel tlat. “I pa, a hringtu che thu chu pawm la, i nu chu a lo tarin hmusit suh,” (Thuf 23:22) tiin thurawn min pe a. Kan nu leh pate hi zahpui tur kan ni lo; chawimawi tur kan ni zawk. Bible-in malsawmna kawng min hrilh chu, “I nu leh i pa chawimawi rawh (chu chu thupêk tiam nei hmasa ber a ni); chutichuan, i tan a a tha ang a, leiah hian i dam rei bawk ang” (Eph 6:2-3) tih a ni.

Nu leh pate zingah pawh mahni fate sit ching kan awm thin. Mi fate chakna lai lehy kan fate chak lohna lai kan khaikhin a, “Mi fate in tluk lo!” kan tih khum a, rilru na takin kan siam thin. Dawt pa thang kam a per a; kan chhungkua kan awk fo. Fanaute hi duha nei ngawt theih a ni lova. Fa nei thei lo, awt ngawih ngawih mi eng emaw zat an awm. Fa duh zat kan thlang thei bawk lova, Fanu emaw fapa

emaw pawh kan thlang thei hek lo. Pathian min pe an ni vek a. Rualban lo pawh min pe mai a. Min pek apiangah lungawi taka “Lalpa, ka lawm e,” lo tih mai tur kan ni. Bible chuan, “Fanaute hi Lalpa laka kan ro chan an ni a, rila rah hi a lawmman min pek a ni” tiin min hrilh. Pathian lawmman min pekte ngei an ni. Kan fate hi tithintur mai mai tur kan ni lova, Lalpa thununaah leh zilhnaah kan enkawl zawk tur a ni.

2. Kristian chhungkua ni pha ve lo tlata inhriatna hmangin : Diabolan Kristian chhungkua min beih dan chimawm ber pakhat chu Kristian chhungkua ni ve pha lova inhriatna min neihtir hi a ni. Chhungkaw fel lo bik, soal bik, Pathian ta ni ve lova inhriatna min neihtir a; min phehthlûk nan a hmang thin. Kristian chhungkaw tam tak hi khawvel سوالنا lakah kan fihlim kher si lo va. Mi thenkhat fel hle mah ila, thenkhat an lo soal a. Kohhran Upa chhungkua pawh an fel kim vek kher lova. Pastor

chhungkua pawh chuti tho. Kohhrana mi t̄angkai ber ber te pawh hi, an chhungkaw member zingah khawvel lama t̄ân mek an awm chawk a. Chumi hmang chuan Setanan min chaih ta thin a ni.

Kristian chhungkua kan tehna hi a fir lutuk a ni mai thei. A k̄i kan la s̄ang hma lutuk deuh thin a, min tibuai a ni. Chhungkaw tam tak hi Kristian chhungkua sawi ri ngam a bar kan awm lo hial a. Kristian chhungkaw campaign neih n̄i-khua te hian “Kei chu sawi ve thei pawh ka ni lova, committee-in min ruat si a, ka sawi lo thei lova, ka rawn ding chhuak mai zawng a ni!” tiin inthlahrung takin kan feh chhuak hr̄âm hr̄âm a ni ber. Kan inringtawk lova. Kan insit a. Kristian chhungkaw chungchang mi dang zirtir theiah kan inngai lo hial thin a, kan chhiatpui mek niin a lang.

Kristian chhungkaw awmzia dik tak chu: ***“Chhungkaw fel lo tak leh tling lo takin Pathian kan belh tlat hian Kristian chhungkua kan ni,”***

tih hi a ni. He thu dik hi Setanan kan hriat a hlauh ber pakhat a ni. Josua anga “Kei leh ka chhôngte erawh hi zawngin LALPA rawng a ni kan bâwl dâwn ni,” (Jos 24:15) tia Pathian tan chhungkua kan hlan chiaah aţangin Kristian chhungkua kan ni ţan a. Ringtu mimal nun pawh hi taksa angin kan ţhang lian deuh deuh a, Pathian zia kan kai deuh deuh a. Hlain, “Aw, Lal Isua ang turin” a tih angin Isua kan ang deuh deuh a, kan puitling deuh deuh a, vanram rim kan nam deuh deuh ţhin (1 Kor 3:2). Chutiang chiaah chuan, Kristian chhungkua pawh a tirah fel nghal thlup lo mah se, Chhungkuaah Pathian a lal deuh deuh a. Pathian thu a chungnung deuh deuh a. Pathian zia a kâi deuh deuh a. Lal Isuan dawidim tehkhin thu a sawi (Lk 13:20-21) ang khan chhungkaw pumpui a hneh kim hun a awm a. Pathian ram a lo thleng kim ţhin a ni zawk.

Chhungkaw fel lo tak pawh ni rih mah ila, membar pakhat talin Pathian kan biakpawh tlat chuan Kristian chhungkua kan ni. He kan nihna (identity) hi

inringtawkw takin, “Kan chhungkua hi Kristian chhungkua kan ni,” tiin ringhlel lova kan nemngheh a ngâi. Kan thilungin a pawm tur a ni a, kan ka pawhin a sawi chhuak tur a ni (Rom 10:9,10,13). Chutah chuan Kristian chhungkaw hmasawna a awm a. Abrahamate chhungkua chu buai tak an ni. Nu ber Sari leh Hagari te inkâr a chhe êm êm a, tûk ţha pawh an nei lo vang tih a chiang (Genesis 16:6; 21:9-14). Mahse, pa berin Pathian a be pawp tlat a. Pathian malsawmna kengtu chhungkaw ropui tak an ni reng. Nova hun laiin mihring an sual em em a. Amah Nova chauh mi fel a awm a. A chhungte pawh tihboral tlaka sual an ni vek a. Tui lêt hmangin a hrem ta a. Nova chauh chu chhanhim ta lo chuan, an chhungkuain, mi sual te nen lam a chhanchhuak (Gen 6-7) tih kan hria. Chhungkuaa mi pakhat, Pathian be pawp tlattu “keimah” avangin Kristian chhungkua kan ni a. Chhungkaw pum ti êng turin missionary hna kan thawkw mek a, hma kan sawn zel ţhin a ni.

3. Fing kherek taka thlemna hmangin : Kristian chhungkaw vuak chhiat nana Setana hmanraw hman langsar tak chu fin kherek chhuaha min thlemna hi a ni. Diabol hi a hring a hrânin kan hnenah lokalin min thlem ngai hran lo. Lemchan (film) lama kan hmuh ang hian, pa lian dum ren run, meng sen rem rum, hmel bumro tak, kei sei deuh nei, tin sei zum tak nen min bei ngai lo. Chu tiang ni sela, kan hlau ang a, kan tlânsan daih dawn asin! Thinlung lamah min bei thin zawk a ni.

Kraws lera Isua khenbeh a nih lai khan Puithiam lalte leh lehkhaziak tute hmangin, “Mi dang mah a tidam thin a, mahni a intidam thei si lo. Kan hmuha kan rin theih nân, Krista, Israel lal chu, tânah hian kraws ata chu lo chhuk ang hmiang,” Mk 15-31-32) tiin a thlem a.

Diabol thil duh chu, Isua lokal chhan tihchhiat vek kha a ni. A thu hmasa “Mi dang mah a tidam thin a,” tih thu hmangin a thiltih theihzia a han hrilh hmasa phawt a. A zuitu “Mahni intidam thei si lo,” tih leh “Krista, Israel lal chu, tânah hian kraws ata chu lo chhuk ang hmiang,” tih hmangin a deusawh zui a ni. Kraws lera hrehawm tuar mek Isua tan chuan, “A ni take! Pathian Fapa ka ni alawm. Hetia khawvel hmangaih avanga tuar bik tur ka ni lo. Keimah hi intidam ila, Kraws ler atang hian chhuk daih ang” tih mai chakawm tak tur a ni. Mahse, Isua chu, “Mi tirtu duhzâwng tih leh a hna thawh zawh chu ka chaw a ni,” (Joh 4:34) titu a ni a, min chhandam ngei a tum tlat a, thlemna hautak tak tak a hneh thei a ni.

Keini Kristian chhungkua ni mekte pawh hi Kohhran leh chhungkuaa kan inkhawm

hram hram te, kan țawngțai
 hram hram te, Pathian tan
 kan hun hlu kan hlan te,
 buhfaițham kan pe te, a
 malsawmna kan dawn ang
 anga Pathian ram zau nan
 Pathian ram thilpek
 Kohhrana kan pe te hi a țat
 tehlu nen, Diabolan tu emaw
 hmangin, “I inti thlarau mi
 a, engmah i ni tak tak chuang
 lo!” “I intih Pathian thu awih
 awih nen; i chhungte
 engmah an ni chuang si lo,”
 “Nangni chhungkua hi
 chhung inkhawm te,
 Buhfaițham te hi in inti ngai
 pawimawh em em a; engmah in
 ni bik chuang lo!” min han ti a.
 Kan rilru a na a, kan chau zo
 va, kan insit a, keimahni leh kan
 chhungkuain kan tlūk chhiat
 phah țhin a, a paw i em em a ni.
 Diabola’n min thlemnate hi Lal
 Isuan a lo hneh vek tawh a. Isua
 hnung zuiin, “**Pathian
 duhzawng tih leh a**

**hnathawh zawh hi ka tan leh
 kan chhungkaw tan chaw a
 ni,”** tia theihtawp chhuaha hma
 lam pana kal zel tur kan ni.

Diabola’n a ei theih tur
 zawngin Kristian chhung-kuate
 min veh mek a. Ngaihven leh
 fimkhur reng a țul. Chhungkua
 - kawppui, fa nau, nu leh pa,
 chenna in leh a dangte - min pek
 avangin Pathian hnenah lawmthu
 sawi uar ila. Kristian chhungkaw
 duhthusam kan la ni rih lo a nih
 pawhin, Josua angin, “**Kei leh
 kachhungle erawh hi
 zawngin LALPA rawng a ni
 kan bawl dawn ni,”** (Jos
 24:15) tiin in hlan thar țheuh ila.
 hmasawn turin i bei ang u.

Pathian tana kan inpekna te
 hi bansan mai lovin uar deuh
 deuh ila. Kan chhungkua hi
**Kristian chhungkaw
 duhawm tak ni tur leh
 Vanrama lawlut kim ngei
 turin i țang sauh sauh
 ang u.**



Ser-

**FATE : CHHUNG INKHAWM ZIRTIR
LEH KAIHHRUAI**

Thuf.22: 6; Deut.6: 5-7

*- Rev. Vanroluaha,
Zotlang*

Ni tin chhung inkhawm hi kan sawi ngunin kan ngaithla hnem ta hle mai. Ninawma latu tan phei chuan a ninawm hle tawh ang. Ngai pawimawhtu tan erawh chuan a hlutna hriain a hlawkna an tel mek zel. Nitin chhung inkhawm ngai pawimawh leh ngai pawimawhlotute inkar pawh; mirethei leh mi hausa inkar a zau ta tual tual ti a kan sawi thin angin; chhungkaw nunhonaah leh thlarau lam nunah a inthlau ta tual tual niin a lang.

Nitin chhung inkhawm kan inzirtir leh beisei hi, a hlutna hmua hman loh hlau ngawih ngawih kan awm laiin, thenkhat chuan harsa tlatin kan hria. Chhungkaw buai leh tul tak tan phei chuan chhuanlam tling ni a kan ngaih a tam hle mai. Pathiana innghat chung a tumruhna leh inpekna tak tak nen lo phei chuan puitlin har tak a ni. Tum tak takte erawh chuan an puitlin nge nge a, nuam an ti tulh tulha, a thatna leh hlutna an hmufiah zela, a hlawkna an tel zel chu a nih hi. Ka bial fan laia ka thlen in, chhungkaw pakhat phei chu; an puinawiin an chhangchhe hle

maia, nausen buchip nen member 17 lai an ni. Chhung inkhawm hi tlai lam zanriah ei hmian regular takin an hmang thin, naupangte nen a inchhawkin an hmang kual thin. A hun a lo thlen tawh chuan; naupang nuar leh tap ngawng ngawng pawh awm mahsela, thlem ban kher an tum lo, an hmang mawlh mawlh mai a ni. Hun hmang tu tur ziaka Black Board-a tar thlap thlap chhungkua pawh an awm. Hemite chhungkua phei hi chu; Nilai leh Inrinni zana inkhawm laiin Dawr an hawng ngai lo, chhung inkhawm hmian an khar

fel vek zel. Heng avangte hi a niang an chhungkua an fela, mal-sawmna pawh an dawng hle a ni. Thenkhat chu, chhung inkhawm chu sawi loh; sum um avanga bazar ni, Inrinni zan inkhawm tum lem lo pawh kan tam ta hle, inngaih tuah harh a tul ta hle mai. Heti lam; chhung inkhawm dan chi hrang hrang, a hmun leh a hun chu kan sawi zui hman lovah ngai ta ila, zirtir leh kaihhruai lamah lut ta mai ila a tha a nge.

Chhungkaw pakhat chuan, chhung inkhawm hi; zanriah ei hmain an hmang thina, an chhungkaw tana hun remchang lai ber a ni. Sitting roomah emaw, chokaah emaw, a remchan dan angin an hmang thin. An fa hmasa ber a tawng theih tan tirh atangin, chhung inkhawmah chanvo an pe nghala, a nu emaw, a pa emawin mal chung pawm chungin, “Ka sawi ang zelin sawi ang che”, an ti a, an sawi ang zelin a sawi a. Entir nan: “Aw Lalpa ti rawh, Aw Lalpa,” chutiang zelin. Lalpa tawngtaina an sawi zui ta thin a ni. Chutia an tihpui an tihpui hnuah chuan,

tawitein an byheart tir ta a, chu a byheart sa chu a hun a lo thlenin a sawi ta mai thin a, Lalpa tawngtainain an chhun zawm leh ta thin a ni. Tawitein a chham kual dan leh a belh chhah dante chu an zirtir zela, a lo thiam ve hret hret ta zel a. Chutiang zel chuan an fate an zirtirin an kaihruiaa; lehkha an chhiar thiam hnuah phei chuan, chhung inkhawm bute chhiarin chhung inkhawm an kaihruai ve ta thin a ni. NPSS, KTP leh Kohhranpuiahte, tantua ruat an nih ve pawhin an buai lova an tangkaipui ta a ni. Zuk leh hmuam anti lova, zu leh ruihtheih thilah an fihlim a; nu leh pa an vinin an pwisalo ngai lova, an phak tawkah Kohhran leh KTP-ah an inhmang ve ta zel a ni.

Hei aia bul zawk ka hmuh leh hriat han sawi leh ta ila. An hmingte hi chu sawi ngai lovah ngai ta zel ila. Pastor nupui pakhat pawh, a fanu naute thu thei tantir; tlaiah chaw a pe dawn a, a chaw tur a chawkkawi diam tawh a, pek theih maiin a peih tawh a, pe ta mai lo chuan; chhung inkhawm a neih pui

phawta, a ṭawngtai phawta, tichuan chaw chu a pe ta a ni. Chhung inkhawm pangai chu hmang thoin, hetiang hlir hian a fate ṭawngṭaina nen chaw a lo pe ṭhin a, tunah hian an la nau rual deuh a, Pathian ṭih mi; khawtlang leh ram tana harsatna thlentu ni lo, mi puitling tak an la ni ngei ang tih a rinawm.

Kan fate, hnute hne lai an nih aṭanga chhung inkhawm uluk taka neihpui leh an ṭawng theih ṭan tir aṭanga chhung inkhawma chanvo neih tira, zirtir leh kaihhruai pawimawhzia hi, ngaihtuah thar ila, ṭan i la thar teh ang u. Hetiang taka chhungkuaten ṭan kan lak a, bul kan ṭan thar chuan, tun aṭanga kum 15/20-ah chuan, heng naupangte hian kawng dik an rawn zawh ang a, Pathian thuah an ṭhang lian anga, nula tlangval an lo ni ang a, tunlai سوالنا, kan ram سوالنا, zu leh ruihtheiha kan manganna, nu leh pa rumna hi hnehin a lo awm mai dawn a ni. USSR (Communist ram ropui) a tluk chhiata, a keh darh nachhan an sawi pakhat chu; khatih laia an President Mikhail

Gorbachev-a kha Orthodox Kohhran kulmuk chhungkua aṭang a sei lian; a nuin a naupan tet aṭanga Pathian thua a enkawl leh zirtir vang a ni tih hi a ni. Keini pawh; zu leh ruihhlo, rukruk, mipat hmeichhiat hman kawlohna min chimtu; Setana kulhpui ṭhiata kan hneh hneh theihna tur chuan, kan fate an naupan tet aṭanga Pathian thu zirtira, kaihruaia, chhung inkhawm uluk taka hmanpui hi a ni. Hei hi kan ralthuam pawimawh luttuk chu a ni. Home-a in dah leh jail-a in dah hi ṭha bawk mahse, thinlung lam kan in hneh si loh chuan a sawt thin lo a ni. Chuvangin, naupan tet aṭanga in zirtir leh inkaihhruai hi kan hmanraw tha ber zawk chu a ni.

Kan fate hi; naupang te an nih lai aṭang ngei hian; Pathian Ram thilpek te, nupui pasal inneih thute hi kan zirtir ngun a va ṭul em. Naupan lai thil hriat hi a ngheta kan nun kaihruaitu a nih tlat avangin, hetih hun lai tak hi zirtir mawlh mawlh hun lai a ni. Biak in hawnga; mahni kohhranpui ngei nei tura zirtir

phai chu a t̄ul leh zual. Kohhran hrang, pawl ram avanga, nupa buai, inthen, chungkaw buai kan tam em mai. Nupa kohhran hrang avanga inrem thei lo, in then; fate fahraha kan siam tak, nun khawlo hi kan tam ta niin a lang. Chuvangin kan fate hi; nupui pasal thute hi an tet lai a t̄anga kan z̄itir ngun a t̄ul ta tak meuh a ni. Pathian thu pawhin, “Naupang chu a kalna awm kawngah chuan z̄itir ula, a upat hun pawhin a thlah lovang,” (Thuf.22:6) a lo ti reng a ni.

Deut.6:5-7-ah pawh, “Pathian chu, kan thinlung zawng zawng, kan rilru zawng zawng leh kan chakna zawng zawng hmangaih tur kan nih thu hi; kan ina kan t̄hut lai te, kawnga kan

kal lai te, kan mutlai te, kan thawh hun tea kan fate z̄itir turin min ti. Hengte hi t̄ihhlawhtlin tum ila, kan fate hi mi kutah dah mai lovin, keimahni ngei hian a man i pe ang u.

Kan ram siam t̄hat a ngaih z̄ia chu kan tunlai din hmunah; TBCC chungchangah leh t̄halai inchiu t̄hin 14000 lai an awm thu Vanglaini (June 22&23,2025)-in a sawi a t̄ang ringawt pawh hian a chiang a ni.

Chuvangin chungkua a t̄angin bul t̄an thar leh ila, heng kan harsatnate hneh turin nitin chung inkhawm ulukin, kan fate i kaihruaiin i z̄itir mawlh mawlh ang u.



Dawtheihna chuan rinna nghet a pe a, malsawmna dawng tura inbuatsaihna hun a siam t̄hin. Malsawmna chuan hlimna a thlen a, Pathianin a hun leh t̄ul a tih ang zelin ro a rel tih min hriattir t̄hin.

Dr. Thomas Vauughan

**TU LEH FATE MIZO ṬAWNG THIAMTIR
PAWIMAWHNA**

*- Dr. Lalbiakhlui Zadeng, Khatla
Ph.No. 9862748016*

Ṭawng hi mihringte min ti famkimtu, kan mihringpui te nena kan inlaichinna siamtu leh hnam anga min phuar khawmtu a ni. Kan zirna hmanrua a ni a, ṭawng hmang hian kan hnam chanchin, kan pi leh pute hnen aṭangin kan inhlan chhawng a, kan hnam nunphung te, khawvel kan thlir dante leh kan sakhua te kan in zirtir chhawng ṭhin a ni.

Nausen an lo pian hian an nu leh paten a ṭawng theih hun an nghakhllel em em ṭhin a ni, a ṭawng har deuh chuan doctor te an pan ṭhin a ni. Sikul kal hma pawhin naupangin thil tam tak a pianpui ṭawng hmangin a zir thiam ṭhin a ni. Kan pianpui ṭawng hian pawimawhna tam tak a nei a, mihring nihna – mimal, khawtlang leh hnam anga kan nihna ah a bet tlat a ni. Mithiamte sawi danin naupangin a pianpui ṭawng a thiam chian hmasak chuan, ṭawng dang thiam a awlsam bakah thil dang zir a awlsam a,

kawng tinrengin a thluak a hmannaah pawhaṭanpuianianti.

Pathianin Mizo a min siam hi kan vanneihzia hi thui fe sawi tur a awm awm e. State ṭhenawma kan tlangmi pui tam takin min awt ṭhin- Vairengte aṭanga chhim tawp thlenga ṭawng khat kan hmang vek hian inlungualna ṭha tak min pe a ni. Eng hnam pawh ni ila Pathianin chhan nei in, hnam hrang hrangah min siam a. Kan hnam leh kan ṭawng leh kan sakhua hi a inzawm vek a, ṭawng hi min

phuarkhawmtu a ni. Tun hnaia Manipur buaina ah te, Myanmar lam buaina ah te leh USA lama Zo hnahthlak chhukthla zingah pawh, ṭawng hran avanga inlungualna kawnga harsatna a thlen nasatzia kan hmu thei awm e.

Tunlai khawvelah chuan mi tute pawhin TV te, laptop te, tablet leh phone te kan khawih nasa tlang a, nau awm nan leh tih tlei nan hmang kan tam hle a ni. Hei hi a ṭhatna a awm rualin, a ṭhatlohna sawi a tam tawh a. Taksa tan a ṭhat lohna te - naupang tē tē mit ṭhalo an tam phah a, an taksa in exercise a lak tam loh avangin naupang thau leh rit an tama, chu chuan natna tam tak a thlen thei a. Tin rilru lamah midang mamawh lohna te, zirlai hlamchhiahna te leh thil lem leh tak thliar thiamlohna te an neih phah a. Social media an hman tam phei chuan rualawhna te leh

mahni insitna te a thlen a ni, anxiety leh depression a tam phah a, hun khawhralna nasa tak a ni bawk. Heng zawng zawng hi chu kan hriat sa leh kan vei sa a ni a, amaherawhchu tunhnai a bik takin Covid len hnua heng ai maha vei awm ta chu - ***Mizo naupang tam takin Mizo tawng aia saptawng an hmang tam ta zawk hi a ni.***

Kan tu leh fate'n hnam changkang zawk anga kan ngaih Sap, a bikin American te, Korean te an ngaisanga, an ṭawng an zir a, an awphawi an entawn a, an thawmhnaw hak ang an ha a, an music an ngaithla a, an chaw ei ang an intih hmuh bawk a. An tih ang apiang an tih khan changkang ta riau, sap ta riau emaw Korean ta riauva inngaihna chin a awm ṭhin a, heng hi pawh lutukin lang lo mahse la, mahni hnam ṭawng leh zia kalsan a, hmuh hniamna hial a thlen chinah chuan hnam ral zia a ni tih kan inzirtir a

ngai. Mizo ṭawng thiamlo nih kan zah loh rualin Saptawng thiam loh kan zak a, ṭawng dik lo leh lam fuh lo te kan nuh zat ṭhin a. Mi in saptawng a thiam chuan lehkhathiam turah kan ngai a, amaherawhchu khawvel zau zawk kan thlir chuan, Germany te, Italy te, France te leh kan ṭhenawm hnai zawk China te, Japan te, Korea te pawh anmahni ṭawng hlin lehkha an zir a, sap ho kan tih aiin kawng tam tak, a bikin Science leh Technology ah phei chuan thiamna an nei sang zawk a ni. Heng rama mithiamte chuan hnamdang an biak dawn chuan ṭawnglettu an hmang mai ṭhin. Mizo te pawh Zo takin changkang takin a awm theih a ni tih kan inzirtir a ngai a ni.

Ni tinin sikul lamah chuan saptawng thiam turin zirtirtuten naupangte an fuih reng a ngai, English Medium School ah phei chuan Mizo leh Hindi subject tih loh chu

text-book saptawng veka ziah a nih avangin an thiam ngei a ngai. ṭawng dang ang bawkin Saptawng chu inbiakna hmanrua a ni a, hman thiam chu a pawimawh tak meuh mai. Amaherawhchu tunah hian in lamah te, Biak In lamah te naupang leh ṭhalai zingah saptawng chauh hmang thiam an pung ta hluai mai a. Naupang zual zingah phei chuan, “a sen” hre lovin “red” hre zawk an tam ta. Aizawl pawn khaw dang tam takah pawh school la kal rual lo te, an pi leh pute nena in be hleithei lo te pawh an awm nual tawh an ti. Hei hi a lawmawm lamah ngai in, a pawina kan hre rih lo a ni maithei, heti zela kan kal chuan chhuan hnih chhuan thum a ral meuh chuan Mizo ṭawng dik tak hriat tur a vang tawh maithei a ni.

Kohhran Hmeichhia te tana ngaihtuah ngai ta ber chu, kan tu leh fate'n Mizo ṭawng aia saptawng an thiam

zawk chuan, eng ṭawngin nge Pathian an biak tak ang ?.. tih lai hi a ni. Sunday School Zirlai te, Biak Ina sermon te leh hla sak te Mizo ṭawng vek a ni si a, an hrethiam dawn lo a ni. Chuti engtingge Pathian fakna hla te an sak ang a, engtingge Vanram kawng an hriat ang ? Hemi kawngah hian Naupang Sunday School zirtirtu tam tak an buai tawh a ni.

Shillonga awm ṭhin kan ni a naupang kum 6 vel ka nih hian ka nu in Aizawlah min zinpui a, chunglai chuan bus-a kalin Silcharah riah a ngai ṭhin a. Shillong chu khaw vawt a ni a fan pawh ka la hmu ngai lova, Silcharah chuan kan hotel thlenna ah Ceiling fan a lo vir vut vut a mak ka ti khawp mai a. Zan kan mu a, zanlaia ka ṭhangharh thut chu light a lo thim vek a, tui ri hum hum ang ka hre ta a, fan ri a ni tih hre lovin ka hlau hle mai a. Midang an muhil vek si a hlauthawng tak

chungin ka ṭawngṭai ta a, chutah Sunday Schoola kan chang vawn - Sam 46 : 3 : “***A tuite chu ri hum humin, phul bulh bulh mah sela, A fawn nasat avangin tlangte hi nghing dur dur mah sela, kan hlau chuang hek lovang***” tih kha rilru ah a rawn lang a, Pathianin min awmpui a ni tih hriatna ka nei a, ka ṭawngṭai zo ka han meng chu fan vir kha ka han hmu thiam ta a, thlamuang takin ka muhil leh thei ta a ni. Chu chu Pathian thu aṭanga thlamuanna ka dawn hmasak ber niin ka hria a, a hlu ka ti hle a ni. Hetianga Pathian thu leh hla aṭanga thlamuanna hi naupan tet aṭangin a neih theih tih ka Chiang hle a ni. Pathian thlamuanna hre tur leh an thlarau nun ṭhanlenna turin kan tu leh fate hian Pathian thu leh hla an hriat a ngai a, Sap ṭawngin Pathian thu leh hla kan zirtir emaw, Sap ṭawnga inkhawmnaah kan

hruai dawn anih si loh chuan Mizo ṭawng an thiam a ngai a ni.

Mizorama Mizo ṭawng hmangtute hi nuai 10 awrh ni a chhut kan ni a, kan vela hnamdang ṭawngin tun hnai ah phei chuan kan khawpui ber Aizawl khawlai a pawlh nasa hle a. Kan ṭawng hmanin kan rilru puthmang a sawi danglam thei an ti a, hei hi a dik phei chuan Mizo nun ze mawi leh kan sakhua thlengin min pawlh dal dawn a lo ni. Khawvel pumah Mosolman an pung nasa em em a, Christian ram ni thin UK te USA te leh Europe ramah te Christian an tlemin an da tial tial a. India ramah Christian kan tlem em em a, Mizoram, Christian ram inti ah lah pawl chhuak leh Kohhrana awm pawh kohhran do zawnga che duh kan kat nuk baw k a. Chuvangin keini Kohhran mite chuan kan tu leh fate rinna laka an bo lohna turin,

thil dang zir ṭhulh chuang lovin, thu leh hla a Pathian an biakna leh Pathian an pawlna hmanraw pawimawh tak, Mizo ṭawng thiam tir hi kan tih makmawh a ni. Kan tu leh fate Mizo ṭawng kan thiam tir theih dan ṭhenkhatte :

1. Mizo ṭawnga biak luih tlat a, Mizo hla te zirtir
2. Mizo thawnthu te hrilh a, TV leh Youtube vela en theih a awm te entir.
3. Mizo ṭawng lehkhabu te chhiar tir, Bible tiamin.

Kan hnam, kan sakhua, kan ṭawng a ral loh nan Kristian chhungkaw nute'n kan tu leh fate Mizo ṭawng i thiamtir vek ang u. Kan tu leh fate Mizo ṭawng kan thiamtir hian, mahni in lum aṭangin ram leh hnam kan humhalh a lo ni a, chumi piah lamah kan chhungkua aṭanga ṭanin Lal Isua ram kan zauh tih i hre reng ang u.

Article

Lakluh mila nun leh khawsak ngam

- Sapvengi
Mission Veng

Kan thupui hi tunlai kan khawsak dan en hian, thil pawimawh tak mai a ni a. Titi hona ah te pawh hian he thu pawimawh tak hi kan sawi fo va, a taka nunpuitu kan ni em? tih erawhchu thildang daih a ni. Chutih lai erawh chuan mi thenkhat ngaihsan awm em em, en reng reng pawh a lakluh tam aia nun dan tlawm leh mawl zawk si hi an awm a, a then erawh pawn lam lang theia chhut chuan a lakluh mil in a khawsa lo ve hle mai a! tih tur pawh kan tam a ni.

Engpawhnise, lakluh mila nun leh khawsak ngam chung chang thu hi chu a pawimawh a, a veiawm bawka, kan rilru puthmang kaihruiatu a nih tlat avang hian sawi tam leh a tha lam zawnga inzirtirna hi thil tul tak niin a lang. Abikin Kristian piangthar te nundan lan chhuahna atan pawh a pawimawh hle a ni.

Kan thu ziak inngahna atan hian 1 Tim. 6:6-8 leh Ephesi 5:17 te hi chhiar ila. 1 Tim. 6:8 bik hi kan en chuan, "Nimahsela ei tur leh silh tur neiin chungah chuan kan lungawi ang" tih kan hmu. Amaherawhchu, hemia lungawi mai thei lo hi a tam zawk

chu kan lo ni reng thei bawka. Khawvelin changkan lam a pan zel a, hmasawn zawngin kan thang zel si a, chu chuan mamawh aia duh leh awh tur pawh kan hmuhtheih leh ban phakah min chhawp chhuah sak zel bawka. hetih hunah hian Kristian, kohhran mi, Pathian duhzawng leh Bible-a kan hmuh anga nung tur kan nih si chuan insumtheihna te, awahna laka fihlim tum hram hram te hi kan zir a ngai a ni. Mamawh tawka bak neih duh luat avanga nitin hun hmang leh rilru seng thin te hi kohhran mite zingah pawh hian a tam zawk chu kan ni thei ang em? tih hi zawhna awm thei a ni.

Calvin Coolidge-a chuan, “Mahni lakluh mil chhunga khawsa thiam tluka mi ngaisan awm leh mi te rilru hneh thei, mahnia intungnungthei nih tluka pawimawh a awm lo” a ti. Kan khawsak dan hi in enchiang ila kan incheina a ni emaw, kan inchiang khur bungrua te leh mamawh kan neih leh duh te, ei leh in tur thlengin mahni lakluh mil chin chiah ah hian kan insiam rem em? tih hi mimal tin te inzawt ta ila, tin, mahni theuh hi midangin min hmuh leh hriat aiin kan inhre chiang zawk si a; ka nih danah hian ka hlim em? Lal Isua zirtirna milin ka nung em? tih te hi inzawt thin ta ila, eng ang chiah chhanna nge mahni leh mahni pawh hi kan inpek ang le? Inthiam lo reuh reuh chung hian awm zawng leh it zawng apiang “mite pawhin an nei” tih vanga neih ve zel mai tum chi ka ni em? Mi te chuan ka nih dan hi min rawn hrih dawn lo ka lakluh zat hria te hian min rawn hrih lovang, a ruikin min nuhzat zawk dawn a ni tih hi hriat a tha. Tun laiin chumi khami chu a lar, mite pawhin an uar tih vanga leiba insiam hial pawh a neih ve zel

tum te hi, nei thei dinhmuna din loh pheih chuan rilru hahna, mi vanduai nihna mai a ni. A nei thei te chuan lo nei se mahni lakluh in a tlin miao si loh chuan neih ve loh leh nalh ve vak loh mai ngam te hi a zahawm zawk a ni. Mimal zahawmna hi pawm lam landan aiin chhungril nun langchhuakah hian a ni fo zawk. Aw le, mahni lakluh mila nung thei tura hmalak dan tur sawi dawn ta ila, a pawimawh dan indawtin lo sawi dawn teh ang.

1. Budget insiam ve a tha
2. Sum hmanchhuahna te chhui zui ngun a pawimawh, tul lovah ka hmang em tih te.
3. Sum hmanchhuah hmian khawl hmasak phawt a pawimawh.
4. Leiba rulh ngaihthah loh a tha.
5. Thil hlawn liana lei hian tul lo leh duh thut thut vanga awmze nei lova sum hman a veng thei.
6. Thil man tih tlawm (Sale) laia lei hian sum hman a ti tlem thei.

Lakluh aia tlema nun thiam hian hlimna min pe zawk fo. Thla tawpa hman bang awm

miah lo te hian rilru a tihah duh. Nitin eichawp zawnga inhlawh te tan hi chuan khawl pawh a har ang, mahse kan tih theih, mitin tihtheih ni bawh chu mahni laklulh in a phak ang anga ei leh in buatsaih, inchei thiam, neihchhun uluk taka tlo tura enkawl hi a ni.

Mihringin kan nunna atana mamawh nisi kan ngaihhlut viau In te, Car man to tak te emaw hi a ni kher lo, kan nunna atana mamawh ngawih ngawih zawk thil te hi thil hlu an ni zawk fo a ni. Ril tamin chaw kan duh a, kan hah in chawlh hahdamna khum nuam kan duh a, chenna In nuam kan mamawh a. Heng mamawh te hi kan neih theih nan sum khawl thiam te a tul thin. Kan thawhchhuah aia tam kan hman fo chuan indaihlo reng renga nun a ngai thin. Pathian chuan thil tha min duhsak a, amaherawhchu kan neih leh phak baka nung tur chuan min ti lo a ni. Kan nawmsip bawl na tur aiin mamawhna hi kan dah pawimawh hmasa ngei ngei tur a ni.

Mi dangte thil aw h hi pumpel h a ngai. Mi thenkhat chu thenawmte neih ang neih ve chakna thlemnaah an lut fo. Mahni inphihawhna tur thang kam hi a hlauhawm hle a ni tih hriat a tha. Kan aw h em em lai khan thenawmte pawh khan an neih phak bik miah loh kha an lo nei ve tho a ni thei bawh asin. Chuvangin anmahni anga atnaa nun hmang te hi kan lo awt ve leh chhawng mai mai a ni thei asin. Chu chuan sum harsatnaah min hnuk lut thei.

Ei leh in leh silh leh fen ah te pawh awlsam si, mawihnai, tui ve tho si a puahchah thiam te hi zir ila. Ei leh in uar luat te pawh hi sum hekna a nih bakah hriselna atan pawh a tha chuang lo. Mi incheina ang apiang awt a neih tum te hi sum hekna a ni a, nalh rei leh style inthlak danglam lo lam chi inbel mai te hi a va tha em.

Mamawh chauh neia lungawi tum hi a pawimawh hle. Khawvela mi hlim thei ber nia ngaih te pawh hi sum leh pai nei tam lo te an ni zawk tlangpui. A chhan chu an neih chhunah

lungawina an hmu. Bungrua (material) leh lang thei thil neih that leh tam hi hlimna petu nilovin chhungkua leh thianah te hlimna a awm zawk tih an hriat vang a ni.

Mahni lakluh mil chiah hian a nun theih ani. Min kaihruaitu atan Bible chang Thufingte 2:6 leh Mathaia 6:25-34 thu te hi hmang ila kan hlawkpui ang. Engto neih leh lungngaihna nasa tak mi tam tak nun chawk buai thin tu hi kan pumpelthi thei dawn a ni.

Kan sum leh pai te hi Pathian ta a ni a, a kawltu leh hmang tangkaitu kan ni chauh zawk si a. Thil chhuak thar leh nalh mawi ber ber te hi nei ve tura phu riaua inhriatna te hian chapo naah min hnuk lut thei tih hria in mamawh leh duh te hi thil inang lo tak a ni tih hriat angai.

Missionary hna thawka kan awm lai khan kan tih ve thin dan tlem lo zep tel lawk ila, nitina pawisa hman chhinchhiahna bu

hi kan nei thin a, ni khat chhunga kan thil lei leh a man te ziaklut zelin thla khat chhunga kan hman ral zat hi kan en let ziah thin a. Sum hman chhuah miah loh ni te kan neih hi chuan ti tha kan inti hle thin a ni, thil tih chi tak a ni.

Kohhran mite tan bik pheih chuan incheina leh inchhung bungrua thlengin, “Kan ti thei alawm” tih vanga theih leh duh ang ang tih pawp pawp hi a mawi hran lo. Mite min thlir dan leh hmuh danah hian in en let a ngai ve tlat. Apawimawh berah erawh chuan, ka neih aia tam hmangin ka chhungkua ka relbawl em? tih inzawh hi a tul ve thin.

Kohhran mi, ringtu kan nih in hre reengin khawvel mite khawsak dan ang zawng zawng hi kan tih atan a mawi kher lo tih leh Lalpa lawm zawng a ni em? tih inzawt nawn fovin **lakluh mila khawsak thiam i tum theuh ang u.**



Article

**Presbyterian Women Fellowship (PWF)
chanchin tlangpui**

*- Lalrinkimi, Ex-chairman
Central Committee*

Presbyterian Women Fellowship (PWF) hi PCI (Presbyterian church of India) hnuaiia Synod hrang hranga kohhran hmeichhiate thawhhona a ni a. A tirah chuan PCI hi Assembly of Presbyterian Church in North East India (APCNEI) tih a ni a, chuvangin PWF pawh hi PWF of APCNEI tih a ni thin a, tunah erawh chuan APCNEI chu PCI (Presbytrian church of India) tih a lo nih takah hian PWF pawh chu PWF of PCI tih a lo ni ta a ni. A awlsam zawngin PWF tiin kan lam zel tawh mai ang.

Tichuan PCI hnuaiia Synod hrang hranga kohhran hmeichhia te thawhho dan zawngin hruaitu hmasaten hma an lo la a, kum 1985-ah PWF chu din a ni a, a lo din chhuah dan hi a bul deuh atangin han sawi ila:

PCI Assembly Executive Committee Dt 11/9/1980-a Churachanpura neihah KJP Synod aṅanga thulut : **“Assembly huapa kohhran hmeichhe wing”** din rawtna chu ngaihtuah a ni a, ngun taka an sawiho hnuah PCI Unit (Synod) tinah Kohhran hmeichiaten an duh leh duh loh zawh ni se an ti a. Keini

Mizoram Synod pawh PCI aṅangin hriattir an ni a, Kan Synod chuan Central Kohhran Hmeichhe Committee-ah ngaihtuah turin a pe a, Central Committee chuan ngun taka a ngaihtuahin Assembly huapa PWF din chu ṭha a ti a, chu chu Synod-ah a thlen leh a ni.

Tichuan Dt. 12-13 April 1984-a PCI Assembly Jowaia neihah Synod tin ngaihdan an an han lakkhawm chuan Assembly huapa PWF din chu an lo duh ṭheuh va, Assembly chuan thil ṭulte bawhzuiin PWF kalhmang tur chu PCI Executive kutah a dah a. Hetih lai hian ṭhalai lam

(PYF) hi a lo din tawh avangin PYF kalphung zui tura tih a ni a. Dt 26/7/1984-a Assembly Executive Committee chuan PWF kalhmang tur chipchiar chu Assembly Working Committee kutah a dah leh a. Annin ruahmanna an siam chu May 29, 1985-a Executive committee chuan thlirin a lo pawm ta a, PCI Assembly huapa Kohhran Hmeichhiate thawhhona PWF chu kum 1985 ah a lo ding ta a; a kalhmang tur tlangpui chu hetiangin duan a ni **“PWF chu Assembly of Presbyterian Church in North East India”** (APCNEI) hnuaia Unit tina hmeichhiate inzawmkhawmna (Women’s Meeting) a ni ang a, inpawlhona neiin kohhran pumpui tana a theih ang tawka thawkin APCNEI hnuaiah a awm ang, tiin ruahman a ni.

Assembly Executive Committee-in thuneihna a pek angin Working Committee chuan Chairman hmasa ber atan Pi Zomuani, Mizoram Synod chu a ruat a, PCI Moderator leh Administrative Secretary pahnih Rev, DE Syiem leh Rev.

K.Lungmuana nen Dt 9/8/1985-ah Adhoc committee an nei a. PWF tana thil t̄ul hrang hrang leh PWF Office Bearers leh Committee member dangte an ruat a ni.

PWF thiltum te:

1. Unit tina hmeichhiate inpawlhona neia intihchaktawn.
2. Unit hrang hranga mite thiltih inhriatsaka thawhho.
3. PCI- in a Area pawn lama chanchin t̄ha rawngbawlhna a thawhnaa tha thawh ve

PWF thiltih tlangpui te:

1. PWF hian inkaihhruaina fel tak a nei a, a t̄ul anga ennawn t̄hin a ni
2. Unit hrang hrang intlawhtawn programe siam
3. Kum khat dana Biennial Conference buatsaih
4. PCI-in chanchin t̄ha ring lomite hnena a hrihna (Evangelism)-a sum thawh ve, hetah hian PWF tum turin Rs 10000/- a tuk ve t̄hin a, a t̄ul angin a pun chho ve bawk.

PWF hi AICCW (All India Council of Christian Women)-ah member a ni.

PWF hian zau zawka rawngbawlte duhin AICCW- in Dt 29 Sept. – 3 Oct 1986 chhunga Madrass (Chennai)-a Assembly an neihah Pi Zomuani leh Pi Lalringi Thiak te a tir a, Anni hian AICCW zawm ve tura min duh thute an rawn hawn a, He thu hi 1988-a PWF Biennial Conference chuan AICCW hi zawm remtiin July 17, 1990-ah Affiliation fee pein PWF hian AICCW hi kan zawm ve ta a ni. AICCW programe pawimawh dang **WDP** (World Day of Prayer) te, FLC (Fellowship of the Least Coin) te, kan zawm ve a; FLC bik hi tawngtai thawhlawm dangte kan ngah avangin a hrana programe siam lovin FLC pual thawhlawm chu sum neihsa atangin thawn ve thin a ni. Tin, “**Ecumenical Decade Churches in Solodarity with women 1988-1998**” kum sawm chhung atana hmalakna te pawh kan zawm ve a ni. Hemi atang hian AICCW lam pawhin min rawn hriain an Assembly- ah leh an programe

hrang hrangah te min rawn sawm angin palai pawh intirh ve thin a ni.

Hruaitu nihna chanvo:

PWF-in AICCW kan zawm atangin hruaitu nihna pawh PWF hi min chantir ve thin a, a lawmawm hle

1. Miss Lalrinkimi, Mizoram Synod, AICCW Executive Committee member 1990-1994, 1994-1998

1. Miss Vanlalsawmi, Mizoram Synod, AICCW Executive Committee member 1998-2004

2. Miss Lalthatlingi Hrangchal, CHT Synod, Vice Chairman, AICCW 2008-2012

PWF thiltih pawimawh zual te:

1. Biennial Conference buatsaih.

2. PWF chhungkuain kan mamawh azira Seminar, Workshop, Consultation, Leadership Training, writter’s workshop etc. buatsaih.

3. Kohhran hmeichhe pawl dangten an programe-a min sawm anga palai tirh.

4. PWF unit ten kan inkhawmpui/conference –a insawm tawn

5. PWF prayer day buatsaih: Hei hi 1996 Biennial Conference in a rel angin kumtin buatsaih a ni a, hemi huna thawhlawm chu unit tinin PWF hmunpui Shillong-ah thehluh a ni a, PWF inrelbawl nana hman a ni.

WDP (World Day of Prayer) **Khawvel pum tawngtai rual** hi kan sawi tawh angin 1990-ah PWF-in AICCW kan zawm atangin unit ten kan hman ang a, hemi huna thawhlawm chu PWF hmunpui Shillong-ah chhunluh a ni a, PWF chuan AICCW -ah chhung lehin, AICCW hian India ram chhunga AICCW rawngbawl nan hman a ni a. WDP sum hi AICCW huam chhunga unit ten an rawngbawl na pawimawh atan tanpuina an dil thei a, AICCW Executive Committee-in tha a tih angin tanpuina a pe ve thei a ni. Tin, AICCW hian WDP

hmunpui Geneva-ah khawvel huapa WDP rawngbawl na hman turin engemaw zat a thawn ve thin bawk a ni.

Mizoram PWF bik chuan WDP hi kum 1984 atangin kan zawm tawh a, kan hruaitu hmasa Pi Zomuanite thahnemngaih nain he rawngbawl na hi kan lo kalpui tawh a, WDP thawhlawm pawh direct in AICCW-ah kan thehluh thin a ni. Kum 1990-a PWF of PCI anga a huhova WDP kan zawm tak hnuah chuan keini Mizoram PWF pawhin PWF hmunpui Shillong-ah WDP thawhlawm chu chhunglutin PWF unit dangte nen kan lo thawhkhawm ta a ni. PWF hian engemaw chen AICCW -a zawmna fee te thehluh mumal lovin kan lo awm a; Dt. 29-31/10/2004 chhunga PWF Biennial Conference, Nongpyndenga neihah khan AICCW zawmna fee 1998-2004 chhunga kan lo pek loh chu pein AICCW zawmna kan tinung thar leh a, WDP (Khawvel pum tawngtai rual) pawh kan lo hman chhunzawm leh ta a ni.

PCI Assembly rorelnaa palai ve chung chang:

PWF Biennial Conference vawi 5-na kum 1994-a Mairanga neih chuan PCI Assembly –ah palai panga (5) OB aṭangin 2, Standing Committee aṭangin 3 telve a rawt a. PCI ah thlenin PCI pawhin a lo remti a, PWF thanlen ang zelin palai 5 aṭangin 10-ah te a tipung chho ve ta zel a ni. Heng bakah hian PCI decision making body-ah a hnuaia PCI Sub- Committee-ah PWF aiawh member hetiangin an awm.

1) PCI Executive committee-ah a tir lamah chuan PWF Chairman leh PWF Secretary te an awm thin a, tunah chuan PWF Chairman leh PWF Secretary for women's relations te member an ni.

2) PCI Peace and Justice Committee-ah Biateram Unit atangin member pakhat .

3) Christian Communication Committee-ah Mizoram PWF unit aṭangin Pi Vanlalthlamuani .

4) Theological Education Committee-ah KJP Synod

Minghi PWF unit atangin member pakhat.

5) Mission and Evangelism Committee-ah KJP Synod Sepngi PWF unit aṭangin member pakhat

PCI General Assembly vawi 39-na Dt. 21-25/4/2010 chhunga Mawngap Presbyterian Church-a neih chuan PWF leh PYF unit tin aṭangin palai pakhat theuh tirh a rel ta bawk a, a lawmawm hle. Hemi chungchang hi Synod tin pawhin PCI General Assembly neih dawnah palai tur an ruatin thalai leh Hmeichhe aiawh hi ruat tel ziah tur a ni tih hi an hriat a tul hle.

PWF full time Secretary

PWF a din aṭanga rei loteah rawngbawl na a kal tuan theih nan Fulltime Secretary neih tul tihna neiin, September 3, 1992-a PWF Standing Committee chuan PWF Full time Secretary neih chungchang a rel a. Kum 2002 PWF Biennial Conference chuan **Full time Secretary** tih aiah **Secretary for women's Relations** tia thlak in PCI

General Assembly-ah a thlen a, a tirah a rem ti mai lova, PCI General Assembly vawi 36-na Dawrpuia neihah PCI General Assembly chuan a lo remti ta a, kum thum term niin pawhsei theih-a ruahman a ni. Tichuan Secretary for Women's Relations kan neih tawhte lo sawi ila:

1. Miss H Lalhmingthangi BD, Mizoram Synod (Feb. 2, 2005 – June 2008)

2. Dr. Zohmangaihi, BA.,BD, MTh, D. Min (2009 – 2017)

3. Mrs Insamneile Riame (2017 atangin Thawk mek)

Tuna PWF term kal mek (2023- 2025) a Chairman ni mek hi Dr. Lalthansangi Fanai, Mizoram Synod a ni.

Hetiang tak hian PCI Assembly hnuaiia Synod hrang hranga Kohhran hmeichhiate chu inzawmkhawmin PWF a lo

ding chhova, Keini Mizoram PWF te hi member ngah ber kan ni a, Biennial Conference- ah pawh palai kan intir hnem ber thin a, a inrelbawl naah pawh a khaipa chan changin Lalpa rawng hi kan bawl hova, Lalpa hian hmeichhiate kaltlang hian a ram a zauh zel a, lungrual takin, mahni Synod chhungah chauh ni lovin, Synod danga kohhran hmeichhiate nen PWF angin kan inthlungkhawm a, kan thawkho a ni. He thu ziak hi PWF puala kan tawngtai ho tumah te kan hriatna tizautu lo ni thei se; Hetiang taka zau zawka rawngbawl theia min siamtu Lalpa chu fakin awm sela, hlim takin a rawng I bawl zel ang u.

(Thu lakna te: Kum 100 chung Kohhran hmeichhe chan chin 1994-2004 By Pi Zomuani, Presbyterian Women Fellowship Siver Jubilee 1985-2010, Some PWF leaders)

“Lalpa Isua ring la; tichuan chhandamin i awm ang, nang leh i chhûngte nêh”

Hriselna**INFLUENZA (flu)***- Dr Vanlaldini, MBBS, DCH
Synod Hospital*

Influenza natna hi keini Mizote zingah a mikhual lem lo. Kum 1918-a Spanish flu khawvel puma a len pawh khan Mizoramah pawh mi tamtak an thi ve ani. Influenza(flu) chu natna hrik - Influenza virus in a thlen ani a, a natna thlen tu natna hrik hriat chhuah a nih hnu kum 100 velah he natna aṅanga invenna vaccine siam chhuah a lo ni ve leh ta a. Mithiam ten a damdawi bik an hmuhchhuah tak hnuah phei chuan tlang hrileng ang chauhva ngaih a lo ni ta a ni.

Kan ramah chuan fur hun lai June thla aṅanga September thla hi Influenza hri len hun ani. Influenza virus hi chi 4 in an thliar a, an hnathawh dan leh taksa a khawih pawh dan pawh a danglam hret hret a ni. Chungte chu:

1. Influenza A virus,
2. Influenza B virus,
3. Influenza C virus leh
5. Influenza virus D te anni.

Influenza A leh B te hian mihring ah thawk leh chuap lam a natna leh harsatna a thlen thei a, Influenza C chu mihring leh ranah nasa vak

lovin natna a thlen thei ve ve. Influenza virus D hi chuan mihring ran vulh ah te natna an thlen ṭhin.

A natna inkaichhawn dan

Influenza hi natna inkaichhawn awlsam tak boruak aṅanga inkaichhawn a ni ber a, mihring leh mihringin an inkaichhawng ṭhin ani.

1. Hnar leh hrawk ah te natna hrik hian bu an khuar ber ṭhin. Influenza natna vei ten an hnar leh ka an khawihin natna hrik kha an kutah a lo kai a, an thil khawih apiangah an ti darh a, midangin an lo kai chhawng ṭhin.

2. Khuh emaw hahchhiau hian mihring hnar leh ka aṭangin natna hrik tamtak boruakah lengin midangin a lo kai ta ṭhin ani. Naupangin an infiam laiin an hnar, ka leh mit te an khawih fo ṭhin avangin natna hrik an inkai darh awlsam em ni bawk ani.

Natnalan chhuah dan :

Influenza kai zinga za a sawmthum (30%) hi chuan taksaah harsatna an neilo a, a virus a zirin mihringah a lanchhuah dan a in ang lo thei.

1. Khawsikleh lu na,
2. Khuh ro,
3. Chau ngawih ngawih leh taksa sil,
3. Hnar ping/hnap tui,
4. Hrawk thip,
5. Pum na,

6. Luak leh kaw ṭhalo (Influenza A bik ah) te in a lang chhuak ṭhin. Influenza avanga khawsik hi ni 2 aṭanga ni 4 chhung awm thei a, khuh hi kar 2 thleng a awm thei ani. Influenza hian hritlang awmna pangai a thlen theih bakah

Bronchiolitis (thawkna dawt te infection) leh Pneumonia (chuap infection) te a thlen thei ani.

Naupang kum 5 hnuai lamin influenza hi an kai awlsam em em a. Naupang kum 2 hnuai lam te hi an taksa natna lo do let theihna (immunity) a la puitlin tawk loh leh chak tawk loh avangin an kai awlsam a, an tuar na ṭhin bawk a ni

Invenna : Influenza hi vaccine laka inven theih a ni, naupang thla 6 chung lamin kum tin kum 5 an tlin thleng lak tur ani. Influenza avanga complication nei thei natna benvawn nei te chuan kum 5 hnuah pawh lak a ṭha. Influenza laka inven dan pawimawh tak chu he natna a len hun laia kut silfai ṭhat leh mask hman te an ni. Antiviral damdawia enkawl theih a ni a, chhan hriat lohva naupang khawsik te, an khuh leh an thaw a lo rang a nih chuan entir vat tur ani. In lama kan lo inenkawl ve theih dan tur te chu hahdam taka awm leh tui ril lam in tam te an ni.

Eisiam**Kel sa siam dan***- Lalawmpuii Pachuau*

Kel sa leh Beram sa hi a tui dan a inang reng a, kel sa siam ang hian beram sa pawh siam ila a tui dan a inang reng. Kelpa sa hi a nu sa aiin a tui zawk.

Mamawhte:

1. Kel sa -1.5 kgs
2. Garam masala MDH -1.5 tsf
3. Maton masala -2 tsf
4. Tespata hnah ro-5 (thler tet tur)
5. Chi (al tawk), aieng leh chilli powder 1.5 tsf
6. Alu - pum 5
7. Purun sen pum lian -5 (hmun li a phel)
8. Tel tak (Mustard oil) - no chanve vel (150 ml)
9. Sawhthing (kutzungpuitiat), purunvar lian, bahkhawr

A siam dan:

1. Kel sa chu fai taka sil zawh ah bowl lian deuh ah dah tur.
2. Sawhthing leh purun varte densawm hnuah kel sa ah telh tur.
3. Masala chi hrang hrang leh tel (oil) telh leh tur (a duh tan chicken powder a titui lehzual turin telh theih)
4. Alu pum kha vel hnuah silfai tur, pum khat kha phel 4 a phel phawk phawkin a vaia telh leh tur.
5. Sa leh thil pawlh zawng zawng kha kutin uluk tak a hmeh pawlh tur a ni
6. Tha taka kan chawhpawlh zawhah cooker ah tui tel lovin wawi 3 vel phit tir tur a ni. Chumi zawh ah mei hniamtein min.20 vel chhuan leh tur. Suan hnuah cooker hawn theih veleh gas-ah chhin lovin chhuan leh tur a nia, chawh reng bawh tur a ni. Alu a lo hmin kawi hlarh hunah a ei theih nghal a ni.
Ei bang, a thing chhuan lum dawnah tui telh tur. Masala ah hian MDH kher hi a tui bik a, neih theih chuan hman a tha. Lo siam ve, chhin la, tui takin lo ei ve rawh le.

**KUM 2025 CHHUNG ATANA HMANGAIHNA INA
NAU CHÂWMNA PETUTE LEH AN CHÂWM ZÂT**
(*Chhunzawmna*)

Sl.No	Bial/Kohhran/Mimal hming	Chawm zât
136.	Bawngkawn Shalom Kohhran Hmeichhia	4
137.	Sateek Bial Kohhran Hmeichhia	3
138.	Sairang Dinthar Kohhran Hmeichhia	2
139.	Sairang Dinthar Bial Kohhran Hmeichhia	3
140.	Dr. Samuela Sailo te chungkua	2
141.	Lungai Hmar veng Kohhran Hmeichhia	1
142.	Khatla Bial Kohhran Hmeichhia	2
143.	Pune Kohhran Hmeichhia	1
144.	Kolasib Diakkawn Bial Kohhran Hmeichhia	3
145.	Siaha Kohhran Hmeichhia	2
146.	Siaha Bial Kohhran Hmeichhia	2
147.	Bawngkawn Shalom Kohhran Hmeichhia	1
148.	Zamuang Bial Kohhran Hmeichhia	2
149.	Serchhip Vengchung Kohhran Hmeichhia	1
150.	Upa R.L. Buatsaiha, N. Vanlaiphai	1
151.	Sihfa Bial Kohhran Hmeichhia	3
152.	Kawnpui Chhimveng Bial Kohhran Hmeichhia	3
153.	Saitual Chhim veng Bial Kohhran Hmeichhia	1
154.	Kolasib College Veng Kohhran Hmeichhia	1
155.	Khawbung Vengpui Bial Kohhran Hmeichhia	1
156.	Lallen Bial Kohhran Hmeichhia	2

Hruaitute Chanchin**LALTHANGMAWII**

Pi Lalhangmawii hi Pu Challianthanga (L) leh Pi Sawikhumi (L) te fa panga zinga naupang ber dawttu niin Dt. 10/11/1971 ah alo piang a. Pu C.Lalhmachhuana nen innei in fa pali (mipa pathum leh hmeichhia pakhat) an nei a, tu pali an nei bawk.

RAWNGBAWLNALAM**Kohhranah:**

Samtlang Kohhran Hmeichhia ah 2005 kumah hruaitu ni tan in, Secretary, Asst.Secretary te a chelh a, tunah hian Vice Chairman a ni mek a ni. Kohhranah Inrinni zan thuhrlitu a ni bawk.

Bialah:

Kum 2007 ah Hlimen Pastor Bial atanga Lungleng I Bial a indan atangin hruaitu ah awm nghalin Asst.Secretary, Fin.Secretary, Vice Chairman

leh Bial Buhfaitham ziaktu nihna a chelh tawh a, tunah committee member a ni mek a ni.

Central ah:

Central committee ah 2023-2025 atan thlan niin 2025-2027 atan committee member ni turin thlan nawn leh a ni.

Bible chang duhzawng:

Thufingte 3:5&6 “I thinslung zawng zawngin Lalpa ringla, nangma hriatnaah innghat suh. I kawng zawng zawngah amah hrereng la, i kawngte chu a kawhhmuh zel ang che.”

Hla duh zawng:

KHB 202 ‘Krawsah chuan thisen hlu a awm’ tih leh KHB 435 ‘Hlau suh ka awmpui che’ tih te a ni.

THUCHAH:

Nu zawng zawng te, kan tu leh fate Lal Isua hnen hruai thleng turin theihtawp chhuah ila. Khawngaih rawngbawl hna kan kova a nghah hi lawm chung a thawkin rinawm tak leh thahnemngai tak chungin Lalpa rawng i bawl zel ang u.

Hriat

1. Central Committee chuan kum 2025-2027 P.W.F. Standing Committee member atan heng mite hi a ruat :-
 - 1) Pi K. Vanlallawmi, Chairman
 - 2) Pi Vanlalhlamuani, Vice Chairman
 - 3) Pi Zohmingliani, Finance Secretary

2. Nomination Committee member atan Pi Chuauzikpuii, C.M.

3. **Women Centre report tlangpui :**
 - 1) Zirlai 50 leh thawktu 6 an bung mek.

 - 2) Inkhawmpui Lian Thenzawla neiha Women Centre kutchhuak hralhna atanga sum hmuh zat Rs. 2,97,000/- (Cheng nuai hnih singkua sangsarih) a ni a, Kohhran Hmeichhe Office-ah thehluh a ni.

 - 3) Tluang takin training course a kal zel thei a, zirlaite pawh hrisellohna leh harsatna hrang hrang ten tlakbuak mah se zirna tikhaihlak em tur a awm rih lova, a lawmawm hle.

4. **Hmangaihna In :**
 - 1) Tunah hian naupang 17 leh thawktu 21 an awm mek.

 - 2) Mipa naupang awmna turin chhawng khat sak belh mek a ni.

5. **Fehchhuahna :**

June 12, 2025 (Ningani) khan Tanhril Kohhran Hmeichhe Centenary lawmna-ah Central Committee atangan mi 17 an tel thei a, Vice chairman-in chibai bukna a awi a, General Secretary-in lawmpuina thilpek a hlan bawk

KUM 2025-2027 CHHUNGA INKHAWMPUI LIAN HRUAITUTE

Chairman	: Pi K. Vanlalrawni
Vice Chairman	: Pi Vanlalhlamuani
Gen. Secretary	: Ni. H. Vanlalruati
Asst. Secretary	: Pi Lalthansangi
Treasurer	: Pi Vanlalhluni
Fin. Secretary	: Pi Zohmingliani

COMMITTEE MEMBER-TE

- | | |
|---|----------------------------|
| 1. Pi C. Lalnunpari | 2. Pi C. Rosangpuii |
| 3. Pi Chuauzikpuii | 4. Pi H. Lal̄thasiami |
| 5. Pi H.C. Lalfakawmi | 6. Pi Hranghmingthangi |
| 7. Pi J.C. Ronghaki | 8. Pi K. Lalrinpuii |
| 9. Pi K. Remmawii | 10. Pi Lal̄tanpuii |
| 11. Pi Lalbiaknungi Sailo | 12. Pi Lalhlimpuii |
| 13. Pi Lalmalsawmi Sailo | 14. Pi Lalmani |
| 15. Pi Lalmuanpuii | 16. Pi Lalrammawii |
| 17. Pi Lalramngaii Renthlei | 18. Pi Lalramthangi |
| 19. Pi Lalrawngbawli | 20. Pi Lalrindiki |
| 21. Pi Lalrizapi | 22. Pi Lalrokimi |
| 23. Pi Lalthangmawii | 24. Pi Lalthanzami |
| 25. Pi Lalthanzami | 26. Pi Lianhnuni |
| 27. Pi P.C. Lalmalsawmi | 28. Pi R. Tlanghmingthangi |
| 29. Pi Soni Pun | 30. Pi Tlangthanpari |
| 31. Pi Vanlalchhuangi | 32. Pi Vanlalduhi |
| 33. Pi Vanlalnunsiami | 34. Pi Vanlalsangi |
| 35. Pi Zodinpuii | 36. Pi Zohmangaihi |
| 37. Pi Lalnghakliani, Asst.Co-ordinator | |

Ex-Officio Member-te

1. Rev. R.C. Lalnghakliana, Modertor
2. Upa Vanlalsawma Siakeng, Synod Secretary
3. Rev. Dr. K. Lallawmzuala, Executive Secretary
4. Pi Zothanpari, Ex-Chairman
5. Dr. Lalthansangi Fanai, PWF Chairperson

KOHRAN HMEICHHIA

Thupui : Tuhretu atana koh (Tirh 1:8)

- Thiltumte :
1. Kohhran rawngbawlna tihlawhtling tura thawh ho.
 2. Kristian chhungkaw tha din tura tan lak.
 3. Tanpui ngaite Krista hminga tanpui.
 4. Chanchin Tha puan darh.



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Champhai Kahrawt Bial Leadership Training & Retreat



Lunglei Bazar Veng Bial Leadership Training & Kristian Chhungkaw Campaign



Vairengte Chhimveng Bial Leadership Training & Kristian chhungkaw campaign

To

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